

TRINITY BROADCASTING NETWORK

QUARTERLY PROGRAMMING REPORT

January, February, March 2015

KDTX-TV

DALLAS, TEXAS

ASCERTAINMENT LIST

LEADING COMMUNITY PROBLEMS

RESULTS OF ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES BY THE TELEPHONE FROM KDTX VIEWERS, FROM THE PRINTED MEDIA, COMPRISING NEWSPAPERS, MAGAZINES, PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE.

**CIVIC AFFAIRS
ECONOMY
ENVIRONMENT
FAMILY
HOMELESSNESS
MINORITIES
SENIORS**

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF KDTX PROGRAMMING ADDRESSING THE ISSUES / PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FIRST QUARTER.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Civic Affairs	Joy in Our Town #738	29:30	14:00	L	PA/0	2/16/2015 2/20/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Mayor Connie White - town of Trophy Club. City's location on highway and distance to DFW airport is convenient. Quality of life is very nice. Largest north Texas residential development. 8th fastest growing city in Texas. Schools - can go to all grades right in the area. Many parks and things to do outdoors, 1000 acres of outdoor space. Challenge: rapid growth brings change. We involved citizens and built a vision which defines how we do our projects and what we want to do next. Sometimes people aren't ready for change. We built a roundabout, because we knew traffic was coming, but people were unsure about it until they realized it was planned ahead and was indeed needed soon thereafter. Trophy club has very few entrances and is very enclosed. We have set up a beautification committee, citizens' financial board and gotten many citizens involved. We have a beautiful baseball complex and dog park which is very popular. We try to have something for everyone. Want to make a senior living facility or assisted living building. Many people move to Trophy Club and bring their parents and they need a place to live on their own. Trophy club has been fortunate in this economic climate. Growth and residential property has increased our value. Built over 300 homes in last fiscal year. Community is about 85% residential so they pay the majority of the tax for the city. They want to encourage more commercial development. Population 9500. Businesses don't think that's enough, but Trophy Club is right on the highway and most commercial property is right along 114. Daytime population is larger than nighttime residential population. Economic development department has been formed to help these businesses and development. PD30-right at the entrance to Trophy Club, is a mixed use development which has not started yet, but hoping the developer will move on that. It will be amazing for us. We don't have many places for people to gather outside, so this will be important. A Hampton Inn will be opening next week. Talks of having a theatre in this mixed development location. Need new police facility, recently did new fire dept. We are doing feasibility studies to see how to move into the future. Trophy Club feels so safe. Police and fire departments are great. Have resource officers in the schools.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Civic Affairs	Joy in Our Town #739	29:30	14:00	L	PA/0	2/23/2015 2/27/2015 2/28/2015 3/2/2015	10:30AM 12:00PM 3:00AM 10:30AM

Our host Cheri Duckworth introduces our guest today, Jami McCain, Cedar Hill City Council. The partnerships that come as a result of working together really produce amazing results you wouldn't see if you tried to keep things split or separate. Issues to address: churches to connect with neighborhoods they are a part of as everyone feels safer, and supporting nonprofits whenever we can. If there is a code violation, we can help someone with low income fix that. We have a lot of green space so we are outdoors a lot. Dallas felt so big when we moved here, so it was important my kids had a support structure and felt safe. We all look out for one another. 46,000 people population, but due to relationships, it feels like a small town. The businesses that do the best are those that know relationships matter. We know the owners of our favorite places, and recently a restaurant closed but the people were never around. We went through transition years ago where it was sleepy town and it grew fast quickly. We preserved 20% of our city for green space compared to others that only do 5%. Space for parks, hiking, biking. Challenge of slow economy across the nation. Had to be smart about city money spending because there wasn't a lot to spend. Currently investing in downtown and seeing where we can take that. Exciting happenings: industrial buildings are being reinvented for life and activity, arts festival downtown on purpose. Older city: Operation Clean Sweep-we pick a specific area each year that needs extra attention and look at every detail and fix it up. It makes a big difference. The church can step up and partner and help out as well. Affordable place that many people don't even know about, close to downtown Dallas, and gorgeous. Easter coming soon, but we always look far in the future to plan things such as transportation. The great generation (grandmas and grandpas of the world) there are such amazing men and women of values of sacrifice and service, started so many opportunities that are still going in the city such as food pantries. We have discussion all the time about the new generation inheriting what the older generation already set up.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Civic Affairs	Joy in Our Town #743	29:30	14:00	L	PA/0	3/23/2015 3/26/2015	10:30AM 11:00AM

Our host Cheri Duckworth introduces our guest today, Laura Hill, Southlake Mayor Pro Tem. Southlake Citizen satisfaction survey: 99% of residents are happy with their quality of life. We had great participation in the survey. We got input from all citizens on where we want to go, without forgetting where we came from. We are working on a community center. We have so many families in town. About to break ground on the first phase which are meeting rooms and a senior center. I moved to Southlake in 1996; my parents in 1987. Residents have aged up, but they don't want to leave because they love it there. We are asking people what would make you want to stay here? Bicentennial Park: new development. We bought the land many years ago and used as baseball fields and walking paths. Now it's a stellar park, best and largest park in city. We are putting the community center there. We have the money put aside through good planning. Plan to be done the end of 2015, breaking ground this summer. Will also add amphitheater, everyone needs a place to get together. Then we will talk to the citizens about phase 2 - swimming pool and kids' centers. SPARK: Founded in 2007. Students and Parents Against Risk to Kids. Similar to DARE (About drugs and alcohol). It can be whatever we need it to be to talk about the hard subjects. Problems with youth have changed. Depression, cutting, internet safety, drugs, etc. It's great that the city itself is doing this, including internet safety. Talking to kids without lecturing them. We all need to be in this together and know that if our kids aren't affected personally, they will have a friend dealing with one of these issues. Everyone is invited (surrounding cities and educators). Open and free. Dynamic. Receive many suggested topics from outside the city and from the youth. 800 parents and students attended meeting last year on suicide and depression. We lost several children last school year. We started a dialogue about it, and it was driven by the kids. Shares story of child who was able to get into treatment after mother called for help. Can get help and information from the city. You need the city and school district to back up the parents when they take charge and talk with their kids. SaSo: Scholars and Athletes Serving Others - 501c3 - we do events for people who need help. Every event is mom and son from start to finish.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	Joy in Our Town #732	29:30	14:00	L	PA/0	1/5/2015 1/10/2015	10:30AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Pamela Villareal. Getting a job is becoming a challenge. What is it we're going to be facing if we're unemployed and facing a challenge? Unemployment is the lowest since it has been since recession in 2006, less than 6%. In North Texas, it's less than 4%. All of Texas is pretty good, oil and gas being a factor. What else makes North Texas have a good unemployment rate? Good financials, retail sector in the whole of the United States has grown quite a bit. We also have IT, and a lot of business services that have grown nationally. The state as a whole has a diverse economy, low taxes, and low regulation, when compared to a state like California. Unemployment rate by itself doesn't really tell the true picture. Labor force retention rate is also important. What are people age 16 and over are working in the labor rate? Right now it's 63%. That's the lowest it's been in over 30 years. That means there's a lot of people that aren't working. When they're not working, they're not paying for tax revenue or benefits. How does the government measure unemployment? They use the U3 and U6 rate. This measures people working part-time that would rather be working full-time. People are counted as marginally discouraged. That rate is over 11%. This is problematic when there's a surge of part-time jobs, but most people want a full-time job to support their families. This is the lowest rate it's been in 30 years. Employed population rate is 59%, the lowest it's been in 10 years. With population growth, we may not have enough jobs to keep up. We can't just look at the unemployment rate. How many people are looking for jobs and can't find them? We live in a very entrepreneurial area. Is it a good environment for start-ups, and how does that affect the rate? There are 2 surveys used to determine the rate: The Payroll Survey - BLS staff call companies and get payroll information; and The Household Survey - they contact people in their homes and ask if they're working or not. In a start-up business, you could say they're working so they're included in the employment ratio. Household survey takes into account people working from home, so that's a much better indicator of the employment rate. How does this affect me? The market affects your ability to get a job and the wages you get paid. We have a slack labor market right now, which means there are more workers than there are jobs. In the 16-19 year olds, the unemployment rate is higher. Elderly and seniors are at over 11% now, and will probably start off with lower wages in a slack market. The rate of unemployment among college graduates is higher than 5.8%. Teenagers and college graduates both do retail jobs because some college graduates can't get a job in their field. If you're still in college, find a degree plan that matches the market. Liberal arts is a great degree, but not as in demand in the market place. Try to find something that's in the market demand. When the economy picks up, you can find something in the field you want to do. The increase in minimum wage makes it more expensive to hire them. There are no real answers but just to keep looking. There are people that can't retire due to the recession. With population growth every year, there should be enough jobs for everybody. There are a lot of tax and regulation issues that inhibit job growth.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	Joy in Our Town #733	29:30	14:00	L	PA/0	1/12/2015 1/16/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Marty Wieder. Colleyville has been deemed the healthiest city in the metroplex. There has been a lot of new home development. There has been more space provided for new homes so they expect to see even more home development. The more people that move to the city creates more traffic and crowdedness in parks. There is a new healthy grocery being developed in the city. They are also bringing some redevelopment of history in the village park. The medical centers are growing with new imaging facilities, which will help with taxes. People support what they help create, so we prefer to involve our citizens in traffic development. He talks about how convenient Colleyville is to the airport, but the noise isn't a problem because they're not in a flight path. There is more business development right now and they are trying to be cognizant of the needs/desires of the citizens when it comes to zoning. The city does a lot of public meetings, workshops and focus groups to find out what the citizens want. Citizen survey every 2 years.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	Joy in Our Town #737	29:30	14:00	L	PA/0	2/9/2015 2/13/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Todd Mark. The CCCS has a 42 year history of helping with financial empowerment in the community. Financial New Year resolutions, and savings goals. You have to take action to lose weight or get out of debt. Spend less, save more, eat less and exercise more. Many goals, start a family, pay off debt, save for college. Have SMART goals (specific, measurable, achievable, realistic and time sensitive/trackable). Get whole family together with kids, get them excited. Ask what the goal is, price it out, make a savings goal, time goal. Now do you split goal by paychecks or months, taking on extra work, doing garage sales? Increase income or decrease expenses. Take little bites to get from 0 to your goal. Maybe the trip comes later in the year or smaller trip is taken sooner. If you don't put together a plan your goals just remain dreams. Don't accrue debt that you then have to figure out in 2016. We help you prioritize and manage what comes first. We help refinance or lower the cost of borrowing. We look at income, budget, debts, credit report and score, and analyze where you are, interest rates. Can you open up new card or account to help lower interest rates? Are you worthy of a better rate with your credit score? Goal is to improve credit, can open up new credit instead of getting loan from credit union, but credit union will lower your cost of borrowing. Consolidation loans may also help you. You can get larger lines of credit so you can transfer credit. Can talk to debt counselor through CCCS. Don't take the joy away, but get joy and make it sustainable because you regain control of your finances.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	Joy in Our Town #738	29:30	14:00	L	PA/0	2/16/2015 2/20/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Todd Mark, with the CCCS. In the U.S. there is \$1.2 trillion in student debt today. Junior colleges are great to get your first two years out of the way for much cheaper. Debt will slow grads down when they want to get married or get an apartment or participating in the adult economy. New things at CCCS: grant from Dallas Women's Foundation putting CCCS counselors and educators on all 7 DCCCD campuses. #1 reason for fallout is financial frailty and inability to pay, yet community college is the most affordable college. Not just traditional 18-22 age range, but also older adults to further their education or learn something new or continuing education. We look at the cost of living and borrowing. We want you to stay and get that degree and bring more dollars back into the economy eventually. Providing free counseling and education for students. Average student debt is \$25,000 a year, but you can borrow half and graduate with a lot less debt if you plan it right. Confident start: counseling juniors and seniors in high school who are college ready and their parents to do a full review of their financial goals and where they're going to school. What does it cost, how much to borrow, full range of ways to finance school. Many times parents will help with school, but how much? Work through school and can't take full course loads? Forecast 1 year at a time, and budget for 4-5.5 years. What are the costs or books, boarding? If going into non-profit, it may not justify a starting income just to borrow \$250,000 for a degree. Living expenses: on campus, apartment, at home. What are the costs of having your first child? Retirement? We want you to think about long term goals. Age of acquisition (18-26) buying many things for the first time in your life. \$10,000 for furnishings, \$10,000+ for down payment on home. We review all of this with the student and the parent and figure what is affordable and will make them financially stable. Talk about getting a checking account to be responsible and getting a credit card so you have a credit score and history. You don't want to screw up, but be wise with your money while in school.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	700 Club NewsWatch #01262015	1:00:00	5:00	REC	PA/0/E	1/26/2015	2:00PM

CBN News Reporter Heather Sells Reports: Many Americans are not saving for retirement, and if they are, they're not saving enough, according to a recent survey. Nevin Adams, co-director at the Washington, D.C.-based Employee Benefit Research Institute's Center for Research on Retirement Income, says about two-thirds of Americans are saving but they may not have enough when it comes to their retirement years. Adams helps to oversee EBRI's annual Retirement Confidence Survey, a fixture for 24 years. The 2014 survey found that just 18 percent of Americans are very confident in their ability to afford a comfortable retirement, 37 percent are somewhat confident, and 24 percent are not at all confident. Fifty three percent of workers say cost of living and day-to-day expenses are major reasons for not saving or not saving more. Existing debt is also an obstacle. Adams noted that our culture's focus on spending and instant gratification also gets in the way. Some believe our lack of saving has the United States headed toward a "retirement crisis." Adams doesn't go that far but notes individuals who don't save end up costing society. Financial advisor Robin Tull, founder of Tull Financial Group in Chesapeake, Virginia, said many people lack an overall plan. Adams believes that many fear that they'll need a huge, unattainable amount for retirement and so never find out just how much they'll need. EBRI developed the program to help Americans determine how much they need for retirement. "Choose To Save" offers a quick retirement calculator tool, the "ballpark estimate," that helps people determine a specific savings plan. Married couple Amanda and Eddie Grizzard are two people who started saving early. They saved individually before marriage and began as a couple the month they married. The Grizzards used a financial planner to determine how much they needed for retirement. Amanda said she was inspired by friends and The 700 Club. The Grizzards save a pre-determined amount every month that is automatically deducted from their paychecks. They add to it when there's overtime pay and they live frugally. The Grizzards have also kept saving even during bad times. Experts say holding off saving when the markets are down is a common retirement saving mistake. Tull said many people developed that mindset during the recent recession. Another common mistake for many is overestimating how long they'll work. Here's some basic retirement savings tips: 1. Plan on living longer than you think you might as life spans continue to grow. 2. Save extra for healthcare because those costs going forward are difficult to estimate. 3. Maximize your employer's 401K match and look into a Roth retirement account. 4. Know why you are saving. Paint a picture of your retirement. It will sharpen your focus and motivation. For Julia and Chris Williams, investing is part of living a godly life and saving as they start their family brings them peace. In fact, the Williams are thinking beyond retirement. They're following Proverbs 13:22 which says, "A good man leaves an inheritance to his children's children." That means not only planning for their retirement and for their son Anderson, but for his children as well.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Environment	Joy in Our Town #734	29:30	14:00	L	PA/0	1/19/2015 1/23/2015 1/24/2015	10:30AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Freddie Ortiz, Dallas Office of Environmental Quality. We are the city's internal environmental consultants. We were formed because in 2003, the EPA discovered we were letting petroleum products go into our storm sewer system. It contaminates the water supply and it may affect the health of a fish, it's unsightly and causes a domino effect for the environment. We have about 30 buildings that are LEED certified which means they were built, designed and maintained with certain water conservation and electricity conservation aspects as well as managed storm water. Continental Bridge used to carry cars, but now you can play in a playground and splash park and have a picnic. 50% of the electricity that the city buys is from renewable sources. Litter is unsightly and negatively impacts our ability to attract economic growth to our area. Over 90% of home owners says it affects their decision to buy a house in a neighborhood. 1/3 of business looking to relocate use litter to make that decision. 4 million dollars is spent on clean up and education about litter. 20,000 complaints per year the city receives regarding litter. We now impose a 5 cent fee on bags that don't meet the reusable bag definition (plastic bag that has thickness greater than 4 mils, or paper bag with handles made from 40% recycled content or reusable cloth bag). You can still get single-use bags from the grocery store. Re-use bags you get at trade shows or National Night Outs. You can take your items to your car and then bag them out there if you forget to bring the bags inside. Air quality: affects the metroplex and is a global issue. The WHO said 1 in 8 people die of air pollution every year. Many people have respiratory problems or heart conditions (7% in the metroplex do) so when we have a bad ozone day it affects how they breathe. They shouldn't be outside on those days at all. Start with small things and work your way up: buy a power strip and plug in TV, DVD player and stereo. Even though they are off, they are drawing electricity because they are waiting for the remote signal to turn back on. Click the power strip off when at night or when you leave. Same at work for your speakers, monitors, etc. It may save you a few dollars a year. Buy greener office supplies and reduce waste in manufacturing (disposal waste could be cheaper with greener waste). Re-use paper. Don't print presentations -- just project it on the screen. Home: can make game of recycling (re-use, reduce, recycle), can make bird feeder from milk carton, make challenge with kids to see who can turn off lights when they leave. Go to website for newsletter, info, ideas, tips for gardening, activities you can attend, and a speaker request form and we can come talk to your organization.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Environment	Joy in Our Town #739	29:30	14:00	L	PA/0	2/23/2015 2/27/2015 2/28/2015 3/2/2015	10:30AM 12:00PM 3:00AM 10:30AM

Our host Cheri Duckworth introduces our guest today, Corey Troiani, TX Campaign for the Environment. We envision a TX free of pollution. Empower people to fight it through sustained grassroots organizing and shift corporate goals. Majority of staff are canvassers, generate 10s of thousands letters every year to put pressure on officials and use consumer pressure to make environmental changes. Constituent pressure or voter power work. Extended Producer Take-Back factoring in environmental costs of packaging into the production of a product. They can take the packaging back from consumers and reuse them, so they are better designed and greener and cleaner. Electronics recycling - what do I do with them? We pressured many companies and got them on board with taking electronics back and recycling them. Program: feel free to ask canvasser all sorts of questions -- that's what they are there for. There are a few retail locations that take back things you can recycle, that way you can just take things back to the place you bought them from. Many landfills are leaking in our state, and many sit next to groundwater and watersheds. We need to divert as much as we can from those landfills and from incinerators as possible so we can create stronger and greener economy in TX and the world. Some are turned off by the word "environment" but we are middle road and fight for stronger economy and the environment both. Batteries are the fastest growing waste stream in the world now, and new computers and phones come out every 6 months, and we need to find something to do with the old ones. Retail locations will take them back and some you can donate phones too and they will be retooled and fixed and given to those in need. Don't throw them away because we are throwing away gold and silver when we do. All of the major industry players of battery manufacturing are on board with recycling their products, so getting programs set up in stores will be awesome. Recently Dallas passed plastic bag ordinance. The city is making money and seeing a lot less plastic bag pollution which saves the state lots of money. Get involved, write letters to officials and leaders, participate in democratic process.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Environment	Joy in Our Town #741	29:30	14:00	L	PA/0	3/9/2015 3/10/2015 3/12/2015 3/14/2015	10:30AM 4:30AM 11:00AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Jack Tidwell, NCTCOG. Voluntary assoc of member local governments. Like fraternities or sororities coming together to address challenges needs and (no regulation or taxes) just trying to assist govt and partners to do jobs they have. Serve Dallas/Fort Worth/Arlington, and other communities. Have several depts.: largest is transportation. We have workforce, aging, regional police academy that all provide ability for local govt to work on issues together. Enviro development dept. is helping local govts deal with issues of natural environment while balancing other needs. We wanted to recognize dedication and imagination by creating a center that celebrates the fact we don't have to do things the way we have always done them. We developed list of 12 development excellence principles and we are promoting them and informing our members there is creativity in the way they can address pedestrian style developments or mobility. Also implementation, we want to assist our local government by informing our members they are more educated decision makers. We have an awards program celebrating leadership in excellent development. We will be awarding projects that demonstrate those 12 principles. Innovation is always occurring, and being imaginative. We want to celebrate that. If you have one community doing one thing and it's countering something another place is doing, then that's not working, especially during the drought we are in. We are still susceptible to flash floods. We try to be as creative and innovative as we can to come up with solutions to these problems. Many local govts are exploring creative ways to promote certain styles of development. We are looking at a growing region, roughly 7 million people now, roughly over 12 million in 2040-2050. We need to plan infrastructure, transportation. We need to have robust discussions and understanding what the future may look like and what the region may be. The leadership needs to address the changes.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Environment	Joy in Our Town #742	29:30	14:00	L	PA/0	3/16/2015 3/17/2015 3/19/2015 3/20/2015 3/21/2015	10:30AM 4:30AM 11:00AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Terry Jensen, Wildflower School and Research Center. We wanted to teach people how to live sustainably. People want to know but don't know how to learn and there is so much conflicting information. We wanted to teach this in North Central TX. The climate is different. If you don't live for climate you are going to pay more money. We want to teach permaculture. Research about plants that grow well here and grow perennially. Just give your plant the amount of sunshine and water it wants and it will be fine. Farm incubator program: lots of young people and veterans who are interested in farming. Usually no money or land or experience or marketing ability (farming is a business). What we are doing is inviting young farmers onto our land to farm for 3-5 years, we will teach how to farm sustainably, how to write business plan, how to market, and what they grow is theirs to sell and their money to keep. Teach how to get organic certification, so when they return to the bank, it is convinced it can invest in them and loan them some money. Usually also eligible for SVA grant at that point. Permaculture: art of living sustainably. Growing food, building correctly, community. If you spend money at a local store, the money stays in and around your community. Permaculture started in 70s in Australia, and you can walk out the back door and build mulch bed, get rid of your grass and do something productive instead of spending all your money at the grocery store. It gets easier over time. Commercial farming gets harder over time. Start with vegetables scraps so worms come, then lay down cardboard, then compost on top, make small wood frame around it, and then add mulch, cut hole through cardboard, that way you don't get weeds, it's easy to water, you're recycling the cardboard and it rots and makes compost. You build about 3 inches of soil a year that way. As for pests: make your soil fertile, and your vegetables organic. This way when a pest stings it, the plant puts out toxins to the bug, thus making your plant even healthier to you. There are many beneficial insects. Plant fragrant things like basil so the pests are confused. You can make your front yard pretty without growing grass, and put benches and make it place for community gathering. We will be organic food and not spraying so many chemicals and pesticides, and people can homestead their property and earn money off of it instead of just paying taxes. It is a shift in culture. We are already in semi-food crisis, but it could get worse. People growing own food, and planting fruit trees instead of cows grazing and compacting the soil. We are located in Greenville. You can feed yourself pretty much just from your front and back yard. Starting 16 day permaculture course on February 28 on weekends. Half hands-on experience and half lecture. I grew lots in 16 pots I was allowed in my apt in Bedford (lettuce, bell peppers-they were the most expensive to buy at store).

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #735	29:30	14:00	L	PA/0	1/26/2015 1/27/2015 1/31/2015	10:30AM 4:30AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Anne Thomas, AVANCE – Dallas. Dual generation program working with both parents and children and the curriculum is tied together in different classrooms. Parents of 0-5 year old children. Make sure the parents understand the importance of staying involved in the lives of their children. At this age, the parent is very engaged, and parents come equipped with certain dynamics because they understand their child like no one else will and the child knows they love them. We give them a toolbox of things to do and the 0-5 year old's brain development is drastic. You are setting the tone for the rest of their lives. We are a school year-long program. If you're not in by September, go online and we can try to get you into a class as soon as possible. We work predominantly in the Hispanic community. Over time we have developed ESL (work place) programs also since jobs influence everything else that happens. New program this year: 7 classrooms-leadership academy, developed to help the parent understand who they are (personal development, help solve problems in the community, team building), leadership skills (handling money). This creates in the community willing volunteers who are committed to being partners with the school so the child is held in love all through their academic years. What the child sees you do is what's important. We teach active reading and listening with your child. "You should do this, and now see me do it as well." Shares success story about "special" child that went on to be nominated as Rhodes Scholar and was just awarded Hispanic Leader of the year. Kindergarten now has testing and have to have certain skills before you start. The lack of it will trickle down over the years, and often 3rd grade is where we lose the kids because they are too far behind. So preschool is very important to get kids school ready. Community that used to be highly migrant like West Dallas, has now become so cohesive and is good community because of many agencies. We've been there for 17 years. The schools need help. We do volunteer projects and focus on schools. Teachers will list needs and the parents can fill in the gaps (cafeteria monitoring, making copies, etc.). Once the parents have the tools, they want to use them so they volunteer in other outside activities.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #736	29:30	14:00	L	PA/0	2/2/2015 2/6/2015 2/7/2015	10:30AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Noble Crawford, HOPE Farm. Cultivating a future and a hope for boys. The boys we save are those who do not have the benefit of having a father in the home. We come alongside the person who is raising them and we partner with them to help the sons of those moms become successful. The impact of an absent father on the life of a boy has many implications and negative outcomes. The mom is a nurturing type of person and the father is structured, so when moms have to play a dual role, it's incomplete. The outcome manifests itself usually sometime around middle school. We become like surrogate fathers for the boys. Gang involvement and juvenile delinquency can be directly correlated to not having a father in their life. It may start with just playing hooky from school, and hanging with the wrong people. As they get older and wiser, and once they get into the criminal justice system, it's hard to get out of it. Then a lack of education means they have nothing that will help lift them out. Legally the mother is the legal guardian so when they sign them up for the process, they can stay in till high school. As young as five they can start the program. We try to get them into the program much younger. Hope Farm is very well established and well known in Fort Worth. We can set boundaries based on relationship and not just rules. We can get in their face like moms can't. We model what a man looks like and how they treat women. A young man who started at age 6, begged his mom to take him after he found out about it at school. His mother enrolled him, he graduated high school, went to college, lives in Atlanta, is married, bought first house and is a leader in the community and an associate pastor in church. He's a spokesperson for Hope Farm. Unique feature of what we do is address the needs of the moms who may have also grown up without a father. We talk about vision and what their sons can become. Mothers Resource Initiative that addresses needs of the mothers is led by a single mother. This way the moms understand HOPE Farm is concerned about both them and their sons and thus they will both stay around and stay in the program. Retention goes up and adds to the success rate. Most of the time the first timers have zero social skills; they look at the floor. So we start basic -- how to greet a person and how to look them in the eye and say your name, how you treat ladies including your mom, and accountability (folders must be brought every time they attend to keep track of progress).

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #737	29:30	14:00	L	PA/0	2/9/2015 2/13/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Angela Stephens, It's A Sensory World! Some have already had children in multiple therapies, others are just starting the journey. Many feel overwhelmed so we make objective referrals for different therapies. Provide emotional and moral support and networking with other families who are going through the same things. Lack of understanding by their peers and family members who may not have children with special needs sometimes makes these parents feel alone. Educational, recreational and therapeutic services. Have SMART (sensory, motor, academic, recreation, and tech) for ages 2-12. Also one-on-one tutoring, and rec programs that are camps during winter, spring and summer to give kids something to do in their off time. Parent guided circuit (therapy homework can be done in a provided facility). Therapeutic programs: staff guided circuit, will take kids through stuff if the parents don't feel comfortable. Also have play dates where special needs kids can hang out with neuro-typical children to build skills. We don't have therapists on staff but do have special education teachers. It builds a stronger parent-child relationship and can also help the other children in the family by building unity. We always allow siblings to come to the camps and they are great role models. We consider the parents part of the team because they are who the children spend the majority of their time with. It's important for the children to do homework, but they will only be doing realistic and specifically targeted goals that they can accomplish at home so they don't get overwhelmed. Parents can always get in touch with us by phone or text. Example: stay at home mom in charge of meetings and homework and working, maybe dad can't be at all the meetings – this may cause disorder in the marriage. Parents: you have to be okay first in order to take care of everyone else.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #740	29:30	14:00	L	PA/0	3/5/2015 3/7/2015	11:00AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Coretta Turner-Chatman, 3D-Discovery. Your home is the first place you learn how to use your communication skills. As a parent make sure your kids know you are interested in what they are doing and saying. For younger children learning to read, they can create stories from what pictures they see and what words they are learning. Confidence is a big deal in middle school. Small percentages of kids (22% in high school of kids) who say they have positive at-home engagement. Advocate of the I AM statement. Working with grades 3-4 and 5-8. Has them also write down two accomplishments. They think they haven't accomplished anything. But they do, like you are a great big sister. When you start thinking about your accomplishments, you start talking about them effectively. Kids aren't shy, they are socially selective. First assignment for 6-8 graders was to talk about accomplishments, and they all said it was hard to talk about, they felt like they were bragging. But it's so easy to call yourself stupid. Why is it easier to say something negative versus something positive? It's the tone and how you present yourself, body language that differs between bragging and talking about your accomplishments. Use story cubes to create stories and impromptu presentations for kids of all ages. This increases their vocabulary and creative skills.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	700 Club NewsWatch #02122015	1:00:00	5:00	REC	PA/0/E	2/12/2015	2:00PM

CBN News Reporters Tracy Winborn and Caitlin Burke Report: For decades, marriage has been a key factor in achieving the American dream. Now, a study shows the millennial generation is taking a different path to success. For many, that means saying 'I don't' to marriage. Sisters Nicole and Erica Barrada appear to be your typical 20-somethings, just hanging out and having a good time. After earning their degrees, they're working full time, paying off student loans, and enjoying the freedom of single life. The Barrada sisters are like many Millennials. They say they've got their priorities straight and marriage isn't anywhere near the top of the list. Instead, it's more about getting an education and pursuing their careers. A recent study by the Urban Institute finds the marriage rate has dropped for years and the percentage of Millennials marrying by age 40 will fall lower than any generation before them. From 1990 to 2010 that rate dropped less than 10 percent, from Baby Boomers at 91 percent to Generation X at 82 percent. By the time Millennials reach 40, it could fall as low as 69 percent. Economist and CBN Contributor Stephen Moore said this decline could pose a serious problem. He also worries this Millennial trend could mean more children growing up without a mother and a father in the home. The Barrada sisters say their Christian faith gives them a more traditional view. While they're saving their sexual purity for marriage, planning a family has not really been a priority. To see where some of their peers stand, CBN News hit the streets near Georgetown University. We couldn't find one student who had any desire to marry anytime soon. In fact, some were even opposed to the idea. Pastor Roderick Hairston, a former chaplain of the Baltimore Ravens, wrote a book called, "Cover Her." He says the church should be concerned with this generation delaying marriage and agrees one of the most devastating effects will be on children. He also believes the benefits of a godly marriage can't be ignored, including the spiritual and emotional benefits. He also said it's even good for physical health. Still, the Barrada sisters say they're happy and healthy being single, and like many Millennials, they're not anxious to change their minds anytime soon.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	700 Club NewsWatch #02262015	1:00:00	5:00	REC	PA/0/E	2/26/2015	2:00PM

CBN News Washington Senior Correspondent Paul Strand Reports: Scripture asks, "Can a man play with fire and not be burned?" Frequent users of pornography seem to think so. But many not only hurt themselves, they bring pain to others as well. Still, pornography has become so mainstream, even among churchgoers, much of society is starting to believe it's harmless. What you'll often hear from porn users is, "I'm not hurting anybody!" But the truth is there are very real victims, such as the girls and women working in the industry, some of who are actually sex-trafficked and forced to act in obscene productions against their will. "Naideen" testified about that at a recent summit in the Washington, D.C.-area of the Coalition to End Sexual Exploitation. Such cooperation included faking the smiles and looks and sounds of pleasure that are then used to justify the assertion that the females in porn obviously enjoy being in it. This blatant exploitation wouldn't happen and these women wouldn't be getting hurt if there wasn't such an X-rated demand, if the buyers stopped buying and the market for pornography dried up. But these consumers also often hurt the people closest to them, like the wife of Matt Russell. He carried a longtime porn addiction into their marriage. Cathy Dyer's husband, Greg, drove her to seek therapy after he deserted her for an affair that followed his lifelong addiction. These husbands eventually broke free and both couples reconciled, joining Lakeland, Florida's First Baptist Church at the Mall that tackles porn addiction directly. Kevin Conrad leads an accountability support group at the church. Trena Mewbom, First Baptist's director of Counseling and Support Groups, sees how desire for the X-rated destroys marriages. First Baptist's Senior Pastor Jay Dennis has written books about how users can break free from the X-rated material, and his church produced a DVD about it, called "Our Hardcore Battle Plan." In it, church member Tom Wolfe testifies how his heavy porn use led to sex addiction and a series of affairs. Mewborn said she has seen men in the business world lose jobs over pornography. Missionary trainer Nik Ripken told CBN News so many young Christian men are now addicted, they can't be trusted to go on the mission field. And you can see it in the numbers: the current ratio is seven female missionaries for every male. But men aren't the only ones hooked. That's what former addict Crystal Renaud of Dirty Girl Ministries pointed out at the same conference on sexual exploitation where former porn star "Naideen" testified. Renaud testified how the X-rated material can carry people into darker and riskier places. Sometimes it even leads to criminal behavior. Psychotherapist Mary Anne Layden told the Coalition to End Sexual Exploitation summit that in her research she sees a consistent link between those who consume porn and those who commit sexual violence. And she spoke of a frightening study she did tracking college males who used more pornography from freshman to senior year. She also shared at the conference recent research on the behavior of many porn consumers:

- They have more sex partners
- Are less attracted to their partners
- Want less sex with them
- Try to get them to act out scenes from porn films
- Have affairs if they're married
- Go to prostitutes.

Some men justify the reason they're such lustful creatures is that's just who men are. But Pastor Dennis is having none of that. Greg Dyer said they know in their hearts they're wrong. Dennis said viewers can change all this — and they can start by imitating the godly man Job. Some declare they cannot live without pornography. But Dennis is quick to assert that just isn't so. The truth is no one in history has ever died from a lack of pornography.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homelessness	Joy in Our Town #742	29:30	14:00	L	PA/0	3/16/2015 3/17/2015 3/19/2015 3/20/2015 3/21/2015	10:30AM 4:30AM 11:00AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Kimberly Williams. Interfaith Housing Coalition offers transitional housing for homeless families and their kids. We have after school program for kids and equip parents with tools to be lifted out of poverty and the kids to break the cycle of poverty. Been around almost 30 years - anniversary in July. In Dallas, chronic homelessness is down, but family homeless is up 60% since 2010, most are single parents and kids. If you have a working poor person working hourly job, and kid gets sick, they can't come in and they lose that pay or if the car breaks down, they lose it, and without savings they are thrust into homelessness and live in a car or at a friend's house. Many people are one paycheck away from homelessness. If unemployed or underemployed, we take them through career assessment to focus on their passion, interests and skills. If you focus on the area of your gifting you will do well. That has worked very well for the past 4 years (\$9.48 an hour used to be their average family earnings, now its \$15 an hour). We provide financial coaching and see if they need help paying off debt. This transforms lives. Kids have emotional instability from going one place to another. They can get stressed and can feel tension. 75% of kids who come are 1 or more grade levels behind their peers. We get them together with peers so they get emotional stability and then we provide tutoring. 70% of our kids are exiting with 1-2 grade levels of advancement. Self-esteem is problem that both kids and adults struggle with. It's natural to blame yourself, but we try to restore a sense of dignity and value. You are important and loved and God has a plan for your life. They will take the sense of purpose with them long after they are gone. Any item that makes a home a home starts the dignity process, so we provide their own bed and sheets. Volunteers help greatly as well. We want to show people that someone cares. It brings tears to families eyes. One word: resilient. Imagine what it would be like day in and out to take care of kids when you have nothing (food and housing). Former teachers, nurses, etc. - anyone you interact with everyday could be here. Homeless families look just like me and you. Need clothes for teenagers, school uniforms, we get lots of kid's clothes. We have specialized teen program-group therapy 1-on-1 therapy, college tours in summer. We keep their hope alive. Can see success stories online. Call and let us know if you need help. Get appointment or refer a family.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homelessness	Joy in Our Town #744	29:30	14:00	L	PA/0	3/30/2015 3/31/2015	10:30AM 4:30AM

Our host Cheri Duckworth introduces our guest today, Lisa Ernst, Soup Mobile. Got involved as a volunteer at Soup Mobile and was impressed with what they did. Was founded in 2003. Was started by one man with one van feeding the homeless himself. First year: David (founder) fed 5000 hot meals that first year by himself. Today we feed over 200,000 hot, hearty, healthy meals a year. Goals: 1: Feed His sheep. 2: Soup Mobile village program (housing program) 8 properties. We take single adults or families and put them in places where we can give them a hand up not a hand out. Shares a success story of a guy who was into crime, turned his life around and helps out at Soup Mobile now. Every year we have a big gala on Christmas Eve. We lavish the homeless families with gifts. 2000 years ago there wasn't room for Jesus at the inn, but now there is room for them at the Omni hotel and they don't have to wake up under a bridge on Christmas morning. Many homeless people have mental issues and illnesses as well as addiction problems so it is hard sometimes for these people to adapt to society. We want to reach out to them and have them know we care about them and share the love of Jesus with them. Just knowing someone cares can be enough to spur them on to change their lives. We partner with many places and have a list of resources for services we can't provide. Yes they need food, shelter and clothing, but they also need hope. We get to them on the frontlines and give them hope. We are about to build a Soup Mobile church. First of its kind where the homeless people are the congregation. Will have classes, educational programs, plan fun events and family times. Very excited! About approaching people who are homeless: some have been shunned and judged and some have a hard time interacting with people. Use caution, but ask the Lord to give you wisdom in how to deal with them. We have a lot of experience and have built trust (many have trust issues). We have a Code Blue (emergency response vehicle - retrofitted ambulance with coats, hot chocolate, hand warmers, etc.) so we can provide the extra needs during winter. You can drop off coats and items for us at our main location or thrift store. Run by volunteers and all the proceeds go straight back in to our ministry.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homelessness	Joy in Our Town #744	29:30	14:00	L	PA/0	3/30/2015 3/31/2015	10:30AM 4:30AM

Our host Cheri Duckworth introduces our guest today, Bruce Frankel, Day Resource Center. We are a night time shelter, day resource center, and more, available to those homeless in DFW. Chronically homeless: homeless for a year or more, more than 3 times a year. Many have significant addiction or mental health problems. These are folks with disabilities that make it harder to reenter society without assistance. How they get homeless: something happens and they don't have a family safety net. 30% have a debilitating mental health issue. Without family they can easily become homeless. Some are homeless because of healthcare disabilities like chronic diabetes or injuries at work and have exhausted savings. Others are decent people working hard but just can't make it on minimum wage, and the next thing they know they can't afford a car or rent. 1 out of 5 people know someone who is homeless or affected by it. There is a lot of affordable housing in Fort Worth, but it still is not affordable for those on minimum wage or those who can't work at all. Big focus in Tarrant County is how can we rapidly transition people out of homelessness and back into the community. General resource center open 7 days a week (showers, laundromat, shelter) also have case managers and help people as quickly as possible to get back into housing. Place many people a year back into housing and get back with family if they are estranged. The city of Fort Worth is looking for new strategies to develop more and more affordable housing. We have contracts with Tarrant County and the city of Fort Worth and they pay for some of our counselors. We provide victims assistance for those who are victims of crime. We also have programs that go into other areas of Tarrant County and not just Fort Worth. 35% of funding is govt funding - the other 65% through private donations, and events. Transition several hundred people out of homelessness every year. We get people housed before they become chronically homeless. We give them that little extra resource right before they fall into being homeless to prevent that from happening. About 1/3 of the non-chronically homeless spontaneously transition out of homeless. There have been more resources provided towards healthcare for the homeless. Behavioral care is continually provided. Some can cost as much \$60,000 a year while they are homeless. For those same people if we put them in housing and pay for housing and utilities and healthcare, it's only \$9-12,000 a year. It's significantly less expensive to get them in homes than to let them stay chronically homeless. It strengthens our community for these people to get back into society. During inclement weather months congregations volunteer their buildings to let people come in and spend the day or night. The homeless love it. They say it gives them dignity when they are treated like human beings.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Minorities	Joy in Our Town #732	29:30	14:00	L	PA/0	1/5/2015 1/10/2015	10:30AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Ruth Reese Lane - Law Office of Ruth Lane. Specializing in immigration and nationality law. Discussing how young people are affected being in the country if they are here illegally and how it affects work and school. There are options for illegal immigrants that were children. Program to allow a reprieve from deportation and to apply for a benefit work authorization. Requirements for work authorization must have entered the U.S. before their 16th birthday. Prove by documents that they were here. Been present in the U.S. from 2007 - June 2012 - present. Must have stayed in school and stayed out of trouble. GED will qualify. Must not have any felonies or more than 3 misdemeanors. People should expect that it's not a citizenship but it's just the work authorization. File for application. Fingerprints done. If they don't go they get denied. 4000 immigrants were nationally approved out of hundreds of thousands potentially eligible (180,000). It's going to take time, be patient! There is a filing fee for the application. This doesn't change the statute or open up a green card path for the individual but the work authorization is an alternative direct path. Illegals who are married to a U.S. citizen if they entered legally and didn't overstay can apply without leaving the U.S. The others will have to leave to apply. Once the immigrant is here and married the process is to file a petition and get it approved for a VISA application with the process in their home country. Have to apply for a waiver of being in the U.S. illegally. Show hardship proof. Can apply for their waver before they go to their interview for VISA application. Avoid 6-8 months outside the U.S. Those who entered legally, the process is different for those married to a U.S. citizen. Don't need waiver or have to leave the U.S. Makes a huge difference. Non-profit agencies and other places to go to help with immigration. Different websites available.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Minorities	Joy in Our Town #733	29:30	14:00	L	PA/0	1/12/2015 1/16/2015	10:30AM 12:00PM

Our host Cheri Duckworth introduces our guest today, Rachel Lopez, Hispanic Forum of Mesquite. Main goal: to foster communication between Hispanic population and different forms of government or programs in the city. Inspiration: there was a definite need in the community where they were not communicating or feeling trust with police officers if there was something happening in their neighborhoods. They needed someone they could go to. Barriers: fear of authority. Trust has not been established, and the Forum is trying to break down that for the community so they know their legal status is not a factor. 1000 new students just this year in Mesquite. We need to start focusing on education and urge the students to remain in school and communicate with their parents. They can speak with mentors to tell them the importance of finishing high school and moving on to higher education. Group holds town hall-like meeting where groups of parents attend and understand what they are about and they go out and tell other parents and then they all come to the meeting. They want to approach this small group way of getting the word out. Cultures are different and they need to understand it is okay to question teachers and stay involved. Kids love it when mom or dad is involved. Students want to know parents care about them. We are growing programs in areas such as Garland, which also has a high amount of a Hispanic population. We all need to come together and work as a team, even all the separate Hispanic organizations. Biggest concerns is immigrations. Networking legs come in handy here; law firms and immigration attorneys, etc. Good resource database of people and companies who will not take advantage of the people. Health: Mesquite has a good health care system, gyms and parks. Culture is trying to address issues like diabetes and obesity. Health fairs happen and they get the word out about when they occur. The forum has given out over \$17,000 in scholarships to graduating Latinos and Latinas in MISD. This goes directly to the student's college of their choice. We hope to surpass that as we grow in the future.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Minorities	Joy in Our Town #734	29:30	14:00	L	PA/0	1/19/2015 1/23/2015 1/24/2015	10:30AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Dr. Shelette Stewart. She grew up hearing "go to school to get a good job." She got her masters and her doctorate, and has served in leadership roles at AT&T and Coca-Cola. Between 2015-2020, minorities will comprise 1/3 of the U.S. population. They will be a higher proportion of the workforce, so it would behoove us to focus on these people as a society. I wrote a book that has opened doors for me to share these insights with college kids around the U.S. as well as CEO's. SMU Cox School of Business has a Latin initiative that includes partnership with the national Hispanic corporate council. It's the largest minority and largest growing minority population in the U.S. We also offer customized multi-cultural classes. It's huge to have same-minority role models. Look beyond your families and to society at large (pastors, leaders in the community, teachers), read books about successful people. One of the best drivers of innovation is diversity -- both ethnic diversity and diversity of perspective and approach to business. It's ok to see color and be proud of it and we have come a long way! Immerse yourself in all cultures because our global society is "browning." We need an appreciation for other communities and cultures. Take a very interactive approach with your kids' education, go to PTA meetings. Support your local school systems and their fundraising initiatives. Mentor youth. Focus on positive initiatives, like establishing internships and scholarships. Educators must always be cognizant of teaching minorities in different ways. Within STEM subjects (science, tech, engineering and math) the U.S. falls low compared to Asian counterparts. Make sure you reinforce education early on.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Minorities	Joy in Our Town #743	29:30	14:00	L	PA/0	3/23/2015 3/26/2015	10:30AM 11:00AM

Our host Cheri Duckworth introduces our guest today, LaToya Stewart, MPH Director of Community Health for The Concilio. The Concilio helps educate families in communities for parents to lead the health for their kids. Health issues in minorities include infant mortality, HIV, STD's, cancers and obesity. These are considered preventable diseases. 72% of Hispanics are at risk for obesity. The Concilio offers a number of programs to prevent these chronic diseases. Families can take classes and 3 months of exercise. Each family will create a healthy goal plan. The staff will go into families' homes to show them how to eat and live healthy. The programs that The Concilio offers are free. One member of the family must be obese to participate in the program. The programs they offer utilizes members of the community. The message has to come from someone the community can relate to. They offer free health screenings for BMI, glucose, etc. A lot of vulnerable groups don't have insurance. The screenings they do are good indicators if they are at risk for these diseases. They can't diagnose them, but it's a good starting point. Parents and kids working together is important.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #735	29:30	14:00	L	PA/0	1/26/2015 1/27/2015 1/31/2015	10:30AM 4:30AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Sabrina Porter, Juliette Fowler Communities. Named after Juliette Fowler, daughter of William Jefferson Peak (one of the east Dallas establishers) all the streets are named after their kids (Flora, Worth, Harwood, Peak) etc. She named many of the communities. She was one of many children, married AJ Fowler whose partner was John Peter Smith. She was the first Mayday Queen of East Dallas. She lost two kids and her husband as a young woman. She was one of the first philanthropists. She had a love for taking in anyone who needed anything. She built an orphanage and a home for the aged (retirement community) for the widows. Originally built in east Dallas in Lakewood. Right before a surgery, she inherited \$4000 and started building it. 3 years ago we bought the other ten acres that land-locked us in Dallas, developed 3 acres of independent apartments for those seniors who still travel and drive but don't want hassles of taking care of a home. We also have assisted living facilities (give a little help with medications), and Worth neighborhood for those with dementia or such for those who are at risk of wandering. New ideas come forward from youth, so intergenerational community is important. There are very few communities like ours that have intergenerational programming which includes children in our youth programs (foster program), and 300-400 senior citizens working with children. They come to our communities for a service or something that's needed, but they still want to give back and do something meaningful. They are needed and valued so it increases their quality of life. We also started a new home for girls this year.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #736	29:30	14:00	L	PA/0	2/2/2015 2/6/2015 2/7/2015	10:30AM 12:00PM 3:00AM

Our host Cheri Duckworth introduces our guest today, Jane Hunley, Parkland HHS. Various providers are involved in geriatric care; there is a fellowship program for people who train specially in it. The entry point can be family practice or internal medicine. There are a limited number of geriatricians nationwide, so what often happens is that a provider will care for an older adult and utilize a core team consisting of the physician, nurse and social worker. That way the physician can focus on the diagnoses you have, how to best manage your systems, and really look at medications which are a critical piece of what we do. The nurse is screening for preventable conditions (risk for falls before the fall). The social worker works with the family with what is next; do you need support mechanisms, what are you doing extracurricularly? As people age, they may have more complicated issues. You may have a primary provider (family practice doctor) and a specialist in heart or hearing for example. Those doctors need to know if you had a fall, are on medication, etc. It's unlikely you'll have only one provider, but you will have one person who coordinates it. The insurance company also may help organize records and act as a Patient Centered Medical Home. Sometimes at a doctor's office you feel anxious. You can have someone with you as an advocate, but seniors are adults. And as such, we respect their right to make their own decisions and their privacy so we don't involve other individuals without consent (unless very important). But they can play key roles as an advocate while still allowing the senior to make their own decisions. Part of geriatric medicine, spend a lot of time with family on advance planning. This allows the individual to know what their options are now and state verbally and written what they would like to have happen if they experience cognitive loss or have a stroke. Do you have living will, durable power of attorney for health care? If not, we try to facilitate that. You can alter it if needed. You don't know what's coming, but you know if you want people involved or if you want aggressive care or not. If someone has not done planning, we try to determine if they can make their own decisions at this point and if not, who legally do we turn to in order to make those decisions? You will find social workers more in geriatric-specific locations and not really at general practice locations. Dallas Area agency on Aging, Senior Source, The DADS, all meet with case workers who can explain what resources that are available and help connect you to them. For those who do have insurance, they have other options such as home care. Call 211 - connection point to Dallas area agency on aging to get connected to other resources, health, mental health, etc. If connected with health system already, you can contact them. Also, go to TX geriatrics society website.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #740	29:30	14:00	L	PA/0	3/5/2015 3/7/2015	11:00AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Martha Blaine, Community Council of Greater Dallas. 335,000 seniors in Dallas area right now. Federal funds from Old America Act available. Seniors are eligible to apply for social security and Medicare coverage. That can be confusing so we have counselors and staff to make applications, and answer questions for free. We support care givers, more than 1 in 4 people are currently care givers. We have both children and elders we are looking after. Can get burned out easily. We do offer care givers help and respite care for a short time. We get many requests for safety services (grab bars installed or hand rails put in) so seniors can stay in their home and stay safe, otherwise you fall, break a hip, go to hospital, take a long time to recover. Many are living alone, so we offer two kinds of meal services (meals on wheels to pride to nurses meals that they provide at home) or noon meals where seniors can come together and socialize and get a hot meal that day. Transportation: big issue in north Texas because we are car dependent, so how do they get around? Program around for 6 years helping seniors and those with disabilities (bus service, vouchers for taxi, safely use DART services). We teach how read schedule, how to ride and where to stop, ride with DART official. 3 digit phone number, 2-1-1 answered by professional people in Dallas, all bilingual with a total of 104 languages. Will tell you where to go to find any resource you need, or help paying utility bills if about to cancel on you. Food and shelter and help with utility bills (over 720,000 calls a year). Can use it all over the state of TX, and almost nationally. 25 centers like ours here in Dallas. 24/7 holidays and everything. We also offer legal assistance such as planning your estate. We have benefits counselors to help people talk with their family.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #741	29:30	14:00	L	PA/0	3/9/2015 3/10/2015 3/12/2015 3/14/2015	10:30AM 4:30AM 11:00AM 3:00AM

Our host Cheri Duckworth introduces our guest today, Angela Bentle, MD. The elderly lose their independence as time goes by and they lose their memory. It can be scary. Some things are reversible or treatable like metabolic and thyroid issues. Alzheimer's is 60-80% of dementia out there. Other causes are alcohol or drug use, because it's a toxin that's attacking your brain. Sugar is also a big deal and problem as are processed foods because they can cause inflammation. Most elderly people do not develop dementia. Aging and dementia do not have to go hand in hand. Less than 1/3 of population develop dementia at all. Genes are not necessarily linked to Alzheimer's. You shouldn't worry about it if your grandma had it, it's not a sign you'll get it. Keep your mind sound. Do daily activity, mall walking. Social involvement, reading, doing puzzles other things to make your mind sharp. Also rest and regular sleep is important. Your regular checkups with doctor are good, have your heart looked at, physical exams once a year to make sure nothing is happening that is preventable. There are memory losses that aren't dementia (they are mild cognitive impairment--losing keys, etc.). There is natural aging forgetfulness. Dementia is more about forgetting to pay bills, forgetting how to dress themselves, not knowing names or faces of people they are familiar with. It's not always the patient that notices they are developing symptoms. If they are overly concerned with memory loss, they are most likely not developing dementia. Control blood pressure, because mini-strokes can cause dementia, also diabetes (has to do with diet and weight), family history of obesity (biggest reversible cause). Your mood and energy can be affected by your diet. Be active (socially, physically, mentally). Berries, Brussels sprouts, omega 3, vitamin D, can all help.