Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
HABITAT, ENVIRONMENT	Empower Wichita	01/07/24	8:00am	15:00 min	The ICT Tree huggers mission is to connect the community by providing education and workshops to teach people in our community how to grow their own food and resources. Sarah Myers sat down with us to tell us about the local yoga and mindfulness classes hosted here on Tuesdays and Sundays. Please visit ICT Tree huggers on Facebook to learn more information
YOUTH OUTREACH				16:30 min	Safe Streets Wichita is the prevention of drug-related harms through community collaboration, the advancement of health equity, and the promotion of mental wellness and community well-being. The GOAL is to focus on strategies that will benefit individuals, families, organizations, schools and businesses by reducing substance misuse in the community. Aonya Kendrick Barnett spoke with us about their work to increase protective factors & decrease risk factors in the community. How they Support youth-led projects through ICTeens In Mind & empower youth to make healthy decisions. For more information please visit: partnersforwichita.org/safe-streets
Compliancy issues covered: medicine; patient safety; health care; vulnerable populations; medical knowledge; telehealth; scientific terminology; social media; confirmation bias	Radio Health Journal	01/07/24	7:30am	30:00 min.	SEGMENT 1: BEING A GOOD PATIENT TAKES WORK: HOW TO FEEL EMPOWERED AT THE HOSPITAL Synopsis: We, as patients, are making more decisions about our health than ever before. From which brand of medicine we want to which supplements we take, a lot of the choices depend on being a smart consumer. Our expert reveals why this is a double-edged sword and how you can feel empowered walking into your next doctor's appointment. Host: Elizabeth Westfield. Producer: Libby Foster. Guests: Dr. Talya Miron-Shatz, Visiting Researcher, University of Cambridge, Author, Your Life Depends On It https://www.linkedin.com/in/talya-miron-shatz/ SEGMENT 2: DOES A GOOD BEDSIDE MANNER SAVE LIVES? Synopsis: Dr. Wes Ely, an intensive care specialist, says the early days of his career were spent more worried about the beeps and buzzers rather than the patients that the machines were monitoring. He gives us a unique look into how

	physicians can humanize patients in the ICU and, in turn, save more lives. Host: Greg Johnson. Producer: Polly Hansen. Guests: Dr. Wes Ely, Professor of Medicine, Associate Director of Agine Research, Vanderbilt University, Author,
	Every Deep-Drawn Breath
	Links for information: https://www.icudelirium.org/team/e-wesley-ely-md-mph

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
COMMUNITY OUTREACH HEALTH, FITNESS	Empower Wichita	01/14/24	8:00am	16:11 17:45	The Greater Wichita Ministerial League, a 501 C3 non-profit organization brings together churches, pastors, and ordained ministers, of all races, in an effort to reach out to the community to bring unity. Every year they host the annual Dr. Martin Luther King Jr. celebration. Pastor C. Richard Kirkendoll and Kevin Andrews talk with us about what we can expect at this upcoming free event. Bike Walk Wichita is a non-profit who's mission is to transform Wichita into a more livable, accessible and connected city by making biking and walking safe, equitable and appealing. Executive Director Kim Neufield tells us about how they also donate bikes for free to kids in and need as well as adults for just a few hours of volunteer work. Every 2nd Sunday of the month they host "Slow Roll + Stroll" to get the community outside and involved. For more information please visit bikewalkwichita.org
Compliancy issues covered: kidney; children at risk; childhood cancers; medical technology; cancer; artificial intelligence; 3d printing; cancer prevention; consumerism; vulnerable populations	Radio Health Journal	01/14/24	7:30am	30:00 min.	SEGMENT 1: 3D PRINTING ORGANS AND AI SURGERIES: THE FUTURE OF MEDICINE Synopsis: Dr. Thomas Kolon is using 3D-printed models to successfully operate on cases thought to be inoperable. Another physician brings AI into his surgeries to give patients the most accurate hip replacements possible. This is the future

	of medicine and our experts are here to explain it all. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. George Haidukewych, Director of Orthopedic Trauma & Chief of Complex Joint Replacement, Orlando Health Jewett Orthopedic Institute; Dr. Thomas Kolon, Expert in Pediatric Disorders, Chief of Urology, Children's Hospital of Philadelphia Links for information: https://www.chop.edu/doctors/kolon- thomas-f SEGMENT 2: NERVOUS NAIL-BITER? IT HARMS MORE THAN JUST AESTHETICS Synopsis: So many of us have experienced the compulsion to bite our nails. Even though it's a detriment to our wellbeing, we still do it – so why? Is it a product of our genetics or evolution? Our experts discuss where this impulse stems from and all the ways it harms our health. Host: Greg Johnson. Producer: Morgan Kelly. Guests: Dr. Dana Stern, Assistant Clinical Professor of Dermatology, Mount Sinai Medical Center; Dr. Fred Penzel, Psychologist & Executive Director of Western Suffolk Psychological Services Links for information: https://profiles.mountsinai.org/dana-k-
	stern

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
Mental Health, Suicide	I'm Listening- Mental health	01/21/24	8:00am	15:00 min	Seg 1 Description: Talk Away the Dark: How to Have Open and Honest Conversations with Loved Ones. We speak with Dr. Christine Moutier, Chief Medical Officer for the American Foundation for Suicide Prevention and Paul Augustyniak about

				15:00 min	how to have open and honest conversations with loved ones about suicide, suicidal ideation. Through a series of open and honest conversations we demonstrate the importance of talking to people directly about suicide and show what those conversations help to prevent suicide and give people hope. Guest: Dr. Christine Moutier, AFSP and Paul Augustyniak, AFSP Contact: David O'Leary, Host Seg 2 Description: Talk Away the Dark: How to Have Open and Honest Conversations with Loved Ones. We speak with Dr. Christine Moutier, Chief Medical Officer for the American Foundation for Suicide Prevention and Paul Augustyniak about how to have open and honest conversations with loved ones about suicide, suicidal ideation. Through a series of open and honest conversations we demonstrate the importance of talking to people directly about suicide and show what those conversations help to prevent suicide and give people hope.
Compliancy issues covered: invasive species; population control; habitats; disease; virus; diet; consumerism; native animals; environment; public health; public safety; infrastructure; farming; agriculture	Radio Health Journal	01/21/24	7:30am	30:00 min.	SEGMENT 1: EATING INVASIVE SPECIES: DOES YOUR DIET HELP THE ENVIRONMENT? Synopsis: Many people choose their diet based on what tastes good, but what if you could have great food while helping your local environment? Dr. Joe Roman, a conservation biologist, explains the dangers of invasive species and how we can do our part in saving the environment by strapping on an apron. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Joe Roman, Conservation Biologist, University of Vermont; Dr. Cindy Tam, Biological Threats and Invasive Species Research Program Coordinator, US Geological Survey Links for information: https://www.uvm.edu/rsenr/profiles/joe_roman SEGMENT 2: MENTAL HEALTH IN THE MILITARY: STIGMAS, RESOURCES, AND ROADBLOCKS Synopsis: As a psychologist, Dr. Chuck Weber helped a lot of soldiers during his time in the military. However, limited resources held him back from being able to fully help the families of active-duty soldiers. He explains why this is such an important area of service and how he fought to prioritize mental health services. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr.

		Chuck Weber, Psychologist, Chief Medical Officer and
		Founder, Family Care Center
		Links for information: https://www.linkedin.com/in/charles-
		weber-b674542/

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
ANIMAL PROTECTION COMMUNITY OUTREACH	Empower Wichita	01/28//24	8:00am	15:00 min	Beauties and Beasts is a local nonprofit organization that is volunteer led and is 100% dependent on generous donations from individuals, corporations and foundations since 2014! Their mission is to change their world one rescue at a time! There are many ways to get involved. On their website have options to adopt, foster, volunteer and donate. On November 11th they have their 8th annual Beauties and Beasts Fur Ball Event at the Kansas star casino.
				16:11 min	The Greater Wichita Ministerial League, a 501 C3 non-profit organization brings together churches, pastors, and ordained ministers, of all races, in an effort to reach out to the community to bring unity. Every year they host the annual Dr. Martin Luther King Jr. celebration. Pastor C. Richard Kirkendoll and Kevin Andrews talk with us about what we can expect at this upcoming free event.
Compliancy issues covered: mental health; depression; anxiety; children at risk; sick days; emotions; coping strategies; stress; consumerism; public	Radio Health Journal	01/28/24	7:30am	30:00 min.	SEGMENT 1: MENTALLY ILL INMATES: SAFETY AND JUSTICE OR SUFFERING AND VENGEANCE? Synopsis: American prisons are full of people with mental illness, but does the system actually fulfill its promise of

health; vulnerable populations	reform for these inmates? Dr. Christine Montross, a
	psychiatrist, says many of them aren't getting the correct help
	that will make a difference in their lives – and make our
	society a safer place when they're released. She breaks down
	the prison system and offers alternatives programs to solve this
	crisis.
	Host: Elizabeth Westfield. Producer: Reed Pence. Guests:
	Christine Montross, Associate Professor of Psychiatry and
	Human Behavior, Brown University
	Links for information:
	https://vivo.brown.edu/display/cmontros
	:02 PAUSE FOR LOCAL AVAIL
	SEGMENT 2: DO YOU SUPPORT GIVING CHILDREN
	MENTAL HEALTH DAYS OFF OF SCHOOL?
	Synopsis: We're quick to pull our kids out of school when
	they're running a fever or throwing up, but what about when
	they've become burnt out or severely stressed? Just because
	we can't see the physical symptoms doesn't mean there isn't a
	problem. Our expert explains the benefits of giving your
	children mental health days and how to prepare them for future
	obstacles.
	Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr.
	Andrea Bonior, Licensed Clinical Psychologist, Author
	Links for information: https://drandreabonior.com/

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
COMMUNITY POLICING	Empower Wichita	02/04/24	8:00 am	17:19 min	The Wichita Police and Fire Foundation is a community based nonprofit organization focused on building relationships between our police department, fire department, and community. Amy Lumry, Executive director of the foundation,

COMMUNITY, OUTREACH & RESOURCES				15:00 min	talks with us about the different efforts and contributions WPFF is apart of in the community. For more info, visit https://www.wichitapolicefoundation.org/ ICT Food Rescue's mission is to distribute unavoidable food surplus, sharing with the food insecure of Wichita. Restaurants, grocers and catered events are the typical donors. Rescuer volunteers claim the donation and rescue from location. The donated food is then transported to one of their 17 receiving agencies that include places like food pantries, foster homes, recovery centers etc. For more information please visit ictfoodrescue.org
Compliancy issues covered: sexually transmitted infections; vulnerable populations; cervical cancer; cancer; prevention; vaccination; consumerism; gender issues; women's issues; pre-cancer	Radio Health Journal	02/04/24	7:30am	30:00 min.	SEGMENT 1: WHAT IS A WOMAN WORTH? NEEDLESS DEATHS FROM A PREVENTABLE CANCER Synopsis: Cervical cancer is almost completely preventable, so why does it continue to kill thousands of women each year? Dr. Linda Eckert, an expert in cervical cancer prevention, believes the answer involves gender inequalities and sexual stigmas. She discusses these issues and offers life-saving prevention methods for women. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Linda Eckert, Professor of Obstetrics and Gynecology, University of Washington's Department of Obstetrics and Gynecology and Global Health, Author, Enough Links for information: https://globalhealth.washington.edu/faculty/linda-eckert SEGMENT 2: BLACK ANGELS: THE BLACK NURSES INVOLVED IN THE FIGHT AGAINST TUBERCULOSIS Synopsis: Dr. Herbert Fox helped discover a cure for tuberculosis, but his work wouldn't have been possible without the help of the black nurses who monitored and cared for each patient. When all of the white nurses refused to work, these women stepped up. Our expert details their bravery that's gone largely unrecognized in society. Host: Greg Johnson. Producer: Polly Hansen. Guests: Maria Smilios, Author, The Black Angels Links for information: https://www.mariasmilios.com

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
SEXUAL HYGIENE	Empower Wichita	02/11/24	8:00 am	17:24 min	Positive Directions mission is to provide HIV/STI prevention, education, and testing for priority populations within our community. Brett Hogan visited with us about an upcoming event they have coming up this month for National HIV testing day. They partnered with M-Care and Walgreens for this event and will provide food, vendors and FREE HIV/STD testing and education. For more please visit positive directions.org
SEXUAL ISSUES/ABUSE				15:45 min	Wichita Area Sexual Assault Center (WASAC) is a non-profit who helps people that have experienced sexual assault and provides survivors resources for a lifetime, no matter at what point it may have happened in your personal life. WASAC is free to the community, they offer therapy as well as group counseling. To learn more please visit wichitasac.com
Compliancy issues covered: lying; pathological liars; public safety; psychology; public health; deception; vulnerable populations; children at risk	Radio Health Journal	02/11/24	7:30am	30:00 min.	SEGMENT 1: BIG LIARS: IS HONESTY ALWAYS THE BEST POLICY? Synopsis: Are you good at sniffing out lies? Many people aren't. The typical 'tells,' like eye movement, won't expose a true deception artist. Luckily, our experts explain the psychology behind why people lie and how you can avoid being duped. Host: Elizabeth Westfield. Producer: Polly Hansen. Guests: Dr. Christian Hart, Professor of Psychology, Texas Woman's University, Director, Human Deception Laboratory, Co-Author, Big Liars; Dr. Drew Curtis, Associate Professor of Psychology, Angelo State University, Director, the Curtis Deception Lab, Co-Author, Big Liars Links for information: https://christianlhart.com/ SEGMENT 2: NOT SO RARE: WHAT'S CAUSING THE RISE IN PEDIATRIC KIDNEY STONES? Synopsis: While kidney stones have historically affected

		middle-aged men, an unusual population has been seeing a rise
		in cases – young girls. Dr. Greg Tasian, a pediatric urologist,
		has been researching the reason behind this rise. He explains
		what causes kidney stones and how to reduce your child's risk.
		Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr.
		Greg Tasian, Attending Pediatric Urologist, Children's
		Hospital of Philadelphia
		Links for information: https://www.chop.edu/doctors/tasian-
		gregory

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
Technology, Mental Health, Ai Mental Health, Entertainment, Technology	I'm Listening - The State of Entertainment	02/18/24	8:00 am	15:00 min	Seg 1: Hollywood has always reflected the changing world around it. But we are at a reflection point, coming off a 6 month strike. Streaming services are on the rise and older business models are falling. We discuss what the future of what the entertainment industry looks like and what it means for what we will see and consume. Guest: Ron Perlman, Cynthia LIttleton-Variety, Karina Manashil-Mad Solar Productions, Patrick Gomez-Entertainment Weekly, Duncan Crabtree Ireland-SAG/AFTRA Contact: KNX Charles Feldman and Mike Simpson-Hosts Seg 2: Hollywood has always reflected the changing world around it. But we are at a reflection point, coming off a 6 month strike. Streaming services are on the rise and older business models are falling. We discuss what the future of what the entertainment industry looks like and what it means for what we will see and consume. Guest: Ron Perlman, Cynthia LIttleton-Variety, Karina Manashil-Mad Solar Productions, Patrick Gomez-Entertainment Weekly, Duncan Crabtree Ireland-SAG/AFTRA Contact: KNX Charles Feldman and Mike Simpson-Hosts

Compliancy issues covered: PTSD; mental health; veterans; service animals; volunteering; service dogs; anxiety; social anxiety; depression; nightmares; neurology; therapy; family issues; veteran issues	Radio Health Journal	02/18/24	7:30am	30:00 min.	SEGMENT 1: "EAT TO SURVIVE": WHY AMERICANS LACK PROPER EDUCATION ABOUT NUTRITION Synopsis: Many children in America are taught about nutrition through the USDA's balanced food plate known as MyPlate. Unfortunately, these graphics don't accurately portray a proper (and realistic) diet, which leaves many people feeling confused and frustrated. Loni Love, a comedian, explains the obstacles she's faced during her journey towards a healthier lifestyle. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Loni Love, Comedian, Television Host, Spokesperson, Metamucil; Dr. Christopher Gardner, Rehnborg Farquhar Professor of Medicine, Stanford University Links for information: https://www.instagram.com/comiclonilove/?hl=en
					SEGMENT 2: SERVICE DOGS ARE IN HIGH DEMAND – HERE'S HOW YOU CAN HELP Synopsis: Service dogs have been used throughout history but were legally recognized by the US government in 1990. These animals can help people with physical challenges, like grocery shopping, and mental health struggles such as PTSD and anxiety. Our experts discuss the importance of service dogs and how you can get involved. Host: Greg Johnson. Producer: Kristen Farrah. Guests: James Schenck, CEO, PenFed Foundation; Kirsten Holley, US Army Veteran Links for information: https://penfedfoundation.org/team/james-schenck/

Community Policing	Empower Wichita	02/25/24	8:00 am	17:19 min	The Wichita Police and Fire Foundation is a community based nonprofit organization focused on building relationships between our police department, fire department, and community. Amy Lumry, Executive director of the foundation, talks with us about the different efforts and contributions WPFF is apart of in the community. For more info, visit https://www.wichitapolicefoundation.org/
Legal Assistance, Community				16:56 min	Kansas Legal services is a non-profit law firm and community education organization helping low and moderate income people in Kansas. Joy Springfield, Director of Pro Bono Services, talks with us about upcoming workshops and driver's license restoration clinics, as well as expungement clinics for Sedgwick County. For more info, visit kansaslegalservices.org/
Compliancy issues covered: twins; psychology; siblings; family issues; individuality; self- esteem; housing; education; pregnancy; therapy; relationships; offspring; public health; public safety	Radio Health Journal	02/25/24	7:30am	30:00 min.	SEGMENT 1: THERAPY FOR TWINS: THE MYTH OF THE 'PERFECT' TWIN CONNECTION Synopsis: Twins are thought to have a special bond – a built-in friend. But this idea can lead to resentment and harmful codependence if the two siblings never experience individuality. Dr. Joan A. Friedman, a twin expert, explains how parents can help foster a healthy relationship and treat their twins as separate children. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Joan A. Friedman, Psychotherapist & Twin Expert Links for information: https://www.joanafriedmanphd.com/ SEGMENT 2: WHY SCIENCE SAYS KIDS SHOULD STILL LEARN TO WRITE IN CURSIVE Synopsis: In the age of cell phones and laptops, is handwriting obsolete? Our experts say that there's still a great benefit for students to write their notes down with pen and paper. Even cursive has its benefits. They discuss the research that shows why elementary students should still know how to use pens and pencils. Host: Greg Johnson. Producer: Libby Foster. Guests: Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr. Virginia Wise Berninger, Professor Emerita, University of Washington Links for information:

		https://conference.handwritingcollaborative.org/etn-speaker/virginia-wise-berninger-phd/

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
Community Policing	Empower Wichita	03/03/24	8:00 am	17:19 min	The Wichita Police and Fire Foundation is a community based nonprofit organization focused on building relationships between our police department, fire department, and community. Amy Lumry, Executive director of the foundation, talks with us about the different efforts and contributions WPFF is apart of in the community. For more info, visit https://www.wichitapolicefoundation.org/
Legal Assistance, Community				17:19 min	Kansas Legal services is a non-profit law firm and community education organization helping low and moderate income people in Kansas. Joy Springfield, Director of Pro Bono Services, talks with us about upcoming workshops and driver's license restoration clinics, as well as expungement clinics for Sedgwick County. For more info, visit kansaslegalservices.org/
Compliancy issues covered: patient safety; rare disease; pancreatitis; pediatric illness; vulnerable populations; healthcare; education; pain; chronic conditions; surgery; hospitalization	Radio Health Journal	03/03/24	7:30am	30:00 min.	SEGMENT 1: HOW TO COMBAT MEDICAL IGNORANCE OF RARE DISEASES Synopsis: Having a rare disease means that not all doctors will know how to treat you. For Christyn Taylor's daughter, who was diagnosed with pediatric pancreatitis at age 7, this meant countless physicians who either didn't believe she had the condition or knew nothing about it – factors that continually worsened her illness. To help other families in similar situations, Taylor created a document that gives patients with rare diseases a credible back-up of medical history and current treatment plans when dealing with stubborn physicians.

	Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Christyn Taylor, CEO, Rebecca's Wish; Lisa Morgan, Parent of Patient Links for info: https://www.instagram.com/rebeccaswishus/
	SEGMENT 2: THE FEMALE GENIUSES THROUGHOUT HISTORY YOU NEED TO KNOW ABOUT Synopsis: If you're asked to name a genius, who do you think of? Albert Einstein or Galileo may come to mind, but there's a good chance you're forgetting the brilliant women who deserve a spot at this table. In honor of Women's History Month this March, our expert tells the stories of a few female geniuses whose accomplishments deserve greater recognition. Host: Greg Johnson. Producer: Polly Hansen. Guests: Janice Kaplan, Author, The Genius of Women; Catherine Whitlock, Author, Ten Women Who Changed Science and the World Links for information: https://www.janicekaplan.com/https://www.instagram.com/janice.kaplan/

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
Community Policing	Empower Wichita	03/10/24	8:00 am	17:19 min	The Wichita Police and Fire Foundation is a community based nonprofit organization focused on building relationships between our police department, fire department, and community. Amy Lumry, Executive director of the foundation, talks with us about the different efforts and contributions WPFF is apart of in the community. For more info, visit https://www.wichitapolicefoundation.org/
Legal Assistance, Community				17:19 min	Kansas Legal services is a non-profit law firm and community education organization helping low and moderate income people in Kansas. Joy Springfield, Director of Pro Bono Services, talks with us about upcoming workshops and driver's license restoration clinics, as well as expungement clinics for

					Sedgwick County. For more info, visit kansaslegalservices.org/
Compliancy issues covered: HIV; infectious disease; psychology; discrimination; minority populations; patient safety; stigma; racial disparities; Alzheimer's disease; dementia; public health	Radio Health Journal	03/10/24	7:30am	30:00 min.	SEGMENT 1: CULTURAL COMPETENCE: ADDRESSING RACIAL DISPARITIES IN HEALTHCARE Synopsis: Racial disparities have existed in medicine throughout history. Research is finally starting to not only recognize these inequalities but create actionable plans to close the gaps. Our guests discuss sectors of healthcare and disease where racial disparities continue to block minority populations from quality care. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Ladson Hinton, Professor and Director of Geriatric Psychiatry, University of California Davis School of Medicine; Dr. Toyin Nwafor, Infectious Disease Physician, Senior Medical Director for HIV Prevention, VIIV Healthcare Links for information: https://health.ucdavis.edu/psychiatry/team/551/ladson-hintonpsychiatry-meclellan-park/ SEGMENT 2: GOT FOOT PROBLEMS? IT MAY BE A RARE BLOOD CANCER Synopsis: Gary Lenahan was diagnosed with polycythemia vera after nearly a decade of symptoms. It's a rare blood cancer that can sneak up on anyone — especially as we age. Dr. Brandi Reeves, a hematologist, explains the subtle warning signs and reveals treatment options that can help slow the disease progression. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Brandi Reeves, Hematologist, Assistant Professor of Medicine, University of North Carolina, Chapel Hill; Gary Lenahan, Patient Links for information: https://www.med.unc.edu/medicine/hematology/people/brandireeves-md/

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Mental Health, Military, Veterans, Suicide prevention	I'm Listening Talk Away the Dark	03/17/24	8:00 am	15 min	Seg 1: Talk Away the Dark: How to Have Open and Honest Conversations with Men. Men are less likely to talk about their mental health struggles than women, which is why it's so important to break down stigma and open the door for these conversations. Community and friendships are huge protective factors against suicide. We seek to emphasize the critical role that asking someone directly about suicide plays in suicide prevention and demonstrate how to have supportive conversations with loved ones about mental health and suicide prevention. Guest: Victor Armstrong-AFSP, Steve Siple-AFSP Contributor Contact: David Glover, Host
Mental Health, Men's Health, Suicide				15 min	Segment 2: Veteran populations face difficulties transitioning from military life and have higher rates of suicide compared to the civilian population. We seek to Understand how Veteran and military culture contributes to existing stigmas is essential to being open about mental health challenges and encouraging those who need it to seek help. Support and resources are available for Veterans that can make a major difference to save lives. Guest: Alex Silva-AFSP, Dan Miller-Wounder Warrior Project and Dr. Erin Fletcher-Wounded Warrior Project
Compliancy issues covered: surgery; medical device; drill; cranial drill; skull; anatomy; neurology; neurosurgery; female entrepreneurship; medical technology; emergency medicine; consumerism; patient safety	Radio Health Journal	03/17/24	6:15 am	30:00 min	SEGMENT 1: "THIS IS MEDIEVAL" – THE 24-YEAR-OLD WHO'S REINVENTING MEDICAL DEVICES Synopsis: During emergency bedside situations in the ICU, neurosurgeons often use manual cranial drills to break through a patient's skull. It's been the standard for years – but it's not the best option. Casey Qadir, CEO of Hubly Surgical, has created a safer, more efficient drill for these operations. She explains the advantages of this new device and her experience as a female entrepreneur in a male-dominated space. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Matthew Potts, Neurosurgeon & Associate Professor of

Neurological Surgery, Northwestern Feinberg School of
Medicine; Casey Qadir, Co-Founder & CEO, Hubly Surgical
Links for information:
https://www.feinberg.northwestern.edu/faculty-
profiles/az/profile.html?xid=33716
SEGMENT 2: KNOCKING ON DEATH'S DOOR: THE AT-
HOME MEDICAL DEVICE THAT COULD SAVE LIVES
Synopsis: Mark Opauszky knows exactly how important
access to medical devices can be - even something as simple as
a thermometer. After a near-death experience, Opauszky
entered the medical technology industry to help give the public
access to helpful tools at home. He discusses how his new
phone application, Stethophone, can help patients be an active
part of their own care team and stay on top of their health.
Host: Greg Johnson. Producer: Kristen Farrah. Guests: Mark
Opauszky, CEO, Sparrow Bioaccoustics
Links for information:
https://www.linkedin.com/in/opauszky/?originalSubdomain=ca

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Community/Social Services	Empower Wichita	03/24/24	8:00 am	16:20 min	Breakthrough, formerly Episcopal Social Services has been around for 35 years. They are a broad-based social services organization. Their mission is to help people move out of poverty, and to help others recover well while living with mental illness. They are a faith-centered organization offering opportunities for positive changes in their lives and providing ways for people to express their faith through service. Andy Houltberg and Rachel Newell visited with us to speak about all they've done in the community since 1983, their upcoming events and re-housing program. For more information, visit www.breakthroughwichita.org

				15:04 min	Spoken Word Productions is designed to encourage kids, teens and young adults to write more, to unlock a part of the brain that society wants to keep closed. With everything going so fast in the world with social media and challenges, Spoken Word Productions wants to combat that. By slowing their targeted demographic down to think and to write, they feel having workshops and writing competitions (short stories, poems) will get the mission completed. Scott Victor visited us to talk about their mission as well as their added benefit of the chance to win a writing scholarship to go towards school needs (books, fees, etc) makes it appealing to the students. We also produce Spoken Word open mics and Poetry shows that are local in Wichita Kansas. For more information visit Spoken Word Productions on Facebook
Compliancy issues covered: endometriosis; patient safety; public health; medical imaging; diagnostic tools; ultrasound; women's health; female issues; gynecology; consumerism; surgery; reproductive system	Radio Health Journal	03/24/24	7:30am	30:00 min.	SEGMENT 1: PAIN IS NOT WOMANHOOD: EARLIER DIAGNOSING FOR ENDOMETRIOSIS Synopsis: Many women with endometriosis unknowingly deal with the symptoms for years before receiving a diagnosis. Dr. Jodie Avery, an epidemiologist, is hoping to close this gap through new technology that utilizes AI. She explains why America's current process isn't aiding women with this disorder. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Jodie Avery, Epidemiologist, Senior Research Fellow, University of Adelaide Medical School; Asha Dickens, patient Links for information: https://www.uterinehealthguide.com/https://www.linkedin.com/in/ashadickens/ SEGMENT 2: PUBLIC HEALTH AND POLITICS: A LOOK AT THE MISTAKES MADE DURING THE PANDEMIC Synopsis: Science has long been an influence of public policy, but some argue that public health organizations became too visible during the pandemic. Dr. Sandro Galea, author of Within Reason, dissects the role that public health has played in recent years and asks the question: what are we willing to give up for the sake of our health? Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr.

	Sandro Galea, Dean & Robert A. Knox Professor, Boston University School of Public Health, Author, Within Reason Links for information: https://www.bu.edu/sph/profile/sandro- galea/ https://www.sandrogalea.org/ https://press.uchicago.edu/ucp/books/book/chicago/W/bo2053 94268.html https://www.linkedin.com/in/sandrogalea/

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type & Description of Program/Segment
Education, Women's programs Education, Community	Empower Wichita	03/31/24	8:00am	17:00 min	As the only nonprofit in Kansas that provides both professional attire and career development services to women, the mission of Dress for Success Wichita is to empower women to achieve economic independence by providing a network of support, professional attire and development tools to help women thrive in work and in life. Dress for Success Wichita is now a program of Wichita Women's Initiative Network (WIN) dba The Women's Network. Jill Miller of the Finishing School for Modern Women. Women of all ages meet to build community, empower women, and develop our best selves. In our weekly events, women gather to learn from each other, have fundraisers to support local nonprofits, and celebrate our community of women helping women.
Compliancy issues covered: cancer; manufacturing; generic drugs; FDA; chemotherapy; drug shortages; economics; consumerism; raw materials;	Radio Health Journal	03/31/24	7:30am	30:00 min.	SEGMENT 1: CANCER DRUG SHORTAGE: DECIDING WHO LIVES AND WHO DIES Synopsis: When a manufacturing plant in India halted production in 2022, cancer patients in America were told their chemotherapy drugs were experiencing a shortage and doctors

breast cancer; supply chain	had to decide who would get the remaining supply. Our
issues; testicular cancer; colon	
cancer; patient safety	experts explain the effects of this ongoing shortage and how
cancer, patient safety	we can make sure it doesn't happen again.
	Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests:
	Barbara Barnett, Cancer Patient; Dr. Julie Gralow, Chief
	Medical Officer & Executive Vice President, American
	Society of Clinical Oncology; Mark Fleury, Policy Principal,
	American Cancer Society Cancer Action Network
	Links for information: https://society.asco.org/people/julie-
	gralow-md-fasco https://www.linkedin.com/in/julie-gralow-
	8837856a/ https://www.linkedin.com/in/mark-fleury-7ab1479/
	SEGMENT 2: KETAMINE REGULATIONS "WE DON'T
	WANT TO REPRODUCE THIS OPIOID PROBLEM"
	Synopsis: Ketamine is FDA-approved as an anesthetic, but it's
	now being used as a therapy to treat pain, depression, and
	addiction. However, many worry the rise of psychedelics will
	bring about a second iteration of the opioid crisis. Our expert
	shares the history of ketamine and how he believes it should
	be regulated to lessen the risk of addiction.
	Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr.
	Howard Kornfeld, Pain Management & Addiction Specialist,
	Founder & Medical Director, Recovery Without Walls
	Links for information: https://recoverywithoutwalls.com/dr-
	kornfeld-addiction-medicine/