



## 100.1 WJRZ-FM 2<sup>ND</sup> QUARTER - ISSUES REPORT

6/30/20

Prepared by Matt Knight, Program Director

The following is the quarterly Issues Report for WJRZ-FM for the **second quarter of 2020**. The report includes a synopsis of programs which aired between 4/1/20 & 6/30/20.

WJRZ-FM has identified the following issues of importance to its community of listeners:

- Addiction
- Aging
- Alcoholism
- Business & Industry
- Charitable & Volunteer Organizations
- Consumerism
- Coronavirus Pandemic
- Crime
- Criminal Justice System
- Culture & Fine Arts
- Depression
- Developmental Disorders
- Diet & exercise
- Disabilities
- Discrimination
- Domestic Violence
- Economics
- Education
- Elderly & Senior Citizens
- Employment & Unemployment
- Ethics
- Exercise & Fitness
- Family Issues
- Federal Government
- Food Insecurity & Hunger
- Gender Issues
- Genetics
- Health care

- Housing
- Human Development
- Law Enforcement
- Media
- Medical System
- Mental Health
- Mental Illness & Treatment
- Minority Issues
- Parenting
- Police & Law Enforcement
- Poverty
- Privacy
- Public Health
- Public Policy
- Public Safety
- Racism & Discrimination
- Recreation & Performing Arts
- Science
- Social Change
- Stress Management
- Technology
- Vaccine Development
- Veterans
- Women's Issues
- Youth at Risk

### **WJRZ-FM Public Affairs Programs**

#### Sunday – 6:00am – 6:30am

“Radio Health Journal” is a syndicated show that talks with authors, professors and other professionals about medical and health issues of local and national concern.

#### Sunday – 6:30am-7:00am

“Around Ocean County” is a local, weekly interview show covering a variety of issues making news in the station’s hometown and county. Featuring pre-recorded interviews, the show is hosted and produced by Lisa Anderson.

## **HOW PROGRAMMING ADDRESSED THE ISSUES – “AROUND OCEAN COUNTY”**

4/5/20...*Around Ocean County*. **FULFILL FOOD BANK 13:25** GUEST: Kim Guadagno. SYNOPSIS: Former NJ Lt. Governor Kim Guadagno is now the CEO of Fulfill Food Bank of Monmouth and Ocean Counties. The new name reflects the fact that they are now focusing on more than food distribution. Ending hunger in the communities is a complex challenge. It is even more of a challenge in the face of COVID. Fulfill has seen a thirty percent increase in families seeking help with food. **COMPLIANCY ISSUES COVERED:** Public Health, Healthcare, Employment, Family issues.

4/5/20...*Around Ocean County*. **ATLANTIC MEDICINE AND WELLNESS 12:42** GUEST: Giana Clayton. SYNOPSIS: Giana Clayton is the director of nursing for Atlantic Medicine and Wellness, one of the many businesses and services that have had to change the way they treat patients. One of the implementations is “telemed.” Telemed enables the doctor to assess the situation, and provide medicine, advice and reassurance to the patient. **COMPLIANCY ISSUES COVERED:** Medicine/Healthcare, Mental Health, Technology.

4/12/20...*Around Ocean County*. **OCEAN MENTAL HEALTH SERVICES 13:51** GUEST: Jim Cooney. SYNOPSIS: Jim Cooney is the CEO of Ocean Mental Health Services. OMHS serves those who are suffering from mental issues such as anxiety, depression, and addiction. Due to the COVID-19 crisis, they have changed the protocol for serving patients. Programs are now being done by telemed, with group homes being monitored closely each day along with getting the PPE supplies needed for staff. **COMPLIANCY ISSUES COVERED:** Mental Health, Medicine/Healthcare, Depression.

4/12/20...*Around Ocean County*. **EASTER SEALS NJ 7:35** GUEST: Brian Fitzgerald. SYNOPSIS: Brian Fitzgerald is from the Easter Seals of NJ. he spoke about the services offered to those who are living with developmental and physical disabilities. Again, due to the mandates set forth by the Governor during the COVID crisis, many individuals who attended the five hour per day weekly programs are now being monitored via telemed conferences. The lack of programs not only disrupts life and learning, but can have an impact on caregivers. **COMPLIANCY ISSUES COVERED:** Health and Well Being, Mental Health, Medicine, Healthcare, Developmental Disorders.

4/19/20...*Around Ocean County*. **SALVATION ARMY NJ 23:26** GUEST: Steve Ditmer. SYNOPSIS: Major Steve Ditmer is from the Salvation Army NJ Division. The Salvation Army and staff are continuing to serve the people in need in Ocean County while observing the rules of social distancing. They have many various programs and opportunities for worship and services. They support communities and are ready to serve when needed during local disasters, and through the emergency housing and food programs. **COMPLIANCY ISSUES COVERED:** Public health, Hunger, Housing, Youth at Risk, Addiction services, Veterans.

4/26/20...*Around Ocean County*. **FREEHOLDER DIRECTOR OF OCEAN COUNTY 24:05** GUEST: Tom Arnone. SYNOPSIS: Tom Arnone is Freeholder Director of Monmouth County, having served as Mayor of Neptune prior to his position. Tom discussed the mayor's initiative during the COVID crisis, in which Mayors from different municipalities discussed the latest developments within each town in order to share information. Also discussed was the number of cases within the county, new cases and newly diagnosed compared weekly. **COMPLIANCY ISSUES COVERED:** Public Health, Law & Crime, Business, Labor and Employment.

5/3/20...*Around Ocean County*. **NJ OFFICE OF HOMELAND SECURITY 20:27** GUEST: Jared Maples. SYNOPSIS: Jared Maples is the Director of the New Jersey Office of Homeland Security and Preparedness. Jared informed us of the need to inform the public on any misinformation surrounding COVID-19. The NJDHSP also deals with the CDC, the Governor, and the OEM in the effort to combat the spread of the coronavirus. **COMPLIANCY ISSUES COVERED:** Government, Public Health, Health Education.

5/10/20...*Around Ocean County*. **MAKE-A-WISH NEW JERSEY 13:37** GUEST: Tom Weatherhall. SYNOPSIS: Tom Weatherhall is the President and CEO of Make-A-Wish New Jersey. Make-A-Wish is the largest wish granting organization in the world for critically ill children. Unfortunately, this year's pandemic caused many of these wishes to be put on hold. Some wishes that were non-travel related such as shopping sprees, photography equipment, etc. have been fulfilled. Make-A-Wish is facing a crisis and asked for help by visiting [Makeawishnj.org](http://Makeawishnj.org). **COMPLIANCY ISSUES COVERED:** Children's Health, Family Issues, Travel, Business.

5/10/20...*Around Ocean County*. **GO-GETTERS 11:32** GUEST: Maribeth Abrams. SYNOPSIS: Maribeth Abrams is the Director of Go-Getters, an all-volunteer organization started by Mark Kwanis in order to help the seniors and those who are immune compromised during the COVID pandemic. Realizing the need, Mark and Maribeth reached out to many social service agencies to help them access phone numbers for those in need to get food, medicine, and other necessities. **COMPLIANCY ISSUES COVERED:** Family Issues, Senior Services, Health and Well Being, Veterans, Volunteer Services.

5/17/20...*Around Ocean County*. **TOMS RIVER POLICE CHIEF 23:54** GUEST: Mitch Little. SYNOPSIS: Chief Mitch Little has been the Police Chief for Toms River for over seven years and is widely respected by both the police force and the community. The Toms River Police Department has been successful in preventing the spread of COVID throughout his department and staff by implementing changes within the department such as sanitizing the vehicles, and using proper PPE equipment. They also made sure they worked with social services and Senior Services to ensure the elderly received meals and medicine. **COMPLIANCY ISSUES COVERED:** Public health, Youth at risk, Law Enforcement.

5/24/20...*Around Ocean County*. **THE PHOENIX 22:21** GUESTS: Christopher Spallina, Amy Emley. SYNOPSIS: Christopher Spallina and Amy Emley are directors at The Phoenix, a nonprofit organization which inspires thousands of people rise from the ashes of addiction through the support of those who have walked the very same path. Founded in 2006, there are now over 45 chapters across the US. They provide physical, mental and spiritual support through yoga, mountain climbing, strength training and more. **COMPLIANCY ISSUES COVERED:** Addiction and Recovery, Youth at Risk, Health and Well Being, Mental Health, Depression.

5/31/20...*Around Ocean County*. **ALLAIRE COMMUNITY FARM 14:02** GUEST: Joann Burney. SYNOPSIS: Joann Burney founded Allaire Community Farm along with her husband in 2015. Since then, this nonprofit organization's mission is to rescue animals, who then rescue people. They had to cut many programs due to the COVID pandemic, such as therapeutic riding for children with special needs, classes on organic farming, mental health classes as well as Veterans with PTSD. **COMPLIANCY ISSUES COVERED:** Veteran Services, Mental Health, Children with special needs, Family Issues, Education.

5/31/20...*Around Ocean County*. **STUDENT ENTREPRENEURSHIP 11:08** GUESTS: Michael Malia, Andrew Rodriguez. SYNOPSIS: Michael Malia and Andrew Rodriguez are two fifth grade students at Rumson Country Day School who began an online business at the suggestion of their teacher who presents a genius hour. This idea quickly turned into a philanthropic venture in which one hundred percent of the proceeds went towards the NJ Pandemic Relief Fund. **COMPLIANCY ISSUES COVERED:** Business, Entrepreneurship, Education.

6/7/20...*Around Ocean County*. **BRIDGING THE GAP 22:14** GUEST: Mike Ferraro. SYNOPSIS: President and Founder of Bridging The Gap Mike Ferraro discusses his 501c3 organization/small business. Bridging The Gap is led by military veterans who fully understand the career transition experience. They establish relationships with C level executives, human resource professionals, hiring managers and marketing directors to open career doors for the military community upon their discharge. **COMPLIANCY ISSUES COVERED:** Military, Large and small businesses, Employment.

6/14/20...*Around Ocean County*. **JUDGE JONES 24:34** GUEST: Judge Lawrence Jones. SYNOPSIS: Retired Superior Court Judge Lawrence Jones specializes in Domestic Violence. He is also a professor at Monmouth University where he teaches a course on Domestic Violence. The courts have had to change the way they handles cases that needed to be heard during the COVID crisis. He also discussed how both child abuse and domestic violence are on the rise due to the quarantine. **COMPLIANCY ISSUES COVERED:** Law Enforcement, Family Issues, Domestic Violence, Youth at Risk.

6/21/20...*Around Ocean County*. **NEW JERSEY RE-ENTRY PROGRAM 19:01** GUEST: Brian McGillivray. SYNOPSIS: Brian McGillivray is the Facility Director for the Monmouth County Office of the New jersey Reentry program, a nonprofit organization with a social mission to remove all barriers to employment for citizens returning from incarceration. The NJ Reentry program also works with clients on family reunification, substance abuse help and sober living facilities. **COMPLIANCY ISSUES COVERED:** Mental health, Incarceration, Youth at Risk, Law Enforcement, Education, Employment.

6/21/20...*Around Ocean County*. **LEUKEMIA & LYMPHOMA SOCIETY NEW JERSEY 23:34** GUEST: Jana Boyer SYNOPSIS: Jana Boyer is the Executive Director of the NJ chapter of the Leukemia and Lymphoma Society (LLS) The mission of LLS is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and to improve the quality of life of patients and their families. To date, LLS has invested over \$1.3B to fund much needed research and medicine. **COMPLIANCY ISSUES COVERED:** Medicine and Healthcare, Science, Health and well being

## HOW PROGRAMMING ADDRESSED THE ISSUES – “RADIO HEALTH JOURNAL”

4/5/20...*Radio Health Journal*. **MISINTERPRETING PERINATAL DEPRESSION**

**12:32** Synopsis: Perinatal depression (previously known as postpartum depression) is seldom brought up by a new mother, so healthcare providers must screen for it carefully. However, sometimes they err on the side of caution in efforts to prevent the mother from harming herself or her baby. Experts discuss the balancing act. Host & Producer: Reed Pence. Guests: Jessica Porten, new mother diagnosed with depression; Dr. Darby Saxbe, Associate Professor of Psychology, University of Southern California; Dr. Tiffany Moore Simas, Professor of Obstetrics and Gynecology, University of Massachusetts Medical School & former co-chair, Maternal Mental Health Expert Work Group, Amer. College of Obstetrics and Gynecology. **COMPLIANCY ISSUES COVERED:** health care; women’s issues; youth at risk; public health and safety; parenting

4/5/20...*Radio Health Journal*. **EASING CORONAVIRUS STRESS 6:53** Synopsis: Virtually no one in the US has been unaffected by the coronavirus pandemic, and stress is at high levels. A public health and brain expert discusses why “sheltering in place” is so important in spite of the stress it generates, and a few simple steps to ease the stress. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Michael Lewis, President, Brain Health Research and Education Institute and former officer, Walter Reed Army Institute of Research. **COMPLIANCY ISSUES COVERED:** health care; public health; mental health; consumerism; infectious disease; coronavirus pandemic; stress management

4/12/20...*Radio Health Journal*. **DOMESTIC ABUSE AND THE PANDEMIC 12:03**. Synopsis: With hundreds of millions of Americans sheltering at home due to the COVID-19 pandemic, the odds and fear of domestic abuse are rising. The leader of a noted shelter and counseling program discusses the increase, the difficulty of counteracting it during a national lockdown, and what people can do to cope. Host & Producer: Reed Pence. Guest: Irene Lindsey Brantley, Program Director, Women In Transition, Philadelphia. **COMPLIANCY ISSUES COVERED:** women’s issues; youth at risk; public health and safety; charitable and volunteer organizations; domestic violence; intervention & harm reduction; coronavirus pandemic.

4/12/20...*Radio Health Journal*. **FOREIGN ACCENT SYNDROME 7:10** Synopsis: People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the syndrome and chances of recovery. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Sheila Blumstein, Professor Emerita of Cognitive Linguistics and Psychological Sciences, Brown University; Dr. Jack Ryalls, Professor of Communication Sciences and Disorders, University of Central Florida. **COMPLIANCY ISSUES COVERED:** health care; disabilities.

4/19/20...*Radio Health Journal*. **WILL COVID-19 BANKRUPT THE HEALTHCARE SYSTEM? 12:25** Synopsis: Hospitals are scrambling to get extra equipment and outfit more beds and ICU units for COVID-19 patients. Their treatment is time-consuming and expensive. At the same time, hospitals’ lucrative elective procedure business has largely been eliminated. Will the combination bankrupt hospitals? Two experts who have studied the crisis discuss. Host & Producer: Reed Pence. Guests: Dr. Vivian Ho, Chair, Health Economics, and Director, Center for Health and Biosciences, Rice University and Professor of Medicine, Baylor College of Medicine; Dr. Heidi Russell, Associate Professor, Baylor College of Medicine. **COMPLIANCY ISSUES COVERED:** health care system; public health; economics; public safety; federal government.

4/19/20...*Radio Health Journal*. **STAYING FIT WHILE STAYING HOME 7:42** Synopsis: The national effort to shelter in place has closed gyms and led many people to complain of weight gain. Two exercise experts discuss how people can maintain fitness at home with no equipment. Host: Nancy Benson. Producer: Polly Hansen. Guests: Sabrina Wescott, nutrition health coach and Director of Marketing, Maxpro Fitness; Erin Sampson, yoga instructor on YouTube "Five Parks Yoga" channel. **COMPLIANCY ISSUES COVERED:** exercise & fitness; coronavirus pandemic; public health.

4/26/20...*Radio Health Journal*. **OPENING AMERICA AGAIN: WHEN IS IT SAFE? 12:23** Synopsis: Many Americans are impatient with social distancing as a result of COVID-19 despite the success of the tactic. However, reopening the country too quickly could allow the virus to come roaring back, resulting in thousands more deaths and even more economic damage. Two experts explain how the rollout should happen to get us back to work safely. Host & Producer: Reed Pence. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University School of Medicine; Dr. Gary Slutkin, CEO, Cure Violence Global. **COMPLIANCY ISSUES COVERED:** public health; public safety; health care; economics; education; public policy.

4/26/20...*Radio Health Journal*. **RULES FOR WHO LIVES, WHO DIES IN THE PANDEMIC 7:44** Synopsis: A lack of ventilators potentially puts doctors in the position of deciding which of their COVID-19 patients get a ventilator and live, and which ones don't get one and die. New rules for making such decisions have been released which are designed to be fair and independent. The designer of the rules explains. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Douglas White, Professor of Critical Care Medicine and Director, Program on Ethics and Decision Making In Critical Illness, University of Pittsburgh. **COMPLIANCY ISSUES COVERED:** health care; public health; ethics; minority issues; infectious disease; coronavirus pandemic; medical system.

5/3/20...*Radio Health Journal*. **MAINTAINING MENTAL HEALTH DURING THE LOCKDOWN 12:11** Synopsis: Mental health is difficult to maintain when people are required to stay inside at home. In fact, we're asked to engage in activities that normally would indicate mental distress. A noted psychologist with the NIH discusses ways to stay mentally healthy during the pandemic lockdown. Host: Reed Pence. Producer: Polly Hansen. Guest: Dr. Krystal Lewis, clinical psychologist, National Institute of Mental Health. **COMPLIANCY ISSUES COVERED:** public health; health care; mental health; media; mental illness & treatment; coronavirus pandemic; stress management.

5/3/20...*Radio Health Journal*. **NURSING HOMES TRY TO FEND OFF COVID-19 8:06** Synopsis: Nursing homes have been a hotbed of fatal COVID-19 infections. The virus was loose in many of them before they could even know it. An industry expert discusses what nursing homes are doing now to keep the virus out and their patients safe. Host: Nancy Benson. Producer: Reed Pence. Guest: Dan Stockdale, certified nursing home administrator and consultant **COMPLIANCY ISSUES COVERED:** health care; public health; public safety; elderly and senior citizens; infectious disease; coronavirus pandemic.

5/10/20...*Radio Health Journal*. **THE ECONOMY AFTER THE PANDEMIC 11:35** Synopsis: The COVID-19 pandemic has caused a quicker economic crash than we've ever seen. Opening the nation too fast will likely trigger a "W" shaped recovery with wide swings of growth then decline. Either way, the effects will last for years. Experts discuss likely scenarios. Host & Producer: Reed Pence. Guests: Dr. Martin Andersen, Assistant Professor of Economics, Bryan School of Business and Economics, University of North Carolina at Greensboro; Dr. Mark Muro, Senior Fellow, Metropolitan Policy Program, Brookings Institution. **COMPLIANCY ISSUES COVERED:** public health; economics; employment and unemployment; business and industry; federal government; coronavirus pandemic; public policy.

5/10/20...*Radio Health Journal*. **TELEMEDICINE FINALLY GETS ITS CHANCE 7:54** Synopsis: Doctor's appointments via smartphone have been available for some time but were little used except in remote areas due to insurance reluctance. Now telemedicine has been forced on us and on insurers by COVID-19 restrictions, and many providers swear by them. Three experts discuss. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Franziska Ringpfeil, Assistant Professor of Dermatology, Thomas Jefferson University; Dr. Brian Cole, Professor of Orthopedic Surgery, Rush University & Managing Partner, Midwest Orthopedics at Rush; Brian Slusser, CEO, Health In Motion **NETWORK COMPLIANCY ISSUES COVERED:** health care; public health; technology; coronavirus pandemic; insurance.

5/17/20...*Radio Health Journal*. **WOMEN, ALCOHOL, AND ISOLATION 12:32** Synopsis: The COVID-19 lockdown has triggered increased alcohol use in many people, and an alcohol use disorder in some. Help can be difficult to access, as face-to-face counseling and group sessions have been halted. For women, it can be even more difficult, as they are much more comfortable in more rare single-sex sharing situations. Two experts discuss today's dangerous alcohol triggers and how to seek help. Host & Producer: Reed Pence. Guests: Jessica Foody, certified professional recovery coach; Dr. Kathleen Brady, Distinguished University Professor of Psychiatry, Medical University of South Carolina. **COMPLIANCY ISSUES COVERED:** public health; alcoholism, substance use disorder and treatment; women's issues; mental health; mental illness & treatment; coronavirus pandemic.

5/17/20...*Radio Health Journal*. **THE LOSS OF RITUALS 7:13** Synopsis: Spring is the season of rituals—prom, graduation, commencement and weddings. Social distancing has taken most of these rituals away. An expert discusses the importance of rituals in our mental health and why it's OK to grieve their loss. She also discusses how changing rituals can be successful save for the tragic loss of funerals. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Maribel Alvarez, Associate Research Professor of Anthropology, University of Arizona. **COMPLIANCY ISSUES COVERED:** mental health; consumerism; public health; coronavirus pandemic; social change.

5/24/20...*Radio Health Journal*. **THE SHRINKING HUMAN JAW 12:08** Synopsis: Over the last 8,000 years, the human jaw has been getting smaller due to an increasingly soft diet and a lack of jaw exercise. The result is an epidemic of crooked teeth and serious health consequences, as two experts explain. Host: Reed Pence. Guests: Dr. Paul Erlich, Professor Emeritus of Population Studies, Stanford University and co- author, *Jaws: The Story of a Hidden Epidemic*; Dr. Sandra Kahn, orthodontist and co-author, *Jaws: The Story of a Hidden Epidemic*. **COMPLIANCY ISSUES COVERED:** youth at risk; human development; public health; diet and nutrition.

5/24/20...*Radio Health Journal*. **ANDROGENS AND COVID-19 7:26** Synopsis: For people under about age 70, covid-19 is much harder on men than on women, especially those with strong male characteristics like scalp balding and plentiful body hair. A group of researchers has a theory as to why—that male hormones provide the virus with an entry into the cell. One of the researchers discusses what that could mean in terms of treatment. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Carlos Wambier, Assistant Professor of Dermatology, Brown University Warren Alpert Medical School. **COMPLIANCY ISSUES COVERED:** consumerism; public health; research & development; vaccine development.



5/31/20...*Radio Health Journal*. **COVID AND CHOIRS 11:47** Synopsis: Scientists have discovered that singing is an exceptionally effective way to spread viruses through the aerosolized particles it expels, which may travel much farther than the six foot safety zone many people follow. This means choruses and choirs may not get back to “normal” after the covid-19 pandemic until much later than most activities, and only with rapid, effective testing or a vaccine. Experts explain. Host: Reed Pence. Guests: Dr. Robert Russell, Music Director, CHORALART, Portland, ME and Professor Emeritus of Music, University of Southern Maine; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina and President, Performing Arts Medicine Assn.

**COMPLIANCY ISSUES COVERED:** health care; public health and safety; culture and fine arts; recreation and performing arts; economics; infectious disease; coronavirus pandemic.

5/31/20...*Radio Health Journal*. **WHY WOMEN ARE GENETICALLY STRONGER 7:38** Synopsis: Women may have been known through the centuries as the weaker sex, but researchers have learned that they are anything but weak. Their 2 X chromosomes are both active and cooperate with each other, especially in immune response. An expert discusses new findings on their genetic superiority. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Sharon Moalem, author, *The Better Half: On the Genetic Superiority of Women*. **COMPLIANCY ISSUES COVERED:** women’s issues; gender issues; health; genetics; research & development.

6/7/20...*Radio Health Journal*. **GENETIC TESTING AND LIFE INSURANCE 12:03** Synopsis: It’s illegal for health insurers to use genetic testing to discriminate against policyholders. However, life insurers can and do discriminate on that basis if the test is in your medical file. Private testing lets patients know their risk for many diseases without landing in health files. Advocates want to make it illegal for life insurers to also discriminate on this basis, but it may end up with higher costs for everyone. Experts explain. Host: Reed Pence. Producer: Polly Hansen. Guests: Anya Prince, Associate Professor of Law, University of Iowa; Dr. Patricia Born, Professor and Payne H. and Charlotte Hodges Midyette Eminent Scholar in Risk Management and Insurance, Florida State University; Lisa Schlager, Vice President of Public Policy, Facing Our Risk of Cancer Empowered (FORCE). **COMPLIANCY ISSUES COVERED:** health care; insurance; economics; ethics; privacy; public policy; genetics; technology.

6/7/20...*Radio Health Journal*. **WHAT EVERY PARENT SHOULD KNOW: “IT DOESN’T LOOK LIKE DROWNING” 7:25** Synopsis: Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble. Host: Nancy Benson. Guests: Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard. **COMPLIANCY ISSUES COVERED:** public health; public safety; youth at risk; water safety; consumerism.

6/14/20...*Radio Health Journal*. **MISUNDERSTANDING STUTTERING 11:39** Synopsis: Stuttering is an extremely misunderstood disability. Many stutterers go to great lengths to avoid the words or phrases that trip them up, and are often successful in keeping their disability hidden. Yet then it may be mistaken for other problems. Experts explain, using former Vice President Joe Biden as an example. Host & Producer: Reed Pence. Guests: Jane Fraser, President, Stuttering Foundation of America; Dr. Eric Jackson, Assistant Professor of Communicative Sciences and Disorders, New York University. **COMPLIANCY ISSUES COVERED:** disabilities; youth at risk; education.

6/14/20...*Radio Health Journal*. **DISEASE RISK AND INHERITANCE 7:31** Synopsis: Scientists have learned that the habits and environments of our parents and grandparents can have a strong effect on our health and longevity as a result of imprinting on egg and sperm cells. An expert explains. Host: Nancy Benson. Guest: Judith Finlayson, author, *You Are What Your Grandparents Ate: What You Need to Know About Nutrition, Experience, Epigenetics, and the Origins of Chronic Disease*. **COMPLIANCY ISSUES COVERED:** public health; health care; poverty; food insecurity & hunger.

6/21/20...*Radio Health Journal*. **PROTESTS AMID THE PANDEMIC 12:37** Synopsis: With thousands of people demonstrating in the streets after the death of George Floyd, health experts are concerned that the crowds, shouting, and lack of masks may contribute to a spike in COVID-19 cases. However, with many locations also “opening up,” they say a spike is inevitable, to be made worse by protests, but teasing out what’s responsible becomes more difficult. Experts discuss. Host & Producer: Reed Pence. Guests: Dr. Julie Swann, Dept. Head and Allison Distinguished Professor, Fitts Dept. of Industrial and Systems Engineering, North Carolina State Univ; Dr. Pinar Keskinocak, Professor of Industrial and Systems Engineering and Director, Center for Health and Humanitarian Systems, Georgia Tech University. **COMPLIANCY ISSUES COVERED:** public health; racism and discrimination; crime, police & law enforcement; public safety; infectious disease; coronavirus pandemic; social change.

6/21/20...*Radio Health Journal*. **PROTECTING YOUR EYES FROM SUMMER UV RAYS 7:17** Synopsis: Summer is when people want to spend as much time outdoors as possible. Skin protection and sunscreen are something most of us consider, but overexposure to UV rays is extremely dangerous to the eyes as well. An expert discusses. Host: Nancy Benson. Producer: Hannah Swarm. Guest: Dr. Rachel Bishop, ophthalmologist, National Eye Institute. **COMPLIANCY ISSUES COVERED:** public health; consumerism.

6/28/20...*Radio Health Journal*. **LONG-SUFFERING COVID SURVIVORS 12:27** Synopsis: While most people who contract COVID-19 survive, those who suffer often-changing symptoms for months on end can only wonder when they’ll get well. A survey of members of a long-haul survivors support group find that many who don’t have “textbook” symptoms suffer poor medical care and discrimination as a result. Two women who operate the support group discuss the issues. Host & Producer: Reed Pence. Guests: Fiona Lowenstein, founder, Body Politic Wellness Collective; Hannah Davis, researcher, Body Politic Support Group. **COMPLIANCY ISSUES COVERED:** public health; medical system; discrimination; mental illness and treatment; consumerism; research & development.

6/28/20...*Radio Health Journal*. **FACE MASKS AND BREATHING 7:22** Synopsis: Some people insist that wearing a face mask smothers them and makes them feel like they’re not getting enough air. An expert discusses what might be going wrong and lays out the basics on how to wear a mask without needing to come up for air. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Bill Carroll, Adjunct Professor of Chemistry, Indiana University and former President, American Chemical Society; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina. **COMPLIANCY ISSUES COVERED:** public health; consumerism