

REDWOOD EMPIRE

Public File 1st Quarter 2015

KZST 100.1 FM

Issues Program Listing

Seasonal Allergies – Raley's Pharmacy
Santa Rosa Latino's In the Workplace
FLAG Future Leaders of American Gridiron
Cardiovascular Health month St.Joseph Health
Heart Health Awareness – Rale's Pharmacy
Women's Health – Sutter Hospital
Sonoma County Second Chance Program – Santa Rosa Oral Surgery
Crossing the Jordan
Sonoma Clean Power
Health in Winter Months – raley's Pharmacy

Sonoma County's Talking this week – 3/29&30

- * An interview with Dave Fluitt, Raley's Pharmacy expert talking about this years seasonal allergies in Sonoma County
- * An interview with Mike Lopez founder of the 10th Annual Latino's in the Workplace conference at the Flamingo Hotel in Santa Rosa March 26th

Sonoma County's Talking this week - 3/22&23

- * An interview with Diane Evans executive director of the new Sonoma County Art museum talking about its opening
- * An interview with Mike Lopez founder of the 10th Annual Latino's in the Workplace conference at the Flamingo Hotel in Santa Rosa March 26th

Sonoma County's Talking this week - 3/14&15

* An interview with Mike Lopez founder of the 10th Annual Latino's in the Workplace conference at the Flamingo Hotel in Santa Rosa March 26th

Sonoma County's Talking this week - 2/28&3/1

* An interview with Dante DiPaola with FLAG Future Leaders of American Gridiron..talking about the organized youth football for Sonoma County without getting injured

An interview with Tiffany Oliver Chief Nursing Officer with St. Joseph Health talking about cardio-vascular health

Sonoma County's Talking this week – 2/14&15

* An interview with Dave Fluett Raley's Pharmacy Expert...February is Heart Health Awareness Month..we talk heart health

An interview with Dr. Brian Smith, Program Director of Sutter talking about women's health including bone density

Sonoma County's Talking this week – 2/7 & 2/8

* An interview with DR. Leonard Tyko with Santa Rosa Oral Surgery talking about the Second Chance Program, helping dental needs in Sonoma County

An interview with Bruce Wohlert business director with Sonoma Canopy Tours help with disadvantaged children in Sonoma County

Sonoma County's Talking this week - 1/31 & 2/1

* An interview with Tiffany Oliver Chief Nursing Officer at St. Joseph talking about Go Red for Women and Heart Disease

An interview with Dana Bryant with Crossing the Jordan..Human Trafficking in Sonoma County

Sonoma County's Talking this week - 1/24&25

- * An interview with Dana Bryant with Crossing the Jordan..Human Trafficking in Sonoma County
 - An interview with Dr. Elizabeth Peralta with Sutter Health about Breast Cancer Awareness in Sonoma County

Sonoma County's Talking this week - 1/10&11

- * An interview with Dave Fluitt Raleys Pharmacy Expert talking about staying healthy during the winter months
 - An interview with Geoff Syphers of Sonoma Clean Power

Mon 12/12

wed Ic3

THROUGH JAN. 31ST...

THE REDWOOD EMPIRE FOOD BANK'S ANNUAL "WINTER FOOD AND FUNDS DRIVE", IS GOING ON NOW THROUGH JANUARY 31ST. DID YOU KNOW 1 IN 6 PEOPLE IN SONOMA COUNTY IS IN NEED OF FOOD? FOR MORE INFORMATION, GO TO KZST.COM

THE 3RD ANNUAL HOLIDAY BOUTIQUE IS HAPPENING SATURDAY DECEMBER 6TH FROM 9 TO 3 AT BINKLEY ELEMENTARY SCHOOL IN SANTA ROSA. PUT ON BY THE BINKLEY BOOSTERS. FOR MORE INFORMATION, GO TO KZST.COM

Calen Lav

THE 3RD ANNUAL "STAND UP FOR YOUTH", YMCA

THE 3RD ANNUAL "STAND UP FOR YOUTH", YMCA COMEDY NIGHT" IS GOING ON SATURDAY, JANUARY 10TH FROM 8-10 PM AT THE ODD FELLOWS HALL IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

fres 1/6

EVEN THOUGH THE HOLIDAYS ARE OVER, THERE ARE STILL HUNGRY PEOPLE IN SONOMA COUNTY. ONE IN SIX PEOPLE IS IN NEED OF FOOD. THE REDWOOD EMPIRE FOOD BANK'S WINTER FOOD AND FUNDS DRIVE CONTINUES TIL THE END OF THE MONTH. FOR MORE INFORMATION, GO TO KZST.COM

Wed 14/31

THE SONOMA MOUNTAIN MARKETPLACE IS HOLDING ITS GRAND RE-OPENING THIS WEEKEND, BOTH DAYS, FROM 10 TO 6 IN COTATI. ITS SPONSORED BY THE CROSSING THE JORDAN FOUNDATION. FOR MORE INFORMATION, GO TO KZST.COM

JANUARY 24TH FROM 6 TO 9 PM AT THE CENTER FOR SPIRITUAL LIVING IN SANTA ROSA. THERE'S ALSO A RAFFLE AND SILENT AUCTION. THE EVENT BENEFITS SENIOR SAFE AND SOBER CELEBRATIONS. FOR MORE INFORMATION, GO TO KZST.COM

Mon 116

THE KENILWORTH JUNIOR HIGH SCHOOL BAND FUNDRAISER IS HAPPENING MONDAY, FEBRUARY 2^{ND} FROM 5:30 TO 8:30 AT LAGUNITAS BREWING COMPANY IN PETALUMA. THEY'RE RAISING MONEY FOR THEIR DISNEYLAND TRIP IN MARCH...FOR MORE INFORMATION, GO TO KZST.COM

1/15

JANUARY IS NATIONAL MENTORING MONTH...AND YOU CAN CHANGE A LIFE BY DONATING AN HOUR A WEEK TO HELP A CHILD IN NEED. CHECK OUT MENTOR ME, IN PETALUMA. FOR MORE INFORMATION, GO TO KZST.COM

tom

1/16

AN "OPEN AIR ADOPTION FAIR" IS HAPPENING THIS SATURDAY, FROM NOON TO 5 AT THE SONOMA COUNTY ANIMAL SERVICES SHELTER IN SANTA ROSA...WHERE YOU CAN ADOPT A PET AND SEE THEM OUTSIDE THE KENNEL. FOR MORE INFORMATION, GO TO KZST.COM

Non 1/6

A CRAB FEED, WITH 2 SEATINGS, IS COMING UP SATURDAY, JANUARY 24TH AT THE HOLY GHOST HALL IN SEBASTOPOL. IT'S A BENEFIT FOR THE ANALY ATHLETIC BOOSTERS. FOR MORE INFORMATION, GO TO KZST.COM

Mon 1/12

THE EL MOLINO HIGH SCHOOL CHAMBER IS HOSTING A MEET AND GREET WEDNESDAY, JANUARY 14TH FROM 5-7 IN THE EL MOLINO LIBRARY...WITH FOOD AND A PERFORMANCE. FOR MORE INFORMATION, GO TO KZST.COM

PINER HIGH SCHOOL IS HOSTING A CRAB FEED ON SATURDAY, JANUARY 24TH AT THE FRIEDMAN CENTER IN SANTA ROSA, WITH AUCTIONS AND RAFFLES. IT'S A BENEFIT FOR THE PINER HIGH SCHOOL FOUNDATION. FOR MORE INFORMATION, GO TO KZST.COM

1/14

PINER HIGH SCHOOL'S "PROJECT GRAD" IS
HOSTING A GOODWILL DONATION AND E-WASTE ON THE FROM 9-2 AT THE CAMPUS PARKING
LOT. FOR MORE INFORMATION, GO TO KZST.COM

THE REDWOOD EMPIRE SWING DANCE CLUB IS HOSTING AN UGLY CLOTHING CONTEST AT THEIR MONTHLY DANCE THIS SATURDAY AT THE ODDFELLOWS HALL IN SANTA ROSA. IT'S OPEN TO THE PUBLIC. FOR MORE INFORMATION, GO TO KZST.COM

Man 26 YOU CAN CHECK OUT A FREE PUBLIC SCREENING OF THE DOCUMENTARY FILM "IN PLAIN SIGHT: STORIES OF HOPE AND FREEDOM"...SHOWING JANUARY 28TH AT THE FINLEY CENTER IN SANTA ROSA. IT'S SPONSORED BY THE SONOMA COUNTY HUMAN TRAFFICKING TASK FORCE. FOR MORE INFORMATION, GO TO KZST.COM

JAN 25TH

TWS 1/2 ST. VINCENT DE PAUL ELEMENTARY SCHOOL IN PETALUMA IS HOSTING AN "OPEN HOUSE" THIS SUNDAY FROM 10:30 TO 12:30...WHERE YOU CAN TALK TO TEACHERS, LEARN ABOUT SUBJECTS AND FINANCIAL AID. FOR MORE INFORMATION, GO TO KZST.COM

Fri 30th

LEGAL AID OF SONOMA COUNTY IS HOSTING THEIR ANNUAL MUSICAL EXTRAVAGANZA "LAWYERS WITH HEART 2015"... ON FRIDAY, JANUARY 30TH AT 5:30 PM AT THE AGATHA FURTH CENTER IN WINDSOR...WITH DINNER, AUCTIONS AND MUSIC. FOR MORE INFORMATION, GO TO KZST.COM

Community Calen Ja

THE 7TH ANNUAL "OPEN YOUR HEART PAJAMA DRIVE" IS
TAKING PLACE MONDAY, FEBRUARY 9TH FROM 9 TO 2 AT
THE FAIRMONT SONOMA MISSION INN AND SPA. ITEMS
COLLECTED WILL GO TO LOCAL SONOMA VALLEY
AGENCIES. FOR MORE INFORMATION, GO TO KZST.COM

2/1

THE REDWOOD EMPIRE CHINESE ASSOCIATION IS HOLDING ITS ANNUAL FUNDRAISER TO USHER IN THE CHINESE NEW YEAR OF THE RAM. IT'S HAPPENING SATURDAY, FEBRUARY 21ST AT THE VETS MEMORIAL BUILDING IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

W2> 117

THE CFA ALL-BREED CAT SHOW IS TAKING PLACE

SAT AND SUN, FEBRUARY 14 AND 15TH AT THE

SONOMA COUNTY FAIRGROUNDS. IT BENEFITS

NORTH BAY ANIMAL CHARITIES. FOR MORE

INFORMATION, GO TO KZST.COM

IT'S CALLED "PAWS FOR LOVE". ART BY SHELTER

AND RESCUE ANIMALS... (A COOL EVENT, TAKING

PLACE SATURDAY, FEBRUARY 7TH AT THE FINLEY

COMMUNITY CENTER IN SANTA ROSA; WITH FOOD

AND AN AUCTION. A BENEFIT FOR LOCAL ANIMAL

ORGANIZATIONS. FOR MORE INFORMATION, GO

TO KZST.COM

THE 87TH ANNUAL ACADEMY AWARDS, A SONOMA COUNTY VERSION, TAKING PLACE SUNDAY, FEBRUARY 22ND AT THE RIALTO CINEMAS IN SEBASTOPOL. GET DRESSED UP TO THE NINES, AND WATCH THE OSCARS ON A REALLY BIG SCREEN. IT'S A BENEFIT FOR FOOD FOR THOUGHT. FOR MORE INFORMATION, GO TO KZST.COM

2/18

CHECK OUT THE PRODUCTION OF "BONNIE AND CLYDE" AT THE 6TH STREET PLAYHOUSE IN SANTA ROSA...ON WED, FEBRUARY 18TH AT 7 PM. IT'S A FUNDRAISER FOR THE JUNIOR LEAGUE OF NAPASONOMA. FOR MORE INFORMATION, GO TO KZST.COM

THE ART-QUEST "MARDI GRAS BALL" FUNDRAISER

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STATE OF ART 5:30

PM... AT THE DETURK ROUND BARN IN SANTA

ROSA. A BENEFIT FOR FRIENDS OF ART QUEST.

FOR MORE INFORMATION, GO TO KZST.COM

Mardi Gras parkys r blava des An rugh spring homing from 2/19

YOU CAN CHECK OUT THE ACADEMY AWARDS WITH A RED CARPET EVENING AT THE CLOVER THEATER IN CLOVERDALE. SUNDAY, FEBRUARY 22ND FROM 4 TO 9:30... WITH FOOD, WINE AND AN AUCTION. IT'S A FUNDRAISER FOR THE ALEXANDER VALLEY FILM SOCIETY. FOR MORE INFORMATION, GO TO KZST.COM

THE REDWOOD BASEBALL CLUB'S ANNUAL CRAB FEED IS TAKING PLACE SATURDAY, FEBRUARY 7TH FROM 5-11PM AT CARDINAL NEWMAN HIGH SCHOOL. PROCEEDS WILL GO TO EQUIPMENT AND TOURNAMENT COSTS. FOR MORE INFORMATION.

GO TO KZST.COM

IT'S CALLED "PROJECT HEALTHY CHILD"; A FREE DENTAL CLINIC FOR KIDS ON JANUARY 25TH FROM 9 TO 1 AT THE SRJC HEALTH SCIENCE BUILDING; FOR AGES 3-18. FOR MORE INFORMATION, GO TO KZST.COM

tues 1/12

A COMMUNITY FORUM CALLED "PERSPECTIVES ON Thuis () IMMIGRATION" IS TAKING PLACE THURSDAY, JANUARY 15TH AT 6:30 PM IN SANTA ROSA. THE DISCUSSION IS FREE AND OPEN TO THE PUBLIC. FOR MORE INFORMATION, GO TO KZST.COM

THE FOUNEED HELP WITH YOUR TAXES, "TAX HELP Thurs 1/22 DAY" IS HAPPENING SATURDAY, FEBRUARY 7TH FROM 10-2 AT THE FINLEY COMMUNITY CENTER IN SANTA ROSA. AND, IT IS FREE. FOR MORE INFORMATION, GO TO KZST.COM

THE 26TH ANNUAL "GREAT SONOMA CRAB AND WINE THE AT THE FAIRGROUNDS IN SANTA ROSA, WITH FOOD AND WINE AND AUCTIONS. IT BENEFITS THE SONOMA COUNTY FARM BUREAU'S AG EDUCATION ACTIVITIES. FOR MORE INFORMATION, GO TO KZST.COM

W = 1 2/4

YOU CAN CHECK OUT THE LONGEST-RUNNING POETRY ENSEMBLE IN THE NORTH BAY...RUMI'S CARAVAN...2 SHOWS HAPPENING SATURDAY FEBRUARY 7TH AT THE GLASER CENTER IN SANTA ROSA. IT BENEFITS THE CENTER FOR CLIMATE PROTECTION. FOR MORE INFORMATION, GO TO KZST.COM

Wez 1/21

THE FIRST ANNUAL S-R-J-C WINE CLASSIC IS

1/4 TAKING PLACE SUNDAY, FEBRUARY 8TH FROM 2-5 AT

BERTOLINI HALL ON THE COLLEGE CAMPUS. 25 3 LOCAL WINERIES WILL BE POURING. IT'S A BENEFIT

FOR THE SRJC WINE, CULINARY ARTS AND

HOSPITALITY STUDENTS. FOR MORE INFORMATION,

GO TO KZST.COM

THE LAKE SONOMA STEELHEAD FESTIVAL IS HAPPENING SATURDAY, FEBRUARY 7TH FROM 10-4; IN SANTA ROSA...INCLUDING FOOD, ART AND FISHING. THE FESTIVAL BENEFITS "FRIENDS OF LAKE SONOMA". FOR MORE INFORMATION, GO TO KZST.COM

fv. 2/6

AN ANIMAL ADOPTION FAIR CALLED 'FIND YOUR SWEETHEART" IS TAKING PLACE THROUGH NEXT SATURDAY IN SANTA ROSA...THE EVENT IS PUT ON BY THE SONOMA COUNTY DEPARTMENT OF HEALTH SERVICES. FOR MORE INFORMATION, GO TO KZST.COM

tues 1/6 fui 2/6.

THE LAKE SONOMA STEELHEAD FESTIVAL IS HAPPENING SATURDAY, FEBRUARY 7TH FROM 10-4; IN SANTA ROSA...INCLUDING FOOD, ART AND FISHING. THE FESTIVAL BENEFITS "FRIENDS OF LAKE SONOMA". FOR MORE INFORMATION, GO TO KZST.COM

THE 4TH ANNUAL POLENTA DINNER IS GOING ON SATURDAY, JANUARY 24TH AT ST. EUGENE'S CATHEDRAL IN SANTA ROSA...WITH DINNER, DANCING AND AN AUCTION. IT'S A BENEFIT FOR S-R-J-C STUDENT ATHLETES. FOR MORE INFORMATION, GO TO KZST.COM

THE 11TH ANNUAL "GIVE KIDS A SMILE" DAY...IS — HAPPENING FRIDAY AND SATURDAY, FEB 6TH AND 7TH AT PARTICIPATING LOCAL DENTAL OFFICES.

FREE DENTAL CARE. FEBRUARY IS "NATIONAL CHILDREN'S DENTAL HEALTH" MONTH. FOR MORE INFORMATION, GO TO KZST.COM

THE KID'S COWPOKE CARNIVAL IS TAKING PLACE SATURDAY, MARCH FH FROM 11-2 AT THE MCKINLEY SCHOOL AUDITORIUM IN PETALUMA.
THIS FUNDRAISER IS PUT ON BY THE PETALUMA PARENT NURSERY SCHOOL. FOR MORE INFORMATION, GO TO KZST.COM

DURING THE MONTH OF MARCH, THE SANTA ROSA

SYMPHONY IS HIGHLIGHTING SIX FREE CONCERTS

AT THE SONOMA COUNTY LIBRARY BRANCHES.

THE FIRST ONE IS MARCH 7TH AT THE CENTRAL

SANTA ROSA LIBRARY. FOR MORE INFORMATION,

GO TO KZST.COM

"THE BUSINESS SHOWCASE" IS GOING ON TUESDAY, MARCH 10TH FROM 5-8 PM AT PARADISE RIDGE WINERY IN SANTA ROSA. THE EVENT SPONSORED BY THE NORTH BAY BLACK CHAMBER OF COMMERCE. FOR MORE INFORMATION, GO TO KZST.COM

2/27 MA

THE ANNUAL "TASTE OF THE TOWN" EVENT AND AUCTION FUNDRAISER, IS TAKING PLACE FRIDAY, MARCH 13TH FROM 6-10 PM AT RAMEY WINERY IN HEALDSBURG. RAISING MONEY FOR LOCAL SCHOOLS. FOR MORE INFORMATION, GO TO KZST.COM

Mon3/2

IT'S THE "ALL ABOUT OWLS, SPECIAL OPEN HOUSE AND PRESENTATION, GOING ON SATURDAY, MARCH 14TH FROM 10-3 AT THE LAGUNA ENVIRONMENTAL CENTER IN SANTA ROSA. SONOMA COUNTY'S BIRD RESCUE CENTER WILL BE THERE TOO. FOR MORE INFORMATION, GO TO KZST.COM

wed 315

THE LOCAL VIETNAM VETERANS CHAPTER 563 IS
HOSTING A FLAG RAISING CEREMONY TO
COMMEMMORATE THE 50TH ANNIVERSARY OF THE
WAR... SUNDAY, MARCH 8TH AT 1 PM AT THE EAST
WASHINGTON STREET BRIDGE IN PETALUMA. FOR
MORE INFORMATION, GO TO KZST.COM

3/6

DID YOU KNOW THAT 1 IN 6 OF OUR NEIGHBORS IS STRUGGLING WITH HUNGER? CHECK OUT THE REDWOOD EMPIRE FOOD BANK'S "FOOD CONNECTIONS HOTLINE" AT 523-7903. FOR MORE INFORMATION, OR TO SEE HOW TO QUALIFY, GO TO KZST.COM

Thurs 3/12 IN HONOR OF CALIFORNIA ARBOR WEEK, SANTA ROSA VOLUNTEERS ARE PLANTING 40 TREES, SATURDAY, MARCHITAL FROM 9 TO NOON AT RINCON VALLEY COMMUNITY PARK. IF YOU'D LIKE TO HELP OUT, OR WOULD LIKE MORE INFORMATION, GO TO KZST.COM

thurs 3/12

THE HEALDSBURG COMMUNITY BAND WILL PERFORM A POPS CONCERT ON SATURDAY, MARCH AT 7:30 PM IN THE RAVEN THEATER IN HEALDSBURG. FOR MORE INFORMATION, GO TO KZST.COM

THE "CALIFORNIA RARE FRUIT GROWERS" GARDEN CLUB IS HOSTING ITS ANNUAL PLANT EXCHANGE ON SATURDAY, JANUARY 24TH FROM 10 TO 1 AT THE SANTA ROSA VETS BUILDING. SOME OF THE PROCEEDS GO TO LOCAL AG SCHOLARSHIPS. FOR MORE INFORMATION, GO TO KZST.COM

HEALDSBURG IS HOSTING A CRAB FEED AT VILLA CHANTICLEER ON SATURDAY, FEBRUARY 7TH FROM 4-7. IT BENEFITS AMERICAN LEGION POST 111. FOR MORE INFORMATION, GO TO KZST.COM

2/12

CHECK OUT "THE CONCERT DANCE BENEFIT"
CALLED "SPRINGTIME IN THE VINEYARDS", TAKING
PLACE SUNDAY, FEBRUARY 22ND AT 2 PM...IT'S A
BENEFIT FOR BENNETT VALLEY GRANGE. FOR
MORE INFORMATION, GO TO KZST.COM

2/26

THE 29TH ANNUAL "SHARING OF THE GREEN" IS HAPPENING SATURDAY, MARCH 28TH AT 5 PM IN THE DOUBLETREE HOTEL...WITH DINNER AND DANCING. IT BENEFITS THE EDUCATION FOUNDATION OF COTATI AND ROHNERT PARK. FOR MORE INFORMATION, GO TO KZST.COM

Fi 119

THE "FRESH CRAB FEED" IS GOING ON AT LAGANITAS BREWING COMPANY IN PETALUMA, ON JANUARY 13TH AT 5:30...IT'S A BENEFIT FOR THE CINNEBAR THEATER. FOR MOR INFORMATION, GO TO KZST.COM

THE 10TH ANNUAL PIGS AND PINOT WEEKEND IS TAKING PLACE MARCH 20TH AND 21ST AT THE DRY CREEK KITCHEN AND HOTEL HEALDSBURG...THIS HUGE EVENT IS A BENEFIT FOR SONOMA COUNTY CHARITIES, AND NO KID HUNGRY...FOR MORE INFORMATION, GO TO KZST.COM

BURBANK HOUSING AND HABITAT FOR HUMANITY OF SONOMA COUNTY, HOSTING AN "AFFORDABLE HOMEOWNERSHIP WORKSHOP" ON TUESDAY, MARCH 10TH FROM 6 TO 8 PM AT THE FINLEY CENTER IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

> THE 29TH ANNUAL "SHARING OF THE GREEN" 2015 IS TAKING PLACE SATURDAY, MARCH 28TH, 5 PM...AT ROHNERT PARK'S DOUBLETREE HOTEL, WITH DINNER, DANCING AND AUCTIONS. IT'S A FUNDRAISER FOR THE EDUCATION FOUNDATION OF COTATI AND ROHNERT PARK. FOR MORE INFORMATION, GO TO KZST.COM