

Trinity Broadcasting of Texas, Inc.

Quarterly Report

October, November, December 2021

KDTX-TV

Dallas, Texas

Ascertainment List
Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from KDTX viewers, printed media comprising newspaper and magazine publications whenever possible.

Civic
Crime
Economy
Education
Family
Health/Mental Health
Transportation

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

December 31, 2021

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Abraham Accords with David Friedman Episode One	52:00	52:00	REC	PA/O/E	11/05/2021	7:00 PM
					11/05/2021	8:00 PM
					11/05/2021	9:00 PM
					11/05/2021	10:00 PM
					11/07/2021	2:00 AM
					11/08/2021	4:00 PM
					11/12/2021	2:00 AM

Tonight on Abraham Accords with David Friedman in Episode One: Descendants of Abraham, guests include Avi Borkowitz, Former Assistant to the President and Special Representative for International Negotiations; Jared Kushner, Former Senior Advisor to the President of the United States; Aryeh Lightstone, Former Chief of Staff to US Ambassador to Israel David Friedman; Nikki Haley, Former US Ambassador to the United Nations; Ron Dermer, Former Israel Ambassador to the United States; Mike Pompeo, Former United States Secretary of State; Donald Trump, 45th President of the United States; Mike Pence, 48th Vice President of the United States; Benjamin Netanyahu, Former Prime Minister of Israel & Leader of the Opposition in Israel. They discuss President Trump's goal to bring together the Abrahamic Faiths to eliminate divisions and how the move of the US Embassy to Jerusalem was implemented, the opposition and risks involved; and the opportunities it presents to the middle east.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Abraham Accords with David Friedman Episode Two	51:05	51:05	REC	PA/O/E	12/03/2021	7:00 PM
					12/03/2021	8:00 PM
					12/03/2021	9:00 PM
					12/03/2021	10:00 PM
					12/05/2021	2:00 AM
					12/06/2021	4:00 PM
					12/10/2021	2:00 AM

Tonight on Abraham Accords with David Friedman in Episode Two: Light at the End of the Tunnel, guests include Robert Greenway, Former Senior Director of the NSC's Middle Eastern and North African Affairs; Ron Dermer, Former Israel Ambassador to the United States; Nikki Haley, Former US Ambassador to the United Nations; Mike Pompeo, Former United States Secretary of State; Steven Mnuchin, Former United States Secretary of the Treasury; Michal Cotler-Wunsh, Member of the Knesset 2020-2021; Donald Trump, 45th President of the United States; Benjamin Netanyahu, Former Prime Minister of Israel & Leader of the Opposition in Israel; Mike Pompeo, Former United States Secretary of State; Abdullatif Bin Rashid Al Zayani, Minister of Foreign Affairs of Bahrain; Jared Kushner, Former Senior Advisor to the President of the United States; and Avi Borkowitz, Former Assistant to the President and Special Representative for International Negotiations. They discuss the diplomatic efforts to a path to peace, which would become the Abraham Accords, with a hope to strengthen a group of trusted allies who would stand not only with the United States but also with Israel when it came to resisting terrorism and enhancing regional stability.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #624	25:22	25:22	REC	PA/O/E	10/6/2021	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Senior Counsel of ACLJ; Andy Ekonomou, ACLJ Senior Counsel; CeCe Heil, ACLJ Senior Counsel; Harry Hutchison, Director of Policy of ACLJ; and Wes Smith, Senior Military Analyst of ACLJ; discuss the Texas abortion law and the ACLJ appointed as Special Deputy Attorney General for the State of South Dakota's abortion case.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #625	25:27	25:27	REC	PA/O/E	10/13/2021	12:00 AM

Today on Jay Sekulow Live, Jay Sekulow, Senior Counsel of ACLJ; Andy Ekonomou, ACLJ Senior Counsel; Logan Sekulow, Director of Media of ACLJ; Harry Hutchison, Director of Policy of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; discuss breaking news that the international criminal court goes after the Taliban and sidelines the investigation of the United States that the ACLJ was involved in concerning Afghanistan.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #626	26:33	26:33	REC	PA/O/E	10/20/2021	12:00 AM

Today on Jay Sekulow Live, Jay Sekulow, Chief Counsel of ACLJ; Logan Sekulow, Director of Media of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; Harry Hutchison, Director of Policy of ACLJ; and Ric Grenell, Senior Advisor for National Security and Foreign Policy of ACLJ; discuss President Biden's consideration to use Russian military bases for counter terrorism attacks in Afghanistan.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It #309	24:32	24:32	REC	PA/O/E	10/23/2021	8:00 PM
					10/23/2021	11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe goes to Fort Bragg, North Carolina where he joins Sergeant 1st Class Noah watts, Sergeant 1st Class Greg Windmiller, Staff Sergeant Richard Sloan, and Sergeant 1st Class Laura Dickmeyer, with the U.S. Army's Golden Knights, the most elite parachute team in the world, to learn about skydiving.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #627	26:30	26:30	REC	PA/O/E	10/27/2021	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; Andy Ekonomou, ACLJ Senior Counsel; Harry Hutchison, Director of Policy of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; discuss the continued IRS targeting of conservative and Christian groups.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Civic</i> Praise #110221	56:45	56:45	REC	PA/O/E	11/02/2021	7:00 PM
					11/02/2021	10:00 PM
					11/03/2021	4:00 PM
					11/05/2021	2:00 AM
					11/10/2021	2:00 AM

Tonight on Praise: Matt and Laurie Crouch present a preview of the Abraham Accords documentary series. David Friedman, Former United States Ambassador to Israel and Host and Executive Producer of TBN's Abraham Accords, talks about the history of the Abrahamic faiths, the history of the middle east, the risks involved in establishing the Abraham Accords and the miracle and significance of what it accomplished. David also shares how the collaboration with Matt and Laurie began on the production of the Abraham Accords documentary series.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Civic</i> Jay Sekulow Live #628	24:20	24:20	REC	PA/O/E	11/3/2021	12:00 AM

Today on Jay Sekulow Live, Jay Sekulow, Chief Counsel of ACLJ; CeCe Heil, Senior Counsel of ACLJ; Andy Ekonomou, ACLJ Senior Counsel; Harry Hutchison, Director of Policy of ACLJ; Logan Sekulow, Director of Media of ACLJ; and Thann Bennett, Director of Government Affairs of ACLJ; discuss the Texas Heartbeat Bill back at the Supreme Court.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Civic</i> The Eric Metaxas Show #110	23:44	9:00	REC	PA/O/E	11/5/2021 11/7/2021	5:00 PM 9:00 PM

Today on The Eric Metaxas Radio Show, David Friedman, Former United States Ambassador to Israel, talks about President's Trumps success and their roles in establishing the Abraham Accords and its significance.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Civic</i> Huckabee #214	50:30	5:00	REC	PA/O/E	11/6/2021 11/6/2021 11/7/2021	7:00 PM 10:00 PM 8:00 PM

Tonight on Huckabee: David Friedman, Former U.S. Ambassador to Israel, and Host of the documentary "Abraham Accords" airing on TBN, talks about the documentary, the making of the Abraham Accords and the facts behind this historic peace treaty.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Civic

Jay Sekulow Live #629	25:53	25:53	REC	PA/O/E	11/10/2021	12:00 AM
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Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; Harry Hutchison, Director of Policy of ACLJ; Client, Allen Perdue, Pastor of Alive Church; Wes Smith, Senior Military Analyst of ACLJ; and Thann Bennett, Director of Government Affairs of ACLJ; discuss the filing of a lawsuit in the eastern district of Virginia against Prince William County on behalf of Alive Church which was told if they want to utilize their property to gather, they must obtain an ABC (liquor) license which is subject to tax and a licensing fee when a church is not subject to tax.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Civic

Jay Sekulow Live #630	26:19	26:19	REC	PA/O/E	11/17/2021	12:00 AM
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Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; presents highlights of the documentary "Targeting Us" as an important reminder of the kind of work the ACLJ successfully accomplished representing Tea Party cases, taking on the IRS and beating the IRS.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Civic

Jay Sekulow Live #631	24:59	24:59	REC	PA/O/E	11/24/2021	12:00 AM
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Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; Harry Hutchison, Director of Policy of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; discuss the main source of the phony Trump dossier a Russian national arrested by the DOJ.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Civic

Jay Sekulow Live #632	24:44	24:44	REC	PA/O/E	11/31/2021	12:00 AM
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Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; Harry Hutchison, Director of Policy of ACLJ; discuss the democrats next move to double the size in power of the IRS.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Civic

Jay Sekulow Live #633	26:21	26:21	REC	PA/O/E	12/8/2021	12:00 AM
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Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Senior Counsel of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; Ric Grenell, Senior Advisor for National Security and Foreign Policy of ACLJ; discuss the resurrection of ISIS.

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Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #634	26:10	26:10	REC	PA/O/E	12/15/2021	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; Harry Hutchison, Director of Policy of ACLJ; Thann Bennett, Director of Government Affairs of ACLJ; discuss the American Center for Law & Justice suing the Biden administration over the employer mandate on behalf of the Heritage Foundation.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #635	24:01	24:01	REC	PA/O/E	12/22/2021	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; CeCe Heil, ACLJ Senior Counsel; Thann Bennett, Director of Government Affairs of ACLJ; Harry Hutchison, Director of Policy of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; discuss whether or not the Supreme Court will overturn Roe vs Wade and analyze the oral arguments in the Dobbs case.

Civic

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #636	25:08	25:08	REC	PA/O/E	12/29/2021	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ; Jay Sekulow, Chief Counsel of ACLJ; CeCe Heil, ACLJ Senior Counsel; Harry Hutchison, Director of Policy of ACLJ; Wes Smith, Senior Military Analyst of ACLJ; discuss if the Supreme Court will overturn Roe Vs Wade and analyze the oral argument.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Impact of TBN #1	25:59	25:59	REC	PA/O/E	10/02/2021	12:30 AM
					10/05/2021	1:00 AM
					10/09/2021	4:00 AM
					10/11/2021	1:30 AM
					10/23/2021	2:00 PM
					10/29/2021	3:00 AM
					11/01/2021	1:30 AM

The Impact of TBN: Taking the great commission literally, since 1973 TBN has gone from the neighborhoods of Los Angeles to the homes, hotel rooms, hospitals, and prisons across the globe, through on the ground ministry, to the latest in smart technology, becoming a new church reaching those bound by sickness, persecution, confinement, and fear. In 2020, seemingly, one virus, COVID-19, shut down our entire world. Everything about normal changed as we began isolating and social distancing. We had to do life differently, from how we work and study to how we socialize and worship. Seeing the need for a virtual church, TBN created uplifting and empowering services led by some of today's most prominent Christian leaders. While the coronavirus isn't over and the economy is still reeling, we have a choice, and that choice can either leave us to wallow in fear and anxiety or it can lead us to victory. TBN wants to be a part of the solution. TBN has carried the message of Jesus, making God and His word known among the nations, for every man, woman, and child in search of hope. Fifteen years ago, TBN launched Second Chance, an initiative that takes Jesus to the prisons of America; equipping and installing the Church in hundreds of prisons across 41 states for more than one million inmates. By providing these prisoners with networks like TBN, the Hillsong channel, and Enlace, our Hispanic Christian channel, we are seeing lives change.

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<i>Crime</i> Huckabee #210	50:30	6:00	REC	PA/O/E	10/09/2021	7:00 PM
					10/09/2021	10:00 PM
					10/10/2021	8:00 PM

Tonight on Huckabee: Chad Wolf, Former Acting Secretary of Homeland Security, talks about the crisis at our southern border.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Crime</i> TBN Special: Praise A21 Walk for Freedom #7006	55:48	55:48	REC	PA/O/E	10/12/2021	7:00 PM
					10/12/2021	10:00 PM
					10/13/2021	4:00 PM
					10/20/2021	2:00 AM

TBN Special: Praise A21 Walk for Freedom: Christine Caine talks about her adoption, the shame associated with her birth, the sexual abuse she experienced, and the hope of her life; the Lord, Jesus Christ, the reason A21 was created. Christine & Nick Caine, Founders of A21, discuss this year's A21 Walk for Freedom to abolish slavery for the sake of 40 million slaves around the world today. There is a higher percentage of forced labor than sex trafficking. The "Can You See Me?" campaign provides an awareness of victims within our community. A21 Freedom Centers take a person who has experienced all the horrors of human trafficking and helps them rebuild their life to a place where their life is better than it could have been otherwise. Clothing, counseling, legal assistance to prosecute their trafficker, access to health care, trauma rehabilitation, and access to social services are provided. For more information: A21.org

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Crime</i> Huckabee #211	50:30	7:00	REC	PA/O/E	10/16/2021	7:00 PM
					10/16/2021	10:00 PM
					10/17/2021	8:00 PM

Tonight on Huckabee: Lieutenant Governor Tim Griffin (R-AR) U.S. Army Reserve Col., talks about the COVID-19 mandates via executive order and Pathway to Freedom; a non-profit faith-based program in Arkansas prisons. This voluntary program is available to prisoners getting out in their last two years to help prepare them to return to society, reducing recidivism by more than fifty percent. He shares that people should care because God loves these individuals. When they return to our communities, we want them to thrive, prosper, have a good family life, and fully integrate. It costs a lot of money to keep putting people in prison over and over, while there are numerous jobs we cannot fill. This type of program is needed in every state.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Crime</i> Taking Care of Business #TCOB-1913	27:05	27:05	REC	PA	10/18/2021	3:30 PM
					10/22/2021	3:30 AM

The relationship between law enforcement officers and citizens is constantly being challenged. On this episode of Taking Care of Business, we learn how Community Policing is used as a strategy of policing to gain civilian's trust by building ties and working closely with the public.

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700 Club CBN NewsWatch #11222021	52:30	3:00	REC	PA/O/E	11/22/2021	2:00 PM

Crime

CBN Medical Reporter Lorie Johnson Reports: Deaths from drug overdoses are hitting astronomical levels. An estimated 100,000 Americans, or roughly 272 a day, died from drug overdoses from March 2020 to April 2021, the CDC said Wednesday, which is a record high. In fact, it's roughly one-third more deaths from drug overdoses than the year before. Drug overdose deaths have been steadily climbing the last 20 years, but those increases pale in comparison to the acceleration the last couple of years when the nation has been gripped in the throes of a pandemic that led to isolation from closures, as well as increased fear, anxiety, and other mental health issues that can foster drug abuse. On top of that, the illicit drug supply has been tainted with the highly lethal synthetic opioid fentanyl, which is often secretly added to street drugs, including pills, thereby catching the unsuspecting user off-guard. Virginia, like much of the nation, saw dramatic increases in drug overdoses deaths in which the victims' bodies contained fentanyl, according to forensic epidemiologist Rosie Hobron, who works at the state medical examiner's office. Hobron says nearly three out of four overdose deaths involved fentanyl and almost all of the deaths were accidental. The trend shows no signs of slowing down. Fentanyl is a synthetic opiod that is 100 times more powerful than morphine. Alexandria, Virginia's opioid response coordinator Emily Bentley told CBN News fentanyl is so potent that the equivalent of a couple of grains of sand can kill. Fentanyl is also added to pills like Xanax, Oxycodone, and MDMA, the party drug often referred to as "Ecstasy" or "Molly." Bentley says it's almost impossible to spot fake pills. That's because drug dealers crush the real pills, add fentanyl, then repress them using a sophisticated pill press that makes the final product look identical to real pills. In addition to the fentanyl-laced street drugs, pandemic closures also contributed to the high number of overdoses. Dr. Paul Hardy, who runs Recovery for Life, a drug treatment center in Virginia, told CBN News far too many recovering addicts relapsed when they could no longer attend support group meetings. A disruption of routine schedule combined with being cooped up at home with family members who can "trigger" drug use also contributed to relapses. Some drug prevention organizations, such as those affiliated with police departments, are taking action to stop future overdoses by giving known users two things: fentanyl test strips, which detect the substance in other drugs, and Narcan, the opioid-reversal spray. Fentanyl test strips can be purchased online through BTNX or DanceSafe. Many pharmacies sell Narcan without a prescription. Drug users are being advised to never use when they are alone so that if an accidental overdose occurs, the person with them can administer the Narcan nasal spray and call 911. Users are also being warned against buying pills on the street that are in unlabeled prescription bottles or are in bottles with pills that are not identical in appearance. While law enforcement and drug prevention organizations are trying to diminish the number of deaths among people who use illegal drugs, they say the best solution is for the user to get into drug treatment. Dr. Hardy says it's the only option that works in the long run.

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700 Club CBN NewsWatch #12102021	52:30	6:00	REC	PA/O/E	12/10/2021	2:00 PM

Crime

CBN Reporter Mark Martin Reports: It's a tragedy at an epidemic level, although you rarely see it making headlines. We're talking about the alarming number of missing and murdered Indigenous women in the U.S. CBN News traveled to Montana to hear from those facing this crisis and what they're doing to stop the trend. In the remote windswept town of Browning, on the Blackfeet Reservation, tribal members grieve the disappearance of Ashley Loring HeavyRunner. The young Native American woman was 20-years-old when she went missing in June of 2017. One member of the Blackfeet Nation, who asked to remain anonymous, helped organize a petition drive on behalf of Ashley and offered a tearful plea. CBN News reached out to the Salt Lake City FBI, which now oversees the case, for an update on the investigation. A spokesperson said because the case is "active and ongoing," she's not able to "provide any details." Tragically, Ashley's case is just one of many in a crisis known as "MMIP," which stands for "Missing and Murdered Indigenous Person." Det. Guy Baker with the Missoula Police Department is assigned to Jermain Charlo's disappearance. He said he doesn't believe she is still alive. Twenty-three years old at the time, the young mother is a member of the Confederated Salish and Kootenai Tribes. She has now become a prominent face in the Missing and Murdered Indigenous Persons epidemic. According to the Indian Law Resource Center, in the U.S., more than four in five American Indian and Alaska Native women have experienced violence. In addition, the organization reports that Indigenous women are murdered at more than 10 times the national average on some reservations. And this isn't limited to Montana. The Urban Indian Health Institute reported that in 2016 alone, there were more than 5, 700 reports of missing American Indian and Alaska Native women and girls. The causes of the crisis are numerous. Other concerns include lack of law enforcement and breakdowns in coordination between the agencies servicing reservations. So what is being done to address the MMIP crisis? One way is a Tribal Community Response Plan. The Confederated Salish and Kootenai Tribes became the first in the nation to develop this coordinated effort, which addresses active missing persons cases. Gov. Greg Gianforte (R-MT) told CBN News that legislation is becoming a key weapon in the fight. On the federal level, both Presidents Trump and Biden signed executive orders to confront the crisis. Back in Browning, Montana, on the Blackfeet Reservation, Drew Landry designed a higher-tech way that tribes could be more involved. A common Native American saying goes, "When an Indigenous woman goes missing, she goes missing twice – first her body vanishes and then her story." As the Missing and Murdered Indigenous Persons epidemic gains more attention, advocates hope their work brings about closure and lets loved ones know they are not forgotten.

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Economy

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Beyond Blessed #4	26:01	26:01	REC	PA/O/E	10/3/2021	3:30 PM
Today on Beyond Blessed Pastor Robert Morris shares biblical financial tests about tithing.						

Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Behind The Scenes #230	25:30	25:30	REC	PA/O/E	10/04/2021	12:30 AM
					10/17/2021	12:30 AM
					10/25/2021	12:00 AM
					11/05/2021	12:30 AM
					11/15/2021	3:00 AM
					11/29/2021	3:00 AM
					12/07/2021	3:30 AM
					12/23/2021	3:30 AM
Today on Behind the Scenes, Matt & Laurie Crouch are joined by Governor Mike Huckabee to discuss legacy giving or estate planning. Mike Huckabee explains how wills, unique gifts, and lifetime charitable gift annuities work, and the importance of estate of planning.						

Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Beyond Blessed #5	27:30	27:30	REC	PA/O/E	10/10/2021	3:30 PM
Today on Beyond Blessed Pastor Robert Morris talks about the principle of first; as believers, putting God first in your finances.						

Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1924	27:30	27:30	LCL	PA	10/11/2021	3:30 PM
					10/15/2021	3:30 AM
On this episode of Taking Care of Business we look into retirement. We'll hear from experts on how to plan for your retirement. Topics include financial planning, medical expenses, Social Security, Legal, and savings opportunities.						

Economy

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #211	50:30	6:00	REC	PA/O/E	10/16/2021	7:00 PM
					10/16/2021	10:00 PM
					10/17/2021	8:00 PM
Tonight on Huckabee: Rep. David Kustoff, (R-TN) House Financial Services Committee Member talks about the 3.5 trillion-dollar spending bill, inflation, spending in Washington, and manufacturing abroad and in the U.S.						

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Beyond Blessed #6	27:30	27:30	REC	PA/O/E	10/17/2021	3:30 PM
<p>Today on Beyond Blessed Pastor Robert Morris talks about breaking the spirit of mammon and having true riches in people. He answers questions such as What is mammon? Is money evil? What should I do with money?</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club NewsWatch #10212021	52:30	2:00	REC	PA/O/E	10/21/2021	2:00 PM
<p>CBN News Reporter Dale Hurd Reports: If you haven't started setting money aside for your heating bills this winter, it's time to start. Experts are forecasting that the cost for heating oil could rise more than 40%, natural gas could shoot up 30%, propane, 54% and electricity, 6%. If it's a bad winter, prices could go even higher, with propane costs doubling. Add to that, rising gasoline prices. The energy crisis is the result of several factors, including policy decisions by lawmakers. Some would say bad policy decisions. Energy experts are calling it "the revenge of old energy," – meaning the fossil fuel industry – which is being increasingly abandoned by investors of the push among lawmakers for new green energy sources. A worldwide energy crunch is also to blame. China has had rolling blackouts from an energy shortage and Europe has seen natural gas prices rise 350%. Energy experts say Europe is being forced to return to coal – a dirty word to environmentalists – to generate the power it needs. Even cheap, abundant, clean-burning natural gas has fallen out of favor because of a belief it causes climate change. But while green energy may sound like a good idea to some, the world will discover this winter just how much it still needs fossil fuels.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Beyond Blessed #7	25:59	25:59	REC	PA/O/E	10/24/2021	3:30 PM
<p>Today on Beyond Blessed Pastor Robert Morris talks about biblical principles of multiplication.</p>						

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #213	50:30	6:00	REC	PA/O/E	10/30/2021	7:00 PM
					10/30/2021	10:00 PM
					10/31/2021	8:00 PM
<p>Tonight on Huckabee: Charles Mizrahi, Founder of Alpha Investor, talks about inflation, stocks, investments, and the supply chain.</p>						

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club NewsWatch #11052021	CBN 52:30	3:00	REC	PA/O/E	11/5/2021	2:00 PM

CBN Washington Correspondent Jenna Browder Reports: The job or your job? That's what 84-million Americans are facing after the Biden administration has finally, officially, released the President's vaccine mandate against private businesses. More than two dozen states are pushing back, and millions of employees say they'll lose their jobs rather than take the shot. But the message from the Biden Administration is vaccine or bust. The President is demanding that all businesses with more than 100 employees should force them to take a COVID-19 vaccine. The order calls for businesses to either require vaccinations – or – weekly testing for unvaccinated employees, and those tests would be required at the employee's own expense. The new mandate gives millions of Americans until January 4th to comply. That includes 17 million healthcare workers in nursing homes and hospitals that receive money from Medicare and Medicaid. They do not have the option of testing out of the vaccine. Businesses that don't find a way to enforce the mandate will face a \$14,000 fine per violation. At a hearing on Capitol Hill, Dr. Anthony Fauci, Chief Medical Advisor on COVID-19, defended the extremely controversial move. States are pushing back with more than two dozen taking legal action. Several business groups have expressed concern too, arguing that the mandate will burden them during the busy holiday season. The mandate does not include a carve-out for truck drivers, sparking concern for an already crippled supply chain that has helped to fuel inflation. A recent survey from the Kaiser Family Foundation shows 37 percent of unvaccinated workers say they would leave if their employer required them to get vaccinated or be regularly tested. So what are opponents specifically challenging? Some point out that while the mandate is supposed to be an "emergency" rule, it doesn't take effect until January, about four months after President Biden announced it. For that reason, they question how it can be called an "emergency." Opponents also note that COVID-19 cases have declined from a recent wave in September and that the U.S. is nearing herd immunity. Some like Florida Gov. Ron DeSantis (R) argue that the mandate being issued via the Labor Department is government by bureaucracy, inconsistent with the Constitution.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Beyond Blessed #9	27:30	27:30	REC	PA/O/E	11/14/2021	3:30 PM

Today on Beyond Blessed Pastor Robert Morris talks about ten financial commandments part one regarding biblical principles for managing finances.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It #314	24:31	20:00	REC	PA/O/E	11/27/2021 11/27/2021	8:00 PM 11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe goes to New York, New York where he introduces us to Ian Purkayastha, Founder of Regalis Foods, one of New York City's number one suppliers of high-end truffles and other edible fungi. Mike learns how a teenager turned his love for a black truffle ravioli with a fole gras sauce dish into a successful truffle business.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It #315	24:31	24:31	REC	PA/O/E	12/04/2021 12/04/2021	8:00 PM 11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe goes to San Diego, California where he introduces us to Paul Bulka, Owner of Aquatic Aviation, and Chris Drake, Aquatic Aviation Instructor. Mike learns how to flyboard, an innovation by Franky Zapata that could potentially become a new sport. Next Mike travels to Mt. Vernon, Iowa where he introduces us to Dave Houvinen, Ron Bentley, Tom Maring, Brian Mauer, and John Bakas, who developed their ideas into a variety of inventions. Great inventors in American history are often people who identified a common problem and developed an ingenious solution. Whether big or small each one of these ideas and inventions are part of one of the greatest cornerstones of America's economy: ingenuity.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Economy

Beyond Blessed #1	26:01	26:01	REC	PA/O/E	12/5/2021	3:30 PM
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Today on Beyond Blessed Pastor Robert Morris talks about living a life beyond blessed; having enough for you, enough for your family, and enough to bless someone else. He explains biblical principles about generosity and good stewardship.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Economy

700 Club CBN NewsWatch #12062021	52:30	5:00	REC	PA/O/E	12/6/2021	2:00 PM
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CBN National Security Correspondent Caitlin Burke Reports: America's clean energy transition is underway, bolstered by money in the new infrastructure bill. Over the next decade, consumers will start to see options to power their homes, businesses, and even vehicles through renewal resources. The infrastructure Investment and Jobs Act, which is now law, provides money to pursue the administration's overall plan to cut carbon dioxide emissions at an accelerated pace. The bill provides \$65 billion for clean energy transmission and the electric grid. Some states are already implementing renewable energy sources. Virginia-based, Dominion Energy, launched an offshore wind pilot program over the summer and is now moving forward with a large-scale commercial wind project. The pilot turbines are the first built in federal waters, and just one rotation of the powerful arms could power a home for an entire day. Fossil fuels will remain part of the larger power generation mix as a reliable backup, but when the clean sources are producing, they'll knock the fossil fuels out, helping to reduce the state's carbon footprint. Experts say it's important for the Biden administration to stick to this slow phasing in of renewables, especially for consumer acceptance. If the old supply goes away too fast, while demand stays the same, prices would skyrocket. We're seeing some of that right now at the gas pump. During the pandemic, oil production decreased because people weren't traveling. When restrictions eased, people started moving again, while production stayed at pandemic levels. Frank Fannon, the inaugural Asst. Sec. of State for Energy Resources under former President Trump, now runs an advisory firm focused on all aspects of the energy transition. One thing he says needs much more focus, is the critical minerals required to make clean energy happen. The Trump administration sought to create an alternative supply chain. The goal: avoid more reliance on our greatest competitor, ensure clean energy is developed in a manner upholding U.S. values and remains attractive to investors who value human rights, environmental protections, and transparency. The Biden administration has continued this approach. Fannon says the next step would be using funds from the new infrastructure bill towards accelerated development of mining in North America. There are also efforts underway to restore major manufacturing facilities so that we aren't having to import the parts that make up things like wind turbines and solar panels. The new infrastructure bill offers manufacturing tax credits, and also cuts through some red tape like permit timelines.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Economy

Beyond Blessed #2	26:01	26:01	REC	PA/O/E	12/12/2021	3:30 PM
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Today on Beyond Blessed Pastor Robert Morris talks about good stewardship; the management of the property and resources of someone else, as well as protecting and expanding their resources. He shares biblical principles about the difference between stewardship and ownership.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Economy

Beyond Blessed #3	26:01	26:01	REC	PA/O/E	12/19/2021	3:30 PM
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Today on Beyond Blessed Pastor Robert Morris shares that being blessed, and blessing others is all about the heart. He explains biblical principles about giving.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

700 Club CBN NewsWatch #10052021	52:30	6:00	REC	PA/O/E	10/05/2021	2:00 PM
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CBN Reporter Charlene Aaron Reports: There's a boom happening in homeschooling in America. The number of children taught by their parents has doubled since COVID lockdowns began. This includes a significant spike in black families who have switched to home education for the first time. When COVID-19 hit the US last year, public schools, much like other institutions, were forced to shut down. Students and families struggled with remote learning. But now that classrooms are reopened some kids are still home and many parents have turned into teachers. Krystle Lynch recently turned her Apopka, FL home into a classroom for her three boys. That also means teaching three grade levels, third, fifth, and high school. When schools went virtual, Lynch, a former teacher, helped her kids with their lessons. She soon discovered that it was easier to teach them at home while also protecting them from COVID and the debate surrounding it. According to US Census Bureau data, the pandemic has sparked new interest in homeschooling. In 2019, about 2.5 million students learned at home. Today that number has doubled to nearly 5 million. In California applications to homeschool tripled from 2020 to 2021. And black households saw the largest boost with the rate rising from 3.3 percent in the spring of 2020 to 16.1 percent in the Fall, according to the National Home Education Research Institute. Virginia is part of the growing trend. Yvonne Bunn, Director of Support at Home Educators Association Virginia, told CBN News while COVID has played a role in the increase, other factors are also having an impact. For example, more schools are adopting Critical Race Theory also known as CRT, an academic concept that teaches that racism exists everywhere in America. Ray added that many want to shield their kids from other hot-button issues such as transgender policies in public schools. Bunn said that leaders in the faith community are also searching for better educational options for families. A common theme for a number of parents is that their kids performed well while homeschooling during the pandemic and they don't want to change that. And the results are undeniable. Lynch says these are all reasons that prove homeschooling worthwhile. Meanwhile, as the interest in homeschooling grows, Ray believes that it's more than just a fad. For more information and homeschool support, contact the National Home School Association.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

The Eric Metaxas Show #107	22:14	22:14	REC	PA/O/E	10/15/2021 10/17/2021	5:00 PM 9:00 PM
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Today on The Eric Metaxas Radio Show, Bob Muzikowski, Founder of Chicago Hope Academy and Author of "Safe At Home," shares his story of how an inner city black baseball league ministry became the catalyst for creating Chicago Hope Academy, an independent Christian school for poor children in the inner city. Keith Guinta, a writer at The Wine Patch; and Kenny Sacht, Founder of Wipe Every Tear; share how they successfully rescue girls from human trafficking in the Philippines. They feed, house, and educate these girls, breaking poverty in their family lineage.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

Cody Crouch Presents This Month in Christian History #106	49:55	49:55	REC	PA/O/E	10/15/2021	7:00 PM
					10/15/2021	8:00 PM
					10/15/2021	9:00 PM
					10/15/2021	10:00 PM
					10/17/2021	12:30 AM
					10/18/2021	4:00 PM
					10/22/2021	2:00 AM

Cody Crouch Presents This Month in Christian History: In October we celebrate Missions Month and the missionaries who have impacted history, countries, and cultures around the world. It's a celebration of the great commission, Christ's charge to all believers.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

Takeaways with Kirk Cameron #1	52:24	25:38	REC	PA/O/E	11/1/2021 11/1/2021	8:00 PM 11:30 PM
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Today on Takeaways with Kirk Cameron: Dinesh D'Souza Renowned Filmmaker, Award-Winning Author, Cultural Commentator, Named One of America's Most Influential Conservative Thinkers by "The New York Times Magazine," talks about the sharp decline in the quality of education, critical thinking, indoctrination, liberal education, alternative forms of education, and critical race theory (CRT).

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

Taking Care of Business #TCOB-1911	27:30	27:30	REC	PA/O	11/1/2021 11/5/2021	3:30 PM 3:30 AM
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Education in America has followed the same formulas for teaching and learning for decades. On this episode of Taking Care of Business, find out how and why new techniques in education are being explored.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

America's Hidden History #106	55:30	55:30	REC	PA/O/E	11/10/2021	10:00 PM
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Today on America's Hidden History, join Historian, David Barton; Tim Barton, President of WallBuilders; and special guests, to honor Veterans Day. U.S. Congressman Barry Loudermilk, from Georgia's 11th Congressional District, and a military veteran, talks about his military history and surviving the domestic terrorist attack while at practice on the Congressional Republican Baseball Team. In his book, "And Then They Prayed" are moments in history when someone prayed, and God did the miraculous. U.S. Congressman Steve Russell, of Oklahoma's 5th Congressional District, is an Army veteran. It was his Army unit that was responsible for the capture of Saddam Hussein. Lieutenant Colonel Russell assumed command of 1st Battalion, 22nd Infantry in 2003 during Operation Iraqi Freedom. He talks about the mission. It's an amazing story told in the book, "We Got Him." Chad Robichaux is a Marine Corps Veteran, Special Forces, with eight tours in the war on terror. In his book, "An Unfair Advantage Victory in the Midst of Battle," he talks about his tour in Afghanistan. Although an amazing warrior, he came home a broken man. Chad shares his journey of restoration. To pay it forward, Chad is Founder and President of Mighty Oaks Warrior Programs, providing free mentorship to develop spiritually strong military men, women, and veterans to help reduce suicide and divorce rates, transforming lives and families.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

Drive Thru History Holiday Special Veterans Day #711	55:30	55:30	REC	PA/O/E	11/10/2021 11/11/2021 11/11/2021 11/18/2021	4:00 PM 7:00 PM 10:00 PM 2:00 AM
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Today on Drive Thru History Special "Veterans Day" with Dave Stotts we learn how November 11th was established as a national holiday celebrating the men and women who have served our great country in the U.S. Military. The military are the U.S. Armed Forces which are made up of six branches: Army, Navy, Coast Guard, Marines, Air Force, and most recently Space Force. Each branch of the military has a unique directive within the overall mission of U.S. security and peace. We explore the honored history and traditions of each branch of our armed forces. We thank you for your service.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Cody Crouch Presents This Month in Christian History #107	49:46	49:46	REC	PA/O/E	11/12/2021	7:00 PM
					11/12/2021	8:00 PM
					11/12/2021	9:00 PM
					11/12/2021	10:00 PM
					11/14/2021	2:00 AM
					11/15/2021	4:00 PM
					11/19/2021	2:00 AM

Cody Crouch Presents This Month in Christian History: To the Ends of the Earth. For the past several centuries Europe and the United States have been responsible for raising millions of missionaries to spread the Gospel to the corners of the globe. In America, it all started with the Pilgrims, from there, the YMCA, the Gideons Association, and our British brothers, David Livingston and Henry Morton Stanley, took the Gospel to the ends of the earth.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Show #112	24:30	24:30	REC	PA/O/E	11/19/2021	5:00 PM
					11/21/2021	9:00 PM

Today on The Eric Metaxas Radio Show, Dr. James Tour, Professor at Rice University, who works in Nanotechnology studying very small entities from materials, to electronics, to medicine, talks about the origin of life. He also talks about the deception on this topic that is taught from elementary to advanced college level in schools. Dr. Hugh Ross, Astrophysicist and Founder & President of Reasons to Believe, talks about fine tuning evidence in our solar system and origin of life.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Drive Thru History Holiday Special Thanksgiving #712	55:30	55:30	REC	PA/O/E	11/22/2021	7:00 PM
					11/22/2021	10:00 PM
					11/23/2021	2:00 AM
					11/23/2021	4:00 PM

Today on Drive Thru History Special "Thanksgiving" join Dave Stotts as he takes a special look at the history of Thanksgiving. Turkey, pumpkin pie, family, football, that's what Thanksgiving looks like in most American households, but what's the real history of Thanksgiving and how did the fourth Thursday in November come to be a special day of gratitude in America? Dave travels to Plymouth Massachusetts to investigate the story of the Mayflower pilgrims. Then it's off to Washington, D.C. to examine the holiday's God given roots from George Washington to Abraham Lincoln. Next, he visits New York City to explore some early Thanksgiving traditions. Dave also has some fun with comedian, Bob Smiley.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #107	55:34	55:34	REC	PA/O/E	11/25/2021	2:00 AM
					11/25/2021	7:00 PM
					11/25/2021	10:00 PM

Today on America's Hidden History, join Historian, David Barton; Tim Barton, President of WallBuilders; and special guests, as they uncover facts about Thanksgiving. David and Tim travel to Massachusetts to Plymouth Rock; the Jenney Museum and Pilgrim Educational Center; Aptucxet, the Plymouth Colony's First Trading Post; Burial Hill; Leyden Street; the First Parish Church; the Common House; the Jabez Howland House; and the Forefathers Monument; to talk about the history of Thanksgiving, the Pilgrims and why they came to America, and the Reformation.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Education

Cody Crouch Presents This Month in Christian History #108	55:15	55:15	REC	PA/O/E	12/10/2021	7:00 PM
					12/10/2021	8:00 PM
					12/10/2021	9:00 PM
					12/10/2021	10:00 PM
					12/12/2021	2:00 AM
					12/13/2021	4:00 PM
					12/17/2021	2:00 AM

Cody Crouch Presents This Month in Christian History: Christmas Traditions. We learn how Saint Francis Assisi's illustrated sermon was the genesis of the nativity set; how Saint Boniface is one of most popular legends throughout Europe regarding the origin of the Christmas tree; the evolution of Saint Nicholas and the Santa Claus we know today; that one of the most famous Christmas carols, "Hark the Herald Angels Sing," written by Charles Wesley, did not have angels in the original lyrics until later added by friend and fellow revivalist, George Whitfield; how the romantic overtones of the mistletoe began; how Christmas cards originated with Sir Henry Cole in England, Louis Prang in America, and Hallmark; and how "Silent Night," written by Father Joseph Mohr, became one of the most beloved hymns of all time; how Phillip Brooks was inspired to write the poem "O Little Town of Bethlehem" and organist, Lewis Redner, put the words to music; the origin of the candy cane; the origin of The Salvation Army, one of the most recognized non-profit charities in the world known by its red kettle and bell ringing at Christmastime; and while many of these traditions are rooted in our Christian faith, Jesus is the reason for the season.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Family

Taking Care of Business #TCOB-1916	28:15	28:15	LCL	PA	10/1/2021	3:30 PM
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In a recent year, 47,000 individuals committed suicide in this country, 70,000 people died of drug overdose and many more died because of alcohol addictions. What is happening and, more importantly, what is being done to intervene? Depression and addictions are causing more suicide related deaths than at any other time in American history. Self-harm is not always caused by a gun; often it is a drug overdose or alcohol induced event. On this edition of Taking Care of Business, see the sad realities facing our society and meet those who are trying to intervene.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Family

Praise #100521	54:59	54:59	REC	PA/O/E	10/05/2021	7:00 PM
					10/05/2021	10:00 PM
					10/06/2021	4:00 PM
					10/10/2021	2:00 AM
					10/13/2021	2:00 AM

Tonight on Praise: Movie Makers, Stephen and Alex Kendrick, share their new documentary, "Show Me The Father" and the "10th Anniversary Courageous Legacy" film. They discuss the blessing and significance of a father, and the perfect Fatherhood of God.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
You Are Stronger Than You Think with Joel Osteen #3	22:30	22:30	REC	PA/O/E	10/11/2021	8:00 PM
					10/11/2021	11:30 PM
					11/15/2021	9:00 PM
					11/16/2021	12:30 AM

You Are Stronger Than You Think: Joel Osteen talks about God providing special strength when we feel weak or overwhelmed. The Osteen family of Lakewood Church discuss giving encouraging words to strengthen others, especially your family members.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #101121	54:25	54:25	REC	PA/O/E	10/11/2021	7:00 PM
					10/11/2021	10:00 PM
					10/12/2021	4:00 PM
					10/19/2021	2:00 AM
					10/24/2021	12:30 AM

Tonight on Praise: Dr. Robert Jeffress, Senior Pastor of First Baptist Church of Dallas, Host of "Pathway to Victory" and Author of his latest book, "Invincible," talks about moving forward. Pastor Jeffress shares from his pastoral experience over the last two years what many Christians have experienced as a result of this pandemic. He tells us that in partnership with God we can conquer these very real obstacles in our lives to move forward from doubt to faith; guilt to repentance; anxiety to peace; discouragement to hope; fear to courage; bitterness to forgiveness; materialism to contentment; loneliness to companionship; lust to purity; and grief to acceptance.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #101821	54:20	54:20	REC	PA/O/E	10/18/2021	7:00 PM
					10/18/2021	10:00 PM
					10/19/2021	4:00 PM
					10/26/2021	2:00 AM

Tonight on Praise: Prince Ermias Sahle-Selassie, husband, father, and senior member of the formal Imperial Dynasty of Ethiopia, Prince Ermias Sahle-Selassie carries the legacy of the Solomonic dynasty; an empire that spanned both Ethiopia and Eritrea and a monarchy whose lineage traces back to King Solomon and the Queen of Sheba. As a descendant of this sovereign family, he has honored his heritage, carrying a thirst for knowledge and appreciation for cultures and religions, and a heart for the world's most vulnerable and marginalized. Studying in Ethiopia Great Britain, and the United States, he is fluent in Amharic, English, and German. While serving as an advocate for the rights, provision, and protection of those in need, he has become like so many of his ancestors, a leader among men. And as he determines to lead his country to healing and wellbeing, he also carries the burden of a title he may never claim; standing ninth in line to the throne of Ethiopia, a chair of royalty that has remained vacant ever since the sudden and tragic passing of his grandfather; His Imperial Majesty Emperor Haile Selassie. Tonight, Prince Ermias talks about one of the most difficult and important issues that we as human beings face which is forgiveness.

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Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club NewsWatch #10192021	52:30	5:00	REC	PA/O/E	10/19/2021	2:00 PM

CBN News Reporter Charlene Aaron Reports: From the 2020 last presidential election and rioting after the death of George Floyd to the debate surrounding the COVID-19 pandemic, Americans have taken to social media to get the news and voice their views. But at what cost? The internet was originally intended to bring people together. Now it seems to be doing the opposite. Former Facebook employee turned whistleblower Frances Haugen shared on CBS's 60 Minutes and during testimony on Capitol Hill that the social media giant manipulates the platform to make it more contentious and angry. That anger has even boiled over into relationships between Christians. One woman, who wanted to remain anonymous, said that she and a friend who attended the same church posted on Facebook differing views regarding the 2020 presidential election and the Black Lives Matter Movement. She said it was enough to end their friendship which had endured for years. That problem highlights how political and other viewpoints seem to outweigh biblical precepts on reconciliation and peace. Matt Ward serves as associate pastor at First Baptist Church in Thompson, GA. He says the disconnect shows just how social media can be. Daniel Darling, author of the book, "A Way with Words: Using Our Online Conversations for Good," agreed, saying some Christians are fueling incivility. After a time of reflection and conversation with church members, Ward came up with a helpful way to get believers thinking about their time on the web. He admits that the proposal isn't a one-size-fits-all solution, but encourages pastors, church staff, and members to use their social influence to reflect biblical values on the web. He also suggests using social media to promote the gospel, showing kindness, courtesy, and respect. And logging off when necessary. Darling says as followers of Christ it is vital that we uphold and keep the peace. Darling said the quality of our online life is proportional to the quality of our lives offline. He also pointed out that he is not suggesting that Christians not engage in important topics of our day. It is a sentiment Ward agrees is what is most important. Meanwhile, Facebook plans to implement new tools to divert teens away from harmful content and enable people on its platform to reduce the presence of politics.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #102121	54:20	54:20	REC	PA/O/E	10/21/2021	7:00 PM
					10/21/2021	10:00 PM
					10/22/2021	4:00 PM
					10/28/2021	2:00 AM
					10/31/2021	11:00 PM

Tonight on Praise: In the midst of a crisis with no relief in sight. When there are more questions than answers and escape is an illusion. When desperate cries are drowned in silence. Can you hear God? At the heart of the Bible is love. But it's also true that fear can cast out Christian love. You can't love people if you're afraid of them. We're living in a time where so many people are so anxious, so afraid and so worried about so many different things. We don't have to be afraid. When we go through hard times we need to hear from God. Shawn Bolz talks about hearing God's voice.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Show #108	23:59	23:59	REC	PA/O/E	10/22/2021	5:00 PM
					10/24/2021	9:00 PM

Today on The Eric Metaxas Radio Show, Anne Graham Lotz and Rachel-Ruth Lotz Wright co-authors of "Jesus Followers" discuss passing faith and wisdom on to the next generation.

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Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Takeaways with Kirk Cameron #1	52:24	25:40	REC	PA/O/E	11/1/2021 11/1/2021	8:00 PM 11:30 PM

Today on Takeaways with Kirk Cameron: Dennis Praeger, Best-Selling Author, Columnist, and Nationally Syndicated Radio Talk Show Host, and Founder of Prager U, talks about atheism rising among generation Z, the family and parental authority, the crisis in our education system, the importance of our children's education, faith and family values, courage, and the importance of sabbath.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Takeaways with Kirk Cameron #2	52:39	25:47	REC	PA/O/E	11/1/2021 11/1/2021	8:00 PM 11:30 PM

Today on Takeaways with Kirk Cameron: We have an important conversation surrounding our roles in and responsibilities as Christians living in a broken world. How do we advocate for our biblical values while fully acknowledging that many around us may not hold the same beliefs? What should we reasonably expect from our neighbors and friends, and governing officials whose values may be diametrically opposed to ours? And how do we navigate influencing our culture without forcing Christian values on those who reject them. What are the boundaries here? Let's talk about it today on Takeaways with Mike Huckabee, Former Governor of Arkansas.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #300	25:59	25:59	REC	PA/O/E	11/5/2021	12:29 PM

Today on Better Together: Laurie Crouch, Lisa Harper, Havilah Cunningham, Melinda Doolittle, Kristi McLelland address: The wisdom found in the book of Proverbs gives us the keys to building healthy relationships! We were created to do life together and love one another well.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #214	50:30	6:00	REC	PA/O/E	11/6/2021 11/6/2021 11/7/2021	7:00 PM 10:00 PM 8:00 PM

Tonight on Huckabee: Huck's Heroes are Johnny Agar and his parents Jeff and Becki Agar. Johnny and his mother co-authored the book "The Impossible Mile." Johnny, who has Cerebral palsy, walked his first mile and with the help and encouragement of his family has become an athlete. They hope to encourage people in wheelchairs with disabilities as well as individuals facing other challenges in life.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Best of Better Together #352	25:35	25:35	REC	PA/O/E	11/9/2021	9:00 PM

Today on Better Together: Sheila Walsh, Jada Edwards, Dianna Nepstad, Jeannie Munsey, Kristi McLelland address: God places people in our lives to guide us and help us grow. How do we identify the "good ones"? Healthy authority figures honor God and always point us back to Christ.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Family Huckabee #215	50:30	5:00	REC	PA/O/E	11/13/2021	7:00 PM
					11/13/2021	10:00 PM
					11/14/2021	8:00 PM

Tonight on Huckabee: Ruth Graham, Author of her latest book "Transforming Loneliness," tells us that so many people are lonely and 54% of Americans feel as though they have no one that knows them well. She shares the following acronym to address loneliness:
Recognize the signs, symptoms and causes of loneliness.
Express loneliness to God and then to someone else
Anticipate that God will transform that loneliness
Connect with other people
Honor God with your loneliness

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Family Praise #111621	55:30	55:30	REC	PA/O/E	11/16/2021	7:00 PM
					11/16/2021	10:00 PM
					11/17/2021	4:00 PM
					11/28/2021	12:30 AM
					12/02/2021	2:00 AM

Tonight on Praise: A discussion of TBN's Living Legacy Program. Karen Conrad, Director of Donor Development; and Mike Huckabee, Former Governor of Arkansas; discuss the importance of end-of-life financial planning. Mike Huckabee talks about the importance of leaving an inheritance to his grandchildren and passing on values of faith. Karen explains Wills, Probate, Charitable Gift Annuities, Real Estate, Stock Gifts, Life Insurance, Living Trusts, and Donor Advise Funds.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Family Best of Better Together #334	25:55	25:55	REC	PA/O/E	11/22/2021	12:29 PM

Today on Better Together: Laurie Crouch, Joyce Meyer, Nicole C., Natalie Grant, Alex Seeley address: Anyone or anything we place above God in our lives directs our heart. When we give in to ungodly control, the only path to freedom is His truth and love.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Family Takeaways with Kirk Cameron #4	51:18	51:18	REC	PA/O/E	11/22/2021	8:00 PM
					11/22/2021	11:30 PM
					12/27/2021	8:00 PM
					12/27/2021	11:30 PM

Today on Takeaways with Kirk Cameron: Candice Cameron Bure, Actress and Talk Show Host, talks about the importance of a family support system in a world where it's becoming increasingly easier to self-isolate; about cheering someone on and how that may make all the difference in their life. She and Kirk discuss their own families and how their roles as parents are shifting; as well as the joy, strength and kindness that's needed in our world today.

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Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Best of Better Together #220	25:59	25:59	REC	PA/O/E	11/26/2021	12:29 PM

Today on Better Together: Laurie Crouch, Lisa Harper, Lisa Bevere, Stephanie Ike, Mo Isom Aiken address: A lifestyle grounded in forgiveness, empowers us to become unoffendable and walk in God-sized grace.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Takeaways with Kirk Cameron #5	51:12	24:00	REC	PA/O/E	11/29/2021 11/29/2021	8:00 PM 11:30 PM

Today on Takeaways with Kirk Cameron: Cissie Graham Lynch, the granddaughter of Billy Graham, and the daughter of the President and CEO of Samaritan's Purse and the Billy Graham Evangelistic Association, Franklin Graham, not only serves at Samaritan's Purse and BGEA, but is the Podcast Host of Fearless Faith in a Compromising Culture, a wife, and mother. Cissie shares ways to be generous to families, couples, and children through Samaritan's Purse with programs such as Operation Heal Our Patriots for wounded veterans and their spouses; Operation Christmas Child; The Gift Catalog; Persecuted Christians; and the Law Enforcement Retreat. She also expresses a need for volunteers, even children volunteers, and prayer partners.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1905	26:59	26:59	LCL	PA	11/29/2021 12/03/2021	3:30 PM 3:30 AM

Few choices have as many dramatically positive outcomes as adoption. It increases the emotional, physical, and cognitive capacities of the children who are adopted. It improves the life chances of the biological mother. It saves vast amounts of money for the public. It brings much happiness, both to the adopting parents and to the adopted child. It is good for all involved and families are strengthened. Almost 25% of American households have adopted, and 135,000 children are adopted each year. But despite these impressive numbers, there's still a pressing need for greater awareness. Join us for this episode of Taking Care of Business and hear about how adoption changes lives for the better.

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Evans Family Praise Christmas 2021 #7014	55:15	55:15	REC	PA/O/E	12/06/2021 12/06/2021 12/07/2021 12/14/2021	7:00 PM 10:00 PM 4:00 PM 2:00 AM

Tonight on Praise: The Evans family encourages those experiencing grief or difficult times as they talk about the death of eight family members within a two-year period and their journey through grief and continued faith.

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Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #366	25:59	25:59	REC	PA/O/E	12/6/2021	12:29 PM
<p>Today on Better Together: CeCe Winans, Lisa Harper, Toni Colier, Rebekah Lyons, and Mo Isom Aiken address: Joy is not just an emotion, it's a promise with a practice! When families face trying times, we have the opportunity to choose joy and peace.</p>						

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #368	25:55	25:55	REC	PA/O/E	12/08/2021 12/14/2021	12:29 PM 9:00 PM
<p>Today on Better Together: CeCe Winans, Lisa Harper, Toni Colier, Rebekah Lyons, and Mo Isom Aiken address: Family drama. Hurt feelings. Conflict. Our Heavenly Father holds the keys to finding reconciliation and building grace-filled relationships.</p>						

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #369	25:00	25:00	REC	PA/O/E	12/9/2021	12:29 PM
<p>Today on Better Together: CeCe Winans, Lisa Harper, Toni Colier, Rebekah Lyons, and Mo Isom Aiken address: God wants our families to thrive! We have the opportunity to create safe spaces for loved ones to find encouragement and support.</p>						

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #219	50:30	6:00	REC	PA/O/E	12/11/2021 12/11/2021 12/12/2021	7:00 PM 10:00 PM 8:00 PM
<p>Tonight on Huckabee: Franklin Graham, President and CEO of Samaritan's Purse shares gift ideas for Christmas for children and families around the world through the ministries of Samaritan's Purse Operation Christmas Child; the Christmas Gift Catalog; and Disaster Relief volunteer efforts.</p>						

Family

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #303	25:50	25:50	REC	PA/O/E	12/28/2021	12:29 PM
<p>Today on Better Together: Laurie Crouch, Holly Wagner, Dr. DeeDee Freeman, Mo Isom Aiken, Hosanna Wong address: When Jesus transforms our lives we want to tell everyone the Good News! Growing true relationships and showing we care can have a greater impact than words alone.</p>						

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #40919	56:15	56:15	REC	PA/O/E	10/02/2021	3:30 AM
					10/09/2021	5:00 AM
					10/12/2021	3:00 AM
					11/09/2021	3:00 AM
					11/15/2021	12:00 AM
					11/27/2021	3:30 AM
					12/03/2021	12:30 AM
					12/30/2021	3:00 AM

Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club NewsWatch #10062021	52:30	4:00	REC	PA/O/E	10/6/2021	2:00 PM

CBN News Medical Reporter Lorie Johnson Reports: Statistics show Americans are losing the battle with weight, with obesity becoming the second leading cause of preventable death. For many women, diets don't seem to work. If you're a woman who's had trouble losing weight, you may have been following the wrong plan. Men and women have different hormonal panels. That could be a reason why women might have a harder time shedding extra pounds compared to their male counterparts. Gynecologist and best-selling women's health author Dr. Sara Gottfried learned this lesson first hand. Dr. Gottfried says the root of the problem lies in the fact that most diets are designed by men, for men. In fact, only twenty percent of the studies on metabolism use female participants. Dr. Gottfried's research on women and weight loss led her to develop a hormone balancing diet that she tried on herself. She finally ended up dropping the stubborn twenty pounds that she had wanted to shed for years. After Dr. Gottfried's patients began losing weight on the hormone-balancing diet, she decided to share it with a broader audience of women, in her book, Women, Food and Hormones: A Four-Week Plan to Achieve Hormonal Balance, Lose Weight, and Feel Like Yourself Again. The book contains 50 recipes such as Fettuccine Alfredo and taco salad that are slightly modified from the traditional recipes but still qualify as comfort foods. She says her turmeric braised chicken is especially popular with the whole family. She says the purpose of the diet is to balance a woman's hormones which makes her feel great and leads to overall good health. She says the goal of any diet should be to feel your best. She says this diet achieves that, but as a wonderful side-effect, leads to weight loss. The hormone-balancing diet is called the Gottfried Protocol. It's broken down into three main parts. The first section is detoxification, which Dr. Gottfried says is missing from most diets, particularly the ketogenic diet. Among other things, the detox phase primes the liver to work efficiently to process fats and other foods and beverages. After the detox phase, The Gottfried Protocol involves eating mostly healthy fats. The wide variety of recipes help people who can get stumped trying to figure out what that means. While the plan is similar to the keto diet, The Gottfried Protocol includes more carbohydrates because a diet that is too low in carbs can cause hormonal disturbances in women that can make them feel terrible and stay overweight. The diet calls for a moderate amount of protein, such as poultry and fish. While the diet allows only a small amount of sugar, there certain recipes on that plan that are similar to our guilty pleasures. Unfortunately, eating carbohydrates can raise the hormone insulin, which can cause weight retention. So to keep insulin and other weight-related hormones such as leptin and ghrelin balanced, The Gottfried Protocol calls for a 14-hour overnight fast every night. She said among other things, fasting like this re-sets a woman's insulin levels and guards against insulin resistance, which can lead to diabetes and even some memory and thinking problems. While some women worry that fasting will cause them to feel too hungry, Dr. Gottfried explains that when a woman's hormones are balanced, she typically loses the desire to eat all the time.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #210	50:30	6:00	REC	PA/O/E	10/09/2021	7:00 PM
					10/09/2021	10:00 PM
					10/10/2021	8:00 PM

Tonight on Huckabee: October is Breast Cancer Awareness Month. Kelly Lang & T.G. Sheppard share their journey through Kelly Lang's breast cancer diagnosis. Kelly hopes to encourage other cancer fighters and their families through her new book and song "I'm Not Going Anywhere."

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #92220	56:59	56:59	REC	PA/O/E	10/08/2021	12:30 AM
					10/21/2021	3:00 AM
					11/22/2021	2:30 AM

Tonight on Praise: Jordan Rubin, America's Biblical Health Coach and Dr. Josh Axe, Chiropractic Physician and Nutritionist, Co-Founders of Ancient Nutrition, offer simple, effective solutions for busy people. Ancient Nutrition Organic SuperGreens is a shortcut to getting more green leafy vegetables and powerful high antioxidant colorful fruits that may normally be consumed in a week or a month. They discuss energy, immune support, detoxification, and digestive health.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #70821	54:25	54:25	REC	PA/O/E	10/11/2021	4:00 PM
					10/17/2021	10:00 PM
					11/21/2021	11:00 PM
					11/29/2021	4:00 PM

Tonight on Praise: Dr. Scott Hannen, Chiropractic Physician, TV Host, and Author of "Stop The Pain The Six to Fix" talks about stopping the pain, disease processes, and recovery protocols to help restore health.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise	54:50	54:50	REC	PA/O/E	10/15/2021	2:00 AM
Health & Healing #3					11/21/2021	10:00 PM
					11/28/2021	2:00 AM

Tonight on Praise the topic is healing. Andrea Thompson, Author of "How I Beat Cancer," shares her story of overcoming cancer and the importance of overcoming in your mind. Bill Johnson, Author of The Essential Guide to Healing, talks about the power of testimony, meditation, and prayer. Pastor Jack Hayford, Co-Author of Heaven's Healing Power Collection, talks about the Holy Spirit and speaking in tongues; spiritual languages. Jordan Rubin, Author Patient Heal Thyself, offers hope to those in need of healing and shares his story of healing. Joseph Prince encourages us that healing is coming and talks about God's faithfulness to provide the way of escape, which is Jesus, and healing through communion. He encourages us to confess you are the righteousness of Christ.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #3	55:30	55:30	REC	PA/O/E	10/16/2021	4:00 AM
					10/18/2021	12:30 AM
					10/30/2021	3:30 AM
					11/02/2021	1:00 AM
					11/06/2021	4:00 AM
					11/12/2021	12:30 AM
					11/20/2021	5:00 AM
					11/29/2021	12:30 AM
					12/04/2021	4:00 AM
					12/11/2021	4:30 AM

Tonight on Praise: Jordan Rubin, America’s Biblical Health Coach and Dr. Josh Axe, Chiropractic Physician and Nutritionist, discuss the health benefits of turmeric and lion’s mane mushrooms. Ancient Nutrition offers USDA organic turmeric tablets and introduces for the first time the one and only USDA certified organic lion’s mane caplet.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club NewsWatch #10192021	52:30	3:00	REC	PA/O/E	10/19/2021	2:00 PM

CBN News Health and Medical Reporter Lorie Johnson Reports: This year marked the first-ever national Polyphenol Day, a day set aside to recognize one of nature’s healthiest nutrients. Polyphenols, found in certain plant foods are considered very good for the body because of the protection they provide from damage that often comes with aging. In addition to fighting the many negative effects of aging, research shows these compounds can also reduce the risk of heart disease and other leading causes of death. Dr. Steven Gundry, a leading cardiovascular surgeon who specializes in nutrition and the treatment of elderly patients, told CBN News he recommends a diet rich in polyphenols. In fact, Dr. Gundry pushed the designation of national Polyphenol Day to build interest and knowledge. He said people can find these compounds in their local grocery store if they know what to look for. He says many foods containing polyphenols can be found in the produce department or the frozen food section. Dr. Gundry says when shopping, make sure to go to the aisle where olive oil can be found. It contains high amounts of polyphenols. However, since there are so many different brands, choosing the right olive oil can be confusing. Believe it or not, Dr. Gundry says polyphenol-rich foods can be found the candy aisle in the form of dark chocolate. Like olive oil, Dr. Gundry says the more bitter the better. That means choosing one with the highest percentage of cacao. Black coffee also does more than give you a morning pick-up, explains Dr. Gundry. Some, but not all, teas also score high. Dr. Gundry recommends using spices liberally because most of them, even ordinary black pepper, can help. By increasing the consumption of polyphenols in foods and beverages, spices, and supplements, research shows we can lower our risk of disease.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1918	27:00	27:00	LCL	PA	10/25/2021	3:30 PM
					10/29/2021	3:30 AM

Although the teen pregnancy rate is the lowest in history, 3 out of 10 young girls will become pregnant before the age of 20. Each pregnancy represents a young woman with hopes and dreams. On this program, see the stories of young mothers who are overcoming adversity with a spirit to succeed and to achieve their personal best.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise: Jordan Rubin–Josh Axe CBD Capsules #1	55:59	55:59	REC	PA/O/E	10/25/2021	2:30 AM
Tonight on Praise: Jordan Rubin, America's Biblical Coach; and Dr. Josh Axe, Chiropractic Physician & Nutritionist discuss the health benefits of the CBD hemp plant. Ancient Nutrition offers the first to market products USDA certified organic caplets of CBD hemp, as well as a Multi Collagen with CBD and MCT.						

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1921	27:30	27:30	LCL	PA	11/08/2021 11/12/2021	3:30 PM 3:30 AM
A generation ago, we were fascinated by and allured to smoke cigarettes. Today, vaping is the trendy alternative to smoking. Is it safer? Is it causing a reduction in smoking overall or is it just creative marketing? Find out on this edition of Taking Care of Business.						

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Beyond Blessed #10	27:30	27:30	REC	PA/O/E	11/21/2021	3:30 PM
Today on Beyond Blessed Pastor Robert Morris talks about ten financial commandments part two regarding biblical principles for managing finances and emotional health related to financial stress.						

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Show #113	23:29	10:00	REC	PA/O/E	11/26/2021 11/28/2021	5:00 PM 9:00 PM
Today on The Eric Metaxas Radio Show, Dr. Ben Carson, Founder of The American Cornerstone Institute, talks about the benefits and risks concerning the COVID vaccines. He also shares information about his projects with The American Cornerstone Institute that focuses on principles such as Faith, Liberty, Community, and Life which made America a great nation; LittlePatriotsLearning.com which provides free curriculum for K-5 Kindergarten about history and civics; and Carson Scholars, where Dr. Carson and his wife, Candy, reward students with scholarships for superior academic performance and demonstration of humanitarian qualities.						

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #90619	56:10	56:10	REC	PA/O/E	12/06/2021 12/14/2021	2:30 AM 3:00 AM
Tonight on Praise: America's Biblical Health Coach, Jordan Rubin and Chiropractic Physician and Nutritionist, Dr. Josh Axe, talk about the hemp plant, originally called cannabis sativa, focusing on CBD or Cannabidiol, which does not have intoxicating or hallucinogenic effects. They share its benefits to help with stress, its impact on the entire body, and nutritional benefits. They present the first to market certified organic CBD hemp supplements combined with powerful botanicals, US grown, and USDA certified organic by the United States Department of Agriculture.						

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN NewsWatch #12082021	52:30	4:00	REC	PA/O/E	12/8/2021	2:00 PM

CBN News Reporter Charlene Aaron Reports: As a trained sonographer Maria Christopoulos is passionate about the unborn. After years as a vice president in the banking industry, Christopoulos developed a desire to help pregnant women and their unborn children. It grew so strong that she quit her job to become an ultrasound technician. As head of "PregnantSee", a company in Fairfax, Virginia that offers 3, 4 and 5-D ultrasounds, Christopoulos provides a unique experience for moms to see their growing baby in astonishing detail. She said many are amazed by what they see on the screen. Ultrasounds have also made a powerful difference in the fight for life. Ninety-three percent of women who have ultrasounds choose to keep their babies. The Crisis Pregnancy Center of Tidewater performs hundreds of ultrasounds each year. While they are not HD, the 2D sonograms they offer still make a difference. Such scientific advancements come at a time when the legality of abortion is being challenged. The country now waits for a U.S. Supreme Court decision in the case involving a Mississippi law that bans abortions after the 15th week of pregnancy. Many argue the outcome could directly threaten Roe v. Wade. Dr. Grazie Christie, a diagnostic radiologist and policy advisor for the Catholic Association, submitted a brief in the case, describing the science used in the 1973 ruling as outdated. Christie hopes the court will embrace the hi-tech progress that reveals the humanity of pre-born babies and end abortion in America. It is a connection Christopoulos sees making a difference through her work each day.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #219	50:30	7:00	REC	PA/O/E	12/11/2021	7:00 PM
					12/11/2021	10:00 PM
					12/12/2021	8:00 PM

Tonight on Huckabee: Dr. Omar Hamada of Family Medicine and OB/GYN and Retired U.S. Army Special Forces Flight Surgeon talks about the OMICRON variant.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1923	28:30	28:30	LCL	PA	12/13/2021	3:30 PM
					12/17/2021	3:30 AM

Public Health is more than clean air and water. Public health includes our schools, our available medical facilities and resources, reducing violence and crime. On this edition of Taking Care of Business see the efforts being made to create safe and healthy communities where we live, work and play.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business #TCOB-1926	28:30	28:30	LCL	PA	12/20/2021	3:30 PM
					12/24/2021	3:30 AM

There are over 16 million single parents in America. The cause and challenges many single moms and dads face are unique and can range from tragic to the unexpected. On this edition of Taking Care of Business see how many single parents, and their children, are coping and learn how communities can come together to provide support.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:30	27:30	LCL	PA	12/27/2021	3:30 PM
#TCOB-1919					12/31/2021	3:30 AM

Health

Every year, more than a quarter of a million children come into foster care in this country. As a result of the nation's opioid epidemic, this number is growing faster than the system can accommodate. More and more often, there simply aren't enough families to meet the need, and these children must wait in a residential setting for a family to become available. Child welfare advocates are calling us all to learn more about how to help these children in need. Join us for this episode of Taking Care of Business and learn more about how foster care is a way of providing a family life for children who cannot live with their own parents, granting them a family life and a chance at stability that they desperately need.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
700 Club CBN	52:30	3:00	REC	PA/O/E	12/30/2021	2:00 PM
NewsWatch #12302021						

Health

CBN Medical Reporter Lorie Johnson Reports: Doctors say next to smoking, maintaining an unhealthy weight is the number one preventable cause of deadly diseases and other health problems. At the same time, most Americans are either overweight or obese. The pandemic made a bad situation worse, as Americans sat at home, stressed, and bored, reaching for junk food. Jeff and Angela Jordan were no different. At five-feet nine inches tall, Jeff tipped the scale at 264 pounds, and at five-feet three inches, Angela weighed 195. But through faith in God, combined with healthy habits and exercise, Jeff lost 100 pounds and Angela lost 50. Jeff told CBN News if he and Angela can do it, so can other people. After 25 years of marriage, like many couples, over time they gradually put on weight, especially during the pandemic. The two decided to make a change, starting with exercise. The two joined the Kempsville Run Club, where they found friendly accountability partners. Angela says running brings her closer to God. Jeff shares a similar story. Soon after the Jordans started running, they wanted to get better at it and enjoy running more. That motivated them to change their diet. Angela researched nutrition, at which time she and Jeff started avoiding sugar and processed foods. They discovered even people who eat healthy foods can eat too many of them, so they started counting calories. After a year, the excess weight was gone. Angela said her back pain was a thing of the past, too. Jeff and Angela hope their story inspires other people to find a workout they love, eat healthier, and lose weight.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Show	23:59	23:59	REC	PA/O/E	10/1/2021	5:00 PM
#105					10/3/2021	9:00 PM

Mental Health

Today on The Eric Metaxas Radio Show, Rebekah Lyons, Speaker and Bestselling Author of her latest book "A Surrendered Yes 52 Devotions to Let Go and Live Free," talks about surrender; the acceptance of the way things are. Rebekah shares her journey with anxiety, which she found was rooted in fighting against the obstacles or barriers in her life, verses accepting it, finding peace through releasing her frustrations and trusting God to allow that pain to become purpose. She also talks about how control and unacceptance of others can increase anxiety, and the importance of sabbath to rest our soul.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise:	55:52	55:52	REC	PA/O/E	10/01/2021	2:00 AM
Triumph Over Trials #1					10/03/2021	10:00 PM
					10/04/2021	4:00 PM
					11/07/2021	11:00 PM
					11/26/2021	4:00 PM
					12/05/2021	11:00 PM

Tonight on Praise: T.D. Jakes tells us that there is something that comes out of surviving that gives us a tenacity and fight. Samuel Rodriguez tells us the wounds of your past should never hamper today's worship. The drama we went through should never deter the fulfillment of God's destiny in our lives. Joyce Meyer tells us that just because something hurts doesn't mean that it's bad and just because something hurts doesn't mean that it's not God. Jentezen Franklin tells us that where we are right now is loaded with potential. You're living in acres of diamonds. John Hagee tells us that you never know just how good God is until He rescues you in the storm. Join us as we hear words of wisdom and encouragement to triumph over trials.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise #92821	54:59	54:59	REC	PA/O/E	10/3/2021	2:00 AM
					10/6/2021	2:00 AM

Tonight on Praise: Jackie Hill Perry, Teacher, Poet and Author of "Gay Girl, Good God," shares her story of being a woman who discovered that she had same-sex desires as a very young child and since then the Lord saved her and is subsequently changing her and that God is good.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
You Are Stronger Than You Think with Joel Osteen #1	22:30	22:30	REC	PA/O/E	10/4/2021	8:00 PM
					10/4/2021	11:30 PM
					11/1/2021	10:00 PM
					11/2/2021	12:30 AM

You Are Stronger Than You Think: Joel Osteen talks about going through difficult situations and inviting God into our situation. The Osteen family of Lakewood Church discuss how Dodie Osteen went through and overcame her health crisis by faith.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise #100421	55:30	55:30	REC	PA/O/E	10/04/2021	7:00 PM
					10/04/2021	10:00 PM
					10/05/2021	4:00 PM
					10/10/2021	12:30 AM
					10/10/2021	10:00 PM
					10/12/2021	2:00 AM
					10/17/2021	2:00 AM
					10/17/2021	11:00 PM
					10/19/2021	7:00 PM
					10/19/2021	10:00 PM
					10/20/2021	4:00 PM
					10/27/2021	2:00 AM
					10/31/2021	10:00 PM

Tonight on Praise: Joel and Victoria Osteen, Senior Pastors of Lakewood Church and New York Times Best-Selling Authors, share Joel's new book "You Are Stronger Than You Think." Joel shares that we all face challenges that feel like it's too much, but we won't face anything that we can't handle because God has already planned out all of our days. We defeat ourselves in our own mind. The way to turn it around is to change our perspective and have a good attitude because God had designed us to withstand it and He is with us.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #333	25:55	25:55	REC	PA/O/E	10/5/2021	12:29 PM

Today on Better Together: Laurie Crouch, Joyce Meyer, Nicole C., Natalie Grant, and Alex Seely address how God's Word cancels negative "self-talk"! When we are tempted to become our own worst critics, we must listen to His voice of truth.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
The Eric Metaxas Show #106	23:59	10:00	REC	PA/O/E	10/08/2021	5:00 PM
					10/10/2021	9:00 PM

Today on The Eric Metaxas Radio Show, Dr. Robert Jeffress, Senior Pastor of First Baptist Church of Dallas, and author of his latest book, "Invincible," believes invincible is the spirit God wants us to have amidst the challenges we've faced over the past eighteen months, such as the pandemic, civil unrest, political unrest, worry, fear, loneliness, and grief. He shares that anxiety is at the highest level it has ever been among Christians and talks about bitterness, unforgiveness, forgiveness, and reconciliation. Dr. Jeffress shares biblical principles, that with God's help, we can conquer these mountains.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Connect with Skip Heitzig #2140	27:30	27:30	REC	PA/O/E	10/10/2021	4:30 AM
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Today on Connect with Skip Heitzig, Senior Pastor of Calvary Church of Albuquerque, Skip continues his "Give Peace a Chance" series with a continuation of his message titled "How to Have Unfathomable Peace" using four principles. Resolve controversy. Rejoice frequently. Restore geniality. Reject anxiety. The cure for worry is to re-direct your energy and replace your anxiety. The Bible calls this casting your cares through prayer, supplication, thanksgiving, and requests.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

You Are Stronger Than You Think with Joel Osteen #4	22:29	22:29	REC	PA/O/E	10/11/2021	8:30 PM
					10/12/2021	12:00 AM
					11/22/2021	9:00 PM
					11/23/2021	12:30 AM

You Are Stronger Than You Think: Joel Osteen talks about the voices in our life that try to define us. What we choose is who we become. Who do you say you are? Get in agreement with God. When the pressures come, know that you were designed to withstand. The Osteen family of Lakewood Church discuss self-talk and believing what God says about you.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Praise #91418	56:30	56:30	REC	PA/O/E	10/28/2021	7:00 PM
					10/28/2021	10:00 PM
					10/29/2021	4:00 PM
					11/04/2021	2:00 AM

Tonight on Praise: Tyler Perry, Prolific Actor, Writer & Filmmaker, talks about his upbringing and abuse in his family; how he was led to write a play about adult survivors of child abuse; going after his dream; how he forgave his father and the power of forgiveness; the history and miracle of Tyler Perry Studios; how he has no failures because everything in his life worked for his good; where Madea came from and how he is able to address issues facing society using laughter through this character. He encourages us not give up on our dreams because people and lives are tied to our destiny and expresses the importance of getting to an understanding that you are worth it; you deserve the 'good thing.' Tyler talks about the success of his plays and his anxiety about flying. He shares a powerful message titled "Climb and Maintain" about how to overcome anxiety.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Takeaways	51:12	27:24	REC	PA/O/E	11/29/2021	8:00 PM
with Kirk Cameron #5					11/29/2021	11:30 PM

Today on Takeaways with Kirk Cameron: Ann Voskamp, New York Times Best-Selling Author, and author of "One Thousand Gifts" shares how gratitude is important, but dives deeper into the heart motivations of gratitude, faith, and generosity. We find that gratitude is possible regardless of our circumstances, and that in uncertainty and chaos, trust in God anchors us in faith, not fear. We learn how anyone can live generously no matter the size of their bank account, and most importantly, we explore how our attitude toward these values can honor God.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

Better Together #378	25:59	25:59	REC	PA/O/E	12/22/2021	12:29 PM
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Today on Better Together: Laurie Crouch, Nicole Binion, Da'dra Greathouse, Sheila Walsh, Jeannie Munsey, Madison Binion address: Our Savior's unconditional love sets us free! Christmas is a celebration of the only kind of joy that can truly fill our hearts and renew our minds.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Mental Health

700 Club NewsWatch	CBN	52:30	4:00	REC	PA/O/E	12/27/2021	2:00 PM
#12272021							

CBN Reporter Lorie Johnson Reports: Macaroni and cheese, hot fudge sundaes and other comfort foods have become our go-to fixes during the pandemic to help brighten our days and soothe a lonely night. Unfortunately, what's in these guilty pleasures can make blue moods and other mental health problems worse, not better, as researchers continue to discover a link between what we eat and how we feel. The number of Americans seeking help for depression and anxiety skyrocketed 93-percent in 2020 compared to 2019. While some of that can be blamed on the COVID-19 impact, research shows mental illness has steadily increased for years. In fact, 40 million Americans deal with some mental health concern. That's more than the populations of New York and Florida combined. These disorders make the list of the most common causes of death and disability. Suicide scores as a leading cause of death no matter the age group. Meanwhile, three out of four Americans are either overweight or obese – the highest level ever. As it turns out, there's a link between the skyrocketing weight gain and the sharp increase in mental health problems, according to Naidoo and a growing number of mental health experts. The same foods that trigger weight gain can also lead to depression, anxiety, and other mental health issues. Dr. Uma Naidoo founded and directs the first hospital-based Nutritional Psychiatry Service in the United States. She is the Director of Nutritional and Lifestyle Psychiatry at Massachusetts General Hospital while serving on the faculty at Harvard Medical School. She is the author of the book, "This is Your Brain on Food: An Indispensable Guide to the Surprising Foods that Fight Depression, Anxiety, PTSD, OCD, ADHD, and More." As a result, Dr. Naidoo is one of a growing number of psychiatrists and other mental health professionals using healthy foods to treat their patients. Dr. Naidoo says a healthy brain begins with a healthy gut. That key connection, the gut-brain axis, is a two-way superhighway sending constant chemical messaging back and forth via the vagus nerve. The chemicals, for better or worse, are determined by the type of bacteria, good or bad, found in the gut. Several studies including MRI imaging that shows excessive sugar consumption makes depression and anxiety worse. Dr. Naidoo says processed foods are loaded with sugar, even those that don't seem sweet. Believe it or not, many fake sugars are just as bad for the gut or in some cases worse than real sugar. Dr. Naidoo recommends adding colorful vegetables, like leafy greens to your menu, which contain folate. She advises her patients to load up on antioxidant-rich foods like blueberries and green tea. She tells her psychiatric patients to eat plenty of healthy fats like olive oil, avocados, and things like salmon and walnuts which contain high levels of Omega-3 fats. Dr. Naidoo believes in addition to relieving depression and anxiety, that this approach can also have a positive impact on Post Traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD), Attention Deficit Hyperactivity Disorder (ADHD), Schizophrenia, Bi-Polar Disorder and other mental health challenges. An added benefit is that a healthy diet can also increase a medication's effectiveness. In her book, "This is Your Brain on Food: An Indispensable Guide to the Surprising Foods that Fight Depression, Anxiety, PTSD, OCD, ADHD, and More," Dr. Naidoo lists specific foods that alleviate certain mental health problems. She also provides dozens of recipes that address specific mental health challenges.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club NewsWatch	CBN	52:30	5:00	REC	PA/O/E	10/1/2021	2:00 PM
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#10012021

CBN Reporter Caitlin Burke Reports: "Supply Chain" is a term not many of us thought of before March of 2020. We did, however, enjoy getting what we wanted, when we wanted it. The pandemic changed all that. Some of the worst backups are happening in what's called durable goods: appliances, laptops, and furniture. That's because the pandemic changed spending habits. Many businesses also cut back at the outset, expecting a major slow-down in sales. Then, according to economic consultant Bill Conerly, came the perfect storm. Still, Conerly believes the biggest overall interruption came in the workforce. This affects each level of the domestic supply chain; from factories to the trucking industry to distribution centers. And international goods can't get here because of a major backup at our ports. Shipping containers are waiting to unload for up to eighty days, due in part to labor shortages at docks. Experts and businesses alike don't see this ending until 2022. For some industries that's meant shutdowns. GM, Toyota, and Nissan have all paused production because of a shortage of computer semiconductor chips used in a large number of car parts. Other industries are forced to pay up to three times more for supplies than in the past, and still, barely get enough to keep the doors open. Oakley Monument Company has seen a major surge in business due to COVID-related deaths, but grieving customers are waiting months for memorials. Alignable, a small business network, is helping companies pivot. A major step forward has been simply connecting business owners to others in their industry. That way of thinking allowed Mark Patterson, co-founder of Civilized Coffee to get around some supply chain issues. Meanwhile, consumers are feeling the result of all this in their wallets. He predicts this could lead to a Boom and Bust Economy similar to the late '60s and 1970s. Simply put, that would mean high inflation, followed by a tightening of monetary policy by the Federal Reserve, resulting in a recession. Then, they would hit the gas again, causing more inflation. Conerly's advice to businesses comes straight from the Old Testament. With the holiday season upon us, experts say retailers are doing their best to prepare for the rush, but there's only going to be so much they can do to stock their shelves. So whether you typically shop early or last minute, now is the time to start marking items off your list.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

Taking Care of Business	27:30	27:30	LCL	PA	10/4/2021	3:30 PM
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#TCOB-1906

10/8/2021 3:30 AM

Since the global warming topic first arose, the terms "go green" and "carbon footprint" have been thrown around so often that they now are bland and empty, lacking the fiery inspiration they were coined with. But the fact remains that we all make an impact on the world we live in. The systems that we employ and the choices that we make today do have an enduring effect. Join us for this episode of Taking Care of Business and learn how personal environmental responsibility is more than taking care of the earth - it is taking care of those we love.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club NewsWatch	CBN	52:30	3:00	REC	PA/O/E	10/14/2021	2:00 PM
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#10142021

CBN Senior Washington Correspondent Tara Mergener Reports: Empty shelves in stores, record-breaking backlogs at ports, and a severe shortage of truck drivers – the breakdown in our supply chain is hurting the economy and increasing costs for everyday Americans. President Biden met virtually with CEO's and leaders of the country's biggest ports on Wednesday as the problems in the supply chain fester. Americans are already feeling the strain of higher prices and shipping delays which the White House and businesses across the country are warning could go on for many more months. To help get things moving again, Biden says he's brokered an agreement for the port of Los Angeles to become a 24-hour, seven-days-a-week operation. Big retailers and shipping companies are also pledging to expand their hours. L.A. and Long Beach account for 40% of shipping containers that enter the U.S. Both are suffering from record-breaking backlogs. High consumer demand, a shortage of truck drivers and factory workers, and other supply chain issues are also keeping many items off store shelves with shortages expected to continue through the holidays. U.S. Treasury Secretary Janet Yellen is telling Americans not to panic. The White House has launched a task force to examine the supply chain issues. Economists also warn delays and higher prices may stifle consumer spending in an already fragile economic recovery. The latest inflation reading shows that prices rose by 5.4% in September with the biggest increases in food, shelter, and gas. According to a recent Bankrate survey, 89% of adults have noticed rising prices, and 66% say those extra costs are hurting their financial situation. Meanwhile, President Biden's Chief of Staff Ronald Klain is being accused of making light of the plight of millions of Americans being hit in the pocketbook by the higher prices.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

Huckabee #212	50:30	7:00	REC	PA/O/E	10/23/2021	7:00 PM
					10/23/2021	10:00 PM
					10/24/2021	8:00 PM

Tonight on Huckabee: Donna England, Vice President, Tennessee Trucking Association, talks about how essential truck drivers are to our economy across the nation. She explains that although there is currently a shortage of truck drivers, there has always been a shortage of drivers, and they are not the reason for the current supply chain issues. There is a shortage of workers to unload the freight. She also talks about the Drive State Act which may introduce younger drivers into the industry.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club NewsWatch #10262021	CBN	52:30	3:00	REC	PA/O/E	10/26/2021	2:00 PM
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CBN News Reporter Brody Carter Reports: Ongoing standstills at the nation's largest port are driving prices through the roof. Others are stepping up to help, but it's not enough to fix the problem. The Port of Virginia is already soaking up some of the congestion that's plaguing the West Coast. They're operating very efficiently and hope to keep the cargo and turn it into long term business. As many as 73 container ships have been waiting to unload goods at the ports of Long Beach and Los Angeles this week – the largest ports in the nation, now a chokehold to the global supply chain. L.A. – Long Beach processes about 10-million shipping containers each year. In comparison, all the major ports on the East Coast process just above 8 million. With roughly 250,000 containers sitting idle on the West Coast, the president plans to call on the U.S. military for help with fixing the supply chain woes. Supply chain bottlenecks are driving inflation across America. Store shelves are bare and many have likely felt the impact in their wallet. Inflation is up more than 5% this year. The typical American household is now spending an extra \$175 more each month on housing, groceries, and gas. And it could be the new normal for months. Major companies are charging more because of rising costs, like Nestle, Unilever, and Proctor and Gamble. The U.S. Postal Service and other shipping companies have added new facilities, machines, and seasonal workers in an attempt to avoid the brunt of bottlenecks come Christmas. The strain in the supply chain will endure well past COVID-19 and well into 2022. Joe Harris, spokesman for the Port of Virginia, says they just hope they can contain the workload they've already taken on to help alleviate the problems in the West Coast.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club NewsWatch #11082021	CBN	52:30	4:00	REC	PA/O/E	11/8/2021	2:00 PM
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CBN News Reporter Brody Carter Reports: Port experts say President Joe Biden's mandate to open the LA-Long Beach port complex 24/7 won't fix the backlog issue unless the entire distribution chain follows suit. Captain Manny Aschemeyer oversaw our nation's largest port complex for 15 years as executive director at the Marine Exchange for Southern California. He says the real reason ships are backlogged is that ports have no room for product because the truckers responsible for the last mile in the supply chain are dropping in droves. He says the logistical nightmare certainly begins at the ports. Backlogs began due to COVID shutdowns, which sparked massive warehouse layoffs. Then the hyper-buying of goods to restock shelves followed, leaving only limited staff to do the work. The former captain says the real panic in the pantry comes from what's happening in the trucking industry. California independent truckers are fighting an uphill battle with the state legislature. That's because California Assembly Bill 5, which is intended to give Uber and Lyft drivers minimum wage and other benefits, also affects about half of the state's truckers. The bill has stopped them from operating their own rigs by their own rules. Another hurdle is a California environmental group barring truckers from registering rigs built before 2010. Given these restraints and driver shortages, he says store shelves will sit bare past Christmas. And the cost of most everything will continue going up. In addition to the excessive backup and incoming cargo, contracts for about 15,000 West coast dockworkers are set to expire next summer. This comes as union workers fight the impact of automation which is expected to increase at more terminals. Manny and other professionals in the business ask you to thank anyone you know in the port industry, as they are working around the clock to remedy the situation as fast as possible.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club CBN NewsWatch #11092021	52:30	2:00	REC	PA/O/E	11/9/2021	2:00 PM
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CBN Washington Correspondent Jenna Browder Reports: U.S. international travel restrictions have been lifted for fully vaccinated visitors from 33 countries for the first time in 18 months. Airports across the U.S. saw emotional reunions among family members who have been kept apart during the pandemic. Most foreign travelers are happy to be on U.S. soil after showing proof of vaccination and a negative COVID test within three days of traveling. Meanwhile, travelers from Mexico and Canada only need proof of vaccination. The change comes as the White House continues to push its vaccine mandate for businesses with more than 100 employees. Over the weekend, a federal appeals court temporarily blocked the mandate, citing grave statutory and constitutional issues. Still, the Biden administration is encouraging businesses to go ahead with enforcement. At least 27 states have sued the Biden administration over its sweeping vaccine mandate. The multi-state lawsuit is led by Louisiana Attorney General Jeff Landry. Meanwhile, the U.S. economy is showing good signs, even though inflation is rising higher and higher. The federal reserve says the economy is coming back after the COVID recession. But there are concerns though this new mandate could hurt the economy. One reason is that the Biden administration pushed its deadline past Christmas. While the fight over the vaccine mandates rages on, Pfizer's will reportedly seek FDA approval for booster shots for those 18 and older as soon as this week.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

700 Club CBN NewsWatch #11122021	52:30	3:00	REC	PA/O/E	11/12/2021	2:00 PM
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CBN Senior Washington Correspondent Jennifer Wishon Reports: Inflation is putting tremendous stress on the pocketbooks of Americans and is becoming a political headache for President Biden. Now top economists see no end in sight. As millions of Americans prepare to host Thanksgiving dinner, it's not just the cost of turkey and pie putting a strain on family budgets. This week the Consumer Index which keeps track of what people are paying jumped 6.2-percent, recording the highest level since 1990. A CNBC survey shows inflation now ties with coronavirus as the biggest concern facing Americans and it's punching the president politically. Republicans were hitting the president hard even before the consumer index quantified Americans' financial pain. The president says the infrastructure plan passed this week will help alleviate bottlenecks in the supply chain. However, critics say his policies are the problem, like cutting back on the U.S. fuel supply. Today a gallon of regular gasoline costs \$3.41, up more than a dollar from a year ago, and as winter approaches, the Energy Department estimates heating bills will be up by as much as 54 percent. And while some blame the supply chain problems for inflation, others point out that Europe has those supply chain issues too, but without inflation. Instead, many point to government spending. Democratic economist Larry Summers warned in February that the Democrats' COVID relief plan could lead to inflation. He was blasted by the White House which called inflation "transitory." Now some economists say it could easily last another year. And now as Biden and Democrats work to infuse \$1.75 trillion into the economy through his Build Back Better bill, they're facing more political roadblocks. Sen. Joe Manchin (D-WV) signals he's concerned new federal spending may make inflation even worse. Americans do know the pain because even though salaries are up, prices are up even more meaning people are falling behind. So economists and business leaders are looking to the Federal Reserve to do more to slow inflation. However, that could mean multiple hikes in interest rates which could hurt the economy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Transportation

Taking Care of Business #TCOB-1901	27:30	27:30	LCL	PA	11/15/2021 11/19/2021	3:30 PM 3:30 AM
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Hunger in the USA is a very real health and economic problem. When a person does not know from where their next meal is going to come, we call that Food Insecurity. In this episode of Taking Care of Business, we take an honest look at how Poverty and Food Insecurity are impacting people of all ages in our society and discover the alarming fact that hunger and food insecurity is not just a problem caused by poverty.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Transportation</i>						
Somebody's Gotta Do It #313	24:30	20:00	REC	PA/O/E	11/20/2021	8:00 PM
					11/20/2021	11:00 PM
On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to Ali Horuz, Owner and Founder of VIP Pedicab in San Diego, California, where we learn how Ali made his American dream a reality through hard work and innovation creating the largest fleet of pedicabs in the country revolutionizing the industry.						

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<i>Transportation</i>						
Somebody's Gotta Do It #313	24:30	20:00	REC	PA/O/E	11/20/2021	8:00 PM
					11/20/2021	11:00 PM
On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to Ali Horuz, Owner and Founder of VIP Pedicab in San Diego, California, where we learn how Ali made his American dream a reality through hard work and innovation creating the largest fleet of pedicabs in the country revolutionizing the industry.						

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<i>Transportation</i>						
700 Club NewsWatch #12302021	52:30	2:00	REC	PA/O/E	12/30/2021	2:00 PM
CBN News Reporter Brody Carter Reports: Holiday travelers are still having a hard time reaching their destinations. Harsh winter weather and COVID-19 staffing shortages are causing big delays. Thousands of flights have been cancelled since Christmas, and more winter weather is in the forecast. More than 8,000 U.S. flights have been nixed since Christmas Eve. Delta Airlines delayed 600 flights on Wednesday alone, canceling 129. Alaska Airlines cancelled 170 flights. Seattle-Tacoma International Airport saw the most flight cancellations in the world for two consecutive days. And with a New Year's winter storm threatening travel across the plains and Midwest, more delays and cancellations are expected. It's been an extra-busy travel season too. On average, two million travelers have been passing through TSA each day – that's more than double the number of passengers in 2020. Meanwhile, parts of Nevada, California, and Oregon have issued states of emergency after heavy snow and torrential rains threatened travelers both in the air and on the road. From Dec. 23 – Dec 28, frozen roads have caused almost 1,000 traffic accidents in Oregon.						

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