### Quarterly Issues and Programs List WTWV – Memphis, TN Third Quarter 23

AIR DATE	TRT	PROGRAM TITLE	SHOW#	Торіс	CONTINUITY
7/9/23	28:30:00	We Believe in Memphis	0709 WBIM	Creating Financial Stability For Impoverished Communities	Steve Nash and Michael Shaw of Advance Memphis are on to talk about what their organization does in south Memphis to help the generational poverty in the community. They work in the community to support economic revitalization with Biblical based programs that bring hope, knowledge, resources, skills , and jobs. They offer several programs such as work readiness, money management, Job opportunities, and entrepreneurship. They believe programs don't change lives, God changes lives through relationships.
7/11/23	29:00:00	Power Up Memphis	0711 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks with Marshall Foster, supervisor of electric distribution and they discuss the job recruitment they have going on now. The company has set 2027 as to when they want to have their infrastructure plan to be completed and will need good candidates to fill the jobs and to finish the project on time.
7/12/23	29:00:00	Senior Focus with Sunny Ross	0712 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Janice Williams, director of Caregivers Respite talks about how she started the mission to help family care givers with everyday problems while taking care of a senior family member. Their goal is to help caregivers take better care of themselves and their loved ones.
7/13/23	29:00:00	Memphis Makers	0713 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Sharon McInnis board member of Downs Syndrome Association of the mid-south, a nonprofit that helps the families of downs syndrome children to support them. Their mission is to promote inclusion of all people with up to date education, enhancing awareness of the inherent worth and value of those individuals to society.
7/14/23	28:30:00	Health Awareness with Lynn Doyle	0714 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Guest Lorna Hicks director of nursing with Unity Psychiatric Care who works with seniors with issues like dementia. They help patients transition back to normal life as quick as possible and have the best life they can.
7/16/23	28:00:00	We Believe in Memphis	0716 WBIM	Mentoring New And Expecting Mothers	Heather McCaskill Exec. Director of One by One Ministries, which equips volunteers from local churches to mentor expectant parents or parents with brand new babies, educate families about the growth and development of their babies, and help mitigate and prevent child abuse and neglect.
7/17/23	15:00:00	In Depth TV	0717 IDTV	Heat Related Illness	Dr. George Flinn talks about the danger of the hot temps we are having and why we should take precautions while working in the heat. He gives some early signs to be on the look for if you spend a lot of time outside. He also wants parents to keep a close eye on children playing outside and make sure to have them to takes breaks to cool off and to re hydrate

7/18/23	29:00:00	Power Up Memphis	0718 PUM	Jobs With The Power Company	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks to Marshall Foster about the need to fill 300 to 400 positions open in the company. They tell where recruiting is happening, what type of jobs are open. For those who want to work for a company with great pay and great benefits to come out and apply.
7/19/23	29:00:00	Senior Focus with Sunny Ross	0719 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Anita Rivers, nurse and care giver explains some of the things to expect while being a caregiver and how to find services to help you with the care your family member needs. She also says it is important to take care of yourself mentally and physically so you can better take care of your family member.
7/20/23	29:00:00	Memphis Makers	0720 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Austin Harrison program director of Neighborhood Preservation Inc. who works around the city to fight blight in the city. They also work with contractors who come in and revitalize parts of the city that have been neglected.
7/21/23	29:00:00	Health Awareness with Lynn Doyle	0721 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally, Guest Daniel Virden of American Health Partners talks about how they work with other providers to help seniors with acute psychiatric issues, long term care, home care, and hospice care.
7/23/23	28:30:00	We Believe in Memphis	0723 WBIM	Helping People With Disabilities	Ashley Parks Director of Joy Life 901, talks about the outreach in the community to help special needs people to feel a self-worth and inclusion within the community. They also work with several local Churches to provide abundant opportunities for children and adults with disabilities.
7/24/23	15:00:00	In Depth TV	0724 IDTV	Water Vs Sports Drinks For Rehydration	Dr. George Flinn compares drinking water to sports drinks for hydration during the hot temperatures we are having. The recommendation is adults and children should only have sports drinks when working outside or during extended and heavy exercise that lasts longer than an hour. Water should be the beverage of choice for hydration before, during and after physical activity or exercise routines lasting less than one hour.
7/25/23	29:00:00	Power Up Memphis	0725 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks with Brad Gates, electric construction and maintenance mgr. about the progress of the led street light conversion that started in January to help reduce crime and for the safety of the people in the communities.
7/26/23	29:00:00	Senior Focus with Sunny Ross	0726 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Greg Beltz of Artworks foundation of Memphis talks of how he started the nonprofit to help local artists grow in their works. They receive emergency relief grants to help seniors resume careers after severe illnesses.

7/27/23	29:00:00	Memphis Makers	0727 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Mia Harvey, community outreach officer with Family Safety is on to talk about what she does with children and families of domestic violence. 30% of children in the city has witnessed violence in the home and that is what they are working to stop.
7/28/23	29:00:00	Health Awareness with Lynn Doyle	0728 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Guest Miriam Clay, program and education manager of the Mid-South chapter, Alzheimer's Assoc. tells her family's story with Alzheimer's and why she chose to work with the nonprofit organization and the work being done to rid the world of the disease thru research and provide care and support for all affected.
7/30/23	28:30:00	We Believe in Memphis	0730 WBIM	Streets Ministries And Helping Kids	Streets Ministries has 2 locations in Memphis, to engage, encourage, and help kids reach their God given purpose in life. Memphis leads the nation in disconnected youth with 21% of 16-24-year olds are neither working or in school. They believe every student needs a firm spiritual foundation, a safe environment, & caring adult to reach their potential.
7/31/23	15:00:00	In Depth TV	0731 IDTV	Stomach Virus	Dr. George Flinn talks about the stomach virus that is spreading around the community. He says people often catch the fast spreading virus from contaminated foods like raw shellfish or unwashed fruit, then they shed the virus and pass it along to others, it only takes a few droplets to infect you, once someone gets infected, he says symptoms like nausea vomiting and diarrhea can hit quickly and the virus is tough to destroy and can linger on surfaces. That can cause rapid outbreaks in places like schools, offices, Churches, or malls.
8/1/23	29:00:00	Power Up Memphis	0801 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks with Doug McGowen, President and CEO of MLGW about all the different engineering jobs that are available at the company. They also talk about what is being done to reduce outages, like tree trimming which causes about 40% of the outages, and how they worked with the city council to get the money allocated for the work to be done.
8/02/23	29:00:00	Senior Focus with Sunny Ross	0802 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Rachelle Maier, community relations manager of Senior Helpers talks about the continuity of the care givers and the clients and how they build a long-standing relationship with them. Sunny talks about when she was a care giver and how a good relationship with the clients will lead to a more productive and happy life for seniors.
8/03/23	29:00:00	Memphis Makers	0803 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Marie Pizano of MVP3 Entertainment is on to talk about the work they are doing to help kids find a path out of poverty by learning how to make music, produce film, and create a way to earn a living in the entertainment field. They teach the kids the behind the scenes work that they can use in life to make a good living

8/4/23	29:00:00	Health Awareness with Lynn Doyle	0730 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Part 2 with Miram Clay of the Alzheimer's Assoc. is back to talk about the resources that are available to those that are dealing with the disease. There is also a caregiver's section on their web site to connect experienced care givers with families who need help caring for Loved ones with Alzheimer
8/6/23	28:30:00	We Believe in Memphis	0806 WBIM	Camp Conquest	Camp Conquest is a Christ centered summer camp for kids and adults with special needs. Mark Price, founder says they exist to share God's love and whether it's flying down a zip line, riding horses for the first time, or making new friends. They give them a chance to try things they may never thought they could in a space designed for them. They talk about this year's camp and that they are registering kids now for the 2024 camp. He also lets viewers know what they can do to help with donations or by volunteering.
8/7/23	15:00:00	In Depth TV	0807 IDTV	Stomach Virus, Who's At Risk	Dr. George Flinn tells us that children and the elderly are most at risk for severe complications. The reason why is these groups are more prone to dehydration, so it's really important to monitor those groups very closely, The virus can still be shed two weeks after a person recovers, so it's important to practice good hygiene measures, but he says unfortunately hand sanitizers are not very effective in the fight, and most common disinfectants can't kill the virus. Soap and water can wash it away from your hands, but bleach is typically the only way to get it off surfaces.
8/8/23	29:00:00	Power Up Memphis	0808 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks president Doug McGowen about the new smart grid technology the company is switching to that monitors and can see changes to the grid then react to those changes by rerouting power in the case of an outage.
8/09/23	29:00:00	Senior Focus with Sunny Ross	0809 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Rod Marter director of Senior Helpers, is on to talk about the tailored home care services for seniors who need daily assistance to specialized care for those suffering from Alzheimer's, Dementia, Parkinson's and other chronic diseases.
8/10/23	29:00:00	Memphis Makers	0810 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Amanda Wiig, marketing director with Make a Wish mid-south. She talks about the fund raising that they do and how those funds are used to help those in the program and that all the money raised here stays in the mid-south. She informs viewers how to donate to Make a Wish and if you have a child in need of a wish how to contact the organization.
8/11/23	29:00:00	Health Awareness with Lynn Doyle	0811 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Lynn discusses sleep apnea and how it effects people. She tells viewers the symptoms of it and how many problems result from not getting a good night's sleep. She also shows how to use a CPAP machine. Sleep is vital for recovery and a main element in good health.

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8/14/23	15:00:00	In Depth TV	0814 IDTV	Covid	Dr. George Flinn talks about the new variant of COVID (EG.5) which does not seem to have the same dangerous effects as the typical variants we saw early in the pandemic, but he says symptoms are still present but there are not as many deaths are being reported. The best ways to prevent COVID-19 during the back-to-school season: wash your hands and stay home if you or your child feel sick.
8/16/23	28:30:00	Senior Focus with Sunny Ross	0816 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Sunny talks today about how to choose the right nursing home for your loved ones. She breaks down the different services you and your loved one may need, such as companion care, transitional care, respite care, Alzheimer's or Dementia care.
8/17/23	29:00:00	Memphis Makers	0817 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Charlie Caswell, executive director of Legacy of Legends which strives to help children mitigate adverse childhood experiences. They work with kids to help and council them to overcome the trauma they have gone through. The organization works with the children up until they are 18 to try and keep them from doing drugs, committing crime, and motivates them to stay in school.
8/18/23	28:30:00	Health Awareness with Lynn Doyle	0818 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Dr. James Adams at the Delta Medical Center is on to talk about the dangers of diabetes and being overweight. He talks about the importance of getting exercise and staying mobile and eating a healthy diet can help prevent the disease.
8/21/23	15:00:00	In Depth TV	0821 IDTV	Fall Allergies	Dr. George Flinn talks about fall allergies and what causes. He says that ragweed is the biggest allergy trigger in the fall. Though it usually starts to release pollen with cool nights and warm days in August, it can last into September and October. About 75% of people allergic to spring plants also have reactions to ragweed.
8/24/23	29:00:00	Memphis Makers	0824 MMAL	Preserving City Heritage	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. June West executive director of Memphis Heritage Inc. is on to talk about the things going on in Memphis and the importance of saving the historic places in town. The renovation on the Mid South coliseum, some of the 19 <sup>th</sup> century homes, She also talks about the store front where architectural salvage is sold to help fund their mission to make Memphis a beautiful place to live.
8/25/23	28:30:00	Health Awareness with Lynn Doyle	0825 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Dr. James Adams at the Delta Medical Center is on to talk about the dangers of diabetes and being overweight. He talks about the importance of getting exercise and staying mobile and eating a healthy diet can help prevent the disease and lead to a more productive life.
8/27/23	29:00:00	We Believe in Memphis	0827 WBIM	Mcuts: Importance Of Education	Dr. Joseph Caldwell of Memphis College of Urban and Theological Studies, guests to let the community know about their non-profit leadership program to help everyone who wants to get a better education. He talks about the ease of attending. MCUTS offers bachelor's, associate and certificate programs for working adults or

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					high school graduates who need a flexible class schedule (each class meets only one night a week) in a Christian environment that is supportive of your future goals. We are an open access program, which means if you have a GED or high school diploma you qualify for admission.
8/28/23	15:00:00	In Depth TV	0828 IDTV	How To Find Out What You Are Allergic To	Dr. George Flinn helps you to find out what causes your allergies and how to find out what you are allergic to. Your doctor can help find out what's causing your watery, itchy eyes and runny nose. He says they may recommend a skin test. What the doctor will do is they'll place a tiny amount of the allergen on your skin usually on your back or forearm and then prick or scratch the skin underneath. If you're allergic to it, you'll get a small, raised bump that itches like a mosquito bite, once they know what affects you they can help with the problem.
9/1/23	28:30:00	Health Awareness with Lynn Doyle	0901 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Shantelle Leatherwood, Chief Administrative Officer of Christ Community Health Services talks of how they offer high quality medical care and share the love of Christ with the under served in the community. She says they have 7 offices now and a mobile van to serve the homeless.
9/3/23	27:00:00	We Believe in Memphis	0903 WBIM	(Jiff) Early Intervention Program	Keusi Donald program manager of JIFF, explains that their mission is to break the destructive cycle of juvenile crime, through Christ centered intervention. JIFF embraces justice-involved youth to offer intervention alternatives to juvenile detention. Our vision is to see youth flourish, free from a life of crime. We encourage our participants to pursue the future they desire, we support them when they are weak and struggling, and we love them when they feel unloved.
9/5/23	28:30:00	Power Up Memphis	0905 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks with Michael Pike, Acting Foreman Tree Trimming, talked about vegetation management and MLGW tree trimming contracts. With all the storms in July and winter around the corner it is important to get the trees cut back away from the power lines.
9/6/23	29:00:00	Senior Focus with Sunny Ross	0906 SFOC	Helping Seniors Live A Better Life	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Felicitas Sloves, owner of Memphis Weaver. They talk about how she visits senior living places and teaches seniors how to weave. They also talk about her workshops she offers to seniors that are able to get out can come by, take classes and also take the looms home with them. Giving seniors a hobby to do helps keep them active and their minds sharp.
9/7/23	28:30:00	Memphis Makers	0907 MMAL	Helping The Less Fortunate	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Jordan Moore Howard, director of communications for Family Safety Center. She explains that they are a one stop shop for everyone who has or is being affected by family violence. They offer civil, criminal, health and social services to victims all under one roof and how they work with over 34 partner agencies to make this happen during a very traumatic situation.

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9/8/23	29:00:00	Health Awareness with Lynn Doyle	0908 HALD	Good Health	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Lance Luttrell Chief Operations Officer is on to discuss more of what Christ Community Health Services offers to the city. He talks about the new services to deal with mental illness, depression, dental issues, allergies, and also have someone there to pray with you.
9/10/23	28:30:00	We Believe in Memphis	0910 WBIM	Hope House	Dr. Betty Dupont, executive director of Hope House says that since they opened their doors more than 20 years ago, Hope House has impacted thousands of lives, helping families move out of poverty and preparing children for success in kindergarten and beyond. They work to improve the quality of life for individuals and families affected by HIV and poverty. Hope House is a place where individuals and families can depend on, lean on and trust. It is a place where hope lives.
9/12/23	28:30:00	Power Up Memphis	0912 PUM	How The Power Company Works, How To Save Energy And Money	Produced by Memphis Light Gas and Water to inform customers of new innovations and events of the Memphis utility company plus helpful tips of how to save energy and reduce monthly bills. Host Gale Jones-Carson talks again with Michael Pike about the companies that received the tree trimming contracts around the city and county, where they will be working, and how customers can call to report limbs or trees that may be a problem.