

KMOJ-FM

PROGRAMS LIST

2023 – 2nd QUARTER

DESCRIPTION OF PROGRAMMING

Know Your Options – A 30-minute, weekly, public affairs program which features information and discussions of various financial topics, essential to the listening audience, mainly, people of color.

Financial Fitness – A 30-minute, weekly, public affairs program covering finances, credit health, protecting finances and other related topics.

The More We Know – A 60-minute, weekly public affairs program, highlighting community leaders and the roles they are playing from the corporate world, and into community settings.

Community Values – A 60-minute, weekly public affairs program, talking about a range of domestic community issues.

Community Health Dialogue – A 30-minute, weekly, public affairs program, focusing on disparities in Black Health.

The Paul D. Jones Show – A 30-minute, weekly program dedicated to helping listeners with finances and improving lives through knowledge and commitment.

Voices of the African American Community – A 60-minute, weekly public affairs program, focuses on voices not ordinarily heard, that can impact systemic change in the Twin Cities

Conversations with Chanda – A 60-minute, weekly public affairs program covering information and discussions on issues and topics relating to people of color and the effects on the community.”

Don’t Complain Activate – A 30-minute, weekly public affairs program for topics and discussions from the millennials’ perspective.

4 Opinions – A 60-minute weekly program, focusing on mental health, personal development and cultural significance to benefit members of the Twin Cities community.

CIVIC ENGAGEMENT

Voices – 5/12/2023 – Community Leadership and current issues in the community. Host Sam Simmons opens up the phone lines to invite callers to participate in the discussion. We discussed the definition of Community Leaders and the different types of community leadership. Also, the relationship between community leadership and current issues in the community.

Conversations with Chanda – 4/9/2023 – Doing Philanthropy Differently – Host Chanda Smith-Baker is joined by Guest, Toya Randall, Curator of Voice. Vision. Value. This is a digital narrative project celebrating the leadership impact of Black Women in philanthropy. Toya connected with Chanda to talk about what it means to be a person of color, working in philanthropy, her 2020 experiences, and the benefits and challenges of proximity.

Community Values-A Mother's Love – 4/30/2023 – Host Al Flowers is joined by Mayor of Brooklyn Park, Hollies Winston, Mark Anderson from the Barbara Snyder Foundation. They discussed Leadership in the African American Community, community-police mediation and measuring success in crime reduction tactics. The telephone lines were opened for community input, comments and questions.

MENTAL HEALTH

The Paul D. Jones Show – 4/18/2023 – Under Attack! Host Paul Jones explains how a person saying that they are Under Attack, when dealing with normal life issues usually is saying it to be given an excuse for why things are the way they are. In most cases, not all, but most, are justifying the results for them not being on top of their game. In life you must cross your T's and dot your I's. You have to pay attention to your actions because you will reap what you sow. It's not an attack, it's actually a harvest and possibly even a process to your future victories. As you pay attention to your daily habits, you will become more of a responsible person. Your viewpoint will help you make better responsible decisions that will give you better fighting techniques. Life is a battle, but you can't see yourself as a victim that is always under attack. Your responses to life's situations are what will put you in a winning position in life. YOU ARE A WINNER!

Voices – 5/19/2023 – Hosts Sam Simmons and Jatón White discuss, Jamel “Ja” Morant, Memphis Grizzlies NBA player and his current attention in the media. The discussion centers around personal responsibility when you're a public personality. Also, personal choices, consequences, and being a role model. The issues seem to be a result of this young man's mental stability and where he finds himself in his career, his relationships and managing his mental health.

Voices – 6/2/2023; 6/9/2023; 6/16/2023 - Can a Focus on Black Men's Healing be a way to empower the community? This was a 3-part series hosted by Sam Simmons and Jatón White, with a different guest each segment. 6/2/23 - Sydney Frye II, Program Manager with Olmsted County and Principal Consulting with Mind Shifts Consulting, LLC,. 6/9/23 - Dr. Antwan Player, Assistant Professor at Adler Graduate School, and William Drew Owner of Mindful I Consulting LLC, and Healing House Yoga, LLC,. 6/16/23 – Dr. Terrance Kwame-Ross, PH.D.,

Associate Professor of Education, Augsburg University and Visiting Lecturer, Youth Development & Leadership Graduate Program (YDL), School of Social Work, Youth Studies Program. These three guests discussed, in-depth, how the story of Black men in America is often told in terms of trauma and pain. Also learning how to take a strength-based approach can help change the narrative. The discussion about how to address the taboos of mental health of black men stemming from stigmas that depict vulnerability and weakness toward one's character. There is a process of healing through intentional movement and reflection for both the individual as well as the community. Dr. Kwame-Ross also tells us individual, cultural and social factors that influence, impact, and facilitate Black men healing and hurting. His current research and writing also focuses on the power of Black male learning in hostile White environments.

FINANCIAL

The Paul D. Jones Show – 4/4/2023 – A Hustler's Mentality – Do you have the mindset of a Hustler? When most people hear the word hustler, they tend to think it's a negative thing. The dictionary says a hustler is an aggressively enterprising person: a "go-getter". The right opportunity with a Hustler's Mentality = Gold for you! In entrepreneurship hustling means going hard, doing whatever it legally takes for your startup to be successful. Hustling is indeed working hard, yet it includes having wisdom, so that you are actually advancing yourself. Be advised, there is a distinct difference between working hard and working smart. The Mentality of a Hustler means you will work hard, while having the best information in front of you to act upon.

The More We Know – 4/16/2023 – The Economic Wealth Gap – Host Sylvia Bartley is joined by Gary Cunningham, the President and CEO of Prosperity Now, a national organization dedicated to advancing racial and ethnic economic justice. Mr. Cunningham shares his perspective and experience with systemic structures designed to prevent people from building economic wealth and power. Gary explains how targeted universalism can inform efforts to close the racial wealth gap and the strategic framework and data tools Prosperity Now is creating to drive system-change solutions, that will completely transform our economy.

The Paul D. Jones Show – 6/6/2023 – Balance! – Host Paul Jones explains how the more balanced your life is, the more organized you will be. This brings on a quality of life that leads to peace, joy, happiness and even prosperity. Let's all be mindful and on purpose to live a balanced life. This show discusses that happens to your finances when you don't balance your checkbook or your personal relationships. A few solutions are given and ideas that can possibly help an unbalanced person get balanced in their daily life actions.

BLACK HISTORY

Voices – 4/7/2023 – Black Women’s Role in Sports – Hosts Sam Simmons and Jatón White, are joined by Tanysha Scott from Roseville High School. They discussed the role of Black women in sports in response to NCAA Girls’ Basketball player, Angel Reese’s so-called offensive gesture directed towards Caitlin Clark, after LSU’s national title win and the need for Angel to defend herself against the media and call out the double standard ‘unapologetically’.

Conversations with Chanda – 4/2/2023 – Defining Blackness – Host Chanda Smith-Baker is joined by Guest, Dr. Yaba Blay, Activist, Scholar, Speaker and Author. Dr. Blay is the author of “One Drop: Shifting the Lens of Race”. Her work focuses on the lived experiences of Black Women and Girls. Chanda and Dr. Blay discuss the complexities of colorism, the history of Blackness, and the politics of race and identity.

Conversations with Chanda – 4/16/2023 – Unapologetically Black – Guest Otis Moss III, Senior Pastor Trinity United Church of Christ, Chicago, IL joined Chanda for a discussion of his family’s legacy, why our community needs public health-not public safety and why it’s important to understand the totality of Black History. Pastor Moss is not just a pastor, but activist, author and filmmaker. He preaches messages of love and justice.