

Quarterly Report News Oct-Dec. 2022

News	6:30/7:30/8:30 AM	10/3/2022	Rescuers evacuated survivors on the large barrier island cut off by Hurricane Ian and Florida's loss of life from Ian continues to climb as hundreds of thousands are still without power. Florida Governor Ron DeSantis said that Elon Musk was providing some 120 Starlink satellites to help bridge some of the communication issues as cell service has been another issue.
News	7:00/8:00 AM	3-Oct-22	More than 36,000 lost power in central and southwest Virginia as remnants of Hurricane Ian hit the region. All of Danville's crews were working 16-hour shifts and were assisted by three crews one from Ohio, and two from Wilson and Apex, North Carolina.
News	6:30/7:30/8:30 AM	3-Oct-22	Our Friends at Gleaning for the World will be back in front of Sam's Club on Ward's road in Lynchburg this week to continue collecting for the victims of Hurricane Ian. Today, tomorrow, and Wednesday from 10am until 6pm you can drop off hurricane relief supplies such as nonperishable foods, hygiene items, baby formula, diapers, gloves, trash bags, laundry detergent, flashlights and batteries. For a full list or to donate money you can head to <a href="http://GFTW.org">GFTW.org</a> .
News	7:00/8:00 AM	3-Oct-22	The Lynchburg community came together to honor an African American pioneer with a dedication and unveiling ceremony for the statue of Tuskegee Airman Chauncey E. Spencer at the Lynchburg Regional Airport. The Lynchburg native was a founding member of the National Airmen's Association of America. The statue will be installed at a location outside of the airport.
News	6:30/7:30/8:30 AM	3-Oct-22	Hurricane Orlene is now strengthening as it heads toward Mexico's northwest Pacific coast. After growing into a hurricane Orlene quickly added power, and its maximum sustained winds were up to 110 mph just below the threshold for a major, Category 3 storm. Mexico's National Water Commission said Orlene could cause mudslides, rising river and stream levels, and flooding in low-lying areas.
News	7:00/8:00 AM	3-Oct-22	Around 60 members of the Virginia National Guard have been mobilized to help with the impact from Hurricane Ian across the commonwealth. The soldiers and airmen are in the Abingdon, Roanoke, Richmond and Virginia Beach areas. During hurricanes and tropical storms, Virginia National Guard members assist in transporting

			first responders or distributing food and water to citizens in remote areas, and clearing debris.
News	6:30/7:30/8:30 AM	3-Oct-22	A brand-new hospital building opened up in Norfolk. CHKD's Children's Pavilion is designed to fill a hole in mental health care services. Sixty private inpatient rooms will open to provide care never before available in Virginia for eating disorders, autism spectrum disorders and kids who have combined medical and mental health needs, such as cancer and depression. It's the only facility of its kind in the state and among just a few in the entire country.
News	7:00/8:00 AM	3-Oct-22	Jimmy Carter, already the longest-living U.S. president in history, turned 98 over the weekend. He celebrated with family and friends in Plains, the tiny Georgia town where he and his wife, 95-year-old Rosalynn, were born in the years between World War I and the Great Depression.
News	6:30/7:30/8:30 AM	4-Oct-22	Ian's aftermath has caused some of the most significant tidal flooding in Virginia's Hampton Roads region in more than a decade. Norfolk and Virginia Beach declared states of emergency as yesterday's tides rose and many schools were closed. Coastal flooding is still possible from North Carolina's Outer Banks to Long Island New York.
News	7:00/8:00 AM	4-Oct-22	With such a widespread need our friends at Gleaning for the World continue to be out at the Sam's club on Ward's Rd. in Lynchburg collecting supplies for the hurricane victims. If you would like to donate you can do it there or online at GFTW.org or stop by their headquarters on stage RD in Concord.
News	6:30/7:30/8:30 AM	4-Oct-22	Governor Glenn Youngkin unveiled the 2022 Virginia Energy Plan in Lynchburg. The plan focuses on harnessing nuclear energy, natural gas, renewables, and new energy sources to satisfy the increasing energy needs of the Commonwealth. The Plan also outlines an objective to make Virginia the world's leading nuclear innovation hub.
News	7:00/8:00 AM	4-Oct-22	The North Carolina Zoo said that Hurricane Ian evacuees can see the animals for half the price. The offer is valid now through Friday and is good for up to six per party. To qualify for free entry, evacuees need to provide a valid ID that shows their current address.

News	6:30/7:30/8:30 AM	4-Oct-22	Hurricane Orlene made landfall on Mexico's Pacific coast before quickly weakening over western Mexico. After once being at Category 4 force, it was back down to about 45 miles per hour when it came on shore. Authorities did not immediately report any damage, but along the coast they suspended classes, closed seaports, and set up shelters.
News	7:00/8:00 AM	4-Oct-22	U.S. regulators decided to allow foreign baby formula manufacturers to stay on the market long term to prevent future shortages. The Food and Drug Administration said the new companies will have until October 2025 to make sure their formulas comply with federal standards for nutrition, labeling and manufacturing.
News	6:30/7:30/8:30 AM	4-Oct-22	If you've got any hazardous waste to dispose of or want to recycle electronics, Saturday is the perfect day to get them off your hands. From 8 a.m. till noon the City of Lynchburg's Public Works Department will be collecting household hazardous waste and recycling electronics. It's free for Lynchburg, Campbell County and Amherst County residents only.
News	7:00/8:00 AM	4-Oct-22	Firehouse Subs will be collecting funds today to help communities recover in the wake of Hurricane Ian. All money raised today will go toward the Foundation's Disaster Relief Fund, which provides food, equipment grant requests, and relief agencies to those who need it.
News	6:30/7:30/8:30 AM	5-Oct-22	Nearly a week after Hurricane Ian hit Florida and reached into the Carolinas, more than half a million Florida residents still don't have power. Rescuers also continue their search for those trapped inside homes due to lingering floodwaters. So far at least 78 have passed away from the storm including four in North Carolina and three in Cuba.
News	7:00/8:00 AM	5-Oct-22	The Captain of the Henrico County Fire Department has been in Florida with Virginia Task Force Two, an urban search and rescue team, witnessing some of the worst destruction he's ever seen. He said they usually deploy for two weeks, but he anticipates the stay could be longer considering the degree of the damage.
News	6:30/7:30/8:30 AM	5-Oct-22	The federal government has sold off a rather inhospitable lighthouse in the middle of the Chesapeake Bay for a six-figure sum after a bidding war. The Hooper Island Lighthouse, located in Maryland's Dorchester County, just sold for \$192,000. The new owners must maintain it as a Coast Guard navigational aid, observe historic preservation standards and sign an agreement with the Navy about when it can be accessed.

News	7:00/8:00 AM	5-Oct-22	USS Gerald R. Ford deployed yesterday following a weather delay Monday due to major tidal flooding. The ship is the largest aircraft carrier in the world and cost over \$15 billion. A crew of about 5,000 is aboard.
News	6:30/7:30/8:30 AM	5-Oct-22	Spirit Airlines and Norfolk International Airport announced that the budget airline will start service at ORF on March 8, 2023. Spirit will offer nonstop service to Fort Lauderdale and Orlando, and connection options to places such as the Caribbean and Latin America. That's good news for Spirit customers who had to travel to Richmond in order to get nonstop flights to the two Florida locations.
News	7:00/8:00 AM	5-Oct-22	The Virginia Tourism Corporation announced that travelers to Virginia spent \$69 million a day in 2021, up from \$48 million in 2020. Virginia's tourism revenues also reached a total of \$25 billion in 2021, marking an 87% recovery from pre-pandemic spending and supporting 185,000 jobs.
News	6:30/7:30/8:30 AM	5-Oct-22	Williamsburg hosted their first in person national night out since the pandemic last night. National Night Out is an annual community-building campaign to promote police-community partnerships and neighborhood camaraderie. The event has been held annually since 1984 and The Williamsburg Police Department has been participating since 2014.
News	7:00/8:00 AM	5-Oct-22	Crocs is celebrating its 20th anniversary by giving away thousands of free pairs of shoes each day through Friday. The company renamed the month "Croctober," and will give away thousands of pairs online. You have to become a member in order to enter.
News	6:30/7:30/8:30 AM	6-Oct-22	Russian President Vladimir Putin has declared that Russia is taking ownership of Ukraine's Nuclear Power Plant. Putin ordered the creation of a company to manage the facility and said all workers now need Russian permission to work there. Ukraine condemned the takeover and called on the West to impose sanctions on Russia.
News	7:00/8:00 AM	6-Oct-22	Thrifters who flock to Goodwill stores will now be able to do more of their treasure hunting online. The 120-year-old nonprofit organization has launched Good will Finds, a newly incorporated shopping venture that is making roughly 100,000 donated items available for purchase online.
News	6:30/7:30/8:30 AM	6-Oct-22	The Virginia Department of Wildlife Resources has resumed its fall to spring trout stocking program. The DWR will stock select streams, lakes, and ponds around the commonwealth with rainbow, brown, brook, and

			tiger trout, depending on the body of water between October and June.
News	7:00/8:00 AM	6-Oct-22	Earlier this year, Klondike announced the discontinuation of a 40-year-old dairy treat. As of July 25, the Chaco Taco is no longer being manufactured or sold. Just a few weeks later, the company appeared to be changing its mind saying it was exploring options to supply Chaco Tacos in some ice cream trucks. Although the company says it might return in the upcoming years, there is no guarantee.
News	6:30/7:30/8:30 AM	6-Oct-22	President Joe Biden said it's going to take years for Florida to recover and rebuild after Hurricane Ian. He met with Florida Governor Ron DeSantis to coordinate recovery efforts. Looters are also ransacking Hurricane Ian-ravaged areas and hundreds of thousands of are still waiting for power to be restored.
News	7:00/8:00 AM	6-Oct-22	The Virginia Beach Department of Public Health has another COVID-19 and flu vaccination clinic scheduled. The free clinic will be held Saturday, from 10 a.m. until noon at Kingdom Cathedral, located on Stone shore Road. Appointments are encouraged for the COVID-19 vaccine, but flu vaccinations will be administered as walk-ins only.
News	6:30/7:30/8:30 AM	6-Oct-22	Many adorable dogs are looking for a loving home. The Lynchburg Humane Society is maxed out on their room for dogs so they're holding a "Spaced Out Adoption Special" through Friday. The dog adoption fees will be waived, however there is a \$15 microchip fee, and VIPs are excluded.
News	7:00/8:00 AM	6-Oct-22	The City of Salem is gearing up for the 7th Annual Half Marathon on Saturday. Runners will take off, running through neighborhoods, Roanoke College, and the Roanoke River Greenway, then cross the finish line at the Salem Farmers Market downtown. So far 770 runners are registered for the race.
News	6:30/7:30/8:30 AM	7-Oct-22	Russian missiles hit apartment buildings in a southern Ukrainian city in a region that houses Europe's biggest nuclear power plant, which Moscow has illegally annexed. The attacks came hours after Ukraine's president announced that Ukraine had retaken three more villages in one of the regions annexed by Russia.

News	7:00/8:00 AM	7-Oct-22	The leaders of 44 European countries stretching from Iceland all the way to Turkey met in what many said was a united stand against Russia's war on Ukraine, as an energy crisis and high inflation fueled by the conflict wreak havoc on their economies. Russia was the one major European power not invited.
News	6:30/7:30/8:30 AM	7-Oct-22	Amtrak hit a record-high ridership of over 119,000 passengers traveling on four Virginia state-supported routes in the month of August. Amtrak saw the greatest increase in the Tidewater Region, and the number of riders increased in Roanoke as well after the launch of a roundtrips in July.
News	7:00/8:00 AM	7-Oct-22	Instead of just picking and carving a pumpkin this fall, you might want to eat it too for all it's added health benefits. Not only can eating pumpkin improve your eyesight it can also, boost your immunity, help your joints, lower your cholesterol, and help you loose weight.
News	6:30/7:30/8:30 AM	7-Oct-22	President Joe Biden is pardoning thousands of Americans convicted of simple possession. President Biden is also calling on governors to issue similar pardons for those convicted on the state level. The Department of Justice is working to give those pardoned a certificate, which they can show to potential employers and others as needed.
News	7:00/8:00 AM	7-Oct-22	For the first time in 20 years, a Russian cosmonaut rocketed from the U.S. to the International Space Station alongside NASA and Japanese astronauts despite tensions over the war in Ukraine. They arrived at the space station yesterday and won't be back on Earth until March. They're replacing a U.S.-Italian crew that arrived in April.
News	6:30/7:30/8:30 AM	7-Oct-22	Lakeside Drive construction in Lynchburg continues. Beginning Sunday, from 12 a.m. to 4 p.m., the City of Lynchburg said paving operations will be performed in and around the roundabout at the intersection of Lakeside Drive and Old Forest Road. Drivers should expect delays and detours during these times.
News	7:00/8:00 AM	7-Oct-22	A small plane crashed yesterday at the Newport News-Williamsburg International Airport. According to Virginia State Police, a small Cessna airplane went down with injuries. The extent of these injuries is unknown at this time and the cause is under investigation.
News	6:30/7:30/8:30 AM	10-Oct-22	Hurricane Julia hit Nicaragua's central Caribbean coast over the weekend as a Category 1 hurricane with maximum sustained winds of 85 mph and with heavy rains. Life-threatening flash floods and mudslides are

			possible across Central America and southern Mexico through tomorrow.
News	7:00/8:00 AM	10-Oct-22	Residents expecting mail or packages today may have to wait an extra day. The United States Postal Service recognizes Columbus Day as one of 11 federal holidays, but UPS and FedEx stores will remain open, and shipping will continue.
News	6:30/7:30/8:30 AM	10-Oct-22	Yesterday a vehicle hit the CVS Pharmacy located on East Main Street in Bedford. When crews arrived, they found one car with moderate front end damage and a hole on the side of the building. The store was immediately evacuated for safety reasons, and the power was cut off. Thankfully no injuries were reported.
News	7:00/8:00 AM	10-Oct-22	The Roanoke Valley's CROP walk took place at First Evangelical Presbyterian Church yesterday. The goal of the walk goes to ending food insecurity in Roanoke and around the world. 25 percent of the money raised goes directly to Southwest VA, and the rest going to fight hunger in the United States and around the world. So far they have raised over \$13,000 dollars.
News	6:30/7:30/8:30 AM	10-Oct-22	Russian President Vladimir Putin will hold an operational meeting of his Security Council today just two days after a massive explosion on a key strategic bridge linking. According to Russian officials repair work on the bridge will be carried out around the clock, with a damage survey to be completed within a day and divers are scheduled to check all the supports of the bridge as well.
News	7:00/8:00 AM	10-Oct-22	The Virginia Department of Housing and Community Development received three awards from the International Economic Development Council. The awards honor organizations for exemplary economic development marketing campaigns, projects, and programs. Funded projects are expected to create more than 25,000 jobs.
News	6:30/7:30/8:30 AM	10-Oct-22	Facebook is warning that as many as one million users may have had their login information stolen. Company researchers have discovered more than 400 malicious Android and Apple apps designed to steal personal Facebook logins. The company is reaching out to the users who may be at risk.

News	7:00/8:00 AM	10-Oct-22	The future economic impact of the Hampton Aquaplex, which is set to open in the coming weeks, provides a state-of-the-art swimming and diving competition pool, a recreational pool, and a splash park to the area. Part of the city of Hampton's promise is to teach water safety and give all second graders in Hampton City Schools free swim lessons beginning in 2023.
News	6:30/7:30/8:30 AM	11-Oct-22	Military analysts say it's far from clear whether the Russian strikes mark a turning point in the war in Ukraine. Russian President Vladimir Putin said the attacks were retaliation for the blast that damaged a bridge. Ukraine will likely seek more missiles from Western allies to strengthen their air defenses and Ukrain's President is due to speak today to the Group of Seven leaders.
News	7:00/8:00 AM	11-Oct-22	National Fire Prevention Week is now through the 15 and the Virginia Department of Fire Programs is reminding Virginia residents to check smoke alarms and carbon monoxide detectors in their home. Fire officials say one of the best things you can do is have an escape plan in case of a fire emergency.
News	6:30/7:30/8:30 AM	11-Oct-22	Petersburg Schools put out a call for help to the community ahead of its bus driver job fair today. Their Supervisor of Transportation has 10 bus driver vacancies he's looking to fill. The job fair is at the Petersburg Library today from 10:30 a.m. until 3 p.m.
News	7:00/8:00 AM	11-Oct-22	A Botetourt County business is making a commitment toward a more sustainable future. Metalsa in Roanoke celebrated their achievement of reaching zero waste status. That means that nothing at the truck manufacturing plant will be sent to the landfill – all the waste at the facility is either recycled or used as waste to energy to fuel other companies. They are the first plant in the world to become a zero-waste facility.
News	6:30/7:30/8:30 AM	11-Oct-22	Chinese cities are imposing fresh lockdowns and travel restrictions after the number of new daily COVID-19 cases tripled during a weeklong holiday. The latest lockdown started after a preliminary positive case was found through testing. Outside vehicles and passengers are prohibited from entering starting today.
News	7:00/8:00 AM	11-Oct-22	Higher prices might be coming to the post office soon. The U.S. Postal Service has proposed price hikes making first-class stamps 3 cents more and mailing a postcard would increase by 4 cents. The agency is also looking to increase fees for post office box rentals, money orders, and insurance. The Postal Regulatory Commission will



			review the proposal and if approved, the changes will take effect in January.
News	6:30/7:30/8:30 AM	11-Oct-22	A unique new store just opened up in Uptown Martinsville. The 3-D Shop Uptown, founded by aerospace and design engineers, hopes to make the magic of 3-D printing accessible to everyone through retail, design, production, and education. It's located on Walnut Street, in Martinsville and they plan to offer classes so that groups of all ages can have easy access to explore the technology.
News	7:00/8:00 AM	11-Oct-22	The Texas Inn has been a Lynchburg staple since 1935 and the "T Room" is celebrating 87 years in business with a pretty sweet deal. Today, the legendary eatery is celebrating with 87-cent hotdogs. The 87-cent hotdogs (limit of six per person) will be offered from 8 a.m. until 7 p.m.
News	6:30/7:30/8:30 AM	12-Oct-22	Former Hurricane Julia has dissipated but is still drenching Guatemala and El Salvador after hitting Nicaragua. At least 28 have lost their lives. Rivers overflowed their banks and El Salvador declared a state of emergency opening 80 storm shelters. In Nicaragua 9,500 have been evacuated.
News	7:00/8:00 AM	12-Oct-22	A mysterious carbon monoxide leak at a Pennsylvania daycare sent dozens of children and staff to the hospital yesterday. Firefighters responded to a call about an unconscious child and once on the scene their carbon monoxide monitors alerted them to high levels of the odorless, colorless gas. The building was evacuated. At least 27 children and staff were taken to the hospital but all are in stable condition.
News	6:30/7:30/8:30 AM	12-Oct-22	Virginia Task Force 2 received a heartfelt homecoming after spending almost two weeks in Southwest Florida helping with search and rescue efforts following Hurricane Ian. Task Force 2 deployed ahead of Hurricane Ian's landfall as a Category 4 storm and conducted countless search and rescues in the Fort Myers area.
News	7:00/8:00 AM	12-Oct-22	Say goodbye to the S-Curves on the old section of NC12. Crews are removing pavement and sandbags on a two-mile former section of N.C. 12 known as the 'S-Curves'. Portions that are being removed are bypassed now by the new Rodanthe Bridge, which opened in July. The work is expected to take about six weeks.

News	6:30/7:30/8:30 AM	12-Oct-22	NATO will push ahead with nuclear exercises next week despite rising tensions over the war in Ukraine. The exercise, called “Steadfast Noon,” is held annually and runs for about a week. It involves fighter jets capable of carrying nuclear warheads but does not involve any live bombs. Fourteen of the 30 NATO member countries will be involved in the exercise.
News	7:00/8:00 AM	12-Oct-22	Japanese automaker Nissan plans to sell its Russian operations and withdraw from manufacturing there. The executive committee approved the sale to Russia’s Central Research and Development Automobile and Engine Institute, which includes Nissan’s factory and R&D facilities in St. Petersburg and its sales and marketing center in Moscow.
News	6:30/7:30/8:30 AM	12-Oct-22	Visit Martinsville is launching a tourism app for the county. The digital tool was designed to ensure that visitors and locals can conveniently find the information they need, even while on the go. The app provides a new way to navigate the amenities that Martinsville – Henry County has to offer, like, local events, attractions, restaurants, and shops.
News	7:00/8:00 AM	12-Oct-22	This upcoming October 15th weekend the Blue Ridge Parkway will be near peak colors at elevations over 2,000 ft in Virginia. This includes the Peaks of Otter in Bedford County.
News	6:30/7:30/8:30 AM	13-Oct-22	Ukraine’s prime minister is urging citizens to prepare for winter as Russia plans to use cold as a weapon. Citizens should keep warm clothes, candles, flashlights, and batteries ready. In preparation Ukraine is aiming to reduce electricity consumption in the evenings by 25% as temporary power outages are necessary to avoid overloading some energy networks.
News	7:00/8:00 AM	13-Oct-22	Later this month there will be an application for federal student loan borrowers to apply for debt forgiveness. You just enter your name, social security number, date of birth, email, and phone number. Applications will be accepted through Dec. 31, of next year. FAFSA will then review the application and relief will come in a matter of weeks. There is an income cap of \$125,000 per person or \$250,000 per couple.
News	6:30/7:30/8:30 AM	13-Oct-22	Three students and a teacher were taken to the hospital after a fire broke out in a Virginia high school chemistry classroom. The fire broke out at Dinwiddie High School, and the fire alarm was pulled causing all students to evacuate. The cause of the fire is under investigation, officials said.

News	7:00/8:00 AM	13-Oct-22	The world's first space tourist wants to go back only this time, he's signed up for a spin around the moon aboard Elon Musk's Starship. For Dennis Tito, now 82, it's a chance to relive the joy of his trip to the International Space Station. His weeklong moonshot is date to be determined years in the future but will bring him within 125 miles of the moon's far side.
News	6:30/7:30/8:30 AM	13-Oct-22	Iran suffered a disruption in internet service as renewed protests saw demonstrators on the streets weeks after the passing of a 22-year-old woman who had been detained by the country's morality police. Protestors have included oil workers, high school students and women marching without their mandatory headscarves in one of the greatest challenges to Iran's theocracy since 2009.
News	7:00/8:00 AM	13-Oct-22	The U.S. authorized updated COVID-19 boosters for children as young as 5, seeking to expand protection ahead of an expected winter wave. New boosters rolled out for Americans 12 and older last month. These doses target the omicron variant. Federal health officials are urging you to seek the extra protection ahead of holiday gatherings.
News	6:30/7:30/8:30 AM	13-Oct-22	Local businesses are looking to ease the pain at the pump. On Fridays throughout the month of October, Planet Fitness is offering \$30 gas gift cards to the first 50 customers that come to the gas station at 10 a.m. The free gas event will be happening tomorrow at the Exxon, located on Wildwood Rd., Oct 21 the BP, located also on Wildwood Rd., and Oct. 28, at the Exxon, on Mill Ln.
News	7:00/8:00 AM	13-Oct-22	Sit down and enjoy a third helping of the Crystal Coast's finest restaurants that will be featured on The Food Network. Morehead City North Carolina's famous Sanitary Fish Market & Restaurant will be shown on "Diners, Drive-In & Dives: Triple D Nation" tomorrow 9 p.m.
News	6:30/7:30/8:30 AM	14-Oct-22	Millions of Social Security recipients will get an 8.7% boost in their benefits in 2023. The cost-of living adjustment means the average recipient will receive more than \$140 extra a month beginning in January. The boost will also be coupled with a 3% drop in Medicare Part B.
News	7:00/8:00 AM	14-Oct-22	Liberty University students will be putting their efforts towards helping those impacted by Hurricane Ian today. A trailer will be parked on campus at the Vines Center from 9 a.m. to 6 p.m. collecting bottled water, tarps, diapers, wipes, and formula to send to Fort Myers, Florida, where local churches will distribute them. The

			trailer will also be parked at Thomas Road Baptist Church over the weekend for supply collection.
News	6:30/7:30/8:30 AM	14-Oct-22	Our friends at Gleaning for the World are hosting a blood drive on Thurs. Nov. 3rd at their headquarters on Stage Rd in Concord. Appointments are available between 2pm and 6pm that day, and you can sign up online at Red Cross Blood.org.
News	7:00/8:00 AM	14-Oct-22	The Virginia Department of Motor Vehicles is celebrating the 247th birthday of the United States Navy with a new license plate featuring the emblem of the U.S. Navy. It's being offered for an annual fee of \$25. After 1,000 plates are issued, \$15 from each purchase will be paid to the Navy-Marine Corps Relief Society Fund.
News	6:30/7:30/8:30 AM	14-Oct-22	A jury in Florida ruled yesterday that the attacker at Stoneman Douglas High School in 2018 that took the lives 17 students would receive life in prison. The jury's decision came after seven hours of deliberations over two days, ending a three-month trial.
News	7:00/8:00 AM	14-Oct-22	The Central Shenandoah Health District is now offering self-scheduled monkeypox vaccine clinics for anyone who meets the eligibility criteria at the Harrisonburg-Rockingham Health Department, Staunton-Augusta Health Department and Lexington-Rockbridge Health Department. This is a transition from their former invite-only monkeypox vaccine clinics.
News	6:30/7:30/8:30 AM	14-Oct-22	There was a lot of excitement at Naval Station Norfolk yesterday as the USS Kearsarge returned home after a seven-month deployment. There was a delay in getting the Sailors off the ship though, because of issues with the ramp. The Navy had to locate a backup ramp so they could disembark. The more than 4,000 Sailors and Marines completed exercises that helped increase combat readiness and crisis capabilities while also strengthening relationships with NATO allies.
News	7:00/8:00 AM	14-Oct-22	The Virginia Department of Health is making health care more accessible with a clinic on wheels. The Roanoke City and Allegheny County Health District purchased an RV to better serve rural and urban communities. The D.A.S.H. van will live up to its mission of "Delivering Accessible and Sustainable Health" in the community by bringing convenient vaccinations and screenings to the area.

News	6:30/7:30/8:30 AM	17-Oct-22	If you are interested in applying for student loan debt relief these are the dates, you need to remember. Student loan borrowers should be ready to apply for forgiveness no later than Nov. 15. It will take roughly six weeks for your cancellation request to clear. Then Dec. 31 is the day the pause on federal student loans expires so that is when you will have to begin resuming payments.
News	7:00/8:00 AM	17-Oct-22	The Portsmouth-based relief organization Mercy Chefs just reached a major milestone. Volunteers say they've served more than 200,000 meals to hurricane victims in Fort Myers, Florida. The founder of Mercy Chefs says his workers have cooked more meals for this disaster than any other in the past. In one day alone, they handed out more than 23,000 meals.
News	6:30/7:30/8:30 AM	17-Oct-22	Abbott announced that it is recalling some of its products made at an Ohio facility due to them not being properly sealed, which would lead to spoilage. You should check their website to see which lots were included in the recall as not all of its 2 fl oz ready-to-feed liquid products were included.
News	7:00/8:00 AM	17-Oct-22	The Hispanic Community in the Star City continues to grow and it's vital for them to know the health resources available to them throughout the area. As a part of Hispanic Heritage Month, local health experts hosted a health fair in Roanoke to allow the community to come out and learn about some of their options.
News	6:30/7:30/8:30 AM	17-Oct-22	Questions still remain around what exactly led a 15-year-old male to attack and take the lives of 5 in a quiet east Raleigh neighborhood. Details of the incident remain under investigation, and the victims are being remembered for the love and friendship they brought to those around them. Instead of gathering for their annual fall festival over the weekend they gathered for a vigil instead.
News	7:00/8:00 AM	17-Oct-22	Governor Glenn Youngkin's administration has launched a new campaign to convince Virginians to "Become a Teacher," as vacancies in classrooms pile up. There is a website designed to help those interested in becoming teachers find a path to a job without necessarily going through the degree and licensure process. It also makes it easier for military veterans, those with non-teaching degrees, and teachers licensed in other states to get licensure in Virginia.

News	6:30/7:30/8:30 AM	17-Oct-22	Two major grocery chains, Kroger and Albertsons, announced a merger of the two companies. Kroger said the mega-chain would hold nearly 5,000 locations in 48 states. The merger will still need regulatory approval. If approved, it would be finalized in early 2024.
News	7:00/8:00 AM	17-Oct-22	The Bedford County Sheriff's Office assisted with the 1st annual "Senior Social". The social was hosted by the Community Access Network at Bedrock Community Church and the department presented information on identity theft and scams for senior citizens.
News	6:30/7:30/8:30 AM	18-Oct-22	Parents of young children in Virginia are now able to find a free pediatric COVID-19 booster vaccine for their children aged five years and older. The Virginia Department of Health made the announcement following the recommendation of the booster vaccines by the CDC.
News	7:00/8:00 AM	18-Oct-22	October is Sudden Infant Death Syndrome Awareness month. Sleep guidelines for infants, emphasize that babies to sleep on their backs, on a flat surface without any soft bedding. The new guidelines also include not using car seats, strollers, swings and infant carriers for routine sleep and parents are encouraged to sleep in the same room, but not in the same bed as their baby, for the first six months.
News	6:30/7:30/8:30 AM	18-Oct-22	Entrepreneurs and business owners can now get a head start with the River District Association's Dream Launch Bootcamp which is for anyone who wishes to learn more about opening, owning, and operating a business in the Dan River Region. So far over 400 individuals have participated in some or all of the boot camp classes and 133 have completed the entire series earning a Dream Launch Bootcamp Certificate.
News	7:00/8:00 AM	18-Oct-22	Now through October 23 the Lynchburg Fire Department is raising funds to benefit the Muscular Dystrophy Association through the Fill the Boot Campaign. Collections are at Sams Club and Target on Wards Rd., Kroger in Boonsboro and Timberlake, the Sheetz gas station on Route 221, and Fresh Market and Petsmart on Lakeside Drive. The goal is \$60,000.
News	6:30/7:30/8:30 AM	18-Oct-22	A Russian warplane crashed into a residential area in a Russian city after suffering engine failure. The plane came down after one of its engines caught fire during takeoff for a training mission. Both crew members bailed out safely, but the plane crashed into a residential area, causing a fire.

News	7:00/8:00 AM	18-Oct-22	Nestlé is voluntarily recalling its ready-to-bake refrigerated NESTLÉ TOLL HOUSE STUFFED Chocolate Chip Cookie Dough with Fudge Filling due to the potential presence of white plastic pieces. This recall is isolated to products that were produced between June and September 2022.
News	6:30/7:30/8:30 AM	18-Oct-22	Young drivers got the chance to practice their safety skills at the Salem Civic Center. The Street Survival program is an all-day intensive driver training for 16- to 21-year-olds. There is both classroom and behind-the-wheel experience, intended to enhance driver safety. They are currently planning on doing another Street Survival session in the spring.
News	7:00/8:00 AM	18-Oct-22	The Amherst County Sheriff's Office is warning residents about a new scam going around through the mail. You might receive letters and a check in hopes that you will give them your personal information so they can wipe out your accounts. The best thing you can do is shred up any papers you get in the mail that claim that you have won money.
News	6:30/7:30/8:30 AM	19-Oct-22	Ukraine's wants to sever diplomatic relations with Iran over its sale of drones to Russia. The Iranian drones are precise, small, and can effectively penetrate air defenses when fired in groups. Moscow has used them extensively in recent days in its war against Ukraine, especially against civilian targets in Ukrainian cities.
News	7:00/8:00 AM	19-Oct-22	Danish officials confirmed that there has been extensive damage to the Nord Stream 1 and 2 gas pipelines in the Baltic Sea off Denmark and that the cause of the damage was a powerful explosion. The Copenhagen Police have carried out a number of investigations with assistance from Denmark's Armed Forces. It is not clear when the investigation will be complete.
News	6:30/7:30/8:30 AM	19-Oct-22	Teachable Moments Preschool will open in the Hill City in August next year and will have room for about 70 students from six weeks to five years old. It's located across the street from Lynchburg General Hospital on Thomson Drive and will be open from 6 a.m. to 6 p.m. In addition to providing breakfast, lunch, and afternoon snacks they also offer an app allowing you to check on your children and meals, care, education, and field trips are included in tuition.
News	7:00/8:00 AM	19-Oct-22	In Roanoke, it is time to "Petal it Forward." Local florists are handing out 5,000 bouquets in the Roanoke Valley. The event will take place today as dozens in the floral industry will surprise individuals with two free flower bouquets each, one to keep and one to give away.

News	6:30/7:30/8:30 AM	19-Oct-22	Airstrikes cut power and water supplies to hundreds of thousands of Ukrainians, part of an expanding Russian campaign to drive the nation into the cold and dark and make peace talks impossible. Nearly one-third of Ukraine's power stations have been destroyed in the past week, causing massive blackouts across the country.
News	7:00/8:00 AM	19-Oct-22	Electric planes might seem futuristic, but they aren't that far off, at least for short trips. Analysts at the U.S. National Renewable Energy Lab said that the first hybrid electric 50- to 70-seat commuter plane could be ready in the next few years and that electric aviation could really take off by 2030.
News	6:30/7:30/8:30 AM	19-Oct-22	The Virginia Department of Health and the Virginia Hospital & Healthcare Association have launched a new portal to help improve the community's access to health data. The portal will allow users to track health-related data such as infant mortality, chronic disease, and injuries.
News	7:00/8:00 AM	19-Oct-22	James McDivitt, who commanded the Apollo 9 mission, testing the first complete set of equipment to go to the moon, has passed away at 93. He was also the commander of 1965's Gemini 4 mission, where his best friend and colleague Ed White made the first U.S. spacewalk.
News	6:30/7:30/8:30 AM	20-Oct-22	Taxpayers will get a bigger standard deduction for 2023 and all seven federal income tax bracket levels will be revised upward as the government allows you to shield more of your money from taxation because of high inflation. Last week, the Social Security Administration also announced an 8% increase for benefits recipients beginning in January 2023.
News	7:00/8:00 AM	10/20/2022	Two Air Force warplanes intercepted a pair of Russian bombers flying in international airspace near Alaska. Right now, the Russian activity in that region is not seen as a threat.
News	6:30/7:30/8:30 AM	10/20/2022	Alleghany Highlands Public Schools will release students two hours early tomorrow to allow staff to participate in professional development. Schools will reopen on a normal schedule on Monday, the 24.
News	7:00/8:00 AM	10/20/2022	Liberty University is facing a tough opponent in football this weekend as they take on BYU, but before that the schools are coming together to hold a children's book drive. Fans are encouraged to bring new or gently used books to the game to be collected by the United Way of Central Virginia and distributed to children in need in the area. Drop-off bins will be located at entrances at Williams Stadium.



News	6:30/7:30/8:30 AM	10/20/2022	A Russian advisor threatened this week to sever diplomatic ties with Israel. The threat warned that any Israeli effort to supply arms to Ukraine will destroy all diplomatic relations between the countries.
News	7:00/8:00 AM	10/20/2022	Russian President Vladimir Putin has declared martial law in the four regions of Ukraine that Moscow annexed. Putin didn't immediately spell out the steps that would be taken under martial law, but said his order was effective starting today.
News	6:30/7:30/8:30 AM	10/20/2022	Kroger has announced that it's seeking to hire hundreds just in time for the holiday season. If you're interested in applying, Kroger will be holding in-person interviews every Tuesday from 4 p.m. to 7 p.m. There will also be virtual hiring events throughout the month of November.
News	7:00/8:00 AM	10/20/2022	Kings Dominion will operate year-round starting in 2023. The amusement park said that the park will expand to year-round operations adding additional weekends to the calendar in January, February and early March.
News	6:30/7:30/8:30 AM	10/21/2022	British Prime Minister Liz Truss has resigned after only six-weeks. Just a day earlier Truss had vowed to stay in power, saying she was a fighter but then left after she said she was forced to abandon many of her economic policies. Her departure leaves a divided party seeking unity.
News	7:00/8:00 AM	10/21/2022	Today Virginia's first Deaf Field Day will take place in Lynchburg on campus at Liberty University. From 9 a.m. to 3 p.m. the Academic Lawn will welcome middle and high school students in the deaf and hard of hearing community as well as their families for the event. Games, food, speakers, and special sessions about attending Liberty are on the itinerary for the families from Virginia and the surrounding states.
News	6:30/7:30/8:30 AM	10/21/2022	A teacher was taken to the hospital after a chemical spill at Booker T. Washington High School in Norfolk yesterday. The spill happened in a storage room and the teacher had minor injuries. Students were evacuated as part of safety protocols, and they remained outside the school until the chemical was neutralized.
News	7:00/8:00 AM	10/21/2022	The Bedford Fire Department now has a new addition to its fleet. This new Ford F 550 provides two ground sweep nozzles used for field/grass fires, a 300-gallon water tank and a 30-gallon foam tank, along with the ability to turn on the pump from the inside of the cab for a fast attack.

News	6:30/7:30/8:30 AM	10/21/2022	The President of the Philippines has canceled a deal to buy 16 Russian military helicopters and said his administration has secured an alternative supply from the United States. The Philippine government will negotiate to get back part of the down payment it made to the Russian aircraft manufacturer.
News	7:00/8:00 AM	10/21/2022	First responders from across the nation are learning critical new skills from the Virginia Beach Fire Department to save victims if a building collapses. From natural disasters to man-made tragedies, the hands-on course will help firefighters rescue and recover those trapped.
News	6:30/7:30/8:30 AM	10/21/2022	The Chesapeake Sheriff's Office is warning residents of scams where someone sends a text message from the United State Postal Service. It says that they are returning a package because the delivery address is incomplete and then directs you to click on the provided link. If you receive this message, do NOT click on the link. Authorities say it is a common tactic used by scammers to try and get personal information.
News	7:00/8:00 AM	10/21/2022	If your pets need vet care, the Angels of Assisi will be in Roanoke tomorrow to help out. They are hosting a mobile Pet Health Clinic at Fallon Park on Dale Avenue from 10 a.m. to 2 p.m. offering sick pet exams, affordable vaccinations, heartworm and tick-borne disease screening, and microchips. No appointments are necessary, and all are welcome.
News	6:30/7:30/8:30 AM	10/24/2022	Hurricane Roslyn hit Mexico's Pacific coast over the weekend with winds of 120 mph. It did lose force as it moved further inland. Thankfully there wasn't any major damage despite significant storm surges.
News	7:00/8:00 AM	10/24/2022	COVID-19 hospitalizations in the Commonwealth decreased over the past week, according to the Virginia Hospital & Healthcare Association. As of Friday, there were 455 hospitalized patients with COVID, which is down from 472.
News	6:30/7:30/8:30 AM	10/24/2022	Governor Youngkin presented the Spirit of Virginia Award to the Chincoteague Volunteer Fire Company, which provides twenty-four-hour fire and emergency medical response to the citizens and visitors of Chincoteague Island. The company also assists the United States Coast Guard with search and rescue cases and manages the world-famous Chincoteague wild pony run.

News	7:00/8:00 AM	10/24/2022	The Roanoke Arts Commission celebrated three new murals along the Roanoke River Greenway. More than 50 volunteers participated in the painting of the murals creating something in the city that will last a lifetime. The murals consist of species native to the Roanoke River Greenway.
News	6:30/7:30/8:30 AM	10/24/2022	The COVID-19 vaccine will not be added to Virginia's list of required school immunizations in the immediate future but could happen down the road according to the Virginia Department of Health. The CDC only makes recommendations whereas school-entry vaccination requirements are determined independently by state or local jurisdictions.
News	7:00/8:00 AM	10/24/2022	Virginia State Senators and Virginia Governor Glenn Youngkin gathered in Virginia Beach for an early voting event. Early in-person voting is underway now and goes until November 5. You will also have an opportunity to vote in person on election day.
News	6:30/7:30/8:30 AM	10/24/2022	A barricade situation that drew the FBI and other law enforcement officials to Fort Belvoir Army base in northern Virginia has ended peacefully. One person has been taken into custody and no details on motive, the nature of the threat or those involved has been released.
News	7:00/8:00 AM	10/24/2022	15 veterans visited war memorials in Washington D.C. over the weekend. The Honor Flight is a completely free trip to honor the men and women for their service. It left from the National D-Day Memorial in Bedford and included a WWII veteran, two Korean War veterans, 11 Vietnam veterans and one Operation Iraqi Freedom veteran.
News	6:30/7:30/8:30 AM	10/25/2022	U.S. House of Representatives Speaker Nancy Pelosi said that Iran is making a big mistake by supplying Russia with drones that are targeting Ukraine's infrastructure. Iran has denied it is supplying Russia with the missiles, but the distinctive triangle-shaped drones have been seen.
News	7:00/8:00 AM	10/25/2022	Ra-she Soon-knock the former U.K. Treasury chief is now the new Prime Minister. Soon-knock will be Britain's first leader of color and the first Hindu to take the top job. At 42, he'll also be the youngest prime minister in more than 200 years.
News	6:30/7:30/8:30 AM	10/25/2022	A \$13 million security upgrade is coming to the Virginia Military Institute. The University said that it could be a target at any time due to constant high profile visitors, including U.S. presidents, vice presidents and high-ranking military officials.

News	7:00/8:00 AM	10/25/2022	Roanoke County school officials say a bus was involved in a crash, but no students were hurt. Four students and three adults were onboard at the time of the crash and the damage to the front of the bus is substantial. One employee and the driver of the other vehicle were taken to the hospital for treatment.
News	6:30/7:30/8:30 AM	10/25/2022	Pfizer will charge \$110 to \$130 for a dose of its COVID-19 vaccine once the U.S. government stops buying the shots. Pfizer executives said the commercial pricing could start early next year. They do however expect that those with private health insurance or coverage through public programs like Medicare or Medicaid will still pay nothing for the shots.
News	7:00/8:00 AM	10/25/2022	The Virginia Department of Elections Commissioner announced a contract with The Canton Group to build and implement the state's new voter registration system. The system will provide improved technology and security as well as streamlined processes for voters, election officials, and department staff.
News	6:30/7:30/8:30 AM	10/25/2022	Multiple Hampton Roads high schools received bomb threats yesterday. The list included Deep Creek, Indian River, Oscar Smith, and Western Branch High School. Deep Creek High ended up cancelling classes for the rest of the day and all afterschool activities were also canceled. The schools were searched, but nothing was found. The matter is under investigation.
News	7:00/8:00 AM	10/25/2022	A 7th grader at Roanoke City Public Schools is putting others first, especially those with fur in the Star City. Grayson Hines, a James Breckinridge Middle School student convinced his Principal that the school collect dog and cat food for the Roanoke Valley SPCA.
News	6:30/7:30/8:30 AM	10/26/2022	Ukraine said that Russia is performing secret work at Europe's largest nuclear power plant. Then Russia said that Ukraine was preparing to launch a bomb. Then Ukraine dismissed Russia's claim as an attempt to distract attention from their own plans to detonate a bomb, that uses explosives to scatter radioactive waste.
News	7:00/8:00 AM	10/26/2022	For the first time ever, many Americans will soon be able to order Popeyes' annual Cajun-Style Turkey for delivery. The pre-cooked Thanksgiving turkey is available for pre-order and deliveries are already starting to ship out. You can order on Popeyes' special website "the cajun fix.popeyes.com. and it will take one to three days to arrive.
News	6:30/7:30/8:30 AM	10/26/2022	Bed Bath & Beyond on Wards Road in Lynchburg is closing its doors soon. Corporate said they are closing around 150 underperforming stores across the country.

			Right now, the store is having a closing sale where items are 20 to 40% off.
News	7:00/8:00 AM	10/26/2022	The Halifax County Tourism Department is helping Virginians cross a pretty cool item off their bucket list. You can now gather at Staunton River State Park for a public star viewing night. The Fall Star Party will take place this Friday evening at the park.
News	6:30/7:30/8:30 AM	10/26/2022	The United States will make full use of its military capabilities to defend its allies Japan and South Korea, against North Korea's escalating threats. North Korea's repeated firings of missiles in recent weeks are seen as offensive military actions, even though North Korea says they are just practice runs. The U.S. is commitment to the security of South Korea and Japan.
News	7:00/8:00 AM	10/26/2022	The Nelson Community Wellness Alliance has been awarded three million dollars from Health Services and Resource Administration to implement the community health worker training program in Nelson County. Over the next 3 years they will help those in Nelson County prepare for careers as Community Health Workers.
News	6:30/7:30/8:30 AM	10/26/2022	Two schools closed yesterday in Virginia because of earthquakes. A magnitude 2.6 earthquake was detected in Grayson County, thankfully no damage or injuries were reported.
News	7:00/8:00 AM	10/26/2022	Bringing lessons from the farm directly to students is the goal of a mobile dairy classroom. It highlights the value of dairy and nutrition across Virginia. Students get to meet Honey, a traveling dairy cow. The program is free for schools, fairs, festivals, libraries, camps, and just about everything. During 2019, the Mobile Dairy Classrooms made presentations to more than 675,000 across Virginia.
News	6:30/7:30/8:30 AM	10/27/2022	China has started administering an inhalable COVID-19 vaccine. The vaccine is a mist that is breathed in through the mouth and is being offered for free as a booster dose for those previously vaccinated. Scientists hope that the needle-free vaccines will make vaccination more accessible.
News	7:00/8:00 AM	10/27/2022	Nearly 400 school districts spanning all 50 states and Washington, D.C. are receiving \$1 billion in grants to purchase about 2,500 clean school buses. The grants are available as part of a wider effort to transition to zero-emission vehicles and reduce air pollution near schools and communities.

News	6:30/7:30/8:30 AM	10/27/2022	Loose leaf collection in Lynchburg starts Monday. All you need to do is rake your leaves to the curbside but don't place them in the street. City crews will then vacuum leaves up as promptly as possible. Bagged leaves may also be placed at curbside for pick up during regular trash collection in a prepaid City of Lynchburg Blue Bag.
News	7:00/8:00 AM	10/27/2022	Pulaski residents will have a new park when construction is finished after its groundbreaking Tuesday. Sheffey Park is named after Joe Sheffey, who Pulaski County thanked for his role as the former Board of Supervisors Chair.
News	6:30/7:30/8:30 AM	10/27/2022	A free booster dose of the Novavax COVID vaccine is now available. The Novavax booster dose is approved for those 18 and up who take either the Pfizer-BioNTech or Moderna mRNA vaccines. The Novavax vaccine can only be used as a first dose. Anyone who has had one or more booster doses of the Pfizer and/or Moderna vaccines may not receive the Novavax booster at this time.
News	7:00/8:00 AM	10/27/2022	If you're thinking of wiping down your kitchen with that bottle of Pine-Sol all-purpose cleaner, don't. They may contain bacteria that could cause serious illness to those with compromised immune systems. The products were produced prior to September 2022. Consumers should take pictures of the UPC code a full refund.
News	6:30/7:30/8:30 AM	10/27/2022	Governor Glenn Youngkin announced that the Commonwealth of Virginia has received a Small Business Administration declaration to assist Virginians with their recovery efforts due to severe flooding in July. The declaration applies to Buchanan County, which means those there are eligible to apply for physical damage loans as well as the Economic Injury Disaster Loans for small businesses.
News	7:00/8:00 AM	10/27/2022	Lynchburg residents will soon get a first look at the newly remodeled Walmart Supercenter on Old Forest Road, as the much-anticipated project is now complete. The remodel is part of Walmart's \$54.7 million investment in Virginia this year to update and remodel 12 stores. The store will celebrate its ReGrand Opening tomorrow with a ribbon-cutting ceremony at 8 a.m.
News	6:30/7:30/8:30 AM	10/28/2022	Russian President Vladimir Putin denied having any intentions of using nuclear weapons in Ukraine but described the conflict there as efforts by the West to secure global domination. Speaking at a conference of international foreign policy experts, Putin said it's pointless for Russia to strike Ukraine with nuclear weapons.

News	7:00/8:00 AM	10/28/2022	The individual income tax filing extension deadline in Virginia is just days away on Nov. 1. To be eligible for Virginia's one-time income tax rebates, taxpayers must file by the deadline. Income tax rebates include up to \$250 for single filers and \$500 for married couples filing jointly.
News	6:30/7:30/8:30 AM	10/28/2022	Right now, there are about 5,000 kids in foster care across Virginia, and more than 700 of them can be adopted. Almost anyone can foster once you go through the training. The process takes two to three months once you start.
News	7:00/8:00 AM	10/28/2022	A restaurant in Giles County is getting some significant recognition. Crews from America's Best Restaurant recently filmed at The Palisades in Eggleston. The Palisades offers elegant but casual dining inside a former general store.
News	6:30/7:30/8:30 AM	10/28/2022	The Virginia Department of Health announced the availability of a free booster dose of Novavax. This comes after its authorization by the Food and Drug Administration and its recommendation by the Center for Disease Control earlier this month. The booster is available for adults who cannot take the Pfizer or Moderna vaccine.
News	7:00/8:00 AM	10/28/2022	The U.S. economy grew from July through September, overcoming high inflation and interest rates. Stronger exports and consumer spending, backed by a healthy job market, helped restore growth to the U.S.'s economy.
News	6:30/7:30/8:30 AM	10/28/2022	A Richmond judge has ruled that the city can decide where the A.P. Hill statue will go once it's removed. The plan is to donate the monument to the Black History Museum and Cultural Center of Virginia. While other Confederate monuments in Richmond have been removed, the fate of A.P. Hill was complicated due to the general's remains being buried beneath the statue.
News	7:00/8:00 AM	10/28/2022	In honor of National First Responders Day today all Firehouse Subs restaurants are celebrating local first responders with a deal. Firefighters, police officers, paramedics, and EMTs in uniform or with valid ID are invited to stop by the restaurant to enjoy a free medium sub with any purchase.
News	6:30/7:30/8:30 AM	10/31/2022	U.S. President Joe Biden and first lady Jill Biden sent their deepest condolences to the families of the deceased after 150 lost their lives at a festival in South Korea. The crowd surge is the country's worst disaster in years.

News	7:00/8:00 AM	10/31/2022	A man broke into House Speaker Nancy Pelosi's home in San Francisco and attacked her 82-year-old husband, while she was in Washington D.C. His doctors expect a full recovery, and the attacker was arrested.
News	6:30/7:30/8:30 AM	10/31/2022	The Federal Aviation Administration is seeking feedback from the public regarding the size and safety of commercial airplane seats. You have until tomorrow to give your feedback. The objective is to create a new federal standard for seat sizes.
News	7:00/8:00 AM	10/31/2022	The 2022 Spread the Warmth Coat Drive has kicked off with Foster Fuels and Centra. Last year's coat drive brought in over 1400 coats! The coats and monetary donations are delivered to local schools and ministries to help provide warmth to those who need it. You can now drop off your new or gently used coats at several Lynchburg drop off locations.
News	6:30/7:30/8:30 AM	10/31/2022	Russia is suspending the U.N.-brokered grain deal that has allowed more than 9 million tons of grain to be exported from Ukraine during the war. The Russian Defense Ministry cited an alleged Ukrainian drone attack against Russia's Black Sea Fleet ships as the reason for the move. Ukraine has denied the attack.
News	7:00/8:00 AM	10/31/2022	A historic agreement has been reached to bring a nearly \$10 billion offshore wind project to Virginia. The Coastal Virginia Offshore Wind project will be funded by Dominion Energy who has agreed to cost sharing and a cost cap on construction expenses.
News	6:30/7:30/8:30 AM	10/31/2022	The Commonwealth of Virginia has awarded \$60 million in Housing Opportunity Tax Credits to investors developing affordable rental housing throughout Virginia. This results in more affordable home options for Virginians.
News	7:00/8:00 AM	10/31/2022	"Bike buses" or adult-led group bike rides are taking over neighborhoods as an alternative to get kids to school. Many families are ditching cars for a morning ride with friends, biking miles in organized clusters led by grown-up volunteers. The effort is to encourage exercise and reduce school drop-off traffic.
News	6:30/7:30/8:30 AM	11/1/2022	Russian strikes hit critical infrastructure in Ukraine, knocking out water and power supplies in retaliation for what Moscow alleged was a Ukrainian attack on its Black Sea Fleet. 80% of consumers were left without water due to the damage to the power facility.
News	7:00/8:00 AM	11/1/2022	The IRS has hired an additional 4,000 customer service representatives who are being trained to answer taxpayer questions during the 2023 tax filing season. The



			new hiring was made possible when the IRS got \$80 billion under the Inflation Reduction Act.
News	6:30/7:30/8:30 AM	11/1/2022	It's not too late to sign up to donate blood at the Gleaning for the World blood drive. Appointments are available between 2pm and 6pm on Thursday at Gleaning for the World's headquarters on Stage Rd. in Concord. You can visit Red Cross Blood .org to sign up.
News	7:00/8:00 AM	11/1/2022	Hampton Roads Transit has officially commissioned the long-awaited 757 Express, a new bus route that runs every 15 minutes during rush hour. HRT says this is hopefully the first of 13 routes that will run at high frequencies throughout all of Hampton Roads. You can also use the 'Where's My Bus?', software to see real-time bus information.
News	6:30/7:30/8:30 AM	11/1/2022	Russia has suspended its part of the deal allowing Ukraine to ship grain from its Black Sea ports safely. Ukraine and Russia are key global suppliers of wheat, barley, sunflower oil and other food to countries in Africa, the Middle East and parts of Asia. Russia has requested a meeting of the U.N. Security Council to discuss the issue, while offering to supply up to 500,000 tons of grain to the poorest countries free of charge.
News	7:00/8:00 AM	11/1/2022	Online scams target us year-round, but during the holiday shopping season, they are more aggressive than ever. A scam email that you open up or respond to is just one of the ways hackers can get your personal information. To protect yourself make sure you update your web browser, turn on banking notifications, keep an eye on your credit score and set up multi-factor authentication for all accounts.
News	6:30/7:30/8:30 AM	11/1/2022	Elizabeth City State University's School of Business and Education is hosting a ribbon cutting today for the grand opening of two new labs. The labs are part of the Department of Business, Accounting, and Sport Management and will include state-of-the-art technology and computer stations that will give students the opportunity to design and create.
News	7:00/8:00 AM	11/1/2022	The James River chapter of the Sierra Club teamed up with other area groups to beautify a stretch of Richmond by planting 25 trees. The trees were added on a section of Warwick Road adjacent to one of five places the city plans to develop as a park. Organizers said they hope that the projects will make the area more inviting for visitors and animals.

News	6:30/7:30/8:30 AM	11/2/2022	Researchers have witnessed two viruses' influenza A and RSV fuse together to form a single, hybrid virus. When these two viruses join forces, influenza A appears to infect a higher number and broader range of human cells, which could allow it to move further down the respiratory tract into the lungs leading to more severe infections.
News	7:00/8:00 AM	11/2/2022	If you're looking to pick up some extra work, UPS wants to hire you. The shipping company hopes to hire more than 600 workers in Richmond alone to help with the holiday rush. They are looking for seasonal delivery and CDL drivers, warehouse workers, and driver helpers.
News	6:30/7:30/8:30 AM	11/2/2022	The Botetourt County Sheriff's Office announced that all the positions for School Resource Officers have been secured. The funding comes from the Virginia Department of Criminal Justice Services and the \$230,000+ grant will be funded over the next five years. The grant requires that the SROs be state-certified and have two years of experience as a law enforcement officer.
News	7:00/8:00 AM	11/2/2022	Have you ever wanted to design a park? Residents of Henry County will have the opportunity to do through an online survey to do just that. The County recently acquired approximately 117 acres adjacent to the Monogram Foods Smith River Sports Complex for the future development of Henry County's next park. The survey which runs until Dec. 5. is designed to gauge interest in the ideas included in the master plan and to provide a platform for residents to suggest their own ideas.
News	6:30/7:30/8:30 AM	11/2/2022	Russia reinforced its fighting force with a fall draft of 120,000 men and doubled the number of civilians it's trying to evacuate in anticipation of a major Ukrainian push to recapture the strategically vital southern port city. Also, a second radiation concern involves fighting near Europe's largest nuclear power plant, where a radiation leak could have catastrophic consequences.
News	7:00/8:00 AM	11/2/2022	Detecting cancer early is key to saving lives and now there might be a way to test for multiple cancer types with one blood test. It's called a MCED which looks for trace amounts of tumor DNA in the bloodstream. This circulating cell-free DNA contains information about what type of tissue it came from and whether it is normal or cancerous.

News	6:30/7:30/8:30 AM	11/2/2022	Owners of the commonwealth's more than 2,600 regulated dams may now apply for matching grants from the Virginia Dam Safety, Flood Prevention, and Protection Assistance Fund. A total of \$5 million is available for dam safety projects. Requests must be submitted by 4 p.m. on Feb. 28, 2023.
News	7:00/8:00 AM	11/2/2022	Have you visited Wasena Park in Roanoke lately? If so you have probably noticed a new nursing pod/ changing station. This station was built as part of a Girl Scout Troop project working with "Huddle Up Moms" and Roanoke Parks and Recreation. The Cadettes in Troop #170 worked to design, fundraise, and build the structure as a way to serve a community need for nursing and changing spaces.
News	6:30/7:30/8:30 AM	11/3/2022	Russia agreed to resume its participation in a deal created by Turkey and the U.N. to keep grain moving out of Ukraine's ports during Russia's continued invasion. The Russian Defense Ministry agreed to continue carrying out its role in the deal after receiving written guarantees that Ukraine would not use the sea corridor for military actions against Moscow.
News	7:00/8:00 AM	11/3/2022	A new community center is coming to Northwest Roanoke on Melrose Avenue. The addition of Melrose Plaza will add four key areas: a banking center, an excel center, a wellness center, and a market. All programs will be free for area residents. The Melrose Plaza is expected to be complete by the end of 2024.
News	6:30/7:30/8:30 AM	11/3/2022	The Christmas tree that will eventually light up the West Lawn of the U.S. Capitol will first make stops in Manteo and Suffolk before heading to Washington, D.C. This year's tree comes from western North Carolina, and will make a stop at Fort Raleigh from 2 to 4 p.m. on Nov. 13 and then will make a stop Nov. 14th from 5 to 7 p.m. at the Suffolk Visitor Center on Main St. The journey includes 17 stops total, before it reaches the Capitol around 10 a.m. Nov. 18.
News	7:00/8:00 AM	11/3/2022	As the holiday season approaches, Belk is looking to hire for over 6,000 positions including full and part-time, seasonal, and regular positions. Open positions are in sales, beauty, ship-to-home, curbside pickup, and other roles. Anyone interested can call or visit their local Belk store.
News	6:30/7:30/8:30 AM	11/3/2022	Open enrollment has begun on the Affordable Care Act marketplace and runs through January 15. There are several changes for the 2023 year including an average of 4% increase. If you have questions Celebrate Healthcare will offer free personal assistance to anyone

			that needs help choosing a plan at the Children's Museum in Portsmouth on Saturday.
News	7:00/8:00 AM	11/3/2022	A plan to redevelop a rural area of northern Virginia into data centers has received approval. The data centers have proven to be a revenue boost to local governments, and supporters of the plan said it could generate hundreds of millions of dollars in tax revenue and that the plan is designed in a way to accommodate environmental concerns.
News	6:30/7:30/8:30 AM	11/3/2022	Lynchburg City Council could vote to allow a major apartment and condo development to be built on Old Graves Mill Road. It would be located in an area across from the Lynchburg Humane Society and include 169 apartments, an office, a clubhouse, and a pool. The vote will now go before the council in December.
News	7:00/8:00 AM	11/3/2022	Today Roanoke Fire-EMS will host a set of artifacts from 9/11 that have traveled the world since the tragic events of that day. The artifacts include a U.S. flag that was flown at Ground Zero after the attacks, a small piece of marble recovered from the rubble of the South Tower, and a logbook of the travels of these artifacts over the last 21 years.
News	6:30/7:30/8:30 AM	11/4/2022	Pfizer and BioNTech announced that they have begun a study to test a combination vaccine for COVID-19 and the flu. The companies hope to enroll 180 healthy U.S. adults, ages 18 to 64, in the study and follow up with each participant after six months.
News	7:00/8:00 AM	11/4/2022	The number of veterans in the United States experiencing homelessness dropped by 11% since 2020, the biggest decline in more than five years. The Biden administration credited its efforts to reduce veteran homelessness with help from the coronavirus relief package, which boosted the VA's homeless programs and expanded rental aid and other support for veterans' families.
News	6:30/7:30/8:30 AM	11/4/2022	A fire at a Lynchburg gas station has left more than \$75,000 in damages. The Shell station located on Timberlake Road was closed at the time of the fire, and no one was hurt. The Fire Marshal's office says the fire was accidental and caused by a malfunction between a wall outlet and an appliance.

News	7:00/8:00 AM	11/4/2022	Need a ride to your polling place on Election Day? You can catch a free trip to vote with Hamlar-Curtis Funeral Home & Crematory in Roanoke. They believe transportation shouldn't be a reason not to voter, so they will be give free rides for Roanoke City residents on Election Day from 9 a.m. to 6 p.m. The funeral home said it's best to contact them a day in advance, but you can also call on Election Day.
News	6:30/7:30/8:30 AM	11/4/2022	The ground is shaking at Mauna (maw-na) Loa in Hawaii, the largest active volcano in the world, indicating that it could erupt. Scientists say they don't expect that to happen right away but officials on the Big Island of Hawaii are telling residents to be prepared in case it does erupt soon. Mauna Loa last erupted 38 years ago. Its enormous size may allow it to store more magma, leading to larger lava flows when an eruption occurs.
News	7:00/8:00 AM	11/4/2022	The Virginia Department for Aging and Rehabilitative Services announced that Food City has been named a 2022 Virginia Champion of Disability Employer, for hiring candidates with disabilities. In the past five years alone, Food City has hired over seventy DARS clients and provided countless trial work experiences for youth and adults.
News	6:30/7:30/8:30 AM	11/4/2022	Another company in Central Virginia will be closing up shop and conducting a large layoff just before the new year. According to the Virginia Unemployment Commission Newell Brands will be closing their Yankee Candle factory in Forest effective Dec. 31. This will impact 187 employees.
News	7:00/8:00 AM	11/4/2022	Virginia Commonwealth University is making sure their students don't go hungry. The school and the VCU Foundation have partnered with the nonprofit FeedMore to keep their Ram Pantry and 13 Little Ram Pantries stocked with food to help students in need. This semester alone they've served 268 guests over 830 times.
News	6:30/7:30/8:30 AM	11/7/2022	US President Joe Biden will look to assert America's global leadership during his upcoming trip to Asia. He'll be attending the Group of 20 summit, an annual gathering of the of leaders form the top 20 economies in the world.
News	7:00/8:00 AM	11/7/2022	Danville Police Department hosted an open house at their new HQ...over 200 community members showed up on Saturday to take a tour and get a closer look.

News	6:30/7:30/8:30 AM	11/7/2022	A master plan for state parks and battlefields in Culpeper is underway. It will encourage over 1700 acres at a relatively untouched civil war battlefield at Brandy Station and Cedar Mountain in becoming a state park. July 1st 2024 is the target date for the new park.
News	7:00/8:00 AM	11/7/2022	And Virginia Beach residents are being asked to weigh in with their thoughts on changes to the noise ordinance. In September, the public had the chance to submit edits to the noise ordinance. There will be two public meetings next week at Princess Anne High School.
News	6:30/7:30/8:30 AM	11/7/2022	The National Oceanic and Atmospheric Administration (NOAA) is awarding the Building Heat Resilience in Southwestern Virginia through Education initiative. Over the next two years, through the education project, NOAA will identify and strengthen resilience pathways for dealing with long-term, higher temperatures and emergency heat waves using combined urban planning and public health approaches.
News	7:00/8:00 AM	11/7/2022	Old Dominion University Police are investigating several thefts from vehicles Saturday nights. Police say several vehicles were broken into. Old Dominion police are asking anyone with information to contact ODU police.
News	6:30/7:30/8:30 AM	11/7/2022	The Lions Club of Virginia is kicking off a week of activities and community projects across the Commonwealth. Members will take on projects to help the communities and put in many volunteer hours to serve locally all across the state.
News	7:00/8:00 AM	11/7/2022	And the Newport News community spoke out about crime and violence at the weekend prayer vigil at Huntington Park. The purpose was to pray and to also discuss ways to stop gun violence and fight crime.
News	6:30/7:30/8:30 AM	11/8/2022	Subtropical Storm Nicole is now expected to become a hurricane over the Bahamas before hitting Florida's east coast tomorrow. The storm's large size will cause significant wind, storm surge, and rainfall. Watches are now in effect and Florida Governor Ron DeSantis declared a state of emergency for 34 counties in the potential path of the storm.
News	7:00/8:00 AM	11/8/2022	Virginia's teacher workforce is smaller, unhappier, and less qualified than before the pandemic. School district leaders overwhelmingly said that the pandemic had made it more difficult to recruit and retain teachers. Governor Youngkin will release a budget proposal later this year that will serve as a starting point for the 2023 General Assembly session that will hopefully create measures that help retain teachers.

News	6:30/7:30/8:30 AM	11/8/2022	Averett University's Criminal Justice Department, and the Danville Police are working to help children who have experienced trauma. The Comfy Cougar Program will bring comfort and peace those suffering from a crisis by giving children a bag of comfort items in situations like being removed from a home. Each bag includes a handwritten note, a children's book, and a plush cougar, Averett's mascot.
News	7:00/8:00 AM	11/8/2022	No job is too big, and no pup is too small as Paw Patrol Live is coming to Chrysler Hall in December! The show is at 6 p.m. Dec. 13-14, and tickets are on sale now.
News	6:30/7:30/8:30 AM	11/8/2022	Today is the day to get out and vote for local elections. As it is a midterm election year, all 435 seats in the House of Representatives and 35 of the 100 seats in the Senate will be contested. There are also several companies offering rides if you need a way to get to the polls. Already a record number of Virginians voted early.
News	7:00/8:00 AM	11/8/2022	Professional hockey is about to have a new home in Virginia. Wythe County announced that it will lease the Appalachian Exposition Center at Exit 77 bringing hockey, other indoor sports, concerts, and events to the center. The yet-to-be-named Wythe County team will be the first Virginia entry starting with the 2023-24 season, joining Winston-Salem's Carolina Thunderbirds as the two most central teams in the FPHL, the lowest level of semi-pro hockey in North America.
News	6:30/7:30/8:30 AM	11/8/2022	Greenbrier Christian Academy in Chesapeake, is now offering Aviation 101. This new course gives students hands-on experience with a flight simulator, and they also get airborne with a certified instructor. Students can also add three more years of courses to make it a four-year program with a pilot's license or drone certification.
News	7:00/8:00 AM	11/8/2022	Food Lion will offer a 10% discount this Friday, to all active-duty military and veterans to show appreciation for those that are serving or have served in the United States Armed Forces. To receive the discount veterans and their families should present their military identification at the time of checkout.
News	6:30/7:30/8:30 AM	11/9/2022	Nicole has strengthened to a tropical storm as it heads towards northwestern Bahamas and Florida's Atlantic coastline. A range of warnings and watches remain in place. Many areas are still reeling from damage caused by Hurricane Ian, which hit Florida's southwestern Gulf Coast as a Category 4.

News	7:00/8:00 AM	11/9/2022	Cape Hatteras National Seashore is keeping a close eye on Nicole as well. The negative impacts from the storm are expected to last through the week, depending upon its path and strength. Visitors are cautioned to avoid the two-mile stretch of beach at the north end of Rodanthe and should use caution on all ocean-side Seashore beaches.
News	6:30/7:30/8:30 AM	11/9/2022	As the Hampton Roads Bridge-Tunnel expansion project continues, a percentage is being paid for by express lanes. The tolled lane on the HRBT is not required to use to cross. Instead, it's a chance for HOV drivers to bypass the traffic of the non-tolled lanes or a quick way to keep moving for solo drivers wanting to pay it. The project's anticipated completion date is now expected later than the original date of fall of 2025.
News	7:00/8:00 AM	11/9/2022	Experts say there is a turkey shortage, but it may not impact your Thanksgiving feast. The Virginia Poultry Federation said planning begins early for the influx of Americans consuming turkey during the holiday season. Experts say there is no need to rush out to the grocery stores, but they do recommend buying Thanksgiving turkeys early.
News	6:30/7:30/8:30 AM	11/9/2022	Ukraine's president has hinted at the possibility of peace talks with Russia, a shift from his earlier refusal to negotiate with President Vladimir Putin. Ukraine's president wants the international community to force Russia into real peace talks and listed his conditions for dialogue which includes the return of all of Ukraine's occupied lands, compensation for damage caused by the war, and the prosecution of war crimes.
News	7:00/8:00 AM	11/9/2022	Affordable housing has been identified as a problem in the City of Roanoke, but the HOME-ARP funds coming to the community could help. The community can hear more about how these funds will be used at an upcoming public presentation on homelessness, and housing needs on November 15 from 6 - 7:30pm at Belmont Christian Church's Fellowship Hall, on Jamison Ave SE, Roanoke.
News	6:30/7:30/8:30 AM	11/9/2022	Lynchburg police said their last goodbyes at the funeral of the long-serving companion, retired Deputy Chief Charles Glass. He served in LPD for 33 years, rising up to Deputy Chief before retiring.
News	7:00/8:00 AM	11/9/2022	The Salvation Army of Danville had one of its red kettles stolen. The organization says it happened outside the Belk department store in Danville Mall. Fortunately, the kettle worker was not injured. The Salvation Army is fully



			cooperating with authorities in their investigation. If anyone has information, please contact Danville Police.
News	6:30/7:30/8:30 AM	11/10/2022	Nicole forced residents from their homes as it approached Florida as a rare November hurricane. It shut down airports and Disney World while prompting evacuation orders. Nicole did make landfall this morning as a Category 1 hurricane but has already weakened to a tropical storm.
News	7:00/8:00 AM	11/10/2022	NASA is again postponing the launch the new moon rocket because of tropical storm Nicole. Between fuel leaks and hurricane Ian the rocket has been grounded since August. The rocket was moved back to the launch pad last week, and NASA was aiming for a launch attempt early Monday, but now they are delaying the launch until at least next Wednesday because of Tropical Storm Nicole.
News	6:30/7:30/8:30 AM	11/10/2022	Virginia teens who write a safe driving-themed song could win up to \$500. Jingle Your Way to a Safe Holiday: Buckle Up and Celebrate Responsibly is a contest opening across the Commonwealth with the goal of keeping teen drivers safe. The song needs to be made in a 30-second video and is open to Virginia youth aged 11 to 19.
News	7:00/8:00 AM	11/10/2022	The Downtown Lynchburg Association has created a new cookbook just in time for the holiday season! Hill City Eats is jam-packed with 175 pages filled with recipes from 35 of some of your favorite hot spots in Downtown Lynchburg. The book will feature the stories behind each restaurant, their owners, and goals for the future. You can pre-order them now for \$35.
News	6:30/7:30/8:30 AM	11/10/2022	Russia's military announced that it is withdrawing from Ukraine's southern city and nearby areas, in what would be another humiliating setback for Moscow's forces in the 8-month war. Ukrainian authorities did not immediately confirm the move and are suspicious that the pullout is an attempt to lure the Ukrainian army into an entrenched battle.
News	7:00/8:00 AM	11/10/2022	Key Senate races that will determine which party narrowly controls the upper chamber remain too close to call after Election Day. Votes were still being counted in the races that will decide the final balance of control on Capitol Hill in Nevada, Georgia, and Arizona.

News	6:30/7:30/8:30 AM	11/10/2022	Local officials are advising residents and motorists of road closures ahead of this year's OBX marathon. The Marathon is happening this Sunday, from 5 a.m. until 11 a.m. and the western southbound lane of 158 will be closed. The event starts at 7 a.m. and officials are asking motorists to be aware of runners, spectators, volunteers, and public safety workers.
News	7:00/8:00 AM	11/10/2022	Veterans day is tomorrow so make sure you check for closings before you make plans and appointments. There will also be several deals for veterans and their families including free meals at many locations.
News	6:30/7:30/8:30 AM	11/11/2022	Tropical Storm Nicole has sent multiple homes toppling into the Atlantic Ocean in Florida as they deal with places where Hurricane Ian washed away seawalls and other remaining protections only weeks ago. In the Daytona Beach area, most bridges to the beachside have been closed to all but essential personnel and a curfew is in effect.
News	7:00/8:00 AM	11/11/2022	Russia announced retreat from a regional capital in southern Ukraine that it seized early in the war, and a potential stalemate in fighting over the winter could provide both countries an opportunity to negotiate peace. As many as 40,000 Ukrainian civilians and well over 100,000 Russian soldiers have lost their lives in the war. A full retreat could take several weeks.
News	6:30/7:30/8:30 AM	11/11/2022	A large section of the destroyed space shuttle Challenger has been found at the bottom of the Atlantic, more than three decades after the tragedy that took the lives of 7. It's one of the biggest pieces of Challenger found in decades, and the first to be discovered since the two fragments from the left wing washed ashore in 1996.
News	7:00/8:00 AM	11/11/2022	Veterans Day is today, honoring military veterans who serve or have served in the United States Armed Forces. The federal holiday coincides with Armistice or truce Day, which marks the end of World War I. These observances reflect the end of hostilities at the 11th hour on the 11th day of the 11th month of 1918 when Cease-fire with Germany took effect. Initially, the United States observed Armistice Day as well. However, it evolved into the current Veterans Day in 1954.
News	6:30/7:30/8:30 AM	11/11/2022	Tropical Storm Nicole hit Florida washing away the remaining protections for a stretch of beachfront properties that lost their seawall during Hurricane Ian. Nicole remains a sprawling tropical storm, that could dump as much as 6 inches of rain over central Virginia today.

News	7:00/8:00 AM	11/11/2022	Facebook's parent company Meta is laying off 11,000, about 13% of its workforce. The job cuts come just a week after widespread layoffs at Twitter under its new owner, billionaire Elon Musk. There have been numerous job cuts at other tech companies as well that hired rapidly during the pandemic.
News	6:30/7:30/8:30 AM	11/11/2022	The Junior League of Roanoke Valley wants to help you kick off the holiday shopping season with its signature Stocked Market. This is their 34th annual fundraiser and is a three-day event, featuring a wide range of shopping and entertainment options with more than 120 vendors. Proceeds go to the Junior League's mission to help fund nonprofits and scholarships. The Stocked Market runs from today through Sunday at the Berglund Center.
News	7:00/8:00 AM	11/11/2022	Kings Dominion Celebrates the Season with "WinterFest". The "Dazzling Larger-than-Life Holiday Spectacular" Returns to Central Virginia on November 25. The popular "WinterFest" event is one of the area's most popular, immersive holiday celebrations.
News	6:30/7:30/8:30 AM	11/14/2022	6 lost their lives after two historic military planes collided and crashed during an air show in Dallas. A Boeing B-17 Flying Fortress and a Bell P-63 Kingcobra were flying in the airshow, that was timed to coincide with Veterans Day, and is organized by the Commemorative Air Force. The cause of the crash is under investigation.
News	7:00/8:00 AM	11/14/2022	An iconic sign of Christmas arrived in New York City over the weekend as a crane hoisted an 82-foot Norway spruce into place at Rockefeller Plaza, where the 14-ton tree will be decorated with thousands of lights and topped with a star encrusted with millions of crystals. The Christmas tree will be officially lit on Nov. 30.
News	6:30/7:30/8:30 AM	11/14/2022	The Commanding Officer on the USS Normandy has been relieved of duties while on deployment. Captain Simon McKeon has served as the USS Normandy commanding officer since March and was relieved of his duties due to a loss of confidence in his ability to command.
News	7:00/8:00 AM	11/14/2022	The city of Williamsburg has found its next fire chief. Larry Snyder Jr., who has served as the interim fire chief since March, and before that had been the deputy fire chief since 2014, was named to head the city's fire department. Snyder, who has more than 27 years of fire and EMS experience, will also serve as the city's coordinator of emergency management.

News	6:30/7:30/8:30 AM	11/14/2022	Talks between Presidents Joe Biden and Russian president Vladimir Putin aren't happening, but fallout from Russia's invasion of Ukraine and growing tensions between China and the West will be topics of conversation when leaders of the world's biggest economies gather in Bali this week. The Group of 20 members begin talks tomorrow under the hopeful theme of "recover together, recover stronger."
News	7:00/8:00 AM	11/14/2022	A Lynchburg restaurant is closed until further notice following an incident that took the life of one. Iron and Ale in cornerstone is mourning the loss of family member and staff, Tyler Johnson whose life was taken by Derek Lewis who is now in custody after being arrested at a Florida airport. Iron and Ale will alert the community via Facebook when they are ready to reopen.
News	6:30/7:30/8:30 AM	11/14/2022	The Virginia Education Department is granting \$12 million to upgrade security at hundreds of schools across the commonwealth. The grants will pay for voice and video communication systems, mass notifications, security card access systems, visitor ID badging, surveillance cameras, and more.
News	7:00/8:00 AM	11/14/2022	Outer Banks officials want to hear from you about the tourism industry. The Outer Banks Visitor's Bureau hired an outside company to study the balance between natural resources and the on-going rise in visitors. Some residents believe the community is getting too crowded. Officials have launched a survey for residents to give their input about tourism sustainability.
News	6:30/7:30/8:30 AM	11/15/2022	Officials have released the names of the six that lost their lives in a collision between two vintage military aircraft at a Dallas air show. The National Transportation Safety Board is investigating the collision, including why both aircraft were flying at the same altitude and in the same air space. A preliminary report is expected in four to six weeks, while a final report will take up to 18 months to complete.
News	7:00/8:00 AM	11/15/2022	Alleghany High School and other schools in the district released students early yesterday due to heating issues. The Alleghany Highlands Public Schools maintenance department said they have been working to resolve heating issues and need additional time to do so. No word yet if they will be meeting as normal today.

News	6:30/7:30/8:30 AM	11/15/2022	President Joe Biden's plan to forgive student loan debt for millions of borrowers lost another battle when a federal appeals court panel agreed to a preliminary injunction halting the program. The debt forgiveness plan would cancel \$10,000 in student loan debt for those making less than \$125,000 or households with less than \$250,000 in income.
News	7:00/8:00 AM	11/15/2022	A Virginia-based upscale bowling alley will be moving into the former home of Yankee Candle's flagship store. The City of Williamsburg announced that Uptown Alley is hoping to open its fifth location inside the longtime "Candle Village" off Richmond Road sometime in 2023.
News	6:30/7:30/8:30 AM	11/15/2022	Authorities say the suspect in the incident at the University of Virginia that took the lives of three members of the football team has been taken into custody. Two others were wounded in the incident, which happened when a bus of students were returning from an off-campus trip.
News	7:00/8:00 AM	11/15/2022	Ukraine's President triumphantly walked the streets of the newly liberated city, hailing Russia's withdrawal as the beginning of the end of the war. President Joe Biden called it a "significant victory" for Ukraine. However, large parts of eastern and southern Ukraine are still under Russian control, and heavy fighting continues elsewhere in the country.
News	6:30/7:30/8:30 AM	11/15/2022	The countdown clock starts again. This week, NASA will once again try to launch its Artemis I rocket. It will be the first launch attempt since early September. A new launch window is opening just after 1 a.m. tomorrow. The goal is for Artemis III to get the first woman, the next man, and the first person of color to the lunar surface in the next few years.
News	7:00/8:00 AM	11/15/2022	Some of your favorite Christmas specials are returning to CBS this year. The first being frosty the snowman which will air Friday the 25th right after thanksgiving and then Rudolph on Tuesday the 29th.
News	6:30/7:30/8:30 AM	11/16/2022	Russia pounded Ukraine's energy facilities causing widespread blackouts. A U.S. official said missiles even crossed into Poland, where two lost their lives. Neighboring Moldova was also affected by massive power outages. Russia fired at least 85 missiles, total and shut down power in many cities.
News	7:00/8:00 AM	11/16/2022	The historic Artemis I mission took flight in the early hours this morning after months of anticipation. The milestone event will send an uncrewed spacecraft around the moon, paving the way for NASA to return

			astronauts to the lunar surface for the first time in half a century.
News	6:30/7:30/8:30 AM	11/16/2022	In order to improve the community's fire risk, Roanoke City Council will consider adopting an ordinance to require the installation of smoke alarms in rental properties. While the Virginia Landlord Tenant Act already requires landlords to provide smoke alarms, the ordinance under consideration would provide an enforcement mechanism.
News	7:00/8:00 AM	11/16/2022	Valley Metro has begun its new service at the Third Street Station, which is located at the corner of Salem Avenue and 3rd Street in downtown Roanoke. Its new location is about a quarter mile away from Campbell Court, where it was previously housed for nearly 40 years.
News	6:30/7:30/8:30 AM	11/16/2022	Governor of Virginia, Glen Youngkin traveled to Charlottesville yesterday afternoon to mourn with the University of Virginia Community following the incident on campus on Sunday night that took the lives of three football players and injured two others. He placed flowers at the memorial and spoke with the press about the tragedy.
News	7:00/8:00 AM	11/16/2022	Former President Donald Trump, aiming to become only the second commander-in-chief ever elected to two nonconsecutive terms. Last night he announced that he will seek the Republican presidential nomination in 2024.
News	6:30/7:30/8:30 AM	11/16/2022	Grants have been awarded to 71 schools across Virginia to provide \$25,000 to get agricultural experiences in both urban and rural areas. Gardening, animal agriculture, nutrition, STEM and leadership development are among the things youth will learn. The grants will also help students gain a better understanding of food production and career opportunities in the agriculture field.
News	7:00/8:00 AM	11/16/2022	The YMCA of Central Virginia and Bedrock Church have partnered to expand the mission work of both organizations and provide new perks for the community. Bedrock Church is investing 1.9 million dollars into the existing YMCA building on Old Forest Road. The renovation will begin any day now, with phase one focusing on the outside. Phase two will address the YMCA's side of the building and start in the spring of 2023 to include an update to the wellness center and expand family services including child watch.

News	6:30/7:30/8:30 AM	11/17/2022	Virginia Governor Glenn Youngkin announced \$11.5 million in grants that will go to ten projects across the Commonwealth. The projects are geared towards community development to improve water and sewer infrastructure, provide facilities, and expand business development support. The projects will benefit more than 700 low-to moderate-income Virginians.
News	7:00/8:00 AM	11/17/2022	The holidays are almost here and many of us will be spending time with family, which could mean exposure to germs and viruses. To help keep kids from getting sick, cover your cough, create distance from family members with illnesses and practice good hand hygiene. If your child does get sick, seek medical care especially if they develop a fever or have difficulty breathing.
News	6:30/7:30/8:30 AM	11/17/2022	You can now hear a story read in both English and Spanish. Each Wednesday, a new story will be available via phone to listeners around the state of Virginia. Over 25 volunteers have signed up to read the stories. The program is offered 24/7, and presents an opportunity for strengthening reading readiness using picture books and telephone technology. Dial 833-690-0646 to hear the stories.
News	7:00/8:00 AM	11/17/2022	This week brings us the return of the famous Leo-nid Meteor Shower. This will be a favorable year to look for these meteors since the moon will be a waning and should not provide too much light to meteor watchers. Be looking tonight and you just might see 10-15 visible meteors per hour.
News	6:30/7:30/8:30 AM	11/17/2022	The student accused of taking the lives of three University of Virginia football players after a school field trip was denied bond during a court hearing in Charlottesville. The hearing also revealed that he was charged and convicted of a reckless driving and hit and run in 2021 and had a concealed weapons charge the same year. He remains in custody in Albemarle-Charlottesville Regional Jail.
News	7:00/8:00 AM	11/17/2022	The University of Virginia has canceled their home football game scheduled for Saturday in the wake of that incident. The school announced that it would not play against No. 23 Coastal Carolina. Classes did resume yesterday and those in the broader Charlottesville community have been showing their support.
News	6:30/7:30/8:30 AM	11/17/2022	The City of Lynchburg is reminding you of an important tax due in December if you want to avoid a late fee. The second personal property tax installment is due by Monday, Dec. 5 and a 10% penalty will be assessed if payment for the tax is not received by that day. If you

			have not received a personal property tax bill or have questions concerning your bill, contact the Billings and Collections Division.
News	7:00/8:00 AM	11/17/2022	The Celebration of Lights, hosted by Lynchburg Parks and Recreation, is coming back to Riverside Park. The display will open on Dec. 2 and run nightly, from 5 to 10 p.m., until January. The free family-friendly, drive-through attraction includes holiday-themed light displays and special nights include a walk-through night on December 2 and Carriage Ride Nights on December 8 & 9.
News	6:30/7:30/8:30 AM	11/18/2022	Virginia's Attorney General, is launching an investigation into what led up to Sunday's incident at the University of Virginia that took the lives of three football players and injured two others. Following the investigation, a public report will be shared with students, families, the larger UVA community, and government officials. The two surviving victims on their way to recovery.
News	7:00/8:00 AM	11/18/2022	AAA predicts that nearly 55 million will travel 50 miles or more this Thanksgiving. That's a 1.5% increase over 2021 and 98% of pre-pandemic volumes. This year is projected to be the third busiest for Thanksgiving travel since AAA started tracking in 2000. Most travelers will drive to their destinations, but air travel is up by nearly 8%. Busses, trains, and cruise ships have also seen an increase.
News	6:30/7:30/8:30 AM	11/18/2022	Following a third and final round of public outreach, improving pedestrian safety and potentially adding bike lanes along Ocean View Avenue in Norfolk is almost complete. Proposals for the project include a speed limit drop from 35 mph to 30 and one bike lane in each direction with a center lane for turning. The plan at this time is projected to cost about \$2 to \$4 million.
News	7:00/8:00 AM	11/18/2022	It's a very important Thanksgiving tradition in the Lynchburg community. This week volunteers are busy stuffing 3000 bags for the annual Lynchburg Turkey Trot, a 5k race on Thanksgiving day. Drive-thru packet pickup is today, and Wednesday, November 23 from 12 to 6 p.m. at HumanKind on VES Road.
News	6:30/7:30/8:30 AM	11/18/2022	Republicans won control of the U.S. House of representatives. More than a week after Election Day, Republicans secured the 218th seat needed to flip the House from Democratic control. GOP leader Kevin McCarthy plans to become speaker of the house and Nancy Pelosi said that she will not seek a leadership position in the new Congress.



News	7:00/8:00 AM	11/18/2022	Following the passing of a member of the Iron & Ale family, the restaurant in Lynchburg has thanked everyone for their support and set a date to reopen. They are inviting anyone who knew Tyler Johnson to attend a memorial service to honor him on today from 1 to 6 p.m. at Iron and Ale. Then on Saturday, the restaurant will be resuming business and will be open during their normal hours from 10:30 a.m. to 11 p.m.
News	6:30/7:30/8:30 AM	11/18/2022	The Pittsylvania County Board of Supervisors voted to add 10 school resource officers to its school division. Currently they have eight SROs for 21 schools and over 10,000 students and staff across the division. The grant will cover salaries and benefits through June 2023. The county plans to use these funds to pay for existing positions while the Sheriff's Office works on training and hiring more officers.
News	7:00/8:00 AM	11/18/2022	The Amherst County Sheriff's Office said residents should be aware of a scam going around. The scam is from callers claiming to be Comcast representatives who are offering a discount usually at 50 percent off. You can verify the legitimacy of any offer from Comcast by calling 1-800-Comcast.
News	6:30/7:30/8:30 AM	11/21/2022	Thousands joined Virginia's football team, coaches, and staff over the weekend to honor the three players whose lives were taken in a senseless act we they returned from a field trip last weekend. Among the presenters at the massive University of Virginia memorial was Grammy-winning gospel singer Cece Winans.
News	7:00/8:00 AM	11/21/2022	Joe Biden celebrated his 80th birthday yesterday. Many are wondering if he will run for re-election in 2024. This birthday makes him the oldest president in U.S. history, and he'd be 86 at the end of a potential second term.
News	6:30/7:30/8:30 AM	11/21/2022	Governor Youngkin unveiled his new "Make Virginia Home" Plan during the 2022 Virginia Governor's Housing Conference. The plan will hope to increase the supply of attainable, affordable, and accessible housing across the Commonwealth.
News	7:00/8:00 AM	11/21/2022	The Roanoke City Sheriff's Office is working to fight food insecurity this holiday season with its first-ever Thanksgiving Give Back. The department accepted 300 applications for Thanksgiving meals, which they distributed over the weekend at the Melrose Library.
News	6:30/7:30/8:30 AM	11/21/2022	A week since a southern Ukrainian city was liberated, many are still missing. There are mines everywhere, closed shops and restaurants, a scarcity of electricity and water, and explosions day and night as Russian and Ukrainian forces

			battle just across the River. Despite the hardships though, residents are expressing a mix of relief, optimism, and even joy.
News	7:00/8:00 AM	11/21/2022	Vice President Kamala Harris will emphasize America's commitment to defending the Philippines with a visit that involves flying to an island facing the disputed South China Sea, where Washington has accused China of bullying smaller nations. She will reinforce Washington's oldest treaty alliance in Asia and solidify economic ties, in the region.
News	6:30/7:30/8:30 AM	11/21/2022	Qatar kicked off the Middle East's first FIFA World Cup with a loss yesterday. Global leaders and soccer fans poured into this energy-rich nation after dealing with a regional boycott and international criticism. The USA Men's team will take on Wales today at 2pm.
News	7:00/8:00 AM	11/21/2022	One of the little James Spiny mussels that moved from Charles City County far up the James River to Scottsville this summer can now filter up to 15 gallons of water a day. Environmentalists are using this in their efforts to clean up the Chesapeake Bay. To make sure the little guys find safe spots to settle, the Chesapeake Bay Foundation is mapping stretches of rivers and streams that provide good mussel habitats for Virginia's 23 species.
News	6:30/7:30/8:30 AM	11/22/2022	Ukrainian authorities have started evacuating civilians from the recently liberated areas of Ukraine, fearing that damage to the infrastructure is too severe for residents to endure the upcoming winter. Residents have been advised to move to safer areas in the central and western parts of the country. The government is providing transportation, accommodation, and medical care.
News	7:00/8:00 AM	11/22/2022	NASA's Orion capsule reached the moon yesterday going around the far side and passing the lunar surface on its way to a record-breaking orbit with test dummies sitting in for astronauts. It's the first time a capsule has visited the moon since NASA's Apollo program 50 years ago. The cameras sent back a picture of the earth, a tiny blue orb surrounded by blackness.
News	6:30/7:30/8:30 AM	11/22/2022	Tesla is recalling more than 300,000 vehicles in the U.S. because a software glitch can make taillights go off intermittently, increasing the risk of a collision. The glitch may affect one or both taillights on certain Model 3 and Model Y vehicles. The automaker said it is

			releasing an online software update that will fix the problem.
News	7:00/8:00 AM	11/22/2022	Sheetz is making a move that will give drivers something to be very thankful for, gas for only for \$1.99. Now through November 28, Unleaded 88 gas will be \$1.99 per gallon at any of the 386 Sheetz stores that offer it.
News	6:30/7:30/8:30 AM	11/22/2022	The United States is seeking an expansion of its military presence in the Philippines under a 2014 defense pact, which will be discussed during Vice President Kamala Harris's visit. A range of U.S. assistance and projects will also be discussed to help the Philippines with climate change, and energy and food shortages.
News	7:00/8:00 AM	11/22/2022	President Joe Biden continued a 75-year tradition and pardoned a pair of Thanksgiving turkeys named after his favorite flavor of ice cream. Hundreds gathered on the South Lawn in unseasonably cold weather to see the pardoning of Chocolate and Chip.
News	6:30/7:30/8:30 AM	11/22/2022	A college football player who was one of two hurt in an incident at UVA about a week ago has been discharged from the hospital. Cavaliers running back Mike Hollins, is walking again after successfully making it through two surgeries.
News	7:00/8:00 AM	11/22/2022	Holiday travel is just a few days away and if you're heading through Botetourt County on Interstate 81, you may notice the Troutville Rest Area is still closed. Crews had hoped that the rest area would be back open ahead of the Thanksgiving holiday, but delays in construction have kept it closed. If you do need to stop, you can use the Fairfield Rest Area at mile marker 195 or the Radford Rest Area at mile marker 108.
News	6:30/7:30/8:30 AM	11/28/2022	The person police say is responsible for taking the lives of six of his co-workers at a Walmart in Chesapeake said that he was harassed, by associates and wished he could start over. A candlelight vigil will take place today at 6 p.m. at Chesapeake City Park, located at 900 City Park Drive.
News	7:00/8:00 AM	11/28/2022	The Biden administration has eased some oil sanctions on Venezuela. The Treasury Department is allowing Chevron to resume limited energy production after years of sanctions. Under the new policy, profits from the sale of energy would be directed to paying down debt owed to Chevron. Chevron said the license granted by the U.S. means the company can now commercialize the oil that is currently being produced.

News	6:30/7:30/8:30 AM	11/28/2022	Ford has announced another SUV recall, this time impacting about 520,000 Ford Escape and Bronco Sports. Potential cracks in the vehicles' fuel line could cause fires to break out under the hood. Ford is not suggesting that owners stop driving their vehicle and they are offering free drop off for the needed repair work.
News	7:00/8:00 AM	11/28/2022	Dancing Hill Christmas Tree Farm in Bedford County started out as a small family operation and now 42 years later they are still selling trees, to hundreds of families. This year they don't have as big of a crop as they usually do so if you need a tree get it quickly.
News	6:30/7:30/8:30 AM	11/28/2022	Our thoughts and prayers are again with those effected by another senseless tragedy at a Walmart in Chesapeake. Police say the person who took the lives of 6 was an employee and has also passed away. Four more were injured during the attack and are recovering at the hospital. A candlelight vigil will take place today at 6 p.m. at Chesapeake City Park, located at 900 City Park Drive.
News	7:00/8:00 AM	11/28/2022	Fire crews worked to extinguish a large brush fire on Tobacco Row Mountain in Amherst County. The fire started sometime after 12 p.m. Saturday, thankfully no one was hurt. A powerline broke and caused the fire. As of now the fire is out.
News	6:30/7:30/8:30 AM	11/28/2022	One local organization is getting some help from hunters this season. Hunters for the Hungry is a volunteer group that collects venison from hunters around the Commonwealth. The meat is then distributed to places like the Christian Soldiers Food Pantry in Roanoke. Deer meat is a good substitute for those with heart problems and other health issues.
News	7:00/8:00 AM	11/28/2022	Franklin County needs a hand in putting a smile on seniors' faces this coming holiday season by grabbing a "star" from the Senior Giving Tree. The program is in its fourth year and all you have to do is pick up a "star" at the Essig Center and return the unwrapped gifts by the week of Dec. 12. They're asking for household items, warm clothing, toiletries, and fun things to brighten a senior's holiday.
News	6:30/7:30/8:30 AM	11/29/2022	Great Commission Media Ministries is providing wood-burning stoves to thousands of families in Ukraine as winter sets in and many residents are living by candlelight. Russian rockets and shelling have intentionally targeted electrical and water facilities in addition to civilian homes. These stoves might be enough for residents to not have to evacuate.

News	7:00/8:00 AM	11/29/2022	The FBI and Chesapeake Police have completed their on-scene investigation at the Walmart where an employee took the lives of six and injured three others. The store will now be handed back to Walmart, which will determine what comes next for the location. In the meantime, the Sam's Club two doors down on Sam's Circle is temporarily waiving its membership requirement for shoppers.
News	6:30/7:30/8:30 AM	11/29/2022	A new Sheetz in Roanoke will be opening later than expected. The convenience store, at the corner of Orange Ave and King Street, was slated to open yesterday, but will now open next Monday, Dec. 5. The grand opening celebration from 9 a.m. to 11 a.m. will include a ribbon cutting and Z-Card giveaways. Also, they will be collecting non-perishable food items for Feeding Southwest Virginia.
News	7:00/8:00 AM	11/29/2022	This holiday season is the 13th year of decorating "Wreaths for a Cause" at The Institute in Danville. Last year they raised \$16,000 and this year's goal is to hit \$20,000. Whichever wreath raises the most money now until December 15 will get an extra thousand dollars donated to their charity. An Open House for the auction will be December 15 from 5:30 to 7:30 p.m. and will cost \$10 dollars to attend with 100% profits being donated to United Way of the Danville & Pittsylvania County Area.
News	6:30/7:30/8:30 AM	11/29/2022	President Biden said that Russia has abruptly postponed the scheduled resumption of arms control talks this week. The talks were scheduled to begin today in Egypt and last through next week. Russia has promised to propose new dates but has offered no reason for the delay.
News	7:00/8:00 AM	11/29/2022	Governor Glenn Youngkin said that SmartRoof, one of the East Coast's leading roofing companies, will invest \$350,000 to expand in Fairfax County. The company will relocate from its current location to Sunset Hills Road in Reston. The project will create over 400 new jobs over five years.
News	6:30/7:30/8:30 AM	11/29/2022	An upcoming lane closure in the Lynchburg Expressway may cause some disruptions for drivers in the city. Starting today, one lane on the Lynchburg Expressway at the Main Street Bridge will be closed. As long as there is good weather, the project is scheduled to be finished by Friday.
News	7:00/8:00 AM	11/29/2022	Many in Charlotte NC are remembering the legacy of Meteorologist Jason Myers. Myers passed away in a helicopter crash earlier this week. Myer's funeral is planned for Saturday.

News	6:30/7:30/8:30 AM	11/30/2022	As we enter the winter holiday season, we find ourselves in the midst of what some are calling a tripledemic of respiratory illnesses. RSV, Covid and the flu. While all are circulating rapidly, RSV is dominant and highly contagious. Symptoms mimic those typical of any upper respiratory infection: cough, fever, congestion, and runny nose.
News	7:00/8:00 AM	11/30/2022	Virginia is now on the road to electric vehicles, after the General Assembly passed a law under the previous administration that would ban the sale of new gas- and diesel-powered cars by 2035. If the law holds, many wonder if Virginia would be ready to flip the switch.
News	6:30/7:30/8:30 AM	11/30/2022	Governor Glenn Youngkin said that Technomics an employee-owned decision analysis company that specializes in cost analysis, data management, and data analytics, has invested \$1.7 million to expand in Arlington County. The company is leasing an additional square foot of space at South Clark Street to increase capacity. Virginia successfully competed for the project, which will create 150 new jobs.
News	7:00/8:00 AM	11/30/2022	The United States Men's soccer team is through to the round of 16 with a 1-0 win over Iran. Next up they will take on the Netherlands Saturday, at 9am.
News	6:30/7:30/8:30 AM	11/30/2022	Law firm, Morgan & Morgan, filed a lawsuit against Walmart on behalf of an employee who was impacted by the incident at the Chesapeake store. Donya had worked at the Walmart for more than a year and submitted a written complaint to Walmart about the alleged attacker's behavior more than two months prior to the incident. Walmart acknowledged the complaint but then continued to employ the perpetrator.
News	7:00/8:00 AM	11/30/2022	Congressman Donald Mc Eachin passed away this week after a battle with cancer. He was 61. Several congressmen paid their respects and governor Glen Youngkin ordered flags to be at half-staff.
News	6:30/7:30/8:30 AM	11/30/2022	China launched a rocket yesterday carrying three astronauts to complete construction of the country's permanent space station, during which they will expand the facility to its maximum capacity of six crew aboard. The six-month mission will be the last in the station's construction phase.
News	7:00/8:00 AM	11/30/2022	Liberty athletic director Ian McCaw announced that Josh Aldridge would be the interim head coach since Hugh Freeze was announced head coach at Auburn. Aldridge has been on staff since 2019 and has been the co-defensive coordinator since last season. He will lead the

			team through the remainder of practices and coach in the bowl game.
News	6:30/7:30/8:30 AM	12/1/2022	Supervisors in San Francisco voted to give city police the ability to use remote-controlled robots in emergency situations. The robots are typically used to gain situational awareness and survey specific areas officers may not be able to reach. They are also used to investigate and defuse potential bombs, or aid in hostage negotiations.
News	7:00/8:00 AM	12/1/2022	Roanoke City Public Schools have announced their Teacher of the Year. Adria Cintron is an eighth-grade teacher at Woodrow Wilson Middle School and has been teaching for 25 years. She believes in making every year different because all students are all unique.
News	6:30/7:30/8:30 AM	12/1/2022	A school bus driver and several students were sent to the hospital after their bus crashed in Accomack yesterday. The accident happened near Boggs Road. The cause of the accident was that the driver experienced a medical emergency then ran into a ditch, striking an electrical pole. 14 students, between the age of 5 and 10 were taken to a local hospital. The extent of their injuries is still unknown.
News	7:00/8:00 AM	12/1/2022	The Corolla Wild Horse Fund is raising money to feed rescued horses. Their goal is to keep every horse wild and free for the entirety of its life, but sometimes that's not possible. If a horse has to be removed from the wild it will find permanent sanctuary at the rescue farm on the mainland. You can donate to CWHF online or attend their open house at the farm on December 10.
News	6:30/7:30/8:30 AM	12/1/2022	The House passed a bill to avert a railway strike, taking the first major step in avoiding a walkout of workers that would have drastic effects on the U.S. economy as it heads into the holiday season. Lawmakers also passed a separate measure that would give rail workers seven days of paid sick leave per year.
News	7:00/8:00 AM	12/1/2022	If you are out and about shopping for the holiday season, you'll want to make sure you check out your children's clothing purchases. The Roanoke City and Alleghany Health Districts are warning parents across the Commonwealth about a recall surrounding clothing sets being sold at TJ Maxx, Ross, Burlington, Amazon, and elsewhere that contain levels of lead that exceed the federal lead content ban.

News	6:30/7:30/8:30 AM	12/1/2022	Governor Glenn Youngkin donated his fourth-quarter salary to Pathways in Petersburg. He presented a check for \$43,000 to the organization that provides life skills coaching, workforce development training, and financial education to individuals from low-income backgrounds.
News	7:00/8:00 AM	12/1/2022	Starting Dec. 5, drivers heading south on I-81 can expect delays due to lane closures. The roadwork is tentatively scheduled to begin Monday, at 7 p.m. The two lane closures will be at mile marker 138.4 in Roanoke County near Salem where they are working on bridge repairs, and the other in Botetourt County at mile marker 158 where they are paving the ramp at the Troutville rest area.
News	6:30/7:30/8:30 AM	12/2/2022	The Supreme Court said the program to cancel student loans will remain blocked for now, but the justices agreed to take up the case in late winter. They are likely to determine whether the widespread loan cancellations are legal by late June about two months before the newly extended pause on loan repayments is set to expire.
News	7:00/8:00 AM	12/2/2022	The date has been set for the 2023 day of prayer. May 4th will be the day and the theme this coming year will be Pray Fervently in Righteousness and Avail Much. It is based on James 5:16, and serves as a reminder of the promise that, prayer is effective. The annual broadcast is scheduled for 8 p.m. on a variety of networks.
News	6:30/7:30/8:30 AM	12/2/2022	The Virginia Department of Health has announced the first death in the Commonwealth associated with Monkeypox, now referred to as Mpox. The victim was an adult who lives in the Hampton Roads area. Mpox is a viral disease that can spread from person to person through close or intimate contact.
News	7:00/8:00 AM	12/2/2022	Visit the Lynchburg Museum on Court Street, during the month of December to see a special display of vintage toys from different eras of Lynchburg's history. The mini exhibit will open with a reception tonight from 6 to 8:00 and will remain on display through Saturday, December 31.
News	6:30/7:30/8:30 AM	12/2/2022	An Atlantic hurricane season that had 14 named storms has officially ended. Residents in Florida and Puerto Rico continue to deal with the damage caused by Hurricanes Ian, Nicole, and Fiona. The 2022 season had an unusually calm first half but made up for that with the three destructive hurricanes in the second half, ending with an average number of named storms.



News	7:00/8:00 AM	12/2/2022	Mauna Loa the world's largest active volcano is erupting again, and lava is slowly approaching a major thoroughfare connecting the Big Island's east and west sides. Attempts are going on now to divert the flow of lava which has been a struggle even despite technological advances.
News	6:30/7:30/8:30 AM	12/2/2022	Bedford County Sheriff's Office deputies need the public's help to help put a smile on children's faces this holiday season. Their annual "Toys for Kids" drive is going on now through Dec. 9th. You can drop off unwrapped toys at several different locations throughout Bedford.
News	7:00/8:00 AM	12/2/2022	Wells Fargo showed some love to a local shelter for the homeless in Roanoke this week. Local Wells Fargo employees served dinner at the Rescue Mission of Roanoke and provided a \$15,000 gift to support the mission and its efforts to provide "The Three E's" to its guests. Entry, Establishment, and Empowerment. The idea is to provide a varying degree of support tailored to each guest's own level of interest. The mission has been serving over 200 daily.
News	6:30/7:30/8:30 AM	12/5/2022	US Defense Secretary said he wants to keep the military's COVID-19 vaccine mandate in place to protect the health of the troops, however this past week more than 20 governors sent a letter to President Joe Biden asking that the administration remove the mandate saying it has hurt the U.S. National Guard's ability to recruit troops. Congress may consider ending the mandate later this week.
News	7:00/8:00 AM	12/5/2022	The world's largest active volcano Mouna Lowa in Hawaii is sending molten lava closer to a major highway that serves as the shortest route between the east and west sides of the Big Island. Currently the eruption poses no immediate threat to any homes.
News	6:30/7:30/8:30 AM	12/5/2022	Virginia Tech students are gaining work experience while making a difference by designing and assembling weather-proof backpacks for those experiencing homelessness and those suffering from addiction. Each backpack will have a foldable tarp and a first aid kit, plus much-needed supplies, including hygiene items, sunscreen, hats, and gloves.
News	7:00/8:00 AM	12/5/2022	Sheetz has announced their annual "Sheetz For the Kidz" donation campaign. Customers can support local families in need of clothes, toys, and more this holiday season by adding a donation at check-out. In partnership with Make-A-Wish, funds

			raised during the campaign also sponsor the wishes of children with life-threatening medical conditions.
News	6:30/7:30/8:30 AM	12/5/2022	Russian President Vladimir Putin fell down the stairs at his home. His fall comes as concerns over his overall health have increased. The Russian leader is battling cancer and Parkinson's disease. An investigation into how the Russian president managed to fall down the stairs has been launched.
News	7:00/8:00 AM	12/5/2022	The United States men's soccer team was eliminated from the World Cup Saturday after a 3-1 loss to the Netherlands. The starting lineup for the United States was its youngest for a World Cup knockout match at 25 years.
News	6:30/7:30/8:30 AM	12/5/2022	The Elizabeth City Fire Marshal's Office is investigating after a fire heavily damaged the Goodwill store. Firefighters had to issue a second alarm but were able to get the fire under control within 45 minutes and everyone was able to get out safely with no injuries. The Elizabeth City store is the only Goodwill location in the northeast North Carolina area, with the next closest being in Kitty Hawk.
News	7:00/8:00 AM	12/5/2022	Jamey Chadwell, the former coach of Liberty University's rival Coastal Carolina, will be the next head football coach for the Liberty Flames football program. Liberty will play in the Boca Raton Bowl vs. Toledo on Tuesday, Dec. 20 at 7:30 p.m.
News	6:30/7:30/8:30 AM	12/6/2022	The Department of Homeland Security announced its intent to extend the REAL ID enforcement date by 24 months, from May of '23 to May 7 of '25. Under the new regulations states will have additional time to ensure their residents have driver's licenses and identification cards that meet the security standards.
News	7:00/8:00 AM	12/6/2022	With no suspects or motive announced, the FBI is joining the investigation into power outages in a North Carolina county believed to have been caused by intentional and targeted attacks on substations that left around 40,000 customers in the dark prompting a curfew and emergency declaration. An investigation is underway to find who was responsible.
News	6:30/7:30/8:30 AM	12/6/2022	NASA's Orion capsule and its test dummies flew one last time around the moon yesterday before heading home. Orion will aim for a Pacific splashdown Sunday off San Diego, setting the stage for astronauts on the next flight in a couple years.

News	7:00/8:00 AM	12/6/2022	It's beginning to look a lot like Christmas in the homes of many military families with a special gift from Trees for Troops. Hundreds of donated trees are being gifted to the Marines and Sailors at Camp Lejeune and many from all across the country pitched in to purchase these trees.
News	6:30/7:30/8:30 AM	12/6/2022	Pfizer is asking U.S. regulators to authorize its updated COVID-19 vaccine for children under age 5 not as a booster but part of their initial shots. Children ages 6 months through 4 years are supposed to get three extra-small doses of the original Pfizer COVID-19 vaccine as their primary series. If the Food and Drug Administration agrees, a dose of Pfizer's omicron-targeting vaccine would be substituted for their third shot.
News	7:00/8:00 AM	12/6/2022	Many on the Big Island of Hawaii are bracing for the possibility that lava from the Mauna Loa volcano will cross a key highway and block the quickest route connecting the two sides of the island. The molten rock could make the road impassable and force drivers to find alternate routes, it doesn't help that that eruption is also drawing tourist to the island.
News	6:30/7:30/8:30 AM	12/6/2022	State police are urging Virginians to buckle up this holiday season, citing multiple fatal crashes that happened over the Thanksgiving weekend, where a driver or passenger was not wearing a seat belt. DRIVE SMART Virginia says about 20% of Virginia drivers are not wearing their seat belt on a regular basis.
News	7:00/8:00 AM	12/6/2022	Yesterday morning, a group prayed outside of B.M. Williams Primary School in Chesapeake in response to a newly formed club. The club is organized by the Satanic Temple & Reason Alliance is not a school district-approved club, but will be allowed to rent the schools facilities because they cannot discriminate based on beliefs among different groups.
News	6:30/7:30/8:30 AM	12/7/2022	Samaritan's Purse, the North Carolina-based international Christian relief and evangelism organization, has just crossed the threshold of 100 million pounds of food distributed in the war-torn country of Ukraine. Every week since the conflict began, the charitable group has been flying relief supplies and food to Ukraine.
News	7:00/8:00 AM	12/7/2022	A recall has been issued for Oscar Mayer's ready-to-eat ham and cheese loaf due to possible cross-contamination with under-processed products. The products were produced on Oct. 10th and are in 16-oz vacuum packaging and the label should read "Oscar Mayer Ham & Cheese Loaf."

News	6:30/7:30/8:30 AM	12/7/2022	The United States Postal Service Distribution Center is like the North Pole this time of year. Over 138,000 packages came into the Roanoke facility over the weekend alone. USPS says to make your deliveries as smooth as possible, make sure you pay attention to deadlines and check the address twice to make sure the zip code is correct.
News	7:00/8:00 AM	12/7/2022	Carter Myers Automotive is helping give back to children this holiday season. They collected 58 bikes to donate to two organizations. Patrick Henry Family Services and the Boys and Girls Club are excited for children to receive these awesome donations.
News	6:30/7:30/8:30 AM	12/7/2022	The first-ever U.S. auction of leases to develop commercial-scale floating wind farms, in the deep waters off the West Coast took place yesterday. The live, online auction is for five leases, three off California's central coast and two off its northern coast. So far 43 companies from around the world are approved to bid.
News	7:00/8:00 AM	12/7/2022	Emergency benefits for Virginia's Supplemental Nutrition Assistance Program will continue through December, according to the Virginia Department of Social Services. The increased benefits will be loaded onto EBT cards on Friday, Dec. 16. The amount you receive is based on your household size.
News	6:30/7:30/8:30 AM	12/7/2022	Almost ten million dollars will be going to nursing homes and long-term facilities across the state of Virginia to help with the ongoing COVID-19 response. The Virginia Department of Health received a \$9.9 million grant to help nine different organizations, with the funds provided by the CDC.
News	7:00/8:00 AM	12/7/2022	Henrico County Public Schools are testing out new security measures like using metal detectors and wands at different entry points in schools across the county. They have also requested more random K9 sweeps throughout the district.
News	6:30/7:30/8:30 AM	12/8/2022	Ukraine's president and the spirit of Ukraine have been named Time's 2022 Person of the Year. Ukraine's President has been called a hero by many in his country and has established himself as a symbol of defiance and democracy while he continues to lead the nation through Russia's attacks on Ukraine.
News	7:00/8:00 AM	12/8/2022	A surge in online scams this holiday season has many shoppers unaware of how they're being targeted. One of the biggest scams this year is refund fraud which is when someone gets something from an online retailer and then gets the retailer to refund the purchase without returning the item.

News	6:30/7:30/8:30 AM	12/8/2022	A Roanoke real estate development group has revised its plans to develop new townhomes along Brandon Avenue. Earlier this week they shared the new proposal with community members and neighbors that are worried that it will cause traffic in what they say is an already congested area. Roanoke's Planning Commission will hear the proposal on Monday.
News	7:00/8:00 AM	12/8/2022	The debate over who should own the land where a confederate monument sits is unfolding in Mathews County Virginia. The Mathews County Board of Supervisors held a public hearing, giving the community a chance to talk about a proposal to transfer the public land where the monument has sat since 1912 to a private group. The meeting ended with no vote and the board said there needs to be more discussion before the county deeds the land to any private group.
News	6:30/7:30/8:30 AM	12/8/2022	Respiratory illnesses are rising across the United States and here in the Commonwealth. Whether it's RSV, Flu, or COVID-19, patients are flooding health facilities. The Virginia Department of Health is urging you to get your flu and covid shots, including boosters. The CDC has deemed Virginia and North Carolina as states with very high Influenza rates.
News	7:00/8:00 AM	12/8/2022	Days after what officials called a targeted attack on power substations in North Carolina, federal law enforcement is warning of similar possible attacks. It is too early to know a motive for the damage that caused widespread power outages in Moore County, North Carolina, but there have been similar cases of vandalism and plots across the country in recent months. The investigation remains ongoing, and authorities say no suspects have been identified or arrested.
News	7:00/8:00 AM	12/8/2022	A fire destroyed the vacant Givens Books building in Salem. The building was on East Main Street and no injuries have been reported. The building was actually scheduled to be demolished but the fire took care of the demo. Investigators are trying to determine the cause.
News	6:30/7:30/8:30 AM	12/8/2022	A Coast Guard investigation into the grounding in March of the Ever Forward, a cargo ship in the Chesapeake Bay, found the pilot tasked with helping the ship navigate the waterway, at fault. He relied too much on one piece of equipment to navigate and was on his cellphone during the navigation process which led to the grounding.

News	6:30/7:30/8:30 AM	12/9/2022	U.S. regulators have cleared doses of the updated COVID-19 vaccines for children younger than age 5. The FDA now has authorized use of the tweaked shots starting at age 6 months -- but just who is eligible depends on how many vaccinations they've already had, and which kind. Only about 5% of youngsters under age 5 have gotten the full primary series of vaccinations.
News	7:00/8:00 AM	12/9/2022	Russia freed WNBA star Brittney Griner in a high-level prisoner exchange, with the U.S. releasing a Russian arms dealer. The fact that the deal was a one-for-one swap was a surprise given that U.S. officials are also trying to bring home Paul Whelan, a security executive jailed in Russia on espionage charges that the U.S. government says are baseless.
News	6:30/7:30/8:30 AM	12/9/2022	The future of Maury High School hangs in the balance as the Norfolk School Board weighs what to do next with the 112-year-old building. One option is to demolish the building and put up a new \$158 million-dollar state-of-the-art school. The new four-story building would take nearly two years to build and would be built behind the current building. The board hopes to determine the building's future by the end of the school year.
News	7:00/8:00 AM	12/9/2022	The Lynchburg Humane Society is hoping that you'll find a "Best Friend for the Holidays." They are partnering with Best Friends Animal Society, an animal welfare organization, to host a holiday adoption extravaganza today through Sunday.
News	6:30/7:30/8:30 AM	12/9/2022	Russian President Vladimir Putin said that his operation in Ukraine is taking longer than expected but said it has succeeded in seizing new territory and added that his country's nuclear weapons are deterring escalation of the conflict. Despite its length, he has showed no signs of letting up, vowing to consistently fight for Russia's interests.
News	7:00/8:00 AM	12/9/2022	General Motors is planning to put thousands of electric vehicle chargers in rural America. The plan to install up to 40,000 chargers comes amid GM's plans to sell exclusively zero-emission passenger vehicles by 2035. They will be the slower, yet still relatively powerful "Level 2" chargers and will go in places where drivers might leave their vehicles parked for a couple of hours, like parks, sports venues, or downtown shopping districts.

News	6:30/7:30/8:30 AM	12/9/2022	A bill to cancel the COVID-19 vaccine mandate for members of the U.S. military and provide nearly \$858 billion for national defense passed the House. This is the second consecutive year Congress significantly exceeded President Biden's request for military funding, as lawmakers seek to boost the nation's military competitiveness with China and Russia.
News	7:00/8:00 AM	12/9/2022	There will be no city-imposed fee for use of plastic bags at area stores, in Virginia Beach as of now. The proposal to implement a 5-cent per bag fee aimed at reducing litter around the city and in waterways was put on hold at the city council meeting. Under state law, the majority of money raised by the fee will go back to the city to support environmental cleanup.
News	6:30/7:30/8:30 AM	12/12/2022	The FDA is reviewing comments on a policy that could alter the way Americans use LASIK surgery to improve their vision. The FDA proposal pushes for warnings about double vision, dry eyes, ongoing pain, and other issues. It even says you might still need eyeglasses after the surgery. About 500,000 adults opt for the procedure each year.
News	7:00/8:00 AM	12/12/2022	Scientists lowered the alert level for the Mauna Loa volcano on Hawaii's Big Island from a warning to a watch and said the mountain's first eruption in nearly 40 years may soon end. The lava flow has also declined nearly 2 miles from the vital highway that residents and tourists use to travel between the east side of the island and coastal resorts to the west.
News	6:30/7:30/8:30 AM	12/12/2022	Virginia Metal Fab a local manufacturing company announced a \$9 million expansion creating 130 new jobs at the former Thomasville Furniture plant in Appomattox. Virginia Metal Fab is bringing back new life to the facility, which shut its doors in 2011.
News	7:00/8:00 AM	12/12/2022	For the first time in memorable history, a nativity scene will be displayed in front of the Virginia State Capitol this holiday season. The display is in front of the Bell Tower on North 9th Street in Richmond. Virginia is one of four states to display a nativity scene outside their state capitols for the first time.
News	6:30/7:30/8:30 AM	12/12/2022	The Federal Aviation Administration is reviewing a proposal about how they test airline seat sizes. The Emergency Vacating of Aircraft Cabin Act would require the FAA to look at how children, seniors, those that are disabled, and carry-on bags impact aircraft evacuation times. Airlines have been downsizing their seats for years, leading Congress to set new standards in 2018 to

			ensure passengers can evacuate a plane in 90 seconds or less.
News	7:00/8:00 AM	12/12/2022	Twitter is once again attempting to launch its premium service. The social media company said the service will cost \$8 a month for web users and \$11 a month for iPhone users. Subscribers will see fewer ads, be able to post longer videos and have their tweets featured more prominently.
News	6:30/7:30/8:30 AM	12/12/2022	Times are changing in Pulaski as leaders are looking to transform a former school facility into affordable housing. Their goal is to transform the former Pulaski Middle School, which includes classrooms, the gymnasium, and an auditorium, into 102 apartment units and some lofts. The total project costs about \$18 million.
News	7:00/8:00 AM	12/12/2022	Another significant stretch of the Blue Ridge Parkway in western Virginia has been closed due to a weather-related rockslide. The National Park Service said boulders and soil tumbled across a section of the scenic byway north of Roanoke. That means a roughly 15-mile stretch will be closed for all uses until further notice.
News	6:30/7:30/8:30 AM	12/13/2022	Kids are benefitting from dog therapy in war torn Ukraine. Dogs arrived to a rehabilitation center on the outskirts of the Ukrainian capital, ready to start helping kids who are effected in several different ways from the ongoing war. The Center for Social and Psychological Rehabilitation is a state-operated community center where they can get help coping with traumatic experiences after Russia's invasion.
News	7:00/8:00 AM	12/13/2022	A company that makes baby formula has voluntarily issued a recall out of an abundance of caution after a third-party packaging facility sample tested positive for bacteria. The recall covers five batches of ByHeart Whole Nutrition Infant Formula due to the potential for cross-contamination. Parents who purchased the recalled products should throw it out and ByHeart will cover the cost of two cans of alternate formula.
News	6:30/7:30/8:30 AM	12/13/2022	A new neurology clinic is open in Franklin County. Carilion Clinic Neurology is located on Franklin St. in Rocky Mount and offers access to specialized care for Franklin County residents and more. Treatment of several conditions will be available, including seizures, stroke, dementia, Parkinson's disease, and headaches.



News	7:00/8:00 AM	12/13/2022	Crews in Richmond removed the city's last publicly owned Confederate memorial. Workers lifted up the statue of A.P. Hill a Confederate general and placed it on a flatbed truck to take to the Black History Museum and Cultural Center of Virginia.
News	6:30/7:30/8:30 AM	12/13/2022	A giant storm in the West with heavy snow, gusty winds, and coastal flooding, is moving eastward, threatening blizzard conditions in the Midwest and tornadoes in the South. Winter weather alerts are in place for more than 10 million across nearly a dozen states from California to Minnesota.
News	7:00/8:00 AM	12/13/2022	Governor Glenn Youngkin launched a major initiative to end the Temporary Detention Order crisis. The Prompt Placement TDO Task Force brings together government agencies, public and private hospitals, law enforcement, and other community partners to address the crisis facing those that are waiting for behavioral health services.
News	6:30/7:30/8:30 AM	12/13/2022	Unlike the past two years, isn't any restrictions at the moment for traveling, which is good news, but there are some things you need to know. Christmas, and New Year's Day being on a Sunday will change travel dynamics with more deciding to fly on those days. The best travel days this year will be Dec. 18, 19, 20, 24 or 25. You'll get cheaper airfare and also less crowds at airports. The same goes for best return dates, which are Dec. 28 and Dec. 29.
News	7:00/8:00 AM	12/13/2022	The special election to fill the 4th District Congressional seat left vacant following the death of Congressman Donald Mc Eachin will take place February 21. The last day for candidates to file is December 23. Mc Eachin died of cancer in November, just weeks after he was re-elected to Congress.
News	6:30/7:30/8:30 AM	12/14/2022	Inflation in the United States slowed again last month meaning that price increases are coming down. However, the Federal Reserve plans to keep raising interest rates, a move that will further raise borrowing costs for consumers and businesses. Inflation still remains far above the annual 2% target and might not reach it again until 2024.
News	7:00/8:00 AM	12/14/2022	Russian President Vladimir Putin will not be holding his annual year-end marathon news conference this month amid the war in Ukraine, a break in the long-held tradition. This marks the 1st time in ten years, and many are saying it's because he wants to avoid unpleasant questions about what he calls Russia's "special military operation" in Ukraine.

News	6:30/7:30/8:30 AM	12/14/2022	Bedford County Public Schools has a plan to save on electric bills. According to the district, they have entered a partnership with Secure Solar Futures in Staunton and will begin the process of installing a solar panels at two of their schools, Montvale and Goodview Elementary. The projected savings on the electricity bills is \$4.7 million over the next 35-years.
News	7:00/8:00 AM	12/14/2022	A very confused cow had to be rescued from a physicians' office in Orange, Virginia, after leaping from a trailer and busting into the building. Local self-proclaimed cow catchers were called and immediately headed over on horseback to help retrieve the animal. The men reined in the cow without harming it.
News	6:30/7:30/8:30 AM	12/14/2022	Merck and Moderna are working on a potential skin cancer vaccine using the same technology behind the COVID-19 shots. The vaccine has led to an improvement in survival time in patients with phase three or four melanoma. They plan to start phase 3 of the study the next year before they submit the drug to regulators for approval.
News	7:00/8:00 AM	12/14/2022	The Virginia Department of Motor Vehicles is encouraging you to make use of its start anywhere feature online that lets you start transactions for several service prior to heading to a DMV location. You can begin your transactions virtually up to 30 days before going. You can also streamline the application process for a REAL ID online.
News	6:30/7:30/8:30 AM	12/14/2022	A bomb threat forced Virginia Beach Courts to close yesterday. Everyone was forced to evacuate. Deputies then did a sweep and declared an all-clear welcoming employees back to the building. Business is expected to resume as normal today.
News	7:00/8:00 AM	12/14/2022	The Town of Pulaski has a special gift for children in the community ahead of Christmas. The town says a grand opening is scheduled for the newly renovated playground on Friday. The event will be held at 2 p.m. at Kiwanis Park.
News	6:30/7:30/8:30 AM	12/15/2022	Lawmakers announced that they've reached an agreement that should allow them to avoid a government shutdown. The two chambers are expected to pass another short-term measure to keep the government running through Dec. 23.
News	7:00/8:00 AM	12/15/2022	Stellantis, formerly Fiat Chrysler is recalling about 1.4 million pickup trucks worldwide because the tailgates may not close completely. The recall covers Ram 1500, 2500 and 3500 pickups from 2019 to 2022. Customers will be notified starting Jan. 27, but in the meantime,

			you should make sure you secure any cargo you put in the bed.
News	6:30/7:30/8:30 AM	12/15/2022	Those in Blacksburg will now be able to ride public buses for free. The Blacksburg Town Council approved a fare-free bus network that started during the pandemic and will now be permeant. This will create faster boarding and more efficient staff time since they don't have to process fairs.
News	7:00/8:00 AM	12/15/2022	19 personnel members with the Norfolk-based USNS Comfort fell overboard while being transferred from a small boat to the Comfort during a mission stop in Haiti. Two sailors sustained minor injuries in the incident and are expected to make a full recovery.
News	6:30/7:30/8:30 AM	12/15/2022	The massive winter storm spawning across the country has created several tornadoes that wrecked buildings and injured several. Much of the central United States is bracing for blizzard-like conditions and the National Weather Service said as much as 2 feet of snow is possible in some areas. The severe weather threat also continues into Louisiana, Mississippi, Alabama and even the Florida Panhandle. Today central Virginia will experience some wet weather from this system as well.
News	7:00/8:00 AM	12/15/2022	The remains of Confederate general A.P. Hill were removed yesterday from underneath the statue of him that was taken away earlier this week. The remains are to be placed in a plot in Culpeper Virginia near where he was born.
News	6:30/7:30/8:30 AM	12/15/2022	Southwest VA Biochar, a leading producer of a highly absorbent charcoal that is thought to be a key component in soil health, will invest \$2.6 million to increase capacity at its operation in Floyd County. The company will make updates to its facility by adding new equipment, and it will create 15 new jobs.
News	7:00/8:00 AM	12/15/2022	Thousands of families felt the warmth of the holiday season as the Salvation Army in Richmond opened their Christmas Center with thousands of donated coats collected by Puritan Cleaners. There are also gifts for children. The Christmas Center will be open for families who have already registered for assistance through Dec. 19.

News	6:30/7:30/8:30 AM	12/16/2022	The Senate passed legislation to ban TikTok from U.S. government devices, in a move designed to limit security risks from the social media app. The move marks lawmakers' latest step against the app for fear that TikTok's user data could end up in the hands of the Chinese government.
News	7:00/8:00 AM	12/16/2022	The Virginia Beach Department of Public Health will host a free COVID-19 and flu vaccination clinic from 10 a.m. to noon Saturday at Kingdom Cathedral on Stone shore Road. Appointments are encouraged, but walk-ins will also be accepted.
News	6:30/7:30/8:30 AM	12/16/2022	The Town of Bedford says personal property bills for residents are now in the mail. This bill is separate from the bill residents get from the county and only residents within the town who own a vehicle valued at more than \$20,000 will get one. The bills due date says Dec 5th, but they want to be sure that you know they are not charging late penalty until after January 31.
News	7:00/8:00 AM	12/16/2022	A fire chief in Martinsville is retiring after serving the city's community for 25 years. Chief Ted Anderson Jr. will retire December 31. Effective January 1, Assistant Fire Chief Dan Howell will be promoted to the role of Fire Chief.
News	6:30/7:30/8:30 AM	12/16/2022	The Biden administration is again making some free COVID-19 tests available to all U.S. households as it unveils its plans for potential COVID surges this winter. After a three-month hiatus, the administration is making four rapid virus tests available through covidtests.gov. Cases have increased since Thanksgiving, and further increases are projected from indoor gathering and travel around Christmas and New Year's.
News	7:00/8:00 AM	12/16/2022	Virginia Gov. Glenn Youngkin laid out his proposed changes to the two-year state budget asking lawmakers to enact another \$1 billion in tax relief, including a corporate tax rate cut. The governor's proposed amendments will serve as a starting point for negotiations when the General Assembly convenes in January.
News	6:30/7:30/8:30 AM	12/16/2022	Help is on the way for Virginians with disabilities looking for affordable housing across the Commonwealth. U.S. Senators Mark Warner and Tim Kaine announced over \$900,000 in federal funding to help those between the ages 18-62 with disabilities access housing.

News	7:00/8:00 AM	12/16/2022	More than 60,000 gifts for children in-need left The Greenbrier for distribution as a part of the hotel's 12th annual Dream Tree for Kids Distribution. With more than 100 organizations involved from as far out as Ohio and Kentucky, groups submit applications and are chosen by The Greenbrier to come by and pick up loads of Christmas gifts for the children.
News	6:30/7:30/8:30 AM	12/19/2022	Pope Francis has revealed that he wrote a resignation letter in case medical problems impede him from carrying out his duties. Pope Francis turned 86 Saturday and has been increasingly using a cane to get around in public.
News	7:00/8:00 AM	12/19/2022	Wreaths across America day took place over the weekend to honor those who lost their lives serving our country. Wreath-laying ceremonies took place at more than 3,400 locations including Arlington National Cemetery in Virginia and Lynchburg held its 15th annual ceremony at The Old City Cemetery off Taylor Street.
News	6:30/7:30/8:30 AM	12/19/2022	Tyson Foods is celebrating Christmas by giving back to the community and distributing free food to those who need it to make sure everyone is fed this Christmas. They gave away 40,000 pounds of free chicken at Danville Community College. The most unique part of the food being handed out is that it is all locally grown here in Virginia.
News	7:00/8:00 AM	12/19/2022	France and Argentina faced off in the World Cup finals yesterday. The game ended in a tie at 3-3 and then headed to penalty kicks where Argentina pulled out the win 4-2.
News	6:30/7:30/8:30 AM	12/19/2022	Heating has been fully restored to Kyiv after the latest Russian bombardment that targeted water and power infrastructure. Ukrainian officials said Russia fired more than 70 missiles in one of its heaviest attacks since the invasion, forcing emergency blackouts nationwide and cutting access to heat and water.
News	7:00/8:00 AM	12/19/2022	U.S. Senators Tim Kaine and Susan Collins introduced the Infant and Early Childhood Mental Health Act to support children's access to mental health care. The program provides grants to human service agencies to develop, maintain, or enhance early intervention mental health programs and treatments for children from birth up to 12 years of age who have experienced trauma.
News	6:30/7:30/8:30 AM	12/19/2022	A new bill aims to set the starting salary for teachers at \$60,000. Schools nationwide have had trouble recruiting and retaining teachers, and low pay is a common issue. The bill also includes cost-of-living adjustments and sets

			the goal of closing that minimum salary gap within four years.
News	7:00/8:00 AM	12/19/2022	Carilion Children's and the Virginia Tech Men's and Women's Basketball teams are joining forces to bring awareness to childhood cancer. Patients at Carilion Children's Hospital got to decorate pairs of sneakers with the players for the upcoming Coaches vs. Cancer games at Virginia Tech in January. You can see the shoes hit the court on January 12th and 28th.
News	6:30/7:30/8:30 AM	12/20/2022	Multiple drones attacked Ukraine's capital yesterday, as Russian President Vladimir Putin prepared to visit ally Belarus, which provided their forces with a launch pad for Russia's invasion of Ukraine almost 10 months ago. Russia launched 23 drones, but Ukrainian forces shot down 18 of them.
News	7:00/8:00 AM	12/20/2022	Senator Mark Warner is calling on Virginians to provide feedback on internet coverage in their communities. Last month, the Federal Communications Commission released a new map with their best estimates of broadband coverage. Now, Warner is asking Virginians to review the map to make sure it's accurate. If you disagree with the map, you can challenge it through the FCC website by January 13.
News	6:30/7:30/8:30 AM	12/20/2022	Many of the kids in foster care who can be adopted are teens and they may not have a support system, or family to turn to. So, several of the teens from all over Virginia in the foster care system met at a conference put on by Project Life in Roanoke where they learned skills they may need later in life while connecting with other teens in a similar situation.
News	7:00/8:00 AM	12/20/2022	It's been a few months since North Carolina approved raises and bonuses for driver's license examiners at the DMV, but state transportation leaders say DMV offices are facing significant staffing shortages. That means those long lines could continue for the foreseeable future. Lawmakers plan to take up the issue in their next session.
News	6:30/7:30/8:30 AM	12/20/2022	The House Jan. 6 committee is wrapping up its investigation of the 2021 U.S. Capitol riot, with lawmakers opening a final public meeting. The Justice Department is considering criminal charges against former President Donald Trump and potentially against associates and staff. The criminal referral is most likely symbolic.

News	7:00/8:00 AM	12/20/2022	The Food and Drug Administration has been working to approve an experimental drug for her Lou Gehrig's disease. Patients with insurance coverage say the \$158,000 per year price tag set by drugmaker is fueling insurance delays or denials. Even when it is covered, some patients are paying between \$1,000 and \$4,000 per month. Drugmakers say the prices reflect the costly clinical trials needed to get FDA approval.
News	6:30/7:30/8:30 AM	12/20/2022	Governor Glenn Youngkin made an announcement that \$1.2 million in funding will be going to the Ready South West VA project that targets workforce expansion. The project will help create a new early childhood system to expand access for affordable childcare and strengthen the current network of providers.
News	7:00/8:00 AM	12/20/2022	Angels of Assii is giving away free pet food tomorrow. The event will be held from 12 p.m. to 3 p.m. at Roanoke Food and Produce, located on 4th St. Pet food will be distributed from the loading dock on the side of the building.
News	6:30/7:30/8:30 AM	12/21/2022	A strong earthquake shook parts of Northern California yesterday, cutting off power to tens of thousands, and causing some damage to buildings and roads. The magnitude 6.4 earthquake occurred about 210 miles northwest of San Francisco, close to the Pacific coast. Numerous aftershocks followed, and two lost their lives.
News	7:00/8:00 AM	12/21/2022	Ukraine and Russia's Presidents praised their troops for their resilience in the war. Ukraine's President applauded their courage, resilience and strength, and Russian President Vladimir Putin hailed the courage and self-denial of his forces. Both are trying to build morale as the conflict continues through its 10th month.
News	6:30/7:30/8:30 AM	12/21/2022	The Montgomery County Fire-EMS Department and law enforcement responded to a train derailment not far from the Lancer Truck Shop on Fork Road yesterday. Thankfully, no one was hurt and there was no hazard to the community other than traffic delays.
News	7:00/8:00 AM	12/21/2022	The ski season has officially started at Wintergreen Resort in Nelson County! Snow tubing is also open for the winter season and more trails will open within the next few days. They ask that you buy tickets online in advance.
News	6:30/7:30/8:30 AM	12/21/2022	Wells Fargo was ordered to pay \$3.7 billion in fines and refunds to customers by the U.S. government, the largest fine to date against the bank. There is a large list of consumer violations, from illegal fees, as well as incorrectly applied overdraft fees against savings and

			checking accounts. The incident impacted more than 16 million customers.
News	7:00/8:00 AM	12/21/2022	Congressional leaders unveiled a \$1.7 trillion spending package that includes another large round of aid to Ukraine, a nearly 10% boost in defense spending and roughly \$40 billion to assist those recovering from drought, hurricanes, and other natural disasters. They are racing to complete passage before midnight Friday or face a partial government shutdown going into the Christmas holiday.
News	6:30/7:30/8:30 AM	12/21/2022	A new program is looking to make mental health services more accessible in Roanoke. Starting in Jan. the Virginia Telemental Health Initiative will provide free telemental health services through the phone to those who are uninsured. The services will be available at several clinics throughout the Commonwealth.
News	7:00/8:00 AM	12/21/2022	The Mäch Tower at Busch Gardens Williamsburg is permanently closing. They made the decision to close the attraction after evaluating reviews and guest satisfaction. Mäch Tower has entertained visitors for over a decade since 2011. Guests have until January 8, to ride on the drop tower before it leaves the park for good.
News	6:30/7:30/8:30 AM	12/22/2022	An arctic blast is bringing extreme cold, heavy snow and intense wind across much of the U.S. starting today. The weather system, is expected to move from west to east in the next few days, disrupting travel. Much of the U.S. will see below-average temperatures through the middle and end of the week with some seeing winter weather.
News	7:00/8:00 AM	12/22/2022	In central Virginia and the coast, we can expect pockets of light freezing rain in areas to the west of the Blue Ridge Parkway. Snow and sleet will be possible north of I-64 early this morning as well. Towards the coast we are looking at mostly rain, and in the mountains and West Virginia there is the potential for snow.
News	6:30/7:30/8:30 AM	12/22/2022	Governor Glenn Youngkin is honoring the life of a police chief who was killed in the line of duty. Youngkin ordered flags be flown at half-staff across Virginia today to honor Brodnax (broad neck) County Police Chief Joseph Carey. Carey worked for 26 years at the Charlotte County Sheriff's Office and eight years on the county's Board of Supervisors.



News	7:00/8:00 AM	12/22/2022	The Virginia Department of Veterans Services is launching a campaign to bring license plates honoring female Veterans to the Commonwealth. To do this 450 pre-applications are due by Jan. 11. Then the Women Veterans License Plate Bill will be sent to the General Assembly.
News	6:30/7:30/8:30 AM	12/22/2022	Ukraine's President thanked President Joe Biden, and Americans for their support as he visited the White House. The two leaders had an Oval Office summit which was the Ukrainians first known trip outside his home country since Russia invaded in February. President Biden also warned that Russia is trying to use the winter as a weapon in the war.
News	7:00/8:00 AM	12/22/2022	The Biden administration also announced that it will provide \$1.85 billion in military aid to Ukraine. Russia was not happy about that and warned that increasing the supply of U.S. arms to Ukraine would intensify the war and Russia's defense minister called for expanding Moscow's military by at least 500,000.
News	6:30/7:30/8:30 AM	12/22/2022	Elon Musk plans on remaining Twitter's CEO until he can find someone to replace him. Millions of Twitter users asked him to step down in a poll he himself created and promised to abide by. Musk, who also heads up SpaceX, has acknowledged how difficult it will be to find someone to take over as Twitter's CEO.
News	7:00/8:00 AM	12/22/2022	Virginia is the 7th leading Christmas tree producer in the United States. While the holidays are when tree farms get the most attention, growing Christmas trees is a year-round operation. Farmers have to plan 8 years into the future because trees grow about a foot a year and trees in the eight foot tall range are the ones in most demand.