Quarterly Listing of Problems and Needs

LIN Television Corporation March 31, 2013

> WAVY –TV WCTX-CA WKTD-CA WITD-CA

LIN Television Corporation – WAVY TV

Problems and Needs Cover Sheet

WAVY News 10 Today	Monday through Friday	4:30am – 5:00am
WAVY News 10 at Sunrise	Monday through Friday	5:00am – 6:00am
WAVY News 10 Today	Monday through Friday	6:00am – 7:00am
The Hampton Roads Show	Monday through Friday	11:00am – 12:00pm
WAVY News 10 at 12:00pm	Monday through Friday	12:00pm – 1:00pm
WAVY News 10 at 5:00pm	Monday through Friday	5:00pm – 5:30pm
WAVY News 10 at 5:30pm	Monday through Friday	5:30pm – 6:00pm
WAVY News 10 at 6:00pm	Monday through Friday	6:00pm – 6:30pm
WAVY News 10 at 11:00pm	Monday through Friday	11:00pm – 11:35pm
WAVY News 10 Saturday	Saturday	6:00am – 8:00am
WAVY News 10 Sunday	Sunday	6:00am – 8:00am

All of the programs noted above are locally produced News programs presenting a mix of News, weather, sports and issue related feature stories. The 12:00pm News also features guests with call ins and a health segment. WAVY News 10 at 5:00pm has a consumer segment. Issue responsive segments vary in length from 2 to 6 minutes.

The Bottom Line	Sunday	5:30am
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This locally produced program features interviews with community leaders, which address issues affecting the area's population.

Kid Talk	Saturday	10:30am
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This locally produced program is the only show of its kind in the market. It gives children ages 10 to 18 an opportunity to voice their opinions and share their feelings on a variety of topics ranging from school uniforms to the tragedy of the September 11th attacks.

Wednesday's Child	Wednesday	5:30pm
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Every Wednesday evening during our 5:30pm Newscast, WAVY has a regularly scheduled segment entitled Wednesday's Child. In this segment, the station focuses on an area youth that could benefit by being paired up with a caring adult.

Public Service Announcements Any Day Any Time

The station broadcasts local and national public service announcements of varying lengths throughout the broadcast day. Many of the local PSAs are part of campaigns on 1 subject, such as health campaigns, the Jefferson Awards, food campaigns for the needy, recycling and military enlistment information.

"The More You Know PSAs Any Day Any Time

Included in the PSAs noted above, our network, NBC, has an extensive campaign of PSAs under their The More You Know campaign. All of these PSAs are focused on broad societal issues such as education, drug use, reading, etc., which feature the leading stars of NBC's major programs, making sure that the message is delivered in an interesting and at10tion grabbing manner and format.

Dateline NBC	3 5 nights a week	Various

This is an NBC Network News and public affairs program which features investigative reporting on issues of interest to the American public such as health and medical News, technology, travel, *Consumer Reports* and product analyses and the environment.

The Today Show	Monday through Friday	7:00am – 9:00am
NBC Nightly News	Monday through Sunday	6:30pm – 7:00pm
Saturday Today	Saturday	8:00am – 10:00am
Sunday Today	Sunday	8:00am – 9:00am
Meet the Press	Sunday	9:00am – 10:00am

The NBC Network News programs noted above offer a mix of News, weather, interviews, and special features on issues of current concern and interest to our viewers.

In the 1st quarter of 2013, our station aired extensive programming that addressed many areas of concern and interest to the residents in the Norfolk Portsmouth Newport News television market.

These areas and representative examples are as follows:

1) GOVERNMENT

12/31/12 11:00pm (30 SECONDS) AS WE'RE COUNTING DOWN THE NEW YEAR HERE IN THE U-S - THE KABUL GOVERNMENT HAS ANOTHER REASON TO COUNT DOWN.THE HEAD OF THE AFGHANISTAN TRANSITION COMMISSION ANNOUNCED DETAILS TO THE NEXT PHASE OF TRANSFERRING POWER FROM THE U-S MILITARY TO FULL AFGHAN CONTROL.THE NEXT BIG MOVE WILL BEGIN IN TWO MONTHS.THE TRANSITION BEGAN IN EARLY 2011.IT WILL HELP PAVE THE WAY TO GIVE AFGHAN FORCES FULL RESPONSIBILITY FOR SECURITY BY THE END OF 2014.THAT'S WHEN MOST NATO FORCES - INCLUDING SOME 66-THOUSAND U-S TROOPS - ARE PLANNING TO PULL OUT.

1/1/13 6:00pm (40 SECONDS) BACK TO THAT BREAKING NEWS ON THE FISCAL CLIFF.RIGHT NOW - LEGISLATION TO BLOCK THE "FISCAL CLIFF" IS HEADED TO THE WHITE HOUSE FOR PRESIDENT BARACK OBAMA'S SIGNATURE.THE BILL WILL AVOID, FOR NOW, THE MAJOR TAX INCREASES AND GOVERNMENT SPENDING CUTS THAT HAD BEEN SCHEDULED TO TAKE EFFECT WITH THE NEW YEAR.THE VOTE WAS 257 TO 167.

1/3/13 4:30pm (35 SECONDS) VICTIMS OF SUPER STORM SANDY ARE NOW DEALING WITH THE FACT THAT RELIEF AID WONT BE COMING AS SOON AS THEY THOUGHT. A DELAY IN CONGRESS MEANS DELAYS FOR THE FAMILIES WHO NEED IT THE MOST.TWO MONTHS AFTER THE STORM - THERE ARE THOUSANDS OF PEOPLE - TRYING TO REBUILD - WAITING ON 60 BILLION DOLLARS IN RELIEF FROM THE FEDERAL GOVERNMENT. A VOTE ON THAT FUNDING GOT SIDETRACKED WHEN HOUSE REPUBLICAN LEADERS DECIDED IT WOULD LOOK BAD TO PASS BILLIONS IN FUNDING - DURING THE FISCAL CLIFF FIGHT OVER GOVERNMENT SPENDING. RELIEF FOLLOWING HURRICANES KATRINA AND IKE TOOK LESS THAN TWO WEEKS. IN THE TRI-STATE AREA, IT'S NOW BEEN 66 DAYS.

1/3/13 12:00pm (25 SECONDS) THE NUMBER OF F-B-I BACKGROUND CHECKS REQUIRED FOR AMERICANS PURCHASING A GUN SET A RECORD LAST MONTH. ACCORDING TO THE F-B-I, THEY RECORDED 2-POINT-78 MILLION BACKGROUND CHECKS IN DECEMBER...AN INCREASE OF 39 PERCENT FROM NOVEMBER. THE F-B-I ALSO SAID DECEMBER TENDS TO BE THE BUSIEST MONTH FOR BACKGROUND CHECKS....MAINLY DUE TO HOLIDAY GIFT SALES. THE FIGURE DOES NOT REPRESENT THE NUMBER OF FIREARMS SOLD, SINCE THE GOVERNMENT DOES NOT DOES NOT TRACK THAT. FEDERAL LAW ONLY REQUIRES BACKGROUND CHECKS FOR SALES FROM COMMERCIAL VENDORS WITH A FEDERAL LICENSE.

1/9/13 5:00am (29 SECONDS) A POSSIBLE SOLUTION TO THE ALL OF THE COUNTRY'S FINANCIAL PROBLEMS. AND IT'S ONLY A LITTLE BIGGER THAN THE BUTTONS ON YOUR REMOTE CONTROL. WE'RE TALKING ABOUT A PLATINUM TRILLION DOLLAR COIN.THE IDEA SOUNDS SIMPLE ENOUGH. HAVE THE TREASURY MINT THE COIN AND THEN GIVE IT TO THE FEDERAL RESERVE FOR DEPOSIT SO THE GOVERNMENT CAN PAY ITS BILLS. SO FAR THE IDEA IS GETTING A LOT OF BUZZ ONLINE. A PETITION WITH MORE THAN SIX THOUSAND SIGNATURES HAS SURFACED. NO WORD ON IF THE WHITE HOUSE IS SERIOUSLY CONSIDERING THIS AS AN OPTION.

1/10/13 6:00am (30 SECONDS) THE FEDERAL GOVERNMENT WANTS HYBRID AND ELECTRIC CARS TO *MAKE MORE NOISE*. THE **DEPARTMENT OF TRANSPORTATION** SAYS: THE CARS ARE *SO QUIET* TRAVELING UNDER 18 MILES PER HOUR-THAT PEOPLE WALKING OR RIDING BIKES, AND THE VISUALLY IMPAIRED DON'T NOTICE THEM. A LOUDER MOTOR ONLY KICKS-IN WHEN THE CARS GO FASTER. THE FEDERAL GOVERNMENT BELIEVES LOUDER CARS COULD PREVENT 28-HUNDRED ACCIDENTS A YEAR. THE CHANGES WOULDN'T AFFECT HYBRID OR ELECTRIC CARS ON THE ROAD NOW. THOSE CHANGES WILL BE PHASED-IN FOR **BRAND NEW VEHICLES**. 1/16/13 5:00pm (30 SECONDS) THE FEDERAL GOVERNMENT AND BOEING ARE SENDING INVESTIGATORS TO JAPAN TO LOOK AT PROBLEMS OVER SOME OF THE NEW 7-87 DREAMLINERS. JAPAN'S TWO BIGGEST CARRIERS, JAPAN AIRLINES AND ALL NIPPON AIRWAYS, GROUNDED THEIR 7-87S FOR SAFETY CHECKS --- AFTER ONE OF THE AIRCRAFTS WAS FORCED TO MAKE AN EMERGENCY LANDING. A BURNING SMELL WAS DETECTED IN THE COCKPIT AND THE CABIN. LAST WEEK --- ANOTHER 787 LEAKED FUEL IN TOKYO AFTER FLYING BACK FROM BOSTON. ALSO IN BOSTON --- A FIRE IGNITED IN A BATTERY PACK ON ANOTHER JAPAN AIRLINES 787 AS THE PLANE SAT ON THE TARMAC.

1/29/13 5:30am (30 SECONDS) A LOCAL LAWMAKER IS WORKING TO MAKE IT ILLEGAL TO SMOKE WITH KIDS IN THE CAR. STATE SENATOR RALPH NORTHAM FROM NORFOLK WANTS TO FINE DRIVERS 100 DOLLARS IF THEY SMOKE WITH CHILDREN UNDER THE AGE OF 15. NORTHAM, A PEDIATRIC NEUROLOGIST, SAYS SECOND HAND SMOKE CAN CAUSE HEALTH PROBLEMS. THE AMERICAN CANCER SOCIETY AND AMERICAN ACADEMY OF PEDIATRICS SUPPORTS THE BILL. BUT MANY SAY THE GOVERNMENT SHOULDN'T BE INTERFERING WITH WHAT GOES ON INSIDE PEOPLE'S CARS. THE COURTS OF JUSTICE COMMITTEE VOTED TO ADVANCE THE BILL TO THE SENATE FLOOR.

2/1/13 4:30am (40 SECONDS) TRANSPARENCY CONCERNS IN GUANTANAMO BAY TOP OUR MILITARY HEADLINES. A NEW ORDER FROM A U-S MILITARY JUDGE AIMS TO KEEP THE COURTS HONEST THROUGHOUT THE TRIAL OF THE ALLEGED MASTERMINDS BEHIND THE 9/11 ATTACKS. THE JUDGE IS ORDERING THE GOVERNMENT TO DISMANTLE A MONITORING SYSTEM BECAUSE OF WHAT HAPPENED EARLIER THIS WEEK. AN UNIDENTIFIED ENTITY OUTSIDE OF THE COURT CUT OFF THE AUDIO FEED THAT JOURNALISTS AND SPECTATORS WERE USING TO FOLLOW THE PRETRIAL HEARINGS MONDAY.THAT ACTION REVEALED FOR THE FIRST TIME THAT SOMEONE WAS LISTENING WITH A FINGER ON THE KILL SWITCH - EFFECTIVELY SENSORING COURT PROCEEDINGS.THE JUDGE PRESIDING OVER THE CASE IS FURIOUS. BUT CHIEF PROSECUTOR ARMY BRIGADIER GENERAL MARK MARTINS SAYS IT'S NECESSARY.

2/2/13 5:30am (30 SECONDS) MEMBERS OF THE ITALIAN GOVERNMENT SAY NO ONE ISSUED AN EVACUATION OF THE TUSCANY REGION BECAUSE OF A POSSIBLE EARTHQUAKE. AN EARTHQUAKE RUMBLED THE AREA LAST WEEK. AS A PRECAUTION--THOUSAND OF PEOPLE SLEPT OUTSIDE, IN THEIR CARS OR IN SCHOOLS BECAUSE OF THE WARNING. OFFICIALS BELIEVE THIS ALL STARTED AFTER AN ANNOUNCEMENT BY ITALY'S NATIONAL INSTITUTE OF GEOPHYSICS. FOLLOWING THE QUAKE--THE ORGANIZATION TOLD THE GOVERNMENT ABOUT A POSSIBILTY OF MORE TREMORS. WORD SOON SPREAD AMONG CIVILANS AS LOCAL OFFICIALS WENT DOOR TO DOOR WARNING PEOPLE.

2/4/13 12:00pm (30 SECONDS)THANKS TO AN AGREEMENT OVER THE WEEKEND, YOU MAY BE ABLE TO AFFORD THOSE SUMMERTIME FAVORITES. THERE HAD BEEN THREATS THE COST OF TOMATOES COULD DOUBLE TO AS MUCH AS \$5 A POUND IF THE US GOVERNMENT AND MEXICO COULDN'T REACH A DEAL.THE STICKING POINT: CROP PRICES.AMERICAN GROWERS CLAIMED MEXICAN FARMERS WERE PRICING THEM OUT OF THE MARKET, CHARGING SUCH LOW PRICES, THEY COULDN'T STAY COMPETITIVE. THIS WEEKEND'S TENTATIVE AGREEMENT SUBSTANTIALLY RAISES THE PRICE OF MEXICAN-GROWN TOMATOES SOLD IN THE U-S.

2/5/13 11:00PM (25 SECONDS) A LEAKED JUSTICE DEPARTMENT MEMO SAYS IT'S LEGAL FOR THE U-S GOVERNMENT TO KILL AMERICANS ABROAD - IF THEY'RE HIGH-RANKING TERRORISTS TRYING TO KILL AMERICANS.THE 16-PAGE CONFIDENTIAL MEMO SAYS IT'S LAWFUL TO TARGET AL-QAIDA LINKED U-S CITIZENS IF THEY POSE AN "IMMINENT" THREAT OF VIOLENT ATTACK AGAINST AMERICANS - AND THAT DELAYING ACTION AGAINST SUCH PEOPLE WOULD CREATE AN UNACCEPTABLY HIGH RISK.THE MEMO DOES NOT REQUIRE THE U-S TO HAVE INFORMATION ABOUT A SPECIFIC IMMINENT ATTACK AGAINST THE U-S. 2/7/13 6:00AM (35 SECONDS) IN OTHER NEWS ACROSS THE NATION PRESIDENT BARACK OBAMA HAS DIRECTED THE JUSTICE DEPARTMENT TO GIVE LAWMAKERS ACCESS TO CLASSIFIED INFORMATION FROM THE WHITE HOUSE. THE INFORMATION WILL GIVE THEM THE LEGAL RATIONALE FOR DRONE STRIKES AGAINST AMERICANS LINKED TO AL-QAIDA. SEVERAL LAWMAKERS HAVE PRESSED THE WHITE HOUSE FOR MORE INFORMATION ON HOW DECISIONS ARE MADE TO TARGET U-S CITIZENS ABROAD. THE JUSTICE DEPARTMENT SENT AN UNCLASSIFIED MEMO TO KEY LAWMAKERS LAST YEAR. IT STATES THAT IT IS LEGAL FOR THE GOVERNMENT TO KILL U-S CITIZENS OVERSEAS - IF IT BELIEVES THEY ARE HIGH RANKING TERRORISTS WHO ARE TRYING TO KILL AMERICANS.

2/12/13 6:00AM (30 SECONDS) WE HAVE A 10 ON YOUR SIDE CONSUMER ALERT FOR MEAT LOVERS- IMPENDING FEDERAL BUDGET CUTS COULD MEAN FEWER GOVERNMENT SAFETY INSPECTIONS AND HIGHER PRICES FOR MEAT AT YOUR LOCAL GROCERY STORE. A WHITE HOUSE MEMO RELEASED LATE LAST WEEK SAYS THE FEDERAL BUDGET CUTS SET TO TAKE EFFECT ON MARCH FIRST WOULD LEAD TO 21-HUNDRED FEWER INSPECTIONS BY THE F-D-A.THAT WOULD FORCE MEATPACKING PLANTS TO SHUTDOWN, AND LIMIT MEAT SUPPLIES IN GROCERY STORES - WHICH WOULD LEAD TO HIGHER PRICES. THE WHITE HOUSE IS HOPING TO FIND A WAY TO AVERT THE CUTS.

2/17/13 6:00AM (22 SECONDS) AUTOMATIC, ACROSS-THE-BOARD GOVERNMENT SPENDING CUTS TAKE EFFECT ON MARCH FIRST. IT'S CALLED SEQUESTRATION -- AND UNLESS CONGRESS ACTS TO PREVENT IT, THIS WILL MARK THE BEGINNING OF MORE THAN ONE-POINT-TWO-TRILLION DOLLARS IN CUTS OVER THE NEXT DECADE. EMILY SCHMIDT LOOKED INTO THE IMPACT ON JUST ONE AGENCY -- AND REPORTS IT MIGHT MEAN ONE LESS WALK IN THE PARK FOR YOU.

2/27/13 11:00PM (35 SECONDS) WE'RE ON YOUR SIDE CONTINUING TO FOLLOW THE COUNTDOWN TO SEQUESTRATION.THE DEADLINE IS JUST TWO-DAYS AWAY.HERE'S THE LATEST:THE WHITE HOUSE SAYS: EFFORTS TO AVOID 85-BILLION-DOLLARS IN AUTOMATIC BUDGET CUTS, ARE UNLIKELY TO SUCCEED.PRESIDENT OBAMA AND CONGRESSIONAL LEADERS ARE SCHEDULED TO MEET FRIDAY - AFTER THE DEADLINE PASSES.THE WHITE HOUSE SAYS THE FOCUS OF THE DISCUSSION WILL BE HOW TO KEEP THE CUTS FROM HAVING HARMFUL CONSEQUENCES.SENATE REPUBLICAN LEADER MITCH MCCONNELL SAYS IT'S A CHANGE TO POSSIBLY REDUCE GOVERNMENT SPENDING.

3/1/13 6:00PM (30 SECONDS) THOSE CUTS WILL IMPACT ALL LEVELS OF GOVERNMENT- NOT JUST THE MILITARY. THE HEAD START PROGRAM, WHICH PROVIDES LOW INCOME CHILDREN WITH PRE-SCHOOL EDUCATION OPPORTUNITIES, WILL HAVE FUNDS CUT FROM THEIR BUDGET.CONGRESSMAN BOBBY SCOTT TOURED THE HEAD START CENTER IN NEWPORT NEWS TODAY- AND 10 ON YOUR SIDE'S ART KOHN WAS ALSO THERE. ART? HEAD START IS JUST ONE OF SEVERAL EDUCATIONAL INITIATIVES AT RISK FROM THE SEQUESTER AND LIKE MANY OF THE PEOPLE IN HIS DISTRICT, CONGRESSMAN SCOTT IS NOT HAPPY ABOUT IT.

3/1/13 11:00PM (30 SECONDS) WE BEGIN TONIGHT WITH BREAKING NEWS.SEQUESTRATION **IS HERE**.PRESIDENT OBAMA SIGNED AN ORDER TO BEGIN 85-BILLION-DOLLARS IN SPENDING CUTS.IT STARTS TONIGHT. OVER TIME, THOUSANDS OF LOCAL WORKERS WILL FEEL THE PINCH, BETWEEN LOSING THEIR JOBS OR HAVING THEIR SALARIES CUT WE'RE ON YOUR SIDE WITH LIVE TEAM COVERAGE TONIGHT.ANITA BLANTON WILL EXPLAIN WHAT IT MEANS FOR THOSE IN DANGER OF LOSING PAYCHECKS, OR PART OF THEM.BUT WE START WITH 10 ON YOUR SIDE'S LAUREN COMPTON IN THE NEWSROOM WITH THE LATE DEVELOPMENTS.LAUREN? TOM, PRESIDENT OBAMA IS BLAMING REPUBLICANS FOR THIS HAPPENING, AND REPUBLICANS ARE POINTING THE BLAME RIGHT AT HIM. THE PRESIDENT AND HOUSE SPEAKER AND SENATE MAJORITY LEADER SAT DOWN DISCUSS A COMPROMISE WITH NO LUCK. HERE IN HAMPTON ROADS--THE SEQUESTER WILL MEAN CUTS TO MILITARY, SHIP-BUILDING AND BUISNESSES THAT RELY ON THOSE WORKERS. NOW THAT THE SEQUESTER IS TAKING EFFECT--SPEAKER OF THE HOUSE JOHN BOEHNER SAYS HE IS FOCUSED ON AVERTING ANOTHER LOOMING CRISIS--- THE GOVERNMENT RUNNING OUT OF FUNDING AT THE END OF NEXT MONTH.SPEAKER BOEHNER AND HOUSE REPUBLICANS PLAN TO PASS A BILL NEXT WEEK TO KEEP THE GOVERNMENT RUNNING THROUGH SEPTEMBER.PRESIDENT OBAMA SAYS CONGRESS WILL ONLY HAVE THEMSELVES TO LOOK AT WHEN THE EFFECTS OF THE SEQUESTER HIT TH ECONOMNY.

3/3/13 6:00AM (25 SECONDS) A MEMBER OF THE GOP IS ENCOURAGING MEMBERS OF HIS PARTY TO REBOUND AND FIND NEW WAYS TO REACH VOTERS.YESTERDAY, STRATEGIST KARL ROVE SPOKE AT A GOP EVENT IN CALIFORNIA. ROVE SAID THE STATE'S REPUBLICAN PARTY NEEDS TO FOCUS ON RESTORING JOBS AND REDUCING GOVERNMENT SPENDING. HE ALSO MENTIONED FINDING WAYS TO RECRUIT CANDIDATES WHO REFLECT THE DIVERSITY OF THE COUNTRY AND THEIR STATE.

3/5/13 5:00AM (10 SECONDS) TODAY, CONGRESS TAKES ON ANOTHER TOUGH ISSUE FOLLOWING THE TRAGEDY IN NEWTOWN, CONNECTICUT -- MENTAL HEALTH. WE HAVE DETAILS ON THAT FOR YOU. AND AFTER THAT, STICK AROUND FOR THIS. THE GOVERNMENT IS CLAMPING DOWN YET AGAIN ON WHAT KIDS CAN AND CANNOT EAT IN SCHOOL, INCLUDING **HOW MUCH** THEY CAN EAT. YOU'RE WATCHING WAVY NEWS 10 TODAY.

3/21/13 5:00PM (20 SECONDS) A LOOMING GOVERNMENT SHUTDOWN HAS BEEN STOPPED BY A VOTE IN THE HOUSE FOR A STOPGAP SPENDING BILL.IT PROVIDES FUNDING THROUGH SEPTEMBER 30TH, 87-BILLION DOLLARS TO FUND OVERSEAS MILITARY OPERATIONS IN AFGHANISTAN AND IRAQ AND MAINTAINS A PAY FREEZE FOR FEDERAL WORKERS. IT PASSED BY AN OVERWHELMING MARGIN, AND NOW GOES TO PRESIDENT OBAMA TO SIGN

3/28/13 5:00AM (15 SECONDS) A NEWPORT NEWS FEDERAL JUDGE ORDERED A CHINESE NATIONAL, ACCUSED OF LYING TO FEDERAL AGENTS, **RELEASED**. THE JUDGE SAID THE GOVERNMENT FAILED TO PROVE NASA CONTRACTOR, BO JIANG, WAS A FLIGHT RISK- AND A DANGER TO THE COMMUNITY. ONLY ON 10 --- ANDY FOX IS LIVE OUTSIDE THE COURTHOUSE WITH TODAY'S DEVELOPMENTS.

3/27/13 11:00PM (35 SECONDS) GOVERNOR BOB MCDONNELL SIGNED INTO LAW THE STATE VOTER I-D REQUIREMENT.IT WOULD MANDATE THAT ALL VIRGINIANS BRING A PICTURE I-D TO THE POLLS TO VOTE.THE JUSTICE DEPARTMENT STILL HAS TO APPOVE THE LAW BEFORE IT GOES INTO EFFECT.THE NEW LEGISLATION WILL PROVIDE A FREE, VALID I-D FOR ANY REGISTERED VOTER WHO NEEDS ONE. PROPONENTS SAY THE MOVE WILL PREVENT VOTER FRAUD. WHILE OTHERS ARGUE ITS ANOTHER VOTER SUPPRESSION TACTIC. LAST YEAR, VIRGINIA PASSED A MORE RELAXED VOTER I-D LAW THAT ALLOWS PEOPLE TO BRING NON-PHOTO DOCUMENTS TO THE POLLS. SUCH AS A UTILTY BILLS, BANK STATEMENTS, GOVERNMENT CHECKS OR SOCIAL SECURITY CARDS.

3/31/13 6:00PM (30 SECONDS) U-P-S HAS AGREED TO A 40-MILLION DOLLAR SETTLEMENT DEAL IN A FEDERAL INVESTIGATION INTO DELIVERIES FOR ILLEGAL ONLINE PHARMACIES.THE SHIPPING COMPANY ALSO SAYS IT'S TAKING STEPS TO MAKE SURE IT DOESN'T DELIVER FOR THOSE BUSINESSES IN THE FUTURE. GOVERNMENT INVESTIGATORS SAY U-P-S KNOWINGLY DELIVERED PRESCRIPTION DRUGS WITHOUT VALID PRESCRIPTIONS FOR INTERNET PHARMACIES BETWEEN 2003 AND 20-10. UNDER AN AGREEMENT WITH THE DEPARTMENT OF JUSTICE, U-P-S WILL FORFEIT 40-MILLION DOLLARS IN PAYMENTS IT TOOK FROM THOSE UNAUTHORIZED PHARMACIES.

2) MILITARY

1/5/13 11:00PM (25 SECONDS) THIS MORNING IN YOUR MILITARY HEADLINES--SOME HAMPTON ROADS BASED SAILORS ARE A LONG WAY FROM HOME.THE U-S-S GONZALEZ AND HER CREW LEFT PORT YESTERDAY MORNING FOR A REGULARLY SCHEDULE DEPLOYMENT.FAMILY AND FRIENDS HUDDLED IN THE COLD WEATHER AT THE PIER - JUST TO SAY GOODBYE.THE GUIDED MISSILE DESTROYER IS HEADING TOW THE FIFTH FLEET OF OPERATIONS - WHICH INCLUDES THE PERSIAN GULF, THE ARABIAN SEA, AND EAST AFRICA.

1/12/13 11:00PM (20 SECONDS) THIS MORNING IN YOUR MILITARY HEADLINES--A SOLDIER FROM VIRGINIA WAS KILLED IN AFGHANISTAN SEARGANT AARON WITTMAN DIED THURSDAY.THE 28-YEAR-OLD WAS FROM CHESTER, A SMALL TOWN BETWEEN RICHMOND AND PETERSBURG.WITTMAN JOINED THE ARMY IN 2008 AND WAS BASED OUT OF FORT STEWART, GEORGIA.10 ON YOUR SIDE LEARNED - HE HAD BEEN AWARDED TWO MEDALS, THE PURPLE HEART AND BRONZE STAR.

1/16/13 11:00PM (40 SECONDS) NEW AT ELEVEN.THE NATION'S TOP MILITARY LEADERS WARNED CONGRESS THAT ITS FAILURE TO PASS A 2013 DEFENSE BUDGET --COUPLED WITH THE THREAT OF AUTOMATIC BUDGET CUTS -- HAS PUSHED THE PENTAGON TO THE BRINK OF A CRISIS.IN A LETTER TO LAWMAKERS - TOP MILITARY BRASS SAY THE READINESS OF U-S ARMED FORCES IS *QUOTE* AT A TIPPING POINT.TROOPS IN COMBAT AND THOSE BEING TREATED FOR WOUNDS ARE GETTING THE FUNDING THEY NEED - BUT THE REST OF THE FORCE WILL BE SEVERLY COMPROMISED IF THE PENTAGON HAS TO CONTINUE TO OPERATE ON LAST YEAR'S BUDGET.IF NO DEAL IS REACHED - AUTOMATIC SPENDING CUTS WILL TRIM THE PENTAGON'S BUDGET BY 500-BILLION-DOLLARS OVER TEN-YEARS. AND THAT COULD MEAN NEARLY 800 THOUSAND CIVILIAN WORKERS WILL HAVE TO TAKE UNPAID LEAVE.

1/23/13 6:00PM (15 SECONDS) ALSO NEW AT 6:00, STARTING NEXT MONTH, THE NAVY WILL CONDUCT RANDOM BLOOD-ALCOHOL TESTS ON SAILORS. ANY SAILOR WHO BLOWS POINT-OH-4 OR HIGHER WILL NOT BE ALLOWED TO WORK AND COULD BE RECOMMENDED FOR COUNSELING.ITS PART OF THE NAVY'S CRACKDOWN ON DRUGS AND ALCOHOL IN THE MILITARY.

1/28/13 5:00PM (20 SECONDS) WOMEN SERVING THE U-S MILITARY IN AFGHANISTAN ARE REACTING TO THE PENTAGON'S DECISION TO ALLOW THEM TO SERVE IN DIRECT COMBAT ROLES.DEFENSE SECRETARY LEON PANETTA LIFTED THE BAN ON THURSDAY HE DECLARED IT WOULD STRENGTHEN BOTH THE MILITARY AND THE UNITED STATES.WOMEN AT THE MILITARY AIRPORT IN KABUL WHO SPOKE TO REPORTERS TODAY WELCOMED THE DECISION.

1/28/13 11:00PM (30 SECONDS) MANY BELIEVE LACK OF ACTION ON A DEFENSE BUDGET MAY RISK NATIONAL SECURITY AND OUR ECONOMY.IF CONGRESS DOES NOT PASS A BUDGET FOR 2013 SOON - DRASTIC CUTS ARE IN STORE EVEN BEFORE SEQUESTRATION IS SCHEDULED TO MANDATE DRACONIAN CUTS TO DEFENSE SPENDING.OVERHAULS WILL CONTINUE AT THE FOUR NAVY-OWNED SHIPYARDS - BUT A LOT OF WORK THAT HAD BEEN SCHEDULED FOR PRIVATE YARDS IN HAMPTON ROADS THAT WILL BE CANCELED.

1/29/13 5:30AM (20 SECONDS) TROUBLE IN EGYPT, AS PROTESTS CONTINUE IN THE COUNTRY.TONIGHT, A STATE OF EMERGENCY IS IN EFFECT IN THREE CITIES.TOP MILITARY OFFICIALS IN EGYPT SAY THE COUNTRY IS ON THE BRINK OF COLLAPSE.THIS IS VIDEO FROM A RECENT PROTEST.THE PROTESTS STARTED LAST WEEK ON THE TWO YEAR ANNIVERSARY OF THE UPRISING THAT OUSTED FORMER PRESIDENT HOSNI MUBARAK.

1/30/13 6:30AM (45 SECONDS) MOST COLLEGE GUYS WOULD LOVE TO ESCORT A BEAUTY QUEEN TO THEIR FORMAL. AND ONE R-O-T-C STUDENT DECIDED TO INVITE MISS TEXAS TO HIS MILITARY BALL VIA A VIRAL VIDEO. BUT THE QUESTION IS - DID SHE SAY YES?JUST DAYS AWAY FROM THE ANNUAL MILITARY BALL, ROTC STUDENT LUKE GUFFEY REALIZED HE WAS DATELESS FOR HIS BIG NIGHT. SO GUFFEY DECIDED TO ASK MISS TEXAS BY WAY OF THAT PARODY OF A POPULAR OLD SPICE COMMERCIAL.THE MISS AMERICA FINALIST WATCHED THE VIDEO NOT LONG AFTER IT WAS POSTED ON YOUTUBE.AND WAS BLOWN AWAY BY THE GESTURE.SHE DECIDED TO DELIVER HER ANSWER ON THE LOCAL SIX O'CLOCK NEWS.

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2/12/13 5:30AM (25 SECONDS)TODAY, THOUSANDS OF PEOPLE PACKED STREETS IN TEXAS-- TO HONOR A FORMER NAVY SEAL.U-S FLAGS DECORATED THE ROUTE TO THE FUNERAL FOR CHRIS KYLE.THE PROCESSION WAS LED BY SERVICEMEN, FIRST RESPONDERS, AND A PATRIOT GUARD ESCORT.KYLE WAS ONE OF TWO MEN SHOT EARLIER THIS MONTH AT A GUN RANGE IN TEXAS.POLICE ARRESTED AND CHARGED A SUSPECT IN THE CASE.IN ADDITION TO HIS MILITARY SERVICE-- KYLE WAS ALSO AN AUTHOR.HE WROTE A BOOK THAT DESCRIBED HIS LIFE AS A NAVY SNIPER.

2/12/13 11:00PM (20 SECONDS)10 ON YOUR SIDE ALSO CONTINUES TO FOLLOW SEQUESTRATION - AND HOW IT AFFECTS HAMPTON ROADS.TONIGHT - LOCAL LAWMAKERS ARE REACTING TO PRESIDENT OBAMA'S STATE OF THE UNION ADDRESS.10 ON YOUR SIDE'S JASON MARKS JUST GOT OFF THE PHONE WITH SOME OF THEM.HE JOINS US LIVE IN THE NEWSROOM WITH THE STORY.JASON? THE ONE TOPIC WE WERE REALLY WANTED TO HEAR THE PRESIDENT TOUCH ON WAS HOW HE PLANS TO COMBAT MILITARY CUTS. HE WANTS NOT TO CUT THE MILITARY BUT INVEST IN IT. SURPRISINGLY THOUGH THE PRESIDENT ONLY MENTIONED THE WORD SEQUESTER ONE TIME.

2/13/13 5:30PM (20 SECONDS) INJURED TROOPS ARE GETTING A NEW FORM OF TREATMENT TO HELP THEM HEAL. TROOPS ARE BEING TREATED WITH ALTERNATIVE MEDICINE LIKE HYPNOSIS AND YOGA. MILITARY DOCTORS ARE SPENDING MORE TIME IN THE CLASSROOM TO LEARN HOW TO PERFECT THE TECHNIQUES. THE GOAL IS TO HELP TREAT THE PHYSICAL AND MENTAL WOUNDS TROOPS SUSTAIN

2/15/13 4:30AM (15 SECONDS) A HAPPY HOMECOMING TOPS OUR MILITARY HEADLINES.THE **U-S-S OSCAR AUSTIN** WILL BE BACK HOME THIS WEEKEND.THE GUIDED-MISSLE DESTROYER IS SCHEDULED TO PULL INTO NAVAL STATION NORFOLK ON SUNDAY. WE SHOT THIS VIDEO WHEN THE SHIP LEFT IN JULY, TO PATROL THE MEDITERRANEAN SEA. WE WILL BE PIERSIDE SUNDAY WHEN THE SHIP COMES HOME.

2/18/13 4:30AM (30 SECONDS) MILITARY BUDGET CUTS COULD ALSO FORCE THE ARMY TO EXTEND DEPLOYMENTS FOR SOLDIERS.TOP OFFICERS SAY THEY WILL NOT HAVE THE MONEY TO TRAIN BRIGADES TO REPLACE THE UNITS ALREADY IN AFGHANISTAN.THE ARMY FACES AN 8 BILLION DOLLAR **SHORTFALL** FOR OPERATING FUNDS FOR AFGHANISTAN. AND THERE COULD BE AN ADDITIONAL 5-AND-A-HALF **BILLION** IN CUTS IF CONGRESS CAN'T RESOLVE THE BUDGET STANDOFF AND AUTOMATIC REDUCTIONS.THERE ARE 66-THOUSAND U-S TROOPS ON THE WARFRONT.

2/19/13 12:00P (30 SECONDS) DEFENSE CUTS IS THE TOPIC OF CONVERSATION AS SENATOR TIM KAINE MEETS WITH SHIPYARD WORKERS IN OUR AREA.THE SENATOR STARTED A THREE DAY MILITARY TOUR THIS MORNING AT NEWPORT NEWS SHIPBUILDING.HE TALKED ABOUT SEQUESTRATION--AND HOW THE POSSIBLE CUTS ARE AFFECTING SHIP MAINTENANCE AND CONSTRUCTION.KAINE WAS SCHEDULED TO MEET WITH SHIPYARD WORKERS IN PORTSMOUTH AT 11-30.THEN HE'LL MOVE ON TO NAVAL STATION NORFOLK.TEN ON YOUR SIDE'S MILITARY REPORTER, ART KOHN, WILL HAVE MORE ON KAINE'S VISIT IN OUR 90 MINUTES OF NEWS STARTING AT FIVE.

2/20/13 5:00AM (45 SECONDS) AN EXPECTED ANNOUNCEMENT FROM THE PENTAGON TODAY TOPS OUR MILITARY HEADLINES. THE PENTAGON SAYS IT PLANS TO TELL CONGRESS ABOUT ITS PROPOSAL TO FURLOUGH 700-THOUSAND CIVILIAN EMPLOYEES.THE PLAN WOULD KICK IN IF LAWMAKERS CAN'T FIGURE OUT A WAY TO AVOID SEQUESTRATION.THE NAVY HAS ALREADY ANNOUNCED CUTS IN PREPARATION.THEY INCLUDE -CANCELLING THE DEPLOYMENT FOR THE NORFOLK-BASED U-S-S BATAAN GROUP.CANCELLING MAINTENANCE ON 11 LOCALLY-BASED SHIPS, AND REDUCING IN-FLIGHT TRAINING FOR NAVY PILOTS.IT COULD ALSO MEAN, CIVILIAN WORKERS COULD LOSE UP TO 20 PERCENT OF THEIR SALARY THROUGH A FURLOUGH.REMEMBER, THIS IS IN ADDITION TO THE ACTION THE MILITARY'S ALREADY TAKEN, LIKE CANCELLING THE U-S-S HARRY S TRUMAN CARRIER DEPLOYMENT, AND DELAYING THE OVERHAUL OF THE U-S-S ABRAHAM LINCOLN.UNDERSTANDABLY, MANY IN HAMPTON ROADS ARE ON EDGE.

2/28/13 4:30AM (1:20 SECONDS) ALL NEW THIS MORNING -WHILE THE BATTLE OVER THE BUDGET CONTINUES IN WASHINGTON--THERE IS SOME GOOD NEWS TO REPORT FOR HAMPTON ROADS.WORK TO PREPARE THE U-S-S ABRAHAM LINCOLN FOR REFUELING AND OVERHAUL CAN BEGIN. THE OVERHAUL WAS DELAYED BECAUSE CONGRESS HAS YET TO PASS A 2013 BUDGET.10 ON YOUR SIDE'S LIZ PALKA IS LIVE AT NAVAL STATION NORFOLK --WHERE THAT WORK WILL HAPPEN--LIZ?A LOT OF SHIPYARD WORKERS--MILITARY MEMBERS--HAVE BEEN WONDERING WHEN THE WORK ON THE LINCOLN WOULD START.THE DEPARTMENT OF DEFENSE SAYS NOW THE WORK CAN HAPPEN FOR THE TIME BEING--BECAUSE OF 40 MILLION DOLLARS THAT WAS BUDGETED FOR HUNTINGTON INGALLS INDUSTRIES.THAT'S NEWPORT NEWS SHIPBUILDING'S PARENT COMPANY.THE OVERHAUL WAS SUPPOSED TO BEGIN IN NEWPORT NEWS ABOUT TWO WEEKS AGO. THAT FULL OVERHAUL IS STILL DELAYED .-- BUT, NOW AT LEAST PREPS CAN START. AND IT KEEPS THINGS ON SCHEDULE AND ALLOWS PEOPLE TO KEEP WORKING.10 ON YOUR SIDE WAS IN NEWPORT NEWS FOR THE PRESIDENT'S VISIT ON TUESDAY.WE ASKED SHIPYARD WORKERS ABOUT WAITING FOR THE LINCOLN. THE DEFENSE DEPARTMENT SAYS THE DELAY MEANS THE CURRENT WORK WILL HAPPEN HERE AT NAVAL STATION NORFOLK.WHICH IS WHERE THE LINCOLN IS NOW.

3/9/13 6:00PM (25 SECONDS) TOPPING MILITARY HEADLINES TODAY.THE NORFOLK BASED SHIP WILL RETURN TO NAVAL STATION NORFOLK MONDAY.THE SHIP SPENT EIGHT MONTHS IN THE MEDITERRANEAN SEA AND WILL BE RELIEVED BY THE USS BARRY.

3/10/13 5:00AM (40 SECONDS) THIS MORNING IN YOUR MILITARY HEADLINES: A FULL SCHEDULE FOR DEFENSE SECRETARY CHUCK HAGEL.TODAY HE'LL MEET WITH AFGHAN PRESIDENT HAMID KARZAI. RECENTLY, KARZAI ORDERED U-S FORCES TO LEAVE AN AREA NEAR KABUL. IT'S DUE TO ALLEGATIONS THAT AFGHANS WORKING WITH U-S TROOPS WERE INVOLVED IN ABUSIVE BEHAVIOR AND TORTURE. IN ADDITION TO THE MEETING, HAGEL WILL ALSO BE BRIEFED ON THE PROGRESS OF TRAINING THE AFGHAN NATIONAL ARMY. HE WAS FORCED TO CHANGE LOCATIONS DURING A MEETING WHEN TWO SUICIDE BOMBS WENT OFF IN KABUL. AT LEAST 19 PEOPLE, INCLUDING A U-S CONTRACTOR DIED IN THE ATTACKS. A TALIBAN SPOKESMAN SAID THE ATTACKS WERE MENT AS A MESSAGE TO THE NEWEST MEMBER OF PRESIDENT OBAMA'S ADMINISTRATION.

3/10/13 11:00PM (15 SECONDS) MISTRUST AND MILITARY DRILLS ON THE KOREAN PENINSULA.AND NOW A TREATY TO END THE ARMISTICE THAT ENDED THE KOREAN WAR NEARLY 60 YEARS AGO. ANNA COREN TAKES A LOOK BACK AT THAT CONFLICT AND THE MILLIONS OF LIVES THAT WERE LOST.

3/14/13 5:30PM (20 SECONDS) OUR TOP STORY TONIGHT. BRAC - IT MAY ONLY BE AN ACRONYM BUT FOR MANY IN HAMPTON ROADS - IT'S A WORD THAT FRIGHTENS JUST ABOUT EVERYONE IN THE LOCAL MILITARY COMMUNITY. IN 2005 - THE LAST TIME THE BRAC PANEL MET-- FORT MONROE IN HAMPTON WAS SHUT DOWN AND NAVAL AIR STATION OCEANA CAME VERY CLOSE TO CLOSING BECAUSE OF ENCROACHMENT IN VIRGINIA BEACH.

3/15/13 4:30AM (40 SECONDS) AUTOMATIC MILITARY BUDGET CUTS ARE STILL A TOP TALKING POINT IN WASHINGTON. U.S. SENATOR MARK WARNER WILL BE ON THE PENINSULA TODAY AND TOMORROW, SHARING SOME OF THE LATEST DEVELOPMENTS FROM THE CAPITOL WITH THE COMMUNITY. HE TELLS 10 ON YOUR SIDE THERE HAVE BEEN POSITIVE STEPS TAKEN TO HEAD-OFF THE VERY WORST OF THE IMPACTS OF THE SEQUESTRATION CUTS. WE WILL SPEAK WITH HIM TODAY, TO FIGURE OUT WHAT EXACTLY THOSE POSITIVE STEPS ARE. A COUPLE OF OTHER ITEMS ON HIS AGENDA FOR THE NEXT COUPLE OF DAYS: AWARDING SOME OVERDUE AND REPLACEMENT MEDALS TO A LOCAL KOREAN WAR VETERAN, TOURING THE HAMPTON VA MEDICAL CENTER, AND SPEAKING AT SATURDAY'S KEEL-LAYING CEREMONY FOR THE USS JOHN WARNER.

3/16/13 4:30AM (25 SECONDS) A PRESTIGIOUS HONOR FOR A FORMER SENATOR FROM VIRGINIA.TODAY NEWPORT NEWS SHIPBUILDING WILL LAY THE KEEL FOR THE SUBMARINE NAMED AFTER SENATOR JOHN WARNER.SEVERAL BIG NAMES ARE EXPECTED TO ATTEND INCLUDING SENATOR MARK WARNER AND REPRESENTATIVES RANDY FORBES AND BOBBY SCOTT.10 ON YOUR SIDE'S MILITARY REPORTER ART KOHN ALSO ATTEND TODAY'S CEREMONY. LOOK FOR HIS REPORT LATER TODAY ON WAVY NEWS 10 AT SIX AND ONLINE AT WAVY DOT COM.

3/18/13 5:00PM (20 SECONDS) WE'RE ON YOUR SIDE WITH INFORMATION ABOUT A MILITARY JOB FAIR THIS WEEK. THE JOINT BASE LANGLEY-EUSTIS JOB FAIR IS THURSDAY FOR ACTIVE DUTY, RETIRED, RESERVISTS AND MILITARY SPOUSES. IT'S FROM 9 A-M UNTIL 2 P-M AT THE EUSTIS CLUB ON PERSHING AVENUE. IF YOU PLAN ON ATTENDING THURSDAY'S JOB FAIR --- ORGANIZERS SAY COME DRESSED FOR SUCCESS AND BRING SEVERAL COPIES OF YOUR RESUME.

3/26/13 6:30AM (35 SECONDS) BUT WE BEGIN THIS MORNING WITH BREAKING NEWS OUT OF NORTH KOREA - THE COMMUNIST NATION SAYS IT'S GETTING READY TO ATTACK U-S MILITARY BASES ON GUAM, HAWAII AND MAINLAND AMERICA. PYONGYANG SAYS IT HAS ORDERED ITS STRATEGIC ROCKETS AND LONG-RANGE ARTILLERY UNITS TO BE READY FOR COMBAT.THIS IS PROPOGANDA VIDEO NORTH KOREA RELEASED LAST WEEK, SHOWING THE FAKE DESTRUCTION OF SOME U-S BASES.THE NORTH PREVIOUSLY THREATENED NUCLEAR ATTACK ON THE UNITED STATES AND SOUTH KOREA, ALTHOUGH IT IS NOT BELIEVED TO HAVE THE TECHNOLOGY TO HIT CONTINENTAL UNITED STATES WITH AN ATOMIC WEAPON. LOOK FOR DEVELOPMENTS IN THIS STORY THROUGHOUT OUR NEWSCAST ON AIR AND ONLINE.

3) ECONOMY

1/1/13 5:30AM (:15 SECONDS) THE FUTURE OF THE ECONOMY IS ON THE LINE AND ITS FATE NOW LIES WITH THE HOUSE. VIRGINIA CONGRESSMAN AND HOUSE LEADER ERIC CANTOR ALREADY SAID HE OPPOSES THE DEAL.ELIZABETH CORRIDAN BRINGS US THE LATEST.

1/4/13 5:30PM (:20 SECONDS) THE ECONOMY ADDED 155-THOUSAND JOBS IN DECEMBER. THE UNEMPLOYMENT RATE REMAINED STEADY AT 7-POINT-8 PERCENT. EMPLOYMENT INCREASED IN HEALTH CARE, FOOD SERVICES AND MANUFACTURING.CONSTRUCTION JOBS ALSO ROSE, LIKELY AS A RESULT OF REBUILDING EFFORTS AFTER HURRICANE SANDY.THE LABOR DEPARTMENT ALSO SAYS MORE THAN 1-POINT-8-MILLION JOBS WERE ADDED IN 2012 1/9/13 12:00PM (:25 SECONDS) IT LOOKS LIKE COMPANIES WILL SPEND MORE THIS YEAR ON BUSINESS TRIPS.THAT'S ACCORDING TO A REPORT BY THE GLOBAL BUSINESS TRAVEL ASSOCIATION. A NEED TO SIT FACE TO FACE WITH CLIENTS AND INCREASED SPENDING ON INTERNATIONAL TRIPS AND OFF-SITE MEETINGS WILL BOOST OVERALL BUSINESS TRAVEL SPENDING BY NEARLY FIVE PERCENT IN THE U-S TO MORE THAN 266-BILLION DOLLARS. IT'S A SIGN EMPLOYERS COULD BE FEELING MORE OPTIMISTIC ABOUT THE ECONOMY.

1/9/13 6:00PM (:20 SECONDS) SO HOW WOULD THE PROPOSED TAX PLAN AFFECT YOU?WELL, IT DEPENDS ON HOW MUCH YOU DRIVE AND HOW MUCH YOU SPEND. A BREAK ON THE GAS TAX MIGHT SOUND GOOD, BUT YOU'LL PAY MORE FOR MOST EVERYTHING ELSE YOU BUY. RIGHT NOW, FOR THE AVERAGE VIRGINIAN, THE PLAN WOULD SAVE YOU ABOUT 20 DOLLARS A YEAR. BUT THAT NUMBER WILL LIKELY CHANGE AS THE ECONOMY CHANGES.

1/11/13 5:00PM (:20 SECONDS) BUT THE LEON PANETTA SAYS HE CAN'T WAIT FOR LAWMAKERS TO RESOLVE BUDGET ISSUES AND IS SKEPTICAL THAT AN AGREEMENT WILL BE REACHED. 10 ON YOUR SIDE'S ART KOHN HAS BEEN FOLLOWING THIS STORY SINCE IT BROKE LAST NIGHT AND JOINS US NOW FROM THE NEWSROOM. ART THIS IS SERIOUS FOR NATIONAL SECURITY AND OUR LOCAL ECONOMY. NO QUESTION ABOUT THAT. DEFENSE SECRETARY PANETTA TOLD HIS STAFF TO GET READY FOR THE POSSIBILITY THAT THE PENTAGON WILL BE HIT WITH ABOUT 50-BILLION DOLLARS IN BUDGGET CUTS IN LESS THAN TWO MONTHS.THE DEFENSE DEPARTMENT IS MAKING PREPERATIONS TO REDUCE AMERICA'S MILITARY PRESENCE IN THE AIR, AT SEA AND ON LAND. PANETTA SAID LAST NIGHT THAT IF THE CURRENT RESOLUTION TO DELAY SEQUESTRATION IS EXTENDED FOR THE REMAINDER OF THE FISCAL YEAR, D-O-D'S BUDGET WILL BE CUT BY ABOUT 11-BILLION DOLLARS. SEQUESTRAION WOULD CUT ANOTHER 18-BILLION DOLLARS FROM OPERATIONS AND MAINTENANCE ACCOUNTS WITH ANOTHER 11-BILLION DOLLARS NEEDED TO FUND **OPERATIONS IN AFGHANISTAN.**

1/17/13 5:30PM (:39 SECONDS) ANOTHER YEAR OF FAST GROWTH FOR HAMPTON ROADS' ECONOMY.THAT'S THE PREDICTION FROM THE OUTGOING PRESIDENT AND C-E-O OF VIRGINIA INTERNATIONAL TERMINALS.JOE DORTO IS STEPPING DOWN AFTER 25 YEARS.HE TOLD THE HAMPTON ROADS GLOBAL COMMERCE COUNCIL IN NORFOLK TODAY, HE EXPECTS THE PORT'S BUSINESS TO GROW BY 6-PERCENT IN 2013. THAT SUCCESS HAS GENERATED INTEREST BY TWO OF THE WORLD'S LARGEST PRIVATE PORT OPERATORS, TO PURCHASE VIRGINIA INTERNATIONAL TERMINALS. RIGHT NOW, ITS A STATE ENTITY, MANAGED BY THE VIRGINIA PORT AUTHORITY.THE MAN WHO WILL TAKE OVER AS HEAD OF THE TERMINALS SAYS HE'S HAPPY WITH HIS RELATIONSHIP WITH THE STATE AND HOPES LEADERS WILL REFUSE OFFERS FROM ANY PRIVATE COMPANIES.

1/28/13 12:00PM (:20 SECONDS) ARE YOU THINKING OF BUYING A NEW HOUSE? YOU MAY WANT TO DO THAT SOONER- THAN LATER. ECONOMISTS ARE PREDICTING A STRONG HOUSING MARKET FOR 2013. AND THAT MEANS - GOOD NEWS FOR HOME BUILDERS AND REALTORS.ECONOMISTS ARE PINNING THE REBOUND OF THE U-S ECONOMY ON IT.THE BURSTING OF THE HOUSING BUBBLE PLUNGED THE COUNTRY INTO RECESSION BUT THE RECOVERING REAL ESTATE MARKET COULD FINALLY LIFT US OUT OF THE DOLDRUMS.TIGHT SUPPLY AND RENEWED DEMAND FOR HOMES SHOULD LEAD TO HIGHER PRICES... ACCORDING TO ECONOMISTS WHO PREDICT A 3-POINT-7 PERCENT INCREASE IN HOME VALUES THIS YEAR.

1/31/13 12:00PM (:25 SECONDS) A TEXAS DEVELOPER WANTS TO BUILD AN INDOOR AMUSEMENT PARK, BROADWAY THEATER AND MORE ON THE LAND BETWEEN 18TH AND 20TH STREETS. RIGHT NOW, IT IS A PUBLIC PARKING LOT.THE DEAL HAS BEEN IN THE WORKS FOR FIVE YEARS, BUT THE DEVELOPER HAD TROUBLE FINDING INVESTORS WHEN THE ECONOMY TANKED. BEACH COUNCILMAN JOHN UHRIN SAYS THE ARENA PROPOSAL RENEWED INTEREST IN THE DOME SITE.

2/4/13 12:00PM (1:00 MINUTE) JUST DAYS AFTER NEWS THAT THE ECONOMY HAS SHRUNK SLIGHTLY IN THE FOURTH QUARTER OF 2012, PRESIDENT OBAMA SAYS THE RECOVERY IS SHOWING SIGNS OF GROWTH. DURING AN INTERVIEW WITH C-B-S NEWS PRESIDENT OBAMA ALSO SPOKE ABOUT THE NEED TO GENERATE MORE TAX REVENUE WHILE REDUCING THE DEFICIT. WHILE THE WHITE HOUSE AND CONGRESS DELAYED THE SO CALLED FISCAL CLIFF, THE DEAL ALSO DEFERRED AUTOMATIC SPENDING CUTS TO THE BEGINNING OF MARCH. CONGRESS IS STILL WORKING TO PASS A BUDGET THAT SATISFIES BOTH THE HOUSE AND THE SENATE.THE PRESIDENT SAYS IF LAWMAKERS CAN AGREE TO WORK TOGETHER, THE COUNTRY'S BUDGET ISSUES CAN BE RESOLVED.

2/5/13 12:00PM (:40 SECONDS) TRIPLE-A REPORTS THE NATIONAL AVERAGE FOR REGULAR IS NOW \$3.52 A GALLON. THAT'S UP 17 CENTS IN A WEEK, 22-CENTS IN A MONTH. AMERICANS ARE PUMPING ABOUT FOUR PERCENT OF THEIR INCOMES INTO BUYING GASOLINE.THE ENERGY DEPARTMENT SAYS U-S HOUSEHOLDS SPENT AN AVERAGE OF JUST OVER 29-HUNDRED DOLLARS ON GASOLINE LAST YEAR.THAT'S THE HIGHEST LEVEL IN FOUR YEARS. THE PERCENTAGE REACHED SIMILAR LEVELS IN 2008, WHEN A RED-HOT GLOBAL ECONOMY AND PANIC OVER DWINDLING SUPPLIES SENT GAS PRICES THROUGH THE ROOF. ANOTHER REPORT BY THE OIL PRICE INFORMATION SERVICE SHOWED AMERICANS SPENT A RECORD 479-BILLION DOLLARS IN GASOLINE LAST YEAR. THIS IS MORE THAN TWO AND A HALF TIMES WHAT THE NATION'S ANNUAL FUEL BILL WAS TEN YEARS AGO!

2/11/13 4:30AM (40 SECONDS) PRESIDENT OBAMA IS PUTTING PRESSURE ON CONGRESS TO MAKE A DEAL TO AVOID THE SEQUESTER - IT'S A MAJOR ISSUE HERE IN HAMPTON ROADS, WHERE THE LOCAL ECONOMY DEPENDS ON SO MANY DEFENSE JOBS.HERE'S PART OF WHAT THE PRESIDENT SAID IN HIS WEEKLY ADDRESS, OVER THE WEEKEND. REPUBLICANS AGREE THAT THE BUDGET CUTS WOULD LEAD TO MASSIVE LAYOFFS, BUT THEY AREN'T READY TO COMPROMISE WITH THE PRESIDENT ON RAISING TAXES. THEY ALSO SAY THE BALL IS IN THE WHITE HOUSE'S COURT - BECAUSE THEY ALREADY VOTED ON TWO PLANS TO AVOID THE SEQUESTER

2/22/13 11:00PM (:25 SECONDS) NEXT, **THE COUNTDOWN TO SEQUESTRATION**. IT'S SEVEN-DAYS AWAY - BEFORE THOSE MANDATORY BUDGET CUTS WILL TAKE AFFECT.10 ON YOUR SIDE HAS BEEN AT THE FOREFRONT - REPORTING HOW THESE CUTS COULD HURT OUR LOCAL ECONOMY. SO MANY OF US MAKE A LIVING FROM THE GOVERNMENT OR MILITARY IN SOME FORM. NEW TONIGHT AT ELEVEN - A LOCAL ECONOMIST PUTS IT IN PERSPECTIVE.

2/26/13 5:00PM (:35 SECONDS) THE COMMERCE DEPARTMENT SAYS NEW-HOME SALES ROSE NEARLY 16 PERCENT IN JANUARY-- THE LARGEST RISE IN NEARLY 20 YEARS.THOUGH NEW HOMES REPRESENT LESS THAN 20 PERCENT OF THE HOUSING SALES MARKET --- THEY HAVE A PRETTY BIG IMPACT ON THE ECONOMY. THE NATIONAL ASSOCIATION OF HOMEBUILDERS SAYS EACH HOME BUILT CREATES AN AVERAGE OF THREE JOBS FOR A YEAR AND GENERATES ABOUT \$90-THOUSAND DOLLARS IN TAX REVENUE.

2/26/13 11:00AM (:15 SECONDS) THE OTHER PART OF THIS STORY IS THE RIPPLE EFFECT ON OUR ECONOMY.PEOPLE WHO RELY ON SHIPYARD WORKERS TO MAKE THEIR LIVING, COULD HAVE A TOUGHER TIME MAKING ENDS MEET. 10 ON YOUR SIDE'S ANITA BLANTON IS LIVE IN NEWPORT NEWS WITH THAT PART OF THE STORY. ANITA? TOM AS YOU CAN SEE WE'RE RIGHT IN FRONT OF NEWPORT NEWS SHIPBUILDING THAT EMPLOYS 21 THOUSAND PEOPLE.THEY FREQUENT SHOPS, AND DINERS AND SO MANY OTHER BUSINESS IN THIS AREA.AND WE SPOKE TO SEVERAL OF THOSE BUSINESS OWNERS TONIGHT WHO SAY WHILE THEY'RE WAITING ON AN OFFICIAL WORD FROM WASHINGTON, SEQUESTRATIONS EFFECTS ARE ALREADY BEING FELT. 2/27/13 4:30AM (:50 SECONDS) THE COUNTDOWN TO SEQUESTRATION CONTINUES THIS MORNING. WE ARE NOW TWO DAYS AWAY FROM MASSIVE ACROSS-THE-BOARD CUTS. FEDERAL RESERVE CHAIRMAN BEN BERNANKE IS TESTIFYING ON CAPITOL HILL TODAY ABOUT THE STATE OF THE ECONOMY. AND YOU CAN EXPECT CONGRESS TO ASK HIM ABOUT THE IMPACTS OF SEQUESTRATION. YESTERDAY HE WASTED NO TIME SPELLING OUT HOW IT COULD SLOW THE ALREADY SLUGGISH ECONOMY. BERNANKE SAYS THE TIMING HERE IS ALSO IMPORTANT. HE IS URGING CONGRESS TO SPACE OUT THE CUTS OVER TIME AS OPPOSED TO FRONT-LOADING THEM.

2/27/13 5:30PM (:25 SECONDS) LESS DEBT FOR YOUNG ADULTS IS A BAD THING FOR ALL OF US. A NEW REPORT FROM THE PEW RESEARCH CENTER SHOWS ADULTS 35 AND UNDER HAVE MORE STUDENT LOAN DEBT AND LESS EXPOSURE TO CREDIT CARD, CAR AND HOME LOANS. ACCORDING TO RESEARCHERS, THAT SHOWS THE ECONOMY IS TROUBLED. AS DEBT DROPS FOR PEOPLE 35 AND UNDER, IT'S ON THE RISE FOR PEOPLE 35 AND OLDER. WHY? EXPERTS SAY MOST YOUNG ADULTS ARE BROKE AND HAVE NO INTEREST IN TAKING ON A COSTLY MORTGAGE OR CAR LOAN.

3/1/13 5:00PM (:10 SECONDS) A FEW HOURS AFTER THE PRESIDENT'S NEWS CONFERENCE --- THE PENTAGON BROADCAST A BRIEFING OF THEIR OWN.10 ON YOUR SIDE MILITARY REPORTER ART KOHN JOINS US NOW, WITH THE LATEST FROM THE DEPARTMENT OF DEFENSE IN THE BRIEFING WHICH CONCLUDED JUST AN HOUR AGO, WE HEARD FROM BOTH THE NEW SECRETARY OF DEFENSE CHUCK HAGEL AND HIS DEPUTY ASHTON CARTER. BOTH SPOKE OF CUTS THAT WILL HAVE A DIRECT IMPACT ON THIS REGIONS ECONOMY AND ON OUR NEIGHBORS IN UNIFORM.

3/2/13 6:00PM (:20 SECONDS) FEDERAL EMPLOYEES ARE GETTING READY FOR SOME SERIOUS BELT-TIGHTENING OVER THE NEXT 30 DAYS AND FOR THE FORESEEABLE FUTURE.CONGRESS AND THE WHITE HOUSE WERE UNABLE TO BREAK THEIR IMPASSE OVER THE AUTOMATIC FEDERAL SPENDING CUTS KNOWN AS THE SEQUESTER.THE CUTS ARE BIG -BUT AS BRIAN MOOAR REPORTS - THE BIGGER CONCERN RIGHT NOW IS WHAT KIND OF RIPPLE EFFECTS THEY'LL HAVE ON THE RECOVERING ECONOMY.

3/5/13 5:00PM (:25 SECONDS) THE ECONOMY MAY BE SLUGGISH--BUT THE BULLS ARE STAMPEDING ON WALL STREET.THE DOW FINISHED IN RECORD TERRITORY-FUELED BY ON GOING MONETARY SUPPORT FROM THE FEDERAL RESERVE AND A STRONG NON-MANUFACTURING ECONOMIC REPORT.THE DOW CLOSED AT 14, 253, BEATING THE ALL TIME HIGH SET IN OCTOBER OF 2007, AND IS UP NEARLY NINE PER CENT FOR THE YEAR.THE NASDAQ AND S & P ARE ALSO SAW SHARP GAINS.

3/8/13 12:00PM (:20 SECONDS) WE'RE GETTING AN INDICATOR OF HOW THE ECONOMY IS DOING TODAY AS THE MONTHLY JOB NUMBERS FOR FEBRUARY WERE RELEASED. ECONOMISTS EXPECTED THE LABOR MARKET REPORT WOULD SHOW EMPLOYERS ADDED **160-THOUSAND** JOBS LAST MONTH. THE ACTUAL NUMBER WAS 236,000. THE 7-POINT-9 PERCENT UNEMPLOYMENT RATE ALSO DROPPED TO 7-POINT-7.

3/11/13 5:30PM (:25 SECONDS) A SIGN THAT EITHER THE ECONOMY IS GETTING BETTER. PEOPLE ARE SPENDING MORE MONEY TO GET MARRIED. A WEDDING WEBSITE SURVEYED MORE THAN 17 THOUSAND PEOPLE. THE RESULTS FOUND THAT THE AVERAGE WEDDING LAST YEAR COST A LITTLE OVER 28-THOUSAND DOLLARS. WHERE YOU LIVED DEFINITELY FACTORED IN TO HOW MUCH IT COST TO SAY I DO. COUPLES IN MANHATTAN SPENT THE MOST.THEIR AVERAGE PRICE WAS CLOSE TO 77 THOUSAND DOLLARS. IN ALASKA, THE AVERAGE WAS JUST OVER 15-THOUSAND. 3/13/13 4:30AM (:15 SECONDS) WHEN ASKED IF HE WILL PROPOSE A BUDGET THAT BALANCES IN 10 YEARS, OBAMA SAID HE WOULD NOT. THE PRESIDENT TELLS ABC NEWS THAT HIS "GOAL IS NOT TO CHASE A BALANCED BUDGET JUST FOR THE SAKE OF BALANCE," BUT IMPROVE THE ECONOMY AND PUT PEOPLE IN JOBS. PRESIDENT OBAMA IS EXPECTED TO MEET WITH HOUSE REPUBLICANS THIS AFTERNOON

3/15/13 5:00AM (:30 SECONDS) WHEN IT COMES TO GAS PRICES AND THE ECONOMY, CONSUMERS ARE STILL FEELING PESSIMISTIC. EVEN AFTER A DRAMATIC DROP AT THE PUMP. MORE THAN 91-PERCENT OF CONSUMERS SAY HIGH GAS PRICES HAVE IMPACTED THEIR FEELINGS ABOUT THE ECONOMY. THIS COMES AFTER PRICES FELL NEARLY SIX CENTS A GALLON OVER THE PAST TWO WEEKS.THE NATIONAL AVERAGE RIGHT NOW IS 3.73 A GALLON. IT'S THE FIRST DROP AFTER NINE STRAIGHT WEEKS OF PRICE HIKES. ANALYSTS CITE LOWER OIL PRICES, AND SAY PRICES SHOULD CONTINUE TO FALL.

3/22/13 12:00PM (:35 SECONDS) AS WE'VE BEEN REPORTING, FORMER PRESIDENT ED WOODARD AND HIS SON BRANDON, WHO RAN THE LOAN DEPARTMENT WERE INDICTED LAST SUMMER. PROSECUTORS SAY FATHER AND SON COST TAXPAYERS 270 MILLION DOLLARS.THE DEFENSE SAYS THE TWO WERE JUST TRYING TO SAVE THE BANK DURING A TOUGH TIME IN THE ECONOMY.SOUTHERN BANK TOOK OVER THE BANK OF THE COMMONWEALTH AND CLOSED ALMOST HALF OF THE LOCAL BRANCHES. THE CASE IS BEING HEARD AT NORFOLK FEDERAL COURT.

4) HEALTH AND SAFETY

1/2/13 5:30PM (30 SECONDS) GOVERNOR BOB MCDONNELL HAS CERTIFIED REVISED REGULATIONS ON ABORTION CLINICS. THE NEW REGULATIONS REQUIRE CLINICS TO MEET THE SAME STRICT BUILDING STANDARDS AS NEW HOSPITALS.THE STATE BOARD OF HEALTH STILL HAS TO MAKE A FINAL VOTE.ABORTION-RIGHTS ADVOCATES ARGUE THAT THE STRICT STANDARDS COULD FORCE MOST OF VIRGINIA'S 20 CLINICS OUT OF BUSINESS.A MCDONNELL SPOKESPERSON SAYS THE GOVERNOR BELIEVES THE REGULATIONS WILL HELP ENSURE THE SAFETY OF PATIENTS. EXISTING ABORTION CLINICS HAVE UNTIL NEXT YEAR TO COMPLY WITH THE NEW REGULATIONS.

(1:30 SECONDS) SURROUNDED BY CHILDREN WHO WROTE HIM 1/16/13 5:00PM LETTER'S AFTER LAST MONTHS MASSACRE AT SANDY HOOK ELEMENTARY. PRESIDENT OBAMA SIGNED 23 EXECUTIVE ORDERS AIMED AT REDUCING GUN VIOLENCE. THESE ORDERS WHICH DO NOT REQUIRE CONGRESSIONAL APPROVAL EXPAND SCHOOL SAFETY PROGRAMS, AND INCREASE ACCESS TO MENTAL HEALTH SERVICES. THE REST OF WHAT HE WANTS TO ACCOMPLISH WILL NOT BE SO EASY.IN DEFENSE OF WHAT SOME WILL CALL AN ATTACK ON THE SECOND AMMENDMENT, THE PRESIDENT POINTED TO OAK CREEK WISCONSIN WHERE SIKHS WERE DENIED THE RIGHT TO WORSHIP FREELY. TO OREGON WHERE SHOPPERS WERE DENIED THE RIGHT TO ASSEMBLE PEACEFULLY AND TO VIRGINIA TECH AND NEWTOWN CONNECTICUT WHERE DOZENS WERE DENIED THE RIGHT TO LIFE. LIBERTY AND THE PURSUIT OF HAPPINESS. HIS CALL TO CONGRESS: RESTORE A BAN ASSAULT STYLE WEAPONS LIKE THE ONE USED IN AURORA COLORADO THIS PAST SUMMER.A 10 ROUND LIMIT FOR MAGAZINES AND UNIVERSAL BACKGROUND CHECKS FOR EVERY GUN BUYER. HIS CALL TO AMERICANS EVERYWHERE: DEMAND CHANGE.

1/20/13 6:00PM (:35 SECONDS) TAKE A GOOD LOOK AT THIS PICTURE. POLICE SAY DONNY JAY MATTHEWS WAS LAST SEEN AT HIS HOME ON CANDLEWOOD DRIVE.THEY SAY HE SUFFERS FROM COGNITIVE IMPAIRMENT AND HIS DISAPPEARANCE POSES A THREAT TOHIS HEALTH AND SAFETY. IF YOU'VE SEEN MATTHEWS OR HIS CAR CALL VIRGINIA BEACH POLICE AT 757-385-5000.WE'VE ALSO POSTED THIS STORY ON WAVY DOT COM SO YOU CAN TAKE ANOTHER LOOK AT DONNY JAY MATTHEWS' PICTURE AND SEE A DESCRIPTION OF HIS CAR. 1/21/13 5:00PM (:25 SECONDS) FAST FOOD MAY BE THE FAST TRACK TO AILMENTS LIKE ECZEMA, ASTHMA, OR HAY FEVER. A NEW STUDY FOUND CHILDREN WITH THOSE DISEASES WHO ATE FAST FOOD 3- TIMES PER WEEK HAD A **30-PERCENT INCREASE** IN THE SEVERITY OF THEIR CONDITION. ON THE FLIP-SIDE, RESEARCHERS FOUND A REDUCTION IN SEVERITY FOR KIDS WHO ARE FRUIT AT LEAST 3-TIMES PER WEEK. IT MAY HAVE SOMETHING TO DO WITH ANTI-OXIDANTS FOUND IN FRUIT.

1/22/13 5:30PM (:30 SECONDS) A PANEL, FORMED AFTER THE CONNECTICUT SCHOOL SHOOTING, WILL HAVE ITS FIRST MEETING THIS WEEK.CONNECTICUT'S GOVERNOR SAYS **THE SANDY HOOK ADVISORY COMMISSION** WILL CONVENE THURSDAY.DURING THAT FIRST MEETING, THE 16-MEMBER GROUP, THAT INCLUDES PUBLIC SAFETY AND MENTAL HEALTH EXPERTS, WILL GET UPDATES ON THE SHOOTING INVESTIGATION.MEMBERS WILL ALSO HEAR PRESENTATIONS FROM EXPERTS INVOLVED IN THE AFTERMATH OF THE COLUMBINE AND VIRGINIA TECH TRAGEDIES. THE PANEL PLANS TO COME UP WITH RECOMMENDATIONS ON SCHOOL SAFETY, MENTAL HEALTH, AND GUN VIOLENCE PREVENTION.

1/27/13 7:00AM (:30 SECONDS)THIS MORNING IN YOUR HEALTH HEADLINES--FLU ACTIVITY IS SLOWING DOWN NATIONWIDE.NUMBERS FROM THE CENTERS FOR DISEASE CONTROL SHOW 47 STATES ARE REPORTING WIDESPREAD FLU ACTIVITY.THAT'S DOWN FROM 48 STATES.THE REPORT FROM THE C-D-C ALSO FOUND HIGH LEVELS OF FLU LIKE ILLNESSES IN 26 STATES.THAT'S ALSO DOWN FROM 30.WHEN BROKEN DOWN TO WHERE IN THE COUNTRY THE FLU IS HITTING--THE INFORMATION SHOWED CASES IN THE SOUTHWEST AND NORTHWEST WERE RISING.BUT LEVELS SEEMED TO BE DROPPING IN THE SOUTH, SOUTHEAST, NEW ENGLAND AND THE MIDWEST.

1/29/13 12:00PM (:30 SECONDS) PRETTY SOON IT MIGHT BE ILLEGAL TO SMOKE WITH KIDS IN YOUR CAR. SENATOR RALPH NORTHAM WANTS TO FINE DRIVERS 100 DOLLARS IF THEY SMOKE WITH CHILDREN UNDER THE AGE OF 15 IN THEIR CAR.NORTHAM IS A PEDIATRIC NEUROLOGIST WHO SAYS SECOND HAND SMOKE CAN CAUSE HEALTH PROBLEMS.MANY SAY THE GOVERNMENT SHOULDN'T INTERFERE WITH WHAT GOES ON INSIDE PEOPLE'S CARS.THE COURTS OF JUSTICE COMMITTEE VOTED TO ADVANCE THE BILL TO THE SENATE FLOOR.

1/30/13 5:30PM (:25 SECONDS) THERE'S A NEW SCHEDULE FOR VACCINATING CHILDREN.TODAY, SEVERAL HEALTH ORGANIZATIONS-- INCLUDING THE **CENTERS FOR DISEASE CONTROL**-- PUBLISHED A NEWER, SIMPLER CHILDHOOD VACCINE SCHEDULE.IT TELLS PARENTS AND DOCTORS THE RIGHT TIME TO VACCINATE CHILDREN AGAINST THE 16 INFECTIOUS DISEASES FOR WHICH VACCINES ARE AVAILABLE. ANOTHER CHANGE APPLIES TO **PREGNANT WOMEN.** IT'S NOW RECOMMENDED: THEY GET A WHOOPING COUGH SHOT, DURING THE SECOND HALF OF THEIR PREGNANCY.

2/8/13 12:00PM (:20 SECONDS) THAT WAS **RENEE CHENAULT-FATTAH** REPORTING. IN OTHER HEALTH NEWS-- IT LOOKS LIKE MORE MOMS ARE DECIDING BREAST IS BEST WHEN IT COMES TO FEEDING THEIR LITTLE ONES. NEW RESEARCH SHOWS MORE AFRICAN-AMERICAN MOTHERS ARE STARTING AND CONTINUING THE PRACTICE. IN FACT NATIONAL RATES INCREASED FROM 2000 TO 2008 AMONG ALL RACIAL AND ETHNIC GROUPS.MANY PEDIATRIC GROUPS RECOMMEND BREAST FEEDING FOR AT LEAST 6 MONTHS.

2/15/13 6:00AM (:25 SECONDS) A NORFOLK DOCTOR'S OFFICE IS CLOSED, AND THE DOCTOR IS CAUGHT UP IN A DRUG INVESTIGATION. PATIENTS FOUND THIS SIGN AT PREMIER MEDICAL CARE OFF MILITARY HIGHWAY. DR. FLORDELINO LAGUNDINO LOST HIS LICENSE THIS WEEK, ACCORDING TO HEALTH DEPARTMENT RECORDS. THE BOARD OF MEDICINE SAYS LAGUNDINO PRESCRIBED EXCESSIVE AMOUNTS OF PAINKILLERS TO PATIENTS WHO DIDN'T NEED THEM. BUT EMPLOYEES AND PATIENTS SAY THEY DIDN'T SEE ANY SUSPICIOUS BEHAVIOR. 2/18/13 5:00PM (:30 SECONDS) BUT FIRST-- A STORY YOU'LL SEE ONLY ON 10--A VIOLENT ATTACK ON A PATIENT AT A LOCAL NURSING HOME.A WARNING: SOME OF WHAT YOU'LL SEE IN THIS STORY IS DISTURBING. WINDSOR POLICE ARE INVESTIGATING THE WEEKEND ATTACK AT **CONSULATE HEALTH CARE OF WINDSOR.**10 ON YOUR SIDE'S ANDY FOX JOINS US LIVE FROM OUTSIDE THE FACILITY- WITH EXCLUSIVE DETAILS ON WHAT HAPPENED.ANDY?

2/25/13 5:30PM (:25 SECONDS) A DIET RICH IN FRUIT, FISH CHICKEN AND WINE CAN BE HEALTHIER FOR YOUR HEART. A STUDY SURVEYED MORE THAN SEVEN-THOSUAND PEOPLE IN SPAIN.HALF HAD DIABETES AND MOST HAD HIGH BLOOD PRESSURE AND HIGH CHOLESTEROL.THEY WERE TOLD TO FOLLOW A LOW-FAT OR MEDITERRANEAN DIET.AFTER FIVE YEARS, THE PEOPLE WHO FOLLOWED THE MEDITERRANEAN DIET HAD A 30 PERCENT LOWER RISK OF MAJOR CARDIOVASCULAR PROBLEMS WHEN COMPARED TO PEOPLE WHO FOLLOWED A LOW-FAT DIET.

2/26/13 12:00PM (:25 SECONDS) NEW RESEARCH SHOWS PATIENTS TAKING A NEW CLASS OF DIABETES DRUGS HAVE AN INCREASED RISK OF A DANGEROUS CONDITION.THE STUDY SHOWS MEDICATIONS SOLD UNDER THE BRAND NAMES **JANUVIA** AND **BYETTA** CAN CAUSE LESIONS TO FORM ON THE PANCREAS.DATA FROM THOUSANDS OF DIABETES PATIENTS CONFIRMED THE NEW DRUGS DOUBLED HOSPITALIZATIONS FOR ACUTE PANCREATITIS --AN INFLAMMATION OF THE PANCREAS THAT CAN BE HARMFUL WHEN LEFT UNTREATED.

2/27/13 5:30PM (:30 SECONDS) IT SEEMS EVERY DAY WE'RE LEARNING ABOUT MORE PEOPLE WHO WILL FEEL THE PINCH IF BUDGET CUTS KICK IN.LOCAL HEALTH CLINICS ARE NOW EXPRESSING CONCERNS AND ONE NON-PROFIT IN PARTICULAR IS WORRIED SEQUESTRATION CUTS WILL HAMPER EFFORTS TO FIGHT THE SPREAD OF H-I-V. HAMPTON ROADS HAS THE HIGHEST H-I-V INFECTION RATE IN THE STATE, AND FOR THAT REASON, RECEIVES THE MOST FEDERAL FUNDING TO FIGHT THE DISEASE. BUT THE EASTERN VIRGINIA AIDS NETWORK SAYS A FIVE MILLION DOLLAR GRANT WILL EXPIRE TOMORROW, AND CUTS WILL AFFECT TESTING AND PREVENTION.

2/27/13 5:30PM (:20 SECONDS) ADVANCED BREAST CANCER IS ATTACKING MORE WOMEN UNDER 40.A STUDY OUT TODAY SHOWS THE NUMBER OF AMERICAN WOMAN AGES 25 TO 40 WITH THE DISEASE HAS CLIMBED TWO PERCENT EVERY YEAR SINCE THE 1970S.HEALTH EXPERTS ARE CONCERNED FOR TWO REASONS.YOUNG WOMEN'S TUMORS ARE LIKELY TO BE MORE AGGRESSIVE AND YOUNG WOMEN ARE ALSO LESS LIKELY TO HAVE HEALTH INSURANCE.

2/28/13 11:00PM (:25 SECONDS) THE WORLD HEALTH ORGANIZATION RELEASED ITS REPORT ON THE HEALTH IMPACT OF JAPAN'S NUCLEAR CRISIS FOLLOWING THE 20-11 EARTHQUAKE AND TSUNAMI.THE REPORT SAYS PEOPLE EXPOSED TO THE HIGHEST DOSES OF RADIATION HAVE A SLIGHTLY HIGHER RISK OF CANCER.BUT, THAT INCREASED RISK IS SO SMALL IT PROBABLY WOULDN'T BE DETECTABLE.THE REPORT FOCUSED MAINLY ON PEOPLE IN THE MOST AFFECTED COMMUNITIES NEAR FUKUSHIMA.

3/2/13 6:00AM (:30 SECONDS) THIS MORNING IN YOUR HEALTH HEADLINES.WHO SAYS YOU CAN'T TEACH AN OLD DOG NEW TRICKS? OUR NEIGHBORS TO THE NORTH ARE PROVING THAT OLD SAYING WRONG. IN CANADA, RESEARCHES ARE TRAINING DOGS TO SNIFF OUT LOW BLOOD SUGAR LEVELS IN CHILDREN. IT'S TO HELP WARN PARENTS WHO HAVE KIDS WITH TYPE 1 DIABETES. IN SOME CASES, THESE CHILDREN HAVE TO BE DISTURBED NIGHTLY TO TEST THEIR BLOOD SUGAR LEVELS. THIS IS WHERE THE DOGS COME IN. THEY'RE BEING TRAINED TO BE ABLE TO TELL THE DIFFERENCE IN WHAT BREATH SMELLS LIKE WHEN SOMEONE'S BLOOD SUGAR LEVELS ARE OK AND WHEN THEY'RE TOO LOW. 3/3/13 (1:00 SECONDS) A LOT OF SAILORS AND NAVY FAMILIES ARE 6:00PM BRACING THEMSELVES FOR EVEN DEEPER CUTS. NAVY OFFICIALS TELL 10 ON YOUR SIDE SAILORS ARE NOT THE ONLY ONES WHO WILL FEEL THE PINCH OF THE SEQUESTER.10 ON YOUR SIDE'S LAUREN COMPTON IS LIVE AT NAVAL STATION NORFOLK. SHE HAS BEEN TALKING WITH NAVY OFFICIALS ALL AFTERNOON ABOUT HOW THESE CUTS COULD AFFECT HAMPTON ROADS. LAUREN? ANNE, I SPOKE WITH A CHIEF OF INFORMATION FOR THE NAVY FROM D-C.THESE BUDGET CUTS COULD HIT MILITARY FAMILIES CONTRACTORS, AND CIVILIAN WORKERS HARD. WE'VE ALREADY SEEN HOW NORFOLK SHIPYARD WORKERS WERE HANDED WARN NOTICES. THE CHIEF OF INFORMATION I SPOKE WITH SAYS WE COULD SEE FURLOUGHS OF 186-THOUSAND CIVILIANS WORKERS ACROSS THE COUNTRY. THEY COULD LOSE 20 PERCENT OF THEIR PAY DURING THIS. ALSO SUPPORT SERVICES FOR NAVY FAMILIES COULD BE CUT BACK LIKE THE EXCHANGE, HEALTH SERVICES AND DENTAL CARE. THE COMMISSARY HAS ALREADY ANNOUNCED THEY WILL BE CLOSED ON WEDNESDAYS BECAUSE OF THE SEQUESTER. AS FOR SAILORS HE SAYS THEY WILL CONTINUE TO TRAIN. WORK, AND RECIEVE A PAYCHECK. AND THE EFFECTS OF THESE CUTS COULD TAKE WEEKS TO BECOME A REALITY.

3/3/13 6:00PM (:25 SECONDS) TOPPING HEALTH HEADLINES TODAY. A NEW CROP OF HIV PATIENTS IS POPPING UP. STATISTICS SHOW 20 PERCENT OF NEW HIV INFECTIONS ARE IN ADULTS 50 OR OLDER.SOME ATTRIBUTE THIS TO PEOPLE LIVING LONGER. IT'S SOMETHING THAT'S CAUGHT THE ATTENTION OF THE AIDS COMMUNITY RESEARCH INITIATIVE OF AMERICA. THE GROUP NOW HOLDS TRAINING SESSIONS IN MAJOR CITIES ACROSS THE COUNTRY. THE GOAL IS TO EDUCATE THE GROUP ABOUT PREVENTION.

3/4/13 12:00PM (:25 SECONDS) SMOKING IN CHICAGO IS BECOMING A VERY EXPENSIVE HABIT-- A TAX INCREASE BRINGS THE PRICE OF CIGARETTES TO NEARLY ELEVEN-DOLLARS A PACK.THE SPIKE IS CAUSING SOME CHICAGOANS TO DRIVE TO INDIANA TO BUY THIER SMOKES. AS OF FRIDAY-- COOK COUNTY, ILLINOIS ADDED ONE-DOLLAR TO THEIR CIGARETTE TAX --- BRINGING THE TOTAL **TAXES** ON ONE PACK TO 6-DOLLARS AND 67-CENTS. OFFICIALS SAY THE INCREASE ISN'T ABOUT MORE MONEY-- IT'S A PUBLIC HEALTH INITIATIVE.

3/9/13 6:00PM (:15 SECONDS) IT'S TIME TO SPRING FORWARD. DAYLIGHT SAVING TIME BEGINS AT 2 A-M TOMORROW MORNING. AND WHEN YOU MOVE YOUR CLOCKS AHEAD - YOU LOSE AN HOUR OF SLEEP.LOSING THAT ONE HOUR MAY NOT SEEM LIKE MUCH BUT IT COULD MEAN MORE TIRED, MOODY DRIVERS MONDAY MORNING. THE LACK OF SLEEP CAN AFFECT YOUR HEALTH.

3/12/13 5:00PM (:20 SECONDS) STUDENTS WHO ARE HOME SCHOOLED MAY DO BETTER BECAUSE THEY GET MORE SLEEP. A NEW STUDY SURVEYED 26-HUNDRED TEENS. THEY FOUND THE HOME SCHOOLED STUDENTS SLEPT ALMOST 90 MINUTES MORE A NIGHT. OVER THE COURSE OF THE WEEK THAT TRANSLATES TO ALMOST AN EXTRA DAY OF SLEEP. RESEARCHERS BELIEVE THAT MAY HELP THEM BE MORE PREPARED TO LEARN.

3/20/13 12:00PM (:25 SECONDS) NEW RESEARCH COULD HAVE YOU THINKING TWICE ABOUT YOUR NEXT DRINK. RESEARCHERS ESTIMATE THAT **ONE IN EVERY ONE-HUNDRED** DEATHS IS CAUSED BY SUGARY BEVERAGES.THE RESEARCH ALSO REVEALED THAT SUGAR-SWEETENED BEVERAGES ARE LINKED TO MORE THAN 1-HUNDRED-80-THOUSAND OBESITY-RELATED DEATHS WORLDWIDE EACH YEAR.THE STUDY SHOWS THAT AMONG THE WORLD'S 35 LARGEST COUNTRIES, MEXICO HAD THE HIGHEST DEATH RATES FROM SUGARY DRINKS.THE UNITED STATES RANKED THIRD IN THE FINDINGS.

3/27/13 5:00PM (:25 SECONDS) A NEW STUDY FINDS: INSURANCE COMPANIES WILL HAVE TO PAY OUT AN AVERAGE OF 32-PERCENT MORE FOR MEDICAL CLAIMS UNDER PRESIDENT OBAMA'S HEALTHCARE OVERHAUL. IT COULD **INCREASE** PREMIUMS, FOR PEOPLE WHO BUY POLICIES DIRECTLY FROM AN INSURANCE COMPANY.THE **UNINSURED** COULD ALSO BE FORCED TO PAY MORE.IF YOU HAVE AN EMPLOYER PLAN, YOU DON'T HAVE MUCH TO WORRY ABOUT. THE OBAMA ADMINISTRATION IS QUESTIONING THE STUDY --- SAYING IT IGNORES SUBSIDIES- AND OTHER COST RELIEF IN THE LAW.

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5) EDUCATION

1/1/13 11:00PM (:35 SECONDS) BACK WITH A STORY NEW AT ELEVEN.POLICE IN NORTH CAROLINA ARRESTED TWO MEN FOR ALLEGEDLY STEALING ONE-HUNDRED-METEORITES FROM A SCIENCE EDUCATION CENTER.POLICE SAY THE TWO 29-YEAR-OLDS BROKE INTO THE CENTER IN ROSMAN IN THE EARLY MORNING HOURS ON CHRISTMAS EVE.ALONG WITH THE METEORITES - POLICE SAY THE TWO ALSO STOLE LARGE-SCREEN T-V MONITORS, BLU-RAY PLAYER, OVERHEAD PROJECTORS AND OTHER SCIENTIFIC EQUIPMENT.THE METEORITES ARE VALUED TO BE AT LEAST EIGHTY-THOUSAND DOLLARS.POLICE SAY MOST OF THE STOLEN PROPERTY - INCLUDING THE METEORITES -HAVE BEEN RECOVERED.SCIENTISTS AT THE INSTITUTE SAY THE STAFF WERE UPSET BY THE THEFTS.

1/7/13 5:30PM (:25 SECONDS) SOME NEW YORK CITY STUDENTS MAY NOT HAVE A RIDE TO SCHOOL COME WEDNESDAY. UNION LEADERS SAY BUS DRIVERS MAY GO ON STRIKE. MORE THAN 150-THOUSAND PUBLIC SCHOOL STUDENTS WOULD BE AFFECTED. DRIVERS ARE THREATENING TO WALKOUT OVER A NEW CONTRACT THAT COULD INCLUDE JOB CUTS. SCHOOL OFFICIALS ARE PREPARING BY BUYING PUBLIC BUS FARE CARDS FOR STUDENTS AND POSTING HELP WANTED ADS FOR REPLACEMENT DRIVERS.

1/15/13 5:30PM (:25 SECONDS) MORE THAN 8-THOUSAND NEW YORK CITY SCHOOL BUS DRIVERS AND AIDES GO ON STRIKE TOMORROW.JOB PROTECTION IS THE ISSUE. THE CITY PUT ABOUT 11 HUNDRED BUS CONTRACTS UP FOR BID WITH PRIVATE BUS COMPANIES.THE SCHOOL SYSTEM HAS A CONTINGENCY PLAN FOR THE 152-THOUSAND STUDENTS WHO HAVE TO GET TO SCHOOL. THEY ARE GETTING FREE METROCARDS FOR MASS TRANSIT. PARENTS OR GUARDIANS OF YOUNGER CHILDREN ARE ALSO GETTING THE CARDS.

1/15/13 11:00PM (:25 SECONDS) LOCAL TEACHERS ARE GETTING LESSONS ABOUT GUNS.THIS - AS LAWMAKERS ARE TAKING UP GUN CONTROL LEGISLATION IN LIGHT OF THE SANDY HOOK SCHOOL SHOOTING.DOZENS ARE FLOCKING TO LOCAL GUN RANGES TO GET A POTENTIALLY LIFE-SAVING EDUCATION.10 ON YOUR SIDE'S JASON MARKS IS LIVE IN VIRGINIA BEACH AND WATCHED AS TEACHERS LEARNED ABOUT WEAPONS.AND JASON, TO BE CLEAR, WE'RE NOT TALKING ABOUT ARMING TEACHERS IN THE CLASSROOM.

1/22/13 5:30PM (:35 SECONDS) THE NATIONAL HIGH SCHOOL GRADUATION RATE IS THE HIGHEST ITS BEEN IN 37 YEARS.THE U.S. EDUCATION DEPARTMENT REPORT CAME OUT TODAY.IT LOOKED AT GRADUATION AND DROPOUT RATES FOR THE 2009-2010 SCHOOL YEAR.78 PERCENT OF STUDENTS ACROSS THE COUNTRY EARNED A DIPLOMA WITHIN FOUR YEARS OF STARTING HIGH SCHOOL. VIRGINIA'S GRADUATION RATE TOPS THAT AT 81 PERCENT.THE NATIONAL DROPOUT RATE WAS ABOUT 3 PERCENT OVERALL.IT'S TWO PERCENT IN VIRGINIA. EDUCATION OFFICIALS ATTRIBUTE THE RISE IN STUDENTS COMPLETING THEIR HIGH SCHOOL EDUCATION TO THE STRUGGLING ECONOMY AND GREATER COMPETITION FOR JOBS. 1/24/13 6:00PM (:30 SECONDS) A CHAIN REACTION CRASH INVOLVING SCHOOL BUSES IN NORFOLK THIS AFTERNOON.WE FIRST SHOWED YOU THIS AT 5:00.POLICE SAY A BUS DRIVER CAME UP TOO FAST BEHIND A LINE OF OTHER BUSSES IN FRONT OF RUFFNER ACADEMY.FOUR BUSSES WERE INVOLVED.CHOPPER 10 WAS ABOVE THE SCHOOL SHORTLY AFTER THE ACCIDENT.ADMINISTRATORS SAY **SEVEN** STUDENTS WENT TO THE HOSPITAL TO BE TREATED FOR MINOR INJURIES BUT SHOULD BE OKAY.NO WORD IF THE DRIVER WHO CAUSED THE CRASH WILL BE CHARGED.

1/29/13 12:00PM (:31 SECONDS) TWO CANDIDATES FOR VIRGINIA'S LIEUTENANT GOVERNOR OFFICE ARE BATTLING OVER WOMEN'S HEALTH ISSUES. SENATOR NORTHAM ALSO PROPOSED LEGISLATION ON THIS ISSUE.IT WOULD HAVE MADE PRE-ABORTION ULTRASOUND EXAMS OPTIONAL.IT DIED QUICKLY THANKS IN NO SMALL PART TO REPUBLICAN LIEUTENANT GOVERNOR CANDIDATE, STEVE MARTIN.AS THE CHAIR OF THE EDUCATION AND HEALTH COMMITTEE, MARTIN CALLED FOR A VOTE QUICKLY, SAYING THE LEGISLATION WAS TOO SIMILAR TO PROPOSALS ALREADY TURNED DOWN. NORTHAM DID NOT HAVE TIME TO TESTIFY.HE LEFT CALLING THE MEETING "A KANGAROO COURT."

1/31/13 12:00PM (:20 SECONDS) VIRGINIA SCHOOLS COULD SOON BE GRADED ON AN A TO F SCALE. THAT'S BECAUSE THE REPUBLICAN GOVERNOR'S EDUCATION REFORM PACKAGE IS ALSO MOVING FORWARD THROUGH THE VIRGINIA LEGISLATURE.IT'S NOW ON IT'S WAY TO THE HOUSE OF DELEGATES FLOOR WITH SUPPORT FROM THE HOUSE EDUCATION COMMITTEE.

2/5/13 4:30AM (:20 SECONDS) LEGISLATION THAT WOULD ASSIGN LETTER GRADES TO PUBLIC SCHOOLS IN VIRGINIA HAS PASSED THE HOUSE OF DELEGATES.THE BILL IS A CONSPICUOUS PIECE OF GOV. BOB MCDONNELL'S EDUCATION REFORMS.IT WON FINAL HOUSE PASSAGE YESTERDAY ON A BIPARTISAN 54-40 VOTE WITH SIX DELEGATES NOT VOTING.THE PROPOSAL WOULD GRADE SCHOOLS JUST LIKE TEACHERS GRADE STUDENTS, ASSIGNING MARKS RANGING FROM AN A TO AN F.

2/8/13 5:30PM (:40 SECONDS) LOUISIANA GOVERNOR BOBBY JINDAL SAYS EDUCATION REFORMS THAT HAVE PRODUCED RESULTS IN HIS STATE CAN ALSO WORK HERE IN THE COMMONWEALTH.GOVERNOR JINDAL HELPED PROMOTE VIRGINIA GOVERNOR BOB MCDONNELL'S EDUCATION REFORM PACKAGE AT A NEWS CONFERENCE TODAY IN RICHMOND. THAT PACKAGE INCLUDES BILLS TO GRADE PUBLIC SCHOOLS ON AN A-TO-F SCALE --- AND TO ALLOW THE STATE TO TAKE OVER CHRONICALLY FAILING SCHOOLS.TWO BILLS BACKED BY MCDONNELL ARE MAKING THEIR WAY THROUGH THE GENERAL ASSEMBLY LOUISIANA IMPLEMENTED BOTH REFORMS YEARS AGO. GOVERNOR JINDAL SAYS THE PERCENTAGE OF FAILING SCHOOLS IN NEW ORLEANS HAS BEEN CUT FROM 77 PERCENT TO 29 PERCENT IN A LITTLE OVER SEVEN YEARS.

2/14/13 6:00PM (:25 SECONDS) VIRGINIA'S STATE SENATE KILLED THE SO-CALLED **TEBOW BILL** THIS AFTERNOON.THE BILL WOULD HAVE ALLOWED HOME-SCHOOLED STUDENTS TO PLAY SPORTS AT **PUBLIC SCHOOLS**. THE **SENATE EDUCATION AND HEALTH COMMITTEE** VOTED IT DOWN. ADVOCATES SAID THEY PAY TAXES TO SUPPORT PUBLIC EDUCATION, AND THEIR CHILDREN SHOULD BE ALLOWED THE OPPORTUNITY TO PLAY SPORTS IN PUBLIC SCHOOLS.

2/15/13 5:30PM (:10 SECONDS) STUDENT LOANS - THEY ALLOW MANY TO GET A COLLEGE EDUCATION.BUT COMING UP AT 5:30 - WHY ALL THAT DEBT IS AFFECTING SOME GRADUATES ABILITY TO BUY A HOUSE OR CAR.

2/25/13 5:30PM (:25 SECONDS) A HANDFUL OF STATE ORGANIZATIONS, INCLUDING ONE IN HAMPTON, HAVE SOME EXTRA MONEY TO SPEND, BECAUSE OF A BIG MONEY AWARD.THE **ENVIRONMENTAL PROTECTION AGENCY** PROVIDED AN ESTIMATED 92-THOUSAND DOLLARS TO THE **HAMPTON CLEAN CITY COMMISSION**, AND FIVE OTHER VIRGINIA-BASED ENVIRONMENT EDUCATION ORGANIZATIONS.THE **HAMPTON CLEAN CITY COMMISSION** IS MADE UP OF VOLUNTEERS DEDICATED TO IMPROVE AND ENHANCE THE LOOK OF THE CITY.

2/26/13 5:30PM (:20 SECONDS) SEX EDUCATION **FOR FIVE-YEAR-OLDS**.THAT'S WHAT'S ON THE AGENDA FOR PUBLIC SCHOOLS IN CHICAGO. ACCORDING TO THE CURRICULUM, KIDS WOULDN'T LEARN THE INS AND OUTS OF SEX ALL AT ONCE. INSTEAD, IT WILL BE SKEWED ACCORDING TO STUDENTS' AGES.KINDERGARTNERS THROUGH THIRD GRADERS WILL LEARN ABOUT THEIR ANATOMY, AS WELL AS APPROPRIATE AND INAPROPRIATE TOUCHING.IT'S NOT UNTIL AFTER FIFTH GRADE THAT KIDS WILL LEARN ABOUT HUMAN REPRODUCTION, CONTRACEPTION, AND ABSTINENCE.

2/27/13 5:30PM (:25 SECONDS) SCHOOL SHOOTINGS, COLLEGE OR OTHERWISE, WERE THE MAIN TOPIC OF DISCUSSION TODAY AT ONE MEETING IN WASHINGTON.THE HOUSE COMMITTEE ON EDUCATION AND THE WORKFORCE TALKED TODAY.FAMILIES FROM NEWTOWN, CONNECTICUT MADE THE TRIP TO D-C.ONE FATHER EVEN BROUGHT A PICTURE TO BRING HOME THE POINT THAT SOMETHING HAS TO BE DONE.ONE PHOTO SHOWED HIM HOLDING HIS SON AS A BABY.IN ADDITION TO HIS TESTIMONY, LAWMAKERS ALSO HEARD FROM SCHOOL SAFETY EXPERTS AND COUNSELORS ON HOW TO KEEP STUDENTS SAFE.

2/27/13 11:00PM (:20 SECONDS) THE EFFECTS OF AUTOMATIC BUDGET CUTS ARE REACHING OUR CHILDREN IN THE CLASSROOM.LOCAL ADMINISTRATORS SAY, IF LAWMAKERS DON'T MEET THE DEADLINE IN TWO DAYS, THEY MIGHT NOT GET FEDERAL MONEY TO HELP CLOSE SCHOOL BUDGET GAPS.10 ON YOUR SIDE'S ANITA BLANTON JUST GOT BACK FROM TONIGHT'S STATE OF THE SCHOOL ADDRESS IN VIRGINIA BEACH.ANITA.TOM, THE VIRGINIA BEACH SUPERINTEDENT SAYS THEY'RE AN ISLAND OF STRONG PERFORMANCE AMONG A SEA OF TURBULENCE.I HAVE A COPY OF THE SPEECH HE GAVE TONIGHT RIGHT HERE IN MY HANDS.HE HIGHLIGHTS THINGS GOING WELL, NOTES CHALLENGES THEY FACE.AND HE MADE A POINT OF SAYING INADEQUATE FUNDING SIGNALS THAT THE TIDE IS RISING HURT KIDS MORE."

2/28/13 5:30PM (:23 SECONDS) THE SEQUESTER ALSO INCLUDES A FIVE PERCENT CUT TO NATIONAL PARK SERVICE FUNDS.THAT MEANS PLACES LIKE THE BROWN VERSUS EDUCATION MUSEUM IN KANSAS WILL LOSE SOME FUNDING.OFFICIALS THERE SAY SINCE THEY ARE ALREADY HALF WAY THROUGH THE FISCAL YEAR - THAT MEANS THEY HAVE TO CUT 10-PERCENT OF THEIR REMAINING BUDGET. THEY PLAN ON CUTTING COSTS BY LOWERING THE THERMOSTAT, CUTTING STAFF, AND CLOSING ON FEDERAL HOLIDAYS.

3/1/13 4:00AM (:30 SECONDS) A HIGHLY CONTROVERSIAL MOVE BY THE CHICAGO BOARD OF EDUCATION.IT SAYS KINDERGARTENDERS, CHILDREN AS YOUNG AS FOUR-YEARS-OLD, WILL SOON BE LEARNING ABOUT SEX EDUCATION. IT'S NOT CLEAR WHEN CHICAGO PUBLIC SCHOOLS WILL PUT THE POLICY IN PLACE. BUT HERE IS WHAT WE KNOW ABOUT IT:THE PROGRAM WILL INCLUDE DISCUSSIONS ON SEXUAL ORIENTATION AND GENDER IDENTITY. KINDERGARTENERS AND FIRST GRADERS WILL ASLO LEARN ABOUT ANATOMY, HEALTHY RELATIONSHIPS AND PERSONAL SAFETY. IT'S A MAJOR SWITCH FOR THE SCHOOL SYSTEM. RIGHT NOW, SEX ED DOESN'T START UNTIL FIFTH GRADE.

3/1/13 5:00PM (:30 SECONDS) AS SEQUESTRATION GOES INTO EFFECT, MANY MEMBERS OF CONGRESS ARE BACK HOME IN THEIR DISTRICTS TODAY. WE'RE KEEPING TABS ON OUR LOCAL GUYS. INCLUDING NEWPORT NEWS CONGRESSMAN BOBBY SCOTT.WHILE HE'S IN TOWN, CONGRESSMAN SCOTT WILL VISIT THE HAMPTON AVENUE CENTER HEAD START PROGRAM TO READ TO STUDENTS AS PART OF READ ACROSS AMERICA TODAY. HE'S ALSO TRYING TO DRAW ATTENTION TO THE CUTS THAT WILL BE MADE TO HEAD START BECAUSE OF THE SEQUESTER. HIS OFFICE SAYS BUDGET CUTS WILL DENY 1,000 CHILDREN IN VIRGINIA ACCESS TO THE EARLY EDUCATION SERVICE. 3/1/13 6:00PM (:30 SECONDS) THOSE CUTS WILL IMPACT ALL LEVELS OF GOVERNMENT- NOT JUST THE MILITARY. THE HEAD START PROGRAM, WHICH PROVIDES LOW INCOME CHILDREN WITH PRE-SCHOOL EDUCATION OPPORTUNITIES, WILL HAVE FUNDS CUT FROM THEIR BUDGET.CONGRESSMAN BOBBY SCOTT TOURED THE HEAD START CENTER IN NEWPORT NEWS TODAY- AND 10 ON YOUR SIDE'S ART KOHN WAS ALSO THERE. ART?HEAD START IS JUST ONE OF SEVERAL EDUCATIONAL INITIATIVES AT RISK FROM THE SEQUESTER AND LIKE MANY OF THE PEOPLE IN HIS DISTRICT, CONGRESSMAN SCOTT IS NOT HAPPY ABOUT IT.

3/5/13 5:00PM (:20 SECONDS) A NEW STUDY FINDS WOMEN AREN'T LIVING AS LONG AS THEY USED TO.SOME EXPERTS BLAME OBESITY, SMOKING AND LESS EDUCATION FOR SHORTER LIFE SPANS.WHEN IT COMES TO MEN, LIFE EXPECTANCY HAS HELD STEADY OR IMPROVED IN ALMOST EVERY COUNTRY. REGARDLESS OF THOSE NUMBERS, WOMEN STILL OUTLIVE MEN OVERALL, BUT THE GAP IS GETTING CLOSER.

3/6/13 12:00PM (:20 SECONDS) GOOD NEWS FOR COLLEGE STUDENTS WHO MIGHT NEED AN EXTRA YEAR OR TWO TO FINISH UP THEIR EDUCATION. A GROWING NUMBER OF COLLEGES ARE TRYING TO ENTICE STUDENTS WITH A GUARANTEE: FINISH IN FOUR YEARS -- OR THE EXTRA TUITION IS FREE.THE AVERAGE COLLEGE FRESHMAN TAKES MORE THAN FIVE AND A HALF YEARS TO GRADUATE.MOST OF THESE 4--YEAR GUARANTEES COME WITH CONDITIONS.FRESHMAN MAY BE REQUIRED TO DECLARE AND STICK TO A MAJOR ALL FOUR YEARS, TAKE CERTAIN CLASSES OR FORGO STUDY ABROAD.EVEN WITH FREE TUITION AFTER THE FOURTH YEAR-- STUDENTS STILL HAVE TO PAY DORM AND LIVING COSTS.

3/21/13 4:00AM (:30 SECONDS) OUTRAGE AT A SCHOOL IN MASSACHUSETTS.THE PRINCIPAL IS CANCELLING HONORS NIGHT - THE SPECIAL EVENING EVENT WHERE PARENTS WATCH ON AS THEIR HIGH-ACHIEVING STUDENTS ARE RECOGNIZED FOR THEIR SUCCESS.THE PRINCIPAL SAYS IT'S SIMPLY TOO HURTFUL TO THOSE WHO DON'T MAKE THE GRADE.INSTEAD OF AN EVENING EVENT, IPSWITCH MIDDLE AND HIGH SCHOOL IS RECOGNIZING STUDENTS IN A GENERAL ASSEMBLY IN FRONT OF THE ENTIRE SCHOOL BODY. BUT IT'S IN THE MIDDLE OF THE SCHOOL DAY.

3/25/13 6:00AM (:30 SECONDS) GOVERNOR BOB MCDONNELL IS EXPECTED TO ANNOUNCE PLANS TODAY TO CHANGE HOW THE STATE DEALS WITH UNDERPERFORMING SCHOOLS. A NEW STATEWIDE SCHOOL DIVISON TO TAKE OVER STRUGGLING SCHOOLS IS AMONG THE PROPOSALS HE IS EXPECTED TO MAKE TODAY DURING A TOUR AT A PETERSBURG MIDDLE SCHOOL. THIS FOLLOWS A SERIES OF EDUCATION BILLS PASSED EARLIER THIS MONTH, INCLUDING THE EDUCATOR FAIRNESS ACT.IT MAKES SEVERAL CHANGES TO HIRING, EVALUATION, AND TERMINATION PROCESSES FOR TEACHERS AND SOME ADMINISTRATORS.

3/28/13 12:00PM (:20 SECONDS) SOME GOOD NEWS FOR VIRGINIA TEACHERS THE VIRGINIA DEPARTMENT OF EDUCATION IS AWARDING MORE THAN **\$2 MILLION** IN GRANTS TO ENHANCE TEACHERS' KNOWLEDGE OF SCIENCE, TECHNOLOGY, ENGINEERING AND MATH.THE MONEY WILL GO TO 660 TEACHERS THROUGHOUT THE COMMONWEALTH WHO COMPETED FOR THE FUNDS.