

**89.7 KSGN**  
**Issues and Programs**  
**4th Quarter**  
**October, November, December 2021**

The following descriptions are examples of programs aired that address and meet community issues; this does not represent an exhaustive list of all the public service 89.7 KSGN provides.

1. Child Development
2. Disaster Preparedness
3. Education
4. Food Security
5. Healthcare
6. Health/Physical & Mental
7. Housing/Homelessness
8. Jobs/economy
9. Relationship-building

### Local Programming

The following describes programming content that represent the station's issue-responsive programming for the preceding calendar quarter.

<b>Date</b>	<b>Show</b>	<b>Hour</b>	<b>Topic</b>	<b>Description</b>	<b>Length</b>
10/4/2021	Scott & Sam	3pm/ 5:30pm	Health/ Physical & Mental	A study shows that adults can learn a new language just as quickly as kids. Also, learning a new language makes new pathways in your brain	1:06
10/4/2021	Scott & Sam	4pm/ 6:30pm	Health/Physical & Mental	A study shares that 30 seconds of Mozart calms the brain, and can stop seizures for people with Epilepsy	0:30
10/4/2021	Scott & Sam	4:15pm/ 6:45pm	Child development	Scott shares a teacher's note written to parents to send her a note for kids who need to be "handled with care"	0:44
10/6/2021	Scott & Sam	5pm	Education	Sam shares that white visual noise help kids & adults stay focused when reading and writing	0:55

10/7/2021	Scott & Sam	5pm	Relationship-building	Sam shares a story of being there for her friend going through a really difficult times. This story provides a reminder that when some people are going through a mess, the best thing to do is to just listen sometimes	1:13
11/9/2021	Scott & Sam	3:30pm	Health/Physical & Mental	Research shows that people who stay disciplined and committed to goals keep temptations far away from them and don't bring them into their space or home	0:43
11/11/2021	Scott & Sam	3:30pm/ 5:15pm/ 5:55pm	Relationship-building	The Listener in this story shares marriage lesson	0:29
11/12/2021	Scott & Sam	4pm/ 6:30pm	Health/Physical & Mental	Sam shares a new study that shows people who are depressed age faster	0:45
11/19/2021	Scott & Sam	3:45pm	Health/Physical & Mental	Tips Sam is learning in eating healthy; how to upgrade your food	:54
11/19/2021	Scott & Sam	4pm	Health/Physical & Mental	A recent study says that when you attach words to a feeling it reduces our emotional responses to situations	1:14
11/29/2021	Scott & Sam	4pm	Child development	David, Sam's family friend, took daughters phone away as consequences to her not completing school work	
11/30/2021	Scott & Sam	3:30pm	Child development	Zoe misbehaving at the store	1:24
11/30/2021	Scott & Sam	4:30pm	Health/Physical & Mental	Sam shares study about consuming caffeine during pregnancy not showing side effects in young children	
12/1/2021	Scott & Sam	3:15pm	Health/Physical & Mental	Scott's friend keeps a gratitude journal; mental health value of keeping a journal filled with grateful moments	1:41

12/6/2021	Scott & Sam	3:15pm	Relationship-building	A family finalizes their adoption in family court	
12/13/2021	Scott & Sam	5pm	Health/Physical & Mental	How do you keep inflammation down in your body? Exercise	:57
12/15/2021	Scott & Sam	5pm	Health/Physical & Mental	New study shows that probiotics help with morning sickness	
12/22/2021	Scott & Sam	4pm	Healthcare	Cure for Hepatitis C; in a pill form	:43
12/27/2021	Scott & Sam	5pm	Health/Physical & Mental	Sam shares life hack to make oatmeal more filling, adding protein, by mixing in chick pea	0:50
12/28/2021	Scott & Sam	3pm	Health/Physical & Mental	How to get through the afternoon slump at work - tips	1:11
12/28/2021	Scott & Sam	3:30pm	Health/Physical & Mental	Resolutions - Listener Story (Sam recommends Spark People health app/group)	1:45
12/28/2021	Scott & Sam	4pm	Health/Physical & Mental	Late night over-eaters; studies recommends to eat on a schedule	:58

## Public Service Announcements

The following lists public service announcements that the station broadcast in the preceding calendar quarter to address community issues.

Topic	Title	Length	Runs
Health/Physical & Mental	IPL2110 Health – Breast Cancer Awareness	:30	24
Food Security	IPL2109 Food Security	1:00	152