

Issue	Name of Program/Segment	Date of Airing	Time of Airing	Duration	Narrative
Vehicle donation	Community Connection: Way to Go	12/15/21-3/15/22	Throughout the day. Aired approximately 55 times	60 seconds	Way to Go is a nonprofit organization empowering low-income workers in Harrisonburg and Rockingham to obtain financial independence through access to reliable and affordable transportation. For most working households in Harrisonburg and Rockingham, owning a car is central to productivity and self-sufficiency, as public transportation is not widely available. They invite you to learn about ways to get involved with Way to Go, so that a low-income worker can better connect with job training and employment opportunities that can bring their household greater financial stability. You can find more information on their website.
Food insecurity	Community Connection: Lynchburg Daily Bread	1/1/22-3/1/22	Throughout the day. Aired approximately 59 times	60 seconds	Lynchburg Daily Bread is a soup kitchen in downtown Lynchburg. They invite you to join them in feeding the hungry of Central Virginia, 365 days a year. Their soup kitchen is helping more and more people in need, including many young families and even grandparents who have never needed assistance before. From their tiny soup kitchen in downtown Lynchburg, they are often serving over 500 meals per day. There's more information at lynchburgdailybread.com .
Autism services	Community Connection: Virginia Institute of Autism	1/13/22-3/13/22	Throughout the day. Aired approximately 51 times	60 seconds	The Virginia Institute of Autism is a nonprofit located in Charlottesville that is dedicated to helping people with autism and their families overcome the challenges they face through compassionate, effective services. VIA offers a range of evidence-based support across central Virginia, including assistance in completion of daily-living tasks, behavioral management techniques, a year-round school, meaningful employment opportunities for adults, and much more. They also provide coaching and other support for school staff to help them meet the needs of students with autism and other challenges in their classrooms.
Arts	Community Connection: Rocktown Arts	1/14/22-1/28/22	Throughout the day. Aired approximately 12 times	60 seconds	Rocktown Arts is a nonprofit organization in Harrisonburg that provides exhibition opportunities for regional artists and a chance for local community members to see and purchase works of art. They are hosting their biggest fundraiser of the year, 6x6x30, as a one day pop up show at Pale Fire Brewing Company on January 29 from 12-6 pm. 23 artists made one 6 inch by 6 inch work of art each day for the 30 days of November and all 690 pieces will be on display for this one day event. For more information you can go to their website, rocktownarts.org .
Arts	Community Connection: The Front Porch	1/16/22-2/10/22	Throughout the day. Aired approximately 20 times	60 seconds	The Front Porch is a non-profit community music school and venue in Charlottesville, teaching all ages from babies to seniors. They invite you to an exploration of Africa on Friday, February 11th from 4:30-5:30 pm. Host Lillie Williams will share her knowledge through song, drumming, dance, and storytelling. This event is geared toward children and their families, but anyone is welcome.
Education	Community Connection: CBI Forest School	1/26/22-3/26/22	Throughout the day. Aired approximately 46 times	60 seconds	CBI Forest School in Charlottesville is a nature based school that provides children aged 18 months through 4th grade an outdoor, experiential program designed to ignite wonder, curiosity, and connection. During the pandemic, CBI Forest School decided to move outside to find the safest in-person learning experience, but over the past two years, they have learned that the outdoors provides the perfect tapestry for innovative learning experiences. What started out as a way to survive has turned into a way to thrive. Moving outside allows the school to see new possibilities for growth, teaching, and for the needs of the next generation of families.
Nonprofit fundraiser	Community Connection: Miriam's House	1/26/22-2/25/22	Throughout the day. Aired approximately 25 times	60 seconds	Miriam's House is a nonprofit organization in Lynchburg with a mission to end homelessness and rebuild lives. They are hosting Coldest Night of the Year- a family friendly fundraising walk on February 26th. Guests are invited to bring family members, work teams, or church group for a 5k winter walk to show solidarity and support for our neighbors experiencing homelessness. The walk will begin and end at Miriam's House on Magnolia Street in Lynchburg.
Arts	Community Connection: Vector Space	2/1/22-4/2/22	Throughout the day. Aired approximately 46 times	60 seconds	Vector Space is a nonprofit in Lynchburg that promotes hands-on learning and offers access to new tools and skills for makers of all ages. They are hosting Lynchburg Maker Faire in person on Sunday, April 3 on the campus of Randolph College. More than 40 different makers and booths will be set up sharing, selling, and demonstrating their craft with optional hands-on participation for the whole family.

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Nonprofit	Community Connection: Mothers Against Drunk Driving (MADD)	1/26/22-3/1/22	Throughout the day. Aired approximately 30 times	60 seconds	Mothers Against Drunk Driving® (MADD) is a national nonprofit that works toward a nation without drunk and drugged driving. Using research-based, data-driven approaches, MADD is the leading traffic safety, victim assistance, and prevention resource in the nation.
Nonprofit event	Community Connection: Virginia Capital Trail Foundation	3/6/22-5/6/22	Throughout the day. Aired approximately 17 times	60 seconds	The Virginia Capital Trail Foundation is a nonprofit in Richmond that oversees the 52-mile Virginia Capital Trail, promotes outdoor recreation and active-transportation, and advocates for continued trail development in the region. On Friday, May 6th and Saturday, May 7th they are hosting their CapCenter Cap2Cap Bike Ride presented by Dominion Energy on the Virginia Capital Trail. Ride the Virginia Capital Trail and enjoy a Post-Ride Party at Chickahominy Riverfront Park on Friday or at Dorey Park on Saturday – or do both days to complete the Cap2Cap Two Day Challenge. Riders will be supported by fully stocked Rest Stops, and will receive a Cap2Cap t-shirt, water bottle, drawstring bag, lunch, beverage ticket, and more!
Nonprofit event	Community Connection: Homegrown for Hopewell Downtown	1/26/22-2/11/22	Throughout the day. Aired approximately 11 times	60 seconds	Hopewell Downtown Partnership is a nonprofit working to build a healthy, vibrant, and more prosperous central downtown district for the Hopewell community, located 25 minutes south of Richmond at the confluence of the James and Appomattox rivers. Guests are invited to participate in Homegrown for Hopewell: A Business Pitch Competition. Interested in launching a brick and mortar business? They offer an option to complete a business boot camp through Virginia State University's Minority Small Business Launch Center this spring and then choose to compete for financing in front of a panel of judges on Pitch Night in May. The deadline to apply is Friday, February 11th. Homegrown for Hopewell offers a chance to join other entrepreneurs and creatives in the revitalization movement - Downtown Hopewell where friends and rivers meet.
Nonprofit event	Community Connection: CodeVA	2/13/22-4/13/22	Throughout the day. Aired approximately 37 times	60 seconds	CodeVA is a nonprofit based in Richmond that provides student programs and statewide teacher training for K-12 computer science education. On Thursday, April 14th, they will be hosting their 4th annual Betting Big on Tech, an annual event bringing together industry leaders and community supporters for an evening of casino games, derby races, food and drink, and a robotics competition. Proceeds from this fundraiser support CodeVA's mission to bring equitable computer science education to every Virginia student.
Financial assistance	Community Connection: Greater Lynchburg Community Foundation	1/26/22-4/26/22	Throughout the day. Aired approximately 49 times	60 seconds	The Greater Lynchburg Community Foundation has been investing in the community for fifty years and providing grants to nonprofits and educational scholarships.
Arts	Community Connection: Commerce Street Theatre	1/26/22-2/24/22	Throughout the day. Aired approximately 25 times	60 seconds	Commerce Street Theater in downtown Lynchburg is proud to present their first production of 2022, Neil Simon's The Odd Couple, running Feb 25 through March 12. Guests are invited to check out their community theater, located just off of Art Alley on Commerce Street. The theater is excited to be a part of Lynchburg's historic district and art scene.
Nonprofit	Community Connection: SHARE Greater Lynchburg	1/26/22-3/26/22	Throughout the day. Aired approximately 45 times	60 seconds	SHARE Greater Lynchburg seeks to magnify, equip, and connect their local nonprofit community. There are ways to donate, volunteer, shop for or attend events for over 130 organizations.
Nonprofit event	Community Connection: Three Notch'd Road Baroque Ensemble	1/26/22-2/10/22	Throughout the day. Aired approximately 13 times	60 seconds	Three Notch'd Road: The Virginia Baroque Ensemble is a nonprofit based in Charlottesville that seeks to enrich the culture of Central Virginia through historically informed performances that reveal the beauty of early music. They are presenting the third concert of the season, "Virginia in Love: Celtic Music for Valentine's Day," in Staunton, Richmond, and Charlottesville February 11th through 13th. The program will include Irish and Scottish dance music, Welsh airs, and other romantic ballads of the British Isles, including the legend of Robin Hood and Maid Marian with guest storyteller Sarah Walker. Guests are invited to hear these beautiful airs and melodies sung by Peter & Sarah Walker, joined by Christa Patton on harp, recorder, & tin whistle, Jeremy Ward on cello, Peter Walker on pipes & baroque guitar, and Fiona Hughes on violin.

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Mental health	Community Connection: Adagio House	1/28/22-3/28/22	Throughout the day. Aired approximately 42 times	60 seconds	Adagio House is a nonprofit organization empowering disabled individuals and their caregivers through counseling services and mental health resources. Located in the city of Harrisonburg, they offer counseling sessions for those who are un or under insured through their donor and grant funded Compassion Fund. Adagio House is one of the only mental health facilities specializing and working with caregivers and the disabled in the surrounding area. All of their staff have experience working with this population and care deeply about their mental health. They are currently growing their Respite Care Program, supporting caregivers through caring for their loved ones with Onsite and In-home services.
Education	Community Connection: Explore More Discovery Museum	1/28/22-3/28/22	Throughout the day. Aired approximately 42 times	60 seconds	Explore More Discovery Museum is a nonprofit children's museum, focused on engaging young minds through the power of play! Located in Downtown Harrisonburg, Explore More has been serving children and families throughout the Shenandoah valley since 2003. With more than fifteen hands-on exhibits, as well as workshops, camps and special programs all year long, learning never stops at Explore More! These interactive, multi-sensory play experiences create a safe space for children to grow, promoting a greater understanding of themselves and the world around them.
Food insecurity	Community Connection: Blue Ridge Area Food Bank	1/28/22-2/28/22	Throughout the day. Aired approximately 23 times	60 seconds	About one in 12 people in the Blue Ridge area experiences hunger. The winter season can be especially difficult for many, as they make impossible choices about whether to heat their home or buy food. For those facing this tragic dilemma, the Food Bank has an online tool for people to find food assistance in their community. The Food Finder tool is available in 12 different languages and lists a broad range of partner and program sites, with information on hours and more. From your computer or phone, you can visit food-finder.brafb.org.
Local business	Community Connection: Harrisonburg Downtown Renaissance	1/28/22-2/11/22	Throughout the day. Aired approximately 22 times	60 seconds	The Friendly City Merchants are a group of businesses in Downtown Harrisonburg that brings our community together through events to promote supporting local shops. They are hosting a Galentine's Build your Own Bouquet Flower Tour on February Twelfth at Noon in Downtown Harrisonburg. They invite you to stroll the streets and find the twelve flower stops provided by Sparrow's Flowers and build your custom bouquet.
Environment	Community Connection: New Community Project/Vine & Fig	1/28/22-3/28/22	Throughout the day. Aired approximately 43 times	60 seconds	The New Community Project/Vine & Fig Sustainable Living Center is a nonprofit in Harrisonburg that joins hands with people locally and internationally to work for social justice and ecological healing. They provide safe and supportive housing for people struggling with housing insecurity, direct an educational center for sustainable living practices, and incubate projects in the broader community including gardening with the public schools, solar energy and organic produce for low-income households, and a carbon farming research station. They invite residents, students, and people of all ages and abilities to volunteer with them on any of their projects. For more information, you can call 540-433-2363 and find them online at vinefigncp.org and jubileeclimatefarm.org.
Education	Community Connection: Rockingham Educational Foundation	1/28/22-3/28/22	Throughout the day. Aired approximately 43 times	60 seconds	The Rockingham Educational Foundation is a nonprofit that supports learning by securing financial contributions and educational resources that benefit Rockingham County Public Schools teachers and students. They accomplish this through their five core programs: early literacy, innovative learning grants, scholarships, teacher supply depot, and teacher recognition.
Literacy	Community Connection: Skyline Literacy	3/19/22-4/19/22	Throughout the day. Aired approximately 9 times	60 seconds	Skyline Literacy is an adult education program that serves members of the community with English classes, citizenship preparation, and basic literacy. They help folks with reading and writing skills. You can make a difference in the life of a parent, family, or someone trying to support themselves. The Great Community Give is an initiative of the Community Foundation of Harrisonburg and Rockingham County. It's a sunrise to sunset giving day that promotes charitable giving to donate to your favorite local nonprofits. The Great Community Give will take place this year on April 20th, from 6:30 am to 8:00 pm. All donations this day will be through greatcommunitygive.org and are tax-deductible. Whatever you donate, it adds up to an incredible day of support for literacy that meets needs, and builds a community that we all enjoy.

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Horse race	Community Connection: Foxfield Spring Races	2/14/22-4/29/22	Throughout the day. Aired approximately 35 times	60 seconds	Foxfield Racing is located in Albemarle County and now, under new local management, they have become a non-profit. Foxfield welcomes new and returning attendees to their annual Spring Race, happening on Saturday, April 30th. With large group tent options, parking spaces on the rail, Vendor Village and the New Orange Entertainment park, friends and families will have plenty to do between the steeplechase races. Their spring philanthropic partner is Camp Holiday Trails, located in Albemarle County. Proceeds from the race will go towards Camp Holiday Trails and all that they do to support the community while bringing children with medical illnesses to camp. Foxfield Racing is a proud financial supporter of WNRN.
Nonprofit event	Community Connection: Building Goodness Foundation April	1/31/22-4/1/22	Throughout the day. Aired approximately 19 times	60 seconds	Building Goodness Foundation is a nonprofit in Charlottesville that works to build communities and improve lives. The organization is hosting their annual Building Goodness in April build day on Saturday, April 2nd this year. This is a partnership with students from the UVA Darden School of Business where they work together to provide renovation services to vulnerable neighbors in the greater Charlottesville area. Dedicated volunteers are welcome to adopt home projects ahead of build day this spring.
Nonprofit event	Community Connection: Community Bikes	1/31/22-2/13/22	Throughout the day. Aired approximately 29 times	60 seconds	Charlottesville Community Bikes is a nonprofit bike shop in Charlottesville committed to making biking accessible to all. Community Bikes is hosting their annual Valentine's Day Fundraiser, Bake & Bike, on Monday, February 14th, when costumed bike couriers will deliver pre-ordered bags of heart-shaped scones around Charlottesville. Their scones are baked by Sweet Holly's Desserts, and all deliveries will be sanitary and contact-free. All proceeds from the event will benefit programs of Community Bikes - they refurbish donated bikes and get them back into the community through a kids' bike program, bike program for adults in need, and refurbished bike and gear shop.
Music	Community Connection: Blue Ridge Irish Music School	2/2/22-2/18/22	Throughout the day. Aired approximately 12 times	60 seconds	Blue Ridge Irish Music School (BRIMS) in Charlottesville is dedicated to creating community through Irish dance and music. If you've been wondering what BRIMS is all about -- or if you or someone in your family has been wanting to start classes in Irish dance or music, but didn't know where to begin -- BRIMS welcomes you to their Open House on Saturday, February 19th from 1:00-4:00 p.m. at the Charlottesville Waldorf School. BRIMS offers introductory classes for all ages in Irish dance; performing informal music and dance demonstrations. You can meet the instructors, meet the instruments and find out more about BRIMS and all that they have to offer. This family-friendly event is open to the public. At the end of February, BRIMS will be starting its in-person 8-week series of classes for all ages in Irish music song and dance. More information about the Open House and upcoming classes can be found on their website, brimstunes.org.
Nonprofit event	Community Connection: Descendants of Enslaved Communities at the University of Virginia	2/2/22-2/27/22	Throughout the day. Aired approximately 20 times	60 seconds	Descendants of Enslaved Communities at the University of Virginia is a nonprofit organization established in 2020. Their mission is to research and reclaim the narrative, to honor the legacies of enslaved and free Black communities and their descendants, and to achieve restorative justice for communities rooted at the University of Virginia and surrounding regions. The organization is hosting "Market Mondays" at the old Monticello Dairy building every Monday for the entire month of February. For more information about the organization and to support their mission, visit their website.

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Nonprofit panel	Community Connection: Women United in Philanthropy	2/9/22-3/17/22	Throughout the day. Aired approximately 22 times	60 seconds	Women United in Philanthropy was formed in partnership with United Way of Greater Charlottesville. Their mission since 2005 is to engage with like-minded women to learn about the community's needs and, through collective giving, support other non-profits whose services better the lives of women and children in the area. Besides their Grant process, they also hold an annual education event open to all. The next one is Friday, March 18th, titled Collaborating Towards a Better Future: Affordable Housing Advancements. Their panel of four will discuss the inhibitors to achieving affordable housing in the area, what businesses and community leaders are doing today to improve matters, and the various resources an individual can leverage now to help. Selected speakers will be from Piedmont Housing Alliance, United Way, PVCC's Self Sufficiency Program and Habitat for Humanity. This in-person event will take place from 8:00 – 9:45 AM at the Omni Hotel in downtown Charlottesville. It is open to the public and all are invited to bring a friend. A light breakfast fare will be offered and there will be complimentary parking. To see the list of speakers and to register, please go to their website.
Book Read	Community Connection: Jefferson-Madison Regional Library	2/25/22-3/31/22	Throughout the day. Aired approximately 25 times	60 seconds	The Jefferson-Madison Regional Library invites all Central Virginians to read and discuss the book We Are Not Free by Traci Chee, the 2022 Same Page Community Read selection. The community-wide reading initiative enables book groups, classrooms, and individuals to explore the themes of a single book by an author appearing at the Virginia Festival of the Book. JMRL presents Same Page programs and activities throughout March and offers free copies of the book through all library branches and the Bookmobile while supplies last.
Nonprofit	Community Connection: Rivanna Conservation Alliance	2/11/22-4/11/22	Throughout the day. Aired approximately 33 times	60 seconds	The Rivanna Conservation Alliance is a non-profit based in Charlottesville. They work with the community to conserve the Rivanna River and the streams and rivers that flow into it through water quality monitoring, restoration, education, and advocacy. If you love the Rivanna, or are looking for a way to help care for your local environment, the Rivanna Conservation Alliance invites you to volunteer! From cleaning up waterways and planting native trees, to educating kids about conservation and monitoring the quality of streams, there is something for everyone.
Education	Hear Together: Descendants of Enslaved Communities at UVa	2/22/22-Present	Throughout the day. Aired approximately 26 times	90 seconds	The Descendants of Enslaved Communities at University of Virginia work to uncover previously unknown ancestries of members within the community through research, education, and preservation. Their office collects oral histories and educational resources, along with offering tours of the Memorial to Enslaved Laborers near the Rotunda. In the past, guests of the memorial have provided ledgers and documents to the organization to assist their efforts to uncover more about themselves and identify the histories of their ancestors. DeTeasa Brown Gathers, Carolyn Mitchell Dillard, and Caoline Yates are all founding members of Descendants of Enslaved Communities at UVA. You can listen to their stories at the audio link below and learn more about the organization here.
Memorial	Hear Together: Memorial to Enslaved Laborers	2/22/22-Present	Throughout the day. Aired approximately 27 times	90 seconds	In spring 2020, the Memorial to Enslaved Laborers was completed with programing and initiative assistance from the office of The Descendants of Enslaved Communities at the University of Virginia. The memorial is adjacent to the Rotunda and across from the Corner, inviting greater Charlottesville community members to remember the names and occupations of the ancestors honored on its walls. With its creation, the memorial serves to remind descendants to unite together as a family and spread educational awareness. We spoke with one of DEC's founding members, Carolyn Mitchell Dillard, to learn more about the memorial and it's history for this Hear Together profile. You can listen at the audio link below and learn more about the memorial here.

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Women's day march	Community Connection: Harrisonburg Women's Day March	2/19/22-3/4/22	Throughout the day. Aired approximately 8 times	60 seconds	The Harrisonburg International Women's Day Committee aims to uplift the value of all women who come from diverse backgrounds and identities, while celebrating the voices of women through recognizing achievements and supporting collective pursuits for justice in our communities. They're hosting their annual International Women's Day in Harrisonburg on Saturday, March 5th. Celebrants will start gathering at 10 am near the Farmer's Market at City Hall and will head to the rally at Court Square at 10:30. All are welcome to come celebrate women's achievement, raise awareness against bias, and take action for equality.
Music event	Community Connection: Blue Ridge Irish Music School	2/23/22-3/21/22	Throughout the day. Aired approximately 19 times	60 seconds	The Blue Ridge Irish Music School (BRIMS) is presenting the Irish super-group, Lúnasa, in concert at the Haven in Charlottesville on Tuesday, March 22nd at 7:30 p.m. Lúnasa's complex arrangements and unique sound has reshaped the boundaries of Irish traditional music and energized audiences around the world.
Book festival	Community Connection: Virginia Festival of the Book	2/23/22-3/16/22	Throughout the day. Aired approximately 15 times	60 seconds	The Virginia Festival of the Book is a program of the Charlottesville-based nonprofit, Virginia Humanities, bringing together writers and readers to celebrate books, reading, literacy, and literary culture. They offer virtual programming year-round and will be presenting the 2022 Virginia Festival of the Book as an in-person and virtual event, taking place Wednesday, March 16th through Sunday, March 20th. With more than 70 public events, the 2022 Virginia Festival of the Book offers something for readers of all ages and reading interests. Whether you'd like to meet a favorite author, or discover new books to add to your shelf, they invite you to join them for the festival in March.
Ales for Animals	Community Connection: Hope's Legacy Equine Center	2/23/22-4/8/22	Throughout the day. Aired approximately 26 times	60 seconds	Hope's Legacy Equine Center welcomes everyone to Ales for Animals on Saturday, April 9th at Blue Mountain Barrel House in Arrington. From noon – 5pm, guests are encouraged to bring their families to enjoy live music, meet animals of all types and sizes, check out farm equipment from Kubota of Lynchburg, and enjoy food and ales from The Barrel House. Proceeds from this event benefit Hope's Legacy Equine Center, Almost Home Pet Adoption Center, and Rockfish Wildlife Sanctuary. This event is designed to benefit these three animal oriented nonprofits. For tickets or to learn more, go online to Eventbrite and search Ales for Animals -- or find the event on Facebook by searching for Blue Mountain Barrel House or Hope's Legacy.
Nonprofit event	Community Connection: RVA Beard League	2/25/22-4/22/22	Throughout the day. Aired approximately 20 times	60 seconds	The RVA Beard League, founded in 2011, is a social volunteer organization in Richmond improving their hometown through the three C's of community service, charitable fundraising, and camaraderie. On April 23rd at the Canal Club in Richmond, they will be hosting the Mid-Atlantic Beard & 'Stache Championships 008, a charity facial hair competition to benefit Shine For Scott, a non-profit that helps the increasing number of young adults diagnosed with colorectal cancer. The Mid-Atlantic Beard & 'Stache Championships consists of 15 different facial hair categories representing a diverse array of styles and lengths, and two devoted to fake beards so that everyone — including ladies, kids, and the (in)voluntarily clean shaven — can compete!
Child assistance	Community Connection: Stepping Stone	2/25/22-4/25/22	Throughout the day. Aired approximately 21 times	60 seconds	Stepping Stone is a nonprofit located just a few blocks off of the Downtown Mall in Charlottesville. Stepping Stone provides children age newborn to three from under-resourced families in the Charlottesville/Albermarle region with the items they need to ensure a healthy, safe start to life. The items they provide include diapers/wipes, new and gently used baby clothes, strollers, car seats, and pack 'n' plays. And, of course, books! Community partners let them know what their families need, and they rely on the donation of new and nearly new items to fill their orders. They build inventory of these essentials through individual giving and grassroots community drives. Teams of volunteers help them to achieve their mission. While some individuals sort, clean, and bundle items according to the orders received from local partners, another team of volunteers delivers them to parents, caregivers, and children. Families struggling to pay rent, utilities, and grocery bills often can't afford the basics their children need every day. By focusing on an underserved demographic and age range, Stepping Stone aims to make sure the most vulnerable members of the community start life on the right foot.

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vaccine clinic	Community Connection: Anicira Veterinary Center	2/28/22-3/25/22	Throughout the day. Aired approximately 16 times	60 seconds	Anicira is a nonprofit veterinary hospital dedicated to keeping pets healthy and with the families who love them. They provide a full range of high-quality, affordable veterinary care from treating illness and injury to performing life-saving surgical procedures. They welcome you to join for a vaccine clinic on Saturday, March 26th from 9am to 11am. Dogs will receive a rabies vaccine and a distemper vaccine. Cats will receive a rabies vaccine and a combo vaccine. All pets must be spayed or neutered at the time of the clinic to receive care. You can visit their website to learn more about their veterinary services and community programs that support pet families.
Disabilities	Hear Together: Valley Associates for Independent Living	3/2/22-Present	Throughout the day. Aired approximately 20 times	90 seconds	In 1988, there were five families that came together who had children who had developmental disabilities, who looked around the community at that time, and wanted more independent opportunities for their young people. Fast forward to the year 2000, and VAIL then officially became what is known as a Center for Independent Living. Today, VAIL serves over 500 individuals annually in direct service. They work with people with developmental, physical, and sensory disabilities. They talk about overcoming barriers, attitudinal as well as physical. They see independence as a basic human civil right. For this Hear Together profile, we spoke with Executive Director Gayl Brunk. You can listen at the audio link below and learn more on VAIL's website.
Donation	Community Connection: Refurnished Charlottesville	2/28/22-4/28/22	Throughout the day. Aired approximately 19 times	60 seconds	Refurnished is a nonprofit in Charlottesville that works to re-home gently used furniture to those in need in the community. The organization does everything from picking up furniture from donors to dropping it off directly in recipient's homes.
Fundraiser walk	Community Connection: SPCA Bow-WOW-Walk	3/2/22-4/22/22	Throughout the day. Aired approximately 18 times	60 seconds	The Charlottesville-Albemarle SPCA is a nonprofit in Charlottesville working to advance the compassionate treatment of animals by providing sheltering, medical care, and behavioral services for dogs and cats; promoting permanent, caring homes; and furthering education and outreach. The animal shelter is hosting their 9th Annual bow-WOW-walk on Saturday, April 23rd! This K-9 2.5K supports the animals and lifesaving programs at the Charlottesville-Albemarle SPCA. The 2022 walk kicks off at Boar's Head Resort and will feature human and doggie entertainment, canine competitions, and treats for humans and pups. Registration begins at 9:00 am. The walk will start at 10:30, followed by post-walk festivities from 11:30am-1pm.
Anniversary	Community Connection: Wildrock	3/2/22-4/22/22	Throughout the day. Aired approximately 19 times	60 seconds	Wildrock in Crozet is a nonprofit that promotes nature play for health and happiness. Wildrock invites you to join them for their 5th anniversary celebration on Saturday, April 23rd. There will be seed planting, free play on the playscape, hiking tours, art in nature and more activities.
Literacy	Community Connection: Free Book Bus	3/3/22-3/31/22	Throughout the day. Aired approximately 17 times	60 seconds	The Free Book Bus is a literacy nonprofit in Charlottesville that gives books to kids and families to help them build home libraries. They are co-hosting "Market Mondays" at The Dairy Market for the month of March. Guests are invited to visit the bus, which will be parked outside the Dairy Market from 4-6pm every Monday this month.
Enrollment	Community Connection: C-Street Cooperative Preschool	3/3/22-5/3/22	Throughout the day. Aired approximately 16 times	60 seconds	C-Street Cooperative Preschool in Charlottesville is a nonprofit that has been helping preschoolers learn through creative play for 50 years. They are also a co-op preschool, which means that parents actively participate in their child's education. C-Street kids spend their mornings exploring the carefully crafted environment inside the classroom and enjoying lots of outside time rain or shine. The school is currently accepting applications for enrollment and have scholarships available.
Donation	Community Connection: DePaul Community Resources	3/4/22-4/19/22	Throughout the day. Aired approximately 18 times	60 seconds	DePaul Community Resources is a nonprofit in Harrisonburg that helps serve children in foster care and individuals living with a developmental disability. They are participating in this year's Great Community Give on April 20th, and they regularly host online information sessions where you can learn more about becoming a foster parent or how you can help individuals with developmental disabilities. For more information, you can go to their website, depaulcr.org or follow them on Facebook.

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Conservation	Community Connection: Appalachian Conservation Corps	3/4/22-5/4/22	Throughout the day. Aired approximately 18 times	60 seconds	The Appalachian Conservation Corps in Harrisonburg is currently accepting applications for their summer conservation crew opportunities. These paid positions, which are open for youth and young adult crews and internships, will build trails, work to restore critical habitats, and build accessibility to our public lands. No previous outdoor experience is required. You can learn more about how to join and support the Appalachian Conservation Corps and view the full position descriptions at their website, www.appalachiancc.org or you can find them on most social media platforms at @appalachian_cc.
Earth Day	Community Connection: Climate Action Alliance of the Valley	3/4/22-4/21/22	Throughout the day. Aired approximately 18 times	60 seconds	The Climate Action Alliance of the Valley (CAAV) is a non-profit in Harrisonburg/Rockingham County that serves the Shenandoah Valley through our educational offerings and advocacy. Their mission is to limit the impact of humans on Earth's Climate and Minimize the effects of climate change in order to protect the future of our planet. The theme for Earth Day this year - Friday, April 22nd - is "Invest in Our Planet". They invite you to join CAAV for a documentary film screening at the JMU Planetarium during Earth Week. For more information on the date and time of the film -- and to learn more about CAAV -- you can visit their website, climateactionallianceofthevalley.org .
Affordable housing	Community Connection: Central Valley Habitat for Humanity	3/4/22-4/22/22	Throughout the day. Aired approximately 18 times	60 seconds	Central Valley Habitat for Humanity is a nonprofit in Bridgewater that partners with low-income families in Harrisonburg and Rockingham County to build homes, communities, and hope through affordable homeownership. They are hosting the Grand Opening of Harrisonburg's first Habitat for Humanity ReStore on Saturday, April 23rd. Proceeds from the ReStore help their organization build safe, decent, and affordable housing for local, low-income families. They invite you to join for a day of celebratory events, with food trucks, art opportunities for children and adults, a college vs. college furniture flip competition, and more.
Health	Hear Together: Fit2Give	3/4/2022-Present	Throughout the day. Aired approximately 21 times	90 seconds	Ricky Martin has worked in the fitness industry for more than 30 years. He co-created Fitness Warriors through Sportsbackers, a program that offers free group fitness classes to underserved communities in Richmond. Now, Martin has founded a new nonprofit, Fit2Give, which provides in-home personal training to help those who were extremely isolated during the pandemic stay mentally and physically healthy. Certified through the University of Virginia and the CDC, Fit2Give has also launched a diabetes prevention program to level the playing field around health disparities in Central Virginia's low income populations.
Elderly services	Community Connection: Valley Program for Aging Services	3/11/22-5/11/22	Throughout the day. Aired approximately 12 times	60 seconds	Valley Program for Aging Services is a nonprofit serving the counties of Augusta, Bath, Highland, Rockbridge, Rockingham and the cities that lie within. They empower adults 60 years and older with the resources and opportunities that they need to lead engaged lives. For more information, you can go to their website.
Lou Gherig's Disease	Community Connection: ALS Association	3/11/22-5/13/22	Throughout the day. Aired approximately 12 times	60 seconds	The ALS Association is a nonprofit that envisions a world without ALS. Amyotrophic Lateral Sclerosis - also known as Lou Gehrig Disease – is 100% fatal with no known cause or cure. They are hosting the Blue Ridge Ride to Defeat ALS to provide hope on the horizon on Saturday, May 14th at Pro Re Nata Brewery in Crozet. They invite cyclists to join for 100km, 50km, 25km & 10km family routes – non-cyclists are also welcome. There will be BBQ and a special brew on tap. Proceeds from the event will go towards the ALS Association, the highest non-profit funder of ALS research in the world outside of the U.S. Federal Government. For more information on donating, participating, or volunteering, you can go to their website, or you can follow them on Instagram at @blueridgealsride.

Issue	Name of Program/Segment	Date of Airing	Time of Airing	Duration	Narrative
Market Monday	Community Connection: Twice Is Nice	4/1/22-4/30/22	Throughout the day. Aired approximately 36 times	60 seconds	Twice Is Nice is a nonprofit in Charlottesville with a mission to benefit seniors in need while promoting sustainability through the resale of donated men's and women's clothing, furniture, and household items. They value helping seniors, practicing sustainability through recycling and reducing waste, being socially impactful and inclusive, and providing quality products with competitive and affordable prices. As one of their missions to help promote sustainability, gently used items that are no longer wanted or needed can be brought to either of their two locations on Preston Avenue. Twice Is Nice is excited to be co-hosting "Market Mondays" at The Dairy Market in Charlottesville for the month of April. Guests can visit them on site at the Dairy Market on each Monday throughout the month between 11-2 and 4-6. Learn about ways to get involved and how to donate by visiting their website or follow them on Facebook and Instagram.
Sale	Community Connection: Wall Opportunities and Wishes (WO	4/6/22-5/6/22	Throughout the day. Aired approximately 4 times	60 seconds	Wall Opportunities and Wishes, otherwise known as WOW, is a non-profit agency meeting the needs of Virginians with developmental and/or mental health disabilities that cannot be met in any other way. WOW is hosting a Craft Fair on Saturday, May 7th from 8 am to 1 pm at the Dillard Road Office Complex in Madison Heights. Individuals will be offering homemade, unique crafts such as birdhouses, accessories, and home décor. Gently used medical equipment and yard sale items will also be available. Find out more on their website or by emailing wownonprofit@gmail.com.
Race	Community Connection: VCU Massey Cancer Center	3/24/22-4/4/23/22	Throughout the day. Aired approximately 4 times	60 seconds	VCU Massey Cancer Center has been fighting cancer for 17 years by raising funds and awareness for cancer research. Massey is a national cancer institute designated cancer center and the only one in the Richmond area. NCI designation means Massey is a leader in the national fight against cancer and in driving in cancer research, prevention, and care. Guests are invited to join the cancer center for the Massey challenge as part of the annual Monument Avenue 10k on Saturday, April 23rd. This is a family friendly and empowering way to combine being active with fighting cancer. One in three women and one in two men will be diagnosed with cancer in their lifetimes, but they are making progress and more and more people are not only surviving, but thriving, in the process. Register for the Massey challenge, and join or donate to a team online.
Elderly care	Community Connection: Adult Care Center of Central VA	12/3/21-3/3/22	Throughout the day. Aired approximately 35 times.	60 seconds	Adult Care Center of Central Virginia is a nonprofit in Lynchburg that provides an engaging daytime program of care for adults with health challenges in a protected, home-like setting. Their service keeps participants engaged, while their caregivers are afforded a bit of respite. Donations to their organization allow them to keep costs low and help provide scholarships for those who have a financial need. For more information, you can go to their website.
Arts	Community Connection: Artistic Remedies For Creative Hearts (ARCH)	10/26/2021-1/26/2022	Throughout the day. Aired approximately 30 times.	60 seconds	Artistic Remedies for Creative Hearts, also known as ARCH, is a non-profit arts organization located in Greene county that works to teach emotional resiliency through creative expression. They're partnering with the Crozet Mudhouse to offer Create and Caffeinate, a weekly art program that focuses on the "why" in your creative practice, not your skill. They welcome anyone ages 12 and up, including adults. The goal is to have a finished piece by the end of each class and to learn something new about yourself.
Arts	Community Connection: Arts Council of the Valley	11/12/2021-1/12/2022	Throughout the day. Aired approximately 13 times.	60 seconds	The Arts Council of the Valley is a nonprofit in the City of Harrisonburg that cultivates the arts and connects communities in Harrisonburg and Rockingham County. They welcome you to visit Smith House Galleries, and Court Square Theater, and enjoy the visual and performing arts. And, mingle with other arts enthusiasts at First Fridays of the Valley. For more information, you can go to their website.
Arts	Community Connection: Artspace	11/12/2021-1/12/2021	Throughout the day. Aired approximately 12 times.	60 seconds	Artspace is a nonprofit gallery that promotes the understanding and awareness of contemporary visual and performing arts. The gallery is open to the public at their new location in the Stratford Hills Shopping Center in Richmond with hours starting daily at 11am. Beginning in late January, their 2022 programming will include solo and group shows, several juried exhibitions including Radius 250, their ninth biennial regional event, as well as art classes, workshops and lectures.

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Housing insecurity	Community Connection: Building Goodness Foundation	11/15/2021-1/15/2021	Throughout the day. Aired approximately 17 times.	60 seconds	Building Goodness Foundation is a nonprofit construction organization based in Charlottesville. For more than 20 years, Building Goodness Foundation has been building community and improving lives for thousands of people here in Central Virginia and around the world. They continue to operate our C'ville Builds fund, which offers renovations and repairs for local nonprofits, small businesses and low-income homeowners. As the end of the year approaches, they invite you to join them in their work to create spaces for healing, for hope, and for building better futures. Together, we can build a stronger, healthier, and more equitable Charlottesville.
Legal aid	Community Connection: Blue Ridge Legal Services	11/4/2021-1/4/2022	Throughout the day. Aired approximately 4 times.	60 seconds	Blue Ridge Legal Services is the non-profit legal aid society here in the Shenandoah Valley. They provide free legal advice and representation to low-income households facing civil - not criminal - legal problems. They also have navigators who can help you apply for assistance through the rent relief program and the healthcare marketplace. You can call 1-866-534-5243 or visit brls.org to see how they can help you and your family.
Healthcare	Community Connection: Brain Injury Connections	12/13/21-3/13/22	Throughout the day. Aired approximately 37 times.	60 seconds	Brain Injury Connections is a local nonprofit serving the Central Shenandoah Valley. They serve individuals who have sustained a brain injury, in order to maximize their independence. Their programs and support services help clients and their families live their best lives possible. Strokes, traumatic brain injuries and concussions can be devastating. More than 300,000 Virginians sustain a brain injury every year, and more than 41,000 folks in the Shenandoah Valley are disabled as a result of brain injury. If you have suffered a brain injury or know someone who has that needs their help, contact Brain Injury Connections of the Shenandoah Valley. For 17 years, their nonprofit has locally provided critical services to help those living with brain injury. For more information, you can visit their website.
Technological accessibility	Community Connection: Cavalier Robotics	11/9/2021-1/9/2022	Throughout the day. Aired approximately 9 times.	60 seconds	Cavalier Robotics is a competitive high school robotics team based in Charlottesville. Their mission is to explore STEM (science, technology, engineering, and math) through hands-on team experience. They compete against other FIRST teams all across the country. They're seeking high school members and adult mentors interested in programming, design, entrepreneurship, electronics, engineering, and the basics of machining.
Youth empowerment	Community Connection: GOTR Central VA	10/18/21-1/18/21	Throughout the day. Aired approximately 21 times.	60 seconds	Girls on the Run of Central Virginia celebrated their 15th anniversary in 2021 with over 10,000 girls served. With your help, they look forward to helping even more girls reach their limitless potential this year and beyond. They are currently forming teams in the Greater Charlottesville Area for their Spring 2022 season, and are seeking volunteers! Teams of girls in grades 3rd through 5th or 6th through 8th will meet for eight weeks, two times per week, and engage in lessons that nurture physical and emotional health while training to complete a 5K. All in-person practices will be implementing the highest CDC standards for safety as the health and wellness of our community remains top priority. Their teams will also have the ability to move online should circumstances require.
Food insecurity	Community Connection: Lynchburg Grows	12/3/21-3/3/22	Throughout the day. Aired approximately 36 times.	60 seconds	Lynchburg Grows is a nonprofit, urban farm that produces thousands of pounds of food for the community every year, and they provide meaningful jobs and volunteer opportunities to individuals with disabilities. They invite you to support their work by becoming a member of the Veggie Society. Members of the Veggie Society make recurring donations that fit their budgets, and they enjoy monthly perks, including early-access to their Veggie Box CSA sign up and event tickets. You can find out more about their programs that support our community, and how to join the Veggie Society, on their website. Lynchburg Grows is a proud financial supporter of WNRN.
Resources	Community Connection: Park View Community Mission	12/3/21-3/3/22	Throughout the day. Aired approximately 35 times.	60 seconds	Park View Community Mission is a nonprofit in Lynchburg that works to restore the lives of families and communities by building relationships and providing life changes resources to our neighbors. In addition to food, they provide clothing, mentorship and education classes. For more information about how to get involved with Park View, you can go to their website.

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Food insecurity	Community Connection: Shalom Farms	12/8/21-3/8/22	Throughout the day. Aired approximately 36 times.	60 seconds	Shalom Farms is a nonprofit food access organization in Richmond, working together to build healthy communities by growing and sharing healthy food. They envision a healthier community, where everyone has equitable access to nourishing food and meaningful opportunities to grow, choose, cook and enjoy fresh produce. Each year, they distribute over half a million servings of fresh produce through their network of programs and partnerships in communities where access to healthy food is limited. This produce is grown on their two farms with the help of thousands of dedicated volunteers each year. Their Food Access and Nutrition Education Programs include their Grown to Go Mobile Market, Prescription Produce Plan, and Nutrition Distribution Network. They welcome you to learn more about their organization on their website, or on Facebook and Instagram @ShalomFarms. Shalom Farms will be featured at WNRN presents Dead Air III at The National in Richmond on Friday, January 21st.
Healthcare	Community Connection: The Doorways	12/8/21-3/8/22	Throughout the day. Aired approximately 34 times.	60 seconds	The Doorways is a nonprofit healthcare guest house and community of healing located in downtown Richmond. Every year, they offer nearly 10,000 patients and their loved ones a safe and secure room, hot meals cooked by their volunteer partners, and critical emotional support when they are traveling to Richmond for medical care. While they ask each guest to make a \$15 per night suggested donation, over half are unable to do so – we never turn away someone because of their ability to pay. Their work is made possible by the generosity of people and organizations throughout Virginia. You can learn more about their mission, impact, and ways to support what they do at thedoorways.org. The Doorways will be featured at WNRN presents Dead Air III at The National in Richmond on Friday, January 21st.
Arts	Community Connection: VisArts	12/7/21-1/8/22	Throughout the day. Aired approximately 8 times.	60 seconds	The Visual Arts Center of Richmond (VisArts) invites you to bring your family and friends to check out the "Of Mud & Blood" exhibition in the True F. Luck Gallery. This exhibition runs until January 9th and features collaborative works by Central Virginia-based ceramicists and tattoo artists and explores these centuries-old crafts through various vessels, sculptures and other forms. All works from this exhibition are up for silent auction and proceeds from this fundraiser go towards programs at MAD RVA, Healthbrigade RVA and community partnership programs at VisArts.
Historic preservation	Community Connection: Wilton House Museum	12/7/21-1/14/22	Throughout the day. Aired approximately 15 times.	60 seconds	Wilton House Museum is a nonprofit historic house museum in Richmond that tells a truly Virginian story from the 1700s to today. They are hosting a Volunteer Open House on Saturday, January 15th, where you can learn more about opportunities to become a volunteer docent. They welcome you to join them from 10am to 2pm to meet their education staff and take a tour of the historic house. For more information, you can go to their website. Wilton House Museum is a proud financial supporter of WNRN.