

March	Day	Time	Program	Duration	Guest	Title of Guest	Topic of Guest
1	Wednesday	7:15	Morning Show	60	Dcns. Jim Houston and Dan Maxcy		talk about the progress of Nourish for Caregiver Support group. Talk about the new location and how the caregiving support group is going. Nourish for Caregivers program is offering a House calls online support group that anyone can join. https://mail.google.com/mail/u/1?ui=2&ik=7b2d2a434c&attid=0.2&ermmsgid=msg-f:1757381806707397991&th=1863797133875567&view=att&disp=safe
		7:45	Morning Show	60	Tony Ryan, Marketing Director, Ignatius Press	Thierry Hubert, O.P., a French Dominican priest, is the producer of Le Jour du Seigneur (Day of the Lord), a popular weekly French Catholic TV program that has been running continuously since the early 1950s. He is also a regular pilgrim to Lourdes.	Lourdes: Healing and Rebirth. https://a.co/d/c4AitxO 1. Why did Ignatius publish this type of book? 2. What makes this book different than other Lourdes books? 3. What are you hoping readers will gain from reading this book? 4. How does the book encourage Catholics to grow in our spiritual walk?
		9:00	Thought of the Week	30			
		10:00	Uncommon Good	30			
2	Thursday	7:07	Morning Show	60	Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Chris Magruder	Host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show	60	Peter and Debra Herbeck	Peter Herbeck is the Executive Vice President and Director of Missions for Renewal Ministries. Peter is the co-host of the weekly television show The Choices We Face and the host of the daily radio show Fire on the Earth. He is a frequent conference speaker and is the author of When the Spirit Comes in Power and co-author of When the Spirit Speaks and Touched by God's Word, with his wife Debbie. Peter holds a BA in Philosophy from St. Thomas University in St. Paul, Minnesota and an MA in Theology from Sacred Heart Seminary in Detroit, Michigan.	Lessons from the School of Love: Cultivating a Christ-Centered Marriage
		9:00	Catholic Women Now	30	No guest		
		10:00	Faith on Trial / Tape for v	30	Keisha Russell	Attorney, First Liberty	SCOTUS nominee
3	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Jackie Carey	Listener from Ankeny, Our Ladys immaculate H	Spring Fundraiser guest
		7:45	Morning Show	60	Gary Zimak	Catholic Speaker	Making the most out of lent
		9:00	Making it Personal with Bishop Joensen	30			

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6	Monday	7:15	Morning Show	60	Fr. Augustine Wetta	Fr. J. Augustine Wetta, O.S.B., is a monk of Saint Louis Abbey. He teaches English, classics, and apologetics at the Saint Louis Priory School, where he also coaches rugby. He is the author of Humility Rules and The Eighth Arrow. During his spare time, Father Augustine supervises the Juggling Team, the Mongolian Throat Singing Club, and the Junior Knights of Saint Peter Claver. He cultivates carnivorous plants, raises carpenter ants, builds armor, and surfs. He has earned degrees from Rice University, Middlebury College, and Oxford.	Pray. Think. Act. Make Better Decisions with the Desert Fathers. https://ignatius.com/pray-think-act-ptap/ 1. What was the inspiration to write this book? 2. How do the Desert Fathers play into the writing of this book? 3. What is Mongolian Throat Singing?
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up	
		7:45	Morning Show	60	Addie (Magruder) Croegaert	Director of Ut Fidem	The topic will be Spirit-led Leadership. Questions: 1. What is Spirit-led leadership? Realizing you are not the leader. Christ is. 2. What are the two main tenets of Spirit-led leadership? 3. Humility and obedience (this can only be accomplished through prayer) 4. How can we trust that what we "hear" in prayer is from God? 5. Who is called to Spirit-led leadership?
		9:00	Man Up!	30			
7	Tuesday	7:15	Morning Show	60	Dcn. Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	Topic: Living in the present moment: 1. What does that mean? 2. How do we live it? 3. How does this affect our Soul, Mind and Body when we do?
		7:45	Morning Show	60	Kendra Von Esh	Speaker Faith Coach Author YouTuber Columnist Podcaster	
		9:00	Be Not Afraid	30			
		10:00	Straight Talk	30	Sr Joyce Rupp	Member of the religious community OSM - Order of the Servants of Mary. Author, retreats, and resides in the Diocese of Des Moines	
8	Wednesday	7:15	Morning Show	60	John Gaffney	Director of Evangelization and Catechesis	Topic: The Power of Family Rituals Rituals are powerful; they help us see what we otherwise might forget to look for. The same is true at home. Daily rituals and family traditions serve to show us and our children who we are and what matters to us. Here are some good opportunities to introduce rituals into your family life.
		7:45	Morning Show	60	Erin Berghouse	Erin Berghouse is president and founding partner of Ahava Productions. She has produced numerous films and is an international award winning composer.	
		9:00	Thought of the Week	30			
		10:00	Uncommon Good	30			
9	Thursday	7:07	Morning Show	60	Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	First and/or Second Reading for Sunday
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now

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		7:45	Morning Show	60	Kevin O'Brien	CEO, Best Version Media	Topic: Men of Christ Conference in Milwaukee, WI
		9:00	Catholic Women Now	30	No guest		
		10:00	Faith on Trial	30	Chris Schandeval	Attorney ADF	Physician assisted suicide
10	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	ICR Spiritual Advisor	Reflection on Sunday's Gospel
		7:15	Morning Show	60	Dr. Adreain Henry	President of Mercy College of Health Sciences	Mercy College update.
		7:45	Morning Show	60	Karl Keating	Karl Keating is founder and senior fellow at Catholic Answers. He is the author of seven books, including his most recent, The New Geocentrists and The Ultimate Catholic Quiz. His books Catholicism and Fundamentalism and What Catholics Really Believe have been national best sellers.	1054 and All That: A Lighthearted History of the Catholic Church. 1. What inspired you to write this kind of book, which is so much different from the kind of writing you're known for? 2. Why should the average Catholic learn any Catholic history?
		9:00	Making it Personal with Bishop Joensen	30			
13	Monday	7:15	Morning Show	60			
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up	Preview of 9am Man Up!
		7:45	Morning Show	60	Jesse Weiler	Director of the Liturgical institute	
		9:00	Man Up!	30			
		7:08	Morning Show		Fr. Luke Spannagel (span-uh-gull)	Fr. Luke Spannagel Heart of Peoria Catholic Community	Lenten Parish Mission at St. Luke's Ankeny.
14	Tuesday	7:15	Morning Show	60	Dr. Dan Mahoney	Dr. Daniel Mahoney, Emeritus Faculty, Assumption College	<p>"Memoirs" of hero-priest, Cardinal Mindszenty, tells the incredible story of resistance to Communism. Mindszenty was arrested, imprisoned, and physically and psychologically tortured by the Communist government. He spent eight years in solitary confinement. After the Hungarian uprising in 1956, he took refuge for fifteen years in the American embassy. Questions: Dr. Mahoney, can you give us a short sketch of Cardinal Mindszenty's biography?</p> <p>In 1948 the Cardinal wrote that all attempts by the Church at humiliating cooperation or peaceful coexistence with totalitarian regimes will end in vain. What were his reasons for coming to this conclusion?</p> <p>How do the lessons of the Cardinal's life with both communism and Nazism translate to our times and to challenges that Christians face in America today?</p>
		7:45	Morning Show	60	Kendra Von Esh	Speaker Faith Coach Author YouTuber Columnist Podcaster	Topic: Living in the present moment continued: 1. What does that mean? 2. How do we live it? 3. How does this affect our Soul, Mind and Body when we do?
		9:00	Be Not Afraid	30			
		10:00	Straight Talk	30	Maggie DeWittee	Exec Dir, Pulse Advocates (formerly Iowans for Life)	Women's Health Protection Act proposed legislation in US Senate ...worse than ROE

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15	Wednesday	7:15	Morning Show	60	Steve Ray	Catholic Convert	Jesus, John the Baptist and all the typology and intrigue surrounding them in the Wilderness of Judea. Why was John martyred? Why did he choose that location along the Jordan River to baptize? How was he prophesied about in the Old Testament? What did John eat and why? Why did the Pharisees think he was Elijah? What was the meaning of God's voice and message at the river? Why did Jesus get baptized if he was without sin? How does this relate to a Christian being "born again"? How and where did John die? Why did he send his followers to Jesus asking, "Are you the one?"
		7:45	Morning Show	60			
		9:00	Thought of the Week	30			
		10:00	Uncommon Good	30			
16	Thursday	7:07	Morning Show	60	Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	First and/or second reading for Sunday.
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Fr. PJ
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview today's show
		7:45	Morning Show	60	Kristen Van Uden	Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.	Evidence of Satan in the Modern World https://sophiainstitute.com/product/evidence-of-satan-in-the-modern-world/ In these fascinating pages, you will also learn: 1. How a young mother nearly died due to possession — and the remedy that cured her 2. How dabbling in the occult, sorcery, spells, "healers," and spiritualism could lead to possession 3. The ways in which collective possession manifests itself (e.g., in atrocities under Nazism and communism) 4. Techniques for arming yourself against the wiles of the devil and his manifold devices
		9:00	Catholic Women Now	30	No guest		
		10:00	Faith on Trial	30	Erika Sanzi	Parents Defending Education	Schools vs. parents
17	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Jeff Pierick or Rex Teodosio	Rex: American Society for the Defense of Tradition, Family and property	Mar 21-23 speaker on Fatma 21: Prohecies of Oyur Lady of Fatina. 22: Science pf Social Conformity & how it affects are spiritual lives. 23: The Coming Great Chastisement and the Great Conversion
		7:45	Morning Show	60	Paul George	Paul George is a Catholic speaker, teacher, and author of several books, including Rethink Happiness. He is the cofounder of Adore Ministries and served as its president for eight years. He has more than twenty-five years of ministry experience on the parish, diocesan, and national levels.	New book: Holy Grit. Discover what it means to become a man of faith through the lives of ten male saints and their experiences pursuing holiness. In Holy Grit, you'll join Catholic life coach Paul George to consider some of the tough issues facing men today—struggles in marriage, parenting, suffering, and finding purpose—to determine areas for growth and take steps toward living the life for which God created you.
		9:00	Making it Personal with Bishop Joensen	30			
20	Monday	7:15	Morning Show	60			
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up	Preview of 9am Man Up!
		7:45	Morning Show	60	John Huynh	Exec Director of Faith Journey	
		9:00	Man Up!	30		news site.	

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21	Tuesday	7:15	Morning Show	60	Dcn. Dan Borne (Bor-nay)	Over the past 50 years Deacon Dan Borné has worked in media, government, higher education, business and industry, health care, insurance, athletics and religion.	Tonights Legatus Speaker.
		7:45	Morning Show	60	Greg Wasinski	Executive Director of Let Me Be ministries	
		9:00	Be Not Afraid	30			
		10:00	Straight Talk	30	Tom Chapman	Exec Dir, Iowa Catholic Conference	
22	Wednesday	7:15	Morning Show	60	Margaret Realy	The Catholic Gardener. Margaret Rose Realy, Obl. OSB, is a contemplative living an eremitic life (hermit). She grew up near 8 Mile and Woodward just outside Detroit, sharing a home with her maternal grandmother where the love of gardening flourished. Margaret reveals her love of nature, learning about the Creator through his creation, in her books, columns, and presentations. Sharing her experience as a gardener, with a Benedictine spirituality, she writes online at CatholicMom.com, Aleteia English, Holy Cross Family Ministries, Catholic Digest Magazine, and blogs at the Catholic Gardener. Margaret dedicated herself for over ten years to the development of prayer and memorial gardens at St. Francis Retreat & Conference Center, DeWitt, Michigan.	A Garden Catechism: 1. What was the inspiration for putting your gardening talents in a book? 2. What is the "eremitic life?" 3. What is Floriography? (The language of flowers) 4. Describe what plants can represent. https://mail.google.com/mail/u/1?ui=2&ik=7b2d2a434c&attid=0.1&ermmsgid=msg-f:1760278320999840701&th=186dc3ce7d043bbd&view=att&disp=inline
		7:45	Morning Show	60	John Bergsma	Dr. John Bergsma is a Full Professor of Theology at the Franciscan University of Steubenville, in Steubenville, Ohio. I served as a Protestant pastor for four years before entering the Catholic Church in 2001 while pursuing a Ph.D. in Theology from the University of Notre Dame. I specialize in the Old Testament and the Dead Sea Scrolls, graduating with high honors in 2004.	<i>Love Basics for Catholics</i> https://mail.google.com/mail/u/1?ui=2&ik=7b2d2a434c&attid=0.2&ermmsgid=msg-f:1760364211756657515&th=186e11ec7d10eb6b&view=att&disp=inline&realattid=f_lf8iisc51 1. <i>While Love Basics for Catholics looks at marriage and relationships in the Bible, this isn't a book just on marriage.</i> 2. <i>The Bible as a book of love,</i> 3. <i>How does this fit into Salvation History?</i> 4. <i>Church teachings on issues such as monogamy, the single life, and divorce come from the love God shares with his people through the covenants in Scripture.</i>
		9:00	Thought of the Week	30			
		10:00	Uncommon Good	30			
23	Thursday	7:07	Morning Show	60	Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
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		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
		7:45	Morning Show	60	Kendra Von Esh	Speaker Faith Coach Author YouTuber Columnist Podcaster	Topic: Living in the present moment continued: 1. What does that mean? 2. How do we live it? 3. How does this affect our Soul, Mind and Body when we do?
		9:00	Catholic Women Now	30	Rebroadcast		
		10:00	Faith on Trial	30	No guest		

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24	Friday	7:07	Morning Show	60			
		7:15	Morning Show	60	Live in Marshalltown		
		7:45	Morning Show	60	Live in Marshalltown		
		9:00	Making it Personal with Bishop Joensen	30			
27	Monday	7:15	Morning Show	60	Rick Ball	ICR Board President	Topic: The Walker Hayes Concert
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up	Preview of 9am Man Up!
						Dr. Gregory Popcak (POP-chak) is the Founder and Executive Director of the Pastoral Solutions Institute. The author of almost 20 popular books & programs integrating solid Catholic theology and counseling psychology, he is an expert on the practical applications of Pope John Paul the Great's Theology of the Body.	CatholicHÔM (Catholic Households on Mission) is the first-ever digital platform dedicated to helping Catholic families encounter Christ more meaningfully at home. Here are some ideas for discussion: 1. How to start a Domestic Church (without telling your kids you're starting one) 2. How to meet resistance in children at prayer or Bible study time 3. How to set up a prayerful and meaningful summer for your family 4. Tips for staying Christ-centered when you're away from home
		7:45	Morning Show	60	Greg Papcak		
		9:00	Man Up!	30			
28	Tuesday	7:15	Morning Show	60	Fr. Daniel-Maria Klimek, T.O.R.	Assistant Professor of Theology at Stuebenville.	"For the Love of Mary" https://bit.ly/FortheloveofMaryPRRelease "How do I fall in love with Mary, the mother of Jesus and my spiritual mother? What makes this book different from others?"
		7:45	Morning Show	60	Steve Ray	Catholic Convert, Author. He's at the Via Dolorosa, touching the top of Calvary, and having mass of the tomb and visiting the western wall	
		9:00	Be Not Afraid	30			
		9:30	Straight Talk	30	Donna Bishop	Superintendent of DM Diocese Catholic Schools	1st in 3 part Series: Partnership of Parents/School in Raising Catholic Kids
29	Wednesday	7:15	Morning Show	60			
		7:45	Morning Show	60	Deacon Omar Gutierrez (pronounced for English speakers as goo-tee-ER-ehz)	President and co-Founder Evangelium (pronounced ee-van-JEL-ee-oom) Institute	Questions: 1. Tell us a bit about yourself? 2. When was the Evangelium Institute founded? 3. What does the Evangelium Institute do? (this will be the longer answer) 4. You have a podcast now, what is it called? 5. Where can people find out about your work?
		9:00	Thought of the Week	30			
		10:00	Uncommon Good	30			
30	Thursday	7:07	Morning Show	60	Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
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		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
						producer, content director and writer for The Journey: A Music Special with Andrea Bocelli	The Journey: A Music Special From Andrea Bocelli http://www.thejourney.movie/ Also featuring a blessing by Pope Francis, and musical performances by Michael W. Smith, 2CELLOS, Tori Kelly, Clara Barbier Serrano, Tauren Wells, TAYA, Matteo Bocelli, 40 Fingers, and Katherine Jenkins, THE JOURNEY will inspire audiences with powerful performances and spectacular scenery. Ask her anything about the production, she travelled with Andrea to film this.
		7:45	Morning Show	60	Kristian Kelly		
		9:00	Catholic Women Now	30	Katie Rinehart	Young mother	Transitioning from College girl to mom life -
		10:00	Faith on Trial	30	No guest		

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31	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat
		7:15	Morning Show	60	Dr. Steven Craig		Nazareth Sisters and our April 11 Open House in Ankeny
		7:45	Morning Show	60	Bryan Gonzalez	Innervisions Director	
		9:00	Making it Personal with Bishop Joensen	30			