

**WJCH – 91.9 FM – Joliet, Illinois**  
**Issues/Program List**  
**“COMMUNITY BRIDGE”**  
**A 5-Minute Program Heard Saturdays**  
**at 6:25 AM and 4:25 PM\***  
**July – September, 2019**

DATE	ISSUE	GUEST AND DESCRIPTION
July 6, 13, 20, & 27, 2019	<b>Bringing comfort to disaster survivors near Joliet.</b>	<u>Host:</u> Virginia Beehn <u>Guest:</u> Michelle Arellano, Top Dog, LCC K-9 Comfort Dog Eve Ministries, Lombard, IL. <a href="http://www.LutheranChurchCharities.org">www.LutheranChurchCharities.org</a> <u>Description:</u> America Kennel Club-registered Golden Retrievers are trained to provide calm comfort to people experiencing trauma after a disaster of many sorts, such as airplane crashes, mass shootings, earthquakes, or hurricanes. Usually only one dog is assigned to a church, although a few have two dogs. Every comfort dog has a team of human supporters to provide financial support, social media, travel arrangements, etc.
August 3, 10, 17, 24, & 31, 2019	<b>Comfort Dogs trained in how to react when being hugged or petted by a hurting person.</b>	<u>Host:</u> Virginia Beehn <u>Guest:</u> Michelle Arellano, Top Dog, LCC K-9 Comfort Dog Eve Ministries, Lombard, IL. <a href="http://www.LutheranChurchCharities.org">www.LutheranChurchCharities.org</a> <u>Description:</u> Training facilities are located in Northbrook, Illinois, and Nebraska. Dogs start training at 8-weeks-old and train for about 1 ½ years. Comfort Dog Eve is now 5 years old. Dogs also visit schools, nursing homes, cancer treatment centers, hospitals, and more. There is no charge to the place visited.
September 7, 14, 21, & 28, 2019	<b>Comfort Dogs support local first responders.</b>	<u>Host:</u> Virginia Beehn <u>Guest:</u> Michelle Arellano, Top Dog, LCC K-9 Comfort Dog Eve Ministries, Lombard, IL. <a href="http://www.LutheranChurchCharities.org">www.LutheranChurchCharities.org</a> <u>Description:</u> Veterans wear special camouflage vests when visiting military sites to indicate their handler is former military. Police families are supported, and the dog also makes visits to summer camps, and visits to crime victims. All handlers are volunteers, and the services and visits are free to those receiving them.

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July 6, 2019	<b>Cataract Awareness, Prevention &amp; Treatment</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Anton Beffa, Ophthalmology Specialist and Member of the Christian Medical and Dental Association (Farmington, MO). <a href="http://www.myprecisioneyecare.com">www.myprecisioneyecare.com</a> <u>Description:</u> Cataracts are the leading cause of blindness and the most common cause of vision loss in people over 40 years. Worldwide, there are more cases of cataracts than glaucoma, macular degeneration, and diabetic retinopathy combined. Dr. Beffa spoke about what causes cataracts, the symptoms for which to look, what age groups are more susceptible, and the different techniques used in treating patients with cataracts. He also shared with listeners practical ways individuals can protect themselves and reduce the risk of getting cataracts.
July 13, 2019	<b>Christian History Furthers Knowledge &amp; Other Benefits</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Bill Curtis, President, Christian History Institute (CHI) (Worcester, PA). <a href="http://www.christianhistoryinstitute.org">www.christianhistoryinstitute.org</a> <u>Description:</u> Neil Armstrong, Anne Frank, and Martin Luther King are just three historical figures who have made an impact on our lives today as we have learned from their experiences. Bill shared how the Christian History Institute assists individuals in furthering their knowledge about the history of the Christian faith and how we benefit from learning from their stories. CHI's mission is, "to make Christian history a delight to laypeople everywhere by providing accurate, trustworthy and professional resources." Some of the resources they offer are <i>The Christian History Magazine</i> , Torchlighters educational videos, and other educational resources.
July 20, 2019	<b>UV Safety, Melanoma/Skin Cancer Awareness, Detection &amp; Prevention</b>  (25-minute program)	<u>Host:</u> Jennifer Burkhiser <u>Guest:</u> Dr. David H. McDaniel, M.D. and Member of Christian Medical & Dental Association (Virginia Beach, VA). <a href="http://www.dmcDaniel.com">www.dmcDaniel.com</a> <u>Description:</u> According to the United States Environmental Protection Agency, "...each year, more new cases of skin cancer are diagnosed in the U.S. than new cases of breast, prostate, lung and colon cancer combined. One in five Americans will develop skin cancer in their lifetime and one American dies from skin cancer every hour. Unprotected exposure to UV radiation is the most preventable risk factor for skin cancer." Dr. McDaniel informed listeners about the dangers of UV rays, symptoms of possible damage to the skin/skin cancer, for what a person should look, and when a person should

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		consult their doctor. He also gave recommendations on how individuals can protect themselves from UV radiation/sun exposure.
July 27, 2019	<b>Hopelessness to Hope in Natural Disasters</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Jeff Nene, Special Assistant to the President and National Spokesperson, Convoy of Hope (Springfield, MO). <a href="http://www.convoyofhope.org">www.convoyofhope.org</a> <u>Description:</u> What started back in the late 1990's as a group of people helping a family in need after a tragic event has turned into an organization serving more than 115 million people throughout the world, including the United States. Jeff shared how Convoy of Hope is bringing help and hope to communities devastated by a catastrophic event. Convoy of Hope rolls into town with semis filled with supplies, thus bringing "hope in every storm," turning hopelessness to hope. They partner with area churches to help with the distribution and to be of assistance to the community afterwards.
August 3, 2019	<b>Paternal, Maternal, &amp; Infant Health</b>  (25-minute program)	<u>Host:</u> Jennifer Burkhiser <u>Guests:</u> Dr. John G. Pierce, Jr., M.D., Associate Professor, Liberty University College of Osteopathic Medicine and Member of Christian Medical & Dental Association (Lynchburg, VA). <a href="http://www.liberty.edu">www.liberty.edu</a> <u>Description:</u> Expectant parents are usually overjoyed when they first hear the news they are pregnant, but can become anxious and concerned with the upcoming arrival of the little one. Dr. John Pierce shared that even though being physically prepared is necessary, it is equally--if not more--important, to be emotionally prepared. He also talked about the benefits of singing and reading aloud to the unborn child, the couple's relationship with each other, and how listeners can be supportive of mothers, fathers, and their little ones after the birth.
August 10, 2019	<b>Volunteerism for Adults in their Golden Years</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Stan Bialorucki, Vice President and Project Coordinator, Roving Volunteers in Christ's Service (RVICS) (Glendive, MT). <a href="http://www.rvics.org">www.rvics.org</a> <u>Description:</u> Recent statistics show roughly 10,000 people turn 65 years old each day and the number is expected to reach nearly 12,000 people each day within the next 10 years. As older adults enter retirement, they can feel disconnected, unvalued, and even lonely. Stan Bialorucki shared how RVICS offers Christian men and women may do the Lord's work while traveling in their RV's. They work as small groups, sight-see, relax together, and share Christian experiences. Projects are located throughout the country. Projects are related to

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		maintenance/service and they focus on small construction projects such as painting, building, carpentry, accounting, office work, tutoring, wallpapering, etc., for other nonprofit ministries. No skills are required, just a heart to serve the Lord.
August 17, 2019	<b>Communicating with Children and Others After Trauma</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dwight Bain, Founder of Lifeworks Group, Winter Park, FL. ( <a href="http://www.lifeworksgroup.org">www.lifeworksgroup.org</a> ) <u>Description:</u> Crisis incidents can be traumatic for anyone exposed to such a situation. Whether it is a community crisis, a shooting, a natural disaster, war-related or another devastating situation, it can be unsettling for people, especially children. Dwight helped listeners understand the signs and symptoms parents should look for when identifying stress in children and teens and the dangerous warning signs of which parent should be mindful. He offered advice on how to begin a conversation with a child or grandchild after an event has taken place, as well as different strategies that can be used from a Christian faith-based approach.
August 24, 2019	<b>Building Christian Fellowship Inside/ Outside Prison Walls</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Evelyn Lemly, Chief Executive Officer, Kairos Prison Ministry (DeBary, Florida). <a href="http://www.kairosprisonministry.org">www.kairosprisonministry.org</a> <u>Description:</u> Kairos Prison Ministry is a lay-led, interdenominational Christian ministry in which men and women volunteers bring Christ's love and forgiveness to prisoners and their families. Evelyn shared how those incarcerated have found freedom, fellowship, and friendship within prison walls. She talked about how the incarcerated lived in darkness in their lives (when they were outside prison walls) and many actually had to go to prison in order to find Jesus, so they actually found freedom. Evelyn also shared how God has enriched the lives of those impacted by incarceration by taking them on a spiritual journey in "God's Special Time" and how listeners can be a source of comfort to those struggling with life's circumstances, within and outside of prison walls.
August 31, 2019	<b>Christian Fellowship, Motorcycling, &amp; Ministering to Others</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Jerod McPherson, Vice President Evangelistic Outreach, Christian Motorcyclists Association (Hatfield, AR). <a href="http://www.cmausa.org">www.cmausa.org</a> <u>Description:</u> Jerod shared how the Christian Motorcyclists Association is reaching people for Christ and encouraging fellowship amongst Christians through motorcycling. Jerod talked about today's society - filled with technological interactions, but with many people lacking

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		personal connectivity in ‘real-life’ conversation. This problem highlights why it is important for individuals to whole-heartedly fellowship with others. He gave examples of how he has personally witnessed to others and encouraged listeners to pray, asking Jesus for guidance and confidence prior to witnessing to others.
September 7, 2019	<b>Wisdom of Grandparents and Leaving a Lasting Legacy</b>  <b>(25-minute program)</b>	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Cavin Harper, Founder and Executive Director, Christian Grandparenting Network (Colorado Springs, CO). <a href="http://www.christiangrandparenting.net">www.christiangrandparenting.net</a> <u>Description:</u> Many people have fond memories of their grandparents – their words of wisdom, encouragement, love – just to name a few. Cavin explained how grandparenting is much different today than it was 10+ years ago. With today’s technology, grandparents have to be more intentional in creating those memorable moments that impact future generations. He shared passages and stories in the Bible that reference grandparents’ critical roles, how children need the Good News more than the good times, and what it takes to be a biblical grandparent. Christian Grandparenting Network is devoted to challenging those in mid-life and beyond to finish the race well as conduits of God’s grace and truth so that future generations will know, love, and serve Christ. Cavin also shared information about a 30-day Prayer Challenge and how listeners can access additional information and resources.
September 14, 2019	<b>Providing Children with Beds to Sleep On</b>  <b>(25-minute program)</b>	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Luke Mickelson, Executive Director, Sleep in Heavenly Peace (Kimberly, ID). <a href="http://www.shpbeds.org">www.shpbeds.org</a> <u>Description:</u> An estimated 2.2 million children in the United States sleep on the floor every night, with no bed to call their own. Some children sleep on the floor, some sleep on a pile of clothes in the corner of a room, etc. The motto for Sleep in Heavenly Peace is, “to see that no kid sleeps on the floor in our town.” Armed with boards, hammers and nails, blankets and pillows, Luke Michelson shared with listeners how their organization steps in to construct and provide hand-made bunk beds to children who do not have beds of their own. He talked about build days communities can host in their own areas and how a bed can be requested for a child in need.

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September 21, 2019	<b>Opioid Awareness, Addiction Prevention and Outreach</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Dr. Karl Benzio, Founder and Director of Lighthouse Network, Christian Psychiatrist and Member of Christian Medical and Dental Association (Port Charlotte, FL). <a href="http://www.lighthouse-network.org">www.lighthouse-network.org</a> <u>Description:</u> Dr. Karl Benzio explained what an opioid is and how the opioid crisis has reached epidemic levels across the United States, with more casualties than those inflicted by the Vietnam War. Dr. Benzio combines his training as a physician (body), psychiatrist (mind), a devoted follower of Christ (Spirit), and a biomedical engineer (brain imaging and practical problem solver) to help individuals around the world seek biblical answers for healing the mind and transforming their lives to overcome addictions.
September 28, 2019	<b>Glorifying God through Arts and Music</b>  (25-minute program)	<u>Host:</u> Jenny Burkhiser <u>Guest:</u> Annie Dupre, Musician Artist, Annie Moses Foundation (Franklin, TN). <a href="http://www.anniemosesband.com">www.anniemosesband.com</a> <u>Description:</u> Annie Dupre talked about how the Annie Moses Foundation is developing, discipling, and debuting a new generation of highly skilled young artists, who are committed to excellence and influencing their peers for God's glory. She shared how raising children with exposure to arts and music helps develop them and how they are more likely to become successful throughout all areas of life. Annie gave biblical reference to the spiritual disciples of worship and music, as well as talked about how music is linked to a commandment from God.

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August 1, 2019	<b>Youth Hunger</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> For some 12 million children living in the US, school lunch on Friday afternoon is sometimes the last meal they eat before returning to school on Monday. The non-profit ‘Blessings in a Backpack’ is doing all they can to change that. So far, they’ve given out bags full of food to 87,000 kids in 45 states. Now, as volunteers across the country pack the bags, they also add handwritten notes. “It’s a personal message of hope,” one volunteer said, “from what we’ve heard from the kids, they say that when they get something like this, it shows that the community out there cares about them, even though they don’t know who we are.”
August 2, 2019	<b>Fighting Childhood Cancer</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> New Jersey’s Rich Nardiello is giving special gifts of kindness to children who are fighting cancer. For each child at the local pediatric cancer ward, he builds a custom play car specifically designed for that child. Lucy McCabe, just 3 years old and fighting aggressive cancer, loves Minnie Mouse - so it’s easy to see why she loves the custom Minnie Mouse car that Nardiello delivered a few months ago. Lucy’s Mom said it’s a gift that she and her family will cherish forever, and it’s one that Nardiello hopes to keep creating for other families as long as he can.
August 5, 2019	<b>Classroom Bullying</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> The first week of school can be a difficult time for younger kids, especially those who’ve experienced bullying. Six-year-old Blake Rajahn wanted to make sure everyone at his Georgia elementary school knew that he would be their friend. So he asked his Mom, “Will you please make me a shirt that says, ‘I will be your friend’ for all the kids who need a friend to know that I am here for them.” Blake’s mother says that he has a heart for others and is very genuine. After posting a picture to Facebook of Blake wearing his orange and green t-shirt, hundreds of other parents requested the shirt for their own children.
August 6, 2019	<b>Mobile Support to Children with Disabilities</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Twenty-one children with disabilities received a new adaptive bike Sunday thanks to the kindness and generosity of a Virginia nonprofit group. U.S. Army veteran James Howard started REACHcycles after he received a similar bike several months after a swimming accident left him paralyzed. They’ve given away close to

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		400 bikes in the past 5 years, providing mobility and independence to children and veterans. “They're getting out and getting another form of exercise,” Howard explained. "It's just that emotional value to be able to ride with your brothers and sisters...we try to help with that."
August 7, 2019	<b>Community Support for the Impoverished</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Randa Ragland opened her mailbox in late July to find a letter from an unknown neighbor accusing her of not caring about the appearance of her home. What the neighbor was unaware of was that Ragland’s husband recently lost his job and her 3-year-old autistic son was just diagnosed with stage 4 cancer. After posting the letter to Facebook to encourage others to be kind to their neighbors, the local community organized a team of volunteers to help her out. Ragland’s lawn was mowed. A man with a chainsaw showed up to remove debris from the yard. Others went to the store to pick up supplies for the family. "This is love," one of the volunteers said, “This is love for a stranger."
August 8, 2019	<b>Helping Communities Cope with Loss</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A very special delivery came to the Dayton community yesterday: nine handmade crosses, one for each person who lost their life in Sunday's mass shooting. They are from Greg Zanis, founder of Crosses For Losses. Zanis started it 20 years ago, delivering handmade crosses to the families of victims of the Columbine school shooting. Even he's surprised by the number of crosses he's had to make over the years: nearly 27,000. Zanis drove 1500 miles this week to deliver the crosses to Dayton – and the effect it’s had on the community is undeniable.
August 9, 2019	<b>Honoring Fallen Heroes of the Vietnam War</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Bryan Knight was only 5 years old when he last saw his dad at a Dallas airport, just before he was sent off to the Vietnam War. Earlier this year, a US Defense Agent informed Knight that his father's remains had been found. Knight, now a pilot for Southwest airlines, yesterday flew his father's remains back to the place where he last saw him more than 50 years ago. When Knight landed, his father received full military honors. Photos showed the honor guard carrying the casket, while the ground crew stood at attention. One traveler said, “The entire terminal has come to watch this arrival. It was an incredible moment -- the entire airport fell silent."



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August 12, 2019	<b>Criminal Reform</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> An Ohio restaurant is tackling one of the nation's biggest problems: convicts getting out of prison and then going right back in. Everyone who trains at EDWINS – short for "education wins" – has had some run-in with the law. The goal is to redirect their lives with a restaurant boot camp: a six-month program that provides housing, a library, and donated clothes. Owner Brandon Chrostowski said he aims to change the perception of those who have spent time in prison, or struggled with hard times or addiction. "When you're here with someone who's focused, and dedicating their life to the culinary arts and to fulfilling potential...there's no greater space to be in with another human being."
August 13, 2019	<b>Underfunded Schools</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> When Michelle Lindsey, a high school teacher in North Carolina, goes back to school later this month, there'll be a truck load of school supplies going along with her... and to her, it's a blessing. You see Lindsey teaches in a very poor district where only basic supplies like pencils and tape are provided... and so often times the teacher is left to provide the rest. After posting about her need on Facebook, Lindsey's college sorority sisters responded en masse. Thanks to Delta Sigma Theta Sorority, nearly 100 boxes of school supplies are now being sent to Lakewood High School. One of the sisters said, "For me, my motto is, love is not love until you give it away."
August 14, 2019	<b>Improving Community-Police Relations</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> An Alabama man who traveled to all 50 states to mow lawns for free says he's traveling cross-country again to bring together police officers and the community. Rodney Smith says that he wants to mow at least one lawn in each state for the elderly, disabled, single parents or veterans... and he is inviting police officers to mow with him. He even had a special police-themed mower made... it's painted black and white and has emergency lights. Smith was inspired to begin a free yard mowing service in 2015 after seeing an elderly man cutting his lawn.
August 15, 2019	<b>Childhood Vehicle Safety</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> An Oklahoma boy is being hailed a hero after he broke into a hot car and saved a toddler who was locked inside A woman said that she and her 12-year-old son were walking into a shopping center

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		yesterday afternoon when they saw the 2-year-old boy crying in a locked car. The boy used a ratchet strap from her car and part of a clothes rack from a store to break the windshield of the car. He then crawled inside to get the child out. Police said the toddler was red-faced and in a bit of distress, but otherwise doing OK – the mother, found inside the store, was given a fine under the “Forget Me Not” Law.
August 16, 2019	<b>Supporting Families of the Victims of the El Paso Shooting</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Hundreds across the nation offered a massive outpouring of support for an El Paso man who, having no family to join him, invited the public to attend the funeral of his wife, a victim of this month's mass shooting. As of last evening, a GoFundMe page setup for Antonio Basco had raised more than \$24,000. Its original goal was \$1,000. On top of the hundreds of flower arrangements and monetary donations, many have posted online saying that they will drive out to attend the funeral today.
August 19, 2019	<b>Encouragement for Seniors</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Longtime friends Karen Wooldridge and Laura Hogan had an idea: take unsold flowers destined for the dumpster and repurpose and deliver them to those who could use an extra visit — seniors. They rearrange up to nearly a thousand bouquets a month, with 150 volunteers working five days a week. Their flowers brighten 30 communities — mostly homes for seniors with memory loss. One on the staff said that many seniors are “confused and sad, and just to have such a simple thing as a bouquet of flowers... just brightens their day”.
August 20, 2019	<b>Childhood Abandonment</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> For the first time ever, Chris Barrington, a 30-year-old man with special needs, got to celebrate his birthday with a party - thanks to his former teacher who hopes to adopt him. When officers found Barrington wandering through the streets last month, they said he couldn't remember the name of anyone who could help him -- except his junior high school teacher, Ms. Girard, who he hadn't seen in years. At hearing this, Girard said she was willing to take Barrington in. “He's never had a birthday present, Christmas, nothing,” she said, “So this year is going to be full of firsts.”
August 21, 2019	<b>Improving Community-Police Relations</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A police officer in New York, who enjoys bonding with neighborhood kids on and off the basketball court, has finally met his

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		match. Officer Brandon Hanks recently posted a challenge to Facebook to the kids he sees on patrol: play him, one-on-one, and the first to score wins. If you lose, you do pushups. But if you win, Hanks buys the winner a pair of sneakers. Hanks was bested on Monday by 7-year-old Josiah Brandon - he snatched the ball from Hanks and sank the first basket. As promised, Hanks escorted the boy to the store, credit card in hand, and helped the boy pick out a pair of shoes.
August 22, 2019	<b>Swimming for Charity</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> It's hard to say what the best way of getting around New York City is, but this 16-year-old decided to test out swimming. Angel More of San Carlos, California, completed a 28-and-a-half-mile swim around Manhattan, all to raise more than \$58,000 for charity. The nine-hour swim was extra challenging since she decided to do the 20 Bridges challenge, where she passes under the 20 bridges around Manhattan starting with the Brooklyn Bridge. And she's not stopping there - her next goal is to swim the English Channel!
August 23, 2019	<b>Elderly Work Ethic</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A 98-year-old World War II Veteran is still hard at work bagging groceries at his local New Jersey supermarket and he has no plans of slowing down. Bennie Ficeto said his time manning a gunner for the U.S. Army during World War II taught him all about hard work and a sense of gratitude after he survived getting shot down. "The Lord took me home. All the missions I flew," he recounted, as fellow co-workers surprised him with a birthday party at work. Ficeto passed up on his birthday cake to get back to work heading over to his checkout stand with a smile.
August 26, 2019	<b>Building Homes for the Homeless</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> For Jeff Bracken, biking is his way of maintaining independence in a world that's slowly getting harder to see. Despite having no peripheral vision resulting from a rare disease, Bracken recently rode his bicycle on a 3,500-mile journey from Seattle to Washington, D.C., as part of the Fuller Center Bike Adventure. During the ride, he and other participants stopped in several cities to build homes for those in need. Although he doesn't know what Usher Syndrome has in store for him, Bracken is determined to soak up each moment. "I'm not going to let it make me fold or overwhelm me."

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August 27, 2019	<b>Employing People with Developmental Disabilities</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A candle-producing company in Coral Springs, Florida, is employing a team of highly motivated adults to craft its specialty products on a daily basis. From the chemical process to the preparation and placement of the wicks into each jar, the employees at ScentsAbility’s candles do not allow their intellectual and developmental disabilities to hinder them. Founder Bonnie Schmidt says, “It’s a multi-sensory kind of job and we give them the tools to do that. All it takes for these individuals to shine is to be given the right opportunity under the right circumstances.”
August 28, 2019	<b>Employing People with Developmental Disabilities</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Howdy Homemade Ice Cream is run mostly by 13 employees, ages 16-to-31 yeras, who all have special needs. When Tom Landis, the company's founder, opened Howdy Homemade, he came up with an idea: to employ those with Down syndrome and autism. “They’re restoring friendliness to the hospitality industry”, he said. One worker, Anne Marie, indicated that not being able to find a job had made her feel "like there's not a place for me in this world." Now, she and other employees spend every day making 34 different flavors of ice cream.
August 29, 2019	<b>Baking and Selling Cookies for Cancer Research</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A Little Rock, AR, girl spent her 13th birthday handing over a \$1,000 check to the CARTI Cancer Center Tuesday after raising money by selling cookies. Thirteen-year-old Mary Claire Harper started baking five years ago with her mom. It has since become one of her favorite things to do. While her baking receives rave reviews, the cookies are helping people fight cancer. Mary Claire chose to bake hundreds of cookies for cancer for a school community service project and her sales have raised \$1,000. Mary Claire said her goal is to open up her own bakery one day to continue donating to cancer research.
August 30, 2019	<b>Free School Supplies for the Needy</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> When Port Allen Middle School in Louisiana began asking students for ideas on helping others in need, 13-year-old Chase Neyland had a suggestion. He wanted to create a closet full of donated clothing and school supplies that could be picked up by any classmate who might need them. Chase’s idea materialized in a pantry behind a stage in the school’s gym. The closet houses two racks of clothing including shirts, dresses and shoes, along with rows of notebook, pens

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		and other supplies. Chase said he plans to come back after graduating to continue tending to it, possibly helping it to grow into a non-profit organization.
September 3, 2019	<b>Finding Homes for Lost Pets after Hurricane Dorian</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> While Hurricane Dorian tears through the Bahamas, Chella Phillips has opened her Nassau home to 97 homeless and abandoned dogs. “It was either leave the dogs on the street to fend for themselves...or do something about it.” On Sunday, Phillips described wrangling 79 of the dogs with her into the bedroom to ride out the storm. “My heart is so broken for the ones without a place to hide -- only God can protect them now.” After the storm passes, she plans to build more space for the dogs she has taken in from the storm.
September 4, 2019	<b>Teaching the Culinary Arts to Impoverished Adults</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> It was standing room only at a graduation for a New York City culinary program aimed at helping formerly homeless and low-income adults get jobs in the food industry. Some 80 graduates, along with friends and family, gathered to celebrate the honorees leaving Project Renewal's Culinary Arts Training Program - hopefully creating a pathway to a more stable job. The program enrolls about 160 people each year and is free to students or those facing hardship.
September 5, 2019	<b>Hurricane Dorian Recovery Assistance</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A man walked into a Costco in Florida and left with 100 generators, all of which are heading to The Bahamas. His receipt read \$49,285.70 and most of that came from paying \$450 per generator – each one is headed to the hard-hit islands of Grand Bahama and Abaco. The man, who wishes not to be named, said, "It's important that we help each other out. It's better than just sitting there. You see a need and you fill it."
September 6, 2019	<b>Unity in Community following the El Paso and Odessa, Texas Shootings</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> For years, El Paso and Odessa have met on the football field to battle it out for the win and bragging rights. This time as the two teams hit the field yesterday, they put aside their differences to share a message of unity. After both of these communities were shaken by mass shootings last month, the teams made special banners to exchange ahead of kick off at Ratliff Stadium in Odessa. The banners were signed with special messages by the students and athletes. One school official said, “On the field they are fierce competitors, but after the game they are going to be brothers.”

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September 9, 2019	<b>Community Engagement in Urban Neighborhoods</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> At a community center in East Harlem, NY, teens are honing their soccer skills and learning about life. It's called "Saturday Night Lights," and it's now expanding. Organizers say the program's helped around 12,000 kids over the last eight years at 20 gymnasiums across the city. The Manhattan District Attorney said "It's turning criminal dollars into community activity... what could be a better statement than to say to those who are committing crime, we're going to take what you've done and we're going to make it positive for our neighborhood?"
September 10, 2019	<b>Youth Giving to Hurricane Dorian Survivors</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Seven-year-old Jermaine Bell had been saving up for a trip to Disney World, but his plans were dashed last week when Hurricane Dorian struck the Carolinas. While staying with his grandmother in South Carolina, he spent what money he'd been saving for a trip to the theme parks on hundreds of hot dogs, chips and water to feed evacuees for free. Disney and even Mickey Mouse took notice of the selfless gesture. Less than a week after closing up his hurricane hot dog stand, Disney employees showed up outside, in costume, surprising him with a free vacation. Jermaine and his family will visit the Orlando parks sometime later this month... he says knowing that many were helped make it worth the wait.
September 11, 2019	<b>9/11 Commemoration Run</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A dedicated collection of runners and cyclists are commemorating the anniversary of the September 11th attacks by traveling from Arlington to New York City. On Monday, participants in the "9/11 Promise Run" left the Pentagon Memorial in Arlington, then traveled to Shanksville, Pennsylvania, and are now headed to Ground Zero in New York. The goal of this event is to honor the victims of the 9/11 attacks, first responders, military personnel, and the victims' family members. The charity's goal is to produce scholarships that will go to the children and families of the first responders and veterans.
September 12, 2019	<b>Reuniting Families in the Aftermath of Hurricane Dorian</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Since Hurricane Dorian hit the Bahamas, Brittany Garvin has helped over 40 families reunite and 52 people evacuate... and she's done it all from her home computer. Garvin is one of many Americans reaching out to Bahamians and trying to help in whatever way they

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		can. Facebook groups are filled with posts from Americans offering evacuees a temporary home, while others are parked at their computers night and day, matching up Bahamians with the resources they need, from basics like shelter and clothing to ferry and flight schedules.
September 13, 2019	<b>Rescuing Bahamian Survivors of Hurricane Dorian</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A Christian family of six who lost their home and church when Hurricane Dorian tore through the Bahamas is getting a fresh start here in the US. Pilot Stephen Sipprell connected with the Garry family through a church friend and made the 2.5-hour plane ride yesterday morning, picking up the pastor and his family at the airport in Nassau. Along with his wife and four children, John Garry arrived with only the clothes they were wearing. "I thank God, He gave me life," Garry said, after describing how his church roof collapsed. Sipprell, who gave his heart to help the family, is also giving them a home. "We are going to try to put them up for a while and stabilize them and see where it goes from there."
September 16, 2019	<b>Students who Oppose Bullying through Compassion</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A Memphis high school student who was bullied for wearing the same thing day after day has a new set of clothes and sneakers thanks to the generosity of two of his classmates. In interviews with local media, freshman Michael Todd said he had endured taunts for weeks. Students Kristopher Graham and Antwon Garrett said they texted one another about what each could spare, and surprised Todd by the lockers. In America today, one in five high school students report being bullied on school property, with cyber bullying rates even higher.
September 17, 2019	<b>Improved Quality of Life for Childhood Cancer Patients</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Hampton University's newest safety is a bit small for Division I football, but 6-year-old Caden Lipscomb is quickly becoming a part of the team. Caden, who six months ago was diagnosed with an aggressive brain tumor, was adopted by the Pirates through the Friends of Jaclyn Foundation, a nonprofit that aims to improve quality of life for childhood cancer patients. In the team meeting room, with several players and coaches cheering him on, Caden signed a document that awarded him "100 percent love." While the future is uncertain, Caden's mother said, "With lots of prayers and family and people that love us, we thank God he is the way he is today."



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September 18, 2019	<b>Spreading Positivity with Affirming Words</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Michigan mom Britte Hueter is spreading a community message of positivity using one of her children’s favorite toys – sidewalk chalk! Hueter, a photographer by trade, makes sidewalk art for the kids that walk past her house on their way to elementary school...with the flair of a calligrapher, she writes encouraging, upbeat phrases like, “Let’s do what we love + do more of it.” The drawings have helped her get to know her neighbors, and her neighbors to know each other. While elementary school kids benefit from the boost, Hueter said she feels middle-schoolers especially need kindness, positivity and affirmation.
September 19, 2019	<b>Organ Donation</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A 4-year-old girl in Oregon bravely underwent surgery to save the life of her infant brother by providing lifesaving bone marrow for him earlier this week. Khloe Land was found to be a donor match for her 7-week-old brother Colton, who was diagnosed with a rare immunodeficiency disease at about a week old. Doctors said they were able to get enough marrow from Khloe for two additional transplants, which they will freeze in case Colton needs more in the future. In an emotional update posted on Monday, Khloe’s Mom said that her daughter and infant son Colton are doing “great.”
September 20, 2019	<b>Reuniting Lost Pets after Hurricane Dorian</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Thanks to the Big Dog Ranch Rescue in southeast Florida, many families are being reunited with their pets after Hurricane Dorian ravaged their homes in the Bahamas. Ryan Patterson’s eyes lit up when a volunteer from the rescue brought in his two cats and 13-year-old dog, Pumpkin. Ryan said he had no choice but to evacuate to his sister’s home in Orlando, forced to leave his best friends behind. Since the hurricane, Big Dog has rescued more than 100 animals from the islands. They’ve been able to identify the owners of 35 of those animals; so far 18 have been reunited with their family.
September 23, 2019	<b>Hard Work and Dedication during Disaster</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A Texas hotel employee is being hailed as a hero after working 32 hours straight to help ensure guests' safety and comfort as the region was assailed by Hurricane Imelda. At one point, Satchel Smith was the only hotel employee on site. One hotel guest took to Facebook praising Smith for his service, "He has manned the phones, answered each of our questions, ensured that we have had a hot cup of

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		coffee or tea, and helped serve us a hot breakfast," she posted. "He handled this situation with grace, kindness, and a beautiful smile on his face." The hotel plans to give Smith a small bonus for his hard work and dedication.
September 24, 2019	<b>Impromptu Concerts for Hospital Patients</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A talented violinist is lifting spirits one tune at a time for patients at a hospital in Maine. Sara Kapinos has been playing in concert halls since she was 4 years old. The violin is a passion of hers, but another passion is nursing. Instead of choosing between her two loves, Sara decided to bring them together. Her mission now at the hospital is to always be of help, whether through a kind word, a smile or one of her impromptu concerts. Sara herself admits she never dreamed that one day performing and healing might play so well together.
September 25, 2019	<b>Random Acts of Kindness for Grieving Towns</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A group of tragedy survivors is offering random acts of kindness and spending thousands in memory of the nine lives lost during the Dayton, Ohio, shootings; acts they hope will be paid forward. Since arriving on Sunday, New York Firefighter Tommy Maher and members of the Honor Network have paid for \$500 worth of coffee to strangers at a local café. They thanked the Dayton police officers and firefighters with meal and left a \$200 tip for waitress Cara Smith in honor of one of the victims. "The tip was amazing", she said, "but the message to be the good in the world was the real treat."
September 26, 2019	<b>Kindness Research</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> Simple acts of kindness have been scientifically proven to make you happier and healthier – whether it's giving a friendly smile or a donation to a food pantry. University of California at Los Angeles (UCLA) is poised to advance that science with the launch of the world's first research institute on kindness, which will explore how and why being nice to others reduces depression and the risk of cancer and cardiovascular disease. The ultimate goal here is to spread kindness through training, public lectures and free online programs. UCLA's Dean of Social Sciences says that, "When it comes to kindness, the intention, rather than the outcome, is key."
September 27, 2019	<b>Bringing Dreams to Life for the Terminally Ill</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A young boy in North Carolina with a rare terminal illness received the treehouse of his dreams that exceeded expectations, thanks

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		to a nonprofit in Pennsylvania and help from the local community. Eight-year-old Lorenzo Cruz stepped inside his new Spiderman-themed treehouse on Wednesday, outfitted with a bunk bed, desk, table and more. The project was made possible by a local dream team of volunteers, businesses and firefighters who were moved to compassion after hearing that Lorenzo lost his two brothers to the same disease. The project’s organizer said, “It makes me feel so good to be able to do this for Lorenzo and to see the community come up to help. It was unbelievable.”
September 30, 2019	<b>Toy Drive to Benefit Homeless Family</b>	<u>Host:</u> Jason Frentsos <u>Description:</u> A Tennessee boy who lost all of his belongings after a house fire received a welcome surprise Friday when his classmates presented him with the results of a secret toy drive they held. Daniel Hunt’s Philadelphia Elementary School posted to Facebook that “his 3rd grade teachers and classmates started a secret toy drive for him to replace the toys he lost. He received the toys today and he was so surprised and thankful!”