

**RADIO STATION WAEL FM, MARICAO
QUARTERLY ISSUES/PROGRAM LIST
FROM JANUARY 1st THRU MARCH 31st, 2024**

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On April 5, 2024**

- **ARTIFICIAL INTELLIGENCE**
- **ARTS & CULTURE**
- **COMMUNITY SUPPORT**
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- **UNEMPLOYMENT**
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ARTIFICIAL INTELLIGENCE

INFORME ESPECIAL Sunday March 24, 2024 7:00am Half-hour

Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) talks about Zero Trust Artificial Intelligence:

- a. Prof. Antonio Delgado explains Zero Trust Artificial Intelligence
- b. Always check other sources of information
- c. If what you enter about a topic is wrong, the answer is going to be wrong
- d. From Zero Trust Artificial Intelligence you can go to ethics
- e. False data
- f. Sora: Advanced quality video generation system that combines AI technologies, such as machine learning and computer vision to automate the creation of video content; Sora technology can replace actors, cameramen, etc.
- g. Ethical concepts
- h. Take responsibility for the use of artificial intelligence
- i. Additional assessment among peers, and verify them from other sources

ARTS & CULTURE

INFORME ESPECIAL Sunday March 3, 2024 7:00am Half-hour

José Perfume Alers – Recreational leader for older adults, naturopath and instructor in dance, martial arts, and others – talks about dance and its benefits:

- a. Connect you with your partner
- b. Lose shyness and fear when dancing
- c. Preferred rhythm (dance styles)
- d. Benefits of dancing and health
 - Helps with posture
 - Helps lose body weight
 - Improves circulation
 - Improves coordination
 - Stimulates circulation in the brain
 - Accelerates metabolism
 - Lowers stress and depression levels
 - Helps eliminate body pain
 - Dancing is preferable to walking
- e. The important skills to be successful as a dancer
- f. Discipline and lots of practice

COMMUNITY SUPPORT

INFORME ESPECIAL Sunday February 18, 2024 7:00am Half-hour

José Martínez Febus – Community leader, President concept Lavandería Móvil P.R. – the Lavandería Móvil P.R. helps the community, not only by washing

clothes for those who need it, but also with trucks carrying boxes of food to needed families. José also talks about:

- a. The motivation to help others (where did it come from)
- b. Creativity
- c. Work performed during hurricane Maria, the earthquakes and Covid 19
- d. Towns in which Lavandería Móvil P.R. has helped rebuild homes

ECONOMIC FRAUD

INFORME ESPECIAL Sunday February 11, 2024 7:00am Half-hour
Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) talks about frauds and scams and how to identify them and protect yourself:

- a. Certain types of pathology
- b. Financial needs
- c. Bad influences
- d. Ponzi scheme
- e. Pyramid scams
- f. Scams of the digital age
- g. Telephone scams
- h. Voice fishing
- i. Kidnapped a family member
- j. Text messages
- k. Online investments
- l. Online dating
- m. Selling smoke (selling some service or product that actually does nothing)

How to identify these scams: be wary of unsolicited communications, verify authenticity of requests, never give financial information, stay informed about the use of technologies, learn to use these technologies appropriately, learn to manage your social networks, block people who are not part of your group of friends, do not accept people you do not know, digital protection, do not open emails that you did not request with files that you cannot identify, use privacy settings.

EDUCATION

INFORME ESPECIAL Sunday January 14, 2024 7:00am Half-hour
Prof. Domingo Madera – Executive Director EPA (Educadores Puertorriqueños en Acción) – talks about the beginning of the second semester:

- a. Start of classes January 8
- b. Attendance in classrooms
- c. Where Puerto Rican Educators in Action are headed this semester

- d. Academic lag, physical plant of the schools, salaries of educational personnel, appointments, etc.
- e. Pilot plan for decentralization
- f. How political (election) years affect the educational system
- g. Supervision
- h. Parental Responsibility
- i. Bullying in schools

INFORME ESPECIAL Sunday January 21, 2024 7:00am Half-hour
 Dr. José Ferrer López –Director Continuing Education and Professional Studies (DECEP) and Educación a Distancia (On-line courses), Recinto Universitario de Mayagüez (RUM) – talks about steps educators can take to start a business (entrepreneur) to earn extra money while teaching:

- a. Teachers are underpaid
- b. How to generate additional income without leaving school
- c. Why undertake; (additional income, do something you have a passion for)
- d. Teachers love reading
- e. Ability to synthesize, simplify and explain things in a coherent and logical way
- f. Ability to explain things in a coherent and entertaining way
- g. The 3 steps
 - Step 1: Discover my skills and strengths
 - Step 2 Identify needs and problems
 - Step 3 Design your solution to create your product

FIREARMS; CASTLE DOCTRINE

INFORME ESPECIAL Sunday February 25, 2024 7:00am Half-hour
 Milton Olivera Olán – Defense Instructor – talks about firearms:

- a. Firearms as personal defense
- b. Training, Certifications, Firearms laws
- c. Requirements to obtain a Concealed Weapons Permit
- d. Circumstances under which a person can use a firearm in self-defense
- e. Legal restrictions regarding carrying weapons in public and private places
- f. Number of weapons you have in your house
- g. First thing to teach a child is education and instruct them that if a situation occurs to: do not touch, stop, leave the area and inform a responsible adult
- h. The 4 E's, “Evitar, eludir, escapar, enfrentar” (Avoid, evade, escape, confront)
- i. Recommendations and advice that a person should know before acquiring a weapon and how to decide on the appropriate weapon

INFORME ESPECIAL Sunday March 31, 2024 7:00am Half-hour

Milton Olivera Olán – Defense Instructor – talks about Castle Doctrine. The doctrine states that individuals have the right to use reasonable force, including deadly force, to protect themselves against an intruder in their home. He also talks about:

- a. Lawyer organizations
- b. Everyone has the right to defend their property
- c. Self defense
- d. Know the firearms law
- e. Four ways to protect yourself in your home
 - Deter (good bars, doors, windows)
 - Detect (alarms, cameras)
 - Wake up (be attentive)
 - Stop (talk to the person so that they do not enter)
- f. Reasons or types of people who can commit crimes (intruder in a home)
 - Thieves, Hitmen, Revenge

HEALTH

LUPUS INFORMATION Daily (Monday-Sunday) 1-minute segment, 4 times daily – PSA educating people about Lupus. Educate the community and explain some of the characteristics of this disease, how to diagnose and possible treatment for this skin disease.

INFORME ESPECIAL Sunday January 7, 2024 7:00am Half-hour
Eric Pietri Pietri – Agronomist and Doctor of Veterinary Medicine (DVM) from SEA (Acronym for: Servicios de Extensión Agrícola) University of Puerto Rico, Mayagüez Campus – talks about Cat Scratch disease: An infection of the lymph nodes following a scratch or bite from a cat. Cat scratch disease is caused by Bartonella henselae bacteria. Symptoms include a red bump on the skin, fatigue, and discomfort. Lymph nodes near the injury may swell. This disease generally clears up on its own. In some cases, antibiotics may be needed. He also speaks about: What disease does a cat scratch cause? Cats are affectionate, but they can also be treacherous. To prevent diseases, take your pet to the vet regularly and keep their vaccinations up to date. Heartworm disease and animal skin diseases.

INFORME ESPECIAL Sunday February 4, 2024 7:00am Half-hour
And Sunday March 17, 2024

Dr. Luz Silva – Toxicologist, former president of the Puerto Rico College of Chemists, professor at the UPR School of Medicine – talks about Opioids:

- a. What are opioids?
- b. What is fentanyl

- c. Main effects of these opioids: difficulty breathing
- d. Main characteristic of a person under the influence of opioids is that their pupils constrict.
- e. Experience a certain type of pleasure
- f. “Naloxone or Narcan” this medication can treat all the effects of fentanyl overdose in an emergency.
- g. Prevention and education is essential to prevent opioid use
- h. Alternatives to reduce or eliminate opioid use
- i. What role does the pharmaceutical industry play?
- j. Who are most affected by opioid use? Our young people are the most affected

DENTAL HEALTH Edwin Rodriguez – Prosthodontist, Complete Health Dentistry provides a 5-minute Dental Health information segment during “La Movida Mañanera with Elvin Seguinot” between 6 and 10 AM on January 16, 23 and 30; February 6, 13, 20 and 27; March 5, 12, 19 and 26.

NEWS AND INFORMATION

RESUMEN DE NOTICIAS Sundays 7:00 am 30 Minutes
Provide a review of last week local news. This is a recorded locally produced show.

NEWS WITH FRANK GAUD Daily (Monday-Friday) Two, 10 minute segments daily. Provide news of local impact.

ORGANIZATIONAL PSYCHOLOGY

INFORME ESPECIAL Sunday January 28, 2024 7:00am Half-hour
Dra. Rosemarie Rodríguez - Industrial and Organizational Psychologist – talks about advantages and disadvantages of remote work:

- a. Advantages of remote work
 - 1. Not having to deal with traffic
 - 2. More time to spend with your loved one
 - 3. Saving money
 - 4. Flexible hours
 - 5. More relaxed work environment
 - 6. Fewer distractions
 - 7. Better organization
- b. Disadvantages of remote work
 - 1. Lack of self-discipline
 - 2. Schedules to work

3. Not knowing how to separate work life from personal life
4. Forgets to eat lunch
5. Getting distracted by things around the house
6. Know the limits for your personal things
7. Expenses of setting up a home office
8. Fewer training opportunities
9. Less opportunity for job growth

c. Strategies that combine the 2 environments

It is always important to look for where we are happy, to look for all those elements that contribute to our comfort and psychological and mental well-being.

INFORME ESPECIAL Sunday March 10, 2024 7:00am Half-hour
 Dra. Rosemarie Rodríguez - Industrial and Organizational Psychologist – talks about main labor issues:

- a. Problems and needs of the business world
- b. Virtual learning
- c. Build cultures of agility and adaptability
- d. The changing nature of work
- e. Work-life balance
- f. Team effectiveness in virtual work environments
- g. Social justice
- h. Strategies to obtain talent; preserve the talent you have; and develop it
- i. Diversity, equity, inclusion, belonging
- j. The health, well-being and safety of employees

RELIGIOUS ORIENTATION

CONOCE TU FE

Sundays 7:30AM fifteen minutes – Father Julio Angel Vera Gonzalez discusses Social Issues and the Church. This program is a production of the Office of Social Communication Media of the Diocese of Mayagüez which is a non-profit organization at the service of the People of God.

DIOS TE HABLA, HOY ES TU DIA

Sundays 7:45AM fifteen minutes – Father Edgardo Acosta
 This program is a production of the Office of Social Communication Media of the Diocese of Mayagüez which is a non-profit organization at the service of the People of God.

REFLECCIONES DE VIDA Daily (Monday-Friday) 1-minute segment

UNEMPLOYMENT

OFERTAS DE EMPLEO Monday to Friday 2 times daily 30 seconds A list of job offerings supplied weekly by the local office of the Department of Labor.

OTHER PSA

NATIONAL GUARD Daily (Monday-Sunday) 1-minute segment, 4 times daily Recruiting spots for the National Guard providing information, benefits, number to call if interested.

LEARNING DISABILITIES Daily (Monday-Sunday) 1-minute segment, 4 times daily PSA spot reminding everyone that early detection of a learning disability can mean the difference between success and failure.

HIGH SCHOOL DROPOUTS Daily (Monday-Sunday) 1-minute segment, 4 times daily Spot urging kids to stay in school. Provide information on national school dropout rates, and the high percentage of Hispanics that fall in that group. Main message is “Stay in school”.

DRUNKEN DRIVING PREVENTION Daily (Monday-Sunday) 30- second segment, 4 times daily Spots by the Driving Safety Commission explaining the dangers and consequences of drunk driving.