

TRINITY BROADCASTING NETWORK

QUARTERLY PROGRAMMING REPORT

October, November, December 2016

KDTX-TV

DALLAS, TEXAS

ASCERTAINMENT LIST

LEADING COMMUNITY PROBLEMS

RESULTS OF ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES BY THE TELEPHONE FROM KDTX VIEWERS, FROM THE PRINTED MEDIA, COMPRISING NEWSPAPERS, MAGAZINES, PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE.

**CRIME
ECONOMY
EDUCATION
FAMILY
HEALTH
HOMELESS
HOUSING
PUBLIC SAFETY
SENIORS
SUBSTANCE ABUSE
UNEMPLOYMENT**

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF KDTX PROGRAMMING ADDRESSING THE ISSUES / PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FOURTH QUARTER.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Crime	Joy in Our Town #827	30:00	14:15	L	PA/0	10/31/2016 11/01/2016 11/05/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Susan Stephens. We at Exodus Ministries serve previously incarcerated women. Most of them apply while still in prison and come directly to us. The topic today is about generational crime, and breaking the cycle of it. Statistics show that children of incarcerated parents are 5 times more likely to be incarcerated themselves. Unless someone comes along and intervenes, the likelihood of them doing the same and following the same path is a pretty high statistic. They are often coming from a life of prostitution, drug use, manufacturing, theft, fraud, forgery. Those are pretty heavy, and for a lot of people you think well, just don't do that; why would you do that. But a lot of times, if you get to know the women behind the rap sheet, they don't know any different. Their mother was a prostitute, their father was a drug addict, and they sent them out to make the deals. They learned from aunts and uncles, etc. and they go and do what they're told. That's where they're starting, that's where they're coming from. If they don't have the theory/thinking that they shouldn't do that, these are choices that they've made. A lot of times we don't realize that these women were the innocent children and no one intervened. Our ministry is different than a lot of ministries statewide and nationally because we serve the children too. We have a one-year, residential, comprehensive program for the women and their children. There's information inside the prisons to locate us and they apply. It's a thorough, 12-page application, and if they're a good fit we'll send them an acceptance letter. They are literally coming to Dallas for Exodus to start their new life. It's breaking the trends and the connections on the street corners. We have an apartment complex in Dallas, either a one- or a two-bedroom. We show them their new, fully-furnished apartment, provided by people that don't even know them. All of our women have children, but most of them have never been mothers. Somebody else has been caring for their children. We have life skills classes in the evening. Right now they're in self-defense and sewing classes. These are life skills that those of us who haven't lived in a cycle of crime take for granted. They're learning how to be a healthy, functioning human being. It's really hard if you're in our program. They can only work Monday through Friday, and only from 8-4 because they have children. And, they need to get them to school, help them with their homework, and we have classes in the evening. We have childcare for them during the classes. They don't get their paychecks -- we turn them into our bookkeeper and teach them finances, and our bookkeeper cuts them checks for the budget they have them on. With generational crime, what they've been taught is everything that's not healthy. What they need in order to start over again are some of the things that we take for granted. We may not always do it well, but at least we know that it needs to be done. If they ever worked with somebody on life skills, they might see that that's a need but have no idea how to attain it. We help them with coping skills and how to manage.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Crime	700 Club CBN NewsWatch #11022016	1:00:00	5:00	REC	PA/0/E	11/02/2016	2:00PM

CBN News Reporter Heather Sells Reports: Pete Leonard first developed a love for fresh-roasted coffee during a missions trip to Brazil. The former Arthur Andersen business consultant returned home and made his own roaster in his Weber grill. Around the same time, he noticed that a relative who had recently been released from prison was unable to find work. Initially, Leonard thought it was an isolated incident, but he soon learned differently. He discovered that U.S. prisons release more than 600,000 people every year and that they face multiple obstacles in reentering society. Chief among these obstacles is employment. Dr. Karen Swanson, director of The Institute for Prison Ministries at Wheaton College, says that most employers simply don't want to hire anyone with a criminal background. Leonard's solution: Take advantage of America's obsession with coffee by creating a premium coffee-roasting company—and employ former felons to run it. It's a match made in coffee heaven. More than 70 million Americans have a criminal background and at the same time, Americans overall are drinking 400 million cups of coffee a day, driving specialty sales up 20 percent. One of Leonard's early hires, Louis Dooley, was released from prison after serving 15 years for armed robbery and attempted murder. Dooley told CBN News that getting out proved to be a huge challenge. Dooley became a believer and worked hard to turn his life around while behind bars. Still, no employer would take a chance. Another ex-felon, Amy, ran into similar dead-ends. In addition to a banking resume, her background included a white collar crime conviction. Neither she nor Dooley could get past a small box that's on most job applications and must be checked if an applicant has a criminal record. But at 'I Have a Bean.' Leonard's company, both Amy and Dooley found the door open. Leonard said that ultimately, he's not concerned with job seekers' pasts. Since starting the company nine years ago, Leonard has hired 35 people out of prison and says that today, all but two are the success stories he believed could happen. The positive result is no accident. Leonard carefully vets each potential employee before hiring. He finds out if they've worked to rebuild their lives while behind bars—and whether they've stuck to that path after getting out. He's also a stickler for quality. Leonard is more than a boss — he's a witness, watching his employees transform from down and discouraged to confident and marketable. Today, Dooley works as the regional director for Set Free Ministries in Illinois. The non-profit provides Bible study courses to inmates in prisons and jails in Missouri and Illinois. Amy manages the front office for I Have a Bean. Their stories speak clearly to the power of transformation and the hope that former prisoners can find once they're able to find a place in the job market. Dr. Swanson believes the concept could become a game-changer for millions who need a second chance. Such experiences can lead—not just to increased marketability—but to a shot at restoration and a new, productive life.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Crime	700 Club CBN NewsWatch #11042016	1:00:00	5:00	REC	PA/0/E	11/04/2016	2:00PM

CBN News Reporter Mark Martin Reports: From hacked emails to major data breaches, cyber attacks could potentially cripple our economy and threaten national security. Hackers shut down half of America's Internet on Oct. 21 by targeting Dyn, a company that manages key parts of the Web's infrastructure. Within minutes, the cyber attack took major websites like Twitter and Spotify offline. It was just the latest example of cyber warfare. Other major cyber hacks garnering national attention recently include the Yahoo data breach in September, WikiLeaks emails relating to Hillary Clinton's campaign and the Clinton Foundation, and the leak of roughly 20,000 emails involving the Democratic National Committee in July. Hayman believes today's worst offenders in this computer espionage are China, Russia, and North Korea. FBI special agent Robert Cochran tries to spread the word about cybersecurity danger to companies like Eastern Data in Virginia Beach, Virginia. Cochran said that of the 14,000 agents in the FBI, 1,500 fight cybercrime -- a 60 percent increase in just the last five years. He says for now, the United States is focusing on defense in this new form of warfare. While cyber warfare between nation-states may sound far removed, it's clearly happening each day on a smaller scale. How do you protect yourself at home and on the job? One practice can work for all kinds of viruses — good hygiene. In addition to computer hygiene, Kaiser urges people to lock down the log-in. In other words, add an extra layer of protection beyond your password. There are a number of options such as fingerprint scans currently available on many smartphones and tablets. Kaiser also wants people to be cyberaware. Experts also advise not to forget to back up critical information. Hayman believes education is the best defense. The National Consumers League also helps educate consumers on cybersecurity. So what kinds of laws are on the books to fight cyber crime? Breyault says on the federal level, the protection is surprisingly minimal, and his organization is lobbying to change that.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Economy	Joy in Our Town #825	30:00	14:15	L	PA/0	10/15/2016 10/17/2016 10/18/2016 10/22/2016	2:30PM 5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Chris Capehart. We're talking about pursuing your dreams in the midst of everyday life. We all have dreams -- God-given dreams that we wanted to do from the time we were young. The idea of pursuing your dreams in the midst of everyday life -- if God gave you that dream, you should still be pursuing it. One of the things I wanted to do was to write a book, to really encourage people to pursue their dreams. This was birthed out of the fact that I've got dreams I want to pursue. A lot of times people have a preconceived notion that it's harder to start than it is. I challenge people to do something that points in the direction of your dream, even if it's sacrificing a little extra sleep. But when you think about the impact you can have because of doing that, it's incredible. From a practical standpoint, it's finding the small things, breaking down that mile, taking it on one step at a time, and then making that progress. Maybe slowly but surely. The big question is, are we taking the right step? Are we doing the right things? For me personally, there's a couple of verses that help me. Even if the step the Lord tells me to take doesn't make sense, stepping out anyway will take you where you need to be. Comparison inhibits our ability to achieve. We have to eliminate that belief. God doesn't compare us. We don't compare our kids to each other, and God doesn't compare us to each other or love us any differently. Encourage your friends. Give them a little piece of advice that you think they might already know. And maybe they do already know it, but when they hear it from you, from a place of care and love, it could just flip the light on. Getting that confirmation from a friend can really help someone get started. That whole thing about being too close to the artwork, you need to take a step back to be able to see it. I want people to realize that their dream is not just about them. What God put inside of them is not just for themselves, it's really about other people. What we achieve will directly relate to how people see themselves and see what they can achieve. I think about the people that need the message that God has put in my heart.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Education	Joy in Our Town #824	30:00	14:15	L	PA/0	10/10/2016 10/11/2016	5:30PM 4:00AM

Our host Cheri Duckworth introduces our guest today, Craig Panza with Voice of Hope Ministries. Our primary programs are daycares and out-of-school time programs. We're here to come alongside the schools, churches, and other community organizations in order to walk with them through their programs. We have 2 main needs we meet in West Dallas. More and more in our country we are finding either 2-income-earning homes or single-parent homes. So there's a need for a safe place for kids to go until their parents can come home and be with their children in the evening. Often, our kids struggle academically for a lot of reasons, so they need additional assistance in accomplishing these goals. Challenges are that with so many things for kids to do it's tough to focus. Example: One of the challenges is just the number of words they get as a child, specifically 0-5 years of age. Sometimes their vocabulary may not be up to par compared to the rest of the nation. Around 4th grade, you switch from learning to read and reading to comprehending. Kids are very aware of the fact that they're struggling, when little Bobby or Susie is not having any issues sitting right next to them. It does affect them emotionally when they know they're struggling academically. Kids, at a young age, start to carry those burdens already. Our mentors are staffed. We have to have staff to walk with them on a daily basis. You're talking about 20 hours of work in a week. A lot of the day-to-day is very important, such as helping them to get their homework done. We are a faith-based, Christian ministry. Example: If a child had a struggle at school today, it comes out in the after-school program. The ultimate hope that any of us have is the hope of Christ and His death on the cross. Whether we grew up wealthy, poor, etc., we all are desperately poor when it comes to our spiritual needs. No matter where we are, if we really trust in the Lord for our daily walk, I know He's going to take us places He has for us. We've heard hundreds of stories. Children who grew up in challenging circumstances grow up to have various careers in computer programming, pre-med and many other things. There are a lot of job-seeking skills that you really need that are hard to teach in a classroom and are hard to develop over time. For example, how do you sit in an interview when you're trying to get a job? Our kids learn basic life skills as well through the various experiences and knowledge we're able to provide. We're able to visit various businesses in D/FW and see what real work life is like. There are other jobs out there that make you successful as well, and you can have that. We are in the community of West Dallas. Our community and demographic is changing, certainly in the ethnic makeup, the new bridge and new stores in West Dallas.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Education	Joy in Our Town #833	30:00	14:15	L	PA/0	12/19/2016 12/20/2016 12/24/2016	5:30PM 4:00AM 1:30PM

Our host Cheri Duckworth introduces our guest today, Lena Googe. StoneGate Christian Academy has been a part of the community for over 40 years. We started back in 1976. In 2007, we became an independent Christian school and a part of the general community. We do see ourselves as a partner to families and churches, for that exact goal. We want to partner with people who have a devotion to the Lord. There's a song that goes 'In everything I do, let me honor You.' We can always think, how are we honoring you, how do we honor God in all that we do. That's part of our mission statement at our academy. We want them to have a commitment to them that initially changes them. Being intentional, making the Lord a part of your life is so much more than that. One of the biggest things we face in this culture is a sense of entitlement and not a real strong work ethic in general. We think that's the foundation of education. You've got to be willing to work hard, building our students' character. This is so important at home and in our school. It's very challenging for teachers and administrators because they have to adhere to the rules put on them by the government such as how to prepare them for a secular college. Some of them will go to one, and we want to foster a strong foundation that's rooted in truth. We want them to know what they believe and why they believe it. And it's not just for them, but also for the world around them. The world is becoming more intolerant of some of our more Christian worldviews so they are going to be challenged on that. We want them to know why they believe what they believe and to transform other people. We want them to learn how to show love toward someone who thinks/votes differently than they do. I think we should focus on what we have in common. Sometimes we get to the same end result through different means. We can build on the commonalities rather than focusing on the things that are different. Each family is different and it can depend on what you're able to accomplish.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Education	Joy in Our Town #834	30:00	14:15	L	PA/0	12/26/2016 12/27/2016 12/31/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guests today, Dr. Harold Durham & Dr. Shirley Durham. We do collaborations with other communities and resources in the community. The families come from referrals, as well as people who are associated with our church, and through community outreach. We have ties with the Salvation Army resource recovery. They're learning how to cope with certain situations, such as anger management. When you have a family come in and anger is the issue, and they're there for the first time, are they just so happy to see you and be there? No. Anger is a secondary emotion. It's not the real problem. Once they learn to recognize what the real problem is then we help them to develop coping skills to deal with the real problems. The responses we get from the families: I've had some parents or wives come in because they wanted to meet the counselor that was working with their spouses. It's very rewarding because at the bottom of it really it's about communicating. Many times we don't know how to properly communicate. By taking that anger management class, that's one of the components that we deal with. Once you can identify those signs then you can correct the problem. People we see come from all walks of life. It's not necessarily that they're living in poverty because we have people that are very affluent that come in but have missed the skill. And what we've found out is that we model what we have been taught. If it wasn't taught in the home, if you had a dominant father/mother, we also teach parenting classes. A part of what we do at FreshStart is to help you realize what the positive normal is. Educating others in how to communicate is going to be huge. Another area we're very grateful for is partnering with TCC for the tutoring part of it, and some of the libraries in the area. We've seen students from ages 18-70. The person that doesn't graduate from high school, in their lifetime, will make \$200,000 less than someone who did graduate. And then \$1,000,000 less over their lifetime than someone who graduated college. If you went out and you made a mistake, there's still hope. You're enhancing their lives by giving them great communication skills. And then helping them get an education as well if they want to.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #824	30:00	14:15	L	PA/0	10/10/2016 10/11/2016	5:30PM 4:00AM

Our host Cheri Duckworth introduces our guests today, Bill and Danielle Ford. Seeing the physical storms we chase, we help people navigate through those storms when they need it the most. First of all, you're not alone. You're not the first one to go through a storm. Whether it's infidelity, illness, etc., and if you're not prepared, it can knock you completely off your foundation. We've seen them come out of those storms. In a storm of life, if you don't have the right foundation, the storm overcomes you and overtakes your family. When a storm affects their home, almost 98% of them rebuild. When it happens to their families, less than half of them rebuild. I was drawn to the storm early on in college, so I just drove out to my first supercell. In 1999, I saw the damage from the Moore, Ok. Tornado and wanted to help. The first concern is they don't know where to begin. Sometimes it's as desperate as "I don't know where to find my husband, my pet, etc." God wants you completely restored and he wants you to be whole. There are needs in that physical storm, and how it affects the family unit. We start going back to the communities in our restoration process and feeding the families that were affected by storms. This was their community, their home, and now they're gone. Sometimes they would find their items a couple of blocks away from their home. We help restore them because that's what the Lord does. How important it is to see where your treasures are before something happens. What we want people to see are the warning signs. We get to go into schools and teach 2nd-6th graders how to be storm warriors. You have to know where your safe place is. You need to have a "go-bag."

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #828	30:00	14:15	L	PA/0	11/07/2016	5:30PM
						11/08/2016	4:00AM
						11/12/2016	2:30PM

Our host Cheri Duckworth introduces our guests today, Kris Habashy & Rachel Logan. Kris: my brother and I partnered to create some ways to bridge the gap between urbanites and farms. We used two things -- the media (website, social media, etc.), and farm camp. It sounds like an adventure to me, learning where your food comes from in the grocery store. It shows you this other world out there. We view it as a kind of system to come alongside them, and we then continue to encourage them about what they've learned. This allows us to be a great part of something that they're already doing. They aren't necessarily families/children that we've found on our own, but we partner with organizations to basically assist with what they're already doing in the community. What we begin with, we have a curriculum that we teach at farm camp. And, as a response to the love of Christ, we want to care for our bodies. We have them think about the connection between your spiritual health and the food that they're putting into their bodies. We want to teach them to value themselves as well. We recently took a high school girl and her response was that she was going to respect her body more -- that it matters what she eats. We hope that our social media reflects that what you post matters too. On our last trip, our sons were with us. They come from a city background, but on the farm they can do all kinds of things together and they realized that it can be fun. There was a great feeling of unity on the farm. This experience took them out of their comfort zone. Our hope is that we would teach these nuggets of truth to other kids in the community.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #830	30:00	14:15	L	PA/0	11/21/2016	5:30PM
						11/22/2016	4:00AM
						11/26/2016	2:30PM
						12/03/2016	1:00PM

Our host Cheri Duckworth introduces our guest today, Jim Mustain. We are a faith-based community organization that we began just 2 years ago. And our thought behind that was to create a link between the community and the church. A lot of it centers around connectedness. People move around a lot and lose connections. We find that many of the schools that we work in, the mobility rate can sometimes be up to 40%. 4 out of 10 children that may start a school year will not end the school year in that same school. It does cause a general instability in their lives. Children always come up to the top of most schools/communities. We talk with administrators and simply offer our services. To date, we have about 250 volunteers that work in many ways, and about 20 different schools and other sites in our community, which happens to be the Lewisville area. One of the niches that we've found is young boys who do not have a male role model in their lives. We developed a program called Boys to Men where they'll be mentored by men. We initially started that at the elementary level, but now we have programs around the high school level as well. The high school level is called Men of Distinction. It's great that you are providing that for them and that they have somewhere to turn. We feel like it's good for us as well because it can break that cycle of self-centeredness and give accomplishment. One of the things that's unique to our area is that we have a lot of multi-family housing, which many times will mean transition as well. There are between 1,500 and 2,000 people living in budget hotels on a weekly basis. When you have a relationship with someone that otherwise doesn't have it, that has a domino effect and change starts to happen (John 1:14, MSG). Jesus moved into the neighborhood and people were able to see His actions. We put "good neighbor" on a lot of the things we do because in our connected world, it's in vogue to be doing a lot of good things like that. Much of it is door-to-door, and in the classes we tell people to bring friends, family and neighbors who might be interested in volunteering as well. We have training for churches and pastors, to get them to embrace what I think is a lost calling to reach our neighbors. We try to get people to embrace their sent-ness. We tell people you're missionaries first, before you're members of a church. It can be just as easy as saying, do you know the names of the people that live just to the left, right, in front, and behind you? My wife and I, we just do life in our front yard. And we've built so many relationships just through that proximity of being outside in the front yard.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #831	30:00	14:15	L	PA/0	11/28/2016 11/29/2016 12/03/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guests today, Lieutenants Timothy and Andrea Israel. We grew up attending the Salvation Army so we've been really involved our entire lives. We're talking today specifically about the Angel Tree. The Angel Tree program began in Lynchburg, Virginia as part of our Christmas effort, just as a way to connect those individuals that want to give with those individuals in need. Seeing that name on the angel connects you with that person in such a different way. We hope to receive over 300,000 gifts toward those angels. There's definitely a great need here in the DFW Metroplex, and it's something that we really enjoy getting to do during the Christmas season. In the Angel Tree program, you see a wonderful time of blessing where the community really comes out, and we're really the facilitator. How can people help if they can't give a gift? Obviously there's a lot of labor hours that go into getting the gifts collected/distributed. There are a lot of volunteer opportunities available in our distribution centers, in the mall, etc. to play a role in the Angel Tree process. There's a lot of joy in that process as well. Seeing the families getting those gifts can be overwhelming with a lot of excitement. The heart of the love of Christ is being shown. We're always welcoming people to help, come join, and be a part of it. There is a story of someone getting a gift and how it meant a lot to them. There are tags on the tree other than gift-giving. The 12 days of giving have a 365-days a year impact. The Angel Tree program connects the community to other programs and other opportunities to serve. It's a season when people are generally more generous, and in the 12-days of giving, it's a reminder that these families are not just in need during the Christmas season -- they have a need all year. There's a lot of people in our program who are in great financial need, whether it be a parent that just lost a job, or families that have experienced a recent disaster in their lives (fire, death in the family, etc.). We serve both young children, as well as special needs adults that are not able to provide for themselves. When you see that on the tree, that's an actual person that's represented. Some people wouldn't have anything for them on Christmas morning if it weren't for the Angel Tree program. It allows them to have the joy of the Christmas season with their family as well.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #831	30:00	14:15	L	PA/0	11/28/2016 11/29/2016 12/03/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Jessica Brazeal. I work with our clients but I also supervise the rest of our team. We're talking today about domestic violence. We know that it progresses over time and can get worse. There are a lot of reasons why people stay in abusive relationships. They may have kids, financial reasons, manipulation, etc. It's not just a simple you should leave and she's able to leave. Women are at far greater risk when they're leaving. The lethality rate around their lives increases when they're leaving, which adds a huge fear to leaving. Part of the emotional abuse is the idea of isolation. That's a huge piece of what happens when a partner tries to isolate them. With the family members, it's kind of a fine line. You don't want to push too much but you also want to be present. Communicate that support that she doesn't have to do anything, but that you're there to help her with whatever she decides to do. That gives her freedom and gives her power back. Empower her and give her that power back as much as you can. Do we legally have any kind of way to go to authorities ourselves? As an outside person can we report something? We don't necessarily recommend going to the police if you haven't actually seen what has happened. If you see signs of child abuse, that can be reported to CPS. And there are adult protective services as well. But we wouldn't necessarily go to the police first. How do you address the heart and the spirit of the person? We have a counseling program that's free of charge for women who have been abused. It's intentionally meant to address signs of post-traumatic stress disorder. We certainly have women come in and their faith is a really important part of their life. We know that the church is the first place women often go. It can be confusing for someone because some of the advice that they might be given may not be the best thing she actually needs to do. It's not something she's doing that's making it happen. Listen when you think someone's in trouble. From a faith-based perspective, you want to pray for them. When she's ready for the next step and ready to get out, there are places like Genesis that can help them. All of our services are free of charge. If she knows she's got multiple people behind her, that's going to create safety for her. That's going to be really be empowering for her.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #833	30:00	14:15	L	PA/0	12/19/2016 12/20/2016 12/24/2016	5:30PM 4:00AM 1:30PM

Our host Cheri Duckworth introduces our guest today, S. Michael Craven. BridgeBuilders is an urban missionary organization that works to alleviate poverty. We need to understand that poverty is not a financial problem. For centuries, it was a result of scarcity. That's not the case in the US. More accurately, we describe it as a relational problem. We put people in those communities to begin building those relationships through Christ Jesus. Dallas is a paradoxical city. It's extremely successful, I think 10th in the country. But we have the highest child poverty in the US, third highest overall rate in the US. That doesn't make sense. Dallas also boasts more churches per capita than any other city in the US. The local church needs to step up. That's why we're called BridgeBuilders, we want to build those bridges. Common traits you see in this environment are high rates of family dissolution, out-of-wedlock children, violence, crime rates and felony convictions. And if you're born into this environment, that begins to shape your worldview. The only thing that ever has proven to make a difference is the Gospel of Jesus Christ. Instead of accepting entitlement, you begin to accept responsibility. Historically for us, these communities have been subjected to decades of a colonialistic approach to giving. Today we're blessed in that we've raised up an indigenous missionary team. Those relationships manifest themselves among the poor as well as the materialistic well-off. It's incumbent upon us to train folks that want to come in and serve, but also really empower leadership within the community. As a believer, when we see the impoverished, we see the cycle, the generational cycles that are out there. It can look so overwhelming. One of the biggest issues we face is compassion fatigue. It's like spitting in the ocean, why even try. God sent one man to Nineveh. God was making a cultural criticism about Nineveh. I think we're dealing with a very similar situation. The mission of the church is fundamentally so relational. If the whole church were to really take seriously the Great Commission and think all they really needed to do was pour themselves into one person, the whole world would change. It begins as a mustard seed and it grows into something extraordinary by the power of God.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #823	30:00	14:15	L	PA/0	10/03/2016 10/04/2016 10/08/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Scott Schilling. Today we're talking about how to survive a stroke. When you have a low-grade headache for 8 days, you probably should go get checked out by a doctor. I literally was walking along, and my leg stopped. I got a little disoriented, and one of the doctors I was with spun around and asked me my telephone number. I felt cold, wet, and clammy, the 4 signs of a stroke, and they were seeing it. I went to the emergency room and was diagnosed with a "major migraine." Later on, people told me I'd had a stroke. They said it was the grace, mercy, and favor of God on my life. There's a couple of messages we give. I teach that God's plan and timing is perfect. You can't believe that AND believe I shouldn't have had a stroke. So because I believe God's plan and timing is perfect, I've been able to really communicate the message and get people to understand that 84% of Americans will have some heart-related issues. For literally 2 out of 10 people, their first heart issue will be their last heart issue. Get healthy, eat right, etc. Talks about the first sign of a stroke. There are shots, blood thinners, etc. available depending on what you need. The one thing we figured out, which is a dissected vessel (the inner and outer walls separating) is caused by trauma, twerking, or separating. I took it as a typical guy, thinking it was just a low-grade headache. But what we don't understand is that you might previously have had a car accident and get twisted and torqued. My nurse told me that it's not unusual for something to happen later on. You could have a stroke a month later caused by that same event. There's a tremendous number of things you can do. The number one thing is sleep. We as Americans don't get a lot of sleep. In my case, I was in the ICU due to a trauma-inflicted event. The only One that heals the body is the One who made the body. The American Heart Association is a great place to get information. Understand that these events that happen in our lives are put there, believe it or not, for our good.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #832	30:00	14:15	L	PA/0	12/05/2016 12/06/2016 12/10/2016 12/24/2016	5:30PM 4:00AM 2:30PM 1:00PM

Our host Cheri Duckworth introduces our guest today, Jennifer Johnson. We started as a food pantry, and along the way we have added much more about nutrition. Food and clothing are our top services. We have opened the doors and seen all walks of life. Low-income families are what we see most. I'm a new mom myself, and that really is key. When you become a parent yourself, the reality of your child not having enough food is heart-breaking. Every story is different. After listening to all the clients, life happens. When you hear the stories, it really is life. Some of our clients have medical bills that hinder them a lot. Those economic situations are real – the bills are real. Financial hardships are really what I've heard the most. In a lot of families the husband is the provider and if the husband is sick, there's no income. The number of people in need seems to be growing. We serve about 50 families a day because that's our capacity. Word of mouth is the most honest way that people hear about us. We are on the second-level of the StewPot Building. Our faith helps fuel what we do in the community. Every day is a blessing. You never know what you're going to expect. We know that there's a greater need out there. Our clients are the most important things to us. We can't do everything ourselves, but we come together and use our talents to serve where we can. We act versus speak. We nourish them physically with the groceries that we give, and we nourish them with our love and any kind of hope we can give them. We spoke to some of our clients and they said that the reason that they visit Crossroads is because of the care and the love that they're shown. Here are the basic needs that people can help with: volunteering, giving clothing and partner shipping. We work with churches, non-profits and apartment complexes so that they can learn our food model and be the hands and feet. Those of us who are cleaning out our closets can we bring our clothes. They might even have the experience of something from Neiman Marcus with the quality of clothes that we're given.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #832	30:00	14:15	L	PA/0	12/05/2016 12/06/2016 12/10/2016 12/24/2016	5:30PM 4:00AM 2:30PM 1:00PM

Our host Cheri Duckworth introduces our guest today, Assata Thomas. Quest for Greater Success is a non-profit founded in 2010 to help people coming out of prison. In 2013, we added some strategies and began to address the issues of just our particular neighborhood. The greatest need right now is food. It's been identified as a food desert. The nearest food pantry was 3 miles away and some of them were walking. So we come in and help and give them food. We have a lot of children in single-parent homes or whose grandparents are their primary caregivers. You'd be surprised! You think that everyone's life is as privileged as yours but that's not the case. Our food pantry started only for seniors at first. Then we noticed that they had babies with them. 2 and 3 year-old babies that they need to feed. The area is a high crime area. There are a lot of parents that are incarcerated, and there are a lot of parents that are drug addicts. Drug addiction would probably be the most common reason that we see them. Here are the 4 E's: Embrace, Educate, Engage, Empower. We take clothing donations, always diaper donations and non-perishable foods that we can take for our clients before they're able to sign up for our food pantry. They fall in love with us! Some of our residents come out and help us unload the groceries that they're going to receive from us. And we think that's awesome because they're taking part in the help that they're receiving. The best feeling in the world is for clients to call and tell us they don't need to come to the pantry anymore. This young generation is hard to reach. We offer them some kind of fun activities. We'll take kids to a Mavericks game, and we'll have an annual lunch with food and games and such. Here's a story about an 8 or 9 year-old boy who said he pays all his mom's bills. He said he gets a check and that pays all his mom's bills. It's heartbreaking to think that he feels responsible for paying his mom's bills. We partner with after-school programs. The hugs are my best reward. On our food pantry days we offer a prayer table. If our clients are there and they want prayer, they're able to go and just pray over their issues. After we feed, we provide a salvation plan telling them that there is only one hope for their life and that hope is Jesus Christ. You provide for the physical hunger as well as the spiritual hunger.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0003	26:50	26:50	REC	PA/0/E	10/05/2016 12/14/2016 12/21/2016	4:00AM 5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the importance of the mind and its impact on our food choices. Brain research and memory research shows you build memory about food. Information enters through the five senses and goes into the brain. What you put in your body is going to change the way your body reacts and functions. Be mindfully aware and have conscious consumerism. Ask yourself: What is on my plate? What is it going to do to my body? Where did it come from? What has this done to the earth? Research shows that 80% of an eating decision is in the mind. We need to be healthy mentally and physically. Research has shown that it takes twenty-one days to build a long-term memory. Then it's another two cycles of twenty-one days, which comes to around sixty-three to stabilize or automatize, which is the scientific word for building a habit. The Modern American Diet is more addictive than heroin and cocaine. We have to recognize that what you are thinking about is having a physiological effect. Your mind is your soul; it's your intellect, your will, and your emotions. Then you have your physical body, of which your brain is a part. So, your mind is changing your brain, which is changing your body. We need to be very conscious of what we are thinking about when it comes to food and everything in life.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0001	27:05	27:05	REC	PA/0/E	10/05/2016 10/12/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the importance of eating and the difference between real food and what we call the Modern American Diet, shortened to the "MAD" Diet. Real food is nutritious, has very few ingredients, is organically grown from the ground, is sustainable, and picked when it is ripe. A happy animal is allowed to do what it does the way God designed it to do; roam freely and eat things as it's roaming around, which produces happy food. When you've had sufficient nutrition for your body, you stop eating. However, on the MAD diet the opposite happens. The MAD diet contains conventional-processed, food-like, products. An unhappy animal is restricted, force-fed, fattened up with hormones, full of antibiotics, and stressed. We have to eat food to survive, but the problem is what man has done to food. If we eat for health and not for losing weight, we will naturally get the correct weight. It's real food that you should be eating.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0002	26:55	26:55	REC	PA/0/E	10/12/2016 10/19/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss relearning what to eat, how to cook, and how to think about food. Real food is made the way God designed it, without chemicals, herbicides, pesticides, or Genetically Modified Organisms (GMO). Biomimicry is looking at the intelligence of nature. The ecosystem is completely diverse. Going from diversity to monoculture is very dangerous. We need the variability. Learn how to eat properly. Find out what it's doing for and to your body - the good and the bad stuff. Get the knowledge to change your diet and lifestyle.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0005	27:30	27:30	REC	PA/0/E	10/26/2016 11/02/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss living under a sense of urgency. With the advances of technology, we're just rushing from one thing to the next and we're constantly living under this directorate of time instead of going through life calmly and peacefully. Rushing from one thing to the next impacts our choice of food, when we eat, our physiology, our brain, and our brain functioning, which is called, literally, hurry sickness. The hurry sickness puts us in toxic stress. Stress is good to help us focus. Toxic stress takes that away, and then you have the opposite reaction. It pushes you into that zone where you're not thinking straight, where you make wrong choices. If you lead a disciplined lifestyle and you learn to renew and discipline your mind, you can apply that kind of thinking to your everyday life, including eating. Be intentional about your eating process. Try to separate your mealtime from your work. Don't eat standing up. Make eating your relaxation. Eat when you are calm to get more benefit from that food.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0007	27:30	27:30	REC	PA/0/E	11/09/2016 11/16/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the gut-brain connection. Brain tissue that we find in the brain is also in the gut. That gut-brain connection is a two-way connection and it's controlled by the enteric nervous system that contains 200-600 million neurons, which is more neurons than in the spine. In the Blue Zones of the world is where you find centenarians; people who live more than a hundred years of age. The underlying commonality is spirituality, community, attitude, and nutrition. And, the nutrition that they have is real food. When you decide to change the way you're thinking, you're going to change your physical status. Your brain and your whole body will respond. That's the eighty percent of the signal, and then the biology, the biological components of food, forms the other twenty percent of the signal. The thought that you are thinking right now at this moment is actually influencing all 75-1000 trillion of your cells, either positively or negatively. Fasting is important spiritually and physically. Some of the benefits of fasting are cardiovascular benefits, increased longevity and resistance to age-related diseases, enhanced mental and physical health, increased cellular energy, decreased inflammation, protects against the onset of illness, and protects against stroke and high blood pressure.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0009	27:30	27:30	REC	PA/0/E	11/23/2016 11/30/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist, and Dr. Lillian Lockett Robertson, an OB/GYN, to explore the supermarket, how to cook, what to do, and how to shop. Eat real food. Buy real food. There is a definite engineered design in the supermarket. A lot of people have heard: avoid the center aisles and go to the outside, where your fresh produce is because everything down the center aisles are basically in boxes and containers. The Modern American Diet food-like products are industrially manufactured. When something is added, that means that something is being removed, so we should be wary of an added anything. Eating is eighty-percent dominated by our thought life and what we've built memories of. Eat real food. Read the labels. Buy local. You can find community-supported agriculture. Real food makes physiological changes in your brain. So, your mind, the thinking to choose to eat well, the intellectual stimulation, the being happy, and then choosing to eat the real food, and eating the real food, satisfies you. Eating real food is the way God designed us to eat.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Dr. Leaf Show #0011	27:50	27:30	REC	PA/0/E	12/07/2016 12/14/2016	5:30PM 4:00AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Esther Houston to discuss postpartum depression, also known as the baby blues. Suffering exists in life and we are here to learn through our suffering with the help of others. Something like postpartum depression is a very real thing that actually needs to be addressed as a very complex process unique to each individual. We can't just say it's a disease, label it, medicate it, and think that it's over and blame the mother. We've got to recognize the whole person. Who is this mum? What is she going through? What are her life circumstances? What is her past? What is her support system? What are the physical needs in her body and diet? We have to look at the whole person in a very loving and very supportive way. The more loving and supportive we are, the more we will actually help each other be better mothers.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	700 Club CBN NewsWatch #11162016	1:00:00	5:00	REC	PA/0/E	11/16/2016	2:00PM

CBN News Reporter Lorie Johnson Reports: Busy, sleep-deprived, and stressed-out. These are the terms that describe most young parents. That roller-coaster lifestyle rocks your blood sugar and hormones, creating the perfect storm for weight gain. Even Mark Macdonald, the nutrition expert and bestselling author, gained 35 pounds after becoming a father. Mark and his wife, Abbi, didn't like the direction in which they were going — so they learned to gain control instead of gaining weight. Mark shares their secrets to success in the book, "Why Kids Make you Fat. . . And How to Get Your Body Back." He explained that when it comes to managing weight, new parents fall into four traps: lack of sleep, stress, lack of exercise and poor diet. While all those factors need to be addressed, Mark notes that diet is the most important. He says the secret to losing weight and keeping it off is what he calls "Eating in Threes," which means eat a protein, a fat and a carbohydrate every three hours. Abbi said she's noticed in her own life the importance of eating frequent, balanced meals. The key to "Eating in Threes" is understanding which foods are proteins, fats and carbohydrates. Most animal products are proteins. This includes meats like beef, pork, chicken and turkey, also yogurt (Greek yogurt is higher in protein than regular) and cheese. Seafood also qualifies as protein. There are also plant-based proteins, like tofu, a soy product. Fats include foods like olive, coconut and soybean oils. These are often the main ingredient in mayonnaise and salad dressing. Butter is also a fat, as are nuts like pecans and walnuts, as well as nut butters, such as almond butter. Avocados are also considered fats. Carbohydrates cover a lot of ground. Typically the healthiest carbs are vegetables. Fruits are also carbohydrates. Grains are carbohydrates as well, such as wheat, corn and rice and all the many products that come from them such as all breads and tortillas. Perhaps the unhealthiest carbohydrate is sugar. Some foods fit into more than one category. For instance, cheese is a protein, but because it contains a lot of fat, can also be considered a fat. Mark says if you can, eat your protein, fat and carbs in a certain order. Most Americans eat way too many carbohydrates and too few proteins. Her other grab-and-go favorites include nitrate-free turkey jerky, protein bars, nuts, vegetables and fruit. Although packing your food and taking it with you is usually healthier and cheaper, you can still "Eat in Threes" at restaurants, even fast food establishments. A good choice is grilled chicken as the protein, lettuce as the carb and salad dressing as the fat. Another option is an open faced sandwich using grilled chicken as the protein, half a bun as the carb and mayonnaise the fat. Less sleep, which goes hand-in-hand with parenthood, delivers a one-two hormone punch for weight gain. This is because not getting enough sleep increases the hunger-stimulating hormone ghrelin and lowers the appetite-suppressing hormone leptin. Mark advises parents to try to get more sleep. If that's not possible, he says at least they can learn to get better quality sleep, which pays dividends. This can be accomplished by avoiding the snooze button. Replace 30 minutes of useless sleep with quality sleep. For instance, instead of setting your alarm for 6:30 a.m. and hitting the snooze until 7:00, set your alarm for 7:00 and don't hit the snooze. Too many busy parents are dehydrated, which can lead to weight gain. Believe it or not, our brain sometimes tricks us into thinking we're hungry, when we're actually thirsty. How many ounces should we drink a day? A good rule of thumb is our body weight divided by two. For example, a person who weighs 120 pounds should drink 60 ounces of water a day. Parents know all too well the pre-kid days of spending an hour a day at the gym are long gone. But with a little creativity, you can work-out while getting more family time. Family walks, especially for dog owners, can be a daily or even twice-daily routine. Mark straps on a weighted vest to make his walks a bit more challenging. Even time in front of the screen doubles as core strength training if you sit on a stability balls instead of a chair. Finally, letting go of those little annoyances that accompany parenthood goes a long way towards losing weight. The Macdonalds say following their prescribed guidelines will help shed the pounds and create new, sustainable habits that keep it from coming back.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	700 Club CBN NewsWatch #12272016	1:00:00	5:00	REC	PA/0/E	12/27/2016	2:00PM

CBN News Reporter Lorie Johnson Reports: Our bodies use oxygen in a number of ways, including healing. Breathing alone provides about 20 percent of the oxygen our bodies need. But today, doctors can ramp up that amount to help people recover from the most debilitating injuries and illnesses with hyperbaric oxygen therapy. It's hard to believe Michael "Bean" Black survived his horrific car crash in 2011. He was thrown 40 feet from the vehicle and landed on his head. Black's grandmother, Mary Orr, said even the doctors had given up hope. When Black arrived home to Dallas he still suffered from severe injuries, including brain damage. But his condition improved after he started receiving hyperbaric oxygen therapy. Hyperbaric oxygen therapy involves breathing 100 percent pure oxygen inside a pressurized chamber for about an hour to 90 minutes per session. Dr. Alfred Johnson directs the Hyperbaric Centers of Texas in Richardson. Black said the therapy made a big difference. After the first 40 treatments, Black went back for 40 more a few months later. Costs vary depending on the provider from as little as \$100 an hour on up. Insurance and Medicare sometimes offer coverage, depending on the condition being treated. Insurance companies can reimburse for hyperbaric oxygen therapy for the treatment of traumatic brain injuries, like Black's. Dallas businessman John Derrick said the therapy is easy and has helped him sharpen his focus. Consumers can purchase or rent portable hyperbaric oxygen chambers, but they typically deliver far less oxygen and pressure than industrial-grade ones. Conditions treated with Hyperbaric Oxygen Therapy include: Autism, Burns, Cerebral Palsy, Chronic Fatigue Syndrome, Closed Head Injury, Fibromyalgia, Migraine Headaches, Multiple Sclerosis, Near Drowning, Parkinson's Syndrome, Post Traumatic Stress Disorder, Reflex Sympathetic Dystrophy, Rheumatoid Arthritis, Sports Injury, Stroke, and Traumatic Brain Injury. Johnson said stroke patients can have improved quality of life. He said he's witnessed progress for people with autism, as well. Hyperbaric oxygen therapy may not be for everyone. But today, Michael Black is in far better shape than he or his family ever dreamed possible since his near-fatal car accident. They believe this therapy has a lot to do with his recovery, so they plan to stick with it and hopefully see even more improvement.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	700 Club CBN NewsWatch #12292016	1:00:00	5:00	REC	PA/0/E	12/29/2016	2:00PM

CBN News Reporter Lorie Johnson Reports: Cancer is a word no one wants to hear. Yet statistics show half of all men and a third of all women will receive the bad news. Churches should be a sanctuary for support. However, in many cases, people suffer in silence as they cope with their illness. Now the Cancer Treatment Centers of America is offering a free program to break down the wall of silence. After years of counseling cancer patients, Rev. Percy McCray knows they bear a burden unlike people fighting other illnesses. Thanks to his training, McCray knows the importance of encouragement. One conversation helped him realize others need to learn these skills, too. McCray said typically, churches deal with issues like addiction and marital problems very effectively. But it can fall short when it comes to meeting the needs of parishioners who are struggling with healthcare issues, particularly cancer. To bridge this gap, McCray and his associates at the Cancer Treatment Centers of America elected to offer complimentary cancer ministry training to representatives of churches across the country so they can better meet the needs of their brothers and sisters with cancer. It's called Our Journey of Hope. Cancer Treatment Centers of America offers free training for two people from a church who use what they learn to raise up cancer ministries in their home congregations. Participants learn the basics of the disease and treatments in order to focus on what it's like for the patient. An added incentive for a church is that the training is free of charge. That includes the two-day seminar, food, lodging, and materials. LaWanda Long attended the seminar years ago and now passes on what she learned to volunteers at Atlanta's Enon Baptist Church. Long teaches the volunteers one night a week for eight weeks. At that time they are ready to take on a cancer patient who has come forward requesting assistance. She said the extensive training ensured the patients will be cared for responsibly. She said so far the cancer ministry at Enon is a success. Lisa McDermott attends Enon. She remembers suffering through nearly five months of chemotherapy for breast cancer. She asked the cancer ministry to help her with daily needs. McDermott dealt with one main point person who recruited others to pitch in. The cancer ministry made such an impression that McDermott wanted to get the training. As Nefertiti Dixon's mother fought ovarian and colon cancer, the ministry stepped in. Although her mother lost her fight, the cancer ministry made those final days easier. They also helped Dixon with things like meals, which lifted a burden. As a working mom with two children, she became overwhelmed with the pressure of caring for her sick mother. So while cancer will likely continue to strike far too many, churches now can choose to help those within their midst who are dealing with the disease.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #823	30:00	14:15	L	PA/0	10/03/2016 10/04/2016 10/08/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Daniel Roby. We've had a great past couple of years as we try to expand our programs. It's impossible to overstate the important impact the community of churches at Austin Street Center makes. It would cost ASC over a million dollars on our own if we provided those meals on our own. We see the churches start with a prayer every single night. To see the solemnness of a room of 400 people that are there just trying to make it to tomorrow, is tremendously impactful. At ASC they're actually interacting and ministering to the people that they're there to serve. So our volunteers don't have that separation of doing something for others who they don't get to interact with. Practical needs - we do every shape and size of projects. We have over 400 cots to clean, and we're dependent on the community for the clothes we give them. We do service projects, mentors, etc. The biggest need is men's casual clothing. We accept all kinds of clothing donations. We don't typically deal with furniture, but the need for clothes is endless. They're not clothes that are re-sold. They're just clothes we've been given that we give to them. It's important to provide all of these things in the shelter. Sometimes things outside of shelters can cause a lot of trash, etc. that can be challenging for a neighborhood. Just like you and me, there are no two people who are alike. Everyone has a story. I talk a lot about relational poverty. Mother Theresa quote: "It's not just houselessness, it's unwantedness." Of the 1000 that came to us last year, over 400 of them were physically sick as well.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #826	30:00	14:15	L	PA/0	10/24/2016 10/25/2016 10/29/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Ty Choice. We're talking about substance abuse today and how that can often lead to homelessness. How The House of Nehemiah came to be, it was founded in the early 90's in New Orleans. Senior Lewis Orrel's son had struggled with addiction and he founded the program for his son. Fast-forward a few years, Hurricane Katrina hit New Orleans, and they moved the organization to Dallas. So he founded it in the middle of South Dallas, just started the ministry up. And I'm very grateful because that same year, I found The Men of Nehemiah. It's very unique and has been the only thing that's been effective for my life. 20 years of addiction, 4 trips to prison, 12 rehab programs. But by the power of God, I am free today. This place, The Men of Nehemiah, is where my life changed. I almost consider addiction a modern form of leprosy. No one really wants to be around them, people don't want to live with them, etc. But I'm so grateful that I had a praying grandmother, a praying mother, who loved me and kept praying for me. It's the biggest thing ever to hear that you have hope. No matter what you've done in the past, God still loves you. And He wants to use your past as a banner to show others what He can do. Rebelliousness is as a witchcraft. So when you rebel, there are all kinds of attacks that happen. I did not want to continue that lifestyle, but I was trapped. I knew there was something else out there, but I didn't know how to take the Word of God and make it applicable. The Men of Nehemiah focuses a lot on application. We're giving them structure. We're a residential, nine-month, faith-based ministry. You're coming from lack of structure and stability, and you're coming to a safe place. You have this military component and you learn to be respectful. First thing is keep your head up, respect your brother, we exercise, and we have a drill sergeant. And I think most men want that. They want discipline. They just don't know how to get it and/or were getting it from the wrong angle. They're marching through those same streets they used to use. And their brothers are seeing them and saying if they can do it, I can do it. We have after-care, job-training classes, and worship classes on Sunday. After a person leaves the program, we encourage them to stay connected, stay involved. It's a calling on your life, and a reason a man struggles is because of the calling on his life. The program takes 9 months, because you didn't just become addicted in 2 weeks. If something has been affecting your life for a long period of time and has become a struggle, it's not a quick fix. I know we'd like to think it's like magic, but it's a daily work.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #827	30:00	14:15	L	PA/0	10/31/2016 11/01/2016 11/05/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Harvor Davis. In 2015, I became the church manager of the SoupMobile. The church was built in November 1, 2015 and says you and I are the guests, the homeless are the members. The SoupMobile has been around since 2003. The mission of the SoupMobile -- at first we did 5,000 meals a year, but now we do over 200,000 meals a year. We have no time limit. If they come, they get fed. Sometimes they'll walk up to the line with a frown on their face but when they leave they have a smile. It doesn't matter how much time they're there or how long it takes, when you get that smile, it's worth it. Most of our food comes from donations. And, we also have a wonderful chef who gets up and prepares the meals. Once he prepares the meal, we carry it out and feed it to the people. We have a designated spot where we normally go. Once they hear that rockin' music coming around the corner, they say here he comes! One day I was looking at this man who was out there hugging and feeding people and they were smiling. I always think that God has a purpose for everybody, and so with me right then on that spot, I think that was my calling. So I walked up to him, he gave me the opportunity, and I've been there ever since. Witnessing the love the SoupMobile gives is incredible. We have a housing program where we take men and women off the street and give them a place to lay their head. People always need somebody that's not a hand-out, but a hand-up. It's more than just a meal, it's a new way of seeing themselves and a new way of life. This one particular fellow came up to the line and I told him to come over -- it's free, come over and get something to eat. He said all he needs is a little bite to eat and that would be like Christmas in August. I said to come over and I'm going to fill your bag up! A lot of the volunteers come walking up to us, or they find us online and just want to help. In this world, there's a whole lot of caring people who want to help you. As a man of faith, I will bless the people I come into contact with just by having open arms. I don't care if I stay 24 hours, I won't go until most people are fed. I can't get all of the people in the city, but I'll get whoever I can. I have to go back to my mentor; his name is Timothy. I watch him work and he's a man of very good faith. Any man that can stand there among 300 people and hug every one of them, that's God right there. During the holidays, we take 500 men and women and children and put them at the Omni Hotel and they get a banquet -- to see the kids, women, men smile, is amazing! Their greatest need is to feel hope again. I'm blessed, because God gave me this calling and it's a beautiful calling.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #828	30:00	14:15	L	PA/0	11/07/2016	5:30PM
						11/08/2016	4:00AM
						11/12/2016	2:30PM

Our host Cheri Duckworth introduces our guest today, Wayne Walker. We're talking about discipleship for the homeless. This is what the homeless face on a day-to-day basis -- you see someone who has a cup or a physical need. His needs are way beyond what you can fit in your hand, cup, car, etc. Our focus is personal relationships and discipleships. We go to over 1,200 locations to approach them with the message of the Gospel. We have classes every day, and a 1-on-1 mentoring program. That person is somebody's daughter, son or loved one -- how can we look at them with anything but the eyes of Christ? Sometimes the whole family may be just as dysfunctional as the guy on the street, and we get an opportunity to speak into that. Our primary focus is on the unsheltered homeless -- 15,000 experience that in Dallas. Right now we're tracking details on 8,500 people. We use an app to track that. Our goal is "how can we help them make a step closer to Christ?" We have over 670 classes per year. We're the church for the homeless that can serve every single day. We are a small team of staff members (10 people), but we fill over 5,000 volunteer positions a year. The volunteer can be a mom with her kids, a man who wants to serve, etc. Sometimes when you give a homeless person resources, it hurts them more than helps them. It enables them to stay on the streets. We could not do what we do without faithful servants who come in every week. They're doing one-on-one mentoring. More than anything, a homeless person needs a friend somewhere on the planet -- they want someone that knows them! The first thing we've created is a little booklet. We're the recruitment arm for the city. Even for secular folks, we provide Bible study. We have a team that are in our discipleship program.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #834	30:00	14:15	L	PA/0	12/26/2016	5:30PM
						12/27/2016	4:00AM
						12/31/2016	2:30PM

Our host Cheri Duckworth introduces our guest today, Eldred Sawyer. CareCenter Ministries is celebrating our 30th year! We have a community center, gymnasium, programs for children, camps in the summertime, and a food pantry that we feed about 20,000 year-round. Tomorrow we have a Thanksgiving lunch. What is the source of the surrounding issues when you're looking at an impoverished area? I was abandoned by my dad at age 2, and was left with my pain-pill-addict mom. I used drugs and alcohol at age 12, used intravenous drugs at 15, then became a heroin addict. What changed my life was the power of the Gospel. Now I'm 30 years in, and I have a ministry God that has graciously allowed me to oversee. Jesus said He'd make us fishers of men. I'll use Ezekiel 16 for example. We have a local church element. Even our drug and alcohol centers are not treatment centers, they're discipleship programs. The inner need people are trying to fill so many times is the purpose of God. There's a special grace and understanding there since you've been there personally. The root of the problem is sin and the answer to the problem is Christ. The issues of the "isms," racism, sexism, etc. are very real issues. But I think the real issue is sin. Many times the church responds in a negative way to the poor. Those things can hinder us from being effective. It goes back to the issue of discipleship. We have to break mindsets. The first thing I would say, as a churchgoer, is I appreciate your efforts and heart, but we can do things better. Not as just meeting human needs. We have to go beyond that and understand that the Gospel transforms lives and we have a Commission. It's not enough to just give material needs. People have an entitlement mentality. We need to have things in place where we can begin to usher people in and not feed the entitlement mentality but we love you enough to break those things off and get you to a place where you can have dignity. Many times the church has embraced the government's model of helping the poor. It's easy to go and give something to someone. It's easy to connect with them that way. It's harder to go beyond that and connect with them in a way where we can begin to disciple them and walk with them and have their relationships change. With the political correctness that we've been facing as the church, we have to be bold about it. I'm not ashamed of the gospel for it is the power of Christ. We have everything from after-school programs all the way up to helping the elderly. We go beyond feeding them. We mow their yards, we get people involved in residential programs and serving their community.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #837	30:00	14:15	L	PA/0	12/10/2016 12/12/2016 12/13/2016 12/24/2016	1:00PM 5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Susie Y. Jennings. (Operation Care Christmas Roll-In.) Christmas is a sad day for the homeless community unless we get out and help them. That's why this birthday party for Jesus was created. The Bible says he who is kind to the poor lends to the Lord. What are they experiencing in the month of December? Loneliness. The homeless children, what does Christmas look like for them? Well they're hoping that they will have something on Christmas day, and if we will not give it to them they probably will not have it. When they saw me coming with gifts, they cried. You're like Santa for a lot of these children, who would not experience this without you. As a parent, the idea of not being able to provide for my child, that just hurts my heart. They look forward to this event every year because they know we will be there, rain or shine. And we deal with the spiritual issue. We provide prayer and evangelism, food, foot washing. The homeless could not believe that somebody would touch their feet. They have the dirtiest, smelliest feet. And that's our sin, we have the dirtiest sin but God still washes it. Dallas is the number 1 place in the country with homeless children. We are now partnering with churches in the area as well, in 10 zip codes. We have 3,000 children pre-registered in addition to the ones we had last year. So in total, we are expecting about 25,000 or more people this year. We have a bus to help children get there. That's a new initiative. We're inviting firemen and policemen to provide information about safety.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Housing	Joy in Our Town #829	30:00	14:15	L	PA/0	11/14/2016 11/15/2016	5:30PM 4:00AM

Our host Cheri Duckworth introduces our guest today, Tosha Herron-Bruff. We say Habitat for Humanity and people's ears perk up. This says that you've done really great work in order for people to know you and have a positive feeling when they know you. I don't think we're going anywhere. We've been around for 40 years, and our affiliate in Dallas is celebrating our 30th anniversary this year. And in that time, 1,600 families have realized homeownership because of our work in Dallas. For those families, it can mean many things. It can provide stability for their families. Habitat for Humanity is a Christian organization, and what we do is bring families closer to homeownership. Maybe it's their credit score or maybe they don't earn enough income that keeps them from having it, but it's our mission to help them gain it. We look at it holistically. How can we affect the whole neighborhood? We educate our families. They're not just given a home -- we teach them how to manage their finances. It's very daunting, especially if you've never owned a home before. A family begins with orientation. A family can be a family of one. One of the misconceptions is you have to have kids or a spouse, but no. A family can be a single person that wants to buy a home. We're transparent about what you have to do if you want to start this process. We sweat equity hours. We actually sweat into building their home, the hours of learning the finances, conflict resolution, etc. Until you purchase your home, you will realize what that investment means, including working out problems in your neighborhood, etc. We're open to the public. One of the misconceptions is that you have to be homeless to get help from us. Anyone can come in and take financial classes. Affordable homeownership is a goal for so many families and we want to provide that. You see a transformation, and some of the ones that are the greatest are the ones that have kids. We do a dedication in front of the house and we celebrate that home and that family, and it's really impacting to have that moment. They're given a Bible. We have a post-purchase department that supports that family for 30 years. We help you engage in that community and empower those families to really make a connection with that community. Now that you're an owner, you have to take that responsibility in your neighborhood/community. What I say to them is that God designed for us to be prosperous, to live in a way that He would be pleased. He wants families to improve home ownership and quality of life. Don't look at what's happening now, look at what can be. Just because you're paying something astronomical in rent doesn't make it right. In Dallas, 41.4% is our home ownership rate. People need encouragement to know that there is an organization that is going to stand with them and behind them.

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Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Public Safety	Joy in Our Town #830	30:00	14:15	L	PA/0	11/21/2016	5:30PM
						11/22/2016	4:00AM
						11/26/2016	2:30PM
						12/03/2016	1:00PM

Our host Cheri Duckworth introduces our guest today, Jeff McKissack. Today we're going to be talking about workplace safety and security. It's unfortunate that sometimes people are afraid to walk in the parking lot of their own workplace. I'm all for cameras, guard security, etc., but at the end of the day our personal safety is our personal responsibility. We need to be our brother's and co-worker's keeper. There are certain simple things we can do to be our brother/sister's keeper if we're just a bit more vigilant. OSHA really specifies something that if you have salaried employees, you are legally responsible for their safety. If you have employees who work outside of the workplace, you are responsible for their safety since you sent them out there -- if they're on your time, they're on your dime. Unless you serve in the military, no one has talked to you about your personal safety since 6th grade. It's not always going to be addressed. No one's really having that conversation with their employees. The American Society of Industrial Security (ASIS) says that you don't want something unsafe on your site any more than you do an active shooter. For example: a bitter ex-spouse comes to your workplace. When you put your head in the sand, you present a very appealing target to your enemy. Alarms, cameras, card access control, can all help keep employees safe. The biggest thing is to educate your people. Hiring security can be good, but educating everyone in the building to BE security is great and you're doing double-duty. Any time you get comfortable in a place, that's when you need to realize you're getting too comfortable in a place. Where you're most comfortable you're most vulnerable. Employees, when you have to leave the confines of your offices, stay off your phone when you're out in public places. When you're going between your car and a building, you need to be aware of your surroundings. There is corruption and sin, and not only from career criminals. You may end up being someone just at the wrong place at the wrong time. You could run into someone who's just caught in an irrational moment, etc. You're representing your faith with the way you react to things -- representing your employer in the workplace, but also your faith in general. (Gives an example from Proverbs). Normally rational people caught up in an irrational moment in the workplace can happen. Self-control is the big one when it comes to personal safety. Self-control speaks to the ego and there is nothing more fragile on the planet than the human ego. We have an extra responsibility to walk some of these things out.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #829	30:00	14:15	L	PA/0	11/14/2016	5:30PM
						11/15/2016	4:00AM

Our host Cheri Duckworth introduces our guest today, Kathy Williams. Seniors need more in their community. I was raised in that community. I told God someone needs to do something about this community and He said, "You do it." When I started telling people what God said, He just opened up many doors. God provided, and I got grants from the city of Dallas and people willing to volunteer. It's a low economic area that we help. I had a service one time going to pick them up. Even at the food bank, they have service at the rec center. Some of the services we provide -- we have a help form, a food pantry, for whatever service that they need at that particular time, we try to get information/resources that maybe they don't have at home. A lot of seniors are at home by themselves so they bring ideas and activities that they want to do. And we thank God that we are able to provide that for them. Sometimes they donate something. It gives them an opportunity to give back, even when they might not have that much. We let them know how much that they are appreciated. They start to tell others about us because they want to see the center grow. We have field trips where we go out to different places where they haven't always been able to go. Our seniors are sometimes the providers for their grandchildren. Kids can be at the rec center for free. We even have a room where we have games and activities for the children. We have a food pantry where they can get food that will help provide for their family, even for the grandkids. God blessed us to be able to be a blessing to them. We don't stop at just the seniors. We try to target whoever is in need at that particular time. Even at the end of the day, if someone meets us at the door, we turn around and go back in and fix them a care bag or whatever. We target people, touching one life at a time. People need to know that there's help and that somebody cares -- we can reach out. They need hope. It's a senior center, but we're not reaching just the seniors. You think senior center, and you think something in particular, but you're providing even more than just something for them to be social. You're providing something for people to have other needs met as well. What we do have are inspirational speakers. We want to give our seniors inspiration and target them just where they are. They speak to them because God is so prevalent in our center. We have people come in not feeling well and we allow our inspirational speakers to pray for them. We all need those needs met. I started out younger, and as I've grown, I realized I've become one of the seniors that I'm serving. But God is constantly renewing me! We have volunteers, we have people that have seen the need, and with that they partner with me. It's not so much the grants, it's all about the people that see what we've been doing.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Seniors	Joy in Our Town #837	30:00	14:15	L	PA/0	12/10/2016 12/12/2016 12/13/2016 12/24/2016	1:00PM 5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Lenora Kelson. We see a wide range of ages, from teens to senior citizens. A lot of what we see is they're not being able to access their bathroom. Simple things we take for granted everyday are things they need assistance with. What we've seen is that they can't do things as readily and easily without assistance. A lot of them can't do it well even with assistance. Being able to go into a public restroom, a person in a wheelchair may not be able to get through the door, push the door open enough to get through, etc. But a person that uses a walker/wheelchair, they have to constantly face the things we don't ever think about until maybe you sprain your ankle. Cheri gives a good example of reading a Helen Keller book in school and their teacher had them mimic some of those disabilities to better understand what she had to deal with. It makes them feel marginalized, ignored, or it makes them withdraw from society. A lot of times they tend to do just the bare necessities, just what's required of them. Being considerate of that person when you're around them, and how you personally interact with them, is something you need to be consciously aware of. After all, they are people first, and they want to be seen that way. They're regular people just like us who just might have some limitations. Here are some really good lessons, especially with young people, when you're out and about -- if you see someone and they happen to be pointing, pose the question. How would you feel if that were you and someone were staring at you? Take the time to put them in that place and consciously remind ourselves that it could be us. Go to events in the community that are held for people with disabilities. It gives you more awareness of what they deal with on a day-to-day basis. Think about a person that has arthritis, which is very normal/common. When you get up in the morning, you can just spring up and pop up out of bed. But for a person with arthritis, in the winter their joints are stiffening up and certain things are harder for them. As a community, how can we be more sensitive? I think it comes down to being a better neighbor. Be always about showing that love, not just on Sundays or Saturdays when you're preparing for Sunday morning service. How do we make sure that they maintain that faith walk? We make sure they know that their condition does not define them. And even in it, God has a plan and a purpose for you to fulfill on this earth. You have a purpose, and there is something He wants you to do. Look beyond your limitations. Pray and trust God to use you because all of us are here for a purpose.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Substance Abuse	Joy in Our Town #825	30:00	14:15	L	PA/0	10/15/2016 10/17/2016 10/18/2016 10/22/2016	2:30PM 5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guests today, Majors Paul and Dawn McFarland. We met at our college in Atlanta as singles, and we had to sit next to each other in chapel alphabetically. In The Salvation Army, both the husband and wife are ordained and do their ministry as a team. The Salvation Army is a church, began in London, England in the 1860's. One of the unique things is our desire to meet social needs as well as the physical. What he began as a very mission-minded work became the Salvation Army. What a challenge to us as believers, and then when you start talking about the ARC, you see more of these problems. This is our fourth center here in Dallas, it's for men who've lost their way in life. It's the planting of the seeds. We have to be faithful stewards of His love and His grace. It can be days where we're disappointed, but it's so rewarding because we see miracles every day. Where there's violence, lack of education, and it surrounds you, it's very difficult to not have that become a part of your life. Most of the people that struggle with substance abuse, even if they don't realize it, they are self-medicating. When you address both issues in an integrated fashion, the mental health and the spiritual health, you have a much higher chance of success. We also utilize AA, which is a spiritual rehabilitation program, addressing their need spiritually and we also teach them the nature of the disease of addiction. Usually the last is the spiritual change. The physical ones come first and then the spiritual ones come, and it's really amazing. A lot of the people who have these issues of addiction have mental health issues and they've been self-medicating. You're having to undo years of physical and mental thinking. Ours is a free program, it doesn't cost the individual anything when they enter our program. Most of the people who enter our program have 20-30 years of abuse issues. It's very ingrained and takes a long time to unlearn. Generally a rule of thumb is 1 month for every year of use. It's the daily renewing of the mind. We are constantly working new principles into their lives.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Substance Abuse	700 Club CBN NewsWatch #10202016	1:00:00	5:00	REC	PA/0/E	10/20/2016	2:00PM

CBN News Reporter Caitlin Burke Reports: Alcoholism remains a leading cause of death in the United States. But even with all the research poured into the problem, it's a condition that's often misunderstood. When someone consistently drinks large amounts of alcohol it injures the brain, specifically the limbic system, or the brain's control center. When alcohol is consumed, it enters the blood stream and goes to this control center where it releases dopamine. While that chemical can make you feel good, it can also injure the brain as more of it is released overtime. The alcohol essentially causes the brain's control center to short circuit, overwhelming how you think, feel, and manage your emotions. Another misunderstood fact about alcoholism: females can become addicted more easily than their male counterparts. When a female drinks, her body absorbs 50 percent more alcohol per drink than a male. Because of this, Urschel says female alcoholics face more medical problems. This becomes even more of a concern as alcohol beverage companies spend millions appealing to women through television ads and social media. Hanna Fobare, 24, believed all the hype and turned to drugs and alcohol when the pressure to perform in college athletics got to be too much. As Fobare embraced her new lifestyle--the friends, parties and boys--the addiction quickly took over. When she started failing classes, Fobare realized she couldn't lie to her family any longer. Her parents stepped in and sent her to Enterhealth. There she received a dual diagnosis—as is common with many alcoholics. Fobare is now one year sober, but it hasn't been easy. Her first attempt led to a relapse, detox and time in a state-funded rehab facility. Both she and Urschel stress that the hardest thing for a recovering addict to understand is the need for constant maintenance. While the alcohol damage never goes away, Urschel says the brain contains an amazing ability to reboot and heal. With the right treatment, there's a 85 to 90 percent chance the brain will go back to its normal state.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Unemployment	Joy in Our Town #826	30:00	14:15	L	PA/0	10/24/2016 10/25/2016 10/29/2016	5:30PM 4:00AM 2:30PM

Our host Cheri Duckworth introduces our guest today, Michelle DeGrate. CCA is a non-profit that's been in Denton County for about 30 years now. We take a comprehensive approach to address all of the issues families could face with unemployment. We talk about financial things, educational things, vocational things and the difference between the underemployed and the unemployed. When you're living in certain parts of some counties, cost of living can be higher. Those working families just can't make enough, whether its lack of education or access to jobs. They are the working poor, who are living check-to-check. So often, the biggest obstacle is just asking for help. You're restricted with taking care of your children or spouse. The struggle of how do you even get off to access the education that you want. Often times people know what it is that they need, but they don't have the bandwidth to do it all. The obstacles of childcare are a real thing. Who would watch the child while the mother pursued employment, etc. We meet their immediate needs of food, rent, housing, utility. Additionally we have a chaplain on site, as well as Christian counseling. We help them to navigate through to the path of self-sufficiency. It's an ongoing partnership until we can get them to that restorative outcome. Once they determine that goal, the things that connect them to employment are the soft skills. How do you present yourself in interviews, how do you present a resume, how do you navigate this new system of employment hunt where you're looking online for applications. When you're looking online and you see the resume, try to put your wording in the same verbiage and keywords. The job market is different because of access. So often you're competing with people that they haven't seen. Often it's really a matter of how do you set yourself apart when there are so many people competing for the same job. One way is to use those trigger words on your resume -- it's about presenting professionally. It's always going to be first impressions, it's not about high-dollar clothes, but getting something that you feel really confident in. because if you feel confident, you will present yourself confidently. Thank yous are so important. If you're ever asked if you have any questions, never say no. always have something to say. It shows you have a buy-in and you're invested in it. Research the company you're applying with before the interview.