



WEMM-FM

## **Quarterly Report of Compliancy Issues & Programs List 2020-Q3 (July - September) – Radio Health Journal**

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
- Business & Industry
- Climate Change
- Communications
- Consumerism & Consumer Safety
- Disabilities
- Disasters & Preparedness
- Discrimination
- Eating Disorders
- Economics
- Education
- Elderly & Senior Citizens
- Elected Officials
- Employment & Workplace Issues
- Environment & Outdoors
- Ethics
- Family & Parenting Issues
- Federal Government
- Flooding
- Health Care
- Infectious Disease
- Individual Rights
- Interpersonal Relations
- Labor Issues
- Mental Health Issues
- Minority Issues
- National Defense
- Obesity
- Organ Donors
- Pets & People
- Pollution
- Poverty
- Public Health
- Public Safety
- Sports & Recreation
- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk



**Program:** 20-28  
**Air Week:** 7/12/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:50	<b>SEGMENT 1: ORTHOREXIA: OVERDOING A GOOD THING</b>	<b>12:50</b>

**Synopsis:** Therapists report an increase in orthorexia, a not-yet recognized eating disorder where people become fixated on eating only healthy things and/or exercising hours per day. It can take over an afflicted person's life and result in physical symptoms much like anorexia. Experts discuss diagnosis and treatment.

**Host & Producer:** Reed Pence.

**Guests:**

- Claire Mysko, Chief Executive Officer, National Eating Disorders Association
- Dr. Jennifer Carter, Clinical Associate Professor of Psychiatry and Behavioral Health, Ohio State University Wexner Medical Center
- Dawn White, Registered, Licensed Dietician, Timberline Knolls Residential Treatment Center, Lemont, IL

**Compliance issues covered:** eating disorders; mental health issues; health care; consumerism; youth at risk

**Links for more information:**

- <https://wexnermedical.osu.edu/find-a-doctor/jennifer-carter-phd-22765>
- <https://www.eatingdisorderhope.com/virtual-conference-3/claude-mysko>
- <https://www.globenewswire.com/news-release/2020/02/19/1987163/0/en/Timberline-Knolls-Celebrates-National-Eating-Disorders-Awareness-Week.html>
- National Eating Disorders Association Hotline 800-931-2237

15:42	<b>SEGMENT 2: TICK PARALYSIS: WHEN A TICK BITE CAN BE FATAL</b>	<b>7:15</b>
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**Synopsis:** Summer is tick season, and tick bites are common. However, bites from a couple of types of ticks can produce paralysis and even death if the tick is not removed quickly. An expert discusses.

**Host:** Nancy Benson.

**Guests:**

- Dr. Mark Dworkin, Infectious disease specialist, University of Illinois at Chicago School of Public Health

**Compliance issues covered:** health care; public health; youth at risk; outdoors and environment

**Links for more information:**

- <https://publichealth.uic.edu/global-health-program/mark-s-dworkin>

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**Program:** 20-33  
**Air Week:** 8/16/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:50	SEGMENT 1: WHO GETS A VACCINE?	13:08

**Synopsis:** Development of a Coronavirus vaccine is proceeding at a breakneck pace. What needs to happen to make sure it's safe and effective? And if a vaccine is successfully made, who should get it first? Will enough people opt in to get back to normal life, or will COVID-19 be with us for years? Experts discuss.

**Host & Producer:** Reed Pence.

**Guests:**

- Lawrence Gostin, University Professor of Health Law and Director, O'Neill Institute of National and Global Health Law, Georgetown University
- Dr. Jacob Appel, Director of Ethics Education in Psychiatry, Icahn School of Medicine, Mt. Sinai, New York

**Compliance issues covered:** public health; public safety; federal government; economics; first responders; minority issues; ethics; vaccination; infectious disease

**Links for more information:**

- <https://oneill.law.georgetown.edu/faculty/Lawrence-Gostin/>
- <https://www.mountsinai.org/profiles/jacob-m-appel>

16:00	SEGMENT 2: STRESS AND TYPE 2 DIABETES	6:55
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**Synopsis:** A new study shows that people who have type 2 diabetes and are under chronic stress are more likely to have high blood sugar. The study's lead author and a patient discuss how stress can make diabetes worse and what people can do to counteract it.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Janice Harris, diabetes patient
- Dr. Joshua Joseph, Assistant Professor of Medicine, The Ohio State University Wexner Medical Center

**Compliance issues covered:** health care; public health

**Links for more information:**

- <https://medicine.osu.edu/find-faculty/clinical/internal-medicine/joshua-joseph-md>





**Program:** 20-36 **Writers/Producers:** Reed Pence  
**Air Week:** 9/6/2020 **Studio Production:** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:47	SEGMENT 1: THE LOOMING "HOTHOUSE EARTH"	12:48

**Synopsis:** Rising global temperatures have produced extreme weather and a rising sea level. Climate scientists fear we may soon reach the point of no return, resulting in a hothouse with large portions of the planet uninhabitable. Authors of a major report on this phenomenon explain.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Diana Liverman, Professor of Geography and Development, University of Arizona
- Dr. Katherine Richardson, Professor of Biological Oceanography and leader, Sustainability Science Center, University of Copenhagen
- Dr. Kristina Dahl, Senior Climate Scientists, Union of Concerned Scientists

**Compliance issues covered:** environment; pollution; climate change; flooding; federal government; economics

**Links for more information:**

- <https://www.environment.arizona.edu/diana-liverman>
- <https://www.ecsj2017.com/profile/katherine-richardson>
- <https://www.ucsusa.org/bio/kristina-dahl-.W5Khv1KZPOY>

15:37	SEGMENT 2: IMPOSTER SYNDROME	7:05
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**Synopsis:** Many people who are smart, talented and successful still believe they are incompetent on the inside and that others will eventually find out. This "imposter syndrome" can undermine careers and lead to psychological distress. Two noted experts in the field discuss origins and how to deal with the phenomenon.

**Host:** Nancy Benson.

**Producer:** Ariana Kraft.

**Guests:**

- Dr. Valerie Young, founder, impostersyndrome.com and author, *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Imposter Syndrome and How to Thrive In Spite of It*
- Dr. Pauline Rose Clance, Professor Emeritus, Georgia State University

**Compliance issues covered:** mental health; business and industry; education; parenting issues

**Links for more information:**

- <https://impostorsyndrome.com/valerie-young/>
- [http://paulineroseclance.com/prc\\_biography.html](http://paulineroseclance.com/prc_biography.html)

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**Program:** 20-38  
**Air Week:** 9/20/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<u>Time</u>	<u>Segment</u>	<u>Dur.</u>
1:48	SEGMENT 1: MORE PETS IN THE PANDEMIC	12:36

**Synopsis:** Pets are a comfort in difficult times, and the pandemic is no exception. Animal shelters report a surge in pet adoptions, especially puppies, in the last six months, and veterinarians are having to adopt procedures such as telemedicine to deal with the increase while still staying safe. Experts explain how adopting and training a new pet has changed in the pandemic.

**Host & Producer:** Reed Pence.

**Guests:**

- Christina Morrison, Director of Development, West Suburban Humane Society, Downers Grove, IL
- Dr. Katie Stover, veterinarian and owner, Red Barn Animal Hospital, Hampshire and Gilberts, IL
- Dr. Douglas Kratt, veterinarian, LaCrosse, WI, and President, American Veterinary Medical Assn.

**Compliancy issues covered:** consumerism; pets and people; animal health; public health; infectious disease

**Links for more information:**

- <https://wshs-dg.org/about-us/who-we-are>
- <https://redbarnpetvet.com/>
- <https://www.avma.org/about/avma-staff-leadership/douglas-kratt-dvm>

15:26	SEGMENT 2: KIDS' QUESTIONS ABOUT COVID-19	7:01
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**Synopsis:** Children are living through a scary time right now and often have little understanding of why their world has been turned upside down. A noted public health expert explains what he's found about children's concerns of the pandemic and how parents can answer their questions.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. William Haseltine, Chairman and President, Access Health International and author, *A Family Guide to Covid: Questions and Answers for Parents, Grandparents and Children and A Covid Guide to Back to School: Questions and Answers for Parents and Students*

**Compliancy issues covered:** children and youth at risk; education; family issues; infectious disease; parenting

**Links for more information:**

- <https://www.williamhaseltine.com/>

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**Program:** 20-39  
**Air Week:** 9/27/2020

**Writers/Producers:** Reed Pence  
**Studio Production:** Jason Dickey

<b>Time</b>	<b>Segment</b>	<b>Dur.</b>
1:49	SEGMENT 1: OBESITY BIAS IN MEDICINE	13:15

**Synopsis:** Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Experts explain the problem, results, and what might be done about it.

**Host & Producer:** Reed Pence.

**Guests:**

- Dr. Rebecca Puhl, Professor of Human Development and Family Studies, University of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity
- Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale University and Founder, True Health Initiative
- Kathy Kater, psychotherapist specializing in body image, eating and weight issues

**Compliance issues covered:** health care; public health; discrimination; obesity; education

**Links for more information:**

- <http://www.uconnruddcenter.org/faculty-and-staff-rebecca-puhl>
- <https://davidkatzmd.com/>
- <http://bodyimagehealth.org/about-the-author>

16:06	SEGMENT 2: RHEUMATOID DISEASES	6:52
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**Synopsis:** Rheumatoid diseases number around 100, though arthritis is the most well known. They can be crippling and sometimes even fatal, but good treatments exist. The key is early detection, as an expert explains.

**Host:** Nancy Benson.

**Producer:** Reed Pence.

**Guests:**

- Dr. Kanika Monga, rheumatologist, University of Texas-Health Science Center, Houston

**Compliance issues covered:** health care; public health

**Links for more information:**

- <https://www.doximity.com/pub/kanika-monga-md>

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