KULO FM Sauk Centre, MN 56378 Quarterly Issues Programming Listing January – March 2023

Public Service Director Amy Foxx compiled the list for the First quarter of 2023, uploaded on April 10th, 2023

Issues Programs List

Quarterly Issues Programs list for KULO January 1 – March 31, 2023

Placed in the Public File April 10th, 2023

Section I. Issues.

The station has identified the following issues as significant issues facing our community in this quarter.

- **A. Public Health and Healthcare**: Health issues and initiatives, in our area.
- **B. Mental Health:** Helping the public remain aware and to make good choices.
- **C. Climate change, Environment, Science and Weather**: Keeping the public informed of changes that may affect them and their surroundings
- **D. Education and Economics**: Issues relating to public education, production and business services in our community.
- **E. Federal Government, Global Affairs, Politics and Law**: Keeping the public aware and informed.

F: Local Community Issues

Section II. Responsive Programs

The station has broadcast programming dealing with each of the above-referenced issues. Programming dealing with each issue is set out below. Radio Health Journal airs Sundays from 6:00 to 6:30am and Viewpoints on Sundays from 6:30 to 7:00am. In addition, we have a weekly local segment on Fridays called **Pay It Forward**, which

highlights organizations and individuals, and the work they do to address issues in our community.

A. Public Health and Healthcare:

RADIO HEALTH JOURNAL

Air Week: 01/01/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: AGING WITH YOUR HOME: RENOVATIONS TO MAKE YOUR SPACE MORE ACCESSIBLE

Time: 6:01am

Duration: 12:21

Synopsis: As we age, certain aspects of our home, like stairs and loose rugs, can become major obstacles. And while renovations can seem intimidating and expensive, there are many simple changes that can

make a huge difference. **Host:** Reed Pence

Producer: Kristen Farrah

Guests: Ty Pennington, Home Renovation Expert; Amy Goyer, National Family and Caregiving expert **Compliancy issues:** Senior Living, Home Accessibility, Vulnerable Populations, mobility, Public Safety,

Home Renovation, Disabilities, Home Safety

RADIO HEALTH JOURNAL

Air Week: 01/08/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: DRUNKOREXIA: A POPULAR PRACTICE THAT LEADS TO MALNOURISHMENT

Time: 6:01am

Duration: 11:23

Synopsis: 'Drunkorexia' is a habit that's popular among young people where they refuse to eat before a night of drinking. Though many assume this will help keep their calorie consumption low, experts reveal

why engaging in this practice can lead to weight gain and other health risks.

Host: Reed Pence **Producer:** Kristen Farrah

Guests: Dr. Dipali Rinker, Research Assistant Professor, University of Houston; Joy Stephenson-Laws, Founder, Proactive Health Labs Dr. Petros Levounis, Professor and Chairman of Psychiatry, Rutgers New Jersey Medical School William Mupo, Former Health Promotions Coordinator, University of Texas at

Austin

Compliancy issues: Compulsive Drinking, Vulnerable Populations, Excessive Drinking, Alcoholism, Peer Pressure, Public Safety, Alcohol, Weight Gain, Healthy Living, Student Safety, Eating Disorders

RADIO HEALTH JOURNAL

Air Week: 02/12/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: HOW DOCTORS CAN TRANSPLANT ORGANS WITHOUT A DONOR MATCH

Time: 6:01am

Duration: 11:01

Synopsis: Colette Hurd needed two new lungs and a kidney after being diagnosed with pulmonary arterial hypertension. Unfortunately, her high antibody count made it nearly impossible to find a donor match. This week, We discuss how creative thinking and plasma exchange technology helped save Colette's life.

Host: Reed Pence

Producer: Kristen Farrah

Guests: Colette Hurd, Organ Transplant Patient; Dennis Hurd, Organ Donor Advocate; Lori Harada, Senior

Manager, Technical Excellence Team, Terumo Blood and Cell Technologies

Compliancy issues: Surgery, Kidney Disease, high blood pressure, Organ Donors, Antibodies, Vulnerable

Populations, Apheresis, Consumerism, Cardiology, hospital staff, lung disease

RADIO HEALTH JOURNAL

Air Week: 02/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: FINDING PAIN MANAGEMENT STRATEGIES THAT DON'T INVOLVE OPIOIDS

Time: 6:14am Duration: 8:25

Synopsis: We have coaches for nearly every aspect of our lives, so why not have one to help patients work through their health crises? Life Care Coaches are being integrated into hospitals to help patients safely use prescription opioids and even offer pain management strategies that don't involve drugs. Experts explain how this new position is helping decrease rates of addiction and opioid overdoses.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Cammie Wolf Rice, Author, The Flight, Founder, Christopher Wolf Crusade; Dr. Mara Schenker, Chief of

Orthopedics, Grady Memorial Hospital

Compliancy issues: Drug Overdose, Drug Abuse, Vulnerable Populations, Addiction, Consumerism, Opioids, Pain

Management, Pain Medication

RADIO HEALTH JOURNAL

Air Week: 02/26/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: BLAME YOUR GRANDPARENTS FOR YOUR HEALTH ISSUES

Time: 6:15am

Duration: 7:34

Synopsis: Our personal health may be determined before even our parents are born. Scientists have discovered that our ancestors have a greater impact on us than we think. Author Judith Finlayson explains how our grandparents' habits and behaviors have a direct influence on our DNA.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Judith Finlayson, author of You Are What Your Grandparents Ate

Compliancy issues: Genetics, Epigenetics, Vulnerable Populations, Diet, Ancestry, Public Health,

Nutrition, Consumerism, Exercise

RADIO HEALTH JOURNAL

Air Week: 03/12/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: IS YOUR DIET SLOWLY KILLING YOU?

Time: 6:14am Duration: 9:07

Synopsis: Ultra-processed foods first appeared in the 1950s and have since taken over much of what's on our plates today. This diet leaves us lacking in several essential nutrients we need to function. Experts discuss how you can supplement your diet – with less pills and more natural ingredients – to get your health back on track.

Host: Nancy Benson
Producer: Kristen Farrah

Guests: Dr. Filippa Juul, Post-Doctoral Fellow, New York University; Dr. Chris Damman, Associate Professor of Gastroenterology and Medicine, University of Washington, Chief Medical and Science

Officer, Supergut

Compliancy issues: Microbiome, Prebiotics, Probiotics, Diet, Gut Health, Public Health, Health,

Supplements, Ultra-processed Food, Federal Regulations

RADIO HEALTH JOURNAL

Air Week: 03/26/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: THE WOMAN BEHIND THE POLIO VACCINE

Time: 6:14am

Duration: 8:44

Synopsis: The World Health Organization reports that polio cases have decreased by more than 99% since 1988, thanks to the vaccine. And while the names Sabin and Salk are often associated with the accomplishment, Dr. Dorothy Horstmann is the woman behind the cure you've probably never heard of. In honor of Women's History Month, Author Lynn Cullen explains Horstmann's crucial role in the fight against polio.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Lynn Cullen, author, The Woman With the Cure

Compliancy issues: Public Safety, Polio, Vaccine, Quarantine, Isolation, Pandemic, Cure, Women In

Medicine, Female Doctors, Women's History Month

RADIO HEALTH JOURNAL

Air Week: 01/15/2023

Executive Producer: Amirah Zaveri Production Manager: Jason Dickey SEGMENT 2: IS COVID-19 THE NEW FLU?

Time: 6:14am

Duration: 8:24

Synopsis: Healthcare's hope is that Covid-19 soon becomes a seasonal sickness that we deal with using yearly vaccines. And while the public seems eager to put the pandemic in the past, many people aren't following up with the recommended booster shots. An expert discusses why we can't become too lax with our treatment of this virus.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Sumita Khatri, Vice Chair, Respiratory Institute, Director of the Asthma Center, Cleveland

Clinic, Chair Elect, American Lung Association

Compliancy issues: Virus, Vaccine Fatigue, Vaccines, Omicron, Mild Covid, Virus Variants, Long Covid,

Immunity, Covid-19

RADIO HEALTH JOURNAL

Air Week: 03/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: NEW TEST CAN DETECT BOTH COVID-19 AND THE FLU

Time: 6:14am Duration: 8:24

Synopsis: The FDA has granted emergency use authorization to Lucira Health's combined Covid-19 and flu at-home testing kit. In just thirty minutes it can detect whether you're positive or negative for Covid, influenza A, and influenza B. Dr. Emily Volk explains the EUA status and how to properly use this new

test.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Emily Volk, President, College of American Pathologists

Compliancy issues: Public Health, Vaccine, Consumerism, Influenza, Emergency Use Authorization,

Public Health Reporting, Covid-19, False Positives, False Negatives, Home Testing

B. Mental Health:

RADIO HEALTH JOURNAL

Air Week: 01/22/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: SAVING OUR HEROES: HELPING FIRST RESPONDERS HEAL THEIR PTSD

Time: 6:14am Duration: 7:57

Synopsis: PTSD wasn't an official diagnosis until 1980. Before then, Dr. Marilyn Wooley was told some people were simply a lost cause. Now, she helps first responders work through their trauma – proving

that a PTSD diagnosis is not the end of their careers.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Marilyn Wooley, Police and Public Safety Psychologist, Author

Compliancy issues: Depression, Anxiety, First Responders, Public Safety, Psychology, Public Health, PTSD,

Police and Law Enforcement, Mental Health, Trauma, Consumerism, traumatic experiences

RADIO HEALTH JOURNAL

Air Week: 01/29/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: HOW YOU CAN MAKE ANXIETY YOUR BEST FRIEND

Time: 6:14am Duration: 8:20

Synopsis: Natalie Kohlhaas says anxiety has been getting a bad rap. As an anxiety expert, she says we need to recognize how feeling anxious is a good thing, and that fear is the emotion that's been holding us back. Kohlhaas explains the biological function of anxiety and how we can learn to love the feeling.

Host: Nancy Benson

Producer: Kristen Farrah

Guests: Natalie Kohlhaas, Licensed Professional Counselor, Author, Anxiety Specialist

Compliancy issues: Psychology, Confidence, Vulnerable Populations, Fear, Public Health, Mental Health,

Anxiety, Consumerism

RADIO HEALTH JOURNAL

Air Week: 03/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: ALWAYS RUNNING LATE? YOU MAY BE A VICTIM OF 'TIME BLINDNESS'

Time: 6:02am

Duration: 11:34

Synopsis: People with ADHD often have a weaker perception of time, called 'time blindness.' Though tardiness is usually interpreted as irresponsible, those suffering from time blindness simply don't have any sense of time. Experts discuss the condition and give helpful tips on how to improve time

management skills.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Ari Tuckman, Psychologist, Co-Chair, The Conference Committee at CHADD; Dr. Russel Barkley, Retired Clinical Professor of Psychiatry, Virginia Commonwealth University Medical Center,

Author, Treating ADHD in Children and Adolescents

Compliancy issues: Vulnerable Populations, Consumerism, Psychiatry, Symptoms, Time Blindness, ADHD,

Psychology, Time Management

VIEWPOINTS RADIO

Air Week: 1/1/2023

Executive Producer: Amirah Zaveri Production Manager: Jason Dickey SEGMENT 2: WHO IS GEN-Z?

Time: 6:44am Duration: 7:56

Synopsis: There are more than 68 million young people in the U.S. who make up Generation Z – that is anyone born between 1997 and 2012. Research shows that this cohort is the most racially and ethnically diverse than any other previous generation and are progressive in their mindsets. On top of this, they're extremely tech-savvy and believe that mental health is equally as important as physical health. Culture expert John Schlimm helps us understand who Gen Z is and what impact they'll have on the future world.

Host: Marty Peterson

Producer: Amirah Zaveri, Grace Galante

Guests: John Schlimm, researcher, professor, author, What Would Gen-Z Do? Everything You Don't Know

About Gen-Z But Should.

Compliancy issues: Social Media, Psychology, Technology, Culture, Mental Health, Cultural Trends

VIEWPOINTS RADIO

Air Week: 1/15/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: HOW TO BETTER DEAL WITH STRESS THIS YEAR

Time: 6:31am Duration: 8:47

Synopsis: We speak with University of California – San Francisco professor and health psychologist Dr. Elissa Epel about how listeners can better manage their stress this year by employing certain lifestyle habits.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Dr. Elissa Epel, health psychologist, professor, vice chair, Department of Psychiatry and

Behavioral Sciences, University of California – San Francisco, author, The Stress Prescription: Seven Days

to More Joy and Ease.

Compliancy issues: Lifestyle, Stress Management, Literature, Psychology, Mental Health, Health

VIEWPOINTS RADIO

Air Week: 3/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: FOOD'S CONNECTION TO OUR MENTAL HEALTH

Time: 6:32am

Duration: 10:47

Synopsis: You're probably familiar with the saying: 'You are what you eat.' It's no secret that the foods we consume directly correlate to how we feel, look and more. But there's more to food than just providing us with energy and nourishment. A lack of certain nutrients can exacerbate depression, anxiety, and other mental health disorders. We speak with food expert and author, Mary Beth Albright about food's intimate connection to how we feel.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Mary Beth Albright, food systems & policy expert, food correspondent, The Washington Post,

author, Eat & Flourish: How Food Supports Emotional Well-Being.

Compliancy issues: Diet, Education, Culture, Food Policy, Mental Health, Food Systems, Health, Nutrition

C. Climate change, Environment, Science and Weather:

RADIO HEALTH JOURNAL

Air Week: 02/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: HOW SCIENTISTS ARE SPEEDING UP EVOLUTION USING GENOME EDITING

Time: 6:02am

Duration: 11:06

Synopsis: The field of genome editing goes all the way back to the 1970s when researchers discovered how to clone DNA. Now, scientists can genetically modify DNA to eliminate genetic diseases and even create entirely new species of organisms. Experts discuss how gene editing technology can fit millions of years of evolution into mere months.

Host: Elizabeth Westfield Producer: Kristen Farrah

Guests: Dr. Raj Awatramani, Professor of Neurology and Scientific Director of the Transgenic and Targeted Mutagenesis Laboratory, Northwestern University; Dr. George Church, Professor of Genetics, Harvard Medical School, Director, US Department of Energy Technology Center, Founding Father of Genomics

Compliancy issues: Genomics, Gene Editing, Evolution, Genetics, Patient Safety, DNA, Consumerism,

Vaccines, Genetic Diseases

RADIO HEALTH JOURNAL

Air Week: 03/12/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: EAT THE INVADERS: HOW YOU CAN HELP YOUR LOCAL ENVIRONMENT

Time: 6:02am

Duration: 11:09

Synopsis: Invasive species cost America billions of dollars each year in eradication efforts. These plants and animals cause damage to the environment and economy and are extremely hard to get rid of. This week, two experts reveal how you can help by adding the invasive species in your area into your diet.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Joe Roman, Author, Conservation Biologist, Research Affiliate, University of Vermont; Dr. Cindy Tam, Biological Threats and Invasive Species Research Program Coordinator, U.S. Geological Survey **Compliancy issues:** Conservation, Biology, Endangered Animals, Fishing, Invasive Species, Veganism, Diet, Diseases, Consumerism, Economy, Extinction, Federal Regulations, Environmental Research

RADIO HEALTH JOURNAL

Air Week: 03/26/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: RESEARCH MISCONDUCT: THE GROWING ISSUE OF DATA INTEGRITY IN SCIENCE

Time: 6:02am

Duration: 11:15

Synopsis: Thousands of Alzheimer's research papers have cited a 2006 study as a basis for their work. Unfortunately, that paper is now under investigation for research misconduct. Dr. Matthew Schrag, the whistleblower of the alleged falsified paper, explains the issue and what it means for future research.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Matthew Schrag, Assistant Professor of Neurology, Vanderbilt University

Compliancy issues: Consumerism, Patient Safety, Scientific Research, Alzheimer's Disease, Data Integrity,

Photoshop, Research Misconduct, NIH

D. Education and Economics:

RADIO HEALTH JOURNAL

Air Week: 01/29/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: DOES YOUR CHILD KNOW HOW TO LEARN?

Time: 6:02am

Duration: 11:48

Synopsis: America's education system has long been focused on teaching -- but does this strategy benefit students? This week's show features education experts who say students need to be taught how to learn before they can be successful in the classroom.

Host: Reed Pence **Producer:** Kristen Farrah

Guests: Betsy Hill, President, BrainWare Learning Company, Author; Dr. Stephen Kosslyn, Founder and

President, Active Learning Sciences, Professor Emeritus of Psychology, Harvard University **Compliancy issues:** Consumerism, Public Policy, Learning, Psychology, Cognitive Skills, Education

VIEWPOINTS RADIO

Air Week: 1/1/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: THE FALLOUT FROM INDUSTRY MONOPOLIES

Time: 6:32am

Duration: 10:27

Synopsis: This past November, thousands of Taylor Swift fans were left frustrated and disappointed after Ticketmaster's platform failed to deliver on general sale tickets for her upcoming tour. We discuss how this recent failure has stirred a larger conversation about the consequences & long-term effects of

monopolies. **Host:** Gary Price

Producer: Amirah Zaveri

Guests: Diana Moss, president, American Antitrust Institute; Krista Brown, senior policy analyst,

American Economic Liberty Project.

Compliancy issues: Government Regulation, Economy, Small Business, Politics, Consumer Protection

VIEWPOINTS RADIO

Air Week: 1/29/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: BANNED BOOKS: TWO SIDES TO THE STORY

Time: 6:42am

Duration: 11:37

Synopsis: Books have been taken off shelves since the colonial period, but, in recent years, more books than ever have been deemed unsuitable for young readers. We discuss the controversy by highlighting

two differing perspectives on the debate.

Host: Marty Peterson **Producer:** Grace Galante

Guests: Jonathon Friedman, director, free expression & education programs, Pen America; Tia Bess,

volunteer, Moms for Liberty

Compliancy issues: Education, Free Expression, Public Policy, Literature, Government

VIEWPOINTS RADIO

Air Week: 2/5/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: THE MANY CAUSES OF SUPPLY CHAIN & INFLATION WOES

Time: 6:31am Duration: 7:22

Synopsis: Economic uncertainty is on the minds of millions of Americans. Part of this uncertainty stems from continuing inflation and instability plaguing global markets. We speak with longtime economist and

banker, James Rickards about the factors feeding into these rising costs and supply chain woes.

Host: Gary Price

Producer: Amirah Zaveri

Guests: James Rickards, economist, former Wall Street banker, author, Sold Out: How Broken Supply

Chains, Surging Inflation, and Political Instability Will Sink the Global Economy

Compliancy issues: Inflation, Personal Finance, Supply Chain Management, Global Train, U.S. Economy

VIEWPOINTS RADIO

Air Week: 2/5/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: A CHANGING PALATE ACROSS PERIODS OF ECONOMIC UNCERTAINTY

Time: 6:41am

Duration: 10:37

Synopsis: Higher prices at the grocery store – from eggs to meat to specialty items – dictate what many Americans buy and cook throughout the week. While it can be difficult to pull back on the items we like, this shift in diet is nothing new. Across history – war, famine, and economic instability has affected what Americans choose to spend their money on. Even today, the current economic uncertainty has shifted recipes and food trends. This week, we rewind back to the Great Depression, which forced millions of Americans to find new recipes and get creative with the limited number of ingredients they could afford.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Jane Ziegelman, food historian, author, A Square Meal: A Culinary History of the Great

Depression.

Compliancy issues: American History, Nutrition, Poverty, Food History, Culture, American Diet, Economy

VIEWPOINTS RADIO

Air Week: 2/26/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: LOOKING UP: THE PATH TO FINANCIAL WEALTH

Time: 6:32am

Duration: 8:12

Synopsis: For Scarlett Cochran, money management wasn't a topic of conversation growing up. Her parents never went to college and money was always a touchy subject for her family. It wasn't until she was in her early twenties and struggling with money that she realized the importance of budgeting and accruing savings. We sit down and speak with Cochran to learn about her inspiring journey and path to financial wealth.

Host: Gary Price

Producer: Amirah Zaveri

Guests: Scarlett Cochran, attorney, financial expert, author, It's Not About the Money: A Proven Path to

Building Wealth and Living the Rich Life You Deserve.

Compliancy issues: Personal Finance, Poverty, Personal Wealth, Personal Development, Parenthood

VIEWPOINTS RADIO

Air Week: 3/19/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: WHAT LED TO THE LARGEST HIGHER EDUCATION STRIKE IN U.S. HISTORY?

Time: 6:44am

Duration: 7:21

Synopsis: Late last year, more than 48,000 graduate students, researchers and teaching assistants unionized and went on strike against the University of California system, encompassing nine college campuses. Across the state, schools like Berkeley, UCLA and University of California-San Diego to name a few came to a standstill as thousands demanded higher pay, better healthcare and other improved benefits. We speak with master's student, Kelsey Wardlaw (who went on strike) about her experience and why unionizing felt like the right path forward.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Kelsey Wardlaw, masters candidate, Latin American Studies, University of California-San Diego. **Compliancy issues:** Inflation, Higher Education, Labor Rights, Inequality, Workers' Rights, Poverty, Living

Costs

E. Federal Government, Global Affairs, Politics and Law:

RADIO HEALTH JOURNAL

Air Week: 01/15/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: DROPPING THE PAYWALLS TO SCIENTIFIC RESEARCH

Time: 6:01am

Duration: 11:19

Synopsis: By 2026, all federally-funded scientific research articles will be publicly available thanks to a recent policy change by the White House Office of Science and Technology Policy. Experts explain how

this will affect the public, researchers, and the publishing industry.

Host: Reed Pence **Producer:** Kristen Farrah

Guests: Dr. Jessica Tucker, Acting Deputy Director, Office of Science Policy at NIH Dr. Walter Mathis,

Assistant Professor of Psychiatry, Yale School of Medicine

Compliancy issues: Open Access Journals, Public Access, Consumerism, Scientific Publishing, Scientific

Research, Federal Policy, Federal Funding, Capitalism

RADIO HEALTH JOURNAL

Air Week: 02/05/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 1: GENETIC GENEALOGY: IDENTIFYING BOTH THE GUILTY AND INNOCENT

Time: 6:02am

Duration: 12:18

Synopsis: Move over, fingerprints, there's a new crime-fighting technology in town. Genetic Genealogy only needs to match with one percent of DNA to find a distant relative of an unknown suspect. Experts explain how this technology is helping police track down the guilty – and why your genetic privacy is still

safe.

Host: Reed Pence **Producer:** Kristen Farrah

Guests: Edward Humes, Author, Journalist; CeCe Moore, Chief Genetic Genealogist, Parabon NanoLabs

Compliancy issues: Murder, Privacy, Genetic Genealogy, Law Enforcement, Public Safety, Federal

Regulations, Crime, DNA, Consumerism, Ancestry, Genetics

VIEWPOINTS RADIO

Air Week: 1/8/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: A PATHWAY TO EXONERATION

Time: 6:32am Duration: 8:37

Synopsis: Experts estimate that between 4-6 percent of prisoners behind bars are innocent. We explore what factors feed into these wrongful convictions and how advocates in the arena are fighting for justice.

Host: Marty Peterson

Producer: Amirah Zaveri | Polly Hansen

Guests: Isaac Wright Jr., practicing attorney, author, Marked for Life: One Man's Fight for Justice From the Inside; Samuel Gross, Thomas and Mabel Long Professor Emeritus of Law at the University of Michigan –

Ann Arbor, founder, senior editor, The National Registry of Exonerations. **Compliancy issues:** Law, Law Enforcement, Forensic Science, Criminal Justice

VIEWPOINTS RADIO

Air Week: 1/15/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: A KEY VULNERABILITY: U.S. POWER GRIDS

Time: 6:43am Duration: 8:37

Synopsis: In recent years, power attacks on electric power stations in the U.S. have become more common. We discuss what's driving this uptick, how power companies and government organizations

are responding and what you should know as a consumer. **Host:** Marty Peterson

Producer: Grace Galante

Guests: Adrienne Lotto, senior vice president, Grid Security, Technical, and Operations at the American

Public Power Association.

Compliancy issues: Infrastructure, Domestic Terrorism, Public Health, Private Security, Utilities, Power

Generation, Electricity

VIEWPOINTS RADIO

Air Week: 1/15/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

VIEWPOINTS EXPLAINED: WINTER IN UKRAINE

Time: 6:54am Duration: 1:15

Synopsis: As winter takes hold on Europe, Ukrainian soldiers defending their country face subzero

temperatures, power outages and increasing challenges.

Host: Ebony McMorris **Producer:** Amirah Zaveri

Compliancy issues: War, Climate, Health, Global News

VIEWPOINTS RADIO

Air Week: 2/12/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: A DISTENGRATING FRAMEWORK

Time: 6:32am Duration: 9:11

Synopsis: Last month, the Federal Aviation Administration grounded all departing flights across the U.S., leading to thousands of delayed flights and major headaches for travelers. In short, this outage was caused by a widespread system failure of the air traffic control system. Without it, pilots are essentially flying dark with no news of ground conditions, weather updates, etc. In the days and weeks following, this incident has raised many questions about the aging software and systems that we heavily rely upon. We speak with two aviation experts about this recent fiasco and what it means for all technology-reliant industries.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Laurie Garrow, professor, co-director of the Center for Urban and Regional Air Mobility at the Georgia Institute of Technology; Michael McCormick, assistant professor, air traffic management,

Embry-Riddle Aeronautical University.

Compliancy issues: Software Engineering, Industry Regulation, Consumer Protection, Information

Technology, Travel, Government

VIEWPOINTS RADIO

Air Week: 3/26/2023

Executive Producer: Amirah Zaveri **Production Manager:** Jason Dickey

SEGMENT 2: A WITHHOLDING OF PUBLIC INFORMATION

Time: 6:45am Duration: 7:02

Synopsis: Did you know that our federal government classifies more than 50 million pieces of documents each year? Why are so many documents marked as classified? And why is there such a long lag time for them to be unsealed? We uncover this outdated process and focus on one new method that's aiming to make this process more efficient and speedier.

Host: Marty Peterson **Producer:** Amirah Zaveri

Guests: Matthew Connelly, professor, International and Global History, Columbia University, principal investigator, History Lab, author, The Declassification Engine: What History Reveals About America's Top Secrets.

Compliancy issues: Democracy, Artificial Intelligence, Government, National Security, Technology

F: Local Community Issues

THESE ARE ALL SAMPLES FROM A WEEKLY SEGMENT THAT AIRS FROM 8:30 TO 8:45AM FRIDAYS CALLED 'PAY IT FORWARD.'

JANUARY 19, 2023

Mike Ryan talks with Dave Christman, Artistic Director at the Andria Theatre about "One Flew Over The Cuckoo's Nest," and its messages about past and present mental health issues.

FEBRUARY 9, 2023

Special Guests Nancy Waldorf and Robbie Betterman, of Alexandria Industries, talk bout the Alexandria Industrie's Fishing For A Cure Tournament! It is the 10 largest single fundraiser in the Nation and the LARGEST in Minnesota, for Relay For Life, all proceeds going to the American Cancer Society!

FEBRUARY 17, 2023

Gently used furniture, building supplies and appliances help give other families a new start. Special guests Mona, Habitat for Humanity Restore, and Lucas, Greater Alexandria Area Association of Realtors, are helping to fill a pot o' gold!

FEBRUARY 24, 2023

How does plunging into freezing water help nearly 8,000 athletes in Minnesota?! The Polar Plunge for the Special Olympics helps raise thousands of dollars to support our athletes! Special Guest and Team Captain: Sgt. Keith Melrose of the Alexandria Police Department shares how the event is making a big difference.

MARCH 3, 2023

HGTV House Hunters came to Alexandria. Special guests Becca Wesley, Kvale Real Estate Agent, and homebuyer Nicole Perez! Becca's expertise and passion showcased what the Alexandria Area has to offer. Nicole Perez, a single mom, has an incredible story and shares the journey going from homelessness to homeowner! There is so much under the surface of what's on TV...Here's the behind the scenes look at the grit, determination and hard work it takes to make a dream come true despite many challenges.

MARCH 10, 2023

In the Month of March, local Mc Donald's Restaurants team up to help support the Ronald McDonald House Foundation. There are 5 locations in MN. When you buy a Shamrock Shake or Shamrock Oreo McFlurry, 25 cents of each purchase helps families! Meet the Pederson's- Kelly is the mother of 15 month old Lacy who spent the first 10 weeks of her life in a battle against a heart condition.

Your heart stops when you hear the words "school lockdown". Two local incidents and one nationwide in the last 6 days made for a very heavy week pertaining to threats being made at schools. From verbal threats, to assaults and escalating to full blown school shootings...there is a whole new level of crisis response that is being activated in our schools and communities. Special Guest Alexandria Police Chief Scott Kent joins the conversation about Public Safety, responding to a crisis, and how everyone can play a crucial part when faced with an emergency.