

Weekly Public Affairs Program

Call Letters: WDNY-FM

QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2023

Show # 2023-27

Date aired: 7/2/2023 Time Aired: 5:00 a.m.

Nora Volkow, MD, Director of the National Institute on Drug Abuse, part of the National Institutes of Health

Fentanyl overdoses are the leading cause of death for Americans ages 18 to 49, more than car accidents or suicides. On average, one person dies of a fentanyl overdose in the United States every seven minutes, and the number of Americans killed by the drug has jumped 94 percent since 2019. Dr. Volkow discussed why the problem has skyrocketed and what steps the federal government is taking to address it. She said that, while the epidemic was worse in certain rural areas of the US in past years, the problem has now overwhelmed every city and state. She talked about the importance of education and treatment programs, and also explained why fentanyl is a particularly troubling issue for pregnant women.

<u>Issues covered:</u>
Substance Abuse and Treatment
Government Policies

Sam Quinones, author of "The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth"

Length: 17:52

Length: 5:08

The opioid crisis' damage to US communities cost the economy \$1.5 trillion in 2020 alone, according to a congressional analysis. Mr. Quinones talked about steps that cities and towns can take to try to repair community bonds, most effectively on the neighborhood, school and church level. He believes that stronger law enforcement is necessary to force drug abusers into treatment, whether they want it or not.

Issues covered:
Substance Abuse and Treatment
Community Rehabilitation
Law Enforcement
Homelessness

Show # 2023-28

Date aired: 7/9/2023 Time Aired: 5:00 a.m.

Paul R. Lawrence, former Under Secretary of Benefits at the U.S. Department of Veterans Affairs, author of "Veterans Benefits for You: Get What You Deserve"

Mr. Lawrence offered tips for veterans to successfully apply for benefits they have earned from their service. He explained several ways that a veteran can document a service-related injury, and how they can request their medical records with help from the National Archives and Veterans

Administration. He also talked about the value of benefits not just to a veteran, but to his or her family, as well.

<u>Issues covered:</u> Veterans' Benefits Military Service Length: 8:14

David Maimon, PhD, Professor of Criminal Justice and Criminology, Georgia State University

Prof. Maimon explained how criminals are increasingly targeting US Postal Service blue collection boxes and residential mailboxes to steal filled-out checks. He said the thieves sell the stolen checks via social media platforms, then buyers alter the payee and amount on the checks to rob victims' bank accounts of thousands of dollars. He recommends that consumers only hand mail directly to a clerk at a US Post Office, or use other methods to send payments.

Issues covered:

Length: 9:09

Crime Identity Theft Government

Lori R. Sackler, Senior VP and family wealth advisor at Morgan Stanley, author of "The M Word: The Money Talk Every Family Needs to Have about Wealth and Their Financial Future"

Conversations about money remain taboo for most U.S. households. Ms. Sackler said a staggering 70 percent of families lose their money, assets, and family harmony in the aftermath of estate transfers. She explained how to successfully talk about money matters. She said many people make the same money mistakes that their parents made.

<u>Issues covered:</u> Retirement Planning Aging Length: 5:05

Show # 2023-29

Date aired: 7/16/2023 Time Aired: 5:00 a.m.

Pam Baker, freelance journalist who focuses on emerging tech topics like artificial intelligence, data analytics, and edge computing, author of "ChatGPT For Dummies"

ChatGPT has garnered an amazing amount of attention in just a few months. Ms. Baker explained how the rise of artificial intelligence has already begun affecting our daily lives. She talked about the importance of learning to use AI in the workplace, and why learning how to prompt AI is both the easy part and the most difficult part of using it.

Issues covered:
Artificial Intelligence
Education
Career

<u>Length:</u> 9:05

Ruchi S. Gupta, MD, MPH, board-certified pediatrician and health researcher, Professor of Pediatrics and Medicine at Northwestern University Feinberg School of Medicine, Clinical Attending at Ann & Robert H. Lurie Children's Hospital of Chicago, founding director of the Center for Food Allergy & Asthma Research

Dr. Gupta led a groundbreaking study of allergies in adults and found the prevalence of food allergy is highest among black, Hispanic and Asian individuals across all ages. She also found that food allergy

is lowest among households earning more than \$150,000 a year. She talked about potential reasons for these findings and the importance of getting a proper diagnosis.

Issues covered:
Food Allergies
Minority Concerns

Length: 8:23

Length: 5:03

Greg Keoleian, Director of the Center for Sustainable Systems at the University of Michigan School for Environment and Sustainability

Environmentally-conscious consumers have probably heard that today's highly efficient dishwashers use less energy and water than traditional hand-washing techniques. However, Prof. Keoleian led a study that found that one manual washing technique--the two-basin method, in which dishes are soaked and scrubbed in hot water and then rinsed in cold water--that is associated with fewer greenhouse gas emissions than machine dishwashing. He offered numerous energy-saving tips related to the task of washing dishes.

Issues covered:
Environment
Energy
Consumer Matters

Show # 2023-30

Date aired: 7/23/2023 Time Aired: 5:00 a.m.

Haywood Talcove, CEO of LexisNexis Risk Solutions' Government Group, a multinational information and analytics company based in Atlanta

Mr. Talcove outlined a frightening new wave of scams: next-gen thieves are utilizing sophisticated new artificial intelligence tools to steal millions of dollars from consumers. He discussed the use of Algenerated voices--that criminals can now clone from social media profiles--to easily con parents or grandparents out of significant sums of money. He said the schemes are almost impossible to detect, but he suggested three steps every family should take to defend themselves

Issues covered:
Crime
Identity Theft
Technology

F. Perry Wilson, MD, MSCE, Associate Professor of Medicine, Director, Clinical and Translational Research Accelerator at the Yale University School of Medicine, author of "How Medicine Works and When It Doesn't."

Dr. Wilson explained how and why the doctor-patient relationship has eroded in recent years. He believes that profit-driven companies—from big pharma to healthcare corporations—have corrupted what should have been medicine's golden age. He offered several potential solutions to restore trust between patients and doctors.

<u>Issues covered:</u> Personal Health Length: 8:15

Length: 8:49

Morag MacKay, Director of Research, Safe Kids Worldwide

Ms. MacKay said that an American child is killed every five days in a train collision, a preventable tragedy that most parents overlook. She outlined the most common scenarios for these incidents and explained how parents can teach their children to avoid dangerous situations with trains.

Length: 5:06

Length: 8:00

Length: 4:58

Issues covered: Railroad Safety Child Safety

Parenting

Show # 2023-31

Date aired: 7/30/2023 Time Aired: 5:00 a.m.

Kate W. Bauer, PhD MS, Associate Professor of Nutritional Sciences, University of Michigan School of Public Health

Prof. Bauer recently led a study that compared beverage consumption in low-income households that utilize taxpayer-funded food assistance programs. She found that families that used just one of the programs were in the normal range, but those that participated in both the Supplementation Nutrition Program for Women, Infants, and Children (WIC), and the Supplemental Nutrition Assistance Program (SNAP), consumed high amounts of sugar-sweetened beverages. She explained why this is a concern.

<u>Issues covered:</u>
Government Food Assistance
Poverty
Nutrition

Patrick Olsen, Editor-in-Chief, CarFax

More than 2.5 million vehicles that have been issued a "Do Not Drive" or "Park Outside" safety recall remain unrepaired, Carfax data shows. Mr. Olsen talked about the most common reasons behind these serious recalls, and why consumers fail to take their cars to dealers to get the issue taken care of. He also explained how someone can check to see if their car is on a recall list.

<u>Issues covered:</u> <u>Length:</u> 9:22 Auto Recalls

Consumer Matters
Transportation

Rachel Neale, PhD, Professor, Group Leader, Deputy Coordinator of the Population Health Department at QIMR Berghofer Medical Research Institute in Brisbane, Australia

Dr. Neale led a study that examined whether monthly vitamin D supplementation for older adults can prevent major cardiovascular events. She found that vitamin D did result in a small reduction for patients who were already at risk of a heart attack, and she believes further research is needed to better understand the link.

<u>Issues covered:</u> Personal Health

Nutrition

Show # 2023-32

Date aired: 8/6/2023 Time Aired: 5:00 a.m.

Bacall Hincks, Family Advocate and Program Coordinator at Children's Service Society of Utah

More than one million American children now live with grandparents, primarily because of their parent's addiction to opioids and other drugs. Ms. Hincks said this growing trend is causing grandparents to put off retirement and plow through savings to rescue their grandchildren from dangerous situations. She discussed how these difficult experiences can negatively affect children's mental and physical health.

<u>Issues covered:</u> Parenting

Substance Abuse

Foster Care Retirement

Maryanne Wolf, PhD, Professor of Child Development and Director of the Center for Reading and Language Research at Tufts University, author of "Reader, Come Home: The Reading Brain in a Digital World"

Prof. Wolf discussed the latest research into the human brain as we become increasingly dependent on digital technologies, rather than the printed word. She expressed concerns for both children's and adults' ability to "deep read," as the brain is literally rewired by huge amounts of short bursts of information. She offered suggestions for how the nation's education system needs to adapt.

Issues covered:

Length: 8:04

Length: 9:17

Literacy Education Technology

David Michael Slater, teacher, author of "We're Doing It Wrong: 25 Ideas in Education That Just Don't Work—And How to Fix Them"

Mr. Slater explained why he believes that many current approaches in education simply aren't working—for students, for teachers, and for society at-large. He explained how teacher evaluations could be improved and why anti-bullying programs in schools don't work.

Issues covered:

Length: 4:50

Education

Show # 2023-33

Date aired: 8/13/2023 Time Aired: 5:00 a.m.

Paul Pilibosian, a Houston attorney specializing in real estate law

It is a pattern being played out in many cities in the United States: squatters move into a home, refuse to leave, and homeowners have few options to evict them. Mr. Pilibosian explained why this trend is on the rise and what homeowners should do to try to discourage squatters from moving into a house in the first place.

Issues covered:

<u>Length:</u> 8:50

Crime

Home Ownership Legal Issues **Anupam Bapu Jena, MD, PhD,** Joseph P. Newhouse Professor at Harvard Medical School, physician at Massachusetts General Hospital, co-author of "Random Acts of Medicine: The Hidden Forces That Sway Doctors, Impact Patients, and Shape Our Health"

Dr. Jena explained how unexpected—but often predictable—events can profoundly affect our health. He offered several examples of how randomness affects medical decisions and treatment options. He said a healthy diet and exercise are the wisest choices to lead a healthy life.

<u>Issues covered:</u> Personal Health Length: 8:16

Sophie Kjærvik, doctoral candidate in communication at Ohio State University

Firearms contribute to the deaths of more children ages 1-17 years in the U.S. than any other type of injury or illness. While much of that total is gang-related teen shootings, sometimes younger deaths are tragic accidents after a child finds an unsecured gun. Ms. Kjærvik was the co-author of a recent study that found that a simple 60 second video on gun safety made a significant difference in whether kids ages 8 to 12 played with a found gun.

<u>Issues covered:</u> Gun Safety Parenting Length: 5:04

Show # 2023-34

Date aired: 8/20/2023 Time Aired: 5:00 a.m.

Karl Brauer, Executive Analyst at ISeeCars.com

The pain of inflation has hit every consumer's pocketbook in the past couple of years, but perhaps the impact has been greatest in the car buying market. Mr. Brauer shared research that found that while the value of used electric vehicles has been plummeting in 2023 (and the trend is accelerating), the price of used cars in general has jumped 47% since 2019. He added that more than half of today's used cars also have 20% or more miles than they did three years ago.

<u>Issues covered:</u> Consumer Matters Transportation Length: 9:01

LeRoy Hood, MD, PhD, biologist who has served on the faculties at the California Institute of Technology and the University of Washington, developed ground-breaking scientific instruments which made possible major advances in the biological and medical sciences, author of "*The Age of Scientific Wellness*"

Dr. Hood discussed the reasons that medicine is undergoing a major transformation from a reactive, hit-or-miss approach to a personalized, predictive, data-rich, and preventive one. He calls this new form of care "scientific wellness", which uses information from our blood and genes, as well as AI, to optimize our health and extend our "healthspan." He believes this new technology can eventually conquer heart disease, Alzheimer's disease and many other illnesses, with noticeable progress within five years.

<u>Issues covered:</u>
Personal Health
Technology

Length: 8:15

Tobias Rose-Stockwell, author of "Outrage Machine: How Tech Amplifies Discontent, Disrupts Democracy—And What We Can Do About It"

The original internet was not designed to make us upset, distracted, confused, and outraged. But Mr. Tobias explained why something unexpected happened at the turn of the last decade, when a handful of small features were quietly launched at social media companies with little fanfare. Together, they triggered a cascading set of dramatic changes to how media, politics, and society itself operate. He explained what needs to happen to find a promising pathway back to a healthier online environment.

Length: 5:14

Issues covered:
Social Media
Mental Health

Show # 2023-35

Date aired: 8/27/2023 Time Aired: 5:00 a.m.

Anna Mills, textbook author, English instructor at the College of Marin, member of a joint Artificial Intelligence task force with the Modern Language Association and College Conference on Composition and Communication

Al chatbots have triggered a panic among educators, who are flooding listservs, webinars and professional conferences to figure out how to deal with the technology in this new academic year. Ms. Mills explained why many professors are expecting chaos. She said few universities are offering clear guidelines for teachers or students. She also talked about the difficulty of detecting Al-generated cheating.

<u>Issues covered:</u> Higher Education Artificial Intelligence

J. Scott Roberts, PhD, Professor in Health Behavior and Health Education at the University of Michigan, Associate Director of a poll from the University of Michigan Institute for Healthcare Policy and Innovation

Prof. Roberts led a poll of people age 65 to 80 and found that while 80% adults see the benefit of tests that can give an early warning of memory and thinking decline, 80% of older adults said they haven't had a cognitive test in the past year to look for early signs of dementia, and 59% reported never having had such a screening. He said the poll also found very low awareness of blood tests that can help detect Alzheimer's disease.

Issues covered:
Personal Health
Technology

<u>Length:</u> 9:17

Length: 5:13

Length: 7:50

Peter Clark, Applied Forest Ecologist at the Rubenstein School of Environment and Natural Resources at the University of Vermont

The US Forest Service has been given taxpayer funding to plant more than a billion trees across the country in the next nine years. Prof. Clark's research found a troubling bottleneck that could threaten these efforts: U.S. tree nurseries don't grow nearly enough trees—nor have the species diversity needed—to meet the unprecedented plans. He talked about the reasons behind the problem and what can be done to remedy it.

Issues covered:
Environment
Government

7

Show # 2023-36

Date aired: 9/3/2023 Time Aired: 5:00 a.m.

ChatGPT, an artificial-intelligence (AI) chatbot

ChatGPT was launched as an artificial intelligence prototype on November 30, 2022, quickly gaining much attention for its detailed responses and articulate answers across many topics. It explained how was it trained and learns, and what its biggest weakness are. It acknowledged that the concerns about potential biases in its answers are legitimate. It also outlined the top 5 human endeavors in which it anticipates making the biggest impact.

Length: 9:29

<u>Issues covered:</u>
Artificial Intelligence
Technology
Employment

Andrew Houtenville, PhD, Professor of Economics at the University of Hampshire, Research Director of the UNH Institute on Disability

Prof. Houtenville discussed recent findings from the National Trends in Disability Employment report, issued semi-monthly by Kessler Foundation and the University of New Hampshire. He explained what is driving historic highs in employment of people with disabilities, and why disabled employment has outstripped the non-disabled since the start of pandemic lockdowns.

<u>Issues covered:</u> <u>Length:</u> 7:59

Disabilities Employment

Erin Dooley, PhD, Assistant Professor of Epidemiology at the University of Alabama at Birmingham School of Public Health

Prof. Dooley was the lead researcher of a study that measured the number of daily steps that may make a difference in the risk of heart problems in senior citizens. Her study of people ages 70 and older found walking an additional 500 steps per day, or an additional quarter mile of walking, was associated with a 14% lower risk of heart disease, stroke or heart failure.

<u>Issues covered:</u> <u>Length:</u> 5:06 Personal Health

Personal Health Senior Citizens

Show # 2023-37

Date aired: 9/10/2023 Time Aired: 5:00 a.m.

Erica Eversman, President of the Automotive Education and Policy Institute in Akron, OH

Drivers are looking for ways to save money on auto insurance as premiums rise rapidly. Ms. Eversman explained a new offering from some insurance companies: usage-based car insurance programs, where the insured agrees to share detailed data about their driving habits with their insurer via a phone app or an in-vehicle device. She said the data does permit insurance companies to evaluate risk better and better match the price of the insurance for the risk, but at a steep cost to consumers' privacy and legal rights.

<u>Issues covered:</u> Consumer Matters Auto Insurance Legal Matters Length: 8:55

Caroline Leaf, PhD, clinical and cognitive neuroscientist, author of "How to Help Your Child Clean Up Their Mental Mess"

Increasingly, children ages 3-10 are struggling with anxiety, depression, and mental health challenges. Dr. Leaf discussed the factors behind this trend and warning signs that parents should watch for. She said if left unaddressed, childhood mental health problems often follow kids into their teens and adulthood.

<u>Issues covered:</u> Child Mental Health Parenting

Length: 8:15

Edgar Dworsky, Founder & Editor of ConsumerWorld.com

Grocery costs for Americans have skyrocketed in the past two years. Mr. Dworsky discussed the subtle trend of "shrinkflation," in which many manufacturers shrink their packaging, rather than raising prices. He explained what products most commonly are affected, and ways that consumers can protect themselves against the tricky practice.

<u>Issues covered:</u>
Consumer Matters

Length: 5:01

Show # 2023-38

Date aired: 9/17/2023 Time Aired: 5:00 a.m.

Ryan P. Burge, PhD, sociologist, Assistant Professor of Political Science at Eastern Illinois University, co-author of "The Great Dechurching: Who's Leaving, Why Are They Going, and What Will It Take to Bring Them Back?"

The largest and fastest religious shift in US history is in progress. Prof. Burge co-authored a comprehensive study to learn who is leaving organized religion and why. He said the most common reason people stopped attending church was because they moved, and that lower-income people with a high school education or less are the most likely to leave. He also talked about societal effects when faith-based community services such as food banks, after-school programs and prison ministries disappear.

<u>Issues covered:</u> Religion

Length: 9:22

Chris Carosa, MBA, Certified Trust & Financial Advisor, Senior Contributor to Forbes.com, author of "Hey! What's My Number: How to Improve the Odds You Will Retire in Comfort"

A recent New York Life survey found that Americans believe they need \$4.3 million stashed away to retire comfortably. Unfortunately, the average person has around \$135,000 saved. Mr. Carosa explained how to determine how much money will really be needed for a comfortable retirement, along with simple steps to get there.

Issues covered:
Retirement Planning
Personal Finance

Kevin Fiscella, MD, MPH, Associate Professor of Family Medicine and Community & Preventive Medicine at the University of Rochester School of Medicine & Dentistry

Dr. Fiscella discussed his groundbreaking research that found that the lives of nearly 8,000 black Americans could be saved each year if doctors could figure out a way to bring their average blood pressure down to the average level of whites. He talked about the reasons behind the gap between the races in controlling blood pressure, and the possible ways to reduce it.

<u>Issues covered:</u> Personal Health Minority Concerns Length: 4:50

Length: 7:26

Length: 9:45

Length: 8:03

Show # 2023-39

Date aired: 9/24/2023 Time Aired: 5:00 a.m.

Diane Mullins, founder of Deborah's Voice, a national non-profit women's advocacy organization

Pastor Mullins said that child trafficking has become the 2nd largest criminal activity in the world behind illegal drug sales. She said most Americans are unaware of the existence of human trafficking and forced prostitution in their own towns, but it is surprisingly prevalent – not just on dimly lit street corners, but at music concerts, VIP dinners, and sporting events. She talked about techniques used by human traffickers to select their victims.

Issues covered:
Human Trafficking
Women's Issues
Crime

Dawn Graham, PhD, psychologist, employment and career expert, Director of Career Management for the Executive MBA Program at The Wharton School, author of "Switchers: How Smart Professionals Change Careers -- and Seize Success"

Dr. Graham offered job search advice, particularly for those in middle age who are considering career changes. She said a job search in a new field or occupation requires much more work than a typical job search. She offered suggestions on how to tailor a resume to sidestep age biases and other potential hurdles.

Issues covered:

Career Aging Susie Vanderlip, teen counselor, author of "52 Ways to Protect Your Teen"

Ms. Vanderlip has conducted school assemblies for more than 1 million teens and adults, aimed at helping youth make wise choices and seek help. She talked about the motivations of today's teenagers and why parents may be fearful of their kids. She offered tips to improve communication in a parent/teen relationship.

Length: 4:54

Issues covered:
Youth at Risk
Parenting Issues
Drug Abuse



Quarterly Report of Compliancy Issues & Programs List 2023-Q3 (July – September) Viewpoints Radio Aired Sundays at 5:30 a.m.

- Accessibility
- Adolescent Development
- Adolescent Health
- Aging
- Agriculture
- Artificial Intelligence
- Arts
- Astronomy
- Astrophysics
- Automation
- Banking
- Body Inclusion
- Business
- Cannabis Legalization
- Career
- Chronic Stress
- Climate Change
- Comedy
- Composition
- Conflict
- Consumerism
- Cooking
- Copyright Infringement
- Correctional System
- Creative Arts
- Creativity
- Crime
- Cuisine
- Culture
- · Diversity in Science
- Drug Policy
- Drug Trafficking
- Economy
- Education
- Education Access
- Emergency Response
- Entertainment
- Entertainment Business
- Environment
- Equal Pay
- Ethics
- Exercise
- Exploration
- Film
- Film Production
- Fine Dining
- Food Industry
- Food Science
- Food Trends

- Global Economy
- Global Trade
- Government
- Government Funding
- Government Regulation
- Habits
- Health
- Higher Education
- History
- Incarceration
- Inequality
- Inflation
- Infrastructure
- Innovation
- International Issues
- International Policy
- International Relations
- Invention
- Job Security Real Estate
- Journalism
- Labor
- Labor Issues
- Labor Rights
- Labor Trends
- Law
- Law Enforcement
- Life Skills
- Local Business
- Local Government
- Marketing
- Media
- Media Business
- Medical Research
- Medicine
- Mental Health
- Music
- Music Streaming
- National Debt
- Nationalism
- Natural Disaster
- Natural Disasters
- News
- Nonprofits
- Parenting
- Pay Equity
- Personal Finance
- Physics
- Politics
- Population Trends

- Poverty
- Presidential Election
- Productivity
- Psvchology
- PsychologyPublic Health
- Public Safety
- Race
- Relationships
- Renewable Energy
- Retail Trends
- Retirement
- Science
- Self Help
- Self-Confidence
- Self-Development
- Self-Growth
- Social Media
- Software
- Solar System
- Space Exploration
- Sports
- Sports Culture
- STEM
- Sustainability
- Technology
- Time Management
- Tourism
- Tourism Regulations
- Transportation
- Trauma
- Travel
- TV
- User Experience
- Volunteerism
- War
- War on Drugs
- Waste Management
- Wealth
- Youth Sports



Program 23-27 Air Week: 7/2/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

<u>SEGMENT 1: "95 PERCENT LEFT TO DISCOVER": THE PEOPLE TASKED WITH UNCOVERING THE MANY MYSTERIES OF OUR UNIVERSE</u>

Time: 1:47 **Duration:** 7:53

Synopsis: We speak with Egyptian-American astrophysicist Sarafina El-Badry Nance about her experience earning a PhD in astrophysics. Before specializing in this field, she had to gain a good understanding of math, physics, and astronomy. She openly shares that these subjects never came naturally to her and it took a lot of hard work to get where she is today. Now, she's speaking out about the barrier to entry in these fields and the importance of greater inclusion and opportunities for those who've been historically excluded.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Sarafina El-Badry Nance, astrophysicist, PhD Candidate, University of California-Berkeley, author,

Starstruck: A Memoir of Astrophysics and Finding Light in the Dark

Compliancy issues: Astronomy, Astrophysics, Career, Diversity in Science, STEM, Science, Space Exploration

Links for more info:

Sarafina El-Badry Nance (@starstrickensf) • Instagram photos and videos

Sarafina El-Badry Nance (@starstrickenSF) / Twitter

Starstruck: A Memoir of Astrophysics and Finding Light in the Dark a book by Sarafina El-Badry Nance

SEGMENT 2: "YOU NEED TO LOSE WEIGHT OR YOU'RE GOING TO DIE": WHAT ONE MAN DID NEXT

Time: 11:42 **Duration:** 9:36

Synopsis: When you imagine who's a runner – who do you picture? Most Americans would describe a person who's lean, muscled, and fits into a certain body type category. Martinus Evans, runner, author & founder of the Slow A-F Run Club, is hoping to break this way of thinking. He argues that anyone – at any body size – can be a consistent runner. Evans shares his story of how he got into running and embodies his own mantra as a 300-pound-man who's run eight marathons.

Host: Marty Peterson
Producer: Amirah Zaveri

Guests: Martinus Evans, runner, founder, Slow A-F Run Club, author, Slow A-F Run Club: The Ultimate Guide for

Anyone Who Wants to Run

Compliancy issues: Body Inclusion, Career, Exercise, Health, Mental Health, Self-Confidence, Sports

Links for more info:

Martinus Evans (@300poundsandrunning) • Instagram photos and videos

Martinus Evans (@300lbsandrunnin) / Twitter Beginning Runner's Guide - 30/30 Plan I Hal Higdon

beginning Runner's Guide - 30/30 Plan | Hai Higdon

Slow AF Run Club: The Ultimate Guide for Anyone Who Wants to Run: Evans, Martinus: Amazon.com

VIEWPOINTS EXPLAINED: WHAT DOES THE OCEANGATE DISASTER SIGNAL ABOUT EXTREME TOURISM?

Time: 22:18 Duration: 1:59

Synopsis: A couple weeks ago, millions across the world were stuck to news reports focused on the search of the missing submersible vessel, Titan, which had fallen off the radar during its descent down to see the Titanic wreckage. Today, we know that the five passengers onboard the sub died due to a 'catastrophic implosion' onboard. We discuss the lack of regulations in this growing, private industry of extreme tourism.

Host: Ebony McMorris Producer: Amirah Zaveri

Compliancy issues: Exploration, Government, Public Safety, Tourism, Tourism Regulations

CULTURE CRASH: A NEW SEASON OF "BLACK MIRROR"

Time: 24:17 **Duration:** 2:07

Synopsis: For over a decade, British satirist Charlie Brooker has been writing/producing his hit Netflix anthology

"Black Mirror." We highlight the recent drop of season 6.

Host & Producer: Evan Rook Compliancy issues: Culture, TV



Program 23-28 Air Week: 7/9/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: NO TRAVEL PLANS THIS SUMMER? HOW TO MAKE THE MOST OUT OF WHERE YOU ARE ALREADY

Time: 1:47 **Duration:** 9:35

Synopsis: High demand for travel this summer is leading to exorbitantly high prices for flights, hotels and rental cars. If traveling out of state this summer is out of the question (or you just want to spend more time at home), we offer up

some ways to rediscover your own town, city, or region and gain a new perspective.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Jessica Mlinaric, Chicago resident, writer, author, Secret Chicago: A Guide to the Weird, Wonderful, and

Obscure

Compliancy issues: Arts, Cuisine, Culture, Exploration, History, Music, Personal Finance, Tourism, Travel

Links for more info:

Jessica Mlinaric (@urbnexplorer) • Instagram photos and videos

urban explorer (@urbnexplorer) / Twitter

How Will We Eat in 2023? Here Are 10 Predictions

SEGMENT 2: WOULD YOU EVER SPEND \$63,000 ON A POUND OF RARE MUSHROOMS? SOME CHEFS SAY

YES Time: 13:24 Duration: 7:36

Synopsis: Purveying for the top chefs across America is an ever-changing series of requests dependent on food trends and tastes. While some chefs are seeking out rare microgreens, others are looking for the finest cuts of beef. And these small quantities of in-demand ingredients come at a hefty price. We highlight the many niche aspects of fine dining and how we can all take away some learning points to infuse into our own cooking at home.

Host: Marty Peterson Producer: Amirah Zaveri

Guests: Carrie Nahabedian, co-owner, executive chef, Brindille, Kostali by Naha; Susan Spungen, food stylist,

cookbook author, Open Kitchen: Inspired Food for Casual Gatherings

Compliancy issues: Agriculture, Cooking, Cuisine, Culture, Fine Dining, Food Trends, Global Trade, Innovation,

Tourism

Links for more info:

@susanspungen • Instagram photos and videos

Susan Spungen

Carrie Nahabedian (@carrienaha) • Instagram photos and videos

Carrie Nahabedian (@cnaha) / Twitter

Carrie Nahabedian | James Beard Foundation

VIEWPOINTS EXPLAINED: THE 36-HOUR REBELLION WITHIN RUSSIA

Time: 22:00 Duration: 2:01

Synopsis: Who is Yevgeny Prigozhin? The elusive leader of the mercenary force, The Wagner Group, is now globally known for the recent rebellion he launched against the Russian regime. We discuss the short-lived coup that's now known as the biggest uprising in Vladimir Putin's 23-year-reign.

Host: Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: Conflict, Government, Politics, War

CULTURE CRASH: WHY ARE STREAMING PLATFORMS ALWAYS CHANGING?

Time: 24:01 **Duration:** 2:27

Synopsis: It seems like there's always a new streaming app coming or going lately. Take the creators of HBO for instance. In a short span of time, the subscription platform has been called HBO Now, HBO Go, HBO Max and now it's just Max. We discuss the ever-evolving landscape of streaming.

Host & Producer: Evan Rook

Compliancy issues: Entertainment, Film Production, Media Business



Program 23-29 Air Week: 7/16/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: AVOIDING CONVERSATIONS AROUND MONEY? HERE'S HOW TO GET STARTED

Time: 1:47 Duration: 9:23

Synopsis: Only 1 in 4 Americans feels financially secure, according to a recent survey by consumer financial services firm, Bankrate. We speak with two financial experts about how more Americans can have productive conversations about their spending and come up with a plan to save and invest more for the future.

Host: Gary Price

Producer: Amirah Zaveri, Grace Galante

Guests: Lori Sackler, certified financial planner, financial wealth advisor, author, The M Word: The Money Talk Every Family Needs to Have About Wealth and Their Financial Future; Emily Guy Birken, financial expert, financial writer, author, Stacked: Your Super Serious Guide to Modern Money Management

Compliancy issues: Aging, Consumerism, Economy, Parenting, Personal Finance, Relationships, Retirement,

Wealth

Links for more info:

About the Author - The M Word

Evergreen Lane Wealth Management Group | Paramus, NJ | New York, NY

Emily Guy Birken (@EmilyGuyBirken) / Twitter

Emily Guy Birken - Forbes Advisor

SEGMENT 2: HAS ARTIFICIAL INTELLIGENCE FOREVER CHANGED THE MUSIC INDUSTRY?

Time: 12:42 **Duration:** 8:42

Synopsis: Yes, ChatGPT isn't dominating media headlines anymore, but the technology is still leading to massive changes across America. One area where it's making waves is the music production industry. We speak with two experts within the field about how artificial intelligence is forcing them to rethink the future of music artistry and production.

Host: Marty Peterson Producer: Amirah Zaveri

Guests: Tina Tallon, assistant professor, artificial intelligence, music composition and the arts, University of Florida;

Robert Laidlow, classical music composer, fellow, University of Oxford

Compliancy issues: Arts, Career, Composition, Copyright Infringement, Entertainment Business, Music, Music

Streaming, Social Media, Technology

Links for more info:

Robert Laidlow

Robert Laidlow (@Robert Laidlow) / Twitter

Tina Tallon

Tina Tallon, Ph.D. (@ttallon) / Twitter

Tina Tallon | Boston Conservatory at Berklee

VIEWPOINTS EXPLAINED: PEDESTRIAN DEATHS HIT A 40-YEAR HIGH

Time: 22:24 Duration: 2:01

Synopsis: What's fueling the staggering increase in pedestrian deaths in recent years? We discuss this alarming

upward trend.

Host: Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: Accessibility, Public Health, Public Safety, Transportation

CULTURE CRASH: IS THE LATE-NIGHT TALKSHOW FORMAT DEAD?

Time: 24:25 **Duration:** 2:02

Synopsis: Jay Leno. David Letterman. Jimmy Fallon. Stephen Colbert. We highlight the rise and fall of late-night TV.

Host & Producer: Evan Rook

Compliancy issues: Culture, Entertainment, News, TV



Program 23-30 Air Week: 7/23/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: MARY LASKER: A PUBLIC HEALTH PIONEER

Time: 1:47 Duration: 7:36

Synopsis: The National Institute of Health. National Cancer Institute. These are just some of the research

foundations that are thriving today thanks to the work of health activist Mary Lasker. We speak with biographer Judith

L. Pearson about the many big contributions Lasker made to cancer & heart disease research throughout the

twentieth century. **Host:** Gary Price **Producer:** Amirah Zaveri

Guests: Judith L. Pearson, biographer, author, Crusade to Heal America: The Remarkable Life of Mary Lasker **Compliancy issues:** Government Funding, History, Medical Research, Medicine, Politics, Public Health, Science

Links for more info:

Cancer Wars | Mary Lasker - Profiles in Science

Amazon.com: Crusade to Heal America: The Remarkable Life of Mary Lasker

Judith L. Pearson

SEGMENT 2: THE INTERESTING ORIGINS OF CANNABIS

Time: 11:25 Duration: 9:27

Synopsis: Did you know that cannabis use dates back tens of thousands of years? While its earliest use traces back to Asia, it eventually spread to Europe and then America and was used in a variety of capacities. We speak with highly acclaimed pharmacology expert Dr. Richard Miller about the global history of cannabis and its controversial record over the last 70 years of American history.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Dr. Richard Miller, professor, pharmacology, Northwestern University Feinberg School of Medicine

Compliancy issues: Cannabis Legalization, Culture, Drug Policy, Government, History, Public Health, War on Drugs

Links for more info:

Richard J Miller: Faculty Profile

The War on Marijuana in Black and White | American Civil Liberties Union

VIEWPOINTS EXPLAINED: WHY IS AN END TO AFFIRMATIVE ACTION SUCH BIG NEWS?

Time: 21:52 Duration: 1:49

Synopsis: We break down how higher education will be affected by the Supreme Court's recent ruling ending

affirmative action. **Host:** Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: Education Access, Government, Higher Education, Inequality, Race

CULTURE CRASH: WHY WE CAN'T GET ONBOARD WITH CGI

Time: 23:41 **Duration:** 2:42

Synopsis: This week – we talk about the abundance (and overuse) of computer-generated images in recent

blockbuster film releases. We also highlight a couple new summer drops that we're looking forward to.

Host & Producer: Evan Rook

Compliancy issues: Culture, Film, Technology



Program 23-31 Air Week: 7/30/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: LOOKING THROUGH A NEW LENS: THE LARGEST & MOST POWERFUL TELESCOPE EVER

BUILT Time: 1:47 Duration: 8:25

Synopsis: The James Webb telescope is the largest and most powerful space telescope ever built. A year and a half ago hundreds of thousands of people cheered after the telescope successfully launched and opened to begin capturing the universe in more detail than ever before. We speak with one astronomer about how this telescope will lead to greater discoveries – including the hunt extraterrestrial life.

Host: Gary Price

Producer: Amirah Zaveri, Grace Galante

Guests: Jacob Bean, astronomer, professor, Department of Astronomy & Astrophysics, University of Chicago **Compliancy issues:** Astronomy, Culture, Innovation, International Relations, Physics, Space Exploration,

Technology

Links for more info:

James Webb Space Telescope

The Department of Astronomy and Astrophysics | Jacob L. Bean

See amazing images from James Webb Space Telescope's 1st year gazing deep into the cosmos (photos)

James Webb Space Telescope (JWST) — A complete guide

SEGMENT 2: WILL SOCCER FINALLY SCORE BIG IN THE U.S.?

Time: 12:14 **Duration:** 8:37

Synopsis: Soccer has steadily gained a following in recent years in the U.S. Amongst Americans 18-29 years old, the sport is now more popular than baseball. We speak with soccer expert, G. Edward White about what's driving this shift and why it took so long for soccer to take hold in America.

Host: Marty Peterson

Producer: Amirah Zaveri, Tabor Brewster

Guests: G. Edward White, David and Mary Distinguished Professor, Law, University of Virginia School of Law,

author, Soccer in American Culture: The Beautiful Game's Struggle for Status

Compliancy issues: Entertainment, History, Nationalism, Parenting, Sports Culture, Technology, Youth Sports

Links for more info:

G. Edward White | University of Virginia School of Law

US Soccer

Fútbol frenzy: Messi set to play first game for Inter Miami CF Fan Favorite: The Global Popularity of Football is Rising

Amazon.com: Soccer in American Culture: The Beautiful Game's Struggle for Status (Sports and American Culture)

VIEWPOINTS EXPLAINED: HOW MUCH ARE YOU PAYING FOR SUBSCRIPTIONS EACH MONTH?

Time: 21:51 Duration: 2:02

Synopsis: There seems to be a subscription for nearly every product or service these days. But how much is too much? And when you're ready to cancel, why does it always seem like it's a pain to go through the process? We uncover how some businesses use deceptive marketing tactics to keep consumers paying.

Host: Ebony McMorris
Producer: Amirah Zaveri

Compliancy issues: Business, Consumerism, Government, Law, Marketing, Technology

CULTURE CRASH: ALMOST THREE MONTHS LATER: WHY THE STRIKE IN HOLLYWOOD IS STILL

MARCHING ON Time: 23:53 Duration: 2:31

Synopsis: We discuss the ongoing screenwriters and actors strike that's halting production on a large array of TV

shows and films.

Host & Producer: Evan Rook

Compliancy issues: Culture, Film, Technology



Program 23-32 Air Week: 8/6/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: HOW ARTIFICIAL INTELLIGENCE IS FUELING THE \$1.1 TRILLION IN ONLINE RETAIL SALES

Time: 1:47 Duration: 6:15

Synopsis: Online retail sales are set to surpass \$1.6 trillion by 2027. With so much growth in the market, retailers are investing big in artificial intelligence software that improves customer interaction, usability, supply chain and more. We speak with the Chief Technology Officer of Zenni Optical about how retailers are setting up for this new era of

digital dominance. **Host:** Gary Price **Producer:** Amirah Zaveri

Guests: David Ting, chief technology officer, Zenni Optical<

Compliancy issues: Business, Consumerism, Economy, Habits, Retail Trends, Technology, User Experience

Links for more info:

With Zenni's Al-powered search, it's easier than ever to find a great pair of glasses | TechCrunch

Zenni Optical

Al in retail: Smarter stores, smarter product design | VentureBeat

NRF | How artificial intelligence will change retail

SEGMENT 2: WHAT'S HAPPENING IN HOLLYWOOD? THE STRIKE, EXPLAINED

Time: 10:04 Duration: 10:13

Synopsis: The screenwriters strike in Hollywood is now in its third month. Last month, the Screen Actors Guild joined forces with the Writers Guild of America and called a strike. We speak with two active voices in the industry about what's driving this strike and why these asks are so important to current and future professionals in this landscape.

Host: Marty Peterson

Producer: Amirah Zaveri, Tabor Brewster

Guests: Sofya Levitsky-Weitz, playwright, screenwriter, "The Bear"; Irving Belateche, screenwriting professor, School

of Cinematic Arts, University of Southern California

Compliancy issues: Artificial Intelligence, Career, Creative Arts, Economy, Entertainment, Inflation, Labor Issues,

Labor Rights, Pay Equity, Personal Finance, Technology

Links for more info:

Sofya Levitsky-Weitz (@sofyalilyana) • Instagram photos and videos

Writers Strike: WGA Exec Says Studios Are Locked In "Mutual Suicide Pact" - Deadline

Sofya Levitsky-Weitz Irving Belateche

Writers Guild of America West (@WGAWest) / Twitter

VIEWPOINTS EXPLAINED: CAN CHATGTP PERFECTLY MIMIC HUMANS?

Time: 21:17 Duration: 2:34

Synopsis: ChatGPT, the generative artificial intelligence platform, has been dominating media headlines since its

release late last year. We discuss what sets humans apart from this network created by OpenAI.

Host: Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: Artificial Intelligence, Automation, Innovation, Labor, Software, Technology

CULTURE CRASH: THE POWER OF "BARBENHEIMER"

Time: 23:51 Duration: 2:36

Synopsis: Millions of Americans rallied last month as two of the biggest film releases hit theaters. Yes, we're talking about "Barbie" & "Oppenheimer" aka "Barbenheimer". We discuss the massive revenues these two movies drew.

Host & Producer: Evan Rook

Compliancy issues: Culture, Film, History



Program 23-33 Air Week: 8/13/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: THE GROWING RISK OF WILDFIRES FROM COAST TO COAST: ARE YOU PREPARED?

Time: 1:47 Duration: 8:55

Synopsis: It's been the deadliest year on record for wildfires in Canada. While California is typically the focus point for these events, the new reality of human-caused climate change is that wildfires are becoming a greater threat in areas never seen before. We speak with Dr. Adrienne Edwards, a botanist and wildfire expert, about how Americans can best prepare for wildfire season and help stop the spread.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Dr. Adrienne Edwards, botanist, author, Firescaping Your Home: A Manual for Readiness in Wildfire Country **Compliancy issues:** Climate Change, Emergency Response, Environment, Government, Natural Disaster, Public

Health

Links for more info:

Firescaping Your Home: A Manual for Readiness in Wildfire Country We Made Wildfire an Enemy for 110 Years. It Could Have Been an Ally Firescaping The WUI (@firescaping_the_wui) • Instagram photos and videos Firescaping Your Home

SEGMENT 2: FEELING DISTRACTED & DISCONNECTED? HERE'S HOW TO SLOW DOWN

Time: 12:44 **Duration:** 8:29

Synopsis: In 2012, researchers at the University of California-Irvine estimated that the average human's attention span was around seventy-five seconds. in recent years, this number has dropped to forty-seven seconds. What's leading to this continuing decline in our attention spans? We speak with one mindfulness expert to get some tips on how people can slow down, increase their focus, and feel less chronically stressed.

Host: Marty Peterson

Producer: Amirah Zaveri, Tabor Brewster

Guests: Christian Madsbjerg, professor, applied humanities, New School, author, Look: How to Pay Attention in a

Distracted World

Compliancy issues: Career, Chronic Stress, Health, Mental Health, Psychology, Self-Development, Social Media,

Technology

Links for more info:

Look: How to Pay Attention in a Distracted World: Madsbjerg, Christian: Amazon.com

5 Reasons You Should Unplug From Social Media - CNET

6 Skills to Help You Be Mindful | Psychology Today

14 Strategies for Leaders to Adopt or Practice Mindfulness

VIEWPOINTS EXPLAINED: AN END TO FINDING NEWS CONTENT ON SOCIAL MEDIA IN CANADA

Time: 22:13 Duration: 1:41

Synopsis: Meta – the parent company of Facebook and Instagram – has decided to ban all news content on these platforms in Canada. We talk about what's driving this big move and how it's going to impact both Canadians and media outlets.

Host: Ebony McMorris
Producer: Amirah Zaveri

Compliancy issues: Government Regulation, Journalism, News, Politics, Social Media, Technology

CULTURE CRASH: WILL MARVEL BOUNCE BACK?

Time: 23:54 Duration: 2:34

Synopsis: The Marvel Cinematic Universe has had a series of flops in recent years. In a landscape with so much

content, will this production company be able to bounce back and rebuild its brand name?

Host & Producer: Evan Rook

Compliancy issues: Business, Culture, Film



Program 23-34 Air Week: 8/20/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: FROM COW'S MILK TO SALTWATER OYSTERS: THE FIRST PEOPLE TO DIVE INTO THE UNKNOWN

Time: 1:47 **Duration:** 6:45

Synopsis: Whoever thought, "This white, liquid substance from this animal looks like it is safe enough that I'm going to drink it." Out of the many items we have today (whether it's food, drink, or something else) there was a person who first took the risk in trying it themselves. We explore the many firsts throughout history and how key archeological evidence plays a role in accurately telling these narratives.

Host: Gary Price

Producer: Amirah Zaveri, Tabor Brewster

Guests: Cody Cassidy, writer, author, Who Ate The First Oyster? The Extraordinary People Behind the Greatest

Firsts in History

Compliancy issues: Archaeology, Culture, Food Industry, Food Science, History, Innovation, Invention, Medicine,

Technology

Links for more info:

Who Ate the First Oyster? by Cody Cassidy | PenguinRandomHouse.com: Books

Who Invented Beer? | HISTORY

Who Ate the First Oyster? Cave May Hold an Answer: NPR

SEGMENT 2: SEPARATING FACT FROM FICTION: ARE YOU A VICTIM OF MISINFORMATION?

Time: 10:34 **Duration:** 9:58

Synopsis: Conspiracy theories have been around for hundreds of years. From secret projects to secret government societies, these theories are prevalent across society. We speak with two conspiracy experts about how these stories arise, why they're so pervasive online and why artificial intelligence may make these narratives more difficult to detect.

Host: Marty Peterson

Producer: Amirah Zaveri, Aunna Beranek

Guests: Colin Dickey, writer, author, Under the Eye of Power: How Fear of Secret Societies Shapes American Democracy; Dr. Erik Nisbet, Owen L. Coon Professor of Policy Analysis & Communication, Northwestern University **Compliancy issues:** Artificial Intelligence, Culture, History, Journalism, Media, News, Politics, Presidential Election,

Social Media, Technology Links for more info:

Erik C. Nisbet

Fake News, Big Lies: How Did We Get Here and Where Are We Going?

Colin Dickey (@colindickey) / X

Under the Eye of Power by Colin Dickey | PenguinRandomHouse.com: Books

Disinformation Researchers Raise Alarms About A.I. Chatbots - The New York Times

VIEWPOINTS EXPLAINED: THE SECRETS OF VENUS

Time: 21:32 Duration: 2:21

Synopsis: We highlight the deeper intricacies and theories behind Venus' unusual surface.

Host: Ebony McMorris Producer: Amirah Zaveri

Compliancy issues: Astronomy, Physics, Science, Solar System, Space Exploration

CULTURE CRASH: WHY DO WE LIKE WATCHING SCI-FI SO MUCH?

Time: 23:53 Duration: 2:33

Synopsis: From Black Mirror to The Twilight Zone, we explore why the sci-fi genre has always been a hit amongst

American audiences.

Host & Producer: Evan Rook **Compliancy issues:** Culture, TV



Program 23-35 Air Week: 8/27/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: 'NEVER GOOD ENOUGH': A RISE IN MENTAL HEALTH ISSUES AMONG ADOLESCENTS

Time: 1:47 Duration: 7:31

Synopsis: With summer break over and millions of students back in school, it's a good time to talk about the importance of mental health. After all, adolescents today face an excessive number of demands both in and outside of the classroom. This week on Viewpoints - We speak with author Jennifer Breheny Wallace about the importance of sharing how a person's value should never be linked to their performance.

Host: Gary Price

Producer: Amirah Zaveri, Grace Galante

Guests: Jennifer Breheny Wallace, journalist, writer, author, Never Enough: When Achievement Culture Becomes

Toxic - And What We Can Do About It

Compliancy issues: Adolescent Development, Education, Mental Health, Parenting, Psychology, Self-Growth

Links for more info: Authentic Connections

Never Enough: When Achievement Culture Becomes Toxic-and What We Can Do About It: Breheny Wallace,

Jennifer: Amazon.com: Books

Join the program - Challenge Success Mental Health and Academic Achievement

We're Missing a Key Driver of Teen Anxiety - The Atlantic

SEGMENT 2: WHEN GREEN ENERGY TURNS TOXIC: RE-TOOLING SOLAR PANELS

Time: 11:20 Duration: 8:50

Synopsis: Solar energy is big business in the U.S. and is only set to expand in the coming years, with an annual growth rate of 21%. But after these solar panels die, where do they go? How 'green' is this technology if we're dumping thousands of used, toxic panels into landfills? We speak with two experts in the solar panel recycling space about how innovation is driving this shift and what more needs to be done to make this energy source truly sustainable.

Host: Marty Peterson

Producer: Amirah Zaveri, Polly Hansen

Guests: Adam Saghei, Chief Executive Officer, We Recycle Solar; Jesse Simons, co-founder, Chief Commercial

Officer, SolarCycle

Compliancy issues: Environment, Local Government, Politics, Renewable Energy, Sustainability, Technology,

Waste Management Links for more info: We Recycle Solar Solarcycle

Solar Panel Recycling | US EPA

As Millions of Solar Panels Age Out, Recyclers Hope to Cash In - Yale E360

Long-Lived? Highly Recyclable? Priorities for Solar Panels in a Circular Economy | News | NREL

VIEWPOINTS EXPLAINED: AN UNCERTAIN FUTURE FOR COMMUTER RAILS

Time: 21:10 Duration: 1:38

Synopsis: Covid-19 shook up norms for many public transit agencies including commuter rail companies that prepandemic largely catered to commuting office employees. We highlight how several businesses are re-framing their strategy during this period.

Host: Ebony McMorris
Producer: Amirah Zaveri

Compliancy issues: Business, Infrastructure, Labor Trends, Transportation





CULTURE CRASH: IS COMEDY DEAD OR DOES IT JUST LOOK A LITTLE DIFFERENT?

Time: 22:48 **Duration: 3:39**

Synopsis: Some people argue that the comedy genre is on its way out. But this week, we discuss how comedy isn't

going anywhere- it's just adapting to the changing times.

Host: Tabor Brewster

Producer: Amirah Zaveri, Tabor Brewster

Compliancy issues: Comedy, Culture, Social Media



Program 23-36 Air Week: 9/3/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: DROWNING IN DEBT? YOU'RE NOT ALONE: A NEW WAVE OF CREDIT CARD DEBT IN

AMERICA Time: 1:47 Duration: 7:32

Synopsis: Credit card debt in the U.S. just surpassed one trillion dollars and payment delinquency rates are also on the rise. One factor that's feeding into these increases are a growing amount of credit card accounts. The Federal Reserve Bank of New York reports that there are 70 million new accounts since 2019. This week – we discuss the effects of escalating debt and how listeners can start taking back control.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Chloe Elise, certified financial coach, author, Deeper Than Money

Compliancy issues: Banking, Consumerism, Economy, National Debt, Personal Finance, Psychology, Self-

Development

Links for more info:

Credit-card debt hits \$1 trillion --- that milestone comes at a very tricky time - MarketWatch

Amazon.com: Deeper Than Money: Ditch Money Shame, Build Wealth, and Feel Confident AF eBook: Elise, Chloe:

Kindle Store

Here's how much of your monthly income should go toward debt repayment

What do I need to know about consolidating my credit card debt? | Consumer Financial Protection Bureau

SEGMENT 2: ACTORS & WRITERS ARE ON STRIKE, BUT WHY AREN'T MUSICIANS PICKETING AS WELL?

Time: 11:21 Duration: 9:56

Synopsis: Screenwriters and writers aren't the only ones feeling the pinch in this new media landscape dominated by streaming. Hundreds of thousands of musicians are struggling to make a living from the substandard pay they receive from platforms like Spotify and Apple Music. We cover just how the music sector has changed and why these artists don't have the same protections as other creatives.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: David Lowery, senior lecturer, Music Business Certificate Program, University of Georgia; Rene Kladzyk,

volunteer, Union of Musicians and Allied Workers

Compliancy issues: Creative Arts, Entertainment Business, Equal Pay, Labor Rights, Personal Finance, Technology

Links for more info:

Bandcamp

Union of Musicians and Allied Workers

Music Workers Alliance

David C Lowery (@davidclowery) / X

René Kladzyk (@ziembavision) • Instagram photos and videos

VIEWPOINTS EXPLAINED: THE ESCALATING LEVELS OF CAFFEINE IN ENERGY DRINKS

Time: 22:17 Duration: 2:07

Synopsis: Over the past two decades, caffeine levels have continued to creep higher and higher. We cover how much caffeine is packed inside many of these newer energy drinks and the consequences of consuming higher-thanneeded amounts.

Host: Ebony McMorris
Producer: Amirah Zaveri

Compliancy issues: Adolescent Health, Marketing, Mental Health, Parenting, Public Health

CULTURE CRASH: A NEW ERA FOR POST MALONE

Time: 24:24 Duration: 2:01

Synopsis: We give our review of American rapper, singer and songwriter, Post Malone's newest album titled,

"Austin".

Host & Producer: Evan Rook Compliancy issues: Culture, Music



Program 23-37 Air Week: 9/10/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: WHY DOES EVERYONE, INCLUDING PARENTS, WANT TO BE INFLUENCERS?

Time: 1:47 Duration: 7:16

Synopsis: Two out of three people on Earth are on social media. With so many eyeballs online, it's big business to have a large social media following and work as an influencer. We highlight this ever-evolving lucrative industry and

how new laws are better protecting those who've been previously taken advantage of.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Stephanie McNeal, senior editor, Glamour, author, Swipe Up for More: Inside the Unfiltered Lives of

Influencers

Compliancy issues: Career, Ethics, Law, Mental Health, Parenting, Politics, Psychology, Social Media, Technology,

Wealth

Links for more info:

Stephanie McNeal (@stephemcneal) • Instagram photos and videos

Stephanie McNeal (@stephemcneal) / X

Swipe Up for More!: Inside the Unfiltered Lives of Influencers: McNeal, Stephanie: Books

<u>SEGMENT 2: FROM DRUG TRAFFICKER TO INFORMANT: HOW EX-CRIMINALS ARE AIDING INVESTIGATORS</u>

Time: 11:05 Duration: 9:59

Synopsis: We speak with ex drug trafficker, Margarito Flores Jr. about his entry into the illicit drug trade at an early age and when he decided to get out of the business and start working for the other side. We also speak with Sgt. Ryan Wasson about the critical role informants play in aiding law enforcement, but why it's important to avoid glorifying the work of people like Flores.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Margarito Flores Jr., federal drug informant; Sergeant Ryan Wasson, detective, Kane County Sheriff, officer,

Homeland Security Investigations Task Force

Compliancy issues: Crime, Drug Trafficking, Health, International Issues, Law Enforcement, Parenting, Technology

Links for more info:

SAMHSA

Sheriff's deputies assigned to drug task force get federal credentials - Shaw Local

Margarito Flores, Chicago cocaine kingpin who helped bring down El Chapo, will teach cops how to catch drug

traffickers

VIEWPOINTS EXPLAINED: AMERICA'S STRUGGLING CITIES

Time: 22:04 Duration: 1:50

Synopsis: We highlight recent population trends across America in a post-pandemic world. Several once prominent

cities have struggled to bounce back after a mass exodus of urban residents.

Host: Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: Climate Change, Culture, Local Business, Population Trends, Poverty

CULTURE CRASH: FROM LIVE CONCERTS TO FILM: THE DOMINANCE OF TAYLOR SWIFT

Time: 23:54 **Duration:** 2:32

Synopsis: It's the end of summer and we're still talking about Taylor Swift's "Era's Tour". Swift is continuing the

mania (and profits) with the upcoming release of the movie simply titled: "The Era's Tour".

Host & Producer: Evan Rook Compliancy issues: Culture, Music



Program 23-38 Air Week: 9/17/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: X (AKA TWITTER) VS. THREADS: THE STORY BEHIND META'S NEW SOCIAL PLATFORM

Time: 1:47 Duration: 8:00

Synopsis: Do you remember the hype when Threads, Meta's new version of X, debuted earlier this summer? Everyone seemed to jump on the new platform at a moment's notice. But what happened to all the buzz? We speak with two social media experts about Meta's big investment in Threads and what needs to change in the coming months to avoid its quick demise.

Host: Gary Price

Producer: Amirah Zaveri, Grace Galante

Guests: Carolyn Garavente, associate director, paid social, Brain Labs Media; Danielle Carter, account director, paid

social, Croud Digital

Compliancy issues: Adolescent Development, Creativity, Education, Life Skills, Mental Health, Parenting, Self Help

Links for more info:

Threads will now let you search for posts - The Verge

How brands are still finding their feet with Threads one month since launch

According to Elon Musk's own math, the company formerly known as Twitter has lost 90% of its value and could be worth just \$4 billion

SEGMENT 2: SCHOOL, SPORTS, STANDARDIZED TESTS: WHEN IS THERE TIME TO BUILD LIFE SKILLS?

Time: 11:50 **Duration:** 9:20

Synopsis: As an academic advisor, Ana Homayoun has had thousands of conversations with students, parents, and administrators. Many of these talks typically center around grades, college admissions, career paths and other key academic to-dos. Yet, what's not as commonly talked about is the importance of life skills. This means cultivating independence, setting good habits and more. We speak with Homayoun about why so many teens seem to struggle post-high school and how adults can better prepare their kids in the long-term rather than focusing solely on short-term academic markers.

Host: Marty Peterson Producer: Amirah Zaveri

Guests: Ana Homayoun, academic advisor, early career development expert, author, Erasing the Finish Line: The

New Blueprint for Success

Compliancy issues: Adolescent Development, Creativity, Education, Life Skills, Mental Health, Parenting, Self Help

Links for more info:

Mental Health | DASH | CDC

Erasing the Finish Line: The New Blueprint for Success Beyond Grades and College Admission

Opinion: We're thinking about teens and social media all wrong

VIEWPOINTS EXPLAINED: CHINA'S DEEPENING ECONOMIC WOES: WHAT'S FUELING THIS DECLINE?

Time: 22:10 Duration: 1:45

Synopsis: Less jobs. Lower property values. Tightened consumer spending. These are just some of the challenges China's been facing over the past several months. Will this global superpower be able to avoid a full-fledged recession? We talk about why Americans should care about this developing international economic news.

Host: Ebony McMorris
Producer: Amirah Zaveri

Compliancy issues: Global Economy, International Policy, Job Security Real Estate

CULTURE CRASH: A SLOW CALENDAR FOR PRIME TV SEASON

Time: 23:55 Duration: 2:31

Synopsis: We cover how the screenwriter and actor's strike in Hollywood is slowing down TV series releases this

autumn.

Host & Producer: Evan Rook Compliancy issues: Culture, TV



Program 23-39 Air Week: 9/24/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: ARE YOU MAKING THE MOST OUT OF CHAT GPT?

Time: 1:47 Duration: 8:05

Synopsis: There's been a lot of hype around Chat GPT and generative AI this year, but is the average person actually using the new tech? We highlight how leaders in education policy are integrating AI into certain processes to create positive for teachers, administrators, and students in classrooms nationwide. From there, we breakdown what are some of the biggest ways AI helps with tasks and how you can go about interacting with these chatbots to get the answer you're looking for.

Host: Gary Price

Producer: Amirah Zaveri, Grace Galante

Guests: Perpetual Baffour, Research Director, Learning Agency Lab

Compliancy issues: Career, Education, Innovation, Productivity, Technology, Time Management

Links for more info:

ChatGPT

Overview - The Learning Agency Lab

GPT-4: how to use the Al chatbot that puts ChatGPT to shame | Digital Trends

ChatGPT beginners guide - Geeky Gadgets

SEGMENT 2: ONE AFTER ANOTHER: HELPING PEOPLE RECOVER IN A WORLD WHERE NATURAL DISASTERS ARE ALL TOO COMMON

Time: 11:54 **Duration:** 8:50

Synopsis: The reality: Human-induced climate change is leading to more frequent and powerful extreme weather events. In the U.S. and around the world, millions struggle to get back on their feet following the damage and destruction these disasters bring. As bystanders, how can we pitch in and help? We cover the physical and mental toll these hardships cause and why it's important to step up and give back in any way you can.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Vickie Mays, clinical psychologist, distinguished professor, psychology, health policy & management,

University of California-Los Angeles

Compliancy issues: Climate Change, Emergency Response, Mental Health, Natural Disasters, Nonprofits,

Psychology, Public Health, Trauma, Volunteerism

Links for more info: Vickie M. Mays | UCLA Build A Kit | Ready.gov

Survival Kit Supplies - Redcross.org

How does climate change affect mental health? | APA.org

VIEWPOINTS EXPLAINED: WHY ARE PRISON BREAKS BECOMING MORE COMMON?

Time: 21:44 Duration: 2:15

Synopsis: Aging infrastructure, fewer correctional officers, and a large inmate population. These are just some of the factors feeding into why prison breaks, and then large-scale manhunts, seem to be popping up more these days.

Host: Ebony McMorris Producer: Amirah Zaveri

Compliancy issues: Correctional System, Government, Incarceration, Public Safety

CULTURE CRASH: OUR FALL INDIE FILM PICKS

Time: 23:59 Duration: 2:28

Synopsis: We highlight some of our favorite, small-production movie picks as we head into fall film festival season.

Host & Producer: Evan Rook Compliancy issues: Culture, Film

- 1...Community dinner table Spaghetti Dinner, Thursday, September 28 from 4:30-7pm at Webster's Crossing United Methodist Church, Rt 15 between Springwater and Conesus. Dine in or take out. Donation. Music jam!
- 2...Simply Positive Artisan Show & Sale, Saturday, September 30 from 9a-4p at Hemlock Fairgrounds, 7370 Fair St in the Agricultural/Expo Bldg. Over 30 local artists. Free parking, no admission, amazing handmade items.
- 3...Roast Beef Dinner, Saturday, September 30 from 4-7p at Middlesex Hose Co Firehall, 5537 Water St. Roast beef, gravy, potatoes, tossed salad, rolls, corn, pie, beverage. Adults \$15, children to age 12- \$10, preschool free.
- 4...Turkey dinner, Saturday, September 30 from 4p til? at North Cohocton Methodist Church, 10 University Ave. Drive-thru, take-out only. Cost \$14.
- 5...Springwater Fall Festival Playground Restoration, Saturday, September 30 from 10a-4p at the Springwater Town Park, School St. Food, tasty treats, games, children's activities, artisans and more. Bring the family for a day full of fun!
- 6...Drive-thru Chicken BBQ, Saturday, September 30 from 3-6pm at Genesee Country Christian School, 4120 Long Point Rd, Geneseo. Tickets \$14 call 585-243-9580 or online www.gccs-pk-8.org
- 7...October Fall Foliage Festival, Friday, Saturday & Sunday, October 6, 7 & 8. Park Ave & S Main St Gazebo grounds. Arts, crafts, parade, car show, Chicken BBQ & lots of food!
- 8...Chicken BBQ, Saturday, October 7 from 11a-2p at Cohocton Hook & Ladder, 43 Maple Ave. \$12
- 9...Roast Pork & Sauerkraut Dinner, Sunday, October 8 from noon to 3pm at St Paul's Lutheran Church, 97 Maple Ave, Cohocton. Drive thru, take out, eat in. \$12. Roast pork, sauerkraut, potatoes, gravy, rolls, green beans, applesauce, cupcake.
- 10...Pancake Breakfast, Sunday, October 8, November 12 from 8a-11a at Perkinsville Fire Dept, 1940 CR 90. Pancakes, egg, sausage, ham, homefries, toast, beverage. Adults \$9, children 6-12 \$8, under 5 free.

- 11...Conesus Lake Riders all you can eat breakfast, Sunday, October 8 & 22, November 12 & 26, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 12...Walk for Vincent House fundraising throughout the month of October. Registration forms available on facebook page and at the Vincent House. Join virtually for the month or join the group walk Saturday, October 21 at 2pm at the Canadice Lake Walking Trail for a 5K or do both. Registrants receive a fanny pack. Further information call 585-728-2427.
- 13...Take out spaghetti dinner, Wednesday, October 11 from 4:30-6pm at the United Methodist Church of Livonia, 21 Summer St. Spaghetti, meatballs, salad, garlic bread. Donations accepted.
- 14...Free Rabies Clinic for Livingston County residents, Wednesday, October 11 from 5-7p at Babcock Park Pavilion, Morey Ave, Dansville. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
- 15...Second Saturday Dansville, Saturday, October 14 from 11a-2p in the Main St district. It's harvest time! Celebrate Fall Fest and all things Fall related! Fun activities for kids and families, live music. Enjoy vendors, shopping, activities, dining & more.
- 16...Turkey dinner, Saturday, October 14 from 2-7p or until sold out at Livonia United Methodist Church, 21 Summers St. Drive-thru Take-out only. Turkey, stuffing, mashed potatoes, gravy, squash & dessert. Adults \$15, Children \$10.
- 17...Trick A Trunk, Saturday, October 28 from 12-2pm in parking lot of American Legion, 34 Elizabeth St, Dansville. Cider & donuts, pumpkin painting, K9 unit, treats & more.
- 18...Dansville Pop Up Pantry. Free food distribution from 4pm til gone Mondays, October 16, November 20 & December 11. Held at 8384 Main St at the old Shay / Main Tire location. Drive thru, trunks open.

- 19...Dansville Second Saturday, November 11 celebrates 'Simple Abundance' as we partner with C.A.N.N. to collect items for community members in need. Sign up to be a collection site. Enjoy vendors, shopping, family activities, dining, music and much more in the downtown Main St business district.
- 20...Springwater Farmer's Market at Hillside Gardens Country Store, 8148 S Main St every Thursday from 3-7pm thru October. Vendors welcome.
- 21...Dansville Farmer's Market on Maple St across from Tractor Supply every thru October from 11a-4p. New vendors welcome.
- 22...Wayland Food Pantry at Light House Wesleyan Church on S Lackawanna St on Wednesdays from 4-6p.
- 23...Cohocton Food Pantry every 1st & 3rd Wednesday of each month from 1-3p & 6-7p at Stermer Hall, 35 Maple Ave next to St Pius Catholic Church.
- 24...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1...Livingston County Job Fair, Tuesday, September 19 from 4-6pm at Livingston County Government Center, 6 Court St, Geneseo. 22 employers with over 525 openings.
- 2...Naples Grape Festival, Saturday & Sunday, September 23 & 24, Main St Naples business district. Music, artisans, vendors, endless food options, popular beverage garden, grape pie contest, autumn harvest of grapes.
- 3...Partyin' for Parkinson's, Sunday, September 24 from noon to 5pm at Canaseraga American Legion. Live music, dinner, basket raffle, 50/50 raffle, silent auction. Tickets \$15.
- 4...Conesus Lake Riders all you can eat breakfast, Sunday, September 24, October 8 & 22, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 5...Community dinner table Spaghetti Dinner, Thursday, September 28 from 4:30-7pm at Webster's Crossing United Methodist Church, Rt 15 between Springwater and Conesus. Dine in or take out. Donation. Music jam!
- 6...Simply Positive Artisan Show & Sale, Saturday, September 30 from 9a-4p at Hemlock Fairgrounds, 7370 Fair St in the Agricultural/Expo Bldg. Over 30 local artists. Free parking, no admission, amazing handmade items.
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21...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1... Fall Prevention Workshop, Friday, September 15 from 10a1:30p at Lakeville Training Grounds, 5939 Stone Hill Rd. Lunch included! Registration is required for this free event. More info at 585-243-7299. For ages 60+.
- 2...Chicken & Biscuit Dinner, Saturday, September 16 from 3-6pm at York Baptist Church, 2738 Main St. Drive-thru only, \$12 adults, \$8 students, 5& under free.
- 3...Rummage & Bake Sale, Saturday, September 16 from 8:30-1:30 with a \$2 bag sale from 1-1:30 at St Timothy Lutheran Church,5015 Lakeville Rd, Geneseo. Proceeds benefit local food pantries.
- 4...Wayland Farmer's Market, Sunday, September 17 from 10a-1p at Wayland American Legion, 102 N Main St in the parking lot.
- 5...Conesus Lake Riders all you can eat breakfast, Sunday, September 24, October 8 & 22, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
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- 14...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1...Summer Fun Car Cruise, Wednesday, August 30 at 4pm at Dansville American Legion. Trophys awarded at 7pm. All vehicles welcomed. Food & drink available.
- 2...UMCL Thrift Shoppe Sale, 6 Spring St, Livonia to make room for winter clothing. All clothing will be free August 31, September 1, 2, 7, 8 & 9. Held Thursdays and Fridays 9a-3p and Saturdays 9a-2p.
- 3...Rally 'Round the Valley, Saturday, September 2 from 9a-8p. Activities for the whole family all day in the village of Dansville. Balloon Glow, Hot Air Balloons, basket raffle, bounce houses for kids, arts & crafts, volleyball tournament, car show, rock painting, 50/50 raffle, delicious food.
- 4...Better Than Average Inside Yard Sale, Saturday, September 2 from 9a-3p at the Dansville United Methodist Church Fellowship Hall, 5 Chestnut Ave. Silent auction for quilt. Many treasures. Hot dog stand.
- 5...Pancake Breakfast & Open Trap Shoot, Sunday, September 3 from 8-11am at the Middlesex Conservation Club, 6087 South Hill Rd. Youth activities include free archery & indoor pellet range.
- 6...Hoagie Sale, Saturday, September 9 from 11a til gone at Wayland United Methodist Church, East Ave. Drive-thru, lightning fast! Turkey or Italian \$5 each.
- 7...Second Saturday Dansville, Saturday, September 9 from 11a-2p in the Main St district. This month's theme is 'Kidding Around Dansville'. Fun activities for kids and families, live music. Enjoy vendors, shopping, activities, dining & more.
- 8...Chicken BBQ to benefit Vincent House, Sunday, September 10 from noon to 2pm. Presale / drive thru at Perkinsville Nature Conservancy (formerly Perkinsville Rod & Gun) 11182 Chapel St. Donation \$15 each includes entry for \$50 drawing.
- 9...Conesus Lake Riders all you can eat breakfast, Sunday, September 10 & 24 held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 10...Community Free Luncheon, Tuesday, September 12 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. Check out facebook page for updates for menu.

- 11...Take-Out Spaghetti, Wednesday, September 13 from 4:30-6pm at United Methodist Church of Livonia, 21 Summer St, Livonia. Spaghetti, sauce, meatballs, salad & garlic bread. Donations accepted.
- 12... Fall Prevention Workshop, Friday, September 15 from 10a1:30p at Lakeville Training Grounds, 5939 Stone Hill Rd. Lunch included! Registration is required for this free event. More info at 585-243-7299. For ages 60+.
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- 2...Community Free Luncheon, Tuesday, August 22 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. Check out facebook page for updates for menu.
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- 4...Community Spaghetti Dinner, Thursday, August 24 from 4:30-7p at Webster's Crossing United Methodist Church, Rt 15 between Springwater & Conesus. Dine in or take out by donation. Music jam!
- 5...Wayland Historical Society garage sale, Thursday, August 24 and Friday, August 25 from 9-4 and Saturday, August 26 from 9-2 and Sunday, August 27 from 12-5 during the outside concert featuring Trevor Donlon at 2pm.
- 6...'New to You' & 'Book Sale', Friday, August 25 & Saturday, August 26 from 9a-4p at the Interfaith Center, 11 Franklin St, Geneseo. Raffle baskets, gift card raffle, gently used items, Wilson Beef sticks.
- 7...150 Family Yard Sale & Wellness Fair, Saturday, August 26 from 9a-3p at Geneseo United Methodist Church, Rt 63 & Court St. Items displayed under large tents in case of inclement weather. Refreshments available. A variety of tests and screenings will be available.
- 8...Middlesex Hose Co Roast Beef Dinner, Saturday, August 26 from 4-7pm. Dinners held the last Saturday of the month through October at the Firehall, 5537 Water St. Adults \$15, children \$10, preschool free. Menu: roast beef, potatoes, gravy, salad, rolls, relish dish, corn, pie, beverage.
- 9...Conesus Lake Riders all you can eat breakfast, Sunday, August 27, September 10 & 24 held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.

- 10...Dansville final Summer Concert will take place Monday, August 28 at 6:30pm with the 70-80's rock/pop sound with Mike Place with amazing guitar and keyboards, like Billy Joel and Sir Elton. The concert will be held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 11...UMCL Thrift Shoppe Sale, 6 Spring St, Livonia to make room for winter clothing. All clothing will be free August 31, September 1, 2, 7, 8 & 9. Held Thursdays and Fridays 9a-3p and Saturdays 9a-2p.
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- 1...Take-out Spaghetti Dinner, Wednesday, August 9 from 4:30-6pm at United Methodist Church of Livonia, 21 Summer St. Spaghetti, meatballs, salad, garlic bread. Donations accepted.
- 2...Summer Fun Car Cruise, Wednesdays, August 9, 16,23 & 30 at 4pm at Dansville American Legion. Trophy's awarded at 7pm. All vehicles welcomed. Food & drink available.
- 3...Heritage Day is the theme for Second Saturday in Dansville on Saturday, August 12 celebrating all things Dansville! How does your business or organization incorporate Dansville's rich history? Enjoy vendors, shopping, family activities, dining, music and more!
- 4...Drive-thru Chicken BBQ, Saturday, August 12 from 12noon til gone at Wayland United Methodist Church, 1 East Ave. \$12/dinner. Pick up in parking lot.
- 5...Ice Cream Social, Saturday, August 12 from 3-5pm at Loon Lake Chapel, 10009 SR 21S, Wayland. Music by Jim Dagon. Donations appreciated.
- 6...Chicken BBQ, Saturday, August 12 serving at noon at Garwoods United Methodist Church, 10524 CR 15 Canaseraga. \$12/meal ½ chicken baked beans, pasta salad, roll & dessert. Take out or eat in. Crafts, bake sale on church lawn from 10a-3p.
- 7...Midsummer Night's Dream Masquerade/Gala, Saturday, August 12 from 7pm til midnight at Wayland American Legion, 102 N Main St. Benefit for domestic violence victims. All proceeds will go to Chances & Changes. Tickets \$10 each or \$15 for couple. Food, bar & music, raffles & giveaways. Tickets 585-519-8887.
- 8...Clothing Give-Away, Saturday, August 12 from 9a-1p at Perkinsville Fire Hall, 1904 County Rt 90. All clothing free. No giveaway at Cohocton site this year.
- 9...Springwater Car Show, Sunday, August 13 at Larry Canute Memorial Park, School St. Open show, participant judging. Registration 9-12, judging 12-1:30. Trophies at 3pm. Music by Cruize'n Time.
- 10...Springwater Community Day, Sunday, August 13. Free parking and admission. Pancake & Egg breakfast 8-11. Chicken BBQ, 11:30-gone, to go. Car show 9-3, Antique tractor pulls 9-4.

- 11...Conesus Lake Riders all you can eat breakfast, Sunday, August 13 & 27, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 12...Dansville Summer Concert, Monday, August 14 at 6:30pm is the acoustic Pop sound of Paulson, Baker & Cardinale. Then on Monday, August 21 at 6:30 pm enjoy the bluegrass/country sound of 'Brothers Blue'. All concerts are held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 13...Office for the Aging 'Meet & Greet Picnic' for Livingston County residents age 60+, Friday, August 18 from 10:30-2pm at Long Point Park, 5345 Long Point Rd, Geneseo. Meet OFA staff and others, learn about many opportunities available, see a self defense demonstration geared for older adults, listen to music and enjoy lunch in the park with peers. Space is limited. RSVP a must! By calling 585-243-7520.
- 14...Make an Offer / Donation Sale at the Gathering Place, Cty Rt 46, S Dansville on Friday, August 18 & Saturday, August 19 from 9a-4p both days.
- 15...Festival of Crafts, Saturday, August 19 & Sunday, August 20 from 10a-5p both days on the Village Square, Hammondsport featuring some of the finest, juried craftspeople, along with continuous craft demonstrations.
- 16...Beef on Weck dinner, Sunday, August 20 from 11:30 til gone at First Presbyterian Church of Cohocton. \$12 donation, drive-thru. Proceeds to send kids to Camp Whitman next summer.
- 17...Free Rabies Clinic for Livingston County residents, Tuesday, August 22 from 5-7p at Livonia Town Highway Garage, 50 Commercial St. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
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- 1...Community Free Luncheon, Tuesday, July 25 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. Check out facebook page for updates for menu.
- 2...Summer Fun Car Cruise, Wednesdays, July 26, August 2,9, 16,23 & 30 at 4pm at Dansville American Legion. Trophy's awarded at 7pm. All vehicles welcomed. Food & drink available.
- 3...Spaghetti Dinner, Thursday, July 27 from 4:30-7pm at Webster's Crossing United Methodist Church, Rt 15 between Springwater and Conesus. Dine in or take out by donation. Followed by music jam.
- 4...Under the Stars Movie Night, Saturday, July 29 at 8pm at Cohocton Hook & Ladder, 43 Maple Ave featuring 'Fire Heart' animated movie for all ages. Bring blankets, chairs, etc. Refreshments available for purchase. Family fun!
- 5...Drive-thru Steak Dinner, Saturday, July 29 from 3-5pm at Loon Lake Community Chapel, 10009 State Rt 21 South. (3 miles south of I-390) \$15/dinner. For tickets call Judy at 585-746-6579.
- 6...Middlesex Hose Co Roast Beef Dinner, Saturday, July 29 from 4-7pm. Dinners held the last Saturday of the month through October at the Firehall, 5537 Water St. Adults \$15, children \$10, preschool free. Menu: roast beef, potatoes, gravy, salad, rolls, relish dish, corn, pie, beverage.
- 7...West Sparta Old Fashioned Day, Arts, Crafts, Wares, Food & beverage, historic displays, live music, wagon rides and so much more! Saturday, July 29 from 10a-4p at the W Sparta Town Hall & Park, 8302 Kysorville-Byersville Rd. Details, Lisa 585-315-2053
- 8...Junior Firefighters Car Wash, Saturday, July 29 from 10a-2p at Dansville Fire Hall.
- 9...Christmas in July Family Game/Movie Night, Saturday, July 29 from 6:30-9pm at Dansville United Methodist Church, 5 Chestnut St. Enjoy fun with family and friends, snacks, hot cocoa & popcorn. Souvenir bell & Christmas PJ's for participating children while supplies last. Reserve pj size by calling 335-5354.

- 10...Summer Sizzling Community Cookout, Saturday, July 29 from 11:30-1pm at St Peter's Episcopal Church, 25 Clara Barton St, Dansville. Food & fellowship, no charge.
- 11...Wayland Farmer's Market, Sundays, July 30, August 13 & 27 located behind Wayland American Legion, 102 N Main St from 10a-1p.
- 12...Homemade Ice Cream Social, Sunday July 30 from 2-4pm at North Cohocton Methodist Church, 10 University Ave. All you can eat \$3.50. Outdoors under the tent to protect from weather.
- 13...Dansville Summer Concert, Monday, July 31 treat yourself to a double header featuring old songs by 'Steve West Trio' and then the Latin-flavored duo of 'Sunny Paul & Friend Nawlins' at 7pm. Then on Monday, August 7 at 6:30pm listen to the country/pop sound of J B & Company. All concerts are held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 14...Cops for Kids Day, Saturday, August 5 from noon-4pm at Long Point Park, Geneseo for Livingston County Residents. Hot dogs, karaoke, photo booth, air brush tatoos, bounce houses, pizza. Everything free for kids while supplies last.
- 15...Take-out Spaghetti Dinner, Wednesday, August 9 from 4:30-6pm at United Methodist Church of Livonia, 21 Summer St. Spaghetti, meatballs, salad, garlic bread. Donations accepted.
- 16...Heritage Day is the theme for Second Saturday in Dansville on Saturday, August 12 celebrating all things Dansville! How does your business or organization incorporate Dansville's rich history? Enjoy vendors, shopping, family activities, dining, music and more!
- 17...Conesus Lake Riders all you can eat breakfast, Sunday, August 13 & 27, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.

- 18...Office for the Aging 'Meet & Greet Picnic' for Livingston County residents age 60+, Friday, August 18 from 10:30-2pm at Long Point Park, 5345 Long Point Rd, Geneseo. Meet OFA staff and others, learn about many opportunities available, see a self defense demonstration geared for older adults, listen to music and enjoy lunch in the park with peers. Space is limited. RSVP a must! By calling 585-243-7520.
- 19...Beef on Weck dinner, Sunday, August 20 from 11:30 til gone at First Presbyterian Church of Cohocton. \$12 donation, drive-thru. Proceeds to send kids to Camp Whitman next summer.
- 20...Free Rabies Clinic for Livingston County residents, Tuesday, August 22 from 5-7p at Livonia Town Highway Garage, 50 Commercial St. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
- 21... Fall Prevention Workshop, Friday, September 15 from 10a1:30p at Lakeville Training Grounds, 5939 Stone Hill Rd. Lunch included! Registration is required for this free event. More info at 585-243-7299. For ages 60+.
- 22...Springwater Farmer's Market at Hillside Gardens Country Store, 8148 S Main St every Thursday from 3-7pm thru October. Vendors welcome.
- 23...Dansville Farmer's Market on Maple St across from Tractor Supply every thru October from 11a-4p. New vendors welcome.
- 24...Wayland Food Pantry at Light House Wesleyan Church on S Lackawanna St on Wednesdays from 4-6p.
- 25...Cohocton Food Pantry every 1st & 3rd Wednesday of each month from 1-3p & 6-7p at Stermer Hall, 35 Maple Ave next to St Pius Catholic Church.
- 26...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1...Free Rabies Clinic for Livingston County residents, Tuesday, July 18 from 5-7p at Livingston County Highway Dept, Hampton Corners, 4389 Gypsy Lane, Groveland. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
- 2...Hemlock 'Little World's" Fair, Tuesday-Saturday, July 18-22. Visit www.hemlockfair.org.
- 3...Free Movie: The Ride, rated PG, Friday, July 21 at 3pm at Dansville Star Theatre, 144 Main St.
- 4...Pancake Breakfast, Open Trap Shoot, Sportsman's Extravaganza. Youth activities include free archery & indoor pellet range. Sunday, July 23 from 8-11 am at the Middlesex Conservation Club, 6087 South Hill Rd.
- 5...Conesus Lake Riders all you can eat breakfast, Sunday, July 23, August 13 & 27, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 6...Dansville Summer Concert, Monday, July 24 at 7pm listen to the bluegrass/western swing sound of 'Rubick's Cube'. On Monday, July 31 treat yourself to a double header featuring old songs by 'Steve West Trio' and then the Latin-flavored duo of 'Sunny Paul & Friend Nawlins' at 7pm. All concerts are held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 7...Community Free Luncheon, Tuesday, July 25 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. Check out facebook page for updates for menu.
- 8...Spaghetti Dinner, Thursday, July 27 from 4:30-7pm at Webster's Crossing United Methodist Church, Rt 15 between Springwater and Conesus. Dine in or take out by donation. Followed by music jam.
- 9...Under the Stars Movie Night, Saturday, July 29 at 8pm at Cohocton Hook & Ladder, 43 Maple Ave featuring 'Fire Heart' animated movie for all ages. Bring blankets, chairs, etc. Refreshments available for purchase. Family fun!

- 10...Drive-thru Steak Dinner, save the date! Saturday, July 29 from 3-5pm at Loon Lake Community Chapel, 10009 State Rt 21 South. (3 miles south of I-390) \$15/dinner.
- 11...Middlesex Hose Co Roast Beef Dinner, Saturday, July 29 from 4-7pm. Dinners held the last Saturday of the month through October at the Firehall, 5537 Water St. Adults \$15, children \$10, preschool free. Menu: roast beef, potatoes, gravy, salad, rolls, relish dish, corn, pie, beverage.
- 12...West Sparta Old Fashioned Day, Arts, Crafts, Wares! Saturday, July 29 from 10a-4p at the W Sparta Town Hall & Park. Details, Lisa 585-315-2053
- 13...Wayland Farmer's Market, Sundays, July 30, August 13 & 27 located behind Wayland American Legion, 102 N Main St from 10a-1p.
- 14...Homemade Ice Cream Social, Sunday July 30 from 2-4pm at North Cohocton Methodist Church, 10 University Ave. All you can eat \$3.50. Tent to protect from weather.
- 15...Springwater Farmer's Market at Hillside Gardens Country Store, 8148 S Main St every Thursday from 3-7pm thru October. Vendors welcome.
- 16...Dansville Farmer's Market on Maple St across from Tractor Supply every thru October from 11a-4p. New vendors welcome.
- 17...Go on a walking tour of the tiny, whimsical Fairy Doors in the village of Dansville. Doors are in place year round! Use the maps located in participating businesses to find the fairy doors and match the door numbers with their locations.
- 18...Wayland Food Pantry at Light House Wesleyan Church on S Lackawanna St on Wednesdays from 4-6p.
- 19...Cohocton Food Pantry every 1st & 3rd Wednesday of each month from 1-3p & 6-7p at Stermer Hall, 35 Maple Ave next to St Pius Catholic Church.
- 20...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1...Naples Valley Vendor & Craft Fair, Saturday, July 15 from 10a-4p at Naples Memorial Town Hall, 135 N Main St. Join the fun and support our vendors and crafters. Vendor fee proceeds donated to Naple VFD.
- 2...Ol' Country Auction, Saturday, July 15 at 9am. (Preview at 8am) Items include John Deere lawn mower, quilts, furniture, doors, sport cards, Cuisinart grill, boxlots, antiques and much more! At First Presbyterian Church of Tuscarora at Tuscarora Park. Donuts, coffee & lunch available.
- 3...Wayland Farmer's Market, Sundays, July 16 & 30 located behind Wayland American Legion, 102 N Main St from 10a-1p.
- 4...Dansville Summer Concert, Monday, July 17 at 7pm listen to '70's rock with 'Old Hippies'. On Monday, July 24 at 7pm listen to the bluegrass/western swing sound of 'Rubick's Cube'. All concerts are held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 5...Free Rabies Clinic for Livingston County residents, Tuesday, July 18 from 5-7p at Livingston County Highway Dept, Hampton Corners, 4389 Gypsy Lane, Groveland. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
- 6...Hemlock 'Little World's" Fair, Tuesday-Saturday, July 18-22. Visit www.hemlockfair.org.
- 7...Free Movie: The Ride, rated PG, Friday, July 21 at 3pm at Dansville Star Theatre, 144 Main St.
- 8...Conesus Lake Riders all you can eat breakfast, Sunday, July 23, August 13 & 27, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 9...Community Free Luncheon, Tuesday, July 25 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. Check out facebook page for updates for menu.

- 10...Under the Stars Movie Night, Saturday, July 29 at 8pm at Cohocton Hook & Ladder, 43 Maple Ave featuring 'Fire Heart' animated movie for all ages. Bring blankets, chairs, etc. Refreshments available for purchase. Family fun!
- 11...Drive-thru Steak Dinner, save the date! Saturday, July 29 at Loon Lake Community Chapel, 10009 State Rt 21 South. (3 miles south of I-390) \$10/dinner.
- 12...Middlesex Hose Co Roast Beef Dinner, Saturday, July 29 from 4-7pm. Dinners held the last Saturday of the month through October at the Firehall, 5537 Water St. Adults \$15, children \$10, preschool free. Menu: roast beef, potatoes, gravy, salad, rolls, relish dish, corn, pie, beverage.
- 13...West Sparta Old Fashioned Day, Arts, Crafts, Wares! Saturday, July 29 from 10a-4p at the W Sparta Town Hall & Park. Details, Lisa 585-315-2053
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- 15...Dansville Farmer's Market on Maple St across from Tractor Supply every thru October from 11a-4p. New vendors welcome.
- 16...Go on a walking tour of the tiny, whimsical Fairy Doors in the village of Dansville. Doors are in place year round! Use the maps located in participating businesses to find the fairy doors and match the door numbers with their locations.
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- 19...Springwater Community Food Pantry, located at 8148C Main St, next to the Ice Cream Shop, is open every Saturday from 9-11am.

- 1...Dansville Summer Concert, Monday, July 10 at 7pm enjoy the traditional/Americana sound of 'The Pearlz Band'. On Monday, July 17 at 7pm listen to '70's rock with 'Old Hippies'. All concerts are held in the Williams Park gazebo, corner of Washington and Red Jacket Streets. Lawn chairs or blankets are recommended, and food and beverages are encouraged.
- 2...Community Free Luncheon, Tuesday, July 11 from 12noon-2pm at the South Livonia Church of Christ. Held every 2nd & 4th Tuesday of the month. Menu changes each time. This week's menu is a cold plate. Check out facebook page for updates.
- 3...Take-Out Spaghetti Dinner, Wednesday, July 12 from 4:30-6:00pm at the United Methodist Church of Livonia, 21 Summer St. Spaghetti, sauce, meatballs, salad, garlic bread. Donations accepted.
- 4...Naples Valley Vendor & Craft Fair, Saturday, July 15 from 10a-4p at Naples Memorial Town Hall, 135 N Main St. Join the fun and support our vendors and crafters. Vendor fee proceeds donated to Naple VFD.
- 5...Ol' Country Auction, Saturday, July 15 at 9am. (Preview at 8am) Items include John Deere lawn mower, quilts, furniture, doors, sport cards, Cuisinart grill, boxlots, antiques and much more! At First Presbyterian Church of Tuscarora at Tuscarora Park. Donuts, coffee & lunch available.
- 6...Wayland Farmer's Market, Sundays, July 16 & 30 located behind Wayland American Legion, 102 N Main St from 10a-1p.
- 7...Free Rabies Clinic for Livingston County residents, Tuesday, July 18 from 5-7p at Livingston County Highway Dept, Hampton Corners, 4389 Gypsy Lane, Groveland. For dogs, cats & ferrets. Pre-registration is required by calling 585-243-7280 or 585-243-1717.
- 8...Hemlock 'Little World's" Fair, Tuesday-Saturday, July 18-22. Visit www.hemlockfair.org.
- 9...Free Movie: The Ride, rated PG, Friday, July 21 at 3pm at Dansville Star Theatre, 144 Main St.

- 10...Conesus Lake Riders all you can eat breakfast, Sunday, July 23, August 13 & 27, held at the motorcycle club, 6199 Liberty Pole Rd, Dansville from 9a-12noon. Held the 2nd & 4th Sunday of each month. Supports Camp Good Days, Teresa House, Wounded Warriors, Christmas meals and many more.
- 11...Under the Stars Movie Night, Saturday, July 29 at 8pm at Cohocton Hook & Ladder, 43 Maple Ave featuring 'Fire Heart' animated movie for all ages. Bring blankets, chairs, etc. Refreshments available for purchase. Family fun!
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