


Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 1/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
1	06/01/2022	Establishment of an intern program designed to assist members of the community	2		Yes No	1.00

Description:

This station is participating in TEGNA's Producer-In-Residence ("PIR") Program. TEGNA established this PIR Program to train and provide experience to college graduates interested in a career in broadcasting/producing. The PIR Program affords each selected PIR the opportunity to gain real-life experience as a Producer. Each PIR attends an initial one-week training boot camp followed by a two-year placement as a Producer in one of TEGNA's stations. After a nation-wide search, TEGNA Inc. selects the PIR's, completes their initial training and then assigns each PIR to one of 15 stations participating in the PIR Program. The selected PIRs fulfill a 2-Year contract as a full-time employee with full compensation and benefits. The 2-year position provides the PIR on-the-job training, education, experience and resources that will become invaluable in this industry. The PIR will receive regular feedback on performance, consistent corporate training and checking on progress. At the end of a successful two-year Program the contract period ends and the PIR has 2-years of on-the-job experience. While there is no guarantee of continued employment for the PIRs, at the end of the contract period the PIR may be offered an opportunity for retention and promotion to a Producer.

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 2/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
		<p>Scope of Participation:</p> <p>This station is participating in TEGNA's Producer-In-Residence ("PIR") Program. TEGNA established this PIR Program to train and provide experience to college graduates interested in a career in broadcasting/producing. The PIR Program affords each selected PIR the opportunity to gain real-life experience as a Producer. Each PIR attends an initial one-week training boot camp followed by a two-year placement as a Producer in one of TEGNA's stations. After a nation-wide search, TEGNA Inc. selects the PIR's, completes their initial training and then assigns each PIR to one of 15 stations participating in the PIR Program. The selected PIRs fulfill a 2-Year contract as a full-time employee with full compensation and benefits. The 2-year position provides the PIR on-the-job training, education, experience and resources that will become invaluable in this industry. The PIR will receive regular feedback on performance, consistent corporate training and checking on progress. At the end of a successful two-year Program the contract period ends and the PIR has 2-years of on-the-job experience. While there is no guarantee of continued employment for the PIRs, at the end of the contract period the PIR may be offered an opportunity for retention and promotion to a Producer.</p>				
2	06/19/2022	Participation in events sponsored by organizations representing the community	1		No	.25

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 3/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
		Description: Anchor served as emcee for the Juneteenth Extravaganza in Hampton, Virginia. Careers in broadcast and journalism were discussed.				
		Scope of Participation: Anchor served as emcee for the Juneteenth Extravaganza in Hampton, Virginia. Careers in broadcast and journalism were discussed.				
3	06/26/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
		Description: Anchor served as emcee for the Pride at the Beach event in Virginia Beach, Virginia. Careers in journalism and broadcast were discussed.				
		Scope of Participation: Anchor served as emcee for the Pride at the Beach event in Virginia Beach, Virginia. Careers in journalism and broadcast were discussed.				
4	07/09/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
		Description: Anchor served as emcee for the Joggin' for Frogmen Race in Virginia Beach, Virginia. Careers in journalism and broadcast were discussed.				
		Scope of Participation: Anchor served as emcee for the Joggin' for Frogmen Race in Virginia Beach, Virginia. Careers in journalism and broadcast were discussed.				
5	07/19/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
		Description: Anchor spoke on the 'Your Advisors Will See You Now' Podcast. The topic was 'What is it like to be a Reporter'. Careers in broadcast and journalism were discussed.				
		Scope of Participation: Anchor spoke on the 'Your Advisors Will See You Now' Podcast. The topic was 'What is it like to be a Reporter'. Careers in broadcast and journalism were discussed.				

Outreach Initiatives Details

From: Norfolk,VA

Date:4/3/2024

Page:4/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
6	07/23/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Meteorologist served as emcee for the Festevents Norfolk Latino Music Festival in Norfolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Meteorologist served as emcee for the Festevents Norfolk Latino Music Festival in Norfolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
7	08/14/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Anchor spoke at For The People, Inc., a nonprofit that reaches kids by teaching them various forms of media and music, in Norfolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Anchor spoke at For The People, Inc., a nonprofit that reaches kids by teaching them various forms of media and music, in Norfolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
8	09/15/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Anchor served as a guest speaker for the Girl Scouts Famous Formers Awards Luncheon & Celebration in Hampton, Virginia. Careers in journalism and broadcast were discussed.						
Scope of Participation: Anchor served as a guest speaker for the Girl Scouts Famous Formers Awards Luncheon & Celebration in Hampton, Virginia. Careers in journalism and broadcast were discussed.						
9	09/17/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Anchor served as emcee for the Festevents Nash Fest 757 in Norfolk, Virginia. Careers in broadcast and journalism were discussed.						

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 5/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations	Participant Name	Hiring Authority?	Points
Scope of Participation: Anchor served as emcee for the Festevents Nash Fest 757 in Norfolk, Virginia. Careers in broadcast and journalism were discussed.						
10	09/21/2022	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25
Description: Anchor spoke to the Hampton University Public Relations and Journalism Class in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Anchor spoke to the Hampton University Public Relations and Journalism Class in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
11	09/24/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Reporter served as emcee for the Florence Bowser Centennial Celebration in Suffolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Reporter served as emcee for the Florence Bowser Centennial Celebration in Suffolk, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
12	10/04/2022	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25
Description: Meteorologist spoke to 8th grade students at Virginia Beach Middle School in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Meteorologist spoke to 8th grade students at Virginia Beach Middle School in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
13	10/07/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 6/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
Description: Anchor served as emcee for the 8th Annual Women Against Violence Luncheon in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation: Anchor served as emcee for the 8th Annual Women Against Violence Luncheon in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
14	10/22/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description: Anchor served as membership chair and spoke at the Hampton Roads Black Media Professionals 40th Anniversary luncheon in Norfolk, Virginia. Careers in broadcast and journalism were discussed.						
Scope of Participation: Anchor served as membership chair and spoke at the Hampton Roads Black Media Professionals 40th Anniversary luncheon in Norfolk, Virginia. Careers in broadcast and journalism were discussed.						
15	11/03/2022	Establishment of training programs for station personnel	2	[REDACTED]	No	1.00
Description: TEGNA Corp. training on copy coordinator procedures to improve master control operations hub knowledge for cross-training.						
Scope of Participation: TEGNA Corp. training on copy coordinator procedures to improve master control operations hub knowledge for cross-training.						
16	12/18/2022	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25
Description: Anchor served as a professional judge for the Hampton University Senior Journalism Capstone Projects in Hampton, Virginia. Careers in broadcast and journalism were discussed.						

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 7/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
Scope of Participation:						
Anchor served as a professional judge for the Hampton University Senior Journalism Capstone Projects in Hampton, Virginia. Careers in broadcast and journalism were discussed.						
17	12/31/2022	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description:						
Reporter served as emcee for the Last Night on the Town event in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation:						
Reporter served as emcee for the Last Night on the Town event in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
18	01/21/2023	Establishment of training programs for station personnel	98			1.00
Description:						
TEGNA launched a company-wide training program to increase employees understanding of company policies around professional ethics and whistleblower legal protection. All TEGNA employees were required to complete the training.						
Scope of Participation:						
TEGNA launched a company-wide training program to increase employees understanding of company policies around professional ethics and whistleblower legal protection. All TEGNA employees were required to complete the training.						
19	02/05/2023	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
Description:						
Meteorologist served as emcee for the Princess Ball in Chesapeake, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
Scope of Participation:						
Meteorologist served as emcee for the Princess Ball in Chesapeake, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.						
20	02/10/2023	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 8/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations	Participant Name	Hiring Authority?	Points
--------	------	---------------	-----------------	------------------	-------------------	--------

Description:

News Director sat on a panel to interview for the Virginia Beach Police Public Information Officer position in Virginia Beach, Virginia. Careers in broadcast and journalism were discussed.

Scope of Participation:

News Director sat on a panel to interview for the Virginia Beach Police Public Information Officer position in Virginia Beach, Virginia. Careers in broadcast and journalism were discussed.

21	02/10/2023	Participation in events or programs sponsored by educational institutions	1		No	.25
----	------------	---	---	--	----	-----

Description:

Anchor served as emcee for the Hampton University Scripps Howard School of Journalism 20th Anniversary Celebration in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.

Scope of Participation:

Anchor served as emcee for the Hampton University Scripps Howard School of Journalism 20th Anniversary Celebration in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.

22	02/16/2023	Participation in other activities designed by the station employment unit	1		No	1.00
----	------------	---	---	--	----	------

Description:

Meteorologist provided a tour to a 7 year old child with high functioning Autism. Gave the student an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.

Scope of Participation:

Meteorologist provided a tour to a 7 year old child with high functioning Autism. Gave the student an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.

23	03/01/2023	Establishment of training programs for station personnel	98			1.00
----	------------	--	----	--	--	------

Description:

All WVEC employees participated in a Brand Workshop. Sessions were held on 5 different dates with approx. 20 employees in each group. Led by WVEC's Director of Marketing, each group learned what is a brand and what are brand archetypes. Then, the group brainstormed the things that make WVEC different from the competition, WVEC's Core Values and WVEC's Brand Mission.

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 9/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations	Participant Name	Hiring Authority?	Points
--------	------	---------------	-----------------	------------------	-------------------	--------

Scope of Participation:

All WVEC employees participated in a Brand Workshop. Sessions were held on 5 different dates with approx. 20 employees in each group. Led by WVEC's Director of Marketing, each group learned what is a brand and what are brand archetypes. Then, the group brainstormed the things that make WVEC different from the competition, WVEC's Core Values and WVEC's Brand Mission.

24	03/01/2023	Participation in events or programs sponsored by educational institutions	1		No	.25
----	------------	---	---	--	----	-----

Description:

Anchor recorded a chapter of the book "Ellray Jakes is Magic" for a special video produced for Virginia Beach school students as a part of their "All Districts Reads" literacy program. Careers in broadcast and journalism were discussed.

Scope of Participation:

Anchor recorded a chapter of the book "Ellray Jakes is Magic" for a special video produced for Virginia Beach school students as a part of their "All Districts Reads" literacy program. Careers in broadcast and journalism were discussed.

25	Ongoing Event	Establishment of training programs for station personnel	98			1.00
----	---------------	--	----	--	--	------

Description:

TEGNA requires all employees to participate in quarterly Cybersecurity Awareness Training to increase our awareness of cybersecurity threats that can compromise our data and networks. Find the Phish, which was focused on helping to spot phishing and other cyber threats. The online training was open to all employees from 3/6-3/24/2023.

Scope of Participation:

TEGNA requires all employees to participate in quarterly Cybersecurity Awareness Training to increase our awareness of cybersecurity threats that can compromise our data and networks. Find the Phish, which was focused on helping to spot phishing and other cyber threats. The online training was open to all employees from 3/6-3/24/2023.

26	03/21/2023	Participation in other activities designed by the station employment unit	1		No	1.00
----	------------	---	---	--	----	------

Description:

Meteorologist provided a tour to a homeschooled 7 year old student that is learning about science/meteorology. Gave the student an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.

Scope of Participation:

Meteorologist provided a tour to a homeschooled 7 year old student that is learning about science/meteorology. Gave the

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 10/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
		student an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.				
27	03/22/2023	Participation in other activities designed by the station employment unit	3	[REDACTED]	No No No	1.00
		Description: Meteorologist, Station Receptionist and Programming Manager provided a tour for 10 special needs students from Kellam High School in Virginia Beach, Virginia. Gave these students an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.				
		Scope of Participation: Meteorologist, Station Receptionist and Programming Manager provided a tour for 10 special needs students from Kellam High School in Virginia Beach, Virginia. Gave these students an opportunity to see a professional studio and see how a team gets ready for a live news broadcast. Also discussed opportunities within the television media field.				
28	03/25/2023	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
		Description: Anchor served as emcee for the World Cultural Festival of Hampton Roads in Virginia Beach, Virginia. Careers in broadcast and journalism were discussed.				
		Scope of Participation: Anchor served as emcee for the World Cultural Festival of Hampton Roads in Virginia Beach, Virginia. Careers in broadcast and journalism were discussed.				
29	03/27/2023	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25
		Description: Meteorologist spoke to students at Mary Jackson Elementary School in Hampton, Virginia. Discussed career tracks toward a career in the meteorology, broadcast and journalism industries.				
		Scope of Participation: Meteorologist spoke to students at Mary Jackson Elementary School in Hampton, Virginia. Discussed career tracks toward a career in the meteorology, broadcast and journalism industries.				
30	03/31/2023	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 1/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations	Participant Name	Hiring Authority?	Points
		Description: Anchor spoke to students at the Sanford Elementary School Career Day in Newport News, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
		Scope of Participation: Anchor spoke to students at the Sanford Elementary School Career Day in Newport News, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
31	03/31/2023	Participation in events or programs sponsored by educational institutions	1	[REDACTED]	No	.25
		Description: Anchor spoke at the Achievable Dream Academy Career Day in Newport News, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
		Scope of Participation: Anchor spoke at the Achievable Dream Academy Career Day in Newport News, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
32	04/02/2023	Participation in events sponsored by organizations representing the community	1	[REDACTED]	No	.25
		Description: Reporter served as emcee for the Hampton Delta Foundation's 18th Annual Debutante Cotillion in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
		Scope of Participation: Reporter served as emcee for the Hampton Delta Foundation's 18th Annual Debutante Cotillion in Hampton, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
33	04/06/2023	Participation in events or programs sponsored by educational institutions	3	[REDACTED]	No No No	.25
		Description: Reporters and a Marketing Producer participated in the Tallwood Elementary School Career Day in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				
		Scope of Participation: Reporters and a Marketing Producer participated in the Tallwood Elementary School Career Day in Virginia Beach, Virginia. Discussed career tracks toward a career in the broadcast and journalism industry.				

Outreach Initiatives Details

From: Norfolk, VA

Date: 4/3/2024

Page: 12/12

Outreach Initiatives Details between 5/21/2022 to 5/20/2023

Sl.No.	Date	Activity Type	No. Of Stations Participants	Participant Name	Hiring Authority?	Points
--------	------	---------------	---------------------------------	------------------	----------------------	--------

Total Points: 14.25

From: [REDACTED]
Sent: Thursday, April 11, 2024 5:30 PM
To: [REDACTED]; [REDACTED]
Subject: FW: 2022 Producer-in-Residence Intros

[REDACTED]
News Director



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

[REDACTED] [@13newsnow.com](mailto:[REDACTED]@13newsnow.com) | P. 757-[REDACTED] | **Twitter:** [@13NewsNow](https://twitter.com/13NewsNow) | **Facebook:** [13NewsNow](https://www.facebook.com/13NewsNow)

From: [REDACTED]@krem.com>
Sent: Monday, February 14, 2022 7:57 PM
To: [REDACTED]@13newsnow.com>; [REDACTED]
[REDACTED]@13newsnow.com>
Subject: 2022 Producer-in-Residence Intros

Hello all!

Connecting everyone through email so our two incoming 2022 PIRs can reach out with any questions before they start this summer.

WVEC Team

- [REDACTED]—President/General Manager
- [REDACTED] News Director

Incoming PIRs

- [REDACTED]—starts June 27. Southern Connecticut State 2021 grad. Current US Army Signal Support Specialist. [https://www.linkedin.com/in/\[REDACTED\]](https://www.linkedin.com/in/[REDACTED])
- [REDACTED]—starts June 27. George Washington May 2022 grad. [https://www.linkedin.com/in/\[REDACTED\]](https://www.linkedin.com/in/[REDACTED])

Cheers to these two future TEGNA stars joining our great team in Norfolk this summer!

Best,





Hampton, Virginia




JUNETEENTH ❤️❤️❤️ Thank you to one of the emcees for the #juneteenth Extravaganza #Hampton organized by Celebrate Healthcare today. meeting new people and collectively celebrating freedom and progress. Good vibes. Good music. Good moves.
Edited · 41w



Happy Juneteenth!
41w 1 like Reply

[View insights](#)



Liked by  tamuhraah and 109 others

JUNE 19, 2022

 Add a comment...



██████████ @13 ██████████ · Jun 26, 2022



Got to party on stage with some fabulous queens, members of the [@HRPrideVA](#) board, and the woman herself: [@██████████](#)





SACRIFICE
HOYAN
SAND
VIRGINIA BEACH
JACKSONVILLE
PITTSBURGH

JOGGIN' FOR FROGMEN 5K
1328
2022

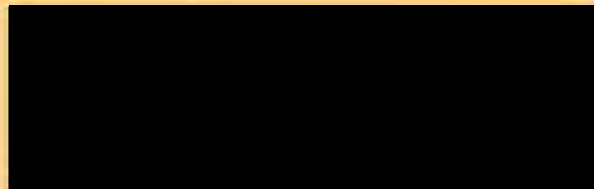
SPIBELT

'YOUR ADVISORS WILL SEE YOU NOW' PODCAST



**WHAT IS
IT LIKE TO
TO BE A
REPORTER?**

With Special Guest



**AWARD-WINNING WEEKEND
ANCHOR/REPORTER**



23RD AT TOWN POINT PARK, 5PM - 10PM

FESTEVENTS.ORG





██████████

██████████ Let me go ahead and say. I don't rap. But for the kids? I'll do just about anything.

Shout out to @██████████ and @██████████ for what they're doing with local youth. They opened a studio inside #Norfolk #MilitaryCircleMall and teach kids about media and how to create their own music. A few weeks ago, Queen invited me to speak to their students about journalism and how to use a camera. I didn't know I have to get in the booth!

True story: When I was a kid growing up in Georgia, I went through a similar program at our #██████████ and it encouraged my love for music.

Thanks Queen for the invite, and if you want to learn more about FTP check out the @██████████ page.

#music #kids #youth #community #forthepeople #tvnews #news #tvnewslife #blackinmedia #blackboyjoy

32w

██████████ Why did my smile just break my face 🤔👉👉👉

32w 1 like Reply

— Hide replies

██████████ @madisoncarter ☑️

32w Reply

██████████ Thank you so much for coming out EUGENE!!! It was awesome having you in our studio! We had so much fun in the booth with you!! My kids loved learning how to be in front of the camera and behind it! We really enjoyed every moment of this! We are so grateful to have

Boost post

626 views

AUGUST 21, 2022

Add a comment...

Honoring Girl Scout Famous Formers Past, Present and Future



Awards Luncheon & Celebration
Thursday, September 15, 2022
Hampton Roads Convention Center
Registration opens at 11 a.m. ~ Luncheon at Noon

Honored posthumously, three "Hidden Figures,"
NASA Scientists and Girl Scout Alum!
- Katherine Johnson - Dorothy Vaughan - Mary Jackson

2022 Girl Scout Famous Former Honorees:

Dr. Meredith Borza, Patient First
Kimberly Brush, PhD., NASA Langley Research Center
Colita Nichols Fairfax, PhD., Norfolk State University
Melanie Dare Garrett, HCA Chippenham Hospital
Sara Mackenstadt, Osage, Inc.
Sharon Martin, Old Point National Bank
Lisa Ziehmman, NASA Langley Research Center
Community Partnership Award: NASA Langley Research Center

Guest Speaker [REDACTED]

*Professional storyteller and Girl Scout alum
who was a member of a troop led by
"Hidden Figures" Mary Jackson.*



Emcee 13News Now
[REDACTED]

Media Partners



HOT CHICKEN • HARD DRINKS • MUSIC CITY SOUNDS



SATURDAY, SEPT 17

TOWN POINT PARK, NORFOLK

NOON - 10P

FREE & OPEN TO PUBLIC

EMCEED BY DAYBREAK ANCHOR [REDACTED]

Sponsored by:





[Redacted]



Great things are going on a @_hamptonu @shsjchampton 🙌 I Thankful for the recent invite to speak with Journalism and Communications students. These young men and women are sharp and will lead the next generation of media professionals. Grateful to meet the Dean and Assistant Dean of the Comm School, along with a piece of @13newsnow history. Maynard Eaton, now a professor at #Hampton, started his journalism career at #13NewsNow in 1970. Keep swiping for throwback— He and his generation of Black reporters paved the way for me to be in this position some 50 years later. 🙌 And good to get catch up with one of our summer interns. @the_mochaprincess. Keep up with her journey. She's going to do great things!

#virginia #hampton #nabj #reporterlife #journalist #news #reporter #tvnewslife #community

Edited · 24w



[Redacted] Awesomel

24w 1 like Reply



[Redacted] 🙌

24w 1 like Reply



[Redacted] Yessss!! 🙌

24w 1 like Reply



[Redacted] 🙌

24w 1 like Reply



[Redacted] awesomel

24w 1 like Reply

[View insights](#)

[Boost post](#)



iMessage
Sat, Sep 3, 9:08 AM

Good morning! Hey, my Queen. This is [redacted]. I need your assistance for a historic moment. Are you available on September 24th to emcee the Florence browser centennial anniversary at the Hilton Riverfront Suffolk from 5 pm-7 pm?

Florence Bowser is the only school in Suffolk named after an African American and a woman.



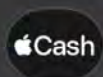
Sat, Sep 3, 1:43 PM



Hey Kimberly! That shouldn't be a problem. I'm available that day. Let me know what you need from



iMessage



Hey [redacted] With things getting back to normal, would you be able to talk weather with our earth science students this year? This year we are starting with weather. Would be available sometime during the month of September at around lunchtime? Thank you.

Thanks. I will check back with you in a few weeks. If you are unable to attend in person, would a virtual visit over Zoom work? Thank!

Thanks [redacted] We will work out the details soon.

Hey [redacted] Would a virtual meeting on Tuesday, October 4th work for you? We would meet between 12:20 and 12:40pm. Just let me know. Thank you.

Great. Thank you. I was worried you might be in the air at that time. I will set up a zoom link and send it to you, along with the date and time.

Sounds good, [redacted]

I will send you a zoom link this weekend for Tuesday's get together. Looking forward to it

Hi [redacted] I have emailed the zoom link to your station email account. Let me know if you need anything else.

Hey [redacted] If we are able to visit schools, I can do it. Right now, we are still not doing school visits or allowing guests in the building. They may actually be tightening up on things, as we have had quite a few people get COVID in the past few weeks. We currently have 4 producers working-from-home.

Yes, Zoom would work. I know it's not ideal and it's much better to have someone in person.

You're welcome!

Hey [redacted] sorry I was off for the past few days. I should be able to do Tues October 4th if that still works with your schedule.

I'm 2:30 - 11:30 PM these days, so that's a perfect time!

Sounds good!

[About Us](https://samaritanhouseva.org/about-us/)(<https://samaritanhouseva.org/about-us/>)

[Get Help](https://samaritanhouseva.org/#gethelp)(<https://samaritanhouseva.org/#gethelp>)

[Get Informed](https://samaritanhouseva.org/get-informed/)(<https://samaritanhouseva.org/get-informed/>)

[Get Involved](https://samaritanhouseva.org/get-involved/)(<https://samaritanhouseva.org/get-involved/>)

[Donate](https://samaritanhouseva.org/donation/)(<https://samaritanhouseva.org/donation/>)

[Contact Us & Job Openings](https://samaritanhouseva.org/contact-us-job-openings/)(<https://samaritanhouseva.org/contact-us-job-openings/>)

Current Job
Opening
(<https://samaritanhouseva.org/contact-us/#currentjobopenings>)

8th Annual Women Against Violence (WAV) Luncheon



Survivor, Author & Speaker

8th Annual Women Against Violence Luncheon

OCTOBER 7, 2022
WESTIN VIRGINIA BEACH
TOWN CENTER

- Keynote Speaker [REDACTED]
- Emcee, [REDACTED], 13News Now Anchor and Samaritan House Board Member
- Presentation of the Brooke Briggs Community Impact Award



WOMEN AGAINST VIOLENCE

Samaritan House's **Women Against Violence (WAV)** (<https://samaritanhouseva.org/wav/>) group will host the 8th Annual WAV Luncheon on October 7, 2022 to recognize and honor survivors of violence and support the work of Samaritan House in the Hampton Roads community.

Key features of this year's luncheon:

- Powerful keynote speech from human trafficking survivor and author [REDACTED]
- Emcee, [REDACTED], 13 News Now Anchor and member of Samaritan House Board of Directors
- Presentation of the Brooke Briggs Community Impact Award

Individual tickets to the luncheon are \$100 or you can reserve a table for eight of your friends or colleagues for \$1,000. The event begins at 11:30 a.m. and runs until 1:30 p.m. Tickets and tables may be purchased at the link below.

[Purchase Tickets Here!](https://host.nxt.blackbaud.com/registration-form/?formId=bff97937-43da-4e7a-a2eb-c9bf253095ed&envId=p-)

You may also support the efforts of WAV and Samaritan House by making a donation **HERE**
(<https://samaritanhouseva.org/donation/>). Thank you!

Quick Exit



2620 Southern Boulevard, Virginia Beach, Virginia 23452 (https://www.google.com/maps?oe=utf-8&client=firefox-b-ab&gfe_rd=cr&q=2620+Southern+Boulevard,+Virginia+Beach,+Virginia+23452&um=1&ie=UTF-8&sa=X&ved=0ahUKEwjo3cjCie3UAhUEso8KHU8hD6YQ_AUICigB) | Phone: 757-631-0710 (tel:757-631-0710)



(<https://www.facebook.com/SamaritanHouseVA/>) (<https://www.instagram.com/samaritanhouseva/>) (

Samaritan House is committed to a policy of equal opportunity for all persons and does not discriminate on the basis of race, color, national origin, age, marital status, sex, sexual orientation, gender identity, gender expression, disability, religion, or veteran status in employment, services, and volunteer opportunities.

© Copyright 2023 Samaritan House. All rights reserved.

Web Design (<https://gotearch.com/services/website-design/>) By TechArk (<http://www.gotearch.com/>)

ANNIVERSARY CELEBRATION LUNCHEON

SATURDAY, OCTOBER 22, 2022 · NOON



Hello,

You may receive this email twice. I created a second distribution group to include the primary copy coordinator's email so that you will receive the invite directly in addition to your station's traffic email. This will make it easier for you to place it on your calendar.

Please share this invite with anyone at your station that handles paid programming, promos and psas. The call will cover all things purging for materials.

Thanks,

[Redacted]



Hi there,

[Redacted] is inviting you to a scheduled Zoom meeting.

[Join Zoom Meeting](#)

One tap US: [Redacted]# or

mobile: [Redacted]

Meeting [https://tegna.zoom.us/\[Redacted\]](https://tegna.zoom.us/[Redacted])

URL:

Meeting [Redacted]

ID:

Passcode: [Redacted]

Join by Telephone

For higher quality, dial a number based on your current location.

Dial:

US: [Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Meeting [Redacted]

ID:

Passcode: [Redacted]

International numbers

Join from an H.323/SIP room system

H.323: [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

Meeting [REDACTED]

ID:

Passcode: [REDACTED]

SIP: [REDACTED]@zoomcrc.com

Passcode: [REDACTED]

Skype for Business (Lync)

<https://teгна.zoom.us> [REDACTED]

Fw: Access link and evaluation rubric for today's capstone presentations

[redacted]@HAMPTONU.EDU

Reply Reply All Forward

Fri 12/16/2022 7:09 PM

To: [redacted]
Cc: [redacted]

You replied to this message on 12/16/2022 8:52 PM.
If there are problems with how this message is displayed, click here to view it in a web browser.
Click here to download pictures. To help protect your privacy, Outlook prevented automatic download of some pictures in this message.

JAC 495 capstone schedule F22.docx
241 KB

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to infosec@tegna.com.

Thank you [redacted] [redacted] and [redacted] for being on the industry review panel Saturday morning reviewing our Senior Capstone projects. We will start promptly at 8 am.

Mr. [redacted] we will be in Rm 139 in the Scripps Building.

Guest Access Link: [https://us.bbcollab.com/guest/\[redacted\]](https://us.bbcollab.com/guest/[redacted])

- [redacted] In-person, Rm. 139 Sat., Dec. 17 8:00 a.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 8:45 a.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 9:30 a.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 10:15 a.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 11:00 a.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 11:45 p.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 12:30 p.m.
- [redacted] In-person, Rm. 139 Sat., Dec. 17 1:15 p.m.



CO-EMCEEING

From: [REDACTED]@tegna.com>
Sent: Monday, January 16, 2023 5:34 PM
To: [REDACTED]
Cc: [REDACTED]
Subject: Reminder to complete Code of Ethics: Our Shared Purpose

Reminder: Annual Ethics Training

Dear [REDACTED]

To maintain the highest standards of integrity and ethical behavior in every aspect of our work and interaction, all employees must complete TEGNA's Annual Ethics Survey and Code of Ethics training.

According to our records, **you still have outstanding training that is due by the close of business Friday, January 27th.**

- Step 1: Our Annual Ethics Survey must be completed by all employees to disclose any issues that may conflict with TEGNA's interests.

Not Completed

- Step 2: "Code of Ethics: Our Shared Purpose" course focuses on section three of the TEGNA Ethics Policy, which addresses fair dealings and open competition.

Assigned

COMPLETE ETHICS TRAINING HERE

Please note: The link above requires access to TEGNA's network.
If you are remote, you must be connected through VPN.

If you believe you have received this message in error or if

you have any questions, please email [REDACTED] at [REDACTED]@[tegna.com](mailto:[REDACTED]@tegna.com).

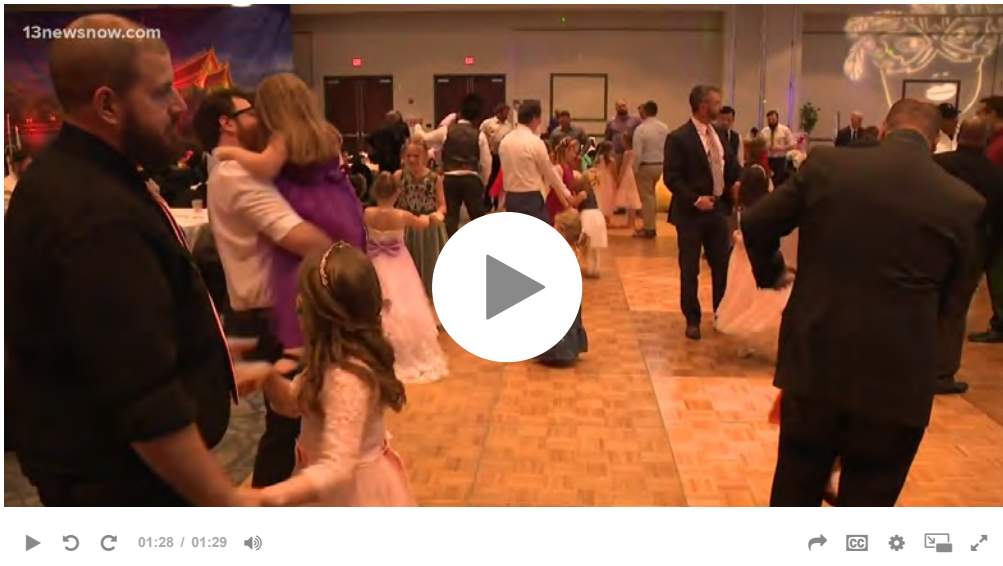
Unlock Potential.

Our innovative appliances ensure that anything you want to do in the kitchen you can do with KitchenAid.

CHESAPEAKE

Calling all royalty: Princess Ball returns to Chesapeake

There was a room to dance the day away, a storybook hour with real princesses, different photo booths, a buffet and more!



Author: 13News Now Staff

Published: 8:48 AM EST January 25, 2023

Updated: 6:10 AM EST February 6, 2023



CHESAPEAKE, Va. — It's time to dust off those tiaras and bring out those pretty gowns: the [Princess Ball](#) is returning to Chesapeake!

On February 5 from 1 p.m. to 4 p.m., or noon if you choose royal admission, dads and their daughters can spend the day exploring the Chesapeake Conference Center, which will magically transform into a castle with different themed areas and activities.

Should I Take Social Security at Age 62?

Be sure you weigh the decision carefully and don't hesitate to find a financial advisor to talk to if you have questions.

SmartAsset

There will be a room to dance the day away in your finest glass slippers, a storybook hour with real princesses, different photo booths, a buffet and more!

Tickets are still on sale, both royal and general admission tiers. If you choose royal access, you receive special perks like an exclusive princess singalong lunch and a special portrait with your accompanying Prince Charming.

[To purchase a ticket, click here.](#)

[To learn more about the Princess Ball, click here.](#)

Our very own 13News Now Meteorologist [REDACTED] will be this event's emcee.

Related Articles

[Meet the first babies of 2023 born in Hampton Roads](#)

[Navy sailors welcomed home by family at Chesapeake daycare](#)

[Disney princess surprises Texas family by speaking to 11-year-old in sign language](#)

Spirit Toilet stolen from Princess Anne High School, students ask 'Grinch' to return i



Be sure you weigh the decision carefully and don't hesitate to find a financial advisor to talk to if you have questions.

SmartAsset | Sponsored

Ex-Army Dog Lunges At Girl, They Realize Late He Was Sacrificing Himself!

Digi Viral Feeds | Sponsored

Amazon Hates When You Do This, But They Can't Stop You

Online Shopping Tools | Sponsored

If you have a mouse, this game will keep you up all night. No Install. Play for free.

Combat Siege | Sponsored

Don't Dress Yourself Old - These 17 Fashion Items Make You Look Older

Habit Tribe | Sponsored

At 61, Obama's New House Is Far From What You'd Expect, Take A Look Now

Interesticle | Sponsored

Warwick High assistant principal pleads guilty to crimes against children in Chesapeake

WVEC

Navy sailor charged in Capitol riot was stationed on carrier

WVEC

LOADING NEXT ARTICLE...

[REDACTED]

From: [REDACTED]
Sent: Tuesday, April 4, 2023 12:22 PM
To: [REDACTED]
Subject: FW: VBPD PIO Interviews
Attachments: PIO Interview Questions.docx

[REDACTED]

I sat on a panel in helping to fill the Virginia Beach Police Public Information Officer position. This is the information.

[REDACTED]
News Director



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

[REDACTED] @13newsnow.com | P. 757-[REDACTED] | **Twitter:** [@13NewsNow](https://twitter.com/@13NewsNow) | **Facebook:** [13NewsNow](https://www.facebook.com/13NewsNow)

From: [REDACTED]@vbgov.com>
Sent: Thursday, February 9, 2023 2:04 PM
To: [REDACTED]@vbgov.com>; [REDACTED]@vbgov.com>; [REDACTED]
[REDACTED]@13newsnow.com>
Subject: Re: VBPD PIO Interviews

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to infosec@tegna.com.

Good afternoon!

I've attached a list of interview questions for our PIO candidates tomorrow. Take a look and see what you think. Please consider your role and how it interacts with the PIO, and feel free to suggest questions that are important to you from that perspective.

Thanks again for your help!

[REDACTED]

POLICE DEPARTMENT

Chief Communications Officer



From: [REDACTED]
Sent: Tuesday, February 7, 2023 1:47 PM
To: [REDACTED]@vbgov.com>; [REDACTED]@vbgov.com>; News Director [REDACTED]
([REDACTED]@13newsnow.com) <[REDACTED]@13newsnow.com>
Subject: VBPD PIO Interviews

Hi, everyone!

First, thank you for your willingness to participate in this panel. Your feedback and perspective will be invaluable. I know this is a big time commitment to ask from a lot of busy people, so I am in your debt. I suggest that we get together at 9:45 A.M., so we can introduce ourselves, go over questions, etc.

For your reference, I've attached the original PIO Selection Process memo that went out on January 17 and the five applications received in response. I asked applicants to provide a memo of interest, recommendation from immediate supervisor, recent performance evaluations, and writing samples. In the case of Officers [REDACTED] and [REDACTED] they are both recent lateral transfers from outside VBPD who do not have recent performance evaluations to share. Consequently, in an effort to keep a level playing field I did not include anyone's evaluations. Additionally, the writing samples that Officer [REDACTED] provided were police reports from her time in Chesapeake that did not feel appropriate to share broadly, as they contained sensitive victim and suspect information.

I set the interviews up in 45 minute intervals, beginning at 10:00 A.M. on Friday, February 10. Each interviewee will have 30 minutes, and the panel will have 15 minutes afterwards to discuss our impressions. I gave us 45 minutes for lunch. We can eat our brought-from-home lunches together, try to run out and grab something quickly, or order something to be delivered. What's everyone's preference?

Thanks again,

[REDACTED]
POLICE DEPARTMENT
Chief Communications Officer



e [REDACTED]@vbgov.com

p 757 [REDACTED]



Scripps Howard School 20th Anniversary Celebration - Reminders



[Redacted]@hamptonu.edu

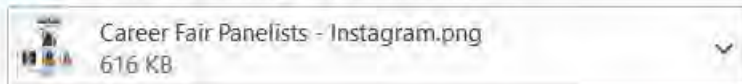
To [Redacted]

Cc [Redacted]@HAMPTONU.EDU

Reply Reply All Forward [Gift icon] [More options icon]

Wed 2/8/2023 4:30 PM

You replied to this message on 2/8/2023 4:52 PM.



CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.

Send suspicious email to [Redacted]

Good Afternoon [Redacted],

We are getting excited about the 20th anniversary career fair and celebration of the Scripps Howard School of Journalism and Communications on Friday, February 10, 2023. We would like to schedule a call with you and Ms. [Redacted] (co-MC) tomorrow. Please let us know if you are available at 11:00 am tomorrow for the call.

Please note also these reminders:

Directions and Parking – Career Fair

Let us know if you are planning to attend the career fair panel discussion. If you are using a GPS, the address for the school is 546 East Queen Street, Hampton, VA 23668. Please send us names of anyone attending the career fair who will need a parking pass at the university for Friday morning. Our deadline for the passes is 12 noon on Thursday, Feb 9.

On Site Contact

Your on-site contact will be [Redacted] (Mobile: 240. [Redacted] Email: [Redacted]@hamptonu.edu).

Career Fair Panel

Please plan to arrive by 12:00 noon for a mic check in the Robert P. Scripps auditorium.

Networking Reception

The networking reception and awards ceremony is from 6:00 pm – 9:00 pm in the ballroom of the Landing Hotel (700 Settlers Landing Rd, Hampton, VA 23669). I will meet you in the lobby of the hotel and take you to the 9th floor boardroom for our VIP reception prior to joining the main event in the ballroom. You will have reserved seating. **The awards ceremony program will begin promptly at 6:50 pm.**

From: [REDACTED]
Sent: Friday, March 31, 2023 3:27 PM
To: [REDACTED]
Subject: Fw: Visit?

Here's one email chain for the 2/16 visit...

Regards,

[REDACTED] **CBM**
Certified Broadcast Meteorologist
Director of Weather Content



613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

[\[REDACTED\]@13NewsNow.com](mailto:[REDACTED]@13NewsNow.com) | P. 757-[REDACTED] | **Twitter:** [@13EvanStewart](https://twitter.com/@13EvanStewart) | **Facebook:** [13EvanStewart](https://facebook.com/13EvanStewart)

From: [REDACTED]@gmail.com>
Sent: Tuesday, January 31, 2023 3:14 PM
To: Stewart, [REDACTED]@13newsnow.com>
Subject: Re: Visit?

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password. Send suspicious email to [REDACTED]@tegna.com.

How about 2/16 at 4pm for now. If anything changes we will let you know. Thank you.

Sent from my iPhone

> On Jan 31, 2023, at 2:44 PM, [REDACTED]@13newsnow.com> wrote:

>

> Hi [REDACTED]

>

> Almost any weekday evening in February should work. Would something at 4 PM be too early? Our lobby closes at 5 PM, and I would at least like to let your son see some of the newscast and give him a tour of the station. If that's too early, we could arrange for me to meet you in front of the building to get you inside. We'll work with your schedule as well.

>

>

> Regards,

>

> [REDACTED], CBM
> Director of Weather Content
>
> | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com
> [REDACTED]@13NewsNow.com | P. 757-[REDACTED] | Twitter: 13EvanStewart | Facebook: 13EvanStewart
>
>
>

> -----Original Message-----

> From: [REDACTED]@gmail.com>
> Sent: Thursday, January 19, 2023 3:17 PM
> To: [REDACTED]@13newsnow.com>
> Subject: Re: Visit?

> CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password. Send suspicious email to infosec@tegna.com.

> Yes we would love to still come in. Let me know times and dates please. It would only be 3 maybe 4 of us no more. Thanks will wait to here back

> Sent from my iPhone

>> On Jan 19, 2023, at 2:49 PM, [REDACTED]@13newsnow.com> wrote:

>> Good afternoon [REDACTED]

>> I just received word that we are now allowed station tours to groups of no more than 12 people, so your family would certainly qualify.

>> If this is something you are still interested in, I would be happy to set something up.

>> Evan

>> -----Original Message-----

>> From: [REDACTED]@gmail.com>
>> Sent: Tuesday, July 19, 2022 1:31 PM
>> To: [REDACTED]@13newsnow.com>
>> Subject: Re: Visit?

>> CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password. Send suspicious email to infosec@tegna.com.

>> Thank you very much. Just let me know an we will come.

>> Sent from my iPhone

>>>> On Jul 19, 2022, at 1:03 PM, [REDACTED]@13newsnow.com> wrote:

>>> Good afternoon [REDACTED]

>>> Thank you for reaching out. I'll have to check with management, as we are still under COVID restrictions and are not allowed to have visitors at the station yet. Once those restrictions are lifted, I would be more than happy to host you,

your wife, and son. My nephew is also on the spectrum, so I understand how important visits to a TV station can be.

>>>

>>>

>>> Regards,

>>>

>>> [REDACTED], CBM

>>> Director of Weather Content

>>>

>>> 13News Now | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

>>> [REDACTED]@13NewsNow.com | P. 757-[REDACTED] Twitter: 13EvanStewart | Facebook: 13EvanStewart

>>>

>>>

>>>

>>>

>>> -----Original Message-----

>>> From: [REDACTED]@gmail.com>

>>> Sent: Tuesday, July 19, 2022 9:47 AM

>>> To: [REDACTED]@13newsnow.com>

>>> Subject: Visit?

>>>

>>> CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password. Send suspicious email to [REDACTED].

>>>

>>> I just emailed [REDACTED] and he is out on vacation. And per his email ask me to reach out to you or who the on duty meteorologist.

>>>

>>> I called to see if my wife (I cannot as I just had surgery) could bring my 7 year old son to see your weather room or what you could allow. He really likes you and is big into the weather. He has high functioning Autism and would absolutely be so happy to meet and see your weather room. Just a short visit if possible. Hope to hear back from you!

>>>

>>> Sent from my iPhone

[Redacted]

From: [Redacted]
Sent: Tuesday, February 14, 2023 10:04 AM
To: WVEC-All-MailGroup
Subject: 13News Now Brand Workshop Sign Up

Hi Everyone!

As mentioned in the All Staff Meeting last week, we will be holding Brand Workshops every Wednesday throughout the month of March. These sessions will be 9:00a – 12:00p and the location is TBD but most likely will be in the small studio.

It will be a lot of fun and you don't have prepare in any way. Just bring yourself and be ready to share. 😊

EVERYONE IS REQUESTED TO ATTEND ONE SESSION.

Please sign up for one session here [Redacted]

Also, please be sure to mark it on your calendar!!!

News, Photogs, and Digital have already been assigned a session and I have signed you up on the link. They are as follows...

March 1:

- [Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]

March 8:

- [Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]
[Redacted]

March 15:

- [Redacted]
[Redacted]
[Redacted]

- [REDACTED]

March 22:

- [REDACTED]

March 29:

- [REDACTED]

Please let me know if you have any questions!

[REDACTED]
Director of Marketing



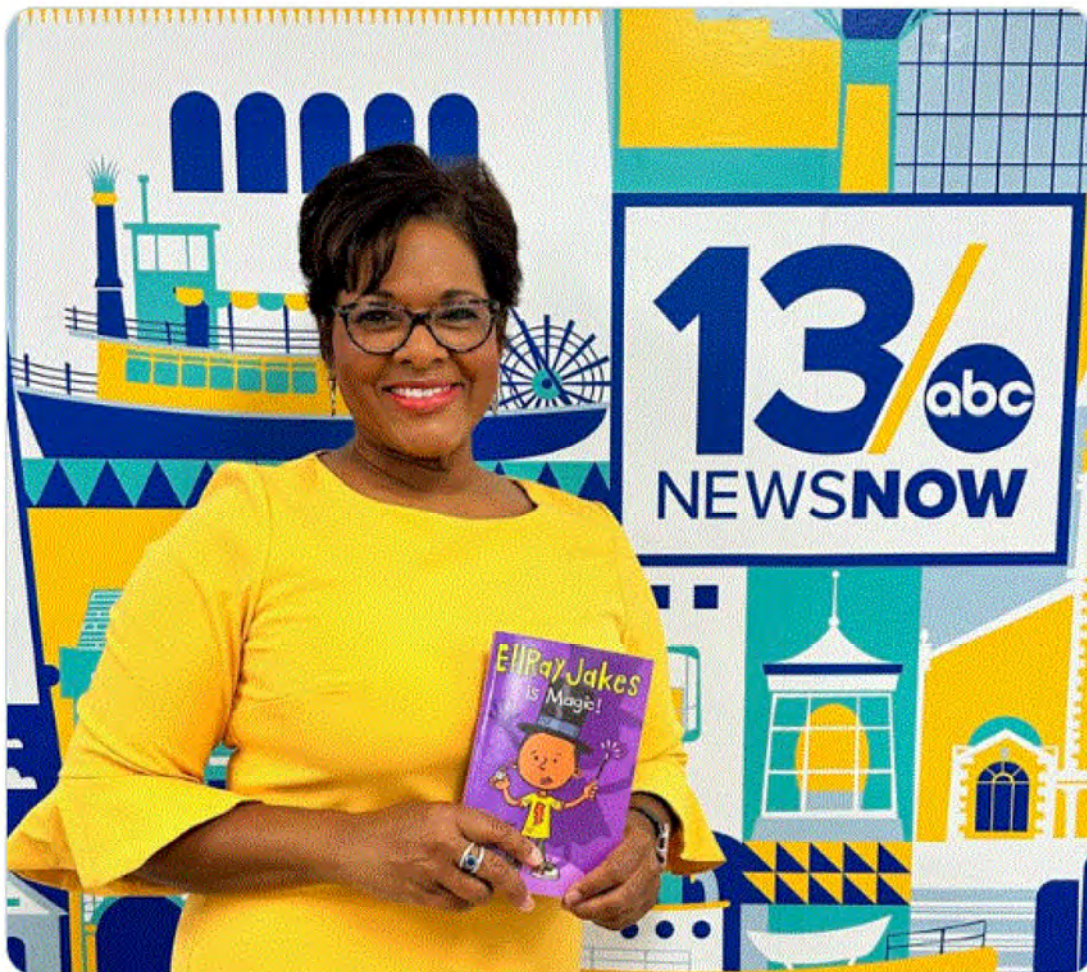
A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

[REDACTED] @13NewsNow.com | P. 757-[REDACTED] | C. 757-[REDACTED] | **Twitter:** @13NewsNow | **Facebook:** 13NewsNow



13News Now ✓
@13 [redacted]

So excited to help @vbschools with the "All District Reads" literacy program! #NationalReadingMonth
I read Chapter 6 of the book "Ellray Jakes Is Magic" for their special video produced for the students. #readacrossamerica #13NewsNow



6:53 PM · Mar 2, 2023 · 1,158 Views

From: TEGNA Information Technology [REDACTED] >
Sent: Monday, March 6, 2023 12:05 PM
To: [REDACTED]
Subject: Required: Q1 Secure TEGNA Cybersecurity Training



Dear Colleagues,

Today, we are launching the first Secure TEGNA quarterly training module for 2023, *Find the Phish*. Like many of our past trainings, this interactive exercise offers you an opportunity to sharpen your cyber skills and reminds you of the common methods criminals use to access confidential information. Please complete this short, mandatory training as soon as possible and **no later than Friday, March 24.**

[Go to Training](#)

Keeping our systems safe requires everyone's continued vigilance. Thank you for doing your part to safeguard yourself and

our company.


Sincerely,

TEGNA Information Technology

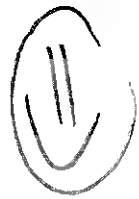


SECURE  TEGNA

This message brought to you by TEGNA's Channel 1.

Join the conversation by texting **tegna** to  to download the First Up app.





13NEWS NOW TOURS

CONTACT PERSON:

[Redacted]

([Redacted] / Photog)

his Mom
(Teacher @ Kellam HS / VB)

CONTACT INFORMATION:

Office # [Redacted], Cell # [Redacted], Fax # [Redacted]

Email [Redacted]@VBSchools.com

GROUP DESCRIPTION (I.E. BOY SCOUTS, EDUCATIONAL GROUP, CLUB, ORGANIZATION, PRIVATE GROUP, ETC.):

Students for Kellam H.S.

OF MEMBERS ATTENDING, PLEASE SPECIFY ADULTS AND CHILDREN:

Children: 10 students (have disabilities) → 8
non-physical

Adults: 2 Teachers

actual ✓
10 ppl

DATE AND TIME AVAILABILITY:

March 22, 2023 10:50 a.m

MISC. INFORMATION:

- see how a studio runs, various jobs in the industry

FOR OFFICE USE

TOUR DATE:

Wed, March 22, 2023

TOUR HOST:

[Redacted]



Art of Living Hampton Roads is at Virginia Beach Convention Center.

March 28 at 12:01 PM · Virginia Beach · 🌐

It was an epic celebration of diversity, unity, and wellness, with over 5000 attendees, hundreds of performers, vendors and volunteers. Here are some of the pics; more will be shared in days to come. This successful event brought more than 30 organizations together to celebrate humanity

13News Now 13News Now Virginia Beach Arts ViBe Creative District Virginia African American Cultural Center Virginia Beach City Government Red Crook-ed Sky American Indian Dance Troupe Sentara Healthcare TowneBank S.L. Nusbaum Realty Co. Tidewater Pipes & Drums WAVY TV 10 WTKR News 3 WHRO Public Media Veer Magazine The Virginian-Pilot #wcf2023 World Culture Festival Gurudev Sri Sri Ravi Shankar



From: [REDACTED]
Sent: Wednesday, March 29, 2023 6:31 PM
To: [REDACTED]
Subject: Re: weather unit

Hey [REDACTED]

I did this this past Monday. It was just myself.

Thanks!

From: [REDACTED]@13newsnow.com>
Sent: Wednesday, March 29, 2023 5:00 PM
To: [REDACTED]@13newsnow.com>
Subject: RE: weather unit

Did this school visit get scheduled. If so, when? And who is going? [REDACTED]
[REDACTED] THANK YOU!

[REDACTED]
Project Director



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

[REDACTED]@13NewsNow.com | P. 757-[REDACTED] | C. 757-[REDACTED] | **Twitter:** @13NewsNow | **Facebook:** 13NewsNow

From: [REDACTED]@13newsnow.com>
Sent: Monday, March 20, 2023 3:13 PM
To: [REDACTED]@hampton.k12.va.us>; [REDACTED]@13newsnow.com>
Cc: [REDACTED]@13newsnow.com>; [REDACTED]@13newsnow.com>; [REDACTED]@13newsnow.com>; WVEC-Weather <WVEC-Weather@tegnac.com>
Subject: Re: weather unit
I'll schedule this now

From: [REDACTED]@hampton.k12.va.us>
Sent: Wednesday, March 15, 2023 2:21 PM
To: [REDACTED]@13newsnow.com>
Cc: [REDACTED]@13newsnow.com>; [REDACTED]@13newsnow.com>; [REDACTED]@13newsnow.com>; [REDACTED]@13newsnow.com>; WVEC-Weather <WVEC-Weather@tegnac.com>
Subject: Re: weather unit

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to [REDACTED]

Hi, I teach Kindergarten at Mary Jackson Elementary in Hampton. I spoke with you back in 2020 when school visits were on pause due to Covid.... We were wondering if anyone from the weather team would come to our school and talk to kindergarteners about their job. Can you direct me in the right direction, to who could possibly help with this? Thanks Miranda Bagheri 757 876 4801

Thank you for reaching out. Unfortunately, due to the COVID-19 pandemic, we have temporarily suspended school visits and other personal appearances. Since this is a quickly-changing situation, we don't know when they will resume.

Regards,

CBM
Certified Broadcast Meteorologist
Director of Weather Content



613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com
[@13NewsNow.com](http://13NewsNow.com) | P. 757 | Twitter: @ | Facebook: t

From: <hampton.k12.va.us>
Sent: Thursday, March 5, 2020 9:27 AM
To: <13newsnow.com>
Subject: weather unit

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to .

would come to our school and talk to kindergarteners about their job. Can you direct me in the right direction, to who could possibly help with this? Thanks
757

[Show quoted text](#)

On Thu, Mar 12, 2020, 11:48 AM <13newsnow.com> wrote:

Thank you for reaching out. Unfortunately, due to the COVID-19 pandemic, we have temporarily suspended school visits and other personal appearances. Since this is a quickly-changing situation, we don't know when they will resume.

Regards,
CBM
Certified Broadcast Meteorologist
Director of Weather Content



613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com
[@13NewsNow.com](http://13NewsNow.com) | P. 757 | Twitter: | Facebook: 1 t

From: [REDACTED]@hampton.k12.va.us>

Sent: Thursday, March 5, 2020 9:27 AM

To: [REDACTED]@13newsnow.com>

Subject: weather unit

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to [REDACTED].

would come to our school and talk to kindergarteners about their job. Can you direct me in the right direction, to who could possibly help with this? Thanks [REDACTED] 757 [REDACTED]

CONFIDENTIALITY NOTICE: This email message, including any attachments, is for the sole use of the intended recipient(s) and may contain information that is legally privileged, confidential and/or exempt from disclosure under applicable law. If you are not an intended recipient, you may not review, use, copy, disclose or distribute this message or any of the information contained in this message to anyone. If you are not the intended recipient, please contact the sender by reply email and destroy all copies of this message and any attachments. Hampton City Schools may monitor e-mail messages to and from the Hampton City Schools network. Unintended transmission shall not constitute waiver of any privilege or confidentiality protected under federal statutes, the Virginia Freedom of Information Act or any applicable laws.

CONFIDENTIALITY NOTICE: This email message, including any attachments, is for the sole use of the intended recipient(s) and may contain information that is legally privileged, confidential and/or exempt from disclosure under applicable law. If you are not an intended recipient, you may not review, use, copy, disclose or distribute this message or any of the information contained in this message to anyone. If you are not the intended recipient, please contact the sender by reply email and destroy all copies of this message and any attachments. Hampton City Schools may monitor e-mail messages to and from the Hampton City Schools network. Unintended transmission shall not constitute waiver of any privilege or confidentiality protected under federal statutes, the Virginia Freedom of Information Act or any applicable laws.

[REDACTED]

From: [REDACTED]
Sent: Friday, March 31, 2023 11:46 AM
To: [REDACTED]
Cc: [REDACTED]
Subject: FW: Career Day- Sanford Elementary School

For the EEO report.

[REDACTED]
News Director



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com
[REDACTED] [@13newsnow.com](http://13newsnow.com) | P. 757-[REDACTED] | **Twitter:** [@13NewsNow](https://twitter.com/13NewsNow) | **Facebook:** [13NewsNow](https://www.facebook.com/13NewsNow)

From: [REDACTED]@13newsnow.com>
Sent: Monday, January 30, 2023 10:57 AM
To: [REDACTED]@13newsnow.com>
Subject: Fw: Career Day- Sanford Elementary School

I will be speaking at Sanford Elementary School on Friday, March 31st
Thanks,

[REDACTED]
Traffic Anchor, Reporter



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com
[REDACTED] [@13newsnow.com](http://13newsnow.com) | P. 757-[REDACTED] | C. 540-[REDACTED] |

Twitter: [@13NewsNow](https://twitter.com/13NewsNow) | Facebook: [REDACTED] [13NewsNow](https://www.facebook.com/13NewsNow)

From: [REDACTED]@nn.k12.va.us>

Sent: Monday, January 30, 2023 9:09 AM

To: [REDACTED]@13newsnow.com>

Subject: RE: Career Day- Sanford Elementary School

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to [REDACTED].

Good Morning,

Thanks so much, [REDACTED] I look forward to seeing you!

Here is more information:

The purpose of Career Day is to bring in speakers to make presentations to our students about their careers and how their education plays an important role in what they do every day.

We would love to invite you to speak to our students about topics such as:

- How you use reading, writing, and math skills (or other school subjects) on your job.
- How you use technology in your career field.
- Education and training needed for advancement into the career area.
- Describe your job duties.
- Describe a typical work day.
- Talents and skills necessary for success in your career field.
- Hobbies and interests you have that are compatible with your field of work.
- Personality traits that are helpful in your career.
- Feel free to bring in visuals, photos, etc.

The speakers give 20 minute talks on their career to three different groups of students, including time for Q & A. The speakers will rotate to three classrooms and present the same information to each. For this age, props or visual aids work well, whether that be in the form of power points, pictures, actual items, etc. A bit closer to March I will have further information about how many students to expect in each session as well as parking information.

Best Regards,

[REDACTED]
School Counselor
Sanford Elementary School
(757) 8[REDACTED] ext [REDACTED]

From: [REDACTED]@13newsnow.com>

Sent: Monday, January 30, 2023 8:06 AM

To: [REDACTED]@nn.k12.va.us>

Subject: Re: Career Day- Sanford Elementary School

External Email Advisory: This message originated outside the Newport News Public Schools network. Use caution when opening attachments, clicking links, or responding to requests for information. Report any suspicious messages for review to cybersecurity@nn.k12.va.us

Hey [REDACTED]

I would love to participate. What does this entail?

Thanks,

[REDACTED]

Traffic Anchor, Reporter



A **TEGNA** Company | 613 Woodis Ave. Norfolk, VA 23510 | 13NewsNow.com

██████████ [@13newsnow.com](mailto:██████████@13newsnow.com) | P. 757.██████████ | C. 540.██████████ |

Twitter: ██████████e | Facebook: ██████████ [13NewsNow](https://www.facebook.com/13NewsNow)

From: ██████████ [@nn.k12.va.us](mailto:██████████@nn.k12.va.us)>
Sent: Friday, January 27, 2023 12:46 PM
To: ██████████ [@13NewsNow.com](mailto:██████████@13NewsNow.com)>
Subject: Career Day- Sanford Elementary School

CAUTION - EXTERNAL EMAIL - Please use caution opening attachments and never share your password.
Send suspicious email to ██████████.

Hi ██████████
I would like to invite you to participate in our Career Day at **Sanford Elementary School**. Our Career Day will be **Friday, March 31st from 11:00 am-12:00 pm**. Please let me know if you're interested and would like to participate. Thank you!

Best Regards,

██████████

School Counselor

Sanford Elementary School

(757) ██████████ ext ██████████

[Newport News Public Schools Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender immediately by reply e-mail and destroy all copies of the original message.]

[Newport News Public Schools Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender immediately by reply e-mail and destroy all copies of the original message.]



AN ACHIEVABLE DREAM ACADEMY - NEWPORT NEWS

13NEWS NOW SETS UP AT A CAREER DAY

13
NEWS NOW

5:17



73°



18th ANNUAL DEBUTANTE COTILLION

Hampton Delta Foundation, Inc.
2022~2023 Red and White Debutante Cotillion
April 2, 2023 • 4:00 p.m.

Event Programme

GREETINGS

Ms. [REDACTED], Co-Chair
Mayor [REDACTED] City of Hampton

MISTRESS OF CEREMONY

Miss [REDACTED], Reporter, WVEC TV 13

SOLOIST

Mrs. [REDACTED]

PRESENTATION OF THE 2022-2023

Red and White Debutantes

Mrs. Sherrill Banks-Wiley, Co-Chair and Mrs. Jean Braxton, Choreographer

COTILLION DANCE

FATHER-DAUGHTER DANCE

DAUGHTERS TRIBUTE TO MOTHERS

REFLECTION OF DEBUTANTE EXPERIENCE

[REDACTED], Debutante President

SERENADE OF DEBUTANTES

[REDACTED]

PRESENTATION OF AWARDS

[REDACTED], Awards Chair
[REDACTED], Awards Co-Chair

SPECIAL PRESENTATION

[REDACTED], President, HDF, Inc.

FAREWELL MISS RED AND WHITE COTILLION 2021~2022

[REDACTED]

Coronation of Miss Red and White Cotillion 2022-2023

Mrs. [REDACTED], Fundraising Chair
Ms. [REDACTED], Scholarship Chair

CLOSING REMARKS

[REDACTED]

BLESSING OF THE FOOD

[REDACTED], Chaplain

DINNER

