

WHCF Quarterly Issues Report  
January 1-March 31, 2020

**Section I. Issues**

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Education: Changes in education that impact the community.
- B. Health and Safety: Issues dealing with health and local safety and/or crime that impact the community.
- C. Family Issues: Issues that directly impact families, youth and religion.
- D. State and Local Economy: Issues affecting the state, local residents and personal finances
- E. Other: Other Issues of significant importance to the local community.

**Section II. Responsive Programs**

The station has broadcast programming dealing with each of the above-referenced issues. Programming dealing with each issue is set out below:

**A. Education**

- |  |                 |                       |                 |
|--|-----------------|-----------------------|-----------------|
| <b>WHCF Good Day Morning Show</b>  | <b>01/13/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |
| Two organizations in Maine will be awarded more than \$2.3 million to expand skill-building programs for young people, specifically LearningWorks in Portland and Goodwill Industries of Northern New England in Gorham. The labor department administers funding for YouthBuild, which provides at-risk teenagers and young adults with education and skill development opportunities.  |                 |                       |                 |
| <b>WHCF Good Day Morning Show</b>  | <b>01/15/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |
| A special program sponsored by Berlin City Auto Group has gotten schools excited in Northern New England. The dealership is donating \$84,000 to a number of schools. 21 schools in Maine will receive a share of the grant. The dealership's generous program has donated more than \$500,000 to Northern New England schools since 2011.   |                 |                       |                 |
| <b>WHCF Good Day Morning Show</b>  | <b>01/27/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |
| The University of Southern Maine is addressing the nursing gap in the state. In a recent statement, the institution said it's going to use \$2.5 million in public and private money to grow the capacity of its School of Nursing. The changes will double the size of the nursing simulation space over the next five years.   |                 |                       |                 |
| <b>WHCF Good Day Morning Show</b>  | <b>02/07/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |
| Experts say retirement aged employees in the trades are leaving in droves, and younger employees are needed to fill the vacancies. That's why a number of bills to increase funding for technical education were discussed yesterday in Augusta. The bills provide additional funding for the twenty-seven career and technical education centers state-wide. If the legislation passes, it will be the first time since 1998 that tech centers have received any additional funding.      |                 |                       |                 |
| <b>WHCF Good Day Morning Show</b>  | <b>02/21/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |
| Dirigo Reads is expanding from six communities to twenty, after a successful first year. The program works to put a book in the hands of every first-grader in Maine each month during the school year by 2025. Co-founders Dan and Karen Cashman say they're dedicated to providing kids with their own little libraries at home. Any school or organization interested in learning more or partnering with Dirigo Reads can go to <a href="http://DirigoReads.org">DirigoReads.org</a> . |                 |                       |                 |
| <b>WHCF Good Day Morning Show</b>  | <b>02/26/20</b> | <b>6:00 – 9:00 AM</b> | <b>1:00 min</b> |

The University of Maine is teaming up with NASA to send a satellite into space. Over the next few years, students at UMaine, the University of Southern Maine and a trio of K-12 schools will be working together with NASA to send a satellite into space. NASA's CubeSat Launch Initiative will have the students designing and engineering the satellite that will collect data from its eventual journey into the Earth's orbit. Maine's satellite project is one of 18 research projects in the country selected by NASA.

**WHCF Good Day Morning Show**      **03/04/20**      **6:00 – 9:00 AM**      **1:00 min**

Mainer's voted a resounding "No" rejecting Question 1 on Tuesday's ballot deciding to keep the new law that bans non-medical exemptions for vaccines required for children to attend school in the state. The No on 1 campaign declared victory shortly before 10 p.m. last night.

**WHCF Good Day Morning Show**      **03/05/20**      **6:00 – 9:00 AM**      **1:00 min**

Veazie Community School is playing to a different tune these days. Mr. Arell's music class received a special gift from Walmart in the form of a check in the amount of \$30,000. Walmart's gift is to help the program sustain and grow. Rachel Stelline, a Bangor Walmart Supercenter representative stated that the program will help kids gain valuable life lessons and hopes it helps them to contribute to the community.

**WHCF Good Day Morning Show**      **03/19/20**      **6:00 – 9:00 AM**      **1:00 min**

The University of Maine System has announced that spring break is being extended by two days to give more time to prepare for the transition to distance instruction and to help support faculty and staff adjusting to personal life disruptions. Wednesday, March 25th, classes will resume through distance instruction. Chancellor Malloy says they will meet their teaching, research, and public service missions to the State of Maine.

**WHCF Good Day Morning Show**      **03/23/20**      **6:00 – 9:00 AM**      **1:00 min**

Mary Snow School's principal, Brian Bannon, got a creative idea to send a larger than life message to students and teachers during the virus shutdown period. In the windows facing Broadway in Bangor, in huge letters, is the message: "We Miss Our Kids". Bannon says it's just a way of encouraging kids and teachers alike to stay strong through tough times. Mary Snow students who want to get in touch with their teachers can still email them at any time. The school intends to keep the message up until the students finally return to school.

**WHCF Good Day Morning Show**      **03/24/20**      **6:00 – 9:00 AM**      **1:00 min**

Curtis and Kianna Miller, owners of Miller Fitness in Skowhegan and Newport, now offer free daily online workout classes designed for children while they wait for school to open again. They ask kids and parents to be interactive with them by sharing videos and pictures of them completing challenges. To make things more fun, they're offering giveaways, too. To get active with your kids, you can like Millers' P.E. Interactive Class on Facebook.

**WHCF Good Day Morning Show**      **03/30/20**      **6:00 – 9:00 AM**      **1:00 min**

Social distancing wasn't about to stop the Literacy Volunteers of Bangor from hosting their eighth annual Literacy Tea fundraiser. The party, which sold over three hundred tickets before the virus outbreak, was moved online. Guests posted pictures of what each of their tea parties looked liked on their Facebook page. It was a good turnout. The money raised helps volunteers tutor the 400 adults who are part of their free English language tutoring program.

## **B. Health and Safety**

**WHCF Good Day Morning Show**      **01/03/20**      **6:00 – 9:00 AM**      **1:00 min**

The Bangor Humane Society is teaming up with the Red Cross for a blood drive and pet supply drive. Folks can give blood and bring in any item to donate to the humane society. It can be old blankets, sheets, towels, food, treats, and more. The event is today at the Bangor Blood Donation Center at 900 Hammond Street from nine to two. Call 1-800- Red Cross to make an appointment.

**WHCF Good Day Morning Show**      **01/06/20**      **6:00 – 9:00 AM**      **1:00 min**

The residents of Corinna and surrounding communities can rest a little easier knowing that their fire department has just received a new \$400,000 fire truck. Firefighters from the Corinna Fire Station said the money for the 2019 Rosenbauer 2500-gallon pumper tanker came from the town funds. It's over twenty years younger than Corinna's other trucks. The truck should be ready to hit the road today.

**WHCF Good Day Morning Show**      **01/07/20**      **6:00 – 9:00 AM**      **1:00 min**

Larry Lord's condition has improved, but he still remains at a Boston hospital more than four months after an explosion at LEAP Inc. in Farmington. His condition had worsened shortly before Christmas, but it has since been upgraded to fair. Lord is credited with helping get co-workers to safety before the building blew up.

**WHCF Good Day Morning Show**                      **01/08/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A chain reaction crash involving 30 vehicles on I-95 yesterday morning in the Carmel area sent 11 people to the hospital. The Lifeflight helicopter was called in for at least one person. Although the investigation continues, one officer says the pileup may have been caused by slippery roads and the sun that was right in peoples' eyes. There were no fatalities.

**WHCF Good Day Morning Show**                      **01/08/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A blood drive is being held to honor an employee of the United Way of Eastern Maine. The 'Robin Bridges Memorial Blood Drive' is being held tomorrow at the Cross Insurance Center in Bangor. Bridges recently lost her battle with Leukemia. The drive runs from noon to five. You can find out more on the United Way of Eastern Maine Facebook page.

**WHCF Good Day Morning Show**                      **01/09/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Bar Harbor's Fire Department recently added some new technologies to help save property and lives. Part of the life-saving arsenal includes the LUCAS chest compression system, and a high-tech drone. The drone will help with search and rescue operations, and assessing wildfires and emergency scenes from above.

**WHCF Good Day Morning Show**                      **01/09/20**                      **6:00 – 9:00 AM**                      **1:00 min**

It's called a Brady buggie. It's a special wagon, named after a child who battled cancer, that allows an IV pump to be attached on the back so a child can be more mobile in the hospital. The Elks Lodge in Bangor raised enough money for two, with one going to the Lafayette Center in Brewer, and one to Northern Light Hospital in Bangor. The Brady Buggies cost \$1,000 each.

**WHCF Good Day Morning Show**                      **01/10/20**                      **6:00 – 9:00 AM**                      **1:00 min**

According to the Maine Department of Transportation, one reportable traffic crash happens every 16 minutes. The American Red Cross and AAA have tips on what you can keep in your car in case of an emergency--put out an emergency triangle to let people know that you need of help, or a red bandana on the antenna will do. Keeping extra gloves and hats, blankets, water and snacks in your car is also a good idea. A list of items can be found on the Triple A website.

**WHCF Good Day Morning Show**                      **01/13/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Although it wasn't the ice storm that many had feared, both Emera Maine and CMP still dealt with a few power outages due to downed lines and poles. A few vehicle accidents were also reported due to icy conditions. Caution is advised this morning as the colder temperatures have caused untreated roads, driveways, and walkways to freeze up through the overnight.

**WHCF Good Day Morning Show**                      **01/14/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Northern Light Eastern Maine Medical Center in Bangor has taken steps to help prevent the spread of flu. Beginning today, the hospital will temporarily limit visitors to those who are 12 or older. The Maine CDC says influenza is widespread right now, with flu cases doubling since last year.

**WHCF Good Day Morning Show**                      **01/16/20**                      **6:00 – 9:00 AM**                      **1:00 min**

An explosion at a Hampden waste facility has prompted officials to urge residents to think twice before throwing something away. The explosion, which injured two workers at Coastal Resources of Maine, was caused by a small propane tank cylinder. Director, Shelby Wright, says the incident could have happened anywhere or anytime in the process, and to always remember that there are people at the end of the process.

**WHCF Good Day Morning Show**                      **01/17/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Orono Police Department needs help. It's been a challenge for the department to find qualified officers that are willing to take on the rigors of police work due to a few changes--mainly, social work calls. That's why they are offering a \$10,000 sign on bonus in hopes of finding the right individuals. If you're interested, just contact the Orono Police Department.

**WHCF Good Day Morning Show**                      **01/17/20**                      **6:00 – 9:00 AM**                      **1:00 min**

It has been approved. State officials have okayed the merger of Mayo Regional Hospital and Northern Light Health System. The Dover-Foxcroft facility will be the tenth hospital owned by the healthcare group. The final steps of the merger's legal process will be completed in the next few months.

**WHCF Good Day Morning Show**                      **01/20/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Ellsworth Public Library wants to help you get in shape and improve your mood with four unique programs starting on the 25th of this month. Free exercise classes are scheduled for Saturdays at 1 p.m. The programs are made possible through a grant from the National Library of Medicine in conjunction with Healthy Acadia. Space is limited and registration is required. All materials for the classes will be provided. FMI: [ellsworthlibrary.net](http://ellsworthlibrary.net).

**WHCF Good Day Morning Show**                      **01/21/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Red Cross donor center says the holiday months were hard on the amount of blood donations received--they're down about 7,000 pints of blood. They say they can sure use help to restore the supply. Right now, they need type O positive and O negative blood. Bangor's donor center is open Tuesday, Wednesday and Thursday.

**WHCF Good Day Morning Show**                      **01/22/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Transportation Committee met yesterday to make amendments to Maine's hands-free driving law, which would include lowering the fines for those who violate it. One amendment to the bill is to change the phrasing to allow two-way radios for ham radio operators. The committee also wants the wording to state that the first offense is \$50.

**WHCF Good Day Morning Show**                      **01/23/20**                      **6:00 – 9:00 AM**                      **1:00 min**

State Sen. Heather Sanborn of Portland presented a proposal this week that would stop dental insurance companies from mandating waiting periods between appointments. The change would save young people from pain and costly procedures that would have been avoided with timely intervention. Some dental plans include waiting periods of up to a year after enrollment before the insurer will cover treatments.

**WHCF Good Day Morning Show**                      **01/24/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The daughter of a Farmington fire captain killed during a gas explosion in September, stood before state officials testifying in favor of adding gas lines to DigSafe — a registry that tracks where buried utility lines are located. An Act titled LD 1892, will make changes to the so-called DigSafe law. She testified that it would bring about positive change that will protect countless others going forward.

**WHCF Good Day Morning Show**                      **01/24/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Emergency dispatchers say they are receiving an increasing amount of accidental 9-1-1 calls now that more people have *smart devices*. If you accidentally call 9-1-1, they ask that you stay on the line and speak with the operator to let them know it is not an emergency. They also encourage people to learn more about their smart devices.

**WHCF Good Day Morning Show**                      **01/28/20**                      **6:00 – 9:00 AM**                      **1:00 min**

AmeriCorps Volunteers in Bangor are helping Mainers keep warm by building window inserts. UMaine volunteers from got busy building low-cost insulating window inserts that function as interior mounted storm windows. Over the next week, volunteers will be building 225 inserts. Anyone interested in volunteering or in getting inserts for your home can visit [windowdressers.org](http://windowdressers.org).

**WHCF Good Day Morning Show**                      **01/28/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A patent has been issued to the University of Maine for an invention that is a computational approach to analyzing the whole breast image from mammography. It could aid in the early detection of cancer by identifying dormant, potentially cancerous tissue before it progresses. Current methods can identify the presence of cancer but have limited predictive value.

**WHCF Good Day Morning Show**                      **01/29/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Juvenile Justice System Assessment and Reinvestment Task Force has been working to keep Maine's troubled youth on a positive track and away from incarceration. One recommendation is diversion from the courts, and not using detention. Creating additional programs has also been recommended. The final report is scheduled for next month.

**WHCF Good Day Morning Show**                      **01/29/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Orrington Fire Department has reason to celebrate. The department recently received two grants totaling a little more than \$91,000. One grant received came from the Maine Forest Service for forestry gear, the other from Assistance to Firefighters Grant Program for new air-packs and face masks. In addition to the new equipment, their new public safety building is expected to be complete in June.

**WHCF Good Day Morning Show**                      **01/30/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine topped the nation with the best report card in the nation when it comes to decreasing tobacco use through a number of efforts. However, Maine was given an average score by the American Lung Association for its lack

of leadership efforts in raising the tobacco tax. Maine middle schoolers using tobacco is the highest in the northeast.

**WHCF Good Day Morning Show**                      **01/31/20**                      **6:00 – 9:00 AM**                      **1:00 min**

State lawmakers presented a bill at a public hearing yesterday that would restrict the use of consumer fireworks on shorefront property. Proponents say chemicals, metals and plastics can get in the water when fireworks are used too close to shore. The noise of the explosives impacting wildlife is also a concern. The bill would allow for fireworks use seven days of the year, including Fourth of July and New Year's.

**WHCF Good Day Morning Show**                      **02/03/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Crawford Pond in Warren was the site of a cold-water rescue 10pm Saturday night when two men broke through the ice on an ATV they were riding. Sgt. Arthur Smith with the Knox County Sheriff's Office is being hailed a hero after putting his own life in danger. One man managed to get himself onto the ice, but the other would have drowned if Sgt. Smith hadn't arrived jumping in to save him. The Maine Warden service warns that ice conditions along the coast are hazardous in some areas.

**WHCF Good Day Morning Show**                      **02/03/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Be the Match Bone Marrow Registry Drive is happening tomorrow from 11am to 2pm at 128 Texas Ave. Eastport Hall, in Bangor. It's an effort to raise awareness for the thousands of blood cancer patients currently waiting for a match. Registration is free. FMI: visit their Facebook page.

**WHCF Good Day Morning Show**                      **02/04/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Maine CDC has reported that the flu is now widespread in Maine. All 16 counties have cases but nearly a third of the cases are in York County. Two schools in Southern Maine have closed due to the outbreak. The CDC recommends preventative measures: Wash your hands, don't touch your eyes, nose or mouth, cover your face when you cough or sneeze, and just try to avoid sick people.

**WHCF Good Day Morning Show**                      **02/05/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The National Science Foundation and the National Institutes of Health has awarded two million dollars to Jackson Laboratory in Bar Harbor. The money will fund cancer research projects that have the potential to improve treatment outcomes for patients, and the development of mouse models of human health and disease that are used by scientists around the globe to advance the research for cures.

**WHCF Good Day Morning Show**                      **02/06/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A Holden police officer has received some special recognition. Lieutenant Eddie Benjamin has been named the department's officer of the year. Police Chief, Chris Greeley, says, "He's personable, hardworking, and professional. He has the highest level of integrity and honesty...a cop's cop. Benjamin has over a decade of full-time experience in police work. He's been with the department since 2015.

**WHCF Good Day Morning Show**                      **02/06/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A public hearing was held at the State House yesterday to discuss legislation that would prohibit the sale of vaping products until the FDA approves them as smoking cessation devices. The proposal would also require folks to get a prescription from a doctor for an approved device. It faces further work in the Health and Human Services Committee before it goes up for a vote.

**WHCF Good Day Morning Show**                      **02/10/20**                      **6:00 – 9:00 AM**                      **1:00 min**

It's called Fresh Check Day, and it happens today at the atrium in Memorial Hall on the UMaine campus. It's a chance for UMaine students to openly and comfortably talk about mental health and suicide prevention. The area will be set up with interactive exhibits, food, prizes, and giveaways. Fresh Check Day is free and runs from 11 to 2. If you or someone you know is thinking about suicide, call the National Suicide Prevention Lifeline: 1-800-273-TALK (8255) or text CONNECT to 741741 from anywhere in the USA, anytime, about any type of crisis.

**WHCF Good Day Morning Show**                      **02/11/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Maine Center for Disease Control says a person in Maine is being tested for Coronavirus. The CDC has not said where the person lives, but the affected individual has agreed to stay home pending test results. Health officials say there are no confirmed cases in Maine, and the potential risk to the general public remains low. A dozen individuals have tested positive in six other states.

**WHCF Good Day Morning Show**                      **02/12/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A report from the University of Maine Tick Lab says that more than a third of the deer ticks submitted to a Maine lab last year tested positive for Lyme disease. The lab found that a smaller percentage of ticks tested

positive for ANNA-plaz-moh-sis and Bub-bee-see-oh-sis, which are other tick-borne diseases. The information will help authorities learn how fast the ticks are spreading in the state.

**WHCF Good Day Morning Show**      **02/12/20**      **6:00 – 9:00 AM**      **1:00 min**

Bangor airport officials are working with city councilors on adopting policies to help combat human trafficking. The Department of Transportation asked BIA officials to take part in a new initiative called ‘Transportation Leaders Against Human Trafficking. The group consists of airports, airlines, trade groups and other transportation leaders. Bangor city councilors are expected to ratify the airport’s involvement in the program at the next city council meeting.

**WHCF Good Day Morning Show**      **02/13/20**      **6:00 – 9:00 AM**      **1:00 min**

February is Teen Dating Violence Awareness and Prevention Month. Partners for Peace representative, Casey Faulkingham, says that 1/3 of teens experience dating abuse, and that it is highest among 16 through 24-year-olds. If you or someone you know is experiencing dating abuse and violence, you can call the Partners for Peace 24-hour helpline at 800-863-9909 and talk with an advocate.

**WHCF Good Day Morning Show**      **02/14/20**      **6:00 – 9:00 AM**      **1:00 min**

The Maine Legislature is considering a bill to allow donor breast milk coverage by MaineCare. Milk depots in Maine have donated pasteurized milk to help babies born prematurely. Naomi Bar-Yam, executive director of Mother’s Milk Bank Northeast, says it is kind of like inoculating them against diseases. The bill was the topic of a work session on Wednesday.

**WHCF Good Day Morning Show**      **02/18/20**      **6:00 – 9:00 AM**      **1:00 min**

Penobscot County officials are strongly encouraging residents to make sure their house has a number that is clearly visible. In emergency situations, too much time is spent looking for an address and not working on the emergency. Numbers should be at least three inches tall and stand out enough to see from a distance. Many town offices in Penobscot County sell reflective numbers, or you can get them at a local hardware store.

**WHCF Good Day Morning Show**      **02/19/20**      **6:00 – 9:00 AM**      **1:00 min**

Mainer’s may soon have a cheaper option for prescription drugs, as a state committee unanimously approved a plan for importing the product from Canada. State lawmakers passed a law last year that would make selling imported wholesale prescription drugs legal. Senate President, Troy Jackson says, Maine has too many people that are either going without or rationing their prescriptions. Next, the plan will go to the federal government for consideration before importation can begin.

**WHCF Good Day Morning Show**      **02/19/20**      **6:00 – 9:00 AM**      **1:00 min**

Maine DOT has been busy installing a number of weather and road condition systems on I-95, in an effort to keep drivers safe. The new technology will alert MDOT when road surfaces need to be treated, and will automatically activate digital road signs to alert drivers of unsafe road conditions. Drivers are still advised to always use common sense and slow down when traveling during the winter months.

**WHCF Good Day Morning Show**      **02/19/20**      **6:00 – 9:00 AM**      **1:00 min**

Bangor police officers have welcomed their newest officer to the K-9 unit--Jessy. Officer Lucas Libby, will be Jessy’s handler as they’ll work hard over the next few months on learning to track suspects and to search for narcotics. Libby says that she just wants to work. She hates being in the kennel, and just loves finding stuff. Jessy will hopefully be certified by the end of summer.

**WHCF Good Day Morning Show**      **02/20/20**      **6:00 – 9:00 AM**      **1:00 min**

A bill aimed at getting propane and natural gas detectors into more buildings across the state was discussed at a public hearing yesterday. The focus of the bill is to require detectors in multi-family buildings, children’s homes, hotels, and more. The bill doesn’t apply to single family homes, but residents are encouraged to get detectors for their homes. They can go for as low as \$20 per unit.

**WHCF Good Day Morning Show**      **02/28/20**      **6:00 – 9:00 AM**      **1:00 min**

Better access to epinephrine devices for Maine’s schools and summer camps is now a new law in the state. Epinephrine devices--the EpiPen-- are used when someone has a severe allergic reaction and needs immediate attention to save their life. The new law expands the definition of EpiPen and auto-injectors in Maine to include newer and more cost-effective evidence-based delivery methods. The devices have increased in price by more than 450 percent since 2007.

**WHCF Good Day Morning Show**      **03/02/20**      **6:00 – 9:00 AM**      **1:00 min**

In an announcement made yesterday, Mayo Regional Hospital of Dover Foxcroft is now officially part of Northern Light Health. State officials gave the approval in January to proceed with the merger. A press conference will be held later this morning. This makes Mayo Regional Hospital the tenth hospital of Northern Light Health.

**WHCF Good Day Morning Show**                      **03/04/20**                      **6:00 – 9:00 AM**                      **1:00 min**

If it wasn't for the help of a Maine State Trooper, a Mainer could have lost thousands of dollars to a bail scam. The victim received a call that a family member had been in a crash out of state and needed bail money, so they sent several thousand dollars via FedEx. Realizing it was probably a scam, the victim called police and a trooper tracked down the money to a FedEx facility out of state. Police urges everyone to be cautious of phone scams and to contact local law enforcement agencies if you are targeted.

**WHCF Good Day Morning Show**                      **03/06/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A 7-year-old girl who was shot in her bedroom by a stray bullet from a drive-by shooting in Waterville was released from a Portland hospital yesterday. Emahleeah Frost was with her 6-year-old sister in their Waterville home when she was shot Feb. 28. The bullet went through the wall of the bedroom where the girls were having an after-school snack. An investigation of the shooting is ongoing.

**WHCF Good Day Morning Show**                      **03/09/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A driver operating a commercial vehicle in the town of Wells was charged for failing to pull over for an emergency vehicle. The police officer enroute to a domestic violence call caught the incident on dashcam. The officer stated that they lost 49 seconds, and reminds everyone that every second counts in emergencies. Maine law requires drivers to immediately pull over when an emergency vehicle has its sirens and lights on. If you don't, you can get fined.

**WHCF Good Day Morning Show**                      **03/10/20**                      **6:00 – 9:00 AM**                      **1:00 min**

With the recent switch to daylight saving time, the Bangor Fire Department reminds the public to check and replace smoke and carbon monoxide detector batteries, a practice that should happen twice a year. After you replace the batteries, give it a good cleaning and test the detector twice a month to make sure it works properly.

**WHCF Good Day Morning Show**                      **03/11/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Dunkin' wants you to leave your reusable mug at home for a while. Coronavirus concerns have prompted the decision. A recent statement read that Dunkin' takes its job of "*keeping people running*" very seriously, and that it is right to take safety precautions. Behind the scenes, the coffee chain has also canceled "non-essential" meetings, events, and business travel.

**WHCF Good Day Morning Show**                      **03/11/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A seminar titled, "What does Covid-19 mean for your business?" will take place at 6 Telcom Drive just off Union St in Bangor this Friday. Business owners will learn about preparedness efforts that are underway in the City of Bangor. Attendees will also hear from a legal professional about employment laws. The event runs from 10-11:30am, and it's free and open to any member of the business community. FMI you can visit: [bangorregionchamber.chambermaster.com](http://bangorregionchamber.chambermaster.com)

**WHCF Good Day Morning Show**                      **03/12/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine's public university system has announced that it is prohibiting university-sponsored, non-essential air travel and encouraging students to stay on campus, all in response to the growing outbreak of the coronavirus. The University is strongly encouraging students, faculty members and staff to avoid personal travel to areas with known cases of COVID-19.

**WHCF Good Day Morning Show**                      **03/12/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Sen. Shenna Bellows of Manchester has put forward a bill that would increase the reimbursement rates for home care for seniors. It comes in the wake of the announcement of the April closing of the nonprofit group, Home Care for Maine in Farmingdale, that has cared for hundreds of people in the state. An attorney for Home Care for Maine said low reimbursement rates from MaineCare prompted the closure.

**WHCF Good Day Morning Show**                      **03/13/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Between 2010 and 2018, nearly 2,300 Mainers died from an opioid related overdose. In an effort to save lives, Northern Light Health is making Naloxone nasal spray kits available free to the public. The kits can be found at locations in Bangor, Brewer and Portland. Pharmacists will also train anyone how to administer the product. A listing of locations can be found at [northernlighthealth.org](http://northernlighthealth.org).

**WHCF Good Day Morning Show**                      **03/13/20**                      **6:00 – 9:00 AM**                      **1:00 min**



Sens. Susan Collins and Angus King have stated that Maine is getting \$4.6 million from the federal government to help fight the coronavirus. It's funding that was made available through the \$7.8 billion coronavirus appropriations package that passed Congress recently.

It will allow Maine to carry out surveillance, epidemiology, lab work, infection control, mitigation, communications, and other preparedness and response activities.

**WHCF Good Day Morning Show**      **03/16/20**      **6:00 – 9:00 AM**      **1:00 min**

The Maine Legislature will consider emergency legislation before temporarily ending the legislative session on Tuesday because of the coronavirus outbreak. Both Republican and Democratic senators called the adjournment a "necessary precaution" to protect the wellbeing of the public and people who work in the Statehouse. Any unfinished business will carry over until lawmakers reconvene.

**WHCF Good Day Morning Show**      **03/20/20**      **6:00 – 9:00 AM**      **1:00 min**

Maine's Gov. Mills signed a proposal called the "Made for Maine Health Coverage Act" and it goes into effect later this year. It's designed to simplify shopping for a plan and make premiums more affordable for small businesses. One of the changes the new law will make involves requiring health plans to cover the first primary care visit and behavioral health visit every year for free. The healthcare bill was one of many Mills signed on Thursday.

**WHCF Good Day Morning Show**      **03/20/20**      **6:00 – 9:00 AM**      **1:00 min**

The virus outbreak has disrupted many events including blood drives. The American Red Cross is experiencing a critical shortage in blood donations. They are asking all donors to please contact a local center and give the gift of life. You can set up your appointment by calling 1-800-RedCross. Bangor's donation center is located at 900B Hammond Street.

**WHCF Good Day Morning Show**      **03/20/20**      **6:00 – 9:00 AM**      **1:00 min**

New rules imposed by Maine forestry officials are designed to halt the spread of the Emerald Ash Borer and Hemlock Woolly Adel-gid. The rules will broaden restrictions in moving some wood and forest products such as hardwood firewood, and ash products with bark. The flight season for the borer begins in a little more than a month.

**WHCF Good Day Morning Show**      **03/23/20**      **6:00 – 9:00 AM**      **1:00 min**

A letter from Gov. Janet Mills to federal officials has prompted the Maine Center for Disease Control to release more than 22,000 pieces of protective equipment to health care facilities across the state, as COVID-19 has caused shortages nationally. Maine CDC Director, Nirav Shaw, said the equipment from the Federal Emergency Management Agency includes N95 and surgical masks, face shields, and gloves. They will be distributed starting today.

**WHCF Good Day Morning Show**      **03/23/20**      **6:00 – 9:00 AM**      **1:00 min**

Food insecurity in Maine has always been an issue among school-age children. Now that schools are remaining closed for at least another month, some districts are working diligently to provide students with nutritional meals until things return to normal. If your family needs help, and you want to see an updated listing of school districts offering meal assistance programs in your area, simply visit [maine.gov/doe/meals](http://maine.gov/doe/meals).

**WHCF Good Day Morning Show**      **03/24/20**      **6:00 – 9:00 AM**      **1:00 min**

Gov. Janet Mills has made a rule change to encourage people in the state to get out and enjoy the outdoors, while the U.S. battles the coronavirus. She says that all inland waters in Maine are open for fishing, and the requirement that anglers need a recreational license is suspended until the end of April. Mills said the order is meant to tell Mainers "the great outdoors is still open." Maine has more than 6,000 lakes and ponds and more than 32,000 miles of rivers and streams.

**WHCF Good Day Morning Show**      **03/25/20**      **6:00 – 9:00 AM**      **1:00 min**

Effective today, Governor Janet Mills has mandated that all non-essential businesses close their physical locations that are public facing, meaning those that allow customer, vendor, or other in-person contact. Mills has also ordered the closure of non-essential businesses that require more than ten people to be in a space where physical distancing is not practical. This mandated closure of business will remain in place for a period of fourteen days, until April 8th.

**WHCF Good Day Morning Show**      **03/25/20**      **6:00 – 9:00 AM**      **1:00 min**

In an emergency measure, Governor Mills signed a new law in Maine designed to give patients better access to health care provided by physician assistants. The proposal seeks to better align the laws about physician



assistants with today's medical practices and cut down on regulatory burdens, especially important during the coronavirus outbreak. It's designed to change the licensing rules for physician assistants, and removes a barrier to hiring them as practitioners.

**WHCF Good Day Morning Show**                      **03/25/20**                      **6:00 – 9:00 AM**                      **1:00 min**

L.L. Bean is going to use its shipping hub to pack food for pantries across the state. The outdoors retailer is partnering with Good Shepherd food bank to ship to food pantries in all 16 counties. Prepackaged boxes reduce the need for pantry volunteers to sort and distribute food and makes it easier to hand off to families. The arrangement will reduce Good Shepherd's reliance on local food pantry volunteers, many of whom are older and should be at home.

**WHCF Good Day Morning Show**                      **03/26/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Although heavy rains could tip the scales in the other direction, the spring flooding risk is reduced overall in New England, thanks to a mild winter. Emergency management officials says it gives us one less thing to worry about. However, there is some concern about a few rivers in far northern Maine.

**WHCF Good Day Morning Show**                      **03/30/20**                      **6:00 – 9:00 AM**                      **1:00 min**

One local business has made a difference during the pandemic. After finding out her bridal garment bags were made with the same material as medical grade masks, Holli Owsley, the co-owner of Dream Dress Bridal, and her seamstress, got to work. They counted up 23 garment bags in the shop, and from that produced 35 different medical masks. On Saturday, they were all donated to St. Joseph's Hospital emergency department.

**WHCF Good Day Morning Show**                      **03/30/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A new law in Maine that prohibits insurance companies from requiring waiting periods before covering tooth decay in children will take effect in June. The proposal from Sen. Heather Sanborn of Portland was intended to make sure children have timely access to dental care. Northeast Delta Dental, a major provider of dental insurance, has announced it would eliminate waiting periods for children covered by plans in Maine, New Hampshire and Vermont.

**WHCF Good Day Morning Show**                      **03/31/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Central Maine Power's parent company, Avangrid, was able to round up 3,000 surgical masks and 3,000 N-95 respirators to help protect front-line medical workers from the coronavirus. The equipment was sent to the Maine Emergency Management Agency for distribution. CMP's executive chairman, David Flanagan, says they have an opportunity and an obligation to help.

**WHCF Good Day Morning Show**                      **03/31/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Abbott, a global health care company with a manufacturing facility in Scarborough, has developed a device that can test and deliver results for COVID-19 in as little as five minutes. The portable device can be used in a variety of environments such as doctor's offices, urgent care clinics, hospitals, and emergency rooms. Abbott hopes to have the ID NOW COVID-19 tests available this week.

### **C. Family Issues**

**Focus on the Family**                      **01/01/20**                      **11:30 AM**                      **30:00 min**

Harnessing the Power of Word Pictures Miscommunication breeds conflict in both marriage and parenting. On the next "Focus on the Family," Drs. John Trent and Greg Smalley will help you learn how to communicate more clearly in your relationships, by using effective word pictures. That's coming up on the next edition of "Focus on the Family," with Jim Daly.

**Focus on the Family**                      **01/02/20**                      **11:30 AM**                      **30:00 min**

Homemade Meals for Busy Families. You're too busy to cook, but you want your family to have homemade meals together most nights. What do you do? On the next "Focus on the Family," find out how to cook just a few hours each week, without hiring a chef or buying pre-packaged dinners. Learn a simple, healthy way to feed your busy family on the next "Focus on the Family," with Jim Daly.

**Focus on the Family**                      **01/03/20**                      **11:30 AM**                      **30:00 min**

Honoring Preborn Life in 2020- On the next "Focus on the Family. As the 2020 March for Life approaches, Jim Daly visits with Jeanne Mancini, the president of the March for Life. They discuss the growing momentum among young people in the pro-life cause, while sharing this message: "Life Empowers: Pro-life is Pro-Woman." Hear encouraging stories on the next "Focus on the Family."

<b>Focus on the Family</b>	<b>01/06/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Empowering Women to Take Control of their Finances. Money can be a touchy subject...but it doesn't have to be! On the next "Focus on the Family," Deborah Pegues empowers you to better understand your finances and make strong choices for the future. She'll bust a few myths and encourage you to develop personal financial goals. You'll learn ways to eliminate debt and embrace a successful future. That's next time on "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/07/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
My Journey to Salvation - I Money can't buy you love nor can it buy happiness. On the next "Focus on the Family," one of our top programs from 2019 – hear how a young man from a wealthy family dealt with the kidnapping and murder of his famous father. Learn how he discovered the grace to forgive his father's killer on the next "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/08/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
My Journey to Salvation - II He grew up with wealth and privilege, yet he felt empty inside. On the next "Focus on the Family," the true story of a man struggling to find meaning and happiness, despite business success, marriage and children. Hear what turned his life around, on a Best of 2019 edition of "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/09/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Being a "Yes" Parent in a World of No's - I When you say "Yes!" to your child's dreams, amazing things can happen! On the next "Focus on the Family," Mark and Jan Foreman, parents of two boys who are part of the band, Switchfoot, share how you can help your child develop a vibrant, world-changing faith. That's next time on "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/10/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Being a "Yes" Parent in a World of No's - II You can raise kids with a vibrant faith -- even in the midst of a turbulent culture. On the next "Focus on the Family," Mark and Jan Foreman, parents of the popular band Switchfoot, share how you can raise "big-picture" kids by allowing them to take risks. That's next time on "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/13/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Answering Your Kids' Faith Questions. Are you prepared to answer your kids' tough questions about faith, God, and the Bible? On the next "Focus on the Family," apologist Natasha Crain outlines four of the most important questions you need to discuss with your children, like "Why did Jesus need to die on the cross for our sins?" Listen next time on "Focus on the Family," with Jim Daly.			
<b>WHCF Good Day Morning Show</b>	<b>01/13/20</b>	<b>6:00 – 9:00 AM</b>	<b>1:00 min</b>
If you're looking for positive things to do with your free time during these winter months, Habitat for Humanity is looking for help finishing a house on Perkins Avenue in Old Town. As with all habitat efforts, the current project will help families with housing stability, which often leads to better jobs and overall financial improvement. To volunteer or to donate resources, visit <a href="http://habitatbangor.org">habitatbangor.org</a> .			
<b>Focus on the Family</b>	<b>01/14/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Finding Strength in the Midst of Disappointment – I Life often looks very different from what you expect or hope....and that can lead to disappointment and disillusionment. Lysa TerKeurst understands this all too well. On the next "Focus on the Family," she shares about her crumbling marriage in crisis, and clinging to God in the midst of devastating circumstances. That's next time on "Focus on the Family," with Jim Daly.			
<b>Focus on the Family</b>	<b>01/15/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Finding Strength in the Midst of Disappointment – II She had already received one blow. Now, she faced two serious health issues on top of it. On the next "Focus on the Family," Lysa TerKeurst shares her courageous and hopeful story of battling cancer and picking up the pieces after her husband's affair. Find encouragement for trusting God in the midst of disappointment.			
<b>Focus on the Family</b>	<b>01/16/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Restoring Godly Values to America America's 250-year legacy of "liberty and justice" is far from over — but we all need to help restore godly values to our great nation. On the next "Focus on the Family," the critical importance of religious liberty, the sanctity of human life, and citizenship. Learn how you can do your part.			
<b>Focus on the Family</b>	<b>01/17/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>

A Lighthearted Look at Wedded Bliss. Married life isn't always wedded bliss. On the next "Focus on the Family," John Branyan shares a humorous look at the differences between men and women, and how that impacts relationship plus, a poignant story about his great-grandparents and their 70- year marriage!

**Focus on the Family**                      **01/20/20**                      **11:30 AM**                      **30:00 min**

Reaching Across Cultural Divides - I In today's multicultural society, we can no longer live "monocultural" lives! Next time on "Focus on the Family," Pastor David Ireland urges Christians to embrace people from different races and ethnic groups, and learn to love the whole world, as God does. A great message about racial unity on the next "Focus on the Family," with Jim Daly.

**Focus on the Family**                      **01/21/20**                      **11:30 AM**                      **30:00 min**

Reaching Across Cultural Divides - II Would you rather tolerate someone's cultural and racial differences, or learn to accept them? On the next "Focus on the Family," Pastor David Ireland shares how Christians can learn to connect and communicate cross-culturally through friendship and forgiveness.

**Focus on the Family**                      **01/22/20**                      **11:30 AM**                      **30:00 min**

From Abortionist to Pro-Life Advocate: A Story of God's Redemption - I As a medical student in her 20s, Kathi Aultman was convinced of two things—that God didn't exist, and that women deserved abortion rights. On the next "Focus on the Family," hear the powerful story of how Dr. Aultman went from a doctor performing abortions to a pro-life advocate. A story of God's redemption.

**Focus on the Family**                      **01/23/20**                      **11:30 AM**                      **30:00 min**

From Abortionist to Pro-Life Advocate: A Story of God's Redemption - II As a medical student in her 20s, Kathi Aultman was convinced of two things—that God didn't exist, and that women deserved abortion rights. On the next "Focus on the Family," hear the powerful story of how Dr. Aultman went from a doctor performing abortions to a pro-life advocate. A story of God's redemption.

**Focus on the Family**                      **01/24/20**                      **11:30 AM**                      **30:00 min**

Reaching Women in Crisis Pregnancy resource centers are changing lives and reaching women in crisis. On the next "Focus on the Family," you'll hear gripping stories of God's redemption through abuse and violence, as well as inspiring accounts of babies being saved. It's a powerful glimpse of how God is working through these resource centers!

**Focus on the Family**                      **01/27/20**                      **11:30 AM**                      **30:00 min**

Cherishing the Differences in Your Spouse Opposites may attract, but personality and gender differences in a marriage can drive you crazy! On the next "Focus on the Family," a great reminder why God designed you and your spouse to complement each other and to build on each other's strengths! Learn how to make your differences work.

**Focus on the Family**                      **01/28/20**                      **11:30 AM**                      **30:00 min**

Rocking Your Grandparenting Years. As a grandparent, you have a great influence in your family. On the next "Focus on the Family," Chrys Howard encourages you to step up and engage your grandchildren in whatever way possible. She'll also challenge you to pursue your own dreams and provide a solid picture of graceful aging for your children and grandchildren!

**Focus on the Family**                      **01/29/20**                      **11:30 AM**                      **30:00 min**

Speaking of Life: Our Listeners' Stories Celebrate the gift of life on the next "Focus on the Family," as listeners share their intriguing—even miraculous—stories. Find out how God has shown Himself strong in the lives of some very special people...pre-born children, orphans, the elderly and those with special needs. That's next time on "Focus on the Family."

**Focus on the Family**                      **01/30/20**                      **11:30 AM**                      **30:00 min**

Finding Hope Through a Family Tragedy Sometimes God can use tragic circumstances to get our attention...and then real life begins. On the next "Focus on the Family," Keith Becker tells the story of his dysfunctional family and the tragedy that God used to change their hearts. Find hope and strength in your troubles on the next "Focus on the Family," with Jim Daly.

**Focus on the Family**                      **01/31/20**                      **11:30 AM**                      **30:00 min**

Remaining Calm in the Chaos of Life Motherhood can be a crazy time of life — especially when you have young children! On the next "Focus on the Family," Nicole Johnson reminds moms to lean into your struggles, learn to ask for help, and find a quiet place to connect with God! Great encouragement for moms — next time on "Focus on the Family," with Jim Daly.

<b>Focus on the Family</b>	<b>02/03/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
How to Find a Good and Godly Spouse On the next “Focus on the Family,” Gary Thomas says that the common reasons for getting married — like being “in love” and sexual chemistry — don’t guarantee success! Instead, he urges single adults to look for evidence of godliness in a potential spouse — traits like kindness, patience, and joy. That’s next time on “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/04-05/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Are Your Five Core Needs Being Met? – I & II Everyone has needs — but you may not know how to meet them in healthy ways! Next time on “Focus on the Family,” Dr. Kathy Koch explains how to find your security, identity, belonging, purpose and competence through a relationship with God, and with good, godly people. Learn more on the next “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/06/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Standing for Life in the Black Community. She was almost aborted. On the next “Focus on the Family,” hear the testimony of Christina Bennett. Her mother was crying in the hallway of an abortion clinic, and a kind woman asked if she wanted to keep her baby. When Christina’s mom said ‘Yes,’ the woman told her, “Then God will give you the strength! Get out of here!” ....and she ran. That’s on the next “Focus on the Family,” with Jim Daly.			
<b>WHCF Good Day Morning Show</b>	<b>02/07/20</b>	<b>6:00 – 9:00 AM</b>	<b>1:00 min</b>
With February school break getting closer, it might be good to know that Hermon Mtn. is opening up its tubing run today. With the one-two punch of snow, owner Bill Whitcomb says it only adds to the great conditions for winter fun. You can check their website for more information.			
<b>Focus on the Family</b>	<b>02/07/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Parenting the Heart of Your Teen. Despite what you may have heard, parenting a teenager can be a lot of fun! Next time on “Focus on the Family,” we’ll encourage you to look behind your teen’s words and behavior to discover their unique personality. Learn how to listen better and even monitor your mouth! Find more parenting encouragement on the next “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/10/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Becoming Messengers for Life - I On the next “Focus on the Family,” Joni Eareckson Tada shares a powerful prolife message about protecting preborn babies, the elderly, and those with special needs. Be inspired to stand up for all human life, designed in the image of God.			
<b>Focus on the Family</b>	<b>02/11/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Becoming Messengers for Life - II Joni Eareckson Tada returns on the next “Focus on the Family,” describing how committed Christian friends saved her from despair after her tragic accident, and how everyday she trusts God with her disability. It’s an inspiring reminder about the sacred value of human life — in all forms — next time on “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/12/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Embracing Your Imperfections as a Parent. While being a parent is rewarding, it can also be...messy! On the next “Focus on the Family,” two dads offer hope to parents striving to be perfect. Through their own mistakes and misadventures of fatherhood, they encourage you to embrace your clumsiness as a parent, while aiming to be intentional, loving, and engaged with your children. That’s next time on “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/13-14/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
How to Have a Better Sex Life by Understanding Your Love Style – I & II If intimacy isn’t working in your marriage, you may have unhealthy love styles! Next time on “Focus on the Family,” Milan and Kay Yerkovich explain how the different ways you’ve learned to connect to your spouse can actually create havoc with your love life! Practical help for married couples on the next “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/17/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Getting Rid of Clutter in Your Home. Your home should be a place of comfort and peace, but instead, you find yourself overwhelmed with clutter. What do you do? On the next “Focus on the Family,” Kathi Lipp helps you better understand the spiritual issues behind clinging to your stuff. She’ll give you practical tips to find the purpose for each room of your home and declutter your space, while building relationships. That’s next time on “Focus on the Family,” with Jim Daly.			
<b>Focus on the Family</b>	<b>02/18/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>

Bringing Laughter to Your Marriage. Your marriage needs a good laugh! On the next “Focus on the Family,” Ted Cunningham helps you discover your humor muscle and learn to flex it. With great stories from his own marriage, Ted shares insight into the language of comedy and how to apply that to everyday life with your spouse. Learn about benefits of laughter, the best medicine for your marriage—next time on “Focus on the Family,” with Jim Daly.

<b>Focus on the Family</b>	<b>02/19/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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How God Redeemed My Teen Pregnancy - I She was a senior in high school who had it all—good grades, popularity, and a strong Christian faith. But she had a secret. On the next “Focus on the Family,” hear about the day Lindsay Pepin-Ophus found out she was pregnant. Also, Lindsay’s mom shares how she had to surrender her daughter’s and new granddaughter’s lives to God. That’s next time on “Focus on the Family,” with Jim Daly.

<b>Focus on the Family</b>	<b>02/20/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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How God Redeemed My Teen Pregnancy - II She became pregnant as a senior in high school and felt her life spiraling out of control. On the next “Focus on the Family,” Lindsay Pepin-Ophus recounts how and why she made the difficult choice to carry her unplanned pregnancy to term. You’ll hear how her family’s conflict and stress was turned to unexpected hope. That’s next time on “Focus on the Family,” with Jim Daly,

<b>Focus on the Family</b>	<b>02/21/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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Giving and Receiving God’s Grace. We hear a lot about God’s judgment, but what about God’s GRACE? On the next “Focus on the Family,” Canadian humorist Phil Callaway shares stories of childhood misdeeds exposed, the perils of being a referee for church hockey, and other situations where God’s grace has a chance to shine.

<b>Focus on the Family</b>	<b>02/24/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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Raising Courageous Daughters. Girls today face a tough road with the world telling them to be more, do more, and have more. But in the middle of it all, your daughter can learn to be courageous! On the next “Focus on the Family,” Terra Mattson shares wisdom and truth to help you empower your daughter and root her in grace. You’ll learn ways to boost her confidence, nurture her faith, and help her cultivate lasting friendships - next time on “Focus on the Family.”

<b>Focus on the Family</b>	<b>02/25/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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The Crucial Role of Men. Standing for Life Behind every abortion, there’s a man involved, and on the next “Focus on the Family,” Steve Arterburn shares how in college - he was that man. After coercing his girlfriend to have an abortion, he lived with the guilt and shame for years. But now he shares the message of God’s grace and forgiveness, urging men to take responsibility and step up for life. That’s next time on “Focus on the Family,” with Jim Daly.

<b>Focus on the Family</b>	<b>02/26/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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Strengthening Your Marriage Through Daily Choices. Next time on “Focus on the Family” Ron and Jody Zappia were on shaky ground from the very start of their marriage relationship. They were unbelievers, living in different cities with ambitious career goals. But an extra-marital affair changed all of that. Find out how they came to Christ and restored their marriage – on the next “Focus on the Family,” with Jim Daly.

<b>Focus on the Family</b>	<b>02/27/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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Bringing Gospel Clarity to a Feelings-First World - I As a devout Muslim, he was passionate about evangelism. But when two college classmates challenged Abdu Murray’s beliefs, he began studying Christianity and was amazed at what he found. On the next “Focus on the Family,” hear Abdu’s incredible salvation story, and learn what those two classmates did to effectively witness to someone so different from them. That’s next time on “Focus on the Family.”

<b>Focus on the Family</b>	<b>02/28/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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Bringing Gospel Clarity to a Feelings-First World - II On the next “Focus on the Family,” former Muslim and senior vice president of Ravi Zacharias Ministries offers insight into modern Christian evangelism. He explains how we can speak the truth of the Gospel to a world that prefers “preferences,” and debunks the myth that we must agree with someone in order to affirm their human dignity. That’s coming up on the next edition of “Focus on the Family,” with Jim Daly.

<b>Focus on the Family</b>	<b>03/02/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/03/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/04/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/05-06/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/09/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/10/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/11-12/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>WHCF Good Day Morning Show</b>	<b>03/12/20</b>	<b>6:00 – 9:00 AM</b>	<b>1:00 min</b>
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<b>Focus on the Family</b>	<b>03/13/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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<b>Focus on the Family</b>	<b>03/16/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
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from a secret alcohol addiction. He offers practical and proven steps to digging up the root of your negative issue to experience true healing.

<b>Focus on the Family</b>	<b>03/17/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
The Timeless Truth of Christ - I Life can be difficult, but ultimately, it's how you respond to a crisis that really counts. On the next "Focus on the Family," author and speaker Ellie Lofaro will share heartwarming stories that illustrate how a relationship with Jesus Christ can help you be an Overcomer. Don't miss Ellie's wit and wisdom next time on "Focus on the Family," with Jim Daly.			

<b>Focus on the Family</b>	<b>03/18/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
The Timeless Truth of Christ - II "When the going gets tough, the tough get going..." On the next "Focus on the Family," author and speaker Ellie Lofaro explains how you can overcome the trials of life and be an amazing ambassador for Christ, all at the same time. Encouragement for difficult days on "Focus on the Family," with Jim Daly.			

<b>Focus on the Family</b>	<b>03/19-20/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Overcoming the Obstacles of Cerebral Palsy – I & II At birth, his parents told him he wouldn't make it through the night, and now he's a medical doctor. On the next "Focus on the Family," hear one family's amazing story of overcoming the obstacles of living with cerebral palsy and how God brought them through it.			

<b>Focus on the Family</b>	<b>03/23/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Showing Love in Everyday Relationships. When you love others as Jesus loves us, you can change the world! But where do you start? On the next "Focus on the Family," Dave Willis explores the seven laws of love, defining love as committed, sacrificial, honest, courageous, grace-filled, healing, and everlasting. With stories from his own relationships, you'll better understand how to put love in action with those around you – next time on "Focus on the Family," with Jim Daly.			

<b>Focus on the Family</b>	<b>03/24-25/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Honoring the Preborn: Cerian's Story – I & II Expecting a baby normally brings joy and excitement, but when there's an adverse diagnosis, fear and uncertainty take root. On the next "Focus on the Family," a brave mom shares her story of choosing to carry her baby despite doctors' warnings - and a journey that taught her a lot about God's love for His children, particularly the weak and vulnerable.			

<b>Focus on the Family</b>	<b>03/26-27/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Tips for Building a Healthy Family - I & II Many families do home renovation, but you may need a "family renovation" project as well! Next time on "Focus on the Family," how to build strong character traits — like kindness, love, forgiveness, and fun — into your family relationships. Provide a solid, godly foundation for your home on the next "Focus on the Family," with Jim Daly.			

<b>WHCF Good Day Morning Show</b>	<b>03/27/20</b>	<b>6:00 – 9:00 AM</b>	<b>1:00 min</b>
A children's book titled, "Going on A Bear Hunt," was the inspiration to get children out and looking for stuffed bears. Residents would place bears in windows, porches, or somewhere that's easily seen from the sidewalk or road. Young bear hunters would then take a photo of where the bear was found and add it to a growing online Facebook list. Towns are encouraged to start their own bear hunt to help kids from the boredom of social distancing.			

<b>Focus on the Family</b>	<b>03/30/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Be the ProLife Church - I On the next "Focus on the Family," Emily Colson describes the heartaches and joys of raising her son Max, who has severe autism. Emily has struggled as a single mom, but she also discovered God's beauty and design in Max. Don't miss this powerful and profound prolife message — next time on "Focus on the Family," with Jim Daly.			

<b>Focus on the Family</b>	<b>03/31/20</b>	<b>11:30 AM</b>	<b>30:00 min</b>
Be the ProLife Church - II Does your church welcome special needs families? Next time on "Focus on the Family," Emily Colson shares how her church learned to embrace her son's autism, helping many others feel accepted and cherished by the body of Christ! Discover how to live out your prolife beliefs in practical ways on the next "Focus on the Family," with Jim Daly.			

#### **D. State and Local Economy**

<b>WHCF Good Day Morning Show</b>	<b>01/02/20</b>	<b>6:00 – 9:00 AM</b>	<b>1:00 min</b>
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Beginning this week, approximately 300,000 property owners in Maine will receive checks from the state. It is tax relief of \$104 for those who qualified for the Homestead Exemption. You can stay up to date on the process of the mailings on the state treasurer's Facebook page.

**WHCF Good Day Morning Show**      **01/02/20**      **6:00 – 9:00 AM**      **1:00 min**

In just over a week, the Brewer Save-A-Lot will become an IGA. Manager Brandon Kenney says they are looking to re-brand, re-clean, and do some renovations. They're also going to have a new service deli counter as well as a new service meat and butcher shop. They plan to have the doors open for business by January 15.

**WHCF Good Day Morning Show**      **01/03/20**      **6:00 – 9:00 AM**      **1:00 min**

In this New Year, bank officials are urging people write the entire year out - 2020 - on checks. If you just leave the 20 there, it can be manipulated into a 19 or worse, a 21. Someone who came in contact with a stolen check might hold it for a year, and cash it without the writer knowing it. Just be vigilant with your banking.

**WHCF Good Day Morning Show**      **01/06/20**      **6:00 – 9:00 AM**      **1:00 min**

Many folks in Waldo County have been blessed by the efforts of the Waldo County Woodshed program. The Waldo County Woodshed is a volunteer run non-profit group that works to provide free firewood for people in need in the Waldo County area. In their first year they went through 20 cords. Last year, they gave away 170 and ran out March 1st. If you'd like to volunteer or donate, visit [waldocountywoodshed.org](http://waldocountywoodshed.org).

**WHCF Good Day Morning Show**      **01/07/20**      **6:00 – 9:00 AM**      **1:00 min**

Data shows that the Maine Turnpike Authority is owed more than \$800,000 in unpaid tolls that date back to 2013. Out-of-state commercial vehicles are mostly to blame. Toll violators can be difficult to find because most states won't share information on drivers. Unpaid tolls make up a small portion of the authority's annual toll revenue.

**WHCF Good Day Morning Show**      **01/08/20**      **6:00 – 9:00 AM**      **1:00 min**

Although a few months away, the City of Bangor plans to pave a portion of Main St. in June. Mark it on the calendar if you travel that way. The estimated \$800,000 project includes the portion between Dutton St. and the Hampden Town Line. The work will include sidewalks and curbs. Travel will be limited to two lanes and will undoubtedly slow down traffic.

**WHCF Good Day Morning Show**      **01/09/20**      **6:00 – 9:00 AM**      **1:00 min**

The Central Maine Power (CMP) transmission line is edging closer to being built here in Maine. The Land Use Planning Commission voted to give their approval to the project. The 145-mile hydroelectric power line would move power from Quebec through western Maine to Massachusetts. LUPC's vote is just part of a larger process.

**WHCF Good Day Morning Show**      **01/10/20**      **6:00 – 9:00 AM**      **1:00 min**

Good news for the national job market. A survey by data provider FactSet shows economists expect that today's jobs report will show job gains of 160,000 in December. The unemployment rate is expected to hold steady at 3.5%.

**WHCF Good Day Morning Show**      **01/10/20**      **6:00 – 9:00 AM**      **1:00 min**

The Maine Public Utilities Commission investigated after thousands of CMP customers reported seeing large increases in their bills after a new system was implemented. A report released found no systematic problems with CMP's metering and billing system. The Examiner's Report from the PUC stated that the increases were probably a result of record-breaking cold temps and a double-digit increase in the standard-offer electricity-supply price in January 2018.

**WHCF Good Day Morning Show**      **01/15/20**      **6:00 – 9:00 AM**      **1:00 min**

Helping more Mainers save for retirement is what lawmakers in Augusta hope to accomplish with a new bill. It would create a state-run retirement savings plan for Mainers whose employers don't offer one. It could affect more than a third of Maine's workforce. AARP of Maine is a supporter of the effort.

**WHCF Good Day Morning Show**      **01/20/20**      **6:00 – 9:00 AM**      **1:00 min**

It's no secret that the first few years of a child's life is vital in their development. However, it can be difficult to find quality, affordable childcare in Maine to help with that development. State lawmakers recently unveiled a bill to help solve the problem. The bill is designed to help fund childcare projects through DHHS and private partnerships. Initially, 10 pilot projects will be set up across the state.

**WHCF Good Day Morning Show**      **01/21/20**      **6:00 – 9:00 AM**      **1:00 min**

Maine's Governor, Janet Mills, created a task force to help the state deal with increasing ATV registrations in the Pine Tree State. The task force has recommended a limit on the size and weight of ATVs that can be used on state-maintained trails limiting them to 65 inches wide and 2,000 pounds. Other recommendations include a standardized annual trail inspection process, and a collaborative communications campaign for landowners and ATV riders.

**WHCF Good Day Morning Show**                      **01/22/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Expanding broadband across the state was part of the discussions that state lawmakers had on Tuesday. A new bill essentially streamlines the process for communities to apply for investments in broadband. Lawmakers said that Maine is falling behind other states in the area of high-speed internet growth.

**WHCF Good Day Morning Show**                      **01/23/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The state is getting ready to start construction on the first major part of a controversial bridge and road project. The connector is a 7-mile limited-access highway that will link I-395 from Wilson St. in Brewer to Route 9 in Eddington. MDOT spokesperson, Paul Merrill, says they expect to put the bridge portion out to bid this spring, and begin construction this summer.

**WHCF Good Day Morning Show**                      **01/23/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The local organization, Zonta, presented a \$5,000 check to the Bangor YMCA's Teen Center's leadership program. The money will help support the Youth & Government and Teens-to-Work programs, preparing them to become productive citizens in the community. More than two-thousand teens have used the center since it opened last February.

**WHCF Good Day Morning Show**                      **01/27/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The new Piscataquis Ice Arena in Dover Foxcroft was the site for a fun Broomball tournament on Saturday. The American Cancer Society of Maine hosted the event to raise money to help those living with cancer. The funds from the tournament will go towards Relay for Life events and other programs.

**WHCF Good Day Morning Show**                      **01/28/20**                      **6:00 – 9:00 AM**                      **1:00 min**

With a close vote of 5 to 4, Bangor City Councilors chose in favor of keeping the bus hub in Pickering Square. Two recent studies conducted on Bangor's public transit system to help them make their decisions. A major redesign includes a new bus hub along Water St., a children's area, and green and outdoor seating space. The project should be finished by 2021.

**WHCF Good Day Morning Show**                      **01/30/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A Canadian exploration and development company wants to start an underground metallic mineral mine in the northern part of the state. Wolfden wants to rezone about 200 acres in Mt. Chase, just north of Patten. It's the first step in a multi-agency process to review the merits of the proposal, which includes a public hearing.

**WHCF Good Day Morning Show**                      **01/31/20**                      **6:00 – 9:00 AM**                      **1:00 min**

During the winter of 2017-18, thousands of Central Maine Power customers reported seeing large spikes in bills. Maine Public Utilities Commission investigated. PUC members say the company's SmartCare metering system was the straw that broke the camel's back, and while they found no systemic problems, they did find individual errors in the billing system. CMP will be penalized \$10 million dollars over the next 18 months.

**WHCF Good Day Morning Show**                      **01/31/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Firehouse Subs on Stillwater Ave. in Bangor will be opening their doors on Monday at 10am. It's a national franchise with a focus on public safety. The foundation gives away millions of dollars a year in grants to support local firefighters and EMT's. In Maine alone, the foundation has given over \$400,000 to local departments.

**WHCF Good Day Morning Show**                      **02/03/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The USDA Farmers' Market Promotion Program awarded Maine Farmers' Markets a \$160,000 grant to help farmers promote their local markets so more people are made aware of when and where they can get locally grown produce. Even during the cold months farmers' markets across the state are still open for business.

**WHCF Good Day Morning Show**                      **02/04/20**                      **6:00 – 9:00 AM**                      **1:00 min**

After being closed for renovations for more than a month, the Goodwill Store on Stillwater Avenue in Bangor has reopened. In addition to having more than 100,000 items on the sales floor. The store has new workforce offices, new floors and fresh paint, a seating area with a charging station and a more shopper friendly layout.

**WHCF Good Day Morning Show**                      **02/05/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Outdoor company, L.L. Bean plans, to lay off about 200 of its employees and close a call center in Lewiston. Officials say it is in the process of reorganizing. LL Bean has 3,500 year-round employees in Maine, including 2,000 in Freeport and 5,200 companywide.

**WHCF Good Day Morning Show**                      **02/05/20**                      **6:00 – 9:00 AM**                      **1:00 min**

UMaine Orono is hosting its Annual Career Fair in an effort to help students and others find employment. 170 employers from Maine and around the country will be on-hand today from 10am to 3pm at the New Balance Student Recreation Center. Job seekers are encouraged to dress professionally, bring a resume and prepare a 30-second introductory pitch.

**WHCF Good Day Morning Show**                      **02/06/20**                      **6:00 – 9:00 AM**                      **1:00 min**

If you live in Brewer or traveling through and need to make a stop at the grocery store, the Brewer IGA is now open for business. The store was packed yesterday for the soft-opening. Store manager and co-owner, Brandon Kenney, says they've got some great deals going on right now. A grand opening celebration is in the works.

**WHCF Good Day Morning Show**                      **02/07/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Lawmakers and industry leaders say Maine could be the perfect place for a SpacePort Complex. The spaceport would be used for launching small Maine-made rockets that would carry "nano-satellites" into orbit. Loring in Limestone, Brunswick Landing and Washington County are possible development sites. The complex would bring in new jobs and economic growth for the region.

**WHCF Good Day Morning Show**                      **02/11/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Bangor city councilors met with county commissioners to discuss a plan for a new jail. The proposed site for the facility is the former YMCA on the corner of Hammond and Court Streets. Right now, the jail houses an average of 180 inmates, even though capacity is only 157. The new building would accommodate about 250 inmates. Estimated cost for the facility is \$65 million.

**WHCF Good Day Morning Show**                      **02/11/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Gas prices have dropped a little more in northern New England in the last week. The latest GasBuddy survey has shown that the average price of gas in Maine went down 4 cents averaging \$2.43 per gallon.

**WHCF Good Day Morning Show**                      **02/12/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The sale is now complete. Ohio-based Verso Corporation has officially sold its Androscoggin Mill in Jay to Pixelle Specialty Solutions. The pending deal with the Pennsylvania-based company was revealed in November following Verso's unveiling of a plan to invest \$120 million in three mills, including the one in Jay--it was all part of a \$400 million deal.

**WHCF Good Day Morning Show**                      **02/13/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Lawmakers in Augusta are discussing a bill that would raise the salary threshold for an estimated 28,000 salaried workers in Maine to be able to receive overtime pay. The law would be implemented incrementally over the next few years eventually making salaried workers who earn less than about \$55,000 per year eligible for overtime. The current threshold is around \$36,000 per year.

**WHCF Good Day Morning Show**                      **02/13/20**                      **6:00 – 9:00 AM**                      **1:00 min**

If you were one of many Spectrum customers in Maine who lost service last week, you can get a credit on your bill. A Spectrum company spokeswoman said they will work with affected customers who contact them to determine the bill credit. Customers have posted on Facebook stating that they've received bill credits ranging from \$1.50 to \$10. The company cites fiber-optic network damaged in two locations as a cause of the outage.

**WHCF Good Day Morning Show**                      **02/14/20**                      **6:00 – 9:00 AM**                      **1:00 min**

In 2016, Chevron agreed to pay a settlement after a riverside terminal they operated on the border of Hampden and Bangor leaked oil into the Penobscot River. State and federal officials announced this week that the settlement funds will pay for nine river restoration projects along the Penobscot. The projects are primarily focused on improving fish passage, and opening up new areas of habitat so that the fisheries can be restored.

**WHCF Good Day Morning Show**                      **02/14/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Yesterday, Dunkin' stores in Bangor got the jump on sharing love by taking care of one of the busiest businesses in the area--Florists. Dunkin' workers visited a number of flower shops who were frantically fulfilling orders for Valentine's Day. Each store received donuts, coffee, and a love note.

**WHCF Good Day Morning Show**                      **02/18/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Data released from the University of Maine and the Maine Snowmobile Association showed that the 2019 snowmobiling industry generated \$459 million in direct spending to Maine's economy. Including indirect

spending, snowmobiling generated more than \$606 million dollars in total to the state's economy. Maine has 14,000 miles of trails for enthusiasts to enjoy.

**WHCF Good Day Morning Show**      **02/20/20**      **6:00 – 9:00 AM**      **1:00 min**

A former Central Maine Power CEO is returning to the company he led in the 1990s to help turn it around. David Flanagan, will serve as executive chairman of the Board of Directors. His hiring comes in the midst of some faced harsh criticism the company has faced over the past couple of years over its rollout of a new billing system. Flanagan's focus will be on improving customer service for Maine customers.

**WHCF Good Day Morning Show**      **02/21/20**      **6:00 – 9:00 AM**      **1:00 min**

A new municipal building is in the future for the town of Howland, as residents recently voted in favor of the facility. Safety and functionality are two of the primary reasons the building is needed. It would house the fire department, EMS transport center, and town office. The building is expected to cost around \$3.4 million, and should be completed within the next year.

**WHCF Good Day Morning Show**      **02/21/20**      **6:00 – 9:00 AM**      **1:00 min**

Maine fishermen have until 4:30 p.m. this afternoon to enter the lottery for a license to harvest elvers. The baby eels are among the most valuable resources in the state, and are used to maturity for food. There are nine available licenses. The state caps the total number of elver licenses at 425.

**WHCF Good Day Morning Show**      **02/24/20**      **6:00 – 9:00 AM**      **1:00 min**

More than 100 wild blueberry farmers from around the state met on Saturday in Bangor to discuss the latest research on the industry. The University of Maine Extension provided the research for the event. Lily Calderwood, the extension's Wild Blueberry Specialist, says, growers are coming up with new ideas for valued products, and there are new marketing initiatives happening. The farmers say the research provided doesn't just help them, but it helps the state's economy.

**WHCF Good Day Morning Show**      **02/24/20**      **6:00 – 9:00 AM**      **1:00 min**

The Hancock County Food Security Network is hosting their 9th Annual Hancock County Food Drive in March. Last year, the month-long food drive raised money and food items resulting in well over 100,000 meals for community members in need. A food drive on Saturday, March 7th, will officially kick off the event with various activities throughout Hancock County. More information can be found on the Hancock County Food Drive, Facebook page.

**WHCF Good Day Morning Show**      **02/25/20**      **6:00 – 9:00 AM**      **1:00 min**

Washington County Commissioners approved a project to build a number of wind turbines that will be placed in Columbia and unorganized territories. 7 in Columbia, 23 in unorganized territories. It is believed the turbines will benefit the residents of Washington County from job creation to increased tax dollars. Washington County Downeast Wind says the project will cost about \$250 million dollars. It is unknown when the project will begin.

**WHCF Good Day Morning Show**      **02/25/20**      **6:00 – 9:00 AM**      **1:00 min**

One non-profit group had great success at the Bangor Mall craft fair last weekend. The Red Knights Motorcycle Club from Newport raised hundreds by holding a bake sale. The money they raised will go to their Firefighter Relief Fund, which is used to help people that have lost houses in fires or similar tragedies. They want you to know that you can still donate by visiting their Facebook page at Red Knights Maine 6.

**WHCF Good Day Morning Show**      **02/27/20**      **6:00 – 9:00 AM**      **1:00 min**

Economic Development Directors in both Bangor and Brewer got together to discuss what they will be doing to improve their waterfronts and other public areas. Brewer says they are continuing work to expand their waterfront space including some new outdoor fitness equipment, and an amphitheater is in the works along Indian Trail Park. Bangor says some critical infrastructure work is underway. Both directors say you can visit their city websites for details on improvement plans.

**WHCF Good Day Morning Show**      **02/27/20**      **6:00 – 9:00 AM**      **1:00 min**

Presque Isle's airport is still waiting to find out what airline will be awarded the contract to provide essential air service to the area. The current contract is with United Airlines, and it runs out on June 30th. Two other airlines have also put in bids. The airport's director says the decision is up to the US Department of Transportation.

**WHCF Good Day Morning Show**      **02/28/20**      **6:00 – 9:00 AM**      **1:00 min**

Ice cream lovers, rejoice! Although the first day of Spring is 3-weeks away, Jimmie's Ice Cream and Grill on North Main St. in Brewer has announced it is officially open for the season. Despite the sleet and snow, we had

yesterday, faithful customers were pretty excited to see them open again, signaling warmer weather is just around the corner. Jimmie's Ice and Grill is open from 11 to seven daily.

**WHCF Good Day Morning Show**      **03/03/20**      **6:00 – 9:00 AM**      **1:00 min**

Governor Mills has signed a bill to provide non-commercial lobster fishing licenses, as well as non-commercial crab fishing and scalloping licenses, free of charge, to disabled veterans. A lawmaker who proposed the law change, says the free licenses are a small token of the state's deep appreciation for all that our disabled service members have sacrificed.

**WHCF Good Day Morning Show**      **03/05/20**      **6:00 – 9:00 AM**      **1:00 min**

Belfast city councilors voted unanimously to hire Senator Erin Herbig as their next city manager. Herbig stated that rather than spreading all of her time and energy across the state, she'll be able to focus it all in Belfast. Herbig will finish up her term in the senate. She'll be replacing Joseph Slocum, who has held the city manager's position for 13 years.

**WHCF Good Day Morning Show**      **03/10/20**      **6:00 – 9:00 AM**      **1:00 min**

Regulators here in Maine are planning to decide about a large land-based salmon farm proposed by Norway-based Nordic Aquafarm in the town of Belfast. The Maine Department of Marine Resources hosted public hearings about the project and has received criticism from residents citing the size of the project and its environmental impact. The state has extended the public comment period until March 12th.

**WHCF Good Day Morning Show**      **03/11/20**      **6:00 – 9:00 AM**      **1:00 min**

The Maine Department of Transportation is holding a meeting on Thursday about replacing a century-old bridge that links the far northern part of the state with New Brunswick. The Madawaska-Edmundston International Bridge is a critical connection between the communities. Maine is working with the New Brunswick Department of Transportation and Infrastructure on different facets of the project that include design, funding and outreach.

**WHCF Good Day Morning Show**      **03/16/20**      **6:00 – 9:00 AM**      **1:00 min**

Sprint, Verizon, AT&T, US Cellular, Spectrum and Comcast are suspending shutoffs for nonpayment during the coronavirus outbreak, with some adding extra services to help Mainers during this difficult time. Those internet, wireless, and cable companies have signed the U.S. Federal Communications Commission's "Keep Americans Connected Pledge," all to ensure that consumers don't lose their broadband or telephone connectivity because they can't pay.

**WHCF Good Day Morning Show**      **03/16/20**      **6:00 – 9:00 AM**      **1:00 min**

With the recent announcement of school closings in the area, Jersey's Subs and Sweets, along with W A Bean & Sons in Bangor, are teaming up to provide free bag lunches to any student in need starting today. Jason Coleman, the owner of Jersey's Subs and Sweets in Old Town and Bangor says, it's just a little way to take some pressure off of parents who are not only trying to find daycare options, but to help them provide meals for their kids.

**WHCF Good Day Morning Show**      **03/17/20**      **6:00 – 9:00 AM**      **1:00 min**

Central Maine Power is submitting a request to the Maine Public Utilities Commission to extend the winter disconnection period from April 15 to May 15. The extension would protect customers who might have trouble paying their bills because of the impact of COVID-19. CMP encourages any customer who is challenged to pay their electric bills to call the company to discuss possible sources of assistance and individual payment arrangements.

**WHCF Good Day Morning Show**      **03/17/20**      **6:00 – 9:00 AM**      **1:00 min**

City of Bangor officials have declared a civil state of emergency. All city offices will close at the end of the day today, until it is advisable to reopen. City Hall staff will continue working. The Community Connector will also be allowing limited access for tickets and passes. Starting today, bars, restaurants, and gathering places are required to close between the hours of 8 p.m. and 2 a.m. All gatherings are recommended to be limited to 10 people. This will be in place for five days. This does not affect essential services like gas stations, grocery stores, and pharmacies.

**WHCF Good Day Morning Show**      **03/17/20**      **6:00 – 9:00 AM**      **1:00 min**

The Coronavirus has had an effect on gas prices in northern New England. The latest GasBuddy.com survey shows Maine gas prices fell 15.1 cents per gallon in the last week, to an average of \$2.19. A GasBuddy spokesperson says, "The root cause continues to be coronavirus related, since demand for oil slumped globally,

inducing the current price war between Russia and Saudi Arabia as they both raise output, causing oil prices to crash through the floor.

**WHCF Good Day Morning Show**                      **03/18/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine Public Utilities Commission voted unanimously to approve the acquisition of Emera Maine by Canadian company, ENMAX Corporation. The \$1.3 billion sale is expected to close within the next week. Emera Maine workers expressed concerns last September about the possibilities of cuts to the company's workforce. ENMAX assured there would be no job cuts or rate increases.

**WHCF Good Day Morning Show**                      **03/18/20**                      **6:00 – 9:00 AM**                      **1:00 min**

It's one of Maine's most lucrative industries, and it's about ready to start. Starting Sunday, those with special licenses will be out in droves seeking baby eels, commonly called elvers. Maine fishermen sold them for more than \$2,000 per pound last year, and they have fetched more than \$2,300 per pound in the past. The elver season runs from March 22 to June 7.

**WHCF Good Day Morning Show**                      **03/18/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Bar Harbor's Town Council has announced that at least through April 30th, it would suspend cruise ship visitations. Bar Harbor Town Council member, Joe Minutolo, stated that it was a tough decision, but it's about preserving the health and welfare of the community. Public access is also prohibited at Bar Harbor's municipal building, the police station, fire station, and the harbor master's office until March 30.

**WHCF Good Day Morning Show**                      **03/19/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Some local retailers may soon see their shelves stocked back up on their depleted supplies of toilet tissue. Tissue Plus in Bangor is a new manufacturing company in Bangor, and they just finished setting up machinery last month not knowing the virus outbreak would incite people to hoard products like toilet paper. They say it was perfect timing. Tissue Plus says even though the demand is higher than usual, they will not be bumping up prices.

**WHCF Good Day Morning Show**                      **03/23/20**                      **6:00 – 9:00 AM**                      **1:00 min**

It was scheduled to start yesterday, but now the multi-million-dollar commercial baby eel fishing season is now delayed due to the coronavirus. Patrick Keliher, commissioner of Maine Department of Marine Resources, says the safety of fishermen and their communities is their primary concern. The fishery might open on April 5th, depending on the status of the outbreak. Approximately 1,000 Mainers are licensed to fish Elvers here in the state.

**WHCF Good Day Morning Show**                      **03/24/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The City of Bangor received a \$5,000 grant from Efficiency Maine and from Climate to Thrive, to install a dual-port electric car charging station in the Pickering Square garage. Bangor city councilor, Ben Sprague, says right now maybe 1 out of 100 vehicles is an electric car, but in a few years, it will increase. He states that Bangor is a forward-thinking city and that they care about the environment.

**WHCF Good Day Morning Show**                      **03/25/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Portland's mayor, Kate Snyder, is asking landlords in the city not to evict tenants or raise rent during the pandemic. Snyder asked for community commitments to halt evictions for 90 days for renters who can show they have been financially impacted by the COVID-19. Snyder said in a statement that it is imperative to ensure that residents are housed and protected, as many are facing unforeseen changes in their employment and income status.

**WHCF Good Day Morning Show**                      **03/26/20**                      **6:00 – 9:00 AM**                      **1:00 min**

With many organizations closed to the public right now, the Bangor Humane Society wants everyone to know that they still have pets in need of adoption or fostering, and that visitations can be scheduled over the phone. Executive director, Suzan Pendergast, says food is also needed so they'll have enough to give so people won't have to surrender their pets. If you need more information, just call 207-942-8902.

**WHCF Good Day Morning Show**                      **03/27/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The deadline to file and pay Maine state income tax to has been moved to July 15th. The new deadline is now in alignment with the federal deadline, which was moved to July 15th last week, as announced by Pres. Trump. Gov. Mills said she hopes the extension will help Mainers who are struggling to make ends meet because of the virus.

**WHCF Good Day Morning Show**                      **03/27/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine's elver fishing season is back on after initially postponing the season for a minimum of two weeks because of the coronavirus. The Department of Marine Resources says that fishermen could cast their nets next Monday, starting at 8 in the morning, although social distancing protocols must be followed.

#### **E. Other**

**WHCF Good Day Morning Show**                      **01/02/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The state's Rural Zoning Agency's staff has concluded the proposed CMP Transmission Line project meets land use regulations. The recommendation comes ahead of a January 8th meeting of the land use planning commission. The project has stirred up controversy, and has been in the works for more than a year. Many residents in western Maine feel the project would damage a mostly-untouched part of Maine's forest.

**WHCF Good Day Morning Show**                      **01/03/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine's next legislative session is soon to begin. The Democrats say they'll be working on the cost of healthcare and dental care. Republicans will point to spending and nursing home closures as issues. Major tax reform will also be on the table. The gavel drops for the 129th legislative session on Wednesday, January 8th.

**WHCF Good Day Morning Show**                      **01/06/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Maine Department of Marine Resources has sent a proposal to the federal government, in response to requirements under the Marine Mammal Protection Act and the Endangered Species Act, to protect North Atlantic right whales. The proposal includes reducing the presumed risk of entanglement in lobster gear, while also minimizing the potential of serious injury and mortality if entanglement occurs. A response from the federal agencies could take months.

**WHCF Good Day Morning Show**                      **01/07/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Bangor's City Council met to discuss an exemption to the city's new styrofoam ban, mainly the exemption on hospitals. The argument is that hospitals are not contributing to styrofoam litter, and styrofoam often times doesn't leave the hospital building. Councilor, Dan Tremble, hopes to do away with that exemption when the ban goes statewide next year.

**WHCF Good Day Morning Show**                      **01/14/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine native, astronaut Jessica Meir and fellow astronaut Christina Koch, are scheduled for spacewalks tomorrow and again on Jan. 20. The two made history when they embarked on the first all-women spacewalk in October aboard the International Space Station. During the spacewalk they'll be completing the installation of new batteries that store energy generated by the space station's solar array.

**WHCF Good Day Morning Show**                      **01/14/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Neily Raymond, a Hermon High School senior, won first place in a state-wide audio essay scholarship competition, hosted by the VFW's "Voice of Democracy" program. Raymond received scholarship money as a prize. In a couple of months, she'll participate in the national finals in Washington, DC.

**WHCF Good Day Morning Show**                      **01/15/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Sarah's House in Holden is excited to announce that they just received a new van complete with custom wrap, which was donated by Darling's Auto Group. The new wheels will help people get to and from their cancer treatments and appointments. Executive Director of Sarah's House, Delores Landry, says, "Darlings has been an amazing community partner since day one.

**WHCF Good Day Morning Show**                      **01/15/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The 79th Maine Ag Trades Show is in full swing at the Augusta Civic Center. The show has a number of conference sessions and trade show exhibit booths for the public to experience, all while celebrating Maine's heritage and innovation in agriculture. The show runs from 9am to 6pm today, and from 9am to 3pm on Thursday.

**WHCF Good Day Morning Show**                      **01/16/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Maine lawmakers got an update yesterday on how implementation is going for a new automatic voter registration plan. Most of the automatic voter registration measures will be seen in 2022, although the Legislature could speed up that process. The Secretary of State's Office hopes to continue working with lawmakers to roll out aspects of the plan as soon as they're ready.

**WHCF Good Day Morning Show**                      **01/16/20**                      **6:00 – 9:00 AM**                      **1:00 min**



There's lots of excitement for a second grader in Medway. Sunny Hafford has just won a National Lego City award for an all-expense paid trip to Alabama to participate in Space Camp at the US Space and Rocket Center. Sunny is a big fan of female astronaut, Jessica Meir of Maine, and hopes one day to follow in her footsteps.

**WHCF Good Day Morning Show**                      **01/17/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Snow days for most teens means a day off to relax at home. Not the case for 15-year-old Garrison Leeman, a freshman at Erskine Academy. Leeman is the youngest person in the state to have a contract to plow a 15-mile stretch in the town of Palermo. It's part of the family business. He has a special work license that allows him to drive for work and to and from school. His peers think it's pretty cool.

**WHCF Good Day Morning Show**                      **01/21/20**                      **6:00 – 9:00 AM**                      **1:00 min**

After years of decline, Maine's smelt population is on the rebound. The National Oceanic and Atmospheric Administration listed it as a federal "species of concern" in 2004, as the health of the fish's population is in question. The Rainbow Smelt is a popular target of ice fishermen in the winter.

**WHCF Good Day Morning Show**                      **01/22/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Dennis Coffey--an Old Orchard Beach resident--is hoping for another win on the popular game show, Jeopardy. His winning streak has, thus far, netted him a total of \$51,000. His fourth attempt happens tonight at 7:30pm on ABC7 (local time).

**WHCF Good Day Morning Show**                      **01/24/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Bangor Public Library has brought back a contest where local artists design bookmarks to raise awareness and funds for a local health care organization. The theme is the past, present, and future of Maine. The top three designs will win cash prizes at an exhibit on February 6th. Submissions are due on January 31st. You can find the full guidelines and rules for the contest on the library website.

**WHCF Good Day Morning Show**                      **01/27/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Hundreds turned out on Saturday to support the life and legacy of Galen Cole who passed away earlier this month. He was the founder of the Cole Land Transportation Museum, and a World War II veteran. Part of Cole's legacy was to teach younger generations the sacrifice made by all war veterans. Galen Cole was 84.

**WHCF Good Day Morning Show**                      **01/29/20**                      **6:00 – 9:00 AM**                      **1:00 min**

A \$25,000 grant from the Maine Technology Institute has been awarded to Maine professor, Dorothy Klimis - Zacasis, for research in turning Maine wild blueberries into a topical cream for wounds. Her research shows certain acids extracted from wild blueberries promote cell migration and help wounds close faster. She expects something on the market in the next three to five years.

**WHCF Good Day Morning Show**                      **01/30/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Just before the Big Game Sunday night, another big game is taking place that will feature a furry player from Maine. Duncan is a beautiful rescue dog from an organization in the town of Solon that will play in one of cutest sports events of the year: The Puppy Bowl! Ninety-six puppies from sixty-one shelters will take to the gridiron on Sunday at 3 p.m. EST on Animal Planet.

**WHCF Good Day Morning Show**                      **02/04/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Opponents of the New England Clean Energy Connect Project, or the Central Maine Power transmission line that will run from Quebec through Maine to Massachusetts, believe they have enough signatures to put the project before Maine voters. The referendum would ask voters if they want the Maine Public Utilities Commission to revoke the permit they gave CMP. The secretary of state has about a month to review the signatures.

**WHCF Good Day Morning Show**                      **02/10/20**                      **6:00 – 9:00 AM**                      **1:00 min**

Two Aroostook County men, Alex Roy and Griffin Clifford are being hailed as heroes after rescuing a person from a burning building on the Van Buren road in Caribou last Friday. Alex Roy stated, "I don't feel like a hero to the world or the county or anything for that matter. I feel like I helped a man in a time of need. Officials say the home is a total loss.

**WHCF Good Day Morning Show**                      **02/10/20**                      **6:00 – 9:00 AM**                      **1:00 min**

The Maine Department of Inland Fisheries and Wildlife has started accepting applications online for this year's Moose hunt lottery. Last year, a little more than 2,800 were awarded. Applications will be accepted until the end of the day on May 14, and the winners announced at Unity College Sky Lodge in Jackman on June 13.

**WHCF Good Day Morning Show**                      **02/18/20**                      **6:00 – 9:00 AM**                      **1:00 min**

One of the state's wildest and chilliest water races is happening on Saturday, April 18th--the 54th annual Kenduskeag Stream Canoe Race. It's a rite of spring for canoeists and kayakers, drawing around 800 each year. To register and for more information, go to [bangorparksandrec.com](http://bangorparksandrec.com).

**WHCF Good Day Morning Show**      **02/20/20**      **6:00 – 9:00 AM**      **1:00 min**

The Bangor Humane Society has been blessed with an unexpected contribution amounting to 1.3 million dollars. Violet and James Moffett, who have since passed away, asked that their gift be used exclusively for the care and feeding of the pets at the Bangor shelter. The Moffetts' themselves rescued many animals over the years including their last dog, Max. Susan Prendergrast, Executive Director of the Bangor Humane Society says, they are speechless.

**WHCF Good Day Morning Show**      **02/24/20**      **6:00 – 9:00 AM**      **1:00 min**

The Lewiston/Auburn area felt the rumblings of an earthquake on Sunday evening around 5:44 p.m.. The United States Geological Survey says it registered as a magnitude 2.2 on the Richter scale, and had a depth of 3 miles. It's considered a minor earthquake, although it is possible that it will be felt by some people, damage is unlikely. A second earthquake around 6:02pm was also reported.

**WHCF Good Day Morning Show**      **02/25/20**      **6:00 – 9:00 AM**      **1:00 min**

Acadia National Park in the summertime can be quite busy, and finding a parking place is at times nearly impossible. That's why park officials will be testing a parking reservation system in hopes of alleviating the overcrowding. Park officials say they're still working out the details of the plan, such as whether it will include a fee or be included in park passes. The reservation system is scheduled to go into effect in the summer of 2021 with a trial period this fall.

**WHCF Good Day Morning Show**      **02/26/20**      **6:00 – 9:00 AM**      **1:00 min**

It's been five months since maintenance worker, Larry Lord, was severely injured when an explosion destroyed LEAP Inc.'s building in Farmington, that took the life of a firefighter. He was transferred to Massachusetts General Hospital for treatment since that tragic day. But now there's good news, as Lord has improved enough to be moved to a rehabilitation facility as he continues to recover. Lord is credited with helping get co-workers to safety before the building blew up.

**WHCF Good Day Morning Show**      **02/26/20**      **6:00 – 9:00 AM**      **1:00 min**

September 11th is now known as "First Responders Day", as Gov. Janet Mills signed a bill into law yesterday. Right now, September 11th is remembered across the country as Patriot Day, and honors the memory of the nearly 3,000 people who lost their lives. Representative Will Tuell of Machias, said he's happy Maine will honor first responders on a day that people already associate with some type of memory, and hopes that on September 11th, folks invite law enforcement out and celebrate and thank them for all that they do.

**WHCF Good Day Morning Show**      **02/27/20**      **6:00 – 9:00 AM**      **1:00 min**

You could win an inn. Jennifer Helman and her fiancé Dale Joyce are holding an essay contest to find a new owner for Harbor Watch Inn on Swan's Island in Maine. The couple wants to make sure whoever takes over is the right fit for the inn and the island. Helman says it's a viable business. The prize also includes a \$25,000 operating fund. To learn more information, or to enter the contest, go to [www.WinOurInn.com](http://www.WinOurInn.com).

**WHCF Good Day Morning Show**      **02/28/20**      **6:00 – 9:00 AM**      **1:00 min**

Maine voters will be voting in a primary on March 3rd, and not a caucus for the first time since 2000. The purpose of the primary is for voters to designate their preference for the nomination of their party's candidate. You must be registered with either the Democratic Party or the Republican Party to participate in the primary. Maine is one of 15 jurisdictions voting on March 3—otherwise known as Super Tuesday.

**WHCF Good Day Morning Show**      **03/02/20**      **6:00 – 9:00 AM**      **1:00 min**

Starting Thursday, one of the biggest commercial fishing trade shows in the Northeast is scheduled to take place at the Samoset Resort in Rockport. The Maine Fishermen's Forum is an event dedicated to a healthy fishing industry engaging in stewardship and self-regulation. The event serves as a way for members of the industry to get valuable face-time with regulators, suppliers, scientists and others. It will run through Saturday.

**WHCF Good Day Morning Show**      **03/02/20**      **6:00 – 9:00 AM**      **1:00 min**

In a 4-mile stretch on I-95 in Hampden, the state of Maine is replacing eight highway bridges and rehabilitating a ninth near Bangor. Maine DOT says the bridges are almost 60 years old and approaching the end of their usefulness. The project is expected to take until the end of November 2022 and cost a little less than \$45 million.

**WHCF Good Day Morning Show                      03/03/20                      6:00 – 9:00 AM                      1:00 min**

If you're currently a team captain for Northern Light EMMC's Champion the Cure Challenge, or considering becoming a team captain, a kickoff celebration will be held this Thursday evening at Beal College on the Farm Rd. in Bangor, from 5:30-7pm. It will be an evening filled with fun, food, fellowship, and plenty of new ideas! No need to RSVP. You can get more information by calling 207.973.5055, or visit [ctcchallenge.org](http://ctcchallenge.org).

**WHCF Good Day Morning Show                      03/03/20                      6:00 – 9:00 AM                      1:00 min**

Today is Super Tuesday, and for the first time in two decades, Mainers will participate in the presidential primary. Maine is using a semi-closed primary. In order to vote in the primary elections, you need to be a declared member of a party. Registered independents are the exception. Independent voters can arrive on the day of the election and register in the party of their choice.

**WHCF Good Day Morning Show                      03/04/20                      6:00 – 9:00 AM                      1:00 min**

A property owner in Bangor is hoping to get a zone change so that she can develop a seasonal RV park on land off Stillwater Avenue, between Walmart and the Penjajawoc Marsh. Landowner, Cindy DeBeck, says the proposed seasonal RV park would be specifically for retirees who leave the area for the winter months. The suggested zone change is subject to planning board and city council approval.

**WHCF Good Day Morning Show                      03/05/20                      6:00 – 9:00 AM                      1:00 min**

In a tight race in the Democratic primary here in Maine, Joe Biden, won the state with 33.9% of the vote; Sanders trailed close behind with 32.9%. Biden and Sanders split the two biggest cities in Maine: Sanders won Portland by a near 20-point margin and Biden edged out Sanders in Lewiston by a mere 57 votes. It was also close in Bangor--Sanders won 1,446 to Biden's 1,151.

**WHCF Good Day Morning Show                      03/06/20                      6:00 – 9:00 AM                      1:00 min**

Even though the race won't happen until December, the Millinocket Marathon and half-marathon is filling up fast with participants. First starting in 2015, the FREE race has grown into something so much more, adding a big boost to the local economy. Last year, the race drew runners from 43 states. The cap is 2,500, so you better get a move on if you want to sign up. You can visit [crowatheltics.com](http://crowatheltics.com) for more information.

**WHCF Good Day Morning Show                      03/06/20                      6:00 – 9:00 AM                      1:00 min**

The W-4 tax form has had some changes to it. Now is a good time to make sure your tax withholding information is up to date. If you don't check your withholdings, you may notice less of a refund or you could owe more next year. Experts say it's because there's no place for exemptions on the new form. It's best to ask a tax professional for help filling out the form.

**WHCF Good Day Morning Show                      03/09/20                      6:00 – 9:00 AM                      1:00 min**

1,600 suggestions for a new nickname for Skowhegan school has been received by school officials. The school voted to retire the "Indians" mascot recently. Last report is that the list has been whittled down to 305. The list will be reviewed by school administrators. Students in grades six through 12 will be asked to provide feedback once it's down to five final suggestions. There is no timeline for when the nickname and mascot selection process must be completed.

**WHCF Good Day Morning Show                      03/09/20                      6:00 – 9:00 AM                      1:00 min**

The 82nd Annual Eastern Maine Sportsmen's Show is scheduled to take place this coming weekend at the University of Maine Field House in Orono. 150 vendors, ranging from sporting goods dealers to hunting and fishing guides will be on display. It's a great place to see the latest outdoor activities and products. It starts this Friday and runs through Sunday. For times and ticket prices visit: [conservationassociation.org](http://conservationassociation.org).

**WHCF Good Day Morning Show                      03/10/20                      6:00 – 9:00 AM                      1:00 min**

Calling it simply the "right thing to do", Maine Sen. Angus King and Rep. Jared Golden, have proposed to congress that families of people who died during military service should receive free access to national parks. David MacDonald, president of Friends of Acadia says, Gold Star Family Members have endured hardships and heartaches associated with the sacrifices made by their loved ones so he applauds the effort to increase access. The proposal has also received support from veterans' groups and organizations that advocate for access to public land.

**WHCF Good Day Morning Show                      03/13/20                      6:00 – 9:00 AM                      1:00 min**

The largest paddling event in New England and one of the largest in the country is almost here. The 54th Annual Kenduskeag Stream Canoe Race will take place on Saturday, April 18, at 9am. Hosted by the Bangor Dept. of Parks & Recreation, the 16.5-mile race begins in the Town of Kenduskeag and ends near the

confluence of the Penobscot River in downtown Bangor. To register and FMI, go to [kenduskeagstreamcanoerace.com](http://kenduskeagstreamcanoerace.com).

**WHCF Good Day Morning Show                      03/19/20                      6:00 – 9:00 AM                      1:00 min**

One of America's popular game shows featured a student from the University of Maine. Noah Zierhut competed for cash and prizes on Wheel of Fortune last night in a pre-recorded show netting him a first-place finish and taking home \$19,750. Congratulations to Noah.

**WHCF Good Day Morning Show                      03/26/20                      6:00 – 9:00 AM                      1:00 min**

Northern Light Health has announced that it has promoted senior vice president, Tim Dentry, to the top position to president and chief executive officer. He's expected to begin his new position on April 1. Northern light health includes some of the largest health care facilities in Maine, such as EMMC and Mercy Hospital in Portland.

**WHCF Good Day Morning Show                      03/31/20                      6:00 – 9:00 AM                      1:00 min**

Maine Department of Inland Fisheries & Wildlife says boaters in Maine are allowed to operate without a 2020 registration until April 30th of this year. Maine boat registrations usually expire at the end of the calendar year. Because many municipal offices are closed or have limited services, the state will relax the registration requirement until offices can work out all the logistical details. The state reminds boaters that many registrations can be renewed online.

**\* Good Day Morning Show with Nelson Jewell and Dorian Daniels News Clips run at 6:50 and 7:50 AM for 1:30 min**

### **Section III. Other Issues on Programs**

The station has the following short broadcast programming dealing with the above identified issues and other issues:

**A. Love Language Minute:**

A daily weekday program aired at 5:50 PM. Speaker Gary Chapman presents topics concerning the family.

**B. My MoneyLife**

A two-minute weekday program aired at 10:00 AM. Crown Financial counselors share helpful information in dealing with personal, family, and small business finances.

**C. Family Minute**

A daily weekday program aired at 9:30 PM. Speaker Jim Fuller addresses many family and parenting issues.

**D. Family Minute**

A daily weekday program aired at 9:30 AM. Speaker Bill Maier addresses many family and parenting issues.

**E. Real Family Life**

A 90 second daily weekday program aired at 10:00 AM and 7:00 PM. Speaker Dennis Rainey addresses many family and parenting issues.

**F. Joy Bringer**

Season Bowers invites listeners all across the country to a lifestyle of JOY with her Joy Bringer radio feature. Discover lasting and powerful joy and connect with Jesus.

G. My Family Talk

A 90 second daily weekday program aired at 12:00 PM. Speaker James Dobson addresses many family and parenting issues.

H. Community Calendar

A 60 second locally produced feature that rotates through the day and highlights local events, seminars, and activities throughout the state.

The station has the following 30 or 60 minute broadcast programming dealing with the above identified issues and other issues:

A. Focus on the Family

Broadcast weekdays at 11:30 AM and 7:30 PM. Focus on the Family is a global Christian ministry dedicated to helping families thrive. Providing help and resources for couples to build healthy marriages that reflect God's design and for parents to raise their children according to morals and values grounded in biblical principles.

B. Family Life Today

FamilyLife Today is conversational in nature and provides practical, biblical tools to address the issues affecting your family. You'll receive motivation, encouragement, and help. Broadcast weekdays at 11:00 AM and 6:30 PM with host Dennis Rainey.

C. Family Talk

Dr. James Dobson provides sound biblical advice on Christian marriages, families and parenting through the ministry of Family Talk's radio program with co-host Ryan Dobson and LuAnne Crane. Broadcast weekdays at 9:00 AM.

D. Money Wise

Teaching people of all ages how to handle money based on the principles of the Bible. Broadcast weekdays at 12:30 PM with host Howard Dayton.