

**RADIO STATION WAEL FM, MARICAO  
QUARTERLY ISSUES/PROGRAM LIST  
FROM OCTOBER 1<sup>st</sup> THRU DECEMBER 31<sup>st</sup>, 2023**

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On January 5, 2024**

- **AGRICULTURE**
- **ARTS & CULTURE**
- **ECONOMIC FRAUD**
- **EDUCATION**
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- **UNEMPLOYMENT**
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## **AGRICULTURE**

***INFORME ESPECIAL*** Sunday October 22, 2023      7:00am      Half-hour

Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about the benefits of the association of crops and aromatic herbs:

- a. Knowledge about the importance of crops
- b. Crop Compatibility
- c. Prepare a good seedbed
- d. Add cinnamon to the seedbed to prevent fungi
- e. Caring for and protecting fauna and flora
- f. Protect bees and bats
- g. 3 elements that plants need potassium, phosphorus and nitrogen

***INFORME ESPECIAL*** Sunday November 5, 2023      7:00am      Half-hour

Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about seedbeds preparation (setup):

- a. Seedbeds need to be weed-free, level, firm and moist prior to planting
- b. Biodiversity is created
- c. Different types of seedbeds
- d. Stepped garden
- e. It is very important that the seed used is in good condition
- f. Select crop variety
- g. The hole should be as wide as the seed

***INFORME ESPECIAL*** Sunday December 17, 2023      7:00am      Half-hour

Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about harvesting and proper storage of fruits and vegetables:

- a. Harvest fruit from the tree, not pick it from the ground
- b. When harvesting the fruit, place it in a plastic bag or container without washing it since washing it creates fungus
- c. Wash fruits or vegetables when they are going to be consumed
- d. Harvest the fruit when it is ready
- e. Store fruit in the drawers at the bottom of the refrigerator or in boxes near a window
- f. Store vegetables in cool places
- g. The garlic should be placed in the refrigerator; onions out of the refrigerator

## **ARTS & CULTURE**

**INFORME ESPECIAL** Sunday October 1, 2023                      7:00am              Half-hour  
And Sunday November 26, 2023

Eulogio Rodriguez (Rusty) – WAEL FM Disc Jockey and Radio Host – as it is tradition, Rusty gives a little history on the conception and production of this year compact disc “El Julepe Navideño 2023”. Discusses the selection criteria for the songs and artists included on this year’s Julepe Navideño. Additionally, Rusty talks about the importance of Christmas Season music and the joy it brings to the people of Puerto Rico.

**INFORME ESPECIAL** Sunday December 24, 2023                      7:00am              Half-hour  
Ulises Espinosa – Host of Informe Especial – talks about the importance of Christmas and Three Kings Day holidays in Puerto Rico’s culture. Provides information about events and activities in the western area of the island during the holidays, and played for the listening audience typical Puerto Rican music relative to Christmas and Three Kings Day.

## **ECONOMIC FRAUD**

**INFORME ESPECIAL** Sunday October 15, 2023                      7:00am              Half-hour  
And Sunday November 19, 2023

Agent Raddy De León – Crime Scene Investigator, Puerto Rico Police – talks about fraud:

- a. What is fraud
- b. How to avoid fraud
- c. Types of fraud
- d. Crypto currencies
- e. What to do if you think you have been a victim of fraud
- f. Websites
- g. False claims to medical plans
- h. Do not leave money or important documents in your car or in plain sight
- i. Take all possible preventions/protections

## **EDUCATION**

**INFORME ESPECIAL** Sunday October 8, 2023                      7:00am              Half-hour  
Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) and Educación a Distancia (On-line courses), Recinto Universitario de Mayagüez (RUM) – DECEP provides working adults and people that have had their college studies interrupted, another way to finish their University Studies. Dr. Ferrer talks about the (wrongly named) soft skills in leadership:

- a. Qualities, characteristics, skills that people have that help them to be able to use all the knowledge that the person has
- b. Impact on leadership
- c. Personal and professional development
- d. Art of communicating
- e. People very proficient in persuasion, have confidence in everything they say
- f. Learn to listen
- g. Ability to organize, delegate, give tasks to other people and share those tasks
- h. Leadership is not a characteristic that you say you have, but that others recognize in you.

***INFORME ESPECIAL*** Sunday November 12, 2023 7:00am Half-hour  
 Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) and Educación a Distancia (On-line courses), Recinto Universitario de Mayagüez (RUM) – DECEP provides working adults and people that have had their college studies interrupted, another way to finish their University Studies. Dr. Ferrer talks about how to be more productive:

- a. What is productivity
- b. 3 pillars of productivity
  - 1. Time management
  - 2. Information management
  - 3. Creativity or creation management

***INFORME ESPECIAL*** Sunday December 10, 2023 7:00am Half-hour  
 Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) and Educación a Distancia (On-line courses), Recinto Universitario de Mayagüez (RUM) – DECEP provides working adults and people that have had their college studies interrupted, another way to finish their University Studies. Dr. Ferrer talks about why a person should write a book:

- a. Reasons to write a book
  - Therapeutic process
  - Establish authority
  - Passive income
  - Visibility
  - Attract sales
  - Leave a legacy
- b. Life story whether it is a problem or another reason
- c. Failures or successes in life
- d. Writing a book can be used as a therapeutic process
- e. Develop the therapeutic process through writing

## **HEALTH**

***LUPUS INFORMATION*** Daily (Monday-Sunday) 1-minute segment, 4 times daily – PSA educating people about Lupus. Educate the community and explain some of the characteristics of this disease, how to diagnose and possible treatment for this skin disease.

**DENTAL HEALTH** Edwin Rodriguez – Prosthodontist, Complete Health Dentistry provides a 5-minute Dental Health information segment during “La Movida Mañanera with Elvin Seguinot” between 6 and 10 AM on October 3, 10, 17 and 24; November 28; December 4, 11 and 18.

## **NEWS AND INFORMATION**

***RESUMEN DE NOTICIAS*** Sundays 7:00 am 30 Minutes  
Provide a review of last week local news. This is a recorded locally produced show.

***NEWS WITH FRANK GAUD*** Daily (Monday-Friday) Two, 10 minute segments daily. Provide news of local impact.

## **ORGANIZATIONAL PSYCHOLOGY**

***INFORME ESPECIAL*** Sunday October 29, 2023 7:00am Half-hour  
Dra. Rosemarie Rodríguez - Industrial and Organizational Psychologist – talks about personality tests in the work environment:

- a. Selection of candidates
- b. Personality tests serve as a measurement instrument
- c. Collect personality characteristics/traits that are essential for the job
- d. There are several tests depending on the position and level of job
- e. A personality type can be tied to several occupations
- f. Work experience
- g. Analyze all evidence that exists to find out best fit

***INFORME ESPECIAL*** Sunday December 3, 2023 7:00am Half-hour  
Dra. Rosemarie Rodríguez - Industrial and Organizational Psychologist – talks about “burnout” (occupational burnout syndrome):

- a. What is occupational burnout syndrome?
- b. Telltale signs to know if I have the syndrome
- c. Causes of job burnout
  - Interactions we have at work; Conflicts with others
  - Satisfaction I have with my job; Too much or too little to do

Organizational conditions; Lack of support  
Worker capabilities

- d. Worker needs
- e. Learning and growth
- f. Goals; Lack of clarity about what's expected of you
- g. Breathing techniques
- h. Write down pending tasks

***INFORME ESPECIAL*** Sunday December 31, 2023 7:00am Half-hour  
Dra. Rosemarie Rodríguez - Industrial and Organizational Psychologist – talks  
about emotional health at year's end:

- a. Manage emotions
- b. Emotional relief
- c. Repressing emotions is unhealthy
- d. Mental balance
- e. Free our mind from conflicts
- f. Don't just think about yourself but others
- g. Don't be selfish
- h. "It's not what you say but how you say it"
- i. Positive techniques

Write it down: positive thoughts, achievements in life, strengths and virtues  
Talk in front of the mirror  
Exercise either on the beach or at a favorite place

### **RELIGIOUS ORIENTATION**

#### ***CONOCE TU FE***

Sundays 7:30AM fifteen minutes – Father Julio Angel Vera Gonzalez discusses  
Social Issues and the Church. This program is a production of the Office of Social  
Communication Media of the Diocese of Mayagüez which is a non-profit  
organization at the service of the People of God.

#### ***DIOS TE HABLA, HOY ES TU DIA***

Sundays 7:45AM fifteen minutes – Father Edgardo Acosta  
This program is a production of the Office of Social Communication Media of the  
Diocese of Mayagüez which is a non-profit organization at the service of the  
People of God.

***REFLECCIONES DE VIDA*** Daily (Monday-Friday) 1-minute segment

### **UNEMPLOYMENT**

***OFERTAS DE EMPLEO*** Monday to Friday 2 times daily 30 seconds A list of job offerings supplied weekly by the local office of the Department of Labor.

**OTHER PSA**

***NATIONAL GUARD*** Daily (Monday-Sunday) 1-minute segment, 4 times daily Recruiting spots for the National Guard providing information, benefits, number to call if interested.

***LEARNING DISABILITIES*** Daily (Monday-Sunday) 1-minute segment, 4 times daily PSA spot reminding everyone that early detection of a learning disability can mean the difference between success and failure.

***HIGH SCHOOL DROPOUTS*** Daily (Monday-Sunday) 1-minute segment, 4 times daily Spot urging kids to stay in school. Provide information on national school dropout rates, and the high percentage of Hispanics that fall in that group. Main message is “Stay in school”.

***DRUNKEN DRIVING PREVENTION*** Daily (Monday-Sunday) 30- second segment, 4 times daily Spots by the Driving Safety Commission explaining the dangers and consequences of drunk driving.