ISSUES PROGRAMS LIST

Quarterly Issues Programs List for KTMY-FM

Coon Rapids, MN

October 1st – December 31st, 2022

Placed in the Public File – January 6th, 2023

Section I. Issues

The station has identified the following issues as significant issues facing our community in this quarter:

- A. Health
- **B.** LGBTQ+ Issues
- C. Community
- D. Mental Wellness issues
- E. Children's issues
- F. Women's issues

Section II. Responsive Programs

The station has broadcast programming dealing with each of the above referenced issues. Programming dealing with each issue is set out below.

A. Health

Donna and Steve
12/6/2022
9:00am, 3 min

<u>DEATH OF KIRSTIE ALLEY AND THE IMPORTANCE OF COLON CANCER</u>

<u>SCREENING</u>

Donna and Steve report on the death of actor Kirstie Alley, who was recently diagnosed with colon cancer. Donna talks about her experience with two colonoscopies and shares the importance of getting screened to catch any problems early on. Colon cancer, which is also known as colorectal cancer, is the third leading cause of cancer-related deaths in men and in women in the U.S. and is expected to kill more than 52,000 people this year, according to the American Cancer Society. The cancer starts in the colon or rectum, part of the digestive system. Doctors say it can be awkward for patients to discuss the symptoms, potentially delaying a timely diagnosis.

Jason and Alexis
12/20/22
6:35am, 5 min
BUCCAL FAT REMOVAL TREND

What is buccal fat and why are people removing it? Jason and Alexis talk about how this is trending for celebrities like Chrissy Teigen and influencing people in the Twin Cities to get the procedure. Buccal fat is the fat tissues stored in the lower cheeks and removing them gives a more chiseled appearance. This trend also comes with a warning that you naturally lose that fat as you get older.

Jason and Alexis 10/10/22 6:05am, 10 min

BREAST CANCER AWARENESS EVENT AT SOUTHERN LIGHTS

Jason and Alexis recap the breast cancer awareness event at Southern Lights in Burnsville. myTalk's "The Weekly Dish" was broadcasting live and Alexis was there, too. Alexis reminds women (and men) to schedule their mammograms and to visit Southern Lights as the silent auction to raise money for The American Cancer Society and Making Strides Against Breast Cancer continues through 10/15.

B. LGBTQ+ Issues

Jason and Alexis 12/2/2022 6:40am, 5 min BAR 19 INCIDENT

Jason and Alexis recount a gun violence incident at popular Minneapolis LGBTQ+ bar Bar 19. A man brandishing a gun and yelling homophobic slurs allegedly entered Bar 19. This incident is just the latest example of threatening behavior toward the LGBTQ+ community and comes just

one week after a gunman opened fire at Colorado's Club Q. Jason and Alexis talk about how scary this must have been in a local place that should be a safe haven for LGBTQ+ folks.

Donna and Steve 10/5/2022

9:45am, 4 min

NEW ANIMATED FILM INCLUDES OPENLY GAY CHARACTER

Donn and Steve discuss a new "Scooby Doo" film featuring popular character Velma as an openly gay woman with a female love interest. The special airs online on 10/14 on Cartoon Network. Donna and Steve talk about advances in LGBTQ+ relationship representation in the media.

Colleen and Bradley

10/19/22

1:45pm, 10 minutes

INTERVIEW: J.P. DER BOGHOSSIAN, HOST OF "THIS QUEER BOOK SAVED MY LIFE!"

Bradley and Holly interview J.P Der Boghossian, the host of the podcast "This Queer Book Saved My Life!" The podcast features interviews with LGBTQ+ folks who share their experience with impactful books, who then have an opportunity to speak with the authors of said books. Der Boghossian shares the history of the podcast, why it's important to platform queer experiences, and highlights some of the interviews that have appeared on "This Queer Book Saved My Life!"

Lori and Julia 12/3/22 3:00pm, 4 min

RESPECT FOR MARRIAGE ACT BECOMES LAW

On December 13th President Joe Biden signed the Respect for Marriage Act, codifying protections for same-sex and interracial couples. Lori and Julia celebrate and discuss the positive impact of the Respect for Marriage Act. They also talk about their close friend that had the honor of being at the White House when President Biden signed the Respect for Marriage Act into law.

C. Community

Jason and Alexis 12/12/22 6:30am, 10 min ROADKILL ENTHUSIASTS NEED A PERMIT Minnesota roadkill enthusiasts eat thousands of animals killed by cars. Jason, Alexis, and Holly talk about "meat gleaning" in the state and how often those interested get a wildlife-possession permit from the Minnesota Department of Natural Resources. myTalkers call in to talk about the community around roadkill; there's a phone tree and social media groups to share information.

Donna and Steve 10/3/2022 9:37am, 3 min

ALLINA MENTAL HEALTH WORKERS SET TO STRIKE

Donna and Steve discuss a likely 3 day strike, beginning today, by members of the "SEIU" Healthcare Minnesota and Iowa Union, who say they want better workplace safety, higher staffing levels and better pay. M Health Fairview mental health workers, who had also voted to strike, postponed their strike after saying they made significant progress in negotiations

Colleen and Bradley 10/14/22 12:05pm, 10 min

INTERVIEW: JOSEPH GRODAHL, NORWAY HOUSE AND THE QUEEN OF NORWAY'S VISIT TO NORWAY

Colleen and Bradley interview Joseph Grodahl, Director of Programs & Events at Norway House, a Minneapolis-based culture organization that builds connections between Norway and the United States. They discuss Queen Sonja of Norway's visit to Minnesota. She and her delegation are making numerous stops around the Twin Cities. They discuss the continued friendly relationship and deep history between Norway and Minnesota.

D. Mental Wellness issues

Jason and Alexis 12/12/22 7:05am, 10 min

MN VETERANS GET "DUNGEONS AND DRAGONS" THERAPY

Jason and Alexis discuss Minnesota veterans getting help through "Dungeons and Dragons" roleplaying therapy; it gives them chances to practice social interactions and communications in a safe game setting. Therapists and psychologists at the Minneapolis VA Medical Center (one of the first places to offer group therapies using D&D) developed this program to give veterans with depression, PTSD and other disorders space to practice with social skills that can be barriers in real life and the veterans who play are loving it! Colleen and Bradley 12/1/22 2:05pm, 10 min

INTERVIEW: PATRICK KINDLER, EXECUTIVE DIRECTOR ONE HEARTLAND

Colleen and Bradley interview Patrick Kinder, Executive Director of One Heartland, a non-profit organization whose mission is to improve the lives of children, youth, and families facing significant health challenges or social isolation. One Heartland is holding a "Holiday in the Heartland" fundraising event to raise money for the organization's camps and programs. These programs, like Camp True Colors, support mental health and well-being through the community of camp for children who otherwise might face social ostracization and other mental health obstacles. Colleen and Bradley share information about the event which takes place 12/3/22 at the Dakota in Minneapolis. Bradley is serving as the event's MC.

Lori and Julia 12/14/22 3:45pm, 7 min

SUICIDE AWARENESS: THE DEATH OF STEPHEN "TWITCH" BOSS

Lori and Julia discuss the death of dancer and entertainer Stephen "TWITCH" Boss. Boss died by suicide and Lori and Julia take this moment to remind listeners about the importance of checking in our loved ones' mental health, even if they seem happy. Lori and Julia have two close family members die by suicide and share their personal stories. They provided the new suicide hotline – 988 – and encourage listeners to call if they are going through any kind of mental health struggle.

Lori and Julia 10/4/22 3:30pm, 9 min

INTERVIEW: KRISTIN ROHMAN REHKAMP, AUTHOR OF "FINDING US"

Lori and Julia interview Kristin Rohman Rehkamp, author of the book "Finding Us: A Mother's Memoir of Braving Mental Illness with her Young Daughter." During the interview, Rohman Rehkamp and her daughter shared their story. In the book "Finding Us," brings visibility to living with a child with a mental health diagnosis. Rohman Rehkamp hopes her memoir normalizes mental health conversations and provides comfort and support to those in similar circumstances. Throughout the interview, Rohman Rehkamp provides tips for listeners to better navigate youth mental health challenges.

E. Children's issues

Donna and Steve 10/12/2022 9:31am, 3 min

NATIONAL WALK AND BIKE TO SCHOOL DAY

Donna and Steve warn listeners to watch out for kids who may be walking and biking to school today. More than 170 schools and thousands of students will take part in the National Walk and Bike to School Day. The Minnesota Department of Transportation says the annual event encourages families to develop new, healthy habits. Families that may live too far to walk the entire way can still participate. Many districts are hosting drop off points within a half mile of schools with volunteers ready to walk the rest of the way with those kids. Hosts encourage the audience to check the school's websites so listeners can participate.

Jason and Alexis
10/17/22
8:50am, 9 min

SPICY CHIP CHALLENGE WARNING

Jason and Alexis discuss the "spicy chip challenge" warning issued to schools. Edina Public Schools sent an email to families addressing an incident at South View Middle School in which several students experienced "significant eye pain" after chip dust on their fingers made contact with their eyes. An ambulance was called in response to some having difficulty breathing. This challenge on social media involves eating a chip from corn chip company Paqui that has Carolina Reaper and Scorpion peppers on it which registers at over two million Scoville heat units. Jason and Alexis warn parents about this challenge as it has been gaining traction on social media.

Colleen and Bradley 10/5/22 1:05pm, 10 min IS IT OKAY TO "HIGH-FIVE" CHILDREN?

Colleen and Bradley discuss a parenting column that has gone viral that requests adults stop "high-fiving" children. The article published in the Omaha World-Herald purports that high-fiving children breeds inappropriate familiarity between children and adults. Colleen and Bradley share their opinion on the topic, and they disagree with the columnist and they say they use a high-five as a quick way to encourage children positively. Listeners also call in and share their opinions.

Lori and Julia 10/11/21 5:30pm, 4 min

IMPORTANCE OF FAMILY MEALS ON CHILDRENS' WELLBEING

Lori and Julia discuss a study conducted by the American Heart Association's Healthy for Good Movement on the importance of family meals. The study shows sharing meals with your family is a great way to reduce stress, boost self-esteem, and improve social connection, especially with kids. It creates a healthier relationship with your kids and helps to develop their social skills. The study also finds sharing a family meal leads to healthier eating habits and can help kids make healthier food choices.

F. Women's Issues

Donna and Steve 10/12/22 10:39 am, 2 min

OCTOBER IS BREAST CANCER AWARENESS MONTH

Donna and Steve discuss a reminder to schedule your mammogram and other preventative care appointments. There is a list of resources on the myTalk website hosts encourage listeners to access at mytalk1071.com using keyword AWARENESS. Also, Health Partners offers a service this month called Mammo-A-Go-Go, for women who either cannot afford or have no insurance to cover mammograms. The mobile service will be available this month.

Lori and Julia 12/12/22 4:00pm, 7 min

REMEMBERING FEMINIST DOROTHY PITTMAN HUGHES

Lori and Julia honor Dorothy Pittman Hughes. Hughes died earlier in the month and Lori and Julia share her amazing contributions to women and her local community. She was known for being Black feminist and organized New York City's first battered women's shelter. Lori and Julia played audio from GMA that went over her life and all of her achievements. They emphasized her impact on society and how she paved the way for so many women to build on her vision.

Lori and Julia 10/4/22 5:20pm, 4 min

NAOMI WATTS AND MISOGYNISTIC AGEISM IN HOLLYWOOD

Lori and Julia discuss actor Naomi Watts and ageism in Hollywood. Watts was told her career would be over once she hit age 40, when she would supposedly become "unf*****." She told "Entertainment Weekly" that she got the unwanted advice when she was 33 years old, and she had just come out of starring in David Lynch's 2001 psychological drama "Mulholland Drive."

Lori and Julia took this opportunity to reflect on how the entertainment industry can better support women of a certain age and how they hardly ever treat men like this.