



100.1 WJRZ-FM 4th QUARTER - ISSUES REPORT

12/31/20

Prepared by Matt Knight, Program Director

The following is the quarterly Issues Report for WJRZ-FM for the **fourth quarter of 2020**. The report includes a synopsis of programs which aired between 10/1/20 through 12/31/20.

WJRZ-FM has identified the following issues of importance to its community of listeners:

- Agriculture
- American Culture
- Child Abuse/Neglect
- Child Welfare System
- Children/Youth At Risk
- Clinical Trials
- Constitutional Rights
- Consumerism & Consumer Safety
- Criminal Justice
- Culture & the Arts
- Data Science
- Disabilities
- Discrimination & Racism
- Domestic Violence
- Death & Grief
- Economics
- Education
- Elderly & Senior Citizens
- Employment & Workplace Issues
- Environment
- Ethics
- Family & Parenting Issues
- Federal Government
- Healthcare
- Hunger/Food Insecurity
- Immigration
- Infectious Disease
- Mental Health Issues
- Natural Disasters
- Pets & People
- Police & Justice System
- Pollution
- Poverty
- Prisons
- Psychology
- Public Health
- Public Safety
- Science
- Substance Abuse
- Technology
- Unemployment
- Vaccination
- Women's Issues

WJRZ-FM Public Affairs Programs

Sunday – 6:00am – 6:30am

“Radio Health Journal” is a syndicated show that talks with authors, professors and other professionals about medical and health issues of local and national concern.

Sunday – 6:30am-7:00am

“Around Ocean County” is a local, weekly interview show covering a variety of issues making news in the station’s hometown and county. Featuring pre-recorded interviews, the show is hosted and produced by Lisa Anderson.

HOW PROGRAMMING ADDRESSED THE ISSUES – “AROUND OCEAN COUNTY”

10/4/20...*Around Ocean County*. **MAKE-A-WISH NEW JERSEY 24:11**. GUEST: Tom Weatherall, Diane Piccheri SYNOPSIS: Tom Weatherall is the CEO and President of Make A Wish New Jersey. He is joined by Diane Piccheri, a mother of a Make A Wish child named Niko who used part of his wish to improve the activities in the children's wing at Jersey Shore Medical Center by donating his video game player and videos. Tom Weatherall spoke about the challenges Make A Wish New Jersey faces during the Covid Pandemic and how important it is to raise funds in order to fulfill children's wishes who are critically ill. **COMPLIANCY ISSUES COVERED:** Child and Family Issues, Childhood Health, Parenting, Business.

10/11/20...*Around Ocean County*. **BREAST CANCER AWARENESS MONTH 22:00**. GUEST: Suzanne Corsen. SYNOPSIS: October is Breast Cancer Awareness Month, and Suzanne Corsen is the Executive Director of the Susan G Komen Foundation. Suzanne discussed this year’s Virtual More Than Pink Walk which helped raise critical funds for Women and men battling breast cancer. **COMPLIANCY ISSUES COVERED:** Health and Well Being, Businesses, Fundraising.

10/18/20...*Around Ocean County*. **“WE ARE LOVED” 13:11**. GUEST: Phyllis DiNardi. SYNOPSIS: Phyllis DiNardi is the founder of the nonprofit organization We Are Loved. This organization is dedicated to empowering foster families by providing a safe and loving space where every resource parent and foster child has the opportunity to flourish. **COMPLIANCY ISSUES COVERED:** Parenting, Mental health, Youth at Risk, Family Issues.

10/18/20...*Around Ocean County*. **THE PHOENIX 11:03**. SYNOPSIS: Christopher Spallina and Police Chief Robert Burton spoke about The Phoenix nonprofit organization, which has a local branch in Belmar, and the walk to raise funds for Opioid Awareness and to also raise funds for a Food Pantry in Highlands. **COMPLIANCY ISSUES COVERED:** Mental Health, Substance Abuse, Youth at Risk, Fundraising.

10/25/20...*Around Ocean County*. **NEW JERSEY DIVISION OF ELECTIONS 23:00**. GUEST: Bob Giles. SYNOPSIS: Bob Giles is the Director of the New Jersey Division of Elections. He spoke about the subject of mail in voting, signature matching on ballots and how to track your ballot. **COMPLIANCY ISSUES COVERED:** Voting, Civil Rights.

11/1/20...*Around Ocean County*. **GIRL SCOUTS OF THE JERSEY SHORE 23:23**. GUEST: Eileen Higgins. SYNOPSIS: Eileen Higgins is the CEO of the Girl Scouts of the Jersey Shore. Girl Scouts of the Jersey Shore is the premier leadership development organization for girls in Monmouth and Ocean Counties. Their mission is to build courage, confidence and character to make the world a better place. Nearly 10,000 girls ages 5 through 18 are part of this organization. **COMPLIANCY ISSUES COVERED:** Popular Culture, Fundraising, Youth organizations.

11/8/20...*Around Ocean County*. **EASTER SEALS NJ 21:28**. GUEST: Brian Fitzgerald. SYNOPSIS: Brian Fitzgerald is the CEO /Director of Easter Seals New Jersey since 1987, having joined Easter Seals in 1975. Easter Seals is the largest disability services nonprofit in New Jersey. Currently there is a statewide campaign recently launched by Easter Seals titled "On the Other Side" which seeks to remove the barriers faced by those with disabilities. **COMPLIANCY ISSUES COVERED:** Family Issues, Disability Issues, Education.

11/15/20...*Around Ocean County*. **BIG BROTHERS/BIG SISTERS OF COASTAL NJ 23:58**. GUEST: Mary Beth Bull. SYNOPSIS: Mary Beth Bull is the Director of Development for Big Brothers/Big Sisters of Coastal and Northern New Jersey. Big Brothers/Big Sisters creates and supports mentoring relationships to help youth reach their full potential. Statistics show children are more likely to avoid substance abuse, peer violence, do well in school and more likely to go to college. **COMPLIANCY ISSUES COVERED:** Family Issues, Youth at risk, Parenting, Education.

11/22/20...*Around Ocean County*. **OCEAN COUNTY FREEHOLDERS 24:51**. GUEST: Joseph Vicari. SYNOPSIS: Joseph Vicari is the 2020 Director of the Ocean County Board of Chosen Freeholders. he began his political career in 1980, having served as Mayor of Toms River for five years. Freeholder Vicari spoke about a grant that is available for businesses in Ocean County in order to help family owned small businesses survive the pandemic. **COMPLIANCY ISSUES COVERED:** Large and small businesses, Employment, Entrepreneurship.

11/29/20...*Around Ocean County*. **JUST BELIEVE, INC. 21:42**. GUEST: Paul Hulse. SYNOPSIS: Paul Hulse is the CEO of Just Believe, Inc. Just Believe is a nonprofit organization that has been in operation four years. Their mission is to establish a permanent shelter for the homeless population in Ocean County. This is being implemented with support from local political figures, community members, and churches. **COMPLIANCY ISSUES COVERED:** Alcohol and drug use, Homelessness, Employment, Family Issues, Mental Health.

12/6/20...*Around Ocean County*. **ASSEMBLYMAN GERRY SHARFENBERGER 22:31**. GUEST: Assemblyman Gerry Sharfenberger. SYNOPSIS: Assemblyman Gerry Sharfenberger is currently serving his first year in office. Previously, Sharfenberger served as Mayor of Middletown Township as well as a chosen Freeholder. He is a sponsor or co-sponsor of a number of bills in the Senate concerning relief for businesses during the pandemic, elimination of Voter Fraud in New Jersey by requiring voter ID, and personal data regarding Covid Testing. He also serves on the board to combat Opioid Abuse within the Community. **COMPLIANCY ISSUES COVERED:** Large and small businesses, Family Issues, Labor and Employment, Courts and Law Enforcement, Civil Rights.

12/13/20...*Around Ocean County*. **"SOLDIER ON" 23:56**. GUEST: Bruce Buckley, Kellie Donovan. SYNOPSIS: Bruce Buckley is CEO of Soldier On, Kellie Donovan is Vice President. Soldier On is a nonprofit organization committed to ending Veteran Homelessness. Since 1994, Soldier On has been providing homeless Veterans with transitional housing and supportive services such as transportation, shelter, food, clothing and mental health services. Currently they are in the building stages of a 70 unit permanent housing unit for Veterans in Tinton Falls NJ. **COMPLIANCY ISSUES COVERED:** Veterans, Employment, Education, Housing, Mental Health Services, Family issues

12/20/20...*Around Ocean County*. **OCEANS HARBOR HOUSE 21:51**. GUEST: Alice Woods.
SYNOPSIS: Alice Woods is the Executive Director for Ocean's Harbor House located in Toms River. Ocean's Harbor House is a nonprofit organization founded in 1985 by a group of concerned parents. Their mission is to provide a safe haven and caring environment for vulnerable youth to enable them to learn skills that will enable them to build healthier lives, relationships, and their future. **COMPLIANCY ISSUES COVERED:** Family Issues, Parenting, Youth at risk, Education, Mental Health.

12/27/20...*Around Ocean County*. **BRICK MAYOR DUCEY 23:24**. GUEST: Mayor John Ducey.
SYNOPSIS: Mayor John Ducey is currently serving his second term as Mayor of Brick Township. Mayor Ducey feels the stabilization of the township's budget is paramount, especially during the pandemic. Saving small business is a priority, as well as the reduction of the town's debt by more than twenty-six million dollars over seven years. **COMPLIANCY ISSUES COVERED:** Large and small businesses, senior population, Finances.

HOW PROGRAMMING ADDRESSED THE ISSUES – “*RADIO HEALTH JOURNAL*”

10/4/20...*Radio Health Journal*. **FOOD INSECURITY IN 2020 12:54** Synopsis: An estimated 35 million people were food insecure last year, and the dislocations due to COVID-19 have made it much worse now. Experts discuss the health consequences of hunger, the strategies families are using to cope with economic dislocation, and one local effort typical of new volunteer programs to feed hungry children in need. Host & Producer: Reed Pence. Guests: Jessica Hager, Director of Health and Nutrition, Feeding America, Dr. Jagdish Khubchandani, Professor of Public Health, New Mexico State University, Margaret Norris, kindergarten teacher, Arcola Elementary School, Silver Spring. **COMPLIANCY ISSUES COVERED:** public health; hunger and food insecurity; economics; poverty; children at risk; education; volunteerism; federal government; COVID-19 Pandemic.

10/4/20...*Radio Health Journal*. **VIRTUAL CLINICAL TRIALS 7:12** Synopsis: Researchers see the new acceptance of telemedicine as an opportunity during clinical trials. Along with Zoom visits, numerous sensors on participants could provide constant monitoring of health conditions without traveling to see doctors, making control better. Host: Nancy Benson. Producer: Reed Pence. Guests: Glen DeVries, Co-CEO and Co-Founder, Medidata Solutions. **COMPLIANCY ISSUES COVERED:** health care; public health; science; technology; COVID-19 Pandemic; research; clinical trials.

10/11/20...*Radio Health Journal*. **WILL WE BE READY FOR A COVID VACCINE? 13:31** Synopsis: A COVID-19 vaccine is on the horizon, but while billions have been spent on its development, little has been spent on distribution and there are still many unanswered questions. Experts discuss how vaccine distribution might be carried out, how long it's likely to take, and the steps needed to make it work. Host & Producer: Reed Pence. Guests: Dr. Kelly Moore, Associate Director for Immunization Education, Immunization Action Coalition, Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University Medical Center, Dr. Marcus Plescia, Chief Medical Officer, Associate of State and Territorial Health Officials. **COMPLIANCY ISSUES COVERED:** public health; prevention; consumerism; federal and state government; vaccination; COVID-19 Pandemic; infectious disease

10/11/20...*Radio Health Journal*. **SEARING PAIN IN THE FACE: TRIGEMINAL NEURALGIA 6:37** Synopsis: A searing, stabbing pain on one side of the face can be so severe it's sometimes called "the suicide disease," and may evade diagnosis. Trigeminal neuralgia is often caused by a throbbing artery in contact with nerves at the base of the brain. Treatment can be difficult though often ultimately successful. Two experts discuss. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Mark McLaughlin, Princeton Brain and Spine, Princeton, NJ, Dr. Jeffrey Brown, neurosurgeon, NYU Winthrop Hospital and Director of Medical Board, TNA Facial Pain Organization. **COMPLIANCY ISSUES COVERED:** health care; senior citizens; disability.

10/18/20...*Radio Health Journal*. **“PERFECT PITCH” 12:16** Synopsis: The ability to "know" the musical pitch of any sound has traditionally been thought to be learnable only at a very early age through musical training. But new research shows perfect pitch is teachable to adults as well. Experts discuss the implications on all forms of learning. Host & Producer: Reed Pence. Guests: Dr. Diana Deutsch, Professor of Psychology, University of California, San Diego, Stephen Van Hedger, Post-doctoral fellow, Brain and Mind Institute, University of Western Ontario, Dr. Howard Nusbaum, Professor of Psychology, University of Chicago. **COMPLIANCY ISSUES COVERED:** education & learning; adult education; culture & the arts; neurology; psychology.

10/18/20...*Radio Health Journal*. **ORGAN THIEVES: THE FIRST HUMAN HEART TRANSPLANT IN THE SOUTH 7:23** Synopsis: In the race to perform the first human-to-human heart transplant, ethical corners were sometimes cut. An investigative journalist explains how a black man's heart was harvested without his family's consent for the first human heart transplant in the South, and how incidents such as this help to explain ongoing African-American distrust of medicine. Host: Nancy Benson. Producer: Polly Hansen. Guests: Chip Jones, author, *The Organ Thieves: The Shocking Story of the First Heart Transplant in the Segregated South*. **COMPLIANCY ISSUES COVERED:** health care; technology; discrimination & racism; ethics.

10/25/20...*Radio Health Journal*. **PLANETARY HEALTH 12:02** Synopsis: The new scientific field of planetary health seeks to analyze how humans are influencing the planet, which in turn rebounds to affect humans. The field encompasses more than environmental science and ecology, and helps to explain pandemics and other illnesses, mass migration, food consumption, and other public health factors. Two experts explain. Host & Producer: Reed Pence. Guests: Dr. Howard Frumkin, Emeritus Professor of Environmental and Occupational Health Sciences, University of Washington School of Public Health and co-editor, *Planetary Health: Protecting Nature to Protect Ourselves*, Dr. Sam Myers, Principal Research Scientist, Harvard University T. H. Chan School of Public Health and Director, Planetary Health Alliance, and co-editor, *Planetary Health*. **COMPLIANCY ISSUES COVERED:** ENVIRONMENT; pollution; public health; politics; immigration; natural disasters.

10/25/20...*Radio Health Journal*. **THE MANY KINDS OF GRIEF 8:02** Synopsis: Grief can come from the loss of anything important to us—a loved one, a job, a home, a status in the community. Today many people are suffering from unresolved grief, since there are no rituals to ease these forms of grief and prohibitions against large gatherings such as funerals. An expert discusses the many forms of grief and how we can get through them. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Missouri McPhee, Chaplain and Resident Thanatologist, Orlando Health—Health Central Hospital, Ocoee, FL **COMPLIANCY ISSUES COVERED:** public health; mental health; death & grief.

11/1/20...*Radio Health Journal*. **MEMORY CARE FARM ANIMALS: HELPFUL MENAGERIES 12:02** Synopsis: Some nursing homes with a large number of patients with dementia have found that farm animals on-site and even in rooms can be helpful in raising spirits and reducing the need for medications. A therapist and program director at one such nursing home discusses how llamas, chickens, goats and mini horses have found a home, to the benefit of residents. Host: Reed Pence. Guests: Lauren Gaffney, occupational therapist and Program Director, Memory Support Unit, Lifecare Center of Nashoba Valley, Littleton, MA. **COMPLIANCY ISSUES COVERED:** senior citizens & elderly; health care; pets & people; education; family issues; agriculture.

11/1/20...*Radio Health Journal*. **BLACK LUNG DISEASE: STILL ALL TOO PRESENT 8:02** Synopsis: Black lung disease among coal miners is often thought of as a relic of the past, thanks to environmental laws. The disease is completely preventable, but a distinguished reporter and author has still found plenty of it among today's miners. He discusses his findings and why it's still going on. Host: Nancy Benson. Producer: Polly Hansen. Guests: Chris Hamby, reporter, *New York Times* and author, *Soul Full of Coal Dust: A Fight For Breath and Justice in Appalachia*. **COMPLIANCY ISSUES COVERED:** public health; employment & workplace issues; environment; federal government.

11/8/20...*Radio Health Journal*. **TIME BLINDNESS 12:32** Synopsis: Someone who is always late for everything and never finishes any project on time is often labeled as irresponsible, lazy, or purposely insulting. But they may be suffering from a brain abnormality called time blindness that's often a part of ADHD, with often sad consequences. Experts discuss. Host & Producer: Reed Pence. Guests: Dr. Ari Tuckman, psychologist and co-chair, Conference Committee, CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder), Dr. Russell Barkley, Clinical Professor of Psychiatry, Virginia Commonwealth University Med. Ctr. and author, *12 Principles for Raising a Child With ADHD*. **COMPLIANCY ISSUES COVERED:** disabilities; health care; employments & workplace issues; education; parenting issues.

11/8/20...*Radio Health Journal*. **HOW DEEP ARE THE DIFFERENCES OF LEFT HANDERS? 7:42** Synopsis: Handedness is a central part of a person's identity. Left-handers are often seen as somehow different than the rest of us, and over history they've been stereotyped as more quirky, intelligent, and sinister than righties. Science shows that some labels are likely to be true. Experts discuss where handedness comes from, and what differences truly result. Host: Nancy Benson. Producer: Reed Pence. Guests: R. Ron Yeo, Regents Professor, University of New Mexico, Kim Sawyer, left-hander, Dr. Clare Porac, Professor of Psychology, Penn State University and author, *Laterality: Exploring the Enigma of Left-Handedness*. **COMPLIANCY ISSUES COVERED:** American culture; consumerism.

11/15/20...*Radio Health Journal*. **THE EFFECTS OF 2020 STRESS 12:42** Synopsis: 2020 has produced an ongoing barrage of stressful events, and psychologists say the months of strain have started to show in both physical and mental breakdowns among increasing numbers of people. Three mental health professionals discuss the signs that a person is in trouble, and what they can do to get through these difficult times intact. Host & Producer: Reed Pence. Guests: Dr. Kate Harkness, Professor of Psychology, Queens University, Dr. Jennifer Love, psychiatrist and co-author, *When Crisis Strikes: Five Steps to Heal Your Brain, Body, and Life From Chronic Stress*, Dr. Kjell Tore Hovik, clinical neuropsychologist and co-author, *When Crisis Strikes: Five Steps to Heal Your Brain, Body, and Life From Chronic Stress*. **COMPLIANCY ISSUES COVERED:** health care; public health; mental health; youth at risk; substance abuse.

11/15/20...*Radio Health Journal*. **MUSIC THERAPY 7:23** Synopsis: Some people are finding relief from mental health issues through music therapy, a combination of psychotherapy and music-making. A noted music therapist describes what the practiced is and how it works. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Sandi Curtis, Professor Emeritus of Music Therapy, Concordia University, Montreal and author, *Music For Women (Survivors of Violence)*. **COMPLIANCY ISSUES COVERED:** mental health; culture & the arts; domestic violence.

11/22/20...*Radio Health Journal*. **WHERE CAN WE GATHER? THE ZOOM THANKSGIVING 13:09** Synopsis: Getting together with family and friends over the holidays will be different this year due to COVID-19 precautions for families and governmental restrictions on restaurants and bars. The hospitality industry complains it's unfairly targeted, but data shows it's a COVID hotspot. Yet families in homes can repeat some of the same errors. Experts discuss how to keep gatherings safe and the consequences if we don't. Host & Producer: Reed Pence. Guests: Dr. Beth Theilen, Assistant Professor of Pediatric Infectious Diseases and Immunology, University of Minnesota Medical School and pediatric infectious disease physician, M Health Fairview Health System, Dr. Shelly Miller, Professor of Mechanical Engineering, University of Colorado. **COMPLIANCY ISSUES COVERED:** public health; family issues; public safety; hospitality industry; consumerism; health industry; health care; state and local government; COVID-19 Pandemic; data science.

11/22/20...*Radio Health Journal*. **“FLAT HEAD SYNDROME” 6:33** Synopsis: Since the beginning of the “baby on back” movement to reduce sudden infant death syndrome, many more infants are developing misshapen heads with a flat spot in one place. An expert discusses whether this is serious, how it can be treated with a helmet-like device, and how it might be prevented. Host: Nancy Benson. Producer: Hannah Swarm. Guests: Dr. Peter Taub, Professor of Pediatrics and Neurosurgery, Icahn School of Medicine at Mount Sinai, New York. **COMPLIANCY ISSUES COVERED:** health care; youth at risk; parenting issues; consumerism.

11/29/20...*Radio Health Journal*. **MOMS RELEASED FROM PRISON 13:45** Synopsis: Women are the fastest-growing prison population, but when they’re released, they face far more barriers to successful reintegration into society than men, especially if they have children. Experts and a former inmate running a new program for moms in prison discuss barriers and ways to overcome them. Host & Producer: Reed Pence. Guests: Nina Porter, former inmate and co-founder, Mothers On the Rise, Dr. Jack Turman, Professor of Social and Behavioral Sciences, Fairbanks School of Public Health, Indiana University, Dr. Pamela Lattimore, Senior Director for Research Development, Division for Applied Justice Research, RTI. **COMPLIANCY ISSUES COVERED:** criminal justice; police & justice system; prisons; women's issues; crime; children at risk; housing.

11/29/20...*Radio Health Journal*. **THE SURPRISING ORIGINS OF CHEMOTHERAPY IN WORLD WAR II 6:21** Synopsis: Chemotherapy has saved millions of lives, but its origins date to the chemical warfare agent mustard gas. A secret shipment of the gas was released in Italy after the bombing of a US ship in World War II. An investigative reporter details how doctors turned death and tragedy to the lifesaver we know today. Host: Nancy Benson. Producer: Polly Hansen. Guests: Jennet Conant, author, *The Great Secret: The Classified World War II Disaster That Launched the War On Cancer*. **COMPLIANCY ISSUES COVERED:** federal government; military; technology; national defense.

12/6/20...*Radio Health Journal*. **SHOULD WE REPORT “BAD PARENTS?” 12:31** Synopsis: Just about anyone can report a parent to a child abuse hotline. It’s meant to protect children, but often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. Some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert and a woman who went through an unjustified child abuse investigation discuss. Host & Producer: Reed Pence. Guests: Corey Widen, mother reported to child abuse hotline, Wilmette, IL, Rachel Ruttenberg, Director of Policy, Heartland Alliance. **COMPLIANCY ISSUES COVERED:** youth at risk; child abuse and neglect; child welfare system; police and justice system; child safety; public safety; family issues.

12/6/20...*Radio Health Journal*. **NERVE GROWTH FACTORS: HOPE FOR TBI’S, MS, ALS? 7:39** Synopsis: Unlike most cells in the human body, the central nervous system cannot repair itself. People who suffer brain or spinal cord injuries, or neurological disorders such as MS and ALS have few alternatives. A neurological researcher describes how he has discovered previously unknown nerve growth factors that could someday allow such injuries and diseases to heal. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Benjamin Segal, Chair of Neurology and Director, Neuroscience Research Institute, Ohio State University. **COMPLIANCY ISSUES COVERED:** health care; public health; disabilities; neurology; research.

12/13/20...*Radio Health Journal*. **FROM NOW UNTIL THE VACCINE 13:00** Synopsis: New COVID-19 vaccines won't be available for most people until spring, and the months until then may have a staggering cost in lives and illness. A noted infectious disease expert discusses probable timelines and events between now and the vaccine's availability, and how adherence to social distancing and masking could change outcomes. Host & Producer: Reed Pence. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University Medical Center. **COMPLIANCY ISSUES COVERED:** public health; public safety; federal and state government; Constitutional rights; vaccination; COVID-19 Pandemic; infectious disease.

12/13/20...*Radio Health Journal*. **WHAT'S UP WITH HICCUPS 7:25** Synopsis: Hiccups are annoying and uncomfortable, and doctors don't know why we (and most other species) get them. An expert explains what we know about what hiccups are and why most home remedies actually work. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Tyler Cymet, Chief, Clinical Education, American Assn. of Colleges of Osteopathic Medicine. **COMPLIANCY ISSUES COVERED:** health care; pop culture.

12/20/20...*Radio Health Journal*. **THE GOOD AND BAD OF MEDICAL CROWDFUNDING 12:11** Synopsis: Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who've fallen through the holes of the safety net have been helped this way. But studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who are all too eager to take money for worthless treatment. Experts discuss these issues and the need for regulation. Host & Producer: Reed Pence. Guests: Dr. Jeremy Snyder, Professor of Health Sciences, Simon Fraser University, Dr. Art Caplan, head, Division of Medical Ethics, New York University School of Medicine, Dr. Nora Kenworthy, Assistant Professor of Nursing and Health Studies, University of Washington-Bothell. **COMPLIANCY ISSUES COVERED:** health care; consumerism; consumer protection; online fraud; federal government; regulation.

12/20/20...*Radio Health Journal*. **NAVIGATING A COVID CHRISTMAS 8:02** Synopsis: This holiday season will be unlike any we've ever had before, with "loss" as a major theme—loss of little things such as routines as well as big ones. Two experts weigh in on how families can navigate this season while keeping it festive. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Parker Huston, pediatric psychologist, Nationwide Children's Hospital and Clinical Director, On Our Sleeves, Dr. Carlin Barnes, co-founder, Healthy Mind MD's, Houston, TX. **COMPLIANCY ISSUES COVERED:** consumerism; pop culture; mental health; children & youth at risk; COVID-19 Pandemic; infectious disease; family issues; prevention; public health; public safety.

12/27/20...*Radio Health Journal*. **PANCREATIC CANCER 11:10** Synopsis: Pancreatic cancer is increasing, and soon to be the second leading cancer killer, since it is rarely detected in early stages. Two physicians discuss pancreatic cancer and its symptoms, as well as their research into methods to find the disease in earlier stages. Host & Producer: Reed Pence. Guests: Dr. Richard Frank, Director of Cancer Research, Nuvance Health Cancer Institute, Dr. Somashekar Krishna, Associate Professor of Gastroenterology, Ohio State University Wexner Medical Center. **COMPLIANCY ISSUES COVERED:** health care; consumerism; technology; research.

12/27/20...*Radio Health Journal*. **BROKE: PATIENTS OPEN UP ABOUT MONEY WOES 8:57** Synopsis: Millions of Americans are in financial straits due to COVID layoffs and furloughs. A doctor describes how he gets patients to talk about why they're in trouble and what they do about it to create an eye-opening portrait. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Michael Stein, internist, Professor of Health Policy, Boston University School of Public Health and author, *Broke: Patients Talk About Money With Their Doctor* Compliancy issues covered: consumerism; economics; poverty; employment & workplace issues; unemployment; COVID-19 Pandemic; infectious disease.



100.1 WJRZ Quarterly PSA Report: 10/1/20 - 12/31/20

9/24 – 10/18: Boscov's Friends Helping Friends to benefit St. Francis Community Center. St. Francis Community Center, a nonprofit 501(c)(3), announces a new fundraiser for the fall! Boscov's Friends Helping Friends will donate 5% of your total purchases from shopping at Boscov's online or at the store to St. Francis Community Center! There will be 2 big days of shopping, October 14 & 15, where you can save up to 20%* off the lowest sale prices on almost anything. 10% discount and exclusions apply.

10/6 – 10/23: Jack-O-Lantern Jubilee. Event presented by Stafford Twp Recreation and Home Alliance Realty located in Stafford Twp. Stafford Twp Residents and Businesses are invited to light up the town on Friday, October 23 at dusk with your MOST creative carved pumpkins! Submit a photo of your entry to our parade of pumpkins and you could win a prize!

10/9 – 10/29: Wheaton Conversations: Allan Wexler and Virgil Marti. Allan Wexler and Virgil Marti each create installations that ask their viewers to reconsider the relationship between the fine and applied arts. Their work stems from their astute observations of our built environment's aesthetics – making them ideal artists to work with the WheatonArts Glass Studio and Museum of American Glass for the Emanation project.

10/9 – 10/23: Scouting Comedy Night. Come on out to Jackson, and enjoy yourself with an outdoor, socially-distanced comedy show – all while supporting a great cause! Doors open at 6:00, with snacks and drinks available for purchase. Admission is only \$30 in advance, \$35 at the door, and proceeds benefit the Howell BSA Troop 300.

10/28 – 12/2: Warmest Wishes Coat Drive. The Clarks Landing Group's wedding venues, The Mill Lakeside Manor and Clarks Landing Yacht Club, have partnered with the United Way of Monmouth and Ocean Counties to collect NEW coats, hats and gloves for local pre-school, elementary, and middle school students in need. The Warmest Wishes Coat Drive will run from November 1, 2020 to December 2, 2020. They're seeking help from their wedding and boating communities to donate coats. See all details below and you can share our coat drive flyer here with family and friends.

10/30 – 12/12: Identifying Depression and Treatment Options, Ocean Mental Health Services. Dates: Saturday, November 21st, Saturday, December 12th. Virtual event Zoom Link will be shared after registration.

11/19 – 11/29: Time Out with Romantic Favorites. A virtual benefit pops concert organized by Arts International to benefit Covid-19 frontline health care professionals: donated to Employee Appreciation Award Fund, awarded directly to employees by Temple University Hospital System. Featuring Lance Wiseman, pianist and members of Arts International Ensemble: Michael Shingo Crawford, violinist, Brooke Mead, violist, Zacherie Small, double bassist, Dmitry and Mikhail Melnik (duo guitars).

12/3 – 12/9: Clarks Landing and The Mill Lakeside Manor Holiday Toy “Drive By”. The Clarks Landing Group’s wedding venues, Clarks Landing Yacht Club and The Mill Lakeside Manor are hosting a Holiday Toy “Drive By” to collect Toys of Joy for local children with pediatric illness this holiday season, in support of Friends of JJ. The community is invited to drive by either location anytime between 5PM-8PM on Wednesday, December 9th, to deliver unwrapped toys, see the venue’s holiday lights and enjoy delicious treats. As everyone remains comfortable in their car, elves will bring hot chocolate and candy canes while collecting the toys. Children are welcome to bring their Christmas lists and the elves will make sure to deliver them to Santa.

12/11 – 12/14: Free Distance Learning Classes Registration. Registration and assessment for Adult Basic Education (ABE) and High School Equivalency (HSE) is being conducted in our Toms River Office (1258 Route 166, Suite B, Toms River, NJ) on January 4 and January 6, 2021. Registration and testing will be appointment only. Please call 732-281-8653 or email stfrancishse@gmail.com to schedule an appointment.