

Issue	Name of Program/Segment	Date of Airing	Time of Airing	Duration	Narrative
Senior Needs	Community Connection: Twice is Nice	7/14/2021-10/15/2021	Throughout the day Aired approximately 17 times.	60 seconds	Twice is Nice is an upscale resale boutique featuring gently used men's and women's clothing and accessories, collectibles, home decor and furniture all generously donated by our community. They are a nonprofit and funds from Twice is Nice sales are used to help other nonprofits that directly provide services to seniors in our community. They value helping seniors, practicing sustainability through recycling and reducing waste, being socially impactful and inclusive, and providing quality products with competitive and affordable prices.
Homelessness	Hear Together: REAL LIFE	7/26/2021-current	Throughout the day Aired approximately 29 times.	90 seconds	REAL LIFE is a Richmond based nonprofit that serves individuals who are coming out of homelessness, substance use, or who have substance use disorder. With 100 employees throughout the region, REAL LIFE provides a variety of services including housing, food, financial counseling, job training, physical and mental health assistance, and help securing employment. By providing opportunities to receive services and all community members, REAL LIFE's programming leads to better outcomes, including a reduced recidivism rate.
Health	Hear Together: Virginia Rural Health Association	8/2/2021-current	Throughout the day Aired approximately 17 times.	90 seconds	The Virginia Rural Health Association works to improve health and healthcare for the 2.5 million residents in rural areas of the state through education and advocacy. They also form cooperative partnerships with small clinics and hospitals to ensure that they have access to the equipment and federal funding they qualify for in order to operate successfully. For the Hear Together profile, we spoke with Executive Director Beth O'Connor. Listen at the audio link below to learn more about the Virginia Rural Health Association's initiatives, including steps they're taking to combat substance abuse and ensure healthy equity for LGBTQ+ members of our community.
Homelessness	Community Connection: Miriam's House	8/6/2021-11/6/2021	Throughout the day Aired approximately 14 times.	60 seconds	Miriam's House is a nonprofit in Lynchburg with a mission to end homelessness and rebuild lives. So far in 2021, they've placed 215 of our homeless neighbors into safe and affordable housing. They know that the upcoming need is great, and they invite you to get involved with their work of ending homelessness.
Resource	Community Connection: SHARE Greater Lynchburg	8/6/2021-11/6/2021	Throughout the day Aired approximately 14 times.	60 seconds	SHARE Greater Lynchburg is an online platform in Lynchburg that helps donors discover ways to support some of the local area nonprofits all in one place, 24/7 days a year. If you're a nonprofit looking to get the word out about your organization, or if you're a community member interested in contributing as a volunteer, you can go to SHAREGreaterLynchburg.org .
Environment	Hear Together: Sustainability Matters	8/7/2021-11/16/21	Throughout the day Aired approximately 46 times.	90 seconds	Sustainability Matters is the fun, realistic, accessible sustainability organization based in the Shenandoah Valley. They focus on conversation education for everyone, from business owners to farmers to individuals, to empower them to make change themselves. They offer programs for sustainable landscaping and business. Most community plantings and forums on recycling, teach people how to grow their own food, and how to build the valley's largest ever Earth Day festival. We spoke with founder and executive director Cara for this Hear Together profile.
Childcare	Community Connection: United Way RVA	8/20/2021-11/20/2021	Throughout the day Aired approximately 47 times.	60 seconds	United Way of Greater Richmond & Petersburg is excited to announce WomenRise - a paid care scholarship program for single moms that are pursuing post-secondary education or career training. The cost of childcare in our service area is often more than \$1,000 per month, per child. This massive expense can make it nearly impossible for single parents to maintain financial stability while furthering their education in pursuit of a reliable living-wage career. By covering the cost of childcare, they are providing the opportunity for WomenRise participants to focus on their schoolwork, knowing that their children are in a safe environment where they can learn and grow.
Childcare	Community Connection: Roberta Webb Early Education Center	8/20/21-11/20/21	Throughout the day Aired approximately 50 times.	60 seconds	Roberta Webb Early Education Center partners with families to provide rich educational experiences that prepare children for a lifetime of learning. Since 1964, it has been their purpose to advance the educational lives of young women. Ms. Roberta Morgan Webb (1889 - 1960). They believe that our children are gifts to the world, and they value the religious, cultural, and socio-economic diversity that they represent. They invite families into their children's learning and through the children reach into the life of the community. Roberta Webb ECC is where the journey of lifelong learning begins.
Housing	Community Connection: Furlfield Racing	8/26/21-10/2/21	Throughout the day Aired approximately 3 times.	60 seconds	Furlfield Racing, located in Albemarle County, and under local management, is now a non-profit. They will raise funds to help support Habitat's efforts in our community. They welcome new and returning attendees and will have a large children's tent full of activities and things to explore between the races. They have partnered with Habitat for Humanity of Greater Charlottesville, and proceeds from the race will support Habitat's efforts in our community.
Literacy	Community Connection: Charlottesville Rotary Club	8/26/21-11/26/21	Throughout the day Aired approximately 25 times.	60 seconds	The Rotary Club of Charlottesville provides service to others, promotes integrity, and advances world understanding, goodwill, and peace throughout their fellowship of business, professional and community leaders. They are the community sponsor for Duffy Furler's Imagination Library program. This nonprofit program delivers one age-appropriate book per month through the mail to children from birth until they turn 5 years old.
Arts	Community Connection: Fry's Spring Beach Club	9/1/21-10/1/21	Throughout the day Aired approximately 1 time.	60 seconds	Fry's Spring Beach Club is excited to celebrate their 100th anniversary on Saturday, October 2. Their centennial concert will take place outside on their grounds and feature local acts such as We Are Elder Children, Chameleon & Whiskey, and Love Canon. The music starts at 8 PM and all are welcome. Proceeds from this fundraiser will go to Fry's Spring Beach Club to raise money for FRYC Scholarship. You can learn more at www.frys.org .
Alzheimer's	Community Connection: Alzheimer's Association	9/1/21-10/5/21	Throughout the day Aired approximately 29 times.	60 seconds	Alzheimer's and other dementias have impacted, or will impact many of us. The Alzheimer's Association provides funding for research to prevent, treat and cure the disease and other dementias. They also provide services, resources and support to our families impacted by these devastating diseases. To raise awareness and to help fund the work the Alzheimer's Association is doing for our community, they are hosting their annual walk on Saturday, November 6th at 12 p.m. beginning at the CIA Institute on East Main Street in Downtown Charlottesville. They hope you will support, join or start a team for this year's walk. The next brain saved may be yours. For more information, you can go to www.AAWebsite.org .
Grieving	Community Connection: Saddle Rose Foundation	9/2/21-11/2/21	Throughout the day Aired approximately 30 times.	60 seconds	The Saddle Rose Foundation is a nonprofit in Dayton that provides non-clinical peer support for those grieving the death of a loved one. They offer group meetings and one-on-one support. For more information, you can go to their website, saddlerosefoundation.org .
Arts	Community Connection: CultureWorks	9/14/21-10/1/21	Throughout the day Aired approximately 29 times.	60 seconds	CultureWorks is a nonprofit in Richmond committed to strengthening artists and arts and culture organizations to increase their impact in our region. They're presenting the sixth year of artbookVA, from October 1 through 31st. artbookVA is a month-long celebration of arts and culture throughout RVA and the Tri-Cities. Their online calendar offers a light on the breadth and depth of accessible arts and cultural experiences, events, and collaborations throughout our region. artbookVA is for everyone - building and elevating a more accessible and inclusive arts and culture community bringing hope and healing to our Region! You can learn more online at artbookva.com . CultureWorks is a proud financial supporter of WREN.
Energy efficiency	Community Connection: Community Climate Collaborative	9/15/21-10/31/21	Throughout the day Aired approximately 29 times.	60 seconds	The Community Climate Collaborative catalyzes climate action with community-based solutions. They work with residents, businesses, and local governments to reduce climate emissions and address energy and transit inequities. They invite you to join them at one of our Fall Energy Clinics running now through November at select locations - to get acquainted with your energy bill, learn why it might be costing you too much, and how to reduce those bills. For more information, you can go to their website, climatecollaborative.org .
Health	Community Connection: Conquering CHD VA	9/17/21-11/17/21	Throughout the day Aired approximately 44 times.	60 seconds	Conquering CHD - Virginia is a nonprofit state chapter of a national organization. They exist to conquer the most common birth defect, congenital heart disease. Over 1700 babies are born with congenital heart disease, a structural or electrical problem with the heart present at birth. Conquering CHD offers support to families facing a prenatal or new diagnosis, youth and adults living with CHD, as well as bereaved loved ones. They create visibility and empower all impacted by CHD through awareness, knowledge, community and research. If you or someone you know is affected by CHD, they invite you to send them a Conquering CHD Kit, a personal care package with helpful guidance, educational materials, and small gifts to encourage and support. You can learn more at conqueringchd.org/Virginia .
Childcare	Community Connection: Boys and Girls Clubs of Harrisonburg & Rockingham County	9/17/21-10/29/21	Throughout the day Aired approximately 25 times.	60 seconds	Boys & Girls Clubs of Harrisonburg & Rockingham County focus on enabling young people to reach their full potential as productive, caring, responsible citizens through programs focused on academic success, healthy lifestyles, good character, and citizenship. The Boys & Girls Club is celebrating 25 years of providing essential out-of-school time programs and services to thousands of our Harrisonburg City and Rockingham County youth and families during the past quarter-century. For more information, you can visit their website at BGCHR.org and learn about our anniversary upcoming events, like the "You're Next" youth event on Saturday, Oct. 29th.
Arts	Community Connection: Charlottesville Playwrights Collective	9/20/21-10/7/21	Throughout the day Aired approximately 17 times.	60 seconds	The Charlottesville Playwrights Collective is a nonprofit that produces new plays written by local playwrights. In October, they'll present the first-ever staging of Kaiti Monaghan's new play, "The O'Malley Gambit". They welcome you to witness the premiere meeting between England's Queen Elizabeth and Grace O'Malley, the Irish pirate queen, perhaps the only event of its time to feature two powerful women on opposite sides of a political question. The performances will be held at the non-profit Belmont Arts Collaborative, the Charlottesville space to create for local artists and arts organizations.
Youth leadership	Community Connection: Nelson County FFA	9/21/21-10/9/21	Throughout the day Aired approximately 9 times.	60 seconds	Nelson County FFA is hosting a 48-hour benefit on Saturday, October 9th from 4:00 - 8:00 PM at the Nelson County Middle School Auditorium in Lovingsville, featuring music from The Little Mountain Boys, Deep Blue Express, Southern Gentleman, and the Hill City Cuckoo. There will also be silent auction items, a live auction, raffles, a bake sale, BBQ, chili, hot dogs, drinks and concessions. All proceeds will be used for trip expenses for students to attend and compete at the National FFA Convention held in Indianapolis, Indiana at the end of October.
Breast cancer	Community Connection: Virginia Breast Cancer Foundation	10/5/21-10/31/21	Throughout the day Aired approximately 29 times.	60 seconds	The Virginia Breast Cancer Foundation is not a traditional grantmaking foundation. They're a statewide, state-based nonprofit providing Virginia with knowledge and a voice in the fight against breast cancer. October is national breast cancer awareness month, and pink ribbons are everywhere this month. It's a great reminder to check your annual mammogram if you skipped it due to Covid. For more information about the Virginia Breast Cancer Foundation's mission to educate, advocate, educate to know, and help find help for yourself or a loved one, request free breast health educational materials to share in your local community, and explore ways to get involved with their work.
Nature	Community Connection: Blue Sky Fund	10/5/21-10/23/21	Throughout the day Aired approximately 15 times.	60 seconds	Blue Sky Fund is a nonprofit in Richmond that provides transformative outdoor experiences to historically underserved communities. On Saturday, October 23rd, they're celebrating the 10th anniversary of their favorite fall event, the OnDixieHike For Kids! They invite you to bring your family and friends to hike with them on the James River Park System with all event proceeds supporting their efforts to research in-person programming and increased Richmond youth with the outdoors this school year. You can also take a Hike For Kids virtually by hiking from a safe social distance on ANY trail on ANY day during the month of October. You can learn more online at blue.sky.org .
Theatre	Community Connection: Whale Stop Theatre Company	10/5/21-11/2/21	Throughout the day Aired approximately 24 times.	60 seconds	Whale Stop Theatre Company is a non-profit theatre company located in Ashland. They invite you to join them for their production of Thornton Wilder's Pulitzer Prize-winning play, "Our Town". Performances will take place on Wednesday, November 1st, Friday, November 12th and Saturday, November 13th.
Arts	Community Connection: The Artspace	10/5/21-10/21/21	Throughout the day Aired approximately 15 times.	60 seconds	The Artspace in Richmond is a nonprofit gallery that promotes the understanding and awareness of contemporary visual and performing arts. They're hosting ThinkSmart11, the 11th annual international miniature installation exhibition, featuring artwork in art mediums that are three inches or smaller. ThinkSmart11 will be the inaugural exhibition in their new space in the downtown Hill Shopping Center in Richmond. Their Early Bird Gala and Art Installation event will take place on Thursday, October 21st from 6-9pm. They'll have an opening reception on Friday, October 22nd from 6-9pm that is open to the public. ThinkSmart11 continues daily through December 12th. Proceeds from ThinkSmart11 will support Artspace's operations and programming.

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Writing	Community Connection: Fralin Museum of Art	10/26/21-11/12/21	Throughout the day Aired approximately 33 times	60 seconds	The Fralin Museum of Art at the University of Virginia is hosting their annual writing program, <i>Writer's Eye</i> , which invites everyone, from third graders to adults, to create original poetry and prose inspired by selected works in the Museum. You can visit the museum in person the fall and submit your entry online by November 12th using the form on the museum website. Entries for grades three through eight will be judged anonymously by panels of local teachers and writing professionals. Each year, no published writers from Virginia are invited to judge the high school and university-level entries. First, second, and third place winning entries are honored in an anthology of their works, among other writings. This year, they've selected eight works of art currently on view at the Fralin, and a community mural by the Moore Mills by Patricia Cusackoff for entrants to write about. You can find more information about <i>Writer's Eye</i> , including the entry form, on their website. The Fralin Museum of Art is a proud financial supporter of WNRN.
Arts	Community Connection: Blue Ridge Irish Music School	10/26/21-10/24/21	Throughout the day Aired approximately 15 times	60 seconds	The Blue Ridge Irish Music School (BRIMS) offers classes in Irish music, dance & singing for all ages and skill levels. BRIMS is starting a 5-week season of classes the week of October 24th. Classes are in-person, masked and distanced and they also offer the option to Zoom in. Every day, nurse practitioners (NPs) are saving lives and improving the health of our friends and family. To honor their heroic efforts, committees nationwide are joining in recognizing the critical role of NPs as part of the annual National Nurse Practitioner Week (NRP Week) celebration. Starting this year, November 7th through November 12th, there are over 15,000 nurse practitioners in the state of Virginia working in clinics, hospitals, emergency rooms, urgent care centers, nursing homes and private practices – wherever patients are in need – and continuing to provide front-line care during the COVID-19 pandemic. If you know a nurse practitioner, as a friend, colleague or provider, please give them a shout-out where you see them, especially during nurse practitioner week. To access a wealth of timely health care resources, please visit www.nursepractitionerweek.org and learn more about NPs or locate an NP near you, you can visit www.nursepractitionerweek.org .
Nursing	Community Connection: VA Council of Nurse Practitioners	10/26/21-11/7/21	Throughout the day Aired approximately 24 times	60 seconds	Piedmont Master Gardeners has launched Share Your Harvest, a new program that encourages gardeners to donate their extra produce to food pantries in our area. It's easy to take part. On their website, under the tab "Share Your Harvest," they are emergency food providers that accept fresh, locally grown fruits and vegetables, and when deliveries can be received. There's also an interactive map of donation sites, as well as information on how gardeners can help reduce food waste and food insecurity in our community. Right now, many gardeners are preparing their plots for next year. They ask you to plan an extra row to help the hungry!
Food insecurity	Community Connection: Piedmont Master Gardeners	10/7/21-12/7/21	Throughout the day Aired approximately 34 times	60 seconds	The Front Porch is a nonprofit in Charlottesville dedicated to connecting everyone through music. They invite you to their upcoming concert, "An Evening with Tiny Tim" on Wednesday, November 3rd at Miller's Craft Co. You will also be hosting a bring workshop the previous evening for all levels of players. For more information, you can go to their website. The Front Porch is a proud financial supporter of WNRN.
Arts	Community Connection: The Front Porch	10/7/21-11/2/21	Throughout the day Aired approximately 20 times	60 seconds	Wild Virginia is an environmental advocacy nonprofit serving the citizens of Virginia that focuses on protecting and connecting our beautiful wild places. They are hosting an online viewing experience, The Walk on the Wild Side Film Festival. This year, Wild Virginia is proud to have the festival will bring the award-winning film "Cascadia: Crossroads" along with several other short films that highlight our rivers, streams, and forests – and how we can protect them. This film liberally borrows from November 12th 8PM and November 14th at 6PM. When you register, they'll send you a password to watch the show anytime during the screening period.
Environment	Community Connection: Wild Virginia	10/15/21-11/13/21	Throughout the day Aired approximately 25 times	60 seconds	Girls on the Run of Central Virginia celebrated their 15th anniversary in 2021 with over 10,000 girls served. With your help, they look forward to helping even more girls reach their limitless potential this year and beyond. They are currently forming teams in the Greater Charlottesville Area for their Spring 2022 season, and are seeking volunteers! Teams of girls in grades 3rd through 5th through 7th will meet for eight weeks, two times per week, and engage in activities that nurture physical and emotional health while training to complete a 5K. All in-person practices will be implementing the highest CDC standards for safety as the health and wellness of our community remains top priority. Their teams will also have the ability to move online should circumstances require.
Youth empowerment	Community Connection: GOTR Central VA	10/18/21-11/8/21	Throughout the day Aired approximately 70 times	60 seconds	Charlottesville Community Bikes is a nonprofit bike shop committed to making biking accessible in Charlottesville. They refurbish donated bikes and get them back into the community through their kids bike program, bike program for adults in need, and refurbished bike and gear shop. Do you have spare bikes, parts, and accessories in your garage? You can donate them to Community Bikes and they will turn them into sustainable transportation for community members in need. Many of their refurbished bikes find new homes through our partnerships with other local nonprofits, such as the IRC, The Haven, and International Neighbors.
Bicycle equity	Community Connection: Charlottesville Community Bikes	10/18/21-11/8/21	Throughout the day Aired approximately 72 times	60 seconds	Project Yoga Richmond is a nonprofit dedicated to making yoga affordable and accessible to everyone. Yoga has the power to heal and strengthen individuals and in turn, transform whole communities. Project Yoga Richmond offers yoga classes as well as outreach programs that serve youth, teens, seniors, children and adults with disabilities. Individuals in recovery, incarcerated men and women, domestic violence and human trafficking survivors, and more. They invite you to join for weekly, pop-up yoga classes at across Richmond. Your donation for your class helps them increase access to yoga in our community. This fall season they're offering weekly classes in Church Hill, Scotts Addition, The Museum District, Manchester, Caydon, The Fan, Oldsville, and more.
Wellness	Community Connection: Project Yoga Richmond	10/20/21-11/30/21	Throughout the day Aired approximately 40 times	60 seconds	The Better Housing Coalition is a nonprofit community development organization in Richmond that changes lives and transforms communities through high-quality, affordable housing. They invite you to bring the whole family to kick off your holiday season with the 5th annual Gingerbread House Challenge at Hardywood Richmond on Sunday, November 14th from noon-5PM. Teams create gingerbread displays centered around this year's theme, "Virginia is for Lovers." Guests can interact with the displays, vote for their favorites, and enjoy a Gingerbread Social or any of the amenities that Hardywood has to offer. Proceeds from the event will support our work providing life-enhancing supportive services and high quality homes for our neighbors in neediest areas.
Housing equity	Community Connection: Better Housing Coalition	10/20/21-11/13/21	Throughout the day Aired approximately 25 times	60 seconds	The We Heart Hattie and Friends Foundation is a Richmond non-profit dedicated to alleviating the financial strain experienced by families with highly fragile children. They're presenting their third annual Thanksgiving Turkey Trot DK on November 25 at 8:30 in the morning. They invite you to bring your entire family out to Crozet Park in Crozet Area and enjoy a morning of fellowship, fresh air, exercise and refreshments. They have a covered pavilion, a beautiful parade, the bring of a parade float for those who prefer, with hot chocolate and munchies after. You can even do a virtual run if that's your thing.
Medical bills	Community Connection: We Heart Hattie Foundation	10/20/21-11/24/21	Throughout the day Aired approximately 33 times	60 seconds	The Greater Richmond Bar Foundation is a nonprofit serving Central Virginia that connects over 800 volunteer attorneys with pro bono clients and other nonprofits in the community that are in need of legal services. From creating wills ensuring estates are in order to a collaborative medical diversion program, the Greater Richmond Bar Foundation has been hard at work most recently addressing disparities that have been compounded by the pandemic. We spoke with executive director Ann Kim for this <i>Together</i> profile.
Legal	Hear Together: Greater Richmond Bar Foundation	10/25/2021-current	Throughout the day Aired approximately 63 times	90 seconds	Founded in 2018, Birth in Color RVA is a birth, policy, and advocacy nonprofit working towards better outcomes in maternal health and reproductive justice for women of color. The maternal mortality rates in the United States are alarming. Black women are three times more likely to die due to complications from pregnancy or childbirth. Birth in Color RVA strives to empower parents, providing doula services, childbirth education, newborn care classes, and postpartum support boxes, and even working with babies to ensure that they feel connected and informed throughout the birthing process. To date, they've served over 450 women, certified parents in CPR training, and provided racial bias training for more than 200 healthcare workers. Most recently, they've extended their outreach to Lynchburg. We spoke to co-founder and executive director Kinca Sutton-El for this <i>Together</i> profile.
Maternal Health	Hear Together: Birth in Color RVA	10/25/2021-current	Throughout the day Aired approximately 64 times	90 seconds	Artistic Remedies for Creative Hearts, also known as ARCH, is a non-profit arts organization located in Chester County that works to learn emotional resiliency through creative expression. They're partnering with the Crozet Muralhouse to offer Create and Caffeinate, a weekly art program that focuses on the "why" in your creative process, not just the "what." They welcome anyone ages 12 and up, including adults. The goal is to have a finished piece by the end of each class and to learn something new about yourself.
Arts	Community Connection: Artistic Remedies For Creative Hearts (ARCH)	10/26/2021-1/26/2022	Throughout the day Aired approximately 64 times	60 seconds	Dark beers and winter brews are coming back to Crozet Park on Saturday, Dec 4th for the Crozet Winter Brews Festival. They invite you to enjoy 25 different specialty and seasonal beers and ciders from Virginia breweries such as Starr Hill, Randon Row, and Blue Bird. You can enjoy music from Led Zeppelin and Maroon 5 in the foothills of the Blue Ridge Mountains and shop the Winter Market. Proceeds from this event benefit non-profit Crozet Park and its mission of affordable recreation for all. This is a family and pet friendly event.
Preservation	Community Connection: Crozet Winter Brews Festival	11/1/2021-1/23/2021	Throughout the day Aired approximately 35 times	60 seconds	Founded in 2003 to revitalize Harrisonburg's downtown historic district as the cultural meeting point in town, Harrisonburg Downtown Renaissance has worked to bring a greater sense of community to its downtown residents and businesses. By uplifting small business owners and encouraging revitalization of outdated buildings, HDR has made Harrisonburg into the welcoming community it is today. HDR uses the Main Street Four-Part Approach™ — a growing downtown revitalization strategy created by the National Main Street Center. They've had festivals and events downtown, launched local access loans, encouraged public preservation, and even sought economic investment downtown equipping more business openings than closings in 2020. We spoke with executive director Andrea Dono for this <i>Together</i> profile.
Preservation	Hear Together: Harrisonburg Downtown Renaissance	11/1/2021-current	Throughout the day Aired approximately 37 times	90 seconds	Hear Together and Wishes, also known as WOVW, is a non-profit agency that helps Virginians with developmental disabilities and/or severe mental health conditions meet needs that cannot be met in any other way. They like to spread the word about their Guardian Angel program. Legal guardians are essential for people with limited capacity who have no family members. Hospitals and medical offices require informed consent for procedures and exams, which a legal guardian can provide when the person cannot. WOVW aims to help people with disabilities pay attorney fees and court costs when a Guardian is willing to step up and assist them. You can visit wovvw.org/forlegalguardians to find out more about their Guardian Angel and other programs. You can also email legalguardian@wovvw.org .
Disability services	Community Connection: Wail Opportunities and Wishes (WOVW)	11/4/2021-11/4/2021	Throughout the day Aired approximately 31 times	60 seconds	The Arc of Harrisonburg and Rockingham is a nonprofit working with adults with intellectual and developmental disabilities. They invite you and your family to participate in their 4th annual Santa Run, Walk, N' Roll on December 11th from 11:30 PM in downtown Harrisonburg. This fun run includes game stations, prizes, and holiday music as participants complete a half mile race route in Santa suits. Proceeds from this event will go towards creating inclusive opportunities for the IDD community. You can learn more online at their website.
Disability services	Community Connection: The Arc of Harrisonburg & Rockingham	11/4/2021-12/10/2021	Throughout the day Aired approximately 32 times	60 seconds	Blue Ridge Legal Services is a non-profit legal aid agency here in the Shenandoah Valley. They provide free legal advice and representation to low-income households facing civil - not criminal - legal problems. They also have navigators who can help you apply for assistance through the rent relief program and the healthcare marketplace. You can call 1-866-534-5243 or visit www.brls.org to see how they can help you and your family.
Legal aid	Community Connection: Blue Ridge Legal Services	11/4/2021-11/4/2022	Throughout the day Aired approximately 31 times	60 seconds	Virginia Clean Cities is a non-profit located in Harrisonburg that works all across the Commonwealth of Virginia. It is their goal to increase air quality, economic opportunity, and energy security through the reduction of traditional gasoline and diesel vehicles by replacing them with alternative fueled and electric vehicles. Through their Drive Electric Virginia Initiative, they are hosting the inaugural Drive Electric Virginia Forum, a virtual event for EV owners, enthusiasts, and stakeholders set to take place on November 11th from 8:30am to 12:00pm. For more information about this event, you can go to their website. Virginia Clean Cities is a proud financial supporter of WNRN.
Environment	Community Connection: Virginia Clean Cities	11/4/2021-11/15/2021	Throughout the day Aired approximately 8 times	60 seconds	

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Technological accessibility	Hear Together: C4K	11/8/2021-current	Throughout the day Aired approximately 32 times	90 seconds	C4K is a STREAM program combining mentoring and technology to prepare youth in Charlottesville/Albemarle for brighter futures. They offer a drop-in clubhouse, workshops, and a 11 mentoring program, where students in grades 5-12 are paired with a mentor to work on a project of the student's choice. Concentrating on Science, Technology, Engineering, Arts, and Math students can learn skills in a variety of fields from robotics, coding, and game design to sculpture, painting, and photography. We spoke with Howe, a student enrolled in C4K, along with C4K's Recruitment and Retention Coordinator, Tricia Howell, for this Hear Together profile.
Technological accessibility	Community Connection: Cavalier Robotics	11/9/2021-11/9/2022	Throughout the day Aired approximately 48 times	60 seconds	Cavalier Robotics is a competitive high school robotics team based in Charlottesville. Their mission is to explore STEM (science, technology, engineering, and math) through hands-on team experiences. They compete against other FIRST teams at across the country. They're seeking high school members and adult mentors interested in programming, design, entrepreneurship, electronics, engineering, and the basics of machining.
Arts	Community Connection: Arts Council of the Valley	11/12/2021-11/12/2022	Throughout the day Aired approximately 47 times	60 seconds	The Arts Council of the Valley is a nonprofit in the City of Harrisonburg that cultivates the arts and connects communities in Harrisonburg and Rockingham County. They welcome you to visit Smith House Galleries, and Court Square Theatre, and enjoy the visual and performing arts. And, engage with other arts enthusiasts at First Fridays of the Valley. For more information, you can go to their website.
Arts	Community Connection: Artspace	11/12/2021-11/12/2021	Throughout the day Aired approximately 45 times	60 seconds	Artspace is a nonprofit gallery that promotes the understanding and awareness of contemporary visual and performing arts. The gallery is open to the public at their new location in the Stratford Hills Shopping Center in Richmond with hours starting daily at 11am. Beginning in late January their 2022 programming will include solo and group shows, several artist exhibitions including Rialta 250, their tenth biennial regional event, as well as art classes, workshops and lectures.
Housing insecurity	Community Connection: Building Goodness Foundation	11/15/2021-11/15/2021	Throughout the day Aired approximately 45 times	60 seconds	Building Goodness Foundation is a nonprofit construction organization based in Charlottesville. For more than 20 years, Building Goodness Foundation has been building community and improving lives for thousands of people here in Central Virginia and around the world. They continue to operate our Cville Builders Fund, which offers renovations and repairs for local nonprofits, small businesses and low-income homeowners. As the end of the year approaches, they invite you to join them in their work to create spaces for healing, for hope, and for building better futures. Together, we can build a stronger, healthier, and more equitable Charlottesville.
Music	Community Connection: Three Notch'd Road	11/15/2021-12/9/2021	Throughout the day Aired approximately 23 times	60 seconds	Three Notch'd Road: The Virginia Baroque Ensemble is a nonprofit based in Charlottesville that seeks to enrich the culture of Central Virginia through historically informed performances that reveal the beauty of early music. They are presenting the second concert of their season, <i>Shepherd's Star: An Anniversary Celebration</i> , in Charlottesville, Richmond, Staunton, and Waynesboro Thursday, December 9th through Sunday, December 12th. The concert will include you to hear music from different cultures, including sacred music from the Shepherd's Star album and their very first performance in October 2011. You can find more information here: https://trdn.org/
Therapeutic Riding	Hear Together: Charlottesville Area Riding Therapy (CART)	11/16/2021-current	Throughout the day Aired approximately 41 times	90 seconds	Charlottesville Area Riding Therapy (CART) is a therapeutic riding program that serves children and adults with special needs in Charlottesville and surrounding areas. With 8-week sessions taking place in the Spring, Summer and Fall, clients can groom the horses before entering the ring to complete obstacle courses and work on exercises that allow them to grow together with the horse. CART's <i>Safari Day</i> gives a whole of the team to this Hear Together profile.
Music	Community Connection: Music Resource Center	11/16/2021-12/9/2021	Throughout the day Aired approximately 25 times	60 seconds	The Music Resource Center is an after-school non-profit that fosters the youth of Charlottesville through music. The Music Resource Center is a safe, diverse, and creative community where teens in 6th-12th grade can learn, grow, and make music together. The MRC is affordable to all. On Saturday, December 11th, they're holding a one-time sale from 10am-1pm at the Music Resource Center. They welcome you to join them for deals on drums, amps, guitars, and more! This is the perfect opportunity for those looking for real gear, beginner instruments, and improving your audio set-up. The proceeds from the rummage sale help support the MRC's programming.
Disability services	Community Connection: Arc of the Piedmont	11/16/2021-12/3/2021	Throughout the day Aired approximately 17 times	60 seconds	The Arc of the Piedmont is a nonprofit in Charlottesville and surrounding counties that ensures the inclusion and participation of all people with developmental disabilities and their families through programs and services. They invite you to bring your friends and family out to the 8th Annual <i>Circle of Hope</i> and <i>Walk for Disability</i> on Saturday, December 11th. A <i>Walking with the TRNG Pavilion</i> on the historic <i>Downtown Mall</i> in Charlottesville. Santa Salsas and Elf hats are included - and they will have coffee, hot chocolate and candy canes for everyone. Proceeds from this fundraiser will go towards building a future where all people with developmental disabilities and their families experience their best life possible.
Music	Community Connection: The Front Porch	11/16/2021-12/2/2021	Throughout the day Aired approximately 13 times	60 seconds	The Front Porch is a nonprofit in Charlottesville dedicated to connecting everyone through music. On Friday, December 3rd, they invite you to a concert with Matt Ross, a Nashville artist bringing an array of vintage blues, country, and jazz.
Music	Community Connection: The Front Porch	12/3/2021-12/17/2021	Throughout the day Aired approximately 14 times	60 seconds	The Front Porch is a nonprofit in Charlottesville dedicated to connecting everyone through music. They invite you to the last concert of 2021 on Saturday, December 18th, featuring The House Bandsters, a blues/jazz trio from Canada. The event will be set up for dancing and celebration.
Special needs	Community Connection: Piedmont Area Tennis Association	11/19/2021-12/1/21	Throughout the day Aired approximately 18 times	60 seconds	The Piedmont Area Tennis Association is bringing both junior and adult Wheelchair Tennis players from around the country to Charlottesville for their first wheelchair tennis tournament, taking place at the sports club at the Board of Health Resort from Friday December 17th through Sunday December 19th. David Wagner, a nine-time wheelchair tennis grand slam champion played first in the world, will fly in from California for this event. They're in need of both persons and spectators throughout the weekend.
Arts	Community Connection: PVCC's Let There Be Light	11/30/21-12/9/21	Throughout the day Aired approximately 8 times	60 seconds	PVCC's 15th annual Let There Be Light features light illuminated art installations and performances on two different dates in two different locations. They welcome you to join them on Friday, December 10th, from 5-9 PM at Piedmont Virginia Community College and Saturday, December 11th, from 5-9 PM in downtown Charlottesville and surrounding neighborhoods. The exhibit is open to the public and admission is free. The exhibit will be an "enlightened being" decorated in light. This year's event is in memory of Beryl Sola, co-organizer of Let There Be Light for 14 years, and WNCV's Culture Monkey. Highlights will include Her Light Shines On (a tribute to Beryl Sola) by Diana Hale, Veronica Jackson's <i>Remembering BLM</i> and <i>Conjuring Black Joy</i> , and a performance by MCCC - Mobile Interactive Computer Ensemble.
Arts	Community Connection: Heifetz International Music Institute	12/1/21-12/18/21	Throughout the day Aired approximately 15 times	60 seconds	The Heifetz International Music Institute is a nonprofit in Staunton dedicated to the artistic growth and career development of the most talented young classical musicians in the world, providing them to better communities, engage, and inspire their audiences. They are hosting their Heifetz Holiday Homcoming Concert at Mary Baldwin University's Francis Auditorium on Sunday, December 19th. The concert will feature recitals of the students, along with featuring solo works, Baroque gems, chamber masterworks, and some special Vaalke treats. For more information you can go to their website.
Food insecurity	Community Connection: Lynchburg Groves	12/3/21-3/3/22	Throughout the day Aired approximately 24 times	60 seconds	Lynchburg Groves is a nonprofit, urban farm that produces thousands of pounds of food for the community every year, and they provide meaningful jobs and volunteer opportunities to individuals with disabilities. They invite you to support their work by becoming a member of the Veggie Society. Members of the Veggie Society make reunion donations that fit their budgets, and they enjoy monthly parties, including early access to their Veggie Box CSA sign up and event tickets. You can find out more about their programs that support our community, and how to join the Veggie Society, on their website. Lynchburg Groves is a proud financial supporter of WNVN.
Resources	Community Connection: Park View Community Mission	12/3/21-3/3/22	Throughout the day Aired approximately 25 times	60 seconds	Park View Community Mission is a nonprofit in Lynchburg that works to restore the lives of families and communities by building relationships and providing the changes resources to our neighbors. In addition to food, they provide clothing, mentorship and education classes. For more information about how to get involved with Park View, you can go to their website.
Elderly care	Community Connection: Adult Care Center of Central VA	12/3/21-3/3/22	Throughout the day Aired approximately 25 times	60 seconds	Adult Care Center of Central Virginia is a nonprofit in Lynchburg that provides an engaging daytime program of care for adults with health challenges in a protected, home-like setting. Their service helps participants engaged while their caregivers are afforded a bit of respite. Donations to their organization allow them to keep costs low and help provide scholarships for those who have a financial need. For more information, you can go to their website.
Food insecurity	Community Connection: Lynchburg Daily Bread	12/3/21-12/3/21	Throughout the day Aired approximately 24 times	60 seconds	Lynchburg Daily Bread is a soup kitchen in downtown Lynchburg. The magic of the holidays is all around us, and they welcome you to join them in supporting local families at this special time of year. They are serving between 400-500 hot and nutritious meals per day and are especially in need of protein like ground beef, chicken or ham. There is more information at lynchburgdailybread.com .
Driving safety	Community Connection: Drive Smart Virginia	12/7/21-12/31/21	Throughout the day Aired approximately 20 times	60 seconds	Drive Smart Virginia is a nonprofit traffic safety education and outreach group. They're reminding all road users to be especially careful during the holiday season by watching your speed, buckling up, driving sober, and putting the phone down when you're behind the wheel. Although there were fewer cars on the roads this time last year, traffic fatalities in Virginia increased. Spending, not wearing a seat belt, and driving under the influence were major factors. You can learn more by visiting their website. They're also on Facebook and Twitter with the handle @drivesmartva.
Historic preservation	Community Connection: Wilton House Museum	12/7/21-1/14/22	Throughout the day Aired approximately 20 times	60 seconds	Wilton House Museum is a nonprofit historic house museum in Richmond that tells a truly Virginia story from the 1700s to today. They are hosting a Volunteer Open House on Saturday, January 15th, where you can learn about opportunities to become a volunteer housekeeper. They welcome you to join them from 10am to 2pm to meet their education staff and take a tour of the historic house. For more information, you can go to their website. Wilton House Museum is a proud financial supporter of WNVN.
Family assistance	Community Connection: Mercy Mall	12/7/21-12/24/21	Throughout the day Aired approximately 13 times	60 seconds	The Mercy Mall of Virginia hosts an annual <i>Adopt-A-Family</i> program to assist families experiencing crisis situations. Through this program, sponsor groups, with the help of Mercy Mall, will provide items of greatest need like beds, blankets, kitchen items, clothing and underwear, baby gear, as well as cleaning supplies, a holiday meal gift card, and gifts for their child. Not limited to any other Christmas programs. The week of Christmas, they will host an Elf Store, which starts for "Every Last Family" for those who either enter into lotto to pair them with a sponsor group. They welcome you to participate by sponsoring a family or donating toward this program. You can learn more by emailing adoptafamily@mercyva.org or going to their website.
Arts	Community Connection: ViaArts	12/7/21-1/6/22	Throughout the day Aired approximately 20 times	60 seconds	The Visual Arts Center of Richmond (ViaArts) invites you to bring your family and friends to check out the "Of Mud & Blood" exhibition in the True F. Luck Gallery. This exhibition runs until January 16th and features collaborative works by Central Virginia-based ceramicists and pottery artists and explores three ceramicists' craft through various vessels, sculptures and other forms. All works from this exhibition are up for silent auction and proceeds from this fundraiser go towards programs at MAD RVA, HealthBridge RVA and community partnership programs at ViaArts.
Food insecurity	Community Connection: Sharon Farms	12/8/21-3/8/22	Throughout the day Aired approximately 20 times	60 seconds	Sharon Farms is a nonprofit food access organization in Richmond, working together to build healthy communities by growing and sharing healthy food. They envision a healthier community, where everyone has equitable access to nourishing food and meaningful opportunities to grow, choose, cook and enjoy their produce. Each year, they distribute over half a million servings of fresh produce through their network of programs and partnerships in communities where access to healthy food is limited. This produce is grown on their farm with the help of thousands of dedicated volunteers each year. Their Food Access and Nutrition Education Programs include their Grow to Go Mobile Market, Prescription Produce Plan, and Nutrition Distribution Network. They welcome you to learn more about their organization on their website, or on Facebook, and Instagram @sharonfarms. Sharon Farms will be featured at WNVN presents <i>Dead Air II</i> at the National in Richmond on Friday, January 21st.

