

QUARTERLY ISSUES/PROGRAMS LIST

There follows a listing of significant issues responded to by station WTIM, Assumption, Illinois along with the most significant programming treatment of those issues for the period of July 1st, 2023 through September 30th, 2023. The listing is by no means exhaustive. The order in which these stories appear does not reflect any priority or significance.

<i>Description of issue</i>	<i>Program or segment date</i>	<i>Time aired</i>	<i>Duration</i>	<i>Description of program segment</i>
County Govt	7/21/23	6:32 AM	2:41	Sheriff's Update
County Govt	8/15/23	7:12 AM	2:28	EMA Update
County Govt	9/18/23	8:32 AM	1:54	Mental Health board
County Govt	9/19/23	9:32 AM	1:43	Atty running for office
County Govt	9/20/23	11:32 AM	2:24	September County Board

RUN AS OF 7/21/23 Air after 6am TZ

The Christian County Sheriff's Department and police forces across Illinois will be adopting a new way of handling crimes because of new legislation that has passed. The SAFETY Act is eliminating cash bail. This means that for crimes that once carried prison time, like illegal drug possession, will be met with a citation instead of an overnight stay at the jail.

Chief Deputy Jim Baker with the Christian County Sheriff's Office explains that crimes like burglary and narcotic possession once would mean prison time. This is no longer the case.

Baker 1 KEY LENGT: 47

Illinois is the first state to pass the SAFETY Act. Baker notes that some new deputies will need to be aware of the new rules to follow while handling their business.

Baker 2 KEY LENGT:33

Baker describes a "flow chart" that officers will use to handle crimes that once would be cut and dry. Once the officer follows the flow chart the decision on what to do next is no longer up to the judgment of the officer in the field, it will be the flow chart with the next step.

Baker 3 KEY LENGT: 47

Staying the same for the CC Sheriff's Department is the development and outreach of the new Christian County Sheriff's App that is out for smartphones. This one-stop shop app will have information from vacation patrol, to monthly events, to a citizen tip submission section.

Baker 4 KEY LENGT: 61

Chief Deputy Jim Baker and his staff work tirelessly to keep our community and everyone in it safe. With the new SAFETY Act, rules on handling crimes once they have been committed might change but the constant efforts to keep local citizens protected will not.

Chief Deputy Jim Baker appeared as a guest on the WTIM Morning Show.

How a community responds when a natural disaster approaches is an integral piece of any community. To ensure the safety of its community, the Taylorville Fire Department along with the Christian County Emergency Management Agency is staying prepared with updated equipment and communication tactics.

Jeff Stoner has been the Director of the EMA for three years. Dealing with many storms and some devastating disasters, Stoner knows the proper actions and materials needed for a quick response to danger.

Stoner 1 KEY LENGT: 34

The City of Taylorville is a member of Hyper-Reach, an emergency notification system that will notify one of bad weather even when they are not in the area. These messages will reach landlines and cell phones that are on their database.

Stoner 2 KEY LENGT: 65

Jeff Stoner doubles as a Taylorville fireman when he is not keeping an eye on the sky. Stoner talks about the equipment the department has to identify and alert severe weather patterns. Stoner uses a mobile weather monitoring system to relay alerts back to the department. He states that this equipment is a necessity and the department is always looking for more to upgrade.

Stoner 3 KEY LENGT: 31

Stoner describes a time when severe weather made communications difficult, as many frequencies were clogging up the analog system. Taylorville and many other communities have made the switch to digital systems in order to avoid this problem.

Stoner 4 KEY LENGT: 50

Christian County is in good hands with fast-acting first responders like Jeff Stoner and the Emergency Management Agency. As equipment and communication upgrades persist, Christian County will be up to date on all information that is pertinent.

Jeff Stoner appeared as a guest on the WTIM Morning Show.

RUN AS OF 9/18/23

AFTER 6AM

LK

After being defunct for a few years, the Christian County Mental Health Board is back and working hard to get things going again. The organization, which was founded in the 1970s, is currently ran by President Ray Koonce. Koonce says that the past two years have been busy to get things back to what they were before.

KOONCE1 KEY: LENGT: 34

Koonce says they are looking for nonprofits entities who deal with mental health.

KOONCE2 KEY: LENGT: 61

Koonce says the state of Illinois has been a big help.

KOONCE3 KEY: LENGT: 48

There are meetings held every month and Koonce invites everyone to attend.

KOONCE4 KEY: LENGT: 53

Again, for more information contact Ray at 217-825-3353.

RUN AS OF 9/19/23

AFTER 6AM

LK

A Taylorville attorney has announced he will be running for Circuit Judge. Dennis Atteberry announced on Monday that he will be running for Circuit Judge for the Fourth Judicial Circuit. The vacancy was created when Judge Mike McHaney was elected to the Appellate Court. Atteberry graduated from Taylorville High School in 1990 before obtaining a Bachelor's degree from Blackburn College, Masters from UIS, and Juris Doctorate from SIU School of Law all while working as a teacher to put himself through grad and law school.

Atteberry graduated from law school in 2001 and has worked extensively in criminal, civil, probate, juvenile, municipal and appellate law. Atteberry is outspoken about the new Illinois trial laws. "Illinois just passed the Pretrial Fairness Act that allows Defendants to remain in our communities without having to post any bail. This law encourages Defendants to delay their cases to remain free. There is no incentive to get to trial. For those who only obtain a fine and probation, it literally just places crimes on a payment plan. As judge, I will manage the docket to limit court continuations in order to bring swift justice for the victims and hold the criminals responsible for their crimes."

Dennis Atteberry outlined his motivation for running for judge. "I believe in a safe community for my family and others. The responsibility of a judge is to sit on the front line to make a difference in our communities. I want to make an impact and I strongly believe that conservative values are necessary for the bench in order to make that happen."

The Republican Primary is March 19th, 2024.

The Christian County Board met on Tuesday night and approved moving the Central Commodity FS Anhydrous Plant out of Kincaid. The motion, which was approved by the ZBA earlier, was voted on after a long session that saw nearly 20 people talk and a 45 minute closed session. The vote was 9-1 in favor of moving with yes votes from David Buckles, Timothy Carlson, Linda Curtin, Clint Epley, Ken Franklin, Vicki McMahon, Denise McWard, Brian Sharp, Thomas Snyder Jr., Jean Vandenberg, and Clayton Walter. David Puccetti was the only No vote. Chairman of the Christian County Board Bryan Sharp says this is a decision the board doesn't take lightly.

SHARP1 KEY: LENGT: 46

Sharp continued by stressing that there was a lot of talking and weighing of pros and cons.

SHARP2 KEY: LENGT: 48

Sharp says there are plenty of pros with moving the facility out of Kincaid and into the country including being in a safer place.

SHARP3 KEY: LENGT: 46

The county approved Chillifest on the courthouse lawn, work on drainage ditches, along with some other variances and ZBA approvals. It was announced by Sharp that Jeff Nolen and Seth Foster had resigned their positions on the board. Sharp said they were moving forward with names to replace them and thanked them for their time on the board.

Under new business the board said they would be taking a look at the rules to make sure that everything was being done the way that it should be. The next County Board meeting is set for October 17th.

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City Govt	7/14/23	6:32 AM	2:31	Small town TVL
City Govt	7/25/23	7:12 AM	2:43	Mayor update
City Govt	7/31/23	8:32 AM	1:17	Pana roadwork
City Govt	9/6/23	9:32 AM	2:36	City Council Sep-1
City Govt	9/18/23	11:32 AM	1:09	City Council Prestory

Taylorville has made a name for itself as a visiting destination for travelers, with the town's flourishing new businesses and restaurants. Steve Craggs is the Co-Chair for Small Town Taylorville and the President of Downtown Taylorville, Craggs attributes the growth of the community to their efforts in marketing. The Small Town Taylorville group is doing everything they can to promote and acknowledge businesses that make Taylorville worth visiting, which is most of them.

The members of Small Town Taylorville are who the local citizens can thank for events like the 4th of July Parade and the Veterans Memorial ceremony. Craggs called it a fantastic day for Taylorville.

Craggs 1 KEY LENGT: 1:25

The Car Show and the visit from the Rural Partners are the product of Small Town Taylorville's hard work. There are more events coming up that Craggs and Small Town Taylorville will not want the community to miss. Saturday, July 15th and Sunday, July 16th, Taylorville Shops and restaurants will be offering deals that hope to bring in new customers.

Craggs 2 KEY LENGT: 54

A new way to reach citizens both within and beyond the borders of Taylorville is the video tours that take the viewer through many Taylorville establishments. These informational videos will give newcomers a real look at the inside of Taylorville's stores to know what to expect. Craggs looks to use this unique experience for the newly developing industrial park that is making its way to Taylorville.

Craggs 3 KEY LENGT: 50

You can visit smalltowntaylorville.com to find all business and development information. Or visit their Facebook page at Small Town Taylorville. Steve Craggs appeared on the WTIM Morning Show as a guest.

RUN AS OF 7/25/23 Air after 6am TZ

Taylorville Mayor Bruce Barry has much to be proud of after weeks of community engagement. From the successful Christian County Fair to the Car Cruise, to the Saturday Farmers Market, Taylorville has truly come alive this summer. Mayor Barry was present for the Christian County Fair and was again reminded how special the week-long event is.

Barry 1 KEY LENGT: 27

The Farmers Market appears every Saturday on the Taylorville Square. Vendors sell their fresh produce, a variety of meats, and other handcrafted items. Mayor Barry has been out to the Farmers Market for some of the great sweet corn.

Barry 2 KEY LENGT: 32

The first Friday of the month is the Car Cruise that turns the quiet Taylorville Square into an automotive wonderland. Last time out there were about 200 cars spanning from early 1900s classics to modern-day hot rods. The next Car Cruise is set for Friday, August 4th. Mayor Barry notes how important this event is for citizens who do not live in Taylorville, as many of the businesses in the city are extra busy during the Car Cruise.

Barry 3 KEY LENGT: 43

Road and trail construction is happening now in Taylorville. Mayor Barry says that grant money will help these projects along. A \$2.5 million grant comes from the Illinois Department of Commerce and Economic Opportunity. This grant will aid in the reconstruction of the Taylorville Square, preparing for the new businesses that plan to open in future years. Mayor Barry is looking forward to these upgrades.

Barry 4 KEY LENGT: 66

Taylorville Mayor Bruce Barry is excited for the future of Taylorville as community involvement and grant money has grown.

Mayor Barry appeared as a guest on the WTIM Morning Show.

RUN AS OF 7/31/23

AFTER 6AM

LK

The Illinois Department of Transportation has announced roadwork will commence to replace another bridge on Illinois Route 29. This one about 2 miles northwest of Pana beginning today. The existing bridge will be replaced with a new box culvert to facilitate drainage in the area.

Traffic is expected to be reduced to one lane with temporary traffic signals, barriers, and flaggers to assist with control of the project area which is expected to be complete in the Spring of 2024. Motorists should expect delays and add extra time for their trips. Drivers are urged to pay close attention to changing conditions and signs in the work zones, obey posted speed limits, refrain from using mobile devices, and be alert for workers and equipment.

Over the next six years, IDOT is planning to improve more than 3,000 miles of highway and nearly 10 million square feet of bridge deck as part of the Rebuild Illinois Capital program, which is investing \$33.2 billion into all modes of transportation. Just this year alone, nearly \$12.1 billion has been spent on over 5,339 miles of highway, 533 bridges, and 762 additional safety improvements.

Find out more on Twitter at [@idotdistrict6](https://twitter.com/idotdistrict6) or view area construction details at www.gettingaroundillinois.com.

RUN AS OF 9/6/23

AFTER 6AM

LK

The Taylorville City Council met on Tuesday evening. After approval of all minutes the Planning commission gave their update and encouraged the council to vote on the Stepp Minor Subdivision that will be near Hickory Court. It was approved 7-0. The council approved the third amendment adding a retailers' occupation tax, service occupation tax, and a hotel operators occupation tax in the BDD No 1 Redevelopment area.

Ordinance prohibiting feeding geese at Lake Taylorville passed 7-1 with only Taylorville Mayor Bruce Barry voting no. There was some discussion over the motion for requiring 1,000 minimum square footage for residential dwellings with Chris Skultety looking for some clarification.

SKULTETY1 KEY: LENGT: 62

Mayor Barry says they wanted to stay away from tiny homes.

BARRY1 KEY: LENGT: 31

The motion passed 8-0. Real Estate Leases with Rick and Lisa Champley and with Jake Heberling passed 6-2 with both Aldermen Steve Dorchinecz and Skultety voting No. A motion to waive statutory bidding requirements and accept proposals for the municipal building parking lot replacement project was approved 6-2 with Aldermen Kathy Driskell and Dorchinecz voting no.

Mayor Barry gave his update.

BARRY1 KEY: LENGT: 42

All motions under ordinances were passed unanimously. The next city council meeting is set for September 18th.

RUN AS OF 9/18/23

AFTER 6AM

LK

The Taylorville City Council will meet Monday evening. Olivia Hammac will be recognized by the council. The council will also approve minutes. There is a motion on the floor to approve the appointment of Randy Mitchelson to Ward 1 which would replace Larry Budd, who recently retired. There are a few motions on the table for the council to review including a BDD agreement, a letter of engagement memorandum for the Taylorville Christian County Enterprise Zone Amendments, a part time crossing guard position, and a special events permit for the Faith Bible Christian Academy Sports Boosters on October 13th and 14th.

Under committee reports, the council will look at a motion to hire a replacement police officer from the Police Eligibility List, the cemetery board of managers have a motion out to approve a quote for the survey of Block 41 and to approve the purchase of a 2024 ¾ ton F250 truck. Under lake/airport, the council will look to update the current lake lot and campground lease with a “nonrefundable regardless of self termination of lease agreement” verbiage. The council will also look to approve changes to the Cabin and Camping reservation process.

The council will hear from the City Attorney, Taylorville Mayor Bruce Barry, and the public. Stay tuned to Regional Radio News for more following the conclusion of the event.

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Economic Development	7/5/23	6:32 AM	2:31	Memorial Wall
Economic Development	7/6/23	7:12 AM	1:58	CC Fair update
Economic Development	7/22/23	8:32 AM	2:14	Family Drug Helping
Economic Development	8/2/23	9:32 AM	1:09	YMCA Update
Economic Development	8/19/23	11:32 AM	2:23	Shelby County Tourism

RUN AS OF 7/5/23

AFTER 6AM

LK

The Veterans Memorial Wall at Lake Taylorville was officially dedicated during a ceremony on the 4th of July at 1:30 PM. Steve Craggs hosted the event which saw a good crowd on hand to recognize and welcome home the Vietnam Vets. Many of them were honored during the dedication ceremony. Taylorville Mayor Bruce Barry thanked them for their service.

BARRY1 KEY: LENGT: 68

Mayor Barry also recognized David "Termite" Durbin with a key to the city for his dedication to the community along with his service with the Salvage Dawgs.

BARRY2 KEY: LENGT: 96

The dedication concluded with the 21 gun salute and the playing of taps by Leroy Kleimola.

KLEIMOLA1 KEY: LENGT: 35

For more information on the Memorial Wall, visit their Facebook page at <https://www.facebook.com/LTVPM/>.

The Christian County Fair is right around the corner and for the 99th year in a row the days will be filled with activities, performances, and community engagement. Livestock judging will begin Monday, July 17th from 8:40 A.M. to 10:00 A.M. The official start to the Christian County Fair will be Tuesday, July 18th with the official ribbon cutting.

Ron Fleming is the 2nd Vice President of the Christian County Fair Board and says this year will be another week of celebration. With the iconic carnival and great food vendors the local community will not want to miss out. The fair will be located at the Christian County Fairgrounds, 1716 W Spresser St, Taylorville, IL.

Fleming 1 KEY LENGT: 19

It would not be a proper county fair without the Miss Pageants. The Christian County Fair will host a Jr. Miss and a Little Miss pageant. Tickets sell out fast and Fleming notes that tickets can be purchased at the Christian County Fair Grounds office. The pageants have sold out in the past years and tickets can be purchased now.

Fleming 2 KEY LENGT: 33

The Grand Stand events will include stock car racing, tractor pulls, and a demolition derby. Yet another defining piece of the Christian County Fair. Fleming says that this is hours of action-packed entertainment.

Fleming 3 KEY LENGT: 15

For information on the Christian County Fair, you can call Teresa at 217-824-3100. Ron Fleming appeared as a guest on the WTIM Morning Show.

They call it the opioid epidemic. Heroin and Fentanyl are two of the most common opioids ailing communities across the country. Family Drug Pharmacy in Shelbyville is taking a step in the right direction, providing Narcan kits to help one who may be in harm's way from opioid usage.

Narcan is able to reverse the effects of overdosing on an opioid. Jessie Reed is a certified pharmacy technician and works for Family Drug Pharmacy in Shelbyville. Reed says the kits are available and easy to use. Eliminating the problem entirely is not realistic, but providing ways to stop death is the next option.

Reed 1 Key LENGT: 29

Family Drug Pharmacy has kits available now. This is a state-funded program where materials are provided by the state, so Narcan can be handed out, no questions asked.

Reed 2 KEY LENGT: 31

Administering Narcan to a person that is not experiencing an overdose scenario will not cause that person any harm.

Reed 3 KEY LENGT: 22

you can visit, <https://www.familydrug.net/> for information about services. Or call 217-774-7838.

Jessie Reed appeared as a guest on the WTIM Morning Show in Shelbyville.

RUN AS OF 8/2/23

AFTER 6AM

LK

There are new batting cages at the YMCA. According to YMCA Director, Bruce Blanshan, the two new batting cages are on the mezzanine level and are ready for rental. Individuals can rent 30 minutes for \$20 for a YMCA member and \$30 for a non member, or one hour for \$40 for a member and \$60 for a non-member. Teams can also rent for \$70 for members and \$90 for non-members.

A coach or or parent must be a member to get the member rate. A coach or parent must be present unless the child is 14 or older. Batting cage rental must be paid for and reserved in person or by phone. No online booking is going on and 50% of the fee is due at the time of booking.

The batting cages are open from 11:30-6, Monday through Friday and 9 AM-1:30 PM on Saturday. The batting cages are closed on Sunday. For more information, contact the YMCA at 217-287-7271, ext. 1.

The Shelby County Office of Tourism keeps the community busy with many events each summer. Each season comes with its own set of activities for the office of tourism to coordinate and prepare for. Freddie Fry with the Shelby County Office of Tourism says you can never be too early with submitting your events.

Fry wants the community to know that if one has an event planned for Christmas activities, those can already be sent in. Giving the office of tourism ample time will provide more opportunities for posting and knowledge of the events.

Fry 1

KEY

LENGT: 39

The Windsor Harvest Picnic is already underway and continues to be the longest-running gathering in the state of Illinois. There is still time to enjoy the Windsor Harvest Festival as it runs all day Saturday.

The 51st Cowden Pioneers Days is another upcoming event happening Friday and Saturday, August 25th and 26th. Fry wants the community to come out and experience the Rodeo on Friday night at 10:30 PM, live music, and the many food vendors that will be on site.

Fry 2

KEY

LENGT: 40

The Lake Shelbyville Visitor Guide appears every year. This magazine-style information guide provides tips on what to do in the Shelbyville area for folks visiting. Fry says these visitor guides can be picked up from the Shelby County Office of Tourism.

For information about events happening in Shelby County make sure to visit, <https://shelbyvilleillinois.net/>.

Freddie Fry appeared as a guest on the WTIM Morning Show from Shelbyville.

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Education	7/4/23	6:32 AM	2:43	Dougherty Goodbye
Education	7/25/23	7:12 AM	2:39	SSI Questions Concerns
Education	8/8/23	8:32 AM	1:23	Safe and Sound Week
Education	8/9/23	9:32 AM	1:38	School Board August
Education	9/2/23	11:32 AM	2:16	Mental Health

RUN AS OF 7/4/23

AFTER 6AM

LK

Dr. Chris Dougherty wraps up her time at Taylorville School District after being the superintendent for a little over 4 years. During that time she saw some huge increases in the finances for the school district, along with navigating a pandemic. She is very proud of the difference that has been made during that time frame especially with the increase in reserves.

DOUGHERTY1

KEY:

LENGT: 35

Dr. Dougherty praised Trisha Marburger who recently stepped down from the board.

DOUGHERTY2

KEY:

LENGT: 65

Dr. Dougherty praised her staff and says that there is so much that goes behind the scenes to keep Taylorville School District running smoothly.

DOUGHERTY3

KEY:

LENGT: 75

With the construction project being started, Dr. Dougherty says she's left things in good hands moving forward in phases on the project.

DOUGHERTY4

KEY:

LENGT: 72

Dr. Dougherty recently announced her retirement. New interim superintendent Deborah Philpot will take over as Superintendent of Taylorville School District for the 2023-2024 school year.

How much did you earn from your first job? A question that may seem meaningless but when identified, community members could find that they are not receiving the benefits they are entitled to. The Social Security Administration has tools where users can have access to their entire earnings record. These earnings will one day be the basis for your Social Security Benefits.

Jack Myers is a Public Affairs Specialist with the Social Security Administration and does not want the local community to miss out on money they could be entitled to.

Myers 1 KEY LENGT: 42

The Social Security Administration has a formula that will take your 35 best years of earnings and use that for your basis of benefits.

Myers 2 KEY LENGT: 68

The Americans with Disabilities Act is important to many. Now with the Ticket to Work Program, people ages 18-64 that receive Social Security benefits will have career development support. It is not easy to get back to work when having a disability, employers may not be interested. The Ticket to Work Program will connect you to the right workplace.

Myers 3 KEY LENGT: 1:26

People with a disability can feel safe finding an employer and confident when learning new skills with the Ticket to Work Program.

For more information about Social Security, you can visit, <https://www.ssa.gov/>

Jack Myers appeared as a guest on the WTIM Morning Show.

RUN AS OF 8/8/23

AFTER 6AM

LK

The Illinois Department of Labor (IDOL), its Division of Occupational Safety and Health (IL OSHA) and the On-Site Safety and Health Consultation Program (On-Site) are joining federal OSHA and businesses across the state to recognize Safe + Sound Week, Aug. 7-13, 2023.

The nationwide event takes place each year in August to recognize workplace safety and health programs, though Safe + Sound is a year-round campaign to ensure workers everywhere return home safe and healthy each day.

“Every workplace needs a thorough safety plan that ensures the health of all workers,” said IL OSHA Division Chief Erik Kambarian. “The program should include management, worker input, as well as accepted industry standards to identify and fix hazards.”

On-Site provides free and confidential safety and health advice to small and medium-sized businesses committed to improving workplace safety and health.

If you have questions about the On-Site consultation program, you can call 800-972-4216, send an email to dol.consultation@illinois.gov or [click here](#).

Enforcement of occupational safety and health standards in Illinois is a shared responsibility between the U.S. DOL OSHA and IL OSHA. Federal OSHA, an Administration under the U.S. Department of Labor, covers all private sector workplaces while IL OSHA covers all state and local government workplaces.

RUN AS OF 8/9/23

AFTER 6AM

TZ

The Taylorville School Board of Education held their monthly meeting last night at 6 PM at the administration building across from Taylorville High School.

All but one school board member were present for the meeting, Dr. Ronald Miser. After approval of minutes from July 11th and 19th meetings, the board addressed and approved August claims, the treasurers report, and the over night trip requests for the FFA program.

The board revisited the construction project discussion as revisions are being made to option three, a combination of athletics and performing arts. Approval from the focus group has been reached.

A presentation was given by Brian Sample Taylorville High School Baseball Coach, and Chip Donahue. They were seeking approval for a turf baseball field for the Taylorville Varsity Baseball Field. Sample described the completely privately funded project for the field that has differences of height that reach six-feet in some parts.

Sample 1 KEY LENGT

The motion was tabled for the next board meeting.

The Next board meeting is set for August 14th with times subject to change.

Back-to-school time for the students brings about mental health complications for many kids adjusting to new places and responsibilities. Homework, schedules, and sleep regimens are all coming into play as students look to have a great year in the classroom.

Ed Lacheta is the Clinical Director for Shelby County Community Services, with an emphasis on mental health. Lacheta gives some advice for parents and students to consider while getting back to school.

Lacheta says that the environment in which students do homework will be a huge factor in their success.

Lacheta 1 KEY LENGT: 39

Setting goals prior to the school year will allow that student to know what is expected of them.

Lacheta 2 KEY LENGT: 14

Lacheta notes that it takes time for students to get used to new people. Young students who know their teachers and classmates and are familiar with them prior to incidents will make conflict resolution easier. Lacheta says building these relationships is a skill that is learned.

Lacheta 3 KEY LENGT: 52

The 988 system is an emergency mental health line. This will have a live operator that will guide one struggling with mental health to the proper channels.

Ed Lacheta appeared as a guest on the WTIM Morning Show from Shelbyville.

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Healthcare	8/28/23	6:32 AM	1:04	TMH Colleague of the month
Healthcare	8/29/23	7:12 AM	1:54	Heat stroke heat exhaustion
Healthcare	9/5/23	8:32 AM	2:23	Mental Health
Healthcare	9/8/23	9:32 AM	2:16	Food bacteria myths
Healthcare	9/15/23	11:32 AM	1:39	Food Safety exams

RUN AS OF 8/28/23

AFTER 6AM

LK

Cody Tomaw, a CT technologist, with Radiology at Taylorville Memorial Hospital, is the nonprofit hospital's Colleague of the Month for July.

Tomaw is helpful and takes on tasks beyond his normal assigned duties in Radiology. He assists when the Emergency Department is busy. Recently, he helped calm a patient with dementia while the nurse was doing a procedure.

Tomaw is considered a team player who recognizes and praises the efforts of his co-workers in Radiology. Last November, he praised individual co-workers during Radiology Week on Memorial's internal communication channel.

"He is always so positive and helps out when needed," wrote his nominator. "He just jumps in to take care of the patients. Seldom do we even need to ask for help."

Tomaw has worked for Taylorville Memorial Hospital since 2011.

RUN AS OF 8/29/23

AFTER 6AM

LK

On average, according to the Illinois State Climatologist, there are ten days in Illinois at or above 90 degrees each year. With temperatures last week soaring above 90 degrees its important to remember the difference between heat stroke and heat exhaustion. Dr. Brian Curtis, vice president of Clinical Specialty Services for OSF HealthCare says preparation and awareness are key for staying safe in the summer months.

CURTIS1 KEY: LENGT: 16

If heat exhaustion is not recognized early, it could cause heat stroke.

CURTIS2 KEY: LENGT: 19

Dr. Curtis says hospitals see heat stroke patients every summer, especially during longer stretches of hot and humid weather. With high humidity, bodies can't cool off as easily. Dr. Curits says kids and older adults are more susceptible to heat stroke.

CURTIS3 KEY: LENGT: 20

Sometimes heat exhaustion or heat stroke isn't necessarily an outside issue.

CURTIS4 KEY: LENGT: 20

The effects of heat stroke can be long-lasting, or could even potentially lead to death.

CURTIS5 KEY: LENGT: 23

Dr. Curtis encourages you to play it safe when it comes to heat, and drink plenty of liquids, avoid dehydrating liquids, take frequent breaks, and get out of the sun.

CURTIS6 KEY: LENGT: 24

Find out more information, by visiting this story at taylorvilledailynews.com.

A young student going to school for the first time may deal with many emotions and concerns. Often they do not know that the caregiver is there to take on the role of a parent and assist them when needed. These questions arise during the first years of schooling for a new student and can often be helped by preparing your child prior to the start of the school year by meeting that new teacher.

Ed Lacheta is the Clinical Director for Shelby County Community Services, specializing in mental health, and speaks about the many aspects that come into play when a young student begins their educational journey. Not only will the student, meet many new people but behavioral disorders and mental health issues rise to the surface during the stressful first weeks of school.

Lacheta1 KEY LENGT: 39

Lacheta notes how important a prior meeting can be to the future of that student. Creating the healthy habit of familiarizing the student will guide the student towards success. Lacheta says that even your departure from your student at the beginning of the day should not be overdone.

Lacheta2 KEY LENGT:56

Lacheta says that children can read the emotions of their parents like a book. Ensuring the parent has no doubts about their child's safety in school will be greatly appreciated by the new student. Introducing yourself, saying your interests, and becoming personable is a skill, says Ed Lacheta. The students are trying to figure these skills out in their early days.

Lacheta 3 KEY LENGT: 57

Lacheta talks about Developmental Milestones, which give examples of what to notice in a child's actions that speak to their developmental maturity.

Those Developmental Milestones can be found at
<https://www.cdc.gov/ncbddd/actearly/milestones/index.html>.

Ed Lacheta appeared as a guest on the WTIM Morning Show from Shelbyville.

The five-second rule is not protecting your food from bacteria. The second that potato chip hits the ground a food-borne illness could already be attached to it. This is just one of many myths that need busting in the world of food. Helping to get to the bottom of these common food misconceptions, Lisa Peterson, a University of Illinois Extension Nutrition and Wellness Educator came by to share her expertise. A perfect way to enter September, as it is food safety education month.

Peterson began by explaining food-borne illnesses which can lead to health scares like food poisoning. Peterson says the illness, most times, is not from the last meal you have eaten contrary to popular beliefs. Continuing that this illness can be felt up to three weeks after eating the contaminated food.

Peterson 1 KEY LENGT: 49

Food-borne illnesses are an odorless, tasteless, and colorless contaminant. Peterson says the best way to ensure your food is safe to eat is by keeping track of when you bought the product. Peterson gives an example of raw chicken, as the raw meat will only be good for about 3-4 days in the fridge. The United States Department of Agriculture (USDA) utilizes the FoodKeeper App which acts as a reminder system for your food, letting users know when that food item is ready to be thrown out.

Peterson 2 KEY LENGT: 40

A popular myth that Peterson addressed is the differences between local, organic, and natural foods. Peterson says simply, there is no difference in nutritional quality. The difference, Peterson notes, is the better environmental effects that these food items possess.

Peterson 3 KEY LENGT: 46

For information about food safety, you can visit the U of I Extensions website at, <https://extension.illinois.edu/cjmm>.

Lisa Peterson appeared as a guest on the WTIM Morning Show.

In compliance with the Illinois Department of Public Health Food Sanitation Code, the University of Illinois Extension in Christian County is set to offer the Certified Food Protection Managers class and exam. This course is a mandatory requirement for food service establishments, ensuring they have a certified food protection manager on-site during operational hours.

Under section 750.540 of the Food Sanitation Code, these certificates need to be renewed every five years. To sit for the exam, attendance in the course is obligatory. The upcoming two-day course is scheduled for October 14 and 15, running from 9 a.m. to 3 p.m. each day. The venue for the course and exam is the Christian County Extension located at 1120 N. Webster St., Taylorville.

It's important to note that participants are required to attend both days of the course. The certification exam will be conducted on the second day, and individuals must bring a valid photo ID to the examination.

Lisa Peterson, an Extension Nutrition and Wellness Educator for U of I Extension, will be leading the course to offer the essential classroom instruction that prepares test takers for the National Certification Examination. The course curriculum will encompass crucial topics such as foodborne illnesses, safe food handling, cooking and storage, employee health and hygiene, facility safety and maintenance, and cleaning and sanitization.

To enroll in the course, there is a fee of \$100, which includes the cost of the textbook, class materials, and the examination. Given the high demand, classes fill up rapidly. Interested participants are advised to register by October 9.

This is a crucial opportunity for those in the food service industry to ensure compliance with certification requirements or to renew existing certifications. The last class for 2023 will be held in December, so individuals with expiring certifications should register promptly.

The University of Illinois Extension emphasizes equal opportunities in its programs and employment. For participants requiring reasonable accommodations to engage in the programming, they are encouraged to contact 217-287-7246. Early requests are recommended to allow adequate time for meeting participant needs.

Registration is mandatory and can be completed online at go.illinois.edu/foodmanagers or by calling Christian County Extension at 217-287-7246. For any queries or concerns, the same contact number can be used.