

Quarterly Listing of Problems and Needs

LIN Television Corporation
December 31, 2012

WAVY-TV
WCTX-CA
WKTD-CA
WITD-CA

LIN Television Corporation – WAVY TV

Problems and Needs Cover Sheet

WAVY News 10 Today	Monday through Friday	4:30am – 5:00am
WAVY News 10 at Sunrise	Monday through Friday	5:00am – 6:00am
WAVY News 10 Today	Monday through Friday	6:00am – 7:00am
The Hampton Roads Show	Monday through Friday	11:00am – 12:00pm
WAVY News 10 at 12:00pm	Monday through Friday	12:00pm – 1:00pm
WAVY News 10 at 5:00pm	Monday through Friday	5:00pm – 5:30pm
WAVY News 10 at 5:30pm	Monday through Friday	5:30pm – 6:00pm
WAVY News 10 at 6:00pm	Monday through Friday	6:00pm – 6:30pm
WAVY News 10 at 11:00pm	Monday through Friday	11:00pm – 11:35pm
WAVY News 10 Saturday	Saturday	6:00am – 8:00am
WAVY News 10 Sunday	Sunday	6:00am – 8:00am

All of the programs noted above are locally produced News programs presenting a mix of News, weather, sports and issue related feature stories. The 12:00pm News also features guests with call ins and a health segment. WAVY News 10 at 5:00pm has a consumer segment. Issue responsive segments vary in length from 2 to 6 minutes.

The Bottom Line	Sunday	5:30am
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This locally produced program features interviews with community leaders, which address issues affecting the area’s population.

Kid Talk	Saturday	10:30am
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This locally produced program is the only show of its kind in the market. It gives children ages 10 to 18 an opportunity to voice their opinions and share their feelings on a variety of topics ranging from school uniforms to the tragedy of the September 11th attacks.

Wednesday’s Child	Wednesday	5:30pm
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Every Wednesday evening during our 5:30pm Newscast, WAVY has a regularly scheduled segment entitled Wednesday’s Child. In this segment, the station focuses on an area youth that could benefit by being paired up with a caring adult.

Public Service Announcements	Any Day	Any Time
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The station broadcasts local and national public service announcements of varying lengths throughout the broadcast day. Many of the local PSAs are part of campaigns on 1 subject, such as health campaigns, the Jefferson Awards, food campaigns for the needy, recycling and military enlistment information.

“The More You Know PSAs Any Day Any Time

Included in the PSAs noted above, our network, NBC, has an extensive campaign of PSAs under their The More You Know campaign. All of these PSAs are focused on broad societal issues such as education, drug use, reading, etc., which feature the leading stars of NBC’s major programs, making sure that the message is delivered in an interesting and attention grabbing manner and format.

Dateline NBC 3 5 nights a week Various

This is an NBC Network News and public affairs program which features investigative reporting on issues of interest to the American public such as health and medical News, technology, travel, *Consumer Reports* and product analyses and the environment.

The Today Show	Monday through Friday	7:00am – 9:00am
NBC Nightly News	Monday through Sunday	6:30pm – 7:00pm
Saturday Today	Saturday	8:00am – 10:00am
Sunday Today	Sunday	8:00am – 9:00am
Meet the Press	Sunday	9:00am – 10:00am

The NBC Network News programs noted above offer a mix of News, weather, interviews, and special features on issues of current concern and interest to our viewers.

In the 3rd quarter of 2012, our station aired extensive programming that addressed many areas of concern and interest to the residents in the Norfolk Portsmouth Newport News television market.

These areas and representative examples are as follows:

1) GOVERNMENT

10/1/12 5:00AM (25 SECONDS) STARTING TODAY, MEDICARE WILL FINE FACILITIES THAT READMIT TOO MANY PEOPLE WITHIN 30 DAYS OF DISCHARGE DUE TO COMPLICATIONS. IT’S PART OF A BROADER PUSH UNDER PRESIDENT OBAMA’S HEALTH CARE LAW TO IMPROVE QUALITY WHILE ALSO TRYING TO SAVE TAXPAYERS DOLLARS. ACCORDING TO GOVERNMENT ESTIMATES, IN THE COMING YEAR, ABOUT TWO-THIRDS OF THE HOSPITALS SERVING MEDICARE PATIENTS WILL BE HIT WITH PENALTIES AVERAGING AROUND 125-THOUSAND DOLLARS PER FACILITY.

10/2/12 5:00AM (21 SECONDS) THE FEDERAL GOVERNMENT IS EXAMINING TWO INCIDENTS IN WHICH SEATS CAME LOOSE ON AMERICAN AIRLINES PLANES. THE FEDERAL AVIATION ADMINISTRATION SAID BOTH PLANES HAD RECENTLY UNDERGONE MAINTENANCE WORK THAT REQUIRED SEATS TO BE REMOVED AND REINSTALLED. AN INITIAL REVIEW FROM THE AIRLINE FOUND THAT THERE COULD BE A PROBLEM WITH THE WAY THE SEATS FIT INTO TRACKS ON THE FLOOR.

10/10/12 5:00AM (24 SECONDS) THE U-S GOVERNMENT FILED A CIVIL MORTGAGE FRAUD LAWSUIT AGAINST WELLS FARGO AND COMPANY. THE COMPLAINT ALLEGES 10-YEARS OF MISCONDUCT BY WELLS RELATED TO GOVERNMENT-INSURED FEDERAL HOUSING ADMINISTRATION LOANS. IT SAYS WELLS FARGO WAS RECKLESS AND RELIED ON GOVERNMENT INSURANCE TO BACK DEFICIENT LOANS. THE GOVERNMENT IS SEEKING HUNDREDS OF MILLIONS OF DOLLARS IN DAMAGES AND CIVIL PENALTIES. WELLS FARGO HAS DENIED THE ALLEGATIONS.

10/12/12 5:00AM (27 SECONDS) THE SECRETARY OF DEFENSE SAYS THE GOVERNMENT AND BUSINESS NEED TO WORK TOGETHER ON ISSUES OF CYBERSECURITY. SECRETARY PANETTA CHARACTERIZED THE ISSUE AS ONE AT THE NEXUS OF BUSINESS AND NATIONAL SECURITY.HE SAYS--THE VERY OPENNESS OF COMPUTER NETWORKS THAT HAS MADE INTERNET BUSINESS SO SUCCESSFUL ALSO BRINGS WITH IT CERTAIN VULNERABILITIES.HE DESCRIBED ONGOING TERRORIST EFFORTS TO LAUNCH CYBER ATTACKS AND THE POSSIBILITY THAT INTERNET VULNERABILITY COULD LEAD TO A "CYBER PEARL HARBOR".

10/14/12 6:00PM (25 SECONDS) DO NOT EXPECT A BIG INCREASE IN YOUR SOCIAL SECURITY MONTHLY CHECKS NEXT YEAR. PRELIMINARY FIGURES SHOW THE ANNUAL BENEFIT BOOST WILL BE BETWEEN ONE AND TWO PERCENT.THAT WOULD MAKE THE INCREASE AMONG THE LOWEST SINCE AUTOMATIC ADJUSTMENTS WERE ADOPTED IN 1975. THE SIZE OF THE INCREASE WILL BE MADE OFFICIAL TUESDAY, WHEN THE GOVERNMENT RELEASES INFLATION FIGURES FOR SEPTEMBER.

10/17/12 5:00PM (30 SECONDS) THE CASH-STRAPPED U-S POSTAL SERVICE CANNOT BORROW ANY MORE MONEY. THE INDEPENDENT GOVERNMENT AGENCY REACHED ITS 15-BILLION-DOLLAR DEBT LIMIT IN SEPTEMBER. ITS' CASH RESERVES ARE REPORTEDLY RUNNING DANGEROUSLY LOW. TO RUN ITS BUSINESS, THE POSTAL SERVICE CAN ONLY BORROW MONEY FROM THE U.S. TREASURY, AS OPPOSED TO PRIVATE BANKS. HOWEVER, CONGRESS HAS BARRED THE TREASURY FROM LENDING IT MORE THAN 15-BILLION-DOLLARS AT A TIME.

10/24/12 5:30AM (30 SECONDS) HAVING PROBLEMS GETTING MISTAKES ON YOUR CREDIT REPORT FIXED? NOW YOU CAN ASK THE FEDERAL GOVERNMENT FOR A HAND.THE CONSUMER FINANCIAL PROTECTION BUREAU WILL NOW INVESTIGATE INACCURATE INFORMATION ON CREDIT REPORTS, THE IMPROPER USE, AND PROBLEMS PEOPLE HAVE OBTAINING COPIES OF THEIR REPORTS OR CREDIT SCORES. IF YOU DO HAVE A PROBLEM, YOU

SHOULD GO THROUGH THE CREDIT REPORTING AGENCY'S COMPLAINT PROCESS FIRST. IF THE PROBLEM ISN'T FIXED, THEN CONTACT THE BUREAU TO FILE A COMPLAINT.

10/30/12 12:00PM (1:11 MINUTES) SANDY MAY DAMPEN THIS WEEK'S MUCH ANTICIPATED OCTOBER JOBS REPORT. THE STORM MIGHT COMPLICATE THE LABOR DEPARTMENT RELEASING THE OCTOBER JOBS REPORT THIS FRIDAY. LABOR OFFICIALS ARE STILL HOPEFUL, BUT SAY THE STORM COULD CAUSE A DELAY...SINCE THE FEDERAL GOVERNMENT WAS CLOSED MONDAY. IF RELEASED FRIDAY, THE REPORT WILL COME FOUR DAYS BEFORE ELECTION DAY.

11/1/12 12:00PM (24 SECONDS) THE MONTHLY JOBS REPORT WILL BE RELEASED AS SCHEDULED TOMORROW... DESPITE MEGASTORM SANDY. THERE HAD BEEN CONCERN THAT SANDY MIGHT DAMPEN THE MUCH-ANTICIPATED OCTOBER JOBS REPORT SINCE THE FEDERAL GOVERNMENT WAS CLOSED ON MONDAY DUE TO THE STORM. LABOR DEPARTMENT OFFICIALS SAY THEY INTENDED TO RELEASE THE REPORT ON TIME, BUT DIDN'T RULE OUT A DELAY.THE REPORT WILL BE THE FINAL JOBS REPORT BEFORE TUESDAY'S PRESIDENTIAL ELECTION.

11/1/12 5:30PM (25 SECONDS) NEW JOB NUMBERS ARE BETTER THAN ECONOMISTS PREDICTED. PAYROLL PROCESSOR A-D-P SAYS PRIVATE EMPLOYERS ADDED 158-THOUSAND JOBS IN OCTOBER.THE GOVERNMENT RELEASES ITS OFFICIAL MONTHLY JOBS REPORT TOMORROW. MEANTIME --- THE LABOR DEPARTMENT SAYS: -TIME UNEMPLOYMENT CLAIMS FELL BY 9-THOUSAND LAST WEEK, TO 363-THOUSAND.SANDY HAD NO IMPACT ON THE REPORT- WHICH COVERS THE WEEK THAT ENDED BEFORE THE STORM REACHED SHORE.

11/3/12 6:00AM (40 SECONDS) THE FEDERAL GOVERNMENT IS BUYING GASOLINE TO HELP GET MORE FUEL TO NEW YORK AND NEW JERSEY GAS STATIONS. PRESIDENT OBAMA ORDERED THE PURCHASE OF UP TO 12-MILLION GALLONS OF UNLEADED FUEL AND UP TO 10-MILLION GALLONS OF DIESEL TO GET IT TO THE REGION QUICKER. LINES SNAKED FOR BLOCKS FRIDAY AS PEOPLE WAITED TO FILL THEIR CARS AND GAS CANS FOR GENERATORS TO PROVIDE POWER. NEW YORK CITY'S SUBWAY SYSTEM IS ONLY PARTIALLY OPERATING, FORCING MORE PEOPLE TO DRIVE.

11/7/12 12:00PM (20 SECONDS)OWNING LAND IN VIRGNIA IS NOW A FUNDAMENTAL RIGHT. VOTERS DECIDED THAT WHEN THEY OVERWHELMINGLY APPROVED THE CONSTITUTIONAL AMENDMENT TO EMINENT DOMAIN. SO WHAT DOES THAT MEAN? LANDOWNERS NOW HAVE THE HIGHEST PROTECTION OF THE LAW - AND THE GOVERNMENT POWER TO TAKE YOUR LAND IS MORE LIMITED THAN EVER.SO CITIES CAN'T USE IT FOR ECONOMIC REDEVELOPMENT AND SOME DON'T LIKE THAT.

11/12/12 5:00AM (33 SECONDS) MAKING GLOBAL HEADLINES THIS MORNING-GREEK LAWMAKERS APPROVED THE COUNTRY'S 20-13 AUSTERITY BUDGET THIS MORNING-- WHICH WILL HELP SECURE ITS NEXT ROUND OF BAILOUT FUNDS.THE BUDGET PASSED THE PARLIAMENT BY ONE VOTE AND COMES JUST DAYS AFTER A SEPARATE BILL OF DEEP SPENDING CUTS AND TAX

HIKES FOR THE NEXT TWO YEARS NARROWLY WON APPROVAL. GREECE'S PRIME MINISTER VOWED THE SPENDING CUTS ARE THE LAST GREEKS WILL HAVE TO ENDURE.THE APPROVAL OF THE TWO BILLS MEANS THE NEXT LOAN INSTALLMENT WILL BE WORTH ABOUT 40 BILLION DOLLARS.

11/27/12 12:00PM (20 SECONDS) THE U-S SECRETARY OF THE NAVY IS IN CHINA TO HOLD TALKS WITH OFFICIALS THERE. SECRETARY OF THE NAVY RAY MABUS MET WITH CHINA'S DEFENSE MINISTER IN BEIJING THIS MORNING. HE IS ALSO SCHEDULED TO MEET TOP MILITARY OFFICIALS AND VISIT SEVERAL CHINESE NAVAL FACILITIES.THE MEETING COMES AFTER A CALL BY CHINA'S GOVERNMENT FOR CLOSER TIES BETWEEN THEIR MILITARY AND THE U-S.

11/28/12 5:30PM (25 SECONDS) THE OBAMA ADMINISTRATION TEMPORARILY SUSPENDED B-P FROM GETTING ANY NEW CONTRACTS WITH THE U.S. GOVERNMENT. THE SUSPENSION IS DUE TO THE OIL GIANT'S QUOTE: "LACK OF BUSINESS INTEGRITY" AFTER THE DEEP HORIZON OIL SPILL IN 20-10. EARLIER THIS MONTH, B-P PLEADED GUILTY TO CHARGES INVOLVING THE DEATHS OF 11 WORKERS ON THE RIG. IT EXPLODED AND SANK, SETTING INTO MOTION THE COUNTRY'S LARGEST OFFSHORE OIL SPILL.

11/30/12 6:00PM (35 SECONDS) LAST YEAR, TAXPAYERS GAVE \$139 MILLION DOLLARS TO OPERATE GITMO TO HOUSE 170 DETAINEES IN THE WAR ON TERROR. THAT'S A LOT OF MONEY, AND NOW A U.S. SENATOR WANTS TO MOVE THE DETAINEES STATE SIDE, AND SOME COULD BE MOVED TO CHESAPEAKE. ANDY FOX JOINS US FROM THE NEWSROOM WITH WHAT THAT MEANS. U.S. SENATOR DIANNE FEINSTEIN FROM CALIFORNIA RELEASED THIS REPORT FROM THE GOVERNMENT ACCOUNTABILITY OFFICE. HER ARGUMENT IS WE NEED TO CUT \$1.5 TRILLION BY CHRISTMAS, SO LETS START BY CLOSING DOWN GITMO, AND MOVING THE TERRORIST PRISONERS TO BRIGS LIKE THE ONE IN CHESAPEAKE.

12/6/12 12:00PM (26 SECONDS) GRAPHIC SIGNS SHOWING THE POTENTIAL EFFECTS OF SMOKING CIGARETTES WON'T APPEAR ON PACKS. AT LEAST FOR NOW. A FEDERAL APPEALS COURT DENIED THE GOVERNMENT'S REQUEST TO RECONSIDER A DECISION THAT BLOCKED PUTTING THESE IMAGES ON PACKS OF CIGARETTES.THE ASSOCIATED PRESS REPORTS TOBACCO COMPANIES ARGUED THE WARNINGS WENT BEYOND FACTUAL INFORMATION.THE GOVERNMENT NOW HAS THREE MONTHS TO APPEAL THIS DECISION TO THE U-S SUPREME COURT.

12/14/12 12:00PM (27 SECONDS) THE GOVERNMENT WANTS TO KNOW IF THERE'S ANY INTEREST IN DEVELOPING WIND FARMS OFF NORTH CAROLINA'S OUTER BANKS. THE BUREAU OF OCEAN ENERGY MANAGEMENT SAID IT WANTS TO HEAR FROM COMPANIES - WHO MIGHT WANT TO LEASE BLOCKS OF OCEAN TO BUILD AND OPERATE OFF-SHORE WIND FARMS IN THREE AREAS.ONE AREA IS 6 MILES OFF KITTY HAWK. THE OTHER TWO ARE JUST OFF WILMINGTON.THIS IS THE FIRST STEP IN DECIDING WHETHER TO ISSUE COMMERCIAL WIND LEASES.THERE WILL BE A PUBLIC COMMENT PERIOD FOR 45 DAYS.

12/17/12 6:00PM (25 SECONDS) THE DOMINION BOULEVARD IMPROVEMENT PROJECT IN CHESAPEAKE IS OFFICIALLY UNDERWAY. DIGNITARIES FROM LOCAL, STATE AND FEDERAL GOVERNMENT BROKE GROUND FOR THE PROJECT TODAY WHICH WILL INCLUDE A NEW BRIDGE TO REPLACE THE OLD STEEL BRIDGE THAT NOW CARRIES TRAFFIC OVER THE INTERCOASTAL WATERWAY. THE PROJECT, WHICH HAS BEEN IN THE WORKS FOR YEARS IS THE FIRST ONE TO RECEIVE FUNDING FROM THE COMMONWEALTH INFRASTRUCTURE BANK.

12/24/12 12:00PM (25 SECONDS) GUN SALES ARE BOOMING ALL OVER THE COUNTRY. GUN STORE OWNERS SAY THE SALE OF WEAPONS, INCLUDING ASSAULT WEAPONS HAVE SKYROCKETED SINCE THE TRAGEDY IN CONNECTICUT. INDUSTRY ANALYSTS SAY MANY PROSPECTIVE GUN BUYERS WANT TO PROTECT THEMSELVES WHILE OTHERS FEAR A GOVERNMENT CRACKDOWN AND WANT TO PURCHASE A GUN WHILE IT'S STILL LEGAL. A RECORD 16-POINT-8-MILLION BACKGROUND CHECKS WERE RECORDED BY THE F-B-I THIS YEAR ALONE.

12/25/12 5:00PM (25 SECONDS) TAXES ARE NOT THE ONLY THINGS POSSIBLY AFFECTED BY THE FISCAL CLIFF NEGOTIATIONS. MILK PRICES COULD GO UP AS WELL. IF CONGRESS DOES NOT PASS A STALLED FARM BILL, THE PRICE FOR A GALLON OF MILK COULD BE AS MUCH AS SEVEN DOLLARS. THE SENATE ALREADY PASSED THE BILL, THE HOUSE HAS NOT. IF CONGRESS DOESN'T ACT BEFORE JANUARY FIRST, THE COUNTRY WILL REVERT BACK TO A 63 YEAR OLD DAIRY POLICY. THAT WOULD FORCE THE GOVERNMENT TO BUY MILK AT INFLATED PRICES.

12/27/12 5:30PM (20 SECONDS) A HIGH RANKING GOVERNMENT OFFICIAL WILL SOON BE OUT OF A JOB. THE HEAD OF THE ENVIRONMENTAL PROTECTION AGENCY IS STEPPING DOWN. LISA JACKSON SAYS SHE'S LEAVING AFTER PRESIDENT OBAMA GIVES HIS STATE OF THE UNION SPEECH NEXT MONTH. ACCORDING TO JACKSON, SHE'S LEAVING TO SPEND MORE TIME WITH HER FAMILY. NO WORD ON WHO WILL BE HER REPLACEMENT.

12/31/12 5:30PM (25 SECONDS) A NEW SENATE REPORT FOUND TERRORISTS WALKED RIGHT INTO THE U-S CONSULATE COMPOUND IN BENGHAZI ON SEPTEMBER 11TH. U-S AMBASSADOR CHRIS STEVENS AND THREE OTHER AMERICANS DIED IN THE ATTACK. THE SENATE COMMITTEE ON HOMELAND SECURITY AND GOVERNMENT AFFAIRS RELEASED THE REPORT CALLED "FLASHING RED" TODAY. THE BI-PARTISAN REPORT BLAMES THE STATE DEPARTMENT FOR FAILING TO RESPOND TO REQUESTS FOR MORE SECURITY RESOURCES.

12/31/12 5:30PM (35 SECONDS) WE'RE ON YOUR SIDE WITH THE LATEST DEVELOPMENTS IN THE FISCAL CLIFF TALKS. THE YEAR WILL END-- AND THE NATION WILL GO OVER THE CLIFF TONIGHT. THERE WILL BE OTHER VOTES THIS EVENING-- BUT THERE WON'T BE A VOTE ON KEEPING THE GOVERNMENT FROM SPENDING CUTS AND TAX INCREASES. TALKS ARE STILL GOING ON-- AND THAT THE SENATE MAY VOTE ON A MEASURE-- FOR WHAT IT'S WORTH. THERE IS A CHANCE THAT CONGRESS COULD PASS LEGISLATION RETROACTIVELY BLOCKING THE TAX HIKES AND SPENDING CUTS. WE CONTINUE

TO WATCH DEVELOPMENTS FROM WASHINGTON.LOOK FOR ANOTHER UPDATE AT 6-- ON N-B-C NIGHTLY NEWS AT 6-30... AND ANY BREAKING DEVELOPMENTS AS THEY HAPPEN.

2) MILITARY

10/1/12 5:00AM (18 SECONDS) TWO AMERICANS WERE KILLED SATURDAY AFTER A REPORTED INSIDER ATTACK IN EASTERN AFGHANISTAN. THAT PUSHED THE U-S MILITARY DEATHS IN THE 11-YEAR WAR TO 2-THOUSAND. U-S TROOPS APPARENTLY CAME UNDER FIRE BY AFGHANI SOLDIERS AT A CHECKPOINT. THE DEAD INCLUDED AN AMERICAN SOLDIER, AMERICAN CIVILIAN CONTRACTOR AND THREE AFGHAN SOLDIERS.

10/5/12 5:30PM (30 SECONDS) ONE INDIANA MAN WANTED TO SERVE IN THE MILITARY SO BADLY, HE LOST MORE THAN 160 POUNDS. HERE'S A PICTURE OF KEVIN AMMERMAN. HE WANTED TO BE A MARINE BUT AT MORE THE 350 POUNDS - THE MARINES SAID HE WAS NOT FIT TO FIGHT. RETIRED GENERALS WITH THE ADVOCACY GROUP "MISSION READINESS" SAY KEVIN'S OBESITY AND THE JUNK FOOD CULTURE IN AMERICA IS A NATIONAL SECURITY ISSUE. ESPECIALLY WHEN WILLING RECRUITS CAN'T MEET MINIMUM REQUIREMENTS. BUT KEVIN WOULDN'T TAKE "NO" FOR AN ANSWER.HE LOST THE WEIGHT AND HAS BEEN ACCEPTED INTO THE ARMY.

10/10/12 12:00PM (18 SECONDS) THE U-S ARMY'S 170TH INFANTRY BRIGADE COMBAT TEAM PAID A FINAL FAREWELL TO ITS STATION IN GERMANY. ABOUT FOUR-THOUSAND U-S SOLDIERS HAVE BEEN BASED IN BAUMHOLDER, GERMANY FOR 60 YEARS.THE MOVE IS PART OF SWEEPING DEFENSE CUTS OVER THE NEXT DECADE AS THE U-S MILITARY FOCUSES ON THE ASIA-PACIFIC REGION AND THE MIDDLE EAST.

10/18/12 12:00PM (25 SECONDS) NATO SECRETARY-GENERAL ANDERS FOGH RASMUSSEN SAID TODAY THAT THE MILITARY ALLIANCE REMAINS COMMITTED TO HELPING AFGHAN FORCES ASSUME FULL RESPONSIBILITY OF THEIR COUNTRY'S SECURITY AFTER 2014. NATO AND U-S TROOPS ARE SCHEDULED TO PULL OUT OF AFGHANISTAN IN 2014 AFTER MORE THAN A DECADE IN THE COUNTRY. DESPITE THE PLANNED PULL OUT, NATO HAS AGREED TO KEEPING A SMALL FORCE IN THE COUNTRY TO HELP AFGHAN FORCES WITH TRAINING, ADVICE AND ASSISTANCE.

10/19/12 12:00PM (36 SECONDS) IRAQ HAS SIGNED A CONTRACT TO BUY A SECOND SET 18 U-S MADE F-16 FIGHTER JETS TO REBUILD ITS AIR DEFENSES.BAGHDAD SIGNED AN INITIAL DEAL FOR 18 JETS IN SEPTEMBER OF LAST YEAR AND THOSE PLANES, VALUED AT ABOUT FOUR BILLION DOLLARS, WILL BE DELIVERED NEXT YEAR AND THIS SECOND BATCH IS DUE FOUR YEARS AFTER THAT.THE ACTING DEFENSE MINISTER SAID THURSDAY THAT THERE ARE ALSO TALKS WITH U-S OFFICIALS ABOUT PURCHASING AIR DEFENSE SYSTEMS AND APACHE HELICOPTERS.BAGHDAD HAS ALSO SIGNED CONTRACTS WITH RUSSIA AND THE CZECH REPUBLIC THIS MONTH FOR ADDITIONAL WEAPONS.IRAQ HAS NO REAL AIR FORCE SINCE THE U-S LED INVASION IN 2003 THAT TOPPLED SADDAM HUSSEIN.

10/23/12 12:00PM (22 SECONDS) MANY VOTERS ARE CONCERNED ABOUT THE ECONOMY, AND THE COST OF WARS IN IRAQ AND AFGHANISTAN. WELL, WE'VE LEARNED MORE THAN 10-YEARS OF WAR HAVE COST THE COUNTRY UPWARDS OF 1-TRILLION DOLLARS. SINCE SEPTEMBER 11TH 2001-- THE DEPARTMENT OF DEFENSE HAS DESIGNATED ONE-POINT-ONE-EIGHT TRILLION DOLLARS IN MILITARY SPENDING FOR WAR-RELATED COSTS. THAT COVERS OPERATIONS IN IRAQ, AFGHANISTAN, AND HERE IN AMERICA.

10/23/12 12:00PM (19 SECONDS) MARINES SAY "SEMPER FI" - ALWAYS STICK TOGETHER. .. WHETHER ITS SIDE BY SIDE ON THE BATTLEFIELD, OR HUNDREDS OF MILES APART IN THE U.S. THAT BOND PROMPTED A FORMER MARINE IN NORTH TEXAS TO HELP RAISE MONEY FOR A WAR-TIME BUDDY, WHO'D BONDED WITH A DOG IN AFGHANISTAN, AND WANTED TO BRING HIM HOME TO THE STATES. TIFFANY PELT HAS THE STORY OF "BOLT".

10/27/12 6:00AM (25 SECONDS) WE'RE BACK WITH A RECAP OF THIS MORNING'S TOP STORIES. JEFF EDMONDSON'S WORKING TO GET THE LATEST UPDATE. AND THIS MORNING - MORE NAVY SHIPS ARE SLATED TO HEAD OUT TO SEA. THEY'LL RIDE OUT THE STORM FROM A DISTANCE. MOST OF THE LOCALLY-BASED VESSELS STARTED THEIR JOURNEY YESTERDAY. MILITARY OFFICIALS AT JOINT EXPEDITIONARY BASE LITTLE CREEK-FORT STORV AND NAVAL STATION NORFOLK SENT THEM OUT TO REDUCE THE RISK OF DAMAGE. CHOPPER 10 WAS ABOVE SOME OF THEM AS THEY LEFT. THE NAVY SAYS PRECAUTIONS WILL BE TAKEN FOR THE SHIPS THAT CAN'T GET UNDERWAY.

11/9/12 12:00PM (40 SECONDS) THE DEPARTMENT OF DEFENSE SAYS MEMBERS OF SEAL TEAM SIX BREACHED SECURITY WHEN THEY REVEALED SECRETS TO A VIDEO GAME MANUFACTURER. THEY SAY ONE WAS INVOLVED IN THE MISSION TO KILL OSAMA BIN LADEN. DESIGNERS AT ELECTRONIC ARTS RECENTLY RELEASED THE GAME "MEDAL OF HONOR: WARFIGHTER." THE MILITARY WOULD NOT REVEAL EXACTLY WHAT INFORMATION WAS LEAKED. WE'RE TOLD THE GAME DOES NOT RECREATE THE OSAMA BIN LADEN MISSION, BUT IT DOES PORTRAY OTHER MISSIONS, LIKE A PIRATE ATTACK IN SOMALIA. EACH OF THE SEVEN RECEIVED A PUNITIVE LETTER OF REPRIMAND AND A PARTIAL FORFEITURE OF PAY FOR TWO MONTHS. THOSE ACTIONS GENERALLY HINDER A MILITARY MEMBER'S CAREER. FOUR OTHER SEALS ARE UNDER INVESTIGATION FOR SIMILAR ALLEGED VIOLATIONS.

11/9/12 6:00PM (45 SECONDS) A WARNING TONIGHT FOR U-S MILITARY LEADERS AROUND THE WORLD AFTER TWO ENLISTED MEN WERE ARRESTED IN JAPAN ON RAPE CHARGES . BOTH SEAMAN CHRISTOPHER BROWNING OF TEXAS AND PETTY OFFICER 3RD CLASS SKYLER DOZIER WALKER OF OKLAHOMA ARE FACING CHARGES. BOTH ARE ASSIGNED TO JOINT NAVAL AIR STATION FORT WORTH, TEXAS. ACCORDING TO JAPANESE MEDIA, THE U-S SAILORS HAD BEEN DRINKING BEFORE THEY ATTACKED A WOMAN IN OKINAWA IN OCTOBER. AFTER THEIR ARREST, ALL U-S MILITARY PERSONNEL IN THE COUNTRY WERE SUBJECTED TO A CURFEW AND OTHER RESTRICTIONS BY U-S FORCES JAPAN. TODAY THE NAVY SENT A LETTER SAYING THEY WANT OFFICERS AND ENLISTED LEADERS TO DO MORE TO PREVENT SEXUAL ASSAULTS. SEXUAL ASSAULTS HAVE LONG BEEN A PROBLEM IN THE NAVY WITH NEARLY 500 INVOLVING SAILORS REPORTED IN THE PAST YEAR.

11/9/12 6:00PM (35 DSECONDS) NOW, THE ASSOCIATED PRESS IS REPORTING THAT THE INDECRETION WAS DISCOVERED DURING AN F-B-I INVESTIGATION. IT'S STILL UNCLER WHAT THE AGENCY WAS INVESTIGATING OR WHEN THE INVESTIGATION BEGAN. IN A STATEMENT, PETRAEUS SAID HE SHOWED QUOTE "EXTREMELY POOR JUDGEMENT IN HAVING THE AFFAIR." END QUOTE. PETRAEUS HAS BEEN MARRIED FOR 37 YEARS. PRESIDENT OBAMA ACCEPTED HIS RESIGNATION THIS AFTERNOON. THE RETIRED FOUR STAR GENERAL LED THE MILITARY CAMPAIGNS IN IRAQ AND AFGHANISTAN. HE TOOK THE HELM OF THE C-I-A IN SEPTEMBER 2011.

11/10/12 6:00AM (25 SECONDS) THE U.S. BEGAN ITS FIRST PERMANENT MILITARY PRESENCE IN POLAND. PRESIDENT OBAMA ANNOUNCED PLANS TO STATION AIR FORCE PERSONNEL THERE. IT'S PART OF AN EFFORT TO REASSURE THE POLISH PEOPLE OVER WHAT THEIR GOVERNMENT SEES AS A MORE ASSERTIVE RUSSIA. U.S. FIGHTER PLANES WILL ARRIVE AT THE BASE ON ROTATION.

11/10/12 6:00PM (30 SECONDS) THE UNITED STATES MARINE CORP CELEBRATES ITS 237TH BIRTHDAY TODAY. ON NOVEMBER 10TH, 1775 - THE CONTINENTAL CONGRESS APPROVED A RESOLUTION CALLING FOR TWO BATTALIONS OF MARINES TO DEFEND THE COUNTRY BY LAND AND SEA DURING THE AMERICAN REVOLUTION. SINCE THEN - THE DAY HAS BEEN RECOGNIZED ANNUALLY BY THE MARINE CORP. AND DON'T FORGET - TOMORROW THE NATION CELEBRATES VETERAN'S DAY - TO RECOGNIZE AND HONOR ALL THE CONTRIBUTIONS OF ALL MILITARY MEMBERS.

11/27/12 12:00PM (28 SECONDS) IN MILITARY HEADLINES THIS MIDDAY---AN ARMY PRIVATE CHARGED IN THE BIGGEST SECURITY BREACH IN U-S HISTORY WILL TESTIFY AT A PRETRIAL HEARING. 24 YEAR OLD BRADLEY MANNING IS ACCUSED OF HANDING OVER THE INFORMATION TO THE SECRET SHARING WEBSITE- WIKILEAKS. MANNING WILL TRY TO AVOID TRIAL BY CLAIMING HE'S ALREADY BEEN PUNISHED BY HIS LOCKUP CONDITIONS. HE'S EXPECTED TO TESTIFY THAT HIS SOLITARY CONFINEMENT IN A SMALL CELL WAS CRUEL, INHUMAN AND DEGRADING. THE HEARING IS SCHEDULED TO RUN THROUGH SUNDAY.

11/30/12 6:00AM (25 SECONDS) LOCAL MILITARY FAMILIES WON'T HAVE TO GO SHOPPING FOR CHRISTMAS TREES THIS SEASON. THE TREES ARE COMING TO THEM AT NO COST.ITS ALL PART OF THE TREES FOR TROOPS PROGRAM. IT'S NATIONWIDE EFFORT TO MAKE SURE ALL SERVICEMEMBERS' LOVED ONES HAVE A HAPPY HOLIDAY. 10 ON YOUR SIDE WAS THERE AS THIS BATCH ARRIVED AT JOINT EXPEDITIONARY BASE LITTLE CREEK FORT STORY.ONE MILITARY WIFE TOLD US THIS IS EXACTLY THE THING TO GET HER FAMILY IN THE CHRISTMAS SPIRIT.

11/30/12 5:30PM (30 SECONDS) A HAPPY HOMECOMING TODAY IN VIRGINIA BEACH.THE U-S-S FORT MCHENRY PULLED INTO PORT AT JOINT EXPEDITIONARY BASE LITTLE CREEK THIS AFTERNOON - AFTER A FIVE MONTH DEPLOYMENT WHILE THEY WERE AWAY-- THE NAVY RELIEVED THE COMMANDING OFFICER OF THAT SHIP. COMMANDER RAY HARTMAN WAS TEMPORARILY

ASSIGNED TO A NEW POST LAST WEEK. HE'S ACCUSED OF MISCONDUCT, BUT DESPITE US ASKING, THE MILITARY WOULD NOT BE SPECIFIC ON WHAT THEY'RE INVESTIGATING.WE ASKED THE SHIP'S NEW COMMANDER HOW HE AND THE CREW HANDLED THE CHANGE OF COMMAND.

12/11/12 12:00PM (11 SECONDS)
A VETERINARY CLINIC IN KENTUCKY IS COLLECTING CARE PACKAGES FOR A GROUP OF SOLDIERS IN AFGHANISTAN THAT OFTEN GETS NOTHING IN EXCHANGE FOR ITS UNIQUE SERVICE TO OUR COUNTRY.THEY'RE COLLECTING CARE PACKS FOR MILITARY WORKING DOGS---THE CANINE CORP. DAWNE GEE HAS THE STORY.

12/14/12 12:00PM (18 SECONDS) DEFENSE SECRETARY LEON PANETTA ENDED A SURPRISE VISIT TO AFGHANISTAN WITH AN INSPIRED SPEECH.THE TOPIC--HOW TO KEEP BUDGET CUTS AWAY FROM THE MILITARY AS THE NATION'S ECONOMY DANGLES OVER THE FISCAL CLIFF.PANETTA SPOKE TO TROOPS AT A U-S BASE IN KUWAIT.HIS PASSIONATE REMARKS SEEMED TO CHASTISE REPUBLICAN AND DEMOCRAT LAWMAKERS.

12/17/12 12:00PM (20 SECONDS) TENS OF THOUSANDS OF VOLUNTEERS LAID WREATHS AT VETERANS' GRAVES AT ARLINGTON NATIONAL CEMETERY IN VIRGINIA ON SATURDAY. ABOUT 110-THOUSAND WREATHS WERE PLACED THROUGHOUT THE CEMETERY AS PART OF THE 21ST ANNUAL WREATHS ACROSS AMERICA.THE EVENT HONORS FALLEN MEN AND WOMEN FROM THE U-S MILITARY DURING THE HOLIDAY SEASON.

12/19/12 6:00PM (40 SECONDS) MORE THAN 4-THOUSAND SAILORS SERVING IN THE EISENHOWER STRIKE GROUP, WILL GET TO SPEND THE HOLIDAYS WITH THEIR FAMILIES.THE USS EISENHOWER RETURNED TO NORFOLK THIS AFTERNOON- SIX MONTHS INTO WHAT WAS SUPPOSED TO BE A NINE MONTH DEPLOYMENT.10 ON YOUR SIDE MILITARY REPORTER ART KOHN IS FROM THE PIER- AND JOINS US NOW LIVE WITH MORE ON THE SHIP'S EARLY RETURN."NICOLE, THE EISENHOWER WAS NOT SUPPOSED TO BE BACK UNTIL MARCH BUT AFTER A DELAY IN THE REPAIRS BEING DONE ON THE SHIP THAT WAS TO RELIEVE HER, USS NIMITZ, IT WAS NECESSARY FOR THE NAVY TO EXTEND THAT DEPLOYMENT FROM NINE MONTHS TO A YEAR, BUT NOT BEFORE SOME CRITICAL MAINTENANCE IS PERFORMED ON THIS SHIP, WHICH IS WHY YOU SEE HER TIED UP BEHIND ME RIGHT NOW.

12/25/12 6:00 PM (20 SECONDS) U-S AND NATO TROOPS STATIONED IN AFGHANISTAN CELEBRATED CHRISTMAS TODAY WITH A SPECIAL LUNCH.AFGHAN GENERALS ALONG WITH THEIR NATO COLLEAGUES CARVED MEATS AND SERVED CHRISTMAS LUNCH TO SOLDIERS AT A MILITARY BASE NEAR KABUL'S INTERNATIONAL AIRPORT. THIS IS ONE OF THE LAST CHRISTMASES U-S TROOPS WILL CELEBRATE IN AFGHANISTAN.

12/27/12 5:00PM (20 SECNDS) A NEW POLICY AIMED AT KEEPING DRUNK MARINES OFF THE ROAD. STARTING NEXT MONTH--THE MILITARY WILL GIVE MARINES RANDOM BREATHALYZER TESTS.THE GOAL IS TO STOP UNDERAGE DRINKING AND DRINKING WHILE ON DUTY.THE NAVY IS ADOPTING A SIMILAR POLICY.IN MARCH OF THIS YEAR THEY CONDUCTED A PILOT PROGRAM

WHERE SAILORS ON BOARD SHIPS AND SUBMARINES WERE SUBJECTED TO BREATHALYZER TESTS.

12/28/12 6:00AM (16 SECONDS) MAKING MILITARY HEADLINES THIS MORNING-THE U-S-S MAHAN IS SET TO DEPLOY THIS MORNING.THE GUIDED-MISSILE DESTROYER WILL LEAVE NAVAL STATION NORFOLK FOR THE MEDITERRANEAN SEA.THE U-S-S MAHAN AND IT'S SAILORS WILL PARTICIPATE IN BALLISTIC MISSILE DEFENSE OPERATIONS DURING THE DEPLOYEMENT.

12/29/12 11:00PM (20 SECONDS) A FEW MILITARY STORIES TO TELL YOU ABOUT TODAY.THIS MORNING SEVERAL HAMPTON ROADS FAMILIES ARE MISSING THEIR FAVORITE SAILORS.THE U-S-S MAHAN IS ON A FAST TRACK HEADED TOWARDS THE MEDITERRANEAN.10 ON YOUR SIDE WAS AT THE PIER AS THE SHIP LEFT NAVAL STATION NORFOLK FRIDAY MORNING.THIS IS THE MAHAN'S FIRST DEPLOYMENT SINCE THE NAVY UPGRADED THE BALLISTIC MISSILE DEFENSE SYSTEM ON THE SHIP LAST YEAR.

3) ECONOMY

10/3/12 12:00PM (20 SECONDS) THE NUMBER OF BABIES BORN IN THE UNITED STATES HAS FALLEN FOR THE FOURTH YEAR IN A ROW.THE GOVERNMENT REPORTS FEWER THAN 4 MILLION BIRTHS WERE COUNTED IN 2011. THAT'S A ONE-PERCENT DROP FROM THE PREVIOUS YEAR. EXPERTS BLAME THE DECLINE ON THE WEAK ECONOMY WHICH HAS DAMPENED ENTHUSIASM FOR HAVING CHILDREN.

10/9/12 6:00PM (1:40 MINUTE) MORE THAN 300-THOUSAND MEN AND WOMEN LEAVE THE MILITARY EACH YEAR LOOKING TO TRANSITION BACK INTO THE CIVILIAN WORKFORCE."HISTORICAL STATISTICS SHOW THAT OF THAT NUMBER, ONE-THIRD RETURN TO THEIR HOME OF RECORD, ONE THIRD OF THEM REMAINED WHERE THEY WERE LAST STATIONED (AND FOR A LOT OF THEM THAT'S RIGHT HERE IN NORFOLK) AND ONE-THIRD OF THEM GO TO AREAS OF THE COUNTRY WHERE THEY CAN FIND MEANINGFUL EMPLOYMENT."MANY OF THOSE VETERANS ARE FINDING MEANINGFUL EMPLOYMENT RIGHT HERE IN HAMPTON ROADS."AT NEWPORT NEWS SHIPBUILDING 18-PERCENT OF OUR NEW HIRES THIS YEAR ARE VETERANS REPRESENTING A 100-PERCENT INCREASE IN VETERAN HIRES FROM JUST TWO YEARS AGO." TUESDAY MORNING, THE CITY OF NORFOLK BECAME THE FIRST MUNICIPALITY IN THE STATE TO RECIEVE THE VIRGINIA VALUES VETERANS BRONZE CERTIFICATION FOR ITS EFFORTS TO HIRE VETERANS."...IS THIS REALLY ABOUT VETS OR IS THIS ABOUT YOU." BOTH ACTUALLY. BUT THIS IS NOT A JOB FAIR, THE V3 INITIATIVE IS ABOUT TRAINING COMPANIES TO CONNECT WITH VETERANS AND IN THE PROCESS HELP MUNICIPALITIES THROUGHT THE COMMONWEALTH STIMULATE VIRGINIA'S ECONOMY. "OUR SHARED GOAL IS TO NOT ONLY DRIVE DOWN VETERAN UNEMPLOYMENT BUT LEVERAGE THIS TREMENDOUS AMERICAN TALENT TO ACCELERATE VIRGINIA'S AND NORFOLK'S ECONOMIC RECOVERY."DEFENSE RELATED INDUSTRIES RIGHT NOW ARE TRANSITIONING TO CIVIL SECTOR AND YOU HAVE PEOPLE THAT CAN MEET THAT NEED, PROVIDE A TALENTED WORKFORCE AND BRING THOSE COMPANIES HERE."

10/15/12 5:30PM (15 SECONDS) GROWING CONFIDENCE IN THE ECONOMY HAS AMERICANS SHOPPING AND SPENDING MORE.THE COMMERCE DEPARTMENT SAYS SEPTEMBER RETAIL SALES SHOWED STRONG GAINS FOR THE SECOND MONTH IN A ROW. BUT AS N-B-C'S DENIELLE LEIGH REPORTS - ECONOMISTS ARE STILL URGING CAUTION.

10/19/12 5:30PM (1:50 MINUTES) VIRGINIA'S CANDIDATES FOR U.S. SENATE ALSO WEIGHED IN ON SEQUESTRATION TODAY IN NORFOLK. GOVERNOR GEORGE ALLEN AND GOVERNOR TIM KAINE SPOKE SEPARATELY AT A FORUM HOSTED BY THE HAMPTON ROADS CHAMBER OF COMMERCE.10 ON YOUR SIDE'S ANNE MCNAMARA IS HERE TO TELL US WHAT THEY SAID. ANNE? THE CANDIDATES HAVE TWO VERY DIFFERENT APPROACHES.... I WILL START WITH GOVERNOR KAINE'S SINCE HE SPOKE FIRST. GOVERNOR KAINE - THE DEMOCRAT - LAID OUT THREE STEPS...FIRST HE WANTS TO LET THE BUSH TAX CUTS EXPIRE ONLY FOR INCOMES OVER 500-THOUSAND DOLLARS.SECOND, HE WANTS TO NEGOTIATE MEDICARE PRESCRIPTION PRICES. AND THIRD, HE WANTS TO ELIMINATE SUBSIDIES TO THE BIG 5 OIL COMPANIES. MY PROPOSAL FOR THE SEQUESTER IS A LITTLE BIT OF FIX ON THE REVENUE SIDE WITH RESPECT TO THE BUSH TAX CUTS, AND DEFINITELY SOME FIXES ON THE EXPENSE SIDE WITH THE FIX TO THE MEDICARE PROGRAM. I DO NOT BELIEVE IT IS POSSIBLE TO GET TO BALANCE THROUGH IMBALANCE. WE'RE GUNNA HAVE TO WORK ON BOTH SIDES OF THE BALANCE SHEET TO MAKE IT HAPPEN. THE REPUBLICAN - SAYS RAISING TAXES WILL ONLY CAUSE JOB LOSS BECAUSE THE ECONOMY IS WEAK. INSTEAD, HE PROPOSES SHRINKING THE TAX RATE FOR SMALL BUSINESSES FROM 35 PERCENT TO 20 PERCENT.GOVERNOR ALLEN ALSO WANTS CONGRESS TO VOTE ON ANY GOVERNMENT REGULATION THAT HAS AN IMPACT OF OVER 100 MILLION DOLLARS. WHATS WRONG - IN MY VIEW- IS TO USE THESE 200-THOUSAND JOBS HERE IN VIRGINIA AS A POLITICAL BARGAINING CHIP TO RAISE TAXES ON JOB CREATING SMALL BUSINESS OWNERS. THATS NOT THE APPROACH YOU OUGHT TO TAKE. WE NEED LEADERSHIP TO MAKE THE RIGHT DECISIONS.

10/19/12 12:00PM (24 SECONDS) A PROJECT TWO-THOUSAND MILES AWAY COULD MEAN MORE BUSINESS AND JOBS HERE.WORK TO EXPAND THE PANAMA CANAL IS EXPECTED TO BE FINISHED IN JUST ABOUT TWO YEARS. AND WHAT'S HAPPENING THERE, COULD HAVE A HUGE ECONOMIC IMPACT RIGHT HERE IN HAMPTON ROADS.

10/20/12 6:00AM (25 SECONDS) GOOD NEWS IN OUR ECONOMY- ABOUT THE LOCAL HOUSING MARKET. HOME PRICES ARE RISING. THE REAL ESTATE INFORMATION NETWORK SAYS: NORFOLK ALONE SAW A 15-PERCENT INCREASE IN SALE PRICES, FROM SEPTEMBER OF LAST YEAR TO THIS YEAR. VIRGINIA BEACH AND NEWPORT NEWS SAW A 4-PERCENT RISE IN HOME SALES, TOO. AND, THERE ARE LESS HOMES ON THE MARKET, WHICH MEANS MORE PEOPLE ARE BUYING.REAL ESTATE EXPERTS SAY THAT'S A SIGN OF CONSUMER CONFIDENCE.

10/23/12 12:00PM (22 SECONDS)MANY VOTERS ARE CONCERNED ABOUT THE ECONOMY, AND THE COST OF WARS IN IRAQ AND AFGHANISTAN. WELL, WE'VE LEARNED MORE THAN 10-YEARS OF WAR HAVE COST THE COUNTRY UPWARDS OF 1-TRILLION DOLLARS. SINCE SEPTEMBER 11TH 2001-- THE DEPARTMENT OF DEFENSE HAS DESIGNATED ONE-POINT-ONE-EIGHT TRILLION

DOLLARS IN MILITARY SPENDING FOR WAR-RELATED COSTS. THAT COVERS OPERATIONS IN IRAQ, AFGHANISTAN, AND HERE IN AMERICA.

10/24/12 5:00PM (1:45 MINUTES) THE DEBATE BEGAN WITH A HANDSHAKE AT CENTER-STAGE AND FINDING MIDDLE-GROUND WHEN IT COMES TO SOLVING THE NATION'S DEBT CRISIS WILL BE ESSENTIAL, REGARDLESS OF WHICH CANDIDATE THE VOTERS CHOOSE."SO I TELL MY REPUBLICAN COLLEAGUES THAT REVENUE MUST COME UP..."CONGRESSMAN SCOTT RIGELL BROKE RANKS WITH THE GOP BY NOT SUPPORTING THE GROVER-NORQUIST PLEDGE TO OPPOSE TAX HIKES BUT HE DOES SUPPORT THE HOUSE REPUBLICAN BUDGET OR RYAN BUDGET."...IT CALLS FOR THE SHARP ELIMINATION OF DEDUCTIONS INCLUDING FOR EXAMPLE THE, THE SUBSIDIES TO OIL COMPANIES."THE CHALLENGER, PAUL HIRSCHBIEL AGREED WITH HIS REPUBLICAN OPPONENT'S CRITICISM OF THE DEMOCRATIC CONTROLLED SENATE FOR STILL NOT PROPOSING A BUDGET BUT REMAINED FAITHFUL TO HIS PARTY'S VIEWS ON THE BUDGET PUT FORTH BY THE REPUBLICAN MAJORITY IN THE HOUSE."...I THINK THE SENATE ABSOLUTELY IS WRONG THAT THEY HAVEN'T PUT FORTH A PLAN BUT I GOT TO TELL YOU IF THE DEMOCRATS CAME FORWARD WITH A PLAN THAT WAS AS UNCOMPROMISING AND AS HYPER-PARTISAN AS THE RYAN BUDGET, I WOULDN'T BE ABLE TO SUPPORT IT."REPRESENTING A REGION THAT'S ECONOMY RELIES SO HEAVILY ON DEFENSE SPENDING, BOTH CANDIDATES KNOW THEY MUST CONVINCE THE VOTERS THAT THEY HAVE A PLAN TO HELP CONGRESS REACH A COMPROMISE TO END THE BUDGET CRISIS."I THINK THEY BOTH ARE SERIOUS ABOUT LOOKING AT THOSE NUMBERS AND MAKING REAL SMART DECISIONS ABOUT WHERE YOU MAKE THOSE CUTS.""WHEN I SEE THIS PLACE THAT WE'RE AT, I APPROACH IT WITH A GREAT DEAL OF INTENSITY, KNOWING THAT THE CLOCK'S REALLY TICKING."WE NEED OUR ELECTED OFFICIALS UP IN WASHINGTON TO FOCUS ON JOBS AND THE ECONOMY, NOT ON RADICAL AGENDAS...

11/2/12 12:00PM (32 SECONDS) THE UNEMPLOYMENT RATE INCHED UP A BIT IN OCTOBER.THE LABOR DEPARTMENT REPORTS U.S. EMPLOYERS ADDED 171-THOUSAND JOBS LAST MONTH.HOWEVER THE EMPLOYMENT TICKED UP TO 7.9 PERCENT FORM 7.8 PERCENT IN SEPTEMBER.THIS IS THE LABOR DEPARTMENT'S LAST LOOK AT HIRING BEFORE NEXT WEEK'S PRESIDENTIAL ELECTION.THE ECONOMY HAS CREATED AN AVERAGE OF 173 THOUSAND JOBS A MONTH, UP FROM 67-THOUSAND FROM APRIL THROUGH JUNE.PRESIDENT OBAMA GOES INTO ELECTION DAY WITH THE HIGHEST UNEMPLOYMENT RATE OF ANY INCUMBENT SINCE PRESIDENT FRANKLIN D. ROOSEVELT.

11/5/12 12:00PM (30 SECONDS) IN GLOBAL HEADLINES THIS MIDDAY---TALKS AMONG THE WORLD'S 20 BIGGEST ECONOMIES IN UNDERWAY. THE AGENDA AT THE G-20 CONFERENCE WILL INCLUDE DISCUSSIONS ON THE EUROPEAN DEBT CRISIS AND THE SLOWDOWN OF ECONOMIES IN BRAZIL AND CHINA.THE U-S TREASURY SECRETARY WILL NOT BE THERE-- BUT REPRESENTATIVES ARE ATTENDING ON HIS BEHALF. THE U-S FISCAL SITUATION IS ALSO BEING DISCUSSED.SOME EXPERTS HAVE WARNED THAT THE U-S ECONOMY COULD FACE A "FISCAL CLIFF" NEXT YEAR WHICH COULD RESULT IN TAX HIKES AND GOVERNMENT SPENDING CUTS.THE MEETING ENDS TODAY.

11/7/12 5:00AM (24 SECONDS) THE OBAMA-BIDEN VICTORY DREW CHEERS AND CELEBRATION AT ONE VIRGINIA COLLEGE.MORE THAN 100 STUDENTS AT VIRGINIA COMMONWEALTH UNIVERSITY TOOK TO THE STREET IN RICHMOND. A RECENT CAMPUS SURVEY FOUND THE ECONOMY, HEALTH CARE AND WOMEN'S RIGHTS THE MOST PRESSING ISSUES AMONG STUDENTS.MANY UNDERGRADUATES SAY THEY APPROACHED THE CURRENT PRESIDENTIAL CAMPAIGN DIFFERENTLY THAN ANY OTHER BECAUSE THEY ARE VOTERS NOT MERE OBSERVERS.

11/9/12 12:00PM (18 SECONDS) FOR THE FIRST TIME IN 9-YEARS MCDONALDS EXECUTIVES ARE REPORTING A MONTHLY LOSS IN WORLDWIDE SALES. ACCORDING TO THOSE WITH THE FAST FOOD CHAIN-- OCTOBER SALES WERE DOWN 1-POINT-8-PERCENT.THE LAST TIME THAT HAPPENED WAS IN MARCH OF 2003.COMPANY EXECUTIVES BLAME THE DECLINE ON INCREASED COMPETITION AND A LAGGING ECONOMY.

11/9/12 6:00PM (30 SECONDS) TODAY PRESIDENT OBAMA HELD HIS FIRST POST ELECTION PRESS CONFERENCE TO TALK ABOUT THE ECONOMY.HE SAID HE'S COMMITTED TO WORKING WITH CONGRESS TO AVOID THE SO-CALLED FISCAL CLIFF AT THE END OF THE YEAR. I'M OPEN TO COMPROMISE. I'M OPEN TO NEW IDEAS. I'M COMMITTED TO SOLVING OUR FISCAL CHALLENGE. BUT -- I REFUSE TO ACCEPT ANY APPROACH THAT ISN'T BALANCED. THE PRESIDENT WILL MEET WITH LEADERS FROM BOTH PARTIES AT THE WHITE HOUSE NEXT WEEK. HE ALSO SAID THAT IF NOTHING IS DONE BY DECEMBER 31ST, TAXES WILL GO UP FOR ALL AMERICANS.

11/20/12 5:30 PM (20 SECONDS) A FOUR AND A HALF MILLION DOLLAR DEAL, BETWEEN STATE AND FEDERAL AGENCIES, COULD PRESERVE THE ECONOMY- AND THE HERITAGE OF A SMALL ISLAND ON THE EASTERN SHORE OF VIRGINIA.10 ON YOUR SIDE'S ART KOHN TRAVELED TO TANGIER ISLAND TODAY, WHERE THE ARMY CORPS OF ENGINEERS WILL BE BUILDING A JETTY BEFORE THE END OF THIS DECADE. TAKE ANIMATION HE JOINS US NOW LIVE WITH DETAILS ABOUT HOW CRUCIAL THIS PROJECT IS.

11/21/12 5:30PM (15 SECONDS) GOOD NEWS FOR THE ECONOMY.THERE'S A DROP IN UNEMPLOYMENT CLAIMS.THE LABOR DEPARTMENT SAYS: 410-THOUSAND PEOPLE FILED FOR BENEFITS LAST WEEK.THAT'S DOWN 41-THOUSAND APPLICATIONS FROM THE WEEK BEFORE. CLAIMS ARE STILL HIGHER BECAUSE SUPERSTORM SANDY CREATED A BIG DISRUPTION TO THE LABOR MARKET.

11/28/12 6:00AM (27 SECONDS) WE'VE GOT SOME BAD NEWS FOR THOSE OF YOU WHO RENT...AS THE ECONOMY CONTINUES TO IMPROVE, APARTMENT RATES ARE EXPECTED TO GO UP AGAIN NEXT YEAR FOR THE FOURTH CONSECUTIVE YEAR.THE ASSOCIATION OF REALTORS PREDICTS RENTAL RATES FOR APARTMENTS WILL JUMP NEARLY FIVE PERCENT NATIONWIDE.IN ADDITION TO A STRENGTHENING ECONOMY, THE DRIVE IN RATES IS ALSO DUE TO SUPPLY AND DEMAND.AND UNTIL APARTMENT CONSTRUCTION CATCHES UP WITH DEMAND, LANDLORDS WILL MAINTAIN CONTROL OF THE MARKET.

12/3/12 11:00PM (30 SECONDS) NEW AT ELEVEN.SUNDAY ALCOHOL SALES ARE GIVING VIRGINIA'S ECONOMY A BOOST.SALES AT ALL 339 A-B-C STORES ACROSS THE COMMONWEALTH TOTALED MORE THAN 240-MILLION DOLLARS.THAT'S UP NINE-MILLION DOLLARS FROM LAST YEAR.THE SUNDAY SALES WENT STATE-WIDE IN JULY.LAWMAKERS SAY THE GENERAL ASSEMBLY CHANGED THE LAW TO INCREASE STATE REVENUE. BUT GOVERNOR BOB MCDONNELL HAS UNSUCCESSFULLY TRIED TO PRIVATIZE THE STATE'S LIQUOR BUSINESS.A SPOKESMAN FOR THE GOVERNOR SAYS HE STILL BELIEVES THAT SELLING LIQUOR ISN'T A CORE FUNCTION OF STATE GOVERNMENT.

12/7/12 6:00AM (20 SECONDS) THE JOB NUMBERS FOR NOVEMBER ARE DUE TODAY. EARLY REPORTS SHOW IT WASN'T A GOOD MONTH FOR THE UNEMPLOYED. ECONOMISTS SURVEYED BY CNN MONEY PREDICT THE ECONOMY ADDED 77-THOUSAND JOBS.THAT'S A HUGE DROP FROM THE 171-THOUSAND JOBS CREATED IN OCTOBER.A SMALL BUSINESS SURVEY FOUND HURRICANE SANDY MADE BUSINESSES MORE RELUCTANT TO HIRE NEW PEOPLE LAST MONTH.

12/11/12 5:00PM (38 SECONDS) THERE ARE ONLY 14-SHOPPING DAYS LEFT TILL CHRISTMAS, AND IF THAT FILLS YOU WITH ANXIETY, CONSIDER THE FACT THAT THERE ARE EVEN FEWER DAYS REMAINING TO KEEP THE U-S ECONOMY FROM WHAT SOME FEAR COULD BE A CATASTROPHIC SO-CALLED FISCAL CLIFF. POLITICAL ANALYSTS ARE CALLING THIS WEEK CRITICAL TO REACHING A DEAL.ANALYSTS SAY SPEAKER JOHN BOEHNER AND THE PRESIDENT MUST REACH AN AGREEMENT BY THE END OF THIS WEEK- FOR LAWMAKERS TO GET IT PASSED THE FRIDAY BEFORE CHRISTMAS.BUT MOMENTUM CAN BE SEEN IN WASHINGTON-AN INCREASING NUMBER OF REPUBLICANS SAY THEY'LL ACCEPT TAX RATE INCREASES ON THE RICH...AND BUDGET EXPERTS SEE MORE DEMOCRATS OPEN TO CUTTING SOCIAL SECURITY AND MEDICARE

12/24/12 6:00AM (29 SECONDS) HOLIDAY SALES FIGURES ARE DOWN THIS YEAR - AND SOME STORES ARE TRYING TO LURE LAST MINUTE SHOPPERS WITH DEALS AND DISCOUNTS. ANALYSTS SAY THE CONNECTICUT MASSACRE, POOR ECONOMY AND FISCAL CLIFF CONCERNS HAVE ALSO DAMPENED THE HOLIDAY SPIRIT.PEOPLE WHO PUT OFF GIFT BUYING TO THE LAST MINUTE ARE SEEING DEEP PRICE CUTS AND SPECIAL OFFERS. THEY'RE ALSO GETTING MORE TIME TO SHOP. MACY'S, NORDSTROM, TARGET AND OTHER RETAILERS HAVE EXPANDED THEIR HOURS.TOYS-R-US STORES ARE STAYING OPEN CONTINUOUSLY UNTIL 10 P-M CHRISTMAS EVE.

12/27/12 6:00AM (19 SECONDS) ALSO MAKING HEADLINES- NEW HOME SALES FIGURES WILL BE RELEASED FOR THE MONTH OF NOVEMBER. HOUSING HAS BEEN ONE OF THE BRIGHT SPOTS FOR THE ECONOMY.THE LAST REPORT RELEASED BY THE COMMERCE DEPARTMENT SHOWED A SPIKE OF NEARLY 6-PERCENT. OVER THE PAST YEAR, NEW HOME SALES HAVE RISEN 27.1 PERCENT... BUT SALES ARE STILL WELL BELOW HEALTHY LEVELS.

12/28/12 11:00PM (30 SECONDS) WHAT COULD HAVE BEEN A CRIPPLING STRIKE BY DOCK WORKERS ON THE GULF AND EAST COAST COASTS HAS BEEN AVERTED - AT LEAST FOR NOW.LONGSHOREMEN HAVE AGREED TO

EXTEND THEIR CONTRACT FOR 30 DAYS.THE UNION AND AN ALLIANCE OF PORT OPERATORS AND SHIPPING LINES RESOLVED ONE OF THE STICKIER CONTRACT ISSUES: ROYALTY PAYMENTS TO UNION MEMBERS FOR EACH CONTAINER THEY UNLOAD.BOTH SIDES SAY ARE OPTIMISTIC THEY'LL BE WORKED-OUT BEFORE THE JANUARY 29 DEADLINE.A STRIKE COULD HAVE HALTED COMMERCE, AND COST THE ECONOMY BILLIONS.

12/29/12 6:00PM (30 SECONDS) PRESIDENT OBAMA AND HOUSE SPEAKER JOHN BOEHNER COULDN'T REACH A FISCAL CLIFF COMPROMISE - SO NOW IT'S UP TO THE LEADERS OF THE SENATE.SENATORS HARRY REID AND MITCH MCCONNELL ARE WORKING ON A PLAN TODAY - AND HOPE TO BRING A COMPROMISE TO THEIR FELLOW LAWMAKERS TOMORROW. AS BRIAN MOOAR REPORTS - THEY HAVE UNTIL MIDNIGHT MONDAY TO AVOID THE FISCAL CLIFF THAT WOULD RAISE TAXES AND TRIGGER THE FIRST ROUND OF SPENDING CUTS THAT COULD SEND THE ECONOMY BACK INTO RECESSION.

12/31/12 5:30PM (15 SECONDS) MANY AMERICANS ARE STILL STRUGGLING TO FIND WORK.THE STAGNANT ECONOMY CONTINUES TO EFFECT PEOPLE OF ALL DEMOGRAPHICS... AND ALL SKILL LEVELS. INCREASINGLY, THOSE WHOSE JOBS WERE ONCE CONSIDERED SAFE. N-B-C'S MARK MULLEN EXPLAINS.

4) HEALTH AND SAFETY

10/1/12 5:30PM (35 SECONDS) MEDICARE IS NOW FINING HOSPITALS THAT HAVE TOO MANY PATIENTS RE-ADMITTED BECAUSE OF COMPLICATIONS.THE NEW PENALTY WENT INTO AFFECT TODAY AS PART OF THE AFFORDABLE CARE ACT. HOSPITALS WITH HIGHER NUMBERS OF RE-ADMISSIONS WITHIN 30 DAYS WILL FACE A 125-THOUSAND DOLLAR PENALTY. MEDICAL FACILITIES ACROSS THE COUNTRY HAVE BEEN PREPARING FOR THIS. THEY ARE WORKING TO IMPROVE COMMUNICATION WITH REHABILITATION CENTERS AND DOCTORS OFFERING FOLLOW-UP CARE.MEDICARE SAYS THE PROBLEMS PEOPLE ARE READMITTED FOR LIKELY COULD HAVE BEEN PREVENTED AND ARE DRIVING UP HEALTH CARE COSTS.

10/2/12 12:00PM (25 SECONDS) IN HEALTH HEADLINES THIS MIDDAY--- PATIENTS ALLOWED TO LOOK AT NOTES WRITTEN BY THEIR DOCTORS ... FEEL MORE IN CONTROL OF THEIR HEALTH.RESEARCHERS LED A STUDY THAT GAVE OVER 13-THOUSAND PATIENTS OPEN ACCESS TO THEIR PRIMARY CARE DOCTORS' NOTES.MORE THAN THREE-QUARTERS OF PATIENTS SAID THEY FELT MORE IN CONTROL OF THEIR CARE, UNDERSTOOD THEIR MEDICAL ISSUES BETTER -- AND WERE MORE LIKELY TO TAKE THEIR MEDICATIONS AS PRESCRIBED.

10/3/12 12:00PM (25 SECONDS) DON'T BELIEVE EVERYTHING YOU READ.THAT'S THE TAKE AWAY FROM A NEW REPORT ON WEIGHT LOSS AND IMMUNE BOOSTING SUPPLEMENTS.THE REPORT SAYS MANY PRODUCTS MAKE FALSE HEALTH CLAIMS.OFFICIALS SAY SOME PRODUCTS CLAIM TO CURE OR PREVENT DIABETES OR CANCER WHILE OTHERS MADE CLAIMS BASED ON EVIDENCE THAT DOESN'T MEET GOVERNMENT RECOMMENDATIONS.THE REPORT DIDN'T NAME INDIVIDUAL BRANDS OR PRODUCTS.

10/3/12 12:00PM (18 SECONDS) THE SURGEON GENERAL WAS AT NAVAL STATION NORFOLK ON A MISSION- THE NAVY SAYS- IS VITAL TO THE FUTURE OF THE SERVICE.SURGEON GENERAL REGINA BENJAMIN WAS ABOARD THE U-S-S BATAAN TO HELP LAUNCH THE NAVY AND MARINE CORPS' HEALTH PROMOTION AND WELLNESS CAMPAIGN. 10 ON YOUR SIDE'S ART KAHN WAS ALSO THERE AND BRINGS US THE STORY.

10/3/12 11:00PM (30 SECONDS) OPERATION SMILE IS MARKING A MILESTONE THIS FALL-- THIRTY-YEARS OF SERVICE.THE NORFOLK-BASED CHARITY HAS PROVIDED MORE THAN 200-THOUSAND FREE SURGERIES TO CHILDREN WITH CLEFT LIPS AND PALATES AROUND THE WORLD. WHILE MOST OF THEIR WORK IS DONE INTERNATIONALLY, A CLEFT IS COMMONLY SEEN HERE IN THE U-S, TOO. WEDNESDAY A LOCAL PLASTIC SURGEON PERFORMED A SECOND RECONSTRUCTIVE SURGERY ON A SIX-MONTH OLD VIRGINIA BOY. ANTHONY YODER'S FAMILY DOESN'T HAVE HEALTH INSURANCE--SO THEY REACHED OUT TO OPERATION SMILE FOR HELP.

10/11/12 6:00PM (2:25 MINUTES) OUR QUEST TO FIND THE TRUTH ABOUT MOLD IN CHESAPEAKE SCHOOLS CAME AFTER LANDON MILLER SPENT THREE DAYS AT CHKD. HIS DOCTOR SAYS HIS SEVERE BREATHING PROBLEMS MAY HAVE COME FROM MOLD IN CLASSROOM 18 AT GREAT BRIDGE PRIMARY WE WENT TO THE CHESAPEAKE SCHOOL ADMINISTRATION OFFICE BECAUSE IN A MEETING YESTERDAY PUBLIC INFORMATION OFFICER TOM CUPITT DID NOT ACKNOWLEDGE MOLD AT HICKORY HIGH SCHOOL WHEN ASKED ABOUT IT. WE WERE TALKING ABOUT MOLD, AND CUPITT AND ASSISTANT SUPERINTENDENT FOR OPERATIONS STEVEN GILBERT DENIED IT. THE QUESTION ASKED TO THEM WAS IS THERE MOLD AT HICKORY HIGH SCHOOL?EXACTLY I SAID HICKORY AND THEY DID NOT ACKNOWLEDGE THE TRUTH.THESE ISSUES ARE IMPORTANT BECAUSE PEOPLE NEED TO KNOW ABOUT PUBLIC HEALTH CONCERNS IN SCHOOLS.STUDENTS AND TEACHERS ARE EXTREMELY CONCERNED ABOUT THE MOLD AT HICKORY.IT TOOK 24 HOURS FOR CUPITT AND THE CHESAPEAKE SCHOOLS SYSTEM TO ACKNOWLEDGE THE TRUTH ABOUT THE HICKORY HIGH SCHOOL MOLD PROBLEM, THE CLEANUP, AND THE COMPLETION.

10/16/12 12:00PM (20 SECONDS) DANGEROUS LEVELS OF LEAD ARE MAKING THIS YEARS HALLOWEEN COSTUMES SCARIER THAN EVER. GOVERNMENT CONSUMER SAFETY OFFICIALS INTERCEPTED A SHIPMENT OF CHILDREN'S PIRATE COSTUMES IN SEATTLE--WITH 11-TIMES THE LEGAL LIMIT OF LEAD. THOSE COSTUMES WERE SHIPPED FROM CHINA.OFFICIALS SAY LEAD CONCENTRATIONS THIS HIGH COULD LEAD TO SERIOUS HEALTH ISSUES FOR KIDS. ALL OF THOSE COSTUMES WILL BE DESTROYED--THE SHIPMENT WAS VALUED AT MORE THAN 10-THOUSAND DOLLARS.

10/30/12 12:00PM (14 SECONDS) HOW SAFE IS THE HOSPITAL YOU MAY HAVE TO VISIT DURING AN EMERGENCY? A STUDY BY HEALTH-GRADES MEASURES HOSPITAL SAFETY WITH A FIVE STAR SYSTEM. SOMETIMES, *WHICH* HOSPITAL YOU CHOOSE MAY MEAN THE DIFFERENCE BETWEEN LIFE AND DEATH. MARI PAYTON EXPLAINS.

11/8/12 12:00PM (40 SECONDS) THE MILITARY HAS ADDED TWO MORE LOCAL BUSINESSES TO THE OFF-LIMITS LIST."HAMPTON PIPE AND TOBACCO" IN

HAYES AND "LAZY DAYS" IN NORFOLK ARE OFF LIMITS TO ALL MILITARY PERSONNEL IN THE HAMPTON ROADS AREA.THE JOINT ARMED FORCES DISCIPLINARY CONTROL BOARD SAYS THE BUSINESSES HAVE CONDITIONS WHICH MAY ADVERSELY AFFECT THE HEALTH, SAFETY, WELFARE AND DISCIPLINE OF THE ARMED FORCES. FOUR OTHER BUSINESSES WERE REMOVED FROM THE OFF-LIMITS LIST BECAUSE THEY MADE CHANGES.THEY ARE "SOMEWHERE IN TIME" IN HAMPTON, "BUCK'S BRAND" AND "VEGAS" IN NEWPORT NEWS AND "AUTO EXPRESS TWO" IN NORFOLK.YOU'LL FIND THE COMPLETE LIST OF LOCAL BUSINESSES OFF-LIMITS TO LOCAL MILITARY ON WAVY DOT COM.

11/12/12 12:00PM (18 SECONDS) IN HEALTH HEADLINES THIS MIDDAY--- YOUNG KIDS LIKE TO GET THEIR HANDS ON EVERYTHING, ESPECIALLY THE STUFF THEY'RE NOT SUPPOSED TO TOUCH.OF COURSE, THAT CAN MEAN TRIPS TO THE EMERGENCY ROOM.10 ON YOUR SIDE'S MICHELLE KENNEDY SPOKE WITH SAFETY EXPERTS ABOUT THE HIDDEN HOME HAZARDS THAT YOU NEED TO KNOW ABOUT TO KEEP YOUR KIDS SAFER.

11/20/12 12:00PM (20 SECONDS) IN HEALTH HEADLINES THIS MIDDAY:AROMATHERAPY...YOU MIGHT FIND IT AT THE SPA - OR USE IT TO MAKE YOUR HOME SMELL GOOD. BUT COULD IT HELP CURE KIDS' PAIN? IT'S JUST ONE TYPE OF ALTERNATIVE MEDICINE NOW BEING USED AT SOME MAJOR MEDICAL CENTERS. DOCTORS SAY THE TREATMENTS CAN HELP CALM NERVOUS KIDS AND- AS DOREEN GENTZLER EXPLAINS-- THAT HELPS THEM START HEALING.

11/21/12 5:30PM (15 SECONDS) A CONTRACTOR DIED WHEN A FOUR-FOOT TRENCH COLLAPSED AT A CONSTRUCTION SITE AT NORTH CAROLINA STATE UNIVERSITY. IT HAPPENED YESTERDAY AFTERNOON WHILE THE MAN INSTALLED A WATER LINE FOR THE CITY.THE NORTH CAROLINA OCCUPATIONAL HEALTH AND SAFETY DIVISION IS INVESTIGATING THE ACCIDENT.

11/27/12 5:00PM (40 SECONDS) GRAPEFRUIT CAN INTERACT BADLY WITH SOME MEDICATIONS--AND SCIENTISTS NOW SAY THE DANGER MAY BE GREATER THAN FIRST THOUGHT.THE LAWSON HEALTH RESEARCH INSTITUTE CITES MORE THAN 85 DRUGS ADVERSELY AFFECTED BY GRAPEFRUIT. 43 CAN HAVE SERIOUS SIDE EFFECTS --- INCLUDING SUDDEN DEATH. ONE OF THE BIGGEST RISKS INVOLVES THE CHOLESTEROL DRUG LIPITOR. SCIENTISTS SAY IT CAN CAUSE SERIOUS KIDNEY DAMAGE WHEN MIXED WITH GRAPEFRUIT

11/28/12 12:00PM (19 SECONDS) IN HEALTH HEADLINES THIS MIDDAY--- WHEN VISITING WITH RELATIVES THIS HOLIDAY SEASON THERE'S A PRETTY GOOD CHANCE AT LEAST ONE OF THEM MAY HAVE A HARD TIME HEARING. CROWDS ARE ESPECIALLY TOUGH, IF YOU CAN ONLY HEAR OUT OF ONE EAR... IT'S HARD TO TELL WHO IS TALKING. A NEW DEVICE MAY HELP THOUGH... AND IT'S WORN IN THE MOUTH. RENEE TESSMAN EXPLAINS.

11/29/12 12:00PM (27 SECONDS) FOOD AND DRUG ADMINISTRATION OFFICIALS ARE RESPONDING TO THE RECENT CONTROVERSY SURROUNDING THE SAFETY OF ENERGY DRINKS. OFFICIALS SAY THEY ARE GOING TO SEEK THE ADVICE OF OUTSIDE EXPERTS TO DETERMINE WHETHER OR NOT THE BEVERAGES POSE A RISK. THE AGENCY HAS RECEIVED REPORTS OF 18-DEATHS AND MORE THAN 1-HUNDRED INJURIES RELATED TO THE CONSUMPTION OF ENERGY DRINKS.

F-D-A OFFICIALS SAY SO FAR THERE HAS BEEN NO PROOF THE ENERGY DRINKS ARE LINKED TO THESE DEATHS AND HEALTH CONCERNS.

11/30/12 12:00PM (25 SECONDS) DOCTORS THINK TAKING ASPRIN MIGHT REDUCE YOUR RISK OF DEVELOPING SERIOUS LIVER PROBLEMS. A NEW STUDY FOUND ASPIRIN USERS WERE 41-PERCENT LESS LIKELY TO BE DIAGNOSED WITH LIVER CANCER--AND 45-PERCENT LESS LIKELY TO DIE FROM CHRONIC LIVER DISEASE THAN THOSE WHO DON'T TAKE ASPIRIN REGULARLY. PEOPLE WHO TOOK OTHER OVER THE COUNTER PAIN RELIEVERS WERE 26-PERCENT LESS LIKELY TO DIE FROM LIVER DISEASE -- BUT THEIR LIVER CANCER RISK WAS NOT DECREASED.

12/3/12 11:00PM (25 SECONDS) SPEAKING OF YOUR HEALTH - THE CENTERS FOR DISEASE CONTROL AND PREVENTION SAYS FLU SEASON HAS OFFICIALLY STARTED.IT'S THE EARLIEST START TO THE SEASON SINCE 2003. STATES IN THE SOUTHEAST ARE SEEING THE HIGHEST RATES OF THE FLU. WHILE THE COURSE OF A FLU SEASON IS ALWAYS UNPREDICTABLE - THIS YEAR'S EARLY START SUGGEST THIS COULD BE A BAD FLU YEAR. BUT THE GOOD NEWS IS - IT'S NOT TOO LATE TO GET YOUR FLU SHOT.

12/4/12 12:00PM (20 SECONDS) IN HEALTH HEADLINES THIS MIDDAY--THERE'S NEWS ON A VERY IMPORTANT TOPIC FOR EVERYONE FROM PRO ATHLETES, TO SOLDIERS IN COMBAT TO THE KIDS ON A HIGH SCHOOL HOCKEY RINK: NEW RESEARCH ON THE CONNECTION BETWEEN REPEATED CONCUSSIONS AND LONG-TERM, DEGENERATIVE BRAIN DISEASE. NBC'S REHEMA ELLIS TALKED TO THE AUTHOR OF THE STUDY ABOUT WHAT IT MEANS FOR KIDS AND ADULTS ALIKE.

12/13/12 12:00PM (32 SECONDS) YOU MIGHT WANT TO THINK TWICE BEFORE YOU TYPE SYMPTOMS IN TO AN ONLINE HEALTH TOOL. NEW RESEARCH SHOWS IT COULD BE THE REASON WHY MORE PARENTS ARE TAKING THIER CHILDREN TO THE EMERGENCY ROOM. RESEARCHERS AT THE RAND CORPORATION SURVEYED NEARLY 3- HUNDRED PARENTS WHO USED A WEBSITE TO HELP DETERMINE WHETHER THEIR CHILD HAD THE FLU. THE WEB TOOL WAS ABLE TO CORRECTLY DIAGNOSE FLU-LIKE ILLNESS 93- PERCENT OF THE TIME. HOWEVER, BECAUSE SAFETY WAS THE CHIEF CONCERN OF THE WEB DEVELOPERS, THE PROGRAM CLASSIFIED A MAJORITY OF CHILDREN AS HIGH RISK AND RECOMMENDED A TRIP TO THE E-R.

12/23/12 6:00AM (30 SECONDS) THIS MORNING IN YOUR HEALTH HEADLINES--GOOD NEWS CONCERNING H-I-V IN AMERICA. A NEW REPORT FROM THE CENTERS FOR DISEASE CONTROL SHOWS RATES OF THE VIRUS ARE DOWN AMONG AFRICAN-AMERICAN WOMEN. IT'S A FIRST SINCE HEALTH OFFIIALS STARTED REPORTED NEW CASES IN THE U-S SINCE 2006. NEW INFECTIONS DROPPED 21 PERCENT IN THE WOMEN IN 2010 WHEN COMPARED TO 2008. WHILE THE MAJORITY OF NEW INFECTIONS OF H-I-V IN WOMEN ARE MADE UP OF BLACKS, WHO ACCOUNT FOR OVER 64 PERCENT OF ALL NEW FEMALE DIAGNOSES, THE C-D-C SAID THE TWO-YEAR DROP IS ENCOURAGING.

12/26/12 12:00PM (25 SECONDS) WE'RE ON YOUR SIDE WITH SOME TIPS TO KEEP YOU HEALTHY THROUGH THE HOLIDAY SEASON.

OVERINDULGING IN YOUR FAVORITE FOODS AT GATHERINGS--CAN BE A DANGEROUS PRACTICE FOR DIABETICS. DIETITIANS AT THE BAYLOR COLLEGE OF MEDICINE SAY DIABETICS SHOULD LOOK FOR SUGAR-FREE ITEMS IF THEY HAVE A CRAVING FOR SOMETHING SWEET. OR THEY CAN EAT BEFORE ATTENDING A PARTY SO THEY ARE NOT HUNGRY WHEN THEY GET TO THE BUFFET TABLE. ALCOHOLIC DRINKS CAN BE HIGH IN SUGAR AND STIMULATE YOUR APPETITE -- SO THEY SHOULD BE AVOIDED. FINALLY-- EXERCISING AFTER A MEAL CAN BURN THOSE EXTRA CALORIES AND REDUCE THE RISK FOR INSULIN RESIST

12/28/12 12:00PM (25 SECONDS) CHEMOTHERAPY DRUG SHORTAGES COULD BE AFFECTING PATIENTS' HEALTH -- AND CAUSING THEIR DISEASE TO RETURN. IN 2010 A DRUG TO TREAT HODGKIN'S LYMPHOMA WAS IN SHORT SUPPLY, FORCING MANY DOCTORS TO PRESCRIBE A SUBSTITUTE TREATMENT FOR THEIR PATIENTS. RESEARCHERS AT ST. JUDE CHILDREN'S RESEARCH HOSPITAL LOOKED AT THE MEDICAL RECORDS OF NEARLY TWO HUNDRED PEDIATRIC PATIENTS TREATED WITH THE ORIGINAL DRUG, AND FORTY GIVEN THE SUBSTITUTE. THEY FOUND ONE IN FOUR GIVEN THE NEW TREATMENT HAD A RELAPSE, COMPARED TO ONE IN EIGHT GIVEN THE ORIGINAL.

12/29/12 6:00AM (25 SECONDS) THIS MORNING IN YOUR HEALTH HEADLINES--A NEW APPROACH TO WORKING OUT. INSTEAD OF DOING THE SAME ROUTINE AT THE GYM--TRY THIS NEW WAY TO SWEAT AND LOSE WEIGHT. CHECK OUT CIRCUS ARTS FITNESS. IT'S A FULL BODY WORKOUT THAT USES TRADITIONAL CIRCUS EQUIPMENT. THE EXERCISES WORK YOUR CORE, UPPER AND LOWER BODY MUSCLES. THE WORKOUT WAS CREATED BY A WOMAN WHO USED TO BE A PROFESSIONAL TRAPEZE ARTIST.

12/30/12 6:00AM (20 SECONDS) IN THE WEST BANK--SWINE FLU IS BEING BLAMED FOR KILLING AT LEAST NINE PEOPLE. PALESTINIAN OFFICIALS SAY MORE THAN 180 OTHERS ARE ALSO INFECTED WITH THE VIRUS. DUE TO THE OUTBREAK--A STATE OF EMERGENCY IS NOW IN EFFECT IN THE AREA. SWINE FLU IS NOTHING NEW. JUST THREE YEARS AGO THE WORLD HEALTH ORGANIZATION DECLARED THE SICKNESS THE FIRST GLOBAL FLU PANDEMIC IN DECADES.

5) EDUCATION

10/2/12 5:30 AM (20 SECONDS) THE U-S DEPARTMENT OF EDUCATION IS GIVING MONEY TO THREE LOCAL UNIVERSITIES. NORFOLK STATE, HAMPTON AND ELIZABETH CITY STATE UNIVERSITIES ARE GETTING WHAT'S CALLED "THE STRENGTHENING HISTORICALLY BLACK COLLEGES AND UNIVERSITIES" GRANT. THE FIVE YEAR GRANTS WILL HELP FUND THINGS SUCH COUNSELING AND STUDENT SERVICE PROGRAMS, TEACHER EDUCATION PROGRAMS AND CAMPUS IMPROVEMENTS.

10/4/10 6:00AM (20 SECONDS) IT'S A DONE DEAL IN CHICAGO. MEMBERS OF THE TEACHERS UNION OVERWHELMINGLY HAVE APPROVED A NEW THREE-YEAR CONTRACT THAT INCLUDES PAY INCREASES AND A NEW EVALUATION SYSTEM. THE CONTRACT NOW MUST BE APPROVED BY THE CHICAGO BOARD OF EDUCATION, WHICH IS SCHEDULED TO MEET LATER THIS MONTH. TEACHERS WALKED OFF THE JOB ON SEPTEMBER 10TH--THE STRIKE LASTED SEVEN DAYS.

10/13/12 6:00AM (45 SECONDS) IT COULD BE A DREAM COME TRUE FOR SOME SCHOOLCHILDREN IN FRANCE. PRESIDENT FRANÇOIS HOLLANDE SAID EARLIER THIS WEEK HE WANTS TO GET RID OF HOMEWORK. HE SAYS EDUCATION IS A PRIORITY AND THAT WORK SHOULD BE DONE AT SCHOOL WITH TEACHERS. SO, HE ALSO WANTS TO LENGTHEN THE SCHOOL WEEK. RIGHT NOW, FRENCH STUDENTS GO TO SCHOOL FOUR DAYS A WEEK.HOLLANDE WANTS IT TO GO BACK TO FOUR AND A HALF. THE PRESIDENT IS PROMISING TO HIRE MORE TEACHERS AND GIVE INCENTIVES TO THOSE WILLING TO WORK IN WHAT HE CALLS DIFFICULT AREAS. HOLLANDE SAYS THESE CHANGES WOULD IMPROVE EDUCATIONAL EQUALITY, ESPECIALLY FOR CHILDREN WHO DON'T HAVE THE PROPER SUPPORT AT HOME.

10/22/12 12:00PM (27 SECONDS) TEN ON YOUR SIDE HAS LEARNED A CHESAPEAKE TEACHER ACCUSED OF SIMPLE ASSAULT HAS BEEN GIVEN A TRIAL DATE TARA HARRIS IS A SPECIAL EDUCATION TEACHER AT BUTTS ROAD INTERMEDIATE AND IS SCHEDULED TO APPEAR IN COURT NOVEMBER 27TH.STEPHANIE BENNETT SAYS HARRIS TWISTED HER DAUGHTER'S ARM, AND AS A RESULT HER FINGER GOT CUT ON HER FOLDER. BENNETT SAYS HARRIS WAS AGGRESSIVE BECAUSE HER DAUGHTER COULD NOT DO A LESSON ON MUSLIM HAND SIGNALS CORRECTLY.

10/23/12 5:30PM (20 SECONDS) 88 PERCENT OF THE CLASS OF 2012 GRADUATED AFTER FOUR YEARS OF HIGH SCHOOL.THE VIRGINIA DEPARTMENT OF EDUCATION SAYS ON-TIME GRADUATION RATES FOR PUBLIC HIGH SCHOOL STUDENTS ROSE MORE THAN A PERCENTAGE POINT FROM THE PREVIOUS YEAR'S CLASS.THE STATEWIDE DROPOUT RATE FELL TO SIX-POINT-FIVE PERCENT FOR THE CLASS OF 2012.

10/24/12 12:00PM (21 SECONDS) THE COST OF HIGHER EDUCATION IN THE U-S IS ALSO ON THE RISE. A NEW REPORT SHOWS IN-STATE TUITION ROSE AN AVERAGE OF 5-PERCENT THIS FALL SEMESTER.ROOM-AND-BOARD CHARGES ALSO GREW RAISING THE FULL COST FOR STUDENTS LIVING ON CAMPUS TO 17-THOUSAND 8-HUNDRED AND 60-DOLLARS. EXPERTS SAY THE NEW NUMBERS HIGHLIGHT THAT HIGHER EDUCATION IS COSTING AMERICAN FAMILIES MORE THAN EVER.

10/24/12 5:30PM (25 SECONDS) A NEW REPORT RELEASED TODAY SHOWS WOMEN ARE STILL MAKING LESS THAN MEN.THE REPORT LOOKED AT THE GRADUATING CLASS OF 2008-- AND WHAT THEY EARNED IN 2009. THEY FOUND WOMEN EARNED ONLY 82 PERCENT OF WHAT MEN EARNED WITH THE SAME MAJORS AND JOBS. ON AVERAGE MEN WERE PAID ALMOST \$43-THOUSAND DOLLARS WHILE WOMEN WERE PAID JUST OVER 35-THOUSAND.THE HEALTH CARE AND EDUCATION FIELDS WERE THE ONLY ONES THAT PAID BOTH GENDERS ABOUT THE SAME.

10/25/12 12:00PM (30 SECONDS) THOSE WHO GO INTO CARDIAC ARREST OUTSIDE OF A HOSPITAL ARE MORE LIKELY TO RECEIVE C-P-R FROM BYSTANDERS... IF THEY'RE IN CERTAIN NEIGHBORHOODS. A NEW STUDY FROM EMORY UNIVERSITY INDICATES PEOPLE LIVING IN HIGH-INCOME PREDOMINANTLY WHITE OR MIXED RACE NEIGHBORHOOD WERE MORE LIKELY TO RECEIVE BYSTANDER C-P-R THAN THOSE LIVING IN LOW-INCOME OR PREDOMINANTLY

AFRICAN AMERICAN AREAS.THE FINDINGS SUGGEST C-P-R EDUCATION MAY NEED TO BE TAILORED TO SPECIFIC AREAS OF THE COMMUNITY.

11/12/12 11:00PM (20 SECONDS) MILITARY MEMBERS AND VETERANS HAVE A NEW RESOURCE FOR LEARNING AND CAREER PLACEMENT.TIDEWATER COMMUNITY COLLEGE OPENED IT'S CENTER FOR MILITARY AND VETERANS EDUCATION ON THE VIRGINIA BEACH CAMPUS.THERE WILL BE STAFF MEMBERS TRAINED IN THE UNIQUE NEEDS OF MILITARY-RELATED STUDENTS.THE CENTER WILL PROVIDE STAFF TRAINED TO HELP STUDENTS CONNECTED TO THE MILITARY - ALONG WITH CAREER COUNSELING.

11/12/12 5:30 PM (30 SECONDS) MORE INTERNATIONAL STUDENTS-- ARE GOING TO SCHOOL IN VIRGINIA.THE INSTITUTE OF INTERNATIONAL EDUCATION SAYS THERE WERE MORE THAN 15-THOUSAND FOREIGN STUDENTS ENROLLED ACROSS THE STATE LAST YEAR.MORE THAN 25-HUNDRED OF THEM WERE TAKING CLASSES AT VIRGINIA TECH.GEORGE MASON UNIVERSITY, THE UNIVERSITY OF VIRGINIA AND VIRGINIA COMMONWEALTH UNIVERSITY WERE CLOSE BEHIND.THE INSTITUTE SAYS STUDENTS FROM CHINA MAKE UP NEARLY 19 PERCENT OF THE STATE'S FOREIGN-BORN ENROLLMENT, FOLLOWED BY INDIA, SOUTH KOREA AND SAUDI ARABIA.

11/13/12 12:00PM (24 SECONDS) IN MILITARY HEADLINES THIS MIDDAY-SERVICEMEMBERS AND VETERANS HAVE A NEW RESOURCE FOR LEARNING AND CAREER PLACEMENT.TIDEWATER COMMUNITY COLLEGE OPENED IT'S CENTER FOR MILITARY AND VETERANS EDUCATION ON THE VIRGINIA BEACH CAMPUS.STAFF MEMBERS ARE TRAINED IN THE UNIQUE NEEDS OF MILITARY-RELATED STUDENTS.THE CENTER WILL ALSO PROVIDE STAFF THAT IS TRAINED TO HELP STUDENTS CONNECTED TO THE MILITARY - ALONG WITH CAREER COUNSELING.

11/13/12 12:00PM (42 SECONDS) THEY MET WITH LOCAL REPRESENTATIVES AT A BREAKFAST AT NORFOLK TECHNICAL OFFICES.THE BOARD WANTED TO REMIND LEGISLATORS TO SUPPORT EDUCATION--AND TAKE CERTAIN ACTIONS THAT WILL PROVIDE MORE FUNDING FOR SCHOOLS.LIKE RESTORING FUNDING REDUCTIONS THE SCHOOL SYSTEM HAS SEEN OVER THE YEARS. ALLOW SCHOOL DISTRICTS TO CONTROL AND CREATE POLICIES, LIKE THE SCHOOL YEAR CALENDAR.THE SCHOOL BOARD WANTS LEGISLATORS TO SUPPORT FUNDING FOR GRADUATION PREP PROGRAMS, POST-SECONDARY EDUCATION, AND CAREER READINESS.THEY ALSO WANT THEM TO PHASE IN UNFUNDED STANDARDS OF QUALITY REVISIONS WE'LL HAVE THE FULL STORY WHEN YOU TUNE IN TONIGHT FOR OUR 90 MINUTES OF NEWS STARTING AT FIVE.

11/15/12 5:00PM (20 SECONDS) A SUFFOLK STUDENT IS SUSPENDED- AND COULD BE EXPELLED- FOR BRINGING A WOODEN KNIFE ON HIS BUS.THE CHILD IS IN SIXTH GRADE AT JOHN YEATES MIDDLE SCHOOL. SCHOOL OFFICIALS SAY THE WOODEN KNIFE DIDN'T HAVE A BLADE. POLICE SAY HE DIDN'T THREATEN ANY OTHER STUDENTS. HE'S RECOMMENDED FOR EXPULSION, BASED ON THE SCHOOL'S WEAPONS POLICY.

11/20/12 11:00PM (25 SECONDS) THE ACCOMACK COUNTY SCHOOL BOARD IS MEETING AS WE SPEAK, TO DECIDE THE FATE OF A BUS DRIVER

ACCUSED OF MAKING A VERBAL THREAT AGAINST A STUDENT. LEON HARMON IS NO LONGER ON THE ROUTE HE DROVE FOR 30 YEARS. HARMON SAYS A STUDENT WHO WAS NEW TO THE BUS, TOLD HIS PARENTS THAT HARMON THREATENED HIM ON THE WAY HOME. TONIGHT, DOZENS OF CITIZENS SHOWED UP TO SUPPORT HARMON AT THE SCHOOL BOARD MEETING. WE ARE EXPECTING A DECISION SHORTLY.

11/29/12 6:00PM (30 SECONDS) THE COST OF A COLLEGE EDUCATION GROWS EVERY DAY. SO NORFOLK PUBLIC SCHOOLS HAS STARTED A PROGRAM TO HELP YOU FIND A WAY TO PAY FOR IT.TAKE THE ROAD THROUGH YOUR COMPUTER TO THE SCHOLARSHIP STATION. A FEW CLICKS SHOW WHAT SCHOLARSHIPS ARE OFFERED TO STUDENTS--HOW MUCH FINANCIAL HELP THEY PROVIDE AND HOW STUDENTS CAN APPLY. THE WEBSITE WILL BE UPDATED REGULARLY THROUGHOUT THE SCHOOL YEAR SO KEEP CHECKING.

11/29/12 5:00PM (25 SECONDS) HURRICANE SANDY CAUSED HUNDREDS OF MILLIONS OF DOLLARS WORTH OF DAMAGE TO SCHOOLS IN NEW YORK. AND NOW THEY APPARENTLY ARE BEING LOOTED.OFFICIALS SAY THIEVES RAIDED THIS SCHOOL IN QUEENS AND TOOK OFF WITH 100-THOUSAND DOLLARS WORTH OF EQUIPMENT ---INCLUDING PRICEY TABLETS AND COMPUTERS. TWO EXTERNAL DEFIBRILLATORS WERE ALSO STOLEN.EACH ONE IS WORTH ABOUT 16-HUNDRED DOLLARS. THE NEW YORK CITY DEPARTMENT OF EDUCATION SAYS 30 SCHOOLS WERE TARGETED BY LOOTERS

12/8/12 6:30AM (15 SECONDS) IF YOU KNOW A VIRGINIA TEACHER--GIVE THEM A PAT ON THE BACK THIS MORNING FOR THEIR HARD WORK. IT TURNS OUT VIRGINIA STUDENTS HAVE BIGGER VOCABULARIES AND BETTER COMPREHENSION SKILLS THAN THEIR PEERS ACROSS THE COUNTRY. THE RANKING IS BASED ON DATA FROM THE 20-11 NATIONAL ASSESSMENT OF EDUCATION PROGRESS.

12/14/12 12:00PM (20 SECONDS) VIRGINIA TEACHERS COULD SOON SEE A PAY RAISE. GOVERNOR MCDONNELL WANTS TO RAISE TEACHER PAY BY TWO-PERCENT. HE'S ASKING FOR 59 MILLION DOLLARS FOR THE PAY INCREASES. BUT BEFORE HE DOES THAT--HE WANTS LAWMAKERS TO MAKE IT EASIER TO GET RID OF BAD TEACHERS. RIGHT NOW - AS A STARTING POINT - MCDONNELL IS ASKING FOR AN ACROSS-THE-BOARD, FOUR-PERCENT CUT BY ALL DEPARTMENTS.

12/17/12 6:00PM (35 SECONDS) WE'RE LEARNING MORE TONIGHT ABOUT GOVERNOR BOB MCDONNELL'S NEW BUDGET.TODAY HE SAID IT WILL INCLUDE A SMALL INCREASE, ABOUT 200 MILLION DOLLARS-- HE ALSO CAUTIONED ABOUT THE NATION'S FISCAL CLIFF. IN ALL, HIS TWO YEAR \$80 BILLION DOLLAR BUDGET INCLUDES NEARLY \$59 MILLION FOR TWO PERCENT TEACHER RAISES, \$70 MILLION TO HOLD DOWN STATE EMPLOYEE HEALTH INSURANCE RATES, AND \$115 MILLION MORE FOR HEALTHCARE SERVICES THROUGH MEDICAID. IT ALSO INCLUDES \$93 MILLION IN SAVINGS FROM STATE DEPARTMENT HEADS.THE GOVERNOR ALSO WANTS INCREASED FUNDING FOR ROAD MAINTENANCE--THE DETAILS OF WHICH HE SAYS WILL BE RELEASED BEFORE THE LEGISLATURE CONVENES.HE ALSO TEMPERED REVENUE GROWTH FORECASTS,

SAYING VIRGINIA WOULD BE GREATLY HARMED IF THERE'S NO AGREEMENT ON THE FISCAL CLIFF.

12/18/12 4:30AM (33 SECONDS) VIRGINIA PLANS TO REVIEW SCHOOL POLICIES AND PROCEDURES, AS WELL AS FUNDING TO PROTECT STUDENTS AND TEACHERS IN THEIR CLASSROOMS.GOVERNOR BOB MCDONNELL ASKED HIS EDUCATION SECRETARY AND PUBLIC SAFETY SECRETARY, TO REVIEW RECENTLY SUBMITTED SCHOOL SAFETY AUDITS WITH SCHOOL SUPERINTENDENTS.THEY WANT EDUCATORS TO FIND ANY CRACKS OR LOOPHOLES, IN LIGHT OF THE MASS SHOOTING IN CONNECTICUT.THE GOVERNOR ALSO CREATED A TASK FORCE FOR EDUCATORS, PUBLIC SAFETY EXPERTS AND LEGISLATORS TO REVIEW SCHOOL SAFETY. MCDONNELL SAYS HE WANTS A FULL REPORT BROUGHT BEFORE THE GENERAL ASSEMBLY NEXT YEAR.

12/18/12 12:00PM (33 SECONDS)VIRGINIA IS MAKING PLANS TO CHANGE ITS POLICIES AND PROCEDURES, AND FUNDING TO PROTECT STUDENTS AND TEACHERS IN THEIR CLASSROOMS.GOVERNOR BOB MCDONNELL ASKED HIS EDUCATION SECRETARY AND PUBLIC SAFETY SECRETARY, TO REVIEW RECENTLY SUBMITTED SCHOOL SAFETY AUDITS WITH SCHOOL SUPERINTENDENTS.THEY WANT EDUCATORS TO FIND ANY CRACKS OR LOOPHOLES, IN LIGHT OF THE MASS SHOOTING IN CONNECTICUT.THE GOVERNOR ALSO CREATED A TASK FORCE FOR EDUCATORS, PUBLIC SAFETY EXPERTS AND LEGISLATORS TO REVIEW SCHOOL SAFETY.MCDONNELL SAYS HE WANTS A FULL REPORT BROUGHT BEFORE THE GENERAL ASSEMBLY NEXT YEAR.

12/20/12 12:00PM (15 SECONDS) HERE IN VIRGINIA THERE IS GOING TO BE A LEGISLATIVE FIGHT ABOUT PUTTING GUNS IN SCHOOLS. GOVERNOR BOB MCDONNELL SAYS GUNS NEED TO BE IN THE SCHOOL, BUT ONLY IN THE HANDS OF APPROVED PERSONNEL. DELEGATE BOB MARSHALL SAYS HE WILL SUBMIT A BILL THAT STARTS THAT DISCUSSION.

12/29/12 6:00PM (30 SECONDS) A HANDFUL OF VIRGINIA, STATE UNIVERSITIES ARE TOPS WHEN IT COMES TO GETTING THE MOST EDUCATION FOR YOUR MONEY.THE UNIVERSITY OF VIRGINIA WAS SECOND AND WILLIAM AND MARY FOURTH - IN KIPLINGER'S RANKING OF BEST VALUES.THE UNIVERSITY OF NORTH CAROLINA - CHAPEL HILL TOPPED THE LIST. ANALYSTS MEASURED THE QUALITY OF EDUCATION AGAINST THE ECONOMIC VALUE. JAMES MADISON, MY ALMA-MATER CAME IN 20TH.VIRGINIA TECH - 28TH.MARY WASHINGTON UNIVERSITY CAME IN AT 53.GEORGE MASON - 56TH. AND CHRISTOPHER NEWPORT UNIVERSITY CAME IN 87TH.

12/31/12 12:00PM (25 SECONDS) NEW INFORMATION SHOW RECESS MIGHT BE ONE OF THE MOST IMPORTANT PARTS OF YOUR CHILDS SCHOOL DAY. THE AMERICAN ACADEMY OF PEDIATRICS IS RELEASING A NEW POLICY STATEMENT ENCOURAGING SCHOOLS TO LET KIDS HAVE THEIR PLAYTIME. OFFICIALS SAY RECESS OFFERS COGNITIVE, PHYSICAL AND SOCIAL BENEFITS TO YOUNG CHILDREN.THE UNSTRUCTURED PLAYTIME GIVES KIDS THE OPPORTUNITY TO DEVELOP SKILLS THAT CAN'T BE TAUGHT IN THE CLASSROOM.