

Quarterly Report of Compliancy Issues & Programs List

2020-Q3 (July - September) - Radio Health Journal

- Aging
- Animal Health
- Alcohol and Substance Abuse & Treatment
- Autism
- Business & Industry
- Climate Change
- Communications
- Consumerism & Consumer Safety
- Disabilities
- Disasters & Preparedness
- Discrimination
- Eating Disorders
- Economics
- Education
- Elderly & Senior Citizens
- Elected Officials
- Employment & Workplace Issues
- Environment & Outdoors
- Ethics
- Family & Parenting Issues
- Federal Government
- Flooding

- Health Care
- Infectious Disease
- Individual Rights
- Interpersonal Relations
- Labor Issues
- Mental Health Issues
- Minority Issues
- National Defense
- Obesity
- Organ Donors
- Pets & People
- Pollution
- Poverty
- Public Health
- Public Safety
- Sports & Recreation
- Technology
- Terrorism
- Vaccination
- Violence & Threats
- Youth at Risk



Program	: 20-27	Writers/Producers:	Reed Pence	
Air Wee	k: 7/5/2020	Studio Production:	Jason Dickey	
Time	Segment]	Dur.
1:50	SEGMENT 1	: AUTISM AND SUBSTANCE ABU	JSE	12:20
	nely unlikely to		kely as others to engage in substance abuse, contrary to previous belief in author who has used alcohol to cope with his autism discuss the devel	-
Host & I	Producer: Reed	l Pence.		
Guests: •	Drinking, Dru	g Use and Addiction in the Autism Com	of North Carolina Wakebrook Addiction Treatment Center and co-auth nmunity -author, Asperger Syndrome and Alcohol: Drinking to Cope	ior,
Complia	ncy issues cove	ered: autism; disabilities; alcohol and s	substance abuse and treatment; education	
Links for • •		ation: ned.unc.edu/psych/directories/faculty/e perger-training.com/matthew-tinsley/	lizabeth-kunreuther	
15:12	SEGMENT 2	: CONTRACT TRACING AND QU	JARANTINE: HOW FAR CAN WE GO?	7:45
with CO	-	dividuals. However, many people see t	hay be stepped up contact tracing and quarantine of people who've had on that as too expensive and intrusive to be practical. An expert discusses h	
Host: Na	ncy Benson.			
Guests: •	Dr. Lauren Ch	ilds, Assistant Professor of Mathematic	cs, Virginia Tech University	
Complia	ncy issues cove	ered: public health; consumerism; ecor	nomics; individual rights; infectious disease	
Links for	r more informa			
•	https://sinews.	siam.org/Details-Page/choosing-interve	ention-strategies-during-an-emerging-epidemic	



Program	20-28	Writers/Producers:	Reed Pence	
Air Week	: 7/12/2020	Studio Production:	Jason Dickey	
Time	Segment			Dur.
	-			
1:50	SEGMENT I: OI	RTHOREXIA: OVERDOING A	A GOOD THING	12:50
things and		rs per day. It can take over an affl	et recognized eating disorder where people becom icted person's life and result in physical symptom	
Host & P	roducer: Reed Per	nce.		
•	Dr. Jennifer Carter		ting Disorders Assn Psychiatry and Behavioral Health, Ohio State Uni erline Knolls Residential Treatment Center, Lemo	
Compliar	ıcy issues covered	eating disorders; mental health i	issues; health care; consumerism; youth at risk	
Links for	more information	n:		
•	https://wexnermed	ical.osu.edu/find-a-doctor/jennife	er-carter-phd-22765	
•	https://www.eating	gdisorderhope.com/virtual-confer	ence-3/claire-mysko	
			0/02/19/1987163/0/en/Timberline-Knolls-Celebrat	es-National-Eating-Disorders-
	Awareness-Week.	html		
•	National Eating D	isorders Assn. Hotline 800-931-2	237	
15:42	SEGMENT 2: TI	CK PARALYSIS: WHEN A T	ICK BITE CAN BE FATAL	7:15
		ason, and tick bites are common. ed quickly. An expert discusses.	However, bites from a couple of types of ticks can	n produce paralysis and even
Host: Nar	ncy Benson.			
Guests:				
	Dr. Mark Dworkin	, Infectious disease specialist, Un	iversity of Illinois at Chicago School of Public Ho	ealth
Compliar	ıcy issues covered	: health care; public health; youth	at risk; outdoors and environment	
	more information	n: h.uic.edu/global-health-program/i	nark-s-dworkin	
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Program	: 20-29	Writers/Producers:	Reed Pence	
Air Week		Studio Production:	Jason Dickey	
	Segment	Station	Juson Diency	Dur.
	8			
1:49	SEGMENT 1: DEA	ALING WITH THE RISE IN (OSTEOPOROSIS	12:33
Synopsis:	Osteoporosis is inci	reasing as America ages. Howev	ver, fewer people are being tested for bone density and are agreeing to	
treatment	because of side effect	cts of osteoporosis medications.	Experts discuss the devastating effects of increased broken bones and	what can
now be do	one to prevent them.			
Host & P	roducer: Reed Penc	e.		
Guests:				
•	Dr. Sundeep Khosla	, Professor of Medicine, Mayo (Clinic College of Medicine	
•	Dr. Ether Siris, Dire	ctor, Toni Stabile Osteoporosis	Center, New York Presbyterian Hospital and Columbia University Me	dical
	Center			
Compliar	ncy issues covered:	military; federal government; na	ational security; research and development	
Links for	more information:			
•	http://maryroach.net	<u>t</u>		
15:24	SEGMENT 2: DO	CTOR BURNOUT: IT STAR	FS EARLY	7:19
Synopsis:	Doctors already say	they're burned out, but the CO	VID-19 pandemic is making it worse. A noted physician educator disc	usses
how burne	out starts with the wa	ay future doctors are taught.		
Host: Nar	ncy Benson.			
Guests:				
•	Dr. Saul Weiner, Pro	ofessor of Medicine, Pediatrics a	and Medical Education, University of Illinois at Chicago; Director, Cen	nter of
		• · · · · · · · · · · · · · · · · · · ·	bept of Veterans Affairs and author, On Becoming A Healer: The Journ	iey From
	Patient Care to Car	ing About Your Patients		
Compliar	ncy issues covered:	health care; public health; educa	ation; infectious disease	
Links for	more information:	;		
•	https://chicago.medi	cine.uic.edu/departments/acader	mic-departments/medicine/academic-internal-medicine-and-	
	geriatrics/people/nar	me/saul-weiner/		



Program:	20-30	Writers/Producers:	Reed Pence	
Air Week:	7/26/2020	Studio Production:	Jason Dickey	
Time So	egment			Dur.
1:46 S	EGMENT 1: PU	BLIC HEALTH OFFICIALS	RESIGNING UNDER PRESSURE	12:31
officials pus	sh back against to	ugh restrictions designed to curb	der pressure like never before in the COVID-19 pande the virus. Some officials have even been threatened. F han normal, and these essential jobs will be hard to fill	Seeling their bosses don't
Host & Pro	ducer: Reed Pen	ce.		
• Lo	ori Freeman, CEC	, National Association of Count	tion of State and Territorial Health Officials y and City Health Officials sociation of Local Public Health Officials	
Complianc	y issues covered:	health care; public health; publi	c safety; violence and threats; elected officials; infection	ous disease
Links for n	ore information	:		
• <u>ht</u>	tps://www.astho.	org/StatePublicHealth/ASTHOs-	New-CMO-Brings-Clinical-Perspective-to-Public-Hea	alth/01-04-18/
• <u>ht</u>	tps://www.nacche	o.org/about/chief-executive-offic	er-lori-tremmel-freeman-mba	
•			http://www.calpho.org/about-us.html	
15:19 S	EGMENT 2: PT	SD IN CHILDREN		7:09
traumatic st		w they know that children as you	were too young to remember traumas well enough to sung as 2 or 3 can be affected, often for the rest of their l	
Host: Nanc	y Benson.			
Producer: A	Ariana Kraft.			
	r. Michael Scheer fedicine	inga, Professor of Child Psychia	try and Associate Professor of Clinical Pediatrics, Tula	ane University School of
Complianc	y issues covered:	youth at risk; mental health; fan	nily and parenting issues	
Links for n	ore information	:		
• ht	tp://www.infantin	stitute.org/faculty-member/mich	ael-s-scheeringa/	

• <u>http://www.infantinstitute.org/faculty-member/michael-s-scheeringa/</u>



Program	20-31	Writers/Producers:	Reed Pence	
Air Week	: 8/2/2020	Studio Production:	Jason Dickey	
Time	Segment		D)ur.
1:47	SEGMENT 1: "E	LECTROSHOCK THERAPY:'	"NOT WHAT YOU SEE IN THE MOVIES 1	2:07
if movies seizure, re	are to be believed,	even creates zombies. Experts exp	e reputation of being a painful, disturbing procedure that wipes out memo plain the reality—that ECT is a quiet procedure that provokes a short brain the brain in what is the quickest and most dependable treatment for severe	in
Host: Ree	ed Pence.			
Producer	: Ariana Kraft.			
	Modulation Unit	Director, Translation Research, N Associate Professor of Psychiatry,	National Institute of Mental Health and Director, NIMH Non-Invasive Ne	euro-
Compliar	cy issues covered:	mental illness; health care; public	c health; technology	
Links for • •	-	nih.gov/news/science-news/2015/	lisanby-chosen-to-lead-nimh-division-of-translational-research.shtml 116/07/u-m_hospital_finds_new_home_fo.html	
14:56	SEGMENT 2: LU	NG TRANSPLANTS: THE LE	AST-TRANSPLANTED MAJOR ORGAN 8	:03
		re the least done of all major orga ins, using one particularly difficu	in transplants because the lungs are so easily damaged in the death proces It case as an example.	ss. A
Host: Nai	ncy Benson.			
Producer	Reed Pence.			
	Dr. Abbas Ardehali Geffen School of M		ine and Director, Heart, Lung, and Heart and Lung Transplantation, UCI	LA David
Compliar	cy issues covered:	organ donors; health care; public	health	
Links for •	more information https://www.uclahe	: calth.org/abbas-ardehali		

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Program	: 20-32	Writers/Producers:	Reed Pence	
Air Week	x: 8/9/2020	Studio Production:	Jason Dickey	
Time	Segment			Dur.
1:47	SEGMENT 1: BAC	K TO SCHOOL 2020: CAN	KIDS ATTEND, OR WILL REMOTE LEARNING RULE?	13:03
	f COVID-19 to childr		ether students will attend in person or will be taught remotely once a e methods under consideration to lower risks and whether that will b	-
Host & P	roducer: Reed Pence	2.		
		President HSC Health Care Sys dent, Indiana State Teachers As	stem and pediatrician, Children's National Hospital	
Complia	ncy issues covered: p	ublic health; children & youth	at risk; education; labor issues; parenting issues; education	
•		'about/leadership/board/nathani vrg/get-to-know-keith-gambill-i		
15:52	SEGMENT 2: WO	RK-AT-HOME BURNOUT A	AND "ZOOM FATIGUE"	6:59
	worked at the office	-	d can work in their pajamas, but they may find themselves more exha- for this fatigue—patterns of working at home and the surprising stres	
Host: Nat	ncy Benson.			
Producer	Reed Pence.			
	The Happiness Hand	rofessor of Pediatrics and Anes book for Healthcare Profession ssor of Psychology, University of		ithout Pain:
		mployment; workplace issues		
•		ord.edu/gregory-hammer h.edu/shah-lab/people/		



Program	n: 20-3	;	Writers/Producers:	Reed Pence	
Air Weel	k: 8/16/	2020	Studio Production:	Jason Dickey	
Time	Segmen	:			Dur.
1:50	SEGMI	NT 1: WHO G	ETS A VACCINE?		13:08
	-		-	g at a breakneck pace. What needs to happen to make sure it's safe and	
		-	ade, who should get it first?	Will enough people opt-in to get back to normal life, or will COVID-1	9 be with
us for yea	ars? Expe	ts discuss.			
Host & P	Producer	Reed Pence.			
Guests:					
•	Lawrenc Universi		rsity Professor of Health La	w and Director, O'Neill Institute of National and Global Health Law, O	Georgetown
•	Dr. Jaco	Appel, Directo	or of Ethics Education in Psy	chiatry, Icahn School of Medicine, Mt. Sinai, New York	
Complia infectious	-	s covered: publ	ic health; public safety; fede	eral government; economics; first responders; minority issues; ethics; v	accination;
Links for	r more in	formation:			
•	https://o	eill.law.george	town.edu/faculty/Lawrence-	-Gostin/	
•	https://w	ww.mountsinai	.org/profiles/jacob-m-appel		
16:00	SEGME	NT 2: STRES	S AND TYPE 2 DIABETE	S	6:55
		-		betes and are under chronic stress are more likely to have high blood s	ugar. The
study's le	ad author	and a patient d	iscuss how stress can make	diabetes worse and what people can do to counteract it.	
Host: Na	ncy Bens	on.			
Producer	r: Reed P	ence.			
Guests:					
•		arris, diabetes p			
•	Dr. Josh	a Joseph, Assis	tant Professor of Medicine,	The Ohio State University Wexner Medical Center	
Complia	ncy issue	s covered: heal	th care; public health		
Links for	r more in	formation:			
•	https://n	edicine.osu.edu	/find-faculty/clinical/interna	al-medicine/joshua-joseph-md	



Program:	20-34	Writers/Producers:	Reed Pence	
Air Week:	8/23/2020	Studio Production:	Jason Dickey	
Time Se	egment			Dur.
1:50 SI	EGMENT 1: RI	EADING OUR MASKED FACI	ES	12:52
			e are losing some of the visual information we depend on for smooth specific looks we're likely to misinterpret when we can't see other pe	ople's
Host & Pro	ducer: Reed Per	nce.		
			n Francisco State University and Director, Humintell , Royal Holloway University of London	
Compliancy	y issues covered	: interpersonal relations; commun	nications; infectious disease	
Links for m	ore information	1:		
• ht	tps://www.humi	ntell.com/dr-david-matsumoto/		
• <u>ht</u>	tps://pure.royalh	olloway.ac.uk/portal/en/persons/r	ebecca-brewer(65862865-a25e-49c0-8b14-1ad2c4d39aef).html	
15:42 SI	EGMENT 2: LI	SFRANC INJURIES: NOT JU	ST A SPRAINED FOOT OR ANKLE	7:19
			a mere sprained foot or ankle when they actually have an injury that is n the Lisfranc joint and injuries that can hurt it.	potentially
Host: Nancy	y Benson.			
Producer: A	Ariana Kraft.			
Guests:				
• Di	r. Mark Hardy, E	alance Foot and Ankle Wellness	Center, Lakewood, OH	
• Di	r. Bryan Waxma	n, orthopedic surgeon, Illinois Bo	ne and Joint Institute	
Compliancy	y issues covered	: health care; sports and recreation	n; disabilities	
	y issues covered	-	n; disabilities	
Links for m	ore information	-		
Links for m • <u>ht</u>	ore information tp://www.balanc	1:		

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Program:	20-35	Writers/Producers:	Reed Pence	
Air Week:	8/30/2020	Studio Production:	Jason Dickey	
Time Se	gment			Dur.
1:47 SI	EGMENT 1: PLANNI	NG FOR THE NEXT PA	NDEMIC	12:03
• •	•	ly a matter of "when and ware emics and infectious threats	hat," according to health security experts, who here discuss what's nee s, both natural and terror.	eded to be
Host & Pro	ducer: Reed Pence.			
	. Dennis Hruby, Chief . Phil Gomez, CEO, SI	Scientific Officer, SIGA Te RI Technologies	echnologies	
	issues covered: public ectious disease	c health; public safety; fede	eral government; disasters and preparedness; health care; terrorism; nat	tional
Links for m	ore information:			
• <u>ht</u>	ps://www.siga.com/abo	<u>but-siga/</u>		
15:52 SI	EGMENT 2: THIRD V	WORLD MEDICINE		6:54
		-	in the US, and American doctors sometimes run into unexpected hurd ne such doctor describes his efforts.	lles when
Host: Nancy	Benson.			
Producer: I	olly Hansen.			
	. Aaron Berkowitz, Dir all Difference Amid a		iser Permanente School of Medicine and author, One By One By One:	Making a
Compliancy	issues covered: health	a care; public health; povert	ty	
	ore information: ps://naturemicrobiolog	ycommunity.nature.com/po	osts/changing-lives-one-by-one-by-one	



Program	: 20-36	Writers/Producers:	Reed Pence	
Air Week	x: 9/6/2020	Studio Production:	Jason Dickey	
Time	Segment			Dur.
1:47	SEGMENT 1:	THE LOOMING "HOTHOUSE E	ARTH"	12:48
			weather and a rising sea level. Climate scientists fear we may soon reaplanet uninhabitable. Authors of a major report on this phenomenon explanet	-
Host & P	roducer: Reed	Pence.		
•	Dr. Katherine R	man, Professor of Geography and De ichardson, Professor of Biological O nl, Senior Climate Scientists, Union c	ceanography and leader, Sustainability Science Center, University of	Copenhagen
Complia	ncy issues cover	ed: environment; pollution; climate of	change; flooding; federal government; economics	
•	https://www.ecs	ion: vironment.arizona.edu/diana-liverma sj2017.com/profile/katherine-richards susa.org/bio/kristina-dahlW5Khv1	son	
15:37	SEGMENT 2:	IMPOSTER SYNDROME		7:05
find out.		yndrome" can undermine careers and	still believe they are incompetent on the inside and that others will eve lead to psychological distress. Two noted experts in the field discuss	-
Host: Nat	ncy Benson.			
Producer	: Ariana Kraft.			
	Suffer from the	ing, founder, impostersyndrome.com Imposter Syndrome and How to Thriv e Clance, Professor Emeritus, Georgi		People
Complia	ncy issues cover	ed: mental health; business and indu	stry; education; parenting issues	
Links for • •		ion: syndrome.com/valerie-young/ seclance.com/prc_biography.html		



Program:	20-37	Writers/Producers:	Reed Pence	
Air Week:	9/13/2020	Studio Production:	Jason Dickey	
Time S	egment			Dur.
1:43 S	EGMENT 1: OV	ERWORKED PHARMACIST	'S: MISTAKES WAITING TO HAPPEN?	11:15
			s time than they need, and some experts worry it's causing es on pharmacists and what consumers can do to protect th	
Host & Pro	ducer: Reed Pen	ce.		
Guests: • M	ichael Gaunt, Me	dication Safety Analyst and Edit	or, Institute for Safe Medication Practices	
Complianc	y issues covered:	consumer safety and consumeris	sm; health care; economics; business and industry	
Links for n	ore information	:		
• <u>h</u> t	tps://www.ismp.c	org/staff/michael-j-gaunt-pharmd		
14:00 S	EGMENT 2: TH	E ANGER EPIDEMIC		7:54
			than ever. But they say that should be no surprise, since ar , how it serves a purpose, and how it can be controlled.	nger is often a reaction to
Host: Nanc	y Benson.			
Producer:	Reed Pence.			
Guests:				
		stant Professor of Psychiatry, Ge	· ·	
• D	r. Ray Novaco, Pi	rofessor of Psychological Science	es, University of California at Irvine	
Complianc	y issues covered:	mental health; interpersonal rela	tions	
	ore information			
		ologytoday.com/us/experts/jean-l	<u>kim-md</u>	
• <u>ht</u>	tps://faculty.sites.	uci.edu/novaco/		



Program:	20-38	Writers/Producers:	Reed Pence	
Air Week:	9/20/2020	Studio Production:	Jason Dickey	
Time S	egment		Dur.	
1:48 S	EGMENT 1: MO	RE PETS IN THE PANDEMI	IC 12:36	5
puppies, in	the last six months	-	nic is no exception. Animal shelters report a surge in pet adoptions, especially adopt procedures such as telemedicine to deal with the increase while still sta- changed in the pandemic.	
Host & Pro	oducer: Reed Penc	е.		
• D	r. Katie Stover, ve	terinarian and owner, Red Barn	Suburban Humane Society, Downers Grove, IL Animal Hospital, Hampshire and Gilberts, IL President, American Veterinary Medical Assn.	
Complianc	y issues covered:	consumerism; pets and people; a	animal health; public health; infectious disease	
• <u>h</u> • <u>h</u>	ttps://redbarnpetve	about-us/who-we-are	douglas-kratt-dvm	
15:26 S	EGMENT 2: KID	S' QUESTIONS ABOUT CO	VID-19 7:01	
	-		and often have little understanding of why their world has been turned upside hildren's concerns of the pandemic and how parents can answer their question	
Host: Nanc	y Benson.			
Producer:	Reed Pence.			
Α			cess Health International and author, A Family Guide to COVID: Questions and A COVID Guide to Back to School: Questions and Answers for Parents and	
Complianc	y issues covered:	children and youth at risk; educa	ation; family issues; infectious disease; parenting	
	nore information:			
• <u>h</u>	ttps://www.william	haseltine.com/		



Program:	20-39	Writers/Producers:	Reed Pence	
Air Week:	9/27/2020	Studio Production:	Jason Dickey	
Time So	egment			Dur.
1:49 S	EGMENT 1: OBI	ESITY BIAS IN MEDICINE		13:15
• •		*	ed as the rest of us against people who are errs explain the problem, results, and what	
Host & Pro	ducer: Reed Penc	e.		
Fo • D • K	ood Policy and Obe r. David Katz, Dire athy Kater, psycho	esity	Research Center, Yale University and Found mage, eating and weight issues	cticut and Deputy Director, Rudd Center for der, True Health Initiative
• <u>ht</u> • <u>ht</u>	ttps://davidkatzmd.	ddcenter.org/faulty-and-staff-re	becca-puhl	
16:06 S	EGMENT 2: RHI	EUMATOID DISEASES		6:52
• •		es number around 100, though a v is early detection, as an expert	rthritis is the most well known. They can b explains.	e crippling and sometimes even fatal, but
Host: Nanc	y Benson.			
Producer: 1	Reed Pence.			
Guests: Dr. Kanica I	Monga, rheumatolo	ogist, University of Texas-Heal	th Science Center, Houston	
• C	ompliancy issues	covered: health care; public hea	alth	
	nore information: tps://www.doximit	ty.com/pub/kanika-monga-md		