

WNRN Radio
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January –March 2016

WNRN broadcasts on multiple frequencies throughout central Virginia. Our signals reach Charlottesville, Richmond, Lynchburg, Staunton, Waynesboro, Harrisonburg and Lexington as well as the 21 counties near these cities.

Hear Together is our award winning public service program that we run hourly at approximately 35 minutes past the hour on our airwaves. The content focuses on non-profits to inspire and motivate that listeners will volunteer in their own community. The Hear Together segments provide a platform for WNRN's educated listeners to learn more about the missions of many non-profits.

WNRN radio broadcasts more than 8000 public service announcements each year. Hear Together gives over \$300,000 in free airtime to area regional non-profit organizations. These organizations can then use the profile on their website to seek funds from grantors and for basic education.

WNRN's goal to actively encourage giving back to our community is met by airing messages with direct appeals for volunteers. We know that all non-profit organizations have volunteer boards, run programs that use volunteers, and need volunteers to run fundraising events for their operations. Therefore, we aim to share a wide range of ways to make a difference for every schedule and interest for potential volunteers.

WNRN interviews local citizens who are involved with local non-profits in order to spotlight their community engagement. WNRN staff actively looks for non-profits who are reliant on volunteer engagement but have limited means to recruit. Interested listeners can learn more about each organization by visiting our website for more information, links, and to hear the audio again.

WNRN increases the impact of non-profits that work to address the most significant issues challenging our community. We measure the results of Hear Together using these criteria: count the number of public service announcements aired, how many non-profit organizations were served, and which counties and cities are served. Hear Together regularly surveys non-profits to hear feedback and what the profiles have accomplished for them.

PSA report for Q1 of 2016

As of 1/4/2016

Charlottesville Shambhala Meditation Group. 1/22/16

As of 1/7/16

Rivanna Conservation Alliance 2/6/16
Community Bikes 2/11/16
Literacy Volunteers 1/23/16
Gorilla Theater Productions 1/31/16
Dogtown Dance Theater 2/6/16

As of 1/11/16

The Haven 3/5/16
The Prism 2/6/16

As of 1/21/16

Nelson County Pantry 3/31/16

As of 2/1/16

Hope's Legacy 2/14/16
Charlottesville Ballet 3/12/16

As of 2/8/16

Habitat for Humanity 3/13/16
Blue Ridge Irish Music School 2/19/16
Blue Ridge Irish Music School 3/13/16
University of Virginia Department of Drama 3/3/16

As of 2/18/16

Cville Repairs 3/5/16

As of 2/25/16

Junior League Kids in the Kitchen 3/12/16
Virginia Festival of the Book 3/20/16
Virginia Festival of the Book 3/20/16
Virginia Festival of the Book 3/20/16

As of 2/29/16

Piedmont Master Gardeners 3/17/16

As of 3/10/16

International Rescue Committee

3/30/16

As of 3/17/16

UVA Department of Drama

4/9/16

Crozet Arts and Crafts Festival

5/8/16

UVA Open Grounds

4/11/16

As of 3/31/16

Virginia Discovery Museum

5/10/16

Virginia Discovery Museum

6/1/16

Preservation Piedmont

4/17/16

North Branch School

4/23/16

Jefferson School City Center

4/9/16

Charlottesville Earth Week

4/24/16

Rivanna Conservation Alliance

4/24/16

Culture Connection Q1 2016

Beryl Solla, is the chair of Piedmont Virginia Community College Art Department. She creates this weekly feature.

January 4th – 10th

McGuffey Art Center in Charlottesville kicks off the year with two exhibitions opening on Friday January 8th, 5:30 – 7:30. In the Sarah B Smith Gallery, look for Fragmentations featuring new work by Jim Respass and Steve Fishman. The rest of the galleries feature work by new members.

Rodin, Evolution of a Genius” continues at the Virginia museum of fine arts in Richmond. This exhibition will feature nearly 200 works by Auguste Rodin, one of the greatest sculptors of the 19th and early 20th centuries. Revealing the evolving output of this genius of sculpture, the exhibition examines his techniques, materials, models and assistants, and explores the extraordinary working process behind some of his best known works.

The Maier Museum of Art at Randolph College in Lynchburg continues it’s exhibition Venetian Visions, featuring selections from the National Gallery in London. and The Yale University art collection.

Chroma Gallery, in Charlottesville, opens a new show this Friday entitled Inner Outlook. The exhibition features new paintings by Aaron Eichorst.

January 11th-17th

Second Street gallery in Charlottesville continues it’s exhibition “Waste water” featuring Jason Robinson. The show continues through Jan 30th.

The Smith House Galleries in Harrisonburg are showing ArtVision, a group show featuring the artwork of talented k-12 students. The show closes this Friday.

The McGuffey Art Center in Charlottesville presents Artist 's Talk from the show Fragmentations: January 12th, 12:30 – 1:30PM, in the Sarah B. Smith Gallery

The Staniar Gallery at Washington Lee University in Lexington presents New York City based conceptual artist Nyeema Morgan in her exhibition I, Rhinoceros. The exhibition will feature works on paper and sculpture.

January 18-24th

The Staunton Augusta Art Center opens a solo exhibition of drawings and installation by Eric Kniss this Friday, followed by an artists talk. The event runs 5-7pm.

The DAURA GALLERY AT LYNCHBURG COLLEGE OPEN THE EXHIBITION RED:COLOR IN THE 20TH CENTURY. This exhibition features works on paper of artists exploring color theory and seeking new forms of expression. Ranging from European modernism to Abstract Expressionism to Pop Art, and dating from 1949 to 1989, these pieces represent the constant change and vital exploration that energizes art.

The Kluge Ruge Aboriginal Museum in Charlottesville, closes it's exhibit Where the Water moves, where it rests, this Sunday.

The Fralin Art Museum on the UVA campus invites you to the Object Study Gallery. The Object Study Gallery has approximately 140 objects on view, including Chinese bronzes, ceramics and sculpture; ancient Mediterranean coins, glass and marble sculpture; pre-Columbian ceramics; and African masks and figures.

January 25th-31st

The Telegraph Gallery, in Charlottesville , features an on going exhibition featuring the prints of Todd Webb and local artists Sophia Weideman, Jeremy Taylor and Allyson Taylor Melburg.

The Lisenby Museum at James Madison University in Harrisonburg presents Coming Forth By Day: Life and Death in Ancient Egypt.

The popular image of ancient Egypt focuses on its funerary rituals and burial practices, particularly as dramatized by cinema and television. A closer look reveals a culture that is not obsessed with death but with continued existence both on earth and in the afterworld.

The Tompkins McCaw library at the Virginia Commonwealth University in Richmond finishes it's exhibition "Unmasked: a Visual Dissection this Sunday. The show by Department of Sculpture and Extended Media alumnus Nickolai Walko creates anatomical and surprising pieces using masking tape.

February 1st-7th

This Friday, The Second Street Gallery in Downtown Charlottesville opens Maps Planes and Watermarks by Amie Oliver and Two Kinds of Luck by Liz Rodda.

Liz Rodda uses collage as a strategy to explore relationships between materials and ideas that are seemingly at odds with one another. Amie Oliver is exhibiting studies for Shimmer: The Art of Light, a Chapel Hill and Carrboro Public Art installation.

Also opening at the Smith Gallery at the McGuffey Art Center in Charlottesville is LOOPLAB, a playful and interactive collaboration between printmaker Fenella Belle and photographer, Stacey Evans. Evans and Belle share their love of creative experimentation and viewer participation in this exhibit which starts at 5:30 and ends at 7:30pm.

The Duke Hall Gallery at James Madison University in Harrisonburg is featuring Chris Cornelius's exhibition "Architectural Design/Mixed Media". The show closes on February 19th. Chris Cornelius, an enrolled member of the Oneida Nation of Wisconsin, focuses his work on the architectural translation of culture. He is the founding principal of studio:indigenous, a practice that creates design solutions for American Indian clients.

The Staunton Augusta Art Center is exhibiting installations and drawings by Eric Kniss. The exhibition is entitled Accumulations/ Interruptions will continue through Feb 20th.

February 8 – 14

This is the final week for 1708 Gallery in Richmond's exhibition SeeSaw, an exhibition of recent collaborative work by Lisa and Janelle Iglesias. The sisters, whose individual practices are grounded in Drawing and Sculpture, have maintained a project-based collaboration as Las Hermanas Iglesias for the past 11 years.

Piedmont Virginia Community College Gallery in Charlottesville opens two new exhibits this Friday. In the North Gallery, Greene County artist Trish Crowe presents Saints and Angels, an exhibition of watercolors that speak to the rich visual life found in the central Virginia countryside.

The Firnew Farm Artists Circle, also from Greene County, present a mixed media exhibition in the South Gallery. Expect a range of thoughtful and innovative work. The opening is this Friday, 5-7pm in the Dickinson Building.

The Kluge-Ruhe Collection will present Being Human, an exhibition of self portraits by Aboriginal artist Bianca Beetson. Beetson will visit Charlottesville February 8 - March 2 as the fifth artist in residence sponsored by Australia Council for the Arts. Being Human will be on view from February 12 - May 1. The opening reception will be this Friday from 5:30-7:30pm. Beetson will present a gallery walk and talk on Saturday at 10:30 am.

February 15th-21st

This is the last week for Richmond's Museum of Fine Arts' exhibition "Prints of the Dark Hours" a group show that explores the dark side.

This diverse exhibition demonstrates how artists employ a range of printmaking techniques, such as mezzotint, etching, engraving, woodcut, and lithography—to render contrasts between light and shade as well as the atmospheric effects of light emanating from the night sky or manmade sources.

The Lenfest Center at Washington and Lee University, in Lexington, present a retrospective exhibition and lecture by artist Larry Stene. The reception and art talk are in Wilson Hall and begin at 5:30pm this Wednesday. Stene's work includes everything from digital prints to sculpture and spans his forty-three year career as an artist and

teacher. The work ranges from the darkly emotional to the charmingly humorous and is enriched by the artists love of texture and found objects.

The gallery Les Yeux du Monde, in Albemarle County, present a group exhibition entitled Visions for 2016 featuring the work of Janet Bruce, Jim Henry, Deborah Kahn and Martha Saunders. The gallery will also host a Lunch with the Artists this Wednesday from noon-1pm. Reservations are required and their website has more information.

February 22nd-28th

This is the last week to catch the shows at McGuffey Art Center in Charlottesville. Russell Richards is featured in the Upper Hall North Gallery with an impressive range of new drawings and paintings.

The Staunton Augusta Art Center will open the Annual Juried Youth Art Show this Sunday, 1-3. The work includes mixed media by K-12 students.

The Page Bond Gallery in Richmond is showing Anatomy of Trees: William Wylie and View Find: Group Exhibition of Photography. You can expect to see a masterful selection of large scale images that are both literal and evocative and remind us of the power of this medium.

The Melon Focus Gallery at the Virginia Museum of Fine Art in Richmond, presents A Floral Jubilee: The Art of Louise Cochrane, an exhibition of 25 paintings that focus on colorful florals.

The John P & Stephanie F. Connaughton Gallery at the McIntire School of Commerce at the University of Virginia in Charlottesville presents Encounters: Tim Michel, A Retrospective. This broad body of work focuses on printmaking and gives us a special view of the creative process at work.

February 29th-March 6th

The Duke Hall Gallery at James Madison University in Harrisonburg presents an exhibit by Maria Magdalena Compos-Pons. Her diverse work includes photographs and mixed media pieces. Ms. Compos-Pons is recognized as one of the most important artists to emerge from post-revolutionary Cuba. Her evocative works probe questions of race, class, cultural hybridism and national identities in African communities. The show opens this Monday.

In Lynchburg, Randolph College's Maier Museum of Art continues celebrating it's 125th anniversary with the exhibition "125 From The Permanent Collection". This group show features gems from the museums diverse collection of American art from the 19th, 20th and 21st century.

In Charlottesville at the University of Virginia's Fralin Museum take a look at Two

Extraordinary Women: The Lives and Art of Maria Cosway and Mary Darby Robinson
This exhibition examines the intersecting careers of two remarkable women who rose to prominence during the late eighteenth century. Ms. Cosway, artist, musician, and educator, is now best known as Thomas Jefferson's love interest, while he serving as American ambassador to France. Ms. Robinson, was a celebrated English actress, former royal mistress, fashion icon, and one of the leading literary figures of her day. Both women were politically active and part of a proto-feminist movement that emerged at the end of the eighteenth century.

March 7th through March 13th

Chroma Projects is presenting Tanja Softic: *Gathered from Available Data*, in their home gallery location at 107 Vincennes Road, in Charlottesville. Tanja Softic employs printmaking, drawing, photography, painting and poetic text to explore questions of cultural belonging, hybridity, and memory.

Lynchburg College's Daura Gallery presents Marie Tiner: *Figurative Sculpture*. Ms. Tiner was an artist whose education and career in physics and X-ray crystallography inspired her approach mathematical forms in painting and sculpture. Her figurative sculpture will be rotated throughout the exhibition period, with drawing materials provided for all visitors to sketch from the sculptural models.

The Virginia Museum of Fine Arts in Richmond presents an on-going exhibition of American Indian art collected by Robert and Nancy Nootr. The exhibition features pottery, textiles, baskets and so much more from over 50 American American cultures.

March 14th through March 20th

The Maier Museum at Randolph College in Lynchburg presents the Flipbook Family Program on March 20th 2-3:30. Register by March 17th to give your 4-12 year olds a chance to make flipbooks with artist Kristen Harris.

In Charlottesville, Jennifer Hoyt Tidwell and The Bridge PAI present NO WAKE. This large scale performance piece involved hundreds of local students and artists. The performances begin this Thursday and continues through April. The Bridge has more information on it's website.

This Saturday, the annual Spring Arts and Crafts Show at the Rockingham County Fair Grounds, in Harrisonburg begins at 10am- and ends at 3pm. Expect a variety of handmade crafts ranging from furniture to quilts.

The Grace Street Theatre in Richmond presents VCU's film series Cinematheque: Counting on March 15th from 7pm to 10pm. Sponsored by the Cinema Program, Cinematheque is a film series that screens thought-provoking films in 35mm. The film, *Counting*, is directed by Jem Cohen, a visiting artist this semester at VCUarts

March 21st through March 27th

This is the last week to catch "Studio Things", work by Bruno LaVerdiere and J.M.Henry. These two artists and friends are best known for embracing the spirit of experimentation. They are showing in Charlottesville at the McGuffey Art Center. In Richmond, Virginia Commonwealth University's Department of Craft/Material Studies is sponsoring visiting artist Kim Harty, who will conduct a public guest lecture on Wednesday, March 23 at noon. The lecture will be given at the VCUarts Depot Building. Ms. Harty is best known for her work with new media and glass. Page Bond Gallery in Richmond presents the final week of Constructing From Life: Paintings by Peri Schwartz and Resting On Is Relying On: sculpture by Jere Williams. Ms. Schwartz is best known for her two dimensional abstractions, while Mr. Williams sculpture combines the figurative and conceptual.

This Sunday The American Shakespeare Center in Staunton presents a 2:00 matinee of the Tempest, Shakespeare's final solo play. This enchanting play is both a moving fairy tale and a wondrous magic show.

March 28th through April 3rd

Lynchburg College's Daura Gallery is showing Max Weber: Primitives. The exhibition closes on April 8th. Max Weber was one of the first American Cubist painters and sculptors.. He was praised as a "pioneer of modern art in America" In 1926, he released Primitives: Poems and Woodcuts. Weber designed the modernist-style binding for the book, first published by Spiral Press in a run of 350 copies. Original editions such as the one on exhibit in the Daura Gallery are very rare.

The Shenandoah Valley Art Center present's "Artist's Choice". The drop off date for work is all day on March 29th and the opening reception is April 2nd 6-8pm.

The Staunton Augusta Art Center presents Their Annual Juried Youth Art Show by students Pre K- 12th grade. The exhibition runs through April 2nd and will feature a wide variety of media and styles.

This is the last week to see Piedmont Virginia Community College's exhibitions by Tricia Crowe and the Firnew Farm Artists Circle. The galleries are located in the Dickinson Building.

Heaven Together Profiles Q1 2016

Non-Profit	Category	Location	Brief Description
Urban Agriculture Collective	Food Security/Hunger/Nutrition	Charlottesville/Albemarle	We profile "Farmer Todd" as he dedicates his time to creating community gardens in low-income communities to bring healthy food to areas that are under-served.
Community Bikes	Transportation	Charlottesville/Albemarle	We profile Caroline, a volunteer with Community Bikes, as she works to collect and distribute bikes to keep them out of landfills and give rides to people from all walks of life in need of transportation.
Building Goodness Foundation	Affordable Housing	Charlottesville/Albemarle	We profile an organization that works to improve the work of other organizations by spending time and energy on what they might need...roof fixes, renovations, etc.
Habitat for Humanity of Greater C-ville	Affordable Housing	Charlottesville/Albemarle	We profile the work of an organization dedicated to bringing affordable housing to families through helping them with all aspects, including building it.
Computers4Kids	Education and School Readiness	Charlottesville/Albemarle	We profile a non-profit that works to match community volunteers with young kids that need a mentor, while sharing with them homework help, or creation of projects for shared learning.
Blue Ridge Area Food Bank	Food Security/Hunger/Nutrition	Charlottesville/Albemarle, Lynchburg, Winchester, Verona	We profile an organization that oversees thousands of pounds of food to hungry people in need in our area.
Literacy Volunteers	Job Readiness	Charlottesville/Albemarle	We profile an organization that matches adult learners with adult teachers that work with them one on one to improve literacy skills.
Charlottesville Free Clinic	Community Health	Charlottesville/Albemarle	We look at an organization that provides health care services to those that cannot afford to pay for it otherwise.
Jefferson Area Board for Aging (Director)	Aging in Place	Charlottesville/Albemarle, Greene, Fluvanna, Louisa, Nelson	We profile an organization dedicated to creating a better life for people in our area that want to age in place and need services in order to be able to do so.
Computers4Kids (Jim)	Education and School Readiness	Charlottesville/Albemarle	We profile a volunteer that spends his free time working with young students on science and math projects, while also providing a mentorship.
Jefferson Area Board for Aging (Jane)	Aging in Place	Charlottesville/Albemarle, Greene, Fluvanna, Louisa, Nelson	We profile a woman that delivers supplemental nutrition to people that cannot get to the store on their own, while also providing welfare checks and caring for them as needed.
StreamWatch (Marilyn)	Land and Water Conservation	Charlottesville/Albemarle	We profile a woman that wades out into streams and waterways in order to collect samples that provide critical insight into our areas water supply.
Haven/New City Art (Housing2Home)	Affordable Housing/Creative Placemaking	Charlottesville/Albemarle	We profile a program that matches formerly homeless residents with local artists to create a home environment for them.
StreamWatch (David)	Land and Water Conservation	Charlottesville/Albemarle	We profile a man that wades out into streams and waterways in order to collect samples that provide critical insight into our areas water supply.
Literacy Volunteers (David and Eloy)	Job Readiness	Charlottesville/Albemarle	We profile volunteer David, who through his time and efforts has helped new citizen Eloy improve his writing and speaking skills.
Jefferson Area Board for Aging (FISH)	Aging in Place	Charlottesville/Albemarle, Greene, Fluvanna, Louisa, Nelson	We profile Roberta, who walks over to her neighborhood school every Monday morning and volunteers tutoring elementary school
Rockfish Wildlife Sanctuary	Land and Water Conservation	Central Virginia, Nelson County	We profile the work of this rural wildlife sanctuary that nurses and cares for wounded and injured animals.
Front Porch	Creative Placemaking	Charlottesville/Albemarle	We profile the creators of a new non-profit dedicated to teaching roots music to students of any age.
James River Association	Land and Water Conservation	Richmond	We profile the group of "river rats" that spend their volunteer hours covering sections of waterways to make sure that they are being cared for.
The Arbor (Director)	Community Health	Charlottesville/Albemarle	We profile the shelter dedicated to caring for female survivors of human trafficking in our

			region.
Adult Learning Center (Cherry)	Job Readiness	Charlottesville/Albemarle	We profile the woman the coordinates the many volunteers that dedicate their time to improving the lives of adult learners that want to get their GED or a better job.
The Arbor (Volunteer)	Community Health	Charlottesville/Albemarle	We profile a young volunteer that works with human trafficking victims to help them better their lives and re-enter society.
Adult Learning Center (Lyria)	Job Readiness	Charlottesville/Albemarle	We profile a woman that retired from teaching, only to dedicate her retirement to educating adult students in GED and job skills.
Piedmont CASA (Overview)	Community Health, Mental Health and Wellness	Charlottesville/Albemarle	We profile an organization that matches abandoned or troubled youth with a court advocate to ensure the decisions being made are the best for the youth.
Big Brothers, Big Sisters (Derek/ZZ)	Education and School Readiness	Charlottesville/Albemarle	We profile an organization dedicated to matching mentors with at-risk youth to help create better outcomes.
Hospice of the Piedmont (Music Bedside)	Aging in Place	Charlottesville/Albemarle	We profile a woman that spends her hours playing music to ease the pain and suffering of the dying.
On Our Own (Director)	Mental Health and Wellness	Charlottesville/Albemarle	For this "Hear Together" profile series we visit On Our Own and explore the concept of peer-to-peer recovery.
On Our Own (Rojo)	Mental Health and Wellness	Charlottesville/Albemarle	For this "Hear Together" profile series we visit On Our Own and explore the concept of peer-to-peer recovery.
On Our Own (Eddie)	Mental Health and Wellness	Charlottesville/Albemarle	For this "Hear Together" profile series we visit On Our Own and explore the concept of peer-to-peer recovery.
The Bridge PAI (Overview)	Creative Placemaking (Art in Place, Etc)	Charlottesville/Albemarle	For this "Hear Together" profile we went to The Bridge Progressive Arts Initiative to talk with artist Bernard Hankins and Executive Director Matthew Slaats. We discussed a workshop called "Rhyme and Design" and ways The Bridge PAI works together with community artists and area youth.
The Bridge PAI (Rhyme and Design)	Creative Placemaking (Art in Place, Etc)	Charlottesville/Albemarle	For this "Hear Together" profile we went to The Bridge Progressive Arts Initiative to talk with artist Bernard Hankins and Executive Director Matthew Slaats. We discussed a workshop called "Rhyme and Design" and ways The Bridge PAI works together with community artists and area youth.
Virginia Discovery Museum	Education and School Readiness	Charlottesville/Albemarle	We look at the ways the Virginia Discovery Museum aims to foster intellectual curiosity and development for all children of the community.
American Cancer Society Road To Recovery: Overview	Aging in Place	Charlottesville/Albemarle	Every day thousands of cancer patients need a ride to treatment, but some may not have a way to get there. The American Cancer Society Road To Recovery Program connects volunteer drivers to cancer patients who do not have a ride or are unable to drive themselves.
Community Investment Collaborative: Overview	Job Readiness	Charlottesville/Albemarle	We profile Waverly Davis and learn more about how non-profit Community Investment Collaborative helps under resourced entrepreneurs through education, mentoring, micro-lending, and networking.
Jefferson Area Board for Aging: Linda	Aging in Place	Charlottesville/Albemarle, Greene, Fluvanna, Louisa, Nelson	In this "Hear Together" profile, we listen to volunteer Linda, who took her office skills to the Jefferson Area Board for Aging. With a few hours a week, she has managed make a difference for aging seniors. Listen to Linda as she shares the way that giving back expands and improves her life.
Community Investment Collaborative: Cakes by Rachel	Job Readiness	Charlottesville/Albemarle	We profile Waverly Davis and learn more about how non-profit Community Investment Collaborative helps under resourced entrepreneurs through education, mentoring, micro-lending, and networking.

Community Investment Collaborative: Evolution Glass	Job Readiness	Charlottesville/Albemarle	We profile Waverly Davis and learn more about how non-profit Community Investment Collaborative helps under resourced entrepreneurs through education, mentoring, micro-lending, and networking.
American Cancer Society Road to Recovery: Nila	Aging in Place, Community Health	Charlottesville/Albemarle	Every day thousands of cancer patients need a ride to treatment, but some may not have a way to get there. The American Cancer Society Road To Recovery Program connects volunteer drivers to cancer patients who do not have a ride or are unable to drive themselves.
American Cancer Society Road to Recovery: Rebecca	Aging in Place, Community Health	Charlottesville/Albemarle	Every day thousands of cancer patients need a ride to treatment, but some may not have a way to get there. The American Cancer Society Road To Recovery Program connects volunteer drivers to cancer patients who do not have a ride or are unable to drive themselves.
CASA for Children: Overview	Community Health, Mental Health and Wellness	Augusta/Rockbridge/Rockingham	For this "Hear Together" profile, we talk to CASA President about the critical role these volunteers play in the lives of abused and endangered children.
Building Experiences	Education and School Readiness, Job Readiness	Charlottesville/Albemarle	Non-profit Building Experiences has created a program to help with college, work, and life skills. They help set goals, give them referrals, show them how to navigate college applications and financial aid, help with job applications and networking. For this "Hear Together" series we talk to mentors and students about the value in long-term life mentoring.
Building Experiences	Education and School Readiness, Job Readiness	Charlottesville/Albemarle	Non-profit Building Experiences has created a program to help with college, work, and life skills. They help set goals, give them referrals, show them how to navigate college applications and financial aid, help with job applications and networking. For this "Hear Together" series we talk to mentors and students about the value in long-term life mentoring.
Local Food Hub	Food Security/Hunger/Nutrition, Job Readiness	Charlottesville, Richmond, Harrisonburg, Washington D.C. area	The Local Food Hub aims to connect Virginia farmers to increase community access to local food. They are a non-profit dedicated to providing the support services, infrastructure, and market opportunities that connect people with food grown close to home. For this "Hear Together" we take a look at how that came about and what it means for farmers.
Caritas	Affordable Housing, Job Readiness	Richmond	CARITAS is the largest provider of homeless services in the Richmond metro area. They aim to break the cycles of homelessness and addiction so that people can lead stable lives. For this "Hear Together" we talk with CEO Karen Stanley about how they try to use their four programs to strategically fill the gaps in this system.
Miriam's House	Affordable Housing, Job Readiness	Lynchburg	Miriam's House is dedicated to ending homelessness through the empowerment of women and families. They offer two housing programs designed to limit the length of time families experience homelessness and quickly return homeless families to the community. For this "Hear Together" we take a look at how they accomplish that mission.
Innisfree Village (Overview)	Mental Health and Wellness, Aging in Place, Community Health	Charlottesville/Albemarle	We profile Innisfree Village, a voluntary community with adults with intellectual disabilities, and look at the way they try to provide a lifesharing home and work environment in an atmosphere of respectfulness.
Innisfree Village (Co-Workers)	Mental Health and Wellness, Aging in Place, Community Health	Charlottesville/Albemarle	We profile Innisfree Village, a voluntary community with adults with intellectual disabilities, and look at the way they try to provide

			a lifesharing home and work environment in an atmosphere of respectfulness.
Blue Ridge Area Food Bank (Lynchburg)	Food Security/Hunger/Nutrition	Lynchburg	We profile an organization that oversees thousands of pounds of food to hungry people in need in our area.