

ANN ARBOR RADIO
2023 1ST Q ISSUES & PROGRAMS REPORT
1290 AM – WLBY
“Lucy Ann Lance Show” On-Air Guests and Events:

Regular Segments:

Ann Arbor/Ypsilanti Regional Chamber of Commerce – Monday 10:10am

1/16 – **Groundcover News - Lindsay Calka, Director/Publisher, Groundcover News** - Street newspapers like Groundcover News exist in cities all over the United States, as well as in more than 40 other countries, in an effort to raise awareness of the plight of homeless and combat the increase in poverty.

1/23 – **Zingerman's Greyline - Terra Brock, Event Manager, Zingerman's Catering** - Located in the heart of downtown Ann Arbor, Zingerman's Greyline is the home of the former Greyhound Bus Depot that now serves as a beautiful event space.

1/30 – **What Employers Need to Know in Today's Job Climate - James Reid, Attorney, Dinsmore & Shohl** - The work environment has changed drastically in just a few years, presenting a tenuous legal climate for employers.

2/6 – **Bundt, It's Cake! - Andrea Jones, Owner, Nothing Bundt Cakes** -She left her automotive job to make handcrafted Bundt cakes. Learn the story behind the new Ann Arbor location of Nothing Bundt Cakes.

2/13 – **Self-Care - Andrea Buckley, Psychotherapist / Founder, Drea Inspires** - The importance of loving yourself and living your authentic life.

2/20 – **Venue by 4M - Margaret Poscher, CEO; Thad Gillies, Chef / Culinary Director** - We explore this new venue for dining, co-working, and hospitality experiences in an Ann Arbor "15-minute neighborhood."

2/27 – **Heyday Skincare - Mike Kelleher, Michigan Franchise Partner** - When Ann Arbor entrepreneur Mike Kelleher was looking for his next venture, he never thought he'd find it in skincare. But this new concept is transforming the \$7 billion facial services industry.

3/13 – **Continuing Care at Home - EHM Senior Solutions' Hannah Rauch, Executive Director, LifeChoices and LifeChoice Solutions; Nicole Boyer, Membership Consultant, LifeChoices** - LifeChoices® is a Continuing Care at Home Program, Michigan's first membership program designed to deliver a range of services and support throughout your lifetime, helping you maintain your independence and remain in your own home.

3/20 – **Understanding Insurance - Evan D'Silva, Financial Professional, New York Life** - Building long-term financial stability and well-being by meeting your investment and insurance needs.

3/27 - **Northwestern Mutual's Lindsay Kendrick, Director of Recruitment; Sean Mueller, Managing Director | Financial Advisor** - Many industries are looking for employees, including the financial sector.

Blue Cross/Blue Shield of Michigan: Monday 9:10 am – Andy Hetzel VP Communications BCBSM

1/2 – **Mental Health Tips** - It's OK not to feel OK.

1/9 – **Flu Shot Reminder** - Getting a flu shot might take 5 minutes or less but it can save you from 5 days or more of tough sledding with the flu.

1/16 – **Expanding Home Care for Medicare Advantage Seniors** - Blue Cross has been working to deliver home-based medical treatment and care solutions for those who need it most.

1/23 – **Improving Prescription Drug Coverage for Seniors** - Senior members of BCBSM's Medicare Advantage Program will get expanded access, more value and cost savings this year.

1/30 – **Teaming Up to Fight Food Insecurity** - BCBSM is leading the way in providing grant funding to help 110 food pantries provide more nutritious foods, including dairy products, fruits and vegetables.

2/6 – **Heart Health Month** - Cardiovascular disease is the leading cause of death among women

2/13 – **Get Out and Play this Winter** - Snow or not, winter always presents opportunities for adventure and healthy activities

3/6 – **Moving Towards a Healthier Diet**

3/13 – **Importance of Diabetes Screening** - The number of people who have undiagnosed diabetes is alarming. In Michigan, 10 percent of adults have a reported diagnosis and up to 20 percent more have Type 2 diabetes or are pre-diabetic and don't know it.

3/20 – **Affordability - Blueprint Building Momentum** - Transforming health care delivery to better serve BCBSM members.

3/27 – **Impact of Alcohol Use in Men** - Excessive alcohol use is more prevalent among men, as it generally becomes a part of male social and personal habits for men from an early age.

Fifty Plus Financial News: Monday 9:35am

1/2 – 14 steps to get ready for retirement

1/23 – The ten smartest money moves for 2023

2/13 – Life Insurance for Seniors Over 70 – What They Don't Tell You

3/13 – 7 Ways Baby Boomers Are Wasting Money in Retirement – And How to Stop It

UMCU Money Monday – Monday 9:20am – Mark Munzenberger, Financial Education Manager, University of Michigan Credit Union

1/2 – **Five 2023 Financial New Year's Resolutions** - Impactful financial New Year's resolutions.

1/16 – **6 Tips to Navigate Volatile Markets** - The S&P 500 stock market index finished the year down almost 20%, but history shows us it's important to take a long-term approach.

1/23 – **Teaching Your Teenager about Money** - Research shows that the earlier teenagers are exposed to good financial habits, the better chance they will become financially savvy.

1/30 – **SECURE Act 2.0 Becomes Law** - The retirement provisions in the SECURE 2.0 Act of 2022 are intended to build on changes made by the Setting Every Community up for Retirement Enhancement (SECURE) Act of 2019. These changes will impact our finances.

2/6 – **UMCU Youth Scholarship Program** - There are ways to secure much needed funds to assist graduating high school seniors with the costs associated with tuition, books, and housing.

2/13 – **The Importance of an Emergency Fund** - When you're faced with life's unexpected events, you can be ready.

2/20 – **Celebration of America Saves Week** - A call to action for everyday Americans to commit to saving successfully.

2/27 – **How to Teach Your Kids Good Money Habits** - Tips to instill healthy financial habits early so kids can build upon those to do well later in life.

3/6 – **Giving Back to the Community** - Brittany Zielinski, Assistant Vice President of Branch Operations at the University of Michigan Credit Union - UMCU's efforts in the community and the philosophy behind the Credit Union Difference.

3/13 – **Mortgage Rates 2023** - Julian Foster, Mortgage Loan Officer, UMCU - With preparation, patience, and expert assistance, you can successfully navigate the mortgage process and arrive at the closing with full confidence.

3/20 – **Considering a Home Equity Line of Credit** - Julian Foster, UMCU Mortgage Loan Officer - The differences between a mortgage and a HELOC, who qualifies, the application process, and how the funds can be used.

3/27 - **Renting vs Buying a Home** - Buying a home is a major life decision, but is it right for you?

Non-Profit Spotlight – Monday 10:50am

1/2 – **SOS Community Services** - Rhonda Weathers, Executive Director - Helping homeless families in Washtenaw County find shelter and stability.

1/9 – **Mentor2Youth – Emmanuel Jones, Executive Director** - Mentor2Youth's mission is to prepare Washtenaw County K-12 students for success in academics, work and life.

1/16 – **Turner Senior Wellness Program** - Jennifer Howard, Director, Turner Senior Wellness Program / Asst. Director, Geriatric Community Programs, Michigan Medicine - This vital learning, health, and wellness program enhances the quality of life for older adults and their families.

1/23 – **Children's Literacy Network** - Betsy Durant, Executive Director - These literacy-based programs provide equitable opportunities for children to develop a love of reading and books.

1/30 – **House by the Side of the Road** - Mary Danforth, President - People with limited funds for clothing, bedding, and other household essentials can shop for free at House by the Side of the Road.

2/13 – **Kiwanis Club of Ann Arbor: Mission** - Kathie Wilder, Secretary - With more than a century legacy of serving children and families, the Kiwanis Club of Ann Arbor has had its imprint on many service projects in our community.

3/13 – **Food Gatherers** - Eileen Spring, - Food Gatherers exists to alleviate hunger and eliminate its causes in our community. The organization distributes 6.6 million pounds of food annually through 170 partners and programs serving Washtenaw County.

3/20 – **Ann Arbor Thrift Shop: Funding** - Cathi Duchon, President Elect - This retail shop is open 4 1/2 days a week and takes in approximately \$550,000 a year. With an all-volunteer organization, most of that money is donated back to emergency social needs

3/27 - **Home of New Vision** - Glynis Anderson, Founder/Executive Director - Home of New Vision helps people struggling with substance use disorders find a better way of life. They understand the feelings of fear, hopelessness, and despair suffered by those impacted by the disease of addiction

Concordia Spotlight: Tuesday 9:20am

1/31 – **Cardinal Athletics** - Coach Chance Childers, Recruiting Specialist / Athletic Administrator -

The development of CUAA's new Club 1963 is an opportunity to connect supporters and alumni throughout the country with the school's sports teams and students.

2/28 – **Life on a Christian Campus** - Rev. Randy Duncan, Campus Pastor, Concordia University Ann Arbor -

During this time of Lent, we reflect on what it means to be a student at CUAA.

3/28 - **Pre-College Dual Enrollment** - Kyle Thoms, CUAA Director of Enrollment - Concordia's Pre-College Dual Enrollment lets high schoolers get a head start on their college journey. It can help get some college courses out of the way, and save time and money.

Justice with Honor: Tuesday 9:20am- Dan Chlebos, CUAAs Justice & Public Policy Program

1/3 – **Being A Better Cop - Chief John Mann, Noblesville Police Department, Indiana** - How one police department is gaining new respect for its transparency and community collaboration, thanks to a forward thinking chief.

1/10 – **Protecting the Mental Health of the Protectors - Chief John Mann, Noblesville Police Department** - The measures one police department has taken to ensure the mental health of its personnel.

1/16 – **Second Chances - Attorney Jason Bravo, The Bravo Law Firm, Coral Gables, Florida** - At 17 he plead guilty to Armed Robbery & Assault. Boot camp helped change the trajectory of his life and now Jason Bravo is an attorney.

2/7 – **Amber Alerts** - Questions regarding how Amber Alerts are deployed have arisen following the disappearance of several area teens.

2/14 – **The Work of the ATF - Craig Kailimai, Acting Special Agent in Charge, Detroit Field Division of the Bureau of Alcohol, Tobacco, Firearms, and Explosives** - The ATF, which is part of the United States Department of Justice, protects our communities from violent criminals, criminal organizations, the illegal use and trafficking of firearms, the illegal use and storage of explosives, acts of arson and bombings, acts of terrorism, and the illegal diversion of alcohol and tobacco products.

2/21 – **What is the Nature of Justice - Dr. Joe Dunne, CUAAsst. Professor of Philosophy** - What justice looks like under the scope of philosophy.

3/7 – **Open Issues - Scams** - Financial scams targeting the elderly, and all of us.

3/14 – **Designing Jails for Better Outcomes - David "Mac" McRoberts, Security & Resilience Manager, Holcim US** - How design plays a role in better safety practices for the incarcerated and those in charge in them.

3/21 – **IRS Criminal Investigations – Charles Miller, Acting Special Agent in Charge, IRS Criminal Investigations, Detroit Office** – An inside look at how IRS criminal investigations work.

A Healthier Michigan: Wednesday 8:50am -

1/4 – **Health and Food Trends to Watch in 2023 - Shanthi Appelö, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan** - Some of the top health and food trends shaping up for 2023 my surprise you.

1/11 – **Resolve to Make Self-Care a Priority in the New Year - Shanthi Appelö, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan** - Self-care is a broader term than you might think, and it has the potential of impacting your entire well-being.

1/18 – **HPV & Cervical Cancer - Dr. Martha Walsh, Senior Medical Director and Associate Chief Medical Officer, Blue Cross Blue Shield of Michigan** - Human papillomavirus (HPV) is the most common sexually transmitted infection that has been linked to several different kinds of cancers. Many people with HPV don't develop any symptoms but can still infect others through sexual contact.

1/25 – **Doctor's Appointments Adults Should Make in the New Year - Dr. James Grant, Senior Vice President and Chief Medical Officer at Blue Cross Blue Shield of Michigan** - Your health care routine changes relevant to your age.

2/1 – **Self-Checks to Do at Home- Dr. Amy McKenzie, Associate Chief Medical Officer at Blue Cross Blue Shield of Michigan** - February is National Self-Check Month, which promotes self- health checks we can perform at home.

2/8 – **Understanding Sickle Cell Disease - Dr. Gina Lynem-Walker, Associate Medical Director at Blue Cross Blue Shield of Michigan** - This hereditary disease affects 1 in 365 Black births, but actually all babies are tested for it when they are born.

2/15 – **"What Doctors Want you to Know About Heart Health Screening Tests" - Dr. James Grant, Senior Vice President and Chief Medical Officer at Blue Cross Blue Shield of Michigan** - Raising awareness about heart disease and preventive measures.

2/22 – **Disordered Eating vs. Feeding and Eating Disorders: Signs to Watch - Dr. Kristyn Gregory, Medical Director of Behavioral Health** - February 27 to March 5 is National Eating Disorders Awareness Week. This annual campaign centers on lived experiences with eating disorders and the necessary education, which are essential catalysts for awareness and change.

3/1 – **5 Myths About the HPV Vaccine - Dr. Martha Walsh, Senior Medical Director and Associate Chief Medical Officer at Blue Cross Blue Shield of Michigan** - Human papillomavirus (HPV) is the most common sexually transmitted infection (STI).

3/8 – **Habits to Build a Healthy Relationship with Food - Shanthi Appelo, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan** - Learn to recognize if you have an unhealthy relationship with food.

3/15 – **Colon Cancer Screenings - Dr. James Grant, Senior VP & Chief Medical Officer, Blue Cross Blue Shield of Michigan** - Colon cancer often causes no symptoms in the earliest stages. The earlier it is caught the more treatable it is, making colon cancer screenings vital.

3/22 – **How Much Caffeine is Too Much Caffeine? - Shanthi Appelo, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan** - Learn about the effects caffeine has on the body.

Fifty Plus Health News: Wednesday 9:35am

1/11 – FDA approves a new drug to treat Alzheimer's

1/25 – Winter activities for older adults and retirees

2/1 – A new study shows many lifestyle and diet choices can affect the risk of developing memory loss or Alzheimer's

3/1 – A new study finds one in eight Americans show signs of food addiction

3/29 – Being socially frail comes with health risks for older adults

On The Couch: Wednesday 10:10am - Frank Rubino – Psychologist / Asst. Professor, Concordia University Ann Arbor

1/4 – **Preparing for Unexpected Loss** - Anticipating all the good that can come with a new year is wonderful, but also preparing for unexpected loss can make us psychologically healthier.

1/11 – **What Motivates People to Kill?** - A suspect has now been charged in the slaughter of four Idaho State students in a knife attack. Law enforcement has connected DNA and cell phone pings, along with video surveillance, to an unlikely suspect - a 28 year-old Ph.D. criminology student at nearby Washington State. The motivation remains a mystery.

1/18 – **Narcissism** - An examination of what narcissistic behavior is, how it develops, and what can be done to curb it.

1/25 – **High Profile Narcissists** - How narcissism may play a role in the criminal mind.

2/1 – **What Corrupts More - Power or Weakness?** - The answer may surprise you. Weakness can create more corruption than power, and it all starts with our own observations and reactions.

2/8 – **Failing to Intervene** - What prevents a person from taking action when they witness a wrong?

2/15 – **Profilicity** - Offline and online, people around the world are increasingly operating according to profiles.

2/22 – **MSU Shootings** - An argument for "thoughts and prayers", and why we need to call out evil when it happens

3/1 – **How to Communicate Better** - It seems that every topic is polarizing today. Here's how we can open the door to respectful communication.

3/8 – **Propaganda & Critical Thinking** - Lack of critical thinking skills tends to lend itself to a weak collective, incapable of thinking for themselves.

3/15 – **Anger** - Understanding where anger comes from and learning what we can do about it will make for far better relationships.

3/22 – **What Is Real Mental Illness?** - Media and youth seem to wallow in the idea of mental illness, proudly proclaiming their self-diagnosis on social media. Real mental illness looks very different than what is often portrayed or thought to be mental illness.

3/29 - **Willfulness** - Taking control and acting willfully will help increase our mental wellness and make our lives happier, healthier, and self-directed.

Non-Profit Spotlight – Wednesday 9:50am

1/4 – **Aid in Milan - Gail Hullstrung, Program Director** - An emergency food bank and rent and utility crisis intervention are the hallmarks for Aid in Milan, which aims to promote the well-being of people in the Milan School District.

1/11 – **Michigan Ability Partners - Jan Little, CEO** - MAP partners with Veterans and people who have disabilities in support of their self-directed transformation to self-sufficiency.

1/18 – **Silver Club Memory Programs - Shannon Etcheverry, Director** - Since 1998, Silver Club Programs have been providing meaningful and engaging activities for families in our community living with dementia.

1/25 – **Rescue Reading - Karen Patterson, VP, Volunteers & Humane Education, Humane Society of Huron Valley** - This new program gives children the opportunity to practice their reading skills in front of a nonjudgmental audience: homeless animals.

2/1 – **Jewish Family Services of Washtenaw County - Joanne Jarvi, Director of Business Development** - Jewish Family Services is founded on the Jewish principles of caring for and "giving back" to our diverse community.

2/15 – **Kiwanis Club of Ann Arbor: Thrift Shop - Peter Schork** - It's known as Ann Arbor's greatest thrift sale. Staffed by Kiwanis members and volunteers, the Kiwanis Thrift Sale has everything from antiques and furniture to clothing, electronics, crafts and jewelry, plus books and music, housewares, dishes and garden tools.

3/15 – **Peace Neighborhood Center - Bonnie Billups, Jr., Executive Director** - Peace Neighborhood Center provides programs for children, families, and individuals who are affected by social and economic problems, leading to self-sufficiency and positive community involvement. Peace partners with Food Gatherers to provide.

3/22 – **Ann Arbor Thrift Shop: Volunteers - Janice Trouba, President** - For 90 years the Ann Arbor Thrift Shop has served as an entirely volunteer business serving community needs.

3/29 - **Dawn Farm - Olivia Vignetti, Development Director** - Assisting addicts and alcoholics in achieving long term recovery, Dawn Farm identifies and removes barriers that prevent addicts and alcoholics from joining the recovering community.

Around the Home: Thursday 9:50am – Pete Nowakowski, Marketing & Communications Director, BRAG Ann Arbor;

1/5 – **Electrification of Ann Arbor - Matt Whybark, Owner, Vedder Electric** - What Ann Arbor's A2Zero plan to reach carbon neutrality by 2030 entails for homeowners, and what you might need to do to prepare.

1/19 – **2023 Housing Outlook in Washtenaw County - Patrick McVeigh, Realtor, Reinhart Realtors** - After two years of artificial and unprecedented housing market conditions, 2023 should see some market normalization.

2/16 – **Ann Arbor Architect's Creative Life and Work Come Back to Ann Arbor - Dwight M. Herdrich Architecture & Design** - After being raised in Michigan and attending college at the UM and then working across the country, this architect is back home, even designing and restoring his old frat house.

2/23 – **Approach to Kitchen & Bath Design - Kelly Walker, Designer, KSI Kitchen & Bath** - Through a collaborative, holistic approach, this interior designer guides clients throughout the process asking questions and piecing together a space that responds to how they live and interact, keeping in mind budget, function and style.

3/2 – **New Floor & Decor Store - John Grech, Pro Services Manager; Travis Matts, Design Supervisor** - A leading specialty retailer of hard-surface flooring has expanded its nationwide warehouse store footprint, opening its newest location in Ypsilanti, Michigan.

3/9 – **Rain Gardens - Erich Jensen, Ann Arbor Resident / Master Gardener; Susan Bryan, Rain Garden Coordinator, Washtenaw County Water Resources Office** - Learn to design and build your own rain garden for your yard as a way to manage water run-off and improve the environment.

3/16 – **Home, Garden & Lifestyle Show - Financing Your Dream - Josh Herring, Mortgage Underwriter, University of Michigan Credit Union** - Credit is an important aspect of your finances that can help you realize your dreams.

TRAVEL MICHIGAN: Thursday 9:05am/Saturday 10:40am: Dave Lorenz, Vice President Travel Michigan;

1/5 – **The Henry Ford** - Step into a world where past innovations fuel the imagination of generations.

1/12 – **Luge, Tubing & Sledding** - From family sledding to Olympic thrills, Michigan knows how to conquer winter snow.

1/19 – **Experience Grand Rapids** - Officially designated as "Beer City USA", this city on the west side of the Mitten features microbreweries and locally-sourced restaurants along with an appreciation of art of all kinds.

1/26 – **Experience Metro Detroit** - The communities around the city of Detroit offer unique shops, food and experiences for you to enjoy.

2/2 – **National Plan Your Vacation Week** - This week is a time to encourage Americans to plan their time off for the whole year at the start of the year—and inspire them to use those days to explore the USA.

2/9 – **More Winter Fun** - Golfing on a frozen lake and even climbing frozen waterfalls can all be done in a Michigan winter.

2/16 – **How Travel Connects Us** - Keeping in mind the recent tragedies at Michigan State University, David discusses the importance of taking care of ourselves.

2/23 – **Getaways for Couples** - Enchanting Michigan towns, historic spots to explore and relaxing respites await.

3/2 – **Opening of the Soo Locks - Linda Hoath, Executive Director, Sault Area CVB** - Affectionately called the "Linchpin of the Great Lakes" by the United States Army Corps of Engineers, the Soo Locks are an engineering marvel with roots dating back to the mid-1800s. Each year it's estimated that 500,000 people visit these iconic locks that connect Lakes Superior and Huron.

3/9 – **Spring Break in Michigan - Otie McKinley, Media & Communications Manager, MEDC / Travel Michigan** - No need to head to warmer climates to enjoy your Spring Break. Michigan has everything you need to create a memorable and fun-filled family experience.

3/16 – **Spring Break, Pt. 2** - Who needs to leave Michigan for Spring Break when you have all of this to do right here in the Mitten!

3/23 – **Spring Break in Michigan, Pt. 3** - Michigan's incredible water parks.

3/30 – **Family-Friendly Outdoor Activities, Beaches & Trails** - This time of year is a great time to enjoy Michigan's vast array of beaches and trails because you just may have your favorite spot all to yourself!

Talking Pictures – Friday 9:30am, Saturday 11:05am– Perry Seibert; Detroit Film Critics Society

1/6 – A review of the movie "White Noise"

1/13 – A review of the new Netflix movie, Guillermo Del Toro's Pinocchio

1/20 – A review of the movie "The Good Nurse"

1/27 – A review of the 2023 Oscar nominations

2/3 – A review of the movie "Women Talking"

2/10 – A review of the movie "All Quiet on the Western Front"

2/17 – A review of the movie "Triangle of Sadness"

2/24 – An explanation of how the Oscar voting is ranked

3/3 – A review of Netflix's "You People"

3/10 – A review of the movie "To Leslie"

3/17 – Analysis of the Oscars

3/24 – Analysis of the Oscars Part 2

3/31 – The Martha Mitchell Effect

Downtown Friday with the Main Street Area Association: Friday 9:20am – Sandra Andrade, MSAA Executive Director;

1/6 – **New Bookstore in Ann Arbor - Third Mind Books' Arthur Nusbaum, Founder / Head Curator; and Joe Provenzano, Managing Curator / Head MC-at-Large** - The new Third Mind Books is striving to become a thriving literary-artistic-cultural center in downtown Ann Arbor, as it specializes in rare books about the Beat Generation and other notable movements.

1/13 – **Conquer the Cold - Lilliane Webb** - You are encouraged to battle the elements by pledging to use alternate forms of transportation this winter and getting great deals from downtown businesses.

1/20 – **Cathy Marks, Store Manager, Ten Thousand Villages** - Shop for unique, handmade gifts from around the world including fair trade baskets, jewelry, crafts and other items from international artisans.

1/27 – **BYOC Co - Emma Hess, Founder, BYOC Co (Bring Your Own Container - Since its opening in 2021, BYOC Co has diverted 27,261 plastic containers from entering the landfill.**

2/3 – **Ann Arbor Restaurant Week** - Family meals to go, menus for two, lunch offers, multi-course menus and chef highlights are all part of Ann Arbor Restaurant Week from February 5-10.

2/10 – **Main Street Water Main & Resurfacing - Nick Hutchinson, City of Ann Arbor** - Portions of Ann Arbor's Main Street will be under construction beginning at the end of February, as the city upgrade the water main.

2/17 – **The Circ Bar - Josh Glaspie, General Manager of The Circ Bar** - This historic space on Ann Arbor's South First Street offers a great entertainment value.

2/24 – **Shamrocks & Shenanigans - Trevor Step, Race Director, RF Events; Caroline Kaganov, General Manager, Conor O'Neill's Pub** - This annual race through downtown Ann Arbor raises funds to benefit patients and their families being treated at the Michigan Congenital Heart Center at C.S. Mott Children's Hospital through Save A Heart.

3/3 – **Healing Through Art for the Children in Ukraine - Nataliia Pavliuk & her daughter Yustyna Pavliuk from Lviv, Ukraine; Irene Mokra & Barbara Melnik Carson, Ukrainian National Women's League of America – Branch 50; Matt Grossman, Director of Design and Implementation, CultureVerse** - Downtown's 'Youth Art Month' features a moving exhibit at CultureVerse showcasing Ukrainian children's artwork in response to the war.

3/10 – **Youth Art Month – Peggy Leonard, Art Teacher, Lakewood Elementary; Windy Alseri, Art Teacher, Bach Elementary** – Throughout the month of March, Downtown Ann Arbor sidewalks turn into an art gallery, as businesses hang works in their storefront windows from Ann Arbor Public School art classes.

3/17 – **826michigan - Megan Shuchman, Executive Director, 826michigan** - Writing can unleash a student's creativity. In the heart of downtown Ann Arbor, this organization is inspiring school-aged students to write with skill and confidence.

3/24 – **Can You Dig It?** - A play on words, great discounts and a fun new app are serving as encouragement to spend time in downtown Ann Arbor during a major street project.

3/31 - **Cahoots & Cahoots Cafe - Chelsea Hohn, Executive Director, Cahoots** - It's billed as Ann Arbor's premier tech hub, offering a work environment for entrepreneurs, tech companies and startups, plus opportunities for public engagement.

50+ Lifestyle News - Friday 9:35am

1/20 – Baby Boomers and Traveling in 2023

3/3 – The Best Places to Retire in the US in 2023

3/10 – Age Tech at the 2023 CES featuring electronics for older adults

3/31 – More featured electronics for adults from Age Tech

Events around Town: Friday 9:50am– Michael Bright, the Ann Arbor Observer

Non-Profit Spotlight – Friday 10:50am

1/6 – **Faith in Action - Nancy Paul, Director** - A community funded, faith based assistance and resource center with locations in Chelsea and Dexter, Michigan.

1/13 – **Nu2U.Again - Lisa Rentschler, Founder, Nu2U.Again** - This resale boutique celebrates abilities, promotes independence, and creates employment opportunities for students and adults with special needs.

1/20 – **Osher Lifelong Learning Institute - Angela Bingham, Director** - OLLI at the University of Michigan offers the opportunity to remain active, intellectually engaged, and socially connected throughout midlife and beyond.

1/27 – **Washtenaw Literacy - Amy Goodman, Executive Director** - Helping adults change their lives through literacy by improving their reading, writing, math and English as a second language skills.

2/3 – **Catholic Social Services of Washtenaw County - Peg Bravo, President & CEO** - Through compassionate service, Catholic Social Services help people live meaningful and independent lives.

2/17 – **Kiwanis Club of Ann Arbor: Foundation - Ellen Webb, President** - Last year alone the Kiwanis Club of Ann Arbor provided nearly 19,000 volunteer hours and more than **\$9,100,000** in grants, services, and merchandise to children, families.

3/17 – **Back Door Food Pantry - Kathy Daly, Co-Chair** - Christians, Jews, and Muslims come together to help people in need at the Back Door Pantry. While food donations are vital, the majority of the food distributed each week is actually purchased from Food Gatherers at a reduced rate.

3/24 – **Ann Arbor Thrift Shop: Donations - Suzie Gerhardt, In-Gathering Chair/Past President** - When you shop at the Ann Arbor Thrift Shop you get quality merchandise at an affordable price, and you help support emergency community support.

3/31 - **Avalon Housing - Aubrey Patino, Executive Director** - What does housing have to do with combating substance abuse? Avalon Housing believes everything starts with housing, including harm reduction.

WLBY Pet of the Week – Saturday 9:15am – Wendy Welch Humane Society of Huron Valley

1/7 – Meet Sonia the dog/Yoga with Cats/Love Train puppies arriving 1/13/Rescue Reading program
1/14 – Meet Donovan the puppy/Cats & Kids/Cat Film Festival at Michigan Theater/Volunteer Orientation meetings
1/21 – Meet Princess the dog/"Cat-in-Tines" Day/Sensory Story Time
1/28 – Meet Drew the cat/Sensory Story Time/Low Cost Vaccine Clinic on 2/11
2/11 – Meet Clyde the dog/Pet Loss Support Group/Cats & Kids
2/18 – Meet Felicity the dog/Lunch & Learn/Sensory Story Time/Yoga with Cats
2/25 – Meet Brina the cat/Teen "Mew-Vie" Night/Living with Wildlife workshop/Bingo with Cats
3/11 – Meet Blue the dog/Story Time in Spanish/Low-cost Vaccine Clinic/Walk, Wag & Run on 5/20
3/25 – Meet Biggie the cat/HSV website and Facebook/Walk, Wag & Run 2023

LUCY ANN COMMENTARIES:

1/2 – Michigan Football Loss to TCU (Harbaugh Press Conference included)

1/26 - **Michigan State of the State** - Governor Whitmer delivered her State of the State before the legislature last evening. Here's what she is hoping to accomplish.

GUESTS:

1/2 - **2023 List of Banished Words - Peter Szatmary, Executive Director of Marketing & Communications, Lake Superior State University** - We Kid You Not: GOAT Tops Inflection Point, Quiet Quitting, and Gaslighting as greatest of all time words and terms that Lake Superior State University banishes for 2023.

1/4 - **Saline Report: What a Consultant Can Bring to Your Business - Jeff Fordeck, President, Fox River Group; Michelle Dugan, President, Saline Area Chamber of Commerce** - Finding value in existing products, understanding the value of potential growth plans or developing the forward planning required for success can be a challenge for any business. Fox River Group ocuses on the small to medium size business with programs and services that offer affordability and value.

1/6 - **Garrett's Space Awarded \$4 Million for Residential Center - Scott & Julie Halpert, Founders, Garrett's Space** - Garrett's Space, an Ann Arbor suicide prevention non-profit, has been awarded \$4 to create a holistically focused residential center for young adults struggling with depression, anxiety and suicidal ideation.

1/9 - **Michigan Voters Favor Right-to-Work Law by a 2-1 Margin - Jarrett Skorup, Director of Marketing and Communications, Mackinac Center for Public Policy** - Right-to-work laws make it illegal to require workers to pay dues or fees to labor unions in order to work, even if a person works in a unionized shop and under a collective bargaining agreement. Michigan passed a right-to-work law in 2012 but unions have made it a priority for the incoming legislature to repeal the law.

1/11 - **Debating the AAPS Mask Mandate - Susan Ringler Cerniglia, Communications and Health Promotion Administrator and Public Information Officer for the Washtenaw County Public Health Department** - The Ann Arbor Public Schools is requiring masks to be worn on all school campuses for a two week period through January 20, 2023. But some parents and others are questioning why.

1/11 - **Saline Report: - Mark Stevenson, Stevenson's Water Hauling; Michelle Dugan, Executive Director, Saline Area Chamber of Commerce** - His parents started the business hauling milk and eventually switched to water. Today Mark Stevenson is operating Stevenson's Water Hauling, but has diversified the business to keep it strong.

1/11 - **Gwen Auwerda, Executive Director, Tulip Time** - This 94 year-old festival in Holland, Michigan is adding two new events this year, one which is drawing a group to the U.S. for the first time ever.

1/18 - **United Way Report: Equity Challenge - Pam Smith, President/CEO, United Way of Washtenaw County** - Deepen your understanding of racism. Every morning of the Challenge you'll receive an email "prompt" with readings, videos, and/or podcasts.

1/18 - **Saline Report: Phil Guster, Manager of Energy Efficiency Programs, DTE Energy** - Save energy and add value to your business through these cost-saving initiatives offered y DTE Energy.

1/23 - **The Silver Tsunami - Randy Tessier, Musician / Organizer of Ann Arbor Happy Hour at LIVE** - A recent article in the New York Times put the spotlight on Ann Arbor and its thriving music scene for the older generation.

1/24 - **What Happened to Trevor Woolery? - Pamela Hannula, Trevor's Mom** - He recently had moved to Ann Arbor from Saline, and then he went missing. A few days later Trevor Woolery's body was found off of M-14 on Ann Arbor's north side. His family believes someone knows what happened to him and they are hoping a \$10,000 reward leading to an arrest and conviction will uncover the truth.

1/25 - **Celebrating Chinese New Year - Maria Wen Adcock, Author, BiculturalMama.com**/Chinese New Year, Curious George - A new Curious George book with ties to Ann Arbor celebrates the Chinese New Year and illustrates the importance of cultural distinctions.

1/25 - **Mott Children's Hospital National Poll on Children's Health - Well Child Visits** - Sarah Clark, Mott Poll Co-Director - While most parents and caregivers stay on top of scheduling regular well child visits, they may not always be making the most of them, a new national poll suggests.

1/30 - **State of the State Economic Analysis - Michael LaFaive, Senior Director of Fiscal Policy at the Mackinac Center for Public Policy** - In her fifth State of the State, Michigan Governor Whitmer proposed a variety of government expansions, but very little details on the impact to taxpayers.

2/1 - **Wage Increases Across Michigan - Paula Gardner, Business Editor, Bridge Michigan** - Business owners, especially in the service industry, are worried about the impact rising wages are having on their companies.

2/1 - **Big Hearts for Seniors - Shannon Etcheverry, LMSW, Director- Silver Club Programs /Interim Director, Turner Senior Wellness Program / Interim Assistant Director, Geriatric Community Programs** - The Big Hearts for Seniors annual fundraiser event benefits six community senior programs managed by University of Michigan Medicine. They're looking for storytellers to participate. Submit a summary of a story online through Feb 24th. Visit Michmed.org/BHS.

2/2 - **Electrical Grid Enhancements - Molly Coy, Regional Mgr & Richard Pulley, Project Mgr. at DTE** - Major improvements are underway to Washtenaw County's electrical grid, as DTE works to improve the reliability and increase the capacity to serve future growth.

2/7 - **Chelsea Report: Chocolate Extravaganza - Shana Weddington, Store Manager of Agricole Farm Stop; Jennifer Fairfield, Owner of The Garden Mill; Terris Ahrens, Chamber Executive Director**- Great deals, giveaways and plenty of chocolate await shoppers in Chelsea this weekend.

2/8 - **Saline Report: Photographer Creates Coffee Table Book for HSHV - Lisa Kahler, Kaptured by Lisa Kahler Photography** – The owner/creator of the Boutique Portrait Photography Studio.

2/8 - **Vocal Arts Ensemble Celebrates 30 Years - Ben Cohen, VAE Director, and Evan Padgitt, VAE Gala Chair Planning Committee** - For three decades, the Vocal Arts Ensemble of Ann Arbor has maintained a tradition of professional excellence in the performance of fine choral music. Now they are hosting a gala concert to celebrate.

2/13 - **How Artificial Intelligence is Saving Lives at the Ann Arbor YMCA - James Highsmith, Vice President: Membership & Marketing, Ann Arbor YMCA** - The Ann Arbor YMCA, has become the first YMCA Aquatics Center in the United States using artificial intelligence (AI) to assist in water safety, drowning prevention and rescue response times.

2/14 – **Housing Market Analysis – Rick Taylor, Realtor, Reinhart Realtors** – A look at recent house sales, interest rates and how you can find a house for under \$300K in Ann Arbor.

2/14 - **Chelsea Report: Unique Events in Chelsea - Terris Ahrens, Executive Director, Chelsea Area Chamber of Commerce** - What a silent disco is, how riding the trails could get you great prizes, and a look at Sculpture Walk.

2/15 - **United Way Report: Power of the Purse - Susan Smith, VP of Development, United Way of Washtenaw County** - Join us at the 15th Annual Power of the Purse to help women gain financial stability.

2/15 - **Saline Report: Planet Fitness Opens in Saline - CC Bartholomew, Assistant Manager, Planet Fitness; Michelle Dugan, Executive Director, Saline Area Chamber of Commerce** - Touted as a "judgement free zone", Planet Fitness is bringing its unique and inexpensive brand to Saline.

2/22 - **C.S. Mott Children's Hospital National Poll on Children's Health - Figuring Out Fever in Children - Sarah Clark, Mott Poll Co-Director** - Fever is a common symptom in children and can be a challenge for parents to decide how to handle.

2/23 - **Woman of the Year - Kathy Sample, Co-Founder, Argus Farm Stop** - Kathy Sample is invested in growing the access to locally grown and farmed foods to consumers, through Argus Farm Stop. Now she's being saluted for her community efforts at the United Way of Washtenaw County's Power of the Purse.

3/1 - **School Children Drive Blood Drive - Teacher Sandy Kreger and 5th Grade Students at Burns Park Elementary** - This year marks the 17th annual Burns Park Blood Drive hosted by Ms. Kreger's class. They're hoping to collect 90 pints of blood. Can you help?

3/1 - **Saline Report: Nu2U Again - Lisa Rentschler, Founder** - Nu2U Again resale shop has been voted 2022 People's Choice! Best Specialty Retail Store in Saline. This store celebrates abilities and creates employment opportunities for individuals with disabilities.

3/8 - **Saline Report: Saline Robotics Team Hosts Robotics Competition -Saline HS Seniors Sam Nixon, Electrical Sub Team Lead, and Brian Liu, Programming Sub Team Lead** - Forty teams and more than fourteen hundred students will be coming to Saline to compete in this FIRST Robotics event, hoping to advance to the state and national level. The community is invited to see what robotics is all about, show other schools around the state that Saline is serious about STEAM, and also an opportunity to promote local businesses.

3/9 - **Spring Craft Show - Cheryl Hoeft, Founder, Saline Craft Shows; Brian Puffer, Director, Saline Community Education; Rachael Coleman, Artist** - Meet Rachael Coleman, one of the more than 150 artisans featured in the Saline Spring Craft Show. But unlike most crafters, Rachael is only in her 30s and is helping to turn on a new generation to the world of craft shows.

3/10 - **Ann Arbor Public Schools Implement Medical Emergency Response Teams (MERT) - Elizabeth Patten, AAPS Student and School Safety Facilitator; Keely Hoffman, AAPS School Nurse/Lead Nurse; Nicole Balensiefer, HVA Community Relations Coordinator; Sgt. Skyler Verhelle, AAPD CPR Program Coordinator** - A collaborative effort between the Ann Arbor Police Department, Huron Valley Ambulance, and the Ann Arbor Public schools is helping train school employees to be better able to respond in case of a medical emergency.

3/13 - **Home, Garden & Lifestyle Show - The Backwoods Design Build Company** - Randy and Janelle Pritchard, Owners - This husband and wife team brings a collaborative experience to the building process, creating beautiful custom homes.

3/14 - **Home, Garden & Lifestyle Show: Preview - BRAG Ann Arbor's Andrea Salemi, Executive Officer; and Pete Nowakowski, Marketing & Communications Manager** - The 31st annual show returns with more than 100 exhibitors ranging from skilled craftspeople, designers, and services to suppliers for DIYers and more.

3/15 - **United Way: Help is a Call Away - Pam Smith, President/CEO** - 2-1-1 is an easy way to find help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster?

3/15 - **Home, Garden & Lifestyle Show: Ace Handyman Services - Chris Toomey, Owner** - A multi-Skilled Craftsman from Ace Handyman Services is qualified to safely perform 1,162 household projects to knock out your to-do list.

3/15 - **Home, Garden & Lifestyle Show: DTE Energy Den - Tom Fuller, DTE Manager, Customer Marketing** - Learn about energy efficient projects you can accomplish at your home.

3/16 - **Home, Garden & Lifestyle Show: Lumber Industry Rebounds - Gar Eddings, Mans Lumber & Home** - Lumber prices and supply chain issues have eased, making it a perfect time to tackle home improvement projects.

3/17 - **HGLS: Entrepreneur Develops Affordable Cabinets - Sharon Barnes, Owner, That Cabinet Company** - This former automotive engineer and house flipper is now using her talents to give homeowners high quality cabinets without the high price tag through a streamlined process.

3/22 - **Saline Report: Chamber Offerings - Michelle Dugan, SACC President** - The chamber is bringing back many of its regular activities to help businesses connect and prosper.

3/22 - **Mott Poll: Kids Who Vape -Sarah Clark, Mott Poll Co-Director** - Are you realistic about the dangers of your children using e-cigarettes? The new Mott Poll asked a national sample of parents of children 11-18 years about vaping.

3/22 - **National Agriculture Week: Washtenaw County Farm Bureau Promotion & Education Committee's Nancy Thelen, Member, and Katelyn Packard, Co-Chair / Dairy Farmer, Horning Dairy Farm, Manchester, MI** - There are 1,200 farmers in Washtenaw County, representing 170,000 acres of land. What is life like as a farmer and what does the future hold for farming and our food supply?

3/27 - **Public Utilities Take the Heat for Power Outages - Dr. Missy Stults, Director, City of Ann Arbor Sustainability & Innovation** -Representatives from Ann Arbor's Office of Sustainability and Innovations attended a key Senate public hearing looking into the recent power outages that left thousands in the dark.

3/28 - **Governor Repeals Right to Work - Steve Delie, Director of Labor Policy, Mackinac Center for Public Policy** - Since right-to-work passed in 2012, nearly 140,000 people across the state have chosen to leave their union. Now many of those workers will be forced to join a union.

3/29 - **Saline Report: Whitepine Studios - Randy Dence, Marketing Director** - Whitepine Studios offers creative experiences for kids and adults of all ages to help them find their artist inside. With packed classes and a growing interest, the business is moving to a larger space in downtown Saline.

3/30 - **Driving the Ann Arbor Economy - Paul Krutko, President/CEO, Ann Arbor SPARK** - With Ann Arbor SPARK's Annual Meeting coming up on May 25th at the EMU Student Center, SPARK's leader discusses the successes and challenges of the organization and what the future holds for economic development in our community.