# ANN ARBOR RADIO 2023 3rd Q ISSUES & PROGRAMS REPORT 1290 AM – WLBY

## "Lucy Ann Lance Show" On-Air Guests and Events:

## Regular Segments:

## Ann Arbor/Ypsilanti Regional Chamber of Commerce - Monday 10:10am

7/3 – "It's All Good Hair" - Rachel Blistein, Founder / Formulator, Original Moxie - After creating a full line of shampoos, conditioners, stylers, and treatments in her kitchen 'laboratory', this Ypsilanti woman now operates a 4,000+ SF facility showcasing her brand that includes comprehensive curl education programming for professionals, a full-service curly salon, and products sold online, throughout the United States and internationally.

7/24 – Is Your Company Proactive or Reactive When It Comes to Managing Its Financial Future? - Pam Kleinschmidt, Senior Manager; Bart Reddy, Consulting Principal, UHY Certified Public Accountants – UHY can take over time-consuming financial tasks and provide companies with timely and accurate information so they can focus on the future of their business and their strategic goals.

8/21 – Take Your Business to the Next Level - Pamela Smith, Founder / CEO, PTS Compliance Consulting - PTS Compliance Consulting LLC works as a liaison between corporations and suppliers to increase Diversity, Equity & Inclusion spend for corporations while also helping suppliers with their business development. PTS Compliance Consulting LLC 's expertise is completing the documentation process for suppliers to become certified as a Women Business Enterprise, Minority Business Enterprise, and Veteran Owned Business with recognized 3rd party certifying entities.

9/18 – How to Position Your Company for a Successful Transition - Dan Sporka, Senior Vice President, UHY Corporate Finance - State of the current mergers and acquisitions market, and what it takes for sellers and buyers to maximize their deals.

9/25 - **Huron Valley PACE - Lindsay Mann-Shanahan, Marketing Director, Huron Valley PACE -** Huron Valley Pace is an alternative to nursing home care that allows elderly adults to age in place.

#### Blue Cross/Blue Shield of Michigan: Monday 9:10 am - Andy Hetzel VP Communications BCBSM

7/3 – **Growth and Diversification Help BCBSM Do More for Michigan -** For more than 84 years, Blue Cross Blue Shield of Michigan has been serving our state's residents. But Blue Cross is represented in every state a well, giving its customers the benefits of a national scale as well.

7/10 – Rate Stability Keeps Small Business Strong - Providing small employers with affordable health insurance for their employees helps businesses grow and stay strong.

7/17 – **New Benefits, Easier Choices for Individuals -** Blue Cross is adding new benefits to its Blue Cross PPO and Blue Care Network HMO plan offerings.

7/24 - **Perils of Caffeine and Energy Drinks -** Reasons to cut back or at least keep our caffeine consumption in check.

7/31 – **Open Dialogue with Your Doctor -** Having an open honest discussion with your doctor is often key to staying healthy.

8/7 – **Health Insurance Terms to Know - Andy Hetzel, VP of Corporate Communications -** HMO, PPO, premiums, deductibles...it's important to have a good understanding of these health insurance terms and others. Visit MIBluesPerspectives.com

8/14 — **Help in Medicaid Renewal -** Many Michiganders enrolled in Medicaid coverage may be examining their insurance options right now.

8/21 - **Navigating the Future of Health Care** - Blue Cross plays such a huge role for its 5.2 million members in Michigan and across the country when it comes to quality, affordable health insurance coverage.

8/28 – **Men's Health - Fuel, Fitness & Physicals -** Why preventive care is such an important part of a good, basic health strategy for men.

9/4 – Food Choices and Impact on Longevity

9/11 – **Michigan: Identifying & Addressing Chronic Stress -** When stress becomes persistent or chronic, it can be harmful to our mental and physical health.

9/18 – **BCBSM Funds Help Increase Access to Care -** Blue Cross is awarding nearly a million dollars in grants to 50 Michigan health clinics that provide free or low-cost care

9/25 – **Benefits of Primary Care (Medicare) -** Regular visits with a primary care are important when it comes to healthy aging.

## Fifty Plus Financial News: Monday 9:35am

7/31 - Social Security COLA estimate for 2024 climbs to 3%

8/21 – Wayne State Institute of Gerontology to expand access to resources protecting older adults from financial exploitation.

9/18 – Four options for seniors to consolidate credit card debt

9/25 - Social Security COLA estimate for 2024 climbs to 3.2%

# UMCU Money Monday – Monday 9:20am – Mark Munzenberger, Financial Education Manager, University of Michigan Credit Union

- 7/3 5 Ways to Prevent Elder Financial Exploitation- Elgin Batie, Security and Fraud Analyst at the University of Michigan Credit Union More than 369,000 incidents of financial abuse targeting older adults are reported to authorities in the U.S. each year, causing an estimated \$4.8 billion in losses.
- 7/10 Grandparent Scams; Be on Your Guard Elgin Batie, Fraud and Security Analyst, UMCU This scam continues to evolve and impact thousands of unsuspecting people each month.
- 7/17 What Not to Carry in Your Wallet and Purse Nicole Bernacik, Financial Education Specialist If your wallet is filled with personal and financial information, much of that information can potentially be exploited by identity thieves.
- 7/24 What You Need to Know about College 529 Savings Plans Nicole Bernacik, Financial Education Specialist If you're thinking about opening a 529 plan for a child, it's important to understand the plan rules and how these programs work.
- 8/7 Ways to Save on Back to School Shopping Nicole Bernacik, Financial Education Specialist, UMCU 8/14 Free Apps and Websites to Save Money and Get Rewards Nicole Bernacik, Financial Education Specialist
- 8/21 **Federal Student Loans -** Repayment of outstanding federal student loans is set to begin. Here is what you need to know.
- 8/28 How to Choose a Financial Advisor
- 9/4 Tips for Checking your Credit Reports and Scores Nicole Bernacik, Financial Education Specialist, UMCU
- 9/11 What to do if you're denied for a loan or credit Nicole Bernacik, Financial Education Specialist, UMCU
- 9/18 Seven Tips to Save Money on a Tight Budget Nicole Bernacik, Financial Education Specialist, UMCU

### Justice with Honor: Tuesday 9:20am- Dan Chlebos, CUAA's Justice & Public Policy Program

- 7/4 **Know the Law on Fireworks and Distracted Driving -** With a reminder that safety should always come first, Dan sorts through the various fireworks laws, as well as Michigan's tightening of cell phone use while driving.
- 7/11 **Don't Talk to the Police George Bruch, Defense Attorney / Former Police Detective -** What you should do if you are questioned by the police, and why revealing too much could end up costing you.
- 7/18 Crisis Intervention Teams Sgt. April Switala, Bloomfield Township Police How several police agencies in the Detroit suburbs are utilizing crisis intervention training and co-responder mental health professionals to improve the outcome in volatile situations
- 7/25 Human Interaction with Uncertainty: Dr. Preston Cline, Co-Founder/Principal of Mission Critical Team Institute Learn to improve the success, survivability and sustainability when navigating complex environments and facing ongoing adversity.
- 8/8 Called to be Peacemakers Lt. Dan Avenarius (Ret. Dubuque, Iowa Police Dedicated to women and men who are sworn law enforcement officers to network about their calling to be a peacemaker.
- 8/15 **DOJ Collaborative Reform Initiative -** The Department of Justice's Office of Community Oriented Policing Services is providing an organizational assessment of the Dearborn Heights (MI) Police Department. The review was requested by Dearborn Heights Chief Jerrod Hart, former chief in Saline.
- 9/5 **Speed Limits** In 1974 the U.S. federal government set a national speed limit of 55 miles per hour as part of the oil embargo. We take a look at how speed limits were first established and how they impact drivers and residents.

### Concordia Spotlight: Tuesday 9:20am

8/22 - **New School Year - Rev. Dr. Ryan Peterson, VP of Administration -** With classes set to start on August 28th, we take a look at what is in store for the new school year at this Lutheran university in the heart of Ann Arbor.

## Saline Report: Wednesday 9:20am - Michelle Duggan, Saline Chamber Executive Director

- 7/26 **Movement Mortgage Susan Heren, Branch Manager -** Movement Mortgage operates under the principle of "impact lending", where the company shares profits to impact the communities it serves.
- 8/9 Stretch Lab Saline Report Monica & Jeff Van Overmeer, Co-Owners, Stretch Lab StretchLab provides one-on-one, customized assisted stretching sessions. The Van Overmeer's just opened a StretchLab off of Ann Arbor-Saline Rd., and plan on more of the franchise locations to follow.
- 8/16 **Help for First Time Home Buyers Diana Morning, Real Estate Agent / Key Realty -** This is a tough real estate market for any buyer, but especially first time buyers. Learn about the resources available, including financial assistance.
- 8/23 **Chamber Golf Outing Tammie King, Chair -** Tee off in style at the SACC Annual Golf Outing. Your 4-some will enjoy a full day of golf, great food, contests, and prizes. The annual Chamber Outing is a favorite among the community with golfers & volunteers.
- 8/30 Rising Star Allison Suchomma, Marketing Manager; Danny Bradley, Online Manager This unique Saline retailer with a mission to celebrate abilities by creating employment opportunities for individuals with disabilities was awarded The Rising Star in the SACC 2023 Business Awards.
- 9/6 Taking Your Business to the Next Level with Graphic Design Karen Tuttle, Founder / Digital Marketing Director, klizaDESIGN Even small businesses can achieve high graphic design to provide a consistent look across a variety of marketing channels.
- 9/13 Chamber Hires Operations Manager Kolby Miller, Chamber Operations Manager
- 9/27 Linden Square Assisted Living Linden Square's Jessica Richardson, Administrator, and Kelly Frame, Marketing Manager; Kolby Miller, Operations Manager, Saline Area Chamber of Commerce This assisted living center believes by offering the services and resources you need, you're best able to live your life according to your own goals.

#### Fifty Plus Health News: Wednesday 9:35am

- 8/2 Most older adults see the value but haven't been tested for early signs of Alzheimers
- 9/13 National poll shows many older adults want the RSV vaccine
- 9/27 8 Things You Can Do Right Now to Protect Your Vision

#### A Healthier Michigan: Wednesday 9:50am -

- 7/5 How to Communicate Your Dietary Restrictions with Others Shanthi Appelö, Registered Dietitian and Health and Wellness Spokesperson, Blue Cross Blue Shield of Michigan It can be difficult to manage food restrictions when going out with others. Here are tips to ensure a more enjoyable experience for both guests and hosts.
- 7/12 Myths About UV Light Exposure Dr. Crystal Lee, Medical Director, Blue Cross Blue Shield of Michigan What you need to know about exposure to UV radiation.
- 7/19 Social & Economic Health Inequities are Impacting Mental Health Disparities in Minorities -
- **Dr. Dayne LePlatte, Medical Director, Blue Cross Blue Shield of Michigan -** How to overcome barriers tied to racism and discrimination for some minority groups when it comes to mental health treatment.
- 7/26 6 Ways to Improve Social Wellness- Dr. Kristyn Gregory, Psychiatrist and Medical Director of Behavioral Health, Blue Cross Blue Shield of Michigan Making real connections and building healthy relationships with others is important for your well-being.
- 8/2 6 Signs Your Child Needs Glasses Dr. Angela Seabright, Care Management Physician at Blue Cross Blue Shield of Michigan.
- 8/9 Ways to Stay Safe in the Summer Sun Dr. James Grant, Senior Vice President and Chief Medical Officer at Blue Cross Blue Shield of Michigan
- 8/16 Proven Health Benefits or Wishful Thinking? A Dive into the Science Behind Red Wine Shanthi Appelo, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan 8/23 How Breastfeeding Affects Mental Health Dr. Martha Walsh, Senior Medical Director and Associate Chief Medical Officer at Blue Cross Blue Shield of Michigan
- 8/30 Grieving Through an Unexpected Loss: How to Overcome Guilt Dr. Kristyn Gregory, Psychiatrist and Medical Director of Behavioral Health, Blue Cross Blue Shield of Michigan
- 9/6 Debunking Sickle Cell Myths Dr. Gina Lynem Walker, Medical Director, Blue Cross Blue Shield of Michigan Sickle cell disease is a group of inherited red blood cell disorders, and sometimes even health care professionals may not understand the ramifications.
- 9/13 The Winter Tripledemic Dr. James Grant, Senior Vice President and Chief Medical Officer, Blue Cross Blue Shield of Michigan How to prepare for the coming Tripledemic of Flu, Covid and RSV.
- 9/20 Navigating Conversations with Children about Obesity Shanthi Appelo, Registered Dietitian and Health and Wellness Spokesperson at Blue Cross Blue Shield of Michigan
- 9/27 Preventing Falls at Home: Ways to Reduce the Risk for Seniors Dr. Raymond Hobbs, Senior Medical Director at Blue Cross Blue Shield of Michigan Fall-related injuries are quite prevalent among older adults. Here's how you can protect yourself.

# On The Couch: Wednesday 10:10am - Frank Rubino – Psychologist / Asst. Professor, Concordia University Ann Arbor

- 7/12 **Mourning the Loss of a Pet -** Just how long should a person mourn the loss of a pet and what's the appropriate way to mourn? Is there a proper way?
- 7/19 **Adulthood** As the world gets more complex it's time we changed how we manage our expectations of young people.
- 7/26 **Spiritual Hoarding -** Have you become immersed in your own world rather than thinking about the needs of your neighbors?
- 8/2 **Justified Violence** Are good people allowed to be violent? What does non-violence as a stand say about a person's psychological health or the health of the culture?
- 8/9 Law Enforcement Response to Stress How we expect our police officers to act and how that can be unrealistic at times, causing them to suffer after critical incidents.
- 8/16 **Unresolved Feelings -** When a derogatory comment comes tumbling out of your mouth and you follow it up with, "I'm just joking!" - what is really going on?
- 8/23 **Back to School Success -** Advice for parents to ensure a successful transition back to school for their children.
- 8/30 **Police Training -** The importance of training police officers in behavioral health and utilizing community partnerships.
- 9/6 **Handling Emergencies** How good are you at successfully navigating an emergency? Do you "fall apart" or manage to "keep your head"?
- 9/13 **How Loneliness Interferes with Marriages -** What possesses a married person to stray? It often comes from a place of discord in personal relationships, and it happens all too frequently.
- 9/20 Family Dynamics Ways to put the function back into your dysfunctional family relationships.
- 9/27 Toxic Relationships How to recognize if you are in a toxic relationship and what to do about it.

# Around the Home: Thursday 9:50am – Pete Nowakowski, Marketing & Communications Director, BRAG Ann Arbor:

- 7/13 A Production Building Solutions Anita Bycraft Walker, Founder/Owner 27 years ago she was destitute with no employment, car, or savings. Today she owns a multi-million dollar company that services builders, contractors and facilities throughout the state of Michigan.
- 7/27 Mark & Megan Fijalkowski, Owners, UNITS of Southeast Michigan Locally owned and operated, a new concept in moving and portable storage has arrived in Ann Arbor.
- 8/3 **Home Electrification Expo Steve Baden, Richmond Specialist, Rheem Manufacturing -** Learn about the difference in water heaters, including gas, electric, tankless, and heat pumps. Richmond is sponsoring the City of Ann Arbor's Home Electrification Expo on Fri., 8/11 from 5 PM-9 PM the Ann Arbor Farmers Market in Kerrytown.
- 8/10 **Stefan Szumko, Founder, House Storian -** Refreshment, remodeling, & research of your home's history.
- 8/17 When You Need a New Roof Might Dog Roofing's Mary Flanagan, Owner, and Zack Breakiron, General Manager
- 8/24 Local Company Keeps You Moving Charlene Bush, Marketing Director, Two Men and a Truck Moving and junk removal are just the start of what this moving company can do for you. They will also just move items around your home and even store items when you've run out of space.
- 9/21 **Tom Renkert, CEO, Ann Arbor Board of Realtors -** The City of Ann Arbor is now requiring a Home Energy Score assessment to be conducted before a home lists for sale. The idea is to help buyers understand energy consumption and encourage sellers to make energy efficiency improvements prior to sale.
- 9/28 Operation Help for the Homefront Justin Corry, Co-Owner, Corry Contracting Volunteers and donors from the Builders and Remodelers Association of Greater Ann Arbor are helping local families make life changing home improvements. Through the BRAG Ann Arbor Foundation, their community service groups, including Home for Good and Help for the Homefront, are making a difference in our community.
- TRAVEL MICHIGAN: Thursday 9:05am/Saturday 10:40am: Dave Lorenz, Vice President Travel Michigan; 7/6 Accessible Michigan Michigan prides itself on continuing to create a welcoming and accessible environment for visitors with disabilities, including a new floating beach wheelchair available for use. 7/13 Pure Michigan Mix Debuts The Golden Arches have teamed up with Pure Michigan and The Coca-Cola Company to offer the brand-new frozen 'Pure Michigan Mix' beverage, helping travelers beat the heat with a chill as they explore Michigan's two peninsulas and have the opportunity to win great prizes to some of summer's biggest events.
- 7/20 **Essential Michigan Experiences** A list of fresh adventures to try this year in Michigan.
- 7/27 Sustainable Boating Maia Turek, Engagement & Innovations Specialist, Michigan DNR Michigan's public lands will no longer be a dropping ground for old fiberglass boats. Instead they'll get a new life thanks to a suggestion from an Americorps intern with the Department of Natural Resources.
- 8/3 **Summer Travel Guide Cities & Nostalgia -** Thumb through this beautiful magazine and plan your next trip to these great Michigan cities and historical sites.
- 8/10 **South Haven -** Home to the National Blueberry Festival this weekend, South Haven offers beautiful beaches, wineries and natural scenic surroundings.
- 8/17 **Michigan's National Parks -** Did you know that Mackinac Island was the second designated National Park in the U.S.?
- 8/24 **Trio of Charm -** Whether you're looking for a relaxing weekend on the water or an adventurous outdoor excursion, there's plenty to explore around the Charlevoix, Petoskey and Harbor Springs area.
- 8/31 **State Travel Director of the Year -** Michigan's travel champion and leader of the Pure Michigan brand has been named national State Tourism Director of the Year for 2023. David Lorenz and his team are credited with creating highly successful and meaningful benefits for the economy and people of Michigan in an increasingly competitive domestic travel market.
- 9/7 **Travel Works for America -** This campaign across the United States to showcase travel's indispensable impact on the economy, communities and businesses nationwide is making a stop in Detroit.
- 9/14 **Fall into Michigan -** The new Pure Michigan Fall Travel Guide is out and can be accessed online in a digital version or request a hard copy.
- 9/21 **Mackinac Island -** For centuries, visitors have enjoyed this national treasure that's home to historic Fort Mackinac, world-famous Mackinac Island fudge and car-free streets full of horse-drawn carriages.
- 9/28 Michigan's Museums Michigan's many museums showcase rich cultures, historic innovations, interactive exhibits and more.

# Downtown Friday with the Main Street Area Association: Friday 9:10am – Sandra Andrade, MSAA Executive Director:

- 7/7 Multiverse Hospitality Energizing Downtown Ann Arbor Multiverse Hospitality's Brad Torreano, Creative Director, and Haley Burrill, Digital Marketing Manager Blue Llama Jazz Club, Of Rice & Men, CultureVerse and other initiatives of entrepreneur Don Hicks are helping to define downtown.
- 7/14 Ann Arbor Summer Art Fair Allison Buck, Marketing Director, The Guild of Artists & Artisans The Ann Arbor Summer Art Fair is the largest of the three official partner fairs that comprise the award-winning and highly respected Ann Arbor Art Fair. The Summer Art Fair is located on Main Street in the heart of Ann Arbor as well as Liberty, State, and South University Streets, stretching from its charming downtown to the campus of the University of Michigan. It is run by The Guild of Artists & Artisans, a non-profit Artist Member Organization whose mission is to provide marketing opportunities to artists.
- 7/21 Association: Block Parties Welcome the Trades Destination Ann Arbor National Sales Account Executives Kristy Poore and Nancy Harper Ironworkers, plumbers, pipefitters, and electricians will be in Ann Arbor for their annual training, bringing with them an expected \$20 million dollar boost to our local economy. The community is invited to two big block parties to thank them.
- 7/28 **Downtown News** A new location for a downtown Ann Arbor shoe store, an update on Main Street construction, and an incentive for UM students to shop downtown
- 8/4 **Andrew Holmes, Publisher, The Michigander** A new weekly newsletter started out as a way to inform family and friends. Now The Michigander, which is created out of the downtown Cahoots location, is developing as a must-read online publication.
- 8/11 The History and Growth of The M Den Scott Hirth, Co-Owner The M Den, still family-owned and the official merchandise retailer of the University of Michigan, continues to grow its business with NIL (Name, Image and Likeness) playing a big part in its success today.
- 8/18 **Fall Fashion Trends Laura Horwath, Owner, Ferne Boutique -** This downtown retailer just got back from a big buyer's show in Las Vegas. She reveals what fashion will look like this fall in Ann Arbor.
- 8/25 Ann Arbor Art Center Art Center's Gallery Director Thea Eck and Development Associate Natalie Johnson The A2AC Gala: Thriving in Transition will be on September 14, 2023, from 5:30 to 10 p.m. at Venue 4M in Ann Arbor, with proceeds directly supporting the organization's art education and scholarship program.
- 9/1 UM Show Your Love A2 Michael Rein, Director of Community Relations, Office of the VP of Government Relations The University of Michigan, Kerrytown District, Main Street, and State Street District are partnering to welcome UM students, faculty and staff to the three downtown districts on Sunday, September 10 from 1 5 p.m., for the inaugural UM Show Your Love A2 event. Each area will be rolling out the red carpet with entertainment, promotions and giveaways.
- 9/8 **Tech Trek- Vicki Joling, Director, a2TECH360 -** Tech Trek returns to downtown Ann Arbor on Fri., 9/22 from 1-5 PM. It's the ultimate tech extravaganza that sparked the birth of a2Tech360, a week of events celebrating Ann Arbor's spirit of innovation.
- 9/15 A2Zero Green Fair Jennifer Wolf, Senior Analyst & Engagement, Office of Sustainability and Innovations, City of Ann Arbor Stroll local exhibits and learn innovative ways to live sustainably. Dozens of nonprofit, governmental, and other exhibitors will be on hand to answer your questions on Friday, September 22 in downtown Ann Arbor.
- 9/22 Business Insurance for the Modern Age Calvin Roberts, Founder, Falcon Insurance Agency Utilizing comprehensive insurance & risk management strategies to prevent future losses & reduce premiums for real estate and institutional investors, manufacturers, and other businesses.
- 9/29 **Autumn Streets Tucker Rossmaessler, Owner, Whoa Silent Disco -** This local silent disco company is helping to bring a new kind of vibe to downtown Ann Arbor.

## Talking Pictures - Friday 9:25am, Saturday 11:05am-Perry Seibert; Detroit Film Critics Society

7/7 - A review of the movie "No Hard Feelings"

7/14 – A review of the movie, "The Whale", and commentary on the Hollywood actors joining the screenwriters on strike.

7/21 – A review of the movie, "Oppenheimer"

7/28 - A review of the new "Barbie" movie

8/4 – A review of "Sr.", Robert Downey, Jr.'s Netflix documentary about his father.

8/11 - A review of the Amazon movie, "Somebody"

8/18 - Fall movie review, including "Maestro" and "Flowers of the Killer Moon"

8/25 - A review of the movie "Strays"

9/1 – A review of the movie, "You Hurt My Feelings"

9/8 - A review of the movie "Maggie Moore(s)"

9/15 – A review of the movie, "How to Blow Up a Pipeline"

9/22 - A review of the movie, "Past Lives"

9/29 – A review of the movie, "Dumb Money"

### 50+ Lifestyle News - Friday 9:35am

7/7 – Things only Baby Boomers will remember

7/14 - Things only Baby Boomers will remember (part 2)

7/21 - History of the Ann Arbor Street Art Fair

7/28 – A 93 year old celebrates his birthday by climbing Yosemite Park's iconic half dome

9/1 – The history of the Jerry Lewis MDA Labor Day Telethon

9/8 - Baby Boomers and Technology for aging in place

9/22 - A look back fifty years and the top primetime TV shows of 1973

#### Events around Town: Friday 9:50am- Michael Bright, the Ann Arbor Observer

### WLBY Pet of the Week - Saturday 9:15am - Wendy Welch Humane Society of Huron Valley

- 7/1 Meet Delilah the turtle/4th of July pet safety/Dog training classes
- 7/8 Meet Bella the cat/Pets & PJs on 7/21/Birthday Parties
- 7/15 Meet Turk the dog/HSHV Safe Harbor program/HSHV Foster program/HSHV Calendar Photo Contest
- 7/22 Meet Spunky the cat/Yoga with cats/Cats & Kids
- 7/29 Meet Clover the dog/Dog training classes/HSHV Calendar contest/
- 8/5 Meet Newman the cat/HSHV Workplace Wellness program/HSHV Junior Volunteer program
- 8/12 Meet Poppy the cat/Compassionate Feast/Camp Paws one day camps for kids
- 8/19 Meet Ralph the dog/Little Paws Story Time for kids 2-5/Sensory Story Time/HSHV event calendar
- 8/26 Meet Brownie the cat/Free adoptions for all adult animals for one week/Little Paws story time/Sensory Story Time
- 9/9 Meet Lexie the dog/Compassionate Feast on October 19th/Teen "Mew-vie" Night at Tiny Lions/
- 9/16 Meet Cuzzo the dog/Compassionate Feast/Camp Paws one day camps/
- 9/23 Meet Darla the dog/Compassionate Feast/Monthly workshop on effects of declawing cats
- 9/30 Meet Waylon the dog/Compassionate Feast/Muttster Mash/Tiny Tales story time

#### **GUESTS:**

- 7/4 Is Michigan's Record \$82B Budget Based on False Numbers? James Hohman, Director of Fiscal Policy, Mackinac Center for Fiscal Policy Earlier this year, a 2015 law triggered a personal income tax rate reduction from 4.25% to 4.05%. But lawmakers are spending tax revenue on what the Mackinac Center says is an erroneous legal interpretation of a statute that clearly and permanently lowers taxes.
- 7/17 New Massage Business Caters to All Bodies Laura McAndrew, Owner, All Bodies Custom Massage As you can tell by the name, All Bodies Custom Massage is a place for everyone, no matter size or gender.
- 7/19 United Way Report: United Way Merger Pam Smith, President/CEO, United Way of Washtenaw County The merger of two United Ways based in southeastern Michigan is expected to bring new opportunities to the region while strengthening local impact and maintaining their local presence.
- 7/19 C.S. Mott Children's Hospital National Poll on Children's Health: Patient Portals Sarah Clark, Mott Poll Co-Director Patient portals are online applications to facilitate communication between patients, parents, and health care providers. In a new poll, only 43% of parents report they have a patient portal for their child.
- 7/19 A New Way to Shop Sara Graham, Owner, Bin & Pallet Co. This new store on Ann Arbor's west side owned by a Chelsea woman offers truckloads of liquidated inventory from big box stores sold at great prices.
- 7/20 Electric Lawns Tim Austin President / Co-owner, A & H Lawn Service; Mike Van Patten, Director of Commercial Property Management, Oxford Companies Ann Arbors Oxford Companies and Saline's A&H Lawn Service have a new partnership to introduce electric lawn equipment for use at Oxford's commercial properties, inspired by the City of Ann Arbor's ongoing focus on reducing emissions and the A2 ZERO program.
- 7/26 Global Epicenter of Mobility (GEM) Entrepreneur-in-Residence Ben Ernst, GEM Entrepreneur-in-Residence Program Manager, Ann Arbor SPARK Ann Arbor SPARK is spearheading a new, regional, mobility-specific Entrepreneur-in-Residence (EIR) program for companies and experienced talent in southeast Michigan. The program aims to retain executive-level talent by embedding them with early-stage mobility companies.
- 7/31 Rules of Engagement: Emergency Alert System Ben Pinette, Emergency Operations Manager, Washtenaw County When county officials engaged the warning sirens recently many people thought it was due to a tornado. But it was not.
- 8/1 Creating a Public-Owned Electric Utility Greg Woodring, President, Ann Arbor for Public Power Electrical power outages following recent storms throughout the Ann Arbor area have frustrated residents with some calling for a massive change to how we get our power.
- 8/3 Impact of the Washtenaw County Mental Health and Public Safety Millage Lisa Gentz, Program Administrator, Washtenaw County Community Mental Health Details have been released on the impact a voter approved millage to bolster the county's mental health services.
- 8/8 United Way Merger Dr. Darienne Hudson, CEO/President, United Way for Southeastern Michigan On October 1, 2023, the United Way of Washtenaw County will be under a new name and new leadership as part of the United Way for Southeastern Michigan. Dr. Hudson discusses what this will mean for Washtenaw County residents.

- 8/11 Fleeing the Maui Wildfires Mike Lechlitner, Former Ann Arbor Resident It was supposed to be a funfilled time to mark a family milestone, but it turned into terror when wildfires raged all around them. Then they realized, the best way out was toward the fires.
- 8/16 United Way Report: Campaign Townhall Pam Smith, CEO, United Way of Washtenaw County This marks the first major event prior to the merger of the United Way of Washtenaw County with the United Way for Southeastern Michigan. Learn what the future holds.
- 8/18 Garrett's Space Moves Forward Julie Halpert, Co-Founder, Garrett's Space Garrett's Space recently received approval to purchase property in Superior Township to build a healing center for young adults suffering from mental health issues. In addition, its annual fundraiser is going from virtual to in person this year on Friday, August 25th at the Morris Lawrence Building on the Washtenaw Community College Campus.
- 8/23 Mott Poll: 2023 Top Children's Health Concerns Sarah Clark, Mott Poll Co-Director The latest Mott Poll shows overuse of social media and devices is the top concern for parents when it comes to their children's health.
- 8/24 **a2TECH360 Vicki Joling, Director of A2TECH360 -** Ann Arbor SPARK's a2TECH360 is a week of events celebrating Ann Arbor's spirit of innovation through experiences, conversations, and connections that strengthen and expand the region's vibrant technology ecosystem.
- 8/24 **2023 Farm Bill Markell Miller, Director of Community Food Programs, Food Gatherers -** The U.S. Farm Bill is passed every five years, and determines the policy and funding around agriculture and key federal nutrition programs. It's critical to organizations like Food Gatherers that work to alleviate hunger in our local communities.
- 8/25 Turmoil at the Ann Arbor Public Schools Rima Mohammad, President of the Ann Arbor School Board As the new school year starts, questions remain as to the future of Ann Arbor Public Schools Superintendent Dr. Jeanice Kerr Swift, who is facing criticism of her job performance
- 8/29 **Gordon Hall Rocks! Bev Hill, VP, Dexter Area Historical Society** A benefit for the continued restoration of Dexter's Gordon Hall mansion is expected to rock the walls with the sounds of local favorite Billy Mack and the Juke Joint Johnnies. The event kicks of a weekend of historic fun at Gordon Hall Days.
- 9/1 **Driving Mobility Sarah Cicotte, Mobility Director, Ann Arbor SPARK -** Explore cutting-edge topics that are shaping the future of mobility and innovation at Ann Arbor SPARK's upcoming Mobility Summit.
- 9/1 Salt Valley Arts Open House: Board Members Cathy Cieglo and Helen Martin What do Cake Eaters, Fiber Arts and Writers all have in common? They are just three of the many guilds available at Salt Valley Arts for community members to explore and enjoy.
- 9/12 **MSU Mess Matt Friedman, Co-Owner, Tanner Friedman -** An investigation into the behavior of the MSU football coach has been underway since December, but just became public in a USA Today article. Depending on what the university knew and when, it appears trying to keep the story from going public (even keeping it hidden from some of its board trustees) may be its ultimate undoing.
- 9/12 RunTough for ChadTough Tammi Carr, Chad's Mom / Founder, ChadTough The Carr family continues to honor Chad's legacy by hosting RunTough for ChadTough Defeat DIPG, a 5K and 1M Fun Run that raises money for DIPG research. The annual event is a way to celebrate Chad's September 26th birthday and to bring awareness during Childhood Cancer Awareness Month for the disease that took his life.
- 9/12 Saline's Oktoberfest Mary Dettling, Executive Director, Saline Main Street; Rebecca Schneider, Oktoberfest Co-Chair Indulge in authentic German culture, food and beer all weekend long on Fri., Sept 15th and Sat., Sept 16th at the Saline Main Street's Oktoberfest in downtown Saline.
- 9/12 Requiring Professional Guardians to Be Trained in Dementia Matt Phelan, Public Policy Manager, Alzheimer's Association Michigan Chapter Dementia training is not currently required in the state of Michigan for court appointed guardians. The Alzheimer's Association wants to change that.
- 9/13 Will the UAW Strike? Professor Erik Gordon, Clinical Assistant Professor, University of Michigan Ross School of Business Auto talks are underway as the United Auto Workers tries to carve out new agreements with General Motors, Ford and Stellantis NV. Here's what's at stake.
- 9/14 Opioid and Overdose Deaths Escalate in Washtenaw County Kaitlin Schwarz, MPH, epidemiologist with Washtenaw County Health Department There has been a 33% increase in all drug overdose deaths from 2020 to 2022 in Washtenaw County. The proportion of local opioid deaths that involved fentanyl, non-opioid substances, stimulants like cocaine, and xylazine also continued to increase.
- 9/15 Milan Leaders Commit to Week Without Driving Jill Tewsley, Community Engagement Director, City of Milan; Maxine Tewsley, Milan Resident / Disability Advocate This challenge isn't about not using automobiles, rather it is to help participants experience what it is like to navigate without the privilege of driving and to understand the barriers and challenges that non-drivers face when trying to move safely in their communities.

- 9/19 Backyard Beer Garden Terris Ahrens, Executive Director, Chelsea Area Chamber of Commerce Giant yard games, Michigan craft drinks and local food await at this upcoming annual event in downtown Chelsea.
- 9/20 The U.S. Economy and Your Bottom Line Dr. Timothy Nash, Vice President / Director, The McNair Center for the Advancement of Free Enterprise and Entrepreneurship, Northwood University While the Consumer Price Index was up only slightly from July to August, it still marked two consecutive months of inflation increasing. Dr. Nash explains where our economy is headed.
- 9/20 Mott Poll on Children's Health: Poor Air Quality Sarah Clark, Mott Poll Co-Director Poor air quality can negatively impact children's health, and recent wildfires and extreme weather has heightened concern. The C.S. Mott Children's Hospital National Poll on Children's Health asked a national sample of parents of children0-18 years about protecting children's health when air quality is poor.
- 9/22 **Legal Battle at Cottonwood Farm Inshal Chenet, Resident –** A legal battle between a group of Catholic families and Webster Township pits farming rights versus zoning laws. But these families believe it's a dispute that has much greater meaning.
- 9/27 United Way Report: Emerging Philanthropists 7th Annual Cornhole Tournament Pam Smith, CEO Enjoy food, beer and networking with your fellow Emerging Philanthropists representing United Way of Washtenaw County and United Way for Southeastern Michigan.
- 9/27 Women's Center of Southeastern Michigan: Katie Kidle, Clinical Director; Sharonda Simmons, Chair, Board of Trustees -The nonprofit Women's Center provides therapy and other women-supportive services to help individuals achieve economic and emotional health.
- 9/27 Conquering the Appalachian Trail Larry Van Buren, Saline Resident The Appalachian Trail covers 14 states and more than 2,000 miles. This Saline resident has realized his dream to hike the entire route.