

**Issues and Programs**

**First Quarter 2019**

**Community Affairs Programming**

**KQSC 1530FM - K297BQ 107.3FM**

Saturday, January 26, 2019 - Wednesday, January 30, 2019

Ran 5 :60 second PSA's per day for School Choice Week. Total of 25 recorded PSA spots.

Tuesday, January 22, 2019 8:00 – 8:20am

Twenty minute talk program, For The Health Of It with guest Weight Loss Guru Joey Dweck discussing help and ideas for people who are looking for weight loss answers, health benefits of maintaining a healthy weight.

Tuesday, January 29, 2019 8:00 – 8:20am

Twenty minute talk program, For The Health Of It with guest Cindy McComb - NTSOC, Nursing and Therapy Services of Colorado Springs. Discussed home care for family members with disabilities. NTSOC is a nonprofit organization providing the pediatric disabled community in southern Colorado with compassionate quality nursing-supervised home care, case management, and outpatient therapy.

Monday, February 4, 2019 - Friday, February 22, 2019

Nursing and Therapy Services of Colorado Springs recorded PSA, ran 4 times daily for 19 days total of 76 :30 second announcements. NTSOC is a nonprofit organization providing the pediatric disabled community in southern Colorado with compassionate quality nursing-supervised home care, case management, and outpatient therapy.

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February 6, 2019 7:05 - 7:20

Shannon Mitchell from Stable Strides Therapeutic Riding Center, discussing the benefits of equine therapy, also thanks to volunteers and recruiting for new volunteers. Talked about the benefits of equine programs, the various types of equine therapy. Promoted upcoming Red White and Blue lunch event to support local military.

Friday, February 22, 2019 - Friday, March 15, 2019

:30 second recorded PSA for Rocky Mountain Elk Foundation, Pikes Peak Chapter. 47 total recorded announcements. The mission of the Rocky Mountain Elk Foundation is to ensure the future of elk, other wildlife, their habitat and our hunting heritage. The RMEF is a nonprofit organization dedicated to protecting and enhancing elk habitat, restoring elk to native ranges, and educating others about wildlife and habitat conservation, and the value of hunting and hunting heritage.

Thursday, February 7, 2019 · 7:00 – 7:30am

On Air guest Rev. Patty First United Methodist Church announcing new Prairie campus grand opening. Discussed the history of Colorado Springs first church and their expansion to the east with the new Prairie campus.

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Tuesday, February 12, 2019 · 8:00 – 8:20am

Guest Ben Kelly discussed the decline of the global fish population, and health benefits of omega-3oil from algae and how it can deliver the same health benefits as fish oil without harming a single salmon, cod, or sardine.

Thursday, February 14, 2019 · 7:30 – 8:00am

Guest Jill Likeness with Homes for Heroes Since 2009, Homes for Heroes, Inc., has helped over 30,000 heroes save over \$50 million on their real estate transactions, sold over \$4 billion in real estate to heroes, actively partnered with 2,800 like-minded real estate and mortgage professionals who've joined in the mission, and donated over \$659,000 to heroes in need through the Homes for Heroes Foundation.

Tuesday, February 19, 2019 8:00am - 8:20am

Guest Earl L. Mindell R.Ph., M.H., Ph.D. a best-selling author, pharmacist, health motivator, anti-aging advocate, info-tainer, and internationally recognized expert on Nutrition, Vitamins, Minerals, Amino Acids and Herbal Remedies. Dr. Mindell has often been referred to as the "Father of the Nutritional Revolution."

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Tuesday, March 5, 2019 · 7:00 – 7:30am

Guest Joseph Schmidt from The American Legion. The largest war-time Veterans Service Organization in the country will be turning 100 years old next month. Promoted the Colorado Springs Legion Post (the largest in Colorado) Luau event at the Hotel Elegante. Did ticket giveaway on air.

Tuesday, March 12, 2019 8:00am - 8:20am

Dr Seth Ryan, discussing alcohol, how drinking in moderation can be a health benefit, how much is too much. Cardiovascular disease, liver disease and other health concerns around alcohol use.