Quarterly Listing of Problems and Needs

WKTD-CD WAVY Broadcasting, LLC Community of License: Portsmouth, VA

December 31, 2016

Issues Covered in the Areas of:
Government
Military
Economy
Health and Safety
Education

LIN Television Corporation – WAVY TV

Problems and Needs Cover Sheet

| WAVY News 10 Today | Monday through Friday | 4:30am - 5:00am |
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| WAVY News 10 at Sunrise | Monday through Friday | 5:00am – 6:00am |
| WAVY News 10 Today | Monday through Friday | 6:00am – 7:00am |
| The Hampton Roads Show | Monday through Friday | 11:00am – 12:00pm |
| WAVY News 10 at 12:00pm | Monday through Friday | 12:00pm – 1:00pm |
| WAVY News 10 at 4:00pm | Monday through Friday | 4:00pm – 5:00pm |
| WAVY News 10 at 5:00pm | Monday through Friday | 5:00pm – 5:30pm |
| WAVY News 10 at 5:30pm | Monday through Friday | 5:30pm – 6:00pm |
| WAVY News 10 at 6:00pm | Monday through Friday | 6:00pm – 6:30pm |
| WAVY News 10 at 11:00pm | Monday through Friday | 11:00pm – 11:35pm |
| WAVY News 10 Saturday | Saturday | 6:00am – 8:00am |
| WAVY News 10 Sunday | Sunday | 6:00am – 8:00am |

All of the programs noted above are locally produced News programs presenting a mix of News, weather, sports and issue related feature stories. The 12:00pm News also features guests with call ins and a health segment. WAVY News 10 at 5:00pm has a consumer segment. Issue responsive segments vary in length from 2 to 6 minutes.

Public Service Announcements Any Day Any Time

The station broadcasts local and national public service announcements of varying lengths throughout the broadcast day. Many of the local PSAs are part of campaigns on 1 subject, such as health campaigns, the Jefferson Awards, food campaigns for the needy, recycling and military enlistment information.

"The More You Know PSAs Any Day Any Time

Included in the PSAs noted above, our network, NBC, has an extensive campaign of PSAs under their The More You Know campaign. All of these PSAs are focused on broad societal issues such as education, drug use, reading, etc., which feature the

leading stars of NBC's major programs, making sure that the message is delivered in an interesting and at10tion grabbing manner and format.

Dateline NBC 3-5 nights a week Various

This is an NBC Network News and public affairs program which features investigative reporting on issues of interest to the American public such as health and medical News, technology, travel, *Consumer Reports* and product analyses and the environment.

The Today Show Monday through Friday 7:00am – 9:00am

NBC Nightly News Monday through Sunday 6:30pm – 7:00pm

Saturday Today Saturday 8:00am – 10:00am

Sunday Today Sunday Sunday 8:00am – 9:00am

Meet the Press Sunday 9:00am – 10:00am

The NBC Network News programs noted above offer a mix of News, weather, interviews, and special features on issues of current concern and interest to our viewers.

In the 4th quarter of 2016, our station aired extensive programming that addressed many areas of concern and interest to the residents in the Norfolk Portsmouth Newport News television market.

These areas and representative examples are as follows:

1) GOVERNMENT

10/1/16 11:00PM (30 SECONDS) JUST IN TONIGHT AT 11. SEVEN AFGHAN MILITARY STUDENTS IN FOUR DIFFERENT STATES WENT AWOL FROM U.S. POSTS - INCLUDING FORT LEE, VIRGINIA. A NAVY DEFENSE PRESS OPERATIONS COMMANDER SAYS FOUR OF THE STUDENTS LEFT THEIR POSTS WITHOUT LEAVE OVER LABOR DAY WEEKEND. THAT INCLUDES THE STUDENT AT FORT LEE. ABOUT TWO WEEKS LATER, THREE ADDITIONAL MILITARY STUDENTS WENT AWOL. SEVERAL GOVERNMENT AGENCIES ARE AWARE OF THE SITUATION. FOR MORE DETAILS ON THIS STORY, HEAD OVER TO WAVY DOT COM.

10/6/16 11:00PM (35 SECONDS) NOW TO BREAKING NEWS FROM HAITI -- THE GOVERNMENT HAS JUST ANNOUNCED 283 PEOPLE HAVE DIED SINCE THE STORM SLAMMED INTO THE COUNTRY TUESDAY. THOUSANDS OF PEOPLE LOST THEIR HOMES. MEANWHILE RESCUES HAVE ALREADY STARTED IN FLORIDA -- AFTER A WOMAN RAN OFF THE ROAD. SHE'S OKAY.THE NATIONAL WEATHER SERVICE SAYS IT COULD BE CATASTROPHIC FOR THE SUNSHINE STATE -- BUT IT DEPENDS ON WHICH TRACK THE STORM TAKES. FOR A BREAKDOWN -- LET'S SEND IT TO MY CO-ANCHOR ANITA BLANTON AND CHIEF METEOROLOGIST DON SLATER.

10/17/16 11:00PM (35 SECONDS) AHEAD OF HALLOWEEN - ONE VIRGINIA BEACH NEIGHBORHOOD IS USING THEIR EYE CATCHING DECORATIONS - TO MAKE A STATEMENT. MORE THAN A WEEK AFTER THE STORM - RESIDENTS ALONG RUGBY ROAD ARE FRUSTRATED WITH THE HELP - THEY SAY THEY ARE NOT GETTING. THIS SKELETON TAKING AIM AT FEMA. THE CITY SAYS RESIDENTS NEED TO REPORT DAMAGE-WHICH OFFICIALS SAY IS THE MOST IMPORTANT THING RIGHT NOW. THOSE REPORTS WILL GO TO THE FEDERAL GOVERNMENT IN HOPES OF GETTING APPROVED FOR FEMA ASSISTANCE. ACCORDING TO THE CITY OF VIRGINIA BEACH, HER HOME WAS ONE OF 1400 IN THE CITY WITH SOME TYPE OF STORM DAMAGE.

10/19/16 11:00PM (20 SECONDS) T-MOBILE FACES A 48-MILLION DOLLAR FINE FROM THE F-C-C. THE FEDERAL GOVERNMENT SAYS IT'S DUPED CONSUMERS WITH SO-CALLED UNLIMITED DATA PLANS. IT SAYS T-MOBILE DIDN'T TELL CUSTOMERS THERE **WERE** ACTUALLY LIMITS, AND THE COMPANY WOULD SLOW DATA SPEEDS FOR THE HEAVIEST DATA USERS. IN A TWEET, THE C-E-O SAYS IT WAS A QUOTE "GOOD SETTLEMENT" AND MORE INFORMATION IS GOOD FOR CUSTOMERS.

10/24/16 11:00PM (20 SECONDS) NOW TO DEVELOPING NEWS IN PORTSMOUTH -- THE FEDERAL GOVERNMENT SAYS IT'LL CONDUCT AN ON-SITE REVIEW OF THE PORTSMOUTH REDEVELOPMENT AND HOUSING AUTHORITY. THE INTERIM EXECUTIVE DIRECTOR OF THE P-R-H-A TELLS US, THIS ISN'T A SCHEDULED VISIT, BUT SHE DOESN'T EXPECT HUD TO ABSORB THE AGENCY. SHE'S ALSO NOT WORRIED ABOUT JOB LOSS. HUD IS REQUESTING DOCUMENTS IN 28 AREAS OF CONCERN.

10/25/16 11:00PM (25 SECONDS) CONTINUING COVERAGE OF CLEANUP FROM HURRICANE MATTHEW --WE'RE GETTING A BETTER IDEA OF HOW THE FEDERAL GOVERNMENT IS HELPING NORTH CAROLINA FLOOD VICTIMS. ACROSS THE STATE, FEMA HAS APPROVED NEARLY 44-MILLION DOLLARS IN AID FOR FAMILIES AND INDIVIDUALS. AND IF YOU LIVE IN CAMDEN, CHOWAN, CURRITUCK AND PASQUOTANK COUNTIES ARE ALSO ELIGIBLE TO APPLY. MATTHEW CAUSED FLOODING AND STORMS DAMAGE ACROSS OUR AREA ABOUT TWO WEEKS AGO.

10/29/16 11:00PM (35 SECONDS) TONIGHT AT 11 - WE CONTINUE TO FOLLOW BIG NATIONAL NEWS FROM NORTH DAKOTA. TRIBAL LEADERS CONTINUE TO ASK FOR HELP FROM THE UNITED NATIONS - TO PROTECT NATIVE AMERICANS PROTESTING THE CONTROVERSIAL OIL PIPELINE. TWO DIFFERENT SIOUX (SUE) TRIBAL CHAIRMAN SAY THE U-S FEDERAL GOVERNMENT HAS FAILED TO PROTECT THEM. ON THURSDAY - POLICE ARRESTED MORE THAN 140 PEOPLE. DOZENS WERE HURT DURING THE CLASH WITH POLICE. MORE THAN 400 PROTESTERS HAVE BEEN ARRESTED SINCE AUGUST. NATIVE AMERICANS SAY THE PIPELINE WILL DESTROY SACRED LANDS AND COULD POLLUTE THE A CLEAN WATER SOURCE FOR MILLIONS OF PEOPLE.

11/1/16 11:00PM (20 SECONDS) NEW TONIGHT. GOVERNOR PAT MCCRORY SAYS THE FEDERAL GOVERNMENT HAS APPROVED MORE DISASTER RELIEF FOR THOSE OF YOU DEALING WITH DAMAGED PROPERTIES IN HERTFORD COUNTY. THAT MEANS YOU CAN NOW APPLY FOR INDIVIDUAL ASSISTANCE AS YOU WORK TO RECOVER FROM HURRICANE MATTHEW. SO FAR, HE SAYS THE FEDS HAVE APPROVED 61-MILLION DOLLARS IN AID IN AFFECTED AREAS.

11/2/16 11:00PM (20 SECONDS) THE FEDERAL GOVERNMENT IS WORKING TO FIGHT HUMAN TRAFFICKING IN OUR AREA. IN VIRGINIA BEACH TODAY, VIRGINIA ATTORNEY GENERAL MARK HERRING ANNOUNCED A ONE-POINT-FOUR MILLION DOLLAR FEDERAL GRANT TO HELP WITH EFFORTS IN HAMPTON ROADS. SOME WILL GO TOWARD CREATING A TASK FORCE -- SO DIFFERENT AGENCIES CAN WORK TOGETHER AND FIND THE SUSPECTS.

11/3/16 12:00PM (25 SECONDS) IN A MAJOR BLOW FOR BRITAIN'S GOVERNMENT, THE HIGH COURT SAYS THE PRIME MINISTER cannot TRIGGER THE U-K'S EXIT FROM THE EUROPEAN UNION WITHOUT APPROVAL FROM PARLIAMENT. THAT MOVE HAS EVEN ALLOWED THE BRITISH POUND TO CLIMB BY ABOUT ONE-PERCENT FOLLOWING THE RULING. THE GOVERNMENT IS LIKELY TO APPEAL TODAY'S RULING TO THE SUPREME COURT. PLANS ARE BEING CHALLENGED IN A CASE WITH MAJOR CONSTITUTIONAL IMPLICATIONS, HINGING ON THE BALANCE OF POWER BETWEEN PARLIAMENT AND THE GOVERNMENT.

11/9/16 11:00PM (35 SECONDS) NOW TO DECISION 2016 AND A POLITICAL UPHEAVAL IN PORTSMOUTH. TONIGHT, A POLITICAL ACTION COMMITTEE IS TAKING CREDIT FOR THE SHAKE-UP. THIS AFTER NEARLY TWO YEARS OF DRAMA IN CITY GOVERNMENT THAT WE'VE WATCHED PLAY OUT. 10 ON YOUR SIDE'S JOE FISHER JOINS US NOW -- AND JOE -- THE NEWLY-ELECTED CANDIDATES ARE PROMISING BIG CHANGE. TOM, ANITA -- MANY OF THE NEW CANDIDATES ADMIT THE CITY HAS AN IMAGE PROBLEM THAT NEEDS FIXING. CALL IT A CLEAN SWEEP LAST NIGHT FOR PEOPLE OF PORTSMOUTH. ALL EIGHT CANDIDATES THAT PAC ENDORESED --- WON THEIR RESPECTIVE RACES. TONIGHT, THE PRESIDENT OF THE GROUP NOW SAYS PORTSMOUTH IS POISED FOR PROGRESS.

11/14/16 12:00PM (30 SECONDS) WE'RE FOLLOWING DEVELOPING NEWS OUT OF SYRIA WHERE RESIDENTS IN THE WAR RAVAGED EASTERN ALEPPO GOT A WARNING TO LEAVE THE CITY IN THE NEXT 24 HOURS. THE SYRIAN GOVERNMENT SENT THE TEXT MESSAGE EARLY YESTERDAY. THE MESSAGE SAID THE CITY WOULD BE BOMBED AND PEOPLE NEEDED TO LEAVE NOW. SYRIAN REBELS WERE ALSO GIVEN AN ULTIMATIM TO SURRENDER OR BE KILLED. RIGHT NOW, THERE ARE NO REPORTS OF ANY BOMBINGS, BUT FIGHTER JETS WERE SPOTTED OVER THE CITY EARLY THIS MORNING. WE'LL CONTINUE TO FOLLOWING THIS AND BRING YOU ANY UPDATES AS THEY BECOME AVAILABLE.

11/14/16 11:00PM (35 SECONDS) NEW TONIGHT. A FEDERAL TRIAL ON THE FUTURE OF H-B-2 WON'T START UNTIL AT LEAST LATE NEXT SUMMER. IT WAS SUPPOSED TO BEGIN THIS MONTH, BUT A U-S MAGISTRATE JUDGE HAS GRANTED A DELAY -- WHILE THE SUPREME COURT CONSIDERS THE OUTCOME OF GAVIN GRIMM'S CASE.GRIMM IS A GLOUCESTER COUNTY HIGH SCHOOL STUDENT. WE'VE REPORTED HE WAS BORN FEMALE BUT IDENTIFIES MALE -- AND IS FIGHTING TO USE THE MEN'S ROOM AT SCHOOL. THE SCHOOL BOARD IS BLOCKING HIM -- BUT JUSTICES WILL HAVE THE FINAL SAY. H-B-2 FORCES TRANSGENDER PEOPLE IN NORTH CAROLINA TO USE GOVERNMENT RESTROOMS BASED OFF THEIR BIRTH CERTIFICATES NOT WHAT MAKES THEM MOST COMFORTABLE.

11/18/16 12:00PM (25 SECONDS) MORE THAN 8-MILLION AMERICANS A YEAR ARE INJURED DURING RECREATIONAL SPORTS OR EXERCISE. GOVERNMENT DATA FROM 2011 THROUGH 2014 SHOWS THESE INJURIES WERE MORE COMMON AMONG CHILDREN, MALES AND WHITES. ABOUT ONE-THIRD OF INCIDENTS HAPPENED AT A PLAYGROUND OR ATHLETIC FIELD AND ONE-QUARTER WERE CAUSED BY A FALL. THE MAJORITY OF PATIENTS SUFFERED SPRAINS OR FRACTURES WHILE ABOUT FIVE PERCENT WERE DIAGNOSED WITH A TRAUMATIC BRAIN INJURY.

11/28/16 11:00PM (20 SECONDS) NOW CONTINUING COVERAGE OF A LESSON IN LOCAL GOVERNMENT. EARLIER THIS MONTH, THE ENTIRE FRANKLIN SCHOOL BOARD RESIGNED. WE'VE BEEN TELLING YOU CITY OFFICIALS ASKED MEMBERS TO STEP DOWN OVER CLAIMS OF MISMANAGED MONEY. 10 ON YOUR SIDE'S LIZ KILMER FOLLOWED UP AT A PUBLIC MEETING -- WHERE THE CITY HOPED TO FIND A NEW BOARD. LIZ?

12/1/16 12:00PM (25 SECONDS) NEW THIS MIDDAY -- A SCHOOL IN IDAHO IS SINGING A DIFFERENT TUNE AFTER THE FEDERAL GOVERNMENT SAYS IT DISCRIMINATES AGAINST ITS CHILDREN --BASED ON THEIR SEX. THIS IS WHAT THE CLASSROOM AT MIDDLETON HEIGHTS ELEMENTARY SCHOOL USED TO LOOK LIKE. BOYS WERE IN ONE CLASS AND GIRLS WERE IN ANOTHER. SCHOOL OFFICIALS SAY THEY SEPARATED STUDENTS

TO HELP IMPROVE ON THEIR LESSONS.THE A-C-L-U FILED A COMPLAINT AGAINST THE SCHOOL CALLING ITS PRACTICES HARMFUL TO STUDENTS.

12/8/16 12:00PM (25 SECONDS) THE GOVERNMENT CONTROLLED SYRIAN CENTRAL MILITARY MEDIA RELEASED video THAT SHOWS PLUMES OF SMOKE RISING ABOVE BUILDINGS IN EASTERN ALEPPO YESTERDAY AMID THE SOUND OF EXPLOSIONS AND GUNFIRE. ACCORDING TO SYRIA'S STATE MEDIA, SYRIAN GOVERNMENT TROOPS AND ALLIES HAVE SEIZED MORE GROUND IN ALEPPO'S ANCIENT QUARTERS, FURTHER WIDENING CONTROL OVER AN ENCLAVE IN THE DIVIDED CITY WHICH HAS BEEN IN REBEL HANDS SINCE 2012.THERE WAS NO IMMEDIATE OPPOSITION COMMENT ON THE GOVERNMENT ADVANCE.

12/12/16

12:00PM

(40 SECONDS) CHRISTMAS COULD BE CANCELED FOR SOME FAMILIES IN VENEZUELA AFTER THE GOVERNMENT PULLED NEARLY FOUR MILLION TOYS FROM THE SHELVES. THEY SAY THEY HAD TO DO SOMETHING SO PROTECT IMPOVERISHED FAMILIES FROM GETTING RIPPED OFF BY RETAILERS. GOVERNMENT OFFICIALS ACCUSED A TOY DISTRIBUTOR OF HOARDING THE TOYS TO SELL AT A HIGHLY INFLATED PRICE FOR THE HOLIDAY SEASON. VENEZULEAN PRESIDENT, NICOLAS MADURO SAYS THE TOYS WILL BE MADE AVAILABLE AT UNDER-MARKET PRICES TO FAMILIES WITH CHILDREN IN IMPOVERISHED NEIGHBORHOODS. SOME CONSUMERS ARE CALLING THE PRESIDENT THE GRINCH WHO STOLE CHRISTMAS AND SAY HIS MOVE IS UNFAIR. BUSINESS OWNERS SAY THE MADURO'S ACTIONS WILL FORCE SOME STORES TO CLOSE UP SHOP GOING INTO THE NEW YEAR.

12/14/16 12:00PM (35 SECONDS) IN ARIZONA, MEXICAN AUTHORITES AND ARIZONA OFFICERS ARE TEAMING UP TO STOP CRIMINALS AND CUT ILLEGAL PRODUCTS FROM CROSSING THE BORDER. THE PROGRAM IS CALLED "UNIFIED CARGO PROCESSING." THE PROGRAM HAS U-S AND MEXICO AGENCIES WORK TOGETHER TO INSPECT COMMERCIAL TRUCKS COMING INTO THE U-S FROM MEXICO. RIGHT NOW ONLY ONE ENTRY PORT HAS THE PROGRAM. DURING THE PILOT PROGRAM, WAIT TIMES FOR COMMERCIAL TRUCKS WAS CUT DOWN TO ALMOST 20 MINUTES STATE LEADERS SAY THE PROGRAM ALSO SAVED GOVERNMENT MORE THAN 700 THOUSAND DOLLARS IN LOGISTIC COSTS. THE NEXT PHASE OF PROGRAM WOULD BE INCLUDE RAILROADS AND OTHER PORTS IN ARIZONA.

12/16/16 12:00PM (25 SECONDS) MEANWHILE, PEOPLE ALL OVER THE WORLD ARE UNITING TO STAND WITH THE CITIZENS CAUGHT IN THE THE CRISIS IN ALEPPO. YESTERDAY IN TAMPA, SEVERAL PEOPLE CAME TOGETHER AND HELD A VIGIL FOR THE PEOPLE IN ALEPPO. THOSE PEOPLE ARE CALLING FOR THE U-S GOVERNMENT TO HELP SYRIANS.THEY ALSO PRAYED FOR THEIR SAFETY. A FEW SYRIAN-BORN PEOPLE WENT TO THE VIGIL. THEY SAY MORE NEEDS TO BE DONE TO GET THE CITIZENS OUT OF THE CITY.

12/19/16 12:00PM (30 SECONDS) A SEVEN-YEAR-OLD GIRL AND HER MOTHER, WHO TWEETED ABOUT LIVING CONDITIONS UNDER THE SYRIAN GOVERNMENT'S ASSAULT ON EASTERN ALEPPO, WERE PART OF THAT EVACUATION. SPEAKING TODAY - FATEMAH ALABED SAID SHE WAS GLAD TO BE SAFE BUT EXPRESSED REGRET FOR LEAVING HER HOME CITY. STANDING WITH HER ARM AROUND HER DAUGHTER - FATEMAH SAID SHE DID NOT WANT TO LIVE AS A REFUGEE. THEIR TWITTER ACCOUNT SPOKE OF THE HARROWING CONDITIONS AND NEAR DEATH EXPERIENCES.THE ACCOUNT HAS MORE THAN 326-THOUSAND FOLLOWERS.

12/19/16 12:00PM (30 SECONDS) CHINA'S FOREIGN MINISTRY SAYS THE CHINESE AND U-S MILITARIES ARE DISCUSSING THE RETURN OF A U-S UNDERWATER DRONE TAKEN BY A CHINESE NAVAL VESSEL IN THE SOUTH CHINA SEA LAST WEEK.IT WAS REPORTED TAKEN ON THURSDAY - FROM WATERS OFF THE COAST OF THE PHILIPPINES. PRESIDENT-ELECT TRUMP QUICKLY ACCUSED BEIJING OF STEALING THE EQUIPMENT. THE PENTAGON SAID SATURDAY - IT HAD SECURED A DEAL TO GET THE DRONE BACK. THE DRONE, WHICH THE PENTAGON SAID WAS OPERATING LAWFULLY, WAS COLLECTING DATA ABOUT THE SALINITY, TEMPERATURE AND CLARITY OF THE WATER.

12/20/16 12:00PM (35 SECONDS) A CONGRESSIONAL LEADER IN ARKANSAS SAYS HE'S HURT THE GOVERNMENT WOULD MAKE A HUGE DECISION ABOUT A REFUGEE FACILITY IN HIS STATE WITHOUT TELLING HIM. REPRESENTATIVES FROM THE DEPARTMENT OF HEALTH AND HUMAN SERVICES TOURED A FORMER JOB CORPS HEADQUARTERS IN ROYAL, ARKANSAS LAST WEEK WITH PLANS TO POSSIBLY IT INTO A TEMPORARY CAMP FOR REFUGEES. REPRESENTATIVE BRUCE WESTERMANS SAYS NO ONE CONSULTED HIM OR HIS CONSTITUENTS ABOUT THE MOVE. THE DECISION IS NOT FINAL BUT WESTERMAN SAYS HE PLANS TO DO EVERYTHING HE CAN TO STOP THE CAMP FROM HAPPENING. HE SAYS HE DOESN'T BELIEVE IT'S IN THE BEST INTEREST OF HIS STATE.

2) MILITARY

10/4/16 6:00PM (20 SECONDS) THE DIRECT HIT TAKEN BY MATTHEW IN HAITI IS SURE TO BE DEVASTATING.THEY'RE STILL SUFFERING FROM THE EARTHQUAKE SEVERAL YEARS AGO. SOME LOCAL MEMBERS OF THE MILITARY ARE HEADED THAT WAY TO HELP IF NEEDED-- TO SPEED UP THAT RECOVERY PROCESS. 10 ON YOUR SIDE'S DEANNA LEBLANC HAS MORE FROM NAVAL STATION NORFOLK.

10/9/16 6:00PM (15 SECONDS) 10 ON YOUR SIDE GOT AN UPDATE TODAY FROM THE MILITARY ABOUT HOW THE NAVY AND LOCAL SHIPS ARE HELPING WITH HURRICANE MATTHEW RELIEF IN HAITI. THE U-S-N-S COMFORT LEFT NAVAL STATION NORFOLK ON TUESDAY WITH 280 MEDICAL PERSONNEL TO STAND BY IN CASE THEY ARE NEEDED.

10/15/16 6:00PM (25 SECONDS) IT'S THAT TIME OF YEAR - WHEN PEOPLE START TO GET THOSE FLU SHOTS. EARLIER TODAY - THAT WAS THE CASE IN VIRGINIA BEACH. THE HEALTH DEPARTMENT HOSTED A FREE FLU VACCINATION CLINIC. IT WAS HELD AT NEWTOWN ELEMENTARY AND BIRDNECK ELEMENTARY SCHOOLS. THERE WAS A SIMILAR EVENT HELD TODAY AT THE NORFOLK MILITARY CIRCLE MALL. IF YOU COULDN'T MAKE TODAY'S CLINIC - CALL THE HEALTH DEPARTMENT AND THEY CAN HELP YOU GET YOUR SHOT.

10/16/16 6:00PM (30 SECONDS) A NAVY SERVICE MEMBER RECEIVED A PROPER FUNERAL YESTERDAY - 75-YEARS AFTER HIS DEATH. FIREMAN THIRD-CLASS PETTY OFFICER EDWIN HOPKINS WAS BURIED WITH FULL MILITARY HONORS IN HIS HOMETOWN, KEENE, NEW HAMPSHIRE. HE WAS KILLED IN THE PEARL HARBOR ATTACKS ON DECEMBER 7TH, 19-41. HOPKINS WAS LATER BURIED IN AN ANONYMOUS GRAVE IN HONOLULU. BUT HIS FAMILY HAD NO IDEA WHAT HAPPENED TO HIM UNTIL D-N-A SCIENCE CONFIRMED HIS IDENTITY MANY YEARS LATER. HIS COUSIN SAID SATURDAY WAS A DAY TO CELEBRATE... BECAUSE HOPKINS FINALLY MADE HIS WAY BACK HOME. HE WAS KILLED SERVING ON THE U-S-S OKLAHOMA WHEN HE WAS 19.

10/22/16 6:00PM (30 SECONDS) TEN ON YOUR SIDE'S DEANNA LEBLANC HELPED KICK OFF THE NAVY SEAL FOUNDATION'S ANNUAL JOGGIN FOR FROGMEN FIVE-K - IN VIRGINIA BEACH TODAY.REPORTERS JOE FISHER AND JASON MARKS - TOOK PART IN THE RACE. IT KICKED OFF AT THE MILITARY AVIATION MUSEUM JUST AFTER EIGHT THIS MORNING. THE MONEY RAISED HELPS PROVIDE ONGOING SUPPORT TO VETERANS, ACTIVE DUTY, THE WOUNDED, AND FAMILIES OF THE FALLEN. OVER THE LAST FIVE YEARS - NATIONWIDE - THIS EVENT HAS RAISE MORE THAN HALF A MILLION DOLLARS FOR THE NAVY SEAL FOUNDATION.

10/23/16 6:00PM (20 SECONDS) KURDISH FORCES SAY THEY LAUNCHED A DAWN OFFENSIVE ON TWO FRONTS TO RETAKE MOSUL TODAY. THE PUSH TO RETAKE THE CITY IS THE BIGGEST MILITARY OPERATION IN IRAQ SINCE U-S TROOPS WITHDREW IN 20-11. THE COUNTRY'S SECOND LARGEST CITY FELL TO ISIS IN 20-14. THE OPERATION TO RETAKE MOSUL IS EXPECTED TO TAKE WEEKS, IF NOT MONTHS.

10/23/16 6:00PM (25 SECONDS) THE U-S SECRETARY OF DEFENSE ASH CARTER IS IN IRAQ TODAY. HE'S IN ERBIL TO GET A CLOSER LOOK AT THE FIGHT AGAINST ISIS MILITANTS IN NORTHER IRAQ. THE DEFENSE SECRETARY MET WITH THE PRESIDENT OF IRAQ'S KURDISH REGION. THEY SPOKE ABOUT THE ROLE OF TURKISH TROOPS IN THE REGION.CARTER WAS ALSO EXPECTED TO MEET WITH MILITARY COMMANDERS WHO ARE NOT FAR FROM THE BATTLE TO RETAKE MOSUL FROM ISIS.

10/27/16 6:00PM (25 SECONDS) THE CLEAN-UP FROM HURRICANE MATTHEW SEEMS TO BE NEVER ENDING. TEAM RUBICON, A VETERANS-BASED VOLUNTEER GROUP HAS BEEN HELPING IN OUR AREA FOR TWO WEEKS. TODAY, THEY WERE IN THE BOW CREEK AREA OF VIRGINIA BEACH WHERE THEY CLEANED UP THEIR 42ND HOME. THE HOME BELONGED TO A MILITARY FAMILY WHO SAID THEY DIDN'T RECOGNIZE THEIR OWN HOME AFTER HURRICANE MATTHEW CAME THROUGH. SO THEY'RE GRATEFUL FOR THE HELP.

11/10/16 11:00PM (25 SECONDS) THE PRIME MINISTER OF AUSTRALIA SAYS HE HAD A "WARM AND CONSTRUCTIVE" TELEPHONE CONVERSATION WITH TRUMP. EARLIER TODAY PRIME MINISTER MALCOLM TURNBULL SAID HE SPOKE WITH THE PRESIDENT-ELECT, AND THE TWO AGREED ON THE IMPORTANCE OF THE U-S MILITARY ALLIANCE WITH AUSTRALIA. THE TWO COUNTRIES HAVE A 65-YEAR-OLD DEFENSE AGREEMENT AND HAVE FOUGHT SIDEBY-SIDE IN MAJOR CONFLICTS.

11/10/16 11:00PM (25 SECONDS) FROM BOOTS TO BRIDAL -- A LOCAL BRIDAL SALON IS GIVING AWAY FREE GOWNS TO MILITARY BRIDES THIS WEEKEND.SUNDAY, AVA CLARA COUTURE BRIDAL IN VIRGINIA BEACH SAYS IT'S TAKING PART IN OPERATION WEDDING GOWN OF BRIDES ACROSS AMERICA. IT'S GIVING AWAY GOWNS TO OUR DEVOTED SERVICEMEMBERS. LAST YEAR, EVERY BRIDE WHO ATTENDED WALKED AWAY WITH A GOWN OF HER CHOICE.THE EVENT IS FIRST COME, FIRST SERVE. DOORS OPEN AT 8:30 A-M.

11/14/16 12:00PM (30 SECONDS) IN AFGHANISTAN WE NOW KNOW THE NAME OF TWO SOLDIERS KILLED BY THE SUICIDE BOMBER NEAR THE BAGRAM AIRFIELD SATURDAY MORNING. INVESTIGATORS SAY 30 YEAR OLD **SERGEANT JOHN W. PERRY** AND 20 YEAR OLD P-F-C **TYLER IUBELT** WERE TWO OF THE FOUR AMERICANS KILLED IN THE BOMBING.16 OTHERS WERE HURT. A TALIBAN SPOKESPERSON CLAIMED RESPOSIBILITY FOR THE ATTACK. THE SPOKESMAN SAYS THE ATTACK ON THE AIRFIELD HAS BEEN IN THE WORKS FOR MONTHS. THE AIRFIELD IS THE LARGEST U.S. MILITARY BASE IN AFGHANISTAN. THE MILITARY HAS STILL NOT RELEASED THE NAMES OF THE OTHER TWO AMERICANS KILLED IN THE ATTACK.

11/17/16 12:00PM (35 SECONDS) THE U-S EMBASSY IN JORDAN IS REFUTING CLAIMS THAT AMERICAN SOLDIERS SPARKED A DEADLY SHOOTING ON A JORDAN MILITARY BASE EARLIER THIS MONTH BY DISOBEYING DIRECT ORDERS FROM JORDANIAN SOLDIERS. THREE AMERICAN SOLDIERS WERE KILLED IN THE NOVEMBER FOURTH SHOOTING.FEW DETAILS HAVE EMERGED AS THE U-S DEPARTMENT OF DEFENSE SAYS THE INVESTIGATION IS ONGOING.THE U-S EMBASSY IN JORDAN SPOKESMAN SAID TODAY THAT INVESTIGATORS "HAVE NOT YET RULED OUT TERRORISM AS A POTENTIAL MOTIVE." FOLLOWING THE SHOOTING, JORDAN ISSUED A STATEMENT THAT THE AMERICANS HAD DISOBEYED COMMANDS FROM BASE STAFF AND THEN WERE FIRED UPON.

11/22/16 11:00PM (20 SECONDS) IF YOU'RE IN THE MILITARY, THE NAVY SAYS YOU CAN'T SHOP AT A VIRGINIA BEACH CAR DEALERSHIP. IT SAYS U-S AUTO EXCELLENCE ON HOLLAND ROAD HAS ENGAGED IN UNFAIR BUSINESS PRACTICES. THE NAVY SAYS THE DEALERSHIP IS OFF LIMITS UNTIL ITS NEXT MEETING. THE BUSINESS MAY TAKE CORRECTIVE ACTION AND EVENTUALLY GET OFF THE LIST.

11/22/16 11:00PM (25 SECONDS) FOLLOWING UP ON ARTWORK -- MANY OF YOU WERE SAD TO SEE GO. WE'VE LEARNED AN ARTIST AND HOTEL ARE WORKING TO BRING

BACK A MILITARY TRIBUTE MURAL. THE OPERATOR OF WHAT IS NOW THE HOWARD JOHNSON ON ATLANTIC AVENUE STARTED PAINTING OVER IT.10 ON YOUR SIDE'S LIZ KILMER SPOKE WITH THE ARTIST AND PROPERTY EXECUTIVE LIZ -- WHAT ARE THE PLANS?

11/28/16 11:00PM (20 SECONDS) NEW TONIGHT. UNSAFE -- UNPROFESSIONAL ACTIVITY FROM IRAN IN THE PERSIAN GULF. THE NAVY SAYS IT INVOLVED A HELICOPTER ATTACHED TO THE LOCALLY BASED U-S-S DWIGHT D EISENHOWER AIRCRAFT CARRIER. NAVY OFFICIALS SAY AN IRANIAN BOAT TRAINED ITS GUN AT THE PASSING HELO OVER THE WEEKEND. NEITHER SIDE FIRED -- NOT EVEN A WARNING SHOT. THE U-S MILITARY AND IRAN HAVE HAD SEVERAL RECENT ENCOUNTERS.

11/29/16 12:00PM (25 SECONDS) NEW RESEARCH LINKS DEPRESSION IN SOLDIERS TO BRAIN DISRUPTIONS CAUSED BY HEAD INJURIES. SCIENTISTS AT WALTER REED NATIONAL MILITARY CENTER USED M-R-I TO SCAN 130 SOLDIERS WITH A TRAUMATIC BRAIN INJURY. THEY FOUND BRAIN CIRCUITS CONNECTED TO EMOTIONAL CONTROL WERE DISRUPTED IN PATIENTS WITH DEPRESSION. EXPERTS SAY THESE FINDINGS COULD LEAD TO NEW TREATMENTS FOR INJURY-RELATED MOOD DISORDERS.

12/6/16 11:00PM (35 SECONDS) IF YOUR FAMILY INCLUDES A MILITARY VETERAN IN NEED, THERE'S A CHANCE YOU COULD GET HELP PAYING FOR BURIAL SERVICES.HOUSE LAWMAKERS HAVE APPROVED A BILL, EXPANDING BURIAL OPTIONS FROM THE V-A, ESPECIALLY FOR VETS WHO ARE STRUGGLING FINANCIALLY. UNDER THE OLD LAW, V-A ASSISTANCE WAS ONLY LIMITED TO VETERANS BURIED IN NATIONAL CEMETERIES. WITH TODAY'S PASSAGE -- THE V-A PROGRAM ALLOWS FAMILES TO CHOOSE STATE OR TRIBAL CEMETERIES -- WHILE STILL RECEIVING AID. LAWMAKERS HOPE THE CHANGE WILL ALLOW MORE FAMILIES TO BE CLOSER TO BURIED LOVED ONES. THE SENATE HAS ALREADY APPROVED THE MEASURE, AND IT JUST NEEDS THE PRESIDENT'S SIGNATURE.

12/8/16 11:00PM (35 SECONDS) NEW INFORMATION ABOUT WHAT DEPUTIES CALL HATEFUL GRAFITTI IN YORK COUNTY. THEY SAY SOMEONE TARGETED A SERVICE MEMBER'S VEHICLE, AND THAT PERSON SHOULD BE ASHAMED. LAST WEEK, POLICE FROM JOINT BASE LANGLEY EUSTIS WOKE THE MAN IN THE MIDDLE OF THE NIGHT -- TO SHARE THE DISTURBING MESSAGE. 10 ON YOUR SIDE'S LIZ KILMER SPOKE WITH HIM TONIGHT. HE'S AN AFRICAN AMERICAN MAN, HURT TO FIND A RACIALLY OFFENSIVE MESSAGE, WITH PROFANITY, PAINTED ACROSS HIS PICK UP TRUCK-- --PARKED IN HIS QUIET NEIGHBORHOOD OF MILITARY FAMILIES. INVESTIGATORS SAY THEY ARE ACTIVELY WORKING TO FIND OUT WHO DID THIS TO SOMEONE SERVING OUR COUNTRY.

12/8/16 11:00PM (25 SECONDS) NEW TONIGHT. TWO JUVENILES FACE CHARGES IN CHESAPEAKE AFTER A POLICE CHASE. JUST BEFORE FIVE, OFFICERS SAY THEY TRIED PULLING A STOLEN VEHICLE OVER ON FISHER AVENUE, NEAR PROVIDENCE ROAD. WHEN THE DRIVER REFUSED TO STOP, INVESTIGATORS SAY THE JUVENILES DROVE TO THE INTERSECTION OF SOUTH MILITARY HIGHWAY -- AND JUMPED OUT. OFFICERS CAUGHT BOTH PEOPLE -- BUT SAY THERE COULD BE MORE ON THE LOOSE. NO ONE WAS HURT.

12/12/16 11:00PM (20 SECONDS) ALSO NEW, A SETBACK FOR THOSE WHO WANT A U-S MILITARY BASE MOVED IN OKINAWA, JAPAN. THE SUPREME COURT SAYS IT WILL NOT HEAR AN APPEAL -- ABOUT THE FIGHT TO RELOCATE FUTENMA AIR STATION. OKINAWA'S GOVERNOR IS DISAPPOINTED WITH THE DECISION BUT SAYS HE WILL ABIDE BY IT. LOCALS HAVE LONG COMPLAINED THE U-S MILITARY PRESENCE IS LINKED TO NOISE, CRIME AND SAFETY ISSUES.

12/15/16 11:00PM (25 SECONDS) A POTENTIALLY DANGEROUS DRUG OPERATION IN VIRGINIA BEACH IS DEVELOPING TONIGHT. VIRGINIA STATE POLICE SAY THEY'VE FOUND A METH LAB AT A HOME -- WE FOUND TROOPERS IN HAZMAT GEAR, INVESTIGATING ON EASTPORT ROAD, A FEW BLOCKS FROM THE INTERSECTION OF INDIAN RIVER ROAD AND

SOUTH MILITARY HIGHWAY. EARLY THIS MORNING, THEY CAME BY TO SERVE A WARRANT WITH HELP FROM THE D-E-A, DEPARTMENT OF HOMELAND SECURITY, VIRGINIA BEACH POLICE AND V-DEM. NEIGHBORS SAY THEY HAD NO IDEA --

12/19/16 11:00PM (30 SECONDS) DEVELOPING TONIGHT. FOUR PEOPLE ARE IN CUSTODY AFTER THE ASSASSINATION OF A RUSSIAN AMBASSADOR IN TURKEY. THEY INCLUDE THE SHOOTER'S FAMILY AND ROOMMATE. PICTURES SHOW THE MOMENTS BEFORE THE 22-YEAR-OLD VETERAN RIOT POLICE OFFICER OPENED FIRE AT A PHOTO EXHIBITION IN ANKARA. 62-YEAR-OLD AMBASSADOR ANDREI KARLOV DIED. POLICE LATER KILLED THE GUNMAN. A MOTIVE IS STILL UNCLEAR TONIGHT -- BUT WITNESSES SAY HE SHOUTED ABOUT THE MILITARY BATTLE FOR ALEPPO -- WHICH INVOLVES RUSSIA. RUSSIA CALLS THE KILLING AN ACT OF TERROR, AND THE U-S HAS CONDEMNED THE ATTACK.

12/20/16 11:00PM (20 SECONDS) NEW AT 11.CHESAPEAKE CITY COUNCIL HAS GIVEN THE GO-AHEAD --FOR A POWER PLANT ALONG THE ELIZABETH RIVER. THE GILMERTON ENERGY CENTER WOULD USE THREE GAS TURBINES AND ONE STEAM TURBINE TO SUPPORT VIRGINIA'S ELECTRICITY SUPPLY. COUNCIL VOTED 9 TO 1 TO REZONE THE LAND ON SOUTH MILITARY HIGHWAY -- SO MATEX VIRGINIA POWER COULD BEGIN CONSTRUCTION.

12/28/16 11:00PM (30 SECONDS) LOOKING AHEAD TO FRIDAY -- WHEN THOUSANDS OF MILITARY FAMILIES WILL REUNITE WITH LOVED ONES. THE U-S-S DWIGHT D EISENHOWER STRIKE GROUP IS RETURNING TO NAVAL STATION NORFOLK -- WITH SIX-THOUSAND CREW MEMBERS.THE U-S-S SAN JACINTO, THE MASON AND THE NITZE WILL JOIN THE CARRIER.THE STRIKE GROUP HAS SPENT THE PAST SEVEN MONTHS HELPING U-S EFFORTS IN THE MIDDLE EAST. WE PLAN TO BE THERE TOMORROW AS CARRIER AIR WING 3 COMES HOME AND FRIDAY - AS THE SHIPS PULL IN. LOOK FOR FULL COVERAGE THROUGHOUT OUR NEWSCASTS AND WAVY DOT COM.

12/29/16 11:00PM (20 SECONDS) IT'S A MOMENT THAT NEVER GETS OLD FOR MILITARY FAMILIES. TODAY MARKED THE FIRST OF TWO HOMECOMINGS THIS WEEK. PILOTS WITH CARRIER AIR WING THREE MADE THEIR WAY BACK TO NAVAL AIR STATION OCEANA IN VIRGINIA BEACH. THE WILDCATS, GUNSLINGERS AND SWORDSMEN HAVE HELPED DROP MORE THAN ONE MILLION BOMBS OVER IRAQ AND SYRIA--BUT TONIGHT IS TIME FOR MUCH NEEDED REST.

3) ECONOMY

10/5/16 6:00AM (20 SECONDS) NOW TO DECISION 2016 AND THE VICE-PRESIDENTIAL DEBATE. THE EYES OF THE COUNTRY WERE ON LONGWOOD UNIVERSITY LAST NIGHT AS CANDIDATES TIM KAINE AND MIKE PENCE TOOK THE STAGE.THEY TALKED ABOUT THE ECONOMY, IMMIGRATION, DONALD TRUMP'S TAXES AND HILLARY CLINTON'S E-MAILS.10 ON YOUR SIDE'S ANDY FOX WAS IN FARMVILLE. LOOK FOR HIS FULL REPORT IN OUR NEXT HALF HOUR.

10/5/16 5:30PM (25 SECONDS) THE CANDIDATES ARE BACK ON THE CAMPAIGN TRAIL -- FOLLOWING LAST NIGHT'S VICE PRESIDENTIAL DEBATE IN FARMVILLE. INDIANA GOVERNOR MIKE PENCE AND VIRGINIA SENATOR TIM KAINE -- SPARRED FOR 90-MINUTES OVER SOME OF THE HOT BUTTON ISSUES OF THE CAMPAIGN - INCLUDING THE ECONOMY - IMMIGRATION AND TERRORISM.THE TWO CANDIDATES ALSO CLASHED OVER ANOTHER HOT TOPIC IN THIS ELECTION: DONALD TRUMP'S TAX RETURNS:

10/7/16 5:30PM (30 SECONDS) THE UNEMPLOYMENT RATE WENT UP SLIGHTLY LAST MONTH, BUT, ANALYSTS SAY THE ECONOMY REMAINS HEALTHY.THE LABOR DEPARTMENT REPORTS THE RATE TICKED UP TO 5 PERCENT FROM 4.9 PERCENT IN AUGUST. BUT THAT'S NOT ALL NEGATIVE ACCORDING TO ECONOMISTS. THE NUMBERS SHOW

EMPLOYERS ADDED 156 THOUSAND JOBS IN SEPTEMBER -- AS MORE AMERICANS CAME OFF THE SIDELINES TO LOOK FOR WORK. SO FAR THIS YEAR JOB GROWTH HAS AVERAGED 178-THOUSAND A MONTH, DOWN FROM LAST YEAR'S PACE OF 229 THOUSAND. HOWEVER, HIRING AT THAT LEVEL IS ENOUGH TO LOWER THE UNEMPLOYMENT RATE OVER TIME.

10/19/16 12:00PM (35 SECONDS) TONIGHT IS THE FINAL NIGHT PRESIDENTIAL CANDIDATES HILLARY CLINTON AND DONALD TRUMP GET A CHANCE TO DRIVE HOME THEIR MESSAGE TO VOTERS ON THE DEBATE STAGE. THE TWO WILL GO HEAD TO HEAD IN LAS VEGAS. RIGHT NOW, POLLS SHOW CLINTON WITH A 7 POINT LEAD IN THE STATE. TONIGHT THE MODERATOR, FOX NEWS' CHRIS WALLACE WILL FOCUS ON SIX TOPICS INCLUDING, THE ECONOMY, SUPREME COURT AND IMMIGRATION. THIS DEBATE COMES ON THE HEELS OF TWO HUGE CONTROVERSIES INCLUDING NEWLY RELEASED CLINTON EMAILS AND SEXUAL HARASSMENT ALLEGATIONS AGAINST DONALD TRUMP. YOU CAN WATCH ALL THE ACTION BETWEEN DEMOCRAT HILLARY CLINTON AND REPUBLICAN DONALD TRUMP RIGHT HERE AT 9:00.

10/19/16 4:00PM (50 SECONDS) DECISION 2016.TONIGHT IS THE THIRD AND FINAL PRESIDENTIAL DEBATE. REPUBLICAN PRESIDENTIAL NOMINEE DONALD TRUMP AND DEMOCRATIC NOMINEE HILLARY CLINTON WILL TAKE THE STAGE AT THE UNIVERSITY OF NEVADA-LAS VEGAS AT NINE P-M. HERE'S A LIVE PICTURE FROM OUTSIDE THE VENUE IN LAS VEGAS. FOX NEWS ANCHOR CHRIS WALLACE WILL MODERATE THE DEBATE HERE. IT WILL BE DIVIDED INTO SIX FIFTEEN MINUTE SEGMENTS.THE TOPICS ARE IMMIGRATION, ENTITLEMENTS AND DEBT, THE SUPREME COURT, THE ECONOMY, FOREIGN POLICY AND EACH CANDIDATE'S FITNESS TO SERVE AS PRESIDENT. CLINTON AND TRUMP WILL HAVE TWO MINUTES APIECE FOR THEIR ANSWERS. THEY'LL ALSO GET TO RESPOND TO EACH OTHER. WALLACE CAN USE ANY LEFTOVER TIME TO DIG DEEPER INTO INDIVIDUAL RESPONSES. INSIDERS SAY CLINTON'S GAMEPLAN IS TO STAY FOCUSED AND LOOK PRESIDENTIAL. SHE GETS THE FIRST QUESTION. TRUMP'S GAMEPLAN IS TO GO AFTER CLINTON'S RECORD AND LOOK SMART. HE'S REPORTEDLY BEEN STUDYING FOREIGN POLICY.

10/19/16 4:00PM (30 SECONDS) A NEW POLL OF LIKELY VOTERS FOUND VIRGINIANS ARE MORE OPTIMISTIC ABOUT THE ECONOMIC FUTURE OF THE COMMONWEALTH THAN THEY ARE ABOUT THE NATION AS A WHOLE. THE VIRGINIA CHAMBER OF COMMERCE RELEASED THE RESULTS TODAY.THE POLL FOUND VIRGINIANS STRONGLY SUPPORT OUR RIGHT-TO-WORK LAWS. MORE THAN HALF OF VIRGINIANS SUPPORT BRINGING NATURAL GAS ENERGY RESOURCES TO VIRGINIA THROUGH THE ATLANTIC COAST PIPELINE PROJECT. ALSO --- THE CHAMBER SAYS EDUCATION AND WORKFORCE TRAINING CAME UP THE MOST FREQUENTLY AS THE PRIMARY ISSUE THAT VOTERS WANT LAWMAKERS TO ADDRESS.

10/24/16 12:00PM (40 SECONDS) ON THE REPUBLICAN SIDE, DONALD TRUMP LAID OUT A PLAN OF ACTION FOR HIS FIRST 100-DAYS IN OFFICE SHOULD HE BE ELECTED PRESIDENT. HIS PLANS INCLUDED DETAILS ABOUT HIS IMMIGRATION POLICY. HE SAYS HE WILL REMOVE THE MORE THAN 2-MILLION CRIMINIAL ILLEGAL IMMIGRANTS AND CANCEL VISAS TO FOREIGN COUNTRIES THAT WON'T TAKE THEM BACK. HE ALSO SAID HE WOULD CUT TAXES FOR THE MIDDLE CLASS. TRUMP ALSO SAID HE PLANS TO SUE THE 11 WOMEN WHO ACCUSED HIM OF INAPPROPRIATE SEXUAL CONDUCT.

11/16/16 4:00PM (25 SECONDS) IT MAY BE CHEAPER TO FLY THE FRIENDLY SKIES AFTER THE HOLIDAYS. A NEW REPORT BY AMERICAN EXPRESS PREDICTS AIRFARES WILL FALL NEXT YEAR --- DUE TO OVERCAPACITY AND STIFF COMPETITION BETWEEN MAJOR AND DISCOUNT CARRIERS. ECONOMY FARES ARE EXPECTED TO DROP THREE-PERCENT. BUSINESS FARES COULD DECLINE BY ONE-POINT-FIVE PERCENT FOR DOMESTIC FLIGHTS. HIGHER FEES COULD HELP AIRLINES OFFSET THOSE LOWER TICKET PRICES.

- 11/18/16 12:00PM (20 SECONDS) A NEW STUDY FROM THE COLLEGE OF WILLIAM AND MARY WARNS COASTAL FLOODING WILL DO MORE HARM TO THE HAMPTON ROADS ECONOMY IF NOTHING IS DONE TO COMBAT SEA LEVEL RISE. THE REPORT SAYS RIGHT NOW A MAJOR STORM COASTS ABOUT \$12-MILLION DOLLARS IN DAMAGE. IF THE WATER LEVEL GOES UP MORE THAN THREE-FEET BY THE YEAR 20-60, THE DAMAGE COULD BE MORE THAN \$100-MILLION DOLLARS.
- 11/23/16 4:00PM (25 SECONDS) NEW RESEARCH SAYS VIRGINIA'S ECONOMY IS STRUGGLING. IN A REPORT SET FOR RELEASE NEXT MONTH --- OLD DOMINION UNIVERSITY SAYS THE COMMONWEALTH IS STRUGGLING TO CREATE PRIVATE SECTOR JOBS. RESEARCHERS SAY THE STATE'S TRANSPORTATION INFRASTRUCTURE IS ALSO UNDER STRESS AND UNWILLINGNESS AMONG COMMUNITIES TO WORK TOGETHER -- IS HOLDING THE STATE BACK. FULL CONTENTS OF THE SECOND ANNUAL STATE OF THE COMMONWEALTH REPORT WILL BE REVEALED DECEMBER 2 IN WILLIAMSBURG.
- 11/23/16 11:00PM (20 SECONDS) VIRGINIA'S FUTURE LOOKS SLUGGLISH, ACCORDING TO NEW ECONOMIC RESEARCH FROM O-D-U. THE STATE OF THE COMMONWEALTH REPORT COMES OUT NEXT WEEK. IN IT, RESEARCHERS SAY VIRGINIA IS STRUGGLING TO CREATE PRIVATE SECTOR JOBS; THE TRANSPORATION INFRASTRUCTURE IS UNDER STRESS, AND COMMUNITIES UNWILLING TO WORK TOGETHER ARE HOLDING THE STATE BACK.
- 11/28/16 11:00PM (25 SECONDS) NEW TONIGHT.VIRGINIA'S ECONOMY IS IMPROVING -- AND GOVERNOR TERRY MCAULIFFE SAYS HE WON'T HAVE TO CUT AS MUCH FROM THE BUDGET AS HE ORIGINALLY THOUGHT MCAULIFFE IS STAYING OPTIMISTIC -- IN PART BECAUSE OF AN INCREASE IN STATE PAYROLL TAX REVENUES. THIS SUMMER HE ANNOUNCED A ONE POINT FIVE **BILLION** DOLLAR BUDGET DEFICIT AND WARNED LAWMAKERS ABOUT "TOUGH DECISIONS" TO MAKE ENDS MEET. MCAULIFFE WILL UNVEIL HIS NEXT BUDGET PROPOSAL IN DECEMBER.
- 11/29/16 12:00PM (25 SECONDS) VIRGINIA'S ECONOMY IS IMPROVING AND GOVERNOR TERRY MCAULIFFE SAYS HE WON'T HAVE TO CUT AS MUCH FROM THE BUDGET AS HE ORIGINALLY THOUGHT. MCAULIFFE IS STAYING OPTOMISTIC, PARTIALLY BECAUSE OF AN INCREASE IN STATE PAYROLL TAX REVENUES.THIS SUMMER HE ANNOUNCED A \$1-POINT-5 BILLION DOLLAR BUDGET DEFICIT AND WARNED LAWMAKERS ABOUT "TOUGH DECISIONS" TO MAKE ENDS MEET. MCAULIFFE WILL UNVEIL HIS NEXT BUDGET PROPOSAL NEXT MONTH.
- 11/29/16 12:00PM (20 SECONDS) NORTH KOREAN STATE MEDIA RELEASED PHOTOS OF ITS LEADER KIM JONG UN VISITING THE CUBAN EMBASSY IN PYONGYANG TO PAY HIS RESPECT TO CASTRO. CASTRO WAS ADMIRED BY LEFTISTS AND PEOPLE OF THE DEVELOPING WORLD WHO SAW HIM AS A REVOLUTIONARY CHAMPION OF THE POOR, BUT HE WAS VILIFIED BY MANY WHO VIEWED HIM AS A DICTATOR WHO OPPRESSED CUBANS AND RUINED THE ECONOMY THROUGH SOCIALISM.
- 11/30/16 4:00PM (25 SECONDS) AMERICAN WORKERS' LACK OF SLEEP IS TAKING A TOLL ON THEIR HEALTH AND THE ECONOMY. A NEW STUDY FROM THE RAND CORPORATION FOUND SLEEP DEPRIVATION LEADS TO THE LOSS OF MORE THAN ONE MILLION WORKING DAYS A YEAR. RESEARCHERS ESTIMATE THIS ABSENTEEISM AND A TIRED, LESS PRODUCTIVE WORKFORCE COSTS THE ECONOMY UP TO \$411-BILLION DOLLARS A YEAR. PEOPLE WHO SLEEP LESS THAN SIX HOURS A NIGHT ALSO HAVE A 13-PERCENT HIGHER RISK OF EARLY DEATH THAN THOSE WHO GET SEVEN TO NINE HOURS.
- 12/5/16 5:30PM (30 SECONDS) NEW YORK SENATOR CHUCK SCHUMER IS ASKING UNITED AIRLINES TO GET RID OF IT'S NEW POLICY REGARDING CARRY-ON BAGGAGE. THE POLICY WENT INTO EFFECT LAST MONTH WHEN UNITED UNVIELED IT'S BASIC ECONOMY FARE. SCHUMER CALLS IT ONE OF THE "MOST RESTRICTIVE POLICIES ON AIRLINES

PASSENGERS" IN A LONG TIME. IT BANS THE USE OF OVERHEAD BINS FOR LUGGAGE. MEANING - PASSENGERS HAVE TO PAY TO CHECK BAGS - OR A HIGHER PRICED FARE. ACCORDING TO SCHUMER'S OFFICE - UNITED EXPECTS THE PLAN TO RAISE ONE BILLION DOLLARS OVER THE NEXT THREE YEARS.

12/7/16 11:00PM (20 SECONDS) STARTING NEXT YEAR, BUYING THE CHEAP SEATS ON UNITED COULD COST YOU. TRAVELERS WHO PURCHASE THE LOWEST PRICED TICKETS WILL NOT BE ABLE TO USE OVERHEAD BINS IN PLANES. YOU WILL ONLY BE ALLOWED TO BRING ONE SMALL CARRY ON -- SUCH AS A PURSE, BACKPACK OR BRIEFCASE. IF YOU WANT TO CHECK A BAG -- YOU'LL HAVE TO PAY THE 25-DOLLAR FEE.

12/8/16 12:00PM (30 SECONDS) AMERICA'S UNEMPLOYMENT PICTURE CONTINUES TO IMPROVE. ACCORDING TO THE U-S LABOR DEPARTMENT, JOBLESS CLAIMS FELL 10-THOUSAND LAST WEEK TO A SEASONALLY ADJUSTED 258-THOUSAND. THAT'S **92 STRAIGHT WEEKs** THAT UNEMPLOYMENT CLAIMS HAVE COME IN UNDER 300-THOUSAND. IT'S ALSO A SIGN THAT EMPLOYERS ARE HOLDING ONTO THEIR STAFF AND MOST AMERICAN WORKERS ARE ENJOYING JOB SECURITY. THE LABOR DEPARTMENT REPORTED LAST WEEK THAT THE ECONOMY GENERATED A SOLID 178-THOUSAND JOBS IN NOVEMBER AND THAT UNEMPLOYMENT DROPPED TO A NINE-YEAR LOW 4-POINT-6 PERCENT.

12/14/16 4:00PM (25 SECONDS) THE FEDERAL RESERVE IS RAISING A KEY INTEREST RATE FOR THE FIRST TIME IN A YEAR. THE CENTRAL BANK IS INCREASING ITS BENCHMARK RATE BY A QUARTER-POINT TO A STILL-LOW RANGE OF POINT FIVE PERCENT TO POINT 75 PERCENT. IT WILL ADD UP TO MODESTLY HIGHER RATES ON SOME LOANS. THE FED IS SIGNALING ADDITIONAL RATE INCREASES AS THE ECONOMY IMPROVES. THE FED LAST RAISED THE RATE IN DECEMBER 2015 FROM A RECORD LOW NEAR ZERO SET DURING THE 2008 FINANCIAL CRISIS.

12/15/16 4:00PM (25 SECONDS) MORE AMERICANS THAN EVER BEFORE ARE GOING "HOME FOR THE HOLIDAYS". TRIPLE-A SAYS 103-MILLION PEOPLE WILL HIT THE ROADS AND FLY THE FRIENDLY SKIES BETWEEN DECEMBER 23RD AND JANUARY SECOND. THE MAJORITY --- NEARLY 94-MILLION --- WILL BE HITTING THE ROADS. MORE THAN THREE MILLION WILL TRAVEL THROUGH VIRGINIA. TRIPLE-A BELIEVES LOWER GAS PRICES AND INCREASED OPTIMISM ABOUT THE ECONOMY ARE SPURRING THE UPTICK.

12/19/16 5:30PM (30 SECONDS) A LULL IN MIDDLE EAST VIOLENCE MEANS BIG BUSINESS WHERE CHRISTMAS ALL STARTED. TOURISTS FROM ALL OVER THE WORLD ARE FLOCKING TO THE BIBLICAL HOLY LAND OF BETHLEHEM. THE TOWN'S MAIN ATTRACTIONS ARE THE FOURTH-CENTURY CHURCH OF THE NATIVITY, BUILT OVER A GROTTO WHERE CHRISTIAN TRADITION SAYS JESUS WAS BORN-- AS WELL AS THE CHRISTMAS TREE IN MANGER SQUARE, WHERE CHOIRS SING CAROLS DURING THE HOLIDAY. TOURISM IS A MAJOR SOURCE OF REVENUE FOR THE PALESTINIAN ECONOMY - AND PROVIDES LIVELIHOODS FOR ABOUT FIVE-THOUSAND FAMILIES IN BETHLEHEM.

12/26/16 12:00PM (30 SECONDS) WITH THE HOLIDAYS ALMOST IN THE BOOKSMILLIONS OF PEOPLE ARE EXPECTED TO GET ON THE ROAD TODAY TO RETURN HOME.TRIPLE A EXPECTS MORE TAHN 103 MILLION AMERICANS TO HIT THE ROAD THIS HOLIDAY SEASON. THAT'S UP 1.5 PERCENT FROM LAST YEAR. EXPERTS SAY THE GROWING ECONOMY HAS TO DO WITH THE INCREASE IN TRAVELERS. TRIPLE A SAYS NEW YEARS DAY GAS PRICES WILL BE THE SECOND CHEAPEST SINCE 2009. OUR ERIN KELLY IS NORFOLK RIGHT NOW KEEPING HER OUT FOR ANY POTENTIAL DELAYS IN ROAD OR AIR TRAFFIC. WE'LL BRING YOU AN UPDATE ON THIS EVENINGS ROAD CONDITIONS ON WAVY DOT COM.

12/28/16 12:00PM (15 SECONDS) IN CUBA -- FINANCIAL EXPERTS SAY THE VENEZUELAN CRISIS IS WEIGHING DOWN THEIR ECONOMY. THEY SAY THEY'VE SEEN A DIP IN

THEIR ECONOMY. THE ISLAND HAS NOT A SEEN A FINANCIAL DIP SINCE THE SOVIET UNION COLLAPSED IN 1993.

12/29/16 4:00PM (35 SECONDS) PRESIDENT-ELECT DONALD TRUMP IS WRITING HIS INAUGURAL ADDRESS HIMSELF. THAT'S ACCORDING TO C-N-N'S PRESIDENTIAL HISTORIAN DOUGLAS BRINKLEY WHO MET WITH TRUMP YESTERDAY TO DISCUSS THE JANUARY 20TH SPEECH . BRINKLEY SAID TRUMP IS INTENT ON DRAFTING THE ENTIRETY OF THE SPEECH HIMSELF --- WITH INPUT FROM HIS TEAM. THE TOPICS ARE SAID TO INCLUDE THE EDUCATION SYSTEM, INFRASTRUCTURE, BORDER SECURITY, THE STATE OF THE MILITARY, THE ECONOMY AND THE OUTSOURCING OF JOBS. BRINKLEY SAID TRUMP WANTS THE SPEECH TO BE SHORT -- SO THE THOUSANDS OF SUPPORTERS EXPECTED TO ATTEND THE CEREMONY AREN'T STANDING OUT IN THE COLD TOO LONG.

4) HEALTH AND SAFETY

10/11/16 11:00PM (20 SECONDS) HEALTH OFFICIALS IN WILLIAMSBURG ARE LOOKING FOR A LARGE GRAY AND WHITE DOG -- THEY SAY IT BIT SOMEONE TWO DAYS AGO, AND IF THEY DON'T FIND IT, THAT PERSON COULD NEED TREATMENT FOR RABIES. THIS HAPPENED AT THE WILLIAMSBURG INDOOR SPORTS COMPLEX OFF LONGHILL ROAD. IF YOU CAN HELP FIND THE DOG OR ITS OWNER. CALL THE HEALTH DEPARTMENT.

10/12/16 12:00PM (20 SECONDS) TODAY, THERE WILL BE FREE BREAST HEALTH SCREENINGS FOR WOMEN WHO ARE UNINSURED AND UNDER-INSURED. IT'S ALL THANKS TO MONEY RAISED FROM THIS YEAR'S BRA-HA-HA EVENT. CHESAPEAKE REGIONAL HEALTH CARE IS HOLDING A PHONE BANK FROM 4:00 TO 6:30. JUST CALL IN, AND IF YOU QUALIFY THE HOTLINE WILL SCHEDULE AN APPOINTMENT. WE PUT THAT PHONE NUMBER ON H-R SCENEDOT-COM.

10/17/16

12:00PM

(35 SECONDS) A PORTSMOUTH FAMILY HAS WAITED SIX YEARS TO HAVE THEIR DAY IN COURT. NEXT MONTH THEY FINALLY WILL. MARSHALL FRANKLIN'S FAMILY FILED A 1.5-MILLION DOLLAR WRONGFUL DEATH LAWSUIT AGAINST THE CITY OF PORTSMOUTH, THE PORTSMOUTH POLICE DEPARTMENT AND FORMER CHIEF ED HARGIS. FRANKLIN WAS KILLED BY POLICE IN 2009. INVESTIGATORS SAID FRANKLIN SUFFERED FROM A MENTAL ILLNESS, AND BARRICADED HIMSELF INSIDE HIS HOME WHEN A HEALTH WORKER SHOWED UP FOR AN EVALUATION. POLICE SAY THE 60-YEAR-OLD SHOT TWO POLICE OFFICERS - AND THAT'S WHEN THEY RETURNED FIRE. THE COMMONWEALTH'S ATTORNEY'S OFFICE SAYS PORTSMOUTH POLICE WERE JUSTIFIED IN THE SHOOTING. THE WEEK-LONG CIVIL TRIAL IS SCHEDULED TO BEGIN NOVEMBER 14.

10/17/16 11:00PM (35 SECONDS) THE FAMILY OF A PORTSMOUTH MAN KILLED BY POLICE SEVEN YEARS AGO IS ABOUT TO GET THEIR DAY IN COURT. THE CIVIL TRIAL IN THE 2009 CASE OF MARSHALL FRANKLIN IS SCHEDULED FOR MID NOVEMBER. THE 1-POINT-5 MILLION DOLLAR WRONGFUL DEATH LAWSUIT IS FILED AGAINST AGAINST THE CITY OF PORTSMOUTH, THE PORTSMOUTH POLICE DEPARTMENT AND FORMER CHIEF ED HARGIS. INVESTIGATORS SAID FRANKLIN SUFFERED FROM A MENTAL ILLNESS, AND BARRICADED HIMSELF INSIDE HIS HOME WHEN A HEALTH WORKER SHOWED UP FOR AN EVALUATION. POLICE SAY THE 60-YEAR-OLD SHOT TWO POLICE OFFICERS-- WHO TRTURNED FIRE. THE COMMONWEALTH'S ATTORNEY RULED THE SHOOTING JUSTIFIED.

10/19/16 11:00PM (20 SECONDS) NEW AT 11 - THE VIRGINIA BEACH HEALTH DEPARTMENT IS MAKING IT EASY FOR YOU TO TURN IN YOUR UNWANTED, UNUSED, OR EXPIRED MEDICATIONS. THEY'RE HAVING DROP OFF LOCATIONS FOR YOU THIS SATURDAY AS PART OF NATIONAL DRUG TAKE BACK DAY. YOU CAN DROP OFF THE MEDICINE AT THE POLICE STATIONS LISTED ON YOUR SCREEN.

10/24/16 11:00PM (25 SECONDS) WE'RE FOLLOWING UP ON AN ASBESTOS ISSUE IN VIRGINIA BEACH TONIGHT. CREWS FOUND THE POTENTIALLY TOXIC INSULATION WHILE CLEANING DAMAGE FROM MATTHEW. MANAGEMENT OF THE WAYPOINT APARTMENTS AT LYNNHAVEN HAVE TERMINATED LEASES FOR RESIDENTS, AND GIVEN THEM UNTIL THIS EVENING TO REMOVE THEIR BELONGINGS. THE COMPANY SAYS IT'S PUTTING THE HEALTH AND SAFETY OF RESIDENTS FIRST, BUT NEIGHBORS ARE UPSET THEY CAN'T ACCESS THEIR THINGS.

10/26/16 12:00PM (25 SECONDS) NEIGHBORS IN ONE CHESAPEAKE NEIGHBORHOOD SAY THEY WILL BE OUT IN FULL TOMORROW AT A PUBLIC HEARING.THEY WANT TO BLOCK THE EXPANSION OF A LANDFILL THEY THINK IS TOO CLOSE TO THEIR HOMES.THE DOMINION LAKES NEIGHBORHOOD SITS OFF BAINBRIDGE AND DOMINION BOULEVARDS. OWNERS OF THE LANDFILL WANT TO EXPAND THE SITE WITHIN FEET OF THE NEIGHBORHOOD. RESIDENTS WORRY HOW THE TRAFFIC, NOISE, AND HEALTH COULD IMPACT THE AREA.

10/28/16 12:00PM (30 SECONDS) THIS MIDDAY JOHNSON AND JOHNSON LOST ANOTHER LAWSUIT INVOLVING ITS BABY POWDER. A JURY IN ST. LOUIS AWARDED A WOMAN MORE THAN \$70-MILLION DOLLARS AFTER SHE CLAIMED THE POWDER CAUSED HER OVARIAN CANCER. THERE ARE HEALTH CONCERNS OVER THE EXTENDED USE OF TALCUM, WHICH IS A MINERAL IN BABY POWDER, HOWEVER THE AMERICAN CANCER SOCIETY SAYS IT'S NOT CLEAR IF PRODUCTS WITH TALCUM INCREASE CANCER RISK. EARLIER THIS YEAR JOHNSON AND JOHNSON LOST TWO OTHER LAWSUIT COSTING THE COMPANY \$127-MILLION DOLLARS.

10/28/16 11:00PM (40 SECONDS) NEW INFORMATION ABOUT A MAN SHOT AND KILLED BY NORFOLK POLICE -- PROSECUTORS SAY HE HAD MENTAL HEALTH ISSUES, ABUSED DRUGS AND ALCOHOL AND DISCUSSED TAKING HIS LIFE. IN APRIL, INVESTIGATORS SAY 30-YEAR-OLD ERIC WAKUP SHOT AT POLICE ON CHURCH STREET. TODAY PROSECUTORS REPORTED THEY WILL NOT CHARGE TWO OFFICERS FOR RETURNING FIRE. DURING A SEVEN HOUR STANDOFF BEFORE, THEY SAY WAKUP HELD ROOMMATES HOSTAGE AND HAD ACCESS TO MORE THAN A DOZEN GUNS. POLICE LATER FOUND A NOTE SAYING "I HAD TO TAKE MY LIFE. THIS LIFE WAS TOO HARD FOR ME. I TRULY WENT CRAZY." WAKUP'S ROOMMATES SAID HE DID "MOLLY," STOPPED GOING TO WORK AND LOST HIS JOB.TESTS SHOW HE DID NOT HAVE ALCOHOL OR DRUGS IN HIS SYSTEM AT THE TIME.

11/4/16 12:00PM (25 SECONDS) WITH THE ELECTION FOUR DAYS AWAY - A LOT OF US ARE WORRYING...CONSTANTLY. BUT, ANOTHER FORM OF CONSTANT **NEEDLESS** WORRY ABOUT YOUR HEALTH COULD END UP MAKING YOU SICK! PEOPLE WITH HEALTH ANXIETY, KNOWN AS THE 'WORRIED WELL' -- FEAR THAT THEY HAVE, OR WILL DEVELOP, A SERIOUS ILLNESS. NOW RESEARCHERS IN NORWAY SAY THIS ANGST MAY DAMAGE THE HEART. THEIR STUDY OF more than 7-THOUSAND PATIENTS SHOWS THE "WORRIED WELL" WERE 73-PERCENT MORE LIKELY TO DEVELOP HEART DISEASE THAN THOSE **WITHOUT** HEALTH ANXIETY.

11/9/16 12:00PM (20 SECONDS) A STUDENT IN WISCON USES CUTTING EDGE TECHNOLOGY TO CUT DOWN ON MISSING SCHOOL. GRADY LOPER MISSES CLASS BECAUSE HE'S BATTLING A RARE HEALTH CONDITION THAT LEAVES HIM STUCK AT HOME MOST DAYS. HE FIGURED OUT A WAY AROUND THAT BY CREATING A ROBOT HE CAN SEND IN HIS PLACE. THE FOURTH GRADER CAN CONTROL THE ROBOT FROM HIS LAPTOP. THE ROBOT IS EQUIPPED WITH A CAMERA AND WHEELS.

11/15/16 12:00PM (30 SECONDS) HAMPTON POLICE ARE WORKING WITH FAMILIES TO HELP EASE CONFRONTATIONS WITH POLICE FOR PEOPLE WHO STRUGGLE WITH COMMUNICATION.HAMPTON POLICE ARE REACHING OUT TO FAMILIES WITH MEMBERS WHO ARE AUTISTIC, OR SUFFERING FROM DIMENTIA OR ALTZHIMERS.THEY ENCOURAGE RELATIVES OR GUARDIANS GO ONLINE TO REGISTER PEOPLE WHO MAY HAVE DIFFICULTY

COMMUNICATING WITH POLICE BECAUSE OF THEIR HEALTH CHALLENGES. DURING EMERGENCIES, THEY SAY POLICE CAN USE THAT INFORMATION TO IDENTIFY THE PERSON IN NEED AND GET THEM BACK TO FAMILY. LEARN NOW YOU CAN REGISTER A LOVED ON ON WAVY-DOT-COM.

11/16/16 12:00PM (25 SECONDS) NOW TO A FOLLOW UP TO THE GROWING HEALTH CONCERNS IN TENNSEE FOLLOWING A WEEKS-LONG DROUGHT AND WILDFIRES. RIGHT NOW HEALTH OFFICIALS SAY THE DEMAND FOR INHALERS IS ON THE RISE. STATE OFFICIALS ISSUED A STATE OF EMERGENCY OVER THE WEEKEND CALLING FOR A "CODE ORANGE" BECAUSE OF POOR AIR QUALITY. PHARMACIES ACROSS THE STATE SAY THEIR INHALER SUPPLIES ARE ALL TAPPED OUT. DOCTORS SAYS IT'S NOT THE INCREASE IN PATIENTS THAT'S THE PROBLEM, IT'S THE INCREASE IN SIDE EFFECTS.

11/17/16 12:00PM (25 SECONDS) A LOT OF US TRY TO AVOID THAT PERSON WITH A NEGATIVE ATTITUDE - BUT DID YOU KNOW HAVING A NEGATIVE ATTITUDE COULD ACTUALLY BE HARMFUL TO YOUR HEALTH! A NEW 11-YEAR STUDY FROM FINLAND FOUND HIGHLY PESSIMISTIC PEOPLE WERE MORE THAN TWICE AS LIKELY TO DIE FROM HEART DISEASE THAN THEIR LEAST PESSIMISTIC PEERS. AND WHILE IT'S MENTALLY GOOD TO STAY POSITIVE - OPTIMISM HAD NO EFFECT ON THE RISK OF HEART DISEASE.

11/21/16 11:00PM (25 SECONDS) HEROIN, FENTANYL AND SOME PRESCRIPTION PAINKILLERS HAVE SPARKED A PUBLIC HEALTH EMERGENCY IN VIRGINIA. IT MEANS ANYONE CAN NOW CARRY NALOXONE -- A DRUG THAT MAY REVERSE EFFECTS OF AN OVERDOSE. MOST PHARMACIES ACROSS THE COMMONWEALTH WILL CARRY IT, JUST IN CASE YOU FIND SOMEONE IN NEED. LIEUTENANT GOVERNOR DOCTOR RALPH NORTHAM SAYS THERE HAVE BEEN MORE DEADLY OVERDOSES ACROSS VIRGINIA THIS YEAR -- PARTIALLY DUE TO POWERFUL NEW TRANQUILIZERS.

11/22/16 11:00PM (20 SECONDS) IT'S A POST ELECTION HIGH FOR INVESTORS, AGAIN.THE DOW HAS NOW BROKEN THROUGH 19 THOUSAND. IT'S THE SIXTH RECORD CLOSE SINCE DONALD TRUMP WON THE PRESIDENTIAL ELECTION TWO WEEKS AGO.DISCOUNT STORE CHAINS LED THE WAY HIGHER AFTER STRONG EARNINGS AS HEALTH CARE COMPANIES SLUMPED. THE DOW ROSE 67 POINTS TO CLOSE AT 19,023 THE NASDAQ AND S&P ALSO CLOSED AT RECORD HIGHS.

11/23/16 12:00PM (25 SECONDS) FORMER MASSACHUSETTS HOUSE SPEAKER SALVATORE DIMASI IS BACK HOME AFTER BEING SENT TO FEDERAL PRISON ON PUBLIC CORRUPTION CHARGES BACK IN 2011. EARLIER THIS MONTH, U.S. DISTRICT JUDGE MARK WOLF GRANTED A REQUEST FOR COMPASSIONATE RELEASE FOR DIMASI. THE FORMER HOUSE SPEAKER WAS TREATED FOR BOTH THROAT AND PROSTATE CANCER WHILE IN PRISON. HIS LAWYERS SAID HE LOST ALMOST 70 POUNDS DURING HIS STAY. DIMASI SAYS HE LOOKS FORWARD TO REGAINING HIS HEALTH AND BEING WITH HIS FAMILY.

11/29/16 12:00PM (35 SECONDS) NEARLY SIX-MILLION ADULTS IN THE U-S ARE LIVING WITH HEART FAILURE - PUTTING THEM AT RISK FOR HOSPITALIZATIONS AND EARLY DEATH. BUT THE CONDITION CAN BE PREVENTED BY STAYING HEALTHY IN MIDDLE AGE. A NORTHWESTERN UNIVERSITY STUDY FOUND PEOPLE WITHOUT DIABETES, OBESITY OR HIGH BLOOD PRESSURE AT AGE 45 HAD A SUBSTANTIALLY LOWER RISK OF DEVELOPING HEART FAILURE - REGARDLESS OF GENDER OR RACE. DIABETES DURING MIDDLE AGE HAD AN ESPECIALLY STRONG LINK TO HEART FAILURE. PEOPLE WITHOUT DIABETES LIVED EIGHT TO TEN YEARS LONGER BEFORE DEVELOPING HEART FAILURE THAN THOSE WITH DIABETES.

12/7/16 11:00PM (25 SECONDS) SHAMED BY SANTA? A CHILD IN NORTH CAROLINA SAYS HE WENT TO VISIT JOLLY SAINT NICK, BUT GOT A DOSE OF DEMEANING COMMENTARY INSTEAD. OVER THE WEEKEND, THE CHILD AND HIS MOTHER MET WITH SANTA IN RUTHERFORD COUNTY. THEY SAY HE ACTED LIKE HE DIDN'T WANT TO BE THERE OR DO HIS

JOB. ANTHONY ASKED FOR AN IPOD AND DRONE FOR CHRISTMAS -- BUT AS HE GOT UP TO LEAVE -- SANTA OFFERED THIS UNSOLICITED HEALTH ADVICE.

12/8/16 12:00PM (20 SECONDS) DUKE UNIVERSITY RESEARCHERS SAY EVEN SMALL INCREASES IN HIGH BLOOD PRESSURE CAN CAUSE SERIOUS HEALTH RISKS. A STUDY OF OVER 5-THOUSAND african american ADULTS FOUND HIGHER SYSTOLIC BLOOD PRESSURE - WHICH IS THE TOP NUMBER -- WAS LINKED TO AN INCREASED RISK OF HEART FAILURE. AND WITH EVERY TEN POINT INCREASE IN SYSTOLIC BLOOD PRESSURE - THEIR RISK OF EARLY DEATH INCREASED BY 12-PERCENT.

12/8/16 11:00PM (20 SECONDS) LAWMAKERS ARE FLIRTING WITH ANOTHER GOVERNMENT SHUTDOWN TONIGHT.HOUSE MEMBERS PASSED A FUNDING BILL TODAY. IT'S HEADED TO THE SENATE -- WHERE DEMOCRATS HAVE THREATENED TO BLOCK IT. PART OF THE PROBLEM IS A DISPUTE OVER AN EXPIRING HEALTH INSURANCE PROGRAM.IF THE BILL PASSES, IT WOULD FUND AGENCIES THROUGH APRIL.

12/12/16 12:00PM (25 SECONDS) HAPPENING TODAY, CONGRESSMAN BOBBY SCOTT IS HOSTING A HEALTH CARE TOWN HALL. HE'LL BE IN NEWPORT NEWS WITH A LOCAL ORGANIZATION DEDICATED TO HELPING VIRGINIANS ENROLL IN HEALTH INSURANCE FROM THE AFFORDABLE CARE ACT. SCOTT PLANS TO GIVE AN OVERVIEW OF THE AFFORDABLE CARE ACT AND GO OVER THE MARKETPLACE ENROLLMENT PROCESS. OPEN ENROLLMENT FOR 2017 STARTED NOVEMBER 1ST. THIS THURSDAY IS THE ENROLLMENT DEADLINE FOR YOUR COVERAGE TO TAKE EFFECT ON THE FIRST OF THE YEAR.

12/16/16 11:00PM (15 SECONDS) A VIRGINIA HOUSE OF DELEGATES BILL WOULD BAN ABORTIONS AFTER 20 WEEKS OF PREGNANCY. THE BILL KNOWN AS THE "PAIN CAPABLE UNBORN CHILD PROTECTION ACT," OR H-B 1473 WILL MAKE ITS WAY TO THE HOUSE FLOOR IN JANUARY THE LAW ALLOWS FOR AN EXCEPTION IF THE LIFE OR THE HEALTH OF THE MOTHER IS AT RISK.

12/19/16 12:00PM (25 SECONDS) FLU SEASON IS HERE - AND THERE'S CONCERN THAT NOT ENOUGH PEOPLE ARE GETTING FLU SHOTS. THIS MORNING - HEALTH OFFICIALS HAVE NEW GUIDANCE ABOUT THE NASAL VACCINE. IN WESTERN NORTH CAROLINA, A WHOLE SCHOOL DISTRICT SHUT DOWN LAST WEEK BECAUSE OF OUTBREAKS OF STREP THROAT, PNEUMONIA, AND THE FLU. THIS MONTH, FLU CASES ARE SLIGHTLY UP NATIONWIDE.THE LATEST NUMBERS SHOW ONLY ABOUT 40-PERCENT OF ADULTS HAVE BEEN VACCINATED SO FAR THIS SEASON.

12/20/16 11:00PM (20 SECONDS) SENATOR TIM KAINE VISITED HAMPTON ROADS TO LEARN WHAT NEEDS TO BE DONE TO STOP THE ABUSE OF HEROIN AND SIMILAR DRUGS. WE'VE REPORTED, DRUG ADDICTION HAS BECOME A STATEWIDE PUBLIC HEALTH EMERGENCY. TODAY KAINE VISITED A TREATMENT FACILITY IN NEWPORT NEWS -- MEETING WITH COUNSELORS, STAFF, AND THOSE IN TREATMENT.

12/22/16 11:00PM (25 SECONDS) MORE AMERICANS HAVE SIGNED UP FOR HEALTH INSURANCE IN THE FEDERAL MARKET THIS YEAR OVER LAST YEAR. NEARLY SIX AND A HALF MILLION PEOPLE HAVE ENROLLED UNDER THE AFFORDABLE CARE ACT. THE FEDERAL GOVERNMENT SAYS THAT NUMBER IS UP MORE THAN 400-THOUSAND PEOPLE FROM A YEAR AGO. THE OBAMA ADMINISTRATION IS PUSHING FOR PEOPLE TO ENROLL -- AS THE PRESIDENT PREPARES TO LEAVE OFFICE. PRESIDENT-ELECT DONALD TRUMP HAS PROMISED TO REPEAL AND REPLACE THE HEALTHCARE PROGRAM.

5) EDUCATION

10/11/16 4:00PM (:40 SECONDS) TONIGHT YOU CAN WEIGH-IN ON HOW TEACHERS CONTROL YOUR CHILDREN IN THE CLASSROOM. SPECIFICALLY A METHOD CALLED SECLUSION AND RESTRAINT.10 ON YOUR SIDE FIRST TOLD YOU ABOUT THIS IN A SPECIAL REPORT LAST YEAR. SECLUSION AND RESTRAINT INVOLVES LOCKING A CHILD IN A ROOM FOR HOURS AT A TIME --- THAT'S THE SECLUSION PART. THEN STAFF MEMBERS USE A SERIES OF HOLDS TO RESTRAIN AN UNRULY CHILD. LAST YEAR, WE SPOKE A VIRGINIA BEACH PARENT WHO SAID THE METHOD HELPED HER SON. YOU CAN WEIGH IN TONIGHT IN HAMPTON AFTER THE VIRGINIA DEPARTMENT OF EDUCATION MEETING. THAT'S AT THE HAMPTON SCHOOL BOARD OFFICE ON FRANKLIN STREET FROM 5:00 - 8:00. THERE WILL BE ABOUT 30 MINUTES FOR PUBLIC INPUT AFTER THE MEETING.

10/13/16 4:00PM (:25 SECONDS) NEW ACCUSATIONS TODAY AGAINST OLD DOMINION UNIVERSITY FOR THE WAY THEY HANDLED A RAPE INVESTIGATION IN 2014. AN UNNAMED WOMAN AND HER ATTORNEY FILED A COMPLAINT WITH THE DEPARTMENT OF EDUCATION - CLAIMING ODU CAMPUS POLICE VIOLATED THE CLERY ACT SEVERAL TIMES - INCLUDING QUESTIONING THE VICTIM BEFORE ALLOWING HER TO SEEK MEDICAL TREATMENT. 10 ON YOUR SIDE'S DEANNA LEBLANC IS LIVE OUTSIDE ODU POLICE HEADQUARTERS.

10/19/16 4:00PM (:25 SECONDS) PROFESSORS, STUDENTS AND SUPPORTERS ARE TAKING TO PICKET LINES AT STATE UNIVERSITIES AROUND PENNSYLVANIA. FACULTY MEMBERS ARE ON STRIKE AT 14 STATE UNIVERSITIES.THE STATE'S SYSTEM OF HIGHER EDUCATION AND THE FACULTY UNION CAN'T REACH A CONTRACT AGREEMENT. THE DISAGREEMENTS INVOLVE PROPOSED RAISES AND HEALTH CARE CONTRIBUTIONS. THE STRIKE IMPACTS MORE THAN 100-THOUSAND STUDENTS. SCHOOLS ARE TELLING STUDENTS TO GO TO CLASS DESPITE THE STRIKE. NOT ALL FACULTY ARE ON THE PICKET LINE.

10/21/16 4:00PM (:20 SECONDS) PROFESSORS ARE AGAIN MANNING THE PICKET LINE AT 14 STATE UNIVERSITIES IN PENNSYLVANIA.THE STRIKE IS IN ITS THIRD DAY. THE STATE'S SYSTEM OF HIGHER EDUCATION AND THE FACULTY UNION CAN'T REACH A CONTRACT AGREEMENT. THE DISAGREEMENTS INVOLVE RAISES AND HEALTH CARE. THE UNION SAYS THE STRIKE WILL CONTINUE UNTIL A DEAL IS REACHED.

10/25/16 4:00PM (:30 SECONDS) A PANEL OF EXPERTS IS RECOMMENDING EDUCATION AND OTHER SERVICES TO SUPPORT NURSING MOTHERS. THE U-S PREVENTIVE SERVICES TASK FORCE SAYS THOSE SERVICES MAY INCLUDE BREASTFEEDING CLASSES DURING PREGNANCY, SESSIONS WITH A LACTATION CONSULTANT AFTER BIRTH OR PSYCHOLOGICAL SUPPORT FOR STRUGGLING MOMS. EXPERTS SAY DOCTORS PROVIDING THESE PROGRAMS OR PROVIDING REFERRELS ARE LIKELY TO INCREASE THE NUMBER OF WOMEN WHO CHOOSE TO BREASTFEED AND HOW LONG THEY STICK WITH IT. STUDIES SHOW ABOUT HALF OF WOMEN WHO START BREASTFEEDING THEIR NEWBORNS STOP DOING SO WITHIN SIX MONTHS.

10/26/16 5:30pm (:20 SECONDS) A LIVE LOOK RIGHT NOW FROM NORTH CAROLINA WHERE GOP CANDIDATE DONALD TRUMP IS CAMPAIGNING. HE'S SPEAKING AT A PRIVATE EVENT IN CHARLOTTE. HE UNVEILED WHAT HE'S CALLING HIS "NEW DEAL FOR BLACK AMERICA" - PROMISING TO PROVIDE SAFE COMMUNITIES, GREAT EDUCATION AND HIGH-PAYING JOBS." HE TOLD THE CROWD - "WHETHER YOU VOTE FOR ME OR NOT - I WILL BE YOUR GREATEST CHAMPION."

10/28/16 4:00PM (:35 SECONDS) THE OBAMA ADMINISTRATION IS WORKING TO HELP STUDENTS GET THEIR FEDERAL LOANS ERASED IF THERE'S FRAUD AT THEIR SCHOOL. THE EDUCATION DEPARTMENT DREW UP THE NEW RULES IN RESPONSE TO THOUSANDS OF

CLAIMS FROM FORMER STUDENTS OF CORINTHIAN COLLEGES. LAST YEAR THE COMPANY ABRUPTLY CLOSED 28 OF ITS REMAINING SCHOOLS ACROSS THE COUNTRY. TWO SCHOOLS HERE IN HAMPTON ROADS WERE ABLE TO STAY OPEN AFTER ANOTHER COMPANY BOUGHT THEM. THE NEW FEDERAL LOAN RULES MEAN STUDENTS WOULD BE OFF THE HOOK FOR PAYMENTS. THE COLLEGES WOULD HAVE TO REPAY THE LOANS INSTEAD OF TAXPAYERS. THE NEW RULES ALSO BAN SCHOOLS FROM FORCING STUDENTS TO SIGN AGREEMENTS SAYING THEY WON'T SUE OVER MISCONDUCT.

10/28/16 4:00PM (:25 SECONDS) VIRGINIA STUDENTS PERFORMED BETTER ON A NATIONAL SCIENCE EXAM THAN THEIR PEERS IN MOST OTHER STATES. THE VIRGINIA DEPARTMENT OF EDUCATION SAYS THAT 50 PERCENT OF VIRGINIA FOURTH GRADERS MET OR EXCEEDED THE PROFICIENCY STANDARD ON THE 2015 NATIONAL SCIENCE TESTS. THAT'S COMPARED TO 37 PERCENT OF FOURTH GRADERS NATIONWIDE. AMONG EIGHTH GRADE STUDENTS, 40 PERCENT OF VIRGINIA STUDENTS MET OR EXCEEDED PROFICIENCY.

11/4/16 4:00PM (:35 SECONDS) THE DEPARTMENT OF EDUCATION SLAPPED PENN STATE UNIVERSITY WITH A RECORD \$2-POINT-4 MILLION DOLLAR FINE FOR ITS FAILURE TO REPORT SEX CRIMES CONNECTED TO THE JERRY SANDUSKY ASSAULT CASE. THE AGENCY SAYS THE SCHOOL VIOLATED THE CLERY ACT, WHICH REQUIRES COLLEGES AND UNIVERSITIES TO REPORT CAMPUS CRIMES AND TO NOTIFY THE COMMUNITY IF THERE IS A SAFETY THREAT. THE MOVE COMES AFTER A 5-YEAR FEDERAL INVESTIGATION THAT CITED PENN STATE FOR VIOLATING AT LEAST 10 RULES, INCLUDING NOT COMPLYING WIHT DRUG AND ALCOHOL ABUSE REQUIREMENTS. PENN STATE ADMINISTRATORS SAY THEY ARE REVIEWING THE FINDINGS.

11/9/16 5:00PM (:30 SECONDS) A DISTURBING TREND IN SCHOOL SAFETY -- A STUDY SHOWS AN INCREASE IN BOMB THREATS AGAINST NORTH CAROLINA SCHOOLS. THE ASHEVILLE CITIZEN-TIMES REPORTS AN 18 PERCENT INCREASE OVER THE PAST YEAR OF BOMB THREATS REPORTED BY THE NORTH CAROLINA DEPARTMENT OF EDUCATION--- COMPARED TO THREE YEARS AGO. THAT'S FROM A REPORT BY NONPROFIT EDUCATOR'S SCHOOL SAFETY NETWORK. THE REPORT ALSO SAYS SCHOOL BOMB THREATS ACROSS THE COUNTRY ARE UP 106 PERCENT FROM 4 YEARS AGO. OFFICIALS SAY THREATS LIKE THESE ARE TAKEN SERIOUSLY AND PEOPLE MAKING THE THREATS COULD BE SEVERELY PUNISHED.

11/16/16 5:00PM (:25 SECONDS) THE ABUSE OF HEROIN AND OTHER HARD DRUGS CARRY A STIFF PRICE FOR HAMPTON ROADS, AND OUR COMMUNITIES ARE PAYING FOR IT. THAT'S WHY WE'RE HEARING ALOT ABOUT HOW TO CURB THIS PROBLEM WITH A MULTIFACETED APPROACH. VIRGINIA ATTORNEY GENERAL MARK HERRING CARRIED THAT MESSAGE TODAY AT HAMPTON-NEWPORT NEWS COMMUNITY SERVICE BOARD'S ANNUAL THANKSGIVING BANQUET. HE HIGHLIGHTED ENFORCEMENT AND EDUCATION-- PREVENTING PEOPLE FROM BECOMING ADDICTS IN THE FIRST PLACE.

11/18/16 4:00PM (:30 SECONDS) BREAKING NEWS JUST INTO THE NEWSROOM THE NEW YORK ATTORNEY GENERAL SAYS PRESIDENT-ELECT DONALD TRUMP HAS AGREED TO PAY A 25 MILLION DOLLAR SETTLEMENT IN THE TRUMP UNIVERSITY CASE. THIS WOULD RESOLVE THREE LAWSUITS OVER HIS FORMER SCHOOL FOR REAL ESTATE INVESTORS. THE SUITS HAD ALLEGED THAT TRUMP UNIVERSITY FAILED TO DELIVER THE QUALITY REAL ESTATE INVESTING EDUCATION IT PROMISED. THE 25 MILLION INCLUDES RESTITUTION FOR STUDENTS AND 1 MILLION DOLLARS IN PENALTIES TO THE STATE. THE DEAL DOESN'T REQUIRE TRUMP TO ACKNOWLEDGE WRONGDOING.

11/22/16 5:30PM (:25 SECONDS) AN END TO CORPORAL PUNISHMENT IN SCHOOL. THAT'S WHAT THE OBAMA ADMINISTRATION IS CALLING FOR. IN A LETTER TO GOVERNORS AND STATE SCHOOL LEADERS - EDUCATION SECRETARY JOHN KING CALLED CORPORAL PUNISHMENT HARMFUL AND INEFFECTIVE. HE ALSO SAYS ITS OFTEN DISPROPORTIONATELY

APPLIED TO STUDENTS OF COLOR AND STUDENTS WITH DISABILITIES. CORPORAL PUNISHMENT IS BANNED IN 28 STATES AND THE DISTRICT OF COLUMBIA.

11/23/16 4:00PM (:25 SECONDS) TRUMP HAS SELECTED A CHARTER SCHOOL ADVOCATE AND G-O-P DONOR FROM MICHIGAN TO BE EDUCATION SECRETARY. THE PRESIDENT-ELECT CALLS 58-YEAR-OLD BETSY DEVOS "A BRILLIANT AND PASSIONATE EDUCATION ADVOCATE."THIS IS VIDEO OF TRUMP MEETING WITH DEVOS IN NEW JERSEY ON SUNDAY.SHE HEADS THE ADVOCACY GROUP AMERICAN FEDERATION FOR CHILDREN. SHE'S KNOWN FOR SUPPORTING CHARTER SCHOOLS AND VOUCHERS. SHE IS A FORMER MICHIGAN REPUBLICAN PARTY CHAIRWOMAN.

11/29/16 4:00PM (:20 SECONDS) HERE'S A LOOK INSIDE THE WHITE HOUSE --- NOW DECKED OUT FOR THE HOLIDAYS. THIS YEAR'S THEME IS "THE GIFT OF THE HOLIDAYS" TO REFLECT THE JOY OF GIVING AND RECEIVING, ALONG WITH SUCH GIFTS AS SERVICE, FRIENDS, FAMILY, EDUCATION AND GOOD HEALTH. THERE'S A GINGERBREAD WHITE HOUSE IN THE STATE DINING ROOM. IT'S MADE FROM 150 POUNDS OF GINGERBREAD COVERED IN 100 POUNDS OF BREAD DOUGH.

11/30/16 4:00PM (:30 SECONDS) MEN WILL SOON GET TO LIVE ON CAMPUS AT MARY BALDWIN UNIVERSITY. THE SCHOOL IN STANTON, VIRGINIA IS CREATING A NEW UNIT CALLED UNIVERSITY COLLEGE THAT WILL INCLUDE THREE PROGRAMS FOR MEN AND WOMEN. THE THREE-YEAR DEGREE PROGRAMS WILL PROVIDE STUDENTS WITH BACHELOR'S DEGREES IN HEALTH SCIENCES, EDUCATION AND SHAKESPEARE AND PERFORMING ARTS. MARY BALDWIN OFFICIALS SAY THEY EXPECT THERE TO BE ONE CO-ED RESIDENTIAL HALL WITH MEN AND WOMEN LIVING ON SEPARATE FLOORS. MARY BALDWIN HAS SEVERAL CO-ED PROGRAMS --- BUT MEN HAVE NEVER LIVED ON CAMPUS.

12/2/16 6:00PM (:30 SECONDS) IN JUST OVER A MONTH, VIRGINIA LAWMAKERS WILL BE BACK IN RICHMOND -- DEBATING AND DECIDING HOW TO RUN THE COMMONWEALTH. TODAY 10 ON YOUR SIDE WENT TO LOCAL OFFICIALS IN VIRGINIA BEACH -- SHOWING YOU WHAT'S TOP OF MIND FOR THE UPCOMING ASSEMBLY. ANDY FOX IS HERE TO BREAKDOWN THE AGENDA TONIGHT. ANDY? THE BUDGET, SOLVING A \$1.5 BILLION DOLLAR SHORTFALL, AND GETTING ALONG. THERE'S A DEMAND TO WIDEN 64 FROM JEFFERSON AVENUE IN NEWPORT NEWS TO 295 OUTSIDE RICHMOND. ALSO ON THE AGENA, MAINTAINING THE FUNDING FOR HIGHER EDUCATION.

12/5/16 4:00PM (:35 SECONDS) VIRGINIA ATTORNEY GENERAL MARK HERRING HAS RELAUNCHED A WEBSITE FOR PREVENTION AND EDUCATION INFORMATION ON THE HEROIN AND PRESCRIPTION DRUG ABUSE CRISIS. HARDEST-HIT-V-A-DOT-COM NOW FEATURES HERRING'S DOCUMENTARY "HEROIN:HARDEST HIT." THE NEW SITE ALSO FEATURES MORE IN-DEPTH INTERVIEWS WITH AFFECTED FAMILIES, PEOPLE IN LONG-TERM RECOVERY, AND HEALTHCARE AND LAW ENFORCEMENT PROFESSIONALS. IT ALSO HAS FACTS AND FIGURES ABOUT THE SCALE OF THE HEROIN AND PRESCRIPTION DRUG CRISIS AND WHO IT AFFECTS. THROUGH JUNE 30TH --- MORE THAN 700 VIRGINIANS HAVE DIED OF HEROIN, FENTANYL OR PRESCRIPTION OPIOD OVERDOSES. WE POSTED A LINK ON WAVY DOT COM.

12/6/16 5:00PM (:20 SECONDS) WE'RE LEARNING MORE FROM THE VIRGINIA ATTORNEY GENERAL ABOUT A WEBSITE BUILT TO COMBAT THE OPIOID EPIDEMIC. HARDEST-HIT-V-A-DOT-COM IS A ONE STOP SHOP FOR EDUCATION AND PREVENTION MATERIALS. YOU'LL HEAR FROM FAMILIES, PEOPLE IN LONG-TERM RECOVERY, AND HEALTHCARE AND LAW ENFORCEMENT. IT HAS A RESOURCE LOCATOR SO YOU KNOW EXACTLY WHERE YOU OR A LOVED ONE CAN GET HELP.

12/7/16 4:00PM (:20 SECONDS) NORTH CAROLINA GOVERNOR PAT MCCRORY JUST CONCEDED THE GOVERNOR'S RACE.TODAY HE WAS VISITING TRUMP TOWER. THIS IS

VIDEO OF MCCRORY IN NEW YORK CITY TODAY. HE'S NOT SAYING WHAT HE DISCUSSED WITH TRUMP. THE PRESIDENT-ELECT'S TRANSITION TEAM SAYS MCCRORY'S TRACK RECORD ON EDUCATION AND REGULATORY REFORMS CAUGHT TRUMP'S ATTENTION.

12/14/16 11:00PM (:30 SECONDS) NEW AT 11. A CHESAPEAKE WOMAN HAS PLEADED GUILTY TO A SCAM, USING FOUR-AND-A-HALF MILLION DOLLARS OF G-I BILL TUITION PAYMENTS. PROSECUTORS BELIEVE KATHERINE GROBES CLAIMED TO TRAIN VETERANS AT A SCHOOL IN CHESAPEAKE. BUT THE STUDENTS ONLY SIGNED IN -- WITHOUT EVER RECEIVING AN EDUCATION OR TAKING TESTS. THEY SAY THIS HAPPENED FOR FIVE YEARS STARTING IN 2011 -- GROBES FACES UP TO FIVE YEARS IN PRISON WHEN SENTENCED IN MARCH. HER HUSBAND, WILLIAM GROBES, PLEADED GUILTY IN NOVEMBER.

12/16/16 12:00PM (:30 SECONDS) STUDENTS WILL NEED TO FILL OUT A FEDERAL LOAN FORGIVENESS APPLICATION. KEEP AN EYE ON YOUR INBOX, THE ATTORNEY GENERAL'S OFFICE IS WORKING WITH THE DEPARTMENT OF EDUCATION TO EMAIL YOU IN THE NEXT WEEK OR SO TO LET YOU KNOW WHAT YOU NEED TO DO TO TAKE ADVANTAGE OF THE PROGRAM.

12/20/16 5:30PM (:25 SECONDS) THE UNITED NATIONS PAID TRIBUTE TODAY TO THE LATE FIDEL CASTRO. CASTRO SERVED AS CUBA'S PRESIDENT FROM 1976 TO 2008. SECRETARY-GENERAL BAN KI-MOON SAID CASTRO MADE ADVANCES IN EDUCATION LITERACY AND HEALTH IN CUBA. CASTRO HOLDS THE RECORD FOR THE LONGEST CONTINUOUS SPEECH EVER GIVEN AT THE UNITED NATIONS. IN 1960, HE ADDRESSED THE GENERAL ASSEMBLY FOR 4 HOURS AND 29 MINUTES. CASTRO DIED NOVEMBER 25TH AT THE AGE OF 90.

12/29/16 4:00PM (:35 SECONDS) PRESIDENT-ELECT DONALD TRUMP IS WRITING HIS INAUGURAL ADDRESS HIMSELF. THAT'S ACCORDING TO C-N-N'S PRESIDENTIAL HISTORIAN DOUGLAS BRINKLEY WHO MET WITH TRUMP YESTERDAY TO DISCUSS THE JANUARY 20TH SPEECH . BRINKLEY SAID TRUMP IS INTENT ON DRAFTING THE ENTIRETY OF THE SPEECH HIMSELF --- WITH INPUT FROM HIS TEAM. THE TOPICS ARE SAID TO INCLUDE THE EDUCATION SYSTEM, INFRASTRUCTURE, BORDER SECURITY, THE STATE OF THE MILITARY, THE ECONOMY AND THE OUTSOURCING OF JOBS. BRINKLEY SAID TRUMP WANTS THE SPEECH TO BE SHORT -- SO THE THOUSANDS OF SUPPORTERS EXPECTED TO ATTEND THE CEREMONY AREN'T STANDING OUT IN THE COLD TOO LONG.