Trinity Broadcasting of Texas, Inc.

Quarterly Report

January, February, March 2024

KDTX-TV

Dallas, Texas

Ascertainment List Leading Community Issues

"The issues are comprised from ascertainments from civic leaders, telephone calls and responses from TBN viewers, and/or a review of print, broadcast, and online media."

Civic
Crime
Economy
Education / Schools
Environment
Health / Mental Health
Housing
Minority

Civic	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Civic	Jay Sekulow Live #735	26:00	26:00	REC	PA/O/E	01/03/2024	12:00 AM
						01/10/2024	12:00 AM
	Today on Jay Seku	low Live: Jay Seku	llow, Chief Counsel at ACLJ	, and Richard A	. Grenell, S	Senior Advisor fo	or National

Civic

Civic

Civic

Today on Jay Sekulow Live: Jay Sekulow, Chief Counsel at ACLJ, and Richard A. Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ, discuss our border security and immigration. Abigail Southerland, Senior Litigation Counsel at ACLJ, gives updates on ACLJ cases, and Jeff Ballabon, Senior Counsel for International and Government Affairs at ACLJ, expresses gratitude for Christian support of Jewish people. We also hear from members who support the American Center for Law and Justice (ACLJ) and why they do it.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Jay Sekulow Live #736	23:59	23:59	REC	PA/O/E	01/17/2024	12:00 AN	4

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, Andy Ekonomou, Senior Counsel at ACLJ, and Dave Williams, State GOP Chair in Colorado, discuss the biggest election case in U.S. History, which will affect all fifty states.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Jay Sekulow Live #725	24:00	24:00	REC	PA/O/E	01/24/2024	12:00 AM

Today on Jay Sekulow Live: Jay Sekulow, Chief Counsel at ACLJ, Logan Sekulow, Director of Media at ACLJ, and Richard A. Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ, discuss shocking new FBI and IRS targeting that has been uncovered.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Jay Sekulow Live #739	24:32	24:32	REC	PA/O/E	02/07/2024	12:00 AM

Today on Jay Sekulow Live: Jay Sekulow, Chief Counsel at ACLJ, Logan Sekulow, Director of Media at ACLJ, CeCe Heil, Senior Counsel at ACLJ, Harry G. Hutchison, Senior Counsel and Director of Policy at ACLJ, Chris Mitchell, Middle East Bureau Chief at CBN, discuss the ACLJ defending Israel.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Jay Sekulow Live #740	25:25	25:25	REC	PA/O/E	02/14/2024	12:00 AN	Ч

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Richard A. Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ, Mike Pompeo, Senior Counsel for Global Affairs at ACLJ, and CeCe Heil, Senior Counsel at ACLJ, discuss the U.S. troops killed by an Iran backed drone attack in Jordan.

Civic	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Civic	Jay Sekulow Live #741	25:36	25:36	REC	PA/O/E	02/21/2024	12:00 AM
	Ekonomou, Senior	Counsel at ACLJ,	Sekulow, Executive Director and Harry G. Hutchison, Se vas struck down by the Cou	enior Counsel ar			

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Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Jay Sekulow Live #742	25:36	25:36	REC	PA/O/E	02/28/2024	12:00 AM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, CeCe Heil, Senior Council at ACLJ, Andy Ekonomou, Senior Counsel at ACLJ, Harry G. Hutchison, Senior Counsel and Director of Policy at ACLJ, give an analysis of the Supreme Court oral argument on the Trump ballot ban.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Jay Sekulow Live #743	24:16	24:16	REC	PA/O/E	03/06/2024	12:00 AM

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ and Logan Sekulow, Director of Media at ACLJ, discuss a preview of vice president potential picks by President Trump. Richard A. Grenell, Senior Advisor for National Security and Foreign Policy at ACLJ joins the show from CPAC to discuss Vladimir Putin and NATO. Jenny Blass, a Jewish student at SUNY and represented by ACLJ, shares her story of how she was subjected to antisemitism on campus.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Jay Sekulow Live #744	24:58	24:58	REC	PA/O/E	03/13/2024	12:00 A	М

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, Mike Pompeo, Senior Council for Global Affairs, Former Secretary of State and CIA Director, discuss the importance of the certiorari granted by the Supreme Court in the immunity case for President Trump.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Jay Sekulow Live #745	24:04	24:04	REC	PA/O/E	03/20/2024	12:00 AM	

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, Andy Ekonomou, Senior Counsel at ACLJ, Harry G. Hutchison, Senior Counsel at ACLJ, CeCe Heil, Senior Council at ACLJ, and Dave Williams, Chairman of Colorado GOP, in Part One, they discuss the nine to zero unanimous decision at the U.S. Supreme Court against a state, on its own initiative, to remove a candidate from running for president from their state ballot.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Civic								
	Jay Sekulow Live #746	27:10	27:10	REC	PA/O/E	03/27/2024	12:00 AM	

Today on Jay Sekulow Live: Jordan Sekulow, Executive Director at ACLJ, Jay Sekulow, Chief Counsel at ACLJ, Andy Ekonomou, Senior Counsel at ACLJ, Harry G. Hutchison, Senior Counsel at ACLJ, CeCe Heil, Senior Council at ACLJ, Dave Williams, Chairman of the Colorado GOP, continue Part Two of their conversation about the 9-0 decision by the Supreme Court regarding the issue: "Can a state on its own initiative remove a candidate from running for president from their state ballot?" The answer by all nine Supreme Court Justices was no, you cannot do that. This is a tremendous victory not only for President Trump but a victory for our electoral process.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Behind The Scenes	25:30	25:30	REC	PA/O/E	01/06/2024	3:00 AM
#230					01/07/2024	4:30 AM
					01/08/2024	1:30 AM
					01/20/2024	3:00 AM
					01/22/2024	1:30 AM
					02/03/2024	3:00 AM
					02/06/2024	1:30 AM
					02/12/2024	3:30 AM
					03/02/2024	3:00 AM
					03/04/2024	1:30 AM
					03/18/2024	1:30 AM

Today on Behind the Scenes: Matt and Laurie Crouch are joined by Governor Mike Huckabee to discuss legacy giving or estate planning. Mike Huckabee explains how wills, trusts, unique gifts, and lifetime charitable gift annuities work, and the importance of estate planning.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Civic							
	Behind The Scenes	26:45	26:45	REC	PA/O/E	02/10/2024	3:30 AM
	#233					02/16/2024	1:00 AM
						02/19/2024	1:30 AM
						03/16/2024	2:00 AM
						03/23/2024	4:30 AM
						03/25/2024	1:00 AM

Today on Behind the Scenes: Tom Newman is joined by Mike Huckabee, Former Governor of Arkansas, and Host of "Huckabee" on TBN, and Karen Conrad, Director of Donor Development, to discuss end of life planning. The writer of Proverbs reminds us that a person of wisdom and foresight leaves an inheritance for their children's children. Karen tells us about TBN Living Legacy; charitable gift annuities, wills, trusts, stock gifts, life insurance, probate, real estate, donor advised funds, and unique gifts to benefit Trinity Broadcasting Network.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Civic							
	The Eric Metaxas Show	23:59	9:00	REC	PA/O/E	02/16/2024	5:00 PM
	#193					02/18/2024	9:00 PM

Civic

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Today on the Eric Metaxas Show: Johnnie Moore, President of Congress of Christian Leaders, gives us a sense of where things are currently in Israel. He tells us the situation is far worse than anything we've seen and expresses the need for Israel to succeed in this war and the importance for Christians to stand with Israel. Johnnie tells us that we are living in the most dangerous time since World War II and it comes down to leadership and the ability to see right and wrong, good, and evil.

Program Title	Program Duration	Topic Duration	Segment Source	0 71		Time	
Huckabee #335	50:30	7:00	REC	PA/O/E	03/02/2024	7:00 PM	
					03/02/2024	10:00 PM	
					03/03/2024	8:00 PM	

Tonight on Huckabee: Heather Johnston, Founder and CEO of U.S. Israel Education Association (USIEA), a nonpartisan program, talks about how it advances dialogue and cooperation between senior U.S. officials and Israel. Since 2011, she's led tours throughout the nation of Israel and connected world leaders and decision makers to help promote and improve defense, security, economic prosperity, and most importantly, peace in the region.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
The Rosenberg Report: #240104	26:00	26:00	REC	PA/O/E	01/04/2024	8:00 PM	
#270107					01/05/2024	1:30 AM	
					01/06/2024	8:00 PM	
					01/06/2024	11:30 PM	

Tonight on The Rosenberg Report: Come along on a delegation of evangelical Christian leaders that Lynn and I co-led just before Christmas with former Governor Mike Huckabee. We went to the Gaza border to witness first-hand the devastation of an Israeli community savaged by Hamas on October 7th. We grieve with Israeli hostage families. We prayed with Israeli and Palestinian pastors and ministry leaders. And before it was over, the governor and I sat down with Israeli Prime Minister Benjamin Netanyahu. Don't miss the delegation's reactions to what we saw and heard tonight on The Rosenberg Report.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
ivic								
	The Rosenberg Report:	24:00	24:00	REC	PA/O/E	01/11/2024	8:00 PM	
	#240111					01/12/2024	1:30 AM	
						01/13/2024	8:00 PM	
						01/13/2024	11:30 PM	1

Tonight on The Rosenberg Report: With just hours to go before the all-important Iowa caucuses on Monday night where winter weather advisories are in effect and temperatures are expected to be minus 13, we have an exclusive interview with Florida Governor Ron DeSantis. Does he have a snowball's chance to pull off an upset against Former President Donald Trump who seems like the prohibitive front runner? What's Desantis' closing argument especially to Iowa evangelicals? How would he be different as a commander in chief than President Biden when it comes to standing with Israel and confronting Iran, Hamas, and Hezbollah? Plus part one of my exclusive interview with Former Vice President Mike Pence, the highest-ranking Republican and highest profile evangelical to visit Israel since October 7th. All this and more tonight on The Rosenberg Report.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Civic							
	The Rosenberg Report:	26:15	26:15	REC	PA/O/E	01/18/2024	8:00 PM
	#240118					01/19/2024	1:30 AM
						01/20/2024	8:00 PM
						01/20/2024	11:30 PM

Tonight on The Rosenberg Report: What does Donald Trump's blowout victory in the Iowa caucuses mean for the 2024 presidential campaign and for Israel? Will his rivals drop out? Does Trump have the nomination locked up or could major surprises lie ahead, including New Hampshire next week? Then don't miss my full and exclusive interview with Former Vice President Mike Pence about the war with Hamas and the very real prospect that Israel's war in Lebanon is about to expand dramatically. Plus, South Africa charges Israel with genocide before the International Criminal Court. How bad could this get and what if Israel loses? All that and more tonight on The Rosenberg Report.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Rosenberg Report:	48:30	48:30	REC	PA/O/E	02/15/2024	8:00 PM
#240215					02/16/2024	1:00 AM

Civic

Crime

Crime

Tonight a very special one-hour edition of The Rosenberg Report: President Biden accuses Israel of waging an over-the-top war against Hamas in Gaza. White House aides leak that Biden is furious with Netanyahu and uses obscenities to describe the Israeli leader behind closed doors. Then Biden publicly warns the IDF not to enter Rafah, the southern-most Hamas stronghold in Gaza. But Israel goes in anyway, pulling off a dramatic rescue of two hostages by Israeli special forces that brings a burst of hope to a weary and grieving nation. But Hamas still holds 134 hostages in Gaza. Where are they and can we get them back in time? Tonight, I'll take you inside the Gaza Strip, inside Khan Yunis, where the most intense fighting of the war is raging and even inside terror tunnels, deep underneath Khan Yunis where top Hamas leaders were hiding, and Israeli hostages were held in cages just days before. All that and a conversation with former Secretary of State Mike Pompeo, who is in Israel this week. Tonight on The Rosenberg Report.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Taking Care of Business	28:30	28:30	LCL	PA	01/3/2024	10:30 PM	1
#TCOB-1912					01/5/2024	3:30 AM	

It is estimated that human traffickers generate hundreds of billions of dollars each year, second only to drug trafficking as the most lucrative form of criminal activity. This episode of Taking Care of Business brings awareness and promotes prevention education as a critical strategy to fight human trafficking.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Taking Care of Business	27:30	27:30	LCL	PA	01/10/2024	10:30 PM
#TCOB-1915					01/12/2024	3:30 AM

While the unemployment rate may be the lowest it has been in a half-century, the numbers that we are familiar with don't always tell the full story. On this episode of Taking Care of Business, find out the difference between unemployed and underemployed. Unemployed and underemployed people often face a tough time finding a job that will support them and their families. Many are in a tough situation and how they got there is often unexpected.

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	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Crime	Praise #240111	55:30	55:30	REC	PA/O/E	01/11/2024	7:00 PM
						01/11/2024	10:00 PM
						01/18/2024	2:00 AM

Tonight on Praise: Sheila Walsh talks with Kevin Malone, Former General Manager of the LA Dodgers, who shares his son's journey of drugs and alcohol, near-death experience, and the miracle of his life transformation. Kevin expresses the importance of hope in Jesus and His promises, prayer, and community, during these difficult times. Pastor Francis Chan joins the conversation, and they discuss how they met. Kevin talks about how he discovered the magnitude of child sex trafficking in the United States, which is happening in every community all over the United States. Kevin tells us DOJ reported that up to 33% of all trafficked American children are little boys. Pastor Chan shares that the United States is really the consumer of all of this. Through their Advocate program resources are available for churches to educate people and to realize the scope of the problem. The Advocate Series can be downloaded and is available for free at advocateseries.com. Kevin talks about his book "Scouting the Enemy: From Running Major League Baseball Teams to Ending Child Sex Trafficking," a memoir of his journey fighting for justice and how God has shown up in his life. Pastor Chan talks about what it means to practically live a life of loving Jesus and displaying the Gospel.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Crime	Huckabee #330	50:30	6:00	REC	PA/O/E	01/27/2024	7:00 PM
						01/27/2024	10:00 PM
						01/28/2024	8:00 PM

Tonight on Huckabee: One of Huck's Heroes, Dr. Lois Lee, Founder and President of Children of the Night, talks about rescuing child sex trafficking victims.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airde	ate	Time	Ti	me
Crime										
	Huckabee #3	332	50:30	9:00		REC	PA/O	/E 02/	10/2024	7:00 PM
								02/	10/2024	10:00 PM
								02/	11/2024	8:00 PM

Tonight on Huckabee: Rep. Beth Van Duyne, U.S. Congresswoman (R-TX), Member of Ways & Means Committee, Member of Small Business Committee, talks about the failure of the border bill, how crime is going up, increases in fentanyl poisonings and deaths, sex trafficking, child trafficking, DUI drivers, murders, and rapes, impacting families and happening in communities all across the country. The short-term and long-term ramifications, 85,000 minors have come into our country, and we have no idea where they've gone.

	Program !	Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Crime								
	700 Club NewsWatch #0	CBN 3142024	52:30	4:00	REC	PA/O/E	03/14/2024	2:00 PM

CBN News Reporter Tara Mergener Reports: In the heart of the nation's capital and other major cities, a growing crisis is gripping communities and retailers alike. What once seemed like isolated incidents of shoplifting have become a full-blown epidemic of organized retail crime, leaving citizens and businesses reeling from its ramifications. Surveillance footage and viral videos expose brazen shoplifters and smash-and-grab mobs, capturing the attention of concerned citizens and law enforcement agencies alike. The scourge of theft, often accompanied by violence, has not only dented the profits of retailers but also instilled fear among consumers, leading many to avoid shopping altogether. According to David Johnson of the National Retail Federation, the scale and audacity of these crimes have reached unprecedented levels, prompting CEOs, executives, and community leaders to sound the alarm on the dangers plaguing the retail industry. However, the threat extends beyond traditional brick-and-mortar stores. A new phenomenon has emerged wherein organized criminal gangs, with ties to drug trafficking, steal merchandise only to sell it online. Homeland Security Investigations attribute this trend to syndicates with global networks, exacerbating the challenge for law enforcement agencies. Consequently, retailers are grappling with heightened aggression from thieves, with reports indicating a 90% increase in confrontational incidents compared to the previous year. To mitigate risks, many stores have resorted to cutting hours, bolstering security measures, and restricting access to high-value products. The impact of this crime wave is not confined to retail outlets alone. Dining establishments are also feeling the pinch, with safety concerns prompting the closure of numerous restaurants. The situation has prompted a re-evaluation of law enforcement strategies, with the Justice Department pledging to deploy additional resources to combat the surge in criminal activity. Mayor Muriel Bowser of Washington, D.C. has called for legislative action to empower law enforcement and hold criminals accountable, underscoring the urgency of addressing the crisis at hand. Despite the staggering financial losses incurred by retailers, some industry observers remain skeptical of attributing the surge in crime solely to shoplifting. John Eck of the University of Cincinnati suggests that fluctuations in reporting and store policies may skew perceptions of the problem. Gautham Vadakkepatt of UCF College of Business says the issue is multifaceted. Nevertheless, the vulnerability of American retailers is undeniable, with businesses reluctant to become the next target of criminal syndicates. As the cost of organized retail crime continues to soar, consumers find themselves bearing the brunt, with estimates projecting an annual burden of \$500 per person and counting. In the face of mounting challenges, communities and authorities must collaborate to stem the tide of criminal activity, safeguarding both livelihoods and public safety in the process.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Taking Care of Business	27:30	27:30	LCL	PA	01/31/2024	10:30 PM
#TCOB-1924					02/02/2024	3:30 AM

Economy

On this episode of Taking Care of Business we look into retirement. We'll hear from experts on how to plan for your retirement. Topics include financial planning, medical expenses, Social Security, Legal, and savings opportunities. And finally, we'll learn that retirement is more than just a financial issue. It's about life! Will you enjoy or endure this season of life?

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Praise #240308	54:15	54:15	REC	PA/O/E	03/08/2024	10:00 PM
						03/15/2024	2:00 AM
						03/22/2024	8:00 PM

Tonight on Praise: Pastor Robert Morris joins Dr. Phil McGraw, American Television Personality, Psychologist and Bestselling Author, on the new set of Dr. Phil Primetime. Dr. Phil shares that Merit Street Media is all about storytelling. Talking to real people with real problems looking for real solutions. The set contains 57 feet of screens used to give relatable information to people to let them see what's going on in people's lives. The studio audience is a big part of the show, often participating in the story, asking questions, and commenting. He wants them to be involved because they pick the topics. He learned a long time ago that if you want to be successful you want to talk about things that matter to people who care. And those people will tell you what those things are if you'll just listen. He wanted to go to primetime to get different sets of eyeballs. We're a double income society, moms and dads are both working, and if you can be on in the evenings, then you have the ability to talk to both mothers and fathers. He believes families are under attack and our core values are under attack. People are very reluctant to speak up about it and we've got to speak up. The name Merit Street was not chosen at random or by accident because he believes this country was built on hard work and rewards for hard work. We've gotten to the point where we have so many of our colleges and universities right now trying to sell this bill of goods that everything should be, not just equality of opportunity, but equality of outcome, independent of input. The problem in America is equality of income. It's staggering that we have a government that is giving so much away and we're sitting here with a \$35 trillion dollar deficit and they're looking to give more and more away. You can't reward bad behavior. We have to reward hard work, creativity, and contribution. Merit Street Media is all about meritocracy, rewarding people for hard work. These values need to intersect with Main Street America again. You still got to work to get where you want to go. And we need to work to get people better opportunities. But you don't do it by lowering standards. This is a passion project. He wrote the book entitled "We've Got Issues: How to Stand Strong for America's Soul and Sanity" because he thinks America's soul and sanity are under attack and we need to talk about it. Dr. Phill shares how the first question in his mind has always been "Well, how's it working for you?" Is it getting you what you want? What he wants to do is give people common sense tools to make their lives better. The family unit is the backbone of America. And if we strengthen our family units, then we strengthen our country. Dr. Phil shares his journey with the Lord. He believes in what he's doing and that it's what God wants him to do.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Gospel Truth with	27:30	27:30	REC	PA/O/E	01/10/2024	5:30 AM
	Andrew Wommack #240110					01/10/2024	1:30 PM

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack talks about how money gives us power to influence our future, the use of credit cards and instant gratification, and how investing money in people's lives turns something temporary into something eternal.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Gospel Truth with	27:30	27:30	REC	PA/O/E	01/11/2024	5:30 AM
	Andrew Wommack #240111					01/11/2024	1:30 PM

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack teaches us money is neither good or bad; money is not moral or immoral. It is all in how we use it. Money is just a tool. He talks about trusting God with our finances and faithful giving. He tells us God is our source.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Gospel Truth with	27:30	27:30	REC	PA/O/E	01/15/2024	5:30 AM
	Andrew Wommack #240115					01/15/2024	1:30 PM

Economy

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack teaches us about biblical prosperity addressing coveting, the condition of our heart, trusting in money, giving with the right motive, and tithing.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Gospel Truth with	27:30	27:30	REC	PA/O/E	01/16/2024	5:30 AM
Andrew Wommack #240116					01/16/2024	1:30 PM

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack tells us the key to understanding financial stewardship is knowing that God is our source. He teaches us about laying up treasure in heaven by using money to bless others, loving money, and seeking first the kingdom of God.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Gospel Truth with	27:30	27:30	REC	PA/O/E	01/17/2024	5:30 AM
	Andrew Wommack #240117					01/17/2024	1:30 PM

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack tells us true prosperity isn't selfish, it's not about you, it's so that you can be a channel for God can flow through. True prosperity enables you to be a blessing. If you will first take care of God's kingdom, then He will supernaturally take care of your needs.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Gospel Truth with Andrew	27:30	27:30	REC	PA/O/E	01/30/2024	5:30 AM
	Wommack #240130					01/30/2024	1:30 PM

Today on Gospel Truth with Andrew Wommack: Financial Stewardship. Pastor Wommack teaches us that God wants us to prosper. Why you want to prosper is super important. The motive behind what you do is more important than what you do. God wants you to be rich because he wants you to abound in good work. A seed is a great example of giving. When you plant a seed, it will germinate and yield a hundred times over. If you give with the right attitude that money never leaves your life. It enters into your future where it grows and multiplies. If you give a little you get a little. If you give a lot, you get a lot. If you want a big harvest, plant a big seed. God loves a cheerful giver.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy	Huckabee #333	50:30	7:00	REC	PA/O/E	02/17/2024	7:00 PM
						02/17/2024	10:00 PM
						02/18/2024	8:00 PM

Tonight on Huckabee: Brad Wilcox, Author of "Get Married" and Senior Fellow at the Institute of Family Studies, shares that Americans who are married have much more meaningful lives, they have much happier lives, have more prosperous lives, and there's really no group of Americans that are doing as well both financially and emotionally as married Americans are today. In the last couple of years he's seen so many articles making the argument that marriage is a path to immiseration and misery. What they don't recognize is that for ordinary women across the United States, it's the path to prosperity and happiness. We're now seeing messages that marriage is a bad deal for men and one of their big concerns is divorce. Divorce has actually come down since 1980. For most Americans marriage is a pathway to a stable family life for their kids. He has found that eighty percent of his students have been raised by a traditional family.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	It is Written with John Bradshaw #2406	27:30	27:30	REC	PA/O/E	02/04/2024	12:30 PM

Today on It is Written with John Bradshaw: Saving Marriage. Even though the divorce rate in the United States has dropped in recent times, it is still sky high. In 2021, there were 1,985,072 marriages in the United States and 689,308 divorces. While first marriages fail at a rate of around 40 percent, 67 percent of second marriages fail, and 73 percent of third marriages. In Britain and Australia the divorce rate has increased in recent years. And while we recognize there are times when people can no longer safely stay in a marriage due to their own safety or the welfare of the children, those cases are the exception, and they're not the rule. It is reported that one in three children live in a single-parent family, and the number is rising. Most of those kids live in a home without a father. Nearly 30% of single parents live in poverty, as compared to 6% of married couples. Girls whose fathers left the home before they were five years old are eight times more likely to become pregnant as adolescents than girls from intact families. Kids whose parents divorce or separate are at increased risk of child and adolescent adjustment problems including academic difficulties, disruptive behaviors that's conduct and substance abuse problems and depression and other mental health issues. Research shows that children of divorce are more likely to experience a divorce themselves. While some kids come through the divorce of their parents okay, but we're not wise to ignore the fact that parental divorce is really hard on kids. Marriage was God's idea. People are marrying later than ever. The median age for a first marriage is now 30 for men and 28 for women. In 2016, 18 million Americans were living with an unmarried partner, up 30 percent in less than 10 years. Since 1972, marriage rates in the U.S. have fallen by almost 50 percent and are currently at the lowest point in recorded history. Is there any hope for marriage? We look at a divine prescription for saving marriage. Marriage is worth fighting for. The family was set up by God to be the place in which children can be raised safely and successfully, where both husband and wife can flourish, where parents and children can experience love and security. Marriage creates the family, and the family is the building block of society. Marriage is not a contract; it is a covenant. We're looking for a way to move forward, a way to avoid divorce and to save a marriage and a family. First, you want to marry the right person. The institution of marriage has been under attack ever since it was introduced by God in the Garden of Eden. How can you safeguard marriage? Pastor Bradshaw shares nine more points with us. 2. Marry someone who believes as you do. 3. Marry someone of good character. 4. Be the right person. 5. Be nice. 6. Don't say it. 7. Keep it clean. 8. Be a Christian. 9. Don't hurry into marriage. 10. Get marriage counseling. Marriage does not have to fall apart. Marriage is the building block of society. When marriage goes, so does society. It's where values are transmitted, where people can find security and develop their self-worth. It's better to marry no one than the wrong one. Marriage is worth fighting for. It was established in the Garden of Eden for the benefit of those being married, for children, and for society. God intended marriage to last a lifetime. What's impossible for you is possible with God. A successful marriage depends entirely upon Jesus being the center of the home and the center of the life of both husband and wife

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Pathway to Victory	27:30	27:30	REC	PA/O/E	01/12/2024	7:00 AM
	Robert Jeffress #240206					01/26/2024	11:00 AM

Economy

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Pathway to Victory with Pastor Robert Jeffress: Few things weigh more heavily on the hearts of Americans than money problems. When prices go up, we feel the pressure. And when the economy faulters we fear for our future. Well the Bible is full of wisdom about your resources and today I'm going to offer you some very practical biblical advice for managing your money in a way that provides for your families' needs and for God's work. My message is titled "Say Goodbye to Financial Regrets" on today's edition of Pathway to Victory.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240101	46:35	46:35	REC	PA/O/E	01/01/2024	4:00 PM

Today on The Ramsey Show: Rachel Cruze and Jade Warshaw answer questions about how to talk to kids about money, paying off debt while saving for retirement, pausing retirement while saving for a baby, how to start cleaning up debt, selling their house to pay off debt, and changing jobs now. The Best of Dave Ramsey: George Kamel and Rachel Cruze discuss GenZ and their relationship with cash.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240102	46:35	46:35	REC	PA/O/E	01/02/2024	4:00 PM

Today on The Ramsey Show: George Kamel and Dr. John Delony answer questions about trying to get out of a lease early, how to manage rent and a mortgage, what to do with a bonus from work, dealing with an emergency in Baby Step 2, and being anxious about the governmental shutdown. The Best of The Ramsey Show: Dave Ramsey and Ken Coleman answer a question about focusing on running only one of three businesses.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show	46:35	46:35	REC	PA/O/E	01/03/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel discuss setting and keeping goals, dreams, treating your life like a business and answer questions about how to stop living paycheck-to-paycheck, how to plan to buy a house, and waiting for student loan forgiveness. The Best of The Ramsey Show: Dave Ramsey and George Kamel answer a question about paying off a car now.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240104	46:35	45:35	REC	PA/O/E	01/04/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and Dr. John Delony discuss the collection industry and answer questions about being sued by a credit company, paying student loans vs buying a house, pulling stocks to pay off a house, preparing to pay a girlfriend's student loans, and lying to entitled mother about money. The Best of the Ramsey Show: George Kamel and Rachel Cruze answer a question about how to enjoy the present and stay in budget. They also discuss having an accountability partner.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240105	46:35	46:35	REC	PA/O/E	01/05/2024	4:00 PM

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Today on The Ramsey Show: Dave Ramsey and Ken Coleman answer questions about where to save after selling a house, moving to Florida, working for their dad, repairing or replacing a totaled car, starting a business without debt, and how to build wealth as a teacher. They also discuss that interest rates on home mortgages are dropping. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about how to negotiate a salary.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240108	46:35	46:35	REC	PA/O/E	01/08/2024	4:00 PM

Today on The Ramsey Show: Jade Warshaw and Rachel Cruze answer questions about going back to school while paying off debt, getting on the same page with a boyfriend, what to do after getting a pay raise, how to invest while in college, and tithing too much or not enough. They also discuss red flags regarding financial non-negotiables. The Best of The Ramsey Show: Dave Ramsey and George Kamel answer a question about how to navigate a loss of income.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240111	46:35	46:35	REC	PA/O/E	01/11/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and Rachel Cruze answer questions about a father-in-law selling them whole-life insurance, Grandma giving them \$30k, investing more vs paying off their house, hope for their finances, and husband thinking their money is her responsibility. They also discuss that personal finance is 80% behavior, 20% head knowledge, what effects behavior and that behavior is about relationships. The Best of The Ramey Show: Dave Ramsey and Dr. John Delony answer a question about buying a campground with a loan.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show	46:35	46:35	REC	PA/O/E	01/12/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and Jade Warshaw answer questions about what to do about \$400k in debt, how to avoid student loans, how to encourage others to get out of debt, how to buy a car while paying off debt, and worry about help being a waste. They also discuss that 49% of Americans say their personal finances have a negative impact on their mental health, and two in five Americans have experienced anxiety attacks due to money stress. Michael and Jill from Phoenix, Arizona are here to do their debt-free scream after paying off \$570,000 in 45 months which included their house.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240115	46:35	46:35	REC	PA/O/E	01/15/2024	4:00 PM

Today on The Ramsey Show: George Kamel and Dr. John Delony answer questions about how to talk to a friend about finances, wiping out savings to pay off debt, investing in an IRA and 401(k), working weekends to pay off debt, and the realization they lived paycheck-to-paycheck. The Best of The Ramsey Show: Dave Ramsey and Jade Warshaw answer a question about investing in stocks vs the equity of home.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240116	46:35	46:35	REC	PA/O/E	01/16/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel discuss George's new book "Breaking Free From Broke." Dave Ramsey and Ken Coleman answer questions about missing out on a good opportunity, what to about \$20k in student loans, pulling from retirement to pay off a house, and moving closer to jobs. The Best of The Ramsey Show: Dave Ramsey and Rachel Cruze answer a question about how much house can they afford in a new state.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
The Ramsey Show #240117	46:35	46:35	REC	PA/O/E	01/17/2024	4:00 PM	

Today on The Ramsey Show: Dave Ramsey and George Kamel discuss George's new book "Breaking Free from Broke" and answer questions about the best way to build a home, how to a tell boss they are leaving, the best way to combine finances, saving vs investing most of income, and husband's reluctance to do the Baby Steps. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about having no savings, being \$50k in debt and wanting a divorce.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
The Ramsey Show	46:35	46:35	REC	PA/O/E	01/18/2024	4:00 PM	

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about affording a car, how to save a \$1 million inheritance, how to pay off student loans while investing, keeping a car while going back to school, being too late to save for retirement, how to stop living paycheck-to-paycheck, and failed business debt ruining their lives. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about paying off debt before investing at the age of 56.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
The Ramsey Show #240119	46:35	46:35	REC	PA/O/E	01/19/2024	4:00 PM	

Today on The Ramsey Show: Dave Ramsey and George Kamel discuss George's new book "Breaking Free from Broke" which is now available. Dave Ramsey and Jade Warshaw answer questions about paying off investment property vs buying another, saving for five years and still not able to get a house, moving back in with parents to pay off debt, doing the right things to leave a legacy, and how to help a daughter with her debt.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240122	46:35	46:35	REC	PA/O/E	01/22/2024	4:00 PM

Today on The Ramsey Show: Ken Coleman and George Kamel answer questions about keeping one last credit card, what to do with wife's bonus, family disagreeing with the Baby Steps, not being able to catch up and save, and the best way to start a business. The Best of The Ramsey Show: Dave Ramsey and Rachel Cruze answer a question about keeping a mortgage to avoid fraud.

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	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240123	46:35	46:35	REC	PA/O/E	01/23/2024	4:00 PM

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Today on The Ramsey Show: Dave Ramsey and Dr. John Delony answer questions about being afraid to talk to family about money, a wife feeling like she owes her husband money, affording to move for better schools, financial direction, and saving money in a 529. Lee and Nicole, from Greenville, South Carolina are here to do their debt-free scream after paying off \$462,000 in 53 months that included their cars and student loans. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about an ex-boyfriend saying she is a thief.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show	46:35	46:35	REC	PA/O/E	01/24/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and Ken Coleman answers questions about starting a custodial brokerage account for their kids, moving due to increasing HOA fees, being too old to buy a house, what to do with signing bonus, and being afraid to stop living a "rice and beans" life. The Best of The Ramsey Show: Dave Ramsey and Ken Coleman answer a question about selling both vehicles to pay off debt.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240125	46:35	46:35	REC	PA/O/E	01/25/2024	4:00 PM

Today on The Ramsey Show: Jade Warshaw and George Kamel answer questions about buying a new car, what to do with a life insurance payout, a broken dishwasher insurance won't pay for, and selling investment property to pay off debt. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about paying back an estranged parents' loan.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240126	46:35	46:35	REC	PA/O/E	01/26/2024	4:00 PM

Today on The Ramsey Show: Ken Coleman and Jade Warshaw answer questions about paying off their house, paying off debt while saving for taxes, being greedy to have a monthly income goal, and selling a house to pay off debt.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240129	46:35	46:35	REC	PA/O/E	01/29/2024	4:00 PM

Today on The Ramsey Show: George Kamel answers questions about why debt should be paid off, having \$45,000 in credit cards, and which debt to pay off first. George Kamel and Jade Warshaw answer questions about how to get out of the poverty mindset, and which house to sell. They also discuss "loud budgeting" where budgets and money saving tips are shared on TikTok. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about sports betting as side hustle.

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	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	The Ramsey Show #240130	46:35	46:35	REC	PA/O/E	01/30/2024	4:00 PM

Economy

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Today on The Ramsey Show: Ken Coleman and Jade Warshaw answer questions about using savings to pay off debt, buying a car with bonus, lowering the price of their home, and managing money after graduation. Melissa and Gary from Minneapolis, Minnesota are here to do their debt-free scream after paying off \$165,000 in 47 months that included cars, credit cards, and a HELOC. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about selling rental property to pay off debt from repairing it.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240131	46:35	46:35	REC	PA/O/E	01/31/2024	4:00 PM

Today on The Ramsey Show: Jade Warshaw and George Kamel answer questions about continuing to rent vs buying a house, treating \$183k student debt like a mortgage, struggling to build savings, and selling a truck that is upside-down. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony answer a question about refinancing to get lower payments.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show	46:35	46:35	REC	PA/O/E	02/01/2024	4:00 PM

Today on The Ramsey Show: George Kamel and Rachel Cruze answer questions about a wife getting mad when budgeting is brought up, what to do about \$500,000 in debt, using 401(k)s to pay off a \$347,000 HELOC, an exboyfriend left her with a RV, and a husband wanting to finance a \$90,000 truck. The Best of The Ramsey Show: Dave Ramsey and Dr. John Delony discuss the death of a husband and challenges going through probate.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show	46:35	46:35	REC	PA/O/E	02/02/2024	4:00 PM

Today on The Ramsey Show: Ken Coleman and Dr. John Delony answer questions about hiring a CPA so wife will budget, losing a bet so had to call for help, getting a husband to take the lead, going to community college, and taking a new job that will double income. The Best of Ramsey Show: Dave Ramsey and George Kamel answer a question about putting less than 20% percent down on a house.

Program T	<i>itle</i>	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Center #240103	Point	27:00	6:00	LIVE REC	PA/O/E	01/03/202 4	6:30 PM 9:30 PM
				KLC		01/03/202	3.30 111

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Rep. Ralph Norman (R-SC) House Committee On Budget, House Committee On Financial Services, and House Committee On Rules, to discuss exposing frivolous government spending, addressing the federal deficit and the new report of \$900 billion in government waste.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	Center Point #240118	27:00	6:00	LIVE	PA/O/E	01/18/2024	6:30 PM
						01/18/2024	9:30 PM

Economy

Tonight on CenterPoint: Correspondent Joe Gumm interviews George Seay, CEO of Annadale Capital LLC, to discuss the real-world effect of national debt, the consequences of unbridled government spending, biblical financial stewardship, and tools for financial responsibility.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
700 Club CBN NewsWatch #01122024	52:30	3:00	REC	PA/O/E	01/12/2024	2:00 PM

CBN News Senior Correspondent Dale Hurd Reports: An international alliance of multiple countries has been pushing to undermine the power of the U.S. Dollar, and now, they've added more key members. The BRICS nations comprise almost half of the world's population, possess close to half the world's oil, and want to dethrone the Dollar as the world's reserve currency. This collection of emerging economies whose name, BRICS, is an acronym for members Brazil, Russia, India, China, and South Africa, doubled in size on January 1, adding Egypt, Ethiopia, Iran, Saudi Arabia, and the United Arab Emirates. More than 30 other nations have expressed interest in joining this group that wants to ditch the dollar and establish a new global economic order. Currency expert James Rickards blames the U.S. government for creating this economic rival. But whether BRICS could actually create a currency to surpass the dollar is up for debate. While the threat of the currency overtaking the dollar makes some people nervous, many experts see too many obstacles for that to happen any time soon. This alliance also looks very unstable politically. BRICS can only make decisions unanimously, and yet two of its members, India, and China, have viewed one another as enemies. New members Egypt and Ethiopia are fighting over water from the Nile, and Saudi Arabia and Iran are arch enemies in the Middle East. Saudi Arabia's decision to join could also kill any chance of a peace and defense deal it had hoped to negotiate with Israel and the United States. What BRICS could accomplish is to further weaken the dollar by no longer using it as a payment currency between member nations, which would make the dollar worth less. Weakening the dollar would create some significant hurt for American consumers, but replacing the dollar as the world currency is not likely anytime soon.

Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time	
700 Club CBN NewsWatch #02142024	52:30	5:00	REC	PA/O/E	02/14/2024	2:00 PM	

CBN Correspondent Wendy Griffith Reports: Nothing predicts happiness in life better than a good marriage – not even a hefty bank account or a great career. So says University of Virginia sociologist and author Dr. Brad Wilcox. And with American happiness at an all-time low, Wilcox is making the case that marriage can even help save civilization. As director of the National Marriage Project, Wilcox wants you to be happy, prosperous, and oh, by the way, save the planet! Wilcox believes the best way to do this is through marriage. In his new book, "Get Married, Why Americans Must Defy the Elites, Forge Strong Families, and Save Civilization," Wilcox explains that many problems have their roots in the anti-family message and policies coming out of Washington, Hollywood, and the media, which is basically: stay single without kids and make lots of money. But how can the institution of marriage save civilization? Wilcox believes the main reason behind that decline is due to fewer Americans tying the knot. He blames two factors: 1. Workingclass men are less likely to have full-time employment making them less desirable as marriage partners; 2. And some government programs like Medicaid may pay more if you have kids and don't get married. For those who do choose marriage, Wilcox finds nothing but good news: Married men earn more than their single peers, even compared to those with similar backgrounds; both men and women who get and stay married accumulate greater wealth; married men and women with families are less lonely, less prone to suicide, and report more meaningful lives overall, compared to their single and childless peers, and; husbands and wives who adopt a "we-before-me" approach to marriage, such as sharing a joint checking account, are happier and less divorce prone, compared to those who take a "me-first" approach. Then there is one group happiest of all: Married Couple who attend religious services. And while it's true Christian couples divorce, Wilcox says statistics show couples who truly practice their faith are more likely to stay together as opposed to those who just identify as Christian. Not only are they less likely to get divorced, but Wilcox also maintains that married, Christian couples report the most satisfying sex lives of all married couples. In his book, "Get Married," Wilcox makes the case that marriage is our most important institution.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Economy							
	700 Club CBN NewsWatch #02142024	52:30	3:00	REC	PA/O/E	02/14/202 4	2:00 PM

CBN Medical Reporter Lorie Johnson Reports: Depending on where you live, food prices nationwide are a lot higher than pre-pandemic standards. Shoppers complain that the amount they spend at the grocery store is a lot more than in years past, while they are not getting more food. In some cases, consumers say they spend more for less food. The U.S. Census Bureau announced the average U.S. family with children currently spends an estimated \$331 a week on groceries. Here in Virginia Beach, VA, shoppers told CBN News they're noticing price hikes across the board. The Consumer Price Index announced the most recent data shows grocery prices continue to increase on top of already inflated prices, but the latest uptick was only slight. Nevertheless, consumers in many cases are still reeling from double-digit spikes in food costs during 2021 and 2022 that haven't abated. Today's high food prices motivate shoppers to look for ways to save. CBN News spoke to Tiffany Terczak, author of the blog, "Don't Waste the Crumbs," which offers free tips on how to shrink your monthly food costs. She also teaches a course called "Grocery Budget Bootcamp." Terczak said her number one tip is to eat the food you already paid for, adding most people don't realize how much food they have just sitting in their pantry, refrigerator, and freezer. In fact, she said when she first tried this, she didn't need to go to the grocery store for an entire month. Paying attention to sales is "crucial," according to Terczak. She recommends figuring out how often certain foods are marked down, which is called the "sales cycle." When an item goes on sale, Terczak recommends buying enough of it to last until the next it goes on sale. Another cost-saving tip involves making food from scratch. Terczak offers hundreds of recipes for everything from main dishes to condiments. Terczak says discount stores are often the best places to get items like garbage bags, foil, and napkins. So while food prices may continue to climb, shoppers can find ways to minimize the pain and keep their budgets in line.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
700 Club CBN NewsWatch #03072024	52:30	2:00	REC	PA/O/E	03/07/202 4	2:00 PM

Economy

CBN News Correspondent Brody Carter Reports: America's debt is growing by \$1 trillion every 100 days, and economists warn that if Congress doesn't take action, it's only going to get worse. The U.S. national debt, the money our federal government borrows to cover operating expenses, now stands at more than \$34 trillion. If that's not bad enough, the rapid rise in interest rates has pushed the annual payments on the debt far higher, threatening to bring a potential future crisis. Dr. Salter, associate professor of economics at Texas Tech University, says some forecasts predict the interest payments alone will soar well past the \$1 trillion mark and could double by 2033. According to the Peter G. Peterson Foundation, that's more than America spends on the Department of Defense (\$816.7 billion, in 2023), National Security (\$30.3 billion, in 2023), and federal spending on children (\$761 billion, in 2022) and several supplemental programs. He also explains how the biggest drivers of the growing national debt are not solely driven by outlandish government spending, fueled instead by Social Security, Medicare, and Medicaid. Spending on those programs leaves the federal government required to pay an estimated \$200 trillion in future obligations. Economists agree that the risk to America's credit rating and its ability to raise funds makes debt likely to become one of the biggest threats to our national security, because the U.S. wouldn't be able to afford the military resources it will need. Joel Griffith, research fellow for economics at the Heritage Foundation, told CBN News the worst is yet to come.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education							
	Taking Care of Business	27:30	27:30	LCL	PA	03/27/2024	10:30 PM
	#TCOB-1911						

Education in America has followed the same formulas for teaching and learning for decades. On this episode of Taking Care of Business, find out how and why new techniques in education are being explored.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Scho	pols						
	Praise Dr. Phil	56:05	56:05	REC	PA/O/E	02/15/2024	7:00 PM
	Merit Street Partnership - Relationship #240215					02/15/2024	10:00 PM
						02/18/2024	12:30 AM
						02/22/2024	2:00 AM
						02/27/2024	2:00 AM
						03/02/2024	11:30 AM
						03/03/2024	11:00 PM
						03/04/2024	7:00 PM
						03/04/2024	10:00 PM
						03/08/2024	8:00 PM
						03/09/2024	4:30 AM
						03/11/2024	9:00 PM
						03/19/2024	12:30 PM
						03/19/2024	7:00 PM
						03/19/2024	10:00 PM
						03/22/2024	1:00 AM
						03/22/2024	9:00 PM
						03/24/2024	9:00 PM
						03/27/2024	2:00 AM

Tonight on Praise: Matt and Laurie Crouch are joined by Dr. Phil McGraw, Award-Winning Television Host and Author, to announce a very large initiative called Merit Street Media. Matt shares how God orchestrated the lives of Dr. Phil and Robin McGraw and Matt and Laurie Crouch to widen the scope of what it means to talk about godly principles in content causing a brand-new company, Merit Street Media, to be formed; broadcasting 24 hours a day on a brand-new channel Dr. Phil named Merit Street Media. Dr. Phil shares how he feels absolutely driven, called, on a mission to do this. He shares his desire to have more freedom to talk about social issues and things that are absolutely threatening this country as he knows and loves it because people can't talk about the things that need to be addressed right now in this society. People are afraid of getting labeled or cancelled. Dr. Phil believes a lot of what is happening in America right now is being pushed by these fringe groups designed to break down America. He believes the backbone of America is the family and the family unit is under attack. The roles of the mother and the father are being eroded and when that happens you start to see fragmentation in the family with children. College universities are not teaching values; charging large amounts of money for an elite education then saying we should have an equality of outcome, teaching toxic masculinity, and not preparing students for life. They shut this country down for two years and took our children out of school at a time when anxiety and depression were at the highest levels recorded in history. Also at that time, referrals for child molestation and abuse dropped fifty percent. We've got something right now called presentism, which is a phenomenon where people take today's (social?) morays, folkways, or laws, and apply them to what people did sometimes 200 years ago. That's why they're tearing down statues of Thomas Jefferson. You can't erase history. How are we going to learn from our mistakes if we don't acknowledge that we made them? We have to talk about these things. Merit Street Media is calling that stuff out and we're going to put it out in front of the people, so they have the information they need to make decisions in an informed way. Dr. Phil is going to do a show that deals with real people, facing real problems, looking for real answers. He's looking to solve problems, not win arguments, and to do that we have to find a way to work together. Matt shares that he and Laurie have read Dr. Phil's new book, "We've Got Issues How You Can Stand Strong for America's Soul and Sanity" and endorse every word of it. Laurie shares that Jesus told stories giving insight to the Kingdom of God. God is doing a new thing. She believes that this is happening right now for such a time as this because God wants to bring His kingdom to the earth and it's through truth and it's from knowing truth and it is from people being set free out of their bondages. Dr. Phil shares that he's never seen anything like what they have created here. Joel Cheatwood, who is an absolute legend in the news business, is leading the news charge here. On Merit Street Media every show is interconnected. This is a destination network where you and your children can watch it. Dr. Phil wants to bring families back together and provide information they can trust. They are going to have citizen journalism here where people can participate in what they're doing. Dr. Phil hopes viewers will tune in to Dr. Phil Primetime. He encourages viewers to ask themselves two questions: Is he bringing into my house the right message and is he the right messenger? When they watch the news: Is this true? Another program on the network is Nancy Grace. Matt and Laurie tell viewers they could not be more content and happier that God is leading them with this new initiative.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Scho	ols						
	Drive Thru History Holiday Special Martin Luther King Jr. Day #701	55:28	56:28	REC	PA/O/E	01/15/2024 01/15/2024	

Today on Drive Thru History Martin Luther King Jr. Day: Host, Dave Stotts, celebrates Martin Luther King Jr. Day as he travels to Atlanta, GA, Montgomery, AL, Birmingham, AL, Selma, AL, Memphis, TN, and Washington, D.C. to explore the life and legacy of this civil rights champion. Special guest, Dr. Rick Rigsby, shares his thoughts about the civil rights movement and the history and life of Dr. Martin Luther King, Jr.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education School	ols						
	Drive Thru History Holiday Special Valentine's Day	54:55	54:55	REC	PA/O/E	02/12/2024 02/12/2024	7:00 PM 10:00 PM
	#702					02/13/2024	2:00 AM

Today on Drive Through History Special Saint Valentine's Day: Host Dave Stott takes a special look at the history of Saint Valentine's Day. Cards, chocolates, flowers, awkward dating rituals, we all know this version of Valentine's Day that we celebrate in America. But what is the real history of Saint Valentine's Day and how did we get many of our traditions? Join Dave as he travels to Dublin, Ireland and beyond to investigate Valentine and the day named after him. We have a great time taking a look at famous couples from history, literature and art, and the Bible. Special guests help unpack God's original design for love and marriage. Dave even dresses up as Cupid to explore his mythological role in this crazy thing called love.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education School	ols						
	Drive Thru History Holiday Special Saint Patrick's Day	54:50	54:50	REC	PA/O/E	03/17/2024 03/17/2024	2:00 AM 10:00 PM

Today on Drive Thru History Special Saint Patrick's Day: Join Dave Stotts as we celebrate Saint Patrick's Day. It's normally celebrated in America as a day to wear green, march in parades and visit pubs, but what's the real history of Saint Patrick's Day? Who was this incredible man of faith, courage, and character? Dave travels to ancient Hibernia, the land of winter, to investigate Patrick and the day named after him, St. Patrick's Day. It's an epic journey through Ireland that you don't want to miss.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education School	ols						
	The Eric Metaxas Show	24:30	10:00	REC	PA/O/E	02/02/2024	5:00 PM
	#191					02/04/2024	9:00 PM

Today on the Eric Metaxas Show: John Amanchukwu, Pastor, and Author, shares how he travels the country speaking at school board meetings fighting on behalf of parents and making sure they can secure and further retain their parental rights. He is labeled by the liberal media as the book banning pastor. He shares how he became involved in this battle and talks about the agenda of school boards to indoctrinate our children into perversion.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Education Sch	hools							
	The Eric Metaxas Show	24:15	24:15	REC	PA/O/E	03/22/2024	5:00 PM	
	#198					03/24/2024	9:00 PM	

Today on the Eric Metaxas Show: Jerry Pattengale, at Museum of the Bible and Indiana Wesleyan University, shares insights on what's going to be the survival of schools, what to do, and how to do it, based on Bonhoeffer and his series of sermons. He tells us theology is the queen of the sciences.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Sch	nools						
	Takeaways	52:19	52:19	REC	PA/O/E	03/18/2024	8:00 PM
	with Kirk Cameron #97					03/18/2024	11:30 PM

Today on Takeaways with Kirk Cameron: What are parental rights in America today? This is a big question that we get to explore with today's guests. What do we need to know and what questions should we be asking? Kristen Waggoner, CEO and President of Alliance Defending Freedom (ADF) and Dr. Carol Swain, Author, Speaker, Political Analyst, talk about this and education all right now on "Takeaways."

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Scho	ols						
	This Month in Christian	47:29	47:29	REC	PA/O/E	01/21/2024	12:30 AM
	History #209					01/22/2024	7:00 PM
						01/22/2024	10:00 PM
						01/23/2024	2:00 AM

This Month in Christian History: Dramatic Conversions. Cody Crouch presents the story of the Apostle Paul, formerly known as Saul of Tarsus, one of the most dramatic and transformative events of the early Christian church. We learn about the conversion of the famed author, Clive Staples Lewis, known as C.S. Lewis, and the miraculous conversion of the country of England. We also hear the inspirational story of service and sacrifice in the life of Boniface. We can find the story of Boniface and hundreds of others like it in the best-selling book, "Foxe's Voice of the Martyrs," offered for free by our sponsor Voice of the Martyrs.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education School	ols						
	This Month in Christian	47:29	47:29	REC	PA/O/E	02/19/2024	7:00 PM
	History #210					02/19/2024	10:00 PM

This Month in Christian History: Great Awakenings. Rewind the clock a few hundred years and you'll find America is far from perfect. In the founding era women weren't allowed to vote, slavery was legal, and the United States was nothing more than thirteen very divided colonies. So what happened? What inspired the big societal changes? Would you believe 'revival?' Cody Crouch shares stories about a host of ministers, leaders, and organizations, and highlights Mary Dyer's story as one example of the colonies desperate need for revival. Not for religious conformity, but for a truly God awakened Jesus Christ centered revival of the first and second great awakenings. These great American revivals ignited unity and repentance that completely reshaped the spiritual and political landscape of our nation. You can find Mary Dyer's inspiring story and hundreds of others like it, in the best-selling book, "Foxes Voices of the Martyrs," offered by our sponsor, Voice of the Martyrs, for free.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education School	ols						
	This Month in Christian History	47:30	47:30	REC	PA/O/E	03/18/2024	7:00 PM
	#211					03/18/2024	10:00 PM
						03/26/2024	2:00 AM

This Month in Christian History: Cody Crouch presents the Persecuted Church. Believe it or not, Christianity was once considered a startup; a new religious sect emerging out of the Jewish faith. In the first few centuries AD, there were many strikes against those early bands of Jesus followers. Possibly, the biggest of them all was persecution. The big political and religious powers of the day seemed obsessed with wiping out this upstart religion. And yet, here we are, still standing 2,000 years later. So how did we get here? How did Christianity survive all odds? We look at some of the major events that occurred in the first 300 years of our faith as well as what we see happening around the globe today. Cody recommends visiting the website of our sponsor, voiceofthemartyrs.com for up-to-date news on today's persecuted church and for information on how we can practically offer support. On their website you can also find the book, "Foxe Voices of the Martyrs," which contains many of the stories in today's episode and so many more that are sure to inspire your family's faith.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Sch	hools						
	Center Point #240201	27:00	6:00	LIVE	PA/O/E	02/01/2024	6:30 PM
				REC		02/01/2024	9:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Rep. Burgess Owens (R-UT), Chairman of Higher Education and Workforce Development Subcommittee, talks about how Harvard faces criticism over its antisemitism response, the rise of antisemitism on campus, universities facing donor backlash over antisemitism response.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education Sch	nools						
	Center Point #240201	27:00	8:00	LIVE	PA/O/E	02/01/2024	6:30 PM
				REC		02/01/2024	9:30 PM

Tonight on CenterPoint: Correspondent Joe Gumm interviews Shane Williamson, President and CEO of Fellowship of Christian Athletes, talks about the moral crisis on college campuses, college students turning to Jesus, supporting Christian students on campus, and hunger for Christ on campus.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Environment	Huckabee #331	50:30	6:00	REC	PA/O/E	02/03/2024	7:00 PM
					, ,	02/03/2024	10:00 PM
						02/04/2024	8:00 PM

Tonight on Huckabee: Rep. Bruce Westerman, U.S. Congressman (R-AR) Chairman of Committee on Natural Resources, Member of Committee on Transportation, and Infrastructure, talks about the importance our country's natural resources, conservation, and forest management practices.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Environment	Huckabee #337	50:30	6:00	REC	PA/O/E	03/16/2024	7:00 PM
					, -, -	03/16/2024	10:00 PM
						03/17/2024	8:00 PM

Tonight on Huckabee: Chuck Leavell, legendary keyboard player with the Rolling Stones, is also known as "The Tree Man," one the nation's foremost experts on tree farming and named "Tree Farmer of the Year" in the United States. Chuck talks about the benefits of tree foresting as a natural resource. A documentary titled "The Tree Man" features Chuck and his wife, Rosie. The film is a love story that depicts their phenomenal relationship and enjoyment living in the forest on the land previously owned by Rosie's grandmother.

	Program	Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Environment								
	700 Club NewsWatch	CBN #03212024	52:30	3:00	REC	PA/O/E	03/21/2024	2:00 PM

CBN News Senior Reporter Dale Hurd Reports: It's being called the most ambitious plan in U.S. history to eliminate auto emissions. The EPA (Environmental Protection Agency) is requiring automakers to reduce emissions by over 7 billion metric tons, forcing the car industry to produce more electric vehicles. The goal is for two out of three new car purchases to be electric vehicles in just 8 years. The White House backed off an even harder, earlier push toward electric vehicles because of its unpopularity during this election year. But should the White House and the EPA be telling automakers what kind of cars to sell to consumers? A lot of auto dealers don't think so. EVs made up less than 10 percent of car sales last year, and with unsold inventory of electric cars piling up at dealerships, 5,000 auto dealers sent a letter to the White House in January asking it to 'tap the brakes' on its push toward EVs. Rick Germain, president of Germain Auto Specialists in Columbus, Ohio, says the demand for EVs just isn't there, and won't be for a long time. While the White House claims the reduced emissions will help save the world from global warming, it was the bitter cold this past winter that had some EV owners re-thinking their purchases, because their cars did not have enough battery power to drive as far as advertised. There's also a lack of charging stations in many areas. The EPA claims the move to EVs will improve everyone's health, especially kids, reducing asthma attacks and heart disease. But Diana Furchtgott-Roth, an adjunct professor of economics at Geoge Washington University and director of the Center for Energy Climate and Environment at the Heritage Foundation, says Americans will now hang onto their old gasoline-powered cars longer, and that's not safe. She also accuses the White House of trying to create a market for EVs that just isn't there.

Program T	<i>itle</i>	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
700 Club NewsWatch #0	CBN 3292024	52:30	2:00	REC	PA/O/E	03/29/2024	2:00 PM

Environment

CBN News Correspondent Brody Carter Reports: Nearly half of the world's migratory species are declining in what many scientists see as the beginning of a major extinction event. In response, Christian conservationist Dr. Bob Sluka with A Rocha, faith-based creation care organization, is calling for an urgent move to safeguard the planet before it's too late. The recent U.N. State of the World's Migratory Species Report found roughly 44% of migratory species are declining in population and 20% could become extinct. Dr. Sluka believes biodiversity and ecosystem collapse could be a contributing factor. Dr. Sluka points to The Red List of Threatened Species put out by the respected International Union for Conservation of Nature, which estimates more than 44,000 of the earth's species are at risk of disappearing. Against the backdrop of this grim news, there has been a resurgence in the populations of certain migratory animals around the world, such as the humpback whales along the Atlantic Coast, whose numbers have rebounded to levels seen before the period of commercial whaling. Efforts to save whales and other threatened animals include the Marine Mammal Conservation Act, Clean Water Act, and Endangered Species Act, to name a few. Beth Porterhouse with the Virginia Beach Aquarium & Marine Science Center believes effective conservation though begins with people not policy - and says there are things you can do to help your 'non-human neighbors.' Despite their recovery, an increase in beached whales on the East Coast is raising alarm among environmentalists, as whales serve as indicators of the ocean's health. The presence of juvenile humpbacks ashore, bearing scars from entanglements, suggests human activities are to blame. Furthermore, another whale found just south of Virginia's border exhibited signs of infectious disease, marking four whale deaths within a single week. Porterhouse and Dr. Sluka says it's a somber reminder that our activities impact the land, the ocean and everything that lives there.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Environment							
	700 Club CBN NewsWatch #03112024	52:30	4:00	REC	PA/O/E	03/11/2024	2:00 PM

CBN News Correspondent Brody Carter Reports: The global semiconductor industry, also known as the "chip" industry, is projected to exceed \$1 trillion by the end of the decade. Analysts are concerned that the United States may face national security issues if it does not keep up with the demand for these chips. Some experts warn that America could be left behind because it contributes less than 10% of the world's chip supply. According to Dr. Chris Miller, author of "The Chip War," if the U.S. wants to maintain its military edge against its rivals, it needs to develop the technology that will make this possible - specifically, the smartest and fastest chips needed for artificial intelligence. In his book, Miller explains the interconnected web of chip manufacturing - how companies have risen to power and which countries now own their market share. Chips are mostly designed in the U.S.; however, they are predominately manufactured in Taiwan which produces more than 90% of the world's most sophisticated chips. Taiwan's top company, TSMC, had planned to build a \$40 billion production facility in Arizona but postponed the project due to a shortage of qualified workers. To bolster the U.S. position, the Biden Administration announced a \$5 billion investment in research and development on top of the 2022 Chips Act, which provided \$52 billion to motivate companies to build new plants at home. Last year, the U.S. sanctioned China to slow its ability to get AI chips. In return, China banned the U.S. and other countries from using its rare earth extraction separation technologies. The private sector is now stepping in. At the World Economic Forum, OpenAI CEO Sam Altman urged investors to support a groundbreaking \$7 trillion tech initiative, aimed at boosting global chip production and advancing artificial intelligence. Dr. Zacharay Collier, an assistant professor at Radford University, explained how an over-demand for these chips could further constrict the chip supply chain. Meanwhile, Collier says the chip industry is also grappling with how to make production more environmentally friendly. Data following the chip industry estimates some 50 new semiconductor fabs will be built in 2024. And 21 of those will be built in the U.S., with Arizona and Texas being hotspots for production. However, China leads chip fabrication plant expansions with roughly 18 projects. While China strives to pump out more chips than anyone else, Miller says strong alliances are key to winning the Chip War.

Program Title Program Topic Duration Segment *Type* Airdate Time Duration Source **Praise Presents** 58:35 58:35 REC PA/O/E 01/01/2024 3:00 AM Jordan Rubin 11:30 AM 01/06/2024 Advanced Lean and Muscle Capsules 01/20/2024 1:00 PM #36 02/03/2024 11:30 AM 12:30 AM 03/04/2024

Tonight on Praise: Sheila Walsh, Author, Speaker & Bible Teacher, hosts Jordan Rubin, Co-Founder of Ancient Nutrition and America's Biblical Health Coach, to discuss a new Ancient Nutrition product, Multi Collagen Advanced Lean, and its health benefits. Jordan shares that scientists have found three ancient herbs that when combined help the body naturally burn calories, burn fat, and lose inches with far greater results than diet and exercise alone. He would never tell anybody to use anything in place of a healthy diet or a fitness program. That being said, so many people are stuck, but more importantly they store fat around the midsection. He believes one of the greatest predictors of longevity is your measurement around your waist at your belly button, if you store what they call visceral adiposity - fat in your midsection. Jordan also shares a few health tips. To manage satiety, when you reach for something to eat, he recommends drinking eight ounces of water first. As we age, our ability to sense thirst diminishes, so sometimes we think we're hungry when we're thirsty. Another secret for weight and fat loss and to reduce cravings is to go to sleep earlier every night. Science shows that the time you sleep might be as important as the amount of time you sleep. Tip number three is time-restricted eating. Consistency is the key. Being strong as we age equals longevity. After the age of forty the average person loses eight percent muscle loss per decade. Move your body. Walk. People need more protein in their diet, between .75 and 1 gram of protein per pound of desired body weight. He tells us today is a great time to begin to become stronger longer, and that goes for young and old alike.

Health

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Health							
	Praise Presents Joel	54:59	54:59	REC	PA/O/E	01/02/2024	7:00 PM
	Osteen: 15 Ways to Live Longer & Healthier					01/02/2024	10:00 PM
	#240101					01/07/2024	12:30 AM
						01/10/2024	2:00 AM
						01/14/2024	2:00 AM
						01/14/2024	10:00 PM
						01/16/2024	7:00 PM
						01/16/2024	10:00 PM
						01/24/2024	2:00 AM

Health

Health

Tonight on Praise: Matt and Laurie Crouch host Joel and Victoria Osteen, New York Times Bestselling Authors, and Senior Pastors of Lakewood Church, to discuss Joel's new book "15 Ways to Live Longer and Healthier." Joel shares how our emotional well-being affects our physical well-being and ninety percent of visits to a primary care physician are stress related. He tells us a lot of times we're carrying unforgiveness, bitterness, guilt, or a negative self-image. Joel encourages us to ask ourselves why we feel this way and to look inside and ask God to help us. Joel shares ways to prosper our soul: Choose to be happy, take care of yourself, unclutter your mind, let go of control, and deal with difficult people.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Praise Presents Jordan Rubin Multi-Collagen	53:40	53:40	REC	PA/O/E	01/08/2024	7:00 PM
#39					01/08/2024	10:00 PM
					01/16/2024	2:00 AM
					01/14/2024	11:00 PM

Tonight on Praise, Author and Speaker, Sheila Walsh, hosts Jordin Rubin, Co-Founder of Ancient Nutrition and America's Health Coach, to discuss multi collagen protein and its health benefits. Jordan shares that we have eliminated these collagen proteins from our diet. He believes there are a litany of challenges we are facing as a result of this missing link to our health in old and young alike.

Program T	Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Praise	Vinia	55:29	55:29	REC	PA/O/E	01/11/2024	1:00 AM
Praise Israel	#51823					01/20/2024	4:30 AM
						01/25/2024	1:00 AM
						01/25/2024	3:00 AM
						02/05/2024	3:00 AM
						02/12/2024	1:00 AM
						02/22/2024	3:00 AM
						02/26/2024	12:30 AM
						03/07/2024	1:00 AM
						03/16/2024	4:30 AM
						03/21/2024	1:00 AM

Tonight on Praise: Matt Crouch is joined by O.S. Hawkins, Bestselling Author and Pastor, and Ilan Sobel, CEO of BioHarvest Sciences, one of the most advanced biotech companies in the world. In Israel they are developing breakthrough technology to leverage the power of the plants for the overall health and wellness of people. Their latest product, VINIA Red Grape Powder, provides the benefits of one bottle of red wine with no sugar, no calories, and no alcohol in each capsule. After taking VINIA every single day for three months in clinical trials they've been able to demonstrate the ability to significantly increase the dilation of arteries, and more dilation of your arteries means increased blood flow. O.S. Hawkins shares that he has been using this product for two years with great results. Ilan shows a portion of the manufacturing process and shares why he does what he does and his deep sense of responsibility to return improved health and vitality to the world and the importance of the partnership between evangelical Christians and Israel.

01/28/2024

11:00 PM

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Health							
	Praise Presents	54:59	54:59	REC	PA/O/E	01/20/2024	11:30 AM
	Scott Hannen Nano Nutrients					01/30/2024	7:00 PM
	#25					01/30/2024	10:00 PM
						02/07/2024	2:00 AM
						02/17/2024	11:30 AM
						03/10/2024	11:00 PM
						03/16/2024	11:00 AM

Tonight on Praise: Matt and Laurie Crouch host Dr. Scott Hannen, Chiropractic Physician, Best-Selling Author, TV Host and Pastor, to introduce and discuss a new life changing breakthrough in healthcare that will assist in improving energy, decreasing inflammation and pain, as well as get your body feeling refreshed, repaired, and revived.

Health

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Praise Presents Joseph Prince Healing Scriptures	54:15	54:15	REC	PA/O/E	02/04/2024 02/10/2024	11:00 PM 11:30 AM
#20					02/25/2024	11:00 PM
					03/10/2024	9:00 PM

Tonight on Praise: Joseph Prince, Dynamic Teacher of Grace, Senior Pastor of New Creation Church, and Best-Selling Author of his latest book, "Healing Scriptures," talks about God's heart for his people. His heart is that He wants us well. Joseph shares the significance of the healing scriptures for us today. He talks about the power of meditating on God's word and speaking God's word. He tells us how gratefulness is connected to our overall health and healing.

Health

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Praise Presents Jordan Rubin Brain Boost/Trinity #18	54:15	54:15	REC	PA/O/E	02/08/2024	4:00 PM

Tonight on Praise: Jordan Rubin, Founder of Ancient Nutrition, America's Biblical Health Coach and "New York Times" Best-Selling Author, introduces Multi-Collagen Protein Brain Boost available in powder and capsule form. We learn our body is made up of thirty percent collagen, which is a connective tissue protein. However, many people are getting only zero to five percent collagen in their diet. Jordan also introduces Ancient Probiotic Trinity an innovation in gut health combing prebiotics, parabiotics, and postbiotics. Jordan talks about gut health and explains that probiotics are beneficial microorganisms or bacteria that protect our gut and aid digestion, elimination, and the immune system. He also talks about what destroys probiotics in the body and symptoms associated with its depletion.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Health							
	Praise Presents	58:50	58:50	REC	PA/O/E	02/22/2024	7:00 PM
	Jordan Rubin MCP Advanced Hydrate					02/22/2024	10:00 PM
	#38					02/25/2024	12:30 AM
						02/28/2024	2:00 AM

Tonight on Praise: Jordan Rubin, Natural Health and Wellness Expert, New York Times Bestselling Author, and Founder of Ancient Nutrition, talks about hydration, muscle degradation or loss, aging, and dehydration. Hydration is a subject that is receiving a lot of attention in the health industry, Jordan Rubin shares that the average person spends a period of time every week being in a dehydrated state. Dehydration is not a lack of water, it's a lack of fluids and minerals called electrolytes which are responsible for charging the cells of our bodies. We are electric beings. Without the balance of sodium, potassium, calcium, and magnesium, our bodies won't function properly, which can significantly affect our health. Symptoms of dehydration include mild headaches, low energy, muscle aches, and hunger. Some people think they are hungry when they are actually thirsty. As we age, we lose collagen. Also as we age, we become less hydrated and our ability to sense dehydration is blunted. We don't drink enough fluids. We are in an epidemic of dehydration. People can experience amazing benefits when adequately hydrated, mineralized, and building the stores of collagen in the body. Jordan introduces a brand-new product by Ancient Nutrition called Multi Collagen Advanced Hydrate to the TBN audience. He shares his own health journey and how he now shares a message of health and hope across the world.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Eric Metaxas Show	24:30	24:30	REC	PA/O/E	01/26/2024	5:00 PM
#190					01/28/2024	9:00 PM

Today on the Eric Metaxas Show: Brant Hansen, Radio Host and Author of "Life is Hard God is Good Let's Dance Experiencing Real Joy in a World Gone Mad," a book about being at peace. Brant shares that people are overrun with anxiety in our culture. It's a choice. It is very difficult for gratitude and anxiety to coexist. He encourages us to tell God what we're thankful for and let him deal with it, casting our cares on him. Brant tells us we are becoming what we're paying attention to. He talks about trusting God. Brant also talks about CURE International, which are permanent surgical hospitals for kids that have correctable disabilities around the world, in the poorest places, and all done in the name of Jesus. They charge them nothing. These kids get to get up and run, dance, walk, and play for the first time in their lives. Around the world the typical view is if you have any kind of disability, you are a monster and you're cursed. Many of their stories are in his book to illustrate the healing power of God and what God is doing in the world today. God is good and worthy to be trusted. Brant believes it is much easier to live concerned with today and watch what God does with the rest of this stuff. It's much easier to live with a childlike, joyful existence, where you actually have peace.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
It is Written with John Bradshaw #2411	27:30	27:30	REC	PA/O/E	03/10/2024	12:30 PM

Today on It is Written with John Bradshaw: Life and Longevity. What if you were to learn there are simple ways to reverse seriously challenging health problems? His guest David DeRose, MD, MPH, President of CompassHealth Consulting, and Author of the book "The Methuselah Factor," talks about the connect between some of the progress he saw people make in their lives - or not make, if they refused to make some of those simple changes and a connection with blood fluidity. Medical research says if you improve your blood fluidity (how blood flows through your blood vessels), you're going to lower your risk of stroke, and your mind will work clearer. He also talks about the effects of caffeine, vitamins, Botox, spirituality, and how he's seen faith in God react upon a person's health, through meditation and prayer, forgiveness, and the value of humility.

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Health

Health

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Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joel Osteen: 15 Ways to Live Longer &	24:50	24:50	REC	PA/O/E	02/05/2024	6:30 PM
Healthier #1					02/05/2024	9:30 PM
					02/08/2024	6:30 PM
					02/08/2024	9:30 PM
					03/18/2024	6:30 PM
					03/18/2024	9:30 PM
					03/21/2024	6:30 PM

Joel Osteen: 15 Ways to Live Longer & Healthier: A Healthy Soul. Our inner life is more important than our outer life. We take a lot of time and energy taking care of our physical body but too often we don't spend enough time taking care of our soul. We don't realize how much our emotions, attitudes and thoughts are affecting us physically. If we're living stressed, worried, bitter, guilty, angry, those negative emotions are not just affecting our relationships, our creativity, and how productive we are, they're weakening our immune system. Joel tells us he read that ninety percent of all visits to a primary care physician are stress related. When we stay full of joy our immune system functions at its peak performance level just as God intended. The Bible tells us a cheerful mind works healing and this continues to be confirmed by science. We are responsible for our emotional wellbeing. Joel sits down with his wife, Victoria, to discuss some of these strategies that have helped their church, their family and relationships grow stronger and healthier over the years. Joel tells us to keep our soul healthy and become an active gardener pulling up those roots of unforgiveness, insecurity, guilt, condemnation, disappointment, resentment, and self-pity. Get rid of those roots and guard your heart. It's time to get honest with yourself. We control what's in our soil. As our soul gets healthier physical healing will come. Joel tells us to learn to live from a place of faith, to keep our heart pure, and allow God to bring healing to our soul.

Health

Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Joel Osteen: 15 Ways	24:50	24:50	REC	PA/O/E	02/07/2024	6:30 PM
to Live Longer & Healthier #3					02/07/2024	9:30 PM

Joel Osteen: 15 Ways to Live Longer & Healthier: Choose to Be Happy. Every morning when we wake up, we are given a choice. We get to choose how we will live that day. If you don't decide how you're going to live, circumstances will decide for you. Scripture says joy comes every morning. Every morning you can receive that joy. The Bible says in life there will be trouble. If we're going to be happy, we have to be happy on purpose. A mark of maturity is when you can be happy even when things aren't going your way, when your joy is not based on your circumstances. One way we honor God is by living happy. You can't control how everyone treats you, but you can control how you respond. You can't enjoy today if you're focused on yesterday. Joel sits down with his wife, Victoria, to discuss some of these strategies that have helped their church, their family and relationships grow stronger and healthier over the years. Joel shares that there are studies that show when you smile it sends a message to your whole body. Endorphins are released to tell your body that everything is going to be okay. Joel tells us, when you think happy thoughts it not only lifts your spirit, but it also affects your health. We could be discouraged, complaining, stressed, but instead make the choice to live this day happy. Keep being grateful. Happiness is not dependent on what's going on around you. It's dependent on what's going on inside you. We can choose to be happy. What about you? Are you thinking yourself sad, thinking yourself discouraged, thinking yourself a victim, if so, it's time to start thinking happy thoughts. This world needs more happy people. If you keep the right perspective recognizing that this day is a gift from God, then it's much easier to not be sidetracked by all the worries. Instead you can think thoughts of gratitude, blessing and joy. Every day you can choose to live the abundant life that God has for you. Let's get in the habit of thinking happy thoughts.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joel Osteen: 15 Ways to Live Longer & Healthier #9	24:50	24:50	REC	PA/O/E	02/29/2024 02/29/2024	6:30 PM 9:30 PM
					03/06/2024	8:30 PM
					03/06/2024	11:30 PM

Joel Osteen 15 Ways to Live Longer & Healthier: Nothing to Prove. Stress greatly affects the quality and length of our life. Too often we're stressed trying to get our worth from what we do, how well we're performing. We live in a proving mode with this need to impress. That proving mode can get exhausting. The problem is we're getting our value from the wrong place. When you're secure in who God made you to be, when you're comfortable with your gifts, content with your looks, happy with your personality, you won't go around competing with others. You know you're one of a kind, a masterpiece made in the image of God. You don't need their applause. Having them validate you isn't going to move you toward your destiny. Having others cheer you on is nice, but if you're getting your worth and value from that, you'll feel devalued and not good enough if they quit giving it. You'll have to work harder, do more to impress them, and stay on that treadmill. You're doing all this work, but not going anywhere; just putting unnecessary stress on your heart and on your body. There's no shortage of unkind chatter these days. With social media, people can express their negative opinions so easily. The only power they have is the power you give them. If you start letting their words get in you, that will poison your spirit. Over time it will change who you are. You'll become defensive, argumentative, angry. That will affect your heart and your health. You have to rise above that. Don't fight a battle that was never yours to fight. Don't let that poison get in your spirit. You have a destiny to fulfill. God has given you the gift of life. Let's make the most of this day. Instead of living offended and upset, it's time to get focused. It's time to tune out all the negative and to run your race with purpose. You have nothing to prove. God says you're already good enough. Be confident in who God made you to be. Get your value from God. Anytime we're trying to prove our worth the root cause is insecurity. Your value should not come from what you do or what you have, but from who you are. It's very freeing when you understand you have nothing to prove. We have to ask, why do I want to do these things? Why do I want to accomplish this dream? Why do I want to get this promotion? If our motives are pure, if our reason is to fulfill our destiny, help more people and accomplish our assignment, then God will bless it. But if it's to keep up with our neighbors, look good in front of our family, impress the people around us, it's going to be a struggle. God's favor is not there for building our ego. It's there to build the kingdom. Rest in who God made you to be. Honor him and fulfill your purpose. When He breathed life into you, he put his blessing on you. You're already loved. You're already qualified. Joel sits down with his wife, Victoria, to discuss some of these strategies that have helped their church, their family and relationships grow stronger and healthier over the years. You have to keep your lamp burning and your light shining to keep yourself healthy, whole, and strong. If your fire goes out, you can't help others. If you're living depleted, drained, running on empty, you're not shining like you could. You have nothing to prove. You don't have to perform better for God to approve you. His approval isn't based on what you did or did not do. It's based on who you are, his child. You're not supposed to live striving, stressed, competing. Get off that treadmill. It's stealing your joy. Rest in who God made you to be. Jesus.

Health

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Center Point #240104	27:00	4:00	LIVE	PA/O/E	01/04/2024	6:30 PM
			REC		01/04/2024	9:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Jim Karas, Lifestyle Expert and Author of "The Cardio-Free Diet," to discuss the health benefits of sleep.

Health

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Center Point #240109	27:00	4:00	LIVE	PA/O/E	01/09/2024	6:30 PM
			REC		01/09/2024	9:30 PM

Tonight on CenterPoint: Correspondent Lyndsay Keith interviews Jim Karas, Lifestyle Expert, and Author of "The Cardio-Free Diet," to discuss the key to living longer, being part of a community, and the benefits of attending church.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Health							
	700 Club CBN NewsWatch #02222024	52:30	6:00	REC	PA/O/E	02/22/2024	2:00 PM

CBN News Correspondent Charlene Aaron Reports: According to the Centers for Disease Control and Prevention, only eight percent of men in the U.S. seek counseling or therapy. Experts say reasons can vary from societal pressures and fear of vulnerability to shame and religious barriers. Former Green Bay Packer turned mental health therapists Jay Barnett is pushing back against that narrative. For Barnett, playing football became his identity. When his NFL career ended, depression set in, and he tried to take his own life. Like many African American men, Barnett struggled growing up without a father. He also endured abuse at the hands of his stepfather, hiding that pain for years out of fear of appearing weak. Barnett believes that is why so many Black men struggle mentally and emotionally, something recent statistics seem to confirm. While overall U.S. suicide rates have decreased in recent years, numbers are rising in the black community. A 2021 study by the Journal of the American Medical Association (JAMA) found that Black men had a larger increase in suicide attempts than any other racial group. Attempts among Black male adolescents increased by 47 percent from 2013 to 2019. In a 2022 interview, actor, comedian, and gospel singer David Mann also revealed his secret battle with depression. Award-winning Christian singer Anthony Evans also struggled with his mental health after the loss of several loved ones, including his mother. Evans went on to say that stigma in the Black community often prevents men from seeking treatment. As a believer, Evans admits that faith isn't always enough. It's something he wrote about in his book, "When Faith Meets Therapy." Barnett agrees with that sentiment. Barnett now hosts a global initiative called Just Heal Bro, designed to help Black men find strength in vulnerability and healing through education and community. Meanwhile, Evans says seeking professional help is not a sign of weakness but a sign of someone serious about moving forward emotionally and spiritually.

Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time	
Taking Care of Business	28:15	28:15	LCL	PA	02/7/2024	10:30 PM	1
#TCOB-1904					02/9/2024	3:30 AM	

Mental Health

On this emotional episode of Taking Care of Business we explore the difficult subject of youth suicide. Youth suicides are now a pandemic in our country. The suicide rate for young people between the ages of 14 and 19 has jumped 70% in the past 10 years. 157,000 young people are hospitalized each year for self-harm. Many feel that this coincides with the launch and popularity of many of the social media apps and platforms. Most young people don't realize that social media sites are not accurate representations of the authentic lives of those using them. Meet young people who tell their stories of how they attempted to end their lives but lived to tell about it!

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Praise	56:40	56:40	REC	PA/O/E	02/08/2024	7:00 PM
	Priscilla Shirer Anthony Evans					02/08/2024	10:00 PM
	#240208					02/09/2024	4:00 PM
						02/11/2024	12:30 AM
						02/15/2024	2:00 AM

Tonight on Praise: Priscilla Shirer sits down with her brother, Anthony Evans, Bestselling Author, Worship Leader, and Christian Singer-Songwriter, to discuss the loss of their mother, his spiritual well-being, taking a pause in his career for his mental health, admitting he needed help, his therapy, as well as his creative process in producing an album. Anthony shares how God was teaching him while he was recording and talks about the song that was birthed through his grief. He sings songs from his latest album "REVIVE."

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Praise #240321	55:00	55:00	REC	PA/O/E	03/21/2024	7:00 PM
						03/21/2024	10:00 PM
						03/28/2024	2:00 AM

Tonight on Praise: Sheila Walsh is joined by Worship Leaders, David and Nicole Binion, to discuss their incredible new music project and book "The Revelation of Jesus" along with Pastor Mike Hayes, author of his latest book, "Real Happy Jesus' Surprising Path to Genuine Joy." We learn what happiness really is and that being happy is spiritual. Pastor Hayes tells us that God wants us happy. He shares a story of woman using his book in her recovery homes for addicts and alcoholics in Seattle.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1246	51:01	51:01	REC	PA/O/E	01/08/2024	12:29 PM

Today on Better Together: Sheila Walsh, Faith Eury Cho, Irene Rollins, Debra Fileta, and Alexandra Hoover address: Emotions are a gift from God. Our ability to feel joy holds the same importance as our ability to feel sadness. Our Heavenly Father redeems our stories and turns our triggers into opportunities to receive healing and hope.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together	50:59	50:59	REC	PA/O/E	01/09/2024	12:29 PM

Today on Better Together: Sheila Walsh, Faith Eury Cho, Irene Rollins, Debra Fileta, and Alexandra Hoover address: Shame is the opposite of grace. When cycles of guilt cloud our minds, we forget that the only answer is found in the arms of our Savior. Because Jesus already paid for our forgiveness and freedom, we get to walk in the reality of His unconditional love.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Better Together #1248	51:00	51:00	REC	PA/O/E	01/10/2024	12:29 PM	I

Today on Better Together: Sheila Walsh, Faith Eury Cho, Irene Rollins, Debra Fileta, and Alexandra Hoover address: Saying "no" to fear and "yes" to faith starts with receiving God's truth. Our Heavenly Father invites us to walk in our identity as children of the most powerful King and know His peace.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1249	50:59	50:59	REC	PA/O/E	01/11/2024	12:29 PM

Mental Health

Today on Better Together: Sheila Walsh, Faith Eury Cho, Irene Rollins, Debra Fileta, and Alexandra Hoover address: Often our feelings of anger signal a different issue--offense, unmet expectations, or grief. Can we be angry and not sin? Preventing unhealthy anger from growing in our hearts starts with understanding our true identity as beloved children of God.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1209	50:59	50:59	REC	PA/O/E	01/25/2024	12:29 PM

Mental Health

Mental Health

Today on Better Together: Lisa Harper, Jackie Hill Perry, Jada Edwards, Kirsten Watson, and Allison Allen address: What does it mean to lament? Our God is able to handle all our emotions--grief and pain, joy and celebration. Nothing life throws at us or any question we ask is too big for Him. Our Heavenly Father is faithful to carry us through any season.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Better Together #1163	51:00	51:00	REC	PA/O/E	02/07/2024	12:29 PM	1

Today on Better Together: Holly Wagner, Robyn Wilkerson, Donna Pisani, Meghan Robinson, and Michelle Lutz address: Our God is close to the brokenhearted. No matter what we are going through, He is our ever-present help. In times of grief, His grace carries us. When we stumble, His kindness leads us to repentance and transformation.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
ı	Better Together #1164	51:01	51:01	REC	PA/O/E	02/08/2024	12:29 PM

Today on Better Together: Holly Wagner, Robyn Wilkerson, Donna Pisani, Meghan Robinson, and Michelle Lutz address: Have you checked your "blind spots"? Matthew 5:8 says, "Blessed are the pure in heart, for they shall see God." Anything that tries to blur our vision is an opportunity to realign our hearts and minds with Heaven and develop Godly character.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together	51:00	51:00	REC	PA/O/E	02/27/2024	12:29 PM
	#1272					02/27/2024	9:00 PM

Today on Better Together: Sheila Walsh, Holly Wagner, Ann Voskamp, Debra Fileta, and Jess Connolly address: You are God's beloved child--spirit, soul, and body! When life's bumps and bruises leave us with wounds and scars, our Heavenly Father is faithful to count every tear and never wastes a single moment. He is our Redeemer who makes all things new.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together	51:00	51:00	REC	PA/O/E	02/28/2024	12:29 PM

Today on Better Together: Sheila Walsh, Holly Wagner, Ann Voskamp, Debra Fileta, and Jess Connolly address: You were created for REST! When we receive God's unmerited favor, grace, and mercy--striving stops. There is no way to earn such a precious gift. We are called to a life of surrender at the foot of the Cross.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1274	51:00	51:00	REC	PA/O/E	02/29/202 4	12:29 PM

Today on Better Together: Sheila Walsh, Holly Wagner, Ann Voskamp, Debra Fileta, and Jess Connolly address: You are fully loved by God! Chasing perfection pulls our focus away from our Creator. When we keep our eyes on our Savior, He turns our messes into masterpieces and gives us grace, rest, and wholeness in return. We cannot earn God's love, it's already ours.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1281	50:59	50:59	REC	PA/O/E	03/11/202 4	12:29 PM

Today on Better Together: Sheila Walsh, Kristi McLelland, Faith Eury Cho, Donna Pisani, and Tara Beth Leach address: Every time we encounter God's truth we are forever changed. The Bible is God's love letter to us. Every page has the power to renew our minds and transform our hearts.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Better Together #1109	51:02	51:02	REC	PA/O/E	03/19/202 4	12:29 PM

Today on Better Together: Beth Redman, Jennie Lusko, Janice Gaines, Emily Vogeltanz, and Jess Connolly address: You are uniquely gifted and called by God to your corner of the world! Comparing ourselves to others distracts us from our calling and purpose. It's time to break free from comparison and experience everything God created us to be!

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	The Eric Metaxas Show #189	24:15	24:15	REC	PA/O/E	01/19/202 4	
						01/21/202 4	9:00 PM

Today on the Eric Metaxas Show: Rip Wahlberg, Author of "Shattered," talks about the loss of his son, Aiden, in a sudden drowning accident. He shares how allowing God into our pain helps us to process it, and that there is hope to survive and thrive after the worst pains of life, if we let God touch our wounds. He talks about letting ourselves have the emotions that are real about the situations of our life verses suppressing our emotions.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Joel Osteen: 15 Ways to Live	24:50	24:50	REC	PA/O/E	02/14/2024	6:30 PM
	Longer & Healthier #5					02/14/2024	9:30 PM
						02/16/2024	6:30 PM

Joel Osteen: 15 Ways to Live Longer & Healthier: Unclutter Your Mind. Have you ever been so preoccupied that you couldn't enjoy the moment or so overwhelmed you couldn't sleep at night? When we struggle to find peace, joy, and passion, it's possible that our mind has become cluttered. You can clear out that clutter. Not only can you get rid of negative thoughts that are stealing your peace, taking your joy, and draining your energy, but you can be proactive about what you let in your thought life in the first place. That's why the scripture tells us to guard our mind. All through the day there's clutter, there's noise, there's drama, stress, worry, jealousy. But you don't have to take them in and hold on to them. Those things are limiting your life. Sometimes we've been living with things for so long we don't remember what it was like without them. Maybe you've been worried for so many years it's become normal to you. You can't remember what it was like to be free from that anxiety. Maybe you've lived far too long in a state of guilt and anger, past mistakes playing in your mind. Negative thoughts have a way of piling up until we can't get see past them. Thoughts that we don't measure up, that we're not talented, we're not attractive, we don't have a good personality, those lies can pile up for years cluttering our mind. It's time to clear out that clutter. This is a choice that you have to make. It's time to clear out the negative. You were created in the image of Almighty God. He doesn't make any mistakes. Don't say another negative word about yourself. If you don't clear out the clutter, it'll keep you from going to new levels. Worry will keep you from rising higher. Bitterness will keep you from new opportunities. Living stressed will cause you to have health problems. Going around feeling guilty will keep you from pursuing your dreams. Joel challenges us today to unclutter our minds. Let it go. You only have so much emotional energy each day. Do you know how much energy it takes to hold a grudge, to be bitter, to think about how you can pay someone back? That's wasting valuable energy that you need for your dreams, for your family, for your destiny. You can't hold on to the hurts, live offended and bitter, and see the new things God has in store. You have to clear out that clutter and allow God to replace it with his peace, his joy, and his beauty. Joel sits down with his wife, Victoria, to discuss some of these strategies that have helped their church, their family and relationships grow stronger and healthier over the years. Joel shares that a place of peace is a place of power. Your life is going to follow your thoughts.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joyce Meyer: Enjoying Everyday Life #158104	27:30	27:30	REC	PA/O/E	01/04/2024 01/04/2024	5:00 AM 7:30 AM
					01/04/2024	12:01 PM

Mental Health

Today on Enjoying Everyday Life: Joyce Meyer shares that she had an incredibly difficult start in life which caused her thinking to be rooted in fear. God intervened in her life and did something amazing. As she studied the Bible her thinking began to change, her mind was renewed, and her attitude changed. What God has done for Joyce he can do for us too.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Mental Health							
	Joyce Meyer:	27:30	27:30	REC	PA/O/E	02/16/2024	5:00 AM
	Enjoying Everyday Life #158705					02/16/2024	7:30 AM
						02/16/2024	12:01 PM

Today on Enjoying Everyday Life: Joyce Meyer teaches about worry and anxiety. She tells us there is no upside to worrying. Worry is useless, can do a lot of harm, and is a complete waste of time and energy. If the Bible tells us not to do it, then there is a way not to do it. She believes that one of the things that we have to have, if we're not going to worry, is a strong belief in the power of prayer. Keep a record of the prayers that God answers and the things he does for you. The definition of worry is to torment oneself with disturbing thoughts, to feel uneasy, to feel anxious or troubled, to torment with annoyances, cares, and anxieties. Worry is self-torment. God's will for you is peace. Don't do things you don't have peace about. Be peaceful and be thankful. Gratitude can change your life. The best time to stop worrying is when you first begin to worry. The best time to calm down is when you first get upset. The best time to forgive somebody that hurt you is immediately when you start to feel angry about it. The longer you let these negative emotions take root in your soul the harder it's going to be to get rid of them. How do you get rid of worry? You pray and when you pray you believe you're giving God your problem trusting him to do something about it. Be thankful. What do you have to be thankful for today? You have to understand grace to ever have peace because grace is God doing for you, what you cannot do for yourself. Grace is the power of God. It's undeserved favor. We can't have peace unless we understand God's character. God is good all the time. God is faithful. He cannot lie. God is just. He makes wrong things right. God knows and sees your situation. God is love and he loves you. We receive grace only by faith and worry is not faith. Worry is our work trying to do what only God can do. Worry is the fruit of pride. The joy of the Lord is our strength. How do you humble yourself? Cast your care on God. Do your responsibility but cast your care. If there is something you can do, do it. But if there is nothing you can do, God knows what to do. When you've got your biggest problem, go be a blessing to somebody else. Faith prays and after you pray, keep a good confession, stay positive and don't start complaining, don't get discouraged and depressed, stay joyful, don't be resentful of people who don't have a problem, keep any and all commitments you have made, do what you would do if you didn't have a problem, regularly voice your trust in God. What are you saying about God? Be prepared to wait. Worry robs you of your power and the grace that God gives you to live today, because worry always operates in the past or the future. You waste today worrying about yesterday or you waste today worrying about tomorrow. Worry causes illness: ulcers, colon problems, headaches, nervous tension, irritability and even cancer. Worry nullifies prayer. God wants to set you free from worry.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Housing							
	Taking Care of Business	29:00	29:00	REC	PA	03/13/2024	10:30 PM
	#TCOB-1922					03/15/2024	3:30 AM

Housing

Housing

Housing

Housing

The United States has the highest incarceration rate of any nation in the world. For every 100,000 citizens, over 650 individuals are serving time in a prison or jail. In this episode of Taking Care of Business, we will explore why so many people, once they serve their time, become repeat offenders and what can be done to break the cycle of recidivism.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Taking Care of Business	26:59	26:59	LCL	PA	03/06/2024	10:30 PM
#TCOB-1926					03/08/2024	3:30 AM

There are over 16 million single parents in America. The causes and challenges many single moms and dads face are unique and can range from tragic to the unexpected. On this edition of Taking Care of Business see how many single parents, and their children, are coping and learn how communities can come together to provide support.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Huckabee #335	50:30	10:00	REC	PA/O/E	03/02/2024	7:00 PM
					03/02/2024	10:00 PM
					03/03/2024	8:00 PM

Tonight on Huckabee: General Leroy Sisco, Founder and CEO of Military Warriors Support Foundation, shares how the organization has saved 150 lives from suicide. He also talks about their support of combat wounded heroes, gold-star spouses, and their families, which includes everything from financial mentoring, payment-free vehicles, and mortgage-free homes. Jacob Williams, Retired U.S. Army, Private First-Class, and his wife, Meredith, Military Warriors Support Foundation applicants, join the show to discuss the applicant process and are surprised by receiving a key to their new home.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240109	46:35	46:35	REC	PA/O/E	01/09/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about a husband's crazy ex is trying to steal their money, how to budget and build wealth, taking out a HELOC to buy a vacation home, investing while saving for emergency fund, being 63 and not knowing how to retire, cashing out a whole-life policy, and passing the "burn on the floor" test. The Best of the Ramsey Show: Dave Ramsey and George Kamel answer a question about selling stocks to pay off a house.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
The Ramsey Show #240110	46:35	46:35	REC	PA/O/E	01/10/2024	4:00 PM

Today on The Ramsey Show: Dave Ramsey and George Kamel answer questions about how to best bless their kids, selling a home when they move, investing somewhere else, how to handle estate planning, and how to prepare to buy a house. They also discuss that 65% of Americans live paycheck-to-paycheck. The Best of The Ramsey Show: Dave Ramsey and Jade Warshaw answer a question about a daughter buying a home she can't afford.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Minority							
	The Eric Metaxas Show	24:15	24:15	REC	PA/O/E	02/23/2024	5:00 PM
	#194					02/25/2024	9:00 PM

Today on the Eric Metaxas Show: Chynna Phillips Baldwin, Singer-Songwriter and Actress, shares her journey of faith, her music, overcoming drugs and alcohol, her YouTube channel called California Preachin' which birthed California Healin', an online 24/7 women's ministry. This ministry came out of the deepest pain of her life and her need for community, which she later found there is a high demand for women to have community. There are five groups underneath the umbrella of California Healin': Sanctuary, Revelation, Promises, Victory, and Genesis.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Minority							
	Lynda Randle and	53:59	53:59	REC	PA/O/E	02/05/2024	7:00 PM
	Friends #7030					02/05/2024	10:00 PM
						02/06/2024	4:00 PM
						02/20/2024	2:00 AM

Minority

Minority

A Black History Music Special: Lynda Randle and Friends - A Pilgrim's Journey of history and live performances of beloved spirituals. Lynda shares that we're supposed to be in this together. She encourages us through music, being the unifier that it is, to make a new sound. A fresh sound. A sound of hope. A sound of healing. A sound of togetherness.

Program Titl	le	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Better Together	#207	25:50	25:50	REC	PA/O/E	02/06/2024	9:00 PM

Today on The Best of Better Together: Lisa Harper, Natalie Grant, Nona Jones, Jamie Ivey, and Melinda Doolittle address: We are called to make a difference! God's definition of influence can change the world!

Program Title		tle	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
	700 Club NewsWatch #0	CBN 3122024	52:30	2:00	REC	PA/O/E	03/12/2024	2:00 PM

CBN News Senior Correspondent Wendy Griffith Reports: Saying "we won't back down," female athletes backed by women's groups and Virginia's attorney general protested outside the Sports Center in Virginia Beach on Friday where a biological male was competing against females in the National Track and Field championship. They told the NCAA once again - what you're doing to girl athletes is wrong and it needs to stop now. Friday was also International Women's Day and Virginia Attorney General Jason Miyares saw it as the best time to appeal to the NCAA regarding female sports. Former high school volleyball player Payton McNabb knows all too well about the potential danger of playing against biological males. About six months after that injury, McNabb testified in the North Carolina General Assembly which helped lead to the Women's Sports Act that prohibits students of the male sex from playing on middle, high school, and collegiate athletic teams designated for females. Paula Scanlan swam on the University of Pennsylvania swim team alongside trans swimmer Leah Thomas. Now with the Independent Women's Forum, she says this is about the NCAA stealing what belongs to women. Meanwhile, inside the Virginia Beach Sports Center, Scanlan and others accuse the NCAA of denying a female athlete her chance to compete by selecting Saide Schreiner, a biological male running for Rochester Institute of Technology, to run in its division three national championships. Schreiner, who had previously broken two women's collegiate records, placed ninth in Friday's 200-meter race. Concerned Women for America agrees. Miyares blames the Biden administration for the NCAA's policy. For now, the fight for fairness in girls' sports is still on. But women's groups and female athletes say they will not back down until this injustice and discrimination against female athletes ends for good.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Minority							
	700 Club CBN NewsWatch #02202024	52:30	5:00	REC	PA/O/E	02/20/2024	2:00 PM

CBN Washington Correspondent Hilary Powell Reports: Black History Month has been recognized by every president since Gerald Ford in 1976. Buth with the interpretation of that history now under scrutiny in states like Florida, some Black congregations are returning to their roots serving as both the church house and schoolhouse. Female faith leaders tell CBN News they're on the front lines of instruction, stepping in to fill a need by teaching Black history at churches, right alongside Bible study. The 75-year-old's memories of being part of integrating the Alachua County, Florida school system are a painful yet indelible part of Historian Dr. LaVon Bracy's past. Now she's once again breaking barriers, teaching African American history inside churches with a growing demand. That's in response to Florida's Board of Education approving new guidelines in 2023 for its kindergarten through twelfth grade Black History Curriculum. The required changes came about following a 2022 law Gov. Ron DeSantis dubbed 'Stop Wrongs to Our Kids and Employees Act," or the "Stop WOKE Act." One part of the curriculum drew widespread attention for stating that skills slaves used during the atrocities of chattel slavery were potentially beneficial. Before going to Washington in 2011, Florida Congresswoman Frederica Wilson served as an elementary school principal who helped urge the state legislature to pass a 1994 law mandating Black history be taught statewide. A founding member of the Florida African American History Task Force, she calls the new quidelines an alarming departure from educational standards. Reverend Rhonda Thomas, who leads the organization "Faith in Florida," created the history toolkit for churches that Bracy and others now volunteer to teach, and it has taken off. Nearly 400 houses of worship, including Protestant, Catholic and mosques, across 29 states are teaching Black history. Haters have also taken note. Thomas tells CBN News she has received death threats. That's because she sees history being on her side. Even before slavery ended, some churches in the North doubled as schoolhouses for emancipated Black people. After The Emancipation Proclamation on January 1, 1863, many churches opened their doors to educate former slaves, helping boost southern Black literacy from five percent in 1870 to about 70 percent in 1900. Ministers like Orlando Pastor Sharon Riley, see the present work as preserving this history. She hopes many of the hundreds of her young parishioners and now students get energized to vote. Reverend Thomas adds that while the past can't be rewritten, it can shape the future by using history to soften hardened hearts. While these new guidelines aren't being used yet in the classroom, that's expected to begin this fall. We contacted the Florida Department of Education to ask how teachers are being instructed on implementing them and whether they have leeway to use other material such as content created by the commissioner of education's African American History Taks Force. The department did not respond. The Florida Education Association encourages parents and educators who want to learn about African American history to review the standards guide created by the commissioner of education's African American History Task Force.