

**RADIO STATION WAEL FM, MARICAO
QUARTERLY ISSUES/PROGRAM LIST
FROM JANUARY 1st THRU MARCH 31st, 2022**

**Prepared by: María Pirallo
On April 4, 2022**

- **ARTS & CULTURE**
- **AGRICULTURE**
- **EARTHQUAKES**
- **EDUCATION**
- **HEALTH**
- **JOBS**
- **NEWS AND INFORMATION**
- **ORGAN DONATION**
- **RELIGIOUS ORIENTATION**
- **UNEMPLOYMENT**
- **OTHER PSA**

ARTS & CULTURE

INFORME ESPECIAL Sunday January 2, 2022 7:00am Half-hour
Ulises Espinosa – Host of Informe Especial – talks about the importance of Christmas and Three Kings Day holidays in Puerto Rico’s culture. Provides information about events and activities in the western area of the island during the holidays, and played for the listening audience typical Puerto Rican music relative to Three Kings Day.

AGRICULTURE

INFORME ESPECIAL Sunday January 9, 2022 7:00am Half-hour
Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about “Mangosteen”, (*Garcinia mangostana*), also known as the purple mangosteen, is a tropical evergreen tree with edible fruit native to tropical lands. It is a rich source of vitamin C. Mangosteen is commonly known as the "Queen of Fruits", and is similar to the quenepa. It is transplanted at 4 years old, grows approximately 30 to 60 feet tall and has 66 milligrams of vitamin C. If it is sown by seed, the tree takes 25 years to reproduce and if it is grafted, it takes between 6 or 8 years to reproduce.

INFORME ESPECIAL Sunday February 20, 2022 7:00am Half-hour
Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about “Noni”, (*Morinda citrifolia*) is a fruit-bearing tree in the coffee family. Its native range extends across India, Malaysia and Australasia. Brought to the island by the colonizers to Boquerón, the tree can grow from 10 to 30 feet tall. There are benefits to Noni since it is medicinal, it is effective against respiratory, digestive, nervous diseases, allergies, arthritis, diabetes, tuberculosis, cancer, influenza, viral infections, and strengthens the immune system. There are some 100 names for the fruit across different regions, the more common English names of great morinda, Indian mulberry, beach mulberry, and cheese fruit. There are over 80 species of Noni, when the fruit is ripe you can mix it with grape juice or cranberry.

INFORME ESPECIAL Sunday March 20, 2022 7:00am Half-hour
Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about “Guamá”, (*Inga Laurina*) and its different varieties. It is found from Mexico south to Argentina, the mature tree can produce between 40 to 200 vainas (pods) per year, the tree can last up to 25 years. The

Pods look like bay leaves and the seed can be roasted, eaten and has an almond flavor.

EARTHQUAKES

INFORME ESPECIAL Sunday March 6, 2022 7:00am Half-hour
Gisela Báez – Analysis Division Coordinator, Seismic Network of Puerto Rico – talks about seismic activity around Puerto Rico, and the resources (equipment) the network has for research and measurements. Additionally, talks about the following topics:

Still shaking in the Guánica area

The Tsunami Exercise CARIBE WAVE 22 that will be on March 10, 2022 @ 10:00 AM; two different scenarios: Western Muertos Trough and Northern Panama; The exercise is to create Tsunami awareness and tsunami preparedness CARIBE WAVE 22 Exercise in hospitals

How to register in TsunamiZone

Preparedness and Emergency Plans in our homes; Evacuation routes

Risk Mitigation; What should the safety backpack include?

Explains Geological Faults and how many are around Puerto Rico

Steps to follow during a real Tsunami

EDUCATION

INFORME ESPECIAL Sunday February 6, 2022 7:00am Half-hour
Prof. Domingo Madera – Executive Director EPA (Educadores Puertorriqueños en Acción) – talks about the following:

Start of classes for the new semester

Pay raise (salary increase for teachers)

Retirement; Retirement age for Teachers

Modules in the southern area of PR due to earthquakes

Protests; Expectations and few alternatives teachers have

INFORME ESPECIAL Sunday February 13, 2022 7:00am Half-hour
Dr. Sheila Justiniano – Clinical Psychologist – talks about Self-esteem, the term self-esteem is used to describe a person's overall subjective sense of personal worth or value - in other words, how much you appreciate and like yourself. Self-esteem encompasses beliefs about oneself as well as emotional states, such as triumph, despair, pride, and shame. A low self-esteem can reduce the quality of a person's life in many ways. Sheila says that you can tell a person has low self-esteem when they have constant self-criticism, negative self-perception, lack of confidence, emotional dependency and others. Ways to improve your self-esteem and having healthy relationships:

Learn to value and love yourself, recognize problem areas, and have more quality time.

Write down all your positive things.

Think about what you think of yourself, look at the positive not the negative, look at your strengths whether it is your physical strength or others.

INFORME ESPECIAL Sunday March 27, 2022 7:00am Half-hour
Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) and Educación a Distancia (On-line courses), Recinto Universitario de Mayagüez (RUM) – DECEP provides working adults and people that have had their college studies interrupted, another way to finish their University Studies. Dr. Ferrer talks about continuing education, the availability of on line and face-to-face classes. Classes are available night, day and weekends. DECEP has the task and great commitment to facilitate continuous learning for the entire Puerto Rican population and outside of our island (diaspora). Some courses available are Effective Supervision, Art of Public Speaking, Organizational Transformation Coaching, Design Thinking, Creativity, Strategic Planning, Goal Development, Happiness Development, Personal Finance and Retirement Financial Planning. Programming academy for children (this one is for children although adults also take them). Explains that by using DECEP they can hone their skills and further their professional careers.

HEALTH

LUPUS INFORMATION Daily (Monday-Sunday) 1-minute segment, 4 times daily – PSA educating people about Lupus. Educate the community and explain some of the characteristics of this disease, how to diagnose and possible treatment for this skin disease.

DENTAL HEALTH Edwin Rodriguez – Prosthodontist, Complete Health Dentistry provides a 5-minute Dental Health information segment during “La Movida Mañanera with Elvin Seguinot” between 6 and 10 AM on January 18 and 25; February 1, 8, 15, and 22; March 1, 8, 15, 22 and 29.

INFORME ESPECIAL Sunday February 27, 2022 7:00am Half-hour
Edwin Rodriguez Rios – Prosthodontist, Complete Health Dentistry – Prosthodontists are experts in the restoration and replacement of teeth and is one of the nine dental specialties recognized by the ADA. Prosthodontists are trained to manage the most complex dental restorations. Edwin talks about Coronavirus and dental health, and the problems that patients have faced in their mouth for fear of the pandemic (not going to their dentists).

In addition, he talks about:

Prosthodontist is the dentist who is trained to evaluate bite problems, missing multiple teeth, etc.

Dental Care and how to prevent mouth infections; The mouth is full of bacteria

Mouth infections; The importance of flossing (dental floss)

Pandemic related safety measures taken at dental office

Services offered; Dental Prosthesis

JOBS

INFORME ESPECIAL Sunday January 23, 2022 7:00am Half-hour
Elba Yanira Jiménez – Job Corps BCL Outreach and Community Liaison and Virginia Avilés, Job Corps Admissions – Job Corps is a program administered by the United States Department of Labor that offers free education and vocational training to young men and women ages 16 to 24. Job Corps has been in business for more than 50 years, they are currently located at Base Ramey in Aguadilla and Arecibo. It is a free program and there are over 150 programs in the 50 states of the nation and the Aguadilla center is positioned among the top 5 in the academic area for excellence. There are more than 10 technical careers offered.

NEWS AND INFORMATION

RESUMEN DE NOTICIAS Sundays 7:00 am 30 Minutes
Provide a review of last week local news. This is a recorded locally produced show.

NEWS WITH FRANK GAUD Daily (Monday-Friday) Two, 10 minute segments daily. Provide news of local impact.

INFORME ESPECIAL Sunday January 16, 2022 7:00am Half-hour
Dr. Sheila Justiniano – Clinical Psychologist – talks about New Year's resolutions, New Year's resolution is a tradition, most common in the Western World but also found in the Eastern World, in which a person resolves to continue good practices, change an undesired trait or behavior, accomplish a personal goal, or otherwise improve their behavior. Most people do this at the beginning of the year. It is good to set goals, learn to set limits, self-care, set boundaries in a healthy way, and learn to say no. Resolutions can be realistic or idealistic. Sheila also talks about support networks and how to learn to manage your emotions.

INFORME ESPECIAL Sunday March 13, 2022 7:00am Half-hour
Alan Corales – President, Puerto Rico Broadcasters Association – talks about the centenary of Puerto Rican radio, the role of the Association of Broadcasters and

upcoming activities. The association accomplishments under his presidency. With the slogan "With you at 100", the Puerto Rico Broadcasters Association (ARPR) announced the official start of the celebration of the centenary of Puerto Rican radio, which includes a series of events and initiatives in which the contributions and relevance of this medium. He also talks about the following:

What the Association is doing to compete with cyberspace

Is there room for more radio stations in PR?

Community service campaigns

How many stations are members of the Association

Radio stations as an essential service

ORGAN DONATION

INFORME ESPECIAL Sunday January 30, 2022 7:00am Half-hour
Marta Sujeil Vázquez – Senior Coordinator, Public Services LifeLink Puerto Rico – talks about LifeLink and organ transplants. LifeLink of Puerto Rico is an independent non-profit organ and tissue recovery organization within the LifeLink Foundation. Martha's goal is to educate the community about organ donation and transplants. Martha provides statistics and talks about:

Educational projects through digital platforms; International donor's day

Collaboration between Lifelink and transplant centers

Donation Process and Protocol; Compatibility analysis

What is the shelf life of organs for donation?

Process to Educate people about organ donation and Reinforce Hospital Personnel

How to Register for Organ Donation and Organs with largest waiting lists

Age is not a factor for organ donation; Age of 15 to 55 for organ tissue donation

Health conditions that exclude a person from donating

Sign language to help people with this condition

RELIGIOUS ORIENTATION

CONOCE TU FE

Sundays 7:30AM fifteen minutes – Father Julio Angel Vera Gonzalez discusses Social Issues and the Church. This program is a production of the Office of Social Communication Media of the Diocese of Mayagüez which is a non-profit organization at the service of the People of God.

DIOS TE HABLA, HOY ES TU DIA

Sundays 7:45AM fifteen minutes – Father Edgardo Acosta

This program is a production of the Office of Social Communication Media of the Diocese of Mayagüez which is a non-profit organization at the service of the People of God.

REFLECCIONES DE VIDA Daily (Monday-Friday) 1-minute segment

UNEMPLOYMENT

OFERTAS DE EMPLEO Monday to Friday 2 times daily 30 seconds A list of job offerings supplied weekly by the local office of the Department of Labor.

OTHER PSA

NATIONAL GUARD Daily (Monday-Sunday) 1-minute segment, 4 times daily Recruiting spots for the National Guard providing information, benefits, number to call if interested.

LEARNING DISABILITIES Daily (Monday-Sunday) 1-minute segment, 4 times daily PSA spot reminding everyone that early detection of a learning disability can mean the difference between success and failure.

HIGH SCHOOL DROPOUTS Daily (Monday-Sunday) 1-minute segment, 4 times daily Spot urging kids to stay in school. Provide information on national school dropout rates, and the high percentage of Hispanics that fall in that group. Main message is “Stay in school”.

DRUNKEN DRIVING PREVENTION Daily (Monday-Sunday) 30- second segment, 4 times daily Spots by the Driving Safety Commission explaining the dangers and consequences of drunk driving.