

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
3/1-3/2 2014 7:00 A.M. duration 30 min	Economic Development Leslie and Micah McKinney	This multi-million dollar arena & ranch is undergoing a makeover. It & the horse industry is an economic generator of jobs. The facility dates back to 1985. They are hosting the 30th anniversary of the timed events.
3/1-3/2 2014 7:00 A.M. duration 30 min	Tourism Development Update Shelly Rowam with the Gaylord-Pickens Museum	The facility tells the story about Oklahoma with interactive displays. Open Tuesday-Saturday at 13th and Shamel. A March 29th fun-run is planned for scholarships.
3/1-3/2 2014 7:00 A.M. duration 30 min	Health & Wellness OKC Parks spokesperson Jennifer McClintock	Spring Break Camps available on March 17-21st. One of those is for performing and the 2nd is more physical activity oriented. 9 city centers offer the camps.
3/8-3/9 2014 7:00 A.M. duration 30 min	Colon Cancer Awareness Month Dr. Thomas Schowalter Integris Health System	Colon Cancer rates are going down, but it remains a problem for many. The first colonoscopy should take place at age 50 or earlier if there is a family history. The polyps can spread. Screenings help.
3/8-3/9 2014 7:00 A.M. duration 30 min	Economic Development & Tourism Rodeo Star Daniel Green	He is a nationally recognized rodeo star who outlines the significance of rodeo to our state and economy. Team roping, steer wrestling are all timed events. Green says practicing is essential to success.
3/8-3/9 2014 7:00 A.M. duration 30 min	Medical Care For Indigent The Shrine Circus Chairman David David	The fundraising circus is coming March 27th -30th. Shrine Hospitals provide free medical treatment to burned & disfigured children. Most treatment occurs in Shreveport and Galveston. 22 hospitals.
3/15-3/16 7:00 A.M. duration 30 min	Tornado Preparedness Ken Garcia American Red Cross	Build a kit, have a play and stay informed. The kit should include documents, meds, water, food and a charged cellphone. The plan should include finding a common meeting point for shelter.
3/15-3/16 2014 7:00 A.M. duration 30 min	Disabled Day At State Capitol DRS spokesperson Jody Harlan	DRS helps 90-thousand Oklahomans who are disabled and are looking to get back in the workforce. Employment programs and school for the deaf & blind. This event allows disabled to meet with lawmakers.

3/29-3/30 2014 7:00 A.M. duration 30 min	Tornado Preparedness "2" National Weather Service Meteorologist Rick Smith	Following one of the worst tornado seasons in recent times. Large tornadoes May 19 20 & 31st. The May 20th storm damaged 3 schools with winds over 200 mph. Damage estimated at more than a billion
3/29-3/30 2014 7:00 A.M. duration 30 min	Severe Weather Season Chuck Mai - Triple A Oklahoma	He talks about the difference between a tornado watch and warning. Warning means one is forming or on the ground. Never get in a car to outrun a tornado. Get below ground or center of a home.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
2/1-2/2/2014 7:00 A.M. duration 30 min	HELP FOR TORNADO VICTIMS INSURANCE COMMISSIONER JOHN DOAK	OVER 100-THOUSAND CLAIMS & OVER A BILLION DOLLARS PAID IN CLAIMS. A TOWN HALL MEETING IS SET FOR FEB 4TH - OFFERING TAX TIPS FOR TORNADO VICTIMS.
2/1-2/2/2014 7:00 A.M. duration 30 min	LEGALIZED POT STATE SENATOR CONSTANCE JOHNSON	SPONSORING THE BILL TO LEGALIZE SMALL AMOUNTS OF MARIJUANA. SHE'S TRYING TO DECRIMINALIZE POT WHICH HAS PUT MANY MINORITIES IN THE CORRECTIONS SYSTEM.
2/8-2/9/2014 7:00 A.M. duration 30 min	OKC MAYORAL CANDIDATES ED SHADID	MORE PLANNING TO PLACE INFRASTRUCTURE & TRANSIT SYSTEMS TO IMPROVE HEALTH. HE WANTS EVENING AND WEEKEND BUS SERVICE
2/8-2/9/2014 7:00 A.M. duration 30 min	OKC MAYORAL CANDIDATES MAYOR MICK CORNETT	MAYOR CORNETT REALIZES MORE POLICE OFFICERS ARE NEEDED, BUT GROWTH IN THE ECONOMY WILL HELP FUND THAT. HE SAYS THE JOB MARKET IS STRONG IN OKC.
2/15-2/16/2014 7:00 A.M. duration 30 min	OKC MAYORAL CANDIDATES JOE NELSON	CONTENDS MAPS 3 PROJECTS AREN'T BEING CARRIED OUT TO THE EXPECTATIONS OF THE PUBLIC. HE OPPOSES THE CITY OFFERING INCENTIVES TO GET A CONVENTION HOTEL
2/15-2/16/2014 7:00 A.M. duration 30 min	OKC MAYORAL CANDIDATES PHIL HUGHES	SAYS STREET CARS SHOULD BE EXPANDED TO FARMERS MARKET TO BASS PRO. HE OPPOSES A CONVENTION HOTEL IN DOWNTOWN. HE WANTS A REGIONAL LIGHT RAIL SYSTEM.
2/22-2/23/2014 7:00 A.M. duration 30 min	INDIAN CULTURAL CENTER SENATOR KYLE LOVELESS	HIS BILL WOULD USE 40 MILLION DOLLARS TO FINISH THE INDIAN CULTURAL CENTER. IT USES \$ FROM UNCLAIMED PROPERTY FUND TO FINISH THE PROJECT AT I-35 & I-40.
2/22-2/23/2014 7:00 A.M. duration 30 min	STATE SUPERINTENDENT JANET BARESSI	THIS IS THE FIRST YEAR OF A LAW FOR THIRD GRADERS TO TAKE A READING TEST BEFORE BEING ADVANCED TO THE NEXT GRADE. THERE ARE EXCEPTIONS SUCH AS STUDENTS WHO ARE BILINGUAL.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
0104-01/05/2014 7:00-7:30 A.M. 30 MINUTES DURATION	OKLAHOMA CITY COUNCIL ISSUES	WARD 1 COUNCILMAN JAMES GREINER THE ABANDONED STRUCTURES REGISTRY IS A STEP TOWARD REPAIRING OR REMOVING OLD HOMES AND BUSINESSES. SUCH DECAY IS A DRAIN ON THE POLICE, FIRE AND CODE ENFORCEMENT. GREINER HOPES THE CONVENTION CENTER CAN BE REPAIRED. THE GROUP FILES A CHALLENGE TO THE BALLOT TITLE WRITTEN BY THE ATTORNEY GENERAL ON THIS ISSUE. DORMAN INTRODUCES A BILL FOR 500 MILLION DOLLARS TO INSTALL STORM SHELTERS.
01/04-01/05/2014 7:00 - 7:30 A.M. 30 MINUTES DURATION	STORM SHELTER PETITION DRIVE	STATE REP JOE DORMAN DEMOCRAT RUSH SPRINGS JANUARY 17TH - 19TH, A TOTAL OF FIVE BUILDINGS ARE FILLED WITH IDEAS HOW TO LANDSCAPE AND IMPROVE HOMES. HABITAT IS RAFFLING OFF A PLAYHOUSE FOR CHILDREN WITH PROCEEDS HELPING MOORE TORNADO VICTIMS.
01/11-01/12/2014 7:00-7:30 A.M. 30 MINUTES DURATION	HOME & GARDEN SHOW	KINSEY CROCKER A REPRESENTATIVE FOR HABITAT FOR HUMANITY IN NORMAN HALF THE PLATE SHOULD CONTAIN FRUITS AND VEGETABLES. A QUARTER OF THE PLATE IS PROTEIN AND THE OTHER QUARTER SHOULD BE WHOLE GRAIN. TWO SERVINGS OF FATTY FISH ARE ALSO RECOMMENDED.
01/11-01/12/2014 7:00 - 7:30 A.M. 30 MINUTES DURATION	IMPROVING DIETS	ALYSON DYKSTRA HOMELAND GROCERY DIETITIAN THE AGENCY NEEDS 21 MILLION DOLLARS MORE IN FUNDING TO KEEP SERVICES UP. 21 PERCENT OF A STATEWIDE SUBSTANCE ABUSE PROGRAM IS FUNDED BY FEDERAL AND STATE GRANTS. IT'S TO REDUCE THE NUMBER OF INJURY OR FATALITY CRASHES AT RAIL CROSSINGS. IT TAKES 18 FOOTBALL FIELDS FOR A LOCOMOTIVE TO STOP.
01/18-01/19/2014 7:00-7:30 A.M. 30 MINUTES DURATION	STATEWIDE SUBSTANCE ABUSE	COMMISSIONER OF MENTAL HEALTH AND SUBSTANCE ABUSE TERRI WHITE HE SAYS THE PRODUCE HASN'T BEEN RESEARCHED ENOUGH TO DETERMINE THE RISKS RELATED TO THE DEVICES. 250 BRANDS OF E-CIGS. 7.8 PERCENT OF OKLAHOMA CONFIRM THEY'VE USED THEM.
01/18-01/19/2014 7:00 - 7:30 A.M. 30 MINUTES DURATION	OPERATION LIFESAVE	SHERRY DIAS THEY ARE LOOKING FOR DISABLED STUDENTS 8 TO 16 YEARS OF AGE TO SIGN UP. THEY DO THE TYPICAL STUFF THAT HAPPENS IN REGULAR CAMP. THE DEADLINE TO APPLY IS THURSDAY, APRIL 24TH
01.25-1/26/2014 7:00 - 730 A.M. 30 MINUTES DURATION	SAFETY OF E-CIGS	STATE HEALTH COMMISSIONER DR. TERRY CLINE CAMP CLAPHANS CAMP FOR DISABLED YOUTH
01/25-01/26/2014 7:00-7:30 A.M. 30 MINUTES DURATION	CAMP CLAPHANS CAMP FOR DISABLED YOUTH	CAMP DIRECTOR KYLE COTTRELL

Radio Health Journal®

**Quarterly Issues Report – Q4 Fourth Quarter, 2013 10/6/13
through 12/29/13
Radio Health Journal Programs 13-40 through 13-52**

**During the fourth quarter of 2013 the following compliance issues
were covered:**

Healthcare	State Government
Consumerism	Referenda
Mental illness	Marketing and Advertising
Psychology	Agriculture
Homelessness	Food Security and Food Supply
Alcohol and Substance Abuse Treatment	Energy
Economics	Environment and Pollution
Youth at Risk	Animal Welfare
Parenting Issues	Consumer Safety
Public Health	Education
Crime	Drug and Alcohol Abuse
Police	Sexual Abuse
Courts and Criminal Justice System	Infants
Public Policy	Education
Law	Family Issues
Interpersonal Communication	Public Safety
Technology and Society	Government and Legislation
Social Media	Business and Industry
Media and Society	Weather and Health
Drugs and Illicit Drug Use	Prevention
Justice System	

Program # 13-40
Air week: 10-6-13

2:02 SEGMENT 1: ICU PTSD

12:54

Synopsis: A surprisingly high percentage of people who've been treated in intensive care units later suffer from post-traumatic stress disorder, often including hallucinations recalling horrible ICU incidents. This has led to coining a new syndrome--PTSD, or post intensive care syndrome. Experts discuss why the syndrome appears to occur and what's being done to treat and prevent it.

Host: Reed Pence. Guests: Dr. Dr. Joe Bienvenu, Assoc. Prof. of Psychiatry, Johns Hopkins Univ.; Dr. James Jackson, Asst. Prof. of Medicine, Vanderbilt Univ.

COMPLIANCE ISSUES COVERED: health care; consumerism; mental illness

15:59 SEGMENT 2: The science of success

7:36

Synopsis: "Success gurus" have wildly varying prescriptions for how to win in life, but how scientifically valid are their ideas? Two brain scientists discuss what research shows is important to success.

Host: Nancy Benson. Guests: Dr. Mark Fenske, Asst. Prof. of Psychology, Univ. of Guelph and Dr. Jeff Brown, psychologist, Harvard Medical School, co-authors, *The Winner's Brain: Eight Strategies Great Minds Use to Achieve Success*.

COMPLIANCE ISSUES COVERED: consumerism; psychology

Program # 13-41
Air week: 10-13-13

2:03 SEGMENT 1: "Wet houses"

13:23

Synopsis: Many shelter organizations require that homeless alcoholics be sober before they qualify for housing. However, many homeless alcoholics are not ready to stop drinking, yet need help. Experts discuss the pros and cons of a new form of housing that allows residents to continue drinking while reducing the harm of homelessness and alcoholism.

Host: Reed Pence. Guests: Bill Hobson, Executive Director, DESC of Seattle; Dr. Jeff Turnbull, Medical Director, Ottawa, ON, Inner City Health Program; William Moyers, Vice President of Public Affairs and Community Relations, Hazelden Foundation

COMPLIANCE ISSUES COVERED: homelessness; alcohol and substance abuse and treatment

16:30 SEGMENT 2: Cancer rehabilitation

7:33

Synopsis: Rehabilitation has been a staple of recovery for many illnesses, but often not after cancer treatment. Similarly, sometimes people about to undergo orthopedic surgery may be given exercises, or prehabilitation, to prepare them. A nationally known rehab specialist discusses using prehabilitation techniques for newly diagnosed cancer patients.

Host: Nancy Benson. Guest: Dr. Julie Silver, Assoc. Prof. of Physical Medicine and Rehabilitation, Harvard Medical School

COMPLIANCE ISSUES COVERED: consumerism; health care; economics

Program # 13-42
Air week: 10-20-13

2:00 SEGMENT 1: Kids' bitter medicine

11:50

Synopsis: Children's medicines are so notoriously bad-tasting that it can impact the effectiveness of treatment for serious illness. Experts discuss the problem, how taste works, some of the misconceptions about taste, and new ways to address the problem.

Host: Reed Pence. Guests: Dr. Bill Greene, Chief Pharmaceutical Officer, St. Jude Children's Research Hospital, Memphis; Jackie Tola, oncology nurse practitioner, Lurie Children's Hospital, Chicago; Dr. Julie Meneila, research scientists, Monell Chemical Senses Center, Philadelphia; Polly Hansen, Producer, Radio Health Journal.

COMPLIANCE ISSUES COVERED: youth at risk; parenting issues; health care; public health; consumerism

14:54 SEGMENT 2: Your therapist's brain

8:12

Synopsis: Many people have no idea how or why psychotherapy works. A well-known psychotherapist describes what therapists are thinking about while the patient is on the couch and how these thoughts guide treatment.

Host: Nancy Benson. Guest: Dr. Drew Parnutt, Clinical Professor of Psychology, George Washington Univ. and author, *Inside Your Therapist's Mind: How a Psychotherapist Thinks and Why It Works*

COMPLIANCE ISSUES COVERED: consumerism; health care

Program # 13-43
Air week: 10-27-13

2:03 SEGMENT 1: False confessions

13:48

Synopsis: Confessing to a crime that a person did not commit is a major reason for wrongful convictions. Scientists have found that the psychology of innocent people is a major reason for false confessions. Experts discuss the chain of events and psychology that allow them to occur, and public policy changes that could make them much more rare.

Host: Reed Pence. Guests: Dr. Max Guyll, Asst. Prof. of Psychology, Iowa State Univ.; Rob Warden, Executive Director, Center on Wrongful Convictions, Northwestern Univ. School of Law

COMPLIANCE ISSUES COVERED: crime; police; courts and criminal justice system; public policy; law

16:51 SEGMENT 2: Health effects of "springing ahead and falling back"

6:34

Synopsis: Many people dismiss the body disruption of the time change as we enter and leave daylight saving time. However, each season, car crashes increase for a few days. Is that proof? Experts discuss our internal body clocks and how people can make time transitions easier.

Host: Nancy Benson. Guests: Dr. Sidney Speisell, Clinical Prof. of Medicine, Yale Univ., and contributor, *State* magazine; Dr. Charmane Eastman, Prof. of Behavioral Sciences and Director, Biological Rhythms Research Lab, Rush Univ. Medical Center.

COMPLIANCE ISSUES COVERED: consumerism; public health

Program # 13-44
Air week: 11-3-13

2:03 SEGMENT 1: The psychology and emotions of social networks

13:04

Program # 13-46
Air week: 11-17-13

COMPLIANCE ISSUES COVERED: consumerism; youth at risk; drug safety

Host: Nancy Benson, Guest: Sherry Tokos, pharmacist and author, *The Canadian Encyclopedia of Natural Medicine and Saving Women's Hearts*

Synopsis: Most people's medicine cabinet is a disorganized mess with problems that could prevent healing and even threaten health. A pharmacist advised what should be in your medicine cabinet and how to keep those medicines safe and effective.

15:15 SEGMENT 2: Inside your medicine cabinet 7:37

COMPLIANCE ISSUES COVERED: Drugs and illicit drug use; public policy; laws, crime and justice system; state government; referenda; alcohol; marketing and advertising; youth at risk

Host: Reed Pence, Guest: Dr. David Null, Prof. of Neuropsychopharmacology, Imperial College, London, Chairman, Independent Scientific Committee on Drugs and former UK Government advisor on drugs; Dr. Kevin Sabel, Director, Project SAM (Smart Approaches to Marijuana), author, *Reeler Sanly: Seven Great Myths About Marijuana*, and former Senior Advisor, White House Office of National Drug Control Policy; Steve Fox, Principal, Marijuana Strategies and co-author, *Marijuana Is Safer. So Why Are We Driving People to Drink?*; Paul Armentano, Deputy Director, National Organization for the Reform of Marijuana Laws and co-author, *Marijuana Is Safer. So Why Are We Driving People to Drink?*

Synopsis: With the legalization of recreational marijuana use in Colorado and Washington, experts and other states will be watching closely to see whether the cannabis experience is similar to alcohol. Some experts fear that marijuana will be heavily marketed like alcohol. But marijuana supporters welcome the comparison, claiming that pot will show itself as a safer alternative. Experts and advocates discuss.

2:05 SEGMENT 1: Marijuana: how much like alcohol? 12:08

Program # 13-45
Air week: 11-10-13

COMPLIANCE ISSUES COVERED: consumerism; public health; youth at risk; technology

Host: Nancy Benson, Guest: Dr. Dr. William Schaffner, Prof. of Preventive Medicine, Vanderbilt Univ. School of Medicine, to fight it.

Synopsis: Thousands of Americans die each year as a result of the flu, prompting a major effort by public health officials to get people vaccinated for the flu. A nationally known expert discusses this year's flu season and changes in the vaccine

16:08 SEGMENT 2: Flu season 2013 7:49

COMPLIANCE ISSUES COVERED: psychology; interpersonal communication; technology and society; social media; media and society

Host: Reed Pence, Guest: Dr. Cliff Lampe, Assoc. Prof., Univ. of Michigan School of Information; Dr. Chris Carpenter, Asst. Prof. of Communication, Western Illinois Univ.

Synopsis: Facebook has revolutionized our relationships and interpersonal communications in less than 10 years. Studies are beginning to reveal how people use social media and the differing psychological effects of these styles of use. Experts discuss.

2:04 SEGMENT 1: Meat from a test tube: the future of dinner? 12:49

Synopsis: Laboratory-grown beef has reached the taste-test stage, and scientists hope to use it to eventually replace the current means of livestock agriculture. If successful, cultured meat could save huge amounts of land and energy, reduce pollution and improve animal welfare. But will consumers accept it? The world's foremost cultured meat scientist and a food futurist discuss.

Host: Reed Pence, Guests: Josh Schonwald, author, The Taste of Tomorrow: Dispatches from the Future of Food, Dr. Mark Post, Prof. of Physiology, Maastricht Univ., Netherlands and leader of cultured meat project.

COMPLIANCE ISSUES COVERED: agriculture; technology; food security and food supply; energy; environment and pollution; animal welfare; consumerism; economics

15:55 SEGMENT 2: Food poisoning apps 7:10

Synopsis: Food poisoning claims thousands of lives each year in the US and makes millions more sick. A food safety expert and FDA authority discuss ways to keep food safe, including new smartphone apps with a variety of functions.

Host: Nancy Benson, Guests: Linda Larson, editor, Food Poisoning Bulletin; Michael Taylor, Deputy Commissioner for Foods and Veterinary Medicine, US Food and Drug Administration.

COMPLIANCE ISSUES COVERED: consumerism; technology; consumer safety; public health

Program # 13-47
Air week: 11-24-13

2:03 SEGMENT 1: Why college students drink 11:51

Synopsis: An expert explains one of the first thorough studies into how and why college students binge drink. The results suggest that binge drinking will be hard to curb, but that colleges can tap into student habits to reduce the harm that comes from binge drinking.

Host: Reed Pence, Guest: Dr. Thomas Vander Ven, Prof. of Sociology and Anthropology, Ohio Univ. and author, Getting Wasted: Why College Students Drink Too Much and Party So Hard.

COMPLIANCE ISSUES COVERED: youth at risk; education; drug and alcohol abuse; sexual abuse

14:56 SEGMENT 2: Ankle replacement 7:58

Synopsis: Hip and knee replacements are common, and doctors now say ankle replacements have become technically good enough to make fusion obsolete for arthritis patients in severe pain. A doctor and patient discuss.

Host: Nancy Benson, Guests: Dr. Simon Lee, foot and ankle surgery specialists, Rush Univ. Medical Center and Midwest Orthopedics, Chicago; Robert Corwin, ankle replacement patient and judo instructor, Yorkville, IL.

COMPLIANCE ISSUES COVERED: consumerism; technology

Program # 13-48
Air week: 12-1-13

2:04 SEGMENT 1: Breastmilk sharing 13:19

Synopsis: Thousands of new mothers who are unable to make enough milk for their babies have turned to web site matching with women who produce more than enough and are willing to share it or sell it. Experts discuss the risks of sharing with unknown donors and alternatives that might reduce the risks.

Host: Reed Pence, Guest: Dr. Sarah Keim, Principal Investigator, Nationwide Children's Hospital, Columbus, OH and Asst. Prof. of Pediatrics, Ohio State Univ.; Dr. Amy Tuteur, obstetrician-gynecologist and author, SkepticalOB.com; Emma Kwasnica, founder, Human Milk 4 Human Babies Global Network.

COMPLIANCE ISSUES COVERED: Infants and youth at risk; health care; public health; consumerism and consumer safety

16:25 SEGMENT 2: Keeping secrets from your doctor

7:32

Synopsis: Patients often keep lifestyle secrets from their physicians even though it may be harmful to their health. Experts discuss the most common reasons for secret-keeping and the consequences that may result.

Host: Nancy Benson, Guests: Dr. Daphne Miller, family physician, San Francisco; Karen Giblin, President, Red Hot Mamas menopause management program

COMPLIANCE ISSUES COVERED: health care; public health; consumerism; youth at risk

Program # 13-49
Air week: 12-8-13

2:04 SEGMENT 1: Backlash against overparenting

13:06

Synopsis: "Helicopter parents" are common, hovering over and intervening in everything their children do. New research is showing that overparented children often fail when they go to college and have to survive on their own. Experts discuss how overparenting creates dependence in children and how parents can start backing off.

Host: Reed Pence, Guests: Lenore Skenazy, author, *Free Range Kids* book and blog (FreeRangeKids.com); Dr. Neil Montgomery, Prof. of Psychology, Keene State College; Carl Honore, author, *Under Pressure: Rescuing Our Children From the Culture of Hyper-Parenting and In Praise of Slowness: How a Worldwide Movement is Challenging the Culture of Speed*

COMPLIANCE ISSUES COVERED: Youth at risk; education; parenting and family issues; public safety

16:12 SEGMENT 2: Accentuating the positive

7:47

Synopsis: As a survival mechanism, the human brain is wired to remember negative events more strongly than positive ones. An expert neurologist discusses changes in thinking that can create more positive physical brain pathways, making us happier.

Host: Nancy Benson, Guest: Dr. Rick Hanson, author, *Hardwiring Happiness: The New Brain Science of Contentment, Calm and Confidence*

COMPLIANCE ISSUES COVERED: technology; psychology

Program # 13-50
Air week: 12-15-13

2:04 SEGMENT 1: Orphan drugs

12:21

Synopsis: The Orphan Drug Act of 1983 gave incentives to drugmakers to develop medicines for rare diseases. Far more orphan drugs have been created, but the Act has also had unintended consequences. Without competition, some orphan drugs are priced so high that insurers balk at paying fully for them. Profits on orphan drugs can be so great that drugmakers ignore normal drugs. Yet orphan drug science often ends up helping people with other diseases. Experts discuss.

Synopsis: Low income women have a much higher rate of unintentional pregnancy than those with higher incomes. Experts explain some of the reasons and the serious consequences, both for families and for the nation, in its poverty rate and workforce composition.

2:04 SEGMENT 1: Fertility and the poor

12:01

Program # 13-52
Air week: 12-29-13

COMPLIANCE ISSUES COVERED: health care; public health; prevention; economics

Assn. Foundation

Host: Nancy Benson. Guests: Ben Blum, Senior Vice President for Research and Innovation, American Pharmacists

Synopsis: A demonstration project has shown that involving community pharmacists in diabetes care can markedly improve medication adherence and health results for people in virtually any walk of life. An expert involved in the project discusses how it works and how the idea could be used for other chronic diseases.

15:34 SEGMENT 2: Pharmacists and diabetes treatment

8:30

COMPLIANCE ISSUES COVERED: health care; public health; weather and health; prevention; family issues

Host: Reed Pence. Guests: Dr. Christopher Michos, Connecticut ER physician; Dr. Robert Kloner, Director of Research, Heart Institute, Good Samaritan Hospital, Los Angeles and Prof. of Medicine, Keck School of Medicine, Univ. of Southern California; Dr. David Phillips, Prof. of Sociology, Univ. of California at San Diego.

Synopsis: The holidays are like no other time in your local hospital's emergency department. Having family in from out of town results in pickup injuries, carving knife gashes, and maladies that should have been addressed long ago. It also creates a spike in dead-on-arrival cases greater than any other days of the year. Experts discuss why these occur and how to prevent them.

2:04 SEGMENT 1: Holidays in the ER

12:28

Program # 13-51
Air week: 12-22-13

COMPLIANCE ISSUES COVERED: children at risk; education; school safety; public health; government and legislation; parenting issues; consumerism

Host: Nancy Benson. Guests: Rachel Brandeis, registered dietitian; Dr. James Sublett, Managing Partner, Family Allergy & Asthma, Louisville, KY and President-Elect, American College of Allergy, Asthma and Immunology

Synopsis: One of every 12 children now has a food allergy, and when two kids in every average classroom are affected, all their classmates' families need to know about them, too. Experts discuss why allergies occur, how they differ from sensitivities, and how a new law could save lives of children hit with an allergic reaction.

15:27 SEGMENT 2: Children's food allergies

7:39

COMPLIANCE ISSUES COVERED: government and legislation; economics; business and industry; consumerism

Host: Reed Pence. Guests: Dr. Ian Phillips, Prof. of Applied Life Sciences and Director, Center for Rare Disease Therapies, Keck Graduate Institute; Tim Cote, CEO, Cote Orphan Consulting and former Director, FDA Office of Orphan Products; Dr. Joshua Cohen, Senior Research Fellow, Tufts Center for the Study of Drug Development

Host: Reed Pence, Guests: Dr. Lawrence Finer, Director of Domestic Research, Guttmacher Institute; Dr. Victoria Jennings, Prof. of Obstetrics & Gynecology and Director, Institute for Reproductive Health, Georgetown University.

COMPLIANCE ISSUES COVERED: women's issues; poverty; abortion and family planning; youth at risk; employment; education; federal government and welfare.

15:07 SEGMENT 2: Seriously ill teens will still be teens

7:11

Synopsis: Seriously ill teenagers still act like teens in the hospital, sometimes aided and abetted by staff. A novelist discusses her observations from years on the hospital floor with her sick child as the basis for her new book.

Host: Nancy Benson, Guest: Hollis Seamon, Prof. of English, College of St. Rose, faculty, MFA in Creative Writing program, Fairfield Univ. and author, *Somebody Up There Hates You*.

COMPLIANCE ISSUES COVERED: youth at risk; parenting and family issues

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KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
11/30-12/1 2013 7:00 A.M. duration 30 min	SEASON OF THANKSGIVING DR. TOM OGBURN - 1ST BAPTIST CHURCH OKC	RELATIONSHIPS ARE EVERYTHING. POSSESSIONS ARE NOTHING. FAMILIES EXPERIENCE GREAT JOYS & DYSFUNCTIONS. RECLAIMING RELATIONSHIPS SHOULD BE DONE.
11/30-12/1 2013 7:00 A.M. duration 30 min	PROFESSIONAL SOCCER JOHN ALLGOOD VICE PRESIDENT WITH PRODIGAL SPORTS	A USL PRO LEAGUE TEAM, THE OKC ENERGY, BEGINS PLAYING AT MCGUINNESS HIGH SCHOOL. THE TICKET PRICE POINT IS 9 DOLLARS SEASON TICKETS 235-KICK
11/30-12/1 2013 7:00A.M. duration 30 min	NATIONAL HOSPICE MONTH DR. STEVE DRABECK INTEGRIS MEDICAL CENTER IN YUKON	MAKING TERMINALLY ILL PEOPLE MORE COMFORTABLE IN THEIR HOMES IS VITAL. HOSPICE IS MORE AFFORDABLE THAN LONGTERM CARE IN A HOSPITAL.
12/7 -12/8 2013 7:00 A.M. duration 30 min	REGIONAL FOOD BANK ANGIE GAINES - MARKETING	PROVIDING FOOD TO 90-THOUSAND OKLAHOMANS PER WEEK. CHESAPEAKE IS PROVIDING A MATCH THROUGH JANUARY 15TH. 972-1117 FOR DONATIONS.
12/7-12/8 2013 7:00 A.M. duration 30 min	DALE ROGERS CENTER LISA RILEY - MARKETING	THE CENTER IN NORTHWEST OKC PROVIDES TRAINING AND EDUCATION TO CHALLENGED ADULTS. CLIENTS PROVIDE JANITORIAL & FOOD SERVICE. THEY OWN A FRAMING SHOP TOO.
12/7-12/8 2013 7:00 A.M. duration 30 min	SENIOR GOLF TOURNAMENT OAK TREE GOLF IN EDMOND JEFF EWING - TOURNAMENT DIR.	JULY 7TH-13TH. TICKET SALES ARE UNDERWAY. BOB TWAY & SCOTT VERPLANK WILL BE ON HAND. THE TOURNAMENT WILL BE TELEVISED ON THE GOLF CHANNEL & NBC-TV.
12/14-12/15 2013 7:00 A.M. duration 30 min	MAPS AT 20 FORMER MAYOR RON NORICK	HADN'T THE MAPS TAX PASSED, THE METRO WOULDN'T HAVE BEEN A PLACE TO LIVE. BALLPARK, MUSIC HALL AND MYRIAD UNDERWENT WERE REMODELED.
12/14-12/15 2013 7:00 A.M. duration 30 min	BURNS AND PLASTIC SURGERY DR. PAUL SILVERSTEIN	SILVERSTEIN LEARNED FROM HIS TOUR OF DUTY IN VIETNAM. HE NOW PRACTICES PLASTIC SURGERY. BREAST AUGMENTATION AND NOSE JOBS.

<p>12/21-12/22 2013 7:00 A.M. duration 30 min</p>	<p>SALVATION ARMY - OKC JANINE SOUTH</p>	<p>SAL PROVIDES WARMING STATIONS AND IS CONDUCTING A NEW COAT DRIVE. ANGEL TREES ARE UP AT MALLS. RED KETTLE DRIVE PAYS FOR FOOD AND SHELTER FOR THE POOR.</p>
<p>12/21-12/22 2013 7:05A.M. duration 30 min</p>	<p>OKC PUBLIC SCHOOLS INTERIM SUPERINTENDENT DAVE LOPEZ</p>	<p>OUTLINES SUPERINTENDENT SEARCH HE HOPES TO HAVE THAT PERSON IN PLACE BY THE END OF THE SCHOOL YEAR. LOPEZ SAYS A STRONG COMMUNICATOR IS A MUST</p>

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
11/2-11/3 2013 7:00 A.M. duration 30 min	DRUG REHABILITATION NARCONON ANGIE SMITH & LIBERTY BURKHART	THE TREATMENT CENTER HAS BEEN IN OPERATION 22 YEARS. IT TEACHES HOW TO IMPROVE PHYSICAL HEALTH AND LIFE SKILLS IT USES VITAMINS AND DRY HEAT
11/2-11/3 2013 7:00 A.M. duration 30 min	STATE FOSTER CARE & ADOPTION DHS OFFICIAL SHAREE POWELL	10-THOUSAND CHILDREN ARE IN STATE CUSTODY. VIOLENCE & DRUGS ARE THE MAIN ISSUES. BECOMING A FOSTER PARENT CAN TAKE 90 DAYS
11/9-11/10 2013 7:00 A.M. duration 30 min	STATE DEPT OF VETERANS AFFAIRS SPOKESMAN SHANE FAULKNER	A NEW MOBIL COMMAND CENTER IS BEING USED. IT HELPS VETS IMPACTED BY DISASTER. 7 LIVING CENTERS ARE OPERATING IN THE STATE AS WELL. ODVA ON LINE
11/9-11/10 2013 7:00 A.M. duration 30 min	CERTIFIED PUBLIC ACCOUNTANT JOSHUA JENSEN OF EDMOND	DEALING WITH THE FEDERAL HEALTHCARE PROGRAM CAN BE DEALT WITH BY A CPA. MAKE CLOTHING, FURNITURE AND EQUIPMENT DONATIONS TO HELP TAX SITUATION
11/16-11/17 2013 7:00 A.M. duration 30 min	OPERATION LIFESAVER EXECUTIVE DIRECTOR SHERRI SOLIZ	THE PROGRAM DATES BACK 40 YEARS TO EDUCATE ABOUT RAIL CROSSINGS. 3 FATALITY CRASHES SINCE JUNE IN THE REGION. DISTRACTED DRIVING IS THE BIGGEST CAUSE.
11/16-11/17 2013 7:00 A.M. duration 30 min	WOMENS SELF ESTEEM MY BODY - MY LIFE NORMAN POLICE SGT BOB MOORE	IT HELPS YOUNG WOMEN TO MAKE BETTER DECISIONS. THEY'VE TRAINED 15 LAW OFFICERS IN THE PROGRAM GIVES WOMEN TOOLS TO ADDRESS VIOLENCE AGAINST THEM.
11/23-11/24 2013 7:00 A.M. duration 30 min	HOSPICE CARE INTEGRIS HOSPICE DR. STEVE DRABEK	IT MAINTAINS A QUALITY OF LIFE & COMFORT THROUGH PAIN MANAGEMENT. TERMINALLY ILL PATIENTS CAN STAY AT HOME & IT'S CHEAPER
11/23-11/24 2013 7:00 A.M. duration 30 min	FOOD SAFETY STATE EPIDEMIOLOGIST JOLIE STONE	KEEP HANDS WASHED AND UTENSILS CLEAN. COOK AT 165 DEGREES AND USE A THERMOMETER. KEEP TRIMMINGS HOT AND COLD WITHIN AN HOUR.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
10/5-10/6 2013 7-7:30 AM	STREETCARS PROJECT COMMITTEE CHAIR NATE HARDING	THE 100 MILLION DOLLAR PROJECT SHOULD START 2014 AND END 2017
10/5-10/6 2013 7-7:30 AM duration 30 min	STORM SHELTERS INITIATIVE PETIT REPRESENTATIVE JOE DORMAN SCHOOL ADMINISTRATOR KATHY TAYLOR	19-THOUSAND SIGNATURES BY DEC 19TH. THEY WANT THE ISSUE ON A SPRING BALLOT. 7 KIDS DIED IN MOORE WHEN TORNADOES HIT.
10/5-10/6 2013 7-7:30 AM duration 30 min	DALE ROGERS TRAINING CENTER PIO LISA RILEY	THE 60TH ANNIVERSARY OF THE FACILITY IS CELEBRATED. TRAINING FOR DISABLED ADULTS TO MAKE THEM EMPLOYMENT READY. 83% OF CLIENTS WORK & EARN A CHECK
10/5-10/6 2013 7-7:30 AM duration 30 min	FRONTIER COUNTRY PIO KATIE PUCKETT	FRONTIER COUNTRY PROMOTES EVENTS ACROSS 12 COUNTIES. WINE WALK IS SATURDAY NOV. 2 AT BROOKHAVEN VILLAGE IN NORMAN FEATURING A DOZEN WINES.
10/5-10/6 2013 7-7:30 AM duration 30 min	MEGHAN WALKER - DOWNS CENTER ASSOCIATION	A GENETIC ABNORMALITY ON THE 21ST CHROMOSOME. THEY PROVIDE EDUCATION, EMPLOYMENT AND PLANNING SERVICES. OCT 19TH IS THE BUDDY WALK AT BRICKTOWN.
10/19-10/20 2013 7-7:30 AM duration 30 min	OKLAHOMA BUREAU OF NARCOTICS MARK WOODWARD	PRESCRIPTION DRUG ABUSE & HUMAN TRAFFICKING ARE MAJOR ISSUES. SYNTHETIC DRUGS SOLD IN C-STORES IS A MAJOR HEALTH CONCERN.
10/19-10/20 2013 7-7:30 AM duration 30 min	OHP TROOPER BETSY RANDOLPH	CRASHES & FATALITIES ARE DOWN DISTRACTED DRIVING IS A MAJOR ISSUE. WEARING BELTS & KEEPING CHILDREN IN CAR SEATS IS VITAL. SLOW DOWN IN WINTER WEATHER
10/19-10/20 2013 7-7:30 AM duration 30 min	PROJECT 180 IN DOWNTOWN OKC SHANNON COX WITH THE CITY PUBLIC WORKS DEPARTMENT	PHASE TWO OF PROJECT 180 IS UNDERWAY. RENOVATION OF STREETS SIDEWALKS, BENCHES AND SIGNALS ROBINSON TO MCGEE WILL BE IMPACTED.
10/26-10/27 2013 7-7:30 AM duration 30 min	OKLAHOMA CITY ZOO 30TH ANNIVERSARY OF HAUNT THE ZOO. PIO TARA HENSON	HAUNT THE ZOO IS OCT 24TH - 31ST IT IS A FUNDRAISER FOR THE ZOO. IT TAKES 900 VOLUNTEERS TO MAKE IT WORK.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
8/31-9/1 2013 7:00-7:30 A.M.	OKC COMMUNITY COLLEGE ARTS FESTIVAL	JENNIFER LASHBROOK IS FEATURED ARTIST USING PAINT SWATCHES
8/31-9/1 2013 7:00-7:30 A.M. duration 30 min	PROJECT LIFE RUN SATURDAY, OCT 5TH AT HEFNER	FIRE CAPTAIN BENNY FULKERSON SAYS PROCEEDS GO TO PURCHASE SMOKE ALARMS FOR LOW & MODERATE INCOME RESIDENTS. 25% OF ALARMS AREN'T WORKING
9/7-9/8 2013 7:00-7:30 A.M. duration 30 min	EMSA TOTALCARE ENROLLMENT AFFORDABLE MEDICAL CARE	OKC SPOKESPERSON KRISTY YAEGER SAYS THE PROGRAM ADDS A FEE EACH MONTH ON THE WATER BILL FOR FREE AMBULANCE RIDES. A TRIP BY EMSA COST 1700 A RIDE.
9/7-9/8 2013 7:00-7:30 A.M. duration 30 min	PREPAREDNESS MONTH STATE URGES FOLKS TO BE READY	MICHAELANN OOTEN SAYS MAKE AN EMERGENCY KID WITH WATER, MEDS, FLASHLIGHTS AND NON- PERISHABLE FOODS. DO THAT AT THE WORKPLACE.
9/7-9/8 2014 7:00-7:30 A.M. duration 30 min	SUBSTANCE ABUSE IN OKLAHOMA	STATE COMMISSIONER TERRI WHITE SAYS SUBSTANCE ABUSE IMPACTS 1 IN 4 PEOPLE. PRESCRIPTION PAIN KILLERS ARE THE BIGGEST PROBLEM. POT IS THE TOP GATEWAY DRUG IN OK.
9/14-9/15 2013 7:00-7:30 A.M. duration 30 min	OKLAHOMA CITY MAPS 3 UPDATE MASSIVE PUBLIC PROJECT EFFORT	DIRECTOR DAVID TODD SAYS LAND FOR THE NEW 70 ACRE PARK HAS BEEN ACQUIRED. THE NEW CONVENTION CENTER WILL BE NEAR MYRIAD GARDENS SIDEWALKS & TRAILS ARE UNDERWAY
9/14/9/15 2013 7:00-7:30 A.M. duration 30 min	PARKINSON GOLF TOURNAMENT SEPTEMBER 23RD AT THE GREENS	JIM KEATING DIRECTOR OF PARKINSON ASSOCIATION SAYS 15-THOUSAND FOLKS HAVE BEEN DIAGNOSED IN AREA. RAISED 75-THOUSAND LAST YEAR. MONEY STAYS LOCAL.
9/21-9/22 2013 7:00-7:30 A.M. duration 30 min	INTEGRIS WOMEN'S HEALTH FAIR VENUES ACROSS CENTRAL OK	DR. MARY ANN BAUMAN SAYS ACTRESS JAMIE LEE CURTIS WILL SPEAK TWICE. SEPT 29TH A WORKSHOP FOCUSES ON HEAL ISSUES AMONG BLACK WOMEN.
9/21-9/22 2013 7:00-7:30 A.M. duration 30 min	OKC POLICE ATHLETIC LEAGUE. COPS OFFER ACTIVITIES AND MENTORING TO AT RISK YOUTH	PAL DIRECTOR PETER EVENS SAYS THEY ARE INVOLVED IN 30 CAMPUSES GIVING KDS AWAY FROM GANGS AND DRUGS. THEY NEED MALE MENTORS PAL IS AT 3800 SOUTH ROBINSON.

<p>9/28-9/29 2013 7:00-7:30 A.M. duration 30 min</p>	<p>OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH.</p>	<p>JAN PEERY WITH THE YWCA SAYS 1 IN 4 WOMEN ARE IMPACTED BY DOMESTIC VIOLENCE. OKLAHOMA IS THIRD IN NATION IN SUCH DEATHS. WREATH OF HOPE EVENT OCT 3RD</p>
<p>9/28-9/29 2013 7:00-7:30 A.M. duration 30 min</p>	<p>HABITAT FOR HUMANITY HELPS REGIONAL TORNADO VICTIMS</p>	<p>HABITAT DIRECTOR ANN FELTON SAYS THEY SEEK APPLICANTS TO BUILD 400 HOMES. CALL 232-4828. IT REQUIRES 50 HOURS OF SWEAT EQUITY.</p>

Radio Health Journal®

**Quarterly Issues Report – Q3 Third Quarter, 2013 7/7/13
through 9/29/13
Radio Health Journal Programs 13-27 through 13-39
During the third quarter of 2013 the following compliance issues
were covered:**

- | | |
|--------------------------------|-----------------------------------|
| Highway Safety | Aging |
| Legal Issues | Child Abuse |
| Local and Municipal Government | Child Safety and Child Protection |
| Mental Illness | Colleges and Universities |
| Military | Consumer Safety |
| Nutrition | Consumerism |
| Parenting Issues | Discrimination |
| Politics | Drugs and Drug Abuse |
| Pop culture | Drunk Driving |
| Psychology | Economics |
| Public Health | Education |
| Public Safety | Elderly |
| Science and Technology | Elections |
| Senior Citizens | Environment |
| Technology | Ethics |
| Violence in Society | Family Issues |
| Women's Issues | Food Safety |
| Worker Safety | Government and Regulations |
| Youth at Risk | Healthcare |

Program # 13-27
Air week: 7-7-13

2:03 SEGMENT 1: Sibling abuse

14:03

Synopsis: Psychological or physical abuse by siblings is much more common than most people realize. It can leave severe psychological scars. However, parents often downplay it, calling it "normal sibling rivalry." Experts discuss the extent of the problem, warning signs of abuse, and how parents can act without involving family services officials and endangering the family.

Host: Reed Pence, Guests: Dr. John Caffaro, Distinguished Prof., California School of Professional Psychology; Nancy Kluge, PTSD trainer, abuse survivor and author, Gilt in the Water; Dr. Mandy Morrill, Asst. Prof. of Psychology, Valparaiso Univ.

COMPLIANCE ISSUES COVERED: public health; youth at risk; child abuse, child safety and child protection; parenting issues

17:09 SEGMENT 2: Are pelvic exams necessary?

6:42

Synopsis: The bimanual pelvic exam is a part of the vast majority of visits to the obstetrician-gynecologist. But some doctors say they're unnecessary, are not good at detecting disease, and may even cause more harm than good. Experts discuss.

Host: Nancy Benson, Guests: Dr. George Sawaya, Prof. of Obstetrics, Gynecology and Reproductive Sciences, Univ. of California-San Francisco; Dr. Susan Spear, Sr. Vice President of Medical Affairs, EHE International

COMPLIANCE ISSUES COVERED: consumerism; health care; women's issues

Program # 13-28
Air week: 7-14-13

2:03 SEGMENT 1: Schizophrenia denial

12:44

Synopsis: One of the most difficult aspects of schizophrenia treatment is a frontal lobe disability in half of patients which causes them to deny that they are ill, prompting rejection of medication or therapy. A noted expert discusses the effects of this on patients, families and therapists, and how families can get people with schizophrenia into treatment despite this problem.

Host: Reed Pence, Guest: Dr. Xavier Amador, Prof. of Psychology, Columbia Univ., Director, LEAP Institute and author, I Am Not Sick, I Don't Need Help: How to Help Someone with Mental Illness Accept Treatment

COMPLIANCE ISSUES COVERED: mental illness; consumerism; education; family issues

15:48 SEGMENT 2: Medicine in plain language

8:13

Synopsis: Doctors and scientists have long been criticized for seemingly being unable to speak in understandable language. Medical schools are now beginning to teach this skill. We look at how one such effort works.

Host: Nancy Benson, Guests: Dr. Evonne Kaplan-Liss, Assoc. Prof. of Preventive Medicine, Stony Brook Univ. and Director, Advanced Graduate Certificate in Health Communications; Ashwin Malhotra, medical student, Stony Brook Univ.; Dr. Zack Berger, Asst. Prof. of Medicine, Johns Hopkins Univ. and author, Talking to Your Doctor: A Patient's Guide to Communication in the Exam Room and Beyond

COMPLIANCE ISSUES COVERED: consumerism; health care

Program # 13-29
Air week: 7-21-13

2:04 SEGMENT #1: The limits of aging

12:55

Synopsis: Recent advertising campaigns claim that a 150-year lifespan is imminent. But is it? Experts discuss what we know about the limits of aging, quality of life and care for the aged, the relationship of research and lifespan, and whether people would actually want to live a century and a half even if they could.

Host: Reed Pence. Guests: Dr. Laura Carstensen, Prof. of Psychology, Stanford Univ. and Director, Stanford Center on Longevity; Dr. Steven Austad, Prof., Barshrop Institute for Longevity and Aging Studies, Univ. of Texas Health Science Center, San Antonio; Nancy Berlinger, Research Scholar, Hastings Center and lead author, Guidelines for Decisions on Life-Sustaining Treatment and Care Near the End of Life

COMPLIANCE ISSUES COVERED: Aging; senior citizens; technology; ethics

16:02 SEGMENT #2: "Photographic memory"

7:48

Synopsis: Some people who remember things extremely well may claim they have a "photographic memory," but some experts say such a thing doesn't really exist. Experts discuss how memory works.

Host: Nancy Benson. Guests: Dr. Barry Gordon, Prof. of Neurology and Cognitive Science, Johns Hopkins Univ.; Dr. Rodney Roediger, Washington Univ., St. Louis.

COMPLIANCE ISSUES COVERED: science and technology; education

Program # 13-30
Air week: 7-28-13

2:04 SEGMENT #1: Lowering the DUI threshold

12:00

Synopsis: The National Transportation Safety Board has recommended lowering the DUI threshold from .08 BAC to .05 as a means of reducing drunk driving. Advocates are divided on whether such a reduction would have much effect, and the legislative fight would drag on for years. Experts discuss this and other moves that might have larger and more immediate impact.

Host: Reed Pence. Guests: Deborah Hersman, Chairman, National Transportation Safety Board; Jan Willhens, National President, MADD (Mothers Against Drunk Driving); Ray Peck, head of R.C. Peck & Assoc. and Project Chief Research Scientist, Pacific Institute of Research & Evaluation; Gary Biller, President, National Motorists Assn.

COMPLIANCE ISSUES COVERED: drunk driving; highway safety; public safety; government and regulation; legal issues

15:08 SEGMENT #2: What Doctors Feel

8:44

Synopsis: Doctors are often accused of holding emotions too much at bay. A physician who has examined the issue discusses the importance of emotion in the practice of medicine.

Host: Nancy Benson. Guests: Dr. Danielle Ofri, Assoc. Prof. of Medicine, New York Univ. and author, What Doctors Feel: How Emotions Affect the Practice of Medicine

COMPLIANCE ISSUES COVERED : health care; public health; consumerism; education

Program # 13-31
Air week: 8-4-13

2:05 SEGMENT #1: Refuse workers: respect your local garbage man 12:09

Synopsis: It turns out that day in and day out, refuse workers have the most dangerous municipal job, with more injuries than police or firefighters. Two experts discuss the massive job of hauling our garbage away.

Host: Reed Pence. Guests: Robin Nagle, Clinical prof. of Anthropology and Urban Studies, New York Univ., anthropologist in residence, New York Sanitation Dept., and author, Picking Up: On the Streets and Behing the Trucks with the Sanitation Workers of New York City; Sam Shick, franchise operator, 1-800-GOT-JUNK.

COMPLIANCE ISSUES COVERED : local and municipal government; worker safety; environment

15:15 SEGMENT #2: Odd medical treatments of the past 7:47

Synopsis: An expert examines how far we've come in medicine by focusing on past practices, which lead him to conclude doctors in ancient Greece provided better care than those in the US 150 years ago.

Host: Nancy Benson. Guest: Nathan Belofsky, author, Strange Medicine: A Shocking History of Real Medical Practices Through the Ages.

COMPLIANCE ISSUES COVERED : education; consumerism

Program # 13-32
Air week: 8-11-13

2:05 SEGMENT #1: Supermarket dietitians 12:29

Synopsis: One of the hottest food store trends is the rapidly increasing number of supermarket dietitians. Experts discuss the extra value of health providers offering hands on advice to customers in the very place food purchase decisions are made.

Host: Reed Pence. Guests: Nancy Tringali Pihio, Director, Shopping for Health; Phil Lempert, CEO, Retail Dietitians Business Alliance; Food Trends Editor, NBC's Today and Contributing Editor, Supermarket News; Sharon Palmer, registered dietitian and author, The Plant Power Diet

COMPLIANCE ISSUES COVERED : consumerism; public health and nutrition; economics

15:32 SEGMENT #2: New treatments for irritable bowel syndrome 8:31

Synopsis: Irritable bowel syndrome affects a surprisingly large proportion of Americans, yet many do not get help. An expert discusses new treatments that could ease the suffering of millions.

Host: Nancy Benson. Guest: Dr. Steven Lamm, Director, New York Univ. Men's Health Center and author, No Guts, No Glory.

COMPLIANCE ISSUES COVERED : education; consumerism

Program # 13-33
Air week: 8-18-13

1:55 SEGMENT #1: Caffeine in foods

13:03

Synopsis: Caffeine used to be present in only coffee, tea, and some sodas. Now energy drinks have opened the door to added caffeine in all kinds of foods, from pancake syrup to candy. Experts discuss if foodmakers have overstepped limits of safety and propriety, and whether the FDA needs to step in with the limits it is considering.

Host: Reed Pence, Guests: Dr. Michael Jacobson, Executive Director, Center for Science in the Public Interest; Michael Taylor, Deputy Commissioner for Foods, US Food and Drug Administration; Dr. Marcie Schneider, adolescent medicine specialist, Greenwich, CT, and author of report from American Academy of Pediatrics report on energy drinks and sports drinks.

COMPLIANCE ISSUES COVERED: consumerism; food safety; consumer safety; public health and nutrition; child safety; federal government and regulation

16:00 SEGMENT #2: Leadership and mental illness

8:01

Synopsis: Studies show that in good times, "level headed" leaders do well. However, one leading expert on mood disorders explains that in times of war and crisis, leaders such as Lincoln, Franklin Roosevelt and M.L. King, who led utilizing traits of mental illness, may be more effective.

Host: Nancy Benson, Guest: Dr. Nassir Ghaemi, Prof. of Psychiatry and Director, Mood Disorders Program, Tufts Univ., and author, *A First Rate Madness*.

COMPLIANCE ISSUES COVERED: military; government, politics, and elections; mental illness

Program # 13-34
Air week: 8-25-13

2:01 SEGMENT #1: Study drugs on campus

11:57

Synopsis: Studies show that on some college campuses, half or more of all students will have used an illicit ADHD drug to get better grades by the time they graduate. Experts discuss the attitudes of students toward these drugs and the new moves by many student health services to clamp down on their easy availability.

Host: Reed Pence, Guests: Dr. Ruth Hughes, CEO, CHADD (Children and Adults with Attention Deficit Hyperactivity Disorder); Dr. Alan Desantis, Prof. of Communications, Univ. of Kentucky; Dr. Ted Grace, Director of Student Health Services, Southern Illinois University-Carbondale

COMPLIANCE ISSUES COVERED: youth at risk; education; colleges and universities; drugs and drug abuse; consumerism

15:00 SEGMENT #2: Grief

9:00

Synopsis: Everyone deals with grief at one time or another. An expert discusses how it's experienced by most people, and what separates normal grief from more problematic depression. A writer/illustrator discusses his experience dealing with his spouse's sudden death.

Host: Nancy Benson, Guest: Dr. Ronald Pies, Prof. of Psychiatry, State Univ. of New York Upstate Medical Univ. and Clinical Prof. of Psychiatry, Tufts Univ.; Danny Gregory, author and illustrator, *A Kiss Before You Go*

COMPLIANCE ISSUES COVERED: mental illness; family issues

Program # 13-35
Air week: 9-1-13

2:04 SEGMENT #1: Boys' violent play

12:31

Synopsis: Little boys are often stopped from playing the way they want to in preschool and kindergarten, or made to change the stories they tell, because it's all "too violent." Teachers may worry that allowing violent play and images will desensitize children to violence. Experts explain that these worries are unfounded, and that children grow in many ways through play.

Host: Reed Pence, Guest: Dr. Mary Elinn Logue, Assoc. Prof. of Early Childhood Education, Univ. of Maine; Jane Katch, kindergarten teacher and author, *Under Deadman's Skin: Discovering the Meaning of Children's Violent Play*.

COMPLIANCE ISSUES COVERED: children and youth at risk; education; violence in society; parenting issues

15:37 SEGMENT #2: The joy of singing

8:21

Synopsis: Research shows that singing in a group has health benefits, as well as simply making people feel good. Experts and participants discuss this increasing singing trend in society.

Host: Nancy Benson, Guests: Stacy Horn, author, *Imperfect Harmony: Finding Happiness Singing With Others*; Dr. Barbara Reuer, CEO and Founder, Musicworx, Inc. music therapy practice, San Diego; Karen Hesley, speech pathologist and director, Tremble Ciefs singing group

COMPLIANCE ISSUES COVERED: psychology; pop culture; elderly; senior citizens; and aging

Program # 13-36
Air week: 9-8-13

2:02 SEGMENT #1: Misophonia--rage at small sounds

12:01

Synopsis: A surprisingly large number of people may become agitated or even enraged when they hear "mouth sounds" such as chewing or slurping, sniffling, or crunching of paper. This disorder, misophonia, is largely unknown, but researchers believe audio processing of these sounds is mis-routed to rage centers in the brain. Experts and a sufferer discuss the syndrome.

Host: Reed Pence, Guest: Paul Tabachneck, IT professional, musician, and misophonia sufferer, Judy Krauthamer, author, *Sound Rage: A Primer of the Neurobiology and Psychology of a Little Known Anger Disorder*; Dr. Aage Moller, Prof. of Behavioral and Brain Sciences, Univ. of Texas at Dallas.

COMPLIANCE ISSUES COVERED: youth at risk; education; interpersonal relations; health care

15:07 SEGMENT #2: Regeneration from skin cells

8:14

Synopsis: Scientists have learned how to make stem cells from skin cells, opening the door to regeneration of tissues and organs from a person's own cells to bypass rejection. A scientist in the field explains how it works and how the process could be used in the future.

Host: Nancy Benson. Guest: Dr. Andre Choulika, Chairman and CEO, Scell biotech firm

COMPLIANCE ISSUES COVERED: technology; ethics; health care; consumerism

Program # 13-37
Air week: 9-15-13

2:03 SEGMENT #1: Obesity bias in medicine

12:54

Synopsis: Studies show that medical professionals are second only to family members as a source of bias against obese and overweight people. Experts discuss why this might occur, the medical harm that can result, and how medicine might be able to reverse its behavior.

Host: Reed Pence. Guests: Dr. Rebecca Puhl, Deputy Director, Rudd Center for Food Policy and Obesity, Yale Univ.; Dr. Aya Sharma, Prof. of Medicine and Chairman, Obesity Research and Management, Univ. of Alberta; Dr. Kim Gudzune, Asst. Prof. of Medicine, Johns Hopkins Univ.

COMPLIANCE ISSUES COVERED: discrimination; health care; public health; education; consumerism

16:01 SEGMENT #2: Letting go to achieve a good death

8:10

Synopsis: It's a fine line between preserving life and prolonging death. An award winning science writer discusses her personal experience observing how medical professionals and patients differ in their acceptance of impending death, and what families need to know to navigate the end of life toward a "good death."

Host: Nancy Benson. Guest: Katy Butler, author, *Knocking on Heaven's Door: The Path to a Better Way of Death.*

COMPLIANCE ISSUES COVERED: ethics; health care; consumerism; family issues; technology and society

Program # 13-38
Air week: 9-22-13

2:00 SEGMENT #1: Health insurance exchanges opening--will they be ready?

12:32

Synopsis: State insurance exchanges that are central to the Affordable Care Act are scheduled to begin enrolling on Oct. 1. Experts discuss the likely problems that consumers may face as they enter the market.

Host: Reed Pence. Guests: Dan Schuyler, Director of Exchange Technology, Leavitt Partners; r. Paul Ginsberg, President, Center for Studying Health System Change; Kevin Lucia, Senior Research Fellow, Center on Health Insurance

Reforms, Georgetown Univ.; Laura Summers, Director of State Intelligence, Leavitt Partners.

COMPLIANCE ISSUES COVERED: health care; public health; consumerism; state government; federal government; public policy; economics; education; politics

15:36 SEGMENT #2: The origins of eating disorders

7:47

Synopsis: Eating disorders are widespread among teenage girls, but those disorders do not disappear as women age. Women get better at hiding them. An expert and former bulimic discusses psychological causes and treatment.

Host: Nancy Benson. Guest: Joanna Poppink, psychotherapist and author, Healing Your Hungry Heart: Recovering From Your Eating Disorder.

COMPLIANCE ISSUES COVERED: health care; women's issues; youth at risk

Program # 13-39
Air week: 9-29-13

2:05 SEGMENT #1: The return on workplace wellness 13:08

Synopsis: Most medium and large businesses now have corporate wellness programs for employees in an effort to keep health insurance costs down. Many have incentives for reaching health goals. Experts discuss how these plans work and whether the effort shows up favorably on the bottom line.

Host: Reed Pence. Guests: Dr. Katherine Baker, Prof. of Health Economics, Harvard School of Public Health; Larry Chapman, President and CEO, Chapman Institute; Al Lewis, co-author, Cracking Health Costs: How to Cut Your Company's Health Costs and Provide Employees Better Care.

COMPLIANCE ISSUES COVERED: health care; consumerism; economics; education; business and industry; employment

16:15 SEGMENT #2: Restarting stalled growth 7:45

Synopsis: Children's growth disorders are sometimes discounted by pediatricians. Experts discuss the causes and treatments for growth disorders and how parents can decide if their child's growth is a problem.

Host: Nancy Benson. Guests: Mary Andrews, co-founder and CEO, Magic Foundation for Children's Growth; Dr. Richard Levy, Director, Pediatric Endocrinology Section, Rush Univ. Medical Center, Chicago.

COMPLIANCE ISSUES COVERED: health care; youth at risk

Producers: Reed Pence and Molly Nagle
Production Director: Sean Waldron

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KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW
8/3-8/4 2013 7:00-7:30 A.M. 30 min long	ECONOMIC DEVELOPMENT CONVENTION & VISITORS	CHAMBER PRESIDENT ROY WILLIAMS
8/3-8/4 2013 7:00-7:30 A.M. 30 min long	OKLAHOMA CITY ZOOLOGICAL SOCIETY	TARA HENSON ZOO SPOKESPERSON
8/10-8/11 2013 7:00 - 7:30 A.M. 30 min long	STATE FAIR OF OKLAHOMA	STATE FAIR SPOKESMAN SCOTT MUNZ
8/10-8/11 2013 7:00 - 7:30 A.M. 30 min long	ORGANIC FOODS	PAM PATTY REGISTERED NUTRITIONIST INTEGRIS HEALTH CARE
8/10-8/11 2013 7:00 - 7:30 A.M. 30 min long	MOORE SCHOOLS AFTER THE TORNADO DISASTERS	DR. ROBERT ROMINES MOORE SCHOOLS SUPERINTENDENT
8/18-8/19 2013 7:00 - 7:30 A.M. 30 min long	STATE HISTORY CENTER	MICHAEL DEAN SPOKESMAN
8/18-8/19 2013 7:00 - 7:30 A.M. 30 min long	SALVATION ARMY ANGEL TREE PROGRAM	JANEEN CASTLE SPOKESPERSON SALVATION ARMY
8/25/8/26 2013 7:00 - 7:30 A.M. 30 min long	TRIPLE A OKLAHOMA DISTRACTED DRIVING	CHUCK MAI TRIPLE A SPOKESMAN
8/25-8/26 2013	ANIMAL WELFARE	KATHYRN ENGLISH

CHAMBER EXECUTIVES FROM AROUND THE WORLD DISCUSSED TOURISM. HOSPITALITY EMPLOYS 50-THOUSAND PEOPLE GENERATING 2 BILLION DOLLARS. CONVENTION PLANNERS PREFER HAVING TOURISTS STAY IN ONE HOTEL.

THE STINGRAY, BAY IS A 16-THOUSAND GALLON TANK WITH STINGRAYS AND SHARKS WHICH CAN BE TOUCHED. THE ZOO OPENS AT 8 A.M. FOR THE SUMMER. ANIMAL ARTWORK IS AUCTIONED OFF TO GO BACK TO CONSERVATION PROJECTS.

FAIR RUNS SEPT 12-22ND. DISNEY ON ICE WILL PERFORM AT THE NORICK ARENA. BULLRIDING OCCURS IN SECOND WEEKEND. NEW FOODS LIKE BACON COVERED CARMEL APPLES AND DEEP FRIED FOODS. OKSTATEFAIR.COM

ORGANIC FOOD DOESN'T CONTAIN CHEMICAL FERTILIZERS OR PESTICIDES THAT WOULD HAVE A NEGATIVE IMPACT ON CONSUMPTION. 30 LOCALLY GROWN ORGANIC PRODUCE MARKETS. WE SHOULD CONSUME TWO CUPS OF FRUIT AND 2.5 CUPS OF V

CLASSES UNDERWAY AT 23 ELEMENTARY SITES. SAFE ROOMS IN EVERY CAMPUS REMAINS A HOT TOPIC. DESIGNS FOR NEW SCHOOLS ARE BEING FINALIZED WITH SAFE ROOMS. DISTRICT WEBSITE WWW.MOORESCHOOLS.COM

INTERNATIONAL STORYTELLERS PARTICIPATE AUG 22-24TH. THEY INCLUDE BARBARA SMITH, JUDITH BLACK, PATRICK BALL AND ALTON CHUNG. TICKETS & TICKETS ARE AVAILABLE AT WWW.OKHISTORY.ORG

THE PROCESS OF FINDING FAMILIES FOR THE "ANGEL TREE" PROGRAM. APPLICATIONS MADE AT 501 SOUTH HARVEY FOR FAMILIES NEEDING ESSENTIAL. UP TO 2-THOUSAND FAMILIES ARE

NEW RESEARCH SHOWS REDUCED CONCERN ABOUT DISTRACTED DRIVING, DRUNK DRIVING, DROWSY DRIVING. OKLAHOMA IS ONE OF NINE STATES NOT TO HAVE A TEXTING WHILE DRIVING BAN -- THANKS TO HOUSE SPEAKER TW SHANNON. THEY OFFER RESCUE OF ENDANGERED PETS,

KOMA-FM FOCUS ON OKLAHOMA PUBLIC AFFAIRS & ISSUES

<p>7/16-7/17 2013 7:05 A.M. duration 30 min</p>	<p>Water Conservation Dr. Justin Moss - OSU</p>	<p>We've been in historic ranges for drought conditions and high temps. OKC & OSU is encouraging water conservation. Odd/Even watering is part of that. OSU has developed a list of drought proof plants.</p>
<p>7/16-7/17 2013 7:05 A.M. duration 30 min</p>	<p>Regional Food Bank Executive Director Rodney Bivens</p>	<p>The Food Bank provides food 140 locations and operates an action relief center in Moore near Shields and 27th. serving 150 families a week. Donations can be made at regionalfoodbank.org</p>
<p>7/16-7/17 2013 7:05 A.M. duration 30 min</p>	<p>Tick Borne Illness State Epidemiologist Lacy Covar</p>	<p>Ticks are on the move. Wear light colored clothes and tuck pant legs into socks. Most common illness is Rocky Mountain spotted fever. Symptoms include fever headache, vomiting and rash. DEET helps</p>
<p>7/13-7/14 2013 7:05 A.M. duration 30 min</p>	<p>Fishing In City Lakes Bob Martin - Fisheries Biologist</p>	<p>Martin runs the Parson Fish Hatchery, overseeing 8-thousand surface acres of fishable waters and putting on fishing clinics. Lake Hefer is a Walleye rich lake. City if hosting fishing classes 316-FISH</p>
<p>7/13-7/14 2013 7:05 A.M. duration 30 min</p>	<p>Neighborhood Alliance Georgie Rascoe, Executive Director</p>	<p>N-A has been around for 38 years and work with 400 neighborhood associations in low to moderate groups. Crime & beautification are top issues. Vacant rental properties are the biggest headache.</p>
<p>7/20-7/21 2013 7:05 A.M. duration 30 min</p>	<p>Oklahoma City Zoo Tara Henson, Zoo Spokesperson</p>	<p>Stingray Bay is a 16-thousand gallon pond filled with Stingrays and sharks. The zoo will let you touch and feed the stingrays. The Zoo will remain open until 8pm thru Labor Day. They are selling animal art.</p>
<p>7/20-7/21 2013 7:05 A.M. duration 30 min</p>	<p>State Fair Of Oklahoma Media Liason Scott Munz</p>	<p>The Fair begins September 12th - 22nd. Disney on ice will be there 1 the first week. Plenty of music acts - okstatefair.com Tuesday, September 17th is Armed Forces Appreciation Day on September 17th.</p>
<p>7/27-7/28 2013 7:05 A.M. duration 30 min</p>	<p>Oklahoma's Health Report Card Health Commissioner Terry Cline</p>	<p>Smoking rates are the lowest ever recorded. An estimated 6-thousand Oklahomans will die this year due to tobacco. Cline says there is NO evidence showing that E-cigarettes will help you stop smoking.</p>

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
6/1-6/2 2013 7:00AM 30MIN	METRO LIBRARY SYSTEM KIM TERRY, MARKET MANAGER	SUMMER READING PROGRAM IS LAUNCHED. 19 BRANCHES IN OK COUNTY
6/1-6/2 2013 7:00AM 30MIN duration 30 min	RED EARTH FESTIVAL ERIC OESCH DEPUTY DIRECTOR	27TH ANNUAL EVENT PROMOTES INDIAN ART & CULTURE. JUNE 7-9TH AT THE COX CENTER. 150 ARTISTS. IT KICKS OFF WITH A PARADE & DANCE CONTEST
6/1-6/2 2013 7:00AM 30MIN duration 30 min	WOMEN IMPOWERMENT NORMAN POLICE OFFICER ROBERT MOORE	MY BODY & MY LIFE IS A ONE DAY COURSE PROMOTING SELF ESTEEM & AWARENESS TO YOUNG WOMEN. 50% OF ALL RAPE OCCUR IN BELOW 18 DEMO.
6/8-6/9 2013 7:00AM 30MIN duration 30 min	HUNGER CAMPAIGN DAMON THOMAS, RAISIN CANE'S "SHARE OUR STRENGTH" PROGRAM	FOUR METRO RAISING CANE'S STORES ARE PROMOTING AN EFFORT TO END CHILDHOOD HUNGER. PROCEEDS BENEFIT REGIONAL FOOD BANK.
6/8-6/9 2013 7:00AM 30MIN duration 30 min	GREG GASTON JD MCCARTY CENTER IN NORMAN NORMAN CONQUEST BIKE RIDE	THE 18TH ANNUAL BIKE RIDE BY THE BICYCLE LEAGUE OF NORMAN TO BENEFIT CAMP CLAPHANS FOR DISABLED CHILDREN ON JULY 13TH. 600 PARTICIPATED LAST YEAR.
6/8-6/9 2013 7:00AM 30MIN duration 30 min	OKLAHOMA BUREAU OF NARCOTICS MARK WOODWARD	HOTLINE FOR DRUG OR HUMAN TRAFFICKING 800-522-8031. MEXICAN METH, POT AND PRESCRIPTION DRUGS ARE THE BIGGEST PROBLEM.
6/8-6/9 2013 7:00AM 30MIN duration 30 min	PLAY IN THE PARK OKC PARKS SPOKESPERSON JENNIFER MCCLINTOCK	AT 24 VENUES MONDAY-FRIDAY FROM 8AM TO 4PM FOR CHILDREN AGES SIX AND OLDER. PROGRAM RUNS THROUGH JULY 19TH. 297-2211 FOR INFORMATION.
6/15-6/16 2013 7:00AM 30MIN duration 30 min	TORNADO ASSISTANCE FEMA'S NATE CUSTER SBA'S MARK RANDALL STATE E/M TOM ERICKSON	REGISTER WITH FEMA AT 800-621-3362. SIX COUNTIES ARE COVERED BY DECLARATION. FUNDS FOR TEMP HOUSING AND SMALL BIZ. HELP AVAILABLE FOR 18 MONTHS
6/15-6/16 2013 7:00AM 30MIN duration 30 min	INSURANCE DEPARTMENT HELP COMMISSION JOHN DOAK	A MULTI-AGENCY CENTER IS OPEN AT WESTMOORE HIGH. DOAK TALKS ABOUT HELP FOR THOSE IMPACTED BY TORNADO WHICH STAYED ON GROUND HE DIDNT SAY HOW MANY COMPLAINTS FIELDLED

6/22-6/23 2013 7:00AM 30MIN duration 30 min	CITY OF MOORE UPDATE MANAGER STEVE EDDY	HOMEOWNERS CAN FILL OUT FORM ALLOWING CITY TO REMOVE HOMES. 56-THOUSAND TONS OF DEBRIS ARE REMOVED. CLEANUP COULD TAKE 3 YEARS.	
6/22-6/23 2013 7:00AM 30MIN duration 30 min	SOUTH CHAMBER OF COMMERCE ELAINE LYONS PRESIDENT	A REDEVELOPMENT PLAN FOR I-240 IS BEING DRAFTED AND COULD INVOLVE A BUSINESS IMPROVEMENT DISTRICT TO PROVIDE MORE SECURITY AND LANDSCAPING.	
6/22-6/23 2013 7:00AM 30MIN duration 30 min	VETERANS AFFAIRS HOMELESS PROGRAM COORDIN LENNY VILE	THEY ARE WORKING TO END VETERANS HOMELESSNESS. A STAND DOWN WILL FOCUS ON NATIVE AMERICAN SOLDIERS, SAT JUNE 27TH AT COOPER VO TECH	
6/29-6/30 2013 7:00AM 30MIN duration 30 min	MOORE CHILDREN - COUNSELING CALM WATERS BARBARA BUTTNER	OFFERING FREE COUNSELING FOR STUDENTS EXPOSED TO TORNADO DAMAGE OR DEATH. JULY 16TH AT FRONTLINE CHURCH AT I-35 AT 44TH	

Airs on 92.5 KOMA Sundays at 7:30 a.m



**Quarterly Issues Report – Q2 Second Quarter, 2013 4/7/13 through 5/30/13
Radio Health Journal Programs 13-14 through 13-26**

During the second quarter of 2013 the following compliance issues were covered:

- | | |
|---------------------------|-----------------------------------|
| Individual rights | Agriculture |
| Law | Charitable organizations |
| Medicine/health care | Climate change |
| Men's issues | Consumer protection |
| Mental health | Consumerism |
| Nutrition | Crime and criminal justice system |
| Parenting issues | Discrimination |
| Pollution | Economics |
| Public health and safety | Education |
| Science and technology | Employment/unemployment |
| Senior citizens and aging | Environment |
| Sexual abuse | Ethics |
| Traffic safety | Family issues |
| Water safety | Government and regulation |
| Women's issues | Health |
| Youth at risk | Hunger and poverty |

Program # 13-14
Air Week: 4-7-13

2:05 SEGMENT 1: Food waste 12:51

Synopsis: Americans throw out 25 percent of the food we bring home. Food makes up 18 percent of landfills. Experts discuss why we waste so much, how to combat waste, and how hunger organizations are turning food that used to be thrown out into good meals for the needy.

Host: Reed Pence. Guests: Jonathan Bloom, author, American Wasteland; Pam Stuppy, registered dietitian, York, ME and Portsmouth, NH; Ross Fraser, spokesman, Feeding America

COMPLIANCE ISSUES COVERED: economics; environment; family issues; public health; hunger and poverty; charitable organizations

16:00 SEGMENT 2: Two generations of ADHD 7:59

Synopsis: Having a child with ADHD is often difficult for parents, but when a parent has ADHD as well, it can set up an explosive situation. One such parent who went on a quest of understanding explains the "inside story" of the dynamic and suggests solutions.

Host: Nancy Benson. Guest: Katherine Ellison, author, Buzz: A Year of Paying Attention

COMPLIANCE ISSUES COVERED: family issues; youth at risk; mental health; consumerism

Program # 13-15
Air Week: 4-4-13

2:05

SEGMENT 1: Bike safety: how much do helmets count? 12:49

Synopsis: Twenty-one US states require bicycle helmets for children, but they remain controversial for adults and few jurisdictions require them. Experts discuss conflicting evidence on helmet effectiveness, the possibility that helmet laws reduce ridership, and other governmental actions that could reduce injuries and deaths even more than helmets.

Host: Reed Pence. Guests: Randy Swart, Director, Bicycle Helmet Safety Institute; Avery Burdett, blogger at VehicleCyclist.com and editorial board member, Bicycle Helmet Research Foundation; Dr. Susan Shahen, Co-Director, Transportation Sustainability Research Center, Univ. of California, Berkeley

COMPLIANCE ISSUES COVERED: public health; public safety; traffic safety; consumerism and consumer protection; government and regulation; individual rights; parenting issues; youth at risk

15:58

SEGMENT 2: Height, beauty, and criminality 7:53

Synopsis: Researchers have found that short, less-attractive people are less likely to be employed than tall, beautiful people, and so are statistically more likely to turn to a life of crime. Experts discuss the ramifications of this legal discrimination on society.

Host: Nancy Benson. Guests: Dr. Gregory Price, Prof. of Economics, Morehouse College; Deborah Rhode, Director, Stanford Center for the Legal Profession.

COMPLIANCE ISSUES COVERED: crime and criminal justice system; economics; employment and unemployment; discrimination

Program # 13-16
Air Week: 4-21-13

2:05

SEGMENT 1: Caregiving and the workplace

12:19

Synopsis: About one of every six US workers is also a caregiver for an elderly parent or loved one. This creates a drag on productivity in the workplace as employees arrive late, leave early, take work time for caregiving issues and deal with extra stress. Co-workers also have to pick up the slack for these workers. Experts discuss the issue and how employers can prevent problems.

Host: Reed Pence. Guests: Gail Gibson Hunt, President and CEO, National Alliance for Caregiving; Jody Gastfriend, Vice President of Senior Care, Care.com.

COMPLIANCE ISSUES COVERED: workplace and employment issues; senior citizens and elderly; federal government; economics

15:26

SEGMENT 2: Food trends

8:33

Synopsis: Most people would like to eat healthy foods. But other factors such as cost and ease of preparation are much more important in our food choices. A longtime food market researcher discusses why we choose the foods we eat.

Host: Nancy Benson. Guest: Harry Balzer, Chief Industry Analyst, NPD Group.

COMPLIANCE ISSUES COVERED: economics; consumerism; health and nutrition

Program # 13-17
Air Week: 4-28-13

2:02

SEGMENT 1: Allergies and climate change

12:15

Synopsis: The 40 million Americans with allergies are finding allergy seasons are getting longer with higher pollen counts as a result of climate change. Experts discuss this change and how it could affect public health.

Host: Reed Pence. Guests: Dr. Kim Knowlton, Senior Scientist, Health and Environment Program, Natural Resources

Defense Council; Dr. Lew Ziska, plant ecologist, USDA Agricultural Research Service Crop Systems and Global Change Laboratory.

COMPLIANCE ISSUES COVERED: public health; environment; climate change; economics; agriculture

15:19

SEGMENT 2: A major endorsement of the Mediterranean diet

8:09

Synopsis: The Mediterranean diet, high in olive oil, beans, nuts, vegetables and fish, has been found to cut the risk of death by up to 30 percent in high risk people. Experts discuss why this style of eating confers such advantages and how people can eat such a diet inexpensively.

Host: Lynn Holley. Guests: Dr. Angelo Acosta, New York Univ, Medical Center and author, The Mediterranean
Prescription; Nancy Harmon Jenkins, author, The New Mediterranean Diet.

COMPLIANCE ISSUES COVERED: health and nutrition; public health; family issues; economics

Program # 13-18
Air Week: 5-5-13

2:03 SEGMENT 1: "Truth serum" 13:22

Synopsis: Police and prosecutors have long sought technologies to help them solve crimes and gain convictions. Use of "truth serum" is one such effort. Research shows subjects are able to lie and are extremely suggestible under its influence, so these narcoanalytic interviews are seldom used. Even so, a Colorado judge has okayed their use on the alleged Aurora theater shooter should he attempt an insanity defense. Is that ethical? Might it work? Experts discuss truth serum and its use.

Host: Reed Pence, Guests: Dr. August Piper, psychiatrist and internist, Seattle, researcher into narcoanalytic interviews; Dr. Elliot Atkins, clinical and forensic psychologist

COMPLIANCE ISSUES COVERED: Law, criminal justice system and courts; ethics; law and medicine

16:28 SEGMENT 2: "Imaginary" illness 6:59

Synopsis: Diseases that produce no diagnosis are frustrating for both patient and physician, to the point that some doctors conclude that even a real illness must be "all in a patient's head." One victim discusses such a misdiagnosis and its implications.

Host: Lynn Holley, Guests: Dr. Chloe Atkins, Assoc. Prof. of Law and Society, Univ. of Calgary and author, *My Imaginary Illness: A Journey into Uncertainty and Prejudice in Medical Diagnosis*; Dr. Brian Hodges, Prof. of Psychiatry, Univ. of Toronto.

COMPLIANCE ISSUES COVERED: Ethics; health care

Program # 13-19
Air Week: 5-12-13

2:03 SEGMENT 1: Getting a good night's sleep 13:07

Synopsis: As many as 40 percent of Americans suffer from insomnia. Two experts discuss consequences of our sleep deficit and a variety of ways to give people a better chance to sleep soundly all night.

Host: Reed Pence, Guests: Dr. Nina Shapiro, Prof. of Head and Neck Surgery, UCLA; Dr. Sara Gottfried, Integrative Physician and author, *The Hormone Cure*.

COMPLIANCE ISSUES COVERED: public health; women's issues; nutrition; youth at risk

17:09 SEGMENT 2: The beginning of modern cancer treatment 7:52

Synopsis: Scientists are holly pursuing the genetic roots of cancer to treat the disease without harming normal cells. But when they first stumbled onto a single mutation that caused a form of leukemia in 1959, researchers had no idea what to do with the discovery. A science writer describes 40 years of innovation to get from the microscope to the first genetic treatment.

Host: Nancy Benson, Guests: Jessica Wapner, author, *The Philadelphia Chromosome: A Mutant Gene and the Quest to Cure Cancer at the Genetic Level*.

COMPLIANCE ISSUES COVERED: health care; public health; science and technology; economics

Program # 13-20
Air Week: 5-19-13

2:05 SEGMENT 1: The midlife crisis myth 12:22

Synopsis: Many people believe that middle-aged men almost inevitably face a midlife crisis, resulting in in temperate behavior, divorce and the purchase of convertibles. Experts trace the origins of the theory and why it doesn't hold up to examination.

Host: Reed Pence. Guests: Dr. Margie Lachman, Prof. of Psychology, Brandeis Univ.; Dr. David Almeida, Prof. of Human Development, Pennsylvania State Univ.

COMPLIANCE ISSUES COVERED : Aging; mental health issues; men's issues

16:29 SEGMENT 2: DNA and incest: what's a doctor's ethical obligation? 6:54

Synopsis: New DNA tests given for other reasons can reveal when a new baby is the product of incest, even without parental cooperation. A doctor's legal obligation to report is clear in the case of child abuse. But what should doctors do if both parents are of age and incest is revealed? Experts discuss.

Host: Nancy Benson. Guests: Dr. Arthur Baudet, Prof. and Chair, Dept. of Molecular and human Genetics, Baylor College of Medicine; Dr. Christine Courtois, psychologist and author, *Healing the Incest Wound: Adult Survivors in Therapy*.

COMPLIANCE ISSUES COVERED : youth at risk; technology; ethics; sexual abuse

Program # 13-21
Air Week: 5-26-13

2:05 SEGMENT 1: Allimentary adventures 13:04

Synopsis: Most people have little idea what goes on in the digestive system. A science writer explains everything she found during an exhaustive investigation.

Host: Reed Pence. Guest: Mary Roach, author, *Gulp: Adventures On the Allimentary Canal*

COMPLIANCE ISSUES COVERED : health care; public health

16:08 SEGMENT 2: Drowning: it doesn't look like you think 7:22

Synopsis: Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble.

Host: Nancy Benson. Guests: Dr. Francesco Pia, water safety educator; Mario Vittono, Retired Marine Safety Specialist, US Coast Guard.

COMPLIANCE ISSUES COVERED : youth at risk; water safety; public safety; consumerism

Program # 13-22
Air Week: 6-2-13

2:04 SEGMENT 1: Silver fillings 14:04

Synopsis: Some 180 million Americans have silver tooth fillings, which contain mercury. Some advocates and dentists claim they should be banned because they release mercury vapor, which can cause severe health problems. However, the FDA, American Dental Association and other authorities insist there is no health issue. Experts on each side discuss the evidence.

Host: Reed Pence, Guests: Freya Koss, Director, Pennsylvania Coalition for Mercury-Free Dentistry and publicists, International Academy of Oral Medicine and Toxicology; Dr. Phillip Sukei, mercury-free dentist, Hunley, IL and former President, International Academy of Oral Medicine and Toxicology; Dr. Edmond Hewlett, Prof. of Restorative Dentistry, UCLA School of Dentistry and consumer advisor, American Dental Assn.

COMPLIANCE ISSUES COVERED: health care; public health; consumer safety; environment; federal government and regulation

17:10 SEGMENT 2: Inside the last alms house 6:52

Synopsis: Most US counties had an alms house at one time, a form of charity hospital/housing for longer term recovery. Today, almost none exist. A doctor who spent 20 years at an alms house discusses the lessons it brings to how medicine can be done.

Host: Nancy Benson, Guest: Dr. Victoria Sweet, Assoc. Clinical Prof. of Medicine, Univ. of California, San Francisco and author, *God's Hotel: A Doctor, A Hospital, and a Pilgrimage to the Heart of Medicine*

COMPLIANCE ISSUES COVERED: health care; public health; poverty

Program # 13-23
Air Week: 6-9-13

2:04 SEGMENT 1: Group doctor's appointments 12:27

Synopsis: Access to doctors is a major problem in American healthcare. It can take weeks to get in to the doctor, and then a patient may have just a few minutes time in the exam room. Researchers have devised group visits as long as patients are willing to share their lengthened appointment time with a dozen or so other patients. Experts discuss the pros and cons.

Host: Reed Pence, Guests: Dr. Edward Nofsinger, group visit consultant and author, *The ABC's of Group Visits*; Dr. Edward Shady, Medical Director, Diabetes Master Clinician Program, Florida Academy of Family Physicians.

COMPLIANCE ISSUES COVERED: health care; public health; consumerism; economics; privacy

15:32 SEGMENT 2: Failure to launch 8:20

Synopsis: It's much more common today for 20-somethings to delay moving out of Mom and Dad's house to start an independent life. An expert discusses the reasons for this trend, and emerging thought on whether this apparent new stage of life is normal.

Host: Nancy Benson, Guest: Dr. Jeffrey Jensen Arnett, Prof. of Research Psychology, Clark Univ. and author, *When Will My Grown Up Child Grow Up? Loving and Understanding Your Emerging Adult*

COMPLIANCE ISSUES COVERED: youth at risk; employment; economics

Program # 13-24
Air Week: 6-16-13

2:01 SEGMENT 1: Raising kids in a toxic world 13:12

Synopsis: Children are most vulnerable to the toxins in our environment. The US has fewer rules requiring testing of new chemicals compared to the EU, so it is mostly up to parents to keep children safe. Two experts discuss the important steps parents can take.

Host: Reed Pence. Guests: Dr. Sandra Steingraber, Scholar-in-Residence, Ilhaca College and author, Living Downstream and Raising Elijah: Protecting Our Children in An Age of Environmental Crisis; Dave Wentz, author, The Healthy Home: Simple Truths to Protect Your Family From Hidden Household Dangers.

COMPLIANCE ISSUES COVERED: public health; consumerism; air and water pollution; environment; youth at risk; federal government and regulation; economics

16:15 SEGMENT 2: Free play and playgrounds 7:13

Synopsis: Many schools are cutting recess and playgrounds to give children more time in the classroom. However, research shows that children need free play, and learn better when they have it. Two experts discuss the advantages of free play.

Host: Nancy Benson. Guests: Bob Collins, playground designer, RGC Design, and author, The Complete Guide to Playground Development; Dr. Jodi Crane, Assoc. Prof. and Director, Appalachian Play Therapy Center, Lindsey Wilson College.

COMPLIANCE ISSUES COVERED: education; youth at risk; parenting issues

Program # 13-25
Air Week: 6-23-13

2:04 SEGMENT 1: GPS and the brain 13:41

Synopsis: Devices such GPS help us find our way easily, but researchers are finding that over-reliance may lead to weakening of a specific part of the brain, with a higher risk of dementia later. Experts explain and discuss ways to keep the hippocampus healthy.

Host: Reed Pence. Guests: Dr. Veronique Bohbot, Assoc. Prof. of Psychiatry, McGill Univ.; Dr. Michael Merzenich, Prof. Emeritus of Neuroscience, Univ. of California-San Francisco and Chief Scientific Officer, Posit Science Co.; Glen Schorr, Exec. Dir., Orienting USA

COMPLIANCE ISSUES COVERED: public health; technology and society; healthy aging; consumerism

16:49 SEGMENT 2: Puzzles and the brain 7:04

Synopsis: Researchers have discovered that specific mind tasks can enhance specific parts of the brain. A brain scientist and a puzzle developer discuss how to use different kinds of puzzles to strengthen the mind.

Host: Nancy Benson. Guests: Dr. Richard Restak, Prof. of Neurology, George Washington Hospital and Scott Kim, independent game designer, co-authors, The Playful Brain: The Surprising Science of How Puzzles Improve Your Mind

COMPLIANCE ISSUES COVERED: consumerism; education

2:04

SEGMENT 1: Medical apps

13:10

Synopsis: The advent of smartphones puts a computer in many people's pockets, and application developers have created hundreds of apps to do everything from finding information and testing vital signs to making diagnoses. The industry calls these "MHealth apps." Experts discuss how they're being adopted by doctors and patients and what they'll mean to health care.

Host: Reed Pence. Guests: Brian Edwards, Senior MHealth Analyst, i-Medial Apps and fellow, Startup Health; Dr. Noah Crati, Chief Medical Officer, Logical Images, and dermatologist, UCLA Medical Center; Kim Tyrell-Knott, partner, Epstein, Becker and Green Law and attorney, MHealth Regulatory Coalition

COMPLIANCE ISSUES COVERED: health care; public health; technology and society; consumerism; government and regulation

16:18

SEGMENT 2: Vocal abuse

7:39

Synopsis: Much of our communication relies on speaking. Experts discuss ways to keep your voice out of trouble.

Host: Nancy Benson. Guests: Dr. Ramon Franco, Director, Div. of Laryngology, Harvard Medical School-Massachusetts Eye and Ear Infirmary; Lisa Grisolia, voice teacher and professional vocalist with New Classic Singers.

COMPLIANCE ISSUES COVERED: consumerism; health care; communication

Producers: Reed Pence, Polly Hansen
Production Director: Sean Waldron

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KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
5/4-5/5 2013 7:00 AM 30MIN	METRO LIBRARY SYSTEM KIM TERRY, MARKET MANAGER	SUMMER READING PROGRAM IS LAUNCHED. 19 BRANCHES IN OK COUNTY
5/4-5/5 2013 7:00 AM duration 30 min	HANTAVIRUS LAURENCE BERNSE EPIDEMELOGIST WITH STATE HEALTH DEPARTMENT	VIRUS HAS BEEN AROUND SINCE EARLY 1990'S. SPREAD BY MICE URINE, SALVA, DROPPINGS. USE DILUTED BLEACH ON NESTING MATERIAL.
5/4-5/5 2013 7:00 AM duration 30 min	BANK REGULATION DODD-FRANK STATE ATTORNEY GENERAL SCOTT PRUITT	IT DEALS WITH COMMUNITY BANKS AND WHAT THEY CAN DO AND THE PEOPLE THEY CAN LOAN TO. NUMBER OF INDEPENDENT BANKS HAS FALLEN SHARPLY
5/11-5/12 2013 7:00 AM duration 30 min	MIDWEST CITY WINE, BEER FOOD FESTIVAL MELANIE VOICE WITH THE CHAMBER	THE FESTIVAL PROMOTES STATE MADE VINYARDS AND MICRO BREW OPERATIONS. VISITMIDWESTCITY.COM
5/11-5/12 2013 7:00 AM duration 30 min	HEARTLAND COUNCIL OF THE BLIND SANDY WEBSTER AND JUDITH WYCROFTH DINING IN THE DARK	THEY HOST A DINNER TO RAISE AWARENESS ABOUT NON SIGHTED ISSUES. DINING IN THE DARK IS SAT MAY 18TH AT THE COWBOY HALL OF FAME.
5/18-5/19 2013 7:00 AM duration 30 min	OKLAHOMA BLOOD INSTITUTE LESLIE GAMBLE	BLOOD DEMAND OVER A LONG SUMMER HOLIDAY WEEKEND FREE PORK SANDWICH AND TIX TO OKC ZOO FOR DONATING BLOOD.
5/18-5/19 2013 7:00 AM duration 30 min	PLAY IN THE PARK OKC PARKS SPOKESPERSON JENNIFER MCCLINTOCK	AT 24 VENUES MONDAY-FRIDAY FROM 8AM TO 4PM FOR CHILDREN AGES SIX AND OLDER. PROGRAM RUNS THROUGH JULY 19TH. 297-2211 FOR INFORMATION.
5/18-5/19 2013 7:00 AM duration 30 min	OZONE ALERT DAYS ACOG RYAN BAKER DEQ CURT GOELLER	OZONE ALERT DAYS WILL BE ISSUED WHEN STAGNATION OF AIR REACHES A SET LEVEL. IT HAS TO DO WITH POLLUTION AND WEATHER PATTERNS. FREE BUS RIDES AVAILABLE
5/25-5/26 2013 7:00 AM duration 30 min	TORNADO DAMAGE STATE REP JOSH COCKROFT LITTLE AXE AND BETHEL ACRES	HE GIVES A CHRONOLOGY OF THE TORNADOES WHICH HIT THE AREA. TWO MEN PERISHED IN THE STORMS.

5/25-5/26 2013
7:00 AM
duration 30 min

TORNADO DAMAGE
MICK CORNETT
MAYOR OF OKC

EXCEPTIONALLY RESPONSE FROM
ALL PARTS OF THE WORLD. CONTACT
YOUR INSURER TO GET QUESTIONS
ANSWERED. CORNETT HAS GONE TO
A DOZEN FUNERALS.

5/25-5/26 2013

MICK CORNETT

EXCEPTIONALLY RESPONSE FROM

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KOMA-FM FOCUS ON OKLAHOMA PUBLIC AFFAIRS & ISSUES

<p>4/16-4/17/2013 7:00 A.M. duration 30 min</p>	<p>URBAN RENEWAL PRESIDENT CATHY O'CONNOR</p>	<p>THE ALLIANCE MANAGES DEVELOPMENT PROJECTS. THE EDGE APARTMENTS AT 13TH & WALKER. IT'S A 36 MILLION DOLLAR COMPLEX. SHERIDAN & LINCOLN TOO.</p>
<p>4/16-4/17/2013 7:00 A.M. duration 30 min</p>	<p>REMERGE FOR WOMAN INMATES FORMER HOUSE SPEAKER KRIS STEELE</p>	<p>A DIVERSION PROGRAM FOR NON-VIOLENT FEMALE OFFENDERS. SUBSTANCE ABUSE COUNSELING AND JOB TRAINING. IT'S A BETTER USE OF PUBLIC SAFETY DOLLARS.</p>
<p>4/13-4/14/2013 7:00 A.M. duration 30 min</p>	<p>THE FESTIVAL OF THE ARTS CO-CHAIRMAN DAN ADAMS</p>	<p>144 VISUAL ARTISTS WILL SHOW PAINTINGS, POTTERY AND CARVINGS APRIL 27TH IS THE JUNIOR ART SHOW THERE WILL BE CULINARY EXPERTS ON HAND FOR COOKING SHOWS.</p>
<p>4/13-4/14/2013 7:00 A.M. duration 30 min</p>	<p>BLACK FRIDAY LEGISLATION STATE SENATOR DAVID HOLT</p>	<p>HIS BILL ALLOWS FOR THE STATE TO HAVE REAL BLACK FRIDAY SALES. OLD LAW DATES BACK TO 1940'S REQUIRING RETAILERS TO CHARGE MORE THAN 6 PERCENT OF BASE</p>
<p>4/20-4/21/2013 7:00 A.M. duration 30 min</p>	<p>DISTRICT 97 STATE REP MIKE SHELTON</p>	<p>THE INCOME TAX RATE PLANS IS STILL ALIVE. HE THINKS IT WILL MAKE FUNDING FOR EDUCATION AND HIGHWAYS MORE DIFFICULT. HE WANTS STATE EMPLOYEES TO GET A RAISE</p>
<p>4/20-4/21/2013 7:00 A.M. duration 30 min</p>	<p>DINING IN THE DARK HEARTLAND COUNCIL OF THE BLIND</p>	<p>THEY LOBBY ON BEHLF OF THOSE WHO ARE VISUALLY IMPAIRED. THEY PLAN DINING IN THE DARK ON MAY 18TH AS A FUNDRAISER. 722-8749 FOR TICKETS.</p>
<p>4/27-4/28/2013 7:00 A.M. duration 30 min</p>	<p>LAW DAY ON MAY 1ST JENNIFER PRILLIMAN LAW LIBRARIAN</p>	<p>IT DATES BACK TO 1958. ATTORNEYS ANSWER QUESTIONS VIA A TOLL-FREE LINE RANGING FROM ESTATE, IMMIGRATION AND FAMILY LAW. ON AVERAGE THEY GET 1800 CALLS</p>
<p>4/27-4/28/2013 7:00 A.M. duration 30 min</p>	<p>TRANSIT ISSUES RICK CAIN, DIRECTOR OF METRO TRANSIT IN CENTRAL OK.</p>	<p>A CONSULTANT IS LOOKING AT WAYS TO IMPROVE BUS SERVICE. REDUCING SERVICE AREA & IMPROVING THE PRODUCT. METRO IS BUILDING A NEW PARKING GARAGE NEAR CITY HALL</p>

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
3/2-3/3/2013 7:00 AM duration 30 min	CITY COUNCIL APRIL 2ND RUNOFF GARY MARRS, JAMES GREINER SKIP KELLY AND JOHN PETTIS, JR	GARY MARRS SERVED AS FIRE CHIEF. HE EXPECTS MORE GROWTH JAMES GREINER DOESN'T LIKE FEE FOR RENTAL CAR COMPANIES. KELLY SAYS ECONOMIC GROWTH IS VITAL
3/9-3/10/2013 7:00 AM duration 30 min	CHILDRENS MEDICAL NEEDS DAVID DAVID OF THE SHRINE CIRCUS	THE CIRCUS IS MARCH 14-17TH AT STATE FAIR. THE SHRINERS TRANSPORT MORE THAN A THOUSAND CHILDREN TO HOSPITALS IN SHREVEPORT AND GALVESTON.
3/9-3/10/2013 7:00 AM duration 30 min	LINDA HANEBOG WOMEN'S ENTREPRENAURS	WE INSPIRE OFFERS STORIES ABOUT WOMEN WHOVE SUCCEEDED IN BIZ. DEBBIE FIELDS, FOUNDER OF FIELDS COOKIES WILL SPEAK. IT'S APRIL 2ND 48 % OF ALL WOMEN OWN BIZ.
3/9-3/10/2013 7:00 AM duration 30 min	NATIONAL NUTRITION MONTH BRITTANY CRISWELL - UCO ALLYSON DYKSTER, HOMEMLAND	HOMEMLAND PROVIDES GROCERY STORE TOUR HOURS AND TEACHES PEOPLE HOW TO SHOP HEALTHY. DYKSTER SAYS HOMEMLAND HOSTS TOURS (AND INFORMATION MARCH 28.
3/23-3/24/2013 7:00 AM duration 30 min	UTILITY REGULATION & COSTS CORP. COMMISSIONER PATRICE DOUGLAS	OCC REGULATES UTILITIES, OIL & GAS TELECOM AND LARGE TRUCKS. THAT COVERS 2/3RD OF THE ECONOMY. THEY REGULATE WHAT CHEMICALS ARE USED IN FRACKING
3/23-2/24/2013 7:00 AM duration 30 min	THE BETHEL FOUNDATION NANCY MALONE	BETHEL SEVERVES MORE THAN 5-THOUSAND SINGLE MOTHERS & KIDS CAMPS FOR YOUNG BOYS AND GIRLS PROVIDE FOOD AND CLOTHES. SAFETY, NUTRITION AND COOKING.
3/30-3/31/2013 7:00 AM duration 30 min	DISASTER RELIEF BAPTIST GENERAL CONVENTION SAM PORTER-RELIEF DIRECTOR	TRAINED BAPTIST MEN AND WOMEN TRAVEL AROUND THE U.S. & CENTRAL AMERICA PROVIDING FOOD & HELP 2-THOUSAND IN CHAINSAW TEAMS. RECENTLY BACK FROM EAST COAST
3/30-3/31/2013 7:00 AM duration 30 min	OKLAHOMA EMPLOYMENT SECURITY COMMISSION'S SHALONDA SANDERS	FREE JOB FAIR, FRIDAY APRIL 5TH AT BRICKTOWN EVENT CENTER. 80 COMPANIES HIRING. DRESS WELL AND BRING RESUMES. HEALTHCARE FOOD, BANKING AND INDUSTRY.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
2/2-2/3/2013 7:00 AM duration 30 min	OKLAHOMA CITY CHAMBER ROY WILLIAMS	CHAMBER LOBBIES FOR CHANGES IN EDUCATION, GOVERNMENT & TRANSPORTATION. REDUCING WORKERS COMP COSTS IS A GOAL FINISHING AMERICAN INDIAN CNT.
2/2-2/3/2013 7:00 AM duration 30 min	SENATOR CONSTANCE JOHNSON MEDICAL MARIJUANA BILL	SEEKS TO DECRIMINALIZE FIRST TIME POSSESSION CHARGE. WANTS MEDICAL MARIJUANA FOR PAIN TREATMENT. PRISONS ARE TO FULL OF MARIJUANA OFFENDERS
2/9-2/10/2013 7:00 AM duration 30 min	COLON DOCTOR DR. KARL RAZCOWSKI INTEGRIS MEDICAL CENTER	MUST GET A COLONOSCOPY BY 50. EARLIER IF YOU HAVE FAMILY HISTORY. THERE'S BEEN A 3 TO 5 PERCENT DROP IN COLON CANCERS BLACKS AND HISPANICS MORE APT
2/9-2/10/2013 7:00 AM duration 30 min	JD MCCARTY CENTER GREG GASTON & CAMP COORDINATOR	CAMP CLAPHANS IS OPEN FOR SPECIAL NEEDS CHILDREN. ALL TYPES OF CAMPING ACTIVITIES. JUNE 9TH IS THE FIRST SESSION.
2/16-2/17/2013 7:00 AM duration 30 min	CHILDRENS DENTAL HEALTH DR. JANNA WINFREE STATE HEALTH DEPARTMENT	PARENTS AND CAREGIVERS CAN HELP INFANTS GET STARTED ON GOOD DENTAL HEALTH BY WIPING GUMS. WATER DOWN JUICES. BY AGE 2 CHILDREN SHOULD HAVE EXAM.
2/16-2/17/2013 7:00 AM duration 30 min	DEPRESSION STUDY TED CONWAY OKLAHOMA CLINICAL RESEARCH	TRIAL OF A ROCHE DRUG, ANTI-DEPRESSANT. LOOKING FOR BIPOLAR AND SCHIZOPHRENICS CLIENTS PAID FOR TRAVEL & TIME.
2/16-2/17/2013 7:00 AM duration 30 min	TOURISM OKC CONVENTION & VISITORS BUREAU MIKE CARRIER	CONVENTIONS ARE LINING UP TO GATHER IN OKC. BIZ IS UP 11 PERCENT. A DIRE NEED FOR CONVENTION HOTEL NEXT TO NEW CONVENTION CENTER. BOOKING UNTIL 2021.
2/23-2/24/2013 7:00 AM duration 30 min	CHRISTIAN FINANCIAL PLANNING OKLAHOMA CITY COUNCILMAN LARRY MCATEE	REBUILDING YOUR FINANCIAL WALL IS BASED ON BIBLICAL PRINCIPALS LEARNING HOW TO USE GOD'S MONEY TO FURTHER THE GOALS OF GOD.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW	
01/06-01/07/2013	HIGHWAY SAFETY	TROOPER BETSY RANDOLPH	FATALITIES ARE DOWN IN 2012. ALCOHOL, SPEED, DISTRACTED DRIVING AND NOT WEARING BELTS ARE FACTORS. EDUCATING THE HISPANIC DEMO ABOUT CAR SEATS FOR INFANTS. OHP IS TRYING TO HIRE MORE HISPANIC TROOPERS AS WELL.
7:00 - 7:30 A.M.	ANTI-TOBACCO CAMPAIGN	JOHN WILLIAMS	A STATEWIDE CONTEST FOR ALL SCHOOLS, PUBLIC PRIVATE AND HOME SCHOOL. BE SMART DON'T START ANTI TOBACCO IS FOR K-5TH. FOCUSING ON THE DANGERS OF USING TOBACCO. THOUSANDS OF KIDS UNDER 11 TRY CIGARETTES. CONTEST PRIZE:
30 MINUTES	BREAST CANCER	DR. DAVID BURGER	BURGER ADVISES WOMEN TO GET THEIR ANNUAL MAMMOGRAMS. SOME WOMEN AT INCREASED RISK SHOULD HAVE MRI'S AND OTHER SURVEILLANCE IF YOU HAVE A FAMILY HISTORY, GET TESTED BEFORE AGE 40.
DURATION	CITY HALL POLITICS	WARD 7 COUNCILMAN SKIP KELLY	KELLY SAYS IT TAKES A LOT OF TIME TO MOVE A PRO-GROWTH AGENDA FORWARD ON THE CITY LEVEL. KELLY IS PLEASED WITH THE VETTING REGARDING THE BOULEVARD. KELLY SUPPORTS BUILDING A CONVENTION CENTER HOTEL IN DWTN.
01/06-01/07/2013	OKC SCHOOLS	LYNN HARDIN CANDIDATE	HARDIN IS AN ALUM OF NORTHWEST CLASSEN HIGH SCHOOL. HARDIN SAYS IT'S TIME TO INSPIRE STUDENTS IN ORDER TO PREVENT DROPOUTS. HARDIN WANTS TO MEET WITH SUPERINTENDENT KARL SPRINGER REGARDING DOUGLASS HIGH SCAM.
7:00 - 7:30 A.M.	OKC SCHOOLS	ANGELA MONSON	ACADEMIES FOR STUDENT INTEREST IN CERTAIN CAREERS RANGING FROM ENGINEERS, INFO TECH, FINANCE, HEALTH AND SCIENCE ARE WORKING. SCHOOLS ARE NOTICING AN INCREASE IN PROFICIENCY IN MOST SUBJECTS WITH THE EXCEPTION OF MATH.
30 MINUTES	TAX PREPARATION	H&R BLOCK DISTRICT MANAGER CHERYL CRAIG	COLLECT W2'S, BROKERAGE STATEMENTS AND KEEP IT IN ONE PLACE. THE IRS WILL NOT ACCEPT RETURNS UNTIL JANUARY 30TH BECAUSE OF CHANGES IN TAX FORMS DUE TO TAX RATE CHANGES. H&R HAS 28 OFFICES IN CENTRAL OKLAHOMA.
DURATION	CITY HALL ELECTIONS	WARD 1 OKLAHOMA CITY COUNCILMAN GARY MARRS	MARRS SEEKS ANOTHER TERM AFTER 9 YEARS IN OFFICE. HE SEEKS A HAPPY BALANCE BETWEEN THE GROWING ECONOMY AND PROTECTING THE INTEREST OF TAXPAYERS. ROADS & PUBLIC SAFETY ARE HOT BUTTON ISSUES.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW	
12/2-12/3/2012 7:00-7:30 A.M. 30 MINUTES DURATION	SHOPPING SAFETY	OKCPD SGT. JENNIFER WARDLOW	THERE IS ALWAYS AN INCREASE IN OPPORTUNITY FOR CRIMINALS TO STRIKE SHOPPERS. PARK CLOSE TO THE STORE IN A WELL LIT AREA. THERE IS SAFETY IN NUMBERS WHEN SHOPPING.
12/2-12/3/2012 7:00-7:30 A.M. 30 MINUTES DURATION	OPENING NIGHT	GENTRY MCKOEWN DOWNTOWN OKC. INC	A FAMILY ORIENTED PARTY IN DOWNTOWN. SNOW TUBING AT THE BALLPARK, ALONG WITH DEVON ICE RINK AT THE MYRIAD GARDENS. DOWNTOWNINDECEMBER.COM
12/9-12/10/12 7:00-7:30 A.M. 30 MINUTES DURATION	MARINES TOYS FOR TOTS	CORPORAL LUCAS VEGA CAPT. NATE BLODGETT SGT. BRIAN SIMMS	THE CHALLENGE IS TO GET VOLUNTEER TOY SORTERS BASED ON AGE. GO TO: OKC.TOYSFORTOTS.ORG TO SIGN UP. THE TOYS GO TO NEEDY CHILDREN.
12/9-12/10 7:00-7:30 A.M. 30 MINUTES DURATION	OKLAHOMA CURLING CLUB	REX OATES, MEMBER	IT'S LIKE SHUFFLE BOARD ON ICE. 4 MEMBER TEAM COMPETE. THEY TRY TO GET GRANITE STONE CLOSEST TO BULLSEYE. SPORT DATES BACK TO THE 1500'S. FREE DEMONSTRATIONS AT ARTIC EDGE HOCKEY CENTER IN EDMOND.
12/16-12/17/12 7:00-7:30 A.M. 30 MINUTES DURATION	THE JESUS HOUSE	RICK DENNY, CEO	THE JESUS HOUSE CELEBRATES ITS 40TH ANNIVERSARY NEXT FEB. THEY SERVE HUNDREDS AND PROVIDE 75 BEDS FOR THE HOMELESS WHO ARE ADDICTED AND HAVE MENTAL ILLNESS. IT'S A TAX-FREE GROUP. JESUSHOUSEOKC.ORG
12/16-12/17/12 7:00-7:30 A.M. 30 MINUTES DURATION	OPENING NIGHT	STACY HAWTHORNE THE ARTS COUNCIL	IT'S A WAY OF RINGING IN THE NEW YEAR WITH MORE THAN 40 PERFORMANCES AT NINE VENUES. A GLOWING BALL WILL RISE IN DOWNTOWN. FOOD AND DRINK ARE AVAILABLE. WRISTBANDS AVAILABLE AT 7-11 AND MIDFIRST BANK. ARTSCOUNCILOKC.CC
12/23-12/24/12 7:00-7:30 A.M. 30 MINUTES DURATION	NON ALCOHOLIC MIXED DRINKS	CHUCK MAI WITH TRIPLE A OKLAHOMA	THE MIXOFF CONTEST FEATURES FOUR NON-BOOZE DRINKS FOR HOLIDAY PARTIES. FIRST PLACE WEN TO THE MARRIOTT. IT FEATURES JUICES, MINT ANI A MINT SPRIG ON TOP. RECIPES AT AAA.COM/ PARTYGUIDE
12/23-12/24/12 7:00-7:30 A.M. 30 MINUTES DURATION	HOLIDAY TRAVEL	KAREN CARNEY WILL ROGERS WORLD AIRPORT	DEALING WITH SECURITY CHECKPOINTS AND LINES CHECK YOUR CARRIERS WEBSITE. TO LEARN WHAT CAN FLY GO TO TSA.GOV FOR INFORMATION ON WHAT YOU CAN CARRY ONTO THE PLANE. HOURLY PARKING HAS MOVED.
12/30-12/30/12	HOLIDAY TRAVEL (PART 2)	CHUCK MAI	HE URGES MOTORISTS TO MAINTAIN YOUR CAR

7:00-7:30 A.M. 30 MINUTES DURATION	TRIPLE A OKLAHOMA	FOR WINTER CONDITIONS. TRIPLE A HAS A LIST OF APPROVED AUTO REPAIR SHOPS. TRIPLEA.COM FEATURES THE LIST. CHECK FLUIDS, TIRES, BATTLE BELTS AND HOSES.
12/30-12/30/12 7:00-7:30 A.M. 30 MINUTES DURATION	KEELI McEWEN WITH CITIZENS CARING FOR CHILDREN	THEY PROVIDE HELP TO CHILDREN FROM CLOTHES TOILETRIES, AND SHOES. THE GROUP WAS FOUNDED IN 1984 IN EDMOND. DENNY SAYS THE HOMELESS WON'T BE GOING AWAY AND SERVE A 7 COUNTY AREA. THEY ARE TRYING TO FIND TOYS FOR 1000 KI

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS SHOW	
10/6-10/7-2012 7-7:30 a.m. 30 minutes in duration	GREAT OKC TREE GIVEAWAY	OKC PARKS SPOKESPERSON JENNIFER McCLINTOCK	AN ONGOING TREE GIVEAWAY PROGRAM DATING BACK TO 2008. 1-THOUSAND TREES TO BE GIVEN AWAY. THE TREE BANK FOUNDATION IS HELPING WITH PROGRAM ALONG WITH THE APACHE FOUNDATION. OKC.GOV/RELEAF & SIGNUP.
10/6-10/7-2012 7-7:30 a.m. 30 minutes in duration	NEIGHBORHOOD ALLIANCE	EXECUTIVE DIRECTOR GEORGIE RASCOE	A CANDIDATE FORUM IS PLANNED OCT 11TH FOR PUTNAM HEIGHTS ELEMENTARY. THE CANDIDATES INCLUDE SHERIFF'S CANDIDATES. THE ALLIANCE HAS BEEN AROUND FOR 30 YEARS. 12 TO 18 NEIGHBORHOODS ORGANIZE A YEAR.
10/13-10/14 7-7:30 a.m. 30 minutes in duration	EDMOND SYNTHETIC DRUGS	DETECTIVE HUNT EDMOND POLICE	HUNT TALKS ABOUT SYNTHETIC DRUGS. THEY ARE MANMADE DRUGS. SOMETIMES USERS ARE COMBATIVE TO OFFICERS. BRAIN DAMAGE IS A STRONG LIKLIHOOD. HUNT URGES PARENTS TO GO THROUGH TEENS PHONES TO DETERMINE USE.
10/13-10/14 7-7:30 a.m. 30 minutes in duration	GASOLINE PRICES	CHUCK MAI - TRIPLE A OKLAHOMA	THE PRICES IN THE SECOND WEEK OF SEPTEMBER IS AROUND \$3.30 PER GALLON. TENSIONS IN THE MIDEAST ARE CAUSING PROBLEMS. TULSA'S GAS PRICES ARE MUCH CHEAPER THAN THE OKC AREA.
10/20-10/21 7-7:30 a.m. 30 minutes in duration	ELECTION DAY	PAUL ZEREX STATE ELECTION BOARD SECRETARY	IN PREPARATION OF TUESDAY, NOV. 6TH, VOTERS CAN VOTE BY MAIL OR BY INSPERSON ABSENTEE A COUNTY ELECTION BOARD OFFICE. OCT 31ST IS THE DEADLINE TO GET A EARLY VOTING BALLOT. YOU MUST PROMISE TO VOTE ONCE.
10/20-12/21 7-7:30 a.m. 30 minutes in duration	REAL ESTATE MARKET	GLEN COSPER KELLER WILLIAMS REAL ESTATE	THERE ARE PLENTY OF NEW HOMES AVAILABLE. SOME OF THE LOWER END EXISTING HOMES ARE HARD TO SELL. PEOPLE ARE BUYING SMALLER HOMES, 2-THOUSAND TO 3800 SQUARE FEET. RATES ARE AS LOW AS 3.5 PERCENT.
10/27-10/28 7-7:30 a.m. 30 minutes in duration	OKLAHOMA COUNTY SHERIFF'S RACE	SHERIFF JOHN WHETSEL INCUMBENT	HE CLAIMS TO HAVE REDUCED CRIME 86 PERCENT IN RURAL OKLAHOMA COUNTY. TRIAD IS HELPING CUT NUMBERS OF SCAMS, FRAUD AND PROPERTY CRIMES. AN A&D FIRM IS STUDYING THE COUNTY JAIL FOR OPTIONS FOR RENOVATION OR EXPANSIO
10/27-10/28 7-7:30 a.m. 30 minutes in duration	OKLAHOMA COUNTY SHERIFF'S RACE	CHALLENGER DARREL SORRELS	HE IS AGAINST BUILDING A NEW COUNTY JAIL. HE IS SKEPTICAL OF THE VALUE OF ACCREDITATION OF THE COUNTY JAIL. THE BOTTOM LINE IS THAT EXPANSION OR GROWTH WILL COST MILLIONS OF DOLLARS.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS PROGRAM	ISSUES DISCUSSED
9/1-9/2-2012 25 MIN LONG 7AM-730 AM	THE PARKINSON FOUNDATION GOLF TOURNAMENT	DALE ALEXANDER, GREENS GOLF JIM KEATING - PARKINSON'S FOUNDATION	DALE ALEXANDER, A BOARD MEMBER AT THE GREEN'S COURSE TALKS ABOUT THE CHARITY TOURNAMENT. 15-THOUSAND PEOPLE ARE DIAGNOSED WITH THE DISEASE. PROCEEDS STAY IN THE STATE. IT'S SEPT 24TH.
9/1-9/2-2012 25 MIN LONG 7AM-730 AM	BUSINESS DEVELOPMENT AND RETENTION	OKLAHOMA COMMERCE SECRETARY DAVE LOPEZ	LOPEZ SAYS 90% OF THE WORK IS DEVELOPMENT AND RETENTION OF CORPORATIONS IN THE STATE. HE SAYS THE SMALLER LOCAL BUSINESSES ARE KEEPING OUR ECONOMY STRONG AND HIRING. AEROSPACE IS STILL A BIG EMPLOYER.
9/8-9/9-2012 25 MIN LONG 7AM-730 AM	OKLAHOMA TURNPIKE AUTHORITY	JACQUE DAMRILL OTA SPOKESMAN	KILPATRICK AND CREEK TURNPIKES ARE BEING WIDENED TO SIX LANES. TURNER WILL LIKELY BE WIDENED BETWEEN BRISTOW AND TULSA IN 5 YEARS. THEY ARE REBUILDING SEVERAL TURNPIKE PLAZAS
9/8-9/9-2012 25 MIN LONG 7AM-730 AM	DISTRICT 3 OKLAHOMA COUNTY BUSINESS	COMMISSIONER WILLA JOHNSON	JOHNSON WANTS TO WORK WITH TURNPIKE AUTHORITY TO BUILD A WESTBOUND TURNER GATE TO LUTHER ROAD. THE COUNTY JAIL ISSUE HAS YET TO BE SETTLED. SHE SUPPORTS A LIMITED SALES TAX.
9/15-9/16-2012 25 MIN LONG 7AM-730AM	GARDEN SHOW	ALLAN STORJEHAN LOCAL HORTICULTURIST	THE GARDENING TOUR FOR EXPERTS. SIX HOMES AND THE CHESAPEAKE ENERGY EMPLOYEE GARDE FEATURES ALL TYPES OF PLANTS. GARDENING IS AN AFFORDABLE WAY TO ADD VALUE TO YOUR HOME.
9/15-9/16-2012 25 MIN LONG 7AM-730AM	LIMITING TAX BREAKS AT THE STATE CAPITOL	REPRESENTATIVE DAVID DANK	DANK WANTS EVERY TAX CREDIT REVIEWED AND SUBJECT TO A COST-BENEFIT-ANALYSIS. BREAKS FOR COAL AND WIND POWER ARE IN QUESTION. HE IS AGAINST GRANTING TAX BREAKS IN THE LAST 5 DAYS OF THE SESSION.
9/22-9/23-2012 25 MIN LONG 7AM-730 AM	HEALTH RANKINGS	STATE HEALTH COMMISH TERRY CLINE	OKLAHOMA RANKS 48TH IN THE NATION REGARDING OUR WELNESS. TOBACCO USE AND BAD EATING HABITS ARE THE MAIN CAUSE. EDUCATION FROM SCHOOLS AND BUSINESSES ARE CRITICAL.
9/22-9/23-2012 25 MIN LONG 7AM-730 AM	DISTRICT 3 OKLAHOMA COUNTY BUSINESS		JOHNSON WANTS TO WORK WITH TURNPIKE AUTHORITY TO BUILD A WESTBOUND TURNER GATE TO LUTHER ROAD. THE COUNTY JAIL ISSUE HAS YET TO BE SETTLED. SHE SUPPORTS A LIMITED SALES TAX.
9/29-9/30-2012	OKLAHOMA HEALTH CARE	OHC EXECUTIVE MIKE FOGARTY	THEY ADMINISTER THE SOONER CARE PROGRAM

25 MIN LONG 7AM-730 AM	AUTHORITY		FOR LOW INCOME CHILDREN AND SENIOR CITIZENS 800-THOUSAND OKLAHOMANS ARE COVERED BY THE PROGRAM. MOST ARE CHILDREN.
9/29-9/30-2012 25 MIN LONG 7AM-730 AM	OKLAHOMA WEATHER	RICK SMITH, WARNING COORDINATION METEOROLOGIST	TOWN MEETING TO LEARN MORE ABOUT THE FOLKLORE SURROUNDING SEVERE WEATHER. SMITH SAYS THE DROUGHT IS ONE OF THE WORST IN MODERN TIMES AND HE SAYS WE NEED 14 INCHES OF RAIN.

KOMA-FM	FOCUS ON OKLAHOMA	PUBLIC AFFAIRS & ISSUES
8/4-8/5/2013 7:00 AM duration 30 min	OHP COMMISSIONER MICHAEL THOMPSON	STREAMLINING DRIVERS TESTING IS UNDERWAY. DRIVING SCHOOLS WILL ADMINISTER THE TESTS. PATROL ISSUES A MILLION DRIVERS LICENSE A YEAR.
8/4-8/5/2013 7:00 AM duration 30 min	SARAH WELCH CITY PLANNING DEPARTMENT	THE COMPREHENSIVE PLAN IS DESIGNED TO HELP THE CITY GROW AND DEVELOP. LAND USE, MASS TRANSIT ARE TOPICS ADDRESSED. SANTA FE PURCHASE PLANNED.
8/11-8/12/2013 7:00 AM duration 30 min	CIVIC CENTER FOUNDATION LINDA HANEBOG	THE HALL DATES BACK TO 1937 & CALLED MUNICIPAL AUDITORIUM WHICH HELD 6-THOUSAND PATRONS FRANKIE VALLIE COMES FOR A FUNDRAISING CONCERT.
8/11-8/12/2013 7:00 AM duration 30 min	DHS COMMISSIONER WES LANE	DHS DEALS WITH THE WORST CASES MORE CASE WORKERS WILL BE HIRED TO REDUCE CASELOAD. BIG PUSH TO FIND FOSTER PARENTS TO CARE FOR CHILDREN.
8/18-8/19/2013 7:00 AM duration 30 min	WOMEN'S HEALTH FORUM DR. MARY ANN BAUMAN INTEGRIS MEDICAL CENTER	5-THOUSAND PEOPLE ATTEND WORKSHOPS & FORUMS. HOW TO AVOID DIABETES AND OBESITY ARE COVERED SEPT 11TH IN YUKON AVOIDING STROKES AS WELL.
8/18-8/19/2013 7:00 AM duration 30 min	ALLERGIES DR. GREG KREMPEL OU COLLEGE OF MEDICINE	TALKS ABOUT EARS, NOSE AND THROAT PROBLEMS. RAGWEED & CEDAR ARE IRRITANTS. WE'RE IN THE TOP 10 AS AN ALLERGY CITY. SALINE AND ANTI-HISTAMINES WORK
8/25-8/26/2013 7:00 AM	FOLDS FOR HONOR FOUNDATION MAJOR ED PULLIDO GAILLARDIA COUNTRY CLUB PETER VITALI	OCTOBER 5TH, A GOLF TOURNAMENT TO RAISE MONEY FOR WOUNDED SOLDIERS AND THEIR FAMILIES.
8/25-8/26/2013 7:00 AM duration 30 min	MEN'S HEALTH DR. PAUL PRESSLER OU MEDICINE	GET A BLOOD TEST TO SEE HOW YOUR SUGAR AND TRIGLYCERIDES LOOK. DIABETES IS A MAJOR ISSUE GET A COLONOSCOPY BY AGE 50 OU MEDICINE. COM