

Issue	Name of Program/Segment	Date of Airing	Time of Airing	Duration	Narrative
Arts and Culture	Hear Together: Light House Studio	7/1/23-10/12/23	Throughout the day. Aired approximately 12 times.	90 seconds	For over twenty years now, Light House Studio has been equipping students with the skills and confidence to tell their stories and build community through collaborative filmmaking. Small groups of students work together to learn all aspects of film production, including writing stories, translating them into screenplay format, filming, producing and directing, acting, and editing. We spoke with Rachel Lane, Program Director at Light House Studio in downtown Charlottesville about what the organization has to offer. Light House hosts an annual film academy in the summer, a youth film festival in the fall, and their students' films have garnered attention at other film festivals across the country. In 2022, Light House taught 82 workshops to 837 students, resulting in 285 completed films, and provided more than 60% of students with scholarships. Not only do students get to strengthen their skills and grow their portfolio with Light House, but they make lasting friendships and professional connections along the way. Additional support for WNRN's coverage of Lighthouse studio comes from Ting Gigabit fiber internet.
Housing	Hear Together: Public Housing Association of Residents	7/1/23-11/1/23	Throughout the day. Aired approximately 32 times.	90 seconds	People often have a negative image of public housing, but Joy Johnson, chair of the board at PHAR, wants the greater community to get to know the intelligent and hardworking people who work in public housing and reverse the stigma. PHAR stands for Public Housing Association of Residents, a community organization that is made up of and supports residents in Charlottesville. PHAR's mission is to educate and empower low-income residents to protect and improve their communities through collective action. Their organization is working towards the redevelopment of public housing, a positive environment for its residents and a vibrant, resident focused future. By attending conferences and spreading the word, Johnson learned how to transition PHAR from a social club to a city-wide nonprofit organization in 1998. PHAR currently represents 376 households and you can become a member immediately when you sign a housing lease – the organization would be happy to represent you. More information can be found on PHAR's website.
Mental Health	Community Connection: NAMI VA	8/1/23-10/6/23	Throughout the day. Aired approximately 5 times.	60 seconds	The National Alliance on Mental Illness of Virginia, or NAMI Virginia, has three levels – national, state, and local. As your state office of NAMI, they promote mental health for all Virginians through support, education, and advocacy, and supervise 14 local affiliates throughout the Commonwealth. All of their services, which include the statewide HelpLine, support groups, peer training, and much more, are open to the public. NAMI's largest fundraiser of the year, NAMI Walks Virginia, is taking place at the Collegiate School's Robins Campus in Richmond on Saturday, October 7th from 9am to 1pm. Walk Day festivities include music, food trucks, and crafts, with proceeds directly benefiting NAMI Virginia's programs to ensure that anyone who needs mental health support receives both help and hope. More information is online namivirginia.org under the "get involved" tab.
Environmental	Community Connection: Charlottesville E-bike Lending Library	8/3/23-10/3/23; 12/17/23-1/31/24	Throughout the day. Aired approximately 13 times.	60 seconds	Charlottesville E-bike Lending Library is a nonprofit working to expand access to electric bicycles in the Charlottesville area. They have commuter bikes, folding bikes, and cargo bikes that can carry a load of groceries or even a passenger. You are invited to test ride one of the e-bikes from their collection, and all bikes can be checked out for up to a week. If you aren't sure which style would fit best, you're welcome to try a few different ones. Charlottesville C-bike Lending Library is there to help you get started, answer your questions, and help you determine if an electric bike is the right choice for you. More information is online at ebikelibraryville.org .
Disability services; agriculture	Hear Together: Innisfree Village	8/18/23-present	Throughout the day. Aired approximately 45 times.	90 seconds	Innisfree Village is home to vegetable gardens, farmhouses dating back to 1971, and vast expanses of land that allows for adults with developmental disabilities to find long-term housing in a safe community. Residents live in a home setting alongside volunteer caregivers and choose from a variety of therapeutic workstations to participate in throughout the day. From agriculture to art, woodworking, and baking, there is something for everyone. The Village sells their granola, eggs, and produce at local farmers markets and their pottery and woodworking projects can be found at local craft events and stores in the area. We spoke with Farm Workstation Head Tim Wool and took a tour of the property at Innisfree Village in Whitehall, located west of Charlottesville. You can listen to the audio link below and find more information on Innisfree's website.

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Arts and Culture	Community Connection: River City Ukulele Society	8/15/23-10/15/23	Throughout the day. Aired approximately 14 times.	60 seconds	River City Ukulele Society and Midnight Ukulele Society is hosting the first annual Virginia Ukupaloosa on Saturday, November 4th. They are inviting all ukulele-enthusiasts to the Cultural Arts Center in Glen Allen for an all day event of education workshops, open mic times for individual players, Virginia community group performances, panel discussions with group leaders and group jams. Proceeds will fund ukulele outreach programs. You can learn more at virginiakupaloosa.com .
News	Community Connection: Charlottesville Tomorrow	8/15/23-11/15/23	Throughout the day. Aired approximately 10 times.	60 seconds	Charlottesville Tomorrow is a nonprofit newsroom covering Charlottesville, Albemarle County and the region. To stay connected and support independent local news, you can sign up for emails and view the annual Voter Guide on their website. Charlottesville Tomorrow is available for everyone and powered by the communities it helps to stay informed.
Legal	Hear Together: Innocence Project at UVA Law	8/22/23-11/15/23	Throughout the day. Aired approximately 47 times.	90 seconds	A team of three lawyers and dedicated law students form The Innocence Project at the University of Virginia's School of Law. They work on legislative reform and represent wrongfully convicted Virginians, with clients who have served over two decades in prison for crimes they did not commit. There are numerous substantive and procedural hurdles to being exonerated in Virginia; if successful, people come out of incarceration with little to no remaining family, high rates of PTSD, and are forced to restart their lives from scratch. The Project has been around for over a decade and to this day has released 15 clients from prison, but the need remains ongoing. The Innocence Project is always seeking community partners who can provide mental health, financial, economic and social resources for their clients who are reintegrating into society. We spoke with Director Jenny Givens and Associate Director Juliet Hatchett for this Hear Together profile.
Autism Services	Community Connection: May Center for ABA Services	8/25/23-11/25/23; 12/17/23-1/31/24	Throughout the day. Aired approximately 70 times.	60 seconds	The May Center for ABA Services, located in Henrico, is a non-profit organization with more than 65 years of experience providing services to individuals with autism and related disorders. The program in Henrico offers center-based autism services to help children reach their potential and live a more independent life. The Center is currently accepting new patients! You can learn more about the May Center for ABA Services on their website, mayinstitute.org or email infoVA@mayinstitute.org .
Outdoor access	Community Connection: Blue Sky Fund	9/5/23-10/20/23	Throughout the day. Aired approximately 20 times.	60 seconds	Blue Sky Fund is a nonprofit in Richmond that provides transformational experiences for Richmond area youth through outdoor education & adventures in the James River Park System. They will be hosting their Fall fundraiser, Hike for Kids, on Saturday, October 21st, at the Virginia War Memorial. When you register, you can choose your own hiking adventure and start-time with options of 3, 8 or 14 mile trails through the park system. Also, everyone is welcome to join the post-hike party at the Virginia War Memorial with food, games and live music from 1:30-4:30pm. All details about the event, the hikes and the start-times are at blueskyfund.org/hikeforkids .
Disability Services	Community Connection: VersAbility	9/11/23-11/11/23	Throughout the day. Aired approximately 40 times.	60 seconds	VersAbility is a non-profit that provides employment opportunities, day support, residential, and early childhood services for people with disabilities of all ages in the Hampton Roads region and beyond. They are currently seeking candidates that are interested in working alongside the nation's military through various government contracts located in Virginia and across the United States. If you or someone you know has a disability, is seeking employment or a career change, you can visit their website to contact them and learn more.
Environmental	Community Connection: 757 Creative ReUse Center	9/11/23-11/11/23	Throughout the day. Aired approximately 42 times.	60 seconds	757 Creative ReUse Center is a nonprofit located in Norfolk. Their mission is to decrease waste, increase creativity, and promote sustainability in the arts. Guests are welcome to visit their location on the second floor of MacArthur Center, where you'll find a selection of new-to-you arts and crafts supplies. The 757 Creative ReUse Center also features The Art Room, a communal space for classes and community events. More information is online at creativereusecenter.org .

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Mentorship	Hear Together: Circles Ashland	9/12/23-12/28/23	Throughout the day. Aired approximately 95 times.	90 seconds	Circles Ashland nurtures reciprocal relationships that transform communities. Their model is to lift people out of poverty and help in any way they can. Circles Ashland refers to their program participants as leaders: those who want to make a change in their lives, whether that means getting a college degree, GED, or a better job. The program is set up so that a leader goes on their journey with two allies walking with them through the process over an 18 month to 2 year period. They welcome families to join each journey as well, taking them in and providing resources like weekly community meals and children's programs. Circles Ashland's program symbolizes to the community that learning is a never ending cycle. We spoke with Peyton Lacey, Executive Director of Circles Ashland, for this Hear Together profile. You can listen to the audio link below. More information can be found at circlesashland.org .
Food security	Community Connection: Meals on Wheels	9/15/23-10/2/23	Throughout the day. Aired approximately 1 times.	60 seconds	Meals on Wheels is a nonprofit that nourishes the needs of all ages and incomes in the greater Lynchburg area. With each delivery, they are providing nourishing meals and essential connections. Meals on Wheels is celebrating several major milestones: in October, they will deliver their 3 millionth meal and in 2024 they will celebrate their 50th anniversary. With over 42 routes, serving almost 600 daily meals, they rely on the generosity of volunteers who donate their time. You can visit their website to learn more about the organization or how to become a volunteer.
Environmental	Community Connection: Claytor Nature Center at University of Lynchburg	9/15/23-10/6/23	Throughout the day. Aired approximately 5 times.	60 seconds	Claytor Nature Center in Bedford County is hosting their 25th anniversary on Saturday, October 7th from 3 to 7PM. Guests are invited to bring their families to Claytor Nature Center to enjoy a fall weekend of hiking, art activities, a GIS mapping demonstration, kids environmental education, tours of the farmhouse and observatory tours, and a photography session. There will also be camping, music, and food. The event will take place mostly in the Cloverlea farmhouse which has a large tent, portable bathrooms with a hand washing station, and parking. Multiple activities will take place from 3-5PM and music and food from 5-7PM. Proceeds from this event go towards environmental education and land stewardship. More information is online at claytor.lynchburg.edu .
Engineering	Community Connection: Vector Space	9/15/23-11/10/23	Throughout the day. Aired approximately 39 times.	60 seconds	Vector Space is a nonprofit maker-space in Lynchburg that offers hands-on education for teens and adults. Vector Space is hosting a robot combat event on Saturday, November 11th at Virginia Episcopal School. Participants will battle 1 and 3 pound robots in an 8' arena, while audience members can cheer their favorite robots to victory. More information is online at vector-space.org/combat-robots and on Facebook. Vector Space is a proud financial supporter of WNRN.
Arts and Culture	Community Connection: Academy Center of the Arts	9/18/23-10/13/23	Throughout the day. Aired approximately 12 times.	60 seconds	Academy Center of the Arts in Lynchburg is hosting the second Academy Clay Festival on Saturday, October 14th from 10AM-2PM. Potters, sculptors, wheel throwers, and hand builders from all across the region will gather in Central Virginia to sell and showcase their work for this one-day show. This family-friendly event is open to the public. More information is online at academycenter.org . Academy Center of the Arts is a proud financial supporter of WNRN.
Education	Community Connection: Oakland School	9/18/23-10/13/23	Throughout the day. Aired approximately 12 times.	60 seconds	Oakland School, located just outside of Charlottesville and 50 minutes from Richmond, is hosting its first ever Fall Fest on Saturday, October 14th and you are invited to join them for an autumnal evening of barbecue, oysters, drinks, live music, and family-friendly activities. Proceeds from this event benefit Oakland School and Summer camp, which has helped thousands of children discover new pathways to achieving success for nearly 75 years. To purchase tickets for the October 14th Fall Fest, or for more information about Oakland School programs, you can visit oaklandschool.net .
Technology	Community Connection: DisruptHR/Charlottesville	9/18/23-10/2/23	Throughout the day. Aired approximately 1 times.	60 seconds	DisruptHR/Charlottesville will be hosted on Tuesday, October 3rd from 5-8 p.m. at Live Arts on Charlottesville's Downtown Mall. Since 2018, the DisruptHR/Charlottesville team has organized an annual showcase aiming to empower attendees with smart, perspective-shifting talks about the future of work. All ticket and concession sales will be donated to Computers4Kids to help strengthen their STEM-based mentoring program and prepare the Charlottesville area youth for brighter futures. More information is online at disrupthr.co or on Eventbrite.

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Arts and Culture	Community Connection: CHS Band Booster	9/18/23-10/6/23	Throughout the day. Aired approximately 5 times.	60 seconds	Band Boosters is a nonprofit that supports Charlottesville High School band programming and aims to increase youth involvement in music. Charlottesville High School is hosting the annual high school marching band competition, Cavalcade, on Saturday, October 7th from 4PM on. This event will feature concessions, raffles, and hours of musical performances from dozens of area marching bands. You can purchase tickets at the gate or online at cvillebands.com.
Mental Health	Community Connection: Kids Haven	9/18/23-11/18/23	Throughout the day. Aired approximately 50 times.	60 seconds	Kids Haven: A Center for Grieving Children in Lynchburg is a local nonprofit dedicated to serving the unique needs of grieving children and their families through support and education. They are currently providing peer-based grief support groups for children in Lynchburg-area schools, and every other Monday night. If you are interested in receiving training to be a facilitator for one of their groups, or for more information on how you can support grieving children in the area, you can visit their website at kidshavenlynchburg.org.
Education	Community Connection: Blue Ridge Montessori School	9/18/23-11/18/23	Throughout the day. Aired approximately 49 times.	60 seconds	Blue Ridge Montessori School in Lynchburg is a local nonprofit that's been around for 38 years, dedicated to aiding children in the task of self-construction in a nurturing environment. In the spirit of Dr. Maria Montessori, Blue Ridge Montessori promotes peace, concentration, creative problem solving, order, and independence. Social, emotional and academic growth is encouraged in a developmentally appropriate learning environment. Respect for the child and all living things are at the heart of all the school does. Blue Ridge Montessori currently serves ages 6 weeks through kindergarten. More information about enrollment is online at blueridgemonessorischool.org.
Agricultural	Community Connection: Lynchburg Grows	9/18/23-11/18/23	Throughout the day. Aired approximately 47 times.	60 seconds	Lynchburg Grows works with the community to provide access to healthy food and purposeful jobs to people with disabilities. To find out more about their work, you can visit their website. Lynchburg Grows is a proud financial supporter of WNRN.
Homelessness	Community Connection: Miriam's House	9/18/23-11/27/23	Throughout the day. Aired approximately 57 times.	60 seconds	Miriam's House of Lynchburg is a local nonprofit with a mission to end homelessness and rebuild lives. In 2022, they served 462 homeless neighbors by placing them in stable housing and providing them with support to remain housed. On Giving Tuesday, November 28th, Miriam's House is hosting Home for the Holidays, a philanthropic evening of dinner and dancing. Proceeds from the fundraiser will ensure that every family in the community has a place to call home this holiday season and for all the seasons to come. You can learn more online at miriamshouse.org.
Arts and Culture	Community Connection: Fry's Spring Next Century	9/22/23-10/13/23	Throughout the day. Aired approximately 12 times.	60 seconds	The band We Are Star Children and the Fry's Spring Beach Club are here to tell you about the Centennial Show in the Fry's Spring Beach Club ballroom in Charlottesville on Saturday, October 14th! We Are Star Children will be joined by the Elby Brass Band and Matt Curreri. This event is open to everyone. All proceeds go to the nonprofit Fry's Spring Next Century as it raises funds for FSBC Summer Camp, Membership and Swim Team Scholarships. In 2022, Fry's Spring Next Century helped grant 204 summer camp scholarships and 60 membership scholarships in an effort to make the club more accessible. All are welcome to help continue to make a difference in the community. More information is available on FSBC's website at fryspring.org.
Environmental	Community Connection: Virginia Capital Trail Foundation	9/22/23-10/27/23	Throughout the day. Aired approximately 24 times.	60 seconds	Virginia Capital Trail Foundation in Richmond is hosting their annual Fall fundraiser: the Rocketts Landing Cap Trail 10m & 5k presented by Dominion Energy on Saturday, October 28th. You are invited to run or walk 10 miles or 5 kilometers on the Virginia Capital Trail along the James River. The event begins and ends at Stone Brewing where you can enjoy a beverage after the race. Registration also includes an event t-shirt, water stops, and a Costume Contest and top finisher prizes. Proceeds from the Cap Trail 10m & 5k help protect, promote, and enhance the Virginia Capital Trail. For more information or to register, you can visit virginiacapitaltrail.org/captrailrun.
Environmental	Community Connection: Charlottesville E-bike Lending Library	9/22/23-10/7/23	Throughout the day. Aired approximately 6 times.	60 seconds	Charlottesville E-bike Lending Library is a non-profit working to expand access to electric bicycles in the Charlottesville area. They are hosting an e-bike demo event on Sunday, October 8th at Tonsler Park, from 2-4 p.m. Local e-bike riders will be bringing out their e-bikes, and everybody is welcome to stop by, ask questions, and test-ride some bikes. There will be commuter bikes, folding bikes, and cargo bikes that can carry a load of groceries or even a passenger. More information is online at ebikelibrarycville.org.

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Environmental	Community Connection: Botanical Garden of the Piedmont	9/25/23-10/27/23	Throughout the day. Aired approximately 25 times.	60 seconds	Botanical Garden of the Piedmont is a local nonprofit located next door to Charlottesville High School. Their core values are: Inspiring connection, learning, and joy through nature. You and your family are invited to their Fall Festival on Saturday, October 28th from 10am-1pm where they'll be hosting kids' art and literacy activities, outdoor yoga classes for adults or children, a flower arranging workshop, and more. Information is available on their website pedmontgarden.org or by contacting them at rsvp@pedmontgarden.org . Botanical Garden of the Piedmont is a proud financial supporter of WNRN.
Environmental	Community Connection: Wildrock	9/27/23-10/21/23	Throughout the day. Aired approximately 21 times.	60 seconds	Wildrock, a nonprofit promoting nature play for health and happiness, is hosting their Annual Children's Festival Down by the Bog at the Booker T. Washington Park off Preston Avenue in Charlottesville on Sunday, October 22nd from 2-4PM. There will be a scavenger hunt in the bog garden, story time, nature play stations, bouquet making, kona ice, yoga and more. This event is family centered. More information is available on their website.
Mental Health	Community Connection: American Foundation for Suicide Prevention	10/6/23-10/27/23	Throughout the day. Aired approximately 18 times.	60 seconds	The American Foundation for Suicide Prevention is holding their annual Out of the Darkness Walk on October 28th. You are invited to bring your entire family out to Byrd Park and enjoy a morning of hope, inspiration and remembrance. There will be a walk, community mental health resources, activities for youth, snacks and more. Proceeds from this fundraiser go towards the American Foundation for Suicide Prevention. You can find more information on the American Foundation for Suicide Prevention website.
Health	Community Connection: Silver Care Dementia Center	10/6/23-12/12/23	Throughout the day. Aired approximately 71 times.	60 seconds	Silver Care Dementia Center Inc. is a nonprofit in Norfolk whose mission is to support people living with dementia through a night program, providing them with a safe social environment and educating their caretakers. Their vision is to impact the community through education and awareness to reduce the profound effects of dementia. More information is online at sdcvva.org .
Arts and Culture	Community Connection: BRIMS November Concert	10/18/23-11/3/23	Throughout the day. Aired approximately 23 times.	60 seconds	On Saturday, November 4th, BRIMS, the Blue Ridge Irish Music School in Charlottesville, is hosting renowned musicians Cillian Vallely on the Irish uilleann pipes and David Doocey on the fiddle for a day of workshops followed by an evening concert at 7:00 p.m. Daytime workshops and the evening concert will take place at the Charlottesville Waldorf School. Workshop levels begin at 10AM and include true beginners, early intermediate players, and advanced intermediate players. Concert tickets are open to the public and workshop participation is not required to attend the concert. More information, including registration and concert tickets, is online at brimstunes.org .
Medical	Community Connection: JackFest	10/18/23-10/21/23	Throughout the day. Aired approximately 9 times.	60 seconds	JackFest is hosting an event that benefits two organizations which support families facing a childhood cancer diagnosis – the Ronald McDonald House of Charlottesville and the pediatric cancer program at UVA Children's Hospital at Foxfield in Albemarle County on Sunday, October 22nd from Noon to 4 PM. This event is open to the public and includes a wide range of activities for people of all ages. There will be kids' and family running races, inflatables from SuperFun Attractions, a truck touch, petting zoo, face painting & balloon art, and more. They will also have a selection of food trucks and local beverages for adults. More information is online at jackfest.net .
Arts and Culture	Community Connection: Virginia Film Festival	10/18/23-10/24/23	Throughout the day. Aired approximately 14 times.	60 seconds	The 36th Annual Virginia Film Festival runs from Wednesday, October 25th-Sunday, October 29th with more than 100 films over five days in downtown Charlottesville and on the UVA Grounds. Featuring some of the most anticipated titles of the festival season, new discoveries, the most celebrated international films and documentaries of the year, and more – plus special guests including Academy Award nominated Director Ava DuVernay, Oscar and Grammy-winning musician Jon Batiste, and writer-director Cord Jefferson. The Virginia Film Festival is a proud financial supporter of WNRN.
Literacy	Community Connection: The Jefferson-Madison Regional Library	10/18/23/23-12/10/23	Throughout the day. Aired approximately 67 times.	60 seconds	The Jefferson-Madison Regional Library (JMRL) is a public library serving Central Virginians in Charlottesville, Albemarle, Greene, Louisa, and Nelson with eight library branches and a Bookmobile. Library cards are available for all residents of the JMRL service area, providing access to items such as books, hotspots, toys, and maker kits as well as e-books, audiobooks and digital learning resources. The library invites everyone to grow, learn, and connect with story times, book clubs, crafting groups and more. You can learn about library programs and services at JMRL.org .

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Arts and Culture	Community Connection: The Front Porch Tangled Up in Blue	10/18/23-11/9/23	Throughout the day. Aired approximately 28 times.	60 seconds	The Front Porch, a nonprofit in Charlottesville dedicated to connecting everyone through music. They invite you to Tangled Up In Blue - a fundraiser at Eastwood Farm and Winery on Thursday, November 9th that includes dinner, drinks, and live music. All proceeds benefit Front Porch community music programming. More information is online at frontporchville.org . The Front Porch is a proud financial supporter of WNRN.
Agricultural	Community Connection: Shalom Farms November Festival	10/18/23-10/31/23	Throughout the day. Aired approximately 14 times.	60 seconds	Shalom Farms is a nonprofit farm and food justice organization working for an equitable food system in Richmond. They are hosting an annual Harvest Festival on Wednesday, November 1st from 4:00 - 7:00pm at our Northside Farm. They invite you to join them for a family-style meal, s'mores, and more, as we celebrate another season! This family friendly event is open to the public. This event will benefit our food access, education, and advocacy work. More information is online at shalomfarms.org/harvestfestival .
Aging	Community Connection: The Center at Belvedere	10/19/23-12/19/23	Throughout the day. Aired approximately 61 times.	60 seconds	The Center at Belvedere is a nonprofit community resource in Charlottesville creating opportunities for healthy aging. They offer over 150 programs over six days a week with evening and weekend hours. If you're age 50 or better, they invite you to come and explore fitness, learning, art, support groups, live music, and more – all to increase your years in good health. You can learn more online at thecenter cville.org .
Disability services	Community Connection: The Arc of the Piedmont 10th Annual Santa Fun Run and Walk	10/19/23- 12/1/23	Throughout the day. Aired approximately 38 times.	60 seconds	The Arc of the Piedmont is a nonprofit in Charlottesville and surrounding counties that ensures the inclusion and participation for all people with developmental disabilities and their families through programs and services. Their 10th Annual Santa Fun Run and Walk will be held on Saturday, December 2nd in front of the TING Pavilion on the historic Downtown Mall in Charlottesville. They invite you to bring your entire family to this one-mile all-abilities walk/run. There will be coffee, hot chocolate, candy canes, and competitions for most decorative stroller and most festive pet. Proceeds from this fundraiser go towards building a future where all people with developmental disabilities and their families experience their best lives possible. You can register as an individual or as a team online at CvilleSantaRun.com .
Animal care	Community Connection: Charlottesville-Albemarle SPCA Critter Ball Online Auction	10/27/23-11/11/23	Throughout the day. Aired approximately 14 times.	60 seconds	The Charlottesville-Albemarle SPCA is hosting a Critter Ball Online Auction from Saturday, November 11th through Saturday, November 18th. They welcome you to check out our available auction packages, including hotel stays, designer jewelry, pet-themed goodies and more. All proceeds from this fundraiser go towards the care of our four-legged friends and the lifesaving care at the shelter. You can learn more online at CASPCA.org . CASPCA is a proud financial supporter of WNRN.
Aging; health; arts and culture	Community Connection: Art for the Journey	10/27/23-12/27/23	Throughout the day. Aired approximately 69 times.	60 seconds	Art for the Journey is a nonprofit in Richmond that transforms lives through Art and Community. They are delivering certification training for a best practice abstract art program designed by a gerontologist to help people with dementia....any Virginia nursing home with medicaid certification can qualify for this grant. More information is online at artforthejourney.org/OMA .
Arts and Culture	Community Connection: Three Notch'd Road: The Virginia Baroque Ensemble	10/30/23-11/30/23	Throughout the day. Aired approximately 33 times.	60 seconds	Three Notch'd Road: The Virginia Baroque Ensemble is a nonprofit based in Charlottesville that seeks to enrich the culture of Central Virginia through historically informed performances that reveal the beauty of early music. They are presenting the second program of our thirteenth season in Staunton, Crozet, and Charlottesville public concerts December 1st through 3rd. This program, entitled "Sacred Harp," will feature soprano Sheila Dietrich, with Anne Timberlake on recorders, and will interweave English and American folk and sacred music to celebrate the season, with an added Irish twist. More information is online at tnrbaroque.org .
Historical	Community Connection: The Church Hill Association's Holiday Weekend	11/1/23-12/7/23	Throughout the day. Aired approximately 39 times.	60 seconds	The Church Hill Association in Richmond invites you to join friends and neighbors across the Richmond area on December 8-10 for the Church Hill Association's Holiday Weekend. The Candlelight Walk on Friday the 8th is family-friendly and open to the public. They invite you to enjoy beautiful sights, live music, crafts, and festive refreshments. Tickets to the 57th Historic House Tour on Sunday the 10th will also be available. You can visit gorgeous homes while celebrating the holidays with loved ones. More information is at churchhill.org/slash/holiday .

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Education	Community Connection: Charlottesville Waldorf School Holiday Bazaar	11/1/23-12/1/23	Throughout the day. Aired approximately 33 times.	60 seconds	The Charlottesville Waldorf School is a nonprofit independent school on Rio Road in Charlottesville offering early childhood through middle school education that inspires a lifelong love for learning. They are hosting our annual Holiday Bazaar on Saturday, December 2nd from 10am to 4pm. This event features hands-on activities including candle dipping, wreath making, jump rope making and more. The craft marketplace will host local crafters with a variety of items including Waldorf toys and gifts, and the Secret Garden will be open for children to shop for small handcrafted gifts all on their own! There will be music, story times, and more. Saturday, December 2, is open to all at Charlottesville Waldorf School's Holiday Bazaar! On Friday evening, December 1, there will be a preview of the marketplace for adults taking place from 6 to 8pm. More information is online at cwaldorf.org
Aging; health; arts and culture	Hear Together: Art for the Journey	11/2/23-present	Throughout the day. Aired approximately 69 times.	90 seconds	<p>Art for the Journey is a Richmond-based nonprofit that aims to transform lives through art and community. Comprised of a group of artists and volunteers, the organization brings art classes to marginalized communities, including children who have experienced trauma, veterans who have been diagnosed with PTSD, women incarcerated at the Virginia Correctional Facility for Women, and seniors living with dementia.</p> <p>Art for the Journey provides certification in Opening Minds through Art (OMA), an award-winning, evidence-based, inter-generational art-making program developed by gerontologist Dr. Elizabeth Lokon. Through OMA, dementia patients are paired with students from Virginia Commonwealth University, who guide their senior partner through the process of creating abstract art.</p> <p>WNRN spoke with Executive Director Cindy Paullin to learn more about the positive outcomes that Art for the Journey's work has on well-being.</p>
Poverty	Community Connection: The United Way of Greater Charlottesville	11/9/23-1/9/23	Throughout the day. Aired approximately 56 times.	60 seconds	The United Way of Greater Charlottesville is one in seven families in our region cannot afford the essentials of life, leaving over 9,000 families without items like groceries, diapers, or medicine. Their ENVISION initiative aims to empower local families like this to lift themselves out of poverty. More information about this program and others, as well as tax-deductible donations can be found at unitedwaycv.org . The United Way of Greater Charlottesville is a proud financial supporter of WNRN.
Arts and Culture	Community Connection: The Wayne Theatre	11/10/23-11/29/23	Throughout the day. Aired approximately 17 times.	60 seconds	The Wayne Theatre in Downtown Waynesboro is a nonprofit, sharing in community spirit is part of their mission. On Thursday, November 30th, they are hosting the annual Tree Lighting ceremony followed by the opening of our production of "Elf: The Musical" with live performances on the Wayne Stage. They welcome you to join at the Wayne Theatre before 6:30PM to kick off the holiday season with a celebration of treats, songs from the Wayne Theatre Dickens Carolers, and surprises from the cast and crew of our production of "Elf: The Musical". Then, at 6:30PM, they light the big tree that's atop our Wayne Theatre building for the first time this season. More information about live performances of "Elf: The Musical" is available online at WayneTheatre.org .
Transportation	Hear Together: Giving Words	11/14/23-present	Throughout the day. Aired approximately 54 times.	90 seconds	Giving Words is a nonprofit that facilitates access to transportation by gifting cars and providing car repairs at little to no cost for single parents in Louisa, Charlottesville, Staunton, Chesterfield, and surrounding areas. Giving Words' efforts are twofold through their partnerships with career and technical education programs in the region, giving students the opportunity to work on a donated car and then to participate in the process of gifting it to a family in need. We spoke with Executive Director Eddie Brown and a single mom shares her journey with Giving Words in this Hear Together profile.
Food security	Community Connection: Local Food Hub	11/15/23-12/30/23	Throughout the day. Aired approximately 50 times.	60 seconds	The Local Food Hub, a Charlottesville based non-profit dedicated to strengthening our local food system through our commitment to local farmers and equitable food access. This year, they boosted their local economy and served nearly 400 community residents through our Fresh Farmacy program. Next year, they hope to double down on their efforts to alleviate hunger and promote nutrition, all while supporting local farms, and you can join them! Now through December 31st, they invite you to help them harvest hope, nourish communities and plan for the future. More information is online at localfoodhub.org . Local Food Hub is a proud financial supporter of WNRN.

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Health	Community Connection: Girls on the Run Central Virginia and Blue Ridge	11/15/23-11/13/23	Throughout the day. Aired approximately 50 times.	60 seconds	Girls on the Run Central Virginia and Blue Ridge are currently in their 18th year of bringing this life-changing program to the girls in their communities, and have served over 13,000 participants. With your help, they look forward to helping even more girls reach their limitless potential this year and beyond. They are back in more schools this Spring and will be in need of volunteer coaches. The coaches lead small teams of 8-15 participants, over a period of ten weeks, through lessons that nurture physical and emotional health while training to complete a 5K. Their Spring season will begin in early February. If you are interested in bringing Girls on the Run to your location, volunteering as a coach, or registering your child for one of our programs, you can visit: girlsontheruncenva.org .
Arts and Culture	Community Connection: The Blue Ridge Irish Music School (BRIMS)	11/15/23-12/01/23	Throughout the day. Aired approximately 16 times.	60 seconds	The Blue Ridge Irish Music School (BRIMS) on Saturday, December 2nd, is hosting fiddler Brian Conway and guitar player Don Penzien for afternoon workshops followed by an evening house concert of Irish fiddle and guitar. The fiddle and guitar workshops will take place from 3:00-5:00 p.m. at the Charlottesville Band Building. The concert will start at 7:00PM. More information is online at brimstunes.org .
Arts and Culture	Community Connection: The Blue Ridge Irish Music School (BRIMS) Holiday Showcase	11/15/23-12/16/23	Throughout the day. Aired approximately 22 times.	60 seconds	The Blue Ridge Irish Music School (BRIMS) on Sunday, December 17th, is presenting a Holiday Showcase of Irish music, dance and song at 2:00PM at the Haven in downtown Charlottesville. This showcase will include performances by BRIMS students ages 5-adult and is open to the public. More information is online at brimstunes.org
Arts and Culture	Community Connection: Zephyrus Christmas program	11/15/23-12/08/23	Throughout the day. Aired approximately 26 times.	60 seconds	Zephyrus, Central Virginia's early music vocal ensemble is a Charlottesville-based non-profit dedicated to the study and performance of music from the Medieval, Renaissance and Baroque eras. To mark the 400th anniversary of William Byrd's death, Zephyrus presents a Christmas program with music by Byrd and his teacher, colleague, and friend, Thomas Tallis, called An English Renaissance Christmas: Music by Tallis & Byrd. Together they showcase the best seasonal music from the golden age of English Renaissance music. Performances will take place at 7:30 p.m. on Friday, December 8th, at St. Paul's Memorial Church in Charlottesville, and at 4:00 p.m. on Saturday, December 9th, at Trinity Episcopal Church Charlottesville. You can find complete concert information online at zephyrus-va.org , on Facebook, or by calling 434-963-4690. Both concert venues are wheelchair accessible.
Technology; Veteran's services	Hear Together: Tech for Troops	11/16/23-present	Throughout the day. Aired approximately 51 times.	90 seconds	Tech for Troops is a Richmond-based nonprofit serving veterans in Virginia and beyond. They accept donations of electronics like servers, routers, drones, cameras, desktops, and laptops, destroy any data on the device, and gift it to a veteran. Along with the refurbished device, Tech for Troops provides extensive technological training for each veteran, covering everything from computer basics like keyboard shortcuts to personal cyber security and even financial literacy. The nonprofit also uses technology to address mental health. Through Game Corps, their Aiming for Zero suicide prevention initiative forges connection through online gaming and facilitates peer-to-peer veteran support as mental health triage. We spoke with President Mark Casper and Game Master Jason Parker for this Hear Together profile.
Food security	Community Connection: Lynchburg Daily Bread Holiday Donations	11/20/23-12/31/23	Throughout the day. Aired approximately 46 times.	60 seconds	The Lynchburg Daily Bread is a soup kitchen located in downtown Lynchburg. The warmth of the holidays is all around us, and they welcome you to join them in feeding our community at this special time of year. They serve 700-800 hot and nutritious meals per day to those in need, no questions asked, and are especially in need of proteins like ground beef and chicken, as well as paper and cleaning supplies. Donations are welcome every day from 6:30am-12:30pm at our Clay Street location More information is online at lynchburgdailybread.com .
Disabilities resources	Community Connection: The Arc of Central Virginia	11/20/23-2/15/24	Throughout the day. Aired approximately 46 times.	60 seconds	The Arc of Central Virginia, for more than 60 years, has supported people with Intellectual and Developmental Disabilities in leading a life that they choose and has meaning to them. People with disabilities often do not have the services, supports, and personal relationships they want, and need, to reach their desired potential. With your help, we are working every day to build a future for inclusive work, play, travel and community. You can follow The Arc on Facebook and Instagram or check out arcocva.org to learn more.

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Historical	Community Connection: Downtown Ashland Association	12/7/23-12/31/23	Throughout the day. Aired approximately 25 times.	60 seconds	Downtown Ashland Association is a nonprofit that works for a vibrant future in Ashland. They're hosting Light Up the Tracks now through New Years and they invite you to walk, cycle, or drive through a twinkling spectacle of over ten thousand lights spanning beyond a mile with dining, shopping, and entertainment along the route.
Aging; Demenia services	Community Connection: Joyful Voices	12/7/23-2/7/24	Throughout the day. Aired approximately 27 times.	60 seconds	Joyful Voices is a community chorus for singers with Alzheimer's or other dementias and their caregivers. The aim of the Joyful Voices Chorus is to serve as a resource for people in the greater Richmond area in the early-to-mid-stages of memory loss and their caregivers by sharing the power of music through a true choral experience in a safe environment and welcoming space. They seek to foster joy, a sense of well-being, and purpose among those with memory loss as well as promote a greater community understanding of the capabilities of those with early-stage memory loss.
Agricultural	Community Connection: VABF	12/7/23-1/18/24	Throughout the day. Aired approximately 27 times.	60 seconds	The Virginia Association for Biological Farming is a nonprofit working throughout Virginia to promote biological farming and gardening. For their farming conference this year, they are partnering with the VSU Small Farm Educational Outreach Program to present the first annual VABF-SFOP Summit, happening January 19th - 21st in Roanoke. They invite you to join them for a weekend focused on sustainable, biological, and organic agriculture. The three day summit includes: intensive workshops and a Farm Tour on Friday; more than 40 concurrent sessions on Saturday and Sunday on topics ranging from seed saving and urban farming, to homesteading and regenerative ranching; Additional highlights include a Youth & Teen Program, local farm meals, and the Taste of Virginia Expo & Market.
Arts and Culture	Community Connection: The Virginia Repertory Theatre	12/14/23-12/31/23	Throughout the day. Aired approximately 14 times.	60 seconds	The Virginia Repertory Theatre is a nonprofit theatre company in Richmond that aims to entertain, challenge and uplift our community through the power of live theatre. They're presenting The Silver Belles at the November Theatre downtown for the Holidays. It's "Designing Women" meets "Golden Girls" when Oralene, the longtime director of small town Christmas Pageant, suddenly passes away, and her church lady friends, The Silver Belles, must come to the rescue!
Homelessness	Community Connection: Housing Families First	12/17/23-1/31/24	Throughout the day. Aired approximately 14 times.	60 seconds	Housing Families First is a nonprofit in Richmond that gives families facing homelessness the opportunity to build a legacy for their families by providing a path to a permanent home. Their vision is a Richmond region where all children and their families have a safe place to call home. More information about their services and ways to get involved is online at housingfamiliesfirst.org .
Education	Community Connection: CHAT Richmond	12/17/23-1/31/24	Throughout the day. Aired approximately 14 times.	60 seconds	Workforce Development at Church Hill Activities & Tutoring, or CHAT, is a nonprofit based in Richmond's East End. Through the After School Program, Church Hill Academy, and Workforce Development Program, CHAT provides educational opportunities to students and young adults, creating pathways for them to discover their potential. You can learn more about their programs and ways to get involved on their website: chatrichmond.org .
Women Services	Community Connection: The Women's Initiative	12/17/23-1/31/24	Throughout the day. Aired approximately 14 times.	60 seconds	The Women's Initiative is a nonprofit organization serving Central Virginia that provides vital mental health services to individuals regardless of ability to pay. Their mission is to provide women with support to transform life challenges into positive change and growth. The Women's Initiative offers culturally responsive counseling, social support, and education programs that serve more than 2,500 women annually. Throughout the year, they host both in-person and virtual opportunities to connect with yourself and the community, such as support groups, art for relaxation, LGBTQ+ social hours, and 'Chee-HAM-bah' West African dance. If you are interested in individual counseling or support groups, you can access their walk-in and call-in clinics, which are open to the public, four days a week as a way to get started. The Women's Initiative also provides affinity-based healing through their Sister Circle program for Black women and Bienestar program, which serves the Latinx community. More information about their services, as well as ways to volunteer and donate, can be found on their website, thewomensinitiative.org , or call them at (434) 872-0047.

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Homelessness	Community Connection: Park View Community Mission	12/17/23-1/31/24	Throughout the day. Aired approximately 12 times.	60 seconds	Park View Community Mission is a nonprofit in Lynchburg that will serve 80,000 neighbors this year through six programs that provide food, clothing, resources, and education. If you would like to participate in what they do, you may check out their website at parkviewmission.org and click on the "donate" or "volunteer" tabs.
Health	Community Connection: CARES Clinic	12/17/23-1/31/24	Throughout the day. Aired approximately 14 times.	60 seconds	The Community Accessible Rehabilitative Exercise Services, or CARES Clinic, is a non-profit, pro-bono physical therapy clinic run by Doctor of Physical Therapy students with the goal of providing care to the uninsured community across the greater Richmond area. More information about what they do and how to support the clinic is online at rampages.us/caresclinic.
Animal Welfare	Community Connection: Anicura Veterinary Center	12/17/23-1/31/24	Throughout the day. Aired approximately 13 times.	60 seconds	Anicura Veterinary Center in Harrisonburg is a veterinary hospital that works to end animal suffering and provides accessible and affordable veterinary care. Through their assistance programs, they offer veterinary services for the most vulnerable pets in the community - those with nowhere else to go. Anicura's Pet Food Pantry distributes thousands of nutritious meals to pets each month. You can learn more about their veterinary services and assistance programs that support pet families on their website, anicura.org.
Arts and Culture	Community Connection: Court Square Theater	12/17/23-1/31/24	Throughout the day. Aired approximately 14 times.	60 seconds	Court Square Theater is a nonprofit in Harrisonburg serving as the community's performing arts venue and cinema. The theater hosts live events such as community theater productions, multi-cultural events, dance recitals, live bluegrass concerts- as well as local and regional bands of varying genres, stand-up comedy shows, civic organization gatherings, world premieres, documentaries, award-winning films and independent movies. They have also launched an education component called ACT ONE, which includes summer camps for rising 1st-12th grade students as well as theatrical productions for adults and students. These productions provide anyone from the community the opportunity to learn any aspect of stage production- performing and technical skills. The entire event calendar, casting calls, and more information is online at courtsquaretheater.org. Court Square Theater is a proud financial supporter of WNRN.
Social Justice	Community Connection: CARE Rockbridge	12/19/23-1/14/24	Throughout the day. Aired approximately 11 times.	60 seconds	CARE Rockbridge is a nonprofit organization dedicated to standing up for justice, love, and equality. They invite you to their Martin Luther King Jr. Day Parade on Monday, January 15th. They step off at 10:30AM from in front of Randolph Street United Methodist Church at 118 S. Randolph Street in Lexington. This parade is open to the public, and hot chocolate and soup will be provided afterwards.
Media	Community Connection: Charlottesville Tomorrow	12/20/23-1/15/24	Throughout the day. Aired approximately 46 times.	60 seconds	Charlottesville Tomorrow is a local nonprofit newsroom covering Charlottesville, Albemarle County and the region. By signing up for our emails at cvilletomorrow.org, you can get information about important issues and ways you can take action to make our neighborhoods stronger. Charlottesville Tomorrow is an open resource and they invite you to start 2024 informed about our community.
Medical/Housing	Community Connection: The Doorways	12/20/23-3/1/24	Throughout the day. Aired approximately 10 times.	60 seconds	The Doorways is a nonprofit hospitality house in downtown Richmond that provides lodging and support for patients and their families traveling to Richmond for medical care. As they celebrate 40 years of being a compassionate Doorway between healing and home, they invite you to join them on Saturday, March 2nd for their 15th SAVOR event which brings together award-winning chefs from around the country for an epicurean evening to benefit The Doorways. There will be a gourmet dinner and silent and live auctions featuring home entertainment, fine wine, fine dining, and travel options. If you're unable to join them in March, you can contact them at any time to schedule a tour of The Doorways and learn about how they have fulfilled their mission since opening their doors to guests in 1984.
Disability resources	Hear Together: SOAR365	12/21/23-current	Throughout the day. Aired approximately 7 times.	90 seconds	SOAR365 was founded in 1954 to provide life-fulfilling opportunities for individuals with disabilities and support systems for their families. The Richmond-based nonprofit has expanded to include pediatric therapy for infants, programming for school-aged kids, employment programs, and resources for seniors. Their award-winning playground, Park365, was created as an all-inclusive park where children with and without disabilities can play together, featuring an accessible treehouse and merry-go-round, supportive swings and sensory play areas. We spoke with CEO and President John Walker for this Hear Together profile.