

KFLT-FM
Issues and Programs Report
2022-Q3
July - August - September

Report Prepared and Submitted by Amy Rollins

Amy Rollins

October 10, 2022

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:
All times listed are Mountain Standard Time

Summary

In this Quarter the station spent at least the amount of time indicated on the issues listed. In some cases, more time than documented.

ISSUE	Total MINUTES On-Air
Relationships	564
Work	90
Mental Health	208
Health	17
Faith	898
Parenting	943
Marriage	975
Finances	300
Arts	1

Issues and Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative Minutes for all airings in that day	How program addressed Issue
Relationships	Morning Show	7/1/2022	6a	6	Discussed the preference between calling and texting. Some preferred calling for a more emotional connection, while others preferred texting as a convenient way to communicate.
Work	Morning Show	7/1/2022	7a-8:15a	8	Tim Schurrer Interview - Discussed the definition of success and how we can feel the most fulfilled when we don't chase after the spotlight.
Work	Morning Show	7/1/2022	5-9a	4	Joy Report: Holly (caller) shared about her husband receiving a miraculous job offer after being laid off his previous job after 25 years of service.
Faith	Intentional Living	7/1/2022	11a & 7p	56 Minutes	Dr. Randy helps you to seek the source of peace.
Faith	Intentional Living	7/4/22	11a & 7p	56 Minutes	Dr. Randy explores the faith of the founding fathers of our nation
Mental Health	Morning Show	7/5/2022	6:10a	2	Talked about ways we can remind ourselves of the blessings in our life to help combat depression and anxiety such as gratitude journals and doing nice things for others.
Relationships	Morning Show	7/5/2022	4-8a	4	Good News: Caller shared about a recent canoe trip that brought people together to help keep them free from alcohol addiction.
Health	Morning Show	7/5/2022	5-9a	4	Joy Report: Caller shared about her daughter's Make-a-Wish to Disney World after her family could never afford it on their own. This little girl is now in remission!
Mental Health	Morning Show	7/5/2022	8:40a	2	Don't be so hard on yourself - Talked about how we can focus too much on our mistakes and that God can use those mistakes for good.
Health	Evening Show	7/5/2022	8p	1	Listening to music can help reduce physical pain
Marriage	Intentional Living	7/5/22	11a & 7p	56 Minutes	Dr. Randy has advice on how to make your marriage last
Relationships	Morning Show	7/6/2022	6:30a	2	The importance of setting boundaries
Relationships	Morning Show	7/6/2022	7:40a	2	Sally talked about how we have trouble accepting help at times, but God sometimes uses people to help us when we need it.
Health	Morning Show	7/6/2022	4-8a	4	Good News: Tina (caller) shared story of miraculous healing of her back.
Faith	Morning Show	7/6/2022	5-9a	4	Joy Report: Joanna (caller) shared how God led her to her now-husband.
Marriage	Intentional Living	7/6/22	11a & 7p	56 Minutes	Dr. Randy helps you communicate with your spouse
Arts	Afternoon Show	7/6/2022	2:10p	1	Tucson has a free mini art museum similar to a free little library
Parenting	Intentional Living	7/7/22	11a & 7p	56 Minutes	Dr. Randy asks listeners to share parenting advice to new parents
Relationships	News	7/8/2022	6a	2	A seven-year-old girl planted a tree near her public library and leaves index cards for people to put on the tree of things they are thankful for.

Mental Health	Morning Show	7/8/2022	6:10a	2	Tips to improve your mood: hang out with your dog, eat fish, exercise, use vacation time and get rest.
Parenting	Morning Show	7/8/2022	7-9am	8	Dr. Gary Chapman Interview on his book "Things I wish I knew before my child was a teenager" - talked about the importance of using the 5 love languages with your kids.
Work	Morning Show	7/8/2022	5-9a	2	Joy Report: Crystal (caller) shared about her husband's booming business after he lost his job and now, they are thriving.
Relationships	Intentional Living	7/8/22	11a & 7p	56 Minutes	Dr. Randy helps you to understand the power of your words
Relationships	Afternoon Show	7/8/2022	2:40p	1	A Texas father and son are celebrating their 500th movie screening in Arizona.
Health	News	7/11/2022	6a	1	Talked about losing the COVID 15(lbs) and our adventures in trying to lose it.
Mental Health	Morning Show	7/11/2022	6:30a	2	Shared story of a lady who was just going into assisted care after her husband passed away. She said that her goal was to arrange her mindset into appreciation for a place to stay in her new circumstances.
Faith	Morning Show	7/11/2022	8a	4	Talked about a common sense of dread that can hang around for no reason. In talking about how to deal with that from a faith-based perspective, the first tactic is to pray because the wait could be a weight on our heart for our own situation for someone else that we may not be aware of.
Faith	Morning Show	7/11/2022	4-8a	4	Good News: Hailey (caller) shared how a head-on collision helped her go from angry at God to a more appreciative view of Him and is now serving in church, her children who were in the car are also well and she is giving God glory for that.
Faith	Intentional Living	7/11/2022	11a & 7p	56 Minutes	Dr. Randy helps you to experience hope in your life
Mental Health	Morning Show	7/12/2022	6:30a	2	Don't be faithful to your feelings. Be faithful to your future. You're not always going to feel confident before you ARE confident but show up anyway. Follow through in faith and let your feelings catch up.
Relationships	Morning Show	7/12/2022	7:40a	2	Sally shared story of meeting a woman who, 8 years ago, was pregnant but didn't want the baby. She had talked with Sally which led to her receiving care from a Crisis Pregnancy Center and she ended up having the baby who is 8 years old and healthy. Had it not been for Sally's encouragement, the mom never would have received God's blessing of a baby boy in her life.
Relationships	Morning Show	7/12/2022	8:40a	2	Talking about the impact of doing kind things for others, Lori (caller) talked about how she volunteered her help to a friend to clean her yard.
Mental Health	Mid-Day	7/12/2022	12p	1	Gardening reduces stress
Marriage	Intentional Living	7/12/2022	11a & 7p	56 Minutes	Dr. Randy and Dr. Todd Linaman give you 10 reasons to NOT get married
Relationships	News	7/13/2022	7a	1	A new study has found that people severely underestimate how much their old friends appreciate them reaching out to them.

Marriage	News	7/13/2022	8a	1	An Ohio couple that just celebrated their 79th wedding anniversary say they've NEVER argued. They learned early on the most effective way to deescalate conflict is a quick time out.
Faith	Morning Show	7/13/2022	6:10a	2	God is not going to leave you in the place He promised to take you through. We get so focused on the outcome we forget the process it takes to get us there.
Relationships	Morning Show	7/13/2022	8:10a	2	Talked about dealing with opposite personalities in people and how we can bridge the gap between the differences.
Relationships	Morning Show	7/13/2022	4-8a	4	Good News: Angela (caller) shared her joy of helping a homeless veteran.
Faith	Morning Show	7/13/2022	5-9a	4	Joy Report: Arlena (caller) shared how she's 27 days sober, recommitted her life to God, and her boyfriend is doing the same.
Finances	Mid-Day	7/13/2022	10a	1	Recipe for making cold brew coffee at home.
Faith	Intentional Living	7/13/2022	11a & 7p	56 Minutes	Dr. Randy helps you to live your faith out in our society
Faith	Intentional Living	7/14/2022	11a & 7p	56 Minutes	Dr. Randy helps you to have consistent faith
Work	Afternoon Show	7/14/2022	2:30p	2	A Tucson Food Truck has created job opportunities for people with special needs.
Health	Mid-Day	7/15/2022	9a	1	Carrots are a healthy snack for your dog
Parenting	Intentional Living	7/15/2022	11a & 7p	56 Minutes	Dr. Randy shows you how kids learn so you can become an intentional parent
Parenting	Morning Show	7/18/2022	8:40a	2	Kank shared a story of bonding with his son during a camping trip.
Health	Mid-Day	7/18/2022	12p	1	A mom shares her secret on packing a light lunch to accommodate travel by using a dinner roll instead of full-size bread for sandwiches
Marriage	Intentional Living	7/18/2022	11a & 7p	56 Minutes	Dr. Randy has advice on how to take your marriage from living with a roommate to living with your soul mate
Mental Health	Morning Show	7/19/2022	6:10a	2	There's a new mental health hotline - 988 - replacing the much more cumbersome 1-800 suicide hotline number
Relationships	Morning Show	7/19/2022	6:30a	2	Bonnie (caller) shared how she used her experience with depression to minister to others.
Faith	Morning Show	7/19/2022	4-8a	4	Good News: Lauren (caller) found a Bible randomly after not living her life for God and shared how that moment turned her life back to God.
Mental Health	Morning Show	7/19/2022	7:40a	2	Sally talks about balancing your work with play.
Faith	Morning Show	7/19/2022	5-9a	4	Joy Report: Caller talked about her son-in-law started asking about God.
Faith	Morning Show	7/19/2022	8:40a	2	Sometimes we think that we will start sharing about God when we have the platform to do so. We need to be faithful with the people God has put in our life now.
Parenting	Intentional Living	7/19/2022	11a & 7p	56 Minutes	Dr. Randy helps you to raise intentional teens
Relationships	News	7/20/2022	8a	1	In recent years, research has shown the incidents of strangers helping strangers has grown. Has a stranger helped you recently, or have you had the chance to help a stranger?

Faith	Morning Show	7/20/2022	6:10a	2	A Christian astrophysicist talked about how the recent James Webb telescope pictures show God's magnificence.
Mental Health	Morning Show	7/20/2022	6:30a	2	When you feel your feelings them without trying to fix them, that's where the healing begins. Your healing is not a performance, it's a process.
Marriage	Morning Show	7/20/2022	6:40a	2	Sally talked about her adventures with doing a DIY project with Roger and their unique styles of "getting the job done" and how to communicate during that time.
Family	Intentional Living	7/20/2022	11a & 7p	56 Minutes	Dr. Randy and Ron Deal help you to have a successful blended family
Relationships	Mid-Day	7/21/2022	9a	1	A Pizza delivery man in Indiana saw a house on fire and pulled over to rescue the occupants.
Faith	Intentional Living	7/21/2022	11a & 7p	56 Minutes	Dr. Randy helps you to know how to walk by faith
Faith	Morning Show	7/22/2022	6:40a	3	Mysti came upon a baby sparrow by itself and was worried about it until she was told that a sparrow's mother is always watching even when it looks like they aren't. Related this to how our relationship with God works and how He watches over us, even when we don't feel Him close.
Marriage	Morning Show	7/22/2022	7-9a	8	Jordan St. Cyr interview - shared what he's learned from marriage
Faith	Intentional Living	7/22/2022	11a & 7p	56 Minutes	Dr. Randy helps you to rediscover your purpose
Finances	Mid-Day	7/25/2022	10a	1	Advice on how to pick the perfectly ripe watermelon
Work	News	7/25/2022	6a	1	A new study says joking on the job significantly strengthens bonds between employees.
Work	Morning Show	7/25/2022	6:30a	2	Mysti opened up about worry she had when working with an unfamiliar group of people and thought she wouldn't be accepted, but she was readily accepted by people willing to include her in their activities.
Health	Morning Show	7/25/2022	4-8a	4	Good News: Betty (caller) was given 3 months to live with a cancer diagnosis, but God healed her
Relationships	Morning Show	7/25/2022	8:40a	2	Received an email from a listener who shared her experience with forgiving others
Marriage	Intentional Living	7/25/2022	11a & 7p	56 Minutes	Dr. Randy helps you to turn your marriage around
Work	Afternoon Show	7/26/2022	2:40p	1	Reynolds Wrap is hiring one person to become their first Grillderness Officer. They will make money to travel and grill.
Mental Health	News	7/26/2022	6a	1	A new study says the average woman criticizes herself 8 times a day. When you start to be negative towards yourself, how do you remind yourself who you are in Christ?
Faith	Intentional Living	7/26/2022	11a & 7p	56 Minutes	Dr. Randy helps you to experience hope in your life
Health	News	7/27/2022	6a	1	New research finds wearing a fitness tracker causes us to walk more and helps us with our weight loss goals.
Marriage	Morning Show	7/27/2022	4-8a	4	Good News: Amy went to a marriage intensive that helped save it from divorce.

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Finances	Morning Show	7/27/2022	5-9a	4	Joy Report: Tiffany had a life-saving operation performed on her and a generous benefactor paid the \$1.2 million bill for her.
Parenting	Intentional Living	7/27/2022	11a & 7p	56 Minutes	Dr. Randy helps you to raise a responsible adult
Relationships	Mid-Day	7/28/2022	12p	1	A McDonalds gave a free meal to a patient after learning the order was being delivered to the hospital.
Parenting	Intentional Living	7/28/2022	11a & 7p	56 Minutes	Dr. Randy and Dr. Gregg Jantz help you to understand how to raise boys
Faith	Morning Show	7/29/2022	7-8:15a	8	Meredith Andrews Int. - Talked the importance of worship and how to navigate the upside-down values of the world.
Relationships	Intentional Living	7/29/2022	11a & 7p	56 Minutes	Dr. Randy shows you how important forgiveness is
Work	Intentional Living	8/1/2022	11a & 7p	56 Minutes	Dr. Randy helps you to live an intentional successful life at work
Finances	Intentional Living	8/2/2022	11a & 7p	56 Minutes	Dr. Randy shows you how being discontent can be a positive influence in your life
Finances	Afternoon Show	8/3/2022	2:40p	1	Leftover Campaign yard signs can be reused for garage sale signs, a mini chalkboard or a sled this winter.
Parenting	Morning Show	8/3/2022	6:10a	2	Kids resumes are designed to give your child's teacher helpful information on how their kid learns.
Mental Health	Morning Show	8/3/2022	6:30a	2	Discussed the verse of the Bible where Jesus wept for his friend Lazarus. Even though He knew it was going to happen, he still felt the emotion.
Parenting	Morning Show	8/3/2022	6:40a	2	Study shows that helping kids get back on their school sleep schedule two weeks early helps give them a better start to the school year.
Mental Health	Morning Show	8/3/2022	7:40a	2	Mysti talked about how we sometimes "play the wrong record" in our heads that repeat negative things we think about ourselves. Jesus gives us more positive "records" to play but it's our choice to acknowledge them.
Faith	Intentional Living	8/3/2022	11a & 7p	56 Minutes	Dr. Randy covers the basics of living an intentional life in Jesus Christ
Relationships	News	8/4/2022	6a	1	Letting someone in line in front of you is the most common act of kindness.
Finances	Morning Show	8/4/2022	6:30a	2	A mom was having financial struggles, but when her kids wanted ice cream, they couldn't afford it, so her kids prayed for ice cream. Not convinced that God would answer a prayer so small, she received a miraculous check that could pay for ice cream and even donate to a charitable organization.
Mental Health	Morning Show	8/4/2022	6:40a	2	How to start your day: Studies show that it is best to try not to be looking at the phone, the news, the TV, or inundate yourselves with negative information.
Relationships	Intentional Living	8/4/2022	11a & 7p	56 Minutes	Dr. Randy asks about your greatest influence
Parenting	Afternoon Show	8/5/2022	6:40p	1	You can help your kids get ready for school by practicing the morning routine a week ahead, visit the school before classes begin and sign them up for an after-school activity.

Work	Afternoon Show	8/5/2022	2-6p	2	An App has been created that will stop you from checking work email and software when it's time to relax. Results have shown to make you more relaxed during your off time so when it is work time you are more productive.
Finances	Mid-Day	8/5/2022	10a	1	Shared the recipe for Choco Tacos
Relationships	Morning Show	8/5/2022	6:40a	2	You will accomplish more when you stop asking "What will THEY think", because God's plan is for YOU and no other's approval is necessary.
Mental Health	Morning Show	8/5/2022	7-9a	8	Annie F Downs interview - How to chase the fun in our lives, getting over the fear of trying new things.
Parenting	Intentional Living	8/5/2022	11a & 7p	56 Minutes	Dr. Randy helps you to declutter the relationship with your adult child
Marriage	News	8/8/2022	8a	1	Some couples have blown up the internet saying that the 2-2-2 rule helped save a struggling marriage – a date night every two weeks, a weekend away every two months and a week away every two years.
Relationships	Morning Show	8/8/2022	7:40a	3	A person wrote a passage on "What really matters" after their great grandma passed away. It had nothing to do with material or superficial things, but the relationships, memories, and love shared together.
Mental Health	Morning Show	8/8/2022	8:10a	2	"Nothing can diminish my value" - We are often tempted to compare our lives to others, but we are unique in our situation and our blessings.
Marriage	Intentional Living	8/8/2022	11a & 7p	56 Minutes	Dr. Randy helps you understand the importance of agreement in your marriage
Relationships	Mid-Day	8/8/2022	9a	1	An Arizona man grew his hair so a wig could be made from his hair for his mom battling a brain tumor.
Faith	Morning Show	8/9/2022	4-8a	4	Good News: Diane (caller) had a heart attack which gave her a chance to witness to those at the hospital taking care of her.
Parenting	Intentional Living	8/9/2022	11a & 7p	56 Minutes	Dr. Randy helps you help your daughter to deal with catty girls
Work	News	8/10/2022	6a	1	We are twice as likely to complain at work in the afternoon as we are in the morning. How to you adjust your attitude when you're starting to go into complain mode?
Finances	Morning Show	8/10/2022	6:10a	2	Megan (caller) says you can save money on a wedding DJ by using Spotify.
Parenting	Morning Show	8/10/2022	6:40a	2	Shared a list of items of the most important things kids remember about their parents.
Marriage	Intentional Living	8/10/2022	11a & 7p	56 Minutes	Dr. Randy asks how your spouse is affectionate toward you
Relationships	Intentional Living	8/11/2022	11a & 7p	56 Minutes	Dr. Randy helps you to deal with sibling rivalry
Relationships	News	8/12/2022	6a	1	A video showed a young boy giving his granddad a baseball signed "I Love You". Talked about family moments.
Marriage	News	8/12/2022	8a	1	The average couple spends only 7 minutes a day being romantic - cuddling, exchanging compliments and holding hands. How do you and your spouse stay intentional about getting in quality time?
Parenting	Morning Show	8/12/2022	6:30a	2	A mom called sharing about her struggle with her sons growing older.

Parenting	Morning Show	8/12/2022	7-9a	8	Stephen Arterburn Interview on Blending Families - How to connect with the kids, earning their respect, and the process of becoming a blended family.
Relationships	Intentional Living	8/12/2022	11a & 7p	56 Minutes	Dr. Randy helps you consider expiration dates with certain friends
Finances	Morning Show	8/15/2022	6:30a	2	How to stay cool when you have no AC.
Relationships	Morning Show	8/15/2022	7-9a	6	Sally talked about the struggle of remembering names and got advice on ways to respectfully ask again a person's name.
Faith	Morning Show	8/15/2022	5-9a	4	Joy Report: Liz (caller) gave her praise report of how she became pregnant after miscarriages.
Mental Health	Intentional Living	8/15/2022	11a & 7p	56 Minutes	Dr. Randy helps you overcome worry and anxiety
Relationships	Mid-Day	8/15/2022	12p	1	A Tucson teacher uses a therapy dog to help students
Relationships	News	8/16/2022	6a	1	Iverson was adopted after his bio mother felt she couldn't provide for him. Iverson was reunited with his bio family 20 years later.
Work	News	8/16/2022	6a	1	New research says that the "most interesting" perk an employer can offer to employees is free food. What is your favorite work benefit?
Marriage	Morning Show	8/16/2022	5-9a	4	Joy Report: Mary (caller) gave the praise report of getting married
Relationships	Morning Show	8/16/2022	8:40a	2	Shared story of a guy who recently became a widower and passed wisdom to a friend about spending time with your loved ones.
Parenting	Intentional Living	8/16/2022	11a & 7p	56 Minutes	Dr. Randy shares how to help your kids with their faith
Relationships	Evening Show	8/17/2022	8p	1	Better relationships come with a listening ear.
Finances	News	8/17/2022	6a	1	2/3 of us have cut back on streaming services to try to save money.
Finances	News	8/17/2022	7a	1	Save money by taking a pillowcase and stuff it with clothes to take on the plane rather than paying for extra baggage.
Relationships	News	8/17/2022	8a	1	New research says the average adult spends only 3 meals a week with loved ones, if that. How are you intentional about spending time with your family?
Finances	Morning Show	8/17/2022	6:10a	2	Wendy (caller) is saving money by having a flip phone and it has fewer distractions.
Parenting	Morning Show	8/17/2022	6a	4	A listener shared with us her son's rough start to their school year and having difficulties with talking about their day. Another caller offered the "Hi-Low" technique to gets them to open up more.
Parenting	Morning Show	8/17/2022	8a	4	Kankelfritz is having trouble getting his son to care about personal hygiene. A caller said kids struggle with grasping its importance, but it can take the opinion of their peers to jumpstart their want to clean.
Relationships	Intentional Living	8/17/2022	11a & 7p	56 Minutes	Dr. Randy helps you identify the high-stake relationships in your life
Faith	News	8/18/2022	8a	1	Shared story of young girl whose father struggled with mental health and took his own life. She started a lemonade state to raise money to donate to a mental health charity to help others like her father needed. Opened discussion with how our struggles turned into ways to minister.

Faith	Morning Show	8/18/2022	4-8a	4	Good News: Jason (caller) shared how he got out of prison, met Jesus, and then received a job against the odds.
Relationships	Morning Show	8/18/22	8:40a	2	Exercising your patience - Talked of mindset changes we can make to improve our ability to stay patient.
Parenting	Intentional Living	8/18/2022	11a & 7p	56 Minutes	Dr. Randy helps you to raise respectful kids
Finances	Mid-Day	8/19/2022	10a	1	Apple released an update and warned users to download it soon because it fixes security gaps.
Work	Morning Show	8-19-22	7a-9a	10	Jeff Henderson (interview) shared how to effectively transition between careers.
Finances	Intentional Living	8/19/2022	11a & 7p	56 Minutes	Dr. Randy helps you to declutter your house
Relationships	Morning Show	08-22-22	6:40a	2	Sally recounted story of an encounter with an angel. A lady helped her whenever she was stuck in Washington DC, but after she helped Sally out, she was never seen again.
Mental Health	Morning Show	08-22-22	7-9a	6	Mysti shared about a depressive episode she was experiencing where she struggled with understanding why God would choose her and the encouraging words that God said to her to uplift her spirit. Two listeners called and shared how Mysti's vulnerability helped them feel they weren't alone.
Marriage	Intentional Living	8/22/2022	11a & 7p	56 Minutes	Dr. Randy has advice on how to get unstuck in your marriage
Parenting	Morning Show	08-23-22	6:40a	2	"What If I Fall Again?" - Shared audio of a dad helping his daughter learn how to skateboard, confronting fear and failure with the power of affirmation and encouragement.
Faith	Intentional Living	8/23/2022	11a & 7p	56 Minutes	Dr. Randy helps you choose prayer rather than worry
Faith	Intentional Living	8/24/2022	11a & 7p	56 Minutes	Dr. Randy helps you figure out what will please Christ
Faith	Intentional Living	8/25/2022	11a & 7p	56 Minutes	Dr. Randy helps you to choose faith over fear
Parenting	Intentional Living	8/26/2022	11a & 7p	56 Minutes	Dr. Randy gives parents healthy habits for raising their kids
Finances	Afternoon Show	8/29/22	3:40p	1	Check your local listings, theaters are offering \$3 tickets for World Cinema Day.
Marriage	Intentional Living	8/29/2022	11a & 7p	56 Minutes	Dr. Randy asks what it means to be submissive and how that works in your marriage
Parenting	Intentional Living	8/30/2022	11a & 7p	56 Minutes	Dr. Randy helps you help your daughter to deal with catty girls
Marriage	Intentional Living	8/31/2022	11a & 7p	56 Minutes	Dr. Randy helps you discover that one thing which will change your marriage
Parenting	News	09-01-22	8a	1	New research says that parents who are attached to their phones and tablets are more likely to yell at their kids and be less present in their lives. How have you managed to unplug and focus on your family when you're at home?
Marriage	Morning Show	09-01-22	6:10a	2	Glendia (caller) shared how her relationship with her mother-in-law started off rocky but grew into a positive relationship over time.
Parenting	Intentional Living	9/1/2022	11a & 7p	56 Minutes	Dr. Randy helps you to not raise your voice as you raise your children

Parenting	News	09-02-22	6a	1	A new survey says that 90% of kids learn to lie by the age of four. How do you teach your kids to be honest?
Faith	Morning Show	09-02-22	4-8a	4	Good News: Cecelia is 102 days sober after giving her life over to God.
Parenting	Morning Show	09-02-22	7-9a	8	Dr. Kevin Leman shared how to identify reasons for misbehavior in kids and how to counter that in the most productive ways.
Mental Health	Intentional Living	9/2/2022	11a & 7p	56 Minutes	Dr. Randy helps you to declutter your life
Finances	Intentional Living	9/5/2022	11a & 7p	56 Minutes	Dr. Randy helps your marriage plan financially
Parenting	Intentional Living	9/6/2022	11a & 7p	56 Minutes	Dr. Randy helps you consider the power your words have on your kids
Faith	Intentional Living	9/7/2022	11a & 7p	56 Minutes	Dr. Randy helps you discern what area of life is your next area to grow in
Marriage	Intentional Living	9/8/2022	11a & 7p	56 Minutes	Dr. Randy helps you have intimacy in your marriage
Relationships	Afternoon Show	09/08/2022	3:40p	2	A Tucson 10-year-old is helping the homeless by handing out bags of toiletries.
Marriage	Intentional Living	9/9/2022	11a & 7p	56 Minutes	Dr. Randy helps you to understand the necessity of having love and respect in your marriage
Faith	Intentional Living	9/12/2022	11a & 7p	56 Minutes	Dr. Randy helps you to find God's purpose for your life
Marriage	Intentional Living	9/13/2022	11a & 7p	56 Minutes	Dr. Randy helps you to understand the necessity of love and respect in marriage
Marriage	Intentional Living	9/26/22	11a & 7p	56 Minutes	Dr. Randy helps you to be on the same page in your marriage
Finances	Intentional Living	9/27/22	11a & 7p	56 Minutes	Dr. Randy helps understand how to live debt free
Relationships	Intentional Living	9/28/22	11a & 7p	56 Minutes	Dr. Randy helps you understand how the power of one thing can impact your relationships
Marriage	Intentional Living	9/29/22	11a & 7p	56 Minutes	Dr. Randy asks for your marriage heroes
Parenting	Intentional Living	9/30/22	11a & 7p	56 Minutes	Dr. Randy helps you to get on the same page in raising your kids