Issues and Programs Fourth Quarter 2019 Community Affairs Programming KQSC 1530AM - K297BQ 107.3FM - K249FK 97.7FM

Tuesday, October 1, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Anti Inflammatories

Friday, October 4, 2019 · 8:00 – 8:20am

Pet of the Month - Humane Society of the Pikes Peak Region Monthly on the first Friday we host a human and a pet guest in the studio to talk about pet adoption and all the support that the local Human Society provides for pets across the Pikes Peak region. This show featured Spike, who was adopted later in the week.

Monday, October 7, 2019 · 7:00 - 7:35am

Interview with Steve Corey, Founder and CEO of Victory Service Dogs, a local non-profit that provides service dogs to veterans, also discussed how they rescue dogs and train them to be service dogs, giving new life to both the dog and the veteran recipient. Promoted the Pawtoberfest event upcoming on Oct 26. On-air live PSA announcements continued through the week on KQSC morning show.

Tuesday, October 8, 2019 · 7:30 – 7:30am

John Carrol from nonprofit Special Kids Special Families promoting upcoming event "Night Of Comedy" discussed how this local non-profit helps families by providing daycare for kids with special needs. Gave away tickets to the event on air to further support the event.

Tuesday, October 8, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Plantar fasciitis

Monday, October 14, 2019 · 7:00 – 7:30am

Susan DiNiapoli Guyton director of the Sue DiNapoli Cancer Foundation. On air guest, promoting the upcoming Be Ovary Aware fundraising event, how this non profit has assisted over 80 local ladies with their fight with gynecological cancers.

Tuesday, October 15, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Cardiac health

Friday, October 18, 2019 · 7:00 – 7:30am

Two segment interviews, approximately 2 minutes each with Kenny Morrow and guide dog Toby of Victory Service Dogs, a local non-profit that provides service dogs to veterans, also discussed how they rescue dogs and train them to be service dogs, giving new life to both the dog and the veteran recipient. Promoted the Pawtoberfest event upcoming on Oct 26. On air recorded PSA announcements ran twice daily October 18, 2019 through Oct 24, 2019.

Tuesday, October 22, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: The Dad bod, working out and nutrition

Wednesday, October 28, 2019 · 7:00 – 7:20am

Courtney and Abby were two volunteers for non-profit org Yot Club, joined us for 2 three minute segments and discussed the toy drive for kids event to be held on Nov 16. The YOT Club, TOY spelled backwards, was formed in 1997 by citizens interested in creating an entertaining and cost effective black-tie event that would provide toys and books for local children. The YOT Club's tagline is "A Voyage For Children" and represents its goal of supporting area youth through community partnership. The YOT Club has become one of the most recognized local charity events, even earning the "2010 Best of Colorado Springs" award from the Gazette newspaper.

Wednesday, October 28 · 9:00 – 9:12am

Twelve minute segment "Day in the Life of a Colorado Springs Firefighter". This vignette featured the stories of our local firefighters, Dave West spent 8 hours on a ride along with Station 8 of the Colorado Springs Fire Department - interviewed Battalion Chief Jess Kruckeberg and other firefighters on the shift. Told the story of the day to day lifestyle and challenges firefighters face, the intent of the program was to give listeners an inside look at the daily life and sacrifices of a firefighter.

Tuesday, October 29, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Women's health

Friday, November 1, 2019 · 8:05 – 8:20am

Pet of the Month - Humane Society of Pikes Peak Region. Kate Aviv

the Community Relations Specialist for HSPPR is our guest on the first Friday of each month. During the 2 three minute segments we talk about pets up for adoption including the weekly in studio pet and the other services provided to our community by the Humane Society of the Pikes Peak Region. The segment is also featured on video on our Facebook page.

Tuesday, November 5, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: guests Dr Linda Sturtevant and Dr Julie Marmon discuss the ER

Tuesday, October 12, 2019 · 8:00 – 8:20am

Twenty minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Skin health, dry skin, skin cancers and other issues and treatments

Thursday, Nov 16, 2019 · 7:00 – 7:30am

Sarah Nolan from TRE was our guest for 3 2 minute segments promoting the Go Baby Go toy car build event for children with special needs. TRE or The Resource Exchange is a non-profit 501c organization that serves over 8,800 infants, children, teenagers, adults, and seniors and their families in El Paso, Pueblo, Teller and Park counties who have special needs. The KQSC volunteer team made up of 4 employees also volunteered 4 hours at the build event on the following Saturday, November 16, 2019 at the Air force Academy building one of the cars.

Tuesday, October 19, 2019 · 8:00 – 8:12am

12 minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Seasonal Depression or SAD

Wednesday, Nov 20, 2019 · 8:05 – 8:20am

Barb Watts, from local non-profit Friend of the Equestrian Center. Two 3 minute segments discussing the free equestrian skill course in Colorado Springs. Friends of the Equestrian Skills Course promotes the education of equestrians and other trail users by developing and maintaining a public equestrian skills course.

Thursday, Nov 21, 2019 · 8:05 – 8:25am

Dean Miller from non-profit org Mt. Carmel Veteran Services was our guest for 2 three minute segments. Mt. Carmel Veterans Service Center provides transition and employment assistance, behavioral health and wellness, supportive services, connection to community resources, and safe event space for veterans, military members and their families. The non-profit organization has directly impacted more than 6,426 unique clients in the Pikes Peak region through more than 36,567 client visits since 2016.

Monday, December 2, 2019 · 7:05 – 7:25am

Guest Deb Mahan with Empty Stocking Fund discussing the 36th annual Gazette Charities-El Pomar Foundation Empty Stocking Fund which provides resources for local health and human service agencies in the Pikes Peak region on the front lines of helping people in crisis and assisting others in attaining self-sufficiency. Over the past 35 years, the Fund has raised more than \$22 million. In 2019, the Empty Stocking Fund exceeded its goal to raise \$1.2 million and it hopes to raise even more the 2019-20 campaign to meet the growing demand for services in

our community. An impressive 100% of the funds raised go directly to agencies to support those in need in the local area.

Tuesday, October 19, 2019 · 8:00 – 8:12am

12 minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Weight loss during the holiday season

Friday, December 6, 2019 · 8:05 – 8:20am

Pet of the Month - Humane Society of Pikes Peak Region Kate Aviv

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Friday, December 9, 2019 · 7:00 – 7:25am

Two 3 minute segments interviewing Joe Lewis CEO and Founder of Angels of America's Fallen. Promoted upcoming event the "Angel Gala" to be held on Feb 6, 2020 as well as the overall mission of Angels of America's Fallen, a national 501(c)(3) non-profit organization founded by retired Lt Col Lewis. It was created in 2012 to address a gap in support he saw for the children of his fallen friends in all branches of the military and first responders.

Tuesday, December 10, 2019 · 8:00 – 8:12am

12 minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Flu season

Tuesday, December 17, 2019 · 8:00 – 8:12am

12 minute health program with Dr. Seth Ryan discussing a wide range of health issues and ideas of how to stay healthy. Topic: Setting fitness and healthy goals for the New Year