QUARTERLY ISSUES/PROGRAMS LIST

There follows a listing of significant issues responded to by station WTIM, Assumption, Illinois along with the most significant programming treatment of those issues for the period of January 1st, 2024 through March 31st, 2024. The listing is by no means exhaustive. The order in which these stories appear does not reflect any priority or significance.

Description of issue	Program or segment date	Time aired	Duration	Description of program segment
County Govt	1/16/24	6:32 AM	2:24	Christian County Board Jan
County Govt	1/25/24	7:12 AM	1:33	IDOT electric charging
County Govt	1/31/24	8:32 AM	2:14	Sheriff's Office new services
County Govt	2/1/24	9:32 AM	1:27	Family Farm Preservation
County Govt	2/21/24	11:32 AM	2:08	Christian County Board Feb

The Christian County board met on Tuesday night for a brief meeting at the Christian County Courthouse. A potential new solar project in assumption, approval over funding for water testing near the Ameren remediation site, as well as funding for a child care center in assumption were discussed.

Georgia Morgan with Strata clean energy located out of Durham, North Carolina made the only public comment. Strata clean energy has begun the process of completing a 250 watt solar facility located on the Christian and Shelby county line in Assumption. The project has 1800 acres under lease option with 1000 acres in Christian County and 800 in Shelby County. Strata is preparing for a special use permit in the second half of 2024.

Morgan1 Key: Len:67

An amount less than 2000\$ for the Christian County Health Department to test the water within a half-mile radius of the Ameren remediation site was then voted on. That vote was unanimously passed.

Schales Nagle with Kemmerer Village and Lee Corzine with First United Methodist Church in Assumption then spoke in front of the board. They were seeking consideration for funding for a child care center in Assumption. First United Methodist Church would house the child care facility but Kemmerer Village would run the daily operations of the facility.

Corzine1 Key: Len: 46

Kemmerer Village is a non-profit organization that holds a 21 person facility in assumption as well as 170 kids in foster care nearby. The joint effort between Nagle and Corzine had hoped for 250,000 dollars in funding before being able to open the space; the pair has already raised 163,000 dollars. Corzine had stated that fundraising has slowed and with the announcement of 16 houses to be developed in the city of Assumption there is an added pressure to finalize funding. The board stated they were interested in continuing these conversations over the next committee meetings.

Minutes were approved, county board rules were changed and mileage was passed.

The next Christian County Board meeting is set for February 20th, 2024

The Illinois Department of Transportation announced last week it has been awarded \$7.1 million in federal funds to fix electric vehicle chargers available to the public statewide. The funding, made possible through the Federal Highway Administration's Electric Vehicle Charger Reliability and Accessibility Program, helps support Gov. JB Pritzker's goal to have 1 million EVs on the road in Illinois by 2030.

The grant will repair, replace or upgrade an estimated 93 Level 2 ports and 34 Direct Current Fast Charging (DCFC) ports at various locations throughout the state. A complete list can be found on IDOT's website, idot.illinois.gov.

The new funding for EV charging infrastructure further expands the state's efforts toward a clean energy future. Progress under Gov. Pritzker includes the 2021 signing of the Climate and Equitable Jobs Act, which places Illinois on a path to 100% clean energy by 2045. IDOT is administering the state's National Electric Vehicle Infrastructure program, targeting release of the first notice of funding opportunity in early 2024. For more information, visit IDOT's Drive Electric Illinois page.

Earlier this month, Gov. Pritzker announced that the Illinois Finance Authority will receive \$14.9 million to support construction of new charging stations as part of the State of Illinois Community Charging Program, expanding the network statewide, filling in gaps and providing better service to disadvantaged communities.

This also comes after a winter storm caused massive issues in Chicago where some drivers reported charging stations weren't working, and those working were taking much longer than usual to charge leading to multiple Teslas and other cars having to be towed due to the cold weather.

The Christian County Sheriff's Office is in the early stages of adding a new service that will further expand communication and awareness to the public and to law enforcement in 2024. The Senior Identification Program will allow elderly people to list emergency contacts and other information, enabling first responders to care for citizens living alone who could be susceptible to falls or other emergencies while alone.

Chief Deputy Jim Baker of the Christian County Sheriff's Office says half of the battle when responding to these calls is being allowed entrance when the person who called is unable to move to the door or a phone.

Baker 1 KEY LENGT: 43

Currently, citizens can call their local county sheriff's Office and notify of an address and phone number that could be from an elderly person experiencing circumstances that caused them to hang up the phone or not respond to the 9-1-1 operator. With an alert by this contact and notes from a caretaker like a child of the elderly person, law enforcement will have the correct information when responding.

Baker 2 KEY LENGT: 55

To find out more about the Senior ID Program and to input information, call the Christian County Sheriff's non-emergency number at, 217-824-4961.

Chief Deputy Jim Baker appeared as a guest on the WTIM Morning Show.

Members of the Illinois General Assembly announced today the Family Farm Preservation Act, a bipartisan effort to protect farm families and their land by updating the Illinois Estate Tax code. The measure is being spearheaded by Sen. Dave Koehler, D-Peoria, and Rep. Sharon Chung, D-Bloomington.

Illinois Farm Bureau (IFB) President Brian Duncan commented on the legislation, which aims to ensure families may continue passing down their farms to the next generation. More about the Family Farm Preservation Act is available here.

IFB President Brian Duncan says passing on the family farm is not just about continuing the business, it's about preserving family heritage and a way of life. He continued by stressing that the current Illinois estate tax often forces families to break up the farm every time the business passes on to the next generation and the death of a loved one shouldn't be a death sentence for the family farm.

In addition to Kohler and Chung, five other General Assembly members helped announce introduction of the bill, underscoring the bipartisanship effort: Sen. Patrick Joyce, D-Essex, Sen. Sue Rezin, R-Morris, Sen. Tom Bennett, R-Gibson City, Rep. Charlie Meier, R-Okawville, Rep.Norine Hammond, R-Macomb, and Rep. Jason Bunting, R-Emington.

RUN AS OF 2/21/24

AFTER 6AM

LK

The Christian County Board met Tuesday evening for their regular scheduled monthly meeting. The Board heard from Christian County Health Director Dr. Chad Anderson. Anderson spoke about an up and coming food class that will teach those wishing to start either a restaurant or food truck what steps need to be taken to do that.

ANDERSON4

KEY:

LENGT: 54

Dr. Anderson also gave an update on what the health department has been doing and says that they are adapting to the new building and enjoy it.

During committee reports, the board approved the car cruise, farmers market, fourth of july parade and luncheon, and a Small Town Taylorville Halloween event to be held. Some flood lights for animal control were approved along with some safety equipment from the safety grant funding.

Chairman Bryan Sharp says that the County is working hard on fixing some of the safety issues going on at the courthouse and in government buildings.

SHARP1

KEY:

LENGT: 39

Under new business, the board heard from Dan McNeely from Dimond Bros who discussed cybersecurity insurance. The board approved a \$500,000 plan to cover the county in case of a system hack.

The next county board meeting is Wednesday, March 20th, 2024.

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City Govt	1/16/24	6:32 AM	1:14	City Council Prestory Jan 1
City Govt	1/17/24	7:12 AM	1:09	TPD Officer of the year
City Govt	1/30/24	8:32 AM	2:28	Park Board Jan
City Govt	2/27/24	9:32 AM	2:48	Park Board Feb
City Govt	3/18/24	11:32 AM	1:13	City Council March 2

The Taylorville City Council is set to meet this evening for their second January meeting. The meeting will take place 7 PM this evening at the Municipal Building in Taylorville. After approval of minutes and a review of a resolution between the city and Rebuild Downtown Taylorville, the council will look at a motion to bid/advertise the Deputy Treasurer Position.

Under committee reports, the council will look at a motion to bid/advertise the heavy equipment operator A or B in the sewer department. The council will also look to retroactively increase the base pay for several city officials by \$10,000 and increase the base pay by \$12,000 for Matt Adermann and Cody Rogers with the Taylorville Fire Department.

Under lake/airport, the council will discuss approving a new sign for Kiwanis Park from Lilly Signs and purchase a track mower. Under water & environmental, the council will look to approve purchasing some materials. As always you can hear from the city attorney and Taylorville Mayor Bruce Barry.

Stay tuned to Regional Radio News for more following the conclusion of the event.

Taylorville Police have named their officer of the year for 2023. K9 Officer and Supervisor of the Community Action Team, Rachael Priddy has been named the officer of the year. In a writeup sent by Taylorville Police Chief Dwayne Wheeler, he praised Priddy for her psoitive impact on Taylorville and the villages of Christian County.

Chief Wheeler commented on Priddy's dedication to the war on drugs and her handling of narcotic cases having a significant impact on the city of Taylorville. He thanked Priddy for continually seeking knowledge and trying to work on her professional and personal growth. Wheeler also expressed his deepest gratitude for her contributions and her tireless efforts, leadership, and the positive impact she has had on Taylorville and the surrounding community.

We here at Regional Radio News salutes you Officer of the Year Rachael Priddy!

The Taylorville Park Board of Trustees met Monday night for a brief meeting at 7:00 p.m. All members of the board were present. The treasurer's report was approved and minutes were passed for the January 2nd meeting.

Representatives from Red Bland Little League inquired about different locations for games during the upcoming little league season. Possibilities included playing certain games at Jaynes Park or Don Bragg Park, but Manners Park is the only location with fields that can hold 90 foot bases for the older age groups. Plans for games are still to be announced.

Under New Business, February 13th at 1:30 p.m. was set for the budget planning meeting. And a heater for the maintenance shed was approved.

The Jaynes Park dog incident was then discussed. Marlane Miller, Park Board President described the incident between two dogs in which the larger of the two dogs that was unleashed charged a woman holding a smaller dog, knocking the woman down resulting in multiple injuries including broken ribs.

Miller 1 KEY LENGT: 40

The hope was to add more signage and patrolling of maintenance crews to enforce the leashing of dogs and to eventually change the ordinance to make penalties more effective. A motion was approved to obtain additional signage.

Under reports, Bailey Hancock gave her Recreation Director report, detailing the cleanup and operations of Christmas in the Park and summer day camp information.

Hancock 1 KEY LENGT: 60

The meeting concluded with an executive session and the next Taylorville Park Board meeting is set for Monday February 26th.

The Taylorville Park Board met on Monday evening for a lengthy meeting, among the topics was the Ameren remediation site, Red Bland little league, and budget talks. All members were present except for Roy Monasco.

The board spoke about the Ameren Remediation site located near manners park, Taylorville Park Board President Marlene Miller was frustrated after meeting with representatives from the Illinois EPA and Ameren as well as State Senator Steve McClure and State Representative Brad Halbrook. The board has contracted its own air quality reports as well as looking at what Ameren is providing. It was stated that the private air quality reports would be available in approximately 2 months. The board stated it is continuing to gather information to ensure the safety of Taylorville residents There was discussion by the board over concern that the baseball fields being stirred up for practices could be of concern for contamination.

Park Board 1

Key:

Len: 52

The board stated they would continue operations as normal but with more caution. Representatives from Red Bland little league were present; they looked to gain approval to do minor improvements on Jayne's Park and Don Bragg Sports Complex as the Red Bland little league has decided to change where games are played this year. Those were approved.

February 29th is the deadline for the Budget and was brought up tonight. The board had disagreements over salaries for Park district employees. The board will hold a special meeting on the 29th in hopes of finalizing a budget.

The board then heard from recreation director Bailey Hancock.

Park Board 2

Key:

Len: 2:04

The board approved minutes and the treasurer's report.

The next park board meeting is set for March 25th

Taylorville City Council is set to meet this evening at 7 PM at the Taylorville Municipal Building for their second March meeting of the month. Both THS Band and Track will be recognized along with accepting the gift of property at 305 E. Poplar Street, easement agreements, and accepting the proposal for construction of Drainage Improvements and the Turn Our Town Teal Event for April.

The council will look at some planning commission reccomendations, city attorney and mayor updates, and than jump into committee reports. The council will look at approving, denying or tabling: a new fire hose, a new tornado siren computer, a billboard advertisement spot on Route 29, a K9 and training, a new computer for the Cellebrite Program, Vehicle striping, and helmet cameras. Some positions will be looked at for advertising, the Blackhorse Pow Wow will be discussed, along with a motion to remove the bent flag pole from the cemetery.

Stay tuned to Regional Radio News for more following the conclusion of this event.

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Economic Development	1/11/24	6:32 AM	2:16	Care Facility updates
Economic Development	1/24/24	7:12 AM	1:35	Labor Shrotages
Economic Development	2/22/24	8:32 AM	2:18	Ag News
Economic Development	3/1/24	9:32 AM	2:39	Assumption Community Daycare
Economic Development	3/8/24	11:32 AM	1:17	Wright's Furniture new opening

RUN AS OF 1/11/24

AFTER 6AM

LK

Tower Terrace is thanking those who have helped during the holiday season provide for the residents. Kate Mansfield, residential service director of Taylorville Terrace says that the facility is a 16 bed intermediate care facility for the developmentally disabled. Mansfield continued by saying that \$5,000 was raised.

MANSFIELD1

KEY:

LENGT: 33

Mansfield says they are immensely greatful.

MANSFIELD2

KEY:

LENGT: 58

She continued by saying that they are always looking for donations.

MANSFIELD3

KEY:

LENGT: 48

For more information on Tower Terrace, visit www.phidd.org or call (217) 287-7787.

Labor shortages exist across the country in the medical and teaching professions, but not as much is said about the lack of attorneys in some states, including Illinois. The shortages are most acute in rural counties, causing 'legal deserts.' The National Center for State Courts says 35 Illinois counties have 10 or fewer attorneys in private practice. Sarah Taylor, past chair of the Illinois State Bar Association, says many new law graduates choose to work at larger firms in urban areas that offer higher salaries.

TAYLOR1

KEY:

LENGT: 11

Taylor says one solution could be a loan repayment-type program as an incentive to practice law in rural areas. The website Education Data Initiative estimates the average total cost for a traditional three-year Juris Doctorate is nearly 221-thousand dollars. And tuition rates, on average, increase by almost 14-hundred dollars a year.

Long-distance travel to a law office, and the inability to pay an attorney, are leading more rural residents to represent themselves in court – even with no experience in legal proceedings. Taylor says this can make it difficult for judges to, as she puts it, "keep the playing field balanced." She says other alternatives are showing some promise.

TAYLOR2

KEY:

LENGT: 16

She says the Illinois State Bar Association has started a Rural Practice Fellowship Program. The goal is to connect small-town law firms seeking law clerks and associates with law students and attorneys interested in practicing in rural Illinois communities.

Agricultural humic solutions leader, Huma, Inc., has made a significant move in the industry by acquiring the global granular fertilizer company, Gro-Power, Inc. The deal is set effective immediately and comes after a longstanding partnership between the two companies, with Huma supplying high-quality humates for Gro-Power's humus-based fertilizer and soil conditioner products. While the terms of the agreement were not disclosed, Huma CEO Lyndon Smith expressed respect for Gro-Power's established partnerships and commitment to maintaining the company's reputation for excellence.

Leading the sales team for the newly formed unit is Cory Ritter of Blue Mound IL. Ritter is a life long Illinois corn and soybean farmer and will serve as the Midwest Sales Manager. Ritter will work closely with retailers and growers to improve soil and plant health, improved yields and returns on investment through sustainable solutions.

The acquisition expands Huma's portfolio to include a suite of granular, humic-based fertilizers and soil conditioners, alongside its existing line of liquid nutrients, plant protection, and growth managers. This move allows Huma to enter the granular fertilizer market and better serve growers' needs with advanced products. Fred Nichols, Huma's Chief Sales and Marketing Officer, highlighted the company's dedication to product advancements and enhanced services for both growers and retail partners.

In addition to launching the established granular fertilizer lineup, Huma plans to increase its presence in regional markets by deploying more representatives. These local resources will focus on addressing regenerative agriculture and soil health issues, providing customized field solutions to improve yields, lower input costs, and increase return on investment. This move positions Huma as a key player in the agricultural industry, poised to meet the evolving needs of growers while promoting sustainability and soil health.

The Assumption Community Daycare took another step towards opening as the selection has been made of the director. Brianna Horton, a Shelbyville native, has been named the future Director of the daycare. Horton is no stranger to providing care and leadership to the youth through her work in pediatrics and working for Kemmerer Village since 2022.

Horton 1

KEY

LENGT: 60

Schales Nagle, Executive Director for Kemmerer Village, says Horton jumped at the opportunity to be director immediately, and with her credentials she was a perfect fit.

Nagle 1

KEY

LENGT: 19

The finishing touches are being added to the daycare like internet wiring and playground construction. Nagle says these strides would not be possible without the help of local donors.

Nagle 2

KEY

LENGT: 52

The opening date for the Assumption Community Daycare has not been set and a waitlist is not yet available for incoming children. Nagle says to keep an eye on the Kemmerer Village Facebook for updates on the official opening.

Brianna Horton and Schales Nagle appeared as guests on the WTIM Morning Show.

LK

The Wright family, who owns Wright's Furniture & Flooring is excited to announce the new Wright Family Center grand opening that will be taking place today at 10 AM. There is also a ribbon cutting outside of the building located at 206B S Pine Street in Dieterich, Illinois.

The center will include Montessori Kids Universe, a student daycare ofr up to 50 children, a 24-hour multi-purpose fitness center, three community rooms, and an indoor walking track. The Wright family has advocated for the project, purchasing the naming rights for the community center in the spring of 2022, naming it the Wright Family Center. Traci Bruns has been hired as the director of the facility and will help with oversight of programs. The cetner is located adjacent to Dieterich Unit #30 K-12 School.

The community center is a shared project with Dieterich and many other agencies, volunteers, and businesses including Wright's Furniture. The group has been working together on this since the fall of 2019 to fund and build the cetner. Tom Wright, Chairman of Wright's Furniture says there are countless sponsors, donors, volunteers, businesses, and associates who have helped bring this dream to life.

For more information visit www.facebook.com/wrightfamilycenter.

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Education	1/10/24	6:32 AM	1:21	New Dean at LLCC
Education	1/19/24	7:12 AM	1:17	Sheriff's Scholarships
Education	1/24/24	8:32 AM	1:59	Shelbyville School update
Education	1/25/24	9:32 AM	2:22	Nokomis Road Tour
Education	2/15/24	11:32 AM	2:41	Central A&M Road Tour

A new dean of English and Humanities has joined Lincoln Land Community College. Dr. Corrine Hinton joined LLCC on January 2nd. Dr. Hinton comes to LLCC after spending the last decade at Texas A&M-Texarkana as an assistant, than associate, professor of English, as well as department chair of arts, communication, media, and English for three of those years.

Dr. Hinton has taught courses in rhetoric, writing studies and humanities as well as graduate courses in research methods and the teaching of writing. Her recent honors include university awards for Distinguished Faculty of the Year and Teaching Excellence in Undergraduate Mentorship, inductee into the Texas A&M System Chancellor's Academy of Teacher Educators, and an Excellence in Teaching award from the National Society of Leadership and Success. Dr. Hinton also is a notable scholar in the field of veterans studies and a veterans advocate, publishing and presenting research on the transitional experiences of student veterans into colleges and universities.

Dr. Hinton is originally from Belleville. She earned her Ph.D. in English with an emphasis in rhetoric and composition from St. Louis University. She attended the U of M-St Louis for her master's with a concentration on 20th century American literature, and a bachelor's degree in English.

The Illinois Sheriffs' Association announced that it will be awarding over \$58,000 in college scholarships throughout the state to students wishing to pursue higher education during the 2024-25 academic year. The schoalrships are to be applied to tuition, books, and fees only. The student must be enrolled full-time at a certified institution of higher learning within the state of Illinois, full time online learning is also acceptable.

Christian County Sheriff Bruce Kettelkamp will be awarding a scholarship in the amount of \$500. There is no restriction on applicants by reason of race, age, creed, color, sex, or national origin. The only rules are that the applicant must be Illinois residents, scholarships must be utilized in Illinois, and students must be enrolled as full time students during 2024-2025.

Applications are now available at your local Sheriff's Office or on the ISA Website. Students must complete the application, answer the essay question, and return all documentation to the Sheriff's Office by March 15th, 2024. For more information, contact the Sheriff's Office, Illinois Sheriff's Association, high school advising center, or college financial aid office.

Students at Shelbyville High School have been focused on getting involved in their school events and programs making their best effort to take all they can from the valuable opportunities. From hosting to attending events and preparing for their next step, maturing students have many options for a successful future. Abigail Tomlin, a senior student and two-year Student Council President says her interaction with student council work has improved her leadership skills and strengthened relationships.

Tomlin 1 KEY LENGT: 49

Shelbyville High School has well-attended sporting events, courtesy in part by the student council, which have a focus on driving attention and participation in school happenings.

Tomlin 2 KEY LENGT: 17

Tomlin calls her time at Shelbyville High School one of the craziest but best four years of her life.

Tomlin 3 KEY LENGT: 20

The WTIM High School Road Tour will take to Pawnee High School on Wednesday, January 24th, from 9:10 a.m. to 10:00 a.m.

The Nokomis School District enters their second year of providing the Grow Your Own Teachers Program which allows aspiring educators to take college credit courses during their junior and senior years of high school. Superintendent Scott Doerr was behind the grant writing process that made this program possible, any high school student in the Lincoln Land Community College zone will have this opportunity. Superintendent Scott Doerr says the course material will encompass the beginning stages of teachers' education curriculum, the same that would be had at any college or university.

Doerr 1 KEY LENGT: 57

The credit transferring process between learning institutions can sometimes fail depending on the university. Doerr says that the Grow Your Own Teachers Program course credits will be accepted at all colleges in Illinois.

Doerr 2 KEY LENGT: 44

The first year of the program brought enough participation to continue the dual credit offerings.

Doerr 3 KEY LENGT: 49

These courses are often worked into the student's regular schedule says Doerr. He says the best way for a student to get information and be involved in this teacher's education program is to visit their school guidance counselor.

Scott Doerr appeared as a guest on the WTIM Morning Show.'

The WTIM High School Road Tour completed its mission at Central A&M High School to speak with Principal Charles Brown and students in the FFA Program. Principal Brown began by speaking on the recent success of the trade programs, utilizing local resources for students' continuing success.

Brown 1 KEY LENGT: 58

Brown related to past students who found success quickly upon graduation, saying high schools need to take on the role of preparing students for their next step.

Brown 2 KEY LENGT: 60

Central A&M High School competed with their academic challenge team and won the regional round last year.

Brown 3 KEY LENGT: 50

The WTIM High School road tour is finished for the 2023-2024 school year and got to speak with principals, staff, and students from Taylorville, Pana, Shelbyville, Morrisonville, Pawnee, and Central A&M high schools.

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Healthcare	1/2/24	6:32 AM	1:21	Dry January
Healthcare	1/9/24	7:12 AM	1:16	THS Blood Drive
Healthcare	1/23/24	8:32 AM	2:02	Heart attacks
Healthcare	1/25/24	9:32 AM	1:41	Chemicals in food
Healthcare	2/29/24	11:32 AM	1:04	Colleage of the month TMH

With the holiday season wrapping up, and people setting resolutions for themselves, the Illinois Liquor Control Commission, is encouraging a reset. January has been coined by the ILCC as "Dry January." Dry January is a one month sobriety challenge where people stop drinking alcohol for 31 days. The idea is to start the new year on a healthy note, detoxify the body, and potentially reassess the relationship with alcohol.

Committing to "Dry January" can lead to positive changes, both physically and mentally. For successful Dry January, individuals should have a strategy and set clear goals for managing cravings, peer pressure, and social situations that involve alcohol. When in a social setting, the ILCC suggests grabbing a mocktail for the same taste without the alcohol or a canned water to blend in with those who are drinking.

Dry January can give many benefits including improving overall health, saving money, resetting your drinking habits, improving sleep, aiding in weight loss, self discipline, personal growth, and setting a positive tone for the year.

For more information, contact ILCC.IndustryEducation@illinois.gov.

Taylorville High School will host a Community Blood Drive with ImpactLife, who provides blood for locals hospitals. The blood drive will be from 9:30 AM until 4 PM on Friday, January 26 at 815 Springfield Road, inside the donor bus. To donate, please contact Julia Crowe at 824-2268 or visit www.bloodcenter.org and use code 60084 to locate the drive. You can also contact ImapctLife at 800-747-5401. Appointments are requested.

ImpactLife is the provider of blood and blood components to more than 125 hospitals in Illinois, Iowa, Missouri, and Wisconsin. ImpactLife is the exclusive provider to Pana Community Hospital and Taylorville Memorial Hospital and Wisconsin

Blood donation is a safe, simple procedure that takes about 45 minutes to one hour.

All donors will receive an ImpactLife Promo Voucher for either an Egift Card to Target, Amazon, Walmart, etc. or you can use the bonus points in an online donor store for a blanket or other branded item.

One of the most terrifying sights on a sports field is game-stopping, and at times game-ending injuries. This happened on December 16th, 2023 during an English Premiere League match between Luton Town and AFC Bournemouth. Luton captain Tom Lockyer suffered cardiac arrest and collapsed on the field during the match, receiving care for about seven minutes before being carried away on a stretcher.

Lockyer received additional medical treatment in the stadium's medical facilities, before being transported to a local hospital. The footballer credits his recovery to the medical staff and their quick actions, calling attention to learning CPR.

Dr. Abraham Kocheril, director of Cardiac Electrophysiology at OSF Healthcare Cardiovascular institute in Ubana, Illinois, says his interest in athletes and sudden cardiac death started back in 1993. Dr. Kocheril was at the Medical College of Georgia at the time and began focusing on cardiac arrests in sports as a large part of his research.

He says an underlying condition is the main reason athletes suffer cardiac arrests during a sports match. Underlying conditions could be coronary artery disease, an irregular heartbeat, or a congenital heart defect.

KOCHERIL1 KEY: LENGT: 18

For kids, Dr. Kocheril says, cardiac arrests in athletics normally come from conditions they were born with such as hypertrophic cardiomyopathy or HCM. It affects the heart's left ventricle, which is the main pumping chamber of the heart. Only .2% of athletes have these kinds of conditions according to the Dr.

Lockyer's cardiac arrest has happened before. In June 2021, Danish midfielder Christian Eriksen collapsed n the pitch during Euro 2020. Similarly he received treatment on and off the pitch and lived. Nine months later, Eriksen returned to competitive play and now plays for Manchester United.

Eriksen wears an implantable cardioverter defibrillator or ICD, a small electronic device connected to the heart that monitors the heart and regulates electrical problems. A different soccer player named Anthony Van Loo had something similar.

KOCHERIL2 KEY: LENGT: 25

If you have any concerns reach out to your primary care provider who may refer you to a cardiologoy specialist for appropriate screenings.

RUN AS OF 1/25/24

AFTER 6AM

LK

State Senator Willie Preston introduced new legislation to ban harmful chemicals in candy, soda and other food items sold and produced in Illinois.

State Senator Preston says that the legislation will increase food safety for Illinoisans. He believes new evidence shows that these substances have shown serious threats to health and the health of children in Illinois.

Senate Bill 2637 – the Illinois Food Safety Act – will ban specific, dangerous food additives from being used in the manufacturing, delivering, distributing, holding or selling of food products. These additives include brominated vegetable oil, potassium bromate, propylparaben and red dye no. 3.

PRESTON1

kEY:

LENGT: 52

Preston joined Illinois Secretary of State Alexi Giannoulias, State Representative Anne Stava-Murray and advocates at the Healthy Lifestyle Hub to announce the initiation of the Illinois Food Safety Act and emphasize the legislation's intent. As a father of six, Preston stressed that the legislation prioritizes children, who face heightened risks from these chemicals due to their developing bodies and increased consumption of these types of food products.

Preston stressed that Illinois families deserve to have access to healthy food options and that legislation will set a precedent for consumer health and safety to encourage food manufacturers to update recipes to use safer alternative ingredients.

Preston intends to work alongside his colleagues this legislative season to include additional additives like titanium dioxide. Additionally, his proposed legislation will call for studies on the potential health risk of BHA and BHT.

Taylorville Memorial Hospital announced its Colleague of the Month for February. Jody Ruddock, a health information management specialist, was chosen for the month. Ruddock ensures patients have access to their health information and for those who don't use the patient portal, Ruddock helps with the continuity of care and patient satisfaction.

One of Ruddock's nominators wrote that requests can be urgent and people are anxious, if their records aren't at TMH, she must do detective work to help the caller know what to do next or who they need to call. The nominator says that Ruddock makes great effort to ensure she has met patient needs in the area.

Ruddock also helps providers when they need medical records. Recently, she received a request from an insurance company for medical records for 300+ patients with a deadline of two weeks. She had a plan in place and met their request.

Ruddock has worked at TMH since 2000.