



Public File 1st quarter 2017

KZST 100.1 FM

Issues Program Listing

Water quality and conservation
PG&E electricity and gas safety
Youth employment education
Healthcare career pathways
Sonoma County Tobacco Use report
At risk youth treatment programs
Black History month
Latinos in the workplace
Laguna de Santa Rosa restoration
Exercise programs
SMART train progress
Meals on Wheels for seniors
Foster Care programs
Habitat for Humanity
Volunteer opportunities
Women's rights

Sonoma County's Talking this week – 1/7/17 & 1/8/17

0703

An interview with Deanna Contreras of PG&E about the current storm and safety for customers

(14:06)

0706

An interview with Linda Mechner of Living Linda about the Windsor Weight Loss Challenge starting 1/14/17

(14:49)

Sonoma County's Talking this week – 1/14/17 & 1/15/17

0703

**An interview with Dr John Lantis, Vascular surgeon, about Diabetic related problems, especially Diabetic Foot Ulcers.
(15:20)**

0706

**An interview with Randy Barnard with State Water Resources Control Board about Recycled Water for drinking
(15:04)**

Sonoma County's Talking this week – 1/21/17 & 1/22/17

0703

An interview with Deborrah Chigazola with Santa Rosa Junior College about the Healthcare Symposium for high school students 1/27/17 (14:10)

0706

An interview with Dr Claudius Conrad about using music to help with healthcare. (15:04)

Sonoma County's Talking this week – 1/28/17 & 1/29/17

0703

An interview with Rebecca Tock from Elsie Allen High School about the Staples 2 Million and Change grant received to help students with vocational training. (13:48)

0706

An interview with Vanessa Marvin of American Lung Association of California about the recent Tobacco Control Policies report and tobacco use . (14:35)

Sonoma County's Talking this week – 2/11/17 and 2/12/17

0703

An interview with James Van Praagh, Medium, about communicating with souls, and his new book.(14:21)

0706

An interview with Linda Aldrich or Pony Express about their program to match kids with various emotional disabilities with retired horses. (15:09)

Sonoma County's Talking this week – 2/18/17 and 2/19/17

0703

An interview with Randy Barnard with State Water Agency.(15:04)

0706

**An interview with Carol Miller, author of Ever Moment of a Fall
(14:18)**

Sonoma County's Talking this week – 2/25/17 and 2/26/17

0703

An interview with Jacqueline Lawrence about the performance at the LBC 2/26/17 for Black History Month. (13:34)

0706

An interview with Myra Galt of Galt Advocacy about assistance with disability legal matters. (14:45)

Sonoma County's Talking this week – 3/25/17 and 3/26/17

0703

An interview with Jeanne Mariani Belding from SMART with an update about passenger service beginning next month (15:04)

0706

An interview with Sara Skirboll with RetailMeNot.com about Spring and Summer travel (14:35)

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11/21

A HOLIDAY ARTS AND CRAFTS FAIR IS HAPPENING SATURDAY, DECEMBER 10TH, 9-3 AT NORWAY HALL IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

FR 11/11

A BENEFIT GALA FOR "CHILDREN'S HUMANITARIAN INTERNATIONAL" IS TAKING PLACE SATURDAY, NOVEMBER 19TH 6-9 PM IN SEBASTOPOL...FOR AN EVENING OF INSPIRATION AND CELEBRATION. FOR MORE INFORMATION, GO TO KZST.COM

11/11

"MEALS ON WHEELS" IS LOOKING FOR VOLUNTEERS TO SERVE ROHNERT PARK, SEBASTOPOL, GUERNEVILLE AND SANTA ROSA...WITH MEAL PREP AND DRIVING. FOR MORE INFORMATION, GO TO KZST.COM

uploaded
11/21

UPLOADED
10/31

THE FABULOUS WOMEN "FESTIVAL OF TREES" IS
TAKING PLACE DECEMBER 2ND AND 3RD, ~~FROM 6-9~~
PM AT THE PETALUMA WOMAN'S CLUB... WITH
RAFFLES, CAROLERS AND TREES FOR AUCTION.
THE MONEY RAISED WILL GO TOWARD LOCAL
CHARITIES. FOR MORE INFORMATION, GO TO
KZST.COM

UPLOADED
10/31

THERE IS A NEED FOR MORE CASA
VOLUNTEERS...WHICH ARE COURT APPOINTED
SPECIAL ADVOCATES...WHO CAN COMMIT TO 2-4
HOURS A WEEK ~~TO~~ SUPPORTING A CHILD OR
YOUNG ADULT IN FOSTER CARE. THE NEXT
TRAINING IS IN JANUARY. FOR MORE
INFORMATION, GO TO KZST.COM.

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1/6

HABITAT FOR HUMANITY'S RESTORE IS HOSTING A SILENT AUCTION ON THURSDAY, JANUARY 12TH, 5:30 TO 8 PM AT THE COOPERAGE BREWING COMPANY IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

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1/6

THE NORTH BAY'S COMMUNITY ENGAGEMENT FAIR IS TAKING PLACE SUNDAY, JANUARY 29TH, 12 -5 PM AT THE SONOMA COUNTY FAIRGROUNDS... A GRASSROOTS EVENT FEATURING ORGANIZATIONS LOOKING FOR VOLUNTEERS AND ACTIVITISTS. FOR MORE INFORMATION, GO TO KZST.COM

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2/23

THE "SONOMA COUNTY STANDS TOGETHER FOR WOMEN RALLY" IS TAKING PLACE SATURDAY, JANUARY 21ST, AT NOON, AT SANTA ROSA CITY HALL. THIS IS A SISTER RALLY OF THE D-C WOMEN'S MARCH BEING HELD ON THE EVE OF THE 44TH ANNIVERSARY OF ROE V WADE IN 1973. (FOR MORE INFORMATION, GO TO KZST.COM

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2/23

THE 14TH ANNUAL "CRAB FOR KIDS" FUNDRAISER IS HAPPENING SATURDAY, JANUARY 28TH 5-10 PM, AT THE FRIEDMAN ~~EVENTS~~ CENTER IN SANTA ROSA. PUT ON BY THE ACTIVE 20-30 CLUB OF THE REDWOOD EMPIRE #1029; THEY'RE RAISING MONEY FOR DISADVANTAGED KIDS IN SONOMA COUNTY. FOR MORE INFORMATION, GO TO KZST.COM

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11/21

FOOD FOR THOUGHT IS HOSTING ITS 15TH ANNUAL "DINING OUT FOR LIFE" EVENT WITH DOZENS OF LOCAL RESTAURANTS PARTICIPATING ON DECEMBER 1ST...THE PROCEEDS GO TO THE ORGANIZATION THAT SERVES PEOPLE LIVING WITH H-I-V/AIDS. FOR MORE INFORMATION, GO TO KZST.COM

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11/21

THE SANTA ROSA "SANTA" RUN, A 5-K WALK OR THE "MERRY MILE" IS TAKING PLACE DECEMBER 3RD AT JULLIARD PARK...THE DAY WILL KICK OFF WITH A COLLECTION FOR "TOYS FOR TOTS". FOR MORE INFORMATION, GO TO KZST.COM

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11/21

THE 7-11 LIONS OF PETALUMA IS HOSTING ITS 35TH ANNUAL CRAB FEED ON SATURDAY, JANUARY 21ST, 5^{PM}, AT THE VETS BUILDING IN PETALUMA... FOR MORE INFORMATION, GO TO KZST.COM

UPLOADED
10/24

THE VALLEY VILLAGE HOLIDAY ARTS AND CRAFTS FAIR IS TAKING PLACE SATURDAY, NOVEMBER 26TH FROM 9 TO 3 IN ROHNERT PARK... FEATURING CRAFTS AND GIFTS BY LOCAL SENIORS. FOR MORE INFORMATION, GO TO KZST.COM

UPLOADED
10/24

"PUPS FOR PEP" IS HAPPENING SATURDAY, OCTOBER 29TH FROM 5-8 PM AT THE CAVANAUGH RECREATION CENTER IN PETALUMA... WITH DINNER, AUCTIONS, EVEN A DOGGIE COSTUME CONTEST. THEY'RE RAISING MONEY FOR PEP HOUSING. FOR MORE INFORMATION, GO TO KZST.COM

UPLOADED
10/31

THE 3RD ANNUAL SONOMA COUNTY "ONE WARM COAT" FUNDRAISER AND CLOTHING DRIVE", IS GOING ON TUESDAY, JANUARY 24TH FROM 5-8 PM AT COOPERAGE BREWING COMPANY IN SANTA ROSA. THEY'E COLLECTING WARM CLOTHING AND ACCESSORIES FOR THOSE LESS FORTUNATE. FOR MORE INFORMATION, GO TO KZST.COM

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11/4

THE NEXT SANTA ROSA P-D "CITIZEN POLICE ACADEMY"
IS COMING UP...YOU CAN GET DETAILS AND
APPLICATIONS ON LINE. IT STARTS ON WEDNESDAY,
JANUARY 18TH...FOR MORE INFORMATION, GO TO
KZST.COM

RELOADED
11/4

CATHOLIC CHARITIES IS SEARCHING FOR VOLUNTEERS TO
HELP ~~WITH~~ SERVING ^E DINNER ON ~~THE~~ NOVEMBER 23RD
OR 24TH AT ONE THEIR SHELTERS. FOR MORE
INFORMATION, GO TO KZST.COM

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12/6* THE CHP'S "KIDS TOY DRIVE AND CAR SEAT EVENT"
IS TAKING PLACE TUESDAY, DECEMBER 13TH, 10-4,
AT THE PETALUMA K-MART IN THE PLAZA NORTH
SHOPPING CENTER...THEY'LL BE COLLECTING NEW
UNWRAPPED TOYS, AND WILL HAVE CAR SEAT
TECHNICIANS THERE TO INSPECT YOUR CHILD'S
SEAT. FOR MOR INFORMATION, GO TO KZST.COM

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12/6* THE CHILDREN'S MUSEUM OF SONOMA COUNTY IS
HOSTING A WINTER WONDERLAND RIGHT HERE IN
SANTA ROSA, WITH 20 TONS OF FRESH
SNOW...HAPPENING JANUARY 14-16, 9-4 ALL THREE
DAYS. FOR MORE INFORMATION, GO TO KZST.COM

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THE "PAWS FOR LOVE" GALA IS TAKING PLACE ON SATURDAY, FEBRUARY 11TH, 6-10 PM, AT THE FINLEY CENTER IN SANTA ROSA...IT'S A CELEBRATION OF SHELTER ANIMALS. FOR MORE INFORMATION, GO TO KZST.COM

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THE LAKE SONOMA STEELHEAD FESTIVAL IS GOING ON SATURDAY, FEBRUARY 11TH, 10-4, AT THE VISITORS CENTER AT LAKE SONOMA. IT IS CALIFORNIA'S LARGEST CELEBRATION OF THE MIGRATION OF STEELHEAD TROUT. FOR MORE INFORMATION, GO TO KZST.COM

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THE EARLY EDUCATION FAIR IS HAPPENING SATURDAY, FEBRUARY 11TH 10-2 AT THE CHILDREN'S MUSEUM OF SONOMA COUNTY. FOR MORE INFORMATION, GO TO KZST.COM

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THE 1ST ANNUAL "S-R-J-C ONE LOVE DIVERSITY FESTIVAL" IS GOING ON WEDNESDAY, FEBRUARY 15TH...11-2 ON THE CAMPUS; WITH FOOD AND ENTERTAINMENT. THE GOAL: TO CREATE UNITY THROUGH COMMUNITY...FOR MORE INFORMATION, GO TO KZST.COM

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12/23

A FREE HOME ENERGY WORKSHOP IS TAKING PLACE WEDNESDAY, JANUARY 11TH, FROM 6:30 TO 8 PM ~~ON~~ AT THE PETALUMA PUBLIC LIBRARY...IT'S FOR PROPERTY OWNERS CONSIDERING ENERGY, WATER AND SOLAR UPGRADES...FOR MORE INFORMATION, GO TO KZST.COM

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THE SWEETHEART GALA AND AUCTION TAKES PLACE SATURDAY, FEBRUARY 11TH, ^{starts up at} 5 PM ~~ON~~
A BLACK TIE EVENT, RAISING MONEY FOR THE BOYS AND GIRLS CLUBS OF SONOMA VALLEY. FOR MORE INFORMATION, GO TO KZST.COM

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A CRAB FEED FUNDRAISER IS TAKING PLACE ON SATURDAY, FEBRUARY 11TH, AT THE BROOKS ROAD CLUB IN WINDSOR. THEY'RE RAISING MONEY FOR THE BOYS AND GIRLS CLUBS OF CENTRAL SONOMA COUNTY. FOR MORE INFORMATION, GO TO KZST.COM

A CRAB FEED AND SILENT AUCTION, GOING ON FRIDAY, FEBRUARY 3RD, 2 SITTINGS; AT ODD FELLOWS HALL; A BENEFIT FOR THE WINDSOR HIGH SCHOOL WRESTLING TEAM. FOR MORE INFORMATION, GO TO KZST.COM

THE 17TH ANNUAL CELEBRATION OF MYSTIC POETRY, HAPPENING SATURDAY, FEBRUARY 4TH, PUT ON BY RUMI'S CARAVAN, THE LONGEST ACTIVE POETRY ENSEMBLE IN THE NORTH BAY...THEY'RE RAISING MONEY FOR THE SEBASTOPOL CENTER FOR THE ARTS. FOR MORE INFORMATION, GO TO KZST.COM

A PASTA AND CRAB FEED, AND SILENT AUCTION, GOING ON SATURDAY, JANUARY 28TH AT THE ROHNERT PARK COMMUNITY CENTER; A FUNDRAISER FOR THE RANCHO COTATE HIGH SCHOOL ATHLETIC BOOSTERS. FOR MORE INFORMATION, GO TO KZST.COM

WOMEN'S CANNIBUS BUSINESS DEVELOPMENT IS HOSTING ITS INAUGURAL EVENT...TUESDAY, JANUARY 31ST, 6 TO 9 PM AT WHISKEY TIP IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

AN "ALL YOU CAN EAT" CRAB FEED IS HAPPENING SATURDAY, FEBRUARY 4TH 3-7 PM, AT VILLA CHANTICLEER IN HEALDSBURG. IT'S PUT ON BY THE AMERICAN LEGION POST 111. RAISING MONEY FOR THE 4TH OF JULY FIREWORKS SHOW. FOR MORE INFORMATION, GO TO KZST.COM

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A MARDI GRAS FUNDRAISER IS HAPPENING ON MONDAY, FEBRUARY 6TH, 5:30 TO 8:30 PM, AT LAGUNITAS BREWERY IN PETALUMA; WITH AUCTIONS, MUSIC AND FOOD TRUCKS. FOR MORE INFORMATION, GO TO KZST.COM

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THE 36TH HUMAN RACE "BREAKFAST OF CHAMPIONS" IS GOING ON TUESDAY, FEBRUARY 7TH, 7:30 AM, AT THE NEW EPICENTER IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM

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AN "ALL YOU CAN EAT" CRAB FEED IS TAKING PLACE FRIDAY, FEBRUARY 10TH IN PETALUMA...PUT ON BY THEIR WOMEN'S CLUB ...WHERE THEY'LL BE SERVING THEIR FAMOUS "BETTER THAN SEX" CAKE FOR DESSERT. FOR MORE INFORMATION, GO TO KZST.COM

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THE "GIVE ME SHELTER" FUNDRAISER IS HAPPENING SATURDAY, FEBRUARY 11TH, 6-9 PM AT VILLA CHANTICLEER. THEY'RE RAISING MONEY FOR THE HEALDSBURG CENTER FOR ANIMALS. FOR MORE INFORMATION, GO TO KZST.COM

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THE HEALDSBURG LOVE RUN IS TAKING PLACE SATURDAY, FEBRUARY 11TH, 8 AM, A 5-K, STARTING AT HEALDSBURG RUNNING COMPANY...FOR MORE INFORMATION, GO TO KZST.COM

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2/23

PINER HIGH SCHOOL'S 11TH ANNUAL CRAB FEED IS HAPPENING SATURDAY, JANUARY 21ST AT THE FRIEDMAN CENTER IN SANTA ROSA...PROCEEDS BENEFIT THE PINER HIGH BOOSTERS AND FOUNDATION. FOR MORE INFORMATION, GO TO KZST.COM

~~THE NORTH BAY VETERANS RESOURCE CENTER IS HOSTING A COAT DRIVE IN SANTA ROSA...AT 3 DROP OFF LOCATIONS...FROM NOW UNTIL DECEMBER 19TH. FOR MORE INFORMATION, GO TO KZST.COM~~

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THE 3RD ANNUAL "S-R-J-C WINE CLASSIC" IS GOING ON SUNDAY, FEBRUARY 12TH, 2-5 PM, IN THE CAMPUS STUDENT CENTER...WITH LOCAL FOOD AND WINES. THEY'RE RAISING MONEY FOR STUDENT SCHOLARSHIPS AND ~~OTHER~~ SCHOOL PROGRAMS. FOR MORE INFORMATION, GO TO KZST.COM.

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2/13* THE FIRST ANNUAL "SCHOLARSHIP BREAKFAST" IS TAKING PLACE FRIDAY, FEBRUARY 24TH, 7-8:30 AT CHARLIES GRILL. IT'S SPONSORED BY THE WINDSOR EDUCATIONAL FOUNDATION TO RAISE MONEY FOR THE HIGH SCHOOL'S SCHOLARSHIP PROGRAM. FOR MORE INFORMATION, GO TO KZST.COM

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2/12* THE "HEART FOR JUSTICE GALA" IS HAPPENING SATURDAY, FEBRUARY 25TH 6-10 PM, AT THE VINTNERS INN IN SANTA ROSA. THE LEGAL COMMUNITY, ALONG WITH LEGAL AID ARE RAISING MONEY FOR PROGRAMS BENEFITING LOW INCOME RESIDENTS. FOR MORE INFORMATION, GO TO KZST.COM

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2/12* P-D-I SURGERY CENTER AND LOCAL COMMUNITY LEADERS ARE HOSTING AN EVENT CALLED "STRIKE AGAINST TOOTH DECAY"...ON MONDAY, FEBRUARY 27TH, 5:30 TO 9:30 PM, AT EPICENTER IN SANTA ROSA). WITH BOWLING AND AN AUCTION. (THE PRESENTING SPONSOR: BERNSTEIN ORTHODONTICS...FOR MORE INFORMATION, GO TO KZST.COM

Untitled

ploded 2/12 PINER HIGH SCHOOL'S "PROJECT GRAD" IS HOSTING A "DINE AND DONATE" ON TUESDAY, FEBRUARY 21ST, 4-8 PM AT JACK'S URBAN EATS IN CODDINGTOWN MALL. FOR MORE INFORMATION, GO TO KZST.COM

ploded 2/12 COMMUNITY ACTION PARTNERSHIP OF SONOMA COUNTY'S "HEAD START" WILL BEGIN ACCEPTING APPLICANTS IN MARCH 1ST FOR THE 2017-18 THE 4 DAY PER WEEK PROGRAM FOR LOW INCOME FAMILIES. FOR MORE INFORMATION, GO TO KZST.COM

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ploded 2/12 IT'S "ACADEMY AWARDS NIGHT" AT THE RIALTO...ON SUNDAY, FEBRUARY 26TH, LIVE AND ON THE BIG SCREEN. IT'S A FUNDRAISER FOR FOOD FOR THOUGHT. FOR MORE INFORMATION, GO TO KZST.COM

ploded 2/12 THE 8TH ANNUAL "DISABILITY SERVICES AND LEGAL CENTER'S FILM FESTIVAL IS HAPPENING ON THURSDAY, MARCH 9TH, 6-8 PM AT THE SUMMERFIELD CINEMAS IN SANTA ROSA. FOR More Info.

go to Kzst.com.

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THE "WORKS OF HEART: MIMOSA BRUNCH AND ART SHOW" IS TAKING PLACE SUNDAY, JANUARY 29TH FROM NOON TO 3:30 AT THE SEBASTOPOL CENTER FOR THE ARTS...IT'S A FUNDRAISER FOR THE JEWISH COMMUNITY FREE CLINIC. FOR MORE INFORMATION, GO TO KZST.COM

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AN "ARBOR DAY TREE PLANTING PARTY" IS HAPPENING SATURDAY, MARCH 11TH, 9 TO NOON, AT SANTA ROSA'S JULLIARD PARK. AFTER THE PLANTING, CAKE WILL BE SERVED TO HONOR LUTHER BURBANK'S BIRTHDAY. FOR MORE INFORMATION, GO TO KZST.COM

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2/20* A "TRIBUTE TO JOHNNY CASH AND ELVIS PRESLEY" FUNDRAISER IS HAPPENING SATURDAY, MARCH 11TH, 6:30 PM IN ROHNERT PARK. THIS SILENT AUCTION GALA EVENT BENEFITS THE SPRECKLES THEATER COMPANY. FOR MORE INFORMATION, GO TO KZST.COM

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2/20* THE 12TH ANNUAL "NATIONAL PANCAKE DAY-SONOMA COUNTY," IS TAKING PLACE TUESDAY, MARCH 7TH...AT LOCAL I-HOP RESTAURANTS. THEY'RE RAISING MONEY FOR CHILDREN'S MIRACLE NETWORK HOSPITALS. FOR MORE INFORMATION, GO TO KZST.COM

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2/20* THE "LATINOS IN THE WORKPLACE" CONFERENCE IS GOING ON THURSDAY MORNING, MARCH 16TH FROM 7:30 TO 11:30 AT THE FLAMINGO HOTEL IN SANTA ROSA....ITS AN EDUCATIONAL FORUM TO HELP EMPLOYERS PROVIDE A SAFE AND PRODUCTIVE WORKPLACE FOR LATINO WORKERS. FOR MORE INFORMATION, GO TO KZST.COM

~~Updated~~

1.7.16.0A.02D
10/24

THE SONOMA COUNTY TASK FORCE FOR THE HOMELESS IS LOOKING FOR DONATIONS...ITEMS FOR THOSE LIVING OUTSIDE DURING THESE COLD MONTHS. YOU CAN DROP OFF JACKETS, RAIN GEAR, BLANKETS AND OTHER WARM ACCESSORIES AT THE HUMAN DEVELOPMENT BUILDING IN SANTA ROSA. FOR MORE INFORMATION, GO TO KZST.COM