

**KPYK 1570 AM
Issues/Programs List**

**First Quarter
2024**

April 8, 2024

Issues:

Religion/Faith in Daily Life:

Church services from the First Baptist Church in Terrell, TX, are broadcast live every Sunday morning from 10:25 a.m. until 12:00 noon. Sermons are broadcast by senior pastor John Lowrie in addition to music by the church choir and/or the congregation, as well as announcements concerning church and community activities. John Porter and Jerry White are the announcers presenting the church/community events announcements

Families/Family Relations:

This is addressed in a daily 5-minute feature which runs at 10:05 a.m. Monday through Friday, "Guidelines for Living," with commentary by Dr. Harold Sala. Topics covered include marriage and fidelity, family relations, poverty, doubt, depression and its various stages, and faith, forgiveness, love and commitment, remaining faithful, and dealing with the stress of daily family living.

Health:

Running daily, Monday through Friday at 4:35 p.m. is "Check Up on Health," a two-minute health feature which addresses a variety of health topics, including respiratory viral infections (covid-19), terminally ill patient care, alcohol and marijuana use among teens, healthy diet choices, substance abuse and addictions, aspirin for heart health, high blood pressure, precautions around infections, attention deficit hyper activity disorder, avoiding broken bones, functional foods, preventing child abductions, gluten sensitivity, alcohol as the #1 cause of death worldwide for men 15-56, PSA test, nutrition labels and what you should look for, suicide, carbon monoxide poisoning and alarms, healthy foods - fruits and vegetables, prescription drugs, health care costs, high cholesterol, staph infections, trans fats, blood pressure screenings, effects of exercise and diet on aging, obesity and health, music's effect on health, common cold, benefits of garlic on health, health psychology and spirituality, and mental health care costs.

Outdoors/Recreation:

Outdoor life and recreation is addressed in "Outdoors with Luke Clayton," a 55 minute program at 8:05 a.m. Saturday, which looks at local hunting, fishing, camping, and cooking outdoors at the camp site. Luke Clayton is an established outdoors writer and columnist in 45 newspapers across the state of Texas. Clayton is hunting/shooting columnist for Texas Wildlife Magazine and writes regular features for several other outdoor magazines including Airgun Hobbyist where he is Hunting Editor. He hosts the radio program with friends Larry Weishuhn & Jeff Rice, and has many guests each week.

Education:

This is addressed by the program "Issues in Education," which airs Saturday mornings at 6:05 a.m. until 6:30 a.m. Specific program content is attached.

Education and government involvement is also addressed with the coverage of the regular monthly meetings of the Terrell School Board of Trustees on KPYK. The meetings broadcast were as follows: January 18th at 6:00 p.m. for 31 minutes; February 26th at 6:00 p.m. for 55 minutes; March 25th at 6:00 p.m. for 67 minutes. In addition

to the meeting broadcast, a comprehensive report on the board's actions is given the following morning during the local news reports.

Government and public relations:

KPYK broadcasts the meetings of the Terrell City Council live the first and third Tuesday of each month starting at 6:00 p.m. The meeting dates and times are as follows: January 23rd at 6:00 p.m. for two hours and 20 minutes; February 13th at 6:00 p.m. for two hours and 5 minutes; February 20th at 6:00 p.m. for 60 minutes; March 5th at 6:00 p.m. for one hour; March 19th at 6:00 p.m. for one hour and 41 minutes. In addition to the meeting broadcast, a comprehensive report on each council meeting is given the following morning during the local news reports.

Reports on the activities of the Kaufman County Commissioner's Court meetings, which are held the second and fourth Tuesday of each month are broadcast the following morning during the local newscasts at 7:30 a.m., 8:30 a.m., 9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m.

Local News:

KPYK broadcasts a local news report every weekday morning at 7:30 a.m., 8:30 a.m., 9:30 a.m., 10:30 a.m., 12:05 p.m. and 1:05 p.m. News includes local government activities and meetings of government bodies, crime reports, deaths and funeral notices, local activities of service clubs and other non-profit service organizations, and reports on those serving in the military whose families live in the local area (Kaufman, Van Zandt, Rockwall and eastern Dallas Counties). Five-minute newscasts of regional and state news from the Texas State Network are broadcast on KPYP every hour from 7:00 a.m. through 8:00 p.m. National and world news is presented in a two-minute broadcast from the USA Radio Network every hour on the half-hour between 7:00 a.m. and 8:00 p.m., and also in a five-minute presentation on the hour from 9:00 p.m. throughout the night through 6:00 a.m. Texas headlines from the Texas State Network follow the USA Radio Network news on the half-hour between 7:00 a.m. and 6:00 p.m. KPYP broadcasts a minimum of 3 hours of news every 24 hours.

Local Activities:

KPYK has promoted the Terrell Alliance for the Arts' membership drive starting the first week in March, with a minimum of 12 3-minute commercials featuring music by the next season's artists that will perform in concert, encouraging listeners to subscribe to the season, and offering a special early-bird subscription rate. The series offers seven concerts beginning in September of 2024 and running through April 2025.

Info-Track:

Various issues, including marriage, relationships, mental health and depression, consumer issues, etc. are addressed weekly at 6:30 a.m. Saturdays on a 30-minute program, "Info-Track." Specific topics discussed are attached.

Community events:

Twice every hour, at :17 and :47, KPYP broadcasts "Community Notes," short features with information on community service club activities, educational opportunities, civic fund raisers, area school and church activities which are open to the public, city-wide clean-up drives, health fairs and the like. Events included heavy promotion of the local Kiwanis Club's Pancake Day fund raiser in February..

PSA's broadcast ROS during the quarter were for the following:

Emergency Preparedness
Meals on Wheels
Retirement Planning
American Academy of Orthopaedic Surgeons
Foundation Fighting Blindness
Drunk Driving/Buzzed Driving

Muscular Dystrophy
AARP
Coast Guard Reserve
Lighthouse International
American Lung Association
CASA

A minimum of 5 minutes per weekday is allocated for public service announcements on KPYK.



Charles Mohnkern
General Manager, KPYK

04-08-2024

Date



Call Letters: KPYK-AM

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JANUARY-MARCH, 2024

Show # 2024-01

Date aired: 01/06/2024 Time Aired: 06:30 AM

Steve Elek, Senior Automotive Data Analyst at Consumer Reports

Mr. Elek shared results of Consumer Reports' newly-released annual car reliability survey, which found that electric vehicle owners continue to report far more problems with their vehicles than owners of conventional cars or hybrids. He said that on average, EVs from the past three model years had 79 percent more problems than cars powered by internal combustion engines. He outlined the most common problems cited by EV owners, and the potential reasons behind this trend.

Issues covered:

**Electric Vehicles
Consumer Matters**

Length: 8:44

Mariah M. Kalmin, PhD, epidemiologist, Health Policy Researcher at RAND, a nonprofit research organization

Dr. Kalmin was the lead author of a Rand study that found that spending on mental health services for children and adolescents has risen by more than one-quarter since the beginning of the COVID-19 pandemic, continuing to rise even as the use of telehealth services plateaued. She explained why telehealth care for mental health filled a critical need for pediatric patients, but added that it may not be appropriate in some cases.

Issues covered:

**Mental Health
Telehealth
Youth Issues**

Length: 8:41

Annie Korzen, social media personality, humorist, actor, author of "*The Book of Annie: Humor, Heart, and Chutzpah from an Accidental Influencer*"

Ms. Korzen explained how she accidentally became a viral star on Tik Tok in her 80s, why she enjoys interacting with younger people, and how she uses humor to cope with aging. She explained why she thinks younger people are starting to look to older women for wisdom and life instructions.

Issues covered:

**Aging
Social Media**

Length: 5:08

Show # 2024-02

Date aired: 01/13/2024 **Time Aired:** 06:30 AM

Annie Grace, recovering alcoholic, author of "*This Naked Mind*," founder of the This Naked Mind community

Ms. Grace shared her personal experience of overcoming alcohol addiction by asking herself why she drank so much and doing research on the effects of alcohol. She explained how alcohol affects the body and the brain, and how quitting alcohol can restore the natural pleasure system. She also advised people who want to quit alcohol to be compassionate with themselves, and to treat drinking as a habit that can be changed with the right approach.

Issues covered:
Alcoholism

Length: 8:48

Nusrat Jung, D.Sc., Assistant Professor of Civil Engineering in the Lyles School of Civil Engineering at Purdue University

Prof. Jung led a study of Americans' typical morning grooming routines and found that several volatile chemicals are released when common hair care products are heated with flat irons or hair dryers. She said the chemicals linger in the air after use and may have dangerous effects on health. She recommends the use of a bathroom exhaust fan when using hair care products, and using the products less frequently.

Issues covered:
Personal Health
Environment
Consumer Matters

Length: 8:39

Eric Gehrie, MD, Executive Medical Director of the American Red Cross

The Red Cross announced this week that they are experiencing an emergency blood shortage, with blood inventory at critically low levels. Dr. Gehrie explained the reasons behind the current shortage and how listeners to sign up to make a blood donation.

Issues covered:
Blood Donations
Public Health

Length: 5:03

Show # 2024-03

Date aired: 01/20/2024 **Time Aired:** 06:30 AM

Jared Walczak, Vice President of State Projects, Tax Foundation

More and more homeowners are struggling as property values across the nation are rising rapidly, and property taxes are following suit. Mr. Walczak said typical property valuations have risen 30% to 40% over the past three years. He explained that at least some homeowners who are already grappling with high inflation may get a brief reprieve, because property taxes typically take one to three years to catch up to home prices.

Issues covered:
Property Taxes
Inflation
Home Ownership

Length: 8:54

Satchin Panda, PhD, Professor in the Regulatory Biology Laboratory at the Salk Institute for Biological Studies

When and what we eat for dinner makes a significant difference in how we sleep. Prof. Panda explained how to determine the optimal time to have dinner. He said the most important factor in the dinnertime calculus is melatonin, the hormone that signals it's time to sleep. He also talked about the effect that highly processed food and carbohydrates have on sleep quality.

Issues covered:
Personal Health
Nutrition

Length: 8:29

Jas Booth, veteran, Founder of Final Salute, Inc, a non-profit organization that assists female veterans and their children who are struggling with homelessness

Ms. Booth shared her personal story of struggling with homelessness after her military career ended. She said her experience caused her to start Final Salute to help other women vets, especially those with children. She said her organization has helped more than 5,000 women veterans who are homeless or in domestic violence situations.

Issues covered:
Homelessness
Veterans' Concerns
Domestic Violence

Length: 4:43

Show # 2024-04

Date aired: 01/27/2024 **Time Aired:** 06:30 AM

Vijay Boyapati, Bitcoin expert, author of "*The Bullish Case for Bitcoin*"

Mr. Boyapati explained the basics of what bitcoin is and why many investors have an interest in it. He explained the recent government approval that allows ordinary investors to purchase bitcoin through spot bitcoin exchange traded funds and why it will expose bitcoin to a much bigger retail audience. He also outlined the most common misconceptions about the digital currency.

Issues covered:
Digital Currencies
Personal Finance

Length: 8:58

Laura Stack, founder of Johnny's Ambassadors, a Colorado-based organization that aims to educate teens, parents, and communities about the dangers of today's high-THC marijuana

Mrs. Stack why she founded Johnny's Ambassadors, after her 19-year-old son Johnny died by suicide after he became psychotic from using dabs, which are a potent marijuana concentrate. She explained how today's marijuana and THC products are drastically different than that of years ago. She says parents need to cast aside what they think they know about the drug and recognize that marijuana causes brain damage and mental health issues in ways that other substances do not.

Issues covered:
Substance Abuse
Parenting

Length: 8:15

Penelope Larsen, researcher and PhD candidate in the School of Exercise Science, Sport & Health at Charles Sturt University, Bathurst, New South Wales, Australia

Hitting the gym at night won't keep you tossing and turning all night, contrary to popular belief. Ms. Larsen led a recent study that found that evening high-intensity cycling didn't ruin sleep and may even reduce appetite. She said study participants also seemed to have more energy when exercise occurred later in the day, which could also debunk the belief that working out first thing in the morning is the optimal time.

Issues covered:
Personal Health

Length: 5:01

Show # 2024-05

Date aired: 02/03/2024 **Time Aired:** 06:30 AM

Rachel Slade, author of "*Making It in America: The Almost Impossible Quest to Manufacture in the U.S.A. (And How It Got That Way)*"

The US has fallen from the top spot, to now the 10th largest manufacturing economy in the world. Ms. Slade discussed how America can revive manufacturing and why is it so important. She explained why manufacturing is vital for the country's independence, economy and innovation. She also talked about the impact of the great resignation, the resurging role of unions, and the new priority for a work-life balance among workers.

Issues covered:
Manufacturing
Economy
Government

Length: 8:43

Gary Taubes, journalist, author of "*Rethinking Diabetes: What Science Reveals About Diet, Insulin, and Successful Treatments*"

Diabetes affects one out of every nine Americans. Mr. Taubes believes that treatment approaches to diabetes need to change, with renewed focus on diet—particularly, fewer carbohydrates and more fat—over a reliance on insulin. He also criticized the role of the food industry in promoting unhealthy foods and influencing diabetes research. He said that the current diabetes epidemic is driven by overeating and obesity, and that the best way to prevent and treat diabetes is to avoid the poison, not take the antidote.

Issues covered:
Personal Health
Science

Length: 8:37

James Royal, analyst at Bankrate.com

Mr. Royal explained why Chat GPT and other artificial intelligences are very useful tools for financial planning and management. He outlined benefits and drawbacks of using AI for various tasks, like paying down debt, saving money, building a budget, and investing in the stock market. He noted that the key to using AI effectively is to ask the right questions and to understand how the AI's recommendations fit one's own financial goals and circumstances.

Issues covered:
Personal Finance
Artificial Intelligence

Length: 5:04

Show # 2024-06

Date aired: 02/10/2024 **Time Aired:** 06:30 AM

Mariel Buqué, PhD, psychologist, author of "*Break the Cycle: A Guide to Healing Intergenerational Trauma*"

Many Americans are living with the effects of trauma and long-term stress. Dr. Buqué discussed scientific research that suggests that if trauma is not addressed, it can be genetically passed down from generation to generation, and even be transmitted to entire communities. She said most forms of abuse typically begin in childhood. She talked about therapeutic practices than can pass down strength instead of pain, thereby breaking the cycle.

Issues covered:

Length: 8:41

**Mental Health
Child Abuse**

Greg Hammer, PhD, recently retired professor at Stanford University School of Medicine, pediatric intensive care physician, pediatric anesthesiologist, author of "*GAIN Without Pain*"

Despite the pandemic, US life expectancy has increased slightly in the past 20 years. Dr. Hammer discussed what he terms the tripod of health: sleep, exercise and nutrition, and the latest science behind all three. He also talked about recent research into the longevity effects of intermittent fasting, dietary supplements and mindfulness and meditation.

Issues covered:

Length: 8:35

**Personal Health
Longevity**

Andreas Groehn, Director of the Berkeley Research Group

America's roads are in bad shape and getting more wear than ever. Mr. Groehn discussed ways that road repairs and improvements may be paid for in the future, as a growing number of electric vehicle owners sidestep the gasoline taxes that currently finance road maintenance.

Issues covered:

Length: 5:00

**Taxes
Transportation Infrastructure**

Show # 2024-07

Date aired: 02/17/2024 **Time Aired:** 06:30 AM

Bridget Freisthler, PhD, Professor in the College of Social Work at Ohio State University

Child abuse and neglect cases have been on the rise since the pandemic and its aftermath. Prof. Freisthler led a study of an alcohol control project in Sacramento. The program's purpose was to reduce alcohol-related problems in two neighborhoods in the city, but it discovered an unexpected byproduct: in one of the neighborhoods, total entries into foster care were reduced by nearly 12%. She discussed factors behind child abuse and why she believes additional research is needed before trying to duplicate the program elsewhere.

Issues covered:

Length: 9:27

**Child Abuse & Neglect
Alcohol Abuse
Foster Care**

Megan Henly, PhD, Research Assistant Professor in the Institute on Disability at the University of New Hampshire

Older Americans, low-income workers, and people with disabilities are over-represented in rural parts of the US. But enrollment in federal and state programs in these regions tends to be low. Prof. Henly discussed the numerous barriers to getting information about, and enrolling in, programs like Social Security disability and retirement benefits, the Supplemental Nutrition Assistance Program and the Medicaid health insurance program, and what can be done to reduce the problem.

Issues covered:

Length: 7:46

**Government Assistance
Disabilities
Rural Concerns
Aging**

Jared W. Magnani, MD, cardiologist at the University of Pittsburgh Medical Center, Associate Professor of Medicine at the University of Pittsburgh

Formal education typically occurs in early life, and yet it appears to influence cardiovascular health for decades, according to a study led by Dr. Magnani. He found that that on average, cardiovascular disease strikes later in life for individuals with progressively higher education levels. He discussed results of his study and the potential reasons behind them.

Issues covered:

Length: 5:10

**Personal Health
Education**

Show # 2024-08

Date aired: 02/24/2024 **Time Aired:** 06:30 AM

Jeremy Nobel, MD, MPH, founder of the nonprofit Foundation for Art & Healing, author of "*Project UnLonely: Healing Our Crisis of Disconnection*"

Dr. Nobel said loneliness has increased dramatically since the pandemic. He outlined the three types of loneliness. He also discussed the negative health consequences—both mental and physical—of loneliness or isolation. He said the answer to loneliness is connection through activities like creative expression and serving other people. He believes it all begins with being aware of loneliness and having the courage to address it.

Issues covered:

Length: 9:33

**Mental Health
Personal Health**

Elizabeth Comen, MD, Medical Oncologist specializing in breast cancer at Memorial Sloan Kettering Cancer Center, Assistant Professor of Medicine at Weill Cornell Medical College, author of "*All in Her Head: The Truth and Lies Early Medicine Taught Us About Women's Bodies and Why It Matters Today*"

Dr. Comen said centuries of medical care often dismissed women's health problems as hysteria, but the term used today is anxiety. She said 80% of autoimmune diseases are found in women but the illnesses are often not properly diagnosed, and research in the area is woefully lacking. She also said concussions or even strangulations are often not recognized as domestic abuse by emergency room physicians. She offered three tips for women to advocate for themselves.

Issues covered:
Women's Health
Domestic Abuse
Mental Health

Length: 7:47

Stephanie L. Bonne, MD, Assistant Professor of Surgery, Director of the Hospital Violence Intervention Program at Rutgers New Jersey Medical School

Dr. Bonne led a study of injuries caused by glass-topped tables. She said the furniture causes thousands of injuries each year, many requiring significant surgeries and long hospital stays. She said the U.S. Consumer Product Safety Commission requires tempered glass for products like doors and car windshields but it is voluntary for horizontal surfaces.

Issues covered:
Home Safety
Government Regulation
Consumer Matters

Length: 5:01

Show # 2024-09

Date aired: 03/02/2024 **Time Aired:** 06:30 AM

James E. Rogers, PhD, Director of Food Safety Research and Testing, Acting Head of Product Safety Testing at Consumer Reports

Plasticizers--used to make plastic more flexible and more durable--are so widely used that today, they show up inside almost every American's body. Dr. Rogers talked about Consumer Reports' recent tests, which found that nearly all foods contain phthalates and bisphenols, often at very high levels. He talked about the potential health consequences, and offered steps for consumers to try to reduce their exposure.

Issues covered:
Food Safety
Personal Health
Consumer Matters

Length: 8:14

Harvey Miller, PhD, Professor of Geography at Ohio State University

Prof. Miller led a recent study that examined the circumstances behind who is found at fault when cars hit pedestrians in an urban area. He found that pedestrians were more likely to be blamed when they were crossing busy highways where crosswalks were few and far between. In congested downtown areas, where there were more marked intersections with pedestrian crossings, drivers were more likely to be found at fault. He believes that street and highway designs should be re-imagined, to put a greater emphasis pedestrian safety.

Issues covered:
Traffic Fatalities
Government

Length: 8:54

Marilyn Horta, PhD, Research Scientist in the Social-Cognitive and Affective Development Lab in the Department of Psychology at the University of Florida

Each year, older adults lose more than \$28 billion to financial scams targeting the elderly. Nearly three-quarters of that money is stolen by people the elderly adult knows – people they trust. Prof. Horta shared results of her study that found that older adults have a harder time overcoming their first impressions of people's trustworthiness when that trust is violated, potentially leaving them more open

to deception and scams. She offered suggestions for seniors to recognize changes in behavior in relatives or friends who may not have their best interests at heart.

Issues covered:
Scams/Crime
Senior Citizens

Length: 5:03

Show # 2024-10

Date aired: 03/09/2024 **Time Aired:** 06:30 AM

Angela Fagerlin, Ph.D., Chair of Population Health Sciences at University of Utah Health, Research Scientist with the VA Salt Lake City Health System's Informatics Decision-Enhancement and Analytic Sciences (IDEAS) Center for Innovation

Dr. Fagerlin was the senior author of a study that found that 60 to 80 percent of people surveyed are not honest with their doctors about information that could be relevant to their health. She explained why people are sometimes reluctant to be truthful with their doctors, and why that can be a dangerous practice.

Issues covered:
Personal Health

Length: 7:29

Teresa Gil, PhD, psychotherapist, author of "*Women Who Were Sexually Abused As Children: Mothering, Resilience and Protecting the Next Generation*"

Dr. Gil estimates that there are approximately 21 million mothers in America who experienced childhood sexual abuse. She discussed how that trauma may affect their own parenting. She talked about the value of strong mother-daughter relationships, spiritual beliefs, and therapy in coping.

Issues covered:
Sexual Abuse
Parenting
Mental Health

Length: 9:40

Jennifer Emond, PhD, member of the Cancer Control Research Program at Dartmouth College's Norris Cotton Cancer Center, Assistant Professor in the Department of Biomedical Data Science, Geisel School of Medicine

Advertising works, and Dr. Emond's study found that kids who were exposed to TV ads for high-sugar cereals were more likely to subsequently eat the cereals they had seen advertised. She talked about the effect this may have on diet quality and childhood obesity, and offered suggestions to parents on how to maintain control of TV watching, particularly for small children.

Issues covered:
Parenting
Obesity
Consumer Matters

Length: 4:51

Show # 2024-11

Date aired: 03/16/2024 Time Aired: 06:30 AM

David Rein, PhD, Senior Fellow at the National Opinion Research Center at the University of Chicago

Dr. Rein led a recent study of hearing loss rates, and found that where a person lives and their occupation have a surprising impact. He found that the occupations most associated with hearing loss besides mining were in retail and restaurant settings. Rates of hearing loss are higher among men, non-Hispanic whites, and residents of rural areas, and increases significantly starting at age 35. He talked about the reasons behind the study's findings, along with the societal stigma of wearing hearing aids.

Issues covered:

Personal Health
Aging

Length: 8:50

Christy Faith, author of "*Homeschool Rising: Shattering Myths, Finding Courage, and Opting Out of the School System*"

Ms. Faith is a work-from-home mom who also homeschools her children. She discussed the rapid growth of homeschooling in the aftermath of the pandemic, and the reasons families choose to do it. She talked about the wide array of private and public resources available to homeschoolers, and the biggest challenges families face. She also addressed concerns about socialization for children who are homeschooled.

Issues covered:

Education
Parenting

Length: 8:31

Marceé White, MD, Board-Certified Pediatrician, Medical Advisor for Safe Kids Worldwide, Medical Director of the Children's National Mobile Health Program

Accidental medicine poisoning sends a child under 6 to the emergency room every nine minutes, and every 12 days, a child dies. Dr. White outlined most common poisoning scenarios and the steps that parents of small children must take to avoid a tragedy.

Issues covered:

Child Safety
Parenting

Length: 5:04

Show # 2024-12

Date aired: 03/23/2024 Time Aired: 06:30 AM

Michael Redlener, MD, Associate Professor of Emergency Medicine at the Icahn School of Medicine of Mount Sinai

Dr. Redlener led a study that found that emergency medical service (EMS) systems are not consistently providing optimal care, based on new national standards of quality, for patients who call 911. He explained the significant differences in EMS care he found in comparing urban, suburban, and rural services. He explained why the unnecessary use of lights and sirens, which he found is common in rural areas, is a dangerous practice.

Issues covered:

Emergency Services
Public Health

Length: 8:12

Chelsey Goodan, academic tutor and mentor, author of "*Underestimated: The Wisdom and Power of Teenage Girls*"

Teenage girls struggle with a wide variety of issues. Ms. Goodan outlined the most common things that concern teenage girls, and why they are reluctant to share them with their parents. She offered advice to parents to improve dialogue with their daughters, through listening and asking non-judgmental questions. She also talked about the value of sports in helping girls find their voices and power.

Issues covered:
Teenager Concerns
Parenting
Mental Health

Length: 9:12

Jeff Ostrowski, Analyst at Bankrate.com

A recent legal settlement may change how Americans buy and sell homes. Mr. Ostrowski explained how the changes may affect commission expenses and home prices. He said the changes will take effect in July 2024, and while there may be a learning curve for consumers, the end result will be greater transparency, and the ability to negotiate with real estate agents to reduce commission costs.

Issues covered:
Home Ownership
Consumer Matters
Legal Issues

Length: 4:58

Show # 2024-13

Date aired: 03/30/2024 **Time Aired:** 06:30 AM

Charles L. Marohn Jr, land-use planner, municipal engineer, author of "*Escaping the Housing Trap: The Strong Towns Response to the Housing Crisis*"

Housing costs have risen dramatically in the past few years. Mr. Marohn talked about the tension between housing as a financial product versus basic shelter. He advocated for a new approach that can rapidly produce housing on a local scale in response to local needs. He said that regulations, financial incentives, and cultural expectations often undermine organic efforts of urban renewal, and that approaches should be changed to allow neighborhoods to undergo incremental change over time.

Issues covered:
Housing
Community Development
Government

Length: 8:53

Sanja Jelic, MD, critical care medicine specialist and sleep researcher at Columbia University Vagelos College of Physicians and Surgeons

Obstructive sleep apnea affects about 25% of adults, and it often goes untreated. Dr. Jelic discussed the condition and the most common treatment, CPAP machines. She has led several studies that have determined that, contrary to long-held medical beliefs, the machines do not lower a patient's risk of heart disease, which is about two to three times higher than average. She said obesity is by far the biggest risk factor for sleep apnea. She noted that a recent study said the worldwide estimate of those with sleep apnea totals roughly 1 billion, compared to 1.2 billion with high blood pressure.

Issues covered:
Personal Health

Length: 8:30

Pam Mueller, graduate student, Department of Psychology, Princeton University

Laptops, tablets and other electronic devices are commonplace in today's classrooms. But Ms. Mueller co-authored a study that found that taking notes by typing, rather than writing, interferes with students' ability to process and remember information. Her research indicated that students who take notes with pen and paper recall more material and perform significantly better in class.

Issues covered:
Education

Length: 4:51



Saturday at 6:00 AM 30 minutes
Program Title

program #

- 4/27/24 **The Wonders of God's Universe** 1882
The heavens declare the glory of God, yet secular astronomers say distant starlight proves the universe is billions of years old. **Ken Ham**, founder of *Answers in Genesis* and author of *Creation to Babel*, says God created starlight seen on earth when He created the stars. Evolutionists fabricate drawings to fool naïve students. There are no transitional species but variation within a species. **Dr Jonathan Henry**, author of *The Astronomy Book*, says God created the massive stars and vastness of the universe, to show how incredibly awesome He is. **Louie Giglio** gives an exhilarating description of the gigantic stars compared to earth.
- 4/20/24 **The Signs of the Times, pt 2** 1881
Nuts with nukes could start a nuclear war that results in the prophetic destruction of Damascus by Israel that could be the beginning of the end of this period of God's Grace. We are living in the earth's final days signaling that the rapture and Great Tribulation are close. Pastor **Barry Stagner**, author of *The Time of The Signs – A Chronology of Earth's Final Events*, says we could see the beginning of the Ezekiel 39 war but be raptured out before its end since God's grace gives way to his wrath on Israel's enemies. The Anti-Christ will come from the area of the Roman Empire. **Amir Tsarfati** vividly describes the Great Tribulation.
- 4/13/24 **The Signs of the Times, pt 1** 1880
We have entered a new era of global crisis as end time events fall into place. A super crisis will be when millions of Christians are raptured out of this world creating massive chaos and carnage. Most believers are not ready for the rapture but others like Pastor **Jack Hibbs** of *Calvary Chapel Chino Hills* say he is excited, eager and ready to go. Pastor **Barry Stagner**, author of *The Time of The Signs – A Chronology of Earth's Final Events*, quotes Jesus as saying 'This generation shall not pass away.' The rapture is the most glorious moment as flesh and blood are replaced with an everlasting spiritual body with amazing capabilities.
- 4/6/24 **How To Live Healthier** 1879
With all the medical advances, why is heart disease still the #1 killer in America; killing more than all cancers? Is it possible to reverse heart disease? **Ted Broer**, a nationally recognized nutritionist, appearing on hundreds of radio and TV shows, and the author of *Breakthrough Health*, says calcium can cause plaque build up in arteries. Americans are dieting more but are more overweight than ever which increases their risk of cancer, heart disease and diabetes. Dr Ted Broer gives a comprehensive overview of a good diet and foods to avoid. He warns of Ritalin use for ADHD. Lifelong habits are established in youth.
- 3/30/24 **The Resurrection & The Life** 1878
Most people have no idea of the infinitely high price God paid for their salvation! **Pastor Robert Nash**, author of *Last Words -7 Sayings From the Heart of Christ on the Cross*, says while Jesus was gasping for every breath, he spoke words filled with hope and compassion. **William Frey**, says, "Since God can raise the dead, death has lost its power over us." **John MacArthur**, of *Grace to You*, tells how the disciples were terrified before the resurrection but after seeing Jesus, they became fearless & transformed the world. **Chuck Smith** says, "The crucifixion wasn't an accident but designed by God to show his love and forgiveness for sin."
- 3/23/24 **The Power of The Resurrection** 1877
From the beginning of time people feared and dreaded death, but the resurrection of Christ changed that by showing death wasn't the end but the beginning. Our nation's schools are robbing this generation of this life changing, historical fact, by censoring out the greatest event in all human history – the resurrection. Patriot Pastor Garrett Lear tells of Christ's suffering in Gethsemane where he sweat drops of blood, the beatings, the tortuous death on the cross and the separation from God the Father. But Jesus wasn't a victim caught in a trap but a wonderful victor filled with resurrection power.
- 3/16/24 **How To Bring Children to Christ** 1876
What does it mean to be a true follower of Jesus Christ? What's a false convert? How can you tell if a child is truly saved? Cuts from the movie *The Atheist Delusion*. Almost 9 out of 10 (88%) of church children lose their faith before high school graduation. What can a parent do to be sure their children keep their faith? **Ray Comfort**, evangelist and author of *How To Bring Your Child To Christ and Keep Them There*, says, "Don't give your children a false image of God. Give them a true understanding and view of the God of the Bible not Santa Claus!" Parents should teach their children the fear of the Lord to resist their temptations.
- 3/9/24 **Islamic War Against America, part 2** 1875
Why are public schools promoting Islam when Christianity gave us freedom and prosperity? **Martin Mawyer**, author of *Twilight In America -The Untold Story of Islamic Terrorist Training Camps Inside America*, describes the 3 dozen camps he has personally seen and how they plan to take over America for Allah. **Dr Bob Morey**, an expert on Islam, and author of over 40 books, with two doctorates, says Muslims are planning a massive attack (with a nuclear device) in America to bring this nation under subjection to the barbaric Sharia Law. How can we prevent and even defeat this coming Islamic invasion?
- 3/2/24 **Islamic War Against Civilization, part 1** 1874
Many Americans naively assume all religions are basically the same. That Islam is peaceful. That's what the Lebanese people believed before the Muslim take over. Then it became a living hell for Christians. **Brigitte Gabriel**, author of *Because They Hate – A Survivor of*

Islamic Terror Warns America, says, “Lebanon was much like America – prosperous, open and democratic. But their multiculturalism led to their downfall.” Brigitte tells how horrible it was to live in a shelter for 7 years without electricity, adequate food or drinkable water. Why did Muslims do that to her? Americans need to understand the danger of Islam here!

2/24/24 **Grace Through Faith Alone, pt 2** 1873
What makes Christianity different from other religions? The most crucial issue is where you will spend eternity. **Mike Gendron**, a devout Catholic for 35 years, had a *crisis of faith* between believing Catholic teachings or the Bible. Was salvation based on faith alone or on faith plus being baptized, believing the Eucharist is Christ’s body, believing in Mary as a perpetual virgin and the infallibility doctrine. When Jesus was dying on the cross He said, “It is finished!” What was finished? Why did Jesus have to die on the cross? Pastor John MacArthur says by praying to and exalting Mary, Christ is robbed of His Glory.

2/17/24 **The Pope vs The Commandments, pt 1** 1872
What happens to culture when the Church blesses degeneracy? A new decree issued by Pope Francis has changed the official Catholic doctrine of 2000 years from homosexuality being a sin to now being blessed as same sex unions. **Jonathan Cahn**, author of *The Return of the Gods*, says this is not just a demonic attack on churches, but end-times apostasy. In fact, the Pope, head of 1.3 billion Catholics, warned that being too rigid on absolutes can be contrary to nature. That each person should search their own consciences for commandments. This decree will have a profound impact on morality throughout the world.

2/10/24 **The Controversy of Evolution** 1871
Is Intelligent Design religious? Is evolution scientific, or is it a religious belief based on faith? Are millions of scientists who believe in evolution wrong? Evolution has been enshrined in our educational system with laws to protect it. Scientists in the 1800’s believed that life could *spontaneously* come from *non-life*. What Darwin believed, *Pasteur disproved*. **Dr Carl Warner**, author of *Evolution-the Grand Experiment*, believed in evolution until a friend asked him questions that changed his worldview. Why would birds evolve half a wing or animals that evolve half a leg evolve into intermediates that are incapable of life?

2/3/24 **Hope in God** 1870
If you say your circumstances are hopeless, you’re slamming the door on God. Fear and discouragement are from the enemy, but faith and hope come from God. **Terry Law**, author of *The Hope Habit, Finding God’s Goodness When Life is Hard*, says having hope as a habit is life changing! It’s not simple optimism! Biblical hope has the power of God to train you to live with a hope to give you confidence in God in severe trials by freeing your mind from worry and fear that actually weakens our immune systems! Just a tiny spark of hope breaks that cycle to release endorphins that lessen pain, and promote healing and hope.

1/27/24 **Explosion of Antisemitism** 1869
Why are American students turning against Jewish students? Three top university presidents testified before a Congressional Committee as Congresswoman **Elise Stefanic** asked if calls for killing Jews violates their standards of conduct. They answered that it would be *context related*. But would calling for the death of Muslim students be context related? Of course not. This double standard dehumanizes Jewish students. **Kayleigh McEnany** says 60% of students think the best way to resolve the war would be to give the land to Hamas. **Amir Tsarfati** says Israeli soldiers are turning away from secularism and toward God!

1/20/24 **The Link Between Marxism & Abortion** 1868
The number one cause of death in America is still abortion. Without the right to life, no other rights matter. **Seth Gruber**, a renowned pro-life speaker and president of *The White Rose Resistance*, gives a powerful, passionate speech saying, “Many pastors don’t understand that the culture war is a spiritual war. Abortion forms the lynchpin to the silent Marxist revolution.” Margaret Sanger, founder of *Planned Parenthood*, was greatly influenced by communism and euthanasia to start abortion clinics to rid the world of the “unfit.” The strategy of our adversaries is sexual chaos, abortion and euthanasia.

1/13/24 **The Relevance of Noah’s Ark** 1867
Is the Genesis Flood true history or a fable? Is there scientific evidence for the Flood? **Dr Frank Sherman** explains how the steep walls in the Grand Canyon show a rapid rush of water that could only be formed by the Flood. God gave people 120 years to repent. But only 8 people were saved out of the 4-7 billion people who were drowned because of sin. **Tom Dooley**, author of *The True Story of Noah’s Ark*, describes the water canopy that fell to earth as rain. Noah had the faith to believe God, to believe there would be rain resulting in a flood, and that his ark would rise above the waters of judgement to safety (rapture)!

1/6/24 **Broad Is The Way** 1866
What happens to people who die but don’t go to heaven? Is hell a real place? If hell didn’t exist, why did Jesus talk about it so much? **Bill Wiese**, a successful realtor and author of *Twenty Three Minutes in Hell*, describes his incredibly detailed vision of hell; the stench, the flames, the deafening screams of agony, and the terrifying demons! Bill says the Lord took Bill’s spirit to hell and back to warn people who don’t believe hell exists. If you could go to heaven because of your good deeds, then Jesus died for nothing! Jesus suffered excruciating pain and death to save people from hell. Where is hell? Can *good people* go there?

