



## Quarterly Significant Issues Report

Period 2: April 1 - June 30, 2023

Compiled by John Voket

Director of Public Affairs - Connoisseur Media (CT)

This quarterly significant issues report reflects concerns facing our local communities, and details how our radio station is responding through weekly public affairs programming, news reports, PSAs and streaming content. Our award-winning public affairs program, 'For The People' is locally produced by Public Affairs Director John Voket, and features multiple, extended focus segments and several local PSAs.

The producer regularly interacts with residents, representatives of local, regional and national organizations, as well as visiting political and community leaders to help ascertain issues and initiatives relevant to listeners. These sources help qualify programming decisions and identify guests attempting to understand, explain and/or address these concerns. The producer also monitors daily news reports to stay informed, and to respond quickly when incidents or issues require more detailed or expanded focus.

***This quarter, our program included reporting on:*** State Treasurer Erick Russell - CT Paid Leave Authority - ARI of Connecticut - LifeBridge Community Services - Wheelchair Advocacy / CC = A - The Citizens Coalition For Equal Access / New Horizons - Aquarion Water PFAS Mitigation - Susan B. Anthony Project - Women and Families Center - Hole in the Wall Gang Camp - Wheeler's Walk With Me Program - Housatonic River Commission - Aspetuck Land Trust - Annie C Courtney Foundation - UConn's Korey Stringer Institute - CT Breast Health Initiative - Special Report: CT Cannabis Expo - McCall Behavioral Health - Preusser Research Group/Transportation Trends - Yoga In Our City - Junior Achievement SW New England - Clean Energy Industry Report - Histoury - United Way WCT Food Farmacy Pt. 1 - Career Resources Second Chance Job Fair - Bethel CT Pride - United Way WCT Food Farmacy Pt. 2 - Westport Pride/Westport Museum Oral History Project - CT Dept of Education Teacher Recruitment/Diversity Initiative - Wilton Pride / Norwalk River Valley Trail - International Festival of Arts & Ideas - NWF Pollinator Month - Center for Empowerment & Education - AARP-CT Session Recap - Lower Naug Valley Transportation Session - CT Library Assoc - LGBTQ+ Moveable Senior Center Program - CT DOT Summer Update

Our program occasionally features a series or "special report" - extended focus on a particular theme, or multi-faceted coverage on more broad or complicated issues. These specials and series have focused on Connecticut's organic farms, farmers and gardeners; stigmas facing individuals with disabilities or mental health issues; environmental preservation and conservation; events like the Beardsley Zoo's 100th Anniversary, NOFA's annual OrganiCONN, and the International Festival of Arts & Ideas; how state government and leadership are affecting listeners' economic quality of life; workforce development; as well as highlighting initiatives impacting food equity, and the latest social / racial justice issues affecting our communities. 'For the People' airs Sunday mornings at the times noted in the grid below, and each program then becomes available as a podcast on each station's website and on multiple podcast networks.

***This quarter, our PSA notifications informed listeners about:*** Spring Fling Festival & Health Fair at Wheeler Family Health & Wellness Center - The 12th annual CCADV First 100 Plus Breakfast and Awards Ceremony - EPA's PFAS Strategic Roadmap Public Info Session - Northwest Regional Workforce Investment Board's Youth Health and Wellness Fair - Aspetuck Land Trust Biannual Plant Sale - Griffin's 20<sup>th</sup> Annual Children's Health and Safety Fair - Alcohol Awareness Month support from The McCall Behavioral Health Network - MRCC Walk A Mile In Her Shoes - Iota Chi Sigma Chapter of Sigma Gamma Rho to 'Walk a Mile in His Shoes' - Annie C Courtney Foundation and the Family Focus Partnership Community Collaborative 5th annual #Chalkwalk - LYME CONNECTION The Quiet Epidemic film screening at Ridgefield Playhouse - Stratford Health Department Moms & Infants Weekly Walking Sessions - Beardsley Zoo / Connecticut STEM Foundation, Inc. essay contest - NHTSA.gov/recalls and the free SaferCar recall app - McCall BHN Hiring Event - Mattatuck Museum Summer Exhibit - SoNo Stroll benefiting the Human Services Council - Earthplace/Harbor Watch New Boat Benefit - CT Folk Summer Concert Series - Griffin's Health Initiative for Men free prostate cancer screenings - BRBC / Live Green CT Workplace EV Charger webinar - CT Dept of Ed Paraeducator Career Fair - U.S. Army Field Band & Soldiers Chorus free July 5 concert - A Choose Love Movement annual fundraiser in Milford

A separate report detailing additional programming on WICC that addresses critical issues in our listening area will be attached as soon as it is made available.

*Continued*

# Quarterly Significant Issues Report

Period 2: April 1 - June 30, 2023

*WEBE offers 2 traffic breaks Monday through Friday between 5-6 am*

*4 traffic breaks each hour between 6-8 am*

*1 traffic break each hour at 9 am, 10 am, 11 am, Noon, 1, 2, & 3 pm*

*2 traffic breaks each hour between 4-7 pm*

*There is 1 news break in the 5 am hour; and 2 news breaks in each hour 6, 7, & 8 am*

*WICC news & traffic reports air Monday through Friday, 5-10a*

*News 2x per hour - :00 and :30 / Traffic 6x per hour - :06, :16, :26, :36, :46, :56*

*Monday through Friday, 2-6p*

*News 2x per hour - :00 and :30 / Traffic 6x per hour - :06, :16, :26, :36, :46, :56*

*All other hours – news 1x per hour at :00*

## ***In 2023, For The People continues focusing on critical community issues related to:***

- **Aging / Veterans (A/V)** – Highlighting people, programs, local, state, or regional agencies, and/or legislation - and how they respond to critical issues involving Connecticut veterans and/or our maturing population.
- **Environment / Agriculture (Ev/Ag)** – focusing on issues, local agencies and/or initiatives that may impact, protect, preserve, and/or enhance the environment and Connecticut's agricultural sustainability.
- **Government / Volunteerism (G/V)** – promoting governmental or political issues or political leaders - and 'boutique' or hyper-local causes partnering with - or requesting station and/or staff assistance - because they recognize our broadcast platform's value, and the responsiveness we inspire throughout our listening area.
- **Health / Safety (H/S)** – highlighting issues, agencies, and activities specifically related to health and/or safety.
- **Social/Racial Justice (SRJ)** - agencies and/or individuals educating, engaging, or promoting Social and/or Racial Justice issues or programs.
- **Workforce / Consumer / Tourism (W/C/T)** – reporting on initiatives, agencies, or programs dealing with local, state, national and/or global economic situations affecting Connecticut and/or the communities we serve; economic and workforce development; and/or programs directed to consumer education/protection; along with focusing on events or activities related to the state's tourism industry.
- **Youth / Education (Y/Ed)** – responding to education-related issues and/or concerns facing those under age 21 across Connecticut and our listening area.

Each 'For the People' segment report designates its related area(s) of coverage; approx. length and time of airing. Our public affairs director makes every effort to ensure each significant issue is addressed during at least one program each quarter. The extended nature of our program presents opportunities to include more than one significant issue or area of coverage in a particular segment, series, 'Special Report,' or entire program. And since 'For the People' is syndicated regionally and webcasts / podcasts globally, subject matter may contain content of national, regional and/or state-wide interest as well as community-specific impact.

Everyone at Connoisseur Media is proud of the efforts and energy our staff contributes through company initiatives and individually in their own communities. We invite you to review our public affairs coverage below as evidence of our broadcast commitment to those communities and listeners across the State of Connecticut.

Submitted by-

## **John Voket**

Director of Public Affairs - WPLR / WEZN / WFOX / WEBE / WICC AM-FM

440 Wheelers Farms Rd, Suite 302

Milford, CT 06461 / 203-783-8285

[john.voket@ConnoisseurCT.com](mailto:john.voket@ConnoisseurCT.com)

*continued*

# Quarterly Significant Issues Report

Period 2: April 1 - June 30, 2023

Issue Related To	Guest / Cause	Responding to Community, Regional or Statewide Issue	Airdate, Time & Duration
G/V W/C/T Y/Ed	State Treasurer Erick Russell	<p><i>Is the State Treasurer holding onto some cash you've got coming to you?</i></p> <p>For the People is pleased to introduce our newly elected Connecticut State Treasurer Erick Russell who brought listeners up to speed on what his office is up to - as well as discussing programs like the reintroduced Baby Bonds initiative and the state's Unclaimed Property Fund.</p>	4-02-23 6:02 am 15m
G/V H/S SRJ W/C/T	CT Paid Leave	<p><i>Business owners - do you know about the looming deadline and penalties for not getting your CT Paid Leave system up and running?</i></p> <p>For the People's chat with the recently appointed leader of the CT Paid Leave Authority included some really important dates and deadlines both employers and employees needed to be aware of - as well as everything listeners needed to know about this innovative workforce benefit.</p>	4-02-23 6:17 am 20m
A/V H/S	ARI of CT Walk For Independence	<p><i>How can I support alternately-abled neighbors who just want to live independently in my community?</i></p> <p>For the People is circling back with ARI of Connecticut - one of the smallest providers of services for adults from youth to seniors with developmental disabilities in the state. We talked about why it was important to provide a "family like" environment and a more individualized approach to services and supports. We also helped promote their annual Walk For Independence coming up later in the month.</p>	4-02-23 6:39 am 15m
H/S SRJ	LifeBridge Community Services	<p><i>Do you know a young person who may benefit from highly experienced behavioral health support?</i></p> <p>For the People connected with the CEO of LifeBridge Community Services - partnering with individuals, youth, and families to improve well-being, strengthen resilience, and create a brighter future. We heard about their exciting upcoming event 'Creating from the HeART' while learning about the agency's recent designation as an Urban Trauma Center to better serve struggling and marginalized community members.</p>	4-09-23 6:02 am 15m
A/V G/V H/S SRJ	Citizens Coalition For Equal Access (CC=A)	<p><i>Can you imagine a life without basic transportation, or being able to use your own two legs?</i></p> <p>For the People was proud to convene a panel of individuals including the co-founder of Citizens Coalition For Equal Access (CC=A) who were putting the power of two wheels behind a drive to create legislation that would help greatly improve the lives, health and mobility of the thousands of Connecticut residents including many veterans who either temporarily or permanently utilize wheelchairs to get around.</p>	4-09-23 6:17 am 20m
Ev/Ag H/S	Aquarion / PFAS & Water Quality	<p><i>Is anyone doing anything about the forever chemicals seeping into our household water?</i></p> <p>We had been hearing about the increasing levels of PFAS and forever chemicals in our environment and especially in our water supplies, so For the People brought in an expert from Aquarion Water Co. to learn what that utility is doing to identify and filter these potentially harmful chemicals from their water systems.</p>	4-09-23 6:39 am 15m
A/V H/S SRJ Y/Ed	Susan B. Anthony Project	<p><i>How are communities across much of Litchfield County responding to - and supporting - sexual assault victims and their families?</i></p> <p>At the midpoint of April - Sexual Assault Awareness Month - For the People welcomed back the Susan B. Anthony Project - celebrating 40 years of service in Torrington and communities in central Litchfield County providing crisis and support services for victims of domestic violence and sexual assault, community outreach including programs for seniors, young adults, and students.</p>	4-16-23 6:02 am 15m

A/V H/S SRJ W/C/T Y/Ed	Women and Families Center	<i>How are communities in central southern Connecticut responding to issues like sexual assault and youth homelessness?</i> Our Sexual Assault Awareness Month focus on For the People brought us to Meriden to highlight the Women and Families Center - providing sexual assault support services, as well as critical programs focusing on youth homelessness and workforce development. We also helped promote their first ever Walk for Hope to End Homelessness.	4-16-23 6:17 am 20m
G/V H/S Y/Ed	Paul Newman's Hole in The Wall Gang Camp	<i>Did you ever think about being on the team supporting Paul Newman's Hole in The Wall Gang Camp?</i> For the People was thrilled to be going to camp - and taking the long road up to Ashford to let everyone know Paul Newman's Hole in the Wall Gang Camp had recovered from a devastating fire that destroyed much of the camp's operations - and was ready to re-open better than ever for the kids and volunteers who support them.	4-16-23 6:39 am 15m
H/S SRJ Y/Ed	Wheeler's Walk With Me	<i>Where can LGBTQ+-identifying people of all ages find therapeutic or peer support to address their specific needs?</i> For the People assisted the Wheeler Health network celebrating their recent CT Community Foundation grant supporting Wheeler's Walk With Me program - creating a safe, affirming, and inclusive array of outpatient services for LGBTQ+ people and their loved ones.	4-23-23 6:02 am 15m
Ev/Ag G/V W/C/T	Housatonic River Commission	<i>Where's one of the state's most 'wild and scenic' places to explore, kayak, fish, hike, or picnic?</i> For the People headed back up the Housatonic River to catch up with the Housatonic River Commission - the decades-long driving force behind the river's recent federal 'Wild & Scenic' designation that was provided for one of the most pristine stretches of that waterway. We reminded listeners about all the recreational opportunities the river provides, and discussed the challenges 'Wild & Scenic' communities along the river were facing from a crush of pandemic-era and post-pandemic visitors.	4-23-23 6:17 am 20m
Ev/Ag G/V	Aspetuck Land Trust	<i>Looking for new places in Fairfield County to explore, kayak, fish, hike, or picnic?</i> Then, For the People headed off to the forest to catch up with the Aspetuck Land Trust - inviting listeners to explore the 2,100-plus acres they manage in southwestern Connecticut, while learning more about their Green Corridor initiative and other cool activities for the spring and summer.	4-23-23 6:39 am 15m
H/S SRJ Y/Ed	Annie C. Courtney Foundation	<i>How does someone learn more about helping one of the thousands of kids currently living in foster homes?</i> During May, National Foster Care Month, For the People welcomed the Annie C. Courtney Foundation to learn how this nonprofit is supporting vulnerable children, youth and families with the goal of preventing the need for foster care. We walked listeners through how to support the cause and the families being served.	4-30-23 6:02 am 15m
H/S SRJ Y/Ed	NFL's Smart Heart Sports Coalition	<i>Have you heard one of the NFL's newest programs to help prevent sports injuries is getting its primary research and support right here in Connecticut?</i> For the People reached out to UConn to learn a thing or two about preventing serious sports injuries and death through the work and research of its Korey Stringer Institute, one of the recently announced partners in the NFL's Smart Heart Sports Coalition.	4-30-23 6:17 am 20m
H/S	CT Breast Health Initiative	<i>Where can individuals diagnosed with breast cancer get information and support the latest research to prevent it?</i> For the People helped listeners get to know and support the CT Breast Health Initiative, a state-wide non-profit organization making a significant impact in the quest to find a cure for breast cancer by providing grants to support education and research in Connecticut.	4-30-23 6:39 am 15m
Ev/Ag	Special Report:	What do state residents need to know about the next phase of allowances as the state	5-07-23

G/V H/S SRJ W/C/T	CT Cannabis Expo	continues making recreational and medical cannabis more accessible? As Connecticut's recreational cannabis market continued to flourish, and the date for legal home grown cannabis approached, the award-winning For the People hit the floor of the Mohegan Sun convention center to chat with the organizer and a number of vendors at the recent XPOCANNA - the Connecticut Cannabis Expo - to learn more about cannabis pharmacology, obtaining a medical cannabis card, cannabis testing, lighting, its CBG component, and how folks are tying cannabis consumption into community-building activities.	6:02 am 15m
H/S	McCall Behavioral Health	<i>What's all the excitement at western Connecticut's newest behavioral health network?</i> As Alcohol Awareness Month drew to a close, we hoped to address the fact that health and safety issues tied to alcohol use and consumption were continuing to affect our communities year-round. So, For the People circled back with the CEO of McCall Behavioral Health to talk about alcohol awareness initiatives and other news from that regional health agency.	5-14-23 6:02 am 20m
G/V H/S	Preusser Research Group	<i>Does it seem like our highways and roadways are getting a lot more dangerous?</i> For the People connected with a local traffic safety scientist from Preusser Research Group about Connecticut's recently mandated all passenger seat belt law, the deadly uptrend the state was seeing in wrong-way highway collisions, the latest issues involving teen drivers, and the valuable resources available through UConn's Crash Data Repository.	5-14-23 6:17 am 20m
G/V H/S SRJ Y/Ed	Encore: Yoga In Our City	<i>Is there really a free summer-long yoga program happening all across Connecticut?</i> The free 2023 Yoga In Our City program was about to begin across numerous Connecticut cities including Bridgeport, New Haven, Stamford and Waterbury. So, For the People replayed our 2022 segment with organizers promoting the Yoga In Our City initiative to remind or help listeners get more familiar with the program, and hopefully inspire them to try this healthy no-cost activity in their own community.	5-14-23 6:39 am 15m
SRJ W/C/T Y/Ed W/C/T	Junior Achievement of Southwest New England	<i>Who is helping kids learn financial literacy in grade school, and mentoring them with industry experts through high school?</i> A lot of really exciting things happen when Junior Achievement is part of a kid's education. So For the People is Bringing in a former educator - now the leader of JA of Southwest New England to discuss how JA is inspiring students and young people to be productive contributors to Connecticut's communities and near-future workforce, and to promote a heightened focus on teaching financial literacy to young people.	5-21-23 6:02 am 15m
Ev/Ag G/V SRJ W/C/T	'22 CT Clean Energy Industry Report	<i>Did you know high paying cutting edge jobs are waiting in the clean energy field - with all the training to get started now?</i> For The People featuring a workforce theme this week, — beginning with a focus on how the clean energy sector is not only providing tons of opportunities for a growing number of diverse workforce candidates, but why clean energy is also critical to the state's economy, and even our public health, as evidenced in the recently released CT Clean Energy Industry Report.	5-21-23 6:17 am 20m
W/C/T	Histoury	<i>Do you own a historic property - or wondered about the story behind one in your community?</i> For the People connected interested listeners to a nonprofit called Histoury — (yes, we spelled it right!) — a unique grassroots organization hosting tours across Fairfield County highlighting styles of architecture and community development, while introducing guests to events and people that shaped the places where we live.	5-21-23 6:39 am 15m
Ev/Ag H/S SRJ	UW WCT Food Farmacy Pt. 1	<i>Did you hear how one regional United Way is tackling hunger and health challenges with a unique collaboration?</i> For the People introduced the first of a two-part series focusing on United Way of Western CT and Nuvance Health which just opened a first of its kind Food Farmacy - a community-based site increasing access to and consumption of healthful foods for those	5-28-23 6:02 am 15m

		across the region diagnosed with obesity, heart disease, diabetes, and/or hypertension.	
G/V SRJ W/C/T	Career Resources Second Chance Reentry Job Fair	<i>Is somebody you know having trouble getting a job because of a past record of incarceration?</i> For the People headed to Bridgeport to chat with representatives from Career Resources about efforts to fortify area businesses and their workforces through a Second Chance Reentry Job Fair specifically supporting second chance citizens set for May 31.	5-28-23 6:17 am 20m
G/V SRJ	Bethel CT Pride Celebration	<i>Looking for a cool and family-friendly Pride Month activity in an inclusive and welcoming local community?</i> Ahead of Pride Month, For the People introduced a month-long focus on agencies and activities that helped highlight and inform our LGBTQ+ community members and inviting everyone to attend the June 3 Bethel CT Pride Celebration - complete with a street parade and family-friendly party featuring 50+ vendors, food, a kids' craft tent, and health stations offering confidential testing and vaccinations.	5-28-23 6:39 am 15m
Ev/Ag H/S SRJ	UW WCT Food Pharmacy Pt.2	<i>Did you hear how one regional United Way is tackling hunger and health challenges with a unique collaboration?</i> For the People concluded our two-part series focusing on United Way of Western CT and Nuvance Health which just opened a first of its kind Food Pharmacy - a community-based site increasing access to and consumption of healthful foods for those across the region diagnosed with obesity, heart disease, diabetes, and/or hypertension.	6-02-23 6:02 am 15m
G/V SRJ W/C/T	Westport Pride and the Westport Museum	<i>Have you heard about a Pride Month opportunity for LGBTQ+ community members to make history?</i> For the People put some Pride Month focus on Westport Pride and the Westport Museum - working together on an Oral History Project to help fulfill a mission to "make history whole" by bringing hidden narratives of marginalized groups to light, with a specific focus on those in the state's LGBTQ+ community.	6-02-23 6:17 am 20m
G/V SRJ W/C/T Y/Ed	CT Dept of Education	<i>Are you ready to become an educator who represents your own culture or community?</i> For the People called on the Education Diversity Coordinator from the CT Dept of Education - to unpack a multi-faceted and well-funded effort to fortify our state's teaching force, while expanding the diversity of educators for the benefit of the students who will learn from them. We discussed an upcoming recruitment fair for paraeducators, as well as the need to recruit more educators across the board who better resembled the populations of students they would eventually be inspiring.	6-02-23 6:39 am 15m
G/V SRJ W/C/T	Wilton Pride / Norwalk River Valley Trail	<i>Where can you go to check out one of the region's coolest new trail networks - and celebrate Pride Month at the same time?</i> We returned to our Pride Month focus showcasing a unique collaboration between Wilton Pride and the Norwalk River Valley Trail and the upcoming Push N' Pull Pride Month celebration. We informed listeners how to be part of this first of its kind event at one of Fairfield County's newest recreational destinations.	6-11-23 6:02 am 15m
SRJ W/C/T Y/Ed	International Festival of Arts & Ideas	<i>How can you access world-class and family-friendly talent, music, talks, exhibits, and artistry - mostly free of charge?</i> We once again were proud to highlight one of Connecticut's premier activities - the global cultural and community celebration that is the International Festival of Arts & Ideas - which was kicking off and continuing through June 25 with dozens of ticketed - but mostly free activities every day in and around greater New Haven.	6-11-23 6:17 am 20m
Ev/Ag G/V H/S	NWF Pollinator Month	<i>Is there a way to populate your property with native plants that can mitigate invasives and attract more pollinators?</i> June was Pollinator Month, so we welcomed back the National Wildlife Federation to talk	6-11-23 6:39 am 15m



		about the critical importance of sustaining and growing our regional population of pollinators utilizing a host of native plants that are easy for listeners to get, plant, and grow right in their own yard.	
H/S SRJ Y/Ed	Center for Empowerment & Education	<i>Where can you go in Western Connecticut for caring support or education to prevent domestic and sexual violence?</i> We learned that for victims of interpersonal violence, including members of the LGBTQ+ community, the Center for Empowerment & Education provides support services while empowering individuals to find their voice and choose their path toward healing as they rebuild their lives.	6-18-23 6:02 am 15m
A/V G/V H/S SRJ W/C/T	AARP-CT Legislative Recap	<i>What did AARP do for you this year when it comes to driving several new important pieces of state legislation?</i> We checked in with AARP-CT to learn about a number of successful initiatives they supported during the 2023 state Legislative Session. Our guest explained why AARP's legislative agenda supported programs of importance to many - not just for those who are old enough to qualify for AARP membership.	6-18-23 6:17 am 20m
G/V H/S W/C/T	Lower Naugatuck Valley COG	<i>How can you help frame and plan transportation initiatives across the lower Naugatuck Valley for decades to come?</i> We helped invite anyone who lives in the lower Naugatuck Valley who wanted to know more about - or talk about - transportation challenges and proposed solutions, to an upcoming info session coming up in Shelton supported by the Valley Community Foundation and the Valley Regional Council of Governments.	6-18-23 6:39 am 15m
G/V SRJ Y/Ed	CT Library Assoc.	<i>Where do you go when you can't get reliable, factual answers from your social network, mobile device or smart speaker?</i> Maybe listeners don't think much about libraries...unless they may need one. So, we connected with the outgoing president of the CT Library Assoc. to chat about these localized resource centers, the professionals who staff them, how they stock them, and how escalating book bans and challenges are impacting library operations and affecting borrowers..	6-25-23 6:02 am 15m
A/V H/S SRJ	LGBTQ+ Moveable Senior Center Program	<i>How are senior centers supporting and accommodating older members of our LGBTQ+ communities?</i> We concluded our Pride Month focus with the CT Healthy Living Collective whose CT LGBTQ+ Moveable Senior Center Program had expanded to 24 senior centers across Connecticut now offering events specifically designed for LGBTQ+ community members.	6-25-23 6:17 am 20m
G/V H/S	CT DOT Summer Travel Safety Briefing	<i>What do you need to know as you head out on our state roadways this summer?</i> On the first weekend of summer, we helped drive home potentially life-saving advice from the CT Dept. of Transportation. We covered some summer travel and safe operating reminders, reminded listeners about expanded emergency roadside assistance service, and a new program monitoring speeding and issuing warnings to those speeding through roadway work zones.	6-25-23 6:39 am 15m



***Critical issues / topics & guests featured on WICC-AM Melissa in the Morning  
Contributed by Melissa Sheketoff - Host***

### ***Quarter 2 - April - June 2023***

**April 3 –**

1. Westport Day School and Westport College Prep founder, Dawn Matera, shared how these educational opportunities support people with special education and mental health needs.
2. Woofgang & Co. co-founder, Kelly Maffei, shared how vocational training skills in the workplace can help young adults out of school and hoping to do more at home and in a job.
3. The Commission on Human Rights and Opportunity attorney, Michelle Kueler, shared how landlords can practice more housing equity with future tenants and why many hold back on applicants with a disability.

**April 4 –**

1. Tomorrow marks the start of Passover. We had Rabbi Shlame Landa from Fairfield back on the show to talk about the upcoming holiday. He also commented on the timing of the celebration in the midst of hate crime upticks in our state.
2. April is National Recycling and Earth Month. We met the president of PACT, located in Watertown Connecticut, about his patented cardboard container line. Learn how his products are saving the planet and ultimately saving you money with every move.
3. Keep it in Connecticut: Cindi Bigelow of Bigelow Tea talked about the history of the company and what the future holds.

**April 5 –**

1. NASA announced its Artemis II crew headed to the moon in 2024. We spoke with David Mestre in *Science You May Not Know* about the astronauts chosen, the mission ahead of them and the significance of it all.
2. The American Red Cross stopped by for its monthly visit to discuss preparedness plans when Mother Nature wreaks havoc. Plus, John Godin with Connecticut's chapter talked about National Volunteer Month.
3. Workout Wednesday: Myth busters when it comes to wellness hacks. Health coach, Amy Llinas, tackles cold plunges, fitness trackers and coffee and alcohol consumption.
4. This week is National Public Health Week. We spoke with Bridgeport Health Director, Ebony Jackson-Shaheed about the department, its events for the city and how it is funded.



#### April 6 –

1. High schoolers typically struggle to find the right college for them. But with all the money parents drop to put their kids through school, you want to know they are going to the best place for their future. Mike Cardinal, a CT native, created Springpath, a program to help students navigate and identify the best institutions for them before applying.
2. Quinnipiac University Men's Hockey is playing in the Frozen Four tonight in hopes of bringing home their first national title. Local sports announcer, Rob Adams, shared his outlook on the school's hockey program, key players to the team and the team's chance at winning it all.
3. The University of Bridgeport received a new grant to help the nursing program. We spoke with officials at the college to learn what the money is going to and the current issue at hand with healthcare worker shortages.

#### April 7 –

1. National statistics show 46% of girls in the US 'often' or 'always' worry about their body image; for boys, it's 25%. So, how can parents create a safer, more loving environment to secure our kids and help them overcome these vulnerabilities? Child development expert, Dr. Erica Bocknek, gave us advice on this and how adults can tackle their insecurities too.
2. A group of Connecticut middle schoolers are using their love of baking to benefit the community. We learned about Food for Friends and the four members making a difference: Ryan Murray, Zoni Hammesfahr, Marlo Gabriel and Jillian O'Connor.
3. State Senator Kevin Kelly shared the issue with affordable healthcare costs in Connecticut and how to improve it for residents.

#### April 10 –

1. Quinnipiac University Men's Hockey team won the national championship this past weekend. It's the team's first title, and the first NCAA title for the college. Our marketing and promotions director, Drew, was at the game in Tampa. He shared his experience from the stands
2. And we continued with QU Hockey coverage checking in with local sports announcer, Rob Adams, about what this win means for QU's program and the NHL looking at Connecticut for more prospects
3. Senator James Maroney authored a bill looking to create two state government jobs focused on artificial intelligence. We learn about the legislation, who supports it and what agencies are not on board.

#### April 11 –

1. It's not a handout, it's something you actually paid for years ago. We spoke with Thames Valley Council for Community Action, Inc. about benefits most seniors don't know about but should get in on!
2. Julie on the Job: Recruiters will not land you the job...but we do learn three ways to most likely land that dream job.
3. There are a lot of opinions on electric vehicles. We spoke with AAA Northeast EV expert, Alec Slapky, asking all of our questions about pricing, charging stations, environmental impacts and more.
4. We are learning to be bear aware, not bear scared. We spoke with writer, Lisa Bernard, about tips to protect yourself from black bear populations in Connecticut.

#### April 12 –

1. Author and constitutional expert, Joe Patrina, wrote a book highlighting the brokenness of property taxation in America. Find out how his book 'Hoodwinked' addresses the problem and why he needs the book to land in the hands of the Supreme Court.
2. This week is Black Maternal Health Week. We spoke about the high-risk Black mothers face in America before, during and after childbirth.
3. Workout Wednesday: we discuss the controversy around red dye #3. It can be found in several food and drink items, including candies, cakes and even medication. What you need to know!
4. Bridgeport Mayor Joe Ganim recently released the city's budget proposal. He did a breakdown of it and what it means for residents.

#### April 13 –

1. Cindy Iodice is the founder of the Flagman Safety campaign promoting safety on our highways. She is presenting a pilot presentation to all Fairfield public schools about being active passengers in the car.
2. Senator Blumenthal gave us a health update following his fall and surgery on his femur. We also spoke about a drug warning from the Biden Administration and an update on the leaked Ukraine war documents.
3. Cybersecurity expert, Dr. Vahid Behzadan, is back to talk about artificial intelligence, specifically ChatGPT.

#### April 14 –

1. Stew and Kim Leonard of Stew Leonard's gave us all the details behind the new Stewie the Duck Swim School. It's opening this June!
2. Lithium-ion batteries continue to be a concern with technology fires. But one Connecticut company has the solution to the problem. Rodger Mort of PACT invented Thermo Shield. What is it and why is this a game changer.
3. Governor Lamont stopped by to answer questions about hero pay, air filtration grants and vehicle part thefts.

#### April 17 –

1. A Connecticut-based non-profit is 70 this year! We learned all about Ability Beyond and how it has supported thousands of Connecticut residents dealing with disability access services and resources.
2. April is Financial Literacy Month. Inflation, interest rates, savings and budgeting are everyday topics for adults. But most kids and teens have no idea what any of that means until they're older and busting their budgets landing in debt. Gregg Murset, a certified financial planner, created "BusyKid." The app starts teaching financial skills to kids as young as five using technology.
3. The co-chairs of the Bipartisan Women's Caucus of the CT General Assembly unveiled the group's legislative priorities. We spoke with State Representatives Dorinda Borer and Nicole Klarides-Ditria.

#### April 18 –

1. April is Alcohol Awareness Month and statistics show hundreds of millions of people have had alcohol in their lifetime, starting at age 12! Julius Dudics talks about societal norms with alcohol consumption and how to identify if you have a problem.
2. LIGHTS OUT! A Ridgefield company is challenging other businesses to turn the lights off ahead of Earth Day this weekend. We learned why Boehringer Ingelheim came up with the idea and if it is environmentally effective.
3. Julie on the Job: Calling all 65+ workers! According to [The Wall Street Journal](#), employers are increasingly hiring seniors, who they perceive as having a stronger work ethic. Julie Bauke shares how seniors can take advantage of this demand.

#### April 19 –

1. Twice in one week there have been unauthorized events held at Seaside Park that have gotten out of hand. Bridgeport Mayor Joe Ganim stopped by with a message to crack down on these issues and remind the public about city rules ahead of summertime.
2. We've seen an uptick of poser delivery drivers attacking homeowners across the nation, including here in Connecticut. Gary MacNamara of Sacred Heart University shared some tips on how to detect posers and why you need to retrain your brain from just "opening your door."
3. A local musician created an original song dedicated to domestic violence survivors. It's not being recognized nationally. We met Rob Fried, the creator of the song, and spoke with Deb Greenwood of Center for Family Justice about the impact this song will have on others.

#### April 20 –

1. We met John Gomes for the first time. He is a frontrunner in direct competition for Mayor Joe Ganim this election to take his seat. We learned about his past with Ganim, his vision for Bridgeport and the highlights of his campaign.

2. Connecticut's LARGEST college and career fair is back for its ninth year! We heard from the lead organizer and creator of the event, Andy Alcosser, about who will be featured and how the event has expanded over the years.
3. Zoo Minute: Fairfield University students uncovered animal secrets at the Beardsley Zoo including if monkeys can function iPads and why anteaters love sound machines.

#### April 21 –

1. If you are in the market for a new dog, beware of buzzwords. Elizabeth Menegon who created the Hands 2 Paws app shared how words like "hypoallergenic" "teacup" or "pocket" are not always accurate when describing dogs. Most times they are just attractive, deceptive words.
2. The state Board of Pardons and Paroles has stopped reducing prison sentences for violent criminals. Many people have been upset for a while after the parole board reduced over 70 sentences of people convicted of violent crimes last year, including 44 guilty of murder. Senator Kevin Kelly joined the show applauding Governor Lamont's decision to pause the program.
3. At the young age of four, one Milford girl wanted to clean up her local beach. And now 15 years later, that cleanup is bigger than ever. We met Mackenzie Powers to learn all about her annual clean up and what triggered her passion to do it so many years ago.

#### April 24 –

1. The U.S. Supreme Court heard arguments last week in a case testing how far employers must go to accommodate the religious views of their employees. Former postal worker Gerald Groff, an Evangelical Christian, brought the case after the postal service signed a contract with Amazon to deliver packages all seven days of the week. Employment attorney, Gary Phelan, weighed in on the case and gave his professional feedback on it.
2. Comptroller Sean Scanlon will host the first "Urban Healthcare Summit," the beginning of an ongoing series of roundtable discussions to examine and address healthcare obstacles faced by Connecticut residents. He shared what the series is covering and how people can weigh in with their issues.
3. News Around the Region: New Jersey umpire suggests a solution to cut down on rowdy parents interrupting little league games. Listeners weighed in on the conversation.

#### April 25 –

1. Three high-profile television workers are out of a job but their responses online can serve as a teaching moment for anyone entering or in the workforce. Julie Bauke shared the damage your behavior after termination can do to your future and why the higher road is the better path forward.
2. YouTube decided to eliminate some eating disorder content from its platform. We spoke with our social media consultant, Krista Carnes about the move and why it's only one part of solving the issue with kids and their perceptions of body image.
3. AAA conducted its first environmental report sharing its goals of going electric. Fran Mayko shares more highlights from the report and how it could impact memberships going forward.

#### April 26 –

1. It's possibly the ONLY plant storage facility in our state taking care of people's plants during the winter time. We met John McGinnis of Gardens at Cheshire to learn about their business model, broad clientele and why it's so popular for people using the service year after year.
2. A Bridgeport City Councilwoman is desperate to get her family back in America. Samia Suliman says her sons and husband are stuck in Sudan because of the fighting going on overseas. Senator Richard Blumenthal outlined the conflict and his calls for their return home. Also, Bridgeport Mayor Joe Ganim, weighed in on the impact for Suliman.

#### April 27 –

1. American Samoa has issued a public health emergency after an outbreak of [measles](#) has spread across the U.S. territory. This is not the first time there has been an outbreak in the area. According to a [World Health Organization report](#), a 2019 outbreak swept the Pacific. We spoke with Dr. Browne about how these

outbreaks happen and why vaccination rates are low in parts of our country. He also touched on researchers following claims that the covid vaccine can lead to tinnitus as well as a quick story on the UK and scabies cases.

2. This week is National Youth Violence Prevention Week: a week dedicated to inspiring kids to take a stand against violence in their schools and communities. At one Milford high school, they adopted the Save Promise Club this year and are already seeing big changes from the student body. We spoke with the club's advisor and president about the group and plans to expand their work to other schools.

#### April 28 –

1. Scam alert! The BBB is warning people about a potential vacation disaster: timeshare deception. Kristen Johnson shares why the fine print is important and finding the right exit company to partner with.
2. The Chick-Fil-A frenzy is back in Fairfield. First Selectwoman Brenda Kupchick shared what changed in the plans since 2021. She also talked about the millions of dollars from the state helping with HVAC problems in schools.
3. All Our Kin is a national nonprofit focused on finding affordable, reliable and available child care options. Jessica Snager, CEO and Co-Founder, shared some major milestones around childcare and what upcoming changes are on the horizon for CT.

#### May 1 –

1. We are down to about one month left before the 2023 legislative session wraps up. Senators James Maroney and Tony Hwang spoke about their biggest items they are working on right now:
  - Senator Maroney explained the Baby Bond Bill and his hopes for advancing legislation on early childhood education. Senator Tony Hwang spoke about the budget discussions and hundreds of bills left on the table.
2. After Bed Bath and Beyond filed for bankruptcy, the Better Business Bureau of Connecticut talked about how to make sure you get your money's worth before missing out.

#### May 2 –

1. For the first time in forever, some GOOD statistics on underage drinking! We spoke with Fairfield Cares about a recent report showing nationwide and locally, less kids are indulging in alcohol before turning 21.
2. May is Mental Health Awareness Month and each week we will speak with counselor, Julius Dudics, about different, common issues people face. This week, we talked about combating obsession and control disorders.
3. High cholesterol plagues so many Americans, but there are ways we can lower our levels naturally. Registered dietician, Melissa Keeney, shares how to have a healthier heart.

#### May 3 –

1. During Mental Health Awareness Month, we learned there are online resources for parents and caregivers to have healthier conversations with their kids tackling the topic.
2. We also talked about a new campaign addressing mental health for veterans. Learn how VA hospitals here and across the country are using their "Today I Am" campaign effectively for vets and their families.
3. A social worker program is showing great success at the Bridgeport Police Department and now other municipalities are wondering how they can apply the program to their towns. Mayor Joe Ganim and Police Chief Roderick Porter give more specifics about the program.
4. Sound the Alarm! Find out how the American Red Cross serving Connecticut is installing free smoke detectors in some homes and how volunteers can visit any home for a safety check.

#### May 4 –

1. Last week was National Infertility Week and we wanted to do a deeper dive into the real life statistics for women trying to get pregnant. Dr. Andrew Levi of Park Avenue Fertility shared if infertility is becoming more common and if there are elements impacting the issue in today's world.

2. A new study showed 22 melatonin gummies were mislabeled and is worrying parents, especially, who give those products to their kids for sleep. Sleep specialist, Dr. Steven Thau, does a deeper dive into the study and alternatives for kids struggling to go to bed.
3. A whistleblower complaint revealed potential animal neglect and abuse at a local aquarium in Trumbull. PETA shares the latest issues popping up at Seaquest. NOTE: We have made several attempts to speak with Seaquest about these complaints and have not heard back.

#### May 5 –

1. In recent months, Norwalk Police have arrested nine middle schoolers for crimes including vandalism. Police Chief James Walsh told us the latest on the investigations and how the city has been actively combating youth crime.
2. Two bills are getting a thumbs up and moving through the legislative session. The pair of bills tackles issues surrounding animal rights in CT. State Rep. Dorinda Borer shared the two pieces of legislation with us.
3. May is National Water Safety Month and we had aquatics director, Alex Hunter, on to talk about the importance of swim lessons. She also talked about benchmarks for swimmers and the effectiveness of year round lessons, not seasonal.
4. Hartford Healthcare and Sacred Heart University are partnering up! We learned what the two entities are doing for current and future nursing students and how it impacts CT.

#### May 6 –

1. Scam alert! Before you pay for flower delivery, buy new jewelry or purchase that online gift, know the signs of scammers! The BBB serving Connecticut shared tips ahead of Mother's Day to help families protect their money and secure their gifts for mom.
2. May is Better Hearing and Speech Month, a crucial time to remind parents about the importance of early intervention for young children. We spoke with ASHA President, Tena McNamara, about diagnoses trends and signs of any issues in babies.
3. May is Lyme Disease Awareness Month, highlighting prevention, awareness and funding to support people plagued with the illness. We spoke with the founder of Connecticut non-profit Partner in Lyme, Jessica Snajder about how bad tick numbers are in our state. We also heard about an upcoming event to support Lyme patients struggling to pay for treatment.

#### May 9 –

1. May is Mental Health Awareness Month and we continue to tackle different topics around this with our morning show counselor, Julius Dudics. This week, we tackled social media and screen time hurting people's mental health and how to detect if you're consuming too much!
2. Several deadly crashes happened last weekend in Connecticut including a few motorcycle riders killed. We spoke with a member of a well-known firefighter motorcycle club about misconceptions people have about bikers and why drivers may need a new perspective on some operators.
3. A middle school student in Michigan made national headlines last month for taking control of his school bus after the driver suffered a medical emergency behind the wheel. Fran Mayko of AAA talked about the impact of this story locally and why being an active passenger matters!

#### May 10 –

1. A pair of Westport mothers left their corporate jobs for motherhood. Ever since, they teamed up and created a recruiting business to help moms get back into the workforce. Meet Runa and Jasmine of FoundHER and what prompted them to help other mothers.
2. Fire safety 101: We spoke with Bridgeport Fire Chief Lance Edwards about smoke and CO detectors as well as fire escape plans and safety tips.
3. Bridgeport has a new, state-of-the-art library open and giving visitors a different experience. We learn all about the Beardsley Library!

#### May 11 –

1. Senator Richard Blumenthal has presented two bipartisan bills in an effort to eliminate puppy mills in the US. The problem? It's not enough of a priority for lawmakers or even the everyday person. We hear the point of these bills and why the average American has no idea the scope of the problem.
2. Norwalk Hospital is one of the only sites in Connecticut offering tattoo-less radiation therapy for breast cancer. Find out from Dr. Philip Gilbo how patients do not need a permanent reminder of their breast cancer treatments with this new technology.
3. May is Women's Health Care Month and Stroke Awareness Month. Dr. Paul Wright with Nuvance Health shared why women are at a higher risk than men for stroke and why it's IMPERATIVE for you to call for an ambulance for someone experiencing a stroke.
4. As the number of electronic devices continues to escalate to serve our modern society, so too does the threat of lethal lithium-ion battery fires which power them up. Rodger Mort, the inventor of Thermo Shield, shares how his product, the world's first fire and gas-suppressant, paper-based packaging wrap, works.

#### May 12 –

1. We start the week looking at the teacher workforce here in Connecticut. Fran Rabinowitz, the executive director of the CT Association of Public School Superintendents, gave us a report card on teacher recruitment and retainment in the state. Plus, she gave us a picture of a teacher's job in today's world impacting people staying in the education industry.
2. In Trumbull's school district, tutors will help students dealing with health circumstances keeping them out of the classroom. Kim Zentz, one of the Homebound Tutoring educators, shared the importance of the program and how it works.
3. University of Bridgeport students are about to get a new opportunity for the first time. We spoke with assistant professor, Jason Sagaci, of Goodwin University about welding and fabrication coming to the Park City as early as the fall.

#### May 13 –

1. Bear encounters continue to be a problem in Connecticut. Senator Steve Harding is a ranking senator on the Environmental Committee. He shared the current legislation being debated in Hartford and says he's confident it will pass with bi-partisan support, that is IF it gets out of committee.
2. It takes a village to raise a child and one group in Ridgefield is hoping to help. It's called Parent Circle, a free group-therapy opportunity for residents to come together and support each other while raising their kids. We spoke with the group leader, Doug Barile, about the program.
3. Connecticut was recently ranked number 7 for best mental health care in the country. We spoke with Dr. Andre Newfield about the findings and what it means during May's Mental Health Awareness Month.
4. A former E! News correspondent spoke out about her recent battle with pancreatic cancer. We spoke with Dr. Charles Cha about the serious illness and whether you can easily detect it ahead of time.

#### May 15 –

1. It has bi-partisan support but may be stalled again. We tackled the presumption bill which is meant to better protect firefighters when they are diagnosed with cancer. Connecticut is just one of two states without a presumptive law in place. We heard from local firefighters why this needs to pass now.
2. What are invisible disabilities and how do we handle people diagnosed with them? The Commission on Human Rights and Opportunities shared how people with autism, diabetes and other invisible disabilities need to be accommodated at work, in schools and with housing options.
3. National data shows an average marriage lasts between 7 and 8 years. Marriage coach, Bob Donovan, shared six tips to help stay married longer but also enjoy your union along the way!

#### May 16 –

1. According to estimates from Feeding America, more than 490,000 Connecticut residents struggle with hunger; more than 131,000 children are food insecure. Coming to the Greater Danbury Area in the fall: Food Farmacy. Learn about this new center and what it means for those facing hunger in our state.
2. May is Mental Health Awareness Month and we are tackling a common issue every week with counselor, Julius Dudics. Today, we talked about depression.



3. A new recommendation suggests dropping the age for breast cancer screenings to begin at age 40. Why the significant change in less than a decade? We spoke with oncologist, Dr. Valerie Brutus, about breast cancer cases on the rise and why screenings need to happen sooner.

May 17 –

1. Earlier this week, the CEO of ChatGPT, testified on Capital Hill practically begging for regulation over free open A.I. We spoke with our cyber security expert, Vahid, about the hearing and whether the request for oversight is promising or sketchy.
2. Bridgeport city officials are hoping the FAA will give a thumbs up to the CT Airport Authority to take over operations of Sikorsky without buying it out. We got Dan Onofrio's opinion on the matter. He is the president of the BRBC.

May 18 –

1. Two recent cases this month of animal cruelty brings a question about oversight for in-home rescues and dealing with a mental health crisis. We spoke with UNH professor of forensic science, Virginia Maxwell, about these crimes and what can be done to combat the problem.
2. About 1 in 50 children are diagnosed with a peanut allergy. That's why news of a promising skin patch exposing toddlers to peanuts is being called a game changer. We spoke with allergist, Dr. Phillip Hemmers, about the patch and got a better understanding of developing a peanut allergy.
3. Menthol cigars continue to kill tens of thousands of people a year. We spoke with Delmonte Jefferson, Executive Director of the Center for Black Health and Equity, about the problem and why the FDA needs to ban the product immediately.

May 22 –

1. A Connecticut father lost his son to an opioid overdose and created a non-profit to spread awareness. It's called Tears From Heaven. We learned all about it from founder Sinco Steendam and got a preview of the Four Corners challenge coming up June first.
2. Could Connecticut see a return of professional hockey to Hartford? Governor Lamont is meeting with the NHL this week about the potential relocation of the Arizona Coyotes to the XL Center. We spoke with our sports expert, Rob Adams, about the talks and how likely it is that the NHL sends us a team.
3. We are just days away from Memorial Day weekend and travelers are going to be out in FULL FORCE on the roads and in the air. Fran Mayko from AAA has new data on where people are going, how much things are costing and what you need to be prepared for ahead of time.

May 23 –

1. It's no secret; we have a severe housing crisis in our state. We don't have enough housing for young professionals starting their post graduate career or for aging seniors needing to downsize but not necessarily in need of assisted living. We also are dealing with essential workers living far from the municipalities they serve because it's so unaffordable to live here, especially in Fairfield County. So what can be done about it? We met Renee Dobos, CEO of Connecticut Housing Partners, about their non-profit, its mission and how to better tackle the issue at hand.

May 24 –

1. Florida Governor Ron DeSantis is expected to announce his run for President today...ON TWITTER! But this is just one of the many recent examples of powerful people using the social media platform as a news network. But now, with the option to buy a blue checkmark, are we heading down a dark path of reporting? We speak with Ben Bogardus, a journalism professor at Quinnipiac University about the future of news.
2. It's estimated that 936 million adults worldwide between the ages of 30-69 may suffer from sleep apnea. A new study found that cases of uncontrolled sleep apnea may be harmful to future brain health. Sleep medicine specialist, Dr. Steven Thau, shared the signs of sleep apnea and why ignoring the problem is a bad idea.

3. Earlier this week, a first-of-its-kind investor conference kicked off in Hartford, where top state officials pitched Connecticut as a good investment to bankers and analysts. But would anyone want to invest in our state? BRBC President, Dan Onofrio, explains why the answer is yes!

#### May 25 –

1. Senator Richard Blumenthal did a deep dive into his concerns over artificial intelligence. He also addressed what kind of regulation can be in place to better control it and who would be in charge of oversight.
2. May is mental health awareness month and we want to know if Connecticut has enough resources in place for residents. Comptroller Sean Scanlon shared what the state is doing to support affordable, adequate options for kids and adults struggling. He also touched on the controversy of whether mental health facilities should be invested in.
3. The controversial Vision Zero bill has passed through the Connecticut House and now heads to the Senate for a vote. We spoke to Senator Tony Hwang who is the ranking member of the Transportation Committee about the bill and why some oppose it. We also touched on scary street takeovers in Connecticut and whether the beach bill is dead.

#### May 26 –

1. K-12 school districts are on edge after a federal program under the CARES act is set to expire. It is leaving CT schools less equipped to make the technology investments needed to operate efficiently. We spoke to the Executive Director of CT Association of Public School Superintendents, Fran Rabinowitz, about this and what the legislature needs to do.
2. A new breakthrough procedure for stroke patients is happening at St. Vincent's. We spoke with Neurosurgeon Dr. Akli Zetchi of Hartford Healthcare about the 3D imaging and how it works.

#### May 30 –

1. A new report from the Surgeon General says that social isolation's effects on mortality are equivalent to smoking up to 15 cigarettes every day. Loneliness can reportedly contribute to a person having a higher risk of heart disease, stroke, anxiety, depression and dementia. Counselor, Julius Dudics, talks about why isolation has become more prevalent and how it can be fixed.
2. The Jimmy McGrath Foundation is hosting its first golf tournament in June. We spoke with Jimmy's dad, Kevin, about the foundation as well as the chairperson for the tournament about ways you can get involved. For more information: [jimmymcgrathfoundation.org](http://jimmymcgrathfoundation.org)
3. A high schooler in Bridgeport made her senior project about human sex trafficking. We spoke with Alijah Walker of Bridge Academy about her presentation and why she decided to take the risk sharing this topic.
4. Former President Jimmy Carter is still hanging on enjoying life three months after bringing end-of-life care into his home. But what really is hospice care and is it a death sentence? Dr. Ross Albert is the Hospice Medical Director for Hartford Healthcare at Home. He defined hospice care, what it entails and how costly it can be.

#### May 31 –

1. On the final day of May and mental health awareness month, we talked about Kevin's Afterglow. The non-profit focuses on normalizing mental health conversations, investing in buddy benches and funding scholarships for students entering the mental health workforce after graduation. Jim Kuczo, creator of the foundation, shared the inspiration of his son for the organization and how you can support it.

#### June 1 –

1. We spoke with Jimmy McGrath's father, Kevin, about the foundation created out of tragedy. Jimmy was killed in 2022 after trying to break up a fight at a house party. The Fairfield Prep student and athlete was beloved by so many and helped so many peers before he died. His family created the non-profit to support young people with mental health needs and young athletes. We also learned about the foundation's upcoming golf tournament and how you can support them.
2. According to national data, more than 40 million US adults have dyslexia, with only 2 million of them receiving a diagnosis. When you learn your child is dyslexic, it can feel so overwhelming to determine

what happens next. Weston mother, Jennifer Bernheim, created Right to Read Advocacy, to support families touched by dyslexia.

3. Tick 101: we spoke with our Lyme expert, Jessica Snajder of Partner in Lyme about signs of infection, tick protection, tick testing and tick checks.
4. Housing Bill 6781, "An Act Addressing Housing Affordability for Residents in the State" is being taken up before the legislative session ends next week. CT169Strong shared their concerns on the hodgepodge of bills being rolled into one and what all Connecticut residents need to know.

#### June 2 –

1. We are seeing a huge uptick in street takeovers across Connecticut. What are they and why are they so dangerous? We spoke with former Fairfield police chief, Gary MacNamara about the issue at hand.
2. Our nation is identifying more and more children struggling with mental health. A Milford daycare center is making behavioral, social and mental health a priority for their students. Bill Okwuosa, executive director of Good Child Development Center, shared the model of teaching and introduced a new campus in Orange.
3. SCAM ALERT: The BBB shared a Wilton woman's airfare scam that cost her thousands of dollars! Kristen Johnson told us what happened and how we can learn from this.

#### June 5 –

1. We are down to the last couple of days for the legislative session and the budget STILL hasn't been voted on. We learned from Senator Tony Hwang that the 800+ pages of the proposed budget dropped Monday morning at 3am and is expected to be voted on by the afternoon! We get the details live.
2. Crime on the Mind: What does NOT NORMAL look like and when should you report something to the police?
3. Does birth order play a role in the way you are as a spouse? Marriage coach, Bob Donovan, shares his findings on this and the point of addressing it in your relationship.

#### June 6 –

1. Overnight, the House passed a budget agreement and now it's down to the state Senate approving the 800+ page document. We spoke with Senator James Maroney (D-Milford) before he went up to Hartford this afternoon. What's in the agreement and have lawmakers read it enough to feel confident before voting?
2. National statistics show 31% of adults are afraid to fail; and that doesn't include children. As the school year wraps up and students enter their final exams, how do we handle failing in a healthy way? Counselor Julius Dudics shares the fine line between failure being a great teacher or major debilitation for people and how to cope.
3. We are in what's known as the 100 deadliest days on the road for teen drivers. AAA's Fran Mayko shares alarming data about the summer season and what factors play major roles in the problem.

#### June 7 –

1. The PGA Tour and LIV Golf will merge. The once-rivals will now combine into a new, yet-to-be-named company. Did this unexpected decision really come down to the God Almighty buck? Local sports announcer, Rob Adams, reacts to the news.
2. Tonight marks the 10th annual gala for Sandy Hook Promise Foundation. We spoke with the non-profit's CEO and co-founder, Nicole Hockley, about the last decade of work and significance of tonight's ceremony.
3. It's CPR and AED Awareness Week and the American Red Cross is sharing the importance of CPR training, especially ahead of the summer season.
4. Today is Global Running Day and we highlighted a Connecticut woman who kept her love for running going, even after losing her vision. Meet Karen and her guide dog, Flint!

#### June 8 –

1. The legislative session has officially ended and housing legislation didn't see an awful lot of progress made. What good and not so good points came out of Senate Bill 998? Now that the state is out of it, can municipalities do more to step up and create workforce housing opportunities? Renee Dobis, CEO of Connecticut Housing Partners, dives into these inquiries.
2. The unhealthy air quality isn't just impacting people, but also animals. We spoke with both Gregg Dancho of the Beardsley Zoo and Tom Anderson of CT Audubon Society about the smoky air impacting animals and birds.
3. A Trumbull native always wanted to be a professional baseball player. But after losing sight in one eye, how did Vinny DeRubeis conquer his injury and still get picked up by a professional team? Here's his story!
4. This weekend is Connecticut Open House Day! What can you expect from the annual event Saturday June 10th? We spoke with the office of tourism to get you the scoop!

#### June 9 –

1. Senate Minority Leader Kevin Kelly came in studio to do a deeper dive into the two-year, 51-billion-dollar approved during this session. We talked about the tax cuts, the education investments and one thing that wasn't snuck into the 832-page document.
2. A groundbreaking today is paving a new future for Connecticut veterans at Homes for the Brave. Vince Santilli, the executive director at Homes for the Brave, shared the details of this expansion project and what it will mean for serving more vets in the state.
3. "If there are age minimums, should there be age maximums?" A NYT article highlighted the question of age playing a role in the workforce. Employment attorney, Gary Phelan, discussed the issue with age discrimination and whether there's a gray line between age and ability for jobs.

#### June 12 –

1. We know the 2023 legislative session ended with approval for Senate Bill 998. Senator Ryan Fazio was not too keen on the bill and shared his concerns surrounding the language, especially its implications for fair housing legislation.
2. Take two: David Eldridge announced he's throwing his hat in the ring again to run for Shelton Mayor. Why run again, what is different this go around and what are his goals for the city if he is elected?
3. According to the CDC, more than 20% of American adults have chronic pain. Are there ways to deal with the problem without medication? We spoke with Dr. Anthony Sampino about a treatment known as OMM and how it helps many people, regardless of age, to eliminate chronic pain.

#### June 13 –

1. Connecticut learned in 15 months, one million pounds of locally grown, healthy food made it to people who rely on food pantries in our state. Commissioner of the Dept. of Agriculture, Bryan Hurlburt, talked about the significance of these findings. We also learned about resources to explore the more than 5,000 farms in our state.
2. Now that Twitter is becoming a more common place for news conferences, how do we determine if something is fact or opinion; accurate or exaggerated; credible or fake? Social media consultant, Krista Carnes, weighed in on the topic.

#### June 14 –

1. The governor signed a two-year, 51-billion-dollar state budget that included more than 300-million dollars invested in education. But do those dollars actually make it to the classroom? We got some perspective from Fran Rabinowitz about this.
2. A Sacred Heart University graduate is focused on protecting tow truck drivers on CT highways. We met Salena Khan and learned about her business *Life on the Line* promoting slow down, move over laws.
3. For the first time in over a decade, Bridgeport is bringing back its restaurant week. We got the details from BRBC President, Dan Onofrio, about the event in June and where to get a list of restaurants participating.

4. Workout Wednesday: new data shows walking can lead to better connectivity activity for your brain and memory improvement for older adults. Amy Llinas shares the best walking regimen to follow for the best results.

#### June 15 –

1. In the last couple of weeks, several people have reported that their young children are battling high fevers for days without any other symptoms. What is this virus? Is it new? Can adults get it too? And is there such a thing as over medicating for this? Dr. Browne of Griffin Hospital shares what type of virus this sounds like and tackles the debate on how much is too much medication.

#### June 20 –

1. There are about 1300 paraeducator positions open in the state of Connecticut. So, the state labor department is offering a career fair specifically for these teachers. Find out how you can become a paraeducator, what the job entails and how the state is looking to better support these workers.
2. It's summer and your kids need routine. Counselor Julius Dudics shares how to handle your kids during the summer months with schedules, chores and daily activities.
3. June is Alzheimer's Awareness Month and we learned about a new neighborhood dedicated to helping folk with the disease. Chris Barstein with Meadow Ridge in Redding shared the details on their new living facility that just opened a month ago and how it's bringing peace of mind to Connecticut families.
4. The CT House and Senate passed the Vision Zero bill which includes red-light cameras. We spoke with Fran Mayko of AAA about the rules and how it can create safer roads for pedestrians and bikers in our towns.

#### June 21 –

1. Migraine is one of the world's most common health conditions and its most common neurological disease. Roughly 39 million people in the United States and 1 billion people worldwide have migraines. We spoke with a Hartford Healthcare migraine specialist about common triggers and treatments for migraine. We also learned about a new company awareness project normalizing migraine issues for workers.
2. Scam alert! Be careful with your fit tracker devices and connecting to a con artist. The BBB shares what scammers are doing through mobile apps and fit trackers.
3. At 10:58am today, it officially became summer. Wait, what...why so specific?? What makes THAT time the official mark of summer 2023? We talked about it in Science You May Not Know.
4. June is Wound Care Awareness Month and we spoke with Dr. Lee Goldstein about ways to treat wounds, especially in the summertime.

#### June 22 –

1. Earlier this month, the PGA announced it will merge with the Saudi-backed LIV Tour. Senator Richard Blumenthal is not a fan and has requested both leaders of their respective groups to come to DC for questioning in July. We talked to him about the concerns around this partnership and what it means for American sports moving forward.
2. Tonight, Senator Tony Hwang is hosting a panel discussion on protecting coastline towns in Connecticut. We learn what solutions have been implemented in recent years and what will come in tonight's public meeting.
3. A group of occupational therapy students at Quinnipiac University are hosting the school's first public program tackling technology scams. What you need to know ahead of the presentations happening this week and next.

#### June 23 –

1. This week, Save the Sound released its 2023 water quality and beach report. While some beaches earned high marks, others fell short. We spoke with the organization's Director of Water Quality, Peter Linderoth, about the findings and how people can help combat the issue of pollution and unhealthy water.

2. A Connecticut attorney honored his father's boxing legacy by creating a boxing club for Connecticut youth. Hal Rosnick came back to the show to share the incredible story of one female boxer from his club making national headlines and possibly headed to the Olympics!
3. We learned about guide dogs for a regional non-profit organization. Find out how Connecticut residents are benefiting from these dogs but also how local residents can volunteer to help pups get ready for their big jobs.

#### June 26 –

1. According to the CDC, we see an increase in emergency room visits during the summertime and a large number of patients are kids! We spoke with Dr. Shea Gregg about the summer trends, the most common issues and prevention.
2. AAA is predicting a record-high amount of travelers taking off for the July Fourth holiday weekend. Fran Mayko of AAA breaks down the 50 million people leaving this year and why the number is so high this year compared to last and even pre-pandemic numbers.
3. A local restaurant owner is proposing a food truck lot in Stratford. We find out the plans from Doug Grabe of Little Pub and what the proposed property used to be.

#### June 27 –

1. Fairfield wants to invest in more AI security cameras around town and in close proximity to schools. Apparently, these cameras have been utilized in surrounding communities already like Bridgeport, Westport, Norwalk and Stamford. Fairfield Police Chief Robert Kalamaras shares the reason for the request and how the cameras have already started helping with criminal cases in town.
2. We continue with our summer safety series with fire safety. We talked about sparklers, fireworks, bonfires and grilling safety this season with Bridgeport Fire Chief Lance Edwards.
3. Project Yellow Light is a national effort to encourage teens to highlight the dangers of distracted driving and to create PSAs to curb the problem. We spoke with this year's billboard winner, Jami Pandiscio, who is a UConn student and created the slogan 'Don't Scroll, stay in Control!'

#### June 28 –

1. For summer safety week, we profile the importance of never leaving a kid or pet in a hot car. Fran Mayko of AAA shared the average temperatures in a hot on a hot day, even with the windows down.
2. Retired Lt. Jim Perez shared the Connecticut law on the books prohibiting parents from leaving children 11 and under in a car alone, even with the air conditioning on and the car locked. Find out why the law was put into place and the consequences based on where you park your car and leave your kid.
3. Earlier this week, the Connecticut Department of Transportation released its Action Plan to address commuter needs for buses and trains. Josh Morgan talked about the recommendations and changes for service. We also addressed the controversy of cutting Metro North rail service.

#### June 29 –

1. Governor Lamont stopped by to catch up following the wrap up of the legislative session. We talked about a lot of topics including the baby bonds program, pot plants in homes and whether an NHL team is returning to Connecticut.
2. Ticks are getting more bang for their buck this summer following a mild winter and we want to make sure you are protected from them. Tick expert, Jessica Snajder, talked about prepping your gear and clothing before going outside and ways to prevent a tick bite.
3. A Hartford Healthcare doctor just performed her 1500th robotics surgery. We learn all about robotic surgeries and who is a good candidate for this procedure.

#### June 30 –

1. Captain James Morgia of Stratford, a 100-year-old WWII veteran and Silver and Bronze star winner, will ride in the Barnum Festival Great Street Parade, July 2nd as the Honorary Grand Marshal. We found out how Captain Jim earned his military honors and even heard his beautiful singing voice on air.



2. The death of a prominent local woman has Fairfield residents calling for safety improvements on Redding Road. Meghan Raveis died last week after being struck while walking on Redding Road June 23rd, and she's not the only person to die on the road. A woman from Pennsylvania was hit and killed by a car while walking her dog on Redding Road in July of 2020. We asked First Selectwoman Brenda Kupchick about town safety improvements.
3. For summer safety week, we did a deep dive into boating and swimming safety. Bridgeport's Emergency Management director, Scott Appleby, shared why rivers, lakes and Long Island Sound bring just as much risk to people as the ocean.