

Issue	Specific	Date	Air Time	Duration	Story	Content	Reporter
Full Record	health	1/2/2019 0:00	noon	50:17	How accurate is your at-home DNA testing kit accurate?	Dr. Fuki Hisama medical director of the UW Medicine Genetic Medicine Clinic tells us why you shouldn't necessarily trust your results. We also talk about why adults with developmental disabilities are being sheltered at the hospital, and we hear about how the Seahawks, Huskies and Cougars played. Plus: What will be the new sound of Seattle's NHL team?	Bill Radke
Health	vaccines	1/2/2019 0:00	3-6:30pm	04:22	Flu season in Washington is starting late, but may hit hard	A national flu prediction model from Columbia University shows flu activity in the Seattle area could spike over the next four weeks.	Kim Malcolm
Environment	science	1/3/2019 0:00	3-6:30pm	04:44	Coyote sightings in Seattle	Coyotes have roamed Seattle since the 1950s. As wolves were eradicated in the early 1900s, coyotes started filling the space.	Isolde Raftery
Health	health care	1/3/2019 0:00	5-9am	08:00	Some developmentally disabled adults are stuck living in hospitals in Washington state	Adults with disabilities are living in hospitals, because they have nowhere else to go.	Kate Walters

Arts & Life	Full Record	1/3/2019 0:00	noon	51:11	Are youth sports leaving too many kids out?	Tom Farrey, executive director at the Aspen Institute and Julie McCleery from the University of Washington Center for Leadership in Athletics talk about the big business of youth sports. We also examine what to watch for from special counsel Robert Mueller's investigation in 2019 and hear about more ailing orcas. Plus: Do you want to be composted when you're dead?	Bill Radke
Health	health	1/3/2019 0:00	noon	12:00	Want to know your genetic risks? Try talking	Have you spit into a tube and mailed it away to learn about your genetic history?	Alison Bruzek, Bill Radke
Health	sports	1/4/2019 0:00	noon	19:00	How do we get all kids to win at sports?	In sports, there are winners and losers. But for kids, the real winners are the ones who are given the opportunity to play in the first place.	Bill Radke
Business	education	1/4/2019 0:00	11:00pm	52:13	Get your newsy recap on our rapidly changing media landscape!	According to the Pew Research Center, in 1940 there were just over 40 million weekday newspaper readers in the U.S.	John O'Brien

Politics	Week in Review	1/4/2019 0:00	noon	51:30	This week we don't shutdown the news	Bill Radke reviews the week's news with the co-chair of Washington Independents Chris Vance, Erica Barnett writer of the city policy blog the C is for Crank and the chair of the Washington State Democratic Party Tina Podlodowski.	Amina Al-Sadi, Bill Radke
Arts & Life	artist profile	1/9/2019 0:00	3-6:30pm	06:23	Preston Singletary stands out as a glass artist in the Pacific NW.	The Pacific Northwest has an international reputation as a center for glass art. But Preston Singletary stands out from the pack.	Marcie Sillman
Politics	transportation	1/7/2019 0:00	5-9am	04:44	Viadom in Seattle	Via-doom, the Seattle Squeeze, whatever you're calling it: Getting around Seattle is going to be a lot different after Friday, when the Alaskan Way Viaduct closes down for good.	Angela King, Jason Pagano
Arts & Life	Full Record	1/7/2019 0:00	noon	49:43	Survival of the fittest? Try survival of the sneakiest.	It turns out all those fables might have been right after all: the witty animal is often the one that prospers. Also: how do you feel about further automating your grocery shopping? A Washington state senator wants to legalize corpse composting, and whatever happened to the town of Zenith, WA.	Bill Radke

Environment	recycling	1/10/2019 0:00	5-9am	04:11	I used to be real self-righteous:' Seattleites confront how recycling really works	Seattle's recycling rules haven't changed. They are the same today as they have been for years, but we don't follow them.	Anna Boiko-Weyrauch
Politics	transportation	1/7/2019 0:00	3-6:30pm	05:12	We've been arguing about the viaduct since before it was even built	Kim Malcolm talks with Leonard Garfield about the history of the Alaskan Way Viaduct, and why it's been an ongoing source of controversy from the very start.	Andy Hurst, Kim Malcolm
Business	groceries	1/7/2019 0:00	noon	17:00	Microsoft and Kroger team up against Amazon	There's a new showdown in the high-tech grocery aisle: Kroger, the parent company of Fred Meyer and QFC, has partnered with Microsoft to take on Amazon and Whole Foods.	Amina Al-Sadi, Bill Radke
Politics	environment	1/11/2019 0:00	5-9am	04:29	Obituary for a Viaduct	It was like a bad boyfriend. Loud. Dirty. Unstable.	Carolyn Adolph, Isolde Raftery
Environment	recycling	1/10/2019 0:00	podcast	10:30	So you like to recycle. Chances are you're doing it wrong	We take our recycling pretty seriously here in the Pacific Northwest. But are we doing it right? This episode of SoundQs will make you a better recycler.	Anna Boiko-Weyrauch, Deborah Wang
Arts & Life	Full Record	1/8/2019 0:00	noon	50:16	Governor Inslee	We ask the governor about his proposal for a public option for health insurance. What would that mean for you? And does social media have to be toxic, or is there a better way?	Bill Radke

Politics	government	1/9/2019 0:00	noon	26:00	Gov. Jay Inslee	If he runs for president, Governor Jay Inslee will not be taking donations from the fossil fuel industry. Is that relevant yet? Only time will tell.	Alison Bruzek, Amina Al-Sadi, Bill Radke
Politics	government	1/8/2019 0:00	3-6:30pm	04:22	How the government shutdown in impacting workers in Washington state	Kim Malcolm talks with KUOW reporter Paige Browning about how the partial shutdown of the federal government is affecting workers in Washington state.	Andy Hurst, Kim Malcolm, Paige Browning
Politics	government	1/9/2019 0:00	5-9am	05:35	Rep. Smith: 'No reason on Earth' to keep government closed	Democratic Congressman Adam Smith talks with Angela King about President Trump's Tuesday night immigration address and efforts to reopen the federal government.	Angela King
Politics	government	1/9/2019 0:00	5-9am	04:42	Rep. Jayapal:	Democratic Congresswoman Pramila Jayapal talks with KUOW's Angela King about news of Deputy Attorney General Rod Rosenstein's plans to leave the Justice Department and ongoing talks to end the federal government shutdown.	Angela King

Arts & Life	Full Record	1/9/2019 0:00	noon	50:55	Is it dangerous to keep parks open during the shutdown?	The nation's parks are open for business, but largely unstaffed. Congestion pricing might make it harder to get into Seattle, and you might be able to relieve your own congestion with bionic plants in the home. Plus, the story of how Sub Pop put Seattle on the map.	Bill Radke
Health	government	1/10/2019 0:00	noon	11:00	In Washington state, it may be legal to turn yourself into a pot plant when you die	When the Washington state Legislature returns next week, a new way to dispose of human remains will be proposed: composting.	Bill Radke, Matt Martin
Arts & Life	Full Record	1/10/2019 0:00	noon	50:25	Eat at your own risk	Sooo, the FDA isn't inspecting your food at the moment -easy on the salads? Farther from home, what are some ways to stay safe while you travel? We look inside the world of elite youth sports. And: Sephora wants to sell you \$24 Kush Mascara. What a time to be alive.	Bill Radke
Science	opioids	1/10/2019 0:00	3-6:30pm	04:44	How a smart phone app could save the lives of opioid users	Kim Malcolm talks with Dr. Jacob Sunshine about the smartphone app Second Chance.	Andy Hurst, Kim Malcolm

Politics	government	1/11/2019 0:00	5-9am	04:04	Here's what state lawmakers will be up to when they start work next week	Political analysts C.R. Douglas and Joni Balter talk with Angela King about the top priorities for the 2019 state legislative session, which begins January 14.	Angela King
Politics	homeless	1/11/2019 0:00	5-9am	03:12	Poll: People want to go big to fight homelessness, but	Angela King talks with Seattle Times Project Homeless reporter Vianna Davila about a new Seattle Times /Elway Research public opinion poll of King County residents.	Angela King
Politics	Week in Review	1/11/2019 0:00	noon	51:14	This week we're looking for the bright side of the rain	Bill Radke reviews the week's news with the host of Civic Cocktail on Seattle Channel Joni Balter, Crosscut's city politics reporter David Kroman and Monica Nickelsburg Geekwire's Civics Editor.	Amina Al-Sadi, Bill Radke
Politics	Week in Review	1/11/2019 0:00	noon	51:14	This week we're looking for the bright side of the rain	Bill Radke reviews the week's news with the host of Civic Cocktail on Seattle Channel Joni Balter, Crosscut's city politics reporter David Kroman and Monica Nickelsburg Geekwire's Civics Editor.	Bill Radke

Arts & Life	Full Record	1/14/2019 0:00	noon	50:55	How to improve your life by... limiting choice?	Contrary to what Starbucks and Tinder would have you believe, innumerable choices might just be making you miserable. Now that the viaduct's gone, what will you see in its place? What really goes on after you send your (improperly sorted) recycling to the facility? And finally, some true tall tales about Seattle.	Bill Radke
Arts & Life	food	1/15/2019 0:00	3-6:30pm	04:28	Chef's day off	You enjoy their food, their creativity, their work. But where do chefs they get their inspiration? What do they do when they're not working? And what do they eat?	Ruby de Luna
Arts & Life	business	1/15/2019 0:00	noon	21:00	The downsides of being	A simpler customer experience can actually produce a happier customer.	Alison Bruzek, Bill Radke
Health	health	1/15/2019 0:00	5-9am	04:05	These Washington state moms want to end asthma before it starts	Asthma rates for African-American, Latino and poor communities in Washington state are very high. A group of moms in Tacoma decided to take on the problem.	Eilis O'Neill
Health	business	1/15/2019 0:00	3-6:30pm	04:25	Microsoft is getting into the healthcare business	Kim Malcolm talks with Geekwire's Todd Bishop about why Microsoft is entering a retail partnership with the parent company of Walgreens.	Andy Hurst, Kim Malcolm

Arts & Life	housing	1/17/2019 0:00	podcast	17:45	Floating homes	We explore the history of houseboats and what makes this community so unique.	Caroline Chamberlain Gomez, Deborah Wang
Law	government	1/17/2019 0:00	5-9am	04:02	Not just pot cases -Seattle tries to lift 'colossal' burdens of low-level convictions.	This week the Seattle Municipal Court started vacating hundreds of convictions for marijuana possession. But it's just part of a larger push to keep low-level crimes from holding people back.	Amy Radil
Arts & Life	transportation	1/24/2019 0:00	podcast	16:30	Drawbridges	We'll look at why boats take priority over cars when it comes to opening drawbridges.	Deborah Wang, Matt Martin
Environment	climate change	1/16/2019 0:00	5-9am	01:09	Washington's carbon emissions keep getting worse	Gov. Jay Inslee has made fighting climate change a priority throughout his career and his positioning himself as a climate-driven candidate for president.	John Ryan
Health	government	1/16/2019 0:00	3-6:30pm	04:31	21 to buy tobacco and vaping products? WA lawmakers attempting to raise age	Kim Malcolm talks with State Sen. Patty Kuderer (D-Bellevue) about why she wants to raise the purchase age to 21 for tobacco and vaping products.	Andy Hurst, Kim Malcolm
Arts & Life	Full Record	1/15/2019 0:00	noon	58:16	The state of the state, from the legislature to the governor's mansion	Governor Inslee gives the State of the State address; King County Exec Dow Constantine replies. And we also hear more about the upcoming legislative session.	Bill Radke

Race	government	1/16/2019 0:00	11:00pm	18:38	Celebrate is not the word that comes to mind.' Ijeoma Oluo honors MLK	To honor Martin Luther King, Jr., engage with communities of color.' Ijeoma Oluo on truth, love and the legacy of MLK.	John O'Brien, Sonya Harris
Arts & Life	Full Record	1/16/2019 0:00	noon	50:15	How has the Indian community in the Puget Sound changed over time?	Fifty years of immigration has built a complex -and at times complicated - community in the region. Following the governor's State of the State address, Republican lawmakers wonder how Inslee will pay for his proposed reforms. And have you ever thrown anything into the recycling bin with unseemly hesitation? This conversation is for you.	Bill Radke
Business	housing	1/16/2019 0:00	5-9am	04:12	Microsoft puts half billion toward Seattle area housing	President Brad Smith connected the tech boom with homelessness and lack of affordable housing.	Isolde Raftery
Business	housing	1/17/2019 0:00	5-9am	04:12	Microsoft's housing push: 'When you create jobs you've got to create more housing'	Microsoft President Brad Smith explains why the company is making the largest gift in its history: A \$500 million pledge to address homelessness and affordable housing concerns in the Puget Sound region.	Angela King, Jason Pagano

Arts & Life	Full Record	1/17/2019 0:00	noon	49:25	What good is it to win the climate battle if you lose the electoral war?	Two researchers argue that before politicians can enact ambitious climate reforms -first they have to win. Microsoft wades into the moneylending game, in support of affordable housing. And, has America messed up motherhood? If so, how can we fix it?	Bill Radke
Arts & Life	business	1/23/2019 0:00	noon	15:00	An extremely brief history of Sub Pop	The sound of Seattle was shaped in part by a record label called Sub Pop. Thirty years ago, that label was just a fanzine in Olympia called Subterranean Pop.	Amina Al-Sadi, Marcie Sillman
Politics	government	1/18/2019 0:00	11:00pm	59:03	Trump through the looking glass. Reflections on an 'American con man'	Author David Shields discusses the peculiar nature of our 45th President, a man he says is 'wired to come undone.'	John O'Brien
Politics	Week in Review	1/18/2019 0:00	noon	51:09	This week we all missed the party on the Viaduct	Bill Radke reviews the week's news with former Washington state Attorney General Rob McKenna, former Seattle mayor Mike McGinn and the co-founder of the Evergrey newsletter Monica Guzman.	Amina Al-Sadi, Bill Radke
Race	history	1/20/2019 0:00	3-6:30pm	05:31	What Martin Luther King Jr. told Seattle the one time he visited	Martin Luther King Jr. visited Seattle one time -in 1961. He gave a speech that had lines that would make their way into his famous 'I have a dream' speech.	Isolde Raftery

Arts & Life	Full Record	1/22/2019 0:00	noon	50:49	Keep the faith - or else, says Washington State	2016's faithless electors are fighting their fines in court. Two state senators debate mental healthcare reform, and a Seattle librarian is tackling the problem of fake news. Lastly: in the smackdown for state clam, who will reign supreme?	Bill Radke
Politics	gender	1/22/2019 0:00	11:00pm	46:57	Voices from the 2019 Seattle Womxn's March	Themes included healing and thriving, peace through justice and local calls to action.	John O'Brien
Arts & Life	The Record	1/23/2019 0:00	noon	52:08	What Bob Ferguson does when hears not suing Donald Trump	What's the AG up to in his copious spare time? Mayor Durkan once again desires a streetcar, and Jay Inslee expands his presidential flirtation to New Hampshire. Lastly, anything can be fodder for comedy -including struggles with weight, mental health, and addiction, this comic found.	Bill Radke

Arts & Life	Full Record	1/24/2019 0:00	noon	51:02	Don't put a LID on it, say some downtown residents	Why some condo owners feel a waterfront improvement levy is taxation without real representation. Speaking of money: who's profiting from college athletes, and should that include the athletes themselves? One way to end the shutdown fight might be to remove the border entirely. And one comedian used humor to cope through the trauma of cancer, miscarriage, and rebirth.	Bill Radke
Education	transportation	1/28/2019 0:00	5-9am	03:27	School bus contractor owes Seattle Public Schools millions for late buses	Seattle school's contract with First Student requires them to pay the district for late and missed routes. But the district has not enforced that requirement. Here's why.	Ann Dornfeld
Arts & Life	politics	1/31/2019 0:00	noon	14:00	5 tips to spot fake news	Real headline or surreptitious propaganda? In the past few years, that's become harder to answer.	Adwoa Gyimah-Brempong, Bill Radke
Race	religion	1/24/2019 0:00	11:00pm	59:38	This is not a few random kooks.' Amidst a rise in hate crimes, Jonathan Weisman confronts anti-Semitism in America	((SEMITISM)): Being Jewish in America in the Age of Trump.'	John O'Brien

Health	homeless	1/24/2019 0:00	3-6:30pm	04:36	If it's an undercount, why do we still count the homeless each year?	The one-night count, explained.	Andy Hurst, Kate Walters, Kim Malcolm
Politics	Week in Review	1/25/2019 0:00	noon	50:47	This week the partial government shutdown ends-for now	Bill Radke reviews the week's news with KUOW's web editor Sydney Brownstone, The C is for Crank writer Erica Barnett and host of Civic Cocktail on the Seattle Channel Joni Balter.	Amina Al-Sadi, Bill Radke
Business	business	1/28/2019 0:00	3-6:30pm	03:39	For Seattle businesses, lack of a lease means sleepless nights	Stressing out. Seattle businesses lose longterm leases...and sleep.	Amy Radil
Politics	elections	1/28/2019 0:00	5-9am	04:33	Former Starbucks CEO Howard Schultz is thinking third-party White House run in 2020	Schultz made the announcement on '60 Minutes' on Sunday night.	Angela King

Arts & Life	Full Record	1/28/2019 0:00	noon	50:54	Criminals sleep in': the crime-fighting case for Daylight Savings Time	How pushing back the golden hour might boost public safety. Also, what can we learn from his Starbucks background now that Howard Schultz has announced for president? We learn about the ransomware attack on the city of Sammamish, and how right-handedness might be tied to breastfeeding.	Bill Radke
Politics	business	1/28/2019 0:00	noon	12:00	What Starbucks' history tells us about Howard Schultz's possible candidacy	Bill Radke speaks to Harvard Business School historian Nancy Koehn who has studied the coffee giant and its leader for the past two decades.	Alison Bruzek, Bill Radke
Politics	government	1/28/2019 0:00	3-6:30pm	05:05	Could Howard Schultz play spoiler? It's happened before	Kim Malcolm talks with University of Washington history professor Margaret O'Mara about the historical impact of independent and third party candidates on presidential elections.	Andy Hurst, Kim Malcolm
Politics	government	1/29/2019 0:00	5-9am	04:49	Democratic leader to Howard Schultz: Just don't	Washington Democratic leader Tina Podlowski says Howard Schultz should try out his ideas in a party primary and see how that works.	Angela King, Jason Pagano

Health	mental health	1/29/2019 0:00	5-9am	07:17	Alex was 13 and depressed. But his mom couldn't check in with his doctor	Alexa's life fell apart in middle school.	Deborah Wang
Health	mental health	1/30/2019 0:00	noon	13:49	Should parents be allowed to weigh in on teens' mental health treatment?	In Washington state, kids who are 13 and older can access mental health treatment on their own. They can refuse treatment, too. Parents have lobbied for decades to change the law.	Deborah Wang
Arts & Life	Full Record	1/29/2019 0:00	noon	50:37	I just wanted to be somebody': Henry Winkler will make you cry	In addition to being the Fonz and so much else, Winkler is the author of a young adult series about a boy very much like him. The Gates Foundation just cut their generous parental leave policy in half. What will that mean for new parents? And is Washington on track to get its own version of the GDPR?	Bill Radke
Arts & Life	transportation	1/31/2019 0:00	podcast	12:15	Potholes	They're everywhere in Seattle. Whether you drive a car, bike or motorcycle you've probably encountered them.	David Hyde
Arts & Life	Art of Our City	1/31/2019 0:00	5-9am	03:00	Your weekend in the culture-sphere	KUOW's weekly arts/culture recommendations, as heard on Morning Edition	Marcie Sillman

Arts & Life	storytelling	1/30/2019 0:00	web	07:00	Stories from Transom's 2019 workshop in Seattle	Ten students from across the U.S. received seven days of intensive training in Seattle on how to create a radio story.	Brie Ripley
Health	kids and parenting	1/30/2019 0:00	noon	12:00	Handedness and breastfeeding - does one influence the other?	New research by Dr. Philip Hujuel, a professor of dentistry and epidemiology at the University of Washington, suggests breastfeeding and handedness are linked.	Alison Bruzek, Bill Radke
Arts & Life	war	1/31/2019 0:00	3-6:30pm	05:00	An object of war made into one of peace	The air raid siren is about the size of a VW Beetle, weighs almost 3 tons and was loud enough to be heard a mile and a half away.	Katherine Banwell
immigration	immigration	1/30/2019 0:00	3-6:30pm	04:51	How the government shutdown left thousands of immigrants in legal limbo	Kim Malcolm talks with immigration attorney Matt Adams about how the 35 day government shutdown impacted cases at Seattle's federal immigration court.	Andy Hurst, Kim Malcolm
Arts & Life	transportation	1/30/2019 0:00	5-9am	04:06	Why does Seattle have so many #*\$@!^& potholes?	Marc Lawrence was riding his Yamaha FZ1 motorcycle along Martin Luther King Jr. Way in south Seattle last fall when his front tire hit something in the road.	David Hyde

Arts & Life	Full Record	1/30/2019 0:00	noon	50:37	The fight against measles, in the hospital and in Olympia	Governor Inslee has declared a state of emergency over a measles outbreak: this is what people are doing on the legislative and public health fronts to stop it. Washington parents have limited discretion over mental health care for their teens - should that change? We also asked whether a good polar vortex might not stiffen our spines, and hear from a runner whose body rebelled.	Bill Radke
Arts & Life	Full Record	1/31/2019 0:00	noon	49:36	How do we define rape? And should that change?	Current legislation would force courts to reckon with how to determine consent. Seattle's loss of the Reign is Tacoma's gain. We speak to one of Washington's faithless electors, and get to the bottom of the city's problem with potholes.	Bill Radke
Health	vaccines	1/31/2019 0:00	3-6:30pm	04:47	43 measles cases and counting ... so how to stay healthy?	This outbreak has led to a raft of listener questions about the measles and how to stay healthy.	Kim Malcolm, Rob Wood
Politics	election	1/18/2019 0:00	5-9am	03:38	Inslee plans to head to snowy New Hampshire to test possible presidential run	Washington Gov. Jay Inslee will take his most visible step yet towards a possible bid for president when he visits New Hampshire, the first-in-the...	Austin Jenkins

Politics	election	1/22/2019 0:00	3-6:30pm	04:04	Inslee makes tracks to New Hampshire as he weighs presidential bid	Washington Gov. Jay Inslee, on a mini-barnstorm of cold, snowy and wind-whipped New Hampshire, discussed climate change with students on two college campuses.	Austin Jenkins
Arts & Life	food	1/28/2019 0:00	5-9am	03:34	A 'farm-to-bottle' movement takes off in the Pacific Northwest	Stroll down the wine aisle at your local store and you'll notice just about every bottle lists where the wine grapes were grown. The raw ingredients for...	Tom Banse
Politics	government	1/28/2019 0:00	5-9am	04:06	Feel like you've lost control of your data? A Washington lawmaker wants to change that	Following in the steps of the European Union and California, Washington lawmakers are considering a sweeping data privacy proposal that its sponsors say...	Austin Jenkins