

## **Over 50 Lunch & Learn – Strength & Stability Exercise**

January 3, 2023 1:00 PM - January 31, 2023 1:45 PM

Strength & Stability Exercise held at Care Cove, Viroqua each Tuesday and Thursday from 1pm-1:45pm. For more information, call Over 50 Lunch & Learn 262-384-0082.

January dates include:

- January 3 / January 5
- January 10 / January 12
- January 17 / January 19
- January 24 / January 26
- January 31

## **VMH & Versiti Blood Drive**

January 4, 2023 9:00 AM - January 4, 2023 2:00 PM

In celebration of January as National Blood Donor Month, Vernon Memorial Healthcare (VMH) and Versiti will hold a blood drive at the VMH main campus, 407 S. Main Street, Viroqua.

Visitors should enter through the main entrance of the clinic building and proceed to the lower level conference room.

You can [make an appointment online](#), or call 877-232-4376.

## **Over 50 Lunch & Learn – Program**

January 4, 2023 12:00 PM - January 4, 2023 1:00 PM

Noon program is Restoring the Hwy 14 Sundial with Second Nature at Reeds Creek. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn – Tai Chi Exercise**

January 4, 2023 1:00 PM - January 30, 2023 1:45 PM

Tai Chi Exercise is held each Monday and Wednesday afternoon from 1pm-1:45pm at Care Cove, Viroqua.

Call Over 50 Lunch & Learn 262-384-0082.

January dates include:

- January 4 (\*\*NOTE: there will be no Tai Chi Exercise on Monday, January 2)
- January 9 / January 11
- January 16 / January 18
- January 23 / January 25
- January 30

## **Ladles of Love**

January 5, 2023 5:00 PM - January 5, 2023 7:00 PM  
This event recurs weekly

A community meal held each Thursday at Barney Center, located at 1000 East Montgomery Street in Sparta.

All are welcome!

## **No Addicts Left Behind**

January 5, 2023 5:00 PM - January 28, 2023 6:00 PM

A beginner's meeting with the focus on telling your story and starting a new life.

**LOCATION:** Trinity Lutheran Church – 612 North Water Street – Sparta, WI 54656

**WHEN:** Every Tuesday, Thursday, and Saturday from 5PM – 6PM.

## **Sober Eyes**

January 5, 2023 5:30 PM - January 31, 2023 6:30 PM

Making sobriety cool!!

Addiction Recovery Support Group!

Open to anyone experiencing addiction challenges as well as any person, family, or friend interested in learning more!

Must be 18 or older to attend.

### **Facilitator Led Meeting**

Sundays at 5:30PM

St. Matthews Church

4285 Highway 12

Warrens, WI 54666

**Peer Led Meeting**

Tuesdays at 5:30PM

Barney Community Center

1000 East Montgomery Street

Sparta, WI 54656

**Peer Led Meeting**

Thursdays at 5:30PM

Area Community Theater

907 Kilbourn Avenue

Tomah, WI 54660

More information can be found [online](#), on [Facebook](#), by emailing [Soberizeinc@gmail.com](mailto:Soberizeinc@gmail.com), or by calling (608) 387-5370.

## **Sparta FFA Card Party**

January 6, 2023 7:00 PM - January 6, 2023 9:00 PM

Held at the Sparta High School.

Admission is \$5.

The card party will have food and prizes.

## **Candlelight Night Ski/Snowshoe/Hike**

January 7, 2023 5:00 PM - January 7, 2023 9:00 PM

Held at Wildcat Mountain State Park, E13660 Hwy 33, Ontario WI

Hike, snowshoe, or ski a 1.5-mile torchlit trail, warm up around a roaring campfire, and gaze up at the stars under a nearly full moon. Refreshments will be available.

John Heasley of Driftless Stargazing, LLC will be hosting a stargazing activity, weather permitting. Bring binoculars and learn to use them for stargazing.

A park admission sticker is required for vehicles entering the park.

Further information is available at the [Friends of Wildcat Mountain State Park website](#) or [Facebook page](#) or by calling the park office at 608-337-4775.

## **Over 50 Lunch & Learn – Strength & Stability Exercise**

January 10, 2023 1:00 PM - January 31, 2023 1:45 PM

Strength & Stability Exercise held at Care Cove, Viroqua each Tuesday and Thursday from 1pm-1:45pm. For more information, call Over 50 Lunch & Learn 262-384-0082.

January dates include:

- January 10 / January 12
- January 17 / January 19
- January 24 / January 26
- January 31

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**WHEN:** Every Tuesday, Thursday, and Saturday from 5PM – 6PM.

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**Peer Led Meeting**

Thursdays at 5:30PM  
Area Community Theater  
907 Kilbourn Avenue  
Tomah, WI 54660

More information can be found [online](#), on [Facebook](#), by emailing [Soberizeinc@gmail.com](mailto:Soberizeinc@gmail.com), or by calling (608) 387-5370.

## **Over 50 Lunch & Learn – Program**

January 11, 2023 12:00 PM - January 11, 2023 1:00 PM

Noon program is Sleep in Heavenly Peace with Wayne Sherry. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love**

January 12, 2023 5:00 PM - January 12, 2023 7:00 PM  
This event recurs weekly

A community meal held each Thursday at Barney Center, located at 1000 East Montgomery Street in Sparta.

All are welcome!

## **36th Annual Onalaska Show Choir Classic**

January 13, 2023 5:00 PM - January 14, 2023 8:00 PM

Onalaska Hilltopper and Express students are excited to announce the 36th annual Show Choir Classic which runs January 13 & 14.

### **January 13**

5PM – Middle School Show Choir Competition @ OHS Fieldhouse

5PM – Concert Choir Competition @ First Lutheran Onalaska

### **January 14**

8:30AM – High School Show Choir Competition @ OHS Fieldhouse w/ Finals @ 7PM

\$10 Friday Pass

\$20 Saturday Pass

\$25 Weekend Pass

More information can be found on [Facebook](#) or by emailing [showchoirclassic@gmail.com](mailto:showchoirclassic@gmail.com).

## **Over 50 Lunch & Learn – Tai Chi Exercise**

January 16, 2023 1:00 PM - January 30, 2023 1:45 PM

Tai Chi Exercise is held each Monday and Wednesday afternoon from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082. January dates include: -January 16 / January 18 -January 23 / January 25 -January 30

## **Trinity Lutheran Church Blood Drive**

January 16, 2023 12:00 PM - January 17, 2023 6:00 PM

Held at Trinity Lutheran Church – 612 North Water Street, Sparta, WI

### **Blood Drive Dates & Times:**

Monday, January 16 – NOON – 5PM ([schedule appointment](#))

Tuesday, January 17 – 1PM – 6PM ([schedule appointment](#))

Appointments can be made online or by calling (877) 232-4376.

## **Over 50 Lunch & Learn – Strength & Stability Exercise**

January 17, 2023 1:00 PM - January 31, 2023 1:45 PM

Strength & Stability Exercise held at Care Cove, Viroqua each Tuesday and Thursday from 1pm-1:45pm. For more information, call Over 50 Lunch & Learn 262-384-0082.

January dates include:

-January 17 / January 19

-January 24 / January 26

-January 31

## **No Addicts Left Behind**

January 17, 2023 5:00 PM - January 28, 2023 6:00 PM

A beginner's meeting with the focus on telling your story and starting a new life.

**LOCATION:** Trinity Lutheran Church – 612 North Water Street – Sparta, WI 54656

**WHEN:** Every Tuesday, Thursday, and Saturday from 5PM – 6PM.

## **Sober Eyes**

January 17, 2023 5:30 PM - January 31, 2023 6:30 PM

Making sobriety cool!!

Addiction Recovery Support Group!

Open to anyone experiencing addiction challenges as well as any person, family, or friend interested in learning more!

Must be 18 or older to attend.

### **Facilitator Led Meeting**

Sundays at 5:30PM

St. Matthews Church

4285 Highway 12

Warrens, WI 54666

### **Peer Led Meeting**

Tuesdays at 5:30PM

Barney Community Center

1000 East Montgomery Street

Sparta, WI 54656

### **Peer Led Meeting**

Thursdays at 5:30PM  
Area Community Theater  
907 Kilbourn Avenue  
Tomah, WI 54660

More information can be found [online](#), on [Facebook](#), by emailing [Soberizeinc@gmail.com](mailto:Soberizeinc@gmail.com), or by calling (608) 387-5370.

## **Over 50 Lunch & Learn – Program**

January 18, 2023 12:00 PM - January 18, 2023 1:00 PM

12 noon program is Protect Your Joints with Ilana Pestcoe, Occupational Therapist, VMA. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love**

January 19, 2023 5:00 PM - January 19, 2023 7:00 PM  
This event recurs weekly

A community meal held each Thursday at Barney Center, located at 1000 East Montgomery Street in Sparta.  
All are welcome!

## **21st Annual Rabbit & Squirrel Hunt / 9th Annual Fishing Contest**

January 21, 2023 8:00 AM - January 21, 2023 3:00 PM

Cataract Sportsmen's Club – 5984 Cannon Road, Cataract, WI.

### **Rabbit Hunt**

2-Person Teams

Entry Fee: \$30 per team

Limit 6 Rabbits

1st, 2nd, 3rd place by total weight

**\*NEW\*** Lucky Rabbit Draw

– *Get 1 ticket for each rabbit weighed in*



- 3 random winners drawn for cash prize
- Teams that place for total weight are not eligible for Lucky Draw

### **Youth Rabbit Hunt**

Age 13 & Under, Individual Registration

Must be accompanied by a Mentor

Entry Fee: \$10 per youth

Limit 3 Rabbits

1st, 2nd, 3rd place by total weight

**\*NEW\*** Lucky Youth Rabbit Draw

– Same As Lucky Rabbit Draw Rules Above

### **Squirrel Hunt**

2-Person Teams

Entry Fee: \$30 per team

Limit 10 Squirrels

1st, 2nd, 3rd place by total weight

**\*NEW\*** Lucky Squirrel Draw

– Get 1 ticket per type of squirrel weighed in (black, gray, & red squirrel)

– 1 random winner for each type above

Pine Squirrel Contest

– Winner for most Teams that place for total weight are not eligible for Lucky Draw

### **Youth Squirrel Hunt**

Age 13 & Under, Individual Registration

Must be accompanied by a Mentor

Entry Fee: \$10 per youth

Limit 5 Squirrels

1st, 2nd, 3rd place by total weight

**\*NEW\*** Lucky Youth Squirrel Draw

– Same As Lucky Squirrel Draw Rules Above

Pine Squirrel Contest

– Same As Pine Squirrel Contest Rules Listed Above

### **Fishing Contest**

Individual Registration

Entry Fee: \$20 per person

May enter 1 fish in EACH species (*Bluegill, Crappie, Northern, Perch, & Walleye*)

1st, 2nd, 3rd place by weight of 1 fish per each species

Fishing spot by choice

**SIGN UP** by 6pm on Friday, January 20 at Cataract Mart, Big Dan's Longbranch, or Brock's Butcher Block.

**GUN RAFFLE** – Tickets \$2/ea. or 3 for \$5 at sign-up locations. Drawing January 21 at 5:30 PM. Need not be present to win.

**WEIGH IN** will take place between 3 PM – 4:30 PM.

**ALL WINNERS WILL BE ANNOUNCED** at 5:30 PM at CSC Activity Building.

**Any Coyote brought in receives \$5.**

**ALL DNR RULES APPLY – HUNTING / FISHING MUST BE DONE DAY OF CONTEST ONLY.**

More information can be found on the [CSC Website](#), on [Facebook](#), by calling Jared Smith at (608) 487-7400, or emailing [cataractsportsclub@gmail.com](mailto:cataractsportsclub@gmail.com).

Event Website: <https://www.facebook.com/events/s/cataract-sportsmens-club-rabbi/1296305237826825/>

## **Prom Dress Resale**

January 21, 2023 10:00 AM - January 22, 2023 2:00 PM

Event will be held at Cashton High School – 540 Coe Street, Cashton, WI  
Gather those prom and homecoming dresses and make someone's dream come true!  
Either donate them to the Cashton Prom Committee or sell them at the Post Prom Resale.

### **Dress Drop Off**

Saturday, January 14 – 10AM – 2PM

Sunday, January 15 – 1PM – 3PM

**Resale Event**

Saturday, January 21 – 10AM – 4PM

Sunday, January 22 – 12PM – 2PM

Consignment fee of \$5 per dress. The Post Prom Committee receives 25% of all merchandise sold at the event.

All items must be clean and free of defects. The Post Prom Committee reserves the right to decline any dresses.

Unsold items must be picked up by 3PM on Sunday, January 22.

For more information, please contact [khoeft914@gmail.com](mailto:khoeft914@gmail.com) or call (608) 487-1773.

## **The Taste – Fundraiser for Onalaska Education Foundation**

January 21, 2023 5:00 PM - January 21, 2023 11:00 PM

The Taste, Onalaska Education Foundation's largest fundraiser, will be held at the Stoney Creek Inn. This annual event helps raise money for Onalaska public and private educational programs.

Doors open and drinks will be served at 5 p.m. Food will be served from 5-8 p.m. The evening will include samples from many area eateries and caterers, including: Big Al's Too Pizza, Big Boar BBQ, Burrachos, Caribou Coffee, Crossroads Bar & Grill, Cupcake Artistry, Hmong's Golden Eggroll, Nutbush, and Outback Steakhouse. Tap beer and wine will be available with purchase of beverage tickets. Stoney Creek will have a full service cash bar. Water and soda will also be available.

Tickets are \$35 each, which includes admission, food, and starting chips for the gaming tables. This year's event features 10 casino tables where participants can enjoy the games and win tickets to be used for chances at great prizes. Come see local "celebrity" dealers at the tables. A Silent auction and 50-50 raffle will complete the evening. Tickets are available from any Foundation board member and on the website at [www.onalaskafoundation.org](http://www.onalaskafoundation.org).

Tax-deductible gifts to the Foundation are an investment in Onalaska education and the community.

## **Ice Fishing Derby**

January 22, 2023 10:00 AM - January 22, 2023 3:00 PM

Hosted by the Norwalk Sportsman Club.

Registration starts at 9am at the clubhouse – 22004 King Fisher Road, Norwalk, WI, 54648.

\$12 for Adults (16 years and older)

\$10 for children (15 years and younger)

Prizes

Food and Drinks will be available on the grounds.

Please NO carry-ins.

This will assist in building a new clubhouse after the tornado.

Donations are welcome.

## **Bangor Lions Membership Drive**

January 22, 2023 11:00 AM - January 22, 2023 2:00 PM

The Bangor Lions are hosting a Membership Drive in the back room at Augie's Bar in Bangor. Come to learn more about the Lions.

Pizza and refreshments will be served, and there will be a drawing for a \$25 Augie's gift card.

## **Over 50 Lunch & Learn – Tai Chi Exercise**

January 23, 2023 1:00 PM - January 30, 2023 1:45 PM

Tai Chi Exercise is held each Monday and Wednesday afternoon from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082. January dates include: -January 23 / January 25 -January 30

## **No Addicts Left Behind**

January 24, 2023 5:00 PM - January 28, 2023 6:00 PM

A beginner's meeting with the focus on telling your story and starting a new life.

**LOCATION:** Trinity Lutheran Church – 612 North Water Street – Sparta, WI 54656

**WHEN:** Every Tuesday, Thursday, and Saturday from 5PM – 6PM.

## **Sober Eyes**

January 24, 2023 5:30 PM - January 31, 2023 6:30 PM

Making sobriety cool!!

Addiction Recovery Support Group!

Open to anyone experiencing addiction challenges as well as any person, family, or friend interested in learning more!

Must be 18 or older to attend.

### **Facilitator Led Meeting**

Sundays at 5:30PM

St. Matthews Church

4285 Highway 12

Warrens, WI 54666

### **Peer Led Meeting**

Tuesdays at 5:30PM

Barney Community Center

1000 East Montgomery Street

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### **Peer Led Meeting**

Thursdays at 5:30PM

Area Community Theater

907 Kilbourn Avenue

Tomah, WI 54660

More information can be found [online](#), on [Facebook](#), by emailing [Soberizeinc@gmail.com](mailto:Soberizeinc@gmail.com), or by calling (608) 387-5370.

## Over 50 Lunch & Learn – Program

January 25, 2023 12:00 PM - January 25, 2023 1:00 PM

Noon program is Power of 100+ Driftless Region with Randi Strangstalien & Jenna Bean. Call Over 50 Lunch & Learn 262-384-0082.

## Ladles of Love

January 26, 2023 5:00 PM - January 26, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday at Barney Center, located at 1000 East Montgomery Street in Sparta.

All are welcome!

## 31st Annual Great Tri-State Rail Sale

January 28, 2023 9:00 AM - January 28, 2023 3:00 PM

Held at the La Crosse Center, it's the tri-state's largest one-day hobby sale, model railroad flea market, and swap meet.

300 Vendor Tables featuring:

- All Scales Equipment & Accessories
- Railroad Antiques & Memorabilia
- R.R. Books, Magazines, & Pictures
- Hobby Supplies
- Die-Cast Models
- Antique Toys

... *and much, much more!!*

### Admission:

\$5/person

Children under 12 FREE (*must be accompanied by an adult*)

More information and reservations [can be found online](#), or by calling (608) 781-9383 or (608) 498-9522.

## Justin Trails Winter Farmer's Market

January 28, 2023 9:00 AM - January 28, 2023 1:00 PM  
This event recurs weekly until March 25, 2023

Held each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## Monroe County Land Stewardship Awards Banquet

January 28, 2023 5:00 PM - January 28, 2023 8:00 PM

The Monroe County Land Conservation Department will be hosting a Land Stewardship Awards Banquet to recognize and celebrate the 2022 Conservation Farmer, Conservationist and Tree Farmer of the Year.

The awards recognize outstanding individuals, nominated and selected by their peers, who have a history of land stewardship and commitment to conservation.

Award Winners:

- *Conservationist of the Year*– **Carol & Ned Gatzke**
- *Conservation Farmer of the Year* – **Brueggen Family Dairy Farm, Inc.**
- *Tree Farmer of the Year* – **Tana & Bill Johnson**
- *Poster Contest Winners*

The banquet will be held at the American Legion in Sparta starting at 5:00pm and will consist of an evening meal, youth conservation poster contest recognition & award presentations. **Registration deadline is Monday, January 23<sup>rd</sup>.**

Tickets (\$15/adult & \$10/youth) can be purchased through the Land Conservation Dept., 820 Industrial Drive, Suite 3, Sparta, WI 54656. Contact – Tracy@608.269.8973, email: [tracy.antonneau@co.monroe.wi.us](mailto:tracy.antonneau@co.monroe.wi.us) More information can be found [here](#).

## Veterans Memorial Court of Honor Meatball Dinner

January 28, 2023 5:00 PM - January 28, 2023 7:30 PM

Held at West Salem American Legion – 148 South Leonard Street, West Salem, WI

Menu: Meatballs, gravy, mashed potatoes, green beans, lefse, bread, coffee, milk, dessert.

Cost: \$13/adults, \$6/children under 10.

Dine-in or carry out available. Delivery available in West Salem only. Call 786-0051.

Profits to be used for Straightening the Pillars Project.

## **Over 50 Lunch & Learn – Tai Chi Exercise**

January 30, 2023 1:00 PM - January 30, 2023 1:45 PM

Tai Chi Exercise is held each Monday and Wednesday afternoon from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082. January dates

include: -January 30

## **Over 50 Lunch & Learn – Strength & Stability Exercise**

January 31, 2023 1:00 PM - January 31, 2023 1:45 PM

Strength & Stability Exercise held at Care Cove, Viroqua each Tuesday and Thursday from 1pm-1:45pm. For more information, call Over 50 Lunch & Learn 262-384-0082.

January dates include:

-January 31

## **Auction to Benefit Peyton Foster**

January 31, 2023 7:00 PM - January 31, 2023 9:00 PM

At the Tomah Ice Rink – 1625 Butts Ave., Tomah, WI, 54660.

Following the Tomah HS Boys hockey game, the team will be auctioning off special jerseys with all proceeds going to the family of Peyton Foster to help offset the cost of Peyton's cancer treatment.

## **Tomah Community Blood Drive**

February 2, 2023 10:45 AM - February 2, 2023 5:00 PM



Held at Tomah Masonic Lodge – 520 East Saratoga Street, Tomah, WI  
Appointments can be made [online](#) or by calling 1-800-RED-CROSS (733-2767).  
Give in February for a \$10 Gift Card by email thanks to Amazon, and be automatically entered for a chance to win a trip for 2 to Clearwater Beach, FL. [Terms & conditions apply.](#)

## **La Crosse Lions Charities Ground Hog Dinner & Charity Raffle**

February 2, 2023 4:00 PM - February 2, 2023 7:30 PM

Held at Moose Lodge, Ward Avenue.

Cost: \$10 for adults, \$5 for children age 5-12.

Enjoy Ground Hog Day with the Best Groundhog Dinner in the Seven Rivers Region!  
Dine in for the dinner and raffle or drive by and pick up a take-home dinner. The Lions will be serving the area's Best Ground Hog. Actually, it's a pulled pork dinner with all the trimmings – coleslaw, baked beans, beverage and dessert. Delivery is available for 4 or more dinners. Along with the dinner the Lions will be selling raffle tickets for many great prizes donated by local businesses.

## **Ladles of Love **\*\*NEW LOCATION\*\*****

February 2, 2023 5:00 PM - February 2, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page.](#)

## **Ridgeway, MN Community School Open Enrollment / Open House Schedule**

January 20, 2023 12:00 PM - February 4, 2023 3:00 PM

The **Open Enrollment Period** for students wishing to enroll at Ridgeway Community School for the **2023-24 school year is going on now through January 31, 2023.** New students who register during

the open enrollment period will be given equal opportunity to fill remaining spaces available in each of the kindergarten to 5th grade classes. Ridgeway Community School is located two miles east of the intersection of I-90 and MN Hwy 76 on Winona County Rd. 12, just west of the village of Ridgeway, MN.

**Kindergarten Roundup Open House will be held on Tuesday, January 24<sup>th</sup> from 6:00 to 7:00 p.m.** The event is geared for families who have a child who will be five years old by September 1, 2023 and would like to learn more about the school's kindergarten to 5<sup>th</sup> grade academic and enrichment programs. Families planning to attend the Kindergarten Roundup Open house are asked to R.S.V.P. to the school office at 507-454-9566 or [office@ridgewayschool.org](mailto:office@ridgewayschool.org)

**Little Jay's Open Gym and Story Time – Saturday, January 28<sup>th</sup> from 8:30 to 10:00 a.m.** Families with children ages 2 to 6 are invited to stop in to Ridgeway Community School for some free Open Gym time, followed by a fun story and craft time in the school library. This is a family activity time so parents need to stay with their children. Younger and older siblings are welcome to participate, but activities will be geared towards 2 to 6 year olds.

**Winter Family Fun Day Open House – Scheduled for Saturday, February 4<sup>th</sup> from 1:00 to 3:00 p.m.,** this Open House will feature a variety of outdoor or indoor activities depending on the weather and snow conditions. If conditions permit there will be an outdoor sledding, cross country (Nordic) skiing, and snow shoeing party. If conditions don't warrant outdoor activities then families can use the school's climbing wall, and do other open gym activities. The Pleasant Busy Bees 4-H Club will also be providing some hands-on STEM activities along with information about Winona County 4-H programs.

As a free public charter school there is no charge to attend Ridgeway Community School's kindergarten to 5<sup>th</sup> grade elementary program. The school is overseen by an independent board of directors that is comprised of teachers, parents, and a community member. The Ridgeway Community School board has set the school's class size limit at 18 students in each of the kindergarten through 5<sup>th</sup> grade classes. If there are more applications for student enrollment submitted during the Open Enrollment Period than there are spaces remaining in each of Ridgeway's classes then a lottery will be held on

February 2nd. According to state law, enrollment preference is given to siblings of currently enrolled students and children of school staff.

Families who are not able to attend any of these open house events are welcome to contact the school and set up a time for a tour and a chance to visit a classroom if so desired. To register for the kindergarten open houses, make arrangements to visit the school, or to receive an enrollment application or see a list of additional special events and dates contact the school office at 507-454-9566 or [office@ridgewayschool.org](mailto:office@ridgewayschool.org) or visit the school's website: [www.ridgewayschool.org](http://www.ridgewayschool.org) , Facebook or Instagram pages.

## **13th Annual Freeze Fest**

January 30, 2023 10:00 AM - February 5, 2023 7:00 PM

The Tomah Rotary Club and Tomah Parks & Recreation Department invites the public to the 13th Annual

Freeze Fest. The goal of this event is to provide a winter weekend for the Tomah Community to come out, enjoy different activities, get rid of the winter blues and to raise funds for Tomah Rotary Programs.

The cost for many events is a \$1.00 Freeze Fest Button which will be available at City Hall and the Chamber office.

Events include a medallion hunt, chili cook-off, movie night, and much more. [Click here for a full list of events.](#) More information can be found on the [Tomah Rotary Club Facebook page.](#)

## **Winter Rendezvous**

February 3, 2023 7:30 AM - February 5, 2023 5:00 PM

Sparta Eagles Club is hosting a winter rendezvous this weekend (Friday-Sunday). The grounds will be open during daylight. You will be able to learn about winter camping, cooking, black powder shooting, and fire-starting.

## **100th Annual Ski Jumping Tournament**

February 3, 2023 6:00 PM - February 4, 2023 9:00 PM

Celebrating 100 years of ski jumping, the tournament will be held at [Snowflake Ski Club](#) at Timber Coulee outside of Westby.

**EVENTS SCHEDULE:**

**Thursday, February 2**

6 PM – 8 PM – Snowflake Reunion/Hospitality Night @ Rod-n-Gun Club. Food will be served at 5:30 PM

**Friday, February 3**

8 AM – 10 AM – Breakfast at Borgen’s Cafe in Westby

6:30 PM – Opening Ceremonies

7 PM – Competition

**Saturday, February 4**

9:45 AM – Opening Ceremonies

10 AM – Junior Ski Jump Tournament

12:30 PM – Large Hill Ski Jump Opening Ceremonies

1 PM – Large Hill Ski Jump Competition

Buttons are available for \$15 at [participating businesses](#) and can also be [purchased online](#).

Event Website: <https://snowflakeskiclub.com/>

## **SATAG presents: Geezers**

February 3, 2023 7:30 PM - February 12, 2023 2:00 PM

Sparta Area Theatre & Arts Guild presents Geezers by Tommy Lee Johnson at the Eagle’s Club.

February 3rd-5th

February 10th-12th

**SHOWTIMES:**

Fridays & Saturdays @ 7:30pm

Sundays @ 2pm

**Tickets available at the door.**

- \$13 – Regular Admission
- \$10 – Eagle’s Members, Military, & Seniors
- \$8 – Students
- \$5 – SATAG Members

## **Justin Trails Winter Farmer’s Market**

February 4, 2023 9:00 AM - February 4, 2023 1:00 PM  
This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Eastern Monroe County Rod & Gun Club Fisheree Raffle**

February 4, 2023 10:00 AM - February 4, 2023 4:00 PM

Tickets \$5/ea. or 3/\$10.

### **RAFFLE PRIZES**

- 1st – Ruger AR-55.6 Nato
- 2nd – Tikka T3x Lite 6.5 cm
- 3rd – Traeger Pro 22 Pellet Grill
- 4th – Strikemaster 40V Lithium 10” Auger
- 5th – Milwaukee M18 Chainsaw/Polesaw Combo
- 6th – Mossberg Patriot 30-06
- 7th – Winchester SXP 12 Ga.
- 8th – S&W Shield Plus 9MM
- 9th – Henry 22 Lever Action Rifle
- 10th – \$100 cash
- 11th – \$50 cash
- 12th – \$50 cash

**3PM DRAWING @ EAGLES NEST RESORT, CAMP DOUGLAS.**

## **Lutefisk Dinner**

February 4, 2023 11:00 AM - February 4, 2023 4:00 PM

In memory of Pastor Gary Daines, Our Savior's Lutheran Church in Westby will be having an Old Fashioned Lutefisk Dinner on February 4th from 11-4 or until gone. Lutefisk, meatballs and all the trimmings will be served family style dining or carryout. Adults \$20, ages 7-12 \$8, under 6 free.

## **Lunch & Learn – Tai Chi Exercise**

February 6, 2023 1:00 PM - February 27, 2023 1:45 PM

Held every Monday and Wednesday from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn – Program**

February 8, 2023 2:15 PM - February 8, 2023 3:00 PM

Program is Bone Health with Kay Wienke, RN. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love \*\*NEW LOCATION\*\***

February 9, 2023 5:00 PM - February 9, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **45th Annual La Crosse Sports Show**

February 9, 2023 3:00 PM - February 12, 2023 3:00 PM

The Great Outdoors is headed indoors for the 45th Annual La Crosse Boat, Sports, Travel, RV & Hunting Show.

Held at the La Crosse Center, this show includes the best of hunting, fishing, boating, camping & travel. Grab the latest gear and browse thru the many Boats, Docks, Lifts, ATV's, RV's, Fifth Wheels, Travel Trailers and more. There will be an abundance of cash and carry items on hand.

More information, including tickets, can be found [online](#).

**Hours of Operation**

Thursday February 9th: 3:00pm – 8:00pm

Friday February 10th: 10:00am – 8:00pm

Saturday February 11th: 9:00am -- 8:00pm

Sunday February 12th: 10:00am – 3:00pm

Event Website: <https://lacrossesportshow.com/>

## **Sparta FFA Card Party**

February 10, 2023 7:00 PM - February 10, 2023 9:00 PM

Held at the Sparta High School.

Admission is \$5.

The card party will have food and prizes.

## **Sadie Hawkins Dance @ Sparta Boys & Girls Club**

February 10, 2023 7:00 PM - February 10, 2023 10:00 PM

For all area high school students. A Sadie Hawkins Dance at the Club in Sparta located at 1000 East Montgomery Street. Admission is \$7 for Teen Club members or \$10 for Non-Teen Members. Admission includes Live DJ, Taco Bar, Open Games Room, Cell Phone Photo Booth, Games & Contests.

Call (608) 269-2582 with any questions.

## **SATAG presents: Geezers**

February 10, 2023 7:30 PM - February 12, 2023 2:00 PM

Sparta Area Theatre & Arts Guild presents Geezers by Tommy Lee Johnson at the Eagle's Club.

February 10th-12th

**SHOWTIMES:**

Fridays & Saturdays @ 7:30pm

Sundays @ 2pm

**Tickets available at the door.**

\$13 – Regular Admission

\$10 – Eagle's Members, Military, & Seniors

\$8 – Students

\$5 – SATAG Members

## **Justin Trails Winter Farmer's Market**

February 11, 2023 9:00 AM - February 11, 2023 1:00 PM

This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Kickin' Up Cash for Cancer**

February 11, 2023 1:00 PM - February 11, 2023 6:00 PM

Benefit supporting John Kowitz & family. Held at Sparta American Legion.

Enjoy food, DJ, and silent auction including items such as: Branson Elvis suite package, guns, summer hog, and baked goods.

## **Sole Burner of Chaseburg Chicken Que / Bake Sale**

February 12, 2023 11:00 AM - February 12, 2023 2:00 PM

The American Cancer Society Sole Burner of Chaseburg invites you to their upcoming Chicken Que and Bake Sale, featuring “Best Ever Chicken.” The Drive Through/Eat In



event will be held at the Tippy Toe Inn, 307 Depot Street in Chaseburg, WI., beginning at 11 AM and continuing until all chicken is gone. Homemade pastries and baked goods will also be available. All are welcome. Proceeds go to the American Cancer Society Sole Burner of Chaseburg event occurring on Saturday, September 23, 2023. To join a team or donate go to [acsmove.org/Chaseburg](https://acsmove.org/Chaseburg)

## **Lunch & Learn – Tai Chi Exercise**

February 13, 2023 1:00 PM - February 27, 2023 1:45 PM

Held every Monday and Wednesday from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn – Program**

February 15, 2023 2:15 PM - February 15, 2023 3:00 PM

Program is Volunteers of Vernon Memorial Hospital with Janelle Cisneros, Volunteer Coordinator, VMH. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love \*\*NEW LOCATION\*\***

February 16, 2023 5:00 PM - February 16, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Norwalk Lions Annual Fish Fry**

February 17, 2023 5:00 PM - February 17, 2023 8:00 PM

Norwalk Lions is having their annual fish fry at the Norwalk Village Hall. All proceeds will go to Camp Rosholt.

## **Justin Trails Winter Farmer's Market**

February 18, 2023 9:00 AM - February 18, 2023 1:00 PM  
This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **2nd Annual Bob Burke Memorial Chili Cook-Off**

February 18, 2023 10:00 AM - February 18, 2023 7:00 PM

Held at Cataract Sportsmen's Club – 5984 Cannon Road, Cataract, WI.

No fee to enter.

Chili contestants must register by 11 am (please bring chili hot & ready to eat w/ ladle).

Homemade salsa contestants must register by 11 am (please bring bag of chips w/ salsa).

Winners determined by "People's Choice" voting. Trophy & Bragging rights for 1st, 2nd, 3rd Chili & Salsa.

### **Other events include:**

- Bingo (11 am – 1 pm)
- Freeze-Out Horseshoe Tournament (Registration @ 10 am / Shoes @ 11 am / random draw partners / contact Tim Barnum for info 715-896-3744)
- Chuck-A-Luck
- Euchre Tournament (2 pm)
- Bonfire
- Bake Sale
- Raffles (Meat Raffles – 50/50 – Wingspan – Pull Tabs)
- Bow & Gun Raffles

Freewill donations are accepted to enjoy chili & salsa. Additional food & beverages available for purchase. Proceeds to benefit Mill Pond & Rifle Range Projects.

Questions? Contact Jared Smith at (608) 487-7400.

More information can be found on the [Cataract Sportsmen's Club website](#) and their [Facebook page](#)

## Support for Amy (Jaeger) Davis

February 18, 2023 2:00 PM - February 18, 2023 6:00 PM

Held at Sparta American Legion – 1116 Angelo Road, Sparta

-Silent Auction

-Tip Boards

-Wine Raffle

-50/50 Wingspan Raffle

-Poster Boards for \*BIG\* Prizes

-Chicken Q Catering by Rooster Andy's

**\$12 in advance, \$14 at the door** (*tickets sold at KEPS in downtown Sparta or by calling Kim Kerska at 507-450-7873*).

## CAPES & CROWNS FAMILY DANCES: SPOTLIGHT ON SONS

February 18, 2023 5:00 PM - February 18, 2023 7:30 PM

3rd Annual Spotlight on Sons held at La Crescent-Hokah Elementary School – 504 South Oak St, La Crescent, MN 55947.

Special events for kids and their special grown-ups, to be held at the La Crescent Elementary School gym, will include food, beverages, dancing, photo-ops, and more special fun. Costumes or dress-up clothes are welcome, but not required. Each event is \$15 per family; all ages are welcome. Pre-registration is required.

Spotlight on Sons is for boys and their favorite female grown-ups (moms, grandmas, aunts, friends...*dads too*.) Registration is required by February 15. [Register online](#) or by calling 507-895-5150.

## Community Fun Night

February 18, 2023 7:00 PM - February 18, 2023 9:00 PM

Sponsored by Sparta FFA Alumni, the event will be held at the Leon Community Center.

Social @ 7PM

Meal @ 8PM

Cost: \$25/person

Everyone is invited to attend. Proceeds raised from the auction will benefit students of the Sparta Agricultural and Scholarship Programs.

## **Royall FFA Pancake Appreciation Breakfast**

February 19, 2023 8:00 AM - February 19, 2023 12:00 PM

Royall FFA is hosting a Pancake Appreciation Breakfast, "Can Hunger" Food Drive, and NEW this year an "Old Fashioned Euchre Party."

The breakfast will be held at the Royall High School Cafeteria. The FFA will be accepting free will donations OR two nonperishable food items (per person) for the food pantry.

The menu includes all-you-can-eat pancakes, sausage, coffee, juice, and milk.

There will be an Old Fashioned Euchre Party starting at 1pm in the Royall High School Cafeteria. Come for an afternoon of card playing and socializing. Prizes will be given.

There is no cost to play.

## **Tomah FFA Pancake Supper**

February 20, 2023 4:30 PM - February 20, 2023 7:00 PM

Held at Tomah High School.

The menu includes pancakes, sausage, cottage cheese, applesauce, fruit, cheese tray, milk, juice, and coffee.

The cost is \$5 for supper, \$6 for supper and euchre, and \$2 for euchre.

The euchre party with a cash prize will be at 6PM in the THS Math Lab.

The fundraiser amounts will go back to the Tomah FFA to help support the chapter and their events.

## **Sparta Free Library Kids Events**

February 1, 2023 9:00 AM - February 28, 2023 5:00 PM

**February 12 – April 27 – Storytimes 9:30am-10am**

*Join the library on Thursday mornings for stories, songs, rhymes, and more! Themes: Mice, Dragons, Robots, & Night-time.*

**February 16 – Teen Crafternoon 3:30pm-5pm**

*This month, teens will be doing diamond painting stickers! All materials provided. Open to grades 6-12.*

**February 17 – Break into the Library! 9am-4pm**

*Complete a scavenger hunt outside the library and find the key to “break in” to the library! Hot cocoa and cookies await you when you complete the mission!*

**February 18 – Open Play Day 9am-1pm**

*This month’s toy theme is construction!*

**February 21 – TAG Meeting 6pm-7pm**

*Calling all students in grades 6-12! Join TAG to make friends, create displays and programs, & more! Snacks included!*

A full calendar of library events can be found [here](#).

## **Sparta Free Library Adult Events**

February 1, 2023 9:00 AM - February 28, 2023 5:00 PM

**February 1 – March 18 – Winter Wonderland Art Contest**

*Create a piece of art or a handicraft no larger than 12×12 inches that fits the theme “Winter Wonderland.” Turn in your own creation by March 18th for a chance to win a large goodie bag of crafting supplies. Ages 18+*

**January 9 – March 10 – Snow Place Like Home Winter Reading Challenge**

*Snow Place Like Home is back with a twist – we’re playing book bingo! Grab a game card at the upper circulation desk or register [online](#). (Grade 6 – Adult)*

**February 3 & 17 – Needlecraft Club 10:30am-12pm**

*Learn how to make winter hats on the 6th. Then bring your current needlecraft project on the 20th and join our relaxed group of crafters as we chat and craft.*

**February 14 – Gathering Neighbors – 10am-6pm**

*Come connect, share, and get to know your neighbors. This month’s discussion theme is Valentine’s Day, and the activity is community Valentine’s Day cards!*

**February 15 – Color Me Happy 10:30am-11:30am**

*Try Scumbling, Cross Hatch & other coloring techniques, test fun tools, relax & socialize with other arts and crafts lovers.*

### **February 20 – T-R-I-N-G-O – 6pm-7pm**

*This month's games will include Cooking 101, Comics, Cartoons & TV, and Are You Smarter questions! T-R-I-N-G-O kits will be available for pickup on February 13th.*

### **February 21 – Coffee and Chat Book Club 10:30am**

*This month's book is Malibu Rising by Taylor Jenkins Reid. Pick up your copy from the library now, then join us in the Carnegie room for a warm cup of coffee and a casual discussion about the book.*

A full calendar of library events can be found [here](#).

## **Lunch & Learn – Tai Chi Exercise**

February 20, 2023 1:00 PM - February 27, 2023 1:45 PM

Held every Monday and Wednesday from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Shrove Tuesday Free Community Pancake Meal**

February 21, 2023 5:00 PM - February 21, 2023 7:00 PM

United Methodist Church in Sparta will be hosting a pancake meal, on Shrove Tuesday which is the traditional feast day before the start of Lent on Ash Wednesday.

## **Over 50 Lunch & Learn – Program**

February 22, 2023 2:15 PM - February 22, 2023 3:00 PM

Program is Family Directed/Home Funerals with Kelly Whited-Ford. Call Over 50 Lunch & Learn 262-384-0082.

## **Driftless Dialogue Talk @ Kickapoo Valley Reserve**

February 22, 2023 6:00 PM - February 22, 2023 7:00 PM

Come to the Kickapoo Valley Reserve Visitor Center for a Driftless Dialogue Talk. Dr. Simon Gilroy professor in the Botany Dept. at UW-Madison will explore NASA's long history of partnering with university plant researchers to understand how plants respond to growing in space. The talk will cover the kinds of plant research going on in space and some of the recent work from UW-Madison. As well as what problems still need to be solved, weather plants need gravity to grow normally and more!

Socializing starts at 5:30pm; Talk begins at 6pm.

This talk is free and open to the public! Brought to you by the Kickapoo Valley Reforestation (Nuzum) Fund, the University of Wisconsin-Madison College of Agricultural & Life Sciences, Friends of the KVR, and Badger Talks.

## **Ladles of Love \*\*NEW LOCATION\*\***

February 23, 2023 5:00 PM - February 23, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Justin Trails Winter Farmer's Market**

February 25, 2023 9:00 AM - February 25, 2023 1:00 PM

This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Cabin Fever Fest**

February 26, 2023 12:00 PM - February 26, 2023 3:00 PM

Held at St. Peter's Church – Middle Ridge – W695 State Road 33, Rockland, WI, 54653

Euchre Tournament & Luncheon

\$10 per person.

Doors open @ Noon

Cards start @ 1PM

1st, 2nd, 3rd, & 4th place prizes awarded.

Soup, snacks, and beverages included in the price!

Questions? Contact Melissa Schaub @ 486-2180 or email  
stpetersrectory@centurytel.net

## **Lunch & Learn – Tai Chi Exercise**

February 27, 2023 1:00 PM - February 27, 2023 1:45 PM

Held every Monday and Wednesday from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Thai Chi Exercise**

March 1, 2023 1:00 PM - March 29, 2023 1:45 PM

Occurs every Monday and Wednesday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Program**

March 1, 2023 2:15 PM - March 29, 2023 3:00 PM

Programs are held each Wednesday in March beginning at 2:15 at Care Cove, Viroqua, and Zoomed to Viola Public Library. Call Over 50 Lunch & Learn 262-384-0082.

### **Programs are as follows:**

Wed, March 1 – Getting Around Vernon County Without a Car with Reps from ADRC, Running, Inc., and Helping Hands

Wed, March 8 – LaFarge Dam Project with Brad Steinmetz

Wed, March 15 – Social Hour (not Zoomed)

Wed, March 22 – Rough-Up Your Diet with Ashley from VMH

Wed, March 29 – Lasagna Love with Mary Breitenstein from Stevens Point

## **Over 50 Lunch & Learn: Strength & Stability Exercise**

March 2, 2023 1:00 PM - March 30, 2023 1:45 PM

Occurs every Tuesday and Thursday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.



## **Ladles of Love \*\*NEW LOCATION\*\***

March 2, 2023 5:00 PM - March 2, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Justin Trails Winter Farmer's Market**

March 4, 2023 9:00 AM - March 4, 2023 1:00 PM

This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Bangor Lions Pancake & Sausage Breakfast**

March 5, 2023 7:00 AM - March 5, 2023 12:00 PM

Bangor Elementary School

\$7.00 in advance

\$7.50 at the door

Children 6-12 \$3.00

5 and under free

Thanks for your support!

## **Monroe, Juneau, Jackson Genealogy Workshop**

March 7, 2023 7:00 PM - March 7, 2023 9:00 PM

The Monroe, Juneau, Jackson Genealogy Workshop will hold their first meeting of the year at 7:00 p.m. at the research area of the Tomah Area Historical Museum. Doors will open at 6:30. See what MJJGW has planned for the upcoming year. Bring your

genealogy questions, we are here to help! For more info email mjjworkshop@yahoo.com or bakeryoungs@gmail.com or call 608-633-6457.

## **Over 50 Lunch & Learn: Thai Chi Exercise**

March 6, 2023 1:00 PM - March 29, 2023 1:45 PM

Occurs every Monday and Wednesday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Program**

March 8, 2023 2:15 PM - March 29, 2023 3:00 PM

Programs are held each Wednesday in March beginning at 2:15 at Care Cove, Viroqua, and Zoomed to Viola Public Library. Call Over 50 Lunch & Learn 262-384-0082.

### **Programs are as follows:**

Wed, March 8 – LaFarge Dam Project with Brad Steinmetz

Wed, March 15 – Social Hour (not Zoomed)

Wed, March 22 – Rough-Up Your Diet with Ashley from VMH

Wed, March 29 – Lasagna Love with Mary Breitenstein from Stevens Point

## **SASD Facilities Community Engagement Workshop**

March 8, 2023 6:00 PM - March 8, 2023 8:00 PM

The Sparta Area School District invites Chamber of Commerce members and other stakeholders to the Sparta High School's Auditorium to tour Sparta High School's facility and discuss other facilities in the District. The tours will be followed by District facility information, and then a discussion with those in attendance on ideas on how the District is meeting the current and future needs of students, staff, and faculty.

## **Over 50 Lunch & Learn: Strength & Stability Exercise**

March 7, 2023 1:00 PM - March 30, 2023 1:45 PM

Occurs every Tuesday and Thursday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love \*\*NEW LOCATION\*\***

March 9, 2023 5:00 PM - March 9, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Sparta FFA Card Party**

March 10, 2023 7:00 PM - March 10, 2023 9:00 PM

Held at the Sparta High School.

Admission is \$5.

The card party will have food and prizes.

## **94th Spring Art/Crafts and Country Gifts Show**

March 11, 2023 8:30 AM - March 11, 2023 3:30 PM

Presented by the Monroe County Historical Society. Held at the Meadowview Middle School, 1225 North Water Street in Sparta.

Free admission and ample parking in the school lot.

Accepting donations for the Tomah Food Pantry.

Food for purchase by Good Shepherd Lutheran Church.

## **Justin Trails Winter Farmer's Market**

March 11, 2023 9:00 AM - March 11, 2023 1:00 PM

This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Over 50 Lunch & Learn: Thai Chi Exercise**

March 13, 2023 1:00 PM - March 29, 2023 1:45 PM

Occurs every Monday and Wednesday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **PACT Act Awareness Event**

March 15, 2023 9:00 AM - March 15, 2023 12:00 PM

The Tomah VA Medical Center is hosting a PACT Act Awareness Event to highlight Toxic Exposure.

The event is open to all area Veterans, family members and caregivers, and will be held on campus at building 455 in Veteran's Hall. No registration is required.

Attendees can sign up for VA care, learn about toxic exposure and receive a screening from a VA Toxic Exposure Provider if needed.

Veterans Benefits Administration (VBA) representatives will be available to answer questions about VA disability claims and benefits.

Other onsite resources will include representatives from Tomah VA Mental Health and the Military2VA (M2VA) program.

For more information about the PACT Act, [click here](#).

## **Postvention: A Journey of Healing After Suicide Loss**

March 15, 2023 1:00 PM - March 15, 2023 2:00 PM

You know about suicide prevention, but what about postvention?

Postvention refers to supportive care for survivors following a suicide death. This is vital, since it's estimated that when someone dies by suicide, 135 people are impacted.

Tomah VA's Suicide Prevention team and the VA's Center for Faith-Based and

Neighborhood Partnerships (CFBNP) are presenting a free, one-hour, webinar on Wednesday, March 15 from 1PM until 2PM.

You'll learn how to be there for those struggling with the grief and trauma of suicide loss. Our presenters will include subject matter experts from the VA's national Suicide Prevention and Chaplain Service programs.

[Click here](#) for more information.

If you can't attend, you can watch the recording [here](#) about two weeks after the webinar.

## **Over 50 Lunch & Learn: Program**

March 15, 2023 2:15 PM - March 29, 2023 3:00 PM

Programs are held each Wednesday in March beginning at 2:15 at Care Cove, Vioqua, and Zoomed to Viola Public Library. Call Over 50 Lunch & Learn 262-384-0082.

### **Programs are as follows:**

Wed, March 15 – Social Hour (not Zoomed)

Wed, March 22 – Rough-Up Your Diet with Ashley from VMH

Wed, March 29 – Lasagna Love with Mary Breitenstein from Stevens Point

## **Over 50 Lunch & Learn: Strength & Stability Exercise**

March 14, 2023 1:00 PM - March 30, 2023 1:45 PM

Occurs every Tuesday and Thursday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Ladles of Love **\*\*NEW LOCATION\*\*****

March 16, 2023 5:00 PM - March 16, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Justin Trails Winter Farmer's Market**

March 18, 2023 9:00 AM - March 18, 2023 1:00 PM  
This event recurs weekly until April 1, 2023

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.

## **Meatball Dinner & Bake Sale**

March 18, 2023 11:00 AM - March 18, 2023 3:00 PM

Held at Middle Coon Valley Lutheran Church – Highway 162, Chaseburg, WI.

The meal will cost \$13 and will be served until gone. Eat in, carry out, or drive through available.

## **2nd Annual Sap Run Scramble**

March 18, 2023 11:00 AM - March 18, 2023 7:00 PM

Held at B&E's Trees – 3094 Rognstad Ridge Road, Cashton, WI.

If you'd like to run/hike/scramble through our woods during syrup season, you're in luck! The second annual Sap Run Scramble is a slippery, muddy, non-competitive 5K with 1000 feet of elevation and tasty maple-based snack stops every kilometer or so. The trail treks through a maple forest during the heart of syrup season, a uniquely beautiful and fascinating time of year. Come out and play, taste tasty things and learn about the forest we call home.

## **Messiah in the Passover**

March 19, 2023 9:15 AM - March 19, 2023 11:30 AM

Messiah in the Passover will be conducted by Chosen People Ministries on Sunday March 19, 2023, at 9:15 and 10:30 A.M. at Melrose Alliance Church.

It begins with the traditional Passover Seder table. The speaker will explain the symbolic meanings of the various items of the Passover feast and highlight their relationship to the Last Supper that Messiah celebrated with the disciples, giving special emphasis on the redemptive significance of the crucifixion.

Messiah in the Passover will give the Christian community insight into Jewish traditions so the roots of Christianity can be better understood.

## **Hunter Safety Course @ Sparta High School**

March 20, 2023 7:00 PM - April 1, 2023 12:00 PM

Hunter Safety Course scheduled at Sparta High School beginning March 20th.

The two week course will be held from 7 – 9 pm on Monday, Tuesday and Thursday for two weeks.

With a Field Test on Saturday April 1st from 8am- noon at the Sparta Rod&Gun Club.

The cost of the class is \$10 and students must have a Wisconsin Department of Natural Resources customer number to register. Call the DNR @ 888-936-7463 or [go online](#).

Preregistration is required. To register, or for more information, call Maurice Amundson @ 608-487-4534.

## **Over 50 Lunch & Learn: Thai Chi Exercise**

March 20, 2023 1:00 PM - March 29, 2023 1:45 PM

Occurs every Monday and Wednesday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Strength & Stability Exercise**

March 21, 2023 1:00 PM - March 30, 2023 1:45 PM

Occurs every Tuesday and Thursday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Program**

March 22, 2023 2:15 PM - March 29, 2023 3:00 PM

Programs are held each Wednesday in March beginning at 2:15 at Care Cove, Vioqua, and Zoomed to Viola Public Library. Call Over 50 Lunch & Learn 262-384-0082.

**Programs are as follows:**

Wed, March 22 – Rough-Up Your Diet with Ashley from VMH

Wed, March 29 – Lasagna Love with Mary Breitenstein from Stevens Point

## **Ladles of Love \*\*NEW LOCATION\*\***

March 23, 2023 5:00 PM - March 23, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are now being held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).

## **Coulee Region NRA Fundraiser**

March 23, 2023 5:00 PM - March 23, 2023 8:00 PM

Fox Hollow – 3287 County Road O – La Crosse, WI.

Celebrate a legacy of shooting sports traditions. Join other champions of the Second Amendment for dinner, games, auctions and fun with a chance to win exclusive NRA guns, gear, decor, and collectibles!

Questions? Contact Hubert Hoffman at (608) 792-0669 or [huberthoffman@outlook.com](mailto:huberthoffman@outlook.com).

## **Justin Trails Winter Farmer's Market**

March 25, 2023 9:00 AM - March 25, 2023 1:00 PM

Held 9 am – 1 pm each Saturday through March at Justin Trails Resort, 7562 Kathryn Avenue, Sparta, WI 54656.

Locally made items from a variety of vendors including body care (soaps, lip balms, lotions, socks, mittens, etc.), consumables (baked goods, jellies/jams, maple & honey products, etc.), indoor/outdoor decor, and pet treats.



## **Spring Craft Show**

March 25, 2023 9:00 AM - March 25, 2023 3:00 PM

The annual Spring Craft Show will be held at the Sparta American Legion – 1116 Angelo Road – Sparta, WI.

## **Giving Cancer the Boot (Cancer Benefit for Candi Hauser)**

March 25, 2023 12:00 PM - March 25, 2023 7:00 PM

Held at Holmen American Legion – 419 1st Ave W, Holmen, WI.

Candi is a wife and mother who was diagnosed with breast cancer in September 2022.

Fundraiser will include games, tip boards, raffle, food, a bake sale, a live & silent auction, and many gun raffles. Featuring music from DJ Grizz all day.

A bank account has been set up for donations at Altra Federal Credit Union (Giving Cancer the Boot; Tax purposes EIN#92-1674692).

To donate, please call:

Maddie Owen: 608-461-5071

Ashley Flores: 608-418-0090

Kathy Campbell: 608-385-3213

Robin Halverson: 281-804-5440

## **Tomah FFA Alumni 2023 Blue Jacket Event**

March 25, 2023 4:00 PM - March 25, 2023 9:00 PM

Held at Knights of Columbus Hall – 202 E Juneau Street – Tomah, WI.

Join the Tomah FFA for a FREE night of fun to promote agriculture, local business, and FFA members.

### **Schedule**

*4:00pm – Euchre*

*7:00pm – Social*

*8:00pm – Dinner*

*Speakers and raffle to follow.*

## **RAFFLE**

Anyone can donate an item for the raffle if interested. Please bring any raffle items to the event by 6:30pm. All proceeds go to support FFA youth.

### **Questions? Contact:**

*Brent Bailey: (608) 343-1439 or [brentih1206@gmail.com](mailto:brentih1206@gmail.com)*

*Ethan Rapp: (608) 377-1143 or [EthanZRapp@gmail.com](mailto:EthanZRapp@gmail.com)*

*Lorna Rosenow: (608) 372-6584 or [rosecow@hotmail.com](mailto:rosecow@hotmail.com)*

*Joan Kortbein: (608) 387-9500 or [joankortbein@gmail.com](mailto:joankortbein@gmail.com)*

## **CAPES & CROWNS FAMILY DANCES: Daughter Dance**

March 25, 2023 5:00 PM - March 25, 2023 7:30 PM

2<sup>nd</sup> Annual Daughter Dance held at La Crescent-Hokah Elementary School – 504 South Oak St, La Crescent, MN 55947

Special event for kids and their special grown-ups, to be held at the La Crescent Elementary School gym, will include food, beverages, dancing, photo-ops, and more special fun. Costumes or dress-up clothes are welcome, but not required. Each event is \$15 per family; all ages are welcome. Pre-registration is required.

Daughter Dance is for girls and their favorite male grown-ups (dads, grandpas, uncles, friends...*moms too.*) Registration is required by March 22. [Register online](#) or by calling 507-895-5150.

## **Sparta Show Choir Spectacular**

March 25, 2023 5:00 PM - March 25, 2023 8:00 PM

The Sparta Show Choir Spectacular will kick off with a spaghetti dinner at 5pm followed by a show at 6:30pm.

Tickets prices: \$15/adults, \$12/students and seniors, and \$8/show only (no meal).

Proceeds benefit the Sparta Show Choir.

Questions? Contact Cami Schneider at [cschneider@spartan.org](mailto:cschneider@spartan.org) or Skyler Erickson at [srerrickson@spartan.org](mailto:srerrickson@spartan.org).

## **Hamfest**

March 25, 2023 6:00 PM - March 25, 2023 10:00 PM

The Bangor American Legion Post 40 will be hosting a Hamfest fundraiser for their 2023 Legion Baseball team.

Hamfest will be held at the Legion Hall and will include bingo, games, raffles, food and cash bar.

## **Coulee Hoolie Ceili**

March 25, 2023 6:00 PM - March 25, 2023 10:00 PM

Held at American Legion, 711 6th Street South, La Crosse.

Irish Ceili Dancing

Coulee Hooligans, music

Eamonn de Cogain, caller

Taste of Ireland

Silent Auction

Terry Visger, storyteller

\$10/adults

\$8/seniors, students, or military

\$20/families

## **Johnny Cash Tribute Show**

March 26, 2023 5:00 PM - March 26, 2023 7:30 PM

The show is a fundraising concert to benefit the Monroe County Crime Stoppers and will be held at the Tomah High School.

Doors open at 4:30, with the show beginning at 5. Complimentary tickets are available at the door with a suggested donation of \$20.

## **Sparta Lions Club Open House**

March 27, 2023 5:30 PM - March 27, 2023 7:00 PM

Held at American Legion Post 100 – 1116 Angelo Road – Sparta, WI

Come see what the Lion's Club is about and all the community projects and organizations the Lions Club supports!

## Trinity Lutheran Church Community Blood Drive

March 27, 2023 12:00 PM - March 28, 2023 6:00 PM

Held at Trinity Lutheran Church – 612 N Water Street, Sparta, WI.

Schedule an appointment to be a priority donor online or by calling 877-232-4376.

DONATION TIMES:

March 27 – 12pm-5pm ([schedule online](#)).

March 28 – 1pm-6pm ([schedule online](#)).

Give blood, get noodles! Receive a coupon for a buy one, get one entree from Noodles & Company, while supplies last.

## Community Health Resource Fair

March 28, 2023 4:00 PM - March 28, 2023 7:00 PM

[Scenic Bluffs Community Health Centers](#) is holding a free Community Health Resource Fair at its Norwalk, Wisconsin location on 200 West North Street ([map](#)). No registration is required, and everyone is invited to attend this walk-in event featuring valuable health and community resources from local organizations, free health screenings and access to COVID-19 vaccines. The event will take place during the Norwalk Grand Reopening, with opportunities to tour the newly renovated Health Center facility. English and Spanish speakers will be onsite to assist with questions regarding community health resources. Specific features of this healthcare event include:

- Free health screenings and COVID-19 vaccines and boosters for people 6-months-old and older
- Resources from local organizations on topics such as food, housing, parenting support, senior resources, volunteer opportunities, and more
- Healthcare experts from Scenic Bluffs Community Health Centers who can provide guidance on health insurance enrollment and changes to Medicaid and the FoodShare programs
- Health Center tours
- Light refreshments

At the Scenic Bluffs Community Health Centers' Free Community Health Resource Fair, the Pfizer primary series will be available for ages 6 months and older. Pfizer bivalent boosters will also be available for ages 5 years and older. Parents or guardians of the 6 months to 4-year-old age group can call Scenic Bluffs Community Health Centers at

(608) 654-5100 to schedule a time and place for their child to receive the bivalent booster.

## **Altra Home Buying Mixer**

March 28, 2023 5:30 PM - March 28, 2023 7:00 PM

Altra Federal Credit Union will host a free event for home buyers at the Sports Hub Bar & Grill located at 25 N. Walnut St. in La Crescent, MN.

The informative mixer will allow attendees to speak one-on-one with industry professionals to ask questions about the home-buying process. In addition to learning about Altra's pre-approval process and

loan choices, they'll get answers from home inspectors, builders, realtors and more.

The event is set up to help purchasers make informed decisions regardless of where they are in their home-buying journey.

Attendees will receive a home buying guide and learn about the Altra Home app. To attend this free event, [register online](#) by March 24th.

Complementary appetizers and refreshments will be served, and attendees can register for door prizes.

## **Over 50 Lunch & Learn: Thai Chi Exercise**

March 27, 2023 1:00 PM - March 29, 2023 1:45 PM

Occurs every Monday and Wednesday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Over 50 Lunch & Learn: Strength & Stability Exercise**

March 28, 2023 1:00 PM - March 30, 2023 1:45 PM

Occurs every Tuesday and Thursday in March from 1pm-1:45pm at Care Cove, Viroqua. Call Over 50 Lunch & Learn 262-384-0082.

## **Ecumenical Mid-Week Lenten Service**

March 29, 2023 12:00 PM - March 29, 2023 2:00 PM

Held at St. John's United Church of Christ

Rev. Mike McElwee, preaching.

Soup and Sandwich Luncheon following service.

Offering will go to the La Crosse Salvation Army

\$5 suggested lunch donation.

Questions? Call Rev. John Parkyn, pastor St. John's UCC, at (608) 386-3287.

## **Over 50 Lunch & Learn: Program**

March 29, 2023 2:15 PM - March 29, 2023 3:00 PM

Programs are held each Wednesday in March beginning at 2:15 at Care Cove, Vioqua, and Zoomed to Viola Public Library. Call Over 50 Lunch & Learn 262-384-0082.

### **Programs are as follows:**

Wed, March 29 – Lasagna Love with Mary Breitenstein from Stevens Point

## **(Green) Spring Cleaning**

March 29, 2023 5:30 PM - March 29, 2023 6:30 PM

Held at Sparta Free Library – 124 West Main Street – Sparta, WI.

Kick your spring cleaning into high gear... sustainably. Learn about reusable items, how to read product labels, and how to make your own simple formula cleaning products at home. Some small door prizes will be available!

## **Community Night – Drug/Fentanyl Awareness & Education Night**

March 29, 2023 7:00 PM - March 29, 2023 9:00 PM

The Amara Rose Foundation presents Community Night, a night of drug and fentanyl awareness and education. Held at Westby Performing Arts Center.

Speakers include City of Westby Police, La Crosse County Medical Examiner's Office, and Vernon County Sheriff's Office.

Admission is free.

## **Tomah Health Blood Drive**

March 29, 2023 12:00 PM - March 30, 2023 5:00 PM

Tomah Health and Versiti Blood Center of Wisconsin are joining forces to meet area blood needs by holding a two-day blood drive March 29 & 30 from noon – 5 p.m. at Tomah's Recreation Park, 1625 Butts Ave., Tomah. You can register for a donation time online.

[Register for March 29th.](#)

[Register for March 30th.](#)

## **Ladles of Love**

March 30, 2023 5:00 PM - March 30, 2023 7:00 PM

This event recurs weekly

A community meal held each Thursday evening from 5pm-7pm. The meals are held at Trinity Lutheran Church, 612 North Water Street, Sparta, WI.

All are welcome!

More information can be found on the [Ladles of Love Facebook page](#).