

QUARTERLY ISSUES

STATEMENT

The KRCB TV, KPJK TV and PBS Television issues that Northern California Public Media has determined to be most significant to our audience include: Aging, Agriculture, Arts, Community Politics/Government, Culture, Economy, Education, Environment/Nature/Natural Disasters, Health/Health Care, Poverty/Hunger, Women, and Youth. These issues were given significant treatment by the programs/descriptions that follow

K

RCB

Quarterly

Program Topic Report

February, 2024

Thu, Feb 01, 2024

06:00:00:00 00:26:46:09

HEALTH/HEALTH CARE
Happy Yoga with Sarah Starr

Tropical Garden

Bask in the tropical garden paradise as you enjoy a creative intermediate yoga practice designed to stretch your hamstrings, hips and spine with an emphasis on strengthening your core.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Koala Balloon

Martin and Chris must protect a young koala stranded in the Australian Outback, and help him get back to his Eucalyptus forest habitat. On their quest to return the adorable animal home, the brothers discover lots of interesting facts about how animals are specialized to their own environment, and with some tips from an intrepid desert dweller called the thorny devil, they must survive the desert crossing and bring the koala home.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Not So Splash/Switch Your Partner Round and Round

Not So Splash - In the middle of summer, Olive and Otto investigate why parts of town are turning snowy and cold. Curriculum: Measurement; comparing temperatures and using a thermometer. Switch Your Partner Round and Round - Olive and Otto discover what life would have been like if Ms. O has assigned them different partners. Curriculum: Measurement; using standard measurements to compare capacity.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Rockin' with Elmo and Abby

Elmo and Abby learn how to compromise and combine their two favorite songs, creating the Best Friend Song.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Snowflake Day!

In this thirty minute holiday musical episode, the Neighborhood is celebrating Snowflake Day! Daniel has a very important role as the snowflake in the Neighborhood's Snowflake Day Show and he can't wait to say his lines! The Enchanted Garden is full of excitement and winter cheer as everyone pitches in to make the celebration a true Neighborhood success!

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Rosie Gets Moving/The Flying Disc Dilemma

108A When Tia forgets her lucky spoon, Rosie, Javi and Papá use different kinds of transportation

to get it to her before her train leaves. 108B When
Crystal's flying disc gets stuck in a tree,
Rosie learns that just the right kind of transportation
can get it down.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Chef Rides A Bike / Face Painting

Chef Pisghetti wants to surprise Netti with a bicycle
ride around Endless Park for her birthday.
The only problem is, he doesn't know how to ride a bike.
Lucky for him, George is an expert! So
George sets out to teach Chef, starting with the four
basics of bicycling: pedal, steer, balance
and brake. After a bumpy start, Chef proves to be an
eager student and makes great progress.
George is an excellent instructor! But while practicing
some of the basics in the park, Chef takes
a wrong turn and finds himself hurtling downhill on a
runaway bike, headed straight for the
Museum. George suddenly remembers that he forgot to show
Chef the fourth and final lesson...
brake!! Can George help Chef master bike riding in time
for Netti's birthday surprise - but first,
stop him from colliding with the exhibit of fragile and
priceless artifacts?? / George is amazed
by Mrs. Renkins' painting of Mr. Renkins and Leslie the
cow. What artistic talent! Inspired,
George decides to draw a portrait of The Man with the
Yellow Hat as a surprise for his friend.
After Mrs. Renkins shows him that drawing a face starts
with basic shapes, George notices shapes
everywhere. Triangles in noses, circles in flowers -
even his own house is a square! Then George
gets the perfect idea. Instead of painting a small face
on paper, why not use the shapes already
on the house to paint a really BIG face? With a little
help from Allie and Bill, and a LOT of
paint, George gets to work transforming his house into
The Man with the... Uh oh! Where will
George find a BIG Yellow Hat?!

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

Crab Quakes/Hopping Helpers

The Wombats are on the case, helping find the mystery of a scary-weird sound that has frightened Carly, CeCe, and Clyde. / The Wombats become "Hopping Helpers," packaging jars of super-sticky Ooey Gooey Goo.

13:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

Origins

The story of how it all began. It's twelve years earlier and Eliza and The Duke meet for the very first time.

14:00:00:00 00:55:38:03

CULTURE

Power Trip: The Story of Energy

Culture

Culture and modern energy go hand in hand. Our fashion, music, and art all have been impacted by modern energy. Wealthy industrialists with fortunes made from energy funded much of modern culture, using energy systems to spread culture across the globe.

20:00:00:00 00:59:00:00

ARTS

Eye of the Storm

In this film we follow James Morrison, widely recognized as one of Britain's finest landscape artists, as he faces his greatest ever challenge. His work hangs in the homes of JK Rowling and the Royal family, as well as in museums, and private collections around the world. But now his eyesight is fading fast, and he has one more major painting to complete. As Morrison reflects on his remarkable artistic journey, from the Glasgow shipyards, to France and the vanishing arctic wilderness, the film becomes a powerful and poignant exploration of what it means to be a landscape painter. Eye of the Storm is also the universal story of a creative mind dealing with the physical frailties that catch up with all of us. Winner of a Scottish BAFTA.

Fri, Feb 02, 2024

06:00:00:00 00:27:02:24

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

The muscles of your core act as the scaffolding surrounding your torso, back, and sides - keeping your torso corseted, back upright, and spine in good posture. This is why having a strong and flexible core is essential to looking and feeling young. This intermediate workout is designed to strengthen the core and open the chest and pectorals - leaving you with improved posture.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Ground Hog Wake Up Call

Aviva tries to prove that groundhogs have amazing creature powers, but instead falls into a deep sleep, leaving the Kratt bros to discover all about hibernation.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Trials and Tubulations

In this half-hour episode, the tube system breaks and Olive and Otto are left stranded in a dangerous forest. Curriculum: Geometry and spatial sense: using a map to identify landmarks and navigate to a location.

07:30:00:00 00:28:46:00

YOUTH

Sesame Street

Cinderella's New Shoes

Rosita helps Cinderella realize that she can be a princess and play. The best part of the day was becoming friends.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

The Neighborhood Wedding

Dr. Anna and Baker Aker are getting married, and the whole Neighborhood is helping them celebrate!

Daniel has an important job as the ring bearer and learns there are many ways to say "I love you."

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Super Rosie/On with the Show

115A Rosie wants to have a nighttime job, so she turns into a Super Kid and tries different tasks to get her job done. 115B Rosie is helping out with the play at the community theater, but she must figure out what her job is before the play starts.

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

The Treeborhood Parranda/Happy New Acorn

Year!

The Flapping Feathers's bus derails on its way to the Parranda. Super fans Sammy and Louisa save the celebration! / This year, the Wombats can stay up late to watch the New Year's Eve Acorn Drop - if they can keep from falling asleep.

14:00:00:00 00:26:46:04

ENVIRONMENT/NATURE/NATURAL DISASTERS
Changing Seas

The Cordell Bank: A National Treasure

California's north-central coast is famous for its natural splendor. Only fifty miles northwest of San Francisco's Golden Gate Bridge lies the Cordell Bank, a magical underwater island few people have ever heard of. Protected inside a National Marine Sanctuary, this oasis is an ecological hot spot for marine life - attracting birds, sea turtles and marine mammals from thousands of miles away.

14:30:00:00 00:26:45:22
ENVIRONMENT/NATURE/NATURAL DISASTERS
Untamed

Snakes

People often fear snakes but Ed and the Wildlife Center staff explain that they play an important role in the environment.

Sat, Feb 03, 2024

04:00:00:00 00:59:00:00
ENVIROMENT/NATURE/NATURAL DISASTERS
Biology: from Molecules to Man

Biology: From Molecules to Man is a special program under the auspices of The HistoryMakers ScienceMakers initiative taped live at the Center of Science and Industry (CoSI) in Columbus, Ohio on February 26, 2010. The program features a collection of prominent African American scientists that includes Brown University's Wayne Bowen, Emory University's George Jones, The Ohio State University Medical Center's Kwame Osei, and the University of California, San Francisco's John Watson. Moderated by WBNS news anchor Jerry Revish, the program focuses on life from brain cells to fungus to the human heart. Each featured scientist provides a compelling summary of their work before answering questions as a panel about their life, their work, and their numerous accomplishments. Topics covered include the scientist's role as African American scientists, being role models, the role of science and math in youth education and the future of science. Videotaped short sessions with each individual scientist featuring students from local Columbus schools Afrocentric Early College and Linden McKinley Middle/High School are also included.

06:00:00:00 00:27:29:28
HEALTH/HEALTH CARE
Sit and Be Fit

Tai Chi with Tino

Tai Chi exercises are good for balance training and fall prevention. Mary Ann introduces guest Tai

Chi instructor, Tino, who leads viewers in a fun "Tai Chi By The Sea" segment.

06:30:00:00 00:26:21:13

HEALTH/HEALTH CARE
Your Fantastic Mind

Stress

We are a stressed society and many of us self-medicate in ways that only amplify our stress. In this episode, YFM investigates the science of stress and how to reduce it, especially in the age of COVID. We explore the research behind meditation and mindfulness and offer ways to implement healing practices. Exploring another facet of stress, YFM takes a closer look at the millions of Americans who report sleep disruptions as a leading cause of stress. We highlight research that shows the impact of a bad night's sleep and talk to a leading expert who goes beyond basic sleep hygiene, giving advice we can all use to improve sleep habits. We also learn about intergenerational trauma which is an area of research proving that trauma inflicted on one generation is inherited by the generations that follow and a source of unspoken stress. It's a fascinating area of research that asks us to confront our own truths and traumas, to help us understand the power we have to influence our descendants.

07:00:00:00 00:28:59:29

YOUTH
Mister Rogers' Neighborhood

Big Bird Comes to Call/Feelings About

Contests

Chef Brockett visits Mister Rogers to say he didn't win a cake decorating contest. In the Neighborhood of Make-Believe, Big Bird from "Sesame Street" arrives amid much excitement and reassures Henrietta that X the Owl will still be her best friend.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

How to Catch A Robot Dog

Elmo and Tamir need to catch Norbert's robot dog, Alfred, but he keeps running away. What if they make a fishing pole with a magnet since Alfred is made of metal? Let's try!

08:00:00:00 00:28:46:05

YOUTH
Arthur

Muffy Misses Out/Arthur Takes A Stand

Muffy worries that her friends don't need her anymore when they plan a successful bake sale without her. Arthur thinks Mrs. MacGrady is being treated unfairly, so - with some guidance from special guest Congressman John Lewis - he decides the best way to take a stand is to take a seat.

08:30:00:00 00:28:46:05

YOUTH
Dinosaur Train

Valley of the Stygimolochs/Tiny Loves Fish

Valley of the Stygimolochs - Buddy wonders if he'll grow horns when he gets older, so Mrs. Pteranodon takes him to visit some dinosaurs called Stygimoloch, who have really impressive horns. Tiny Loves Fish - After Mr. Pteranodon teaches the kids his fishing method, Buddy and Tiny work together as a team to catch fish in the Big Pond.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Chef Rides A Bike / Face Painting

Chef Pisghetti wants to surprise Netti with a bicycle ride around Endless Park for her birthday. The only problem is, he doesn't know how to ride a bike. Lucky for him, George is an expert! So George sets out to teach Chef, starting with the four basics of bicycling: pedal, steer, balance and brake. After a bumpy start, Chef proves to be an eager student and makes great progress. George is an excellent instructor! But while practicing some of the basics in the park, Chef takes a wrong turn and finds himself hurtling downhill on a runaway bike, headed straight for the Museum. George suddenly remembers that he forgot to show Chef the fourth and final lesson...

brake!! Can George help Chef master bike riding in time for Netti's birthday surprise - but first, stop him from colliding with the exhibit of fragile and priceless artifacts?? / George is amazed by Mrs. Renkins' painting of Mr. Renkins and Leslie the cow. What artistic talent! Inspired, George decides to draw a portrait of The Man with the Yellow Hat as a surprise for his friend. After Mrs. Renkins shows him that drawing a face starts with basic shapes, George notices shapes everywhere. Triangles in noses, circles in flowers - even his own house is a square! Then George gets the perfect idea. Instead of painting a small face on paper, why not use the shapes already on the house to paint a really BIG face? With a little help from Allie and Bill, and a LOT of paint, George gets to work transforming his house into The Man with the... Uh oh! Where will George find a BIG Yellow Hat?!

09:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Koala Balloon

Martin and Chris must protect a young koala stranded in the Australian Outback, and help him get back to his Eucalyptus forest habitat. On their quest to return the adorable animal home, the brothers discover lots of interesting facts about how animals are specialized to their own environment, and with some tips from an intrepid desert dweller called the thorny devil, they must survive the desert crossing and bring the koala home.

10:00:00:00 00:28:46:00

YOUTH
The Infinite Art Hunt

The Birdhouse (Creative Reuse)

The Birdhouse (Creative Reuse): Freddie is obsessed with building a high-tech luxury birdhouse but isn't sure how to go about it. A trip to a 'playbrary' where young creators can use secondhand toys and materials and a chat with a playground designer inspire Freddie to make something new and unique through creative reuse of old materials.

14:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

Origins

The story of how it all began. It's twelve years earlier and Eliza and The Duke meet for the very first time.

15:00:00:00 00:56:46:00

ARTS

All Creatures Great and Small On Masterpiece

Right Hand Man

Busy and exhausted, James and Helen cannot get any time together. James thinks he found a solution when he hires a new trainee vet, Richard Carmody, but things do not quite work out as he expects.

16:00:00:00 00:26:46:00

ARTS

Rick Steves' Europe

Rick Steves' Europe: Art of the Impressionists and Beyond

The late-1800s saw old notions of beauty challenged by revolutionary artists. We enjoy pioneering Impressionist works Monet's lilies, Renoir's ladies, Degas' snapshots and Rodin's statues that capture the joie de vivre of the age. We trace the tempestuous travels of Van Gogh through his incomparable art. And we finish in Spain, with wild and crazy buildings that herald the dawn of a new century.

20:00:00:00 00:56:46:00

ARTS

Austin City Limits

Tanya Tucker/Brittney Spencer

Country Music Hall of Famer Tanya Tucker and newcomer Brittney Spencer showcase the best of modern country music on Austin City Limits. Tucker sings tunes from her album Sweet Western Sound and Spencer performs tunes from her debut My Stupid Life.

21:30:00:00 00:26:46:03

ARTS
Lost River Sessions

Liz Brasher

Soulful Memphis songwriter Liz Brasher performs a powerful set live from the Van Meter Hall in Bowling Green, KY.

22:00:00:00 00:26:46:00

ARTS
Sound On Tap

Sal and the Stonewall Hippies

With deep roots styled and sharpened in the hallows of the West Texas haunt of The Blue Light, Sal and the Stonewall Hippies are gaining traction with each and every performance. Stylistically falling somewhere between flatlanders and troubadour's imparting strife and life's darker side, Sal and company drive to tug on the heartstrings of any lovers of thematic storylines and fan of tight pockets. Bluesy undertones and hints of grit and growth always shine brightly with each note of progress and reflection.

22:30:00:00 01:56:01:05

ARTS
Black Broadway: A Proud History, A Limitless Future

Join an all-star cast performing songs from the hit musicals Dreamgirls, Ain't Misbehavin, The Color Purple, Porgy and Bess and so many more to celebrate the rich history and evolution of Black roles and voices on Broadway. Weaving the history, prominence and hopes for the future through music, the cast is led by Stephanie Mills, Norm Lewis, Corbin Bleu, Niki Renee Daniels, Peppermint, Tiffany Mann and Sydney James Harcourt. Special appearances include Clayton Cornelius, James Monroe Iglehart, Brittany Johnson and many more.

Sun, Feb 04, 2024

06:00:00:00 00:27:30:00

HEALTH/HEALTH CARE
Wai Lana Yoga

Special: Blankets

Blankets can make your yoga session easier and more enjoyable. Wai Lana shows you how.

06:30:00:00 00:26:46:04

HEALTH/HEALTH CARE
Yoga In Practice

Transforming Fear Into Joy

Fear can be useful. It keeps us safe in uncertain situations, but it can just as easily block us from living fully. Through our sense of wonder, like a child, we can learn to embrace any circumstance. The arm balance called Crow can help us face our fears.

07:00:00:00 00:26:45:25

HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Posture

Today's episode is set in one of the most beautiful locations yet, Montego Bay, Jamaica. Join Miranda Esmonde-White today for a full-body posture workout. Good posture is the key to looking and feeling youthful and vibrant.

11:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Nature

Big Little Journeys: Survival

In Taiwan, a Formosan pangolin travels through a land of giants to find a mate in a protected forest, while in Brazil's Atlantic Forest, a family of golden-headed lion tamarins journey from the edge of their world into a land of plenty.

12:00:00:00 00:53:57:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Nova

The Next Pompeii

Discover Campi Flegrei, a lesser-known volcano in the shadow of Vesuvius. If it erupts, millions

of lives could be at risk. Meet the scientists exploring its geography and developing a warning system to prevent Naples from becoming the next Pompeii.

16:00:00:00 01:22:00:00

ARTS
Norcal Classic Movies

Man in the Attic

20:00:00:00 00:56:46:05

ARTS
Great Performances

Now Hear This | Schumann: Genius and Madness

Visit Scotland, Germany and France with host Scott Yoo as he investigates the connection between Robert Schumann's bipolar disorder and creative genius via experts, musical performances and examining the work of other artists outside world of music.

21:00:00:00 00:26:46:00

ARTS
Classical Tahoe

The Classical Tahoe Orchestra performs Overture to Oberon by Carl Maria von Weber, concerto for Oboe and Strings" by Ralph Vaughan Williams, Vier letzte Lieder (Four Last Songs) "Im Abendrot" ("At Sunset") by Richard Strauss, Violin Concerto No. 3 in B minor, Op. 61 by Camille Saint-Saens (featuring Amaryn Olmeda, violin) and Etudes-Caprices, Op. 18, No. 4 by Henryk Wieniawski.

21:30:00:00 00:26:46:00

ARTS
Tradfest: The Dublin Castle Sessions

A Ceathair

An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. Trad without Frontiers' is the festival motto which inspired this series. Host Fiachna O Braonain breaks musical bread with his guests and uses Irish traditional music as a starting point that leads to many unexpected places. Guests: Steve and Joe Wall from The Stunning with Sive, Eleanor McEvoy, Damon Butcher, Robert Harvey, Cathy Jordan, Dervish.

22:00:00:00 00:46:28:00

ARTS
Broadchurch

Episode 5

As Hardy and Ellie come under fire, the people of Broadchurch start to turn against each other. Will a vital new piece of evidence lead Ellie and Hardy to the killer?

Mon, Feb 05, 2024

06:00:00:00 00:26:56:22

HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Maintaining full body strength & flexibility is vital to feeling energetic and youthful, no matter your age. By working every muscle in the body this medium paced standing workout will activate your mitochondrial powerhouses; responsible for burning calories, giving you energy, and keeping you feeling young!

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

A Huge Orange Problem

While Chris and Martin are off searching for the endangered Orangutan in the deep forests of Borneo, back at the Tortuga HQ Aviva, Koki and Jimmy get carried away swinging on vines and their muscles so get incredibly sore that they can't do anything. The bros attempt to rush back with the first aid kit but a huge orangutan keeps tossing them back into the forest. Here they learn that orangutans use a special leaf and chew it into a lotion to ease muscle soreness, and return with this orangutan medicine to help their friends. But Zach has sent his Zachbots to fell the trees of the orangutan forest, and Martin and Chris activate the orangutan powers of the Creature Power Suit to rid the forest of saw-armed Zachbots, and save the orangutans rainforest home.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Where There's A Wolf, There's A Way/New Jacket

Required

Where There's a Wolf, There's a Way - Otis and Olympia stop werewolf Olaf from turning back into a boy. Curriculum: money, subtraction strategies. New Jacket Required - Otis struggles with his new high-tech agent's jacket. Curriculum: negative numbers and simple operations.

07:30:00:00 00:28:46:00

YOUTH

Sesame Street

Count On

Grover has a new job as a kitty sitter. He counts the kitties to see how many there are altogether. One, two, there, four four kitties altogether. Another kitty comes by and then another. Grover needs to count from the beginning all over again. The Count shares a counting shortcut counting on! Instead of starting all over, he can count on from where he left off. Grover uses the shortcut and counts seven kitties altogether. The kitties are now hungry so they walk over to Hooper's. At first, he only finds four blue kitty bowls. But Chris mentions he also has three yellow bowls. By using Count's counting shortcut, Grover's able to count seven bowls, one for each kitty. Grover loves this counting shortcut!

08:30:00:00 00:28:46:05

YOUTH

Rosie's Rules

President of the Sandbox / Dino Parade

Rosie and Javi both want to be in charge of the sandbox, so the kids hold an election to choose the president. / The Dino Parade is about to be cancelled, so Rosie rallies her friends to form a marching band.

09:00:00:00 00:28:46:05

YOUTH

Curious George

Bonus Day/Understudy George

George can't believe that it's already the last day of February. But his hedgehog calendar shows that tomorrow is February 29th instead of March 1st! Huh? The Man with the Yellow Hat explains this is Leap Year, which means they get an extra day. Wow! George wants to do something extra special on his bonus day. But what? George soon discovers that there's no shortage of fun events planned for Leap Day: Hundley's Leap Year Dachshund Dash, the Polar Bear Plunge, the launch of Mr. Glass's Boat Hotel (the Boatel!), Professors Pizza and Einstein flying trapeze class and, of course, Chef Pisghetti's famous Leapin Lemon Pound Cake! George makes a schedule to do all five things - a Leap Day record! - but soon discovers that even the best laid Leap Day Plans can go awry. Can George get back on track to hit these amazing activities, or will he need to wait another four years!? / Everything is ready for today's opening of The Man with the Yellow Hat's play, "Lunch on Planet Zooz"! When Mr. Renkins gets a cold, leaving the cast with no understudies, George eagerly volunteers. Only to find out he must learn three roles! - Bill's confident space captain, Mrs. Quint's friendly Zooz greeter, and Mr. Quint's efficient roller skating robot waiter - and fast! George observes what he can in rehearsal but when the cast takes a break, George wonders if can find other people with these characteristics to help him learn the parts. With time running out, George goes out on the town and luckily encounters Shirley the confident bus driver, friendly Mrs. Renkins (and extra friendly Bo!), and efficient waiter Jimmy, and recruits them all! But when Bessie the cow blocks the town road, and draws Bill and the Quints into the drama, the curtain comes up and George finds himself needing to play ALL of the roles.

10:00:00:00 00:26:46:00

AGING
Getting Dot Older

Living In Alaska

Host Roberto Mighty interviews Baby Boomers and invites viewers in. We meet Paul, the Veteran; Bert, the professor; Joe & Martha, the artists; Mary, the pilot; Guest Expert: Dr. Halima Amjad, Alzheimer's Specialist, Johns Hopkins Medical School.

14:00:00:00 00:53:59:00

CULTURE
Nova

Decoding The Great Pyramid

Stunning new archaeological evidence provides clues about the Egyptians who built the Great Pyramid of Giza -- and how they did it. Join researchers as they delve into the logbook of a work crew and discover how the massive project transformed Egypt.

19:00:00:00 00:29:11:02

ARTS
W1A

Welcome back to the world of W1A, where every meeting is a Damage Limitation Meeting, and the first item on the agenda is always Jeremy Clarkson. Ian Fletcher returns as Head of Values, perfecting his problem-creating (and very occasionally solving) abilities. Once again he has the unavoidable benefit of PR advice from Siobhan Sharpe. Surrounded by a coterie of incompetents, it's down to Ian to steer the BBC ship through increasingly choppy waters.

Tue, Feb 06, 2024

06:00:00:00 00:26:46:01

HEALTH/HEALTH CARE
Happy Yoga with Sarah Starr

Sunflower Beauty

Bask in the beautiful sunflower fields of summer as you enjoy a gentle yoga practice while entirely seated in a chair. Includes lower body moves to build strength and stamina along with gentle stretches for your shoulders, chest, back, hips and more.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Hercules - The Giant Beetle

While on a mission to investigate the exoskeletons of the Atlas and Hercules beetles, the Hercules beetle accidentally gets enlarged. Now the Wild Kratts are faced with a new mission. How to find a way to shrink the giant beetle before it demolishes everything in its path! Science Concept: Exoskeletons and their functionality.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Deposit Slip Up/Villains Always Win

Deposit Slip Up - Odd Squad builds an exact replica of the villain's vault to intercept a jetpack.

Curriculum: symmetry and lines of symmetry. Villains Always Win - Olympia tries to win back a stolen gadget on a villain game show. Curriculum: Temperature at which water freezes.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Big Bird's Happy to Be Me Club

Big Bird wants to join the Good Bird's Club but the members turn out to be bullies who want Big Bird to change who he is to fit in.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel Gets Mad at Dad/Daniel Gets Mad at His Friends

Daniel Gets Mad at Dad - On their way to the post office, Dad tells Daniel he can't play at the park, and that makes Daniel mad! Daniel feels badly about getting angry with his dad, but he learns that you can love someone even if you're mad at them. Daniel Gets Mad at His Friends - Daniel and his friends are making "Just Like Me" pictures at school today. When Miss Elaina spills red paint on Daniel's project, he gets mad at his friend. The group learns that even good friends get mad at each other sometimes. Strategy: You can be mad at someone you love. When you are ready, give them a hug!

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Dino Day Delayed/Rosies Walkie Talkie

106A When Papa says they'll have to wait until tomorrow to go to the Dino Park, Rosie tries to make tomorrow come faster. 106B Rosie tries to remember where she left her walkie talkie so she, Javi and Jun can play a game.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Turbo Python 3000
Camping with Hundley/Curious George Vs. The

Camping With Hundley - George loves his very first camping trip so much that he wants to go again as soon as possible. But The Man with the Yellow Hat is just too busy so the Doorman volunteers to take George and Hundley in his fancy trailer with GPS, satellite dish, and microwave. When a thunderstorm knocks out the power, George comes to the rescue by using his old-fashioned camping tools to help them make it through the rainy night and back home safely. Curious George vs. The Turbo Python 3000 - George isn't tall enough to ride the greatest rollercoaster of all time, The Turbo Python 3000. He uses licorice whips to measure his height and determines that he is 7-whips tall, one short of the 8-whip minimum! As he nibbles on his licorice, George looks for different ways to grow. His efforts seem to pay off when he measures himself again until he realizes that it's not that his legs are longer, it's that his stomach is fuller.

09:30:00:00 00:28:46:03

YOUTH
Work It Out Wombats!

Summerween/Make It Snow

The Wombats decide to celebrate a summer version of their favorite holiday - Halloween! / Zeke so wants to play in the snow, but it's summer and the Everything Emporium does not sell snow. Next best thing? Build Zeke a giant snow globe!

10:00:00:00 00:27:00:00

ARTS

Best of the Joy of Painting

Mountain Hideaway

Bob Ross uses a unique twist in his painting technique to create a happy little stream tumbling through a rocky meadow.

14:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS

Nature

Big Little Journeys: Bloodlines

In Madagascar, a match-stick sized chameleon goes on an epic journey to find a mate and lay eggs before it's too late. A water vole in the Scottish Highlands swims a lake, climbs a waterfall and scales a mountain to find a place to raise her pups.

21:30:00:00 00:26:47:22

ENVIRONMENT/NATURE/NATURAL DISASTERS

Bay Area Bountiful

Sempervirens Means Evergreen: People and

Redwoods

In March, Bay Area Bountiful investigates the aftermath of the CZU Lightning Fire in the Santa Cruz Mountains, both the devastating impact it had on some mountain communities and how its sheer intensity brought together local neighbors and regional agencies in new ways as they responded to the crisis. Volunteer firefighters and Community Emergency Response Team (CERT) members tell how this event, a result of natural factors exacerbated by climate change and human mismanagement, put their advance planning to the test. How can such unnaturally large fires be avoided? The local indigenous Amah Mutson Tribal Band has been relearning their ancient methods of promoting forest health and their Native Stewardship Corps works increasingly with organizations like Sempervirens Fund, Save the Redwoods League, Peninsula Open Space Trust and others to apply them to the land again. Looking to the future, BAB consults naturalists and foresters who even now see evidence of

the resilience of the redwood forest taking hold as they
walk on blackened earth through charred
tree trunks already sprouting with bright green

22:00:00:00 00:44:08:06

ARTS

Halifax: Retribution

The Shooter displays his hacking skills when he takes
control of the Minister's car while the
investigation into Ben's murder reveals that Jane was
the intended target.

Wed, Feb 07, 2024

06:00:00:00 00:26:50:20

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

This advanced, body shaping workout will tone and
strengthen your arms, abs, core, waist, and
legs. Join Miranda Esmonde-White in the breathtaking
Bermuda for this full-body standing workout
that will liberate your joints and connective tissue
while simultaneously strengthening your
entire body.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Kerhonk

When Martin's and Chris' Creature Power Suits
unexpectedly get jammed in Proboscis monkey mode and
the top monkey of the troop is injured protecting a
youngster from a crocodile, the Kratt brothers
find themselves stepping into the injured monkey's role.
While Aviva nurses the monkey back to
health, Chris and Martin must keep the troop together
and soon discover the important
communication function of the proboscis monkeys
strangest feature - his huge, droopy, bulbous
nose! They uncover some of the different methods animals
utilize to communicate important
information to each other.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Odd Beginnings, Part 1

Odd Beginnings - Agents Opal and Omar uncover the location of a legendary odd artifact.

Curriculum: Measurement, Simple Machines.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Community Mural

Friends on Sesame Street are painting a mural to celebrate the people in their neighborhood.

Tamir, Ji-Young, and Abby have a hard time finding a paint color that is the same color of their skin and fur. Nina shows them how they can mix paint to create the beautiful color that looks just like them. She mixes brown paint with some pink to make a beautiful pinkish brown color that looks just like her skin Nina Pinkish Brown. Tamir mixes brown paint with a little bit of gold to make a beautiful golden-brown Tamir Brown. Ji-Young mixes gold paint with a little bit of pink to make Ji-Young Pinkish Gold. Abby adds in a little bit more red paint to pink to make a beautiful pink color, Abby Pink. Everyone works together to make the mural special, showing that we may be different on the outside but we're all friends on Sesame Street.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel Can't Ride Trolley/Daniel Can't Get What He Wants

Daniel Can't Ride Trolley - Daniel is going to Prince Wednesday's castle to play, but when Mom tells him that they will be walking and NOT riding Trolley, Daniel gets mad. Mom explains to Daniel that he can't always get what he wants but shows him a way to feel better. Daniel Can't Get What He Wants - Daniel is shopping with Dad at the Market and gets very upset when Dad says he can't have the cookies he really, really wants. Dad assures him that it's ok to feel frustrated and shows him that stomping three times is a good - and appropriate way - for Daniel to help

himself feel better. Strategy: When you can't get what you want stomp three times to help yourself feel better.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

The Ice Pop Truck/Rosies Dollar Dilemma

Rosie wants to try the new ice pop from the Ice Pop Truck, but she needs to find an extra dollar to buy it. / Rosie gets a dollar after helping Tia at the mercado, but she struggles to decide what to buy with it.

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

Brother Day/Cafe Chaos

The key to a successful "Brother Day?" Make sure you ask the brother in question "Zeke" what he wants to do. / The key to being a successful waiter? Make sure to remember everyone's order, and the order of the orders!

10:00:00:00 00:28:16:19

AGRICULTURE
Wild Hope

Coffee for Water

Decades of war and unsustainable agriculture have ravaged the rainforest atop Mozambique's Mount Gorongosa. The devastation threatens the watershed that sustains life in nearby communities and in Gorongosa National Park. Now, park experts and local farmers are uniting to plant shade-loving coffee, which will help restore the forest and ensure a more prosperous future for humans and wildlife alike.

11:00:00:00 00:26:46:00

ARTS
Rick Steves' Europe

Rick Steves' Europe: Art of the High Middle

Ages

As Europe passed A.D. 1000, its growing prosperity was reflected in soaring Gothic cathedrals
graced with colorful altarpieces, lacy stonework, and radiant stained glass. We visit luxurious
castles to see exquisite tapestries showing a new secular love of worldly pleasures and, end in
Italy, where pioneering artists like Giotto were mastering realism and pointing the way to the future of art.

14:30:00:00 00:26:47:22

ENVIRONMENT/NATURE/NATURAL DISASTERS
Bay Area Bountiful

Sempervirens Means Evergreen: People and

Redwoods

In March, Bay Area Bountiful investigates the aftermath of the CZU Lightning Fire in the Santa Cruz Mountains, both the devastating impact it had on some mountain communities and how its sheer intensity brought together local neighbors and regional agencies in new ways as they responded to the crisis. Volunteer firefighters and Community Emergency Response Team (CERT) members tell how this event, a result of natural factors exacerbated by climate change and human mismanagement, put their advance planning to the test. How can such unnaturally large fires be avoided? The local indigenous Amah Mutson Tribal Band has been relearning their ancient methods of promoting forest health and their Native Stewardship Corps works increasingly with organizations like Sempervirens Fund, Save the Redwoods League, Peninsula Open Space Trust and others to apply them to the land again. Looking to the future, BAB consults naturalists and foresters who even now see evidence of the resilience of the redwood forest taking hold as they walk on blackened earth through charred tree trunks already sprouting with bright green

19:00:00:00 00:56:46:00

ARTS
Miss Scarlet and the Duke On Masterpiece

The Diamond Feather

Things are going well for Eliza until a familiar face shows up to question her role at Nash & Sons. Meanwhile, The Duke receives an offer that brings their relationship to a crisis point.

20:00:00:00 00:56:46:00

ARTS

All Creatures Great and Small On Masterpiece

By The Book

Carmody is challenged with learning how to be a vet. The new farmers have a worrying illness amongst their herd and James wants to help them. Helen rallies the community to help the newcomers whilst she waits for some personal news.

21:00:00:00 00:46:04:03

ARTS

RFDS:Royal Flying Doctor Service

Wayne's personal struggles spill over into his work when he is confronted by a suicidal patient and a frantic medevac to Adelaide.

Thu, Feb 08, 2024

06:00:00:00 00:29:00:00

HEALTH/HEALTH CARE

Happy Yoga with Sarah Starr

Panoramic Seascape

Recharge along the scenic ocean bluffs as we stretch from head to toe while using a chair for support. Includes gentle stretches for your hamstrings, shoulders, back, hips and more.

06:30:00:00 00:28:46:04

YOUTH

Wild Kratts

Polar Bears Don't Dance

While in the Arctic, Martin and Chris are on a mission to discover how animals move around in different environments. Their new knowledge comes in handy when they discover that Zach Varmitech has kidnapped a Walrus calf and a Polar bear cub. The Wild Kratts team must do what it takes to return the baby animals to their mothers. Science Concepts: Buoyancy, Traction.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Odd Beginnings, Part 2

Odd Beginnings - Agents Opal and Omar uncover the location of a legendary odd artifact.

Curriculum: Measurement, Simple Machines.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Move and Groove On Sesame Street

It's Dance Your Favorite Dance Day on Sesame Street. Nina, who knows lots of dances from around the world, teaches everyone the moves to their favorite dances.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel Takes His Time/Sometime's It's Good to Go Slow

Daniel Takes His Time - Grandpere is visiting Daniel and they are baking raisin bread together.

Daniel learns that sometimes it's good to take your time, and it can be worth the wait. Sometimes

It's Good to Go Slow - Daniel's class is going on a nature walk. The group learns that sometimes it's good to go slow: seeing, hearing, and smelling the environment around you. You never know

what you'll find! Strategy: Sometimes it's good to go slow.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Trouble In Chalk Town/Story Time Garden

Rosie and Javi are making a chalk town in the circle drive, but things take a turn when others

want to use the space too. / Rosie wants to fix the community garden for Story Time by herself,

but it turns out to be harder than she thought.

09:00:00:00 00:28:46:00

YOUTH
Curious George

George Bowls A Hole In One / Virtuoso George

Unable to agree on which beach umbrella to get for Aunt Margret, Steve and Betsy want to have a fun contest to determine who gets to decide. Steve campaigns for bowling and Betsy insists on golf, so they ask George to choose. George suggests they create a new game that combines elements of both games - and leads his friends in inventing a quirky, challenging course in Endless Park. George works hard to do as well as his older friends. With a little luck and a lot of duck he just might roll a bowl-in-one! / There's no telling what exciting thing a delivery person might bring. Today, George gets an extra special surprise... a piano! George is so excited and begs for a lesson. The Man with the Yellow Hat teaches George "Mary Had a Little Lamb" by showing him how piano keys make music notes that go up and down and can be repeated to make a song. With practice, George really starts to get the hang of it! Later that day, they find a player piano (a piano that can play itself!) outside of the County Store. As George has a blast pretending to play, the Renkins mistake him for a virtuoso and persuade The Man with the Yellow Hat to host a recital and invite the town. But when George tries to turn his home piano into a player piano, he breaks it completely - just as all of his friends start to arrive. Can George use his new knowledge of the piano's inner workings to improvise and save the show?

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

3,2,1 Lift Off! / Moon Magic

Only one way to find out if there are unicorns on the moon build a spaceship and go see for yourself! / Louisa tells Zeke she's a Moon Magician who can turn the moon into different shapes. Would Zeke like to learn how she does it?

13:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

The Diamond Feather

Things are going well for Eliza until a familiar face shows up to question her role at Nash & Sons. Meanwhile, The Duke receives an offer that brings their relationship to a crisis point.

Fri, Feb 09, 2024

06:00:00:00 00:26:45:08

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

Your connective tissue surrounds every cell, tendon, muscle, and bone - it is the magical fiber which connects each and every part of your body. This is why keeping it lubricated, strong, flexible and healthy is so important to a balanced and pain free body. By working your full body in this all-standing, beginner workout you will liberate each and every layer of connective tissue. Allowing you to move more freely and without pain.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Seasquatch

The Kratt brothers' sub loses power while they are exploring the strange landscape of the ocean depths and they are trapped on the ocean floor of the deep sea. Aviva must figure out how to harness the energy from the deep sea's hydrothermal vents in order to save the brothers and return them to the surface. The Wild Kratts team learns all about the amazing process of chemosynthesis and how deep sea creatures transform toxic chemicals into energy. With a little help from the Yeti crab Martin and Chris are able to capture the this energy and use it to restart the amphi-sub and return to the surface.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Portalandia/Slides and Ladders

Portalandia - The Mobile Unit's first case is to return a plant to the 17th dimension. Curriculum: Tessellation. Slides and Ladders - Oswald must learn everything he can about the Mobile Unit van before an important interview. Curriculum: Negative Numbers.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Count On

Grover has a new job as a kitty sitter. He counts the kitties to see how many there are altogether. One, two, there, four four kitties altogether. Another kitty comes by and then another. Grover needs to count from the beginning all over again. The Count shares a counting shortcut counting on! Instead of starting all over, he can count on from where he left off. Grover uses the shortcut and counts seven kitties altogether. The kitties are now hungry so they walk over to Hooper's. At first, he only finds four blue kitty bowls. But Chris mentions he also has three yellow bowls. By using Count's counting shortcut, Grover's able to count seven bowls, one for each kitty. Grover loves this counting shortcut!

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

It's Love Day!/Daniel's Love Day Surprise

It's Love Day! - Uggga Mugga! It's Love Day in the Neighborhood of Make-Believe. Daniel and all of his friends come up with their own special ways to show their love and care for one another. The kids dance, sing, and tell jokes to say "I love you." Daniel's Love Day Surprise - It's Love Day and Grandpere is coming to visit! How can Daniel find a way to show how much he loves Grandpere? With a treasure hunt, that's how! Daniel hides little hearts all over the house for Grandpere to find... that is, unless little Margaret finds them first! Strategy: Find your own way to say "I love you."

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Dance Party Island/Rosie The Mascot

Rosie creates a dance party island in her backyard, but the flag she puts on the island causes confusion. / Rosie wants to help cheer on Javi's soccer team, so she decides to become their mascot.

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

A Sleep Story for Ellie/Super's Super Mug

What's a super sleepy Ellie to do, besides stumble around groggily and talk to bushes? The storytellers of her favorite sleepy time radio show are on vacation, so she's having trouble falling asleep! Zadie decides to come up with a soothing story just for Ellie, a story about a dragon who loves pizza; Malik and Zeke volunteer to help provide the relaxing sound effects. Guess what? It works! / When Super's favorite mug smashes into a bunch of pieces, the Wombats decide to fix it so Super won't be too sad. Sticky tape doesn't work, sticky taffy doesn't work, but Mr. E's Ooey Gooley Goo, shells and gold paint - plus a whole lotta love - do the trick!

14:00:00:00 00:26:46:04

ENVIRONMENT/NATURE/NATURAL DISASTERS
Changing Seas

Toxic Waters

Harmful algal blooms come in many forms, from toxic outbreaks impacting the health of animals and humans, to non-toxic but expansive sargassum mats devastating local economies and tourism. Scientists are working to understand what causes these blooms, how they impact us, and how we can stop them.

14:30:00:00 00:26:45:28

ENVIRONMENT/NATURE/NATURAL DISASTERS
Untamed

Unusual Species

Join Ed and the staff at the Wildlife Center of Virginia as they discuss Virginia's more unusual species, including beavers and bobcats.

19:00:00:00 01:23:00:00

ARTS

Norcal Classic Movies

Hollow Triumph

Sat, Feb 10, 2024

06:00:00:00 00:27:29:28

HEALTH/HEALTH CARE

Sit and Be Fit

Brain and Balance

Mary Ann shares exercises that improve postural strength and finger dexterity. Gretchen leads viewers through a fun segment that challenges the brain and balance systems with reaction time and patterning exercises. Dr. Emily shares a balance tip.

06:30:00:00 00:27:50:05

HEALTH/HEALTH CARE

Your Fantastic Mind

The Opioid Crisis

This episode begins in Appalachia, the geographical birthplace of the opioid crisis, setting up how the use of opioids became rampant and spread. Then we go inside the brain to show how and why the brain becomes quickly addicted to opioids. The episode also features medication assisted treatment, an effective treatment that has been stigmatized.

07:00:00:00 00:29:00:07

YOUTH

Mister Rogers' Neighborhood

Zipper Factory

Mister Rogers learns how people make zippers. In the Neighborhood of Make-Believe, the king and queen leave to teach a course at the Royal School of Castle Management. Prince Tuesday is left with his "night and day caregiver," Mr. Aber.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Big Bird's Happy to Be Me Club

Big Bird wants to join the Good Bird's Club but the members turn out to be bullies who want Big Bird to change who he is to fit in.

08:00:00:00 00:28:46:05

YOUTH
Arthur

Buster Spaces Out/The Long Road Home

Buster Spaces Out - Inspired by footage of the moon landing, Buster wants to go to outer space! Well, someday. For now, it'd be really cool to build and launch a rocket! So Buster enlists his friends to help...but they can't agree on anything and the mission stalls. Luckily, NASA astronaut Mike Finke guest-stars to teach the kids that only teamwork will accomplish this mission-and then it's blast-off! The Long Road Home - After costing Lakewood Elementary the win in a relay race against Mighty Mountain, George wants to redeem himself. Ok, George might be a slower runner but he is determined to walk all the way from Crown City to Elwood City and raise money for charity. There's just one problem - no one really thinks he can do it! This episode also marks the homecoming for "El Boomerang" and the suspense is - will the beloved soccer ball arrive from (believe it or not) Turkey in time for Alberto's birthday?? Everyone's in for a surprise.

08:30:00:00 00:28:44:28

YOUTH
Dinosaur Train

The Call of the Wild Corythosaurus/Triceratops for Lunch

The Call of the Wild Corythosaurus - The family surprises Mom for her birthday with a trip to a concert given by Cory and her family of Corythosaurus, who play music through the crests on their heads. Triceratops for Lunch - Our Pteranodon family eats lunch with their friend Tank Triceratops and discover that he and his family are all plant-eaters, with great leaf-eating teeth and giant appetites!

09:00:00:00 00:28:46:00

YOUTH
Curious George

George Bowls A Hole In One / Virtuoso George

Unable to agree on which beach umbrella to get for Aunt Margret, Steve and Betsy want to have a fun contest to determine who gets to decide. Steve campaigns for bowling and Betsy insists on golf, so they ask George to choose. George suggests they create a new game that combines elements of both games - and leads his friends in inventing a quirky, challenging course in Endless Park. George works hard to do as well as his older friends. With a little luck and a lot of duck he just might roll a bowl-in-one! / There's no telling what exciting thing a delivery person might bring. Today, George gets an extra special surprise... a piano! George is so excited and begs for a lesson. The Man with the Yellow Hat teaches George "Mary Had a Little Lamb" by showing him how piano keys make music notes that go up and down and can be repeated to make a song. With practice, George really starts to get the hang of it! Later that day, they find a player piano (a piano that can play itself!) outside of the County Store. As George has a blast pretending to play, the Renkins mistake him for a virtuoso and persuade The Man with the Yellow Hat to host a recital and invite the town. But when George tries to turn his home piano into a player piano, he breaks it completely - just as all of his friends start to arrive. Can George use his new knowledge of the piano's inner workings to improvise and save the show?

09:30:00:00 00:28:46:04

YOUTH
Wild Kratts

Polar Bears Don't Dance

While in the Arctic, Martin and Chris are on a mission to discover how animals move around in different environments. Their new knowledge comes in handy when they discover that Zach Varmitech has kidnapped a Walrus calf and a Polar bear cub. The Wild Kratts team must do what it takes to return the baby animals to their mothers. Science Concepts: Buoyancy, Traction.

10:00:00:00 00:28:46:00

YOUTH

The Infinite Art Hunt

The Summer Dance Off (Hip Hop)

The Summer Dance Off (Hip Hop): It's Freddie's favorite day of the year - the annual summer dance off- but Cousin Ty isn't feeling quite as confident in his dancing ability. Freddie makes it her art mission to change his attitude and takes them to a studio where a dance instructor introduces them to his students and teaches a few moves.

15:00:00:00 00:56:46:00

ARTS

All Creatures Great and Small On Masterpiece

By The Book

Carmody is challenged with learning how to be a vet. The new farmers have a worrying illness amongst their herd and James wants to help them. Helen rallies the community to help the newcomers whilst she waits for some personal news.

16:00:00:00 00:26:46:00

RTS

Rick Steves' Europe

Rick Steves' Europe: Art of the 20th Century

Europe's tumultuous 20th century spawned a kaleidoscope of cutting-edge art. From Spain to Hungary, Glasgow to Oslo, we seek out all that's wild, colorful, surreal, and just plain fun. The fascinating work of Pablo Picasso leads us through the century's major art styles. And in today's gleaming cities, we see how a persistent artistic spirit connects us with both our past and an exciting future.

20:00:00:00 00:56:46:00

ARTS
Austin City Limits

Noah Kahan/Flor De Toloache

Breakout singer/songwriter Noah Kahan & Grammy-nominated act Flor de Toloache debut on Austin City Limits. Kahan performs tunes from his acclaimed Stick Season. Groundbreaking all-female mariachi act Flor de Toloache plays songs from Motherflower.

21:30:00:00 00:26:46:04

ARTS
Lost River Sessions

Hogslop String Band

Energetic string group Hogslop String Band perform a lively set from the Boyce General Store in Alvaton, KY.

22:00:00:00 00:26:47:22

ARTS
Sound On Tap

TVPG

Catamaran

Catamaran makes rhythmically enrapturing indie surf rock, using tremolo-ed guitars and syrupy melodies to craft songs that are as catchy as they are interesting. Catamaran quickly launched into the spotlight in the Dallas-Fort Worth area after making their radio debut on the 102.1 KDGE Local Show. The band was nominated for a 2013 Dallas Observer Music Award for Best Pop Act and is currently in rotation on DFW's popular independent radio station, 91.7 KXT.

22:30:00:00 01:24:13:00

ARTS
I Go to the Rock: The Gospel Music of Whitney Houston

The unmistakable voice of Whitney Houston is powerful and timeless. She became one of the most accomplished recording artists of all time, but her heart was always in Gospel music. From her first performance in front of an audience to the best-selling Gospel album of all time, The

Preacher's Wife, experience how profoundly Gospel music influenced her personal life and helped shape her career. Join host CeCe Winans and discover Whitney's deep faith and love of Gospel music.

Sun, Feb 11, 2024

06:00:00:00 00:27:30:00
HEALTH/HEALTH CARE
Wai Lana Yoga

Perfect Partners

Flexibility and strength are perfect partners, so develop them both with today's mix of postures.

06:30:00:00 00:26:46:04
HEALTH/HEALTH CARE
Yoga In Practice

The Dance of Confidence

This class reminds us to dance with life however it may unfold, and embrace the cycle of life in all its beauty, challenges and mystery. The apex pose, Baby Dancer, helps us to slowly open while maintaining balance and beauty.

07:00:00:00 00:26:45:27
HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Long Adductor

Your long adductors are the muscles of your inner thighs. This Classical Stretch workout tones and liberates these muscles leaving your legs longer and leaner. Join Miranda Esmonde-White in Montego Bay, Jamaica for a long adductor workout.

11:00:00:00 00:56:46:00
ENVIRONMENT/NATURE/NATURAL DISASTERS
Nature

Big Little Journeys: Bloodlines

In Madagascar, a match-stick sized chameleon goes on an epic journey to find a mate and lay eggs

before it's too late. A water vole in the Scottish Highlands swims a lake, climbs a waterfall and scales a mountain to find a place to raise her pups.

12:00:00:00 00:53:59:00

CULTURE
Nova

Decoding The Great Pyramid

Stunning new archaeological evidence provides clues about the Egyptians who built the Great Pyramid of Giza -- and how they did it. Join researchers as they delve into the logbook of a work crew and discover how the massive project transformed Egypt.

16:00:00:00 01:22:00:00

ARTS
Norcal Classic Movies

Young and Innocent

20:00:00:00 00:56:46:05

ARTS
Great Performances

Now Hear This | Andy Akiho Found (His) Sound

Experience the creation of music from this Japanese American composer with host Scott Yoo using "found" instruments. To develop a music video, the two visit New York City and explore the creative process with an interactive light show and more.

21:00:00:00 00:26:46:00

ARTS
Classical Tahoe

The Classical Tahoe Orchestra performs String Quartet No. 2 in D major by Alexander Borodin and Symphony No. 4 in A major, op. 90 ("Italian") by Felix Mendelssohn.

21:30:00:00 00:26:46:00

ARTS
Tradfest: The Dublin Castle Sessions

A Cuig

An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. Trad without Frontiers' is the festival motto which inspired this series. Host Fiachna O Braonain breaks musical bread with his guests and uses Irish traditional music as a starting point that leads to many unexpected places. Guests: Maighread & Triona Ni Dhomhnaill, Mark Redmond, Ultan O'Brien, Eoghan O Ceannabhain, David Kitt & Conchur White.

22:00:00:00 00:46:46:00

ARTS
Broadchurch

Episode 6

The town of Broadchurch comes together to mourn. In doing so, a new suspect in the murder of Danny Latimer comes to light. Meanwhile, Beth and Mark turn to local vicar Paul - can he help them move on?

Mon, Feb 12, 2024

06:00:00:00 00:27:10:08

HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Join Miranda along the stunning Bermuda coastline for an advanced, standing & floor workout that will improve your agility. By activating the muscle cells in your legs and full body this workout will leave you feeling invigorated, strong, and ready to take on your day.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Falcon City

The Kratt brothers are itching to fly with the world's fastest animal, the Peregrine falcon, which can hit top speeds of 240 mph. But their efforts are side-tracked when the rest of the Wild Kratts team challenges them to find the falcon in the city instead of in the wild, and Chris' Creature

Power Suit is accidentally activated with Pigeon Powers
! But then they discover that Zach is
sending his Zachbots to clean off a building that has a
peregrine falcon nests with chicks! Martin
and Chris must activate their Peregrine falcons powers
and harness the force of gravity to pull
off a high flying creature rescue!

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Undercover Olive

Undercover Olive - In this half-hour episode, Olive goes
undercover in a high-stakes "Rock, Paper,
Scissors" game. Curriculum: Data collection and
analysis; solving simple probability problems.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Grouch-Ercise

Oscar's been feeling terrible all day. Elmo, Abby,
Grundgetta, and Nina find ways to help Oscar
feel better by looking for different exercises he could
do. Running that makes you feel awake and
energized, yoga that helps your body flexible and calm,
and dancing that gets your body moving. As
they go off to tell Oscar all the exercises he could do
to feel better, they find him coming back
from a long, grouchy walk picking up trash. Oscar feels
much better and is back to feeling good
and rotten.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Miss Elaina Gets Hurt/Daniel Feels Better

Miss Elaina Gets Hurt - Daniel is at Miss Elaina's house
and the friends are playing "astronauts"
with their toys! That is, until they crash into one
another...OUCH! Lady Elaine comes and fixes up
Miss Elaina's booboo but Daniel is reluctant to admit he
is hurt as well. Later, Lady Elaine makes
him feel better, too. Daniel Feels Better - Daniel is
having a ball playing with Margaret but he

accidentally falls, twisting his ankle. Mom is concerned so they pay a visit to Dr. Anna's office.

He is scared at first but gradually becomes more comfortable with the idea that Dr. Anna can help take care of his ankle. He even learns about the X-ray machine, firsthand-or foot! Strategy: When you get hurt, find a grown-up to help you feel better.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

An Anniversary Tradition/Chiles En Nogada Day

Rosie, Crystal and Iggy try to recreate Mom and Pap's beach anniversary tradition at home./It's Chiles en Nogada Day, but when Papa loses the recipe, it's up to Rosie to figure out who else might have it.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Housebound!/Curious George Rides A Bike

Housebound! - George learns the hard way about bones when he falls at the museum while exploring a dinosaur skeleton and breaks his leg. A visit to the hospital, a cast on his leg, and a cane aren't enough to keep George down, especially when Hundley steps in to help. Curious George Rides a Bike - George loves his new bike, especially because it gives him the chance to help Bill with his paper route. But he gets distracted by some ducks, makes some paper boats out of the newspapers, and then, trying to fix his mistake, hits a big rock that bends his bicycle wheel out of shape. Can Mrs. Renkins find the right tools to help him fix his bike so he can find some dry papers, finish the paper route, and keep his promise to Bill? Educational Objective (Engineering): To demonstrate the importance of using the correct tool to adjust and repair things.

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

Me Time/Zadie and the Really Big, Really Loud

Noisy Thing

After discovering that Super takes an hour for herself every day, the Wombats go on a quest to create the perfect "Me Time."/After a too-calm "Quiet Day," Zadio yearns to make some noise with her Really Big, Really Loud Noisy Thing!

10:00:00:00 00:26:46:00

AGING
Getting Dot Older

Widowing Well?

Host Roberto Mighty intimately interviews Baby Boomers and invites viewer participation. We meet Charles, the sculptor & cyclist; Karen, the drummer prt2; Michael, the golfer; Cori, the martial artist prt2; Guest Expert: Dr. Lesley Fernow, Geriatrician.

14:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Nova

When Whales Could Walk

Egyptian desert fossils reveal clues to the evolution of the biggest animals on Earth.

19:00:00:00 00:29:37:02

ARTS
W1A

Welcome back to the world of W1A, where every meeting is a Damage Limitation Meeting, and the first item on the agenda is always Jeremy Clarkson. Ian Fletcher returns as Head of Values, perfecting his problem-creating (and very occasionally solving) abilities. Once again he has the unavoidable benefit of PR advice from Siobhan Sharpe. Surrounded by a coterie of incompetents, it's down to Ian to steer the BBC ship through increasingly choppy waters.

Tue, Feb 13, 2024

02:00:00:00 00:56:46:00

ARTS
American Rhapsody with the Ohio Valley Symphony

06:00:00:00 00:26:46:12
HEALTH/HEALTH CARE
Happy Yoga with Sarah Starr

Summer on the Farm

Relax in the beauty of the simple and peaceful rustic farm setting as you enjoy a total body stretch while using a chair for support. Includes gentle stretches for your chest, shoulders, hips, legs and more.

06:30:00:00 00:28:46:05
YOUTH
Wild Kratts

Under Frozen Pond

The Wild Kratts and Wild Kratts kids go on an underwater adventure to discover how pond animals survive in the winter.

07:00:00:00 00:28:46:05
YOUTH
Odd Squad

Not So Splash/bBy The Book

Not So Splash - In the middle of summer, Olive and Otto must figure out why parts of the town are turning snowy and cold. Curriculum: Measurement; using a thermometer and comparing temperatures.
By the Book - Olive and Otto interrogate two suspects to figure out which one is innocent and which one is guilty. Curriculum: Measurement; time.

07:30:00:00 00:28:46:03
YOUTH
Sesame Street

Gold Medal Tango

Elmo, Rosita, and Chris are making a doggy obstacle course for Tango. They use boxes to make a doggy tunnel for Tango to run through and cones for Tango to zig zag around. They find a hula hoop that Tango could jump through, but it won't stand up. This is a problem! They wonder how to make

the hoop stand up and have enough room for Tango to jump through. What if they put the hoop through the slats of two chairs? Let's try! It works. They didn't give up and made a great game for Tango to play.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel Wants to Be Alone/Daniel's Alone Space

Daniel Wants to Be Alone - While playing with his friends at school, Daniel decides he would like to spend some time alone. Daniel's Alone Space - When Daniel receives a new "Tigey the Adventure Tiger" book from Grandpere in the mail, he sits down to read it, but keeps getting distracted by Margaret. Daniel learns that when he wants to be alone, he can find a place of his very own. Strategy: Sometimes you want to be alone. You can find a place of your very own.

08:30:00:00 00:28:46:03

YOUTH

Rosie's Rules

Rosies Switcheroo/Rosies Family Tree

Rosie and Papa switch roles for the day, but it's a little trickier than they thought. / For Valentine's Day, Rosie tries to make a family tree by putting her family in a real tree.

09:00:00:00 00:28:46:05

YOUTH

Curious George

Hawai'i

Aloha! George, The Man with the Yellow Hat and friends are on a Hawaiian vacation, and George can't wait to explore the island. Where should he start? So much beauty to choose from - the enticing ocean, exotic flowers, and an exciting volcano! Hundley, who just wants to curl up on his sea turtle raft in a quiet place, decides for them both by accidentally drifting out to sea, taking George with him! When they come aground, lost and far from the hotel, George and Hundley

embark on a special journey. They meet new friends,
experience the amazing flora and fauna of
Hawaii, and then use what they've learned to find
their way home. Aloha!

09:30:00:00 00:28:46:05

YOUTH

Work It Out Wombats!

The Treehouse Harvest Day/The Treeborhood

Thankfulness Stew

Harvest Day is being ruined by fog! Can the Wombats save
the day by locating Mr. E's fog goggles,
buried in a box somewhere? / It's time to make the
Treeborhood Thankfulness Stew. Can Zeke create
a stew that meets Mr. E's high standards?

10:00:00:00 00:27:00:00

ARTS

Best of the Joy of Painting

With his trusty paint brushes in hand, Bob Ross takes us
to a beautiful hideaway nested below a
towering mountain.

14:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS

Nature

Gorilla

Gabon's Loango National Park is home to a group of
western lowland gorillas that have become
accustomed to biologists who have studied them for
almost 20 years. This documentary presents an
intimate look at a silverback and his family, and
features a newborn baby gorilla, brave
researchers, forest elephants, buffalos and the last
remaining wild coastline in the African
tropics.

21:30:00:00 00:26:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS

Bay Area Bountiful

Living with Climate Change, Part 3

22:00:00:00 00:44:39:06

ARTS
Halifax: Retribution

With the latest murder, the task force learns Daniel's identity. Tom is seriously injured. Jane and Mila extract a confession from James Cooper. As the police set up a sting to catch Daniel, he calls Jane with a chilling promise.

Wed, Feb 14, 2024

06:00:00:00 00:26:26:23
HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Strength & suppleness throughout your entire body is vital to doing all of the activities that you love - and having a strong back is one of the easiest ways to prevent injury and do any activity efficiently! This all-standing, back strengthening workout will help you to do all of your favorite activities safely and with ease.

06:30:00:00 00:28:46:05
YOUTH
Wild Kratts

Cheetah Racer

Chris and Martin announce that no creature or vehicle can travel as fast over the rough and tumble African savannah as the cheetah. Aviva takes the challenge and declares she will build a ground racer that can run even faster than a cheetah. Of course Zach wants to prove that he is a better inventor than Aviva and joins the race. The team, inspired by the cheetah, "revs up" to explore the different functions required for speed build a cheetah racer and win the race.

07:00:00:00 00:28:46:05
YOUTH
Odd Squad

O Vs. The Ballcano/Assistants' Creed

O vs. The Ballcano - When the ball pit starts to overflow, Odd Squad must stop headquarters from

being destroyed. Curriculum: Measurement; using a pan balance to compare and balance weights.

Assistants' Creed - Two of Ms. O's assistants accidentally find themselves on a mission.

Curriculum: Number operations; adding different numbers to get to the same sum.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Sesame Street Super Heroes

Elmo, Abby, and Rosita are playing superheroes! Rosita introduces Super Carga, which means Super Charge in Spanish. Super Carga turns on everyone's superpowers with the catchphrase "a lo maximo" which means "to the maximum" in Spanish. Abby and Elmo want to be Super Carga, but they have a hard time saying the catchphrase. Elmo and Abby suggest Rosita to be Super Carga since she can say the superhero's name and catchphrase. Rosita loves speaking Spanish, but she wants to do other superhero things too. When Mia joins them to play superheroes, Rosita and Mia share that speaking Spanish isn't the only thing that makes them special. Abby mentions that she wants to play Super Carga and Rosita helps her practice pronouncing the catchphrase "a lo maximo." Now, the superheroes are ready to play!

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

It's Love Day!/Daniel's Love Day Surprise

It's Love Day! - Uggga Mugga! It's Love Day in the Neighborhood of Make-Believe. Daniel and all of his friends come up with their own special ways to show their love and care for one another. The kids dance, sing, and tell jokes to say "I love you." Daniel's Love Day Surprise - It's Love Day and Grandpere is coming to visit! How can Daniel find a way to show how much he loves Grandpere? With a treasure hunt, that's how! Daniel hides little hearts all over the house for Grandpere to find... that is, unless little Margaret finds them first! Strategy: Find your own way to say "I love you."

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Rosie The Message Delivery Kid / Javi's Growl

Rosie decides to be a message delivery kid and deliver messages to her neighbors, but her messages get all mixed up. / Javi temporarily loses his voice, so Rosie must help him recover before they perform their El Coco play.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Happy Valentine's Day, George!/Oh Deer

George wants to make his friends the best Valentine's Day card ever, but even with four paws, it takes a long time to create homemade cards for everyone. With a little help from sponge shapes, red paint, and a waffle iron, George creates the first ever monkey Valentine's Printing Press! When a hungry deer keeps nibbling on the flowers in George and Allie's garden, George uses all of his five senses to keep the deer out. But a scarecrow, loud noises, sticky tape, and stinky rotten eggs don't work, leaving George with one last sense -- taste! Will George's recipe keep the deer away or make them hungry for more?

10:00:00:00 00:28:16:19

ENVIRONMENT/NATURE/NATURAL DISASTERS
Wild Hope

Salamander of the Gods

The axolotl an amphibian with incredible regenerative abilities is ubiquitous in pop culture, pet stores, science labs, yet almost extinct in the wild. Now, scientists and farmers in Mexico City are using ancient Aztec farming techniques to secure the creature's future. Another team is partnering with salamander-breeding, cough syrup-making nuns to save a closely-related species the achoque.

11:00:00:00 00:26:46:00

ARTS
Rick Steves' Europe

Rick Steves' Europe: Art of the Florentine

Renaissance

After its medieval struggles, Europe rediscovered the art of the ancients, led by booming Florence. We revel in the bold spirit of the Cathedral's lofty dome and Botticelli's sweet Venus. Leonardo da Vinci gives us the iconic Last Supper and enigmatic Mona Lisa. And Michelangelo sculptor of David, painter of the Sistine, and architect of St. Peter's takes the Florentine Renaissance to new heights.

14:30:00:00 00:26:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Bay Area Bountiful

Living with Climate Change, Part 3

19:00:00:00 00:56:46:00

ARTS
Miss Scarlet and the Duke On Masterpiece

The Calling

Eliza and Nash are still struggling to work together when an explosive case takes them into a cutthroat industry where people will kill to keep their secrets.

20:00:00:00 00:56:46:00

ARTS
All Creatures Great and Small On Masterpiece

Papers

With the War feeling closer to home, James desperately wants things in order, and Carmody trained to support Siegfried. A dinner with Gerald leaves Mrs. Hall with a dilemma.

21:00:00:00 00:43:16:05

ARTS
RFDS: Royal Flying Doctor Service

When a catastrophic explosion at an underground mine creates a mass-casualty incident, the RFDS are called to save the lives of two brothers caught in the blast.

Thu, Feb 15, 2024

06:00:00:00 00:26:46:14

HEALTH/HEALTH CARE

Happy Yoga with Sarah Starr

Majestic Desert

Recharge and reenergize in the majestic desert paradise as you stay low on your mat for an invigorating core focused yoga practice. Includes movements to tone and strengthen your core while stretching your hips, hamstrings, spine and more.

06:30:00:00 00:28:46:01

YOUTH

Wild Kratts

Box Turtled In!

When the Wild Kratts Tortuga is accidentally miniaturized and carried off by a coyote, the mothership's shell defense is finally put to the test. The gang embarks on a box turtle-style mission to get back to the Miniaturizer and restore the Tortuga back to normal size. Science Concept: Defense.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Other Olympia/Total Zeros

Other Olympia - Agent Olympia is not happy when an agent with the same name shows up at headquarters. Curriculum: measuring temperature. Total Zeroes - Ms. O tells Olympia and Otis a story about a famous villain duo. Curriculum: adding, subtracting and multiplying by zero.

07:30:00:00 00:28:46:00

YOUTH

Sesame Street

Fans of the Fan Dance

Ji-Young is using special kind of fans to practice for her Korean dance class. She tells her friends that she's learning buchaechum, a Korean fan dance. It's a special dance to her and her family. Ji-Young's halmoni learned it when she was a kid and now, they do this fan dance together. When it's time for her dance class, Elmo, Zoe, Gabrielle, Charlie, and Tamir join. With Ji-Young's dance teacher, Ms. Bom, they learn how to act out springtime using their fans. They dance like a butterfly and work together to dance like the wind. They thank Ji-Young for sharing this dance that's special to her and her family.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel Loves Tigey/Daniel Needs Tigey at School

Daniel Loves Tigey - Daniel gets upset when Margaret spills juice on his favorite stuffed animal, Tigey. Daniel learns how he can make himself feel better when he's upset. Daniel Needs Tigey at School - Daniel is having a hard day at school, but he knows just how to make himself feel better: by hugging his Tigey! Strategy: When you're upset you can find a way to feel better.

08:30:00:00 00:28:46:05

YOUTH

Rosie's Rules

Purple Sweet Potato Buns/Tias Big Break

Rosie, Jun and Granpda Liu go to the Asian Market to get more sweet potato buns, but their normal route is closed. / Rosie and Javi help Tia overcome her stage fright when she appears on a TV cooking show.

09:00:00:00 00:28:46:05

YOUTH

Curious George

Count On George to Deliver/The Baby Elephant

George loves being pulled around in his wagon on a sunny morning. Today especially, when he comes upon Vickie and Vinnie selling Sprouts Bars! How can he decide which delicious bars to buy -

Banana Nut Chippers or Oatmeal Delights? One of each, of course! George wants to help his friends and volunteers do the most important job - deliver the boxes that were already sold. George needs to deliver a total of 10 boxes: 2 boxes of Oatmeal Delights to the Renkins, 5 boxes of Banana Chippers to Bill, and 2 boxes of Banana Chippers and 1 box of Oatmeal Delights to the Quints. With his wagon loaded and list at the ready, George completes the job for two happy customers, Mrs. Renkins and Bill. But when George gets to the Quints, he discovers that he's missing a box of Oatmeal Delights! Did he miscount the boxes? Did Jumpy steal them? Will George be able to solve the mystery of the missing box, and salvage his dream of being the best delivery person ever?? / George loves sightseeing, especially when there are animals involved. And today is extra special. George is visiting an elephant sanctuary in Kenya, where the Man with the Yellow Hat worked long ago with two of his oldest friends - Ciku the caretaker and an elephant named Ishanga! Soon, a helicopter lands with a sad orphaned baby elephant, whom they name Toto. Eager to cheer up Toto, George looks after him and learns all about elephants - how they sleep, what they drink, how they have long memories and strong family ties, and even how they play! But when George goes to fetch Toto some cane juice with mint, Toto wanders off and gets stuck in a mud pit! After pushing and pulling Toto with no success, George realizes that this just might be a job for a bigger elephant. Can Ishanga show Toto the way out and become his new family?

09:30:00:00 00:28:46:05

YOUTH

Work It Out Wombats!

Sparkle Pants/Game Changer

Is it possible to have too many pairs of Sparkle Pants? Not if you find creative ways to repurpose them! / After a long spell of rain, it's time to play! But, what game can Zadie, Cece, Clyde, and Carly play that's fun for all?

13:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

The Calling

Eliza and Nash are still struggling to work together when an explosive case takes them into a cutthroat industry where people will kill to keep their secrets.

14:00:00:00 00:56:46:03
ENVIRONMENT/NATURE/NATURAL DISASTERS
Changing Planet

Join conservation scientist Dr. M. Sanjayan as he explores efforts to confront climate change in Australia, Brazil, California and Kenya. Knowledge from Indigenous communities and the latest science combine to create innovative and inspiring solutions.

21:00:00:00 00:29:00:00
ARTS
Dr. Eddie Henderson: Uncommon Genius

Dr. Eddie Henderson: Uncommon Genius tells the remarkable life story of renowned African American jazz trumpeter and flugelhorn player Eddie Henderson. Eddie's curiosity and need for exploration led him down many career paths, including figure skating and medicine and music.

22:00:00:00 00:59:00:00
CULTURE
Black Fire Documentary

THE BLACK FIRE DOCUMENTARY uncovers Washington, DC's music and cultural heritage by highlighting the music, message, and art of the people behind Black Fire Records a Black-owned independent jazz record label started in Chocolate City, aka the nation's capital in the 1970s.

Fri, Feb 16, 2024

06:00:00:00 00:26:53:03
HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

A strong core and back are the best way to prevent poor posture or rounding shoulders. In this

intermediate, standing workout Miranda will stretch the vertebrae of your spine while strengthening your core and back. The combination of arm, chest, core, leg, and back exercises will prevent and relieve pain while strengthening your posture.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Zig-Zagged

Chris and Martin get caught in the middle of a Zebra stampede, and when the dust clears, a lone baby Zebra is left behind. The Wild Kratts must find the young zebra's herd and return him to his mom. Along the way, they learn the secrets of patterns in the creature world and how the zebra's stripes are critical to a special defense called "confusion camouflage."

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

It Takes Goo to Make A Feud Go Right/Friends of Odd Squad

It Takes Goo to Make a Feud Go Right - Olympia and Otis are tasked with calling a truce between feuding guests. Curriculum: using a Venn diagram, 3D shapes: spheres and cubes. Friends of Odd Squad - Ms. O leaves headquarters in the hands of an unlikely crew. Curriculum: spatial sense: mapping; position, location and direction.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Grouch-Ercise

Oscar's been feeling terrible all day. Elmo, Abby, Grundgetta, and Nina find ways to help Oscar feel better by looking for different exercises he could do. Running that makes you feel awake and energized, yoga that helps your body flexible and calm, and dancing that gets your body moving. As they go off to tell Oscar all the exercises he could do to feel better, they find him coming back

from a long, grouchy walk picking up trash. Oscar feels much better and is back to feeling good and rotten.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel and Miss Elaina's Obstacle Course/Daniel and O's Magic Show

When Miss Elaina's dad is busy, she and Daniel find a way to play in her obstacle course on their own./Daniel and O want to put on a magic show for Mom and X the Owl, but they're busy. Daniel and O perform for a puppet audience instead!

09:30:00:00 00:28:46:05

YOUTH

Work It Out Wombats!

A Boxful of Snout / Postcard from Snout

Uh oh! The Wombats accidentally "gift-wrapped" Snout while helping Mr. E. Can they figure out which box he's in? / Zeke misses Snout, who's accompanying Mr. E on a visit to Aunt Ida. Will a postcard from Snout chase away Zeke's blues?

10:00:00:00 00:27:34:27

CULTURE

Conscious Living

Living Zen

Living Zen is about more than just putting a Buddha fountain on your bookshelf. The reality of walking the path of mindfulness on a daily basis is far from easy. On this episode, we're bringing you the best of Zen both at home and out in the world. We visit a Zen Buddhist retreat center in Marin County, California with a robust organic farm, and learn how the simple practice of reaping and sowing can help harvest the fruits of peace and detachment. Then, just East of Big Sur, we take a dip in the healing high mountain hot springs of the nation's oldest Zen Buddhist monastery, Tassajara. Back at home, we practice the 5,000-year-old art of feng shui. To keep the good vibes flowing, we visit with an expert who clears old energy, enhances chi and transforms living spaces

through the simple art of placement.

14:00:00:00 00:26:46:04
ENVIRONMENT/NATURE/NATURAL DISASTERS
Changing Seas

Corals In Crisis

Stony Coral Tissue Loss Disease is devastating Florida's fragile coral reef ecosystem. But all hope is not lost. Dedicated scientists are working hard to find the cause of the disease, treat the ill and restore these cities of the sea to their former glory.

14:30:00:00 00:26:46:02
ENVIRONMENT/NATURE/NATURAL DISASTERS
Untamed

Songbirds

Learn what makes a songbird a songbird. Hint: it's not what you think!

19:00:00:00 01:19:00:00
ARTS
Norcal Classic Movies

He Walked By Night

Sat, Feb 17, 2024

06:00:00:00 00:27:29:24
HEALTH/HEALTH CARE
Sit and Be Fit

Tone and Stretch

Mary Ann uses a towel, large ball and weights to guide viewers through a full body workout to improve strength and range of motion. A variety of fun music is used throughout. Dr. Emily shares a balance tip. The episode ends with a gentle relaxation segment.

06:30:00:00 00:29:00:00
HEALTH/HEALTH CARE

Your Fantastic Mind

Deep Brain Stimulation for Depression

Millions of Americans have depression. For some it is intractable and often leads to attempted suicide. Deep brain stimulation (DBS), which many people know of because of its use to control tremors in Parkinson's disease, can be life changing when used for depression. Dr. Helen Mayberg of Mount Sinai in New York City, pioneered discovery of an area of the brain that, if stimulated, can alleviate depression. We follow 27-year-old Tyler Hajjar who has suffered debilitating depression for a decade and has made multiple suicide attempts. YFM shadows him during the 12-hour surgery and in the months that follow as he strives to reclaim his life.

07:00:00:00 00:29:00:07

YOUTH

Mister Rogers' Neighborhood

Mister Rogers Talks About Pets

Mister Rogers takes Barney, the dog, out for a walk. In the Neighborhood of Make-Believe, Ana decides what she'd really like for her birthday is a kitten. Lady Elaine Fairchilde is very busy planning a big birthday parade for Ana with a whale, apes, and Purple Panda.

07:30:00:00 00:28:46:03

YOUTH

Sesame Street

Gold Medal Tango

Elmo, Rosita, and Chris are making a doggy obstacle course for Tango. They use boxes to make a doggy tunnel for Tango to run through and cones for Tango to zig zag around. They find a hula hoop that Tango could jump through, but it won't stand up. This is a problem! They wonder how to make the hoop stand up and have enough room for Tango to jump through. What if they put the hoop through the slats of two chairs? Let's try! It works. They didn't give up and made a great game for Tango to play.

08:00:00:00 00:28:46:11

YOUTH
Arthur

Falafelosophy/The Great Lint Rush

Falafelosophy - At the urging of guest-star author Neil Gaiman ("Coraline," "The Graveyard Book") Sue Ellen tries her hand at writing and illustrating a graphic novel. When Sue Ellen needs inspiration and encouragement, she turns to Neil - who pops up in unexpected places! - and to the philosophy lessons of her local falafel vendor! The Great Lint Rush - Mr. Toad is back! And he's ready to corner the Sock Market, leaving everyone in Elwood City barefoot and bereft. Can Pal and Kate negotiate for their socks....or will there be another great sock depression like the Great Chilly Toes Scare of 1929??

08:30:00:00 00:28:46:04

YOUTH
Dinosaur Train

Beating The Heat/Flowers for Mom

Beating the Heat - Buddy and Tiny travel to the Jurassic to make a new friend, Morris Stegosaurus, and discover how this huge dinosaur keeps cool in the heat. Flowers for Mom - The kids go to the Big Pond to look for flowers to give to Mom on her special Mothers Day. They find many different flowers while following a very busy bee.

09:00:00:00 00:28:46:05

YOUTH
Curious George

Count On George to Deliver/The Baby Elephant

George loves being pulled around in his wagon on a sunny morning. Today especially, when he comes upon Vickie and Vinnie selling Sprouts Bars! How can he decide which delicious bars to buy - Banana Nut Chippers or Oatmeal Delights? One of each, of course! George wants to help his friends and volunteers do the most important job - deliver the boxes that were already sold. George needs to deliver a total of 10 boxes: 2 boxes of Oatmeal Delights to the Renkins, 5 boxes of Banana Chippers to Bill, and 2 boxes of Banana Chippers and 1 box of Oatmeal Delights to the Quints. With

his wagon loaded and list at the ready, George completes the job for two happy customers, Mrs.

Renkins and Bill. But when George gets to the Quints, he discovers that he's missing a box of

Oatmeal Delights! Did he miscount the boxes? Did Jumpy steal them? Will George be able to solve the mystery of the missing box, and salvage his dream of being the best delivery person ever?? /

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ago with two of his oldest friends - Ciku the caretaker and an elephant named Ishanga! Soon, a

helicopter lands with a sad orphaned baby elephant, whom they name Toto. Eager to cheer up Toto,

George looks after him and learns all about elephants - how they sleep, what they drink, how they

have long memories and strong family ties, and even how they play! But when George goes to fetch

Toto some cane juice with mint, Toto wanders off and gets stuck in a mud pit! After pushing and

pulling Toto with no success, George realizes that this just might be a job for a bigger elephant.

Can Ishanga show Toto the way out and become his new family?

09:30:00:00 00:28:46:01

YOUTH
Wild Kratts

Box Turtled In!

When the Wild Kratts Tortuga is accidentally miniaturized and carried off by a coyote, the mothership's shell defense is finally put to the test.

The gang embarks on a box turtle-style mission to get back to the Miniaturizer and restore the Tortuga back to normal size. Science

Concept: Defense.

10:00:00:00 00:28:46:00

YOUTH
The Infinite Art Hunt

Sonic Sable (Comic Books)

Sonic Sable (Comic Books): When Freddie's best friend Sable is bullied about her artwork, she

decides to give up her dream of creating a comic book. A visit to a comic book artist to learn

about sequential art and everyday people who become heroes inspires a super solution to Sable's problem.

14:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

The Calling

Eliza and Nash are still struggling to work together when an explosive case takes them into a cutthroat industry where people will kill to keep their secrets.

15:00:00:00 00:56:46:00

ARTS

All Creatures Great and Small On Masterpiece

Papers

With the War feeling closer to home, James desperately wants things in order, and Carmody trained to support Siegfried. A dinner with Gerald leaves Mrs. Hall with a dilemma.

20:00:00:00 00:56:46:00

ARTS

Austin City Limits

Alanis Morissette

Modern rock superstar Alanis Morissette thrills with a career-spanning set on her Austin City Limits debut, featuring singalong gems "Hand in My Pocket," "Ironic," "Thank U" and "You Oughta Know."

21:30:00:00 00:26:46:00 #404H

ARTS

Lost River Sessions

Leah Blevins

Kentucky songwriter Leah Blevins performs a stripped-down set live from the Historic Railpark in Bowling Green, KY.

22:00:00:00 00:25:12:26

ARTS
Sound On Tap

Honey Bunny

San Antonio's Honey Bunny is an alternative rock band formed in 2019. The group looks to push the boundaries of indie rock and having a good time.

22:30:00:00 01:27:48:03

CULTURE
Freedom Songs: The Music of the Civil Rights Movement

For a brief moment in time, a few daring, innovative musicians stood at the crossroads of a revolution in music and culture. Across one of the most turbulent periods in American history—from the early civil rights era to Watergate—they brought music, medium and message together as never before, composing a soundtrack perfectly tuned to the tempo and pulse of its time. They were America's rhythm rebels, and the spirit of what they created then lives on today. From Billie Holiday to Mahalia Jackson and Aretha Franklin, and from Curtis Mayfield and Sly Stone to Gil Scott-Heron, Freedom Songs documents how a few daring musical innovators stood at the vortex of two revolutions—one cultural, the other musical—and forever changed America and the world.

Sun, Feb 18, 2024

06:00:00:00 00:27:30:00

HEALTH/HEALTH CARE
Wai Lana Yoga

Lord of the Dance

This graceful balancing pose is a study in concentration, poise, and beauty. After backbends and a twist, end the session with musical meditation.

06:30:00:00 00:26:46:02

HEALTH/HEALTH CARE
Yoga In Practice

Cultivate Self-Respect

Yoga reminds us to feel an inner dignity and to cultivate self-respect. One frequently practiced yoga pose, beautiful in its shape, is Pigeon Pose. How wonderful that a common bird like a pigeon can be so beautiful and filled with inner grace.

07:00:00:00 00:26:45:23

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

Back Pain Relief

Relieve your back pain instantly with this full-body Classical Stretch Workout. It only takes one episode a day to relieve and prevent back pain - join Miranda Esmonde-White for a 23-minute back pain relief workout in Montego Bay, Jamaica.

11:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS

Nature

Gorilla

Gabon's Loango National Park is home to a group of western lowland gorillas that have become accustomed to biologists who have studied them for almost 20 years. This documentary presents an intimate look at a silverback and his family, and features a newborn baby gorilla, brave researchers, forest elephants, buffaloes and the last remaining wild coastline in the African tropics.

12:00:00:00 00:56:46:00 #5101

ENVIRONMENT/NATURE/NATURAL DISASTERS

Nova

When Whales Could Walk

Egyptian desert fossils reveal clues to the evolution of the biggest animals on Earth.

16:00:00:00 01:15:47:00

ARTS

Norcal Classic Movies

Suddenly

Frank Sinatra leads a group of gunmen who take a widow and her family hostage in a small California town. The men have their sights set on a nearby railroad station, which will soon be hosting a visit from the President of the United States. Sterling Hayden also stars as the town's sheriff caught in the drama. 1954, Thriller, Frank Sinatra, Sterling Hayden

19:00:00:00 00:58:40:25

ARTS

Terence Blanchard In Dallas

TERENCE BLANCHARD IN DALLAS celebrates the music of two-time Academy Award-nominee and seven-time Grammy-winning trumpeter and composer Terence Blanchard. In February 2023, the Dallas Symphony Orchestra presented two evenings of Blanchard's work, shining a light on his musical genius and groundbreaking compositions. During the first night, soprano Karen Slack and baritone Nicholas Newton joined the DSO and conductor Maurice Cohn for the first orchestral performance of selections from *Fire Shut Up in My Bones*, Blanchard's opera. *Fire Shut Up in My Bones* was the first opera that The Metropolitan Opera had staged by a Black composer in its 138-year history. The following evening, Blanchard and his band, the E-Collective, along with the Turtle Island String Quartet, presented a set from *Absence*, his latest jazz album release. TERENCE BLANCHARD IN DALLAS presents select performances from both nights in a one-hour special. Interviews with Blanchard also go behind the scenes of the creative process, his history of composition, and his influences and motivations. Conversations with Slack, Newton and bass player David Ginyard complement the performances and share Blanchard's generosity and brilliance as these projects came to life. With extensive jazz and classical performances from the stage of the Morton H. Meyerson Symphony Center, TERENCE BLANCHARD IN DALLAS is a remarkable musical event that celebrates one of the most important and groundbreaking musicians working today.

20:00:00:00 00:56:46:05

ARTS

Great Performances

Now Hear This | Albeniz: Portraits of Spain

Discover the inspirations Spain provided composer Isaac Albeniz with host Scott Yoo and Scottish GRAMMY-winning guitarist David Russell along with musicians from Albeniz's birthplace in the Pyrenees mountains as well as Sevilla, Mallorca and more.

21:00:00:00 00:26:46:00

ARTS
Classical Tahoe

The Classical Tahoe Orchestra is joined by the Brubeck Brothers Quartet to perform Brubeck @ 100! Performances include the Dave Brubeck compositions The Basie Band is Back in Town, In Your Own Sweet Way, Cassandra, Unsquare Dance, The Blues and Beyond, Jazzanians and Blue Rondo a la Turk.

21:30:00:00 00:26:46:00

ARTS
Tradfest: The Dublin Castle Sessions

A Se

An Irish musical journey filmed in Dublin Castle during the Tradfest music festival. Trad without Frontiers' is the festival motto which inspired this series. Host Fiachna O Braonain breaks musical bread with his guests and uses Irish traditional music as a starting point that leads to many unexpected places. Guests: Mundy with Seana Davey, Donal Lunny, Andy Irvine, Emma Langford, The Mulchay Family.

22:00:00:00 00:46:56:00

ARTS
Broadchurch

Episode 7

Time is running out to solve Danny's murder - will the discovery of a vital clue finally unlock the case? Meanwhile, Beth and Mark take an important step in moving on with their lives.

Mon, Feb 19, 2024

06:00:00:00 00:26:00:04

HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Full Body Alignment

Proper alignment allows us to use our body the way it was designed to be used - without putting additional pressure or strain on the joints, muscles, or spine. In just 23 minutes, this all-standing workout will improve your posture and balance, increase your range of motion, and relieve aches and pains while strengthening your entire body.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Mystery of the North Pole Penguins?

The Wild Kratts are hanging out with Emperor penguins at the South Pole and wondering why penguins don't live at the North Pole. All of a sudden, Koki gets a report from Wild Kratt Kid, Nua, that there are penguins stranded in the Arctic. What? They're not supposed to be there! The Wild Kratts spring into action to investigate this mystery and get the "lost" penguins back to their natural home. Science Concept : Geographical distribution of species.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Running On Empty

Running on Empty - The Mobile Unit must return a blob to London, but their van has run into trouble. Curriculum: Liquid Measurement, Porous Vs Non-Porous.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Monster Truckin'

Elmo and Chris are making their own monster truck jump, but they don't have a ramp. This is a problem! They need something slanted up like a triangle and wonder if there's something that could

be used as a ramp. What if they use a pizza box lid?
Let's try! Elmo and Chris didn't give up and
made a ramp for the jump. The Count, Big Bird, and Oscar
joined with their monster trucks, and
everyone raced around.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel's Friends Say No/Prince Wednesday

Doesn't Want to Play

Daniel's Friends Say No - When Daniel gets to school, he
approaches Miss Elaina to play with her
but is frustrated when he finds that she would rather
read alone. Daniel learns that sometimes his
friends might not want to play with him and that's OK
because he can find fun things to do on his
own. Prince Wednesday Doesn't Want to Play - When Daniel
gets to the park, Prince Tuesday and
Prince Wednesday are playing together. Daniel wants to
join in but is upset because Prince
Wednesday only wants to play with his brother. Soon O
arrives and they both figure out that they
can play together since Wednesday and Tuesday are having
"brother time." Strategy: When a friend
doesn't want to play with you, you can find something
else to do.

09:30:00:00 00:28:46:05

YOUTH

Work It Out Wombats!

Bake It Til You Make It/Zoom-In Zadie

Louisa hatches a plan to trade mud pies for stickers,
but Zeke can't remember his perfect mud pie
recipe. / Mr. E yearns to paint a square, but Quique's
lessons aren't helping. Can Zadie's photos
bring students to the class to inspire Mr. E?

10:00:00:00 00:26:46:00

AGING

Getting Dot Older

Taking A Big Bite

Host Roberto Mighty interviews Baby Boomers and invites
viewer participation. We meet Regge, the

professor; Mike, the Cattle Rancher prt2; Jeanne, the mountain biker; Joe & Martha, the artists prt2; Guest Expert: Polly-Young Eisendrath, Psychotherapist.

14:00:00:00 00:56:46:00

CULTURE
Nova

Easter Island Origins

The giant stone heads of Easter Island have inspired theories for centuries. Now, new research reveals intriguing evidence of the origins and inspirations of the ancient Rapanui people who created the iconic monoliths.

19:00:00:00 00:29:38:02

ARTS
W1A

Welcome back to the world of W1A, where every meeting is a Damage Limitation Meeting, and the first item on the agenda is always Jeremy Clarkson. Ian Fletcher returns as Head of Values, perfecting his problem-creating (and very occasionally solving) abilities. Once again he has the unavoidable benefit of PR advice from Siobhan Sharpe. Surrounded by a coterie of incompetents, it's down to Ian to steer the BBC ship through increasingly choppy waters.

22:00:00:00 00:56:46:00

ARTS
Symphony Celebration: The Blind Boys of Alabama With Dr. Henry Panion

A SYMPHONY CELEBRATION: THE BLIND BOYS OF ALABAMA WITH DR. HENRY PANION, III focuses on messages of humanity, peace and love. The program features the five-time Grammy-winning Blind Boys of Alabama with conductor Dr. Henry Panion, III, and a full symphony orchestra. Hailed as "Gospel Titans" by Rolling Stonemagazine, this beloved group - which has collaborated with everyone from Mavis Staples to Stevie Wonder to Prince on the world's most prestigious stages rose to fame in the segregated South with their thrilling vocal harmonies and roof-raising live shows. The concert

features a combined choir from Alabama's Historically Black Colleges and Universities (HBCUs), including Alabama State, Alabama A&M, Miles College, Tuskegee University and Talladega College.

Choirs from Birmingham Southern College and the University of Alabama at Birmingham also join the show. Dr. Panion has arranged and orchestrated many of the Blind Boys' classic hits for this unique presentation. The program also includes compelling, story-driven vignettes about the artists and their songs.

Tue, Feb 20, 2024

06:00:00:00 00:26:46:06

HEALTH/HEALTH CARE
Happy Yoga with Sarah Starr

Lake Forest

Reenergize in the majestic forest setting as you enjoy a series of gentle seated stretches designed to help you create more space to expand your breath, promoting deeper relaxation and greater ease in your whole body.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

The Colors of China

While hanging out with Golden pheasants in China, Martin and Chris wonder how important color is for creatures. But when Donita Donata begins to steal animals and remove their color, they soon discover just how critical it is for survival. It's a race to stop Donita and get color back into the creature world! Science Concept : Colors and patterns in social lives of animals.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Orlas Birthday/Jeremy

Orla's Birthday - Omar and Oswald search for the perfect gifts for Orla's 500th birthday.

Curriculum: Mapping. Jeremy - The Mobile Unit is accidentally locked out of their van. Curriculum: Word Problems.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Bubble Trouble

It's national bubble week! Elmo, Rosita, Zoe, and Charlie are filling all of Sesame Street with bubbles to celebrate. They try blowing bubbles and waving a rope to make more bubbles but their lips are arms are getting tired. They wonder if there's something that could make bubbles for them. What if they put bubble wands on an egg rack in front of a fan and spin it through a tub of soapy water? Let's try! It works. They didn't give up and Sesame Street gets filled with bubble with their new bubble machine!

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Circle Time Squabble/It's Not Okay to Hurt

Someone

Circle Time Squabble - At school, Daniel gets so mad at Miss Elaina that he wants to push her. Instead, he remembers the importance of self-control and how to stop himself from hurting a friend. It's Not Okay to Hurt Someone - Farmer Daniel gets mad when Margaret knocks down his fence. Daniel learns that it's okay to be angry, but it's never okay to hurt someone. Strategy: Stop, stop, stop. It's ok to feel angry, it's not, not, not ok to hurt someone.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Rosie On Ice / The Meteor Shower

Rosie's going ice skating with the Purple Knight, but when she decides not to wear a coat, she is too cold to skate. / Rosie and Javi find the perfect spot to watch the meteor shower, but it's not as perfect as they thought.

09:00:00:00 00:28:45:29

YOUTH
Curious George

Up, Up and Away/Skunked

Up, Up and Away - A tether, a basket, and a heap of hot air: George discovers that it takes all three for a balloon to score a successful lift-off. As Mrs. Renkins demonstrates how a hot-air balloon works, George and Bill bound into the basket and they soon find themselves accidentally airborne - alone! Will Mrs. Renkins and The Man with the Yellow Hat ever catch up with the flying duo? Not before George and Bill's windy flight path carries them on quite an adventure - and toward an array of feathered friends who land on their basket. And when one of the birds gets trapped in the balloon, it gives them the idea they need to help get them down to earth. Skunked - There's a strange-looking cat eating George's peanut butter and jelly sandwich. But wait, it's not a cat, it's a skunk! And George is fascinated. After trying and failing to make friends with the creature several times - and being subjected to multiple baths of tomato juice after repeatedly getting "skunked" - George is relieved to get back to the city and away from all of those smelly encounters. What he doesn't realize is that he and The Man inadvertently brought along their new "friend" in a picnic basket - and that one little skunk is about to wreak a whole lot of havoc in a certain apartment building.

09:30:00:00 00:28:46:01

YOUTH
Work It Out Wombats!

Helper for the Day/Race Car Wombats

Zeke's sorting choices prove interesting when he volunteers to be Mr. E's "Helper for the Day." / The Wombats are psyched to race in the Treeborhood Derby, but can't get their homemade car out of the house, let alone to the starting line.

10:00:00:00 00:27:00:00

ARTS
Best of the Joy of Painting

Oval Barn

As if by magic, Bob Ross paints an old country barn in
an oval - with snowy trees and bushes
breaking through the borders.

14:00:00:00 00:56:46:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Nature

Flyways

Shorebirds fly thousands of miles each year along
ancient and largely unknown migratory routes
called Flyways. Follow conservationists and scientists
who are racing against the clock to
understand and save these shorebirds.

21:00:00:00 00:29:30:00

ENVIRONMENT/NATURE/NATURAL DISASTERS
Bay Area Bountiful

A Home for Honeybees

Honeybees are in dire need of new living conditions. Bee
experts and community members share their
knowledge and inspiration to help preserve these
pollinators.

22:00:00:00 00:44:11:06

ARTS
Halifax: Retribution

As Jane and Zoe try and deal with the shocking truth
behind Ben's murder, Jane confronts the
Shooter as he prepares for a final act - endangering
thousands of lives.

Wed, Feb 21, 2024

06:00:00:00 00:26:51:03

HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Hamstring Stretches

Did you know that having healthy, flexible hamstrings
will improve your overall posture? Your hips

and hamstrings directly impact your pelvis and back.
This 23 minute Classical Stretch workout will
strengthen and stretch your ribs, shoulders, and back
while liberating and rebalancing your hips
and hamstrings so that you can stand taller and sit
straighter.

06:30:00:00 00:28:46:05

YOUTH
Wild Kratts

Mimic

While exploring why some animals mimic the looks of
others, Martin and Chris encounter a cheetah
cub and its mom. But before they know it, evil fashion
designer, Donita Donata, 'cat-naps' the
startled mom right in front of their eyes. The Wild
Kratts team springs into action on a rescue
mission before Donita adds the momma cheetah to her new
fall line. Martin discovers that the
cheetah cub has unexpected powers of mimicry, and it's
ability to mimic the ferocious honey badger
- is the key to foiling Donita and protecting the
cheetah.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Saving Agent Orson/The Scientist

Saving Agent Orson - The agents try and stop baby Agent
Orson from getting kicked off the squad.
Curriculum: using bar graphs, pie charts and Venn
diagrams to sort, classify and analyze data. The
Scientist - Oona gets zapped to an alternate dimension.
Curriculum: place value, number
operations.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Kind Ruby

Elmo, Chris, and Rudy are helping Abby out in the garden
because she hurt her wrist. Elmo helps
Chris pack garden supplies and Rudy wants to help too.
He wonders how he can help. What if he
holds the door for Chris who is holding the bag of soil?
Rudy finds other ways to be kind by

helping to water the flowers, cleaning up paint left out
at the community center, and making a
get-well card for Abby's wrist. Just because some things
are done doesn't mean you can't help. You
can find other ways to be kind!

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel Thinks of Others/Daniel Thinks of What
Margaret Needs

Daniel Thinks of Others - Daniel is making all kinds of
art at school today. While making a
picture for his family, he ends up using ALL of the
glitter. Oh no! What if someone else needs
some glitter? Teacher Harriet tells Daniel that it will
be OK, but to always keep in mind that
whatever you do, you should think about what other
people might need, too. Daniel Thinks of What
Margaret Needs - Daniel and Miss Elaina want to play
their musical instruments and march all
around the house, but Margaret needs to sleep and it
would be way too noisy! Mom and Dad remind
Daniel that he should be aware of how the things he does
might affect the needs of others.
Strategy: Whatever you do, think about what other people
need, too.

08:30:00:00 00:28:46:05

YOUTH

Rosie's Rules

The Doggie Detectives/A House for Gatita

While delivering popcorn in Maya's apartment building,
Rosie, Crystal and Mom find a lost dog toy,
so they become doggie detectives to find its
owner./Rosie builds a cardboard house for Gatita so
she can have a peaceful nap.

09:00:00:00 00:28:46:05

YOUTH

Curious George

Sneaky Shadow / Peddlers

George loves making friends. And this new one is unique!
He stays flat on the ground and is shaped

just like George. Whenever George waves, his friend waves back and follows George wherever he goes. George's new playmate sure is friendly ... but quiet! Allie explains that this friend is actually George's shadow, and Allie has one too. Even more amazing, The Man with the Yellow Hat shows them how to make shadow puppet animals, like a rabbit, dog, and a bird! When Allie needs visual aids to tell her flying cow and duck story at Storytime Showcase - and she can't fit Leslie the cow through the library door! - George tries to use what he's learned about shadows and shadow puppets to help Allie tell her fantastic tale! / George loves celebrating Founders Day in the Country. There's music, dancing, costumes and a picnic! For a special exhibit this year, Mr. Renkins brings a truck full of old-fashioned gadgets, like wooden sock stretchers, an old-timey apple picker, and a squirrel-shaped nutcracker. George and Allie have never seen anything like these doohickies before! They learn that Mr. Renkins' Great-Great-Grandfather Zebediah was a peddler who drove a horse-drawn wagon - like a store on wheels - and sold inventions like these to make folks' lives easier. So George and Allie get a great idea. They can make their own gadgets! But what? And how? Using everyday objects, George and Allie have a blast creating their own thingamajigs. But - are their inventions helpful? When George and Allie arrive at the Founders Day picnic, will anyone want their ponytail holders, tummy scratchers, and reacher grabbers??

09:30:00:00 00:28:46:03

YOUTH

Work It Out Wombats!

Talent Turmoil/Zeke's Collection Selection

The Wombats learn the hard way that you can't keep a talent show in order if all the props are out of order. / Feeling left out of the Treeborhood's Collection Bonanza, Zeke goes in search of a collection he can call his own.

10:00:00:00 00:28:16:19

ENVIRONMENT/NATURE/NATURAL DISASTERS

Wild Hope

Canine Conservationists

Dogs are often thought of as humans' best friends. But in Australia, they're also allies of other species. Canine conservationists and their sensitive noses are sniffing out dwindling populations of koalas as the iconic marsupial's habitat is fragmented by urbanization and wildfires. Dogs are also helping scientists eliminate invasive foxes that devastate native sea turtle populations.

11:00:00:00 00:26:46:00

ARTS

Rick Steves' Europe

Rick Steves' Europe: Art of the Renaissance

Beyond Florence

From Italy, the Renaissance spread across Europe, revolutionizing art. We travel to Spain and Portugal where overseas plunder is transformed into lacy architecture and ethereal paintings by El Greco. In bustling Germany and Belgium, new technologies enable Durer's mass-produced engravings, Van Eyck's meticulous oil paintings, Brueghel's peasants at play, and the futuristic visions of Bosch.

14:00:00:00 00:29:30:00

ENVIRONMENT/NATURE/NATURAL DISASTERS

Bay Area Bountiful

A Home for Honeybees

Honeybees are in dire need of new living conditions. Bee experts and community members share their knowledge and inspiration to help preserve these pollinators.

19:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

The Fugitive

Eliza is on the trail of a fugitive who is charged with murder. She must find him before the police do or risk losing everything.

20:00:00:00 00:56:46:00

ARTS

All Creatures Great and Small On Masterpiece

The Home Front

When Richard Alderson needs help, Helen returns to Heston Grange; however, buried family secrets threaten to tear their relationship apart. Gerald's beloved dog, Rock, needs veterinary help, but he is too worried about the operation.

21:00:00:00 00:44:59:03

ARTS

RFDS: Royal Flying Doctor Service

As the RFDS fundraising ball gets underway, Pete is overnighted at a remote clinic where the seemingly straightforward case of a boy with a concussion turns into a potentially fatal situation.

Thu, Feb 22, 2024

06:00:00:00 00:26:46:03

HEALTH/HEALTH CARE

Happy Yoga with Sarah Starr

Flowering Sunset

Reenergize among the coastal sunflowers at sunset as you enjoy an accessible yoga practice using a chair for support. Includes a series of standing poses designed to create more mobility and flexibility in your hips and hamstrings while building strength, balance and focus.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Caracal-Minton

The Wild Kratts crew is are playing badminton on the African savannah when a high jumping wildcat called a caracal steals the birdie. And this is no ordinary birdie - it is Aviva's precious family heirloom. As they rush to get back the treasure from an elusive, leaping Caracal cat, they learn how the caracal's musculature is specifically designed stalking and leaping- a perfect example of

the concept of "form for function." Inspired by this Aviva perfects the caracal power for the Creature Power Suit and leaps off to retrieve Aviva's special birdie and rescue some caracal kittens who get into trouble along the way.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Who Is Agent Otis?

Who Is Agent Otis? - Olympia discovers a secret about her partner. Curriculum: charts, line graphs, data analysis and collection.

07:30:00:00 00:28:46:00

YOUTH
Sesame Street

Make Music with Bob

Bob is conducting a class of kids playing different musical instruments and offers to teach Abby, but first, she needs to choose an instrument. Grover shows Abby various instruments and Bob explains how each instrument makes music by creating vibrations. Abby notices two timpani drums and chooses to play this instrument. Grover joins the class too and uses his voice as an instrument. Now they can play and sing the new song together!

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel's Very Different Day/Class Trip to the Library

Daniel's Very Different - Day Daniel was expecting to have a special picnic at Katerina's house, but the day doesn't turn out quite as he had planned. Daniel learns how to adapt when his routine changes. Class Trip to the Library - Daniel and his friends are excited to go on a field trip to the library, but they arrive to find that it's closed. Together, they learn that sometimes plans may change, but they can do things in a different way! Strategy: Things may change and that's okay. Today we can do things a different way.

09:00:00:00 00:28:46:00

YOUTH
Curious George

Country in the City / Stinky Cheese

On an autumn Saturday morning, George is packed and ready to get to the Country. But the Man with the Yellow Hat tells George that he's taking a self-improvement class for the semester and the Country will have to wait. George can't believe it! No fall in the Country? George will miss so many things - the trees, the birds, Mrs. Renkins' pies! When leaves from outside blow into the lobby, George gets an idea. What if he could recreate the sights, sounds and smells of the country in his apartment? As George gathers what he needs to bring a little country into the city, he brings a lot of grief to Hundley, who can't pick up the mess fast enough. When Hundley disposes of leaves in the only receptacle he can reach (the toilet!), flooded floors mess up George's perfect scene. Will George's creative vision get The Man with the Yellow Hat and Hundley to the Country, after all? / George loves his fort under the kitchen sink. He can read by flashlight and munch on snacks in his own special space. But something's wrong with the sandwich in a plastic baggie he's been saving there. It's mushy and blue! That's how George learns about mold, a living thing that sometimes grows on food. The Man with the Yellow Hat explains that George shouldn't eat a moldy sandwich, so when George finds blue and smelly cheese in the fridge, he assumes it's bad as well and throws it outside in the compost (lucky for Jumpy!). But George learns too late that some cheeses are supposed to be moldy, and to make matters worse, The Man with the Yellow Hat has invited his favorite teacher over for a stinky cheese and cracker party! Can George combine the leftover (and great-smelling) cheddar cheese with all he's learned about about how mold grows to make his own stinky cheese in time for the special teacher's arrival?

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

Amazing Adventure/The Kaya-Tastic Banana-Tastic Halo Halo Split!

Thanks to Ellie, best babysitter ever, the Wombats embark on a for-real Sticker Monster treasure hunt. / Kaya has to get creative when she breaks her tablet right before her Kaya-tastic Banana-tastic Halo-Halo Split cooking class.

13:00:00:00 00:56:46:00

ARTS

Miss Scarlet and the Duke On Masterpiece

The Fugitive

Eliza is on the trail of a fugitive who is charged with murder. She must find him before the police do or risk losing everything.

Fri, Feb 23, 2024

00:00:00:00 01:13:08:09

ARTS

Around The World In 80 Days On Masterpiece

Episode 1

Phileas Fogg bets a fortune that he can circle the Earth in no more than 80 days. He enlists a new valet and attracts a persistent reporter. The three run amok in Paris.

03:30:00:00 00:26:50:04

AGING

Aging Matters - Aging & The Workplace

It is estimated that 10,000 baby boomers turn 65 every day in the United States—a trend that will continue for the next decade. Experts project that by 2020, there will be more Americans over the age of 65 than children under the age of five, an unprecedented milestone in the history of our country. The aging of America's population will impact every aspect of our lives, including our professional careers. AGING MATTERS: AGE & THE WORKPLACE explores what the workforce of tomorrow will look like and what employers need to do now to adapt and prepare for the future. Hosted by Grammy-winning singer-songwriter Kathy Mattea, the 30-minute program shows industries facing labor and knowledge shortages and also profiles seniors who are still doing remarkable (and surprising)

work.

06:00:00:00 00:27:04:21

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

Upper Back Strength

Get a strong, flexible upper back in this full body Classical Stretch workout. The standing exercises will help improve your posture and stretch your chest muscles. The floor exercises will strengthen the stabilizer hip muscles, and the isometric sit-ups will work the entire torso to help you gain a strong, flexible back.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

This Orca Likes Sharks

The Kratt Bros discover a message in a bottle telling them about an old wily orca who only eats large sharks. They find this hard to believe, so with the help of Aviva's Dolphin Decoder, modified to speak Orca, the Wild Kratts go in search of the orca who likes sharks! Science Concept : Predator/Prey relationship.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Odds and Ends

Odds and Ends - The agents must come together to battle a common enemy. Curriculum: charts, line graphs, data analysis and collection.

07:30:00:00 00:28:46:00

YOUTH

Sesame Street

Monster Truckin'

Elmo and Chris are making their own monster truck jump, but they don't have a ramp. This is a problem! They need something slanted up like a triangle and wonder if there's something that could

be used as a ramp. What if they use a pizza box lid?
Let's try! Elmo and Chris didn't give up and
made a ramp for the jump. The Count, Big Bird, and Oscar
joined with their monster trucks, and
everyone raced around.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Grandpere Sleeps Over/Tea Party at the Castle

When Grandpere sleeps over at Daniel's house, Daniel
thinks about what Grandpere needs to be
comfortable./Daniel's friends are having a stuffie tea
party. When Daniel doesn't have a stuffie,
Prince Wednesday helps him find one so he can play, too.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

President of the Sandbox / Dino Parade

Rosie and Javi both want to be in charge of the sandbox,
so the kids hold an election to choose
the president. / The Dino Parade is about to be
cancelled, so Rosie rallies her friends to form a
marching band.

09:30:00:00 00:28:46:04

YOUTH
Work It Out Wombats!

Junjun's Wake-Up Call/Stack 'em Up

JunJun loves ice cream -- ube ice cream, especially --
but he also loves sleep. Sleeping late,
sleeping in, staying tucked up in bed for just as
longggggg as he can, which is a problem when the
Eat 'N Greet holds its first-ever "Ice Cream for
Breakfast" day. Can Zadie wake up her sleepyhead
best friend before last call? / Can Zeke really clean
Super's big, messy closet all by his little
self? (There are a TON of boxes of many shapes and
sizes.) With Louisa's help, he can once they
get their imaginary "house" built, cross a raging river,
and discover how triangles, squares, and
rectangles fit together nicely.

14:00:00:00 00:26:46:04
ENVIRONMENT/NATURE/NATURAL DISASTERS
Changing Seas

Mystery of the Humpback Whale Song

Each winter, a population of humpback whales migrates to its breeding grounds in the Hawaiian Islands. It is here that male humpbacks perform their elaborate and haunting song. Experts are studying the purpose of this song and what it might tell them about the animals' overall fitness.

14:30:00:00 00:26:45:25
ENVIRONMENT/NATURE/NATURAL DISASTERS
Untamed

Bats

Step into the unknown world of bats with Ed and the staff of the Wildlife Center of Virginia.

19:00:00:00 01:28:54:05
ARTS
Mavis Staples at Symphony Center, Chicago

Join the legendary singer and civil rights icon for a one-night only, hometown performance for the ages. Staples brings her iconic smoky sound to Orchestra Hall in a scintillating evening of soul, gospel and her signature brand of R&B.

20:30:00:00 01:24:13:00
ARTS
I Go to the Rock: The Gospel Music of Whitney Houston

The unmistakable voice of Whitney Houston is powerful and timeless. She became one of the most accomplished recording artists of all time, but her heart was always in Gospel music. From her first performance in front of an audience to the best-selling Gospel album of all time, *The Preacher's Wife*, experience how profoundly Gospel music influenced her personal life and helped shape her career. Join host CeCe Winans and discover Whitney's deep faith and love of Gospel music.

Sat, Feb 24, 2024

00:00:00:00 01:13:14:09

ARTS

Around The World In 80 Days On Masterpiece

Episode 2

Having survived mayhem in France, Fogg and his party are crossing Italy when their train comes to a screeching halt. Can they continue and save a boy's life in the process?

01:30:00:00 01:27:27:14

AGING

Just One Thing with Steven Gundry, Md

Aging is not linked, scientifically, with joint pain, memory loss, frailty and a host of other negative stereotypes of getting older. Based on researching the world's longest living people and treating patients at his waitlist clinics six days a week, Dr. Steven Gundry-renowned surgeon, medical researcher and bestselling author-explains why aging doesn't have to equate to decline and loss of freedom. Dr. Gundry then reveals the 'just one thing' that leads to living well until a ripe old age. The program ends with a step-by-step approach to help us feel better and more youthful today while offering revolutionary, yet simple, methods to losing weight, reducing our need for medications and increasing our healthspan.

06:00:00:00 00:27:29:27

HEALTH/HEALTH CARE

Sit and Be Fit

Balance Your Body

In this episode, Mary Ann leads viewers through a workout designed to balance out the body to improve functional fitness. Dr. Emily shares an exercise to strengthen balance and help reduce fall risk.

07:00:00:00 00:29:00:05

YOUTH

Mister Rogers' Neighborhood

Mister Rogers Talks About Dance

Mister Rogers visits Arthur Mitchell at the Dance Theatre of Harlem. In the Neighborhood of Make-Believe, recognizing that dance can be about all kinds of feelings, Lady Elaine renames her Always Happy Dance Studio the Sometimes Happy Dance Studio.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Bubble Trouble

It's national bubble week! Elmo, Rosita, Zoe, and Charlie are filling all of Sesame Street with bubbles to celebrate. They try blowing bubbles and waving a rope to make more bubbles but their lips and arms are getting tired. They wonder if there's something that could make bubbles for them. What if they put bubble wands on an egg rack in front of a fan and spin it through a tub of soapy water? Let's try! It works. They didn't give up and Sesame Street gets filled with bubble with their new bubble machine!

14:00:00:00 00:56:46:00

ARTS
Miss Scarlet and the Duke On Masterpiece

The Fugitive

Eliza is on the trail of a fugitive who is charged with murder. She must find him before the police do or risk losing everything.

15:00:00:00 00:56:46:00

ARTS
All Creatures Great and Small On Masterpiece

The Home Front

When Richard Alderson needs help, Helen returns to Heston Grange; however, buried family secrets threaten to tear their relationship apart. Gerald's beloved dog, Rock, needs veterinary help, but he is too worried about the operation.

22:00:00:00 01:28:44:02

ARTS

Jimi Hendrix: Electric Church

This critically acclaimed documentary traces Jimi Hendrix's journey to the Atlanta International Pop Festival and features 16mm multi-camera footage of his unforgettable performance on July 4, 1970. Against the backdrop of civil rights unrest, the toll of the Vietnam War and a burgeoning festival culture inspired by Woodstock that drew young people from across the country, the concert took place in a dusty, scorching hot pecan orchard in Byron, Georgia.

Sun, Feb 25, 2024

00:00:00:00 01:12:50:07

ARTS

Around The World In 80 Days On Masterpiece

Episode 3

To meet their connection in Aden, Fogg and Passepartout hire a camel driver to cross the desert. Bad idea! Can Abigail and her new acquaintances rescue them?

06:00:00:00 00:27:30:00

HEALTH/HEALTH CARE

Wai Lana Yoga

Topsy Turvy

Today's upside down poses give your glands a boost, regulating those pesky hormones.

17:00:00:00 01:28:54:05

ARTS

Mavis Staples at Symphony Center, Chicago

Join the legendary singer and civil rights icon for a one-night only, hometown performance for the ages. Staples brings her iconic smoky sound to Orchestra Hall in a scintillating evening of soul, gospel and her signature brand of R&B.

21:00:00:00 01:28:14:03

ARTS

Burt Bacharach: A Life In Song

Celebrate the late legendary songwriter in a stunning 2015 tribute at London's Royal Festival Hall. The concert captures the magic of Bacharach's timeless classics with live performances from a stellar lineup of artists.

22:30:00:00 01:29:00:00

ARTS

Kenny Rogers Farewell Concert Celebration: All In for the Gambler

Mon, Feb 26, 2024

00:00:00:00 01:13:04:09

ARTS

Around The World In 80 Days On Masterpiece

Episode 4

Invited to a wedding in India, Fogg has his diplomatic skill tested when a British officer arrests the groom. Unwittingly drugged, Fogg spills his true motivation for the trip to Abigail.

06:00:00:00 00:27:01:04

HEALTH/HEALTH CARE

Classical Stretch: By Essentrics

Improve Your Posture

Unlock your spine by stretching and lubricating connective tissue in your back, chest and core. By gently and effectively working on your range of motion, your joints in your spine, hips and feet will feel liberated, making you feel taller. This beginner, full-body workout is a great way to improve your posture at your own pace.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

The Food Chain Game

Aviva wants to build a food web for the African savannah, so she devises a game and Martin and

Chris accept her challenge! They will each start as a blade of grass and climb to the top of the food web in a game of "Power Suit Creature Tag." As they play, the brothers boost their knowledge of the complex relationships between predators and prey as well as the differences between herbivores and carnivores.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Zero Effect/Bad Luck Bears

Zero Effect - Olive and Otto must stop zeroes from disappearing before the missing zeroes destroy the town... and Otto turns into a baby. Curriculum: Numbers and counting; place value. Bad Luck Bears - When odd things start happening to the Bears basketball team, Olive and Otto must set things straight before the big game. Curriculum: Number operations; addition problems with different addend combinations.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel Makes A Mistake/Baking Mistakes

Daniel Makes a Mistake - While Daniel is looking at different items under the magnifier at school, he accidentally knocks a basket of objects off the table, sending things tumbling all over the floor. Whoops! Daniel thinks he has ruined Science Time until Teacher Harriet explains that everyone makes mistakes; the important thing is that we can fix them and always learn from them. Baking Mistakes - Daniel and Prince Wednesday are at the bakery helping Baker Aker make cookies for the Neighborhood. But Prince Wednesday accidentally spills the milk! No crying, though, because mistakes can happen. Soon the boys learn that they can try to fix their mistakes and learn from them, too. Trolley cookies for everyone! Strategy: It's ok to make mistakes, try to fix them and learn from them, too.

08:30:00:00 00:28:46:03

YOUTH
Rosie's Rules

Catch That Watermelon/Dino Cave

Rosie & Javi try to find a way to transport a watermelon from her house to the park for the family picnic. / Rosie offers to build a dino cave for Iggy, but first she needs to transport all the materials they'll need.

09:00:00:00 00:28:46:00

YOUTH

Curious George

George and the Rain / George's Pigeon

Predicament

George and The Man With the Yellow Hat rush into Pisghetti's for cover from a rainstorm that has wrecked George's new kite. George is crestfallen. Rain ruins everything! As Gnocchi naps, George sulks - until Professors Pizza and Einstein explain that without rain there would be no water and no Pisghetti Spaghetti! The Professors even show George a lively presentation of how Drippy the raindrop makes its wondrous way to the water glass. A little skeptical and a lot sleepy, George curls up next to Gnocchi - and finds himself in a fantastical dream with Drippy in a raincloud! As George and Drippy fall from the sky and into the river, Captain Gnocchi whisks in on her ship to save the day. But that's just the start of this wild and wacky journey from the sky to the faucet. Will the trio find their way safely back to Pisghetti's sink? And will George finally understand that rain is astounding? / Rollerskating through the park, George hears a strange noise coming from the bushes and discovers a funny- looking little creature he's never seen before! Was this a lizard... or maybe an alien? The Man with the Yellow Hat explains that it's a baby bird, and for expert assistance they call a volunteer at the city's wildcare - Mr. Zoobel! The baby won't eat the bird seed (although Compass loves it!), and with no bird parents in sight, George and Zoobel take it to the wildcare center. Dr. Aziz says the baby is hungry but healthy - and it's a pigeon! George is thrilled! He happily feeds the baby and makes it the most comfy bed. But when George goes to leave, the baby sadly squawks - it must be lonely! How can George make the baby feel less homesick? With Compass' help, George learns that pigeons of a feather indeed flock together.

09:30:00:00 00:28:46:04

YOUTH
Work It Out Wombats!

The Treeborhood Photo Album/Runway Recycling

Zadie creates a Treeborhood photo album to trace the growth of their beloved Tree from little, to big, to VERY big. / When Mr. E accidentally polka-dances a sculpture to smithereens, he and Louisa hold a contest to replace it.

10:00:00:00 00:26:46:00

AGING
Getting Dot Older

Still Dancing

Host Roberto Mighty interviews Baby Boomers and invites viewer participation. We meet Yulan, the language teacher; Dianne, the archer prt2; Orin & Bernardo, from Hollywood; Inderpreet, the IT Director; Guest Expert: Dr. Walter Willet, Harvard Nutritionist.

15:30:00:00 00:29:00:00

HEALTH/HEALTH CARE
Menopause Makeover

Menopause Makeover

The premiere program will help women understand "the whys" of menopause as well as demonstrate how to navigate through hormonal ups and downs during this often tricky stage of their lives. Viewers will meet women from around the world who are suffering from the debilitating symptoms of menopause and hear about their journeys to better health. They will learn sage advice based on medical research and take home Maryon's top tried and true tips and tricks in order to experience what Maryon calls, "a Midlife Refuel."

22:30:00:00 00:26:46:00

AGING
Aging Matters: Women Unseen

AGING MATTERS: WOMEN UNSEEN explores ways to empower older women to ensure continued dignity and a

consistent quality of life. This edition of AGING MATTERS focuses on challenges women face as they age, including economic insecurity, outliving partners, caregiving responsibilities, and policies that impact women over a lifespan. The program addresses these hurdles while offering viewers ways to find solutions to often overlooked obstacles.

Tue, Feb 27, 2024

00:00:00:00 01:12:57:07

ARTS

Around The World In 80 Days On Masterpiece

Episode 5

Though wealthy, Fogg discovers that someone has put a hold on his credit in Hong Kong, making further progress impossible. Passepartout puts his larceny skills to use.

01:30:00:00 01:58:14:29

HEALTH/HEALTH CARE

Ancient Remedies with Dr Josh Axe

Ancient Remedies with Dr. Josh Axe is based on Dr. Josh Axe's latest and most compelling book to date. It exemplifies his deep-seated passion, vision and mission to help people truly heal at the root cause of illness in order to live their best lives. Dr. Axe's heart centered approach can be traced to successfully guiding his mother through her extensive health struggles, after which he committed to a life's work of sharing the methodology that worked for her, and his patients. With Ancient Remedies, Dr. Axe's goal is to empower people to find wellness in their own lives by focusing on the powerful benefits of using food to heal your body; an approach rooted in an age-old practice but tailored to our modern world. Ancient Remedies is a new way of thinking about health and healing - one based on the time-tested knowledge from ancient medical systems that use natural solutions to address digestive issues, hormonal imbalances, inflammatory conditions, immune dysfunction, neurological disorders, and autoimmune disease. The ancient approach to illness lies in a single, simple strategy: Instead of treating symptoms, heal the root cause of the disease. Ancient healers not only believed in identifying the root cause of each patient's

health problem, but they also spent years meticulously researching, cataloguing and studying which natural remedies were most effective in healing each condition. The most common remedies included superfoods, mushrooms, herbs, spices and essential oils. Today's research, which Dr. Axe explains in this program, also shows the efficacy of this approach so families can make the best health choices for themselves.

03:30:00:00 00:26:46:00

AGING

Aging Matters: Women Unseen

AGING MATTERS: WOMEN UNSEEN explores ways to empower older women to ensure continued dignity and a consistent quality of life. This edition of AGING MATTERS focuses on challenges women face as they age, including economic insecurity, outliving partners, caregiving responsibilities, and policies that impact women over a lifespan. The program addresses these hurdles while offering viewers ways to find solutions to often overlooked obstacles.

06:00:00:00 00:26:46:03

HEALTH/HEALTH CARE

Happy Yoga with Sarah Starr

Ocean Breeze

Revitalize and recharge amid the beautiful ocean views as we focus on creating a stronger core while entirely seated in a chair. Includes simple core strengthening moves along with gentle stretches for your chest, back, hips, legs and more.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Animals Who Live to Be 100 Years Old

Martin is hanging out with his pet Fruit fly Juice, when Juice suddenly dies. Even though Juice was young, he was pretty old for a Fruit fly. Jimmy wants to know if any animals can live to be over 100 years old. Soon the Wild Kratts are on a mission to discover the oldest creatures on earth! Science: Aging : Life cycles.

07:00:00:00 00:28:46:05

YOUTH
Odd Squad

Soundcheck/Double Trouble

Soundcheck - Olive and Otto must figure out how and why things are disappearing around town when all Otto wants to do is listen to a song by his favorite band, Soundcheck. Curriculum: Number operations; subtraction. Double Trouble - Debbie from Debbie's Pizzeria has doubled... not once, but twice, creating four Debbies! When one of the four Debbies goes missing, Olive and Otto need to find her. Curriculum: Numbers and counting; doubling.

07:30:00:00 00:28:46:05

YOUTH
Sesame Street

Nani Bird Visits

Big Bird's aunt, Nani Bird, is visiting Sesame Street from Hawaii. Nani Bird shares special things with Big Bird, Elmo, Abby and Nina that are part of Hawaiian culture. They learn how to say "aloha" which means hello and goodbye in Hawaii, make lei with paper flowers that are given as gifts to family and friends, and learn about hula which is a kind of dance to tell a story by moving your hands and body. They thank Big Bird and Nani Bird for sharing special things their family does in Hawaii.

08:00:00:00 00:28:46:05

YOUTH
Daniel Tiger's Neighborhood

Daniel's Goldfish Dies/Daniel's Strawberry

Seeds

Daniel's Goldfish Dies - When Daniel's pet fish dies, he begins to ask questions about what happened to help him understand what death means, and how to handle the emotions that often come with losing someone you love. Daniel's Strawberry Seeds - Daniel and Katerina go to the Enchanted Garden to pick strawberries, only to find that the strawberry plants are dead. They ask questions to help them understand what's happened and learn what it means when something dies. Strategy: Ask questions about what happened, it might help.

08:30:00:00 00:28:46:05

YOUTH
Rosie's Rules

Rosie The Reporter/The Jalapeno Giant

Rosie tries to be a reporter, but has a hard time finding things that are newsworthy. / Rosie & Jun believe there's a jalapeno giant on the loose, so they try to warn everyone.

09:00:00:00 00:28:46:03

YOUTH
Curious George

Monkey Mechanic / Seahorses and Wee Horses

Nothing beats riding in The Man with the Yellow Hat's car with the top down and enjoying the fresh air. Until they hit a pothole and the car rattles and steams! Luckily there's a repair shop up ahead, where George meets Mick Kannick, the car mechanic. There's so much cool stuff in the garage - tools, hoses, and even a lift that raises the car so he can look underneath! George wants to help fix the car, so Mick teaches him how to handle the hoses, loosen and tighten the screws, and most importantly, to look for anything that doesn't look right. Mick even gives him a hat and George is thrilled. He's a real mechanic now! So when Mick steps away, George figures he can help. As Marco drops by with a deflated bike tire and his friend Lorelei brings her broken pedal car, George applies his new auto know-how to fix their problems. But George doesn't realize he's creating new problems - until his friend's car, still up on the auto lift, begins to leak the water that George accidentally filled the whole cab with! / George and The Man with the Yellow Hat love visiting Uncle Tam at his castle in Scotland. The sunsets and shoreline are so beautiful - and the seals are fun to paint! But Uncle Tam tells them that his absolute favorite animal in all of Scotland is the seahorse. These special creatures are very distinct: they're small, move slowly, and have long snouts to snort up food and grabby tails. When Uncle Tam explains that seahorses are hard to find in the sea these days, George embarks on a mission to find them on land. On his adventures, George encounters wonderful animals that have some of these

characteristics - including a harvest mouse and a merry-go-round horse - but none have all four.

Will George ever find a seahorse for Uncle Tam?

09:30:00:00 00:28:46:05

YOUTH

Work It Out Wombats!

The Treeborhood Parranda/Happy New Acorn

Year!

The Flapping Feathers's bus derails on its way to the Parranda. Super fans Sammy and Louisa save the celebration! / This year, the Wombats can stay up late to watch the New Year's Eve Acorn Drop - if they can keep from falling asleep.

10:00:00:00 00:27:00:00

ARTS

Best of the Joy of Painting

Covered Bridge

Bob Ross paints a country covered-bridge without disturbing the lovely forest background. A painting you won't want to miss!

14:00:00:00 00:56:46:01

ENVIRONMENT/NATURE/NATURAL DISASTERS

Nature

Remarkable Rabbits

There are more than 100 domestic and wild kinds of rabbits and hares, from snowshoe hares to Flemish giants. Despite their remarkable ability to reproduce, many wild rabbits are in danger of being eradicated.

15:30:00:00 00:29:00:00

HEALTH/HEALTH CARE

Menopause Makeover

Hot Flashes

Research shows that 80 percent of women going through menopause lose control of their thermostat.

Hot flashes can be not only be uncomfortable and exhausting but at times incredibly embarrassing!

Maryon Stewart, the pioneer of the natural menopause movement takes women through a quick tutorial of well researched recommendations that include diet and lifestyle changes in order to reduce hot flashes in a matter of weeks.

22:30:00:00 00:26:45:29

AGING

Aging Matters: Aging with Pride

LGBTQIA elders face unique social, economic, and health challenges. Organizations and individuals across the country are working to address issues such as discrimination and loneliness. AGING MATTERS: AGING WITH PRIDE sheds light on what many in the Stonewall Generation have had to endure and fight for in the hopes of enacting positive change for the community in the ongoing pursuit of equality.

Wed, Feb 28, 2024

00:00:00:00 01:13:18:05

ARTS

Around The World In 80 Days On Masterpiece
Episode 6

Facing starvation on a desert island, Fogg and Passepartout have a falling out. The valet's superior survival skills are desperately needed to save their lives, much less the round-the-world wager.

03:30:00:00 00:26:45:29

AGING

Aging Matters: Aging with Pride

LGBTQIA elders face unique social, economic, and health challenges. Organizations and individuals across the country are working to address issues such as discrimination and loneliness. AGING MATTERS: AGING WITH PRIDE sheds light on what many in the Stonewall Generation have had to endure and fight for in the hopes of enacting positive change for the community in the ongoing pursuit of equality.

06:00:00:00 00:27:19:03
HEALTH/HEALTH CARE
Classical Stretch: By Essentrics

Leg Toning

Release joint tension and activate the stabilizer muscles in your core and legs, while you stretch and strengthen all 650 muscles and tone your lower body. By working gently yet effectively, you'll also liberate your hips, which will help improve your gait and balance. This full-body standing and floor workout will leave your body feeling energized throughout the day.

06:30:00:00 00:28:46:05
YOUTH
Wild Kratts

Archerfish School

When the Kratt Bros meet a school of Archerfish, they are taught the secret of "water droplet" archery from an Archerfish named Arrow. Soon, they are using this newly learned skill to infiltrate Donita Donata's yacht and rescue the baby animals she has been capturing for her newest high-end fashion line. Science Concept: Physics of Motion.

07:00:00:00 00:28:46:05
YOUTH
Odd Squad

Crime at Shapely Manor

Crime at Shapely Manor - Olive and Otto are sent to Shapely Manor to investigate an odd crime with even odder people. Curriculum: Geometry.

07:30:00:00 00:28:46:05
YOUTH
Sesame Street

The Great Corn Festival

Welcome to the Sesame Street Corn Party! Everyone's bringing a special food made from corn that their family makes. Elmo brings corn on the cob with paprika seasoning. It's a special recipe Elmo

makes with his dad. Tamir and Charlie both bring cornbread. Tamir's family makes cornbread with zucchini and it's special to his family because they always make enough to share with friends and neighbors. Charlie's family makes cornbread with apples and it's special to her family because Charlie and her dad always make the food together. Rosita brings pineapple tamales. The pineapple tamales are a special recipe Rosita makes with her abuela. Together they learn about how corn is used in many ways and that by sharing foods that are special to them, they are sharing something special about themselves.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

Daniel Goes to Sleep/Prince Wednesday Sleeps

Over

Daniel Goes to Sleep - It's time for Daniel to go to sleep, but there's just one problem he's not feeling sleepy! Daniel learns how to get calm and relax his body for bed. Prince Wednesday Sleeps Over - Prince Wednesday is coming over for a grr-ific sleepover. But when the boys just want to stay up and play, their babysitter, Prince Tuesday, helps them wind down for bed. Strategy: It's time to sleep, the day is done. Let's countdown to calm down, 5..4..3..2..1.

08:30:00:00 00:28:46:05

YOUTH

Rosie's Rules

Donating Day/Gatita The Volunteer Cat

Rosie donates some things for Donating Day, but when she accidentally gives away her doll Lele, she must get it back. / Rosie & Gatita volunteer for Seniors Day at the Nature Center, but their volunteering doesn't go as planned.

09:00:00:00 00:28:46:05

YOUTH

Curious George

Monkey Underground/Cat Mother

Cat Mother - Professor Wiseman entrusts George with Lucky, a tiny kitten too young to take care of herself. It's love at first sight for Lucky when she meets her first dog - Hundley, the proud lobby dachshund. But it's not such a fast friendship for Hundley, who sneezes when Lucky affectionately rubs against him. Hundley's allergic to cats! Lucky is inconsolable, having to stay away from her new friend, so George decides to build a substitute dog for Lucky. Can George use his sharp investigation and engineering skills to create an exact Hundley replica? Monkey Underground - When George stumbles across a gopher hole in the field near the country house, he suddenly finds himself inside a secret world of underground tunnels. Just below the mounds, Mama, Papa, and Junior Gopher have found a hiding place away from Mr. Gopher Getter - the man who plans to de-gopher the entire field. George warns his new pals about the looming trap. But only if George can dig super monkey-fast, and in the correct direction, will he be able to save his gopher friends from being removed from their home.

09:30:00:00 00:28:46:05

YOUTH
Work It Out Wombats!

Moo Moo Choo Choo / Lake Bellyflop

The Wombats help to free the Moo Moo Choo Choo train, which got itself stuck in a sea of ooey-gooey mud. / First spied through a telescope, three adventurous Wombats attempt to find mystical Bellyflop Lake - without getting lost!

10:00:00:00 00:28:16:19

YOUTH
Wild Hope

The Big Oyster

New York Harbor was a haven of incredible underwater biodiversity-until centuries of pollution turned it into a cesspool. Today, an alliance of architects, restaurateurs, scientists, and high school students is working to restore the harbor and protect the city from climate change. At the heart of the effort is a tiny creature with an outsized talent for cleanup: the extraordinary oyster.

11:00:00:00 00:26:46:00

ARTS

Rick Steves' Europe

Rick Steves' Europe: Baroque Art

Forged in Europe's religious struggles, Baroque art inspired the faithful and dazzled the masses.

We start in Rome, with its awe-inspiring St. Peter's, fleshy Bernini statues and bubbly fountains.

In Belgium, we see the dramatic canvases of Rubens. And finally: the ultimate Baroque palace,

Versailles, with its chandeliered Hall of Mirrors and vast gardens where nobles played as Revolution brewed.

19:00:00:00 00:58:54:05

ARTS

The Mysterious Women of Masterpiece Mystery

Go behind-the-scenes of the popular MASTERPIECE mystery series Miss Scarlet & The Duke, Annika and

Magpie Murders. Interviews with the stars and creators offer insights into the joys and challenges of making these shows.

20:00:00:00 01:28:00:00 #5413

ARTS

All Creatures Great and Small On Masterpiece

On A Wing and a Prayer

James tries to get home for Christmas and Skeldale House prepares for a new arrival.

Thu, Feb 29, 2024

00:00:00:00 01:13:01:09

ARTS

Around The World In 80 Days On Masterpiece

Episode 7

Arrived in the Old West, the three adventurers meet a lawman with his fugitive captive. Making

their next train connection hinges on Abigail's journalistic cool in a shootout.

02:30:00:00 01:27:27:14

AGING

Just One Thing with Steven Gundry, Md

Aging is not linked, scientifically, with joint pain, memory loss, frailty and a host of other negative stereotypes of getting older. Based on researching the world's longest living people and treating patients at his waitlist clinics six days a week, Dr. Steven Gundry-renowned surgeon, medical researcher and bestselling author-explains why aging doesn't have to equate to decline and loss of freedom. Dr. Gundry then reveals the 'just one thing' that leads to living well until a ripe old age. The program ends with a step-by-step approach to help us feel better and more youthful today while offering revolutionary, yet simple, methods to losing weight, reducing our need for medications and increasing our healthspan.

06:00:00:00 00:26:46:06

HEALTH/HEALTH CARE

Happy Yoga with Sarah Starr

Summer Sunflower Storm

Recharge in the summer sunflower storm energy as we gently stretch your whole body while entirely seated in a chair. Includes dynamic core strengthening moves along with simple stretches for your shoulders, back hips, legs, and more.

06:30:00:00 00:28:46:05

YOUTH

Wild Kratts

Baby Tooth & Kid Musky

When the Wild Kratts begin to talk about predator and prey, the Kratt Bros decide to split up to investigate the lives of being a predator and a prey. But when they each befriend a young member of their respective groups and the groups collide, the gang must struggle to figure out how they react in a true battle for survival . Science Concept: Predator/Prey relationship.

07:00:00:00 00:28:46:05

YOUTH

Odd Squad

Reindeer Games

Reindeer Games - In this Christmas-themed episode, Olive and Otto help Santa track down his missing reindeer. Also, Oscar helps Ms. O get off Santa's naughty list. Curriculum: Coordinate graphing; greater than and less than.

08:00:00:00 00:28:46:05

YOUTH

Daniel Tiger's Neighborhood

A Storm in the Neighborhood/After The Neighborhood Storm

The Neighborhood Storm - There's a big storm coming to the Neighborhood. Daniel and his friends are a little frightened at first, but the grown up's have a plan to keep everyone safe. After the Neighborhood Storm - The big storm that came through the Neighborhood has passed. But now everything looks different, with leaves all over, trees knocked down and window shutters fallen -- it's a scary thing for Daniel and his friends to see. But they are comforted to know that everyone is safe and there are helpers everywhere, coming together to fix the Neighborhood. Strategy: Take a grown-up's hand, follow the plan, and you'll be safe.

08:30:00:00 00:28:46:05

YOUTH

Rosie's Rules

The Ice Pop Truck/Rosies Dollar Dilemma

Rosie wants to try the new ice pop from the Ice Pop Truck, but she needs to find an extra dollar to buy it. / Rosie gets a dollar after helping Tia at the mercado, but she struggles to decide what to buy with it.

09:00:00:00 00:28:46:00

YOUTH

Curious George

Sloth / Saved by the Bells

George loves helping Professors Einstein and Pizza test out their new inventions, especially in

the Rainforest, where George will get to wear the "Tele-smeller" nose to find a rare orchid! When the tele-smeller picks up a scent, the data travels to the professors' computer to find a match - and The Man with the Yellow Hat's "Sniff-a-long" should tell him whatever George is smelling. But the Rainforest is a cornucopia of rich scents, and the computer can't keep up with George's discoveries! Then George meets a baby sloth, who moves slower than anything or anyone George has seen before. What a fascinating creature! Sloths don't go monkey speed, so George has to go Sloth speed - which just might be George's key to getting the baby back to its mama, and to completing his orchid quest! / Gnocchi gets a special present from Chef Pisghetti - a new ribbon/collar with a bell! Gnocchi loves all of the different ways she can make her new bell ring, and she and George head off to show all of her friends. But while chasing a butterfly, Gnocchi loses the new ribbon and bell - and then George sees Compass flying away with it! George follows Compass to a bell tower and, with the help of an expert, George learns the important role of bells in society, and also how these big and loud bells make all kinds of different sounds! Will George get to ring the biggest bell he's ever seen? And will he be able to reunite Gnocchi with her lost ribbon bell?

13:00:00:00 00:58:54:05

ARTS

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Go behind-the-scenes of the popular MASTERPIECE mystery series Miss Scarlet & The Duke, Annika and Magpie Murders. Interviews with the stars and creators offer insights into the joys and challenges of making these shows.

14:00:00:00 00:56:46:05

ENVIRONMENT/NATURE/NATURAL DISASTERS

The Green Planet

Tropical Worlds

Sir David Attenborough takes a plant's-eye view of life in a rainforest, a world of stunning beauty but also fierce competition. New film techniques allow us to enter their magical world as never before.

19:00:00:00 01:59:00:00

ARTS

Celtic Woman 20th Anniversary Concert

Celebrate 20 years of spectacular Irish music with a new concert filmed at the Helix in Dublin.

With fan favorites, new arrangements, and stirring originals, this emotional evening features a stellar lineup of eight world-class Celtic Women.

21:00:00:00 01:59:03:02

ARTS

Steve & Eydie: Memories of My Mom and Dad

For over six decades, the musical duo of Steve Lawrence & Eydie Gorme has brought back warm and

nostalgic memories from the early days of '50s Rock and Roll, '60s Pop, Tin Pan Alley, Broadway

and The American Songbook. Amazingly, there has never been a tv show celebrating their long

illustrious careers as individuals and singing together.- that is, until now.

PBS

Quarterly

Program Topic Report

February, 2024

Category: Agriculture
NOLA: PNWE 002064
Series Title: PBS News Weekend
Episode Title: Episode 64
Length: 30 minutes
Airdate: 2/4/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:05:28

From quiet fields to busy city streets, farmers around the world have launched protests in recent weeks, demanding relief from what they say is a crisis driven by climate change policies, red tape and crop prices. Ali Rogin reports.

Category: Arts
NOLA: MLNH 014154
Series Title: PBS NewsHour

Episode Title: Episode 154
Length: 60 minutes
Airdate: 2/1/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:20

More than a billion users around the world may find that TikTok is a bit less fun than it was just a day ago. It's tied to a major showdown between the social media app and the world's biggest record label, Universal Music Group, which has removed its music from TikTok. John Yang discussed the dispute with Ben Sisario of The New York Times.

Category: Arts
NOLA: MLNH 014154
Series Title: PBS NewsHour
Episode Title: Episode 154
Length: 60 minutes
Airdate: 2/1/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:51

One of the year's most honored films is "Killers of the Flower Moon," a harrowing story of the murders of members of the Osage Nation in Oklahoma in the 1920s. The acclaimed performance by one of the film's stars, Lily Gladstone, earned her an Oscar nomination for Best Actress. Jeffrey Brown reports for our arts and culture series, CANVAS.

Category: Arts
NOLA: MLNH 014160
Series Title: PBS NewsHour
Episode Title: Episode 160
Length: 60 minutes
Airdate: 2/9/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:09

Award-winning author and producer Kwame Alexander just released his latest work. It's an anthology by Black poets called, "This Is the Honey." Amna Nawaz discussed the book with Alexander for our arts and culture series, CANVAS.

Category: Arts
NOLA: MLNH 014164
Series Title: PBS NewsHour
Episode Title: Episode 164
Length: 60 minutes
Airdate: 2/15/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:29

In 1985, the biggest American pop stars all gathered in one Los Angeles studio, for one night only, to record "We Are the World," a song that raised tens of millions of dollars in humanitarian aid for Africa. Amna Nawaz reports a new film documenting how the stars came together to make history.

Category: Arts
NOLA: MLNH 014166
Series Title: PBS NewsHour
Episode Title: Episode 166
Length: 60 minutes
Airdate: 2/19/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:20

In whatever he appears in, Paul Giamatti makes an impression, whether that's in films or television, or as lead or character actor. Last month he won a Golden Globe Award for his performance in the film, "The Holdovers," a role that has also brought him his first best actor Oscar nomination. He recently spoke with Jeffrey Brown for our arts and culture series, "CANVAS."

Category: Arts
NOLA: MLNH 014167
Series Title: PBS NewsHour
Episode Title: Episode 167
Length: 60 minutes
Airdate: 2/20/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:43

Film buffs will frequently cite "Citizen Kane" or "Gone with the Wind" as early classics. But a new exhibit at the Detroit Institute of Arts seeks to showcase lesser-known Black filmmakers and actors who have a rich history of their own. Jeffrey Brown has the story for our arts and culture series, "CANVAS."

Category: Arts
NOLA: MLNH 014167
Series Title: PBS NewsHour
Episode Title: Episode 167
Length: 60 minutes
Airdate: 2/20/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:43

Film buffs will frequently cite "Citizen Kane" or "Gone with the Wind" as early classics. But a new exhibit at the Detroit Institute of Arts seeks to showcase lesser-known Black filmmakers and actors who have a rich history of their own. Jeffrey Brown has the story for our arts and culture series, "CANVAS."

Category: Culture
NOLA: NOVA 005102
Series Title: NOVA
Episode Title: Easter Island Origins
Length: 60 minutes
Airdate: 2/19/2024 8:00:00 PM
Service: PBS-NPS
Format: Documentary
Segment Length: 00:56:46

The giant stone heads of Easter Island have inspired theories for centuries. Now, new research reveals intriguing evidence of the origins and inspirations of the ancient Rapanui people who created the iconic monoliths.

Category: Culture
NOLA: MLNH 014162
Series Title: PBS NewsHour
Episode Title: Episode 162
Length: 60 minutes
Airdate: 2/13/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:00

Jeffrey Wright has had one of the most varied and distinguished acting careers of any American actor in recent decades. While best known in supporting roles, he's now received his first Oscar nomination as the lead in "American Fiction." The film explores, and sends up, cliches of Black life in popular culture. Jeffrey Brown spoke with Wright for our arts and culture series, CANVAS.

Category: Economy
NOLA: MLNH 014167
Series Title: PBS NewsHour
Episode Title: Episode 167
Length: 60 minutes
Airdate: 2/20/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:10

Federal regulators in recent weeks have signaled concerns about commercial real estate, a financial sector that could spell economic trouble. A combination of decreased demand for office space and high interest rates have put pressure on lease holders and smaller banks in particular. Economics correspondent Paul Solman reports from San Francisco.

Category: Education
NOLA: MLNH 014164
Series Title: PBS NewsHour
Episode Title: Episode 164
Length: 60 minutes

Airdate: 2/15/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:10:14

The debate over diversity, equity and inclusion initiatives in colleges and universities has been heating up around the country. The political and actual backlash to past DEI programs has been growing. John Yang breaks down more of what this dispute is about and what the stakes are in the world of higher education for our series, Race Matters.

Category: Education
NOLA: MLNH 014166
Series Title: PBS NewsHour
Episode Title: Episode 166
Length: 60 minutes
Airdate: 2/19/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:05:47

Valor Collegiate Academy in Nashville encourages students to share what's going on in their lives and to accept support, creating what they call a community of care. We hear from high school teacher Natalie Nikitas and Valor students as they give their Brief But Spectacular take on building trust at school.

Category: Education
NOLA: MLNH 014173
Series Title: PBS NewsHour
Episode Title: Episode 173
Length: 60 minutes
Airdate: 2/28/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:02:53

The rhythm of mariachi music is known worldwide and becoming even more so. Music teacher Susana Diaz-Lopez shares her insights on its growth and impact in the Austin area. From cultural connections to musical exploration, her students find their place in and out of school. Our Student Reporting Labs academy fellows produced this story for our arts and culture series, CANVAS.

Category: Environment/Nature/Natural Disasters
NOLA: NAAT 004205
Series Title: Nature
Episode Title: Gorilla
Length: 60 minutes
Airdate: 2/13/2024 8:00 PM
Service: PBS-NPS
Format: Documentary

Segment Length: 00:56:46

Gabon's Loango National Park is home to a group of western lowland gorillas that have become accustomed to biologists who have studied them for almost 20 years. This documentary presents an intimate look at a silverback and his family, and features a newborn baby gorilla, brave researchers, forest elephants, buffalos and the last remaining wild coastline in the African tropics.

Category: Environment/Nature/Natural Disasters
NOLA: NOVA 005101
Series Title: NOVA
Episode Title: When Whales Could Walk
Length: 60 minutes
Airdate: 2/12/2024 8:00:00 PM
Service: PBS-NPS
Format: Documentary
Segment Length: 00:56:46

A spectacular fossil graveyard reveals a 43-million-year-old whale that had four legs and could walk. Follow scientists as they search for new clues to how mammals moved from land into the sea to become the largest animals on Earth.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014155
Series Title: PBS NewsHour
Episode Title: Episode 155
Length: 60 minutes
Airdate: 2/2/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:05:00

In our news wrap Friday, rain and snow drenched California after the first of two storms swept through, Fulton County District Attorney Fani Willis admitted to having a personal relationship with a special prosecutor she hired in Donald Trump's election fraud case and Ukraine says Russia is refusing to return the bodies of scores of Ukrainian prisoners of war who allegedly died in a plane crash.

Category: Environment/Nature/Natural Disasters
NOLA: PNWE 002064
Series Title: PBS News Weekend
Episode Title: Episode 64
Length: 30 minutes
Airdate: 2/4/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:12

According to data from the United Nations Office for Outer Space Affairs, 2023 was a record year for launching satellites, probes, landers and more

into space. But scientists worry those plumes of exhaust trailing behind rockets could be scattering harmful pollutants into the pristine upper layers of the atmosphere. John Yang speaks with freelance science journalist Shannon Hall to learn more.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014156
Series Title: PBS NewsHour
Episode Title: Episode 156
Length: 60 minutes
Airdate: 2/5/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:38

In our news wrap Monday, a state of emergency covered much of Southern California as a storm brought record rainfall, weekend wildfires in Chile killed at least 122 people with hundreds more missing, Britain's King Charles has been diagnosed with cancer and the incumbent president of El Salvador appeared to be the landslide winner in his bid for re-election.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014157
Series Title: PBS NewsHour
Episode Title: Episode 157
Length: 60 minutes
Airdate: 2/6/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:29

One year ago, a devastating earthquake laid waste to large parts of southern Turkey and northwestern Syria. Tens of thousands were killed and recovery has been slow and agonizing, especially in Syria, where more than a decade of war had already made life unbearable. Leila Molana-Allen reports on how Syrians on both sides of the border are struggling to survive.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014157
Series Title: PBS NewsHour
Episode Title: Episode 157
Length: 60 minutes
Airdate: 2/6/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:29

One year ago, a devastating earthquake laid waste to large parts of southern Turkey and northwestern Syria. Tens of thousands were killed and recovery has been slow and agonizing, especially in Syria, where more than a decade of war had already made life unbearable. Leila Molana-Allen reports on how Syrians on both sides of the border are struggling to survive.

Category: Environment/Nature/Natural Disasters
NOLA: NAAT 004206
Series Title: Nature
Episode Title: Flyways
Length: 60 minutes
Airdate: 2/20/2024 8:00:00 PM
Service: PBS-NPS
Format: Documentary
Segment Length: 00:53:10

Shorebirds fly thousands of miles each year along ancient and largely unknown migratory routes called Flyways. Species travel from feeding grounds in the southern hemisphere to breeding grounds in the Arctic regions and back again, flying up to nine days non-stop without food or water. But their populations are crashing. Follow a conservation movement of bird-loving experts and citizen scientists as they mobilize to the challenge of understanding and saving shorebirds.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014168
Series Title: PBS NewsHour
Episode Title: Episode 168
Length: 60 minutes
Airdate: 2/21/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:10

The Supreme Court heard arguments in a major environmental case over a rule that requires states to stop their air pollution from drifting over to neighboring states. Three states, led by Ohio, are claiming the rule is too costly and they're asking the court to block the so-called "good neighbor" policy. William Brangham discussed the case with Coral Davenport of The New York Times.

Category: Environment/Nature/Natural Disasters
NOLA: MLNH 014173
Series Title: PBS NewsHour
Episode Title: Episode 173
Length: 60 minutes
Airdate: 2/28/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:04:29

In our news wrap Wednesday, high winds pushed wildfires across the Texas Panhandle and one grew into the second largest in state history, the Supreme Court will decide whether to uphold a ban on bump stocks, the leader of Hamas claims his group will consider making concessions in the Gaza cease-fire talks and loved ones of Alexei Navalny will hold a funeral for him on Friday in Moscow.

Category: Environment/Nature/Natural Disasters

NOLA: MLNH 014174
Series Title: PBS NewsHour
Episode Title: Episode 174
Length: 60 minutes
Airdate: 2/29/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:02:42

Akiima Price has dedicated her life to getting people outdoors. As executive director of The Friends of Anacostia Park in Washington, D.C., she aims to improve the park and the lives of those who live in the community. She shares her Brief But Spectacular take on the power of nature.

Category: Health/Health Care
NOLA: MLNH 014154
Series Title: PBS NewsHour
Episode Title: Episode 154
Length: 60 minutes
Airdate: 2/1/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:18

The number of Americans getting health insurance through the Affordable Care Act has hit a record high with more than 21 million people signed up through the marketplaces. As it has in the past, the law known as Obamacare is becoming an election issue. We hear from people who currently get insurance through ACA and William Brangham discusses what's at stake with Sabrina Corlette.

Category: Health/Health Care
NOLA: PNWE 002063
Series Title: PBS News Weekend
Episode Title: Episode 63
Length: 30 minutes
Airdate: 2/3/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:10

With Valentine's Day around the corner, love is on many people's minds. For people with disabilities or chronic illnesses, navigating the dating world can come with many challenges. Stephanie Sy reports.

Category: Health/Health Care
NOLA: PNWE 002063
Series Title: PBS News Weekend
Episode Title: Episode 63
Length: 30 minutes
Airdate: 2/3/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)

Segment Length: 00:08:10

With Valentine's Day around the corner, love is on many people's minds. For people with disabilities or chronic illnesses, navigating the dating world can come with many challenges. Stephanie Sy reports.

Category: Health/Health Care
NOLA: INLE 002507
Series Title: Independent Lens
Episode Title: Sister Una Lived a Good Death
Length: 60 minutes
Airdate: 2/16/2024 9:00:00 PM
Service: PBS-NPS
Format: Documentary
Segment Length: 00:56:46

Following a cancer diagnosis, a wisecracking Catholic nun chooses to live as she's dying. In this touching end-of-life documentary, the self-proclaimed "leader of the misfits" plans her funeral in her last nine months to live.

Category: Health/Health Care
NOLA: PNWE 002065
Series Title: PBS News Weekend
Episode Title: Episode 65
Length: 30 minutes
Airdate: 2/10/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:05:27

In our news wrap Sunday, the World Health Organization says southern Gaza's main hospital is "no longer functional" after an Israeli raid, two police officers and a paramedic died in a shooting in Minnesota, a senior Pakistan official admitted to helping rig election results in his city, and Golden State Warriors star Steph Curry narrowly won the first-ever NBA vs. WNBA three-point contest.

Category: Health/Health Care
NOLA: PNWE 002066
Series Title: PBS News Weekend
Episode Title: Episode 66
Length: 30 minutes
Airdate: 2/11/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:11

According to the American Psychiatric Association's latest monthly poll, 1 in 3 Americans said they felt lonely at least once a week over the past year, with younger people more likely to report these feelings than other age groups. Edward Garcia, head of the nonprofit Coalition to End Social Isolation and Loneliness, joins Ali Rogin to discuss the cause and how communities can work to combat it.

Category: Health/Health Care
NOLA: MLNH 014164
Series Title: PBS NewsHour
Episode Title: Episode 164
Length: 60 minutes
Airdate: 2/15/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:09:34

Since the launch of 988, the three-digit dialing code for the National Suicide and Crisis Lifeline, millions have made contact with counselors. But the support and services available after someone calls 988 largely depend on what state one lives in. Stephanie Sy reports on how Arizona's crisis response network has become a leading model for crisis care.

Category: Health/Health Care
NOLA: PNWE 002067
Series Title: PBS News Weekend
Episode Title: Episode 67
Length: 30 minutes
Airdate: 2/17/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:20

The end of pandemic-era protections has meant the end of Medicaid coverage for more than 17 million low-income Americans so far. Now, Florida is considering other changes to how it provides health insurance to children from low- to moderate-income families, expanding access for some and limiting it for others. KFF Health News correspondent Daniel Chang joins Ali Rogin to discuss what's happening.

Category: Health/Health Care
NOLA: PNWE 002067
Series Title: PBS News Weekend
Episode Title: Episode 67
Length: 30 minutes
Airdate: 2/17/2024 6:30:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:05:17

Vaccines have been proven to be an effective weapon against many diseases. Measles, for instance, was declared eliminated from the U.S. in 2000, and more recently, vaccines helped curb the spread of COVID. But both of those diseases are on the rise in 2024. PBS NewsHour digital health reporter Laura Santhanam joins John Yang to discuss why cases are climbing.

Category: Health/Health Care
NOLA: MLNH 014169
Series Title: PBS NewsHour
Episode Title: Episode 169

Length: 60 minutes
Airdate: 2/22/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:24

We've long known about racial and ethnic bias in health care, but now we're getting some first-hand knowledge of how pervasive it is through interviews with health care workers in the largest study of its kind. William Brangham breaks down the study's findings with one of its co-authors Dr. Laurie Zepheryn. It's part of our ongoing coverage of Race Matters.

Category: Health/Health Care
NOLA: MLNH 014171
Series Title: PBS NewsHour
Episode Title: Episode 171
Length: 60 minutes
Airdate: 2/26/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:04:12

There's some relief for people with food severe allergies. A study published in the New England Journal of Medicine reports the drug Xolair allows people with allergies to tolerate higher doses of allergenic foods before developing a reaction after accidental exposure. Geoff Bennett discussed more with the study's principal investigator, Dr. Robert Wood of the Johns Hopkins Children's Center.

Category: Poverty/Hunger
NOLA: MLNH 014160
Series Title: PBS NewsHour
Episode Title: Episode 160
Length: 60 minutes
Airdate: 2/9/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:15

A new federal food assistance program is aiming to reduce child hunger by giving low-income families money for summer groceries. But only those who live in certain states will have access to that relief. John Yang explains.

Category: Poverty/Hunger
NOLA: MLNH 014168
Series Title: PBS NewsHour
Episode Title: Episode 168
Length: 60 minutes
Airdate: 2/21/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:09:16

The U.N. acknowledged aid deliveries into Gaza have dropped dramatically, threatening a population where hunger is spreading. That aid is delivered by UNRWA, an agency that Israel recently accused of acting "under the authorization" of Hamas. Nick Schifrin discussed the allegations with reserve Israeli Col. Grisha Yakubovich and Matthias Schmale, a former UNRWA director of operations in Gaza.

Category: Women
NOLA: MLNH 014168
Series Title: PBS NewsHour
Episode Title: Episode 168
Length: 60 minutes
Airdate: 2/21/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:07:20

A decision from the Alabama Supreme Court has alarmed doctors, patients and reproductive rights advocates. The court ruled that frozen embryos, created through in vitro fertilization, are legally children and thus protected. The designation of personhood could have significant repercussions for reproductive rights. Stephanie Sy discussed the questions raised by this ruling with Mary Ziegler.

Category: Women
NOLA: TTCY 003250
Series Title: To the Contrary with Bonnie Erbe
Episode Title: Episode 50
Length: 30 minutes
Airdate: 2/29/2024 4:00:00 AM
Service: PBS-PLUS
Format: Interview/Discussion/Review
Segment Length: 00:26:46

Frozen Embryos: A new Alabama Court decision makes embryos legally the same as children. Ukrainian Women: How the Ukrainian military relies on female fighters. PANEL: Del. Eleanor Holmes Norton, Carrie Sheffield, Erin Matson

Category: Women
NOLA: MLNH 014171
Series Title: PBS NewsHour
Episode Title: Episode 171
Length: 60 minutes
Airdate: 2/26/2024 5:30 PM & 11:00 pm
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:06:12

When the Taliban roared back to power in Afghanistan in 2021, education activist Pashtana Durrani had some 7,000 girls enrolled in her organization. The schools were shuttered and Pashtana was forced to flee. She's now living in exile in the U.S. and still working to educate girls

back home. Amna Nawaz spoke with her about her remarkable story told in her new book, "Last to Eat, Last to Learn."

Category: Women
NOLA: MLNH 014174
Series Title: PBS NewsHour
Episode Title: Episode 174
Length: 60 minutes
Airdate: 2/29/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:08:39

Lawmakers in Alabama are working to quickly pass bills to protect IVF clinics and providers after a state Supreme Court decision ruled that an embryo created through IVF should be considered a person. We hear from women who are affected by the ruling and Amna Nawaz discusses the effort to save IVF with Barbara Collura of RESOLVE: The National Infertility Association.

Category: Youth
NOLA: MLNH 014162
Series Title: PBS NewsHour
Episode Title: Episode 162
Length: 60 minutes
Airdate: 2/13/2024 5:30 PM & 11:00 PM
Service: PBS-NPS
Format: News (live news only)
Segment Length: 00:10:06

On social media platforms, so-called "momfluencers" share parenting tips, tribulations and candid moments raising their children. Given its focus on kids, it raises questions about privacy, consent and who benefits financially. Some states are responding with new laws. Stephanie Sy discussed the trend with Fortesa Latifi of Teen Vogue.