



ISSUES & PROGRAMS

WBAK-FM

**1st QUARTER 2016
(JANUARY, FEBRUARY, MARCH)**



**WBAK-FM 1st QUARTER 2016
JANUARY, FEBRUARY, MARCH**

Public Affairs

WBAK-FM airs the public affairs show "Maine View" that is designed to address important community issues. The following is a list of show topics during the Quarter. Each edition of Maine View also includes Maine Governor Paul LePage's weekly radio address and the response from the Democrat Party in Maine. Each address runs roughly 5 minutes. Maine View has a run time of 20 minutes and airs Sunday at 7:00am

1/3: This week's Maine View was an interview with James Toman, Chief of the Gardiner (Maine) Police Department. The topic was the recent epidemic of opiate misuse, and the crimes associated with its illicit sale and distribution. "In my 25 years in law enforcement, I've never seen anything that compares to this," he said. And dealing with the new level of crime is a challenge to both law enforcement and the people of the communities they serve. In November, 2015, the Gardiner Rotary Club sponsored a community forum to discuss the problem of opiate and heroin addiction. "This is not just a Gardiner issue. This is a New England issue. This is a United States issue. This is an everywhere issue," Toman said at the meeting. And much of the problem is home-bourne, according to statistics. The Maine Prescription Monitoring Data says "395,900 Mainers had at least one prescription for an opioid (one out of four Mainers) and 208 people in Maine died from drug overdoses in 2014, up 18 from the year before." People become addicted to the opiates, and when doctors scale-back prescriptions, those persons turn to illegal methods of obtaining them. Heroin trafficking, much of it from out-of-state, also fills the void. Weapons and violence naturally follow the illegal trade. Toman said the community needs to be more vigilant about reporting suspicious activity, and dispose of an outdated medication. Additional resources for the department in terms of training and more officers would also help. An additional public forum is scheduled for later in the winter of 2016.

1/10: This week's edition of Maine View features a discussion with Gil Harris of the Maine Green Independent Party, which is rally around the Penobscot Indian Nation. A Federal Judge recently ruled that the Tribe does not have control over some aspects of pollution control and stewardship of the Penobscot River and islands amid it. Harris discusses the Party's siding with the Nation and to what lengths it might go to support an appeal of the decision. Also, we speak with Scott Gagnon of Smart Approaches to Marijuana. A federal government survey finds one in five kids claim they experimented with marijuana in the past thirty days, yet their use of other more potent drugs has declined. Gagnon shares concerns for the steady use in Maine as the state likely faces a statewide vote on possible legalization this November.

1/17: This week's edition of Maine View features a conversation with Secretary of State mad Dunlap about real ID. Introduced many years ago, mean projected real ID, and secretary Dunlap expresses why that might've been a very good move. Also we talk with



the representative John Martin the Democrat of Eagle Lake about the University made it for candidates moved to buy wood pellets from across the border instead of from in Ashland mill. The mill in Ashland, just down the road from the college, is having trouble staying open and finding buyers for its wood pellets.

1/24: This week's edition of Maine View featured an interview, via telephone, with two persons involved in the January 30th Quarry Road Winter Carnival in Waterville. Matt Skehan is the Director of the Waterville Department of Parks and Recreation. Ellen Wells is a community wellness educator at Inland Hospital in Waterville - one the the Carnival's sponsors. Quarry Road Recreation Area and ski trails was once a dream...that has come true. With two large grants from the Harold Alfond Foundation, and matching funds raised by the Friends of Quarry Road, the 200-acre city-owned plot of land is now a state-of-the-art recreational facility. For winter activities there are Nordic trails (both easy and competitive), a welcome center yurt, and snow-making abilities that rival the bigger mountains of Maine. For the Carnival, there will be snowshoeing, winter biking, snow sculpting, a bonfire and dog sled rides. Donations will be accepted. Future plans for the Quarry Road area include snow-tubing facility and a lodge for visitors. The facility is used jointly by the Colby College Nordic Ski team, and is located off North Street in Waterville, under the Interstate 95 overpass near Messalonskee Stream.

1/31: This week's edition of Maine View features an interview with Jill Barkley of Emerge Maine. The organization works to recruit women to become Democratic lawmakers in our state. Barkley discusses the challenges of finding qualified available candidates, and the challenges of funding them. We also speak with Dolly Sullivan of Educate Maine. Already, Educate Maine is searching for nominations for Maine's next to teacher of the year, even as the current teacher of the year just began her duties. Sullivan talks about the nominating process that now goes county to county as well as statewide.

2/7: This week's edition of Maine View features a "trash talk" edition between beat municipal review committee and USA energy. USA energy operates the PERC plant in Orrington. Since the late 1980s, the plant has taken municipal trash and burned it to generate electricity. USA energy's contract with EMERA Mains expires in 2018. Economic analysis indicates the plant will no longer be viable once it loses that contract. The municipal review committee has sought an alternative to PERC -- and is advocating the construction of a \$69 million state of the art energy recovery facility in Hamden that would turn trash into gasified energy. Recently the city of Brewer became the first to



announce its plans to go with the municipal review committee rather than PERC. USA energy is trying to lobby the remaining municipalities, 186 of them, to remain with them even after the contract expires. We talk with Bob Knudson of USA energy as well as Chip Reeves and Karen Fussell of the municipal review committee in this week's edition of Maine View.

2/14: This week's edition of Maine View featured interview with Dr. David Preston of Mid Maine Medicine (formerly Mid-Maine Internal Medicine) of Waterville - now under the umbrella of Maine General Health. The topic was a new therapy called "Music and Memory," in which patients with Alzheimer's Disease or dementia can reconnect with some memories through music listening. The therapy was the topic of a 2014 movie titled "Alive Inside," in which social worker Dan Cohen demonstrates and explains the use of Music and Memory. It chronicles the 'awakening' of one man when he listened to the favorite music of his youth - jazz. In the case, the man's cognition and communication improved in other parts of his life. Just as the sense of smell can spark memory, said Preston, so can music. And now, varieties of music are easily available on manageable devices. Recently, at Lakewood Manor (nursing home) in Waterville, a laptop computer and downloads of 40,000 songs were donated. How far the therapy can improve lost memory is just beginning to be studied. "There's so much we don't know about the functions of the brain," said Preston. "And we're just beginning to comprehend some of the possible causes of dementia and Alzheimer's." Preston said Music and Memory has gained the attention of the Music Department at Colby College of Waterville, from where students have been volunteering time at Lakewood Manor.

2/21: This week's edition of MAINEVIEW features Q and A with Acadia Hospital Psychiatrist Dr Vijay Amarendran. He addresses what he calls myths, misconceptions and methods of dispensing methadone to treat opioid addiction. This as the State debates re-elevating the taxpayer-financed reimbursement rates for methadone treatments. Dr. Amarendran attempts to answer the tough question of if opioid addicts do find themselves "clean" after using methadone for a time. The definition of success depends on at what point a patient begins treatment. He also debates the issue of those who scam the system and how Acadia treats those who are not entirely interested in recovery.

2/28: This week's edition of Maine View features a conversation with Joseph Downing I'll be Bangor polar dip. Volunteers will jump into frozen Phillips Lake in Lucerne this weekend to raise money for camp Capella. This campus for special needs children. The camp hires special counselors and arranges special programs and events for the kids to enjoy one week of the summer. Telling talks about the financial needs of the camps, the details of the event, and the emotional challenges in caring for children who have special needs, and those who will not live to see their 18th birthday. Also we talk with Matt Paxton of the television show Hoarders and Steve Cox of ServiceMaster. Producers have found an episode of the show in Maine which will air in March. Paxton talks about the mental disorder of those who poured and Cox talks of the challenges of cleaning out their homes of all that they have amassed.

3/6: This week's edition of Maine View features an interview with two persons involved



with CASA, Court Appointed Special Advocates for children. Libby McCullum is the Ad litem volunteer coordinator for the Maine Judicial branch Family Division. Danielle Carson is a CASA volunteer and attorney, and was aided by the program when she was an adoptive child. CASA volunteers undergo extensive screening and training to be a child advocate for the courts, usually in the cases of broken homes, adoption, substance abuse or other child protection issues. The CASA volunteer does interviews with all parties involved, and presents the findings in court where further determinations for the child are made. It is a separate program from those at the Department of Health and Human Services, and is funded largely through grants. Their vision is that "every child has a safe, permanent, and loving home." McCullum said the program only serves about 15 per cent of child protection cases, so they are always looking for qualified volunteers. Guardians Ad litem (GALs) can serve as many as five children at once. More information is found on the website, casaofmaine.org.

3/13: Members of Eastern Maine Development Corporation joins us in studio on this AmeriCorps Week. They explain how the stipend-volunteer program came to be, how busy it is and the benefits of setting aside a year of private work to be a AmeriCorps Volunteer. Three AmeriCorps volunteers join us in studio to talk about their experiences. We also speak with Bangor Firefighters Andy Emery and Casey Perry ahead of the 4th Bangor Professional Firefighters Chili and Chowder Cook-off to benefit the Muscular Dystrophy Association. Andy and Casey explain to where this year's event has moved, the times, why this event always benefits the MDA and how someone can enter as well as attend the event.

3/20: This week's edition of me and you features a conversation with Julie Rabinowitz of Maine's Department of Labor. Maine is currently working on a first of its kind in the nation plan to deal with workplace drug use. Crafting a plan that is for employees and employers has become a challenge. Rabinowitz talks about the cost to employers, the risk to employees, and the timeline for producing this document. We also speak with Zach Schmesser of BikeMaine2016. The event, affiliated with the Bicycle Coalition of Maine, is now in its fourth year. This Septembers seven day events will be a long Manes coast, specifically Washington in Hancock County's. Zach talks about how they chose the Coast of Maine, what the coalition does with its resources and the efforts it takes to plan and execute such an event.

3/27: Part one of this week's Maine View was an interview with Kevin Bacon of Bacon Farm Maple Products. The Farm in Sidney, Maine, was preparing to be one of the more than 100 farms in the state to host Maine Maple Sunday - a day to remember and enjoy the centuries-old tradition of making maple syrup. Bacon's Farm expected a big crowd both Saturday and Sunday, even though Sunday was also Easter Sunday. Bacon said the



season has been an unusual one as far as earliness in concerned. "We were tapping trees on February fifth, and I've never done that before," said Brown. The early run made for some scrambling to set-up the equipment. Fortunately, the early season has lingered into the 'regular' weeks of sugaring in March and early April. Bacon Farms makes a number of maple products (whoopie pies, cotton candy, and syrup among them) which they sell throughout the year at the Sidney store. Bacon also explained the modern technologies of gathering maple sap, with pumps and plastic tubing for easier collection. Part two of this week's Maine View was with Maine Attorney General Janet Mills joined the program to talk about drug overdoses in Maine. In 2015 the state of Maine 272 died in Maine. That is a 31% increase of 2014. A growth in Heroin use is one of the main reasons for this increase in Maine. The age range for overdoses is 18 to 89, with the average age for Maine is 43. General Mills said her office needs a more comprehensive plan, and we need to make the possession of fentanyl, heroin, and methadone a felony. Law enforcement intervention and treatment is a huge piece to the puzzle to help stop this overdose epidemic in the state.