



## 100.1 WJRZ-FM 3<sup>rd</sup> QUARTER - ISSUES REPORT

9/30/20

Prepared by Matt Knight, Program Director

The following is the quarterly Issues Report for WJRZ-FM for the **third quarter of 2020**. The report includes a synopsis of programs which aired between 7/1/20 through 9/30/20.

WJRZ-FM has identified the following issues of importance to its community of listeners:

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
- Business & Industry
- Climate Change
- Communications
- Consumerism & Consumer Safety
- Disabilities
- Disasters & Preparedness
- Discrimination
- Eating Disorders
- Economics
- Education
- Elderly & Senior Citizens
- Elected Officials
- Employment & Workplace Issues
- Environment & Outdoors
- Ethics
- Family & Parenting Issues
- Federal Government
- Flooding
- Health Care
- Infectious Disease
- Individual Rights
- Interpersonal Relations
- Labor Issues
- Mental Health Issues
- Minority Issues
- National Defense
- Obesity
- Organ Donors
- Pets & People
- Pollution
- Poverty
- Public Health
- Public Safety
- Sports & Recreation
- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk

## WJRZ-FM Public Affairs Programs

Sunday – 6:00am – 6:30am

“Radio Health Journal” is a syndicated show that talks with authors, professors and other professionals about medical and health issues of local and national concern.

Sunday – 6:30am-7:00am

“Around Ocean County” is a local, weekly interview show covering a variety of issues making news in the station’s hometown and county. Featuring pre-recorded interviews, the show is hosted and produced by Lisa Anderson.

### HOW PROGRAMMING ADDRESSED THE ISSUES – “AROUND OCEAN COUNTY”

7/5/20...*Around Ocean County*. **SEASIDE HEIGHTS MAYOR TONY VAZ 14:54** GUEST: Tony Vaz. SYNOPSIS: Seaside Heights Mayor Tony Vaz was elected mayor after having served for over thirty years as a councilman. We discussed Mayor Vaz and his staff adhering to the Governor's guidelines for the residents and the town of Seaside Heights during the COVID crisis. This included beach restrictions, social distancing, and sanitizing rides along the boardwalk. He also discusses outdoor dining and the implementing of indoor dining in the future. **COMPLIANCY ISSUES COVERED:** Family Issues, Government, Health and Well Being, Labor and Employment.

7/5/20...*Around Ocean County*. **CAREGIVER VOLUNTEERS OF CENTRAL JERSEY 10:08** GUEST: Megan O'Keefe. SYNOPSIS: Megan O'Keefe is the new Executive Director of Caregiver Volunteers of Central Jersey. She began her new role just as the COVID pandemic began. Many changes had to take place, such as in person visits becoming virtual visits, as well as the music program for seniors with dementia. CVCJ worked with many organizations to ensure emergency situations were being met. **COMPLIANCY ISSUES COVERED:** Health and well-being, Senior population, Mental Health.

7/12/20...*Around Ocean County*. **BOYS AND GIRLS CLUB IN NEW JERSEY 21:14** GUEST: Susan Haspel. SYNOPSIS: Susan Haspel is the State Director of the Boys and Girls Club in New Jersey. Boys and Girls Clubs in NJ is an alliance of twenty-two Boys and Girls Club organizations serving over 70,000 youths ages 5 - 18 throughout the Garden State. Susan explained how the Clubs quickly realized and implemented a plan to ensure the children and their families received food and services. **COMPLIANCY ISSUES COVERED:** Family Issues, Mental Health, Education.

7/19/20...*Around Ocean County*. **DAVID'S DREAM AND BELIEVE FOUNDATION 21:14** GUEST: David Calderella. SYNOPSIS: David Calderella is the founder of David's Dream and Believe Foundation, a non-profit organization that raises funds to provide financial assistance ,wellness services and hope to families affected by a cancer diagnosis. The organization has since helped over one thousand families financially and emotionally. Over a million dollars has been raised over the past ten years. **COMPLIANCY ISSUES:** Health and Well Being, Volunteering, Family Issues, Finances.

7/26/20...*Around Ocean County*. **HANDS ON CPR 11:39** GUEST: Cherie Garrison. SYNOPSIS: Cherie Garrison is the founder of Hands On CPR, located in Toms River NJ. She provides home based and mobile CPR training for area first responders and residents of Monmouth and Ocean County. **COMPLIANCY ISSUES COVERED:** Health and Well Being, Education.

7/26/20...*Around Ocean County*. **NJ SHARING NETWORK 12:10** GUEST: Elisse Glennon. SYNOPSIS: Elisse Glennon is the Executive Director of the NJ Sharing Network, where she discusses organ donation during the COVID crisis. We also discussed the Virtual Transplant Games, and living organ donation. **COMPLIANCY ISSUES COVERED:** Health, Medicine, Helathcare.

8/2/20...*Around Ocean County*. **UNITED WAY OF MONMOUTH AND OCEAN COUNTIES 23:20** GUEST: Lori Ann McClane SYNOPSIS: Lori Ann McLane is the president and CEO of United Way of Monmouth and Ocean Counties. UWMOC, like many area nonprofits, has faced challenges during the past few months of the COVID pandemic. They ensured those in need were taken care of in the best possible way. UWMOC partnered with other non-profits to provide grants, financial assistance, and programs for children and adults. **COMPLIANCY ISSUES COVERED:** Parenting, Health and Well Being, Youth at risk, Public Health.

8/9/20...*Around Ocean County*. **FOREVER YOUR OVERWATCH 24:00** SYNOPSIS: Zisa Belfir is Vice President of Forever Your Overwatch, a nonprofit organization that trains and protects survivors of domestic violence and abuse. As part of their efforts to help those in need, FYO began "Pop up Pantries" around Monmouth and Ocean Counties for anyone who is struggling, not just victims of domestic violence. **COMPLIANCY ISSUES COVERED:** Women's Issues, Youth at risk, Mental Health, Domestic Violence.

8/16/20...*Around Ocean County*. **POINT PLEASANT BEACH MAYOR PAUL KANITRA 23:23** GUEST: Paul Kanitra. SYNOPSIS: Paul Kanitra is serving his first year as Mayor of Point Pleasant Beach. He discussed what the first few months in office entailed during the start of the Covid pandemic, and how his decisions affected businesses along the boardwalk and in the town. One of the decisions was to increase police presence within PPB in order to enforce social distancing and large gatherings. **COMPLIANCY ISSUES COVERED:** Law enforcement, Public Health, Government, Large and small businesses.

8/23/20...*Around Ocean County*. **TOMS RIVER ROTARY CLUB 24:10** SYNOPSIS: Nancy Ellson is the president of the Toms River Rotary Club, and Bill Kaufman is a board member. Due to the COVID pandemic, their major fundraiser, called "Sailfest" had to postpone in person and go "virtual." This yearly event usually draws over 15,000 attendees and all monies raised goes directly to providing scholarships, food, and more to area residents. **COMPLIANCY ISSUES COVERED:** Large and small businesses, Grants, scholarships, veterans.

8/30/20...*Around Ocean County*. **VITALANT BLOOD SERVICES 8:07** GUEST: Bob Kessler SYNOPSIS: Bob Kessler is director of donor recruitment for Vitalant Blood Services. Vitalant is the largest provider of blood donations, plasma and other blood products across the country. Bob spoke about the extra need for blood donations during the COVID crisis, as well as an area blood drive taking place at I Play America in Monmouth County. **COMPLIANCY ISSUES COVERED:** Health and well being, Safety, Technology.

8/30/20...*Around Ocean County*. **SOUTHERN OCEAN COUNTY CHAMBER OF COMMERCE 15:15** GUEST: Lori Peppenella. SYNOPSIS: Lori Peppenella is the CEO of the Southern Ocean County Chamber of Commerce. Each year, SOCCC hosts their largest fundraiser Chowderfest, which draws thousands of folks from all over to sample delicious clam chowder from area restaurants in LBI. This year the chamber decided to hold a month long Chowderfest in which diners can visit over 26 restaurants and enjoy take out and limited outdoor dining. **COMPLIANCY ISSUES COVERED:** Large and small businesses, Commerce.

9/6/20...*Around Ocean County*. **HOLIDAY EXPRESS 26:04** GUEST: Tim McLoone. SYNOPSIS: Tim McLoone is a Jersey Shore icon, and president and founder of the non-profit organization Holiday Express, now in its twenty seventh year of providing music, food, gifts and smiles to those less fortunate. Each year, the volunteers of Holiday Express present a clambake which raises much needed funds for Holiday Express. Tim spoke about new version of the Clambake, which was virtual, where viewers can purchase a ticket and take part in a magical evening of entertainment. **COMPLIANCY ISSUES COVERED:** Consumerism, Volunteering, Mental Health.

9/13/20...*Around Ocean County*. **NEW JERSEY ASSOCIATION OF MENTAL HEALTH AND ADDICTION AGENCIES 22:05** GUEST: Shauna Moses. SYNOPSIS: Shauna Moses is the Vice President of Public Affairs and Member Services for New Jersey Association of Mental Health and Addiction Agencies, which is a non-profit organization based in Trenton NJ which serves people throughout Monmouth and Ocean Counties and the state of NJ. Their mission is to promote the value of its members as the highest behavioral healthcare providers through advocacy and professional development, Shauna discussed the increase of substance use, suicide, and depression as a result of the COVID pandemic and what steps are being taken to provide counseling and support through virtual means. **COMPLIANCY ISSUES COVERED:** Mental Health, Youth at risk, Teen Issues, Health and Wellness.

9/20/20...*Around Ocean County*. **OCEAN COUNTY SHERIFF MIKE MASTRONARDY 22:52** GUEST: Mike Mastronardy SYNOPSIS: Mike Mastronardy is the Ocean County Sheriff, following a career in law enforcement for over forty years. He retired from the position of Police Chief of Toms River police department in 2013, immediately assuming the position of Sheriff. His office oversees and works hand in hand with several different divisions such as Operations, Judicial Services, Investigations and Administrations as well as K-9 support for all thirty-three municipalities. **COMPLIANCY ISSUES COVERED:** Law enforcement, Youth at risk, Safety.

9/27/20...*Around Ocean County*. **MAKE A WISH NJ 24:08** GUEST: Tom Weatherall SYNOPSIS: Tom Weatherall, president and CEO of Make A Wish NJ, which is a nonprofit organization that grants wishes to critically ill children in New Jersey. We also spoke to Diane Piccheri, a mother to Niko, who is a Make a Wish recipient. Niko used part of his wish to help other critically ill children in the hospital. **COMPLIANCY ISSUES COVERED:** Family issues, Volunteering, Healthcare, Philanthropy.

## HOW PROGRAMMING ADDRESSED THE ISSUES – “*RADIO HEALTH JOURNAL*”

7/5/20...*Radio Health Journal*. **AUTISM AND SUBSTANCE ABUSE 12:20**. Synopsis: Studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact. Host & Producer: Reed Pence. Guests: Elizabeth Kunreuther, Clinical Instructor, University of North Carolina Wakebrook Addiction Treatment Center and co-author, *Drinking, Drug Use and Addiction in the Autism Community* Matthew Tinsley, Asperger syndrome patient and co-author, *Asperger Syndrome and Alcohol: Drinking to Cope* **COMPLIANCY ISSUES COVERED:** autism; disabilities; alcohol and substance abuse and treatment; education.

7/5/20...*Radio Health Journal*. **CONTRACT TRACING AND QUARANTINE: HOW FAR CAN WE GO? 7:45** Synopsis: The next step in beating the COVID-19 pandemic may be stepped up contact tracing and quarantine of people who've had contact with COVID-positive individuals. However, many people see that as too expensive and intrusive to be practical. An expert discusses how it might work, and how it might not. Host: Nancy Benson. Guests: Dr. Lauren Childs, Assistant Professor of Mathematics, Virginia Tech University. **COMPLIANCY ISSUES COVERED:** public health; consumerism; economics; individual rights; infectious disease.

7/12/20...*Radio Health Journal*. **ORTHOREXIA: OVERDOING A GOOD THING 12:50** Synopsis: Therapists report an increase in orthorexia, a not-yet recognized eating disorder where people become fixated on eating only healthy things and/or exercising hours per day. It can take over an afflicted person's life and result in physical symptoms much like anorexia. Experts discuss diagnosis and treatment. Host & Producer: Reed Pence. Guests: Claire Mysko, Chief Executive Officer, National Eating Disorders Association. Dr. Jennifer Carter, Clinical Associate Professor of Psychiatry and Behavioral Health, Ohio State University Wexner Medical Center. Dawn White, Registered, Licensed Dietician, Timberline Knolls Residential Treatment Center, Lemont, IL. **COMPLIANCY ISSUES COVERED:** eating disorders; mental health issues; health care; consumerism; youth at risk.

7/12/20...*Radio Health Journal*. **TICK PARALYSIS: WHEN A TICK BITE CAN BE FATAL 7:15** Synopsis: Summer is tick season, and tick bites are common. However, bites from a couple of types of ticks can produce paralysis and even death if the tick is not removed quickly. An expert discusses. Host: Nancy Benson. Guests: Dr. Mark Dworkin, Infectious disease specialist, University of Illinois at Chicago School of Public Health. **COMPLIANCY ISSUES COVERED:** health care; public health; youth at risk; outdoors and environment.

7/19/20...*Radio Health Journal*. **DEALING WITH THE RISE IN OSTEOPOROSIS 12:33** Synopsis: Osteoporosis is increasing as America ages. However, fewer people are being tested for bone density and are agreeing to treatment because of side effects of osteoporosis medications. Experts discuss the devastating effects of increased broken bones and what can now be done to prevent them. Host & Producer: Reed Pence. Guests: Dr. Sundeep Khosla, Professor of Medicine, Mayo Clinic College of Medicine. Dr. Ether Siris, Director, Toni Stabile Osteoporosis Center, New York Presbyterian Hospital and Columbia University Medical Center. **COMPLIANCY ISSUES COVERED:** military; federal government; national security; research and development.

7/19/20...*Radio Health Journal*. **DOCTOR BURNOUT: IT STARTS EARLY 7:19** Synopsis: Doctors already say they're burned out, but the COVID-19 pandemic is making it worse. A noted physician educator discusses how burnout starts with the way future doctors are taught. Host: Nancy Benson. Guests: Dr. Saul Weiner, Professor of Medicine, Pediatrics and Medical Education, University of Illinois at Chicago; Director, Center of Innovation for Complex Chronic Health Care, US Dept of Veterans Affairs and author, *On Becoming A Healer: The Journey From Patient Care to Caring About Your Patients*. **COMPLIANCY ISSUES COVERED:** health care; public health; education; infectious disease.

7/26/20...*Radio Health Journal*. **PUBLIC HEALTH OFFICIALS RESIGNING UNDER PRESSURE 12:31** Synopsis: State and local public health officials have been under pressure like never before in the COVID-19 pandemic, as citizens and elected officials push back against tough restrictions designed to curb the virus. Some officials have even been threatened. Feeling their bosses don't have their backs, a higher proportion of officials are quitting than normal, and these essential jobs will be hard to fill with qualified health experts. Host & Producer: Reed Pence. Guests: Dr. Marcus Plescia, Chief Medical Officer, Association of State and Territorial Health Officials. Lori Freeman, CEO, National Association of County and City Health Officials. Theresa Anselmo, Executive Director, Colorado Association of Local Public Health Officials. **COMPLIANCY ISSUES COVERED:** health care; public health; public safety; violence and threats; elected officials; infectious disease.

7/26/20...*Radio Health Journal*. **PTSD IN CHILDREN 7:09** Synopsis: Mental health experts once believed that children were too young to remember traumas well enough to suffer much from posttraumatic stress disorder. Now they know that children as young as 2 or 3 can be affected, often for the rest of their lives. An expert discusses PTSD in children and its treatment. Host: Nancy Benson. Producer: Ariana Kraft. Guests: Dr. Michael Scheeringa, Professor of Child Psychiatry and Associate Professor of Clinical Pediatrics, Tulane University School of Medicine. **COMPLIANCY ISSUES COVERED:** youth at risk; mental health; family and parenting issues

8/2/20...*Radio Health Journal*. **"ELECTROSHOCK THERAPY:" NOT WHAT YOU SEE IN THE MOVIES 12:07** Synopsis: Electroconvulsive therapy still has a stigma, with the reputation of being a painful, disturbing procedure that wipes out memories and, if movies are to be believed, even creates zombies. Experts explain the reality—that ECT is a quiet procedure that provokes a short brain seizure, releasing huge amounts of neurotransmitters to reset the brain in what is the quickest and most dependable treatment for severe and often suicidal depression. Host: Reed Pence. Producer: Ariana Kraft. Guests: Dr. Sarah Lisanby, Director, Translation Research, National Institute of Mental Health and Director, NIMH Non-Invasive NeuroModulation Unit. Dr. Dan Maixner, Associate Professor of Psychiatry, University of Michigan. **COMPLIANCY ISSUES COVERED:** mental illness; health care; public health; technology.

8/2/20...*Radio Health Journal*. **LUNG TRANSPLANTS: THE LEAST-TRANSPLANTED MAJOR ORGAN 8:03** Synopsis: Lung transplants are the least done of all major organ transplants because the lungs are so easily damaged in the death process. A lung transplant surgeon explains, using one particularly difficult case as an example. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Abbas Ardehali, Professor of Surgery and Medicine and Director, Heart, Lung, and Heart and Lung Transplantation, UCLA David Geffen School of Medicine. **COMPLIANCY ISSUES COVERED:** organ donors; health care; public health.

8/9/20...*Radio Health Journal*. **BACK TO SCHOOL 2020: CAN KIDS ATTEND, OR WILL REMOTE LEARNING RULE? 13:03** Synopsis: Many school districts are delaying decisions on whether students will attend in person or will be taught remotely once again to reduce the risk of COVID-19 to children and staff. Experts discuss the methods under consideration to lower risks and whether that will be enough to open for classes. Host & Producer: Reed Pence. Guests: Dr. Nathaniel Beers, President HSC Health Care System and pediatrician, Children's National Hospital. Keith Gambill, President, Indiana State Teachers Association. **COMPLIANCY ISSUES COVERED:** public health; children & youth at risk; education; labor issues; parenting issues; education.

8/9/20...*Radio Health Journal*. **WORK-AT-HOME BURNOUT AND "ZOOM FATIGUE" 6:59** Synopsis: People working at home may have no commute and can work in their pajamas, but they may find themselves more exhausted than when they worked at the office. Two experts discuss reasons for this fatigue—patterns of working at home and the surprising stress of virtual meetings. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Greg Hammer, Professor of Pediatrics and Anesthesiology, Stanford University Medical School and author, *Gain Without Pain: The Happiness Handbook for Healthcare Professionals*. Dr. Priti Shah, Professor of Psychology, University of Michigan. **COMPLIANCY ISSUES COVERED:** employment; workplace issues.

8/16/20...*Radio Health Journal*. **WHO GETS A VACCINE? 13:08** Synopsis: Development of a Coronavirus vaccine is proceeding at a breakneck pace. What needs to happen to make sure it's safe and effective? And if a vaccine is successfully made, who should get it first? Will enough people opt-in to get back to normal life, or will COVID-19 be with us for years? Experts discuss. Host & Producer: Reed Pence. Guests: Lawrence Gostin, University Professor of Health Law and Director, O'Neill Institute of National and Global Health Law, Georgetown University. Dr. Jacob Appel, Director of Ethics Education in Psychiatry, Icahn School of Medicine, Mt. Sinai, New York. **COMPLIANCY ISSUES COVERED:** public health; public safety; federal government; economics; first responders; minority issues; ethics; vaccination; infectious disease.

8/16/20...*Radio Health Journal*. **STRESS AND TYPE 2 DIABETES 6:55** Synopsis: A new study shows that people who have type 2 diabetes and are under chronic stress are more likely to have high blood sugar. The study's lead author and a patient discuss how stress can make diabetes worse and what people can do to counteract it. Host: Nancy Benson. Producer: Reed Pence. Guests: Janice Harris, diabetes patient. Dr. Joshua Joseph, Assistant Professor of Medicine, The Ohio State University Wexner Medical Center. **COMPLIANCY ISSUES COVERED:** health care; public health.

8/23/20...*Radio Health Journal*. **READING OUR MASKED FACES 12:52** Synopsis: With faces hidden behind masks for COVID-19, we are losing some of the visual information we depend on for smooth communication. Experts discuss the awkward encounters and specific looks we're likely to misinterpret when we can't see other people's mouths. Host & Producer: Reed Pence. Guests: Dr. David Matsumoto, Professor of Psychology, San Francisco State University and Director, Humintell. Dr. Rebecca Brewer, Senior Lecturer in Psychology, Royal Holloway University of London. **COMPLIANCY ISSUES COVERED:** interpersonal relations; communications; infectious disease.

8/23/20...*Radio Health Journal*. **LISFRANC INJURIES: NOT JUST A SPRAINED FOOT OR ANKLE 7:19** Synopsis: People who injure their foot often think they have a mere sprained foot or ankle when they actually have an injury that is potentially much more severe and disabling if not treated. Experts explain the Lisfranc joint and injuries that can hurt it. Host: Nancy Benson. Producer: Ariana Kraft. Guests: Dr. Mark Hardy, Balance Foot and Ankle Wellness Center, Lakewood, OH. Dr. Bryan Waxman, orthopedic surgeon, Illinois Bone and Joint Institute. **COMPLIANCY ISSUES COVERED:** health care; sports and recreation; disabilities.

8/30/20...*Radio Health Journal*. **PLANNING FOR THE NEXT PANDEMIC 12:03**

Synopsis: The next pandemic is only a matter of “when and what,” according to health security experts, who here discuss what’s needed to be ready for a variety of possible pandemics and infectious threats, both natural and terror. Host & Producer: Reed Pence. Guests: Dr. Dennis Hruby, Chief Scientific Officer, SIGA Technologies. Dr. Phil Gomez, CEO, SIRI Technologies. **COMPLIANCY ISSUES COVERED:** public health; public safety; federal government; disasters and preparedness; health care; terrorism; national defense; infectious disease.

8/30/20...*Radio Health Journal*. **THIRD WORLD MEDICINE 6:54** Synopsis: Medicine in the Third World is vastly different than in the US, and American doctors sometimes run into unexpected hurdles when they try to bring modern medicine to impoverished nations. One such doctor describes his efforts. Host: Nancy Benson. Producer: Polly Hansen. Guests: Dr. Aaron Berkowitz, Director of Global Health, Kaiser Permanente School of Medicine and author, *One By One By One: Making a Small Difference Amid a Billion Problems*. **COMPLIANCY ISSUES COVERED:** health care; public health; poverty.

9/6/20...*Radio Health Journal*. **THE LOOMING “HOTHOUSE EARTH” 12:48** Synopsis: Rising global temperatures have produced extreme weather and a rising sea level. Climate scientists fear we may soon reach the point of no return, resulting in a hothouse with large portions of the planet uninhabitable. Authors of a major report on this phenomenon explain. Host & Producer: Reed Pence. Guests: Dr. Diana Liverman, Professor of Geography and Development, University of Arizona. Dr. Katherine Richardson, Professor of Biological Oceanography and leader, Sustainability Science Center, University of Copenhagen. Dr. Kristina Dahl, Senior Climate Scientists, Union of Concerned Scientists. **COMPLIANCY ISSUES COVERED:** environment; pollution; climate change; flooding; federal government; economics.

9/6/20...*Radio Health Journal*. **IMPOSTER SYNDROME 7:05** Synopsis: Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This “imposter syndrome” can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon. Host: Nancy Benson. Producer: Ariana Kraft. Guests: Dr. Valerie Young, founder, [impostersyndrome.com](http://impostersyndrome.com) and author, *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive In Spite of It*. Dr. Pauline Rose Clance, Professor Emeritus, Georgia State University **COMPLIANCY ISSUES COVERED:** mental health; business and industry; education; parenting issue.

9/13/20...*Radio Health Journal*. **OVERWORKED PHARMACISTS: MISTAKES WAITING TO HAPPEN? 11:15** Synopsis: Pharmacists are often asked to do more work in less time than they need, and some experts worry it’s causing medication mistakes. A pharmacist specializing in medication safety discusses pressures on pharmacists and what consumers can do to protect themselves. Host & Producer: Reed Pence. Guests: Michael Gaunt, Medication Safety Analyst and Editor, Institute for Safe Medication Practices. **COMPLIANCY ISSUES COVERED:** consumer safety and consumerism; health care; economics; business and industry.

9/13/20...*Radio Health Journal*. **THE ANGER EPIDEMIC 7:54** Synopsis: Psychologists say there’s more anger in our society than ever. But they say that should be no surprise, since anger is often a reaction to uncertainty and fear. Two experts discuss the genesis of anger, how it serves a purpose, and how it can be controlled. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Jean Kim, Assistant Professor of Psychiatry, George Washington University. Dr. Ray Novaco, Professor of Psychological Sciences, University of California at Irvine **COMPLIANCY ISSUES COVERED:** mental health; interpersonal relations.



9/20/20...*Radio Health Journal*. **MORE PETS IN THE PANDEMIC 12:36**

Synopsis: Pets are a comfort in difficult times, and the pandemic is no exception. Animal shelters report a surge in pet adoptions, especially puppies, in the last six months, and veterinarians are having to adopt procedures such as telemedicine to deal with the increase while still staying safe. Experts explain how adopting and training a new pet has changed in the pandemic. Host & Producer: Reed Pence. Guests: Christina Morrison, Director of Development, West Suburban Humane Society, Downers Grove, IL. Dr. Katie Stover, veterinarian and owner, Red Barn Animal Hospital, Hampshire and Gilberts, IL. Dr. Douglas Kratt, veterinarian, LaCrosse, WI, and President, American Veterinary Medical Association. **COMPLIANCY ISSUES COVERED:** consumerism; pets and people; animal health; public health; infectious disease.

9/20/20...*Radio Health Journal*. **KIDS' QUESTIONS ABOUT COVID-19 7:01**

Synopsis: Children are living through a scary time right now and often have little understanding of why their world has been turned upside down. A noted public health expert explains what he's found about children's concerns of the pandemic and how parents can answer their questions. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. William Haseltine, Chairman and President, Access Health International and author, *A Family Guide to COVID: Questions and Answers for Parents, Grandparents and Children* and *A COVID Guide to Back to School: Questions and Answers for Parents and Students*. **COMPLIANCY ISSUES COVERED:** children and youth at risk; education; family issues; infectious disease; parenting.

9/27/20...*Radio Health Journal*. **OBESITY BIAS IN MEDICINE 13:15** Synopsis: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it. Host & Producer: Reed Pence. Guests: Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity. Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University and Founder, True Health Initiative. Kathy Kater, psychotherapist specializing in body image, eating and weight issues. **COMPLIANCY ISSUES COVERED:** health care; public health; discrimination; obesity; education.

9/27/20...*Radio Health Journal*. **RHEUMATOID DISEASES 6:52**. Synopsis: Rheumatoid diseases number around 100, though arthritis is the most well-known. They can be crippling and sometimes even fatal, but good treatments exist. The key is early detection, as an expert explains. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Kanica Monga, rheumatologist, University of Texas-Health Science Center, Houston. **COMPLIANCY ISSUES COVERED:** health care; public health.