WPOZ/WDOZ/WHYZ/WMYZ/WCYZ

Significant Programming 1st Quarter 2023 (January - March)

Central Florida Educational Foundation, Inc., licensee of WPOZ-Orlando, WDOZ-Pierson, WHYZ-Palm Coast, WMYZ-The Villages, and WCYZ-Ocala has found the following issues, problems, needs, and topics to be of particular concern to the members of the community.

- 1. Unemployment (19 programs)
- 2. Personal Health (14 programs)
- 3. Community Safety & Responsibility (3 programs)
- 4. Financial Resources (3 programs)
- 5. Children's Health (2 programs)
- 6. Parenting (2 programs)
- 7. Severe Weather Preparedness (1 program)

Healthy Sleep Habits

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.03.23 at 6:30 a.m. and 8:00 a.m. about creating healthy habits. With the start of the new year and many setting new goals, Tyler McKenzie talked about the importance of prioritizing a healthy sleep schedule. She shared tips that may help including scheduling time to wind down before bedtime, avoiding TV and electronics during that time, maintaining a regular sleep schedule, and eliminating caffeine in that later part of the day.

Ear Aches

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.03.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in cases of children's ear infections and what causes them. He reviewed the symptoms and when a trip to the doctor may be necessary.

Financial Goals

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.04.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about setting financial goals. Many set financial goals at the beginning of the year, such as getting out of debt or reducing spending. Tyler McKenzie discussed various free resources available that might be helpful in setting realistic goals and creating a budget.

Orlando Health Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.10.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about two job fairs at Orlando Health. Tyler McKenzie discussed the details of the events, the types of jobs available, and the times of each event.

Coughs

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.10.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed seeing more patients complaining of a lingering cough after dealing with an illness. He explained that it is common for a cough to persist for several days after other symptoms subside and it will normally resolve on its own. If additional symptoms develop or the cough is getting worse, he suggested seeing a doctor to ensure it is not something more serious that would require additional treatment.

School Bus Driver Job Fair [Osceola County]

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.17.23 at 6:30 a.m. and 8:00 a.m. about a job fair in Osceola County for school bus drivers. Ellis Feaster explained the county is experiencing a shortage of bus drivers and gave information regarding applying for those interested.

Allergies

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.17.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about allergies as our local pollen count increases. He explained that in Florida, our allergy season starts early as certain trees begin pollinating in January. He gave suggestions for those who struggle with allergies and discussed when to see a doctor.

Energy-Saving Tree Program

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.20.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about an energy-saving tree program. With it being Florida Arbor Day, Tyler McKenzie talked about an opportunity for residents to get a free tree as well as the ways planting trees can benefit the environment.

Orlando Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.24.23 at 7:00 a.m. and 8:30 a.m. about a job fair in Orlando. Tyler McKenzie gave the time and location of the job fair and discussed how to pre-register for the event.

Abdominal Pain

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.24.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about intestinal viruses. He discussed what symptoms are a bigger cause for concern and might require a trip to the doctor.

Pedestrian Safety

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.31.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about pedestrian safety. Tyler McKenzie talked about Operation: Best Foot Forward, happening in Orange, Osceola, and Seminole counties. She explained what extra measures law enforcement officers will be taking to ensure pedestrian safety over the next two weeks. She reminded drivers that Florida law requires drivers to yield to pedestrians at every crosswalk, marked or unmarked.

Island H2O Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.31.23 at 7:00 a.m. and 8:30 a.m. about job openings at Island H2O Water Park. As the attraction prepares to reopen for the spring, Tyler McKenzie talked about a pair of upcoming job fairs, the positions available, the number of open jobs, and how interested applicants can learn more.

Strep

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.31.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed strep throat. He explained how to tell if you are dealing with strep, how doctors can test for it, and when to see a doctor for an antibiotic to both help with the symptoms and to reduce the spread.

Heart Health

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.01.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about heart health. With the start of Heart Month, Tyler McKenzie discussed the importance of heart health. She shared steps that can be taken to promote a healthier lifestyle including: not smoking, maintaining a healthy weight, controlling blood sugar and cholesterol, treating high blood pressure, getting at least 150 minutes of moderate-intensity physical activity a week, and getting regular checkups.

Goodwill Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.02.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about a hiring event for Goodwill. Tyler McKenzie gave the time and location for the event, the locations looking for help, and discussed the positions available.

Women's Heart Health

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.03.23 at 6:30 a.m. and 8:00 a.m. about women's heart health. Tyler McKenzie talked about paying attention to small changes in your health to stay ahead of bigger issues, making your annual appointments, and knowing your blood pressure numbers.

Statewide Tornado Drill

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.07.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about Severe Weather Awareness Week. Tyler McKenzie talked about a statewide tornado drill occurring today and explained what to expect, what steps to take during the drill, as well as what to do in the event of an actual tornado warning.

Universal Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.07.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about job openings at Universal Orlando Resorts. Tyler McKenzie discussed 2,500 full-time, part-time, seasonal, and professional openings available, the types of roles being filled, and how to learn more about the available positions.

Laryngitis

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.07.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in cases of laryngitis. He explained it is most likely the result of allergies as well as various other viruses going around central Florida. He explained that there is little that can be done speed up recovery but voice rest can be helpful.

Goodwill Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.09.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about a hiring event for Goodwill. Tyler McKenzie gave the time and location for the event for those interested in applying.

Income Taxes

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.10.23 at 7:00 a.m. and 8:30 a.m. about special assistance hours being offered by the IRS. With it being tax season, Tyler McKenzie discussed how taxpayers can get in-person assistance over the weekend. She gave the locations, hours, and information on what to bring.

Orlando Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.14.23 at 7:00 a.m. and 8:30 a.m. about a job fair. Tyler McKenzie talked about the jobs available at this hiring event. She discussed the event details and how job seekers can find out more.

Strep

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.14.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about strep throat cases continuing to increase. He discussed how to tell if it is strep or something more serious like influenza; he also explained how to get a rapid strep test.

School Bus Driver Job Fair [Brevard County]

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.15.23 at 6:30 a.m. and 8:00 a.m. about a big need for school bus drivers in Brevard County. Tyler McKenzie discussed the school bus driver shortage and what Brevard County is doing to try to address their desperate need for more drivers. For those looking for work, she gave directions for finding more information.

Home Depot Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.21.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about hundreds of jobs available at Home Depot locations across central Florida. Tyler McKenzie discussed the variety of job openings as the company heads into their busy spring months. She gave details regarding the types of jobs they want to fill and how to apply.

Pink Eye

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.21.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about pink eye and the various causes for itchy eyes. He discussed how to tell the difference, when an antibiotic eye drop can be helpful, and when to see a doctor for treatment.

Island H2O Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.22.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about job openings at Island H2O Water Park. As the attraction readies to reopen, Tyler McKenzie talked about an upcoming job fair, the positions available, and event details.

Bullying Prevention

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.24.23 at 7:00 a.m. and 8:30 a.m. about bullying. In light of Anti-Bullying Week, Tyler McKenzie talked about how bullying has changed as social media has grown over the years. She shared about resources that are available for kids and parents to help navigate bullying situations.

Asthma

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.28.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed how the high pollen count is affecting asthma sufferers. He shared several tips including a reminder to use preventative medications and inhalers as directed by a medical professional, check to make sure rescue inhalers are up-to-date, and remembering to have one accessible at all times.

AdventHealth Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.07.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about job openings at AdventHealth. Tyler McKenzie talked about multiple upcoming job fairs at various locations, the types of positions available, bonuses being offered, and the event details.

Insect Bites

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.07.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in insect bites and infections as many begin to enjoy the spring weather. He discussed which symptoms are cause for concern, when to see a doctor, and tips to avoid insect bites.

Daylight Saving Time Adjustment

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.08.23 at 6:30 a.m. and 8:00 a.m. about the upcoming time change. With Daylight Saving Time set to begin this weekend, Tyler McKenzie shared tips for parents of young children to help them adjust to the change in advance.

Career Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.09.23 at 7:00 a.m. and 8:30 a.m. about a teen career fair. Tyler McKenzie talked about an opportunity for teenagers to connect with career and educational opportunities as well as build important life and self-management skills, and prepare for the workforce. She shared the event details for those interested.

School Bus Driver Job Openings [Osceola County]

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.10.23 at 7:00 a.m. and 8:30 a.m. about job openings in Osceola County for school bus drivers. Tyler McKenzie discussed the requirements but also shared that the county will help in training interested job seekers before conducting a CDL test on-site.

Income Taxes

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.10.23 at 7:00 a.m. and 8:30 a.m. about special assistance hours being offered by the IRS. With it being tax season, Tyler McKenzie discussed how taxpayers can receive in-person assistance over the weekend. She gave the location and hours for the first-come, first-serve opportunity.

Volusia County Beach Safety Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.14.23 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about job openings for lifeguard positions with Volusia County Beach Safety. Grace Vasquez talked about the number of lifeguards they are hoping to hire and shared safety tips for beachgoers as the county continues to deal with a significant lifeguard shortage.

Influenza: Type B

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.14.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix explained that a different strain of influenza is affecting Central Florida. He discussed symptoms of influenza and the importance of seeing a doctor in the first 48 hours of becoming sick to get on an antiviral to help shorten the length of the symptoms.

Brevard County Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.16.23 at 6:30 a.m. and 8:00 a.m. about job openings in Brevard county. Grace Vasquez talked about the vacant positions within Brevard County Government. She shared details about a hiring event and explained they plan to have quick turnarounds for hiring, and job seekers may potentially start working within a few days.

Delta Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.16.23 at 7:00 a.m. and 8:30 a.m. about in-person recruiting sessions being hosted by Delta in central Florida. Grace Vasquez discussed the thousands of open positions, the types of opportunities available, and shared the event details.

Nursing Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.20.23 at 6:30 a.m. and 8:00 a.m. about a hiring event for registered nurses and graduate nurses. Tyler McKenzie discussed the details of the event happening at Winnie Palmer hospital, including the times and other upcoming opportunities.

Swimmer's Ear

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.21.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed increased cases of swimmer's ear. He gave suggestions on helping to prevent it as well as information about the cause, symptoms, and treatment.

Strep

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.28.23 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix explained that strep throat cases are hitting their peak in central Florida. He discussed the symptoms, where to get a strep test, and how an antibiotic may help.

Burn Ban & Safety Information

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.29.23 at 6:30 a.m. and 8:00 a.m. about an emergency burn ban across multiple central Florida counties. Tyler McKenzie talked about the dry conditions in the area, what the burn ban prohibits, and tips for how residents can help limit the risk of wildfires.

Marion County Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.30.23 at 6:30 a.m. and 8:00 a.m. about a career fair with Marion County Public Schools. Tyler McKenzie discussed the types of positions being filled and how job seekers can participate in the career fair.