

PROBLEMS/PROGRAMS LIST
WFTR AM/WZRV FM
FRONT ROYAL, VA
January 1, 2015 – March 31, 2015
WEEKDAYS 12:30P-1:00P

All Programs hosted by Mario Retrosi unless otherwise noted.
Duration of programs 30 minutes.

Guest Host Norma Jean Shaw and Jorge Gutierrez

1/2/2015

Topic-

An upcoming Spanish Heritage Festival. Lists of vendors and activities.

Patrick Nolan President of Warren Memorial Hospital

1/5/2015

Topic-

Discussed what the hospital is currently doing to further engage with the community to further promote better health and what classes they offer.

Tourism Tuesday with Jenna French of Shenandoah County Tourism and Marketing

1/6/2015

Topic-

Upcoming events and festivities that county will be holding to appeal to locals and tourists alike.

Business Today with Niki Cales of Front Royal Chamber of Commerce and Herb Melrath of Daily Grind.

1/7/2015

Topic

The Daily Grind won a Chamber award for the business practices and Herb expresses his gratitude and what he will do with the money.

Leslie Kelley & Jeanian Clark of Lord Fairfax Community College.

1/8/2015

Topic-

Explains on how Workforce solutions within LFCC helps students of all ages receive education in a vast variety of trade fields and how people can sign up.

Eka Kapiotis of the Women's Resource Center and Dr. Connie Richards.

1/9/2015

Topic-

Dr. Richards is a Clinical Counselor at Randolph Macon Academy. Highlighting Dr. Richards background and what help she has lent to the Women's Resource Center.

Education Roundtable with area school superintendents

1/12/2015

Topic-

Superintendents chat about the budget and how they are allocating money in their respective counties.

Tourism Tuesday with Tim Smith of Front Royal Visitor's Center and Terry Heder of Shenandoah Valley Battlefields Association.

1/13/2015

Topic-

Discussions of upcoming events and activities as well as how the Shenandoah Valley Battlefields Association helps our area.

Business Today with Marla Jones of the Front Royal/Warren County Economic Development Authority & Katie Brinson of First Citizen's Bank.

1/14/2015

Topic-

Marla says what the EDA is currently working on to bring businesses and income to the area. How Citizen's First Bank has worked with the EDA.

Front Royal Town Manager Steve Burke and Warren County Administrator Doug Stanley

1/15/2015

Topic-

Discussion of how the town and county are working together that affects both. Road clearing during storms.

Karen Poff of Virginia Cooperative Extension Agency.

1/16/2015

Topic-

Family financial planning in the new year.

Interim Strasburg Town Manager Jay McKinley and Downtown Coordinator Felicia Hart

1/19/2015

Topic-

The beautification projects to help spruce up main street and increase foot traffic & comemrce.

Tourism Tuesday with Sally Coates of Winchester/.Frederick County Convention and Visitor's Bureau & Kelli Hart of Barns of Rose Hill.

1/21/2015

Topic-

All of the events upcoming to be help at the Barns of Rose Hill and how to book a private event.

Business Today with Dr. Miles Davis , Dean of the Byrd School of Business at Shenandoah University.

1/22/2015

Topic-

Discussed how to keep business booming after the holidays.

Adrienne Bloss and Emily Burner of Shenandoah University-

1/23/2015

Topic-

Talk about the best way to bridge the gap between student life and academics and the best ways to create balance.

Brian Lamb of Stephen's City- Freezing for a reason-

1/26/2015

Topic-

A polar plunge experience to raise money for sick children.

Tourism Tuesday with Pam Flasch of Luray/Page County Chamber of Commerce and Christina and Wes grievie of Stover Hall.

1/27/2015

Topic-

Stover Hall is the perfect venue for a wedding that offers weekend accomadations

Business today with Tony Baker and Eleese Elliot of Top of Virginia Regional Chamber

1/28/2015

Topic-

Talked about programs and networking services offered to help serve the businesses and young professional in the area. Also their annual chamber dinner.

Jessica Bowling, Valley Health Life Coach

1/29/2015

Topic-

Discussed what exactly a life coach does, how she assists people in the community and how to contact her.

Beth Rudy from Blue Ridge Hospice and music therapists Meritt Navazio & Stephen Amburn.

1/30/2015

Topic-

Discussed the positive and calming effects music can have on the terminally ill and their families.

Nikki Lynch of Samuels Public Library and art specialist Ben Glenn

2/2/2015

Topic-

Samuels Public Library will be hosting Ben Glenn a speaker who helps people use art to concentrate. Free for the public.

**Tourism Tuesday with Jenna French of Shenandoah County Tourism and Marketing
2/3/2015**

Topic-

Events and activities happening in the county this month to help increase tourism and support locals.

**Business Today with Niki Cales of Front Royal Chamber of Commerce and Janet Michael of Java Media
2/4/2015**

Topic-

Social media best practices (Twitter, Facebook, Instagram) and how to sign up for a Java Media, Social Media class to be better informed.

**Eka Kapiotis of the Women's resource Center and Karen Mosebrook of Cocoa Manna.
2/5/2015**

Topic-

Discussed how Karen created Cocoa Manna and how they locally source the coffee products they sell.

**David Sumter of Winchester Kiwanis Club, Bill Armstrong of Old Town Kiwanis Club and Tom Curry of Front Royal Kiwanis Club
2/6/2015**

Topic-

Discussed what Kiwanis does for communities, why it is such an important organization and how to volunteer or join.

**Education Roundtable with area superintendents
2/9/2015**

Topic-

Topic-

Update on each school systems, attendance rates, budgeting and student teacher ratios.

**Tourism Tuesday with Pam Flasch of Luray/Page County Chamber of Commerce and Jason & Cori Cave of Shenandoah Woods
2/10/2015**

Topic-

Topic-

Page county vacation rentals and wedding/corporate venues at Shenandoah Woods.

**Business today with Sally Michael of Frederick County Economic Development Authority
2/11/2015**

Topic-

Discussed what the county is currently doing to bring more commerce to the area and where the county needs the most development.

Leslie Kelley and Dr Brent Kendrick of Lord Fairfax Community College

2/12/2015

Topic

Dr.Kendrick a longtime English Professor at the college and the curriculum he teaches his students.

Tom Eshelmen of the Shenandoah County Fair Association

2/13/2015

Topic

Discussed what can be expected at this years Shenandoah County Fair as they are already lining up entertainment.

Debbi Cahill & Donna Smedley of No Doubt Accounting and Sarah Smith of Royal

Broadcasting

2/16/2015

Topic-

Spoke about important tax tips that everyone should know when filing and also what scams to be on the look out for during tax season, ie. The IRS will never call you.

Tourism Tuesday with Tim Smith of Front Royal Visitors Center and Ken Thurman of the Irish Spring Festival

2/17/2015

Topic-

The upcoming Irish Spring Festival. Where, when , vendor information and how to by tickets.

Business Today with Dr. Miles Davis of Shenandoah University and Paul Delmerico of Special Made

2/18/2015

Topic-

Discussed entrepreneur Paul's business, Special Made, and how he will be presenting at the annual business symposium.

Front Royal Councilman Bret Hrbek and Warren County Board of Supervisor Tony Carter

2/19/2015

Topic-

Discussed how the Town Council and Board of Supervisors work together to resolve issues facing the town and county.

Kaila Aglin of Virginia Cooperative Extension

2/20/2015

Topic-

Discussed agriculture and the time of year, what to plant when.

**Front Royal Town Manager Steve Burke and Warren County Administrator Doug Stanley
2/23/2015**

Topic-

Discussed the most recent Board of Supervisors meeting, what the town and county are doing for the roads to combat the onslaught of winter weather.

Tourism Tuesday with Sally Coates of Winchester/.Frederick County Convention and Visitor's Bureau & Besty Sibert and Cathy Reed of Winchester Community Follies.

2/24/2015

Topic-

Discussed the Winchester Community Follies event. Family fun, skits, music and dancing. At James Wood High School starting February 26th through February 28th.

Business today with Tony Baker Top of Virginia Regional Chamber

2/25/2015

Topic-

Discussed the efforts being made from the chamber to assist new and existing businesses and went over the upcoming business to business events.

Author Jay Foreman

2/26/2015

Topic-

Jay Foreman is local author, professional public speaker. His expounded on what he does with the intent always being the 4 E's-Engagment, Entertainment, Encourgament and Education.

Nadine Pottinga of the Unit4ed Way of The Northern Shenandoah Valley and Leslie Hardesty & Linda Perry of the Laurel Center

2/27/2015

Topic-

Discussed how the Laurel Center helps survivors of domestic and sexual abuse through the resources and counseling they offer.

Interim Strasburg Town Manager Jay McKinley and Downtown Coordinator Felicia Hart

3/2/2015

Topic-

Discussed the ongoing improvements to the downtown Strasburg area in an efforts to drive more people to shop, visit and enjoy the area.

**Tourism Tuesday with Tim Smith of Front Royal Visitor's Center and Alysson Browett,
Appalachian Trail Ambassador**

3/3/2015

Topic-

Discussed the Appalachian Trail Conservancy's mission. Which is to preserve and manage the Appalachian Trail.

Business Today with Niki Cales of Front Royal Chamber of Commerce

3/4/2015

Topic

Discussed upcoming events that will be coming up as we move into spring, specifically the Wine & Craft Festival.

Eka Kapiotis of the Women's resource Center and Siggi Hepp-Dax, House of Hope

3/5/2015

Topic-

Discussed House of Hope's focus to give temporary housing to homeless men in the county. While offering counseling, job training and other resources so they can get back on their feet. Also how to contact them.

Winchester City Manager Eden Freeman

3/6/2015

Topic-

Discussed what the city is doing to repair road ways and steps to be better prepared in the future after the winter.

Education Roundtable with Davis Sovine, Superintendent of Frederick County Schools

3/9/2015

Topic

Spoke about Frederick County School System, students to teacher ratio, aptitude tests, budgets.

Tourism Tuesday with Jenna French of Shenandoah County Tourism and Marketing and Doug Grayson of Bryce Resort

3/10/2015

Bryce in Shenandoah County also offers plenty of mountain resort fun in the summer, as well as winter, Doug Grayson explains.

Business Today with Marla Jones of the Front Royal/Warren County Economic Development Authority & Andy Gyuerson of Lord Fairfax Small Business Development Center

3/11/2015

Topic-

Discussed how the EDA and Lord Fairfax Small Business Development Center work together to recruit and develop businesses in the area.

Leslie Kelly with Art Professors Marion Mercer and Andrea Stewart of Lord Fairfax Community College.

3/12/2015

Topic-

Discussed the art projects students are working on and how to see them on display.

Hosts Norma Jean Shaw and Lonnie Hill Speak with Lori Glascock of the Warren County Backpack program

3/13/2015

Topic-

The Backpack program's aim is to ensure children in need do not go hungry over the summer when they cannot benefit from the school lunch programs. Gave information on how much food is needed and how to donate.

Michelle Westbay of Virginia Blood Services

3/16/2015

Topic

Upcoming blood drives, what types are most needed, how much a donor helps and who benefits.

Tim Smith of Front Royal Visitor's Center and Melissa DeDomenico-Payne and Julie Farrell of Big Brothers /Big Sisters

3/17/2015

Topic-

Discussed the benefits of BBBS and things they can do in the area to further their bond.

Business Today with Dr. Miles Davis of Shenandoah University and former NBA star Norman Nixon.

3/18/2015

Topic-

Chatted about Nixon's career and how he got into business.

Patrick Ferris with Warren Heritage Society

3/19/2015

Topic

Chatted about what you can see and learn at the Warren Heritage Society and how it is the best place to enrich your knowledge of Warren County History.

Stacy Swain of Virginia Cooperative Extension

3/20/2015

Topic-

Discussed how to manage your money and what you can do with a tax return.

**Front Royal Councilman Bret Hrbek and Warren County Board of Supervisor Tony Carter
3/23/2015**

Topic-

Spoke about what was discussed in most recent Town Council meetings as well as Board of Supervisors meetings.

Tourism Tuesday with Gina Hilliard of Luray/Page County Chamber of Commerce and Chris Gould of Page Valley cycling.

3/24/2015

Topic-

Chatted about the amateur cycling team and the best places to cycle in Page County.

Business today with Tony Baker Top of Virginia Regional Chamber

3/25/2015

Topic-

Discussed businesses that were new to the Chamber and benefits of joining the chamber.

Diane Diaz of Winchester Kiwanis Club and Marc Jaccard of the William and Henry Evans Home for Children.

3/26/2015

Topic-

Discussed how Kiwanis supports and helps the home for children. The home opens its doors to house children for a variety of reason. Contact information for the home included.

Lee Smith-Osina of the United Way of Front Royal/Warren County

3/27/2015

Topic-

Spoke about the upcoming day of caring and how the citizens can help.

Patrick Nolan president of Warren Memorial Hospital

3/20/2015

Topic-

Discussed what the hospital is currently doing to further engage with the community to further promote better health and what workshops and support groups they offer.

Tourism Tuesday with Sally Coates of Winchester/Frederick County Convention and Visitor's Bureau

3/31/2015

Topic-

Discussed events upcoming that help increase tourism and local participation in the area. The big topic being the upcoming annual Apple Blossom Festival.

