

Connect with Kids Production - Aired on WGBC  
@ 5PM on 10/13/04

**Good Kids, Bad Choices**

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**Summary**

Adolescence is a time of risk-taking; unfortunately sometimes teenagers take dangerous risks that can change their lives forever.

According to the most recent survey from the Centers for Disease Control and Prevention, 43% of US teens admitted to drinking alcohol in the past month; 20% used marijuana, and 10% said they had driven a car after drinking. According to the CDC, almost half of all high school students (47%) have had sex, and 37% of those did not use a condom. The number one killer of teenagers is automobile accidents.

Many teenagers, like 18-year-old Sarah Barasch, don't think about the consequences. "I knew sexual behavior without planning was risky," Sarah says, "and I did it anyway."

Why do some teens take dangerous risks, while others do not? Is there something parents can do to minimize the risks of adolescence? *Good Kids, Bad Choices* explores these issues and offers advice from experts for parents and teens.

Gay and the Silent Parent - A Connect With Kids Production  
Aired on WGBC @ 5pm on 11/24/06

### Talking About Sex - Synopsis

Sex is everywhere: TV, billboards, magazines, music videos, even textbooks and the internet. But how much do teenagers really know? Four million teens contract a sexually transmitted disease each year; nearly a third of sexually active teenage girls have already been pregnant at least once; two-thirds of teenagers say their parents have never talked to them about where to get birth control. Gail Elizabeth Wyatt is a sex researcher author of the book "No More Clueless Sex." She says, "We need to grow up and be more responsible as adults, as Americans, who have so much information at hand, and yet we're so afraid of sex that we won't even teach our own children." When, where and HOW should parents talk with their kids about sex. Watch ... "Talking About Sex."

# NBC Today Show

## Attn. Stations:

As we've already told you, next week TODAY kicks off a 4-part series called: "**TODAY's Inside Guide On Getting Into College**".

**\*Please note:** this series is scheduled to begin on Tuesday, 10/17 and will run through Friday, 10/20. Starting this weekend we will be providing you with a full screen graphic promoting ahead to the start of this series on Tuesday morning. You will be able to find this graphic on VOD, today by 1300 under: **FE33F TDY COLLEGE GRAPHIC & FE33Fa TDY COLLEGE GRAPHIC**. We encourage you to take a look at both and use them over the weekend and leading up to the start of this series.

Below you will find a breakdown of the series. As always, this information is subject to change

## **TUESDAY, OCTOBER 17<sup>th</sup>: COLLEGE 101 - 30 YEARS LATER**

Older students returning to college. (More information on this segment will be sent out on Monday.)

## **WEDNESDAY, OCTOBER 18<sup>TH</sup>: THE COLLEGE PROCESS**

From applications to admissions, TODAY follows 3 high school students (and their parents) on their road to higher education.

What are their goals? Their hopes and dreams? From early application to uncertainty, what does go into applying to the school of your choice?

**Guest:** College advisor Rachel Korn on tips for getting into college. PLUS, TODAY will follow up with the students again in April as they log on to find out if they have been accepted or not.

## Students:

- Roman Gonzalez: a senior at Mary Carroll High School, **Corpus Christi, TX**
- Zuri Hemphill: a senior at Sandy Creek High School, **Tyrone, GA**
- Emma Dosmar: a senior at Lincoln Park High School, **Chicago, IL**

## **THURSDAY, OCTOBER 19<sup>th</sup>: HOW CAN WE AFFORD THIS?**

TODAY follows Isabel Schwab, a high school senior from **Morristown, NJ** on her college search. In weighing her options, Isabel is trying to decide between an expensive private college and a future of huge student loans or a less expensive college.

Plus, is there a national trend in how families pay for college these days?

Live guest: Dennis Kneale, managing editor of *Forbes Magazine* shares tips on how to save and alternative financial aid options.

**FRIDAY, OCTOBER 20TH: WHAT YOU NEED TO KNOW ABOUT GETTING IN**  
(\*please note: there are two segments scheduled to run on Friday)

TODAY takes a behind-the-scenes look at the college admissions process with the Dean of Admissions from Boston University.

Plus, a live roundtable discussion with the following admissions experts from:

- Janet Lavin Rapelye, Dean of Admission, Princeton University (**Princeton, NJ**)
- Elaine Tuttle Hansen, President, Bates College (**Lewiston, ME**)
- Janina Montero, Vice Chancellor For Student Affairs, UCLA (**LA, CA**)
- Nanette Tarbouni, Director of Admissions, Washington University in **St. Louis, MO**

These guests will be talking about: the application process and what both parents and students can do NOW to help themselves get into college. Plus the panel returns in the 9:00am hour to answer viewer emails.

Questions? Please contact me:

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Attn. Stations: We wanted to give you a head's up about the following 4-part *Woman's Health* series that will all next week on Nightly News.

Below you will find a breakdown of that series. Please note, as always, this information is subject to change.

**Monday, October 30th: FERTILITY & PREEMIES** (*Robert Bazell*)

A rapidly growing health problem, costing the nation \$26 billion a year. More and more women are undergoing fertility treatment; but those treatments are too often resulting in multiple pregnancies that can be born prematurely.

Researchers say its the main reason premature births have increased 30 per cent in the past 20 years. And with these tiniest babies it is not just a struggle for survival-- but often a lifetime of consequences.

**Tuesday, October 31st: CRIB DEATH & MOTHER'S BEHAVIOR** (*Robert Bazell*)

-Do Mom's bad habits during pregnancy play a role in "crib death?" New autopsy data provide the strongest evidence yet that sudden infant death syndrome (SIDS) is not a "mystery" disease but has a concrete biological basis.

Researchers at Children's Hospital Boston report in JAMA they've documented abnormalities in the brainstem in babies who died from SIDS. They believe the abnormalities they observed begin during early fetal development, and that prenatal insults -- like maternal smoking and alcohol use -- may adversely affect development during this time. SIDS is the leading cause of death in American infants after the newborn period, affecting 0.67 in 1,000 live-born babies.

**Wednesday, November 1st: BIOIDENTIALS vs. HRT** (*Dr. Nancy Snyderman*)

-Harvard researchers tell us that 30 million American women are in menopause -- by 2010, that number is expected to double.

How to treat the symptoms of menopause -- hot flashes, sleeplessness, loss of libido, mood swings - continues to be one of the most controversial issues in medicine. Hormone replacement therapy (HRT) is still considered the most effective treatment for symptoms. But its not without risks; studies have linked HRT to breast cancer, stroke and heart disease. One concern of health experts is that women are turning to alternatives they think are safer -- but may not be. They're bioidenticals: Suzanne Somers sings their praises...about a million women are believed to be using them....and companies are making big money selling them. But are they safe?

**Thursday, November 2nd: CHRONIC FATIGUE SYNDROME** (*Robert Bazell*)

-On Friday, the CDC will hold a presser launching the first-ever national public education and awareness campaign for chronic fatigue syndrome (CFS). More than 800,000 U.S. adults -- most of them women - suffer with CFS symptoms, which include crushing fatigue, muscle and joint pain and headaches. CFS costs the US about \$9.1 billion in lost productivity every year. Up to now, its often been dismissed as a "fictitious" ailment. Bazell will take us inside this mysterious disease, and explain why chronic fatigue syndrome is no longer "all in your head."